



**(E**<sub>0068</sub>

# **User Manual**

T	Introduction	1
1.1	About the User Manual	1
1.2	Explanation of Symbols	2
1.3	Warranty and Liability	3
1.4	Copyright Protection	4
2	The Armotion™	5
2.1	General	5
2.2	Manufacturing and Optimization	6
2.3	Type Label	6
3	Safety Instructions	7
3.1	Intended Use	7
3.2	Contraindications	8
3.2	2.1 General contraindications	8
3.2	2.2 Spasticity management	9
3.3	General Hazards	10
3.4	Personnel Qualification	10
4	Specifications	11
4.1		
	Specifications in Detail	11
4.2	Operating Conditions	11 11
4.2 4.3	Specifications in Detail Operating Conditions FCC compliance	11 11 12
4.2 4.3 5	Operating Conditions FCC compliance Components	11 11 12 <b>13</b>
4.2 4.3 5 5.1	Specifications in Detail Operating Conditions FCC compliance Components Overview	
4.2 4.3 5 5.1 6	Specifications in Detail Operating Conditions FCC compliance Components Overview Operation of Armotion	
4.2 4.3 5 5.1 6 6.1	Specifications in Detail Operating Conditions FCC compliance Components Overview Operation of Armotion Switching on the Armotion	
4.2 4.3 5 5.1 6 6.1 6.2	Specifications in Detail Operating Conditions FCC compliance Components Overview Overview Operation of Armotion Switching on the Armotion Starting the Armotion	
4.2 4.3 5 5.1 6 6.1 6.2 7	Specifications in Detail Operating Conditions FCC compliance Components Overview Overview Operation of Armotion Switching on the Armotion Starting the Armotion The Armotion Software	11 11 12 13 13 20 20 21 21
4.2 4.3 5 5.1 6 6.1 6.2 7 7.1	Specifications in Detail Operating Conditions FCC compliance Components Overview Operation of Armotion Switching on the Armotion Starting the Armotion The Armotion Software Starting the Software	11 11 12 13 13 20 20 20 21 23 23
4.2 4.3 5 5.1 6 6.1 6.2 7 7 7.1 7.2	Specifications in Detail Operating Conditions FCC compliance Components Overview Operation of Armotion Switching on the Armotion Starting the Armotion Starting the Armotion The Armotion Software Starting the Software Navigation in ARMOTION Software	
4.2 4.3 5 5.1 6 6.1 6.2 7 7 7.1 7.2 7.3	Specifications in Detail Operating Conditions FCC compliance Components Overview Operation of Armotion Switching on the Armotion Starting the Armotion Starting the Armotion The Armotion Software Starting the Software Navigation in ARMOTION Software Patient File.	
4.2 4.3 5 5.1 6 6.1 6.2 7 7 7.1 7.2 7.3 7.4	Specifications in Detail Operating Conditions FCC compliance Components Overview Operation of Armotion Switching on the Armotion Starting the Armotion Starting the Armotion The Armotion Software Starting the Software Navigation in ARMOTION Software Patient File Exercises	11 11 12 13 13 20 20 20 20 21 23 23 24 25 28
4.2 4.3 5 5.1 6 6.1 6.2 7 7 7.1 7.2 7.3 7.4 7.4 7.4	Specifications in Detail Operating Conditions FCC compliance Components Overview Operation of Armotion Switching on the Armotion Starting the Armotion Starting the Armotion The Armotion Software Starting the Software Navigation in ARMOTION Software Patient File Exercises	11 12 13 13 20 20 20 20 20 21 23 

	7	.4.1.	2 Normal Mode: active assistive therapy option	.29
	7.4.	2	Exercise "Tracks"	.30
	7.4.	3	Exercise "Coins"	.34
	7.4.	4	Exercise "Car racing"	.36
	7.4.	5	Exercise "Memory"	.37
	7.4.	6	Exercise "Dish Washing"	.39
	7.4.	7	Scoring and results	.41
8		P	Vlaintenance	47
	8.1	Clea	aning the Armotion	47
	8.2	Anr	nual Maintenance Check	.48
9		0	Disposal	48



# 1 Introduction

# **1.1 About the User Manual**

The manual contains all the information necessary in order to ensure the safe use of the Armotion. This manual is intended for the use of the software version 1.2 and its subversions. In case there are software updates performed new user manuals are distributed if required.

The manual is intended for medical and therapeutic personnel. Practical knowledge of medical processes and applications as well as the technical terms used for the execution of this type of therapy are a prerequisite to operating personnel.

Trained and qualified medical personnel and therapists who are responsible for the Armotion are obliged to ensure that technicians, patients and other persons who are present around the device comply strictly with the safety regulations contained within this document.

This manual describes the operation and maintenance of the Armotion. Compliance with the stated safety and operating instructions is a prerequisite for safe and proper operation of this machine.

The user manual is integral part of the device and has to be kept near the related device, ensuring access to operating personnel at all times. This user manual can also be accessed directly on the PC via a link in the program.

All images, pictures, diagrams, screenshots and drawings are figurative and can differ from the effective appearance.

In addition to the hints provided by this manual, local accident prevention regulation, national health and safety measures have to be taken into account.



# **1.2 Explanation of Symbols**

The symbols and signal words are used in order to point to hazards that can cause accidents, injuries or property damage. The instructions must be observed in order to ensure the safe use of the Armotion.

# A DANGER

This combination of symbol and signal word points to an imminent danger that may lead to death or serious injury if not avoided.

# **AWARNING**

This combination of symbol and signal word indicates a potentially hazardous situation, which could result in death or serious injury if not avoided.

# **ACAUTION**

This combination of symbol and signal word indicates a potentially hazardous situation which could result in moderate or minor injury, if it is not avoided.

# 🕕 ΝΟΤΙCΕ

This combination of symbol and signal word warns of a potentially dangerous situation that could lead to material losses and environmental damage and / or gives important additional information to be aware of.



# **1.3 Warranty and Liability**

The warranty and liability of Reha Technology AG are based on the purchase contract.

