

Galaxy Watch

Quick Start Guide
EP-OR825

SAMSUNG

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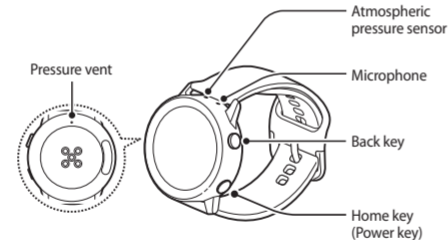



Package contents

- Galaxy Pulse
- Band
- Charging pad
- Quick start guide

 The items supplied with the Galaxy Pulse and their images may vary by region.

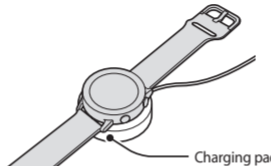
Device layout





 Do not insert sharp objects into the atmospheric pressure sensor, the pressure vent, or the microphone. Inner components of the Galaxy Pulse may be damaged along with the water-resistance feature.


Charging the battery


Before using the Galaxy Pulse for the first time, you must charge the battery.




-  Use only Samsung-approved chargers.
-  The charger should remain close to the electric socket and be easily accessible while charging.

Accessing more information



To view the full user manual and the full safety information, including device and battery disposal instructions, launch **Galaxy Wearable** on you mobile device and tap  → **User manual**. Or, visit www.samsung.com.

-  The method for accessing the user manual from the Galaxy Wearable app may vary depending on your mobile device.
- The user manual may not be available depending on the web browser or service provider.

Connecting the Galaxy Pulse to a mobile device

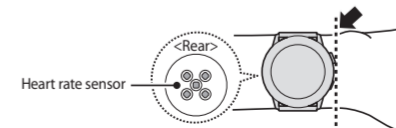
On your Galaxy Pulse, swipe upwards from the bottom of the screen, select  to select a language to use, and then follow the on-screen instructions.


On your mobile device, launch **Galaxy Apps** or **Play Store** and download the Galaxy Wearable app, launch it and follow the on-screen instructions to complete the connection.

-  If you want to use your Galaxy Pulse without connecting it to a mobile device, tap , scroll down the screen, and then tap **here**.
- Visit www.samsung.com to view legal notices provided when setting Without phone connection mode for the first time.
- Connection methods and screen may vary depending on your mobile device and software version.
- Supported mobile devices and features may vary depending on your region, service provider, and device manufacturer.

Notice for measuring the heart rate

When measuring your heart rate, wear the Galaxy Pulse snugly on your arm above your wrist as shown in the figure below. Do not fasten the Galaxy Pulse too tightly.



-  The accuracy of the heart rate sensor can be affected depending on the user's movements, personal physiology, and the measurement conditions and surroundings. Take heart rate measurements when you are seated and relaxed.
- Do not look directly at the heart rate sensor's lights. Doing so may impair your vision.
- If your device becomes hot to the touch, please remove it until it cools. Exposing skin to a hot surface of the device for a long time may cause skin burn.

• THIS DEVICE AND ANY SOFTWARE, SERVICE, FUNCTION PROVIDED THEREIN IS SOLELY INTENDED FOR FITNESS AND WELLNESS PURPOSES ONLY AND IS NOT INTENDED FOR USE IN THE DIAGNOSIS OF DISEASE OR OTHER CONDITIONS, OR IN THE CURE, MITIGATION, TREATMENT OR PREVENTION OF DISEASE.

- Any information that is obtained from use of the Galaxy Pulse or the Fit Software or any application preloaded within may not be suitable, accurate, complete or reliable.

Correct disposal



This marking on the product, accessories or literature indicates that the product and its electronic accessories (e.g. charger, headset, USB cable) should not be disposed of with other household waste.

This product is RoHS compliant.



This marking on the battery, manual or packaging indicates that the batteries in this product should not be disposed of with other household waste.

For information on Samsung's environmental commitments and product specific regulatory obligations e.g. REACH, WEEE, Batteries, visit our sustainability page available via www.samsung.com.

If your device is frozen and unresponsive, press and hold the Home key (Power key) for more than 7 seconds to restart it.

Declaration of Conformity

Samsung Electronics declares that this device complies with the essential requirements and relevant provisions of Directive 2014/53/EU.

Go to www.samsung.com/mobile_doc to view the Declaration of Conformity.

Samsung Electronics, Service Dept, PO Box 12987, Blackrock, Co. Dublin, Ireland

Some content may differ from your device depending on the region, service provider, or software version, and is subject to change without prior notice.

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Safety information

Read all safety information before using the device to ensure safe and proper use.



Warning

Follow the warning information provided below to prevent incidents such as fire or explosion

- Do not expose the device to physical impact or damage.
- Use manufacturer-approved chargers, accessories, and supplies.
- Prevent the multipurpose jack and battery terminals from contacting conductive elements, such as metal or liquids.
- If any part of the device, such as the glass or acrylic body, is broken, smokes, or emits a burning odor, stop using the device immediately. Use the device again only after it has been repaired at a Samsung Service Centre.
- Do not turn on or use the device when the battery compartment is exposed.

