

携帯電話機の比吸収率(SAR)

この機種SH-03Bの携帯電話機は、国が定めた電波の人体吸収に関する技術基準に適合しています。

この技術基準は、人体頭部のそばで使用する携帯電話機などの無線機器から送出される電波が人間の健康に影響を及ぼさないよう、科学的根拠に基づいて定められたものであり、人体側頭部に吸収される電波の平均エネルギー量を表す比吸収率(SAR: Specific Absorption Rate)について、これが2 W/kg※の許容値を超えないこととしています。この許容値は、使用者の年齢や身体の大きさに関係なく十分な安全率を含んでおり、世界保健機関(WHO)と協力関係にある国際非電離放射線防護委員会(ICNIRP)が示した国際的なガイドラインと同じものとなっています。

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SARについて、さらに詳しい情報をお知りになりたい方は、下記のホームページを参照してください。

総務省のホームページ

<http://www.tele.soumu.go.jp/j/sys/ele/index.htm>

社団法人電波産業会のホームページ

<http://www.arib-emf.org/>

ドコモのホームページ

<http://www.nttdocomo.co.jp/product/sar/>

シャープ株式会社のホームページ

<http://www.sharp.co.jp/products/menu/phone/cellular/sar/index.html>

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European RF Exposure Information

Your mobile device is a radio transmitter and receiver. It is designed not to exceed the limits for exposure to radio waves recommended by international guidelines. These guidelines were developed by the independent scientific organization ICNIRP and include safety margins designed to assure the protection of all persons, regardless of age and health.

The guidelines use a unit of measurement known as the Specific Absorption Rate, or SAR. The SAR limit for mobile devices is 2 W/kg and the highest SAR value for this device when tested at the ear was 0.598 W/kg ※.

As SAR is measured utilizing the devices highest transmitting power the actual SAR of this device while operating is typically below that indicated above. This is due to automatic changes to the power level of the device to ensure it only uses the minimum level required to reach the network.

The World Health Organization has stated that present scientific information does not indicate the need for any special precautions for the use of mobile devices. They note that if you want to reduce your exposure then you can do so by limiting the length of calls or using a hands-free device to keep the mobile phone away from the head.

※ The tests are carried out in accordance with international guidelines for testing.

Declaration of Conformity

CE 0168

Hereby, Sharp Telecommunications of Europe Ltd, declares that this SH-03B is in compliance with the essential requirements and other relevant provisions of Directive 1999/5/EC.

A copy of the original declaration of conformity can be found at the following Internet address:
<http://www.sharp.co.jp/k-tai/>

FCC Notice

- This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.
- Changes or modifications not expressly approved by the manufacturer responsible for compliance could void the user's authority to operate the equipment.

Information to User

This equipment has been tested and found to comply with the limits of a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation; if this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

1. Reorient/relocate the receiving antenna.
2. Increase the separation between the equipment and receiver.
3. Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
4. Consult the dealer or an experienced radio/TV technician for help.

FCC RF Exposure Information

Your handset is a radio transmitter and receiver.

It is designed and manufactured not to exceed the emission limits for exposure to radio frequency (RF) energy set by the Federal Communications Commission of the U.S. Government.

The guidelines are based on standards that were developed by independent scientific organisations through periodic and thorough evaluation of scientific studies. The standards include a substantial safety margin designed to assure the safety of all persons, regardless of age and health.

The exposure standard for wireless handsets employs a unit of measurement known as the Specific Absorption Rate, or SAR. The SAR limit set by the FCC is 1.6 W/kg.

The tests are performed in positions and locations (e.g., at the ear and worn on the body) as required by the FCC for each model. The highest SAR value for this model handset when tested for use at the ear is **0.751 W/kg** and when worn on the body, as described in this user guide, is **0.761 W/kg**.

Body-worn Operation; This device was tested for typical body-worn operations with the back of the handset kept 1.5 cm from the body. To maintain compliance with FCC RF exposure requirements, use accessories that maintain a 1.5 cm separation distance between the user's body and the back of the handset. The use of beltclips, holsters and similar accessories should not contain metallic components in its assembly.

The use of accessories that do not satisfy these requirements may not comply with FCC RF exposure requirements, and should be avoided.

The FCC has granted an Equipment Authorization for this model handset with all reported SAR levels evaluated as in compliance with the FCC RF emission guidelines. SAR information on this model handset is on file with the FCC and can be found under the Display Grant section of <http://www.fcc.gov/oet/ea/fccid/> after searching on FCC ID APYHRO00113.

Additional information on Specific Absorption Rates (SAR) can be found on the Cellular Telecommunications & Internet Association (CTIA) Website at <http://www.ctia.org/>.

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
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Quick Manual

CAUTION

Use only the battery packs and adapters specified by NTT DOCOMO for use with the FOMA terminal.

The use of devices other than those specified may cause the FOMA terminal, battery pack or other devices to leak, overheat, explode, catch fire or malfunction.

Do not throw the battery pack into a fire.

The battery pack may leak, overheat, explode or catch fire.