# In warranty and liability shall expire prematurely if the customer or a third party: uses and commands the Armotion not according to this manual, does not apply the national health and safety regulations, applies inappropriate changes or repairs to the device, allows changes, repairs or maintenance by physical or legal persons not certified by the manufacturer of the device, impedes the installation and commissioning of the device by physical or legal persons certified by the manufacturer of the device or the manufacturer itself, does not contact Reha Technology AG to provide assistance and repairs in case of defect and/or does not take actions to minimize damage, uses non original or not by Reha Technology approved spare parts,

• does not comply with maintenance and cleaning instructions given by this manual.

# 

The connection of devices not recommended in this manual is not permitted and must always be agreed with Reha Technology AG.

# **A**WARNING

Liability and warranty loss or voidance to operate the the equipment through unauthorized modifications!

• All unauthorized technical modification is prohibited.



# **AWARNING**

Changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Defects which cannot be traced directly to Reha Technology by means of improper material quality, faulty construction or assembly as well as defects caused by factors outside the control of Reha Technology are excluded from warranty and liability regulations.

Liability of subsequent error is excluded if not in direct conflict with national product liability regulations. This is valid also for defects which can provoke inherited damage to the device known by the manufacturer.

Reha Technology reserves the right to implement technical modifications on the product in order to improve the usage requirements and device characteristics.

# **1.4 Copyright Protection**

The contents of this instruction manual including all figures and drawings are copyrighted information and property of Reha Technology and are exclusively provided for the purpose of operation, maintenance and repair.

Dissemination for other purposes or copying thereof without previous written consent by Reha Technology is forbidden.



# 2 The Armotion<sup>™</sup>

# 2.1 General

The Armotion is an innovative robotic solution in the treatment of severe and moderate neurological and orthopaedic dysfunction of the upper extremity.

The Armotion's unique force feedback and force multiplier features detect and react on patient movements, maximizing the effect of each therapy session. The combined recording of kinematic (speed and direction) and dynamic (force interaction by the patient) parameters allow a precise quantitative evaluation and constant monitoring of patient progress. The patient's cognitive ability is enhanced by multiple functional ADL-related game types and a unique active assistive therapy option.



The substantial reduction in size, its portable and compact design and state of the art technology makes the Armotion an easy to use device for the rehabilitation of the upper extremities. The wireless connection to the computer, the rechargeable batteries and the short and simple setup and quick start of therapy further contribute to an optimized allocation of the hospitals resources on a daily routine.

The Armotion can easily be employed both in the treatment of severe and moderate neurological dysfunctions (i.e. post stroke recovery) as well as in the rehabilitation of orthopaedic conditions.



Patients exhibiting deficits in the range of motion and strength of the shoulder and elbow with or without minor cognitive deficits related to recognition, find the use of Armotion an innovative solution for a prompt functional recovery.

# **2.2 Manufacturing and Optimization**

The Armotion was designed and developed by Humanware S.r.l. and Reha Technology AG in cooperation with the medical University of Pisa, Italy.

Reha Technology AG is interested in continual optimization of the practical use of the therapy on patients and improvements to ease of operation of its devices. For this process Reha Technology AG is dependent on you, as a regular user, for ideas and suggestions.

Please, do not hesitate to share your inputs by contacting: info@rehatechnology.com

# 2.3 Type Label

At the bottom of the Armotion there is a label containing the following information





# **3** Safety Instructions

This chapter provides an overview of all important safety aspects for the safe and proper operation of the Armotion.

# **3.1 Intended Use**

Only when used according to the specifications of the user manual, the operating safety can be guaranteed. The Armotion is intended only for use on patients with severe and moderate motor disorder of the upper extremities – shoulder and elbow. Dedicated software, with numerous exercises, allows the therapist to choose the ideal protocol according to the patient's dysfunction and therapeutic goal.

The software records and evaluates each exercise done by the patient

The fields of application include:

- Neurological Rehabilitation
- Post-traumatic rehabilitation
- Orthopaedic and after surgery rehabilitation

The Armotion also finds applications in those patients without force and / or without anti-gravity abilities (i.e. patients who are unable to lift the arm/shoulder). The use of the Armotion in the rehabilitation of the upper extremities has shown clinical effectiveness in the treatment of patients with damage to the central nervous system (i.e. post stroke recovery) and in patients with neurodegenerative syndromes and polyneuropathies. . . As mentioned it may be particularly useful for those patients with serious motor limitations that therefore could not be treated with conventional occupational therapy.

The Armotion is a medical device according to CE class 2a and therefore it shall be used with a prescribed physical therapy.



Given the mentioned application areas of use, the practitioner defines the intended use and mode of administration of therapy depending on the severity of the disease and diagnosis.

# **AWARNING**

The system may not be operated by non-qualified personnel!

Accidents and injuries due to ignorance and misuse

• Read the user manual

# 

Any additional and / or different use of the Armotion is prohibited and is considered to be improper.

# **3.2 Contraindications**

As it is the case with any other therapy, the treating physician is responsible for compliance with the indications.

# **3.2.1** General contraindications

- Unstable fractures of the upper extremity: do not carry out any therapy on patients with unstable fractures or fractures which have not yet suitably consolidated.
- Heavy Osteoporosis: there might be a danger of fractures.
- Skin problems: Before and after each therapy make a visual check for existing wounds or pressure points and for ones which may have been caused by the therapy.
- Cooperation: whether or not a therapy on the Armotion can be carried out on patients with reduced cooperation, psychotic illnesses or neurotic dysfunctions has to be carefully considered in each individual case.
- Spasticity: Modified Ashworth Scale >3\*



Please note that other contraindications which are not listed here may be present in your patients. If anything is unclear, or if you have feedback please contact Reha Technology AG. (See contact details on the last page).

