USB charging

No matter when and where,as long as the
USB terminal interface, you can charge

Charging schematic

USB Charging

Plastic insertion

User's Guide

FCC ID:2AONX-F64HR
Model Name:F64HR

03
52

WED 1207

V 1.0

Table of Contents

Instruction Manual of
F64HR Smart Bracelet

Be endless in advancing
be tolerant to diversity

Please look up the instruction manual before using.

English

V 1.0

1)Product appearance

①
②
③
④

1. LCD Screen
2.Touch keys
3. Strap.
4. Strap fastener.

2) Functional statements

a. Sports step calculation
Accurately calculate sports steps, walking time, sports mileage and heat consumption
b. Sleep monitoring
Accurately supervise daily sleep quality and record deep sleep and light sleep duration
c. Multi-sports mode
  Accurately measure heat and exercise duration consumed by riding, running and swimming under the multi-sports mode.
d. Message/smart alert
Facebook, Twitter, Line, WhatsApp, Instagram, Skype, KakaoTalk, Telephone, message,Facebook, Twitter, Line, WhatsApp, Instagram, Skype, KakaoTalk, sitting and alarm clock
e. Remote control photography
Support mobile phone remote control photography
f. Hang up
When there is incoming telegram, press the bracelet for a long time to refuse answering the phone.
g. weather forecast
After binding the telephone with bracelet, forecast the local weather in line with mobile phone location.
H. Music control

Support mobile phone music control function

3) Startup & Shutdown description

a. Press the touch key for a long time to start up.

b. If it fails to start up after pressing for a long time, ensure that whether batteries have no power.

c. If batteries have no power, pull down the watchband, insert USB to charge and then start it up.

d. Press touch key on the shutdown interface to enter into the shutdown mode and select YES or NO to execute relevant operation.
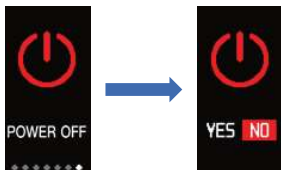
4) APP installation and equipment binding

a. Mobile phone configuration requirements: Android 4.4, IOS 8.0, and Bluetooth BLE4.0

b. Scan the following QR cod and download Android or IOS APP to install it on the mobile phone

After installing it on the mobile phone, click APP icon, open Bluetooth as instructions, and enter into the bracelet searching to bind the equipment

c. Equipment binding

Search for Bluetooth model to connect, shown in the Figure

You have not link a device.

ADD A DEVICE

WATCH FACES

NOTIFICATIONS

ALARMS

SHUTTER

OTHERS

Click equipment add and search for the equipment

ADD A DEVICE

F64
Paired device

Searching

Click equipment binding
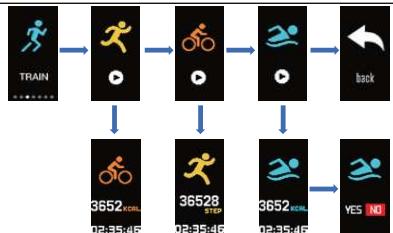
Remarks: when bracelet end Bluetooth icon is displayed as , it shows Bluetooth binding.

When there is no Bluetooth icon in the bracelet end, it shows unbinding Bluetooth.

d. Unbind equipment, shown in the Figure

 ———— Click it to relieve the binding equipment
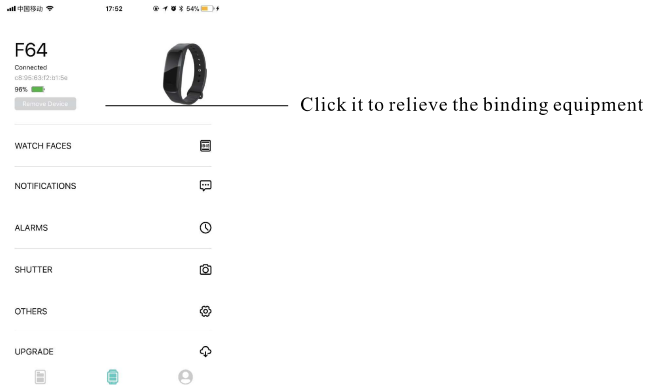
5) Bracelet function icon and operation statement
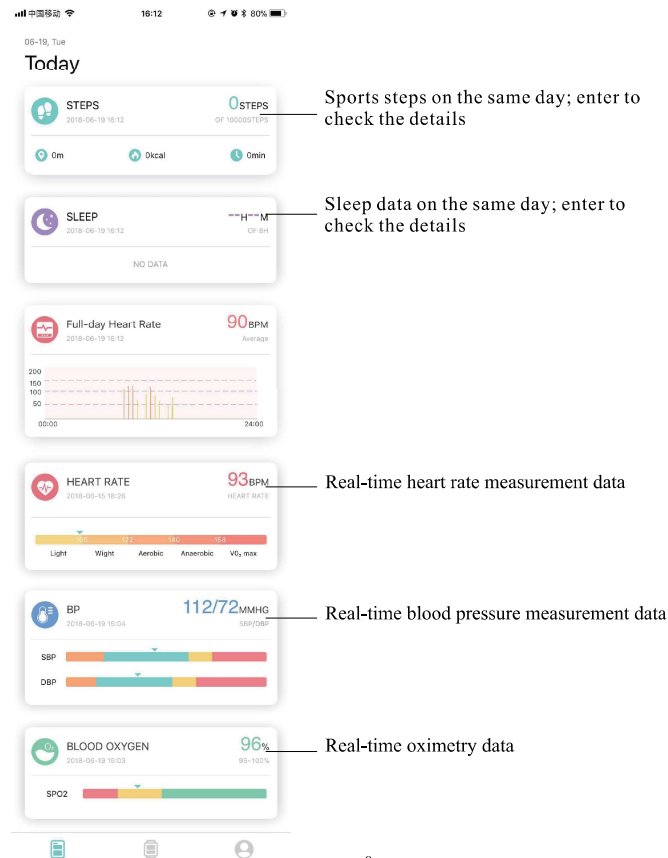
Main interface: Date, time, weeks, electricity and Bluetooth connection status	Switch the main interface dial plate in APP homepage, press it for a long time to display bracelet information, and enter into the next interface by pressing for a short time·
Step calculation interface: Display steps on the same day	Display the current steps, pressure touch key for a long time to display sports mileage and calories consumed, and enter into the next interface by pressing for a short time.

