JVM1840

Over the Range Microwave Oven Owner's Manual

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Write the model an	nd serial numbers here:	- Francis I warn	
Model#			
Serial#			
Find these numbe	ers on a label inside the oven.		

Hotpoint.com

DE68-62382F 39-40541

11-06 JR



FOR YOUR SAFETY

A WARNING!

For your safety, the information in this manual must be followed to minimize the risk of fire or explosion, electric shock, or to prevent property damage, personal injury or loss of life.

A

PRECAUTIONS
TO AVOID
POSSIBLE
EXPOSURE
TO EXCESSIVE
MICROWAVE
ENERGY

For your safety, the information in this manual must be followed to minimize the risk of fire or explosion or to prevent property damage, personal injury or loss of life,

Do Not Attempt to operate this oven with the door open since open-door operation can result in harmful exposure

in harmful exposure to microwave energy. It is important not to defeat or tamper with the safety interlocks.

Do Not Place any object between the oven front face and the door or allow soil or cleaner residue to accumulate on sealing surfaces. Do Not Operate the oven if it is damaged. It is particularly important that the oven door close properly and that there is no damage to the:

- 1 door (bent),
- 2 hinges and latches (broken or loosened),
- 3 door seals and sealing surfaces.

The Oven Should Not

be adjusted or repaired by anyone except properly qualified service personnel.

A WARNING

When using electrical appliances, basic safety precautions should be followed, including the following:

SAFETY PRECAUTIONS

This microwave oven is UL listed for installation over electric and gas ranges.

This microwave oven is not approved or tested for marine use.

- Read and follow the specific "Precautions to Avoid Possible Exposure to Excessive Microwave Energy" on page 2.
- This appliance must be grounded. Connect only to properly grounded outlet. See Grounding Instructions section on page 9.
- Do not mount this appliance over a sink.
- Install or locate this appliance only in accordance with the provided Installation Instructions.
- This over-the-range oven was designed for use over ranges no wider than 36."
 It may be installed over both gas and electric cooking equipment.
- Do not operate this appliance if it has a damaged power cord or plug, if it is not working properly or if it has been damaged or dropped. If the power cord is damaged, it must be replaced by General Electric Service or an authorized service agent using a power cord from General Electric.
- Do not cover or block any openings on the appliance.
- Use this appliance only for its intended use as described in this manual. Do not use corrosive chemicals or vapors in this appliance. This microwave oven is specifically designed to heat, dry or cook food, and is not intended for laboratory or industrial use.

IMPORTANT SAFETY INFORMATION

READ ALL SAFETY INFORMATION BEFORE USING

- Do not store this appliance outdoors.
- Do not use this product near water—for example, in a wet basement, near a swimming pool, near a sink or in similar locations.
- Keep power cord away from heated surfaces.
- Do not immerse power cord or plug in water.

- To reduce the risk of fire in the oven cavity:
- Do not overcook food.
 Carefully attend appliance when paper, plastic or other combustible materials are placed inside the oven while cooking.
- Remove wire twist-ties and metal handles from paper or plastic containers before placing them in the oven.
- Do not use the oven for storage purposes.
 Do not leave paper products, cooking utensils or food in the oven when not in use.
- If materials inside oven ignite, keep the oven door closed, turn the oven off and disconnect the power cord, or shut off power at the fuse or circuit breaker panel. If the door is opened, the fire may spread.
- Do not use the Sensor Features twice in succession on the same food portion. If food is under cooked after the first countdown, use *Time Cook* for additional cooking time.

- See door surface cleaning instructions in the Care and Cleaning section(s) of this manual.
- This appliance must only be serviced by qualified service personnel. Contact nearest authorized service facility for examination, repair or adjustment.
- As with any appliance, close supervision is necessary when used by children.
- Do not store anything directly on top of the microwave oven surface when the microwave oven is in operation.

