

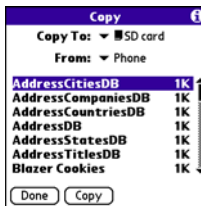
- 1 Insert the expansion card into the expansion card slot. The Card category of Applications View automatically appears.
- 2 Select the **category** pick list in the title bar, and select **All**.
- 3 Select the icon for the application in which you want to open the item. For example, to view a picture, select **Pics&Videos**.


Copying applications between an expansion card and your Centro

You can copy applications from your Centro to your expansion card and vice versa.

TIP Before you copy an application to an expansion card, make sure that it is compatible with Palm OS software version 5.4.5 or later. Some applications do not work with expansion cards and do not allow you to store files in a location that is separate from the application.

- 1 Press **Applications** .





- 2 Press **Menu** .
- 3 Select **Copy** from the **App** menu.
- 4 Select the **Copy To** pick list and select the destination: **Phone** or **<card name>**.
- 5 Select the **From** pick list and select the location of the application you want to copy: **Phone** or **<card name>**.
- 6 Highlight the application you want to copy.
- 7 Select **Copy**.

Viewing expansion card information





The Card Info application displays general information about the expansion card that is currently in the expansion slot, and it enables you to rename and format a card.

- Press **Applications**  and select **Card Info** .

Renaming an expansion card

If you change the contents of an expansion card, you may at some point want to rename the card to better match its contents.

- 1 Insert the expansion card into the expansion card slot.
- 2 Select the **category** pick list at the top of the screen and select **All**.



- 3 Select **Card Info** .
- 4 Press **Menu** .
- 5 Select **Rename Card** from the **Card** menu.
- 6 Enter a new name for the card.
- 7 Select **OK**.

TIP If you have trouble copying info to, renaming, or formatting an expansion card, make sure the card is not write-protected. Press **Applications** and select **Card Info**. If a “This card is read-only” message appears, the card is write-protected. See the instructions that came with your card for additional info.

Formatting an expansion card

Formatting an expansion card is similar to formatting a disk on a computer. When you format an expansion card, you erase all the information stored on the card.

TIP If you format a card, any photos or documents that were previously stored on the card are deleted from your desktop software the next time you sync. You can recover these files from the backup folder, or you can prevent the deletion by temporarily changing your sync settings for the affected application to Desktop overwrites handheld.

- 1 Insert the expansion card into the expansion card slot.
- 2 Select the **category** pick list at the top of the screen and select **All**.
- 3 Select **Card Info** .
- 4 Press **Menu** .
- 5 Select **Format Card** from the **Card** menu.
- 6 Enter a new name for the card.
- 7 Select **OK**.



Your personal settings

Customizing your Palm® Centro™ 690 is a great way to make it match your lifestyle and work even harder for you.

On your Centro, you can easily customize the sounds, fonts, screen colors, and more. Take advantage of different levels of security. Prevent making an accidental (and expensive) phone call by locking the keyboard. Some settings can help extend the life of your Centro battery. There are lots of ways to make your Centro work better for you.

Benefits

- Access applications quickly
- Conserve power
- Make your screen easy to read
- Enjoy your Centro 690 more



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System sound settings

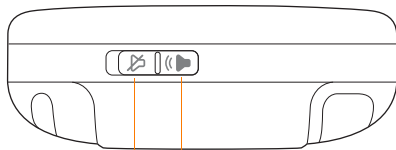
Silencing sounds

You can immediately silence all alerts, ringtones, music that plays through the built-in speaker, and system sounds by sliding the Ringer switch to Sound Off. This does not mute the audio during a phone call.

- 1 Slide the **Ringer switch** to **Sound Off** . Your Centro 690 vibrates once to let you know that you've turned sounds off.
- 2 To hear all sounds again, slide the **Ringer switch** to **Sound On** .

NOTE For info on setting the vibrate option, see the section on setting alert tones in the chapters that describe the individual applications.

Sliding the Ringer switch back to Sound On restores the previous sound settings.





■ Sound Off ■ Sound On

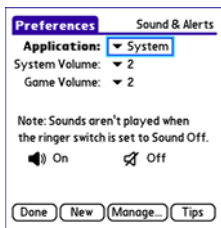
Setting system volume levels

You can set the volume level for system sounds, such as the tone that plays when you synchronize.

TIP If the Ringer switch is set to Sound Off, the ringer setting overrides the sound settings and all sounds are turned off.

- 1 Press **Applications**  and select **Sounds** .
- 2 Select the **Application** pick list and select **System**.

- 3 Select the **System Volume** and **Game Volume** pick lists and select the volume levels.



- 4 Select **Done**.



Display and appearance settings

Adjusting the brightness

Depending on the lighting conditions in which you're using your Centro, you may need to adjust the brightness of the screen.

- 1 Press **Option** , and then press **Backlight** .




- 2 Press **Left**  and **Right**  to adjust the brightness.
- 3 Select **Done**.

TIP To temporarily set the backlight to the preset low setting, press **Option + Menu**.

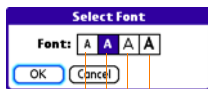
TIP You can also adjust the backlight and set the brightness duration during a call in Power Preferences. See [Optimizing power settings](#).

Changing the screen font

You can change the screen font in Calendar, Contacts, Memos, Messaging, Tasks, and Web. The font styles may vary between applications, and some applications may offer fewer choices.

- 1 Open the application in which you want to change the font.
- 2 Press **Menu** .
- 3 Select **Options**, and then select **Font**.

- 4 Select a font style. (In the web browser, select the **Font size** pick list and select **Large** or **Small**.)



Small font Large bold font



Small bold font

Large font

- 5 Select **OK**.

Setting display formats

Formats Preferences enable you to select number conventions based on geographic regions. For example, in the United Kingdom, time often is expressed using a 24-hour clock. In the United States, time is expressed using a 12-hour clock with an AM or a PM suffix. Many of the built-in applications on your Centro 690 use the Formats Preferences settings.

- 1 Press **Applications**  and select **Prefs** .
- 2 Select **Formats**.

- 3 Set any of the following preferences:

Preset to: The standard number conventions for your country. When you select a country, the other Formats Preferences are automatically set to that country's conventions. You can also edit each option individually.

Time: The time format. Select **HH:MM** to display a 24-hour clock.

Date: The date format.



Week starts: The first day of the week (usually Sunday or Monday).

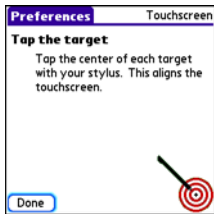
Numbers: The format for numbers with decimal points and commas.

- 4 Select **Done**.

Aligning the screen to correct tapping problems



Occasionally, the Centro touchscreen alignment may need to be readjusted. If this problem occurs, you may see the wrong feature being activated when you tap the screen. To fix the problem, you can align the screen at any time.

- 1 Press **Applications**  and select **Prefs** .
- 2 Select **Touchscreen**.
- 3 Follow the onscreen instructions and tap the screen where indicated.



- 4 Select **Done**.

Changing the system color scheme

- 1 Press **Applications**  and select **Prefs** .
- 2 Select **Color Theme**.
- 3 Select a color scheme from the list.



- 4 Select **Done**.



TIP You can also set the wallpaper for the Main tab in the Phone application (see [Customizing the Main tab in the Phone application](#)) and the background for Calendar Agenda View (see [Customizing display options for your calendar](#)).

Applications settings

You can change the Applications settings on your Centro so that you can easily access the applications you use most often. You can arrange and display your applications by category, reassign the buttons on your Centro, and select default applications for specific tasks.

Arranging applications by category

You can assign an application to a category and then display a specific category of applications in Applications View.


- 1 Press **Applications** .
- 2 Press **Menu** .
- 3 Select **Category** on the **App** menu.
- 4 Select the pick list next to each application and select a category.
- 5 Select **Done**.

TIP To create a new category, select the **category** pick list and select **Edit Categories**. Select **New**, and then enter the category name. Select **OK** to close the dialog box, and then select **OK**.

DID YOU KNOW? If there is an expansion card in the expansion slot, the card appears in the category pick list and is treated as a category when you press **Applications** repeatedly.



Displaying applications by category

Do one of the following:

- Press **Applications**  repeatedly to cycle through the categories.
- Select the **category** pick list at the top of the screen and select a category. Select **All** to display all your applications.

Changing Applications View



By default, Applications View displays each application as an icon. As an alternative, you can view a list of applications. The list view is particularly useful when you have so many applications in a category that the applications fill up more than one screen.

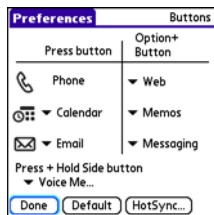
- 1 Press **Applications** .
- 2 Press **Menu** .
- 3 Select **Options**, and then select **Preferences**.
- 4 Select the **View By** pick list and select **List**.
- 5 Select **OK**.

Reassigning buttons

With Buttons Preferences, you can select which applications are associated with the quick buttons and the Side button on your Centro. You can assign a primary and secondary application to each of the three quick buttons that open an application.

NOTE We recommend that you keep the primary button assignments on the factory settings until you become comfortable with the features of your Centro 690. If you do change the primary button assignments, remember that the instructions in this guide and in the other help features refer to the original button settings.

- 1 Press **Applications**  and select **Prefs** .
- 2 Select **Buttons**.
- 3 Select the pick list next to the item you want to reassign, and then select an application.



- 4 Select **Done**.



DID YOU KNOW? You can also choose an application to open with the sync button on the USB sync cable. To change this setting, select **HotSync** on the Buttons Preferences screen.

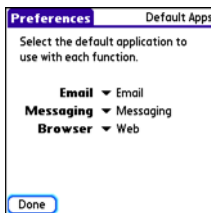
TIP To restore all the buttons and key combinations to their factory settings, select **Default**.

DID YOU KNOW?

Changing default applications

Sometimes one application looks for another application to handle information (for example, a mail application might open a browser when you select a link in an email message). Your Centro 690 comes with a set of predefined applications to handle email, messaging, and browser requests from other applications. If you have more than one application to handle these requests on your Centro 690, you can specify which application you want to use for each function.

- 1 Press **Applications**  and select **Prefs** .
- 2 Select **Default Apps**.
- 3 Select each pick list and select the application you want to associate with that function.



- 4 Select **Done**.