# 3.2.2 Spasticity management

Score	Ashworth Scale (1964)	Modified Ashworth Scale Bohannon & Smith (1987)
<b>0</b> (0)	No increase in tone	No increase in muscle tone
<b>1</b> (1)	Slight increase in tone giving a catch when the limb was moved in flexion or extension	Slight increase in muscle tone, manifested by a catch and release or by minimal resistance at the end of the range of motion when the affected part(s) is moved in flexion or extension
<b>1+</b> (2)		Slight increase in muscle tone, manifested by a catch, followed by minimal resistance throughout the reminder (less than half) of the ROM (range of movement)
<b>2</b> (3)*	More marked increase in tone but limb easily flexed	More marked increase in muscle tone through most of the ROM, but affected part(s) easily moved
<b>3</b> (4)	Considerable increase in tone - passive movement difficult	Considerable increase in muscle tone passive, movement difficult
4 (5)	Limb rigid in flexion or extension	Affected part(s) rigid in flexion or extension

Clinical studies confirms that active movement training does not result in increased hypertonia, but results in spasticity reduction in antagonist muscles by activating the reciprocal inhibition mechanism. Furthermore robot –mediated therapy contributes to a decrease in motor impairment of the upper limbs in subjects with chronic hemiparesis, resulting in a reduction on shoulder pain.\*\*

Clinical observation show how Armotion can accommodate neuromuscular abnormalities associated with spastic joint evaluated on a Modified Ashworth Scale Bohannon & Smith value: < or = 3.

As a general indication we recommend either both manual gentle muscle stretching techniques (i.e conventional muscle stretching, muscle reinforcement, physical agent and pain management techniques) prior to the training on Armotion.

When spams or alteration of the tone are observed during the therapy on Armotion, it is recommended to stop the therapy by pressing one of the emergency stop.



\*\*Upper limb spasticity reduction following active training: a robot-mediated study in patients with chronic hemiparesis" Posteraro et al, Journal Rehabilitation Medicine 2010; 42: 279-281

# **3.3 General Hazards**

Despite extensive risk analysis according to EN ISO 14971 remains a residual risk. A detailed risk analysis of Reha Technology AG can be viewed up on request.

# **ACAUTION**

Injury risk by means of clamping and crushing!

Abidance in areas of mechanically moved parts implicates the injury risk of clamping or crushing.

 Abidance in areas of mechanically moved parts is not allowed during device motion operation.

# **3.4 Personnel Qualification**

To guarantee the safety of the patient of the operator and the device itself, and in order to guarantee safe and successful therapy on the patient, the use of Armotion is allowed only after having carefully read this instruction manual.

Future operators should fulfil the prerequisite of having absolved a medical training (e.g. Medicine, Physiotherapy and Occupational Therapy).

The user manual gives the operators an overview over the following topics:

- Device handling and use according to regulations including practical exercises
- Device and function principles
- Command settings
- Indications and recommended settings
- Contraindications and side effects
- Explanation of the maintenance operations carried out by operators (daily/monthly control)



# 4 Specifications

The following section provides a general overview of the Armotion.

# **4.1 Specifications in Detail**

Designation of Type:	Armotion
Year of manufacture:	2014
Applicable Norms:	EN ISO 13485:2012, ISO 9001:2008,
	IEC 60601-1:2007, IEC 60601-1-2:2010,
	IEC 60601-1-6:2010, IEC 62304:2006
	ISO 14971:2012, EN 14155:2012, EN 10993-1:2010
Classification:	CE class 2a
Type of application:	rehabilitation of upper extremities
Country of Origin:	Switzerland
Power Supply:	11.1 V DC, 10A
Highest permissible force:	40 N

# **4.2 Operating Conditions**

Temperature:	15°, + 40 °C
	/

Humidity: 0% - 75 % relative humidity

# 🕕 ΝΟΤΙϹΕ

The stationing of the device is limited to clean, dry rooms.

# 

The Armotion may only be under the supervision of a medical specialist.



# **A**DANGER

#### Explosion hazard when used in areas of danger of explosion!

The Armotion can provoke explosion by means of electric power supply components.

- The Armotion may not be used in areas of danger of explosion, zones AP and APG according to IEC 60601-1:1990.
- The use of flammable and explosive anaesthetic inhalation agents or combinations thereof is not permitted in the surroundings of the Armotion

# **4.3 FCC compliance**

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-Reorient or relocate the receiving antenna.

-Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.



# 5 Components

# 5.1 Overview

The ARMOTION system consists of the following parts:

- One Armotion
- One height adjustable table
- One rubber working surface with encoded optical tracks
- An emergency stop "fungus" (connected to the Armotion)
- Three different handles
- One PC and monitor (or all-in-one PC depending on the country of use)
- Two rechargeable battery packs
- One docking station for recharging the battery
- Optionally: one USB Bluetooth adapter and its extension if not integrated in the PC



Configuration of the Armotion System as a whole



The working surface provides an optical encoding allowing the Armotion to find its position at any time. The working surface is also equipped with safety edges to prevent accidental falls of the Armotion.



The patient's arm is resting on the support (Picture 3) and stabilized with the Velcro straps provided. The patient interacts with the system by grasping the one of the provided handle.). A force sensor detects the intensity and the direction of the force exerted by the user.





ADANGER
Safety precautions
• Do not lift the Armotion by gripping it from the front part

For safety reason, the robot is equipped with an acoustic indicator that emits a variety of sounds when in use



The picture above shows the Armotion as a whole. The Armotion interacts with a PC using dedicated software. Communication with the PC is done via Bluetooth.





The patient will be required to perform therapeutic exercises according to his needs. While performing the given exercise kinematic data (position, velocity and accelerations) and dynamic data (the forces exerted by the patient) will be recorded.

Analysing these data, it will be possible to:

- Correct in real time the movements of the patient
- Evaluate the performance at the end of each therapy session
- Evaluate the progresses out of the overall therapies sessions
- Retrieve logged data for off-line analysis

The Armotion system can be used with three different handles, depending on the needs and capabilities of the patient.

- 2 horizontal handles, i.e. parallel to the work surface
- 1 vertical handle, i.e. perpendicular to the work surface











Page **18** of **49** 



To replace a handle just extract it from its seat - pull up perpendicular to the floor until you pass the seals - and replace with the desired handle.