SAVE THESE INSTRUCTIONS



SPECIAL NOTES ABOUT MICROWAVING

ARCING

If you see arcing, press the CLEAR/OFF pad and correct the problem. Arcing is the microwave term for sparks in the oven. Arcing is caused by:

- The metal shelf (if included) not installed correctly so it touches the microwave wall.
- The temperature probe (if included) in the microwave but not inserted in the food.
- Metal or foil touching the side of the oven.

- Foil not molded to food (upturned edges act like antennas).
- Metal, such as twist-ties, poultry pins or goldrimmed dishes, in the microwave.
- Recycled paper towels containing small metal pieces being used in the microwave.

FOODS

- Do not pop popcorn in your microwave oven unless in a special microwave popcorn accessory or unless you use popcorn labeled for use in microwave ovens.
- Some products such as whole eggs and scaled containers—for example, closed jars—are able to explode and should not be heated in this microwave oven. Such use of the microwave oven could result in injury.
- Do not boil eggs in a microwave oven. Pressure will build up inside egg yolk and will cause it to burst, possibly resulting in injury.
- Operating the microwave with no food inside for more than a minute or two may cause damage to the oven and could start a fire. It increases the heat around the magnetron and can shorten the life of the oven.
- Foods with unbroken outer "skin" such as potatoes, hot dogs, sausages, tomatoes, apples, chicken livers and other giblets, and egg yolks should be pierced to allow steam to escape during cooking.



IMPORTANT SAFETY INFORMATION

SPECIAL NOTES ABOUT MICROWAVING

SAFETY FACT

SUPERHEATED WATER

Liquids, such as water, coffee or tea, are able to be overheated beyond the boiling point without appearing to be boiling. Visible bubbling or boiling when the container is removed from the microwave oven is not always present. THIS COULD RESULT IN VERY HOT LIQUIDS SUDDENLY BOILING OVER WHEN THE CONTAINER IS DISTURBED OR A SPOON OR OTHER UTENSIL IS INSERTED INTO THE LIQUID.

To reduce the risk of injury to persons:

- Do not overheat the liquid.
- Stir the liquid both before and halfway through heating it.
- Do not use straight-sided containers with narrow necks.
- After heating, allow the container to stand in the microwave oven for a short time before removing the container.
- Use extreme care when inserting a spoon or other utensil into the container.

- Avoid heating baby food in glass jars, even with the lid off. Make sure all infant food is thoroughly cooked. Stir food to distribute the heat evenly.
 Be careful to prevent scalding when warming formula or breast milk.
 The container may feel cooler than the milk really is. Always test the milk before feeding the baby.
- Don't defrost frozen beverages in narrownecked bottles (especially carbonated beverages).
 Even if the container is opened, pressure can build up. This can cause the container to burst, possibly resulting in injury.
- Hot foods and steam
 can cause burns. Be
 careful when opening
 any containers of hot
 food, including popcorn
 bags, cooking pouches
 and boxes. To prevent
 possible injury, direct
 steam away from hands
 and face.

- Do not overcook potatoes. They could dehydrate and catch fire, causing damage to your oven.
- Cook meat and poultry thoroughly—meat to at least an INTERNAL temperature of 160°F and poultry to at least an INTERNAL temperature of 180°F. Cooking to these temperatures usually protects against foodborne illness.

MICROWAVE-SAFE COOKWARE

Make sure all cookware used in your microwave oven is suitable for microwaving. Most glass casseroles, cooking dishes, measuring cups, custard cups, pottery or china dinnerware which does not have metallic trim or glaze with a metallic sheen can be used. Some cookware is labeled "suitable for microwaving."



• If you are not sure if a dish is microwave-safe, use this test: Place in the oven both the dish you are testing and a glass measuring cup filled with 1 cup of water—set the measuring cup either in or next to the dish. Microwave 30–45 seconds at high. If the dish heats, it should not be used for microwaving.

If the dish remains cool and only the water in the cup heats, then the dish is microwave-safe.