Locking your Centro and info

Your Centro includes several features that protect it from inadvertent use and keep your information private. You can lock any of the following features on your Centro 690:

Keyboard (Keyguard): You can use the Keyguard feature to disable the keyboard and all buttons to prevent accidental presses in your bag or pocket.

Screen: You can disable the screen's touch-sensitive feature during an active call or call alert.

Phone (Phone Lock): You can set your phone to require a password for making calls. The built-in security software lets you make emergency calls even if your phone is locked.

Centro: You can set your Centro to require a password for viewing any information on your Centro.



Entries: You can mask or hide entries marked as private and set your Centro 690 to require a password for viewing them.

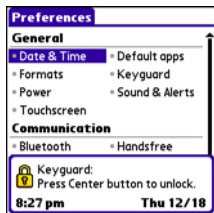
Locking your keyboard (Keyguard)

The Keyguard feature locks the keyboard so that you don't accidentally press buttons or activate items on the screen while your Centro 690 is in a pocket or bag.



By default, Keyguard turns on whenever the screen is off. Each time you wake up the screen, you must turn off Keyguard to unlock the keyboard and use your Centro 690.



To turn off Keyguard, do the following:

- 1 When the screen is off, press **Power/End**  to wake up the screen.
- 2 Press **Center**  to turn off **Keyguard**.



You can change how quickly Keyguard turns on, or you can disable this feature altogether. To change the Keyguard settings, do the following:



- 1 Press **Applications**  and select **Prefs** .
- 2 Select **Keyguard**.
- 3 Select the **Auto-Keyguard** pick list, and then do one of the following:
 - Select how quickly you want Keyguard to turn on: **When power is turned off, 5 seconds after power off, or 30 seconds after power off.**
 - Select **Disable** to completely disable the Keyguard feature until you turn it




on again by pressing **Option**  + **Power/End**  when the screen is on.


4 Select **Done**.

Locking your screen

You can set your Centro 690 to automatically lock the screen's touch-sensitive features in certain situations.

- 1 Press **Applications**  and select **Prefs** .
- 2 Select **Keyguard**.
- 3 Check any of the following boxes:

Incoming calls received: Disables the screen when the phone rings. You must use the **5-way**  to select the onscreen Answer and Ignore buttons, or press **Send**  to answer the call or **Power/End**  to ignore the call.

On a call: Disables the screen after you answer a call. You must use the **5-way**  to select the onscreen buttons during the call. Use this setting to avoid accidentally pressing onscreen buttons while you're holding your Centro 690 near your ear to speak.

4 Select **Done**.




DID YOU KNOW? When you check the boxes to disable the touchscreen during a call, the touchscreen is automatically enabled again after you end the call.

Locking your phone (Phone Lock)

You can lock your SIM card to prevent unauthorized calls and use of other wireless features. When your SIM card is locked, you must enter the correct PIN code to unlock it, even if you move it to a different phone. You can still make emergency calls when your phone is locked, however.

IMPORTANT If your SIM card is locked and you enter the wrong PIN more than three times, you must call your network operator for your unique PIN unlock key (PUK) to unlock your SIM card.



TIP When Phone Lock is turned on, other people can still see the info on your Centro 690, but they cannot make or receive phone calls or use the other wireless features without your password.

- 1 Press **Phone** .
- 2 Press **Menu** .
- 3 Select **Options**, and then select **Phone Lock**.
- 4 Check the **Lock SIM** box.
- 5 When prompted, enter the current **PIN** and select **OK**. (Unless you changed your PIN, enter the default PIN, provided with your account materials.)
- 6 If you want to change the PIN, select **Change PIN**, enter a new PIN, and then select **OK**. Repeat this step to verify the new PIN.
- 7 If your SIM card supports fixed number dialing (FDN), select **Advanced** and check the **Enable Fixed Number Dialing** box to restrict dialing to the numbers in your FDN list. When prompted, enter your **PIN2** and then select **OK**.
- 8 Turn your phone off to activate the phone lock feature.
- 9 To turn your phone on again, press and hold **Power/End** , enter your PIN, and then select **OK** to unlock your Centro 690.

TIP To manage your FDN list, press **Applications**, select **SIM Book**, press **Menu**, and then select **Modify FDN** from the **Options** menu.

Your SIM card locks again when you turn off your Centro 690 and then turn it back on.



To disable the current Phone Lock settings:

- 1 Press **Phone** .
- 2 Press **Menu** .
- 3 Select **Options**, and then select **Phone Lock**.
- 4 Uncheck the **Lock SIM** box.
- 5 Enter your **PIN** code.
- 6 Select **OK**.

Locking your Centro

To protect your personal information, you can lock your Centro 690 so that you need to enter your password to access any of your information or to use any of the features on your Centro, including the phone. You can, however, still make emergency calls when your Centro is locked.

IMPORTANT If you lock your Centro, you must enter the exact password to unlock it. If you forget the password, you need to perform a hard reset to resume using your Centro. Performing a hard reset while your Centro is password locked deletes all the entries in your Centro and completely reformats it. If you use password protection in Palm Desktop software, you must remember your password to restore your info. However, if you do not use password protection in Palm Desktop software, you can restore all previously synchronized info the next time you sync (see [Synchronizing information—the basics](#)).

- 1 Press **Applications**  and select **Security** .
- 2 Select the **Password** box.



- 3 Assign a password and a password hint.
- 4 Select the **Auto Lock Device** box.
- 5 When prompted, enter your password and select **OK**.
- 6 Select one of the following options:

Never: Prevents your Centro from locking automatically.




On power off: Locks your Centro when you turn off the screen, or when it shuts off with the Auto-off feature.

At a preset time: Locks your Centro at a specific time of day.

After a preset delay: Locks your Centro after a period of inactivity.

- 7 Select **OK**.

8 Do one of the following:

- Select **Lock & Turn Off** to lock your Centro immediately.
- Press **Applications**  to accept your settings and continue using your Centro.

TIP After you create a password, you can lock your system manually. Press **Applications** and select **Security**. Select **Lock & Turn Off**, and then select **Off & Lock**.

TIP To change your password, select the **Password** box, enter your current password, and then enter the new password. To delete your password, select the **Password** box and then select **Unassign**.

Working with private entries

In most applications, you can mark individual entries as private. All private entries remain visible and accessible until you select the Security setting. You have three Security setting options:

Show Records: Private records are visible.

Hide Records: Private entries do not appear anywhere in the application.



Mask Records: Private entries are replaced with a gray bar that lets you know the entry is there but keeps it from being legible.

After you enable the mask or hide setting, any entries marked as private are immediately hidden or masked. If you define a password, you must enter it to display private entries. If you do not define a password, you (or anyone else) can reveal private entries without a password.

- 1 Open the entry that you want to mark private.
- 2 Select **Details**.
- 3 Check the **Private** box.
- 4 Select **OK**.

Hiding or masking all private entries



Make sure the entries you want to mask or hide are marked private.

- 1 Press **Applications**  and select **Security** .
- 2 Select the **Current Privacy** pick list and select either **Hide Records** or **Mask Records**.


- 3 If prompted for your password, enter it and then select **OK**.

Viewing all private records

You can reveal all the entries you've hidden or masked.

- 1 Press **Applications**  and select **Security** .
- 2 Select the **Current Privacy** pick list and select **Show Records**.
- 3 If prompted for your password, enter it and then select **OK**.



Viewing private entries in a specific application

- 1 Open the application that contains the private entries you want to see.
- 2 Press **Menu** .
- 3 Select **Options**, and then select **Security**.
- 4 Select the **Current Privacy** pick list and select **Show Records**.
- 5 Select **OK**.
- 6 If prompted for your password, enter it and then select **OK**.

Security and Palm Desktop software (Windows)

You can set the Windows version of Palm® Desktop software to observe the security password for your Centro 690. If you forget your password, you cannot view your information in Palm Desktop. If your Centro 690 is unlocked, you can change your password on your Centro 690, but all entries marked as private are deleted. You can restore your private entries the next time you sync, and then create a new password.

Follow these steps to recover from a lost password:



- 1 Press **Applications**  and select **Security** .
- 2 Select the **Password** box.
- 3 Select **Lost Password**.
- 4 Select **Yes**.

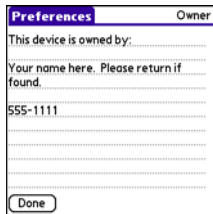
TIP If you want additional security for Palm Desktop files, you may want to purchase a third-party solution.

Entering owner information

You can use Owner Preferences to record information that you want to associate with your Centro 690, such as your name, company name, and home phone number.

If you lock your Centro (see [Locking your Centro](#)), the Owner Preferences information appears on the screen that requests your password to unlock it, and you must also enter your password to change the Owner Preferences information.

- 1 Press **Applications**  and select **Prefs** .
- 2 Select **Owner**.
- 3 If you assigned a password with the Security application, select **Unlock**, enter your password, and then select **OK** to continue.
- 4 Enter the text that you want to appear in the Owner Preferences screen.





- 5 Select **Done**.

System settings

Setting the date and time

Date & Time Preferences enable you to manually set the date, time, and location (time zone) setting for your Centro 690.

- 1 Press **Applications**  and select **Prefs** .
- 2 Select **Date & Time**.
- 3 Select the **Automatically set** pick list and select one of the following settings:

NOTE The options that appear on the screen vary based on the setting you select in step 3.

Date, time and time zone: The date, time, and time zone are acquired from your network.

Date and time: Lets you set the time zone manually. The date and time are acquired from your network.

Nothing: Lets you set the date, time, and time zone manually. No info is acquired from your network.



- If the **Location** pick list appears, select it, and then select a city in your time zone.



TIP If a city in the same time zone is not on the list, select **Edit List**, select **Add**, select a city in your time zone, and then select **OK**. If necessary, modify any of the settings in the Edit Location dialog box, and then select **OK**.



- If the Date and Time fields appear, select the **Date** field and select the date, and then select the **Time** field and select the time.
- Select **Done**.

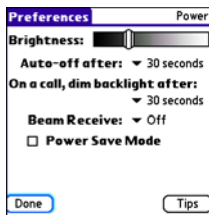
TIP You can also set time zones for Calendar events. See [Creating an event](#).

Optimizing power settings

Power Preferences enable you to adjust settings to maximize the battery's performance.

- Press **Applications**  and select **Prefs** .
- Select **Power**.
- Set any of the following preferences:

Brightness: Sets the intensity of the screen backlight. Drag the slider or press **Left**  and **Right**  to adjust the brightness level.