Possibly you can prevent rotation of the hand pieces with respect to support for the patient's arm, where this is more convenient for the patient. In this case position the locking plate into its seat, before inserting the handle again.





# 6 Operation of Armotion

# **6.1 Switching on the Armotion**

The device is equipped with two emergency switches (red button mushroom shaped) on board. When pressed these switches cut off power to the motors, blocking the motion of the device. The emergency stops are mounted on the sides of the Armotion, and the user can stop the motion of the device at any time.



A third emergency switch, external, can be inserted into the connector jack on the front of the Armotion.

# 

Although the system functions even without the switch external emergency, it is highly recommended that this is connected to the Armotion.



# 

When connected, the external switch deactivates the possibility of using the two side emergency stops.

# **6.2 Starting the Armotion**

- 1. Make sure the Armotion is off
- 2. Make sure that one of the emergency shutdown system is pressed
- 3. Launch the software



- 4. Do not touch or load the handle and then turn on the Armotion through the main switch
- 5. Release the emergency switch (i.e. make sure they are all released)



6. Wait for an active (green light) Bluetooth connection of the ARMOTION

# If the PC fails to successfully establish the Bluetooth connection the device cannot be started. Restart the procedure using the following order: Press the Emergency Button on the Armotion Make sure that the Armotion is still turned on (acoustic signal sound active) Close the Hydra Pronta Window by pressing the small x is the top right Turn off the Armotion Power Button Double Click the Armotion Icon on the right top of the desktop Do not touch the handle and then turn on the Armotion Power Button

If the problem persists, contact the Reha Technology AG.



# 7 The Armotion Software

The Armotion provides a wide range of therapy variations which in general can be selected independently and adapted to the patient's needs.

# NOTICE A comprehensive training of the operator on the software by a staff member of Reha Technology or a Certified Armotion Operator is mandatory. NOTICE Please familiarize yourself with the warnings of the ARMOTION Software before starting the use of Armotion. NOTICE

The Armotion is delivered with the software already installed.

# **ACAUTION**

Risk of injury to the patient

The Armotion and the ARMOTION software may only be started if the device is set up in a stable position.

# 7.1 Starting the Software

Launch the application by double-clicking on the desktop icon of the Armotion software.





Once started, the Armotion software opens the patient file.

You can create a new patient file or select a patient who is already stored in the database. Once the patient file is selected or created, the therapy can start.

# 

Patient's specific information (personal data, and patient's performance) are saved under the patient's file. The type, length, and the results of the individual therapy sessions are recorded in order to be further analysed for data for research purposes or reimbursement. Therefore please keep in mind data protection laws and regulations of your respective country

# 7.2 Navigation in ARMOTION Software

The overall software and its functions are distributed in tabs.



Each tab is associated to a specific command, making it easy to navigate through the functions that the software provides.

Pati	ent File	Exercises	Doculto	Colibration				The Help	U Daux Ne	~ ~
du	entric	LAGICISUS	Results	Calibration						
Sur	name:	geneweir	1		Name:	amanda	Q	Search	0	-
Pla	ce of birth	olten			Date of birth:	01/12/2025	-		0	S
A.66.	cted arm	Binbt					٠	New patient	B # .	8 1
/1110	caso arm.	1 alb it					0	And its and installation	2 20	6.00
Sex	c	F v			Address:		1	woolly patient data	Ser Station	and the second
Pho	ne:						0	Cancel changes		
							0	Saue nationt		Mas
Not	65:						2	converpriseries		p.
	h	n		amanda h		Right	h	ten	01/12/2025	
	h			h		Right	h		01/12/2025	
	haraldd			-		Ignore/Both	-		01/12/2025	
	Anette			Launer		Ignore/Both	G	ermany	23/07/1982	
	Juggujaro			Test Datie		Left	A	onza	01/02/2012	
	Center (	diantation		Test Pate	nt.	lenore/Both	Ê		09/09/2012	
	Dialst Ha	and		Test Patie	nt	Bight	C		01/01/2012	

- Patient File: allows to manage the patient database and patient selection
- **Exercises**: allows to define the training mode
- **Results**: allows to view patient's performance and statistics
- Calibration: allows to calibrate the force sensors of the device
- Help: provides access to the User Manual

# 7.3 Patient File

Through this section it is possible to manage the patient database, adding, removing or changing patient data.