Follow the warnings below to prevent injury to people or damage to the device

- Do not allow children or animals to chew or suck the device.
- The device can be used in locations with an ambient temperature of 0 °C to 35 °C. You can store the device at an ambient temperature of -20 °C to 50 °C. Using or storing the device outside of the recommended temperature ranges may damage the device or reduce the battery's lifespan.
- Do not use your device in a hot environment or near fire.
- Comply with all safety warnings and regulations regarding mobile device usage while operating a vehicle.

- Do not wear the device too tightly. Make sure to keep the device clean and dry. Though this device has met international safety standards, some people may experience skin irritation if they are allergic to certain substances.



To prevent possible hearing damage when using a headset, do not listen to sound at high volume for long periods.

Maintaining water and dust resistance

Your device supports water- and dust-resistance. Follow these tips carefully to maintain the water- and dust-resistance of your device. Failure to do so may result in damage to your device.

- Do not expose the device to **water moving with force**.
- Do not use your device when you dive into the water, snorkel or try any water sports in fast-flowing water.
- If the device or your hands are wet, dry them thoroughly before handling the device.
- If the device is exposed to fresh water, dry it thoroughly with a clean, soft cloth. If the device is exposed to other liquids, such as salt water, swimming pool water, soapy water, oil, perfume, sunscreen, hand cleaner, or chemical products such as cosmetics, rinse it with fresh water and dry it thoroughly with a clean, soft cloth. If you do not follow these instructions, the device's performance and appearance may be affected.
- **If the device is dropped or receives an impact**, the water- and dust-resistant features of the device may be damaged.
- Some features such as the touchscreen may not work properly **if the device is used in water**.

Your device has been tested in a controlled environment and certified to be water- and dust-resistant in specific situations and conditions. (Meets the requirements of the water-resistance in a 50 m deep water as described by the international standard ISO 22810:2010 and your device can be used in shallow water. Meets the requirements of the dust-resistance as described by classification IEC 60529 IP6X.)

Specific Absorption Rate (SAR) certification information

THIS DEVICE MEETS INTERNATIONAL GUIDELINES FOR EXPOSURE TO RADIO WAVES



www.sar-tick.com

Your mobile is designed not to exceed the limits for exposure to radio waves recommended by international guidelines. The guidelines were developed by an independent scientific organisation (ICNIRP) and include a substantial safety margin designed to assure the safety of all persons, regardless of age and health.

The radio wave exposure guidelines use a unit of measurement known as the Specific Absorption Rate, or SAR. The SAR limit for mobile devices is 2.0 W/kg for Head and Body, 4.0 W/kg for Limb. The highest SAR values under the ICNIRP guidelines for this device model are:

SAR values for European countries: The SAR values below are only for devices developed for use in European countries.

Maximum SAR for this model and conditions under which it was recorded

Limb SAR 2.68 W/kg

Front of face SAR 0.823 W/kg

(Head SAR limit is also applicable for the front of face SAR.) Front of face SAR testing has been carried out at a separation distance of 1.0 cm. To meet RF exposure guidelines during Front of face operation, the device should be positioned at least this distance away from your face.

For SAR values for all other countries: For SAR values specific to your model, visit www.samsung.com/sar and search for your region and device with the model number.

Removing the battery

- **To remove the battery, contact an authorised service centre. To obtain battery removal instructions, please visit www.samsung.com/global/ecodesign_energy.**
- For your safety, you **must not attempt to remove** the battery. If the battery is not properly removed, it may lead to damage to the battery and device, cause personal injury, and/or result in the device being unsafe.
- Samsung does not accept liability for any damage or loss (whether in contract or tort, including negligence) which may arise from failure to precisely follow these warnings and instructions, other than death or personal injury caused by Samsung's negligence.

Band and mode

Band and mode	Output power
Wi-Fi 2.4 GHz	20 dBm
Bluetooth 2.4 GHz	20 dBm
NFC 13.56 MHz	42 dBµA/m at 10 m
Wireless Charging 110 kHz–148 kHz	37.7 dBµA/m at 10 m

FCC Part 18
This device complies with part 18 of the FCC Rules.

FCC RF Radiation Exposure Statement : This equipment complies with FCC RF Radiation exposure limits set forth for an uncontrolled environment. This device and its antenna must not be co-located or operating in conjunction with any other antenna or transmitter. This equipment should be installed and operated with a minimum distance of 20 cm between the radiator and your body.

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:
(1) This device may not cause interference.
(2) This device must accept any interference, including interference that may cause undesired operation of the device.

L'émetteur/récepteur exempt de licence contenu dans le présent appareil est conforme aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :
(1) L'appareil ne doit pas produire de brouillage;
(2) L'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

IC RF Radiation Exposure Statement : This equipment complies with IC RF Radiation exposure limits set forth for an uncontrolled environment. This device and its antenna must not be co-located or operating in conjunction with any other antenna or transmitter. This equipment should be installed and operated with a minimum distance of 20 cm between the radiator and your body.

RF du IC d'exposition aux radiations: Cet équipement est conforme à l'exposition de la IC rayonnements RF limites établies pour un environnement non contrôlé. L'antenne pour ce transmetteur ne doit pas être même endroit avec d'autres émetteur sauf conformément à la IC procédures de produits Multi-émetteur. Cet équipement doit être installé et utilisé avec une distance minimale de 20 cm entre le radiateur et votre corps.