



Get Started



## Set Up Your Device



### 1. Download the App

Search for Tabs on the Apple App Store or Google Play Store.



### 2. Sign Up

Create a Tabs account, or log in if you already have one.



### 3. Add Your Device

Follow the in-app instructions, or tap the + button in the Control tab.



### 4. Place Your Device

Make sure that its air vent is not blocked and that it is not directly in front of fans or other ventilation.

# Healthy Home Sensor

Ensure that your family is comfortable and that your home air quality is safe. The Healthy Home Sensor alerts you to harmful contaminants in your home air quality as well as major changes in humidity or temperature.



## Set Custom Alerts

Get notified by the app when important events occur.



## Monitor Temperature & Humidity

Maintain a comfortable environment by being aware of changes in temperature and humidity.



## Monitor Air Quality

Be alerted if there are harmful levels of VOCs or eCO<sub>2</sub> detected in your home.

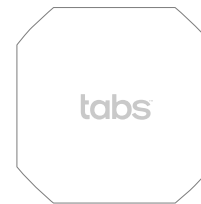


## Long-Lasting Batteries

Don't worry about replacing the batteries for a year or more.

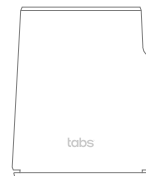


## What's in the Box

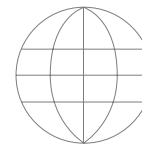


Healthy Home Sensor

## Requirements



Tabs Hub or  
Mini Hub



Internet  
Connection



iOS 9+ or  
Android 4.1+

## Healthy Home Sensor Placement

Place the sensor in the room of your home that you would like to monitor. It can be either standing up or on its side.

- Do not allow the air sensing vent to be blocked by other objects.
- Do not place the device in the direct air flow from fans, heating, ventilation, or air conditioning.
- Good locations include bookshelves, desks, and night stands.
- It may take up to forty-eight hours after the Healthy Home Sensor is installed for the air quality readings to become accurate. During that time it may show elevated readings.



## About VOCs and eCO<sub>2</sub>

In addition to temperature and humidity, your sensor evaluates the relative air quality in your home by measuring Volatile Organic Compounds (VOCs). VOCs are emitted as gases from various household products and can lead to a degradation in indoor air quality. The Healthy Home sensor also calculates the level of equivalent Carbon Dioxide (eCO<sub>2</sub>), another potential hazard to indoor air quality. Long-term exposure to poor air quality can affect the health and comfort of those exposed. For more information, visit [tabs.io/support](https://tabs.io/support).

## The Tabs App



## About the App

Manage all of your devices, create custom alerts and more with our easy-to-use app.



### Menu

View alerts, update settings, get product and app support, and set your Quick Mode.



### Locate

See the current location of your Tabs Object or Wristband Locator.



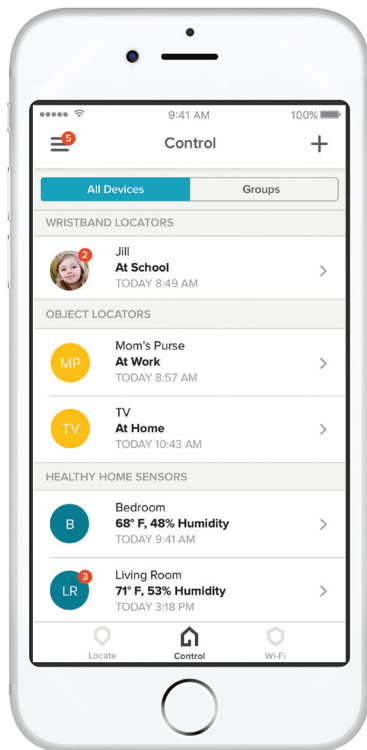
### Control

Manage and view history, settings, and alerts for all of your devices.



### Wi-Fi

Set Wi-Fi Parental Controls including schedules, time limits, and restricted content. In-app purchase required.



## Healthy Home Sensor Status

You can monitor the status of your Healthy Home Sensor by viewing its detail screen via the Control tab. From there, you will be able to see details of the current temperature, humidity, VOC, and eCO<sub>2</sub> levels in the room that your sensor is placed in. By default, these will register at the following levels:

### Temperature

- **Blue:** Lower than 64°F (18°C)
- **Green:** 64–82°F (18–28°C)
- **Red:** Higher than 82°F (28°C)

