

iHome

# zenergy AROMA DREAM

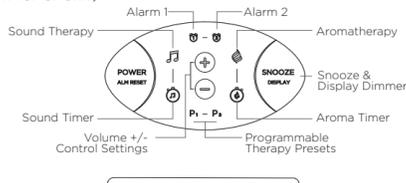


**Model: iZA40-R**  
Aromatherapy Essential Oil Diffuser  
Alarm Clock with Sound Therapy

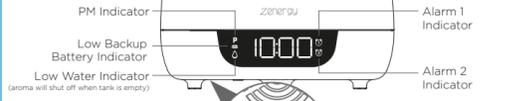
QUESTIONS? visit [www.ihome.com](http://www.ihome.com) or call 1-800-288-2792

## OVERVIEW

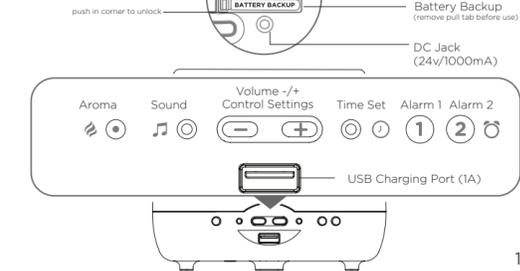
**REMOTE CONTROL**  
(RESTS ON TOP OF UNIT)



## DISPLAY

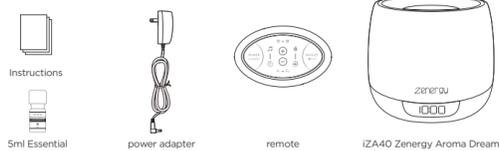


## BACK & BOTTOM



1

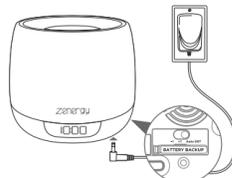
## WHAT'S IN THE BOX



## GETTING STARTED

### 1. Connecting the Unit

Connect the included AC adapter to the DC jack located on the bottom of the unit and connect the other end to a working wall outlet. Remove the battery pull tab from the bottom of the unit. Press **Power** to turn the unit ON. Always place unit on a firm, flat, stable surface. We recommend placing a waterproof mat or pad under the unit.



### 2. Setting Your Clock

- Press and hold the **Time Set Button** until the display flashes.
- Press the **-** or **+** Buttons to adjust selections and press **Time Set** to confirm.
- Do this for time/year/month/date.
- All done!

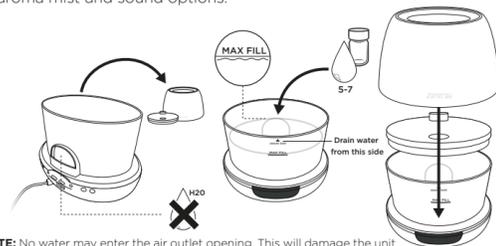


**Daylight Savings Time (DST) Switch:**  
By default, the DST Switch is set to Auto and will automatically adjust the time in March and November.

2

### 3. Using Aromatherapy

- Lift the outer cover from the unit. Next, gently lift the inner lid from the top of the water reservoir.
- Use a cup to add water. Water level should not exceed the **MAX FILL** line printed on the tank (250ml).
- Add 5-7 drops of essential oil to the water. Add more or fewer drops of essential oil based on your personal preference.
- Gently press the inner lid back on the tank until it locks into place. Replace the outer cover.
- Press the **Arma Button** to turn the diffuser on and choose your aroma mist and sound options.



**NOTE:** No water may enter the air outlet opening. This will damage the unit and will void any claim to the warranty. Do not carry the unit around while it is filled with water. The water could run into the electronics.

### AROMATHERAPY MISTING OPTIONS

Press repeatedly to cycle through aroma settings:

- High, Low, Interval (periodic mist), and OFF.