Auto-off after: Determines how long your screen stays on during a period of inactivity. When there is no interaction with the keyboard or screen for the specified time period, your Centro 690 turns off automatically.

On a call, dim (or turn off) backlight after: Determines how long the backlight stays on at normal intensity during a phone call. After the specified time period, the backlight dims (or turns off) to conserve power during a long phone call.

Beam Receive: Determines whether your Centro is ready to receive information over an infrared beam. If you leave this option turned off, you must return to this screen to turn on

this option the next time you want to receive a beamed item.

Power Save Mode: When this option is selected, after the specified time period, the backlight dims to one level above off to conserve power during a long phone call or when MP3 is playing in the background.

4 Select **Done**.

TIP You can also access the brightness setting by pressing **Option + P**. To temporarily set the backlight to the preset low setting, press **Option + Menu**.



Connecting to a VPN

If you want to use your Centro to access your corporate email account or other files on your corporate server, you may need to set up a virtual private network (VPN) on your Centro. A VPN enables you to log in to your corporate server through the company's firewall (security layer). You need a VPN client on your Centro 690 if

your Centro and your company's server are located on opposite sides of the firewall.

Check with your company's system administrator to see if a VPN is required for accessing the corporate server. If a VPN is required, you must purchase and install a third-party VPN client on your Centro 690 to use this feature.

TIP For information about third-party VPN client software, visit go.palm.com/centro690/.

- 1 Install your third-party VPN client. See [Installing applications](#) for details.
- 2 Press **Applications**  and select **Prefs** .
- 3 Select **VPN**.
- 4 Enter the settings provided by your corporate system administrator.



CHAPTER

11

Common questions

Although we can't anticipate all the questions you might have, this chapter provides answers to some of the most commonly asked questions. For additional information and answers to other common questions, visit go.palm.com/centro690/.

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Upgrading

If you experience problems with your Palm® Centro™ 690 smart device after performing the upgrade steps in this guide, you may have incompatible applications or settings that were not quarantined during the installation process. These incompatible applications or settings can lead to numerous issues, including system resets and freezes. If you experience a problem after upgrading, follow the steps in this section to remove the incompatible apps from your Centro 690 and to transfer your other info to your new Centro 690.

NOTE If you have trouble installing a third-party application, contact the developer for assistance.

We recommend that you *do not* install apps that do any of the following:

- Modify phone functions, such as ringtones, dialing, or caller ID
- Replace organizer features, such as Contacts or Calendar

- Set data connection features, such as activating or ending data connections
- Provide web-clipping features, such as PQA files
- Provide instant messaging features

If you want to continue using these types of applications, please contact the third-party developer for software updates and for info about compatibility with your Centro 690.

WINDOWS ONLY

- 1 On your computer, click **Start>Programs>Palm>Safe HotSync**.
- 2 Follow the instructions on the screen.
- 3 Locate the **Old_Apps** folder on your computer. This folder is usually located inside one of the following folders:
**C:\Program Files\Palm\
C:\Program Files\palmOne\
C:\Program Files\Handspring**
- 4 To help you identify the app that is causing the problem, move one app at a time from the **Old_Apps** folder to the **Backup** folder, and then sync.

If the problem recurs, delete the last app you installed and report the problem to its developer.

- Repeat step 4 for each of the apps in the **Old_Apps** folder.

NOTE If you have trouble moving apps from the Old_Apps folder to the Backup folder, or determining which files to move, try reinstalling the app using the original third-party developer files.

TIP Need more info on the Backup folder? See [What is the backup folder?](#).

MAC ONLY

- Locate your **user** folder on your computer.

NOTE Your user folder name is the same as your device name and is usually found in this location: **<Mac hard drive> : Users : <your Mac username> : Documents : Palm : Users**

- Select your **user** folder and Option-drag it to your Mac desktop to make a copy of that folder.

- Confirm that your copy includes the **Backup** subfolder and that all the files in the original Backup subfolder are also in the copy of the Backup subfolder.

- Delete all files from the original **Backup** subfolder.

- Perform a hard reset on your Centro 690. See [Resetting your Centro](#) for instructions.

- Sync your Centro 690 with your new desktop software and be sure to select your existing device name from the User list.

- To help you identify the app that is causing the problem, move one third-party app from the copy of the **Backup** subfolder to the original **Backup** subfolder, and then sync.

If the problem recurs, delete the last app you installed and report the problem to its developer.

- Repeat step 7 for each of the third-party apps in the copy of the **Backup** folder.

Desktop software installation

If you are having trouble installing the desktop software, you may have the wrong version of the software or some of your computer's resources may be unavailable.

TIP The Palm Software Installation CD installs software that lets you synchronize using Palm® Desktop software or Microsoft Outlook for Windows. If you want to synchronize using a different personal information manager (PIM), you must install a third-party solution. Contact the PIM's author or vendor to learn if software is available for your Centro 690.

Follow these steps to retry the installation.

- 1 Make sure your computer profile includes administrator rights to install software. In large organizations, these are usually granted by the system administrator.
- 2 Restart your computer.

- 3 Quit any active applications, including virus scanners and Internet security applications.
- 4 Make sure you're installing the software from the Palm Software Installation CD that came with your new Centro 690. Other versions of the desktop software may not work with your Centro 690.
- 5 Insert the Palm Software Installation CD to restart the installation.

IMPORTANT Always use the same language for your Centro, your computer operating system, and your desktop software. Otherwise, you may lose information or have difficulty with synchronization. Support is not provided for mismatched language setups.

Resetting your Centro

Performing a soft reset

Performing a soft reset is similar to restarting a computer. If your Centro is not responding or you have trouble

synchronizing with your computer, a soft reset may help. All your info is retained when you perform a soft reset.

- 1 Remove the battery from your Centro 690, and then reinsert it.

Don't know how? See [Replacing the battery](#).

NOTE The reset begins when you reinsert the battery.

- 2 At the end of the soft reset, Date & Time Preferences appears. Select **Done**.

Performing a system reset

A system reset, also called a safe or warm reset, tells your Centro to stop what it's doing and start over again without loading any system extras. If your Centro loops or freezes during or after a soft reset, a system reset may help. Performing a system reset can release your Centro from an endless loop so that you can uninstall a third-party application that may be causing the looping.

- 1 Remove the battery from your Centro 690, and then reinsert it.

Don't know how? See [Replacing the battery](#).

- 2 When the Palm logo appears, press and hold **Up ▲** until the black status bar at the bottom of the screen fills and disappears, and then release **Up ▲**.
- 3 Delete the third-party application that you suspect is causing the problem.
- 4 Perform a soft reset. The wireless features of your Centro 690 are not available until you complete this step.




Performing a hard reset

A hard reset erases all information and third-party software on your Centro. Never perform a hard reset without first trying a soft reset and a system reset and trying to resolve third-party software issues. (See [Third-party applications](#) for suggestions on diagnosing third-party software issues.) After a hard reset, you can restore previously synchronized information the next time you sync.

IMPORTANT If you set a password on your Centro 690, performing a hard reset reformats your Centro 690. This is a more severe form of a hard reset, which

removes all your information, and restores your formats, preferences, and other settings to the factory default settings. | your Centro 690 until the process is complete. This may take up to 10 minutes.



TIP Some third-party applications do not create a backup on your computer when you synchronize. If you perform a hard reset, you may lose data in these applications and you will need to reinstall the application after the hard reset. Please contact the application's developer to find out which data is backed up during synchronization.

- 1 Remove the battery from your Centro 690, and then reinsert it. Don't know how? See [Replacing the battery](#).
- 2 When the Palm logo appears, press and hold **Power/End**  until the black status bar at the bottom of the screen fills and disappears, and then release **Power/End** .
- 3 When the **Erase all data?** prompt appears, press **Up**  to confirm the hard reset.

IMPORTANT If a **Reformatting in progress** message appears, do not touch

- 4 When the language selection screen appears, select the same language you selected for your desktop software.

IMPORTANT Always use the same language for your Centro, your computer operating system, and your desktop software. Otherwise, you may lose information or have difficulty with synchronization. Support is not provided for mismatched language setups.


- 5 (Optional) If you want to confirm that the hard reset was successful, press **Applications**  and select **HotSync** . If you see your device name in the upper-right corner, the hard reset was *not* successful.

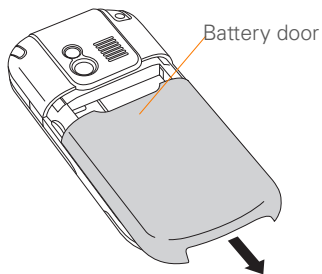
Replacing the battery

Your Centro 690 comes with a replaceable battery. Be sure to use a replacement battery that is recommended or sold by

Palm and is compatible with the Centro 690.

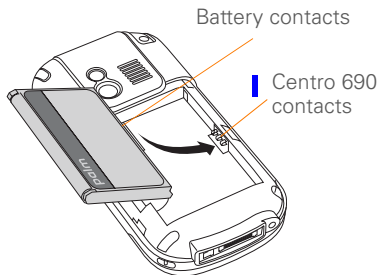
CAUTION Failure to use the proper battery may result in a risk of personal injury or product damage, and it voids your Centro 690 warranty.

- 1 Press **Power/End**  to turn off the screen.
- 2 Press the **Battery door** near the top where the door and camera sections meet and slide it downward to remove it from your Centro 690.



- 3 Place a finger in the notch next to the battery, and lift up the old battery at a 45-degree angle to remove it from the compartment.

- 4 Align the metal contacts on the new battery with the contacts inside the battery compartment, insert the new battery into the compartment at a 45-degree angle, and then press it into place.



IMPORTANT Use the battery that came with your Centro 690. Do *not* use a battery from another Centro model in your Centro 690. Similarly, do *not* use the Centro 690 battery in another Centro model. Using a battery that is designed for another Centro model can damage your Centro 690.


- 5 Slide the battery door onto the back of the Centro 690 until it clicks into place.

- 6 Connect your Centro to the charger or sync cable to charge the new battery.

TIP Be sure to dispose of your old battery properly. In some areas, disposal in household or business trash is prohibited.