5

Training mode interface: Enter into the training mode, including riding, running and swimming mode	Enter into the next interface by pressing for a short time.
Heart rate measurement interface: click on the long press to measure the current heart rate value	Short press to enter the next screen
Blood pressure measurement interface: Click on the long press to measure the current blood pressure value	Short press to enter the next screen
Oximetry interface: Click on the long press to measure the current blood oxygen value	Short press to enter the next screen
Sleep interface: Display the sleep data the day before last night	Enter into the next interface by pressing for a short time.

6

Weather interface: Display alarm clock		Press touch key for a long time to switch tomorrow's weather forecast and enter into the next interface by pressing for a short time.
Remote control photography interface:		Open the mobile phone photography function, click the touch key to photograph through remote control, and enter into the next interface by pressing for a short time.
Music control interface:		
	Press for a long time to control mobile player, select the corresponding function to execute operation, and enter into the next interface by pressing for a short time.	
Shutdown interface:		Close it down by pressing for a long time and enter into the next interface by pressing for a short time.

6) APP interface description
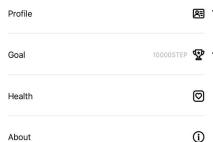a. Setting

7

Sports steps on the same day; enter to check the details

Sleep data on the same day; enter to check the details

Real-time heart rate measurement data

Real-time blood pressure measurement data

Real-time oximetry data

8

F64
Connected
96%

WATCH FACES ———— Click dial plate
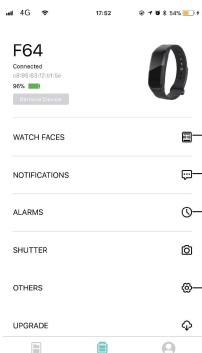
NOTIFICATIONS ———— Open or close the corresponding application reminder function

ALARMS ———— Alarm clock setting

SHUTTER

OTHERS ———— Set up other functions; open or close

UPGRADE

Me

Profile ———— Personal information setting of users

Goal 1000 STEP ———— Personal information setting of users

Health

About

7）Matters need attention in using the bracket：

a．The bracket supports the operating system iOS 8.0 system and above, Android system 4.4 version and above, mobile phone or tablet equipment with bluetooth V4.0 in theory. Indeed, it doesn't support all modes of mobile equipment. Please refer to the practical condition.

b. This product is internally made of precision parts. Please do not drop this product or bump it with hard objects, otherwise the machine surface might be scratched or the components might be damaged.

c. Please do not decompose or rebuild this machine, which may cause problems or hamper product warranty.

d. It is forbidden to throw this product into the fire so as not to cause an explosion.

e. Please be aware that if you wear sensitive skin or wear your bracelet too tightly, you may feel uncomfortable.

f. When the bracelet is wet, dry it before it is charged, otherwise it will cause failure and corrode the charging contact point.

g. In strong electrostatic environment, bracelet may fail, such as no display or abnormal display and so on. Do not use in high voltage and high magnetic environment, so as to avoid static interference.

h. When the lens and shell remain intact, it is watertight. Violent demolition or impact may cause waterproofing failure.

i. The product is waterproof only for cold water. Hot water may cause white fog in the lens.

j. The battery life time varies from the usage environment and the usage mode.

Disclaimer：

Warning: This product is not a medical device, the bracket and its applications do not apply to the diagnosis, treatment, or disease prevention and other behaviors. If you want to change sleep, sports and other habits, please be sure to consult the qualified professional medical personnel in the first, so as to avoid serious casualties. Our company reserves the right to modify and improve any function described in this manual without prior notice. At the same time, our company keeps the right to update product contents. All contents are subject to the object.

FCC Caution.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and
(2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
-Reorient or relocate the receiving antenna.
-Increase the separation between the equipment and receiver.
-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.