

8<sup>TH</sup> ANNUAL

FEBRUARY 1-3, 2018

# ORTHOPAEDIC TRAUMA & FRACTURE CARE: PUSHING THE ENVELOPE

CORONADO ISLAND MARRIOTT  
CORONADO, CALIFORNIA



## KEYNOTE SPEAKER:

**DONALD A. WISS, MD**  
Director of Orthopedic Trauma  
Cedars-Sinai Medical Center  
Los Angeles, CA



## COURSE DIRECTOR:

**JEFFREY M. SMITH, MD, FACS, CPC**  
Orthopaedic Traumatologist  
Consultant, Surgical Practice Specialist  
San Diego, CA



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# COURSE DESCRIPTION & REGISTRATION

**T**HIS COURSE is designed to educate healthcare professionals on existing core principles in orthopaedic trauma and fracture care, explore emerging techniques and technologies, and challenge outdated dogma. Nationally renowned leaders in orthopaedic trauma will provide instruction during hands-on workshops, lead interactive discussions and debates, and share their experiences with the latest methods and most challenging cases.

**TARGET AUDIENCE** Orthopaedic surgeons, physician assistants, surgical technologists, nurses and other healthcare professionals whose scope of practice includes trauma and fracture care.

## OBJECTIVES

Upon completion of this course, attendees should be able to:

- **Know** several emerging techniques in trauma and fracture care with discussion of where they stand relative to evidence-based medicine and standard of care
- **Discuss** the advantages and disadvantages of surgical treatment options for fractures of the extremities and pelvis
- **Recognize** the benefits and limitations of operative dogma and evidence-based medicine as it pertains to trauma and fracture care
- **Learn** useful fracture repair techniques even those not yet in the textbooks

- **Debate and understand** controversies in trauma and fracture care
- **Apply** emerging strategies for surgeon challenges and surgeon wellness

## ACCREDITATION

**Physicians** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Foundation for Orthopaedic Research & Education (FORE) and United Orthopaedics. FORE is accredited by the ACCME to provide continuing medical education for physicians.

FORE designates this live activity for a

maximum of 19 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Physician Assistants** This program is not yet approved for CME credit. Conference organizers plan to request AAPA Category 1 CME credits from the AAPA Review Panel. The total number of approved credits is yet to be determined. Please check the course website for updates.

**Nurses** For the purpose of recertification, the American Nurses Credentialing Center (ANCC) accepts AMA PRA Credits™ issued by organizations accredited by the ACCME.

**Physical Therapists** This program is not yet approved for CEUs. Conference organizers plan to request CEU credits from the California Board. The total number of approved credits is yet to be determined. Please check the course website for updates.

**REGISTER ONLINE** at [www.foreonline.org](http://www.foreonline.org) or by calling (813) 877-8096

### Type of Credit Requested

Type of Credit Requested	On or Before 1/1/18	After 1/1/18
Physicians (full course)	\$500	\$600
Fellows and Other Healthcare Professionals	\$250	\$350
Industry Professionals	\$500	\$600
Residents		
Thursday evening only	\$100	\$150

Please call to register

### Refund Policy

Cancellation notification must be in writing [[email cme@foreonline.org](mailto:cme@foreonline.org)] and received by the close of business on January 1, 2018. A cancellation fee of \$50 will be assessed. Those who cancel after January 1, 2018 will not receive a refund. No-shows will not receive a refund. FORE reserves the right to cancel this program due to unforeseen circumstances, in which case a full refund of registration fees will be given

to registered paid participants. FORE will not be responsible for travel expenses incurred by the participant in the unlikely event that the program is cancelled.

### Accommodations for Disabilities

Please notify the Continuing Medical Education Office, 4115 W. Spruce St., Tampa, FL 33607 or call 813-877-8096 a minimum of ten working

days in advance of the event if a reasonable accommodation for a disability is needed. Events, activities and facilities of the Foundation for Orthopaedic Research and Education are available without regard to race, color, sex, national origin, disability, age, or veteran status, as provided by the law and in accordance with FORE's respect for personal dignity.