Screen





The screen appears blank

- 1 When a call lasts longer than the limit specified in Power Preferences, the screen dims automatically. In certain lighting conditions, the screen may appear blank when this occurs. Press any key except Power/End to restore the screen to normal brightness. Pressing Power/End hangs up the call.
- 2 When a period of inactivity lasts longer than the limit specified in Power Preferences, the screen turns off. Press and release **Power/End**  to wake up the screen.
- 3 Look closely at the screen. If you can see a dim image, try adjusting the screen brightness (see [Adjusting the brightness](#)).

- 4 If the screen is still blank, perform a soft reset (see [Performing a soft reset](#)).
- 5 If the problem persists, connect your Centro to the charger (see [Charging the battery](#)) and perform a soft reset again.
- 6 If that doesn't work, perform a hard reset (see [Performing a hard reset](#)).



TIP To find carrying cases that protect the screen, and other useful accessories, visit go.palm.com/centro690/.

The screen doesn't respond accurately to taps or it activates wrong features

- 1 Press **Applications** .
- 2 Use the **5-way**  to select **Prefs** .
- 3 Use the **5-way**  to select **Touchscreen**.
- 4 Follow the onscreen instructions to align the screen.
- 5 Select **Done**.
- 6 If the problem persists, check for dirt between the screen and the edge of the Centro 690.
- 7 If you're using a screen protector, make sure that it is properly installed.

There's a blinking bell in the upper-left corner

The blinking bell in the upper-left corner of the screen is the Alert icon. It appears when you have alarms or messages that you haven't acknowledged.

- 1 Press and hold **Center**  or tap the blinking bell  with your stylus.
- 2 When the list of pending alerts appears, do either of the following:
 - Select the text of the alert to view the item. The item stays in the list.
 - Check the box next to an alert to clear it from the list, and then select **Done**.

Synchronization

Synchronization backs up the information from your Centro onto your computer and vice versa. If you ever need to perform a hard reset or otherwise need to erase all your information on your Centro 690, you can synchronize your Centro 690 with your computer to restore the info. Similarly, if your computer crashes and your Palm Desktop info is damaged, you can recover

your info by synchronizing with your Centro 690. To make sure you always have an up-to-date backup of your info, synchronize frequently.

This section describes synchronization between your Centro and a desktop computer running Palm Desktop software. You can also synchronize the information on your Centro using third-party applications. See the documentation for the third-party application for information on features and configuration.

Before you attempt to synchronize, make sure you've installed the desktop synchronization software from the Palm Software Installation CD.

TIP Every device needs a unique name. Never synchronize more than one device to the same device name on your computer.

I can't find my user folder

Windows: If your device name is one word, your user folder name is the first six characters of your device name. If your device name is two words, your user folder name consists of the first six characters of

the second word of your device name, followed by the first letter of the first word. For example, if your device name is John Smith, your user folder is named SmithJ. Your user folder is usually located inside one of the following folders:

C:\Program Files\Palm

C:\Program Files\palmOne

C:\Program Files\Handspring

Mac: Your user folder name is the same as your device name and is usually found in this location: **<Mac hard drive> : Users : <your Mac username> : Documents : Palm : Users**

What is the backup folder?

The Backup folder is located inside your user folder (see [I can't find my user folder](#)).

During synchronization, the HotSync® manager puts a copy of most of your info and applications into the Backup folder. (Some third-party apps do not put a copy into the Backup folder.) The next time you sync, the HotSync manager compares the contents of the Backup folder to the contents of your Centro 690, and then restores any missing info or applications.


If an app that you deleted reappears on your Centro 690, try deleting the app from your Backup folder.

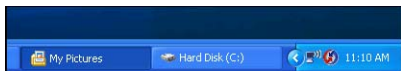
Palm Desktop does not respond to a sync attempt

- 1 Make sure that the USB sync cable is securely connected to the USB port on your computer and on the bottom of your Centro 690 (see [Synchronizing information—the basics](#)).

TIP If you're having trouble trying to sync using an IR or Bluetooth® wireless technology connection, try using the USB sync cable instead. If this solves the problem, check your IR or Bluetooth settings (see [Synchronizing information—advanced](#)).

- 2 Make sure that the HotSync manager is running:

Windows: Right-click **HotSync manager**  in the taskbar in the lower-right corner of your computer screen, and make sure that **Local USB** is checked. If you don't see the HotSync manager icon, click **Start**, select **Programs**, select **Palm**, and then select **HotSync manager**.



Mac: Find the **Palm** folder on your Mac hard drive. Double-click the **HotSync manager** icon in the **Palm** folder. In the Connection Settings panel, set the **Local Setup port** to **Palm USB**.

- 3 Synchronize. If the synchronization is successful, you do not need to complete the remaining steps.
- 4 Perform a soft reset (see [Performing a soft reset](#)).
- 5 Synchronize. If the synchronization is successful, you do not need to complete the remaining steps.
- 6 If problems persist and you're synchronizing through a USB hub, try connecting the sync cable to a different USB port or directly to your computer's built-in USB port.
- 7 Synchronize. If the synchronization is successful, you do not need to complete the remaining steps.
- 8 Check the multi-connector on the bottom of your Centro 690 for debris or

discoloration. Carefully clean the connector by dipping a cotton swab in some rubbing alcohol and gently wiping the metal contacts on the connector. Try to sync again.

- 9 Check the connector on the USB sync cable for integrity and cleanliness. Make sure the pins on the connector are straight, protruding, and not damaged. If the cable appears to be damaged, stop here and locate another USB sync cable.
- 10 **WINDOWS ONLY** Uninstall Palm Desktop software. Click **Start**, select **Settings**, select **Control Panel**, select **Add or Remove Programs**, select **Palm Desktop software**, and then click **Change/Remove**.

NOTE Mac computers do not provide an option for uninstalling Palm Desktop software. Contact Technical Support if the problem persists after you complete step 7.

- 11 Restart your computer.
- 12 Reinstall Palm Desktop software from the Palm Software Installation CD that came with your Centro 690.

Synchronization starts but stops without finishing

TIP The HotSync Log can give you information about your most recent synchronization.

Windows: Right-click the **HotSync manager** icon in the taskbar in the lower-right corner of your computer screen, and then select **View Log**.

Mac: Open Palm Desktop software. From the **HotSync** menu, select **View Log**.

If you upgraded from a previous Palm OS® device or received a system error, such as Sys0505, there may be conflicts with software on your Centro 690.

- 1 Locate your **Backup** subfolder and rename the folder (for example, BackupOld).

Windows: C:\Program Files\Palm*<device name>*

Mac: <Mac hard drive> : Applications : Palm : Users : <device name>

NOTE Can't find a Palm folder in Program Files? Then look for a palmOne or Handspring folder instead. For more info, see [I can't find my user folder](#).

- 2 Synchronize.
- 3 If the problem is resolved, begin reinstalling your third-party applications one at a time by double-clicking a single file in the original **Backup** subfolder that you renamed, and sync after each application you install. If the problem recurs, delete the last application you installed and report the problem to its developer.
- 4 **WINDOWS ONLY** If the Windows New Hardware Wizard appears, the synchronization process may be timing out before the wizard completes its job. Follow all instructions in the New Hardware Wizard, and then sync again.
- 5 **WINDOWS ONLY** Uninstall Palm Desktop software. Click **Start**, select **Settings**, select **Control Panel**, select **Add or Remove Programs**, select **Palm Desktop software**, and then click **Change/Remove**.

NOTE Mac computers do not provide an option for uninstalling Palm Desktop software. Contact Technical Support if the problem persists after you complete step 3.

- Restart your computer.
- Reinstall Palm Desktop software from the Palm Software Installation CD that came with your Centro 690.

Synchronization finishes but info doesn't appear where it should

- Make sure you're synchronizing with the intended desktop personal information manager (PIM). The Palm Software Installation CD enables you to choose whether you want to synchronize with Palm Desktop software or Microsoft Outlook for Windows. Reinsert the installation CD and select **Change your synchronization method** if necessary. If you use a different PIM, you need to install third-party software to synchronize. For more information, consult the company that makes the PIM.
- If multiple Palm OS devices are synchronizing with your computer, make sure the name of the device you are synchronizing appears in the **User** field on the toolbar of Palm Desktop software.

- Open HotSync manager on your computer, and make sure the necessary conduits are set to **Synchronize the files**.

NOTE If you need to change the setting to **Synchronize the files**, be sure to check the **Set as default** box as well.

- WINDOWS ONLY** Uninstall Palm Desktop software. Click **Start**, select **Settings**, select **Control Panel**, select **Add or Remove Programs**, select **Palm Desktop software**, and then click **Change/Remove**.

MAC ONLY Mac computers do not provide an option for uninstalling Palm Desktop software. Contact Technical Support if the problem persists after you complete step 3.


- Restart your computer.
- Reinstall Palm Desktop software from the Palm Software Installation CD that came with your Centro 690.
- (Outlook only) If you're trying to synchronize offline, set your Outlook Calendar, Contacts, Notes, and Tasks to be available offline.

TIP Outlook subfolders and public folders are not accessible with the included software. You may want to use a third-party solution instead.

TIP (Outlook only) If you want to sync your info with a global Exchange Address Book, you must copy the addresses to your local Contacts list in Outlook (right-click the addresses and select **Add to Personal Address Book**).

TIP For more info on Outlook conduits, right-click the **HotSync manager** icon in the taskbar, select **Custom**, select an app with Outlook in its name, and then select **Help**.

I have duplicate entries in Microsoft Outlook after I sync

- 1 Open Microsoft Outlook and delete the duplicate entries.
- 2 On your computer, go to the application with duplicate entries and manually enter any info you added to your Centro 690 since the last time you synchronized.
- 3 Right-click **HotSync manager**  in the taskbar and select **Custom**.
- 4 Select an application that has duplicate entries and also has Outlook in its name.

- 5 Click **Change**.
- 6 Select **Desktop overwrites handheld**, and then click **OK**.
- 7 If more than one application has duplicate entries, repeat steps 4 through 6 for each application with duplicates.
- 8 Click **Done**.
- 9 Synchronize your Centro 690 and your computer.


My appointments show up in the wrong time slot after I sync

If you create an appointment in the wrong time zone (that is, your desktop was set to the wrong time zone), it shows up in the wrong time zone on your Centro. To be safe, enable local network time and avoid assigning time zones to your appointments.

If you're using **Microsoft Outlook**:




- 1 Make sure that you installed the Microsoft Outlook conduit that came with your Centro 690. If you're not sure whether this software is installed, reinstall Palm Desktop software from

the Palm Software Installation CD that came with your Centro 690.