User Manual - Version 1.7

Armotion™



Sumame:       Agguaro       Name:       Recardo         Place of birth:       Monza       Date of birth:       17/07/1982       Image: Search         Vifected arm:       Left       Image: Search       Image: Search       Image: Search       Image: Search         Sex:       M       Image: Search	Sumame       Name       Affected Arm       Place of Birth       Date of birth         Works:       Image: Sevential seventia		_		-						🚰 Help	1	Back	Next 🧯
Sumame:       Aggujato       Name:       Necardo       Search         Place of birth:       Morza       Date of birth:       17/07/1982       Image: Search       Image:	Sumane:       Aggujato       Name:       Naccardo       Search       Search         Place of birth:       Monza       Dete of birth:       17/07/1982       Image: New patient	Patie	ent File	Exercises	Results	Calibration								
Summe       Name       Affected Arm       Place of Birth       Outer of Birth         Summe       Name       Affected Arm       Place of Birth       Outer of Birth         Summe       Name       Affected Arm       Place of Birth       Outer of Birth         genewein       amanda       Right       h       01/12/2025         h       h       h       Right       h         haraldd       -       Ignore/Both       Germany       23/07/1982         Anette       Launer       Ignore/Both       Germany       23/07/1982         Anette       Launer       Ignore/Both       Germany       23/07/1982         Center Orientation       Test Patient       I eft       A       01/10/2012         Right Hand       Test Patient       I eft       A       01/00/2012         Right Hand       Test Patient       I eft       A       01/00/2012         Right Hand       Test Patient       I eft       A       01/00/2012         Right Hand       Test Patient       I enter A       01/01/2012       01/01/2012	Manza       Dete of birth:       17/07/1982       New patient         uffected arm:       Left       Address:       Image: Modify patient data       Image: Modify patient data         whone:       Image: Modify patient data       Image: Modify patient data       Image: Modify patient data       Image: Modify patient data         whone:       Image: Modify patient data       Image: Modify patient data       Image: Modify patient data       Image: Modify patient data         Modify patient data       Image: Modify patient data       Image: Modify patient data       Image: Modify patient data       Image: Modify patient data         Modify patient data       Image: Modify patient data       Image: Modify patient data       Image: Modify patient data       Image: Modify patient data         Modify patient data       Image: Modify patient data       Image: Modify patient data       Image: Modify patient data       Image: Modify patient data         Modify patient data       Image: Modify patient data       Image: Modify patient data       Image: Modify patient data       Image: Modify patient data         Sumarine       Name       Affected Arm       Place of Birth       Date of birth       Date of birth         genewein       amarida       Right       Image: Modify patient data       Image: Modify patient data       Image: Modify patient data         Anote       <	Surr	name:	Aggujaro			Name:	Riccardo		0	Search			0 .
Michael arm:       Left       Modify patient       Modify patient       Modify patient         Sex:       Michael arm:       Michael arm:       Modify patient       Modify patient       Modify patient         Notes:       Cancel changes       Save patient       Michael arm:       <	Address:       Image: Modify patient data         Procest Phone:       Image: Cancel changes         Modify patient data       Image: Cancel changes         Image: Cancel changes       Image: Cancel changes       Image: Cancel changes         Summe       Name       Affected Arm       Place of Birth       Date of birth         Summe       Name       Affected Arm       Place of Birth       Date of birth         genewein       amanda       Right       h       Ol/1/12/2025         h       h       H       Right       h       Ol/1/12/2025         Anatte       Launer       Ignore/Both       Germany       Z3/07/1982         Appleio       Riccardo       Left       A       Ol/10/2012         Center Orientation       Test Patient       Ignore/Both       B       O2/02/2012         Right Hand       Test Patient       Ignore/Both       B       O2/02/2012         Right Hand       Test Patient       Right       B       O2/02/2012	Plac	e of birth	Monza			Date of birth:		17/07/1982			1.00	4	0 0
Bec. M  Address: Phone: Notes: Notes:  Surname Name Name Affected Arm Place of Birth Date of birth genewein amanda Right Address Save patient Dit/12/2025 haraldd Anette Laurer Ignore/Both Germany 23/07/1982 Anette C Dit/12/2025 Anette Laurer Ignore/Both Germany 23/07/1982 Anette C Dit/12/2025 Anette Laurer Ignore/Both Germany 23/07/1982 Anette C Dit/12/2025 Anette C Dit/12/2025 Anette Laurer Ignore/Both Germany 23/07/1982 Anette C Dit/12/2025 Anette Anette	Bec       M       Address:       Modify patient data         Phone:       Cancel changes       Cancel changes         Notes:       Surname       Name       Affected Arm       Place of Birth       Date of birth         genewein       amanda       Right       olten       01/12/2025         h       h       N       Right       n         haraldd       Janeer       Ignore/Both       Germany       01/12/2025         Asptiger0       Riccardo       Left       Monza       17/07/1982         I eft Hand       Test Patient       Ignore/Both       B       02/02/2012         Right Hand       Test Patient       Right       C       01/02/2012	Affe	cted arm:	Left						+	New patient		1	
Set     Notes:       Sumarine     Name       Affected Arm     Place of Birth       Date of birth       genewein     amanda       Right     olten       01/12/2025       h     h       H     Image       Image     Right	Phone:       Image: Control of the second seco	-	3	M			Address			2 N	lodify patient data	1	(inter	00
Sources:       Save patient       Save patient         Sumarne       Name       Affected Arm       Place of Birth       Date of birth         genewein       amanda       Right       olten       01/12/2025         h       h       h       01/12/2025       01/12/2025         haraldd       -       Ignore/Both       -       01/12/2025         Anette       Launer       Ignore/Both       Germany       23/07/1982         I eft Hand       Test Patient       Left       Monza       17/07/1982         Center Orientation       Test Patient       Ignore/Both       B       02/02/2012         Right Hand       Test Patient       Right       C       01/02/2012	Summe       Name       Affected Arm       Place of Birth       Date of birth         genewein       amanda       Right       olten       01/12/2025         h       h       h       Bight       h         h       A       Bight       h       01/12/2025         haraldd       -       Ignore/Both       -       01/12/2025         Anate       Launer       Ignore/Both       Germany       23/07/1982         Asyntesto       Riccardo       Left       Monza       17/07/1982         I eft Hand       Test Patient       Left       A       01/02/2012         Center Orientation       Test Patient       Ignore/Both       B       02/02/2012         Right Hand       Test Patient       Right       C       01/01/2012	Pho	ne:	MV			Address.			0	Cancel changes	2		Bar
Sumame         Name         Affected Arm         Place of Birth         Date of birth           genewein         amanda         Right         olten         01/12/2025           h         h         N         Right         h         01/12/2025           haraldd         -         Ignore/Both         -         01/12/2025           Anette         Launer         Ignore/Both         -         01/12/2025           Anette         Launer         Ignore/Both         -         01/12/2025           Anette         Launer         Ignore/Both         Germany         23/07/1882           Asstriation         Ricker         Left         Monza         17/07/1892           Center Orientation         Test Patient         Ignore/Both         B         02/02/2012           Right Hand         Test Patient         Right         C         01/02/2012	Sumarne         Name         Affected Arm         Place of Birth         Date of birth           genewein         amanda         Right         olten         01/12/2025           h         h         h         No         01/12/2025           haraldd         -         Ignore/Both         -         01/12/2025           Anette         Launer         Ignore/Both         -         01/12/2025           Anette         Launer         Ignore/Both         Germany         23/07/1982           Approjetor         Riocardo         Left         Monza         17/07/1982           Loft Hand         Test Patient         I eft         A         01/02/2012           Center Orientation         Test Patient         Ignore/Both         B         02/02/2012           Right Hand         Test Patient         Right         C         01/01/2012	Note	<b>**</b> :							0	Save patient			-ne
haraldd     -     Ignore/Both     -     01/12/2025       Anette     Launer     Ignore/Both     -     01/12/2025       Anette     Launer     Ignore/Both     Germany     23/07/1982       Anette     Left     Monza     17/07/1982       Left Hand     Test Patient     Left     A     01/02/2012       Center Orientation     Test Patient     Ignore/Both     B     02/02/2012       Right Hand     Test Patient     Right     C     01/01/2012	haraldd     -     Ignore/Both     -     01/12/2025       Anette     Launer     Ignore/Both     Germany     23/07/1982       Aggregot     Riccardo     Left     Monza     17/07/1982       Left Hand     Test Patient     Left     A     01/02/2012       Center Orientation     Test Patient     Ignore/Both     B     02/02/2012       Right Hand     Test Patient     Right     C     01/01/2012		genewei b	n		Name amanda		Affec Right Right	ated Arm	Pl	ace of Birth en		Date of bir 01/12/2025 01/12/2025	th
haraldd     -     ignore/loth     -     01/12/025       Anete     Launer     Ignore/Both     Germany     23/07/1982       Appliero     Riccardo     Left     Monza     17/07/1982       Left Hand     Test Patient     Left     A     01/02/2012       Center Orientation     Test Patient     Ignore/Both     B     02/02/2012       Right Hand     Test Patient     Right     C     01/01/2012	haraldd     -     ignorc/Loth     -     01/12/2025       Anette     Launer     Ignorc/Eoth     Germany     23/07/1982       Anette     Riccardo     Left     Monza     17/07/1982       Left Hand     Test Patient     Left     A     01/02/2012       Center Orientation     Test Patient     Ignore/Both     B     02/02/2012       Right Hand     Test Patient     Right     C     01/01/2012		h			h		Right		h			01/12/2025	
Appleto         Ricordo         Left         Monza         17/07/1992           Left Hand         Test Patient         Left         Monza         17/07/1992           Center Orientation         Test Patient         Left         A         01/02/2012           Right Hand         Test Patient         Ignore/Both         B         02/02/2012           Right Hand         Test Patient         Right         C         01/01/2012	Application         Recento         Left         Monza         17/07/1982           Left Hand         Test Patient         Left         Monza         17/07/1982           Left Hand         Test Patient         Left         A         01/02/2012           Center Orientation         Test Patient         Ignore/Both         B         02/02/2012           Right Hand         Test Patient         Right         C         01/01/2012		Anatta			Lauran		Ignor	e/Both	- Ce			23/07/1082	
Left         A         01/02/2012           Center Orientation         Test Patient         Left         A         01/02/2012           Center Orientation         Test Patient         Ignore/Both         B         02/02/2012           Right Hand         Test Patient         Right         C         01/01/2012	Left     A     01/02/2012       Center Orientation     Test Patient     I efft     A     01/02/2012       Center Orientation     Test Patient     Ignore/Both     B     02/02/2012       Right Hand     Test Patient     Right     C     01/01/2012		Annisi	() ()		Riccardo		Left	erbour	M	inza		17/07/1982	
Center Orientation Test Patient Iqnore/Both B 02/02/2012 Right Hand Test Patient Right C 01/01/2012	Center Orientation Test Patient Ignore/Both B 02/02/2012 Right Hand Test Patient Right C 01/01/2012		Left Har	d		Test Patie	nt	Left		A	niza		01/02/2012	
Right Hand Test Patient Right C 01/01/2012	Right Hand Test Patient Right C 01/01/2012		Center 0	Drientation		Test Patie	nt	Ignore	e/Both	В			02/02/2012	
			Right Ha	and		Test Patie	nt	Right		С			01/01/2012	