- If you use a meat thermometer while cooking, make sure it is safe for use in microwave ovens.
- Do not use recycled paper products. Recycled paper towels, napkins and waxed paper can contain metal flecks which may cause arcing or ignite. Paper products containing nylon or nylon filaments should be avoided, as they may also ignite.
- Some styrofoam trays (like those that meat is packaged on) have a thin strip of metal embedded in the bottom. When microwaved, the metal can burn the floor of the oven or ignite a paper towel.
- Do not use the microwave to dry newspapers.
- Not all plastic wrap is suitable for use in microwave ovens.
 Check the package for proper use.

- Paper towels, waxed paper and plastic wrap can be used to cover dishes in order to retain moisture and prevent spattering. Be sure to vent plastic wrap so steam can escape.
- Cookware may become hot because of heat transferred from the heated food. Pot holders may be needed to handle the cookware.
- · "Boilable" cooking pouches and tightly closed plastic bags should be slit, pierced or vented as directed by package. If they are not, plastic could burst during or immediately after cooking, possibly resulting in injury. Also, plastic storage containers should be at least partially uncovered because they form a tight seal. When cooking with containers tightly covered with plastic wrap, remove covering carefully and direct steam away from hands and face.



IMPORTANT SAFETY INFORMATION

SPECIAL NOTES ABOUT MICROWAVING

- Use foil only as directed in this manual. When using foil in the microwave oven, keep the foil at least 1" away from the sides of the oven.
- Plastic cookware—Plastic cookware designed for microwave cooking is very useful, but should be used carefully. Even microwavesafe plastic may not be as tolerant of overcooking conditions as are glass or ceramic materials and may soften or char if subjected to short periods of overcooking. In longer exposures to overcooking, the food and cookware could ignite.

Follow these guidelines:

- 1 Use microwave-safe plastics only and use them in strict compliance with the cookware manufacturer's recommendations.
- 2 Do not microwave empty containers.
- 3 Do not permit children to use plastic cookware without complete supervision.

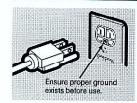
THE VENT FAN

The fan will operate automatically under certain conditions (see Automatic Fan feature). Take care to prevent the starting and spreading of accidental cooking fires while the vent fan is in use.

- Clean the underside of the microwave often.
 Do not allow grease to build up on the microwave or the fan filters.
- In the event of a grease fire on the surface units below the microwave oven, smother a flaming pan on the surface unit by covering the pan completely with a lid, a cookie sheet or a flat tray.
- Use care when cleaning the vent fan filters.
 Corrosive cleaning agents, such as lye-based oven cleaners, may damage the filters.
- When preparing flaming foods under the microwave, turn the vent fan on.
- Never leave surface units beneath your microwave oven unattended at high heat settings. Boilovers cause smoking and greasy spillovers that may ignite and spread if the microwave vent fan is operating. To minimize automatic fan operation, use adequate sized cookware and use high heat on surface units only when necessary.

GROUNDING INSTRUCTIONS/OPTIONAL KITS

GROUNDING INSTRUCTIONS



A WARNING

Improper use of the grounding plug can result in a risk of electric shock.

This appliance must be grounded. In the event of an electrical short circuit, grounding reduces the risk of electric shock by providing an escape wire for the electric current.

This appliance is equipped with a power cord having a grounding wire with a grounding plug. The plug must be plugged into an outlet that is properly installed and grounded.

Consult a qualified electrician or service technician if the grounding instructions are not completely understood, or if doubt exists as to whether the appliance is properly grounded.

If the outlet is a standard 2-prong wall outlet, it is your personal responsibility and obligation to have it replaced with a properly grounded 3-prong wall outlet. Do not, under any circumstances, cut or remove the third (ground) prong from the power cord.

Do not use an adapter plug with this appliance.

Do not use an extension cord with this appliance. If the power cord is too short, have a qualified electrician or service technician install an outlet near the appliance.

For best operation, plug this appliance into its own electrical outlet to prevent flickering of lights, blowing of fuse or tripping of circuit breaker.

Optional Kits

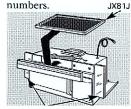
Filler Panel Kits JX40WH—White JX41—Black

When replacing a 36" range hood, filler panel kits fill in the additional width to provide a custom built-in appearance.

