



FreeHand[®]
By Plantronics[®]

**NEED MORE HELP?
CALL US!**

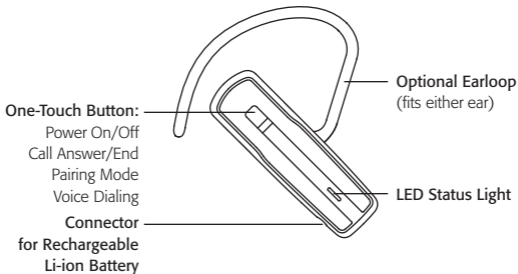
Instead of driving back to the store, call us for help on pairing, fit or usage of your new headset.

1-866-363-2583

User Guide

Package Contents and Features

△ Refer to separate Safety Guide before using headset.



AC Charger 100-240V

CHARGING TIME

2.5 hours..... Full charge

Red status light glows while charging. Do not use until fully charged.

NOTE Never charge the battery where the temperature may fall below 32°F (0°C) or rise above 104°F (40°C). Do not use your headset while it is connected to the charger.

What Is Bluetooth?

Bluetooth wireless technology provides a way for devices, like headsets and phones, to communicate with each other without wires. Pairing is the set-up process of introducing your headset to your phone. Before using your headset for the first time, you must pair it with your Bluetooth-enabled phone.

Plantronics QuickPair™ Technology

To simplify the Bluetooth setup process, your new headset uses Plantronics QuickPair technology. This process is shown on the next page.

- **The first time you turn your headset on**, your headset automatically enters pairing mode for 10 minutes.
- **Until you successfully pair your headset** with a Bluetooth-enabled phone, every time you turn it on it will enter pairing mode.
- **To later pair to a new phone**, with the headset off, press and hold the One-Touch Button until the LED flashes red-blue, which indicates pairing mode status .

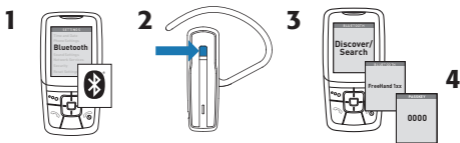
Range (the distance between headset and phone)

- To maintain the connection, keep your headset within 33 feet of your phone.
- For the least amount of interference place the headset and phone on the same side of your body.

If you move too far from your phone and lose the Bluetooth connection:

- the headset may reconnect automatically within 60 seconds when you move closer to your phone (you will hear a low tone), OR
- you may have to tap the One-Touch Button to reconnect (you will hear a low tone), OR
- if neither of the above options work, you may have to reconnect to your headset using your phone's Bluetooth menu.

Pairing Your Headset



How to Pair Your Phone With Your Headset for the First Time

1 Turn on the Bluetooth feature on your phone.

For most phones, select Settings/Tools > Connections > Bluetooth > On. See your phone's user guide for more information.

2 Turn on the QuickPair feature of your headset.

Turn on your headset by pressing and holding the One-Touch Button until the LED flashes blue, then alternately flashes red-blue.

If you don't see these flashes, press and hold the One-Touch Button until you see the red-blue flashes.

3 Set your Bluetooth phone to 'discover' to locate the headset.

This usually involves going to 'setup,' 'connect,' or 'Bluetooth' menu on your phone and selecting the option to 'discover' or 'add a device.'

4 Once available headsets are listed, select your headset (FreeHand 1xx). If prompted for a passkey, enter 0000.

When pairing is successful, the status light on your headset glows blue. Your phone will also confirm when pairing is complete.

Call Us with Questions 1-866-363-BLUE (2583)

Headset Controls and Indicators

Action	Status Light	Tone
Turn the headset on or off	Press and hold the One-Touch Button for 3 seconds.	On: Four rising tones then one high tone Off: High tone then four descending tones
Answer/end a call	Tap the One-Touch Button.	Brief tone at the beginning or end of the call.
Make a call	Enter the number on your phone and press Send.	No tone. Phone rings until answered.
Battery level	None	Five rapid high tones every 10 seconds when battery is critically low. Charge immediately.
Adjust the volume	Use your phone to adjust or lower volume.	None
Transfer a call from headset to phone, or from phone to headset	While the call is in progress, press and hold the One-Touch Button until you hear a tone.	Single low tone
Dismiss missed call indicator	Tap One-Touch Button	Triple blue flash every 20 seconds until dismissed.
Out of range	Press One-Touch Button once to manually reconnect. Headset will automatically attempt to reconnect when in range.	None
Voice dial	Press and hold One-Touch Button until you hear a tone.	2 high tones when leaving range. Single high tone when back in range. Single low tone when manually or automatically reconnected. Single low tone

Troubleshooting

My headset does not work with my phone.