# FACULTY

## COURSE DIRECTOR

**JEFFREY M. SMITH, MD, FACS, CPC**  
Orthopaedic Traumatologist  
Director, San Diego Orthopaedic  
Trauma Fellowship  
San Diego, CA

## INVITED FACULTY

**ROBERT AFRA, MD**  
Encinitas, CA

**OKE ANAKWENZE, MD**  
San Diego, CA

**KANDICE BEENKEN, DO**  
San Diego, CA

**MAUREEN BENETTI, NP**  
San Diego, CA

**EMILY BENSON, MD**  
Ventura, CA

**DANIEL COLL, MHS, PA-C**  
Truckee, CA

**SHAWN COLL, DO, FACOG**  
Truckee, CA

**DAVID DALSTROM, MD**  
La Jolla, CA

**THOMAS GROGAN, MD**  
Los Angeles, CA

**RANJAN GUPTA, MD**  
Irvine, CA

**DAMAYEA HARGETT, MD**  
Macon, GA

**MARK JO, MD**  
Pasadena, CA

**JACKSON LEE, MD**  
Los Angeles, CA

**ROSS LEIGHTON, MD**  
Halifax, Nova Scotia, Canada

**JOSEPH MAHON, PT, DPT**  
San Diego, CA

**AMIR MATITYAHU, MD**  
San Francisco, CA

**CHARLES MOON, MD**  
Los Angeles, CA

**GIL ORTEGA, MD**  
Scottsdale, AZ

**ALEXANDRA PAGE, MD**  
San Diego, CA

**KAMSHAD RAISZADEH, MD**  
San Diego, CA

**ANTHONY RHORER, MD**  
Scottsdale, AZ

**DOUGLAS J. ROGER, MD, JD**  
Palm Springs, CA

**JEFFREY SEIP, MD**  
Yucca Valley, CA

**JOEL SMITH, MD**  
San Diego, CA

**BRIAN SOLBERG, MD**  
Los Angeles, CA

**PHILIP STAHEL, MD, FACS**  
Denver, CO

**JOHN T. STEELE, MD, FACS**  
Escondido, CA

**TODD SWENNING, MD**  
Palm Springs, CA

**PAYAM TABRIZI, MD**  
San Jose, CA

**HARMEETH UPPAL, MD**  
Anaheim, CA

**DONALD A. WISS, MD**  
Los Angeles, CA

**BRUCE ZIRAN, MD**  
Lawrenceville, GA

## ACCOMMODATIONS

### CORONADO ISLAND MARRIOTT RESORT & SPA

2000 2nd St, Coronado, CA 92118  
(619) 435-3000

A small block of rooms has been reserved. Group rate is \$239 per night, plus applicable taxes and fees. Please mention "Orthopaedic Trauma & Fracture Care: Pushing the Envelope" when making reservations. The reservation cut-off date is January 10, 2018.



# AGENDA

(Agenda is subject to change.)

## THURSDAY, FEBRUARY 1, 2018

3:00 – 4:30 pm Registration

Activity Breakout: 4:30 – 5:00 pm Meditation

### Session I: Surgeon Challenges – Fireside with Pizza, Beer, & Wine

5:00 pm – 5:30 pm Registration

5:30 pm Case Challenges: Cross Service Conflicts

6:00 pm Panel Discussion: Steps to Improve Cross Service Collaboration

6:30 pm The Hospital's Emergency Is Not Necessarily MY Emergency

7:00 pm Too Old to Operate? Taking Privileges Away

7:30 pm Current State of Healthcare Reform 2018

8:00 pm Panel Discussion: Steps to Improve Healthcare Delivery & Value

8:30 pm How to Write & Publish a Book

9:30 pm Adjourn



## FRIDAY, FEBRUARY 2, 2018

### Session II: Emerging Techniques and Materials

7:30 am Biologics for Trauma & Fracture Care

7:45 am Retrograde Nailing of Tibial Fractures

8:00 am Panel Discussion & Interactive Audience Q/A

8:10 am Angle Adjusted Intertrochanteric Nailing

8:25 am Use of Carbon Fiber in Fracture Care

8:40 am Panel Discussion & Interactive Audience Q/A

### Session III: Difficult Intra-Operative Decisions

8:50 am Management of Distal Clavicle Fractures: ORIF vs CC Reconstruction

9:05 am Bone Preservation in Open Fractures

9:20 am Panel Discussion & Interactive Audience Q/A

9:30 am When & How to Fix the Syndesmosis

9:45 am Knee Preservation Surgery

10:00 am Panel Discussion & Interactive Audience Q/A

10:15 am Coffee Break with Exhibitors

Activity Breakout: 6:00 – 7:00 am Yoga

### Breakout: Technique Labs

10:45 pm Workshop Session 1

11:15 pm Workshop Session 2

11:45 pm Workshop Session 3

### 12:15 pm Lunch

### Session IV: Improving Communication & Perception

1:00 pm Common Communication Errors Between Surgeon, Patient, & Therapist

1:15 pm Stay Out of Jail: How to Maintain Compliance While Running Multiple Operating Rooms

1:30 pm Panel Discussion & Interactive Audience Q/A

1:40 pm Patient Satisfaction in Surgery: The Holy Grail or Fool's Gold?

