

PS-500 Series

Start Here

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Before Getting Started

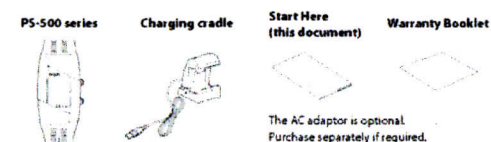
Thank you very much for purchasing the PS-500 series. Read this guide carefully to use this product correctly. This guide describes how to set up and configure the product. See the Users' Guide for more detailed descriptions. You can download the guide from the following address.

<http://www.epson.jp/support/>

It is prohibited to copy part or all of this guide without permission.

Checking the Package Contents

Contact your reseller if there are any missing or damaged components.



For Your Safety

Make sure you read the manuals (Start Here and Users' Guide) first to use this product safely. The product may malfunction, or an accident may occur if it is handled incorrectly.

- Keep the manuals handy to help you resolve any problems.
- When taking this product out of the country of purchase, check the laws and regulations in the destination country before you travel.
- This product is not a medical device. Use this product as an indicator during physical exercise.

Meaning of Symbols

Manuals for this product use the following symbols to warn against dangerous operations and handling in order to prevent personal injury and property damage. Understand the meaning of the symbols before reading the explanation.

	Warning Ignoring this warning may cause serious personal injury or death.
	Caution Ignoring this warning may cause personal injury or property damage.
	This symbol indicates things you must do.
	This symbol indicates things you must not do.

Notes on Using the Product and Components

	Warning Exercise according to your physical condition. Avoid sudden bursts of activity and overly vigorous exercise. Stop exercising and consult your doctor if you feel unwell during exercise.
	This product is a highly accurate sensor and able to measure your pulse rate. However, this is not a medical device. If you have any concerns, consult your doctor before using this product.
	Do not fix your eyes on this product while running. You may fall or have an accident. Be aware of your surroundings.
	This product is composed of precision equipment and electronic parts. Do not use or store this product in the following environments. It may cause an electric shock or fire, or the product may malfunction or be destroyed. - Locations where the temperature and humidity vary widely - Near volatile substances - Society or dusty places - Near a fire - Near a strong magnetic field (for example, near a speaker)
	Do not disassemble this product, and do not attempt to repair this product by yourself. It may cause an electric shock or accident. Do not leave this product within reach of young children.

	Caution Stop using the PS-500 series immediately and consult your doctor if you have an allergic reaction or a rash while wearing it.
	Do not pour water directly from the top onto this product. The power of the top water stream may be strong enough to compromise the product's waterproof feature. Do not wear this product in a bath or sauna. The steam, soap, and hot spring agents may compromise the waterproof feature or cause corrosion.

Notes on Using the Charging Cradle

Warning

Beware of the following when using the charging cradle, AC adaptor, and USB cable. Failure to observe the following may result in an electric shock, a fire, or a malfunction.

- Do not connect or disconnect the power cord with wet hands.
- Do not use a damaged AC adaptor or USB cable.
- Do not use them when they are emitting smoke or an unusual smell, or making noise.
- Do not use them when any foreign matter or liquid such as water enters them.
- Do not use the USB cable when any foreign matter such as dust is on the terminals.
- Do not use any adaptor other than the specified adaptor for charging.

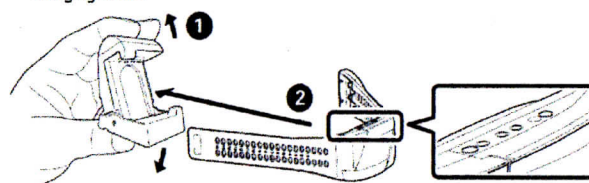
Notes on Taking Care of the Product

Do not attach the charging cradle when the PS-500 series is wet. It may cause corrosion of the terminal section or a malfunction. When the PS-500 series is wet from water or sweat, wipe it with a damp cloth, remove the moisture with a towel, and then dry naturally before attaching the charging cradle.

Using the Product for the First Time

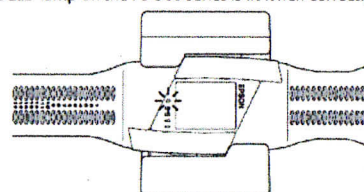
When you are using the product for the first time, follow the steps below to turn it on.