- 2 Open Microsoft Outlook and correct the wrong entries.
- 3 On your computer, manually enter any Calendar info you added to your Centro 690 since the last time you synchronized.
- 4 Click **HotSync manager**  in the taskbar and select **Custom**.
- 5 Select an application that has both Calendar and Outlook in its name.
- 6 Click **Change**.
- 7 Select **Desktop overwrites handheld**, and then click **OK**.
- 8 Synchronize your Centro 690 and your computer.
- 9 Repeat steps 4 through 6 to open the Calendar Change HotSync Action dialog box again.
- 10 Make sure **Synchronize the files** is selected and **Set as default** is checked, and then click **OK**.

You should now be able to assign time zones to your events without encountering this problem.

If you're using **Palm Desktop software**:

- 1 On your Centro 690, press **Calendar** .
- 2 Press **Menu** .
- 3 Select **Options**, and then select **Preferences**.
- 4 Uncheck the **New events use time zones** box (if it's checked).
- 5 On your computer, open Palm Desktop software and correct the wrong entries.
- 6 On your computer, manually enter any Calendar info you added to your Centro 690 since the last time you synchronized.
- 7 Click **HotSync manager**  in the taskbar and select **Custom**.
- 8 Select **Calendar**.
- 9 Click **Change**.
- 10 Select **Desktop overwrites handheld**, and then click **OK**.
- 11 Synchronize your Centro 690 and your computer.
- 12 Repeat steps 7 through 9 to open the Calendar Change HotSync Action dialog box again.

13 Make sure **Synchronize the files** is selected and **Set as default** is checked, and then click **OK**.

You should now be able to assign time zones to your events without encountering this problem.

IMPORTANT To avoid this problem in the future, do not assign time zones to your events. Palm Desktop software does not support time zones.


The text of my memos is truncated after I sync

If you use your desktop software to create a memo that is longer than 4,096 characters, the excess characters are truncated when you transfer the memo to your Centro 690.

Phone

Signal strength is weak

Become familiar with low coverage areas where you live, commute, work, and play. Then you will know when to expect signal strength issues. You can check signal

strength by looking at the **Signal Strength**  icon in the title bar of the Main tab in the Phone application. The stronger the signal, the more bars that appear. If you are outside a coverage area, no bars appear.

- 1 If you're standing, move about ten feet in any direction.
- 2 If you're in a building, move near a window. Open any metal blinds.
- 3 If you're in a building, move outdoors or to a more open area.
- 4 If you're outdoors, move away from large buildings, trees, or electrical wires.
- 5 If you're in a vehicle, move your Centro so that it's close to a window of your vehicle.

My Centro won't connect to the mobile network

- 1 Try the suggestions about signal strength described in [Signal strength is weak](#).
- 2 Turn off your phone and turn it on again (see [Turning your phone on and off](#)).
- 3 Remove the SIM card and reinsert it (see [Inserting the SIM card and battery](#)).

- 4 Perform a soft reset (see [Performing a soft reset](#)).


The other person hears an echo

- Try decreasing the volume on your Centro to avoid coupling or feedback on the other person's end. This applies to both the speakerphone and the earpiece.
- Position the earpiece closer to your ear to prevent sound leaking back to the microphone. Keep your hand away from the microphone hole, which is on the bottom right side of the Centro 690.
- If you're using the speakerphone feature with your Centro lying on a flat surface, try turning the Centro face down (screen facing the surface).


I hear my own voice echo

Ask the person on the other end of the call to turn down the volume on his or her phone or to hold the phone closer to his or her ear.

My voice is too quiet on the other end

- Be sure to place the bottom of the Centro, or the hands-free microphone, close to your mouth.
- Check the **Signal Strength**  icon in the title bar of the Main tab in the Phone application. If the signal is weak (few bars are displayed), try the suggestions about signal strength described in [Signal strength is weak](#).

I hear static or interference

Check the **Signal Strength**  icon in the title bar of the Main tab in the Phone application. If the signal is weak (few bars are displayed), try the suggestions about signal strength described in [Signal strength is weak](#).


If you're using a Bluetooth® hands-free device, see [I hear static or interference when using my Bluetooth hands-free device](#).

My phone seems to turn off by itself

If a system error and reset occur, the Centro 690 automatically turns the phone on if it was on before the reset. However, if

the Centro 690 can't determine if your phone was on before the reset, the phone does not automatically turn on (see [Turning your phone on and off](#)). If the problem persists and you're using third-party applications, see [Third-party applications](#) for additional suggestions.

My Centro makes or answers calls when it's in a bag or pocket

Items in your bag or pocket may be pressing the onscreen Answer button or otherwise activating screen items. If this happens, be sure to press **Power/End**  to turn off the screen before placing your Centro in a bag or pocket. You may also want to disable the screen's touch-sensitive feature during incoming calls (see [Locking your screen](#)).



TIP To find carrying cases that can help prevent your Centro 690 from making calls, as well as other useful accessories, visit go.palm.com/centro690/.

Hands-free devices

TIP Bluetooth range is up to 30 feet in optimum environmental conditions. Performance and range may be affected by physical obstacles, radio interference from nearby electronic equipment, and other factors.

I can't make or receive calls using a Bluetooth® hands-free device

Confirm all the following:

- The Bluetooth device is compatible with your Centro 690. Go to go.palm.com/centro690/ for a list of compatible devices.
- Press **Applications**  and select **Bluetooth** . Make sure the **Bluetooth** setting is set to **On**.
- You have already formed a partnership between your Centro 690 and your hands-free device, and the hands-free device appears in the Trusted Devices list. (See [Connecting to a Bluetooth® hands-free device](#).)

- Your hands-free device is charged and turned on.
- Your Centro is within range of the hands-free device.

If the problem persists, turn the **Bluetooth** setting to **Off** and then turn it on again. If it still persists, create a new partnership with the hands-free device (see [Connecting to a Bluetooth® hands-free device](#)).

I hear static or interference when using my Bluetooth hands-free device

- Try moving your Centro closer to the hands-free device. Audio quality degrades as the distance between your Centro and hands-free device increases. The effective range for a device varies between manufacturers.
- Confirm that no obstructions, including your body, are between your Centro and your hands-free device.
- If the problem persists, turn the **Bluetooth** setting to **Off** and then turn it back on again. If it still persists, create a new partnership with the hands-free device (see [Connecting to a Bluetooth® hands-free device](#)).

TIP For best performance, keep your Bluetooth hands-free device and your phone on the same side of your body.

Some features of my Bluetooth hands-free device don't work with my Centro

- Check the Palm compatibility list at go.palm.com/centro690/ to ensure that your device is compatible.
- Check the documentation that came with your device or the manufacturer's website for information specific to your device.

Email

- For troubleshooting info on the VersaMail® application, see the *User Guide for the VersaMail Application* on your computer.



Windows: Start>Programs>Palm

Mac: Insert the Palm Installation CD and click the link to the *User Guide for*

the VersaMail Application in the **Documentation** folder.

Messaging

I can't tell if data services are available

When your phone is on, icons appear in the title bar in the Main tab in the Phone application to indicate whether data services are available and whether a data connection is active. Make sure that either of the following icons appears in the title bar of the Main tab:  . If you do not see either of these icons, data services are not available in your current location and you cannot exchange multimedia messages.

I can't send or receive text messages

- Make sure your SIM card is inserted correctly (see [Inserting the SIM card and battery](#)) and your phone is turned on (see [Turning your phone on and off](#)).
- Contact your network operator to verify that your plan includes text messaging services, that these services have been



correctly activated, and that they are available at your location. Your network operator should be able to tell you if text messaging services have been experiencing transmission delays. Delays can also occur between the time that a message is sent and the time it is received.

- Verify with the recipient that the receiving device can handle text messages.
- If a text message arrives but does not display an alert, perform a soft reset (see [Performing a soft reset](#)).

I can't send or receive multimedia messages



- Make sure your phone is turned on (see [Turning your phone on and off](#)).
- Contact your network operator to verify that your plan includes multimedia messaging services (MMS), that these services have been correctly activated, and that they are available at your location. Your network operator should be able to tell you if multimedia messaging services have been experiencing transmission delays.

Delays can also occur between the time that a message is sent and the time it is received.

- Make sure that either of the following icons appears in the title bar of the Main tab:  . If you do not see either of these icons, data services are not available in your current location and you cannot exchange multimedia messages.
- Verify with the recipient that the receiving device can handle multimedia messages.
- If a message arrives but does not display an alert, perform a soft reset (see [Performing a soft reset](#)).

Web





I can't tell if data services are available



When your phone is on, icons appear in the title bar in the Main tab in the Phone application to indicate whether data services are available and whether a data connection is active. Make sure that either of the following icons appears in the title bar of the Main tab:  . If you do not

see either of these icons, data services are not available in your current location and you cannot connect to the Internet.


My Centro won't connect to the Internet

Your Centro 690 supports GPRS and EDGE wireless data networks. To connect to the Internet, you must subscribe to and activate data services with your network operator, and you must be in a location with data coverage.

- 1 Press and hold **Power/End**  to turn off your phone. Then press and hold the same button to turn it back on again.
- 2 Press **Phone**  and look for either of the following icons in the title bar of the Main tab:  .
- 3 If you see these icons, you are in a data coverage area. Try connecting to the Internet again. If you do not see either of these icons, press

Applications , select **Prefs** , and continue with the following steps.

- 4 Select **Network**.
- 5 Select the **Service** pick list and select your wireless service provider's data service.

- 6 Select **Connect**.
- 7 If the connection is successful, go to the web browser. If you still can't make a connection, perform a soft reset (see [Performing a soft reset](#)).
- 8 If your phone did not turn on automatically after the soft reset, press and hold **Power/End**  to turn on your phone, and try connecting to the Internet.
- 9 Contact your network operator to verify the following:
 - Your subscription plan includes high-speed data services.
 - Data services have been activated on your account.
 - Data coverage is available in your location.
 - There are no data service outages in your location.

I can't access a web page

First, make sure you have Internet access: Open the web browser and try to view another web page you've loaded before. To ensure you're viewing the page directly

from the Internet, press **Menu** , select **Go**, and then select **Refresh**.

If you can view the other web page after you refresh it but you still can't access the page you were originally trying to view, the page may contain elements that are not supported by the web browser. These include Flash, Shockwave, VBScript, WMLScript, and other plug-ins.