Do not dispose of used battery packs in ordinary garbage.

May cause fires or damage to the environment. Place tape over the terminals to insulate unnecessary battery packs, and take them to a docomo Shop, retailer or institution that handles used batteries in your area.

Avoid using the handset in extremely high or low temperatures.

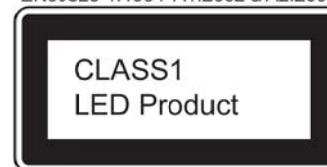
Use the FOMA terminal within the range of a temperature between 5°C and 35°C and a humidity between 45% and 85%.

Charge battery in areas where ambient temperature is between 5°C and 35°C.

Do not point the illuminated light directly at someone's eyes.

Do not use Picture Light near people's faces. Eyesight may be temporarily affected leading to accidents.

EN60825-1:1994 A1:2002 & A2:2001



Picture Light



CAUTION:

Use of controls, adjustments or performance of procedure other than those specified herein may result in hazardous radiation exposure. As the emission level from Picture Light LED used in this product is harmful to the eyes, do not attempt to disassemble the cabinet. Servicing is limited to qualified servicing station only.

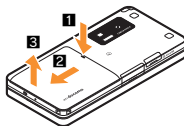
Picture light source LED characteristics

- a) Continuous illumination
- b) Wavelength
White: 400-700 nm
- c) Maximum output
White: 410 μ W (inside FOMA terminal 0.62mW)

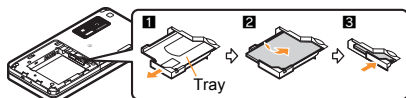
Before Use

Inserting FOMA card and battery pack

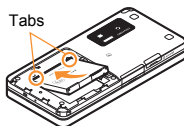
- 1 Push the back cover in the direction of the arrow (1), slide approximately 3 mm (2) and remove the back cover (3)



- 2 Pull out the tray straight (1). Set the FOMA card on the tray with the IC side turned down (2) and push the tray all the way in (3)



- 3 Turn a recycle mark side up, match tabs and attach the battery pack



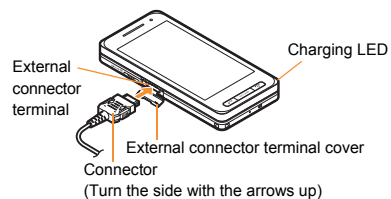
- 4 Place the back cover as shown in the illustration, push and slide it to insert



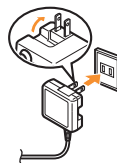
- Turn off the power and insert the FOMA card/battery pack while holding the FOMA terminal with your both hands. Note that excessive force may damage the FOMA terminal, FOMA card and battery pack.

Charging

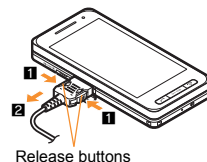
- 1 Open the external connector terminal cover and insert the AC adapter connector horizontally into the external connector terminal



- 2 Insert the AC adapter power plug into an outlet
 - Charge start sound is heard, charging LED illuminates, and charging starts.

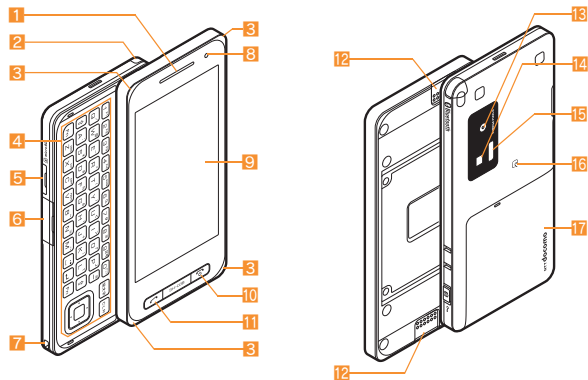






- 3 Hold the release buttons (1) and horizontally remove the connector (2) when charging is complete
 - Charge end sound is heard and charging LED turns off when charging is complete.

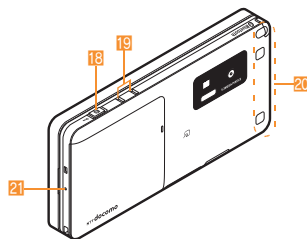


- Note that excessive force may damage the FOMA terminal and AC adapter.

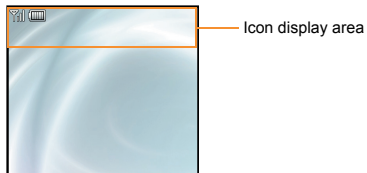
Part Names and Functions



- 1 Earpiece
- 2 1Seg antenna
- 3 Called/Charging LED
- 4 Keyboard
- 5 microSD Card slot
- 6 External connector terminal
- 7 Strap hole
- 8 Brightness sensor
- 9 Display/Touch panel
- 10 : Power/End key
- 11 : Start/Hands-free key
- 12 Speaker
- 13 Camera
- 14 Picture Light
- 15 Infrared port
- 16  mark
- 17 Back cover
- 18 : Side/Camera key
- 19 Charger terminal
- 20 FOMA antenna
- 21 Mouthpiece/Microphone



- Key illustrations are examples and may look different from actual keys.