### INTERVAL



### CONTINUOUS



3

## CLEANING AND CARE

- Before cleaning the unit, turn the power off. Make sure your hands are dry before the adapter is unplugged from the diffuser and outlet.
- Remove the outer cover from the base. Next, remove the inner cover.
- Carefully pour any remaining water and essential oil out of the reservoir, from the drain side, opposite the air outlet. Be sure not to empty the reservoir near the air outlet in order to avoid malfunction. **CAUTION:** Never immerse the unit in water (danger of short circuit).

### TO CLEAN THE SURFACE

Clean the surface of your diffuser with a clean, damp, soft cloth as often as needed.

### TO CLEAN THE RESERVOIR AND ULTRASONIC MEMBRANE

We recommend wiping the reservoir with a clean, damp, soft cloth at least once every 2-3 weeks, depending on usage.

**NOTE:** Depending on your usage, and the amount of essential oil you use, you may want to clean the reservoir and ultrasonic membrane more frequently for best performance.

For the most thorough clean, pour a 50/50 mixture of vinegar and water into the reservoir, then soak for five minutes. (Do not use detergents or other harsh cleaning agents as this may damage the unit.) Brush reservoir interior walls, base and ultrasonic membrane clean with a soft bristle brush (not included) and rinse. NEVER touch the ultrasonic membrane with your fingers, as the natural oils in skin can damage the membrane.

Clean and dry the unit before extended periods of inactivity.

### CHANGING FRAGRANCE

If you would like to change the fragrance, empty the unit completely and clean the reservoir with a clean, damp, soft cloth. Fill unit once again and pour new drops into the device following the instructions.

4

## SETTING THE ALARM

This unit features dual alarms which can be set to different times and alarm sources. Each is set in the same way. Instructions are given as 'Alarm Button' - press Alarm 1 or Alarm 2 to set respective alarms.

- Press and hold the **Alarm Button** for 2 seconds until the alarm time display and alarm icon flash.
- Press the **-** or **+** Buttons to adjust the alarm time (hold for rapid setting). Make sure you set the correct AM/PM alarm time. The PM indicator appears to the left of the time display. Press the **Alarm Button** to confirm the alarm time setting.
- Now press the **-** or **+** Buttons choose an aroma mode to wake to: High, Low, Interval, or Off. Press the **Alarm Button** to confirm.
- Press the **-** or **+** Buttons to select a sound therapy mode to wake to (1-12), to wake to a buzzer, or OFF (no sound). Press the **Alarm Button** to confirm the alarm source.
- Press the **-** or **+** Buttons to adjust the alarm volume. Press the **Alarm Button** to confirm.
- Press the **-** or **+** Buttons to set the desired alarm schedule: 7 Days (every day), 5 Days (week days only) or 2 Days (weekends only).
- Press the **Alarm Button** to confirm all settings. The corresponding **Alarm Indicator** (1 or 2) will appear on the display to confirm the alarm is armed.

## TURNING THE ALARM ON/OFF

- Press the **Alarm Button** to preview the alarm time. Press again to toggle the alarm ON and OFF, indicated by the related LED indicator.
- When the alarm sounds, press the corresponding **Alarm Button (1 or 2)** or the **Power/Alarm Reset Button** to disable the alarm and reset it for the next day.

## SNOOZE/DISPLAY DIMMER

**Snooze:** When the alarm is sounding, press the **Snooze/Dimmer Button** to snooze (default is 9 minutes).

**Dimmer:** Press the **Snooze/Dimmer Button** (when alarm is NOT sounding) to adjust display brightness: MAX, MID, LOW, MIN, and OFF.

5

## PROGRAMMABLE SNOOZE

Set the duration of your snooze timer:

- To program Snooze, press and hold the **Snooze/Dimmer Button** for 2 seconds during normal operation (when no alarm is sounding).
- Press the **-** or **+** Buttons to select the desired snooze time (between 1 and 29 minutes).
- Press the **Snooze/Dimmer Button** again to confirm setting.

