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### Overview

- ✓ History of Advanced Center for Surgery in Altoona, PA
- ✓ Establishing a Same Day Joint protocol
  - Getting Started
  - Aligning Goals across care teams
  - Preparing and Implementing protocols
- ✓ Care Pathway Assessments
  - Anesthesiologist
  - Home Health Services
- ✓ Surgery featuring VISIONAIRE and JOURNEY II BCS
  - Patient arrival
  - Intraoperative care
  - Patient discharge
- ✓ Patient Testimonial
- ✓ Panel of experts
  - CRNA: Dave Berkheimer
  - Home Health Care Services: Amy Hancock and Sheena Henry
  - Reimbursement expert, CEO UOC and Director of the ACS: Dave Davies

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### Disclosures

- Dr. Kenneth Cherry
  - Consultant, Smith & Nephew
- Dr. Christopher McClellan
  - Consultant, Smith & Nephew
  - Consultant, Corentec Inc.
  - Consultant, Pacira Pharmaceuticals
- Dave Davies, CRNA
  - Consultant, Bbraun Medical
  - Consultant, Kimberly Clark Pain Management

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### Advanced Center for Surgery

- ✓ **First TKA performed December 2012**
    - 126 TJA performed with measured outcomes
    - 55 THA and 71 TKA
  - ✓ **FREESTANDING SURGICAL CENTER**
    - 0.125 Stay – NOT 23hr program
    - Home in 3-4 hours from surgery
    - Highly advanced protocols
  - ✓ **Patient Demographics**
    - Age 22-72
    - BMI less than 50
    - 68 Female and 58 Male
    - ASA Classification 1 and 2 only
    - 1<sup>st</sup> Revision
  - ✓ **Discharge**
    - No OTHER option, all d/c straight home
    - Requires excellent communication between all providers
    - Care Pathway management
- This is "accountable care" at its highest level

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### Where to start?

- ✓ **Understand your Practice and Patient Demographics**
  - Referral Base
- ✓ **Assess team's clinical capabilities**
  - Surgical
  - Anesthesia
  - PT
- ✓ **Evaluate service line resources**
  - PT
  - Home Nursing
  - Home Pharmacy
- ✓ **Negotiate payer contracts in advance**
- ✓ **Understand costs and necessary resources**
  - Facilities
  - Instruments
  - Staffing
- ✓ **Implement a Joint Coordinator**
- ✓ **Identify Team Leaders**

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### Communication

- ✓ **Communication begins with the first office visit**
  - Patient Education
- ✓ **Cloud Based Care Pathway**
  - Multi-disciplinary contact
  - Direct and Rapid Electronic Communication
- ✓ **Open communication amongst all providers**
  - Vital to ensure safe and successful joint program
- ✓ **Care is protocol driven**
  - Changes in patient status, care or condition is communicated to all providers
  - Protocol changes are implemented at Joint Team Board level and communicated

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## Preparation

- ✔ Educate referral base of new improved patient options
- ✔ Educate office staff and care teams
  - Care Pathway and Implementation
  - Home Nursing
  - Physical Therapy
  - Home Pharmacy
- ✔ Educate surgical team
  - Anesthesia Protocol
  - Procedure
  - Care Pathway Implementation
- ✔ Train, Practice, Discuss!
  - Surgical Run Through
  - Equipment/Supplies
  - Pharmaceuticals
- ✔ Data collection
  - PI with Care Pathway Process in place

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## Implementation

- ✔ Office Visit
  - Patient Complaint- Pain/Arthritis/Avascular Necrosis
  - Alternatives to Total Joint Replacement have not aided patient complaints
  - Severity of Disease-Requires Surgical Intervention
- ✔ Patient
  - Surgical Candidate
  - Motivated
  - Wants to avoid inpatient stay
- ✔ Same Day Joint Replacement Candidate
  - Meets selection Criteria
- ✔ Patient Education
  - Identify and understand Home Care Needs
  - Patient Responsibilities
- ✔ Initiate Care Pathway through Joint Coordinator

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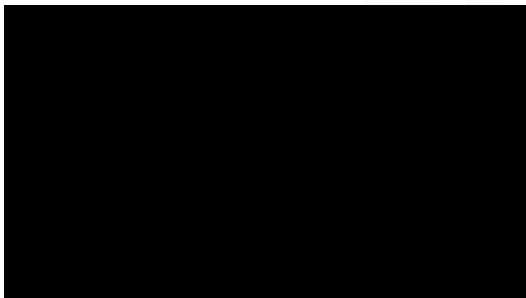
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## Patient Arrival




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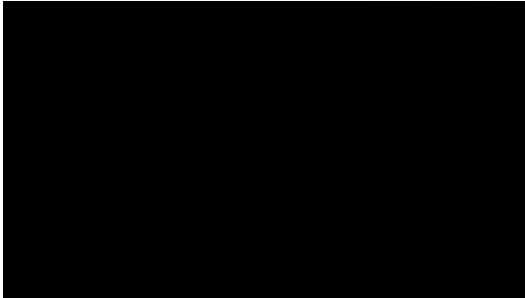
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### Anesthesia and It's role in Accelerated Recovery



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### Healing at Home



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### Reimbursement – Same Day TJR

- Payer Limitations**
  - Medicare Exclusions "Inpatient Only" procedure; ASC Covered procedures
  - Commercial payers dependent on Medicare coverage policies
- Licensing Restrictions**
  - Approved procedure exclusions of Total Joint Codes
- Participating Payers**
  - Highmark Blue Cross/Blue Shield
- ACS Facility Reimbursement**
  - Negotiated Fee for Service (Procedure Based) plus Cost carve outs for Implants
- Physician Reimbursement**
  - Incentive Based Fee for Service (Procedure based payment increases based on Episode Quality and Cost Performance)
- Under Development**
  - Retail Bundled Pricing



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### Surgery & Patient Post-Op



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### Contact Information

**Dr. Ken Cherry**  
[klc@uoc.com](mailto:klc@uoc.com)

**Dr. Chris McClellan**  
[cmcclellan@uoc.com](mailto:cmcclellan@uoc.com)

**Dave Berkeimer, CRNA**  
Co-founder Same Day Joints  
[Dave.berkeimer@samedayjoints.com](mailto:Dave.berkeimer@samedayjoints.com)

**Amy Hancock**  
CEO Advantage Home Health Services  
[ahancock@feeltheadvantage.com](mailto:ahancock@feeltheadvantage.com)

**Sheena Henry**  
Director of Nursing Advantage Home Health Services  
[shenry@feeltheadvantage.com](mailto:shenry@feeltheadvantage.com)

**Dave Davies**  
CEO of UOC and ASC  
[ddavies@uoc.com](mailto:ddavies@uoc.com)

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