

# QUICK START GUIDE

SM-R810

SAMSUNG

If your device is frozen and unresponsive, press and hold the Home key (Power key) for more than 7 seconds to restart it.

## Device layout

To turn on the Gear, press and hold the Home key (Power key) for a few seconds.

## Charging the battery

Before using the device for the first time, you must charge the battery.

- Use only Samsung-approved chargers.
- Before charging the Gear, remove the rubber cover from the charging dock.

- The charger should remain close to the electric socket and be easily accessible while charging.

## Connecting the Gear to a mobile device

To connect your Gear and mobile device, install the Samsung Gear app on the mobile device. Depending on your device, you can download the Samsung Gear app from the following places:

- Samsung Android devices: **Galaxy Apps**, [apps.samsung.com/gear](https://apps.samsung.com/gear)
- Other Android devices: **Play Store**, [apps.samsung.com/gear](https://apps.samsung.com/gear)
- iOS devices: **App Store**

## Gear

- Turn on the Gear.

When you turn on the Gear, a pop-up window will appear about downloading and installing the Samsung Gear app on your mobile device.

- If you want to use your Gear without connecting it to a mobile device, tap **?**, scroll down the screen, and then tap **here**.
- Visit [www.samsung.com/ca](https://www.samsung.com/ca) to view legal notices provided when setting Without phone connection mode for the first time.

## Mobile device

- On your mobile device, launch **Samsung Gear**.
- Tap **CONNECT TO GEAR**.
- Tap **OK** when the Bluetooth activation request window appears.
- Follow the on-screen instructions to complete the connection.

When the devices are connected, an on-screen tutorial will appear on the Gear's screen.

- Connection methods may vary depending on your mobile device and software version.
- Supported mobile devices and features may vary depending on your region, service provider, and device manufacturer. Visit [www.samsung.com/ca](https://www.samsung.com/ca) to see a list of compatible devices.

## Turning the screen on and off

To turn on the screen, rotate the bezel. Or, press the Home key or the Back key. To turn off the screen, cover it with your palm.

## Using the bezel

Rotate the bezel to scroll through the screens or to highlight items.

When a call comes in, rotate the bezel to receive or reject the incoming call.

## Switching the screen

To return to the previous screen, press the Back key. To open the Apps screen, press the Home key on the Watch screen. To return to the Watch screen, press the Home key.

## Replacing the band

Slide the band's spring bar inwards **(1)** and pull the band away from the Gear's body **(2)**.

Insert one end of the spring bar into the Gear's lug **(1)**, slide the spring bar inwards **(2)**, and connect the band.

## Accessing more information

Visit [www.samsung.com/ca](https://www.samsung.com/ca) to view device information, the user manual, and more.

- The method for accessing the user manual from the Samsung Gear app may vary depending on your device.
- The user manual may not be available depending on the web browser or service provider.

Some content may differ from your device depending on the region, service provider, or software version, and is subject to change without prior notice.

## Notice for measuring the heart rate

When measuring your heart rate, wear the Gear securely on your wrist towards the elbow to avoid touching the wrist bone stuck out. Do not fasten the Gear too tightly.

- The accuracy of the heart rate sensor can be affected depending on the user's movements, personal physiology, and the measurement conditions and surroundings. Take heart rate measurements when you are seated and relaxed.
- Do not look directly at the heart rate sensor's lights. Doing so may impair your vision.
- If your device becomes hot to the touch, please remove it until it cools. Exposing skin to a hot surface of the device for a long time may cause skin burn.

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## Maintaining water and dust resistance

Your device supports water- and dust-resistance. Follow these tips carefully to maintain the water- and dust-resistance of your device. Failure to do so may result in damage to your device.

- Do not immerse the device in water deeper than 1.5 m or keep it submerged for more than 30 minutes.
- Do not expose the device to **water moving with force**.
- When you are wearing the device, avoid taking a shower or going swimming.
- If the device or your hands are wet, dry them thoroughly before handling the device.
- **If the device is exposed to clean water, dry it thoroughly with a clean, soft cloth. If the device is exposed to other liquids, such as salt water, ionized water, or alcoholic beverage, rinse it with clean water and dry it thoroughly with a clean, soft cloth. If you do not follow these instructions, the device's performance and appearance may be affected.**

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• THIS DEVICE AND ANY SOFTWARE, SERVICE, FUNCTION PROVIDED THEREIN IS SOLELY INTENDED FOR FITNESS AND WELLNESS PURPOSES ONLY AND IS NOT INTENDED FOR USE IN THE DIAGNOSIS OF DISEASE OR OTHER CONDITIONS, OR IN THE CURE, MITIGATION, TREATMENT OR PREVENTION OF DISEASE.