## SOUND THERAPY

Press the **Sound Button** repeatedly to cycle through 12 modes:

- Dream • Nature • Air
- Zen • Ocean • Focus
- Trance • River • Drive
- Meditation • Storm • Quiet
- OFF



Press and hold to pause / Tap to resume

## TIMERS (AROMA + SOUND)

This unit allows you set a timer for the current sound and/or aroma source. A voice prompt will confirm when either timer is set.

Using the remote control:

- To set an Aroma Timer, press the **Aroma Timer Button** as needed to cycle to the desired duration: 10 minutes, 30 minutes, 1 hour, 2 hours, 4 hours, 6 hours, 8 hours, or OFF.
- To set a Sound Timer, press the **Sound Timer Button** as needed to cycle to the desired duration: 10 minutes, 30 minutes, 1 hour, 2 hours, 4 hours, 6 hours, 8 hours, or OFF.

## PROGRAMMABLE THERAPY PRESETS

The unit allows you to store up to 2 presets to easily access your favorite aroma and sound mode combinations.

Using the remote control:

- When your preferred sound and aroma modes are active, press and hold **P1** or **P2** to set up a preset.
- Once set, press **P1** or **P2** to activate your preset at any time.

6

## REMOTE CONTROL BATTERY

The remote control comes with a CR2032 battery already installed. To replace the battery:

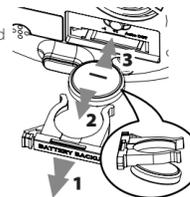
- Use a Phillips screwdriver to open the battery door.
- Remove the exhausted battery and replace with a new CR2032 battery, making sure the '+' sign is facing up. Close the battery door. Do not overtighten the screw.



## BATTERY BACK-UP

The unit comes with 1 CR2450 back-up battery to maintain alarm and clock settings during a temporary power failure. When the low battery icon appears on the clock display, it is time to replace the back-up battery. The battery compartment is located on the bottom of the unit.

- Make sure the water tank is empty before replacing the battery. The AC adapter should be connected, or you will lose your clock settings during battery replacement.
- Push in the corner to unlock the battery compartment door and then remove it.
- Remove the exhausted battery and insert 1 CR2450 battery. Replace the compartment door.



## WARNING

- Keep new and used batteries away from children.
- Do not ingest the battery, Chemical Burn Hazard
- This product contains a coin/button cell battery. If the coin/button cell battery is swallowed, it can cause severe internal burns in just 2 hours and can lead to death.
- If the battery compartment does not close securely, stop using the product and keep it away from children.
- If you think batteries might have been swallowed or placed inside any part of the body, seek immediate medical attention.
- CAUTION-Danger of explosion if battery is incorrectly replaced. Replace only with the same or equivalent type following the diagram above.**

7

## USB CHARGING

Connect a USB cable (not included) to the USB port on the back of the unit to charge devices. (Make sure the unit is plugged into a power outlet).



## IMPORTANT SAFETY INSTRUCTIONS

When used in the directed manner, this unit has been designed and manufactured to ensure your personal safety. However, improper use can result in potential electrical shock or fire hazards. Please read and follow all safety and operating instructions carefully before installation and use, and keep these instructions handy for future reference. Take special note of all warnings listed in these instructions and on the unit.