Your headset may not have been in pairing mode when your phone was searching for it. Repeat the pairing process on [page 4](#).

You may have made incorrect menu selections on your phone while pairing. Repeat the pairing process on [page 4](#).

Callers cannot hear me, or I cannot hear callers/dialing tone.

Make sure the headset is turned on.

Your headset may be out of Bluetooth range or experiencing interference. Move the headset closer to your phone, and make sure your headset and phone are on the same side of your body.

Your headset battery is drained. Recharge the battery using the supplied AC power adapter.

The listening volume is too low. Increase the volume on your phone.

My headset is flashing red then blue

Your headset is in Pairing mode. If you are not trying to pair the headset, reset it by simply turning headset off then on again.

Otherwise, see Pairing on [page 4](#).

Product Specifications

Talk Time*	Up to 6.5 hours
Standby Time*	Up to 6 days
Charge Time	2.5 hours for full charge
Range	Up to 33 feet (10 meters) away from phone
Power Requirements	5V DC – 180 mA
Battery Type	Rechargeable lithium ion polymer
Storage/Usage Temperature	32° F - 104° F (0° C - 40° C)
Version	2.0 + EDR (Enhanced Data Rate) Supports your phone's Bluetooth Hands-free (HFP) and Headset (HSP) profiles.

* Battery enabled. Performance may vary by device.

Federal Communications Commission (FCC) Statement

15.21

You are cautioned that changes or modifications not expressly approved by the part responsible for compliance could void the user's authority to operate the equipment.

15.105(b)

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- 1) this device may not cause harmful interference and
- 2) this device must accept any interference received, including interference that may cause undesired operation of the device.

FCC RF Radiation Exposure Statement:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. End users must follow the specific operating instructions for satisfying RF exposure compliance. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

Industry Canada (IC) Statement

15.21

You are cautioned that changes or modifications not expressly approved by the part responsible for compliance could void the user's authority to operate the equipment.

15.105(b)

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the IC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- *Reorient or relocate the receiving antenna.
- *Increase the separation between the equipment and receiver.
- * Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- *Consult the dealer or an experienced radio/TV technician for help.

Operation is subject to the following two conditions:

- 1) this device may not cause interference and
- 2) this device must accept any interference, including interference that may cause undesired operation of the device.

IC RF Radiation Exposure Statement:

This equipment complies with IC radiation exposure limits set forth for an uncontrolled environment. End users must follow the specific operating instructions for satisfying RF exposure compliance. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

Freehand 100



**CONFORMS TO ANSI/UL STD. 60950-1
CERTIFIED TO CAN/CSA STD. C22.2 NO. 60950-1**

**CAUTION
RISK OF EXPLOSION IF BATTERY IS REPLACED
BY AN INCORRECT TYPE.
DISPOSE OF USED BATTERIES ACCORDING
TO THE INSTRUCTIONS**

**ATTENTION
IL Y A RISQUE D'EXPLOSION SI LA BATTERIE EST REMPLACÉE
PAR UNE BATTERIE DE TYPE INCORRECT.
METTRE AU REBUT LES BATTERIES USAGÉES
CONFORMÉMENT AUX INSTRUCTIONS**

FreeHand[®]

By Plantronics[®]

Plantronics, Inc.

345 Encinal

Santa Cruz, CA 95060

United States

Tel: 800-544-4660

www.plantronics.com

© 2010 Plantronics, Inc. All rights reserved. Plantronics, the logo design, Plantronics FreeHand, QuickPair and Sound Innovation are trademarks or registered trademarks of Plantronics, Inc. The Bluetooth name and the Bluetooth trademarks are owned by Bluetooth SIG, Inc., and are used by Plantronics, Inc. under license. All other trademarks are the property of their respective owners.

U.S. Patents Pending

xxxxx-xx (01/10)