- Any information that is obtained from use of the Gear or the Fit Software or any application preloaded within may not be suitable, accurate, complete or reliable.

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## Samsung Mobile Products and Recycling

Samsung cares for the environment and encourages its customers to recycle Samsung mobile devices and genuine Samsung accessories, and other unwanted electronics, in accordance with local regulations and through an approved recycler.

Proper disposal of your mobile device and its internal Lilon battery is not only important for safety, it benefits the environment. For safe disposal options of your device, contact your nearest service centre.

Note: For safety,

- Do not handle the device if the battery is damaged or leaking
- Never dispose of the device in a fire because the battery may explode

## Safety information

Read all safety information before using the device to ensure safe and proper use.



### Warning

Follow the warning information provided below to prevent incidents such as fire or explosion

- Do not expose the device to physical impact or damage.
- Use manufacturer-approved chargers, accessories, and supplies.
- Do not touch the charger or the device with wet hands while the device is charging.
- If any part of the device is cracked or broken, stop using the device immediately and take it to a Samsung Service Centre.
- Do not turn on or use the device when the battery compartment is exposed.

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Industry Canada has granted an IC Certification Number for this model device based on the compliance of all reported SAR levels with the IC RF exposure guidelines. This device has an IC Certification Number: 649E-SMR810 [Model Number: SM-R810] and the specific SAR levels for this device can be found at the following Industry Canada website: [sms-sgs.ic.gc.ca/equipmentSearch/searchRadioEquipments](https://sms-sgs.ic.gc.ca/equipmentSearch/searchRadioEquipments).

The SAR information for this device can also be found on Samsung's website: [www.samsung.com/sar](https://www.samsung.com/sar).

## IC Notice

This device complies with Industry Canada licence exempt RSS standard(s). Operation is subject to the following two conditions:

1. This device may not cause interference.
2. This device must accept any interference, including interference that may cause undesired operation of the device.

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Follow the warnings below to prevent injury to people or damage to the device

- Do not allow children or animals to chew or suck the device.
- Do not poke eyes, ears, or other body parts with the device or insert the device into the mouth.
- The device can be used in locations with an ambient temperature of 0 °C to 35 °C. You can store the device at an ambient temperature of -20 °C to 50 °C. Using or storing the device outside of the recommended temperature ranges may damage the device or reduce the battery's lifespan.
- Do not store your device near or in heaters, microwaves, cooking equipment, or high pressure containers.
- Keep your device dry.
- Do not use your device outdoor during a thunderstorm.
- Comply with all safety warnings and regulations regarding mobile device usage while operating a vehicle.

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- Do not wear the device too tightly. Make sure to keep the device clean and dry. Though this device has met international safety standards, some people may experience skin irritation if they are allergic to certain substances.



To prevent possible hearing damage when using a headset, do not listen to sound at high volume for long periods.

- **If the device is dropped or receives an impact**, the water- and dust-resistant features of the device may be damaged.
- **If the device has been immersed in water or the microphone or speaker is wet**, sound may not be heard clearly during a call. Wipe the device with a dry cloth or dry it thoroughly before using it.
- The touchscreen and other features may not work properly **if the device is used in water**.

Your device has been tested in a controlled environment and certified to be water- and dust-resistant in specific situations (meets requirements of classification IP68 as described by the international standard IEC 60529 - Degrees of Protection provided by Enclosures [IP Code]; test conditions: 15 - 35 °C, 86 - 106 kPa, 1.5 metre, 30 minutes). Despite this classification, it is still possible for your device to be damaged in certain situations.

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## Specific Absorption Rate (SAR) certification information

Your device conforms to Industry Canada standards that limit human exposure to radio frequency (RF) energy emitted by radio and telecommunications equipment. These standards prevent the sale of mobile devices that exceed a maximum exposure level (known as the Specific Absorption Rate, or SAR) of 1.6 W/kg. SAR information on this and other model devices can be accessed online on IC's website through [ic.gc.ca/eic/site/ceb-bhst.nsf/eng/h\\_tt00084.html](https://ic.gc.ca/eic/site/ceb-bhst.nsf/eng/h_tt00084.html).

In normal use, the actual SAR is likely to be much lower, as the device has been designed to emit only the RF energy necessary to transmit a signal to the nearest base station. By automatically emitting lower levels when possible, your device reduces your overall exposure to RF energy.

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## Removing the battery

- **To remove the battery, contact an authorized service centre.**
- For your safety, you **must not attempt to remove** the battery. If the battery is not properly removed, it may lead to damage to the battery and device, cause personal injury, and/or result in the device being unsafe.
- Samsung does not accept liability for any damage or loss (whether in contract or tort, including negligence) which may arise from failure to precisely follow these warnings and instructions, other than death or personal injury caused by Samsung's negligence.

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