- Water and Moisture** - The unit should not be used near water. For example: near a bathtub, washbowl, kitchen sink, laundry tub, swimming pool or in a wet basement.
- Ventilation** - The unit should be situated so that its location or position does not interfere with its proper ventilation. For example, it should not be situated on a bed, sofa, rug or similar surface that may block ventilation openings. Also, it should not be placed in a built-in installation, such as a bookcase or cabinet, which may impede the flow of air through the ventilation openings.
- Heat** - The unit should be situated away from heat sources such as radiators, heat registers, stoves or other appliances (including amplifiers) that produce heat.
- Power Sources** - The unit should be connected to a power supply only of the type described in the operating instructions or as marked on the appliance. Only use the AC adapter that came with the unit.
- Power-Cable Protection** - Power supply cables should be routed so that they are not likely to be walked on or pinched by items placed upon or against them. It is always best to have a clear area from where the cable exits the unit to where it is plugged into an AC socket.
- Lightning and Power Surge Protection** - Unplug the unit from the wall socket and empty the water from tank during a lightning storm or when unit is left unattended and unused for long periods. This will prevent damage to the product due to lightning and power-line surges.
- Objects and Liquid Entry** - Care should be taken so that objects do not fall and liquids are not spilled into any openings or vents located on the product.
- Attachments** - Do not use attachments not recommended by the product manufacturer.
- Damage Requiring Service** - The unit should be serviced by qualified service personnel when:
  - the power supply cable or plug has been damaged,
  - objects have fallen into or liquid has been spilled into the air outlet.
  - the unit has been exposed to rain.
  - the unit has been dropped or the enclosure damaged.
  - the unit exhibits a marked change in performance or does not operate normally.
- Periods of Non-use** - If the unit is to be left unused for an extended period of time, such as a month or longer, empty water from tank and remove batteries before storage.
- Service** - The user should not attempt to service the unit beyond those methods described in this manual. Service methods not covered in the operating instructions should be referred to qualified service personnel.
- Magnetic Interference** - This product's speakers contain powerful magnets which could cause interference or damage to sensitive equipment such as hard drives, CRT televisions and monitors, as well as medical, scientific, and navigational devices. Keep this unit away from these products at all times.
- Only use attachments/accessories specified by the manufacturer.** This product is suitable for use in tropical and/or moderate climates.
- No naked flame sources, such as lighted candles, should be placed on or near the apparatus.
- WARNING:** To reduce the risk of fire or electric shock, do not expose this product to rain or moisture.
- Do not dispose of batteries in the household trash or fire.
- The mains plug of power adaptor is used as the disconnect device, it shall remain readily operable.
- Clean only with dry cloth.
- Attention should be drawn to the environmental aspects of battery disposal. Check your local requirements.
- Clean and disinfect the water reservoir on a regular basis.

8

## FCC INFORMATION

This equipment complies with FCC RF radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with a minimum distance of 20 centimeters between the radiator and your body.

**This device complies with Part 15 of the FCC Rules, operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.**

Warning: Changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules.

These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

CAN ICES-3 (B)/NMB-3(B)

### IC Statement

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:

(1) This device may not cause interference.

(2) This device must accept any interference, including interference that may cause undesired operation of the device.

L'émission/réception exempt de licence contenu dans le présent appareil est conforme aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes:

(1) L'appareil ne doit pas produire de brouillage;

(2) L'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

The device meets the exemption from the routine evaluation limits in section 2.5 of RSS 102 and compliance with RSS-102 RF exposure users can obtain Canadian information on RF exposure and compliance.

Le dispositif rencontre l'exemption des limites courantes d'évaluation dans la section 2.5 de RSS 102 et la conformité à l'exposition de RSS-102 rf, utilisateurs peut obtenir l'information canadienne sur l'exposition et la conformité de rf.

This equipment complies with IC RF radiation exposure limits set forth for an uncontrolled environment.

This equipment should be installed and operated with a minimum distance of 20 centimeters between the radiator and your body.

Ce matériel est conforme aux limites d'exposition aux rayonnements rf de ic énoncés dans un autre environnement.

Ce matériel doit être installé et exploité à une distance minimale de 20 cm entre le radiateur et votre corps.

## WARRANTY

For product support information and warranty please visit:  
[www.ihome.com/support](http://www.ihome.com/support)

© 2019 SDI Technologies, Inc. All rights reserved  
Questions? Visit [www.ihome.com](http://www.ihome.com)  
or call 1-800-288-2792 Toll Free

iZA40-190730-A(EN)

Printed in China