2:00 pm Disclosing Errors: A Team Approach

2:20 pm Panel Discussion & Interactive Audience Q/A

2:25 pm Transition to PT, APP, & MD/DO

Concurrent Breakout Sessions

2:30 – 5:00 pm CONCURRENT BREAKOUT SESSIONS V-A, V-B, and V-C

### SESSION V-A:

#### MD/DO Breakout:

#### Lowering Risk

2:30 pm Medicolegal Issues: Things You Need to Know

2:50 pm Panel Discussion: Medicolegal Issues: Off-Label Use & Consent

3:20 pm Interactive Audience Q/A

3:30 pm Coffee Break with Exhibitors

4:00 pm Case Presentations A. Simple Cases B. Complex Cases

5:00 pm Adjourn

### SESSION V-B:

#### PT / Rehab Breakout

2:30 pm Hip Rehab After Trauma

3:00 pm Shoulder Rehab After Trauma

3:30 pm Coffee Break with Exhibitors

4:00 pm Knee Rehab After Trauma

4:30 pm Rehab After Total Joint Arthroplasty

### SESSION V-C:

#### Advanced Practice Professionals

#### Breakout: Efficiencies from ER to Discharge

2:30 pm Pelvic & Acetabular Fractures

3:00 pm Pectrochanteric & Intertrochanteric Fractures

3:30 pm Coffee Break with Exhibitors

4:00 pm Proximal Humerus Fractures

4:30 pm Distal Humerus Fractures

Activity Breakout: 5:15 – 6:15 pm Fitness Training

6:30 – 8:30 pm Conference Reception

## SATURDAY, FEBRUARY 3, 2018

6:30 am Registration & Coffee with Exhibitors

### Session VI: How About Your Vast Experience?

- 7:30 am Expanding Role of Reverse Shoulder Arthroplasty Post-Trauma
- 7:45 am ORIF of Displaced Femoral Neck Fractures
- 8:00 am Panel Discussion & Interactive Audience Q/A
- 8:15 am Non-Unions
- 8:30 am Frequent Misunderstandings about Common Ankle Fractures
- 8:45 am Panel Discussion & Interactive Audience Q/A

### Session VII: When You Need Another Expert

- 8:55 am Panel Discussion: The Upper Extremity Specialist – The Wrist, the Elbow, & the Nerves
- 9:25 am Interactive Audience Q/A with Panel
- 9:40 am Panel Discussion: The Pelvis Specialist – Total Hip Arthroplasty for Acetabular Fractures
- 10:05 am Interactive Audience Q/A with Panel
- 10:15 am Coffee Break with Exhibitors
- 10:40 am Transition to PT, APP, & MD/DO Concurrent Breakout Sessions

**Activity Breakout:**  
6:00 – 7:00 am 5K Run/Walk

### 10:45 – 12:15 pm CONCURRENT BREAKOUT SESSIONS VII-A, VII-B, and VII-C

#### SESSION VII-A:

##### MD/DO Breakout:

##### Technique Labs

- 10:45 am Workshop Session 1
- 11:15 am Workshop Session 2
- 11:45 am Workshop Session 3

12:15 pm Lunch

#### SESSION VII-B:

##### PT / Rehab Breakout

- 10:45 am Upper Extremity Rehab after Trauma
- 11:15 am Foot & Ankle Rehab after Trauma
- 11:45 am Rehab after Head Trauma

#### SESSION VII-C:

##### Advanced Practice Professionals

##### Breakout: Efficiencies from ER to Discharge

- 10:45 am Distal Femur Fractures
- 11:15 am Tibial Plateau Fractures
- 11:45 am Vitamin D in Orthopaedic Trauma

### Session VIII: Creating Efficiency, Value, & Purpose

- 1:00 pm Advanced Practice Providers: Do's & Don'ts
- 1:15 pm Panel Discussion: Effective Strategies to Use PAs, NPs or Other APPs
- 1:55 pm Direct Access to Physical Therapy
- 2:10 pm Re-Engineering Orthopaedic Access after Injury: A Novel Approach
- 2:25 pm Panel Discussion & Interactive Audience Q/A



**2:35 pm KEYNOTE SPEAKER: "How Does Your Life Create Meaning?" Donald A. Wiss, MD**

3:00 pm Coffee Break with Exhibitors

### Session IX: Creating Efficiency, Value, & Purpose (Part 2)

- 3:30 pm How & Why Scribes Create Value
- 3:45 pm How to Create Efficiency with Outpatient Surgery
- 4:00 pm Panel Discussion & Interactive Audience Q/A
- 4:05 pm Pay Me Now: A Pre-Payment Practice Model
- 4:20 pm Creating Separate Entities for Trauma Care
- 4:45 pm Panel Discussion & Interactive Audience Q/A

5:00 pm Meeting Adjourn

**Activity Breakout: 5:15 – 6:15 pm Yoga**

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