Use the "patient search" button to search and select an existing patient file. Enter search values such as name, surname or place of birth.



-		Search B	ох	- 🗆 🗙
Sear	ch patients			
● sea	arch in databas	se		
Ins	sert search term			
	search in			
	Il fields			
	$\bigcirc$ Name		O Place of bi	irth
0 sho	ow all patients			
			Searc	cancel

Create a new patient by clicking on the button "new patient" and insert the patient information.

					Armotion				- 0
atient File E	xercises F	Results	Calibration			Q	Help	Back	Next 🙆
Surname: Place of birth: Affected arm: Sex: Phone:	pippo Please sele M v	ct v		Name: Date of birth: Address:	17/07/1982 3+	<ul> <li>図</li> <li></li></ul>	Search New patient dify patient data Carroel changes		A DE
Sumame	,		Name		Affected Arm	Plac	e of Birth	Date of	birth



- 🗆 X

# 7.4 Exercises

After having selected the patient click on "Exercises" and select the training mode:

- Tracks: it requires the patient to follow the given trajectories
- **Coins:** it requires the patient to grab the coins and bring them back to the centre of the work plan
- **Car racing:** it requires the patient to chase the computer along one of the given trajectories
- Memory: it requires the patient to make an association between two objects
- **Dish Washing:** it requires the patient to wash dishes in a sequence of predetermined actions.

tient File	Exercises	Results	Calibration		× ····	-	Exercise
			1			Number of reitera	ations
Eserci	ses					5	
	Tracks			2 Pairs			
С	ar Racing						
	Coins			3 Pairs			
						Size	
	Memory					Small	Big
Die	h Washing						
	in trasning			4 Pairs		Speed	
						Slow Norma	Fast
						Correction Force	
						Stiff Medium	n Soft
						Resistance	
						Light Medium	Heavy
						Viscosity	
						Sliding	Sticky





	Device State Waiting Commands - Dev	During execution u	use ESC to pull up this window
	Exercise		Show Results
-	Duration	Not Runr	nina
Start	6 Stop	3 Reset	Close

# 7.4.1 Parameters common to all exercises

## 7.4.1.1 Auto mode: passive therapy option

Continuous passive movement.