Some websites use a redirector to their true home page. If the web browser on your Centro 690 can't follow the redirector, try using a desktop browser to see the landing page of the redirector, and then enter that address in the web browser on your Centro 690.

TIP Your Centro can open your email application when you select an email address on a web page. If nothing happens when you select the link, make sure your email application is already set up.

It takes a long time for a web page to load

If it is taking longer than usual to load web pages, you may have traveled from an EDGE service area to a GPRS service area. Although GPRS data service is considered

a high-speed data service, it seems slow if you are used to EDGE speed.

- 1 Press **Phone**  and look for either of the following icons in the title bar of the Main tab to confirm that you have a data connection:  
- 2 Try opening a different web page to see if the problem persists.
 - If you can open a different web page, it is likely that the original website is experiencing problems, and the problem is not related to your Centro.
 - If the problem persists on a different web page, you may have a problem with your connection to your network operator network.
- 3 To be sure there is not a problem with your connection to your network provider, press and hold **Power/End**  to turn off your phone. Then press and hold the same button to turn it back on again.
- 4 Try opening the web page again to see if it loads faster.

An image or map is too small on my screen

The web browser has two modes: Optimized and Wide Page. Optimized Mode resizes all images and page elements to fit into a single column on the Centro 690 screen. Switch to Wide Page Mode to see the full-size image (see [Viewing a web page](#)).



You may also be able to save the image on your Centro 690 or an expansion card and then view the image later on your computer.

A secure site refuses to permit a transaction

Some websites don't support certain browsers for transactions. Please contact the site's webmaster to make sure the site allows transactions using Blazer™ web browser from your Centro.

My Bluetooth DUN connection isn't working

Check all of the following:

- Press **Applications**  and select **Bluetooth** . Make sure the **Bluetooth** setting is set to **On**.
- You have already formed a partnership between your Centro 690 and your computer (see [Creating a partnership between your Centro and your computer](#)).
- The Bluetooth feature on your computer is turned on.
- Your Centro is within 30 feet of your computer.
- Confirm that no obstructions, including your body, are between your Centro and your computer.
- If the problem persists, create a new partnership with your computer (see [Creating a partnership between your Centro and your computer](#)).

TIP Bluetooth range is up to 30 feet in optimum environmental conditions. Performance and range may be affected by physical obstacles, radio interference from nearby electronic equipment, and other factors.

If the problem persists, try the following:

- Turn the **Bluetooth** setting to **Off** and then turn it back on again.
- Try moving your Centro closer to your computer. The effective range for a computer varies between manufacturers.
- Hold the Centro 690 as still as possible. Try supporting your picture-taking arm against your body or a stationary object (such as a wall).
- Keep the subject of the picture still. Exposure time is longer with lower light levels, so you may see a blur.

Camera

Here are some tips for taking good pictures with the built-in camera:

- Clean the camera's lens with a soft, lint-free cloth.
- Take pictures in bright lighting conditions. Low-light images may be grainy, due to the sensitivity of the camera.
- Hold the Centro 690 as still as possible. Try supporting your picture-taking arm against your body or a stationary object (such as a wall).
- Keep the subject of the picture still. Exposure time is longer with lower light levels, so you may see a blur.

- For best results, verify that you have the brightest light source coming from behind you, lighting the subject's face. Avoid taking indoor pictures with the subject in front of a window or light.
- Make sure the subject is at least 18 inches away from the camera to ensure good focus.

Remember that when you synchronize your Centro 690 with your computer, your camera images are stored in the My Pictures/Palm Photos folder on your hard drive (see [Viewing pictures and videos on your computer](#)).

Making room on your Centro

Keep in mind that your Centro 690 includes an expansion card slot, and that you can store applications and information on expansion cards (sold separately). However, you still need free memory on the Centro 690 itself to run applications from an expansion card. For more info on

using expansion cards, see [Using expansion cards](#).

If you store a large number of records or install many third-party applications, the internal memory on your Centro 690 may fill up. Here are some common ways to clear space:

- **Email:** Messages that have large attachments can quickly consume memory on your Centro. Delete messages with large attachments. If you have hundreds of messages with or without attachments, you may want to delete older messages to make room (see the *User Guide for the VersaMail Application* on your computer).
 - **Windows:** Start>Programs>Palm
 - **Mac:** Insert the Palm Installation CD and click the link to the *User Guide for the VersaMail Application* in the **Documentation** folder.
- **Pictures & Videos:** Large images take up a lot of memory. Move images to an expansion card or synchronize them to your computer, and then delete the images from your Centro (see [Viewing pictures and videos on your computer](#)).

- **Music:** Music files often consume a lot of memory. Move music files to an expansion card, or delete large files from your Centro.
- **Messaging:** Multimedia content can also consume a lot of memory. Move multimedia content to an expansion card, or delete large files from your Centro (see [Deleting messages](#)).
- **Internet:** If you set a large web browser cache, you may want to use the web browser's advanced Memory Management settings to clear all recent pages (see [Customizing your web browser settings](#)).
- **Third-party applications:** You can delete infrequently used applications (see [Removing applications](#)) or move them to an expansion card (see [Copying applications between an expansion card and your Centro](#)).

Third-party applications

Some third-party applications can cause conflicts on your Centro 690. For example, third-party applications that were not written with the Centro keyboard and 5-way navigator in mind may cause strange behavior or errors when using the keyboard and 5-way navigator in these applications. Third-party applications that modify wireless features may require extra troubleshooting.

If you recently installed an application and your device seems to be stuck, try the following:

- 1 Perform a soft reset (see [Performing a soft reset](#)).
- 2 If the problem persists, perform a system reset (see [Performing a system reset](#)).
- 3 Delete the most recently installed application from your Centro 690 (see [Removing applications](#)).

- 4 If the problem persists, perform another system reset.
- 5 If possible, synchronize your Centro 690 with your computer to back up your most recent info.
- 6 If you're unable to perform the preceding steps or the problem persists, locate your **Backup** subfolder on your computer and rename the folder (for example, BackupOld).

Windows: C:\Program Files\Palm*<device name>*

Mac: *<Mac hard drive>* : Applications
: Palm : Users : *<device name>*


NOTE Can't find a Palm folder in Program Files? Then look for a palmOne or Handspring folder instead. For more info, see [I can't find my user folder](#).

- 7 Perform a hard reset (see [Performing a hard reset](#)).
- 8 Sync to restore your info in Calendar, Contacts, Tasks, Memos, and Pictures & Videos.
- 9 If the problem is resolved, begin reinstalling your third-party applications one at a time by double-clicking a single

file in the original Backup subfolder that you renamed, and sync after each application you install.

- 10 If the problem recurs, delete the last application you installed and report the problem to its developer.

I can't exit a game or third-party application

Press **Option**  + **Applications**  to return to Applications View.



Getting more help

Contact the author or vendor of the third-party software if you require further assistance.

Error messages

Your Centro 690 is designed to minimize interruptions when a system error occurs. If your Centro 690 encounters a system error, it automatically resets itself and resumes functioning as normal. If possible, it even turns the phone back on if it was on before the error occurred.


Sometimes you might want to know more about an error. Your Centro 690 uses a special interface to show error messages in greater detail.

- 1 Press **Phone** .
- 2 Enter **#*377**, and then press **Send** .
- 3 Review the screen with details about the conditions that led up to the most recent automatic reset.
- 4 Select **OK**.

NOTE Third-party developers create their own error messages. If you do not understand an error message, please contact the developer of the application for help.

Terms

Alt (alternative)

A keyboard key. Enter a letter on the keyboard, and then press Alt  to access variations such as international characters and symbols.

Applications View

The screen on your Palm® Centro™ 690 smart device from which you can open all applications.

Auto-off interval

The time of inactivity that passes before the screen on your Centro 690 turns off. The wireless features on your Centro 690 are unaffected by this setting.

Beam

The process of sending or receiving an entry or application using the infrared (IR) port on your Centro.

Bluetooth® wireless technology

Technology that enables devices such as the Centro 690, mobile phones, and computers to connect wirelessly to each

other so that they can exchange information over short distances. For more info, visit www.bluetooth.com.

CSD (circuit-switched data)

A dial-up Internet connection. You pay for the connection time, not for how much information you transfer. Contrast with GPRS.

Device name

The name associated with your Centro 690 and with the info in your desktop software. The device name (sometimes called the *username*) distinguishes your Centro 690 from all other Palm OS® devices. When you first synchronize your Centro 690, you are asked to give it a device name. This name appears in the User list in Palm Desktop software. Every Palm OS device that is synchronized with the same computer must have a unique device name.

Dialog box

A set of options and command buttons that is enclosed by a border and that enables you to carry out a specific task.

EDGE (Enhanced Data rates for GSM Evolution)

An enhanced version of GPRS that delivers data speeds that are up to three times faster than standard GPRS connections. (Additional charges may apply.)

Favorite

A button that provides quick access to a phone number (speed-dial button) or commonly used application (such as Web or Messaging). You can define an unlimited number of favorite buttons in the Phone application.

GPRS (General Packet Radio Service)

A mobile Internet connectivity technology that allows persistent data connections. (Additional charges may apply.)

HotSync®

The technology that synchronizes your Centro and your computer with the simple press of a button.

HotSync manager

The computer application that manages the synchronization of your Centro with your computer.

Infrared (IR)

A way of transmitting information using light waves; this is called *beaming*. The IR port on your Centro enables you to transfer information to other IR devices within a short radius.

Lithium Ion (Li-Ion)

The rechargeable battery technology used in the Centro 690.

MMS

An enhanced form of messaging that enables you to send pictures, videos, animations, sounds, and ringtones almost instantly.

Option key

The keyboard key that enables you to access the alternative feature that is indicated above the letter on each key.

Palm® Desktop software

A PIM application for computers that helps you manage your personal information and keep your personal information synchronized with your Centro.

Palm® OS by ACCESS

The operating system of your Centro 690. Palm OS is known for its simplicity of use and for the large number of compatible third-party applications that can be added to your Centro 690.

Palm™ Quick Install

The component on your Windows computer that enables you to install Palm OS applications and other information on your Centro.

Partnership

Two Bluetooth devices—for example, your Centro 690 and a hands-free device—that can connect because each device finds the same passkey on the other device. Once you form a partnership with a device, you don't need to enter a passkey to connect with that device again. Partnership is also known as paired relationship, pairing, trusted device, and trusted pair on some devices.

Phone

The application on your Centro 690 that enables you to make and receive phone calls.

