



## Wireless bedwetting alarm

Product information

User manual

Warranty



## Thanks,

### for selecting the Rodger bedwetting alarm

It is our experience that you will be successful by using this bedwetting alarm correctly. Please read all instructions before using the bedwetting alarm.

- The Rodger bedwetting system is suitable for children over the age of 5 years.
- When beginning the therapy, be motivated, relaxed and confident.
- Perform the alarm test so you and your child will become familiar with the operation and sound of the bedwetting alarm. Repeat this before your child goes to sleep.
- Make no contest of the therapy. This will cause stress and is counterproductive.
- Place the bedwetting alarm a certain distance from the bed, so your child has to get out of bed to switch off the alarm.
- Give your child an occasional reward. A small present is a nice positive reinforcement that your child is doing well.
- Use the Rodger bedwetting system every night until there have been no “wet beds” for 14 consecutive nights.
- Successful treatment with the Rodger bedwetting system takes from a few weeks to a few months. Persistence is the key to success.
- Do your best to use the alarm every night without interruption.
- If your child’s bedwetting condition does not improve within 3 months, visit your doctor to rule out any medical conditions.
- Do not start the therapy if important events will take place soon, i.e. moving the family or the birth of a child.
- Do not wake your child at night to go to the toilet.
- Never punish your child; your child is not responsible for occasional accidents.
- Do not prohibit your child from drinking before going to bed. Drinking less does not decrease the likelihood of bedwetting. However, it is preferable that your child does not drink coffee, tea, or beverages containing carbonation or chocolate before going to bed.
- In the early days of the treatment, a child who is a heavy sleeper might not wake up. You could choose another sound of the alarm. Another good solution could be to sleep next to your child and help your child to wake up as soon as the alarm sounds. Make sure that your child stops the alarm and goes to the toilet. In time, your child will “tune in” and do this more independently.
- If relapse occurs, another short course will usually succeed. Store all parts together for future use. Remove battery before storing.

## Installation bedwetting alarm

- Pairing the transmitter and receiver.
- Put the battery in the transmitter.

- Place the plug in the receiver.
- Plug the receiver into an electrical outlet and switch it on by pressing the central LED button **(A)**, which will light up green.
- Press the – and + buttons **(B + C)** simultaneously for 3 seconds. The central LED button **(A)** will start blinking green: within 1 minute you have to connect the two push-buttons of the transmitter with the metal strip **(F)** of the receiver. The transmitter and receiver are paired when the LED lights up green and the receiver gives a sound.

Extra receivers can be paired with the transmitter in the same way.

## Setting alarm sounds:

### | For each alarm to make the same sound:

Select the sound of your choice by pressing the SELECT- button **(D)**. The last selected sound will be heard every time the alarm goes off.

To test the sound, connect the two push-buttons of the transmitter with the metal strip **(F)** of the receiver. This will cause the alarm to sound and the LED **(A)** will start blinking red.

### | For each alarm to make a different sound:

Press the AUTO-button **(E)**. With each alarm 1 of the 8 available sounds will be heard.

### | Range:

The range of the receiver and the transmitter is maximum 30 meters (100 feet) in open air. Inside buildings, the range could be less than 30 meters (100 feet).

## Tips for use:

- Always remove the transmitter immediately from a wet pant. This extends the life of the battery and prevents damage to the pants.
- When the central LED button **(A)** lights up orange, the battery of the transmitter must be replaced.
- Make sure to remove the transmitter from the pants before laundering. The warranty is voided if the transmitter has been in the washing-machine.
- Remove the batteries if the bedwetting alarm system will not be used for a long time.
- Other transmitters nearby (e.g.: wireless baby-monitor, garage door openers, weather station, headset, etc.) can disturb the bedwetting alarm system. Change the frequencies of the other devices or remove them.

### | **Warning:**

- Keep sufficient ventilation while applying AC power source.
- Please ensure yourselves of your local laws, regarding battery disposal.

## **Alarm test:**

Put the receiver into an electrical outlet (or use batteries).

Make sure that the receiver is switched on and volume is adjusted (+ button **(C)**).

Connect the two push-buttons of the transmitter with the metal strip (F) on the receiver. This will cause the alarm to sound and the LED **(A)** will start blinking red.

The alarm can be turned off by pushing the central LED button **(A)**.

## **Pants**

### | **Laundering:**

The pants need to be washed before use. They become more absorbent. The pants can be machine washed and tumble dried. Do not wring! Avoid fabric softener as well as chlorinated detergents. Over time, residue may build up on the sensor contacts inside the pant. You simply need to soak the sensor pants for about 30 minutes in vinegar solution (1 cup vinegar and 2 cups water).

### | **Pants test:**

- Take a cup of lukewarm saltwater (1 teaspoon salt in 1 cup water).
- Click the transmitter on the pant.
- Put the receiver into an electrical outlet (or use batteries).
- Make sure that the receiver is switched on and volume is adjusted (+ button **(C)**).
- Pour two teaspoons of this salty solution on the front of the pants. This should cause the alarm to sound and the LED **(A)** will start blinking red.
- The alarm can be turned off by pushing the central LED button **(A)**.

## **Explanation instruction pictograms**

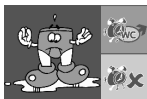
1. Plug receiver into the wall. Then turn it on and adjust the volume.
2. Pull on the underpants.
3. Attach the transmitter to the underpants.
4. Sleep well.
5. The receiver will sound an alarm when urination occurs.
6. Get up, turn off the alarm, remove the transmitter and go to the toilet.
7. Repeat steps 2 and 3, sleep well.
8. Wake up dry!!!

## Explanation success calendar



Dry: Slept through

Dry: Visited toilet



Wet: Woke by alarm

Wet: Slept through alarm



Child: Dry-night; child sticks on a sticker.

Parents: Tick where appropriate.

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## Online success calendar

The online success calendar is an interactive version of the standard success calendar and is very motivating during the treatment. By using the online success calendar, you receive informative messages about the progress of the training. After a dry night, your child may choose a game of their choice as a reward. Further instructions: [www.rodger.nl](http://www.rodger.nl).

## Vibrating cushion

For children who are deaf or hard of hearing, a vibrating cushion can be ordered to attach to the alarm system (G). This vibrating attachment can also be useful for children who need extra stimulus to respond to the alarm system. The vibrating cushion can be placed under the pillow to alert your child that the alarm is sounding.



## Mattress covers



Mattress covers protect your bed linen and keep your mattress dry if the child wets the bed. Further information: [www.rodger.nl](http://www.rodger.nl).

## Helpdesk

For questions about the bedwetting treatment or the use of the bedwetting alarm, please get in contact with your supplier.

## Warranty

Rodger carries a one-year warranty, from receipt of the device by the purchaser, against manufacturer's defects and against breakage or failure under normal use - at our discretion.

This warranty does not cover damage caused by negligent act or failure to follow the instructions in the manual stated.

This warranty is valid only if you are the original buyer and have the receipt. The warranty is not valid if repairs to the device are made by third parties. Rodger reserves the right to change specifications and warranty without prior notice.

**This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.**

**Warning: Changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.**

**Note:**

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.