**Speed**: choose from the options Slow, Normal or Fast to determine the speed of the armotion when in auto mode.

## 7.4.1.2 Normal Mode: active assistive therapy option

Active-assistive mode compensates the difficulties of the patient by a self-initiation of the movement. Active-assistive mode supports the patient to actively start the selected exercise.

**Correction Force**: select from the options Stiff, Medium or Soft to determine the force that will be opposed to the patient when he moves away from the given trajectory.

**Weight**: select from the options Light, Medium or Heavy to simulate changes in the mass of the Armotion.



**Viscosity**: select from the options Sliding or Sticky to simulate the viscous friction along the trajectory of the Armotion

# 

When in Auto mode the Armotion leads the patient passively over the given trajectory.

When in auto mode the setting stiffness, weight and viscosity cannot be adjusted.Run the Armotion in auto mode and show the patient how to do the exercise correctly.

# 7.4.2 Exercise "Tracks"

The patient should follow a given trajectory drawn from the track selected. No time limits are set. If the patient moves too far away from the trajectory the robot will exert an increasing resisting force to return it to the ideal trajectory.

In order to initiate the training mode the patient is required to reach the initial position on the grid, without having to follow a particular path.

If the patient does not start or is motionless, the robot accompanies the patient to a portion of the given trajectory. Auto mode feature.



a conjector

A counter shows the number of the remaining laps, the partial lap time being, the best lap time among those made during the therapy session and the time elapsed since the beginning of the training.

The exercise can be interrupted at any time by pressing "Esc"

The following trajectories can be selected:

- Eight
- Track
- Letter D
- Oval

The following settings can be adjusted according to the patient's clinical condition and the intended outcome of the therapy session:

Number of laps: select the number of laps to be made to complete the exercise

**Size**: set Small, Medium or Large depending on the range of motion and the anthropometric dimensions of the patient (the given trajectory will result to be scaled in the work plan)



**Position**: mirror the trajectories -letter D and track-, taking them from the right or to the left of the patient. Even the trajectories - eight and oval - have variants side designed to facilitate their execution with the right or left arm.

**Direction**: choose between the clockwise or counter clockwise options.

Once all the desired parameters are set press the Start button.

A session manager and pop up window will open.

	Session Manager		? ×
	Device Stat	During execution use	ESC to pull up this window
	Waiting Commands Dev	ice MSWait	Show Results
	Exercise		
	Duration	Not Runnii	na
Churt	<b>A</b> sm	- Part	<b>O</b> dua

The exercise with the selected parameters will start automatically: the patient is asked to approach the starting position, and after a short countdown can begin to training session.

Once completed, the software shows the score and the energy expressed by the patient during the session.







# 7.4.3 Exercise "Coins"

In this exercise the patient is asked to collect the coins arranged on an arc of ellipse. For every coin he will have to start from a central position, going over a coin, and return to the central starting position.



If the patient fails to achieve the goal or crashes or is still too slow is therefore helped by the Armotion. When on auto mode the exercise is passively driven by the Armotion.

User Manual - Version 1.7

Armotion™





The following settings can be adjusted according to the patient's clinical condition and the intended outcome of the therapy session:

Number of repetitions: allows defining the number of rounds in order to complete the exercise

**Size**: set Small, Medium or Large depending on the range of motion and the anthropometric dimensions of the patient (the given trajectory will result to be scaled in the work plan)

Once completed the exercise shows the score and calories burned



# 7.4.4 Exercise "Car racing"

In this therapy mode the patient is required to chase the computer along one of the given trajectories. The controls and the scoring is otherwise equivalent to the tracks exercise.



Select the desired track and start the exercise as previously described.



# 7.4.5 Exercise "Memory"

In this therapy mode the patient is required to make an association between two objects



The exercise starts when the Armotion is brought to the centre of the work plan. At this point, after a brief countdown, the patient can go to any of the icons and pausing for 1 second the cursor circle pencil icon to indicate that it has been selected. Once an icon is selected the patient is asked to select the corresponding icon.

In this exercise, the patient is completely free to move. The Armotion comes to the aid of the patient after 25 seconds if no icon is selected. If an icon is already selected, but after 25 seconds still missing the second to close the association, the Armotion intervenes accompanying the patient to the associated icon.

The exercise can be interrupted at any time by pressing the "esc"

Choose between two, three or four associations (pairs) and set the following parameters:

Number of repetitions: allows defining the number of rounds in order to complete the exercise

**Size**: set Small, Medium or Large depending on the range of motion and the anthropometric dimensions of the patient (the given trajectory will result to be scaled in the work plan)





At the end of the therapy session, a scoring system is shown as previously described.

User Manual - Version 1.7



# 7.4.6 Exercise "Dish Washing"

The "dish washing" therapy mode simulates the movement of the daily life of washing the dishes.



Click on the icon "dishes" and set the following:

#### User Manual - Version 1.7

Armotion™



Number of repetitions: allows defining the number of rounds in order to complete the exercise

Side: select left or right arm

In this exercise, the patient is requested to accomplish the following tasks:

- Move the first dirty plate from the stack of plates on the right shelf to the sink- central
- Grasp the soapy
- Clean the plate with 3 complete movements (left to right/right to left)
- Leave the sponge on its support
- Open the tap water
- Close the tap water
- Grasp the drying mat
- Dry the plate with three complete movements (left to right/right to left)
- Leave the mat on its support



# 7.4.7 Scoring and results

All exercise offer a score at the end of the game and detailed results are available directly after the game has been finished or at a later point from the results overview.

Once completed, the software shows the score and the energy expressed by the patient during the session.



The score is calculated taking into account the following parameters:

- degree of autonomy of the patient determined at the time of activity: (time spent with active user in robot moving - time spent with active user in robot stopped) / (total exercise duration - time spent stationary robot)
- degree of autonomy of the patient's calculated on the work done: work of the patient along the trajectory / (patient work along the trajectory + working robot along the trajectory)
- accuracy of the patient work along the trajectory / total work of the patient
- normalized speed: average speed of the patient / (maximum possible speed x 80 %)

The measured value of the performance would be equal to the sum of the 4 above-mentioned parameters each multiplied by a weight (currently the weights are all places to 1/4).



