SAMSUNG ELECTRONICS





Contents

English1

- This manual's images and content may differ from the product and is subject to change without prior notice.
- This product is only a health assisting device. It cannot be used for medical diagnostic purposes.



Safety precautions

Do not use the device for anything other than its intended use

Do not disassemble, modify, or repair the device Any changes or modifications to the device can void your manufacturer's warranty.

For service, take the device to a Samsung Service Centre. When using the device, mind the following:

- Humidity and liquids may damage parts or electronic circuits.
- Do not store the device in hot areas. High temperature may cause damage to the device or shorten battery life.
- · Do not drop the device or cause impacts to it.

Overview





Check the product box for the following items: S Band, Micro USB cable, and user manual. The supplied items may vary depending on the region.

1

Charging the S Band

The device has a rechargeable internal battery which is non-removable. Make sure they are fully charged before using it for the first time.



- · Use only Samsung-approved chargers.
- The travel adapter is sold separately.



- Connect the travel adapter to the charging socket on the device.
- 2 Plug the travel adapter into the wall outlet. During charging, the indicator light will turn red. If the red indicator light flashes, unplug the travel adapter and plug it in again.
- 3 When fully charged, the indicator light turns green. Unplug the travel adapter from the device.



- When the main power turns off by the internal battery discharge, the accumulated data in the device cannot be restored.
- It is recommended to charge the device and sync with the smartphone before the battery is discharged.

Wearing the S Band

Stretch out both sides of the device, and wear it on your wrist.





Do not pull or stretch out the device too hard to avoid damage of the device.

Pairing and Connecting with a smartphone

Check physical activities and sleep patterns of daily life by connecting the device to the smartphone.



To connect with the smartphone, the **S Health** application must be installed and launched on the smartphone.

Connecting

- Press and hold the setting button to enter Pairing mode until the indicator light flashes red, green, and blue for 30 seconds.
- 2 On the smartphone, launch the S Health application.
- 3 Tap Health board → Walking mate → 🖃 → S Band.

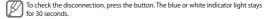
- Tap **Scan** to search for the device.
- 5 To pair with the smartphone, select the device from the list of available devices.
 - Once pairing is complete, the blue or white indicator light stays for 3 seconds, and then turns off.
 - When the device is connected, the green indicator light flashes for 5 seconds, and then turns off.



- When the device is connected, the accumulated data can be managed on the smartphone.
 - At first connection, the device starts counting steps. Press and hold the button for 3 seconds to change into other function.
- Physical activities may not be measured accurately when the Wi-Fi and Bluetooth features are turned on at the same time.

Disconnecting

- On the smartphone, launch the **S Health** application.
- 2 Tap Health board → Walking mate → □ → S Band.
- 3 Tap **Disconnect** to disconnect the device from the smartphone.



Reconnecting

If the connection is lost while in use, press the button and tap **Sync** on the screen.



Make sure the smartphone's Bluetooth feature is activated.

Using modes

The device can be used in two modes, walking mate and sleep monitor modes. In walking mate mode, steps can be counted, and sleep efficiency can be measured in sleep monitor mode.

Changing and checking modes

To switch between walking mate and sleep monitor modes, press and hold the button for 3 seconds. It is possible to check modes of the device with the indicator light's colours.

Walking mate: Press the button shortly, and then the blue indicator light flashes.



To ensure accurate counting, the device detects and counts the actual steps only when a certain motion continues for a while.

Sleep monitor: Press the button shortly, and then the white indicator light flashes.

Forgetting and Resetting the S Band

The device needs to be unpaired and reset data to pair with other smartphones.

Forgetting the device

- 1 On the smartphone, launch the **S Health** application.
- 2 Tap Health board → Walking mate → □ → S Band → Unpair.
- 3 Tap **OK** to forget the device on the smartphone.

Resetting the device

Press and hold the button for 10 seconds until the indicator light flashes red, green, and blue.

FCC Warning

This device complies with part 15 of the FCC Rules.

including interference that may cause undesired operation.

Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received,

RF Exposure Statement (2.1091)

This Equipment complies with FCC RF Radiation Exposure limits set forth for an uncontrolled environment. This device and its antenna must not be co-located or operating in conjunction with any other antenna or transmitter.

11

IC Warning

"This device complies with Industry Canada licence-exempt RSS standard(s)."

Operation is subject to the following conditions: (1) this device may not cause interference, and (2) this device mustaccept any interference, including interference

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes: (1) l'appareil ne doit pas provoquer de brouillage, et (2) l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'encompromettre le fonctionnement.

that may cause undesired operation of the device.

IC Warning

RF du FCC d'exposition aux radiations: Cet équipement est conforme à l'exposition de la FCC rayonnements RF limites établies pour un environnement non contrôlé. Cet appareil et son antenne ne doivent pas être co-localisés ou fonctionnant en conjonction avec une autre antenne ou transmetteur.