For installation between cabinets only; not for end-of-cabinet installation. Each kit contains two 3"-wide filler panels.

JX81J—Recirculating Charcoal Filter Kit

Filter kits are used when the microwave oven cannot be vented to the outside. Available at extra cost from your GE supplier, or see the Hotpoint Service



JX40, JX41

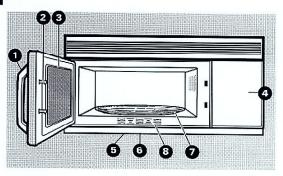
Operating Instructions

Features of Your Microwave

(Throughout this manual, features and appearance may vary from your model.)



Features



- 1 **Door Handle.** Pull to open the door. The door must be securely latched for the microwave to operate.
- 2 Door Latches.
- 3 Window with Metal Shield. Screen allows cooking to be viewed while keeping microwaves confined in the oven.
- 4 Touch Control Panel.
- 5 Cooktop Light.

- 6 Grease Filter.
- 7 Removable Turntable.

Turntable and support must be in place when using the oven. The turntable may be removed for cleaning.

8 Convenience Guide.

NOTE: The rating plate and oven vent are located on the inside walls of the microwave oven.

The interior light is located on the top of the cavity.

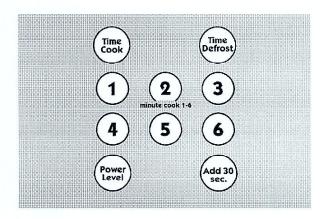


Quick Start

The Controls on Your Microwave Oven

(Throughout this manual, features and appearance may vary from your model.)

You can microwave by time, temperature or with the convenience features.





Time Features

Time Cooking

Press	Enter
TIME COOK I & II (Press ance or twice)	Amount of cooking time.
TIME DEFROST	Amount of defrosting time.
MINUTE COOK (Press 1—6)	Starts immediately!
POWER LEVEL	Power level 1–10.
ADD 30 SEC.	Starts immediately!



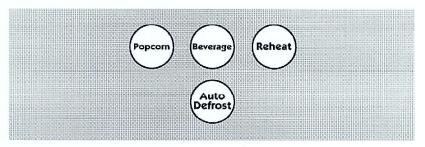
Quick Start

GUIDE ON MICROWAVE

Before you begin, check the guide located on the inside front of the oven when you

GUIDES IN BOOK

- Cooking
- Time Defrost
- Reheat





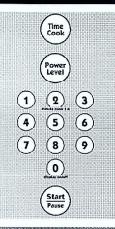
2 Convenience Features

Press POPCORN	Enter Starts immediately!	Option more/less time serving size
BEVERAGE	Starts immediately!	serving size
REHEAT	(See Reheat Guide)	serving size
AUTO DEFROST	Food weight	



Operating Instructions

Changing Power Levels



How to Change the Power Level

The power level may be entered or changed immediately after entering the feature time for TIME COOK, TIME DEFROST or MINUTE COOK. The power level may also be changed during time countdown.

- 1 Press TIME COOK, TIME DEFROST or MINUTE COOK.
- 2 Enter cooking or defrosting time.
- 3 Press POWER LEVEL
- 4 Select desired power level 1–10.
- 5 Press START.

Variable power levels add flexibility to microwave cooking. The power levels on the microwave oven can be compared to the surface units on a range. High (power level 10) or full power is the fastest way to cook and gives you 100% power. Each power level gives you microwave energy a certain percent of the time. Power level 7 is microwave energy 70% of the time. Power level 3 is energy 30% of the time.

A high setting (10) will cook faster but food may need more frequent stirring, rotating or turning over. Most cooking will be done on High (power level 10). A lower setting will cook more evenly and need less stirring or rotating of the food.

Some foods may have better flavor, texture or appearance if one of the lower settings is used. Use a lower power level when cooking foods that have a tendency to boil over, such as scalloped potatoes.

Rest periods (when the microwave energy cycles off) give time for the food to "equalize" or transfer heat to the inside of the food. An example of this is shown with power level 3—the defrost cycle. If microwave energy did not cycle off, the outside of the food would cook before the inside was defrosted.