Finally, the weighted sum is multiplied by a factor of 10 to obtain a score between 0 and 10.

- between 0 and 4, the test is considered NOT sufficient
- above 4 and up to 6, the test is considered to be sufficient
- over 6 evidence is considered successfully passed ( and the PC speaker will reproduce the sound of applause )

Once the therapy ends a session manager window opens.

	Se	ssion Manager	1
	Device Stat	During execution use ESC	to pull up this window
	Waiting Commands Device	MSWait	Show Results
-	Exercise		
	Duration	Not Runnina	
	0	•	( and the second

By pressing "start" it is possible to repeat the exercise with the same settings. Click on "esc+ to return to the main menu.

By clicking on "results" the system shows the following:



• **Power Consumption**: shows the distribution of energy consumed between patient and robot

Visualizzazion	e Risultati		<b>T D X</b>
Soggetto Sognatio Risultato Data Duzata Path Punteggio	Lest Native Trains Contribution mar 20, vil. 10:49:12 2011 fm 2s C./motore2/motore 2012.030/sessions/test/Native Trains/ 5.000970557186393		
Aggiorre	Hitva Prezidente Successive		
2.5	Consumo di Energia	Cursu Tradi Fores Curdu Curdu Curdu	an u di Exerçu Itaria la: a artea austriarea a artea austriarea a artea austriarea a artea austriarea artiklanga
2.0			2
1.5			
liso) Africa			
0.5		-	
0.0		-	
-0.5	Utente Pobot		

• **Trajectory** : shows the trajectory of the armotion while performing the exercise



• Forces : Shows the forces of interaction between patient and the armotion as recorded during the exercise





• **Jobs**: shows the work done by the patient and by the robot , in the direction tangent to the path and in the perpendicular





• **Time alone**: shows a box plot relative to the time when the user has been active (time not spent in automode )

anazazione Risu	tan	
getto test	i de ser o	
neno Nuo	we-trains	
andro Com	F 303602	
sta 1m		
h C:/	motore2/motore-20121030/sessions/test/Nuove-Trains/	
itricajo (5.0	00970777186393	
Apport 2	Hune Prevalente aucuesave	
		Consure di Reenje
	Durata sonza assistenza	Parationa Porte
8	Durata senza assistenza	tometic:
		Durota persoa cossi d'izo E observa como consistencia a sidente a
		Street
~ <u></u>		
6		
5		
2		
3 4	and the second sec	
5		
0		
3		
~		
2		
<u>_</u>		
1		
0.	1	

• **Distance in autonomy**: shows a box plot on the distance travelled by patient autonomy ( distance not travelled in auto mode )





- Scores: multiplication table summarizing the numerical values of the results
- ② degree of autonomy of the patient calculated on time
- ② degree of autonomy of the patient calculated on the job
- $\circ$  2 accuracy of patient
- $\circ$  2 user's work
- ② Work Robot
- Itotal exercise duration

sualtzzazione Risultati			
eggetto test senoto Nuovo Traine suitato Com detato sta mar 20, ou 10:42 vata Im 28 ath C./motors2/mate subgetto Subdor25571640	5 12 2011 ve 2012 (230/sessions/test 93	Nutve Irains/	
Aggiorne Histore	Precedente	Sucherdyn	
Score Autonomie misurate come durata	Valore (Unit) 06 %		Corosce d'Enrepu Trastoria Para Forcado: Distance autostance
Autonomia misurata coma Lavoro	76 %		Distance percente centre activitance Secure
vision ta Norma izzata	7.4		
Lavoro Utente	9.6.1		
Prenkinne su Levom	30 %		
Durota	63.1 5		
avom Rozof	-0.5.1		



# 8 Maintenance

The present chapter describes how to take care of the Armotion.

# 🕕 ΝΟΤΙCΕ

More detailed information for reparation purpose can be found in the Service Manual.

# **AWARNING**

Risk of material damage or personal injury due to improper repairs and maintenance!

Improper maintenance can cause serious damage on the device or injury to the patient and therapist.

• Repairs and maintenance, beside the procedures described in this manual, may only be performed by staff of Reha Technology AG or personnel trained and authorized by Reha Technology AG.

# **8.1 Cleaning the Armotion**

If not requested, carry out the cleaning in regular intervals by a moistened cloth and hot water or disinfectant. Clean the device and the working surface daily to ensure proper functioning.

# 🕕 ΝΟΤΙϹΕ

Do not use phenol- or chlorine based cleaning agents, for they could harm leather, aluminium and plastic.

**Cleaning the Armotion:** 



The Armotion consists of parts made aluminium, PVC and delrin covered by paint. To clean and disinfect them (after every therapy session) please always use agents which are tolerated by the finish (see notice above).

#### **Cleaning the working surface:**

For cleaning the working surface, use a dry or slightly moist cloth. If there are stubborn stains the cloth can be moistened with alcohol. However do not use abrasive cleaners, detergents or solvents. If there should be large stains which cannot be removed please contact Reha Technology AG.

# **8.2 Annual Maintenance Check**

A maintenance check has to be carried out by Reha Technology or authorized technicians only, at least once a year.

Yearly repeated checks have to be carried out in accordance with EN 60601-1:2007

# **AWARNING**

Risk of material damage and/or injury by not executed maintenance!

The Armotion can only be used if all the required maintenance actions have been executed by Reha Technology AG or third parties authorized by Reha Technology AG.

# 9 Disposal

The Armotion may not be disposed but has to be returned to Reha Technology AG.

# **O** NOTICE

The user has to be informed on effective local, regional or national waste disposal regulations.



Reha Technology AG Industriestrasse 78 4600 Olten SWITZERLAND E-Mail: info@rehatechnology.com Internet: www.rehatechnology.com

Published December, 2014

Original language: English