### Humidity

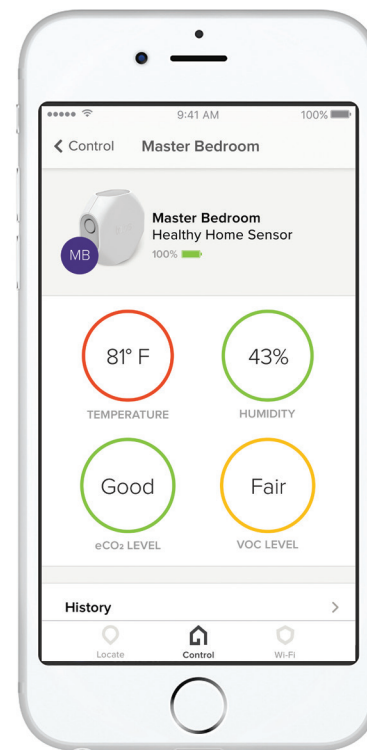
- **Red:** Lower than 30% or higher than 60%
- **Green:** 30–60%

### eCO<sub>2</sub>

- **Good:** Less than 1100ppm
- **Fair:** 1100–2100ppm
- **Poor:** Greater than 2100ppm

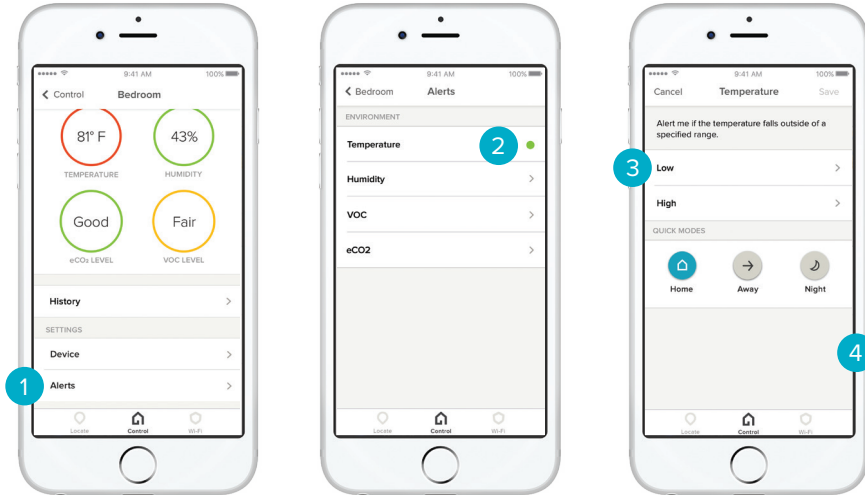
### VOC

- **Good:** Less than 250ppm
- **Fair:** 250–500ppm
- **Poor:** Greater than 500ppm



## Custom Alerts

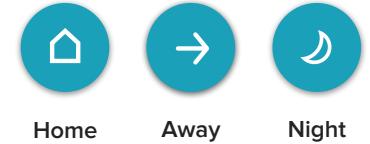
You can set up custom alerts for your Tabs devices. From the Control tab, select the device you would like to create an alert for, and then follow the steps below:



1. Select **Alerts** inside the device detail screen.
2. You will see a list of all available alerts. Active alerts will have a green dot. Choose the alert which you would like to set or edit.
3. Some alerts require extra information such as temperature or humidity ranges.
4. All alerts must be activated in at least one Quick Mode (see next page).

## Quick Modes

Quick modes ensure that you only get the alerts you really need, when you want them. For example, you might not want to receive alerts from your door sensor when you are home. Modes are set per alert during alert creation. You can change your current mode from the side menu ☰.



## Friends & Family Mode

Switching to Away mode displays a toggle for Friends & Family. This feature forwards your alerts to a trusted neighbor or family member. Members can be added by going to Alerts under Settings in the side menu ☰ and tapping on Friends & Family Alerts.

## Important Product & Safety Instructions

For the most current and more detailed information about Tabs features and settings as well as safety instructions, please download the user manual for the products online at [tabs.io/support](https://tabs.io/support) before use of any Tabs products or services.



Certain sensors contain magnets. **Keep away from ALL Children!** Do not put in nose or mouth. Swallowed magnets can stick to intestines causing serious injury or death. Seek immediate medical attention if magnets are swallowed.



These products are not toys and contain small parts that can be dangerous to children under 3 years old. Do not allow children or pets to play with products.



Observe proper precautions when handling batteries. Batteries may leak or explode if improperly handled.



**Observe the following precautions to avoid a sensor explosion or fire:**

- Do not drop, disassemble, open, crush, bend, deform, puncture, shred, microwave, incinerate or paint the sensors, Hub or other hardware.
- Do not insert foreign objects into any opening on the sensors or Hub, such as the USB port.
- Do not use the hardware if it has been damaged—for example, if cracked, punctured or harmed by water. Disassembling or puncturing the battery (whether integrated or removable) can cause an explosion or fire.
- Do not dry the sensors or battery with an external heat source such as a microwave oven or hair dryer.

