

Instructions to Author for Submitting New Article

Please carefully read these instructions before submitting new article.

Medical Journal of Sakina Begum Institute (MJSI)

INFORMATION FOR AUTHORS

Authors will have to register on <http://www.mjsi.org.pk> to submit their manuscript.

Manuscripts submitted in Medical Journal of Sakina Begum Institute (MJSI) will be considered if neither the article nor any of its contents have been submitted/published in any other journal.

Undertaking: Authors must submit an undertaking signed by all the authors with paper submission. Form for the undertaking is available in author's dashboard.

Research and Publication Ethics: The authors must state approval of the project by 'Institutional Research & Ethical Board' and state any 'Conflict of Interest' in the manuscript or on a form.

Conflict of interest form can be downloaded from author's dashboard after paper submission.

Abstract: Abstract must not contain more than 300 words. Use of abbreviations should be minimized and references not to be quoted in the abstract. The abstract must be structured under the following headings:

Title

Authors names & Affiliation

Corresponding author detail

Background: It should explain the background of the study, a summary of the existing literature; give the importance or contribution of the study to existing knowledge, its aims and objectives.

Methods: How the study was performed and statistical tests used.

- **Results:** The main findings.
- **Conclusions:** It must be clearly stated in the end.
- **Keywords:** Three to ten keywords reflecting the main content of the article should be given at end of the abstract.

Original Article:

The original research article should be prepared under the following sections:

- ***Introduction:***

It should address background of the study and relevant existing literature with references, justify the importance of the study, how this study will contribute to the field and in the end clearly mention its aims and objectives.

- ***Material & Methods:***

The material and methods should include:

- Design, setting and sample size of the study.
- Characteristics of study population or description of materials used.
- Detail of all procedures and intervention. Generic names of the drug used in research should be used and mention the brand name in parentheses.
- Provide details of statistical analysis carried out for the study. Specify the level of significance used in statistical analysis.

- ***Results:***

Clearly state the findings of the study based on statistical analysis; subheadings may be used to describe the results.

- ***Tables and Illustrations / Figures:***

- Tables and figures must have a title, should be on separate page.
- Tables submitted as photographs will not be accepted.
- Photographs of patients if used, must be with written permission.
- All photographs should be very clear, sharp, glossy and of 5 x 7 inches in size.
- Results given in tables must not be duplicated in figures and vice versa.
- Figures and tables should be numbered according to the order in which they have been mentioned in the result section.
- Titles for figures/images/tables should be single spaced.

- ***Discussion***

There must be discussion of the important findings in perspective of existing knowledge with references. Limitations of the study if any must be mentioned at the end of discussion.

- ***Conclusions***

Clearly state the main conclusions and mention the importance of the study reported.

- ***Acknowledgements:***

- o All contributors must be mentioned in acknowledgements, such as a person who provided general support and material for the research. Financial support should also be acknowledged.
- o Persons who reviewed the study proposal critically, collected data and took care of the study patients.

- ***References***

- o References should be on a separate page.
- o The number of references in an Original Article must not be more than 30

- o The number of references in an Review Articles must not be more than 100
- o The references must be written in **Vancouver style**
- o References must be single-spaced.
- o If the authors are six or fewer list all authors, if more than six, list the first six followed by '*et al*'. Following are examples of reference citation:
- o **Journal Article:** Shahid A, Lone KP, Saeed S, Arslan M. Male offspring of both diabetic parents have higher insulin resistance and serum leptin levels compared to those with one diabetic parent. *Hormones(Athens)* 2008; **7**: 313–19.
- o **Article within a journal by DOI**
Slifka MK, Whitton JL. Clinical implications of dysregulated cytokine production. *Dig J Mol Med*. 2000; doi:10.1007/s801090000086.
- o **Article within a journal supplement**
Frumin AM, Nussbaum J, Esposito M. Functional asplenia: demonstration of splenic activity by bone marrow scan. *Blood* 1979;59 Suppl 1:26-32.
- o **Books:** Polit DF, Hungler BP. *Nursing research principles and methods*. 6th ed. Philadelphia: Lippincott Williams & Wilkins; 1999.
- o **Chapter in Book:** Buse JB, Polonsky KS, Burant CF. Type 2 diabetes mellitus. In: Larsen PR, Kronenberg HM, Melmed S, Polonsky KS (eds). *Williams Text Book of Endocrinology* 2003; pp 1427-1467. Saunders, Philadelphia, PA.
- o **Online database**
Healthwise Knowledgebase. US Pharmacopeia, Rockville. 1998. <http://www.healthwise.org>. Accessed 21 Sept 1998.

Case Report:

- Clinical experience, and short case reports may be submitted.
- It must contain five references and one table or illustration.
- The report must contain some new clinical experience or new information.
- Case report should be structured under the following headings:
 - o **Title**
 - o **Abstract** (Background, case presentation, conclusion, 3-10 keywords, it must not be more than 300 words).
 - o **Introduction:** It must contain summary of the existing literature.
 - o **Case presentation:** It must include detail of the patient's related demographic information, medical history, sign and symptoms, treatment given or any procedure done, outcomes and any other significant details.

o **Discussion, conclusion and References.**

Review Articles, Short Communication and Pictorial, Editorial, Letter to Editor, can also be submitted. All these must have brief abstracts not more than 300 words.

Review and Processing Protocol: An acknowledgment is sent on receipt of the manuscript. The manuscripts are checked by the editors and then sent for peer review. The reviewer's comments are then communicated to the corresponding author. After correction/revision by the authors, acceptance letter for accepted article is issued, and the article is placed in queue for printing.

Check List:

Manuscripts submitted must contain the following information:

- Approval of the project by 'Institutional Research & Ethical Board'.
- Conflict of Interest
- Consent to participate in the study
- Acknowledgments :

Email: mjsi@gmail.com