1. **Attach the charging cradle to the PS-500 series.**
 - 1 Hold the top and bottom of the charging cradle to open it.
 - 2 Make sure that the terminal on the PS-500 series is facing up, and then attach the charging cradle.



2. ■ **Using a PC**
Connect the charging cradle's USB cable to the USB port on the PC. Note that some PCs may not support the product.
■ **Using an AC adaptor**
Connect the charging cradle's USB cable to the AC adaptor, and then connect the AC adaptor to the power socket. We recommend using the specified AC adaptor (XXXX optional).

The LED lamp on the PS-500 series is lit when correctly connected.



You need to perform the initial configuration before using the product for the first time. You can use a smartphone or PC to configure the product.

Supported devices and operating systems

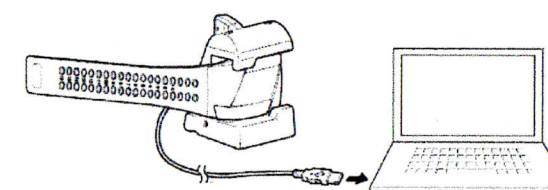
- **Smartphones**
 - iPhone 4S, iPhone 5, iPhone 5C, and iPhone 5S (iOS 7 and later)
- **PCs**
 - Windows Vista SP2 and later
 - Windows 7 SP1 and later
 - Windows 8 and Windows 8.1

SetUp (for Smartphones)

1. Search your smartphone's application store for **Epson Pulsense View**, and then install it.
2. Start **Epson Pulsense View**.
Make sure that the PS-500 series is within one meter from the smartphone.
3. Perform the initial configuration such as creating the account and pairing.
Follow the instructions in the Epson Pulsense View guide.

SetUp (for PCs)

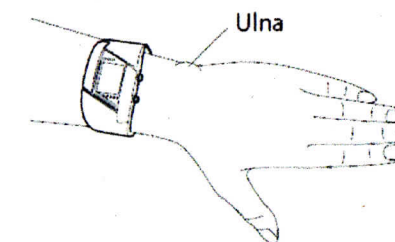
1. Download **PS Uploader** from the following address.
<https://www.epson.jp/download/>
2. Run the downloaded file to install **PS Uploader**.
3. Start **PS Uploader** and create your account.
4. Connect the charging cradle's USB cable to the USB port on your PC.



5. Log in to **PS Uploader** using the account you created, and then follow the on-screen instructions.

Wearing the Product

When wearing the product, make sure it does not touch the ulna bone. Wear the product closely around your wrist without slack. Tighten the wrist band if your pulse is not measured correctly while exercising.





Certification information



Heart Rate Activity Monitor

Model : PS-500

FCC ID : BKMAP004

CAN ICES-3 (B) /NMB-3 (B)

IC : 1052F-AP-004

FCC /IC Notices

This transmitter must not be co-located or operated in conjunction with any other antenna or transmitter.

This device complies with Part 15 of FCC Rules and Industry Canada license-exempt RSS standard(s). Operation is subject to the following two conditions: (1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesired operation of this device.

Le présent appareil est conforme aux la partie 15 des règles de la FCC et CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes : (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

Caution:

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

****Explanation that an SAR examination is unnecessary with Portable equipment****

This equipment complies with FCC/IC radiation exposure limits set forth for an uncontrolled environment and meets the FCC radio frequency (RF) Exposure Guidelines and RSS-102 of the IC radio frequency (RF) Exposure rules. This equipment has very low levels of RF energy that are deemed to comply without testing of specific absorption ratio (SAR).

Cet équipement est conforme aux limites d'exposition aux rayonnements énoncées pour un environnement non contrôlé et respecte les règles des radioélectriques (RF) de la FCC lignes directrices d'exposition et d'exposition aux fréquences radioélectriques (RF) CNR-102 de l'IC. Cet équipement émet une énergie RF très faible qui est considérée conforme sans évaluation du débit d'absorption spécifique (DAS).

****Explanation of the EMC demand part of the United States. ****

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

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