## Warnings

- Do not place naked flame sources, such as lighted candles, on or near the equipment.
- The battery shall not be exposed to excessive heat such as sunshine, fire or the like.
- Do not dismantle, open or shred battery pack or cells.
- Do not expose batteries to heat or fire. Avoid storage in direct sunlight.
- Do not short-circuit the battery. Do not store batteries in a box or drawer where they may short-circuit each other or be short-circuited by other metal objects.
- Do not remove a battery from its original packaging until required for use.
- Do not subject batteries to mechanical shock.
- In the event of a battery leaking, do not allow the liquid to come in contact with the skin or eyes. If contact has been made, wash the affected area with copious amounts of water and seek medical advice.
- Do not use any charger other than that specifically provided for use with the equipment.
- Observe the plus (+) and minus (-) marks on the battery and equipment and ensure correct use.
- Do not use any which is not designed for use with the product.
- Do not mix cells of different manufacture, capacity, size or type within a device.
- Keep batteries out of the reach of children.
- Seek medical advice immediately if a battery has been swallowed.
- Always purchase the correct battery for the equipment.
- Keep batteries clean and dry.
- Wipe the battery terminals with a clean dry cloth if they become dirty.
- Rechargeable batteries need to be charged before use. Always use the correct charger and refer to the manufacturer's instructions or equipment manual for proper charging instructions.
- Do not leave a rechargeable battery on prolonged charge when not in use.

## Notices



Avoid exposing your sensors or batteries to very cold or very hot temperatures. Low or high temperature conditions may temporarily shorten the battery life or cause the sensors to temporarily stop working.



Take care in setting up the Hub Gateway and other hardware. Follow all installation instructions in the User Guide. Failure to do so may result in injury.



Do not install hardware equipment while standing in water or with wet hands. Failure to do so can result in electric shock or death. Use caution when setting up all electronic equipment.



When charging the sensors, do not handle the sensors with wet hands. Failure to observe this precaution could result in electric shock.



Do not check the GPS via the Tabs application while driving or in other situations where distractions could be hazardous. Always be aware of your surroundings when using the Wristband Locator or other sensors.



The Wristband Locator Sensor may cause skin irritation. Prolonged contact may contribute to skin irritation or allergies in some users. To reduce irritation, follow four simple wear and care tips: (1) Keep it clean; (2) keep it dry; (3) don't wear it too tight, and (4) give your wrist a rest by removing the band for an hour after extended wear.



**PROP 65 WARNING:** This product contains chemicals known to the State of California to cause cancer and birth defects or other reproductive harm



**Cleaning Tabs Products:** Use a clean dry cloth or wipe to clean Tabs products. Do not use detergent or abrasive materials to clean the Tabs products, as this may damage the sensors.

## Warranty

**Limited Warranty:** To the extent permitted by the law in the country in which purchase Tabs products, TrackNet warrants that for a period of one (1) year from original date of purchase, the product will be free from defects in materials and workmanship under normal use. In the event of a defect, contact TrackNet Customer Support ([tabs.io/support](https://tabs.io/support)) for assistance. TrackNet's sole obligation under this warranty will be, at its option, to repair or replace the product. This warranty does not apply to products damaged by misuse, accident, or normal wear and tear. Damage resulting from use with non-TrackNet's batteries, power cables, or other battery charging/recharging accessories or devices is also not covered by this or any warranty. NO OTHER WARRANTY OF ANY KIND (EITHER EXPRESS OR IMPLIED) IS PROVIDED AND ARE HEREBY EXPRESSLY DISCLAIMED, INCLUDING BUT NOT LIMITED TO ANY IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A SPECIFIC OR GENERAL PURPOSE AND THOSE ARISING BY STATUTE OR BY LAW, OR FROM A CAUSE OF DEALING OR USAGE OF TRADE.

**Limitation of Liability:** IN NO EVENT, REGARDLESS OF CAUSE, SHALL TRACKNET BE LIABLE FOR ANY INDIRECT, SPECIAL, INCIDENTAL, PUNITIVE OR CONSEQUENTIAL DAMAGES OF ANY KIND, WHETHER ARISING UNDER BREACH OF CONTRACT, TORT (INCLUDING NEGLIGENCE), STRICT LIABILITY OR OTHERWISE, AND WHETHER RELATED TO THE USE OF THE TABS PRODUCTS OR SERVICES OR OTHERWISE, EVEN IF ADVISED OF THE POSSIBILITY OF SUCH DAMAGES.



Hereby, TrackNet declares that the radio equipment for Tabs products is in compliance with Directive 2014/53/EU.



This device complies with Part 15 of the FCC Rules and RSS Standards of Industry Canada. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

For the full FCC/IC Compliance Statements and EU declaration of conformity, visit [www.tabs.io/legal](https://www.tabs.io/legal)



This symbol means that according to local laws and regulations your product should be disposed of separately from household waste. When this product reaches its end of life, take it to a collection point designated by local authorities. Some collection points accept products for free. The separate collection and recycling of your product at the time of disposal will help conserve natural resources and ensure that it is recycled in a manner that protects human health and the environment.



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TBUG100-HH1 Rev. A