Here are some examples of uses for various power levels:

Power I	Level	Be	st U	ses
	Madd	aaan		Mili
Hinh 10				
minn in		THE REAL	near	1200

Med-High 7 Gentle

vegetables, boiling liquids.

cooking of meat and poultry; baking casscroles and reheating.

Medium 5 Slow cooking and tenderizing such as stews and less tender

cuts of meat.

Low 2 or 3 Defrosting
without
cooking;
simmering;

Warm 1 Keeping food warm without overcooking; softening butter.

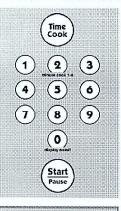
delicate sauces.



Operating Instructions

Time Features

Time Cook



- 1 Press TIME COOK.
- 2 Enter cooking time.
- 3 Change power level if you don't want full power. (Press POWER LEVEL. Select a desired power level 1–10.)
- 4 Press START.

Time Cook I

Allows you to microwave for any time up to 99 minutes and 99 seconds.

Power level 10 (High) is automatically set, but you may change it for more flexibility.

You may open the door during Time Cook to check the food. Close the door and press START to resume cooking.

Time Cook II

Lets you change power levels automatically during cooking. Here's how to do it:

- 1 Press TIME COOK.
- 2 Enter the first cook time.
- 3 Change the power level if you don't want full power. (Press POWER LEVEL. Select a desired power level 1–10.)
- 4 Press TIME COOK again.
- **5** Enter the second cook time.
- 6 Change the power level if you don't want full power. (Press POWER LEVEL. Select a power level 1–10.)
- 7 Press START.

At the end of Time Cook I, Time Cook II counts down.

Cooking Guide for Time Cook I & II



NOTE: Use power level High (10) unless otherwise noted.

Vegetable	Amount	Time	Comments	
Asparagus				
(fresh spears)	1 lb.	6 to 9 min., Med-High (7)	In 1½-qt. oblong glass baking dish, place 1/4 cup water.	
(frozen spears)	10-oz. package	5 to 7 min.	In 1-qt. casserole.	
Beans				
(fresh green)	1 lb. cut in half	9 to 11 min,	In 11/2-qt. casserole, place 1/2 cup water	
(frozen green)	10-oz. package	6 to 8 min.	In 1-qt. casserole, place 2 tablespoons water.	
(frozen lima)	10-oz. package	6 to 8 min.	In 1-qt. casserole, place 1/4 cup water.	
Beets			•	
(fresh, whole)	1 bunch	17 to 21 min.	In 2-qt. casserole, place 1/2 cup water.	
Broccoli				
(fresh cut)	1 bunch (1¼ to 1½ lbs.)	7 to 10 min.	In 2-qt. casserole, place 1/2 cup water.	
(fresh spears)	1 bunch (1¼ to 1½ lbs.)	9 to 13 min.	In 2-qt. oblong glass baking dish, place 1/4 cup water.	
(frozen, chopped)	10-oz. package	5 to 7 min.	In 1-qt. casserole.	
(frozen spears)	10-oz. package	5 to 7 min.	In 1-qt. casserole, place 3 tablespoons water.	
Cabbage				
(fresh)	1 medium head (about 2 lbs.)	8 to 11 min.	In 1½- or 2-qt. casserole, place 1/4 cup water.	
(wedges)		7 to 10 min.	In 2- or 3-qt. casserole, place 1/4 cup water.	
Carrots				
(fresh, sliced)	1 lb.	7 to 9 min.	In 11/2-qt. casserole, place 1/4 cup water	
(frozen)	10-oz. package	5 to 7 min.	In 1-qt. casserole, place 2 tablespoons water.	
Cauliflower				
(flowerets) (fresh, whole) (frozen)	1 medium head 1 medium head 10-oz. package	9 to 14 min. 10 to 17 min. 5 to 7 min.	In 2-qt. casserole, place 1/2 cup water. In 2-qt. casserole, place 1/2 cup water. In 1-qt. casserole, place 2 tablespoons water.	