PIM (personal information manager)

A genre of software that includes applications such as Palm Desktop software, Microsoft Outlook, Lotus Notes, and ACT!. PIMs generally store contacts, schedules, tasks, and memos.

PIN (personal identification number)

The four-digit password assigned to your SIM card by your carrier. Turning on the PIN lock secures your wireless account. See also PUK.

PIN2 (personal identification number 2)

A code that protects certain network settings such as call barring or fixed dialing.

PUK (PIN unlock key)

A special extended password assigned to your SIM card. If you enter the wrong PIN more than three times, your SIM card is blocked and you must call your carrier for the PUK.

Quick key

A letter that you can press and hold to activate a favorite from any tab in the Phone app. For example, create a speed-dial button for your mother's number and enter the letter **M** for "Mom" as the

- Quick Key. Then when you want to call her, go to the Phone app and press and hold M.
- Your Centro 690 dials the number.

SIM (Subscriber Identity Module) card

- The smartcard, inserted in your Centro 690, that contains your mobile account information, such as your phone number and the services to which you subscribe. Phonebook entries and SMS messages can also be stored on the SIM card.

Slide

A collection of text, pictures, videos, and sounds that are grouped together within a multimedia message created in the Messaging application. During playback, all the items within a particular slide appear on the same screen. If a multimedia message contains multiple slides, each slide can be viewed separately during playback.

SMS

The service that exchanges short text messages almost instantly. Text messages are typically sent to a mobile phone number, rather than to an email address (although this too is possible). These messages can usually include up to 160 characters; messages with more than 160 characters are automatically split into several messages. You can send and receive SMS messages while you are on a voice call.

Streaming

Technology that enables you to access media content—for example, watch video or listen to an audio program—directly from the Internet on your Centro 690 without needing to download a file to save on your Centro 690.

User folder

The folder on your computer that contains the information you enter in Palm Desktop software and the information you enter on your Centro 690 and synchronize with Palm Desktop software.

Important Safety Information

FCC Notice

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not expressly approved by Palm could void the user's authority to operate this equipment.

The following statement is normally required to be on the FCCID label. If the device is too small, the statement must be included in the user manual.

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions:

- This device may not cause harmful interference, and
- This device must accept any interferences received, including interference that may cause undesired operation.

This guide contains important operational and safety information to help you safely use your Palm® Centro™ 690.

Failure to read and follow the information provided in this guide may result in serious bodily injury, death, or property damage.

General Precautions

There are several simple guidelines to operating your Centro 690 properly and maintaining safe, satisfactory service.

- Speak directly into the microphone.
- Avoid exposing your Centro 690 and accessories to rain or liquid spills. If your Centro 690 does get wet, immediately turn the power off and remove the battery.
- Although your Centro 690 is quite sturdy, it is a complex piece of equipment and can be broken. Avoid dropping, hitting, or bending it, or sitting on it.
- Any changes or modifications to your Centro 690 not expressly approved in this document could void your warranty for this equipment and void your authority to operate this equipment.

Maintaining Safe Use of and Access to Your Centro 690

Do Not Rely on Your Centro 690's Phone for Emergency Calls

Wireless phones such as the one on your Centro operate using radio signals, which cannot guarantee connection in all conditions.

Therefore you should never rely solely upon any wireless phone for essential communication (for example, medical emergencies).

Emergency calls may not be possible on all cellular networks or when certain network services and/or phone features are in use. Check with your local service provider for details.

Using Your Phone While Driving

Talking on your phone while driving (or operating the phone without a hands-free device) is prohibited in some jurisdictions. Laws vary as to specific restrictions. Remember that safety always comes first.

Following Safety Guidelines

To operate your Centro 690 safely and efficiently, always follow any special regulations in a given area. Turn your Centro 690's phone off in areas where use is forbidden or when it may cause interference or danger.

Using Your Centro 690's Phone Near Other Electronic Devices

Most modern electronic equipment is shielded from radiofrequency (RF) signals. However, RF signals from wireless phones may affect inadequately shielded electronic equipment.

RF signals may affect improperly installed or inadequately shielded electronic operating systems and/or entertainment systems in motor vehicles. Check with the manufacturer or their representative to determine if these systems are adequately shielded from external RF signals. Also check with the manufacturer regarding any equipment that has been added to your vehicle.

Consult the manufacturer of any personal medical devices, such as pacemakers and hearing aids, to determine if they are adequately shielded from external RF signals.

NOTE Always turn off the phone in health care facilities and request permission before using the phone near medical equipment.

Turning Off Your Phone Before Flying

NOTE Turn off your phone before boarding any aircraft. To prevent possible interference with aircraft systems, the U.S. Federal Aviation Administration (FAA) regulations require you to have permission from a crew member to use your phone while the plane is on the ground. To prevent any risk of interference, FCC regulations prohibit using your phone while the plane is in the air.

Turning Off Your Phone in Dangerous Areas

To avoid interfering with blasting operations, turn your phone off when in a blasting area or in other areas with signs indicating two-way radios should be turned off. Construction crews often use remote-control RF devices to set off explosives.

Turn your phone off when you're in any area that has a potentially explosive atmosphere. Although it's rare, your phone and accessories could generate sparks. Sparks can cause an explosion or fire, resulting in bodily injury or even death. These areas are often, but not always, clearly marked. They include:

- Fueling areas such as gas stations.
- Below deck on boats.
- Fuel or chemical transfer or storage facilities.
- Areas where the air contains chemicals or particles such as grain, dust, or metal powders.
- Any other area where you would normally be advised to turn off your vehicle's engine.

NOTE Never transport or store flammable gas, flammable liquid, or explosives in the compartment of your vehicle that contains your phone or accessories.

Restricting Children's Access to Your Centro 690

Your Centro is not a toy. Do not allow children to play with it as they could hurt themselves and others, damage the Centro 690 and/or its phone, or make calls that increase your monthly bill.

Using Your Phone With a Hearing Aid Device

Your Palm[®] Centro[™] 690 smart device by Palm is compliant with the FCC Hearing Aid Compatibility (HAC) requirements. For additional HAC information, including the HAC rating of this product, please refer to www.palm.com/CentroHAC.

Your Centro 690 has been tested for hearing aid device compatibility. When some wireless phones are used near some hearing devices (hearing aids and cochlear implants), users may detect a buzzing, humming, or whining noise. Some hearing devices are more immune than others to this interference noise, and phones also vary in the amount of interference they generate.

The wireless telephone industry has developed ratings for some of their mobile phones, to assist hearing-device users in finding phones that may be compatible with their hearing devices. Not all phones have been rated. Phones that have been rated have a label on the box. **Your Centro 690 phone has an M4 and T4 rating.**

These ratings are not guarantees. Results will vary, depending on the level of immunity of your hearing device and the degree of your hearing loss. If your hearing device happens to be vulnerable to interference, you may not be able to use a rated phone successfully. Trying out the phone with your hearing device is the best way to evaluate it for your personal needs.

M-Ratings: Phones rated M3 or M4 meet FCC requirements and are likely to generate less interference with hearing devices than phones that are not labeled. M4 is the better/higher of the two ratings.

T-Ratings: Phones rated T3 or T4 meet FCC requirements and are likely to be more usable with a hearing device's telecoil ("T Switch" or "Telephone Switch") than unrated phones. T4 is the better/higher of the two ratings. (Note that not all hearing devices contain telecoils.)

The more immune your hearing aid device is, the less likely you are to experience interference noise from your wireless phone. Hearing aid devices should have ratings similar to those of phones. Ask your hearing health-care professional for the rating of your hearing aid. Add the rating of your hearing aid and your phone to determine probable usability:

- Any combined rating equal to or greater than six offers best use.
- Any combined rating equal to five is considered normal use.
- Any combined rating equal to four is considered usable.

Thus, if you pair an M3 hearing aid with an M3 phone, you will have a combined rating of six for "best use." This is synonymous for T ratings.

Palm further suggests that you experiment with multiple phones (even those not labeled M3/T3 or M4/T4) while in the store to find the one that works best with your hearing aid device. If you experience interference or find the quality of service unsatisfactory after

purchasing your device, promptly return it to the store within 30 days of purchase. With the Palm 30-day Risk-Free Guarantee, you may return the device within 30 days of purchase for a full refund, and you will only be responsible for charges based on your actual usage.

Getting the Best Hearing Device Experience With Your Centro 690

To further minimize interference:

There is usually less interference on the microphone setting than on the telecoil setting.

Set the phone's screen and keyboard backlight settings to ensure the minimum time interval.



Move the phone around to find the point with the least interference.

If your hearing aid is equipped with a telecoil, turn on the HAC setting on your Centro 690.

Turning on the HAC Setting

When the HAC setting is on, your Centro 690 sends the audio from your phone calls to the telecoil rather than to the microphone of your hearing aid. You are likely to hear calls much better because volume is increased and background noise and feedback are diminished. The HAC setting improves only the calls you listen to through the earpiece. Turn off BT. It does not affect calls heard on the speakerphone or with a car kit or headset. HAC requires extra battery power, so watch your battery consumption when it's turned on.

CAUTION Do not turn on the HAC setting unless you use a hearing aid with a telecoil. Using this setting without a hearing aid or with a hearing aid without a telecoil may be harmful to your hearing.

- 1 Make sure your phone is turned on (see "Turning Your Device's Phone On and Off" on page 55).
- 2 Press **Phone** .
- 3 Press **Menu** .
- 4 Select **Options** and then select **Phone Preferences**.
- 5 Check the **Hearing Aid Compatibility** box.
- 6 Select **OK**.

Caring for the Battery

Protecting Your Battery

NOTE The guidelines listed below help you get the most out of your battery's performance.

- Recently there have been some public reports of wireless phone batteries overheating, catching fire, or exploding. It appears that many, if not all, of these reports involve counterfeit or inexpensive, aftermarket-brand batteries with unknown or questionable manufacturing standards. Palm is not aware of similar problems with Centros resulting from the proper use of batteries and accessories approved by Palm or the manufacturer of your phone. Use only Palm or manufacturer-approved batteries and accessories found at Palm Stores or through your Centro 690's manufacturer, or call 1-866-343-1114 to order. They're also available at www.Palm.com—click **Accessories** under the **Shop & Browse** menu. Buying the right batteries and accessories is the best way to ensure they're genuine and safe.
- In order to avoid damage, charge the battery only in temperatures that range from 32° F to 113° F (0° C to 45° C).
- Don't use the battery charger in direct sunlight or in high humidity areas, such as the bathroom.
- Never dispose of the battery by incineration.
- Keep the metal contacts on top of the battery clean.
- Don't attempt to disassemble or short-circuit the battery.
- The battery may need recharging if it has not been used for a long period of time.
- It's best to replace the battery when it no longer provides acceptable performance. It can be recharged hundreds of times before it needs replacing.
- Don't store the battery in high temperature areas for long periods of time. It's best to follow these storage rules:
 - Less than one month: -4° F to 140° F (-20° C to 60° C)
 - More than one month: -4° F to 113° F (-20° C to 45° C)

Battery Safety Information

- Do not disassemble or open, crush, bend or deform, puncture or shred.
- Do not modify or remanufacture, attempt to insert foreign objects into the battery, immerse or expose to water or other liquids, expose to fire, explosion or other hazard.
- Only use the battery for the system for which it is specified.
- Only use the battery with a charging system that has been qualified with the system per this standard. Use of an unqualified battery or charger may present a risk of fire, explosion, leakage, or other hazard.
- Do not short circuit a battery or allow metallic conductive objects to contact battery terminals.
- Replace the battery only with another battery that has been qualified with the system per this standard, IEEE-Std-1725-200x. Use of an unqualified battery may present a risk of fire, explosion, leakage or other hazard.
- Promptly dispose of used batteries in accordance with local regulations.
- Battery usage by children should be supervised.
- Avoid dropping the phone or battery. If the phone or battery is dropped, especially on a hard surface, and the user suspects damage, take it to a service center for inspection.
- Improper battery use may result in a fire, explosion or other hazard.

Disposal of Lithium-Ion (Li-Ion) Batteries

Do not handle a damaged or leaking li-ion battery as you can be burned.

For safe disposal options of your li-ion batteries, contact your nearest Palm authorized service center.

Special Note: Be sure to dispose of your battery properly. In some areas, the disposal of batteries in household or business trash may be prohibited.

Radiofrequency (RF) Energy

Understanding How Your Phone Operates

Your phone is basically a radio transmitter and receiver. When it's turned on, it receives and transmits radiofrequency (RF) signals. When you use your phone, the system handling your call controls the power level. This power can range from 0.006 watts to 0.2 watts in digital mode.

Knowing Radiofrequency Safety

NOTE The design of your Centro 690 complies with updated NCRP standards described below.

NOTE In 1991-92, the Institute of Electrical and Electronics Engineers (IEEE) and the American National Standards Institute (ANSI) joined in updating ANSI's 1982 standard for safety levels with respect to human exposure to RF signals. More than 120 scientists, engineers and physicians from universities, government health agencies and industries developed this updated standard after reviewing the available body of research. In 1993, the Federal Communications Commission (FCC) adopted this updated standard in a regulation. In August 1996, the FCC adopted hybrid standard consisting of the existing ANSI/IEEE standard and the guidelines published by the National Council of Radiation Protection and Measurements (NCRP).

Body-Worn Operation

NOTE To maintain compliance with FCC RF exposure guidelines, if you wear a headset on your body, use the Palm-supplied or -approved carrying case, holster, or other body-worn accessory. Use of non-Palm-approved accessories may violate FCC RF exposure guidelines. Be sure to use an accessory that contains NO metal (snaps, clips, etc) and provides AT LEAST 1.5 cm of separation between the users body and the unit.

NOTE For more information about RF exposure, visit the FCC Web site at www.fcc.gov.

Specific Absorption Rate (SAR) for Wireless Phones

The SAR is a value that corresponds to the relative amount of RF energy absorbed in the head of a user of a wireless handset.

The SAR value of a phone is the result of an extensive testing, measuring, and calculation process. It does not represent how much RF the phone emits. All phone models are tested at their highest value in strict laboratory settings. But when in operation, the SAR of a phone can be substantially less than the level reported to the FCC. This is because of a variety of factors including its proximity to a base station antenna, phone design, and other factors. What is important to remember is that each phone meets strict federal guidelines. Variations in SARs do not represent a variation in safety.

All phones must meet the federal standard, which incorporates a substantial margin of safety. As stated above, variations in SAR values between different model phones do not mean variations in safety. SAR values at or below the federal standard of 1.6 W/kg are considered safe for use by the public.

The highest reported (FCC) SAR values of the Centro 690 are:

Maximum SAR Values	CDMA Cellular	CDMA PCS
Held to Ear	1.09 (W/1Kg)	1.35 (W/1Kg)
Body-Worn	0.804 (W/1Kg)	1.1 (W/1Kg)
Head	850: 1.09 (mW/g)	1900: 1.35 (W/g)
Body	850: 0.817 mW/g	1900: 0.423 (mW/g)

FCC Radiofrequency Emission

This phone meets the FCC Radiofrequency Emission Guidelines and is certified with the FCC as:

FCC ID # 08F-747

IC ID # 3905A-747

More information on the phone's SAR can be found from the following FCC Web site:
<https://gulfoss2.fcc.gov/prod/oet/ct/eas/reports/GenericSearch.cfm>.

- Static Electricity, ESD, and Your Centro 690

Electrostatic discharge (ESD) can cause damage to electronic devices if discharged into the device, so you should take steps to avoid such an occurrence.

Description of ESD

Static electricity is an electrical charge caused by the buildup of excess electrons on the surface of a material. To most people, static electricity and ESD are nothing more than annoyances. For example, after walking over a carpet while scuffing your feet, building up electrons on your body, you may get a shock—the discharge event—when you touch a metal doorknob. This little shock discharges the built-up static electricity.

ESD-Susceptible Equipment

Even a small amount of ESD can harm circuitry, so when working with electronic devices, take measures to help protect your electronic devices, including your Palm® Centro 690, from ESD harm. While Palm has built protections against ESD into its products, ESD unfortunately exists and, unless neutralized, could build up to levels that could harm your equipment. Any electronic device that contains an external entry point for plugging in anything from cables to docking stations is susceptible to entry of ESD. Devices that you carry with you, such as your Centro 690, build up ESD in a unique way because the static electricity that may have built up on your body is automatically passed to the device. Then, when the device is connected to another device such as a docking station, a discharge event can occur.

Precautions Against ESD

Make sure to discharge any built-up static electricity from yourself and your electronic devices *before* touching an electronic device or connecting one device to another. The recommendation from Palm is that you take this precaution before connecting your Centro 690 to your computer, placing the Centro 690 in a cradle, or connecting it to any other device. You can do this in many ways, including the following:

- Ground yourself when you're holding your mobile device by simultaneously touching a metal surface that is at earth ground. For example, if your computer has a metal case and is plugged into a standard three-prong grounded outlet, touching the case should discharge the ESD on your body.

- Increase the relative humidity of your environment.
- Install ESD-specific prevention items, such as grounding mats.

Conditions That Enhance ESD Occurrences

Conditions that can contribute to the buildup of static electricity in the environment include the following:

- Low relative humidity.
- Material type (The type of material gathering the charge. For example, synthetics are more prone to static buildup than natural fibers like cotton.)
- The rapidity with which you touch, connect, or disconnect electronic devices.

While you should always take appropriate precautions to discharge static electricity, if you are in an environment where you notice ESD events, you may want to take extra precautions to protect your electronic equipment against ESD.

Owner's Record

The model number, regulatory number, and serial number are located on a nameplate inside the battery compartment. Record the serial number in the space provided below. This will be helpful if you need to contact us about your phone in the future.

Model: Palm® Centro™ 690

Serial No.:

User's Guide Proprietary Notice

CDMA Technology is licensed by QUALCOMM Incorporated under one or more of the following patents:

4,901,307 5,109,390 5,267,262 5,416,797
5,506,865 5,544,196 5,657,420 5,101,501
5,267,261 5,414,796 5,504,773 5,535,239
5,600,754 5,778,338 5,228,054 5,337,338
5,710,784 5,056,109 5,568,483 5,659,569
5,490,165 5,511,073

Specifications

Radio	<ul style="list-style-type: none">• CDMA 1900/800 MHz digital dual-band EVDO and 1xRTT	
Phone features	<ul style="list-style-type: none">• Personal speakerphone• Hands-free headset jack (2.5mm, 3-barrel connector)	<ul style="list-style-type: none">• Microphone mute option• TTY/TDD compatibility• 3-way calling
Processor technology	Intel XScale™ processor, 312MHz	
Expansion	microSD card slot	
Battery	<ul style="list-style-type: none">• Rechargeable Lithium-ion• Removable for replacement	<ul style="list-style-type: none">• 3.5 hours full charge time
Palm OS® by ACCESS version	Palm OS 5.4.9	
Camera	<ul style="list-style-type: none">• Still image capture resolution (1280 x 1024), 1.3 megapixel• 2x digital zoom• Video capture resolution (352 x 288)• Automatic light balance	
Size/weight	<ul style="list-style-type: none">• 4.21" x 2.11" x 0.73" (107 mm x 53.6 mm x 18.6 mm)• 4.41 ounces (125 g)	

Connectivity	<ul style="list-style-type: none"> • Bluetooth® wireless technology (1.2 compliant) 	<ul style="list-style-type: none"> • IR
Display	<ul style="list-style-type: none"> • Touch-sensitive LCD screen (includes stylus) • 65,536 colors (16-bit color) • User-adjustable brightness 	
Keyboard	<ul style="list-style-type: none"> • Built-in QWERTY keyboard plus 5-way navigator • Backlight for low lighting conditions 	
Included software	<ul style="list-style-type: none"> • Calculator (basic/advanced) • Calendar • Camcorder • Camera • Contacts • Documents To Go® • Google Maps • IM (instant messaging) • Memos • On Demand 	<ul style="list-style-type: none"> • Palm® Desktop software/HotSync® manager • Phone (includes Palm OS Favorites and Dial Pad) • Pics&Videos • Pocket Tunes™ (music) • SMS (text messages) • Tasks • VersaMail® (email) • Voice Memo • Web browser (Internet) • World Clock
System requirements	<ul style="list-style-type: none"> • Windows 2000, XP Service Pack 2, or Windows Media Center Edition 2005 with USB port • Mac OS 10.2–10.3.x with USB port • Later versions may also be supported 	

Operating and storage
temperature range

- 32°F to 104°F
(0°C to 40°C)

- 5% to 90% Relative
Humidity (RH)

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