Main icons

	Signal status (Strong → Weak) <ul style="list-style-type: none"> When appears, the handset is outside the service area or in a place with no signal.
	Battery level (High → Low)
	i-mode/Full Browser
	i-appli
	GPS
	Ir communication/Bluetooth communication
	i-mode mail/SMS/Area Mail received
	microSD Card
	1Seg being recorded
	Record message
	Silent
	Vibrator

	Manner mode
	Public mode (Drive mode)
	IC card lock
	Restriction
	Hands-free
	Alarm
	Music&Video Channel program reservation
	FOMA card error
	Self mode
	Bluetooth
	VeilView
	3G/GSM
	ToruCa
	Information received

Basic Operations

Turning power on/off

- Turning power on
- 1  (for 2+ seconds)
- Turning power off
- 1  (for 2+ seconds)

Changing screen display to English

- 1 **Custom** [設定] ▶ [一般設定] ▶ [Bilingual] ▶ [English]

Making initial setting

The initial setting screen automatically appears when the power is turned on for the first time. Make the initial setting according to instructions on the screen.

※ Terminal security code (four to eight digits) is set to [0000] by default but can be changed by user.

Checking your own phone number

- 1 **Custom** [Phone] ▶ [Own number]

Character entry

※ Operate in the character entry screen.

- Switching entry modes
- 1 [Chara] ▶ select the entry mode
- Switching upper/lower case
- 1 Enter a character ▶ [**A/a]
- Deleting characters
- 1 Point the cursor to the character and [DEL]
 - To delete all characters: At the end of the message, touch [DEL] for a while
- Using phrases
- 1 [Submenu] ▶ [Phrase(Hold F4)] ▶ select a phrase ▶ confirm the phrase ▶ [OK]
- Entering pictograms/symbols
- 1 [Pict/Sym]
 - To switch to Deco-mail pictogram: [Pict-D]
 - To switch to pictogram: [Pict]
 - To switch to symbol: [Symbol]
 - To switch to double-byte symbol: [Fulpitch]

- To switch to single-byte symbol: [Hlfpitch]

2 Select a pictogram/symbol

■ Entering emoticons

- 1 [Submenu] ▶ [Emoticon(Hold F3)] ▶ select an emoticon
- Character entry example

Ex.) When entering “電話”

- 1 [Chara] ▶ [あ]
- 2 [た] (four times) ▶ [**A/a] (once) ▶ [わきんー] (three times) ▶ [→] ▶ [わきんー] (once)
- 3 [Conv]
- 4 Select “電話”

Changing ring tone

- 1 **Custom** [Settings] ▶ [Snd/Vibrator/Manner] ▶ [Select sound]
- 2 Select an item
- 3 Point the cursor to the ring tone ▶ [OK]

Lock/Security

Changing terminal security code

- 1 **Custom** [Settings] ▶ [Security] ▶ [Change security code] ▶ enter the current terminal security code ▶ [OK]
- 2 Enter the new terminal security code ▶ [OK] ▶ enter the new terminal security code again ▶ [OK]

Changing network security code

- 1 **Launcher** [☰] ▶ [iMenu/Search] ▶ [お客様サポート] ▶ [各種設定 (確認・変更・利用)] ▶ [ネットワーク暗証番号変更]

Changing i-mode password

- 1 **Launcher** [☰] ▶ [iMenu/Search] ▶ [English] ▶ [Options] ▶ [Change i-mode Password]

Changing PIN1/PIN2 code

- 1 **Custom** [Settings] ▶ [Security] ▶ [UIM Settings] ▶ enter the terminal security code ▶ [OK]
- 2 Select the PIN1 or PIN2 code
- 3 Enter the current PIN code ▶ [OK]
- 4 Enter the new PIN code ▶ [OK] ▶ enter the new PIN code again ▶ [OK]

Various lock functions

All lock

1 **Custom** [Settings] ▶ [Security] ▶ [Lock settings] ▶ enter the terminal security code ▶ [OK] ▶ [All lock] ▶ [Yes]

Keypad dial lock

1 **Custom** [Settings] ▶ [Security] ▶ [Lock settings] ▶ enter the terminal security code ▶ [OK] ▶ [Keypad dial lock] ▶ select the setting

Function lock

1 **Custom** [Settings] ▶ [Security] ▶ [Lock settings] ▶ enter the terminal security code ▶ [OK] ▶ [Function lock] ▶ select an item to lock ▶ [Complete]

Self mode

1 **Quick Settings** ▶ [Self mode] ▶ select the setting ▶ [Yes]

Multi lock

1 **Quick Settings** ▶ [Lock select] ▶ [Multi lock] ▶ [Yes]

IC card lock

1 **Quick Settings** ▶ [Lock select] ▶ [IC card lock] ▶ [Yes]

Touch panel/Side key lock

1 **☒** (for 1+ seconds)

Omakase Lock

Omakase Lock is a service to lock the personal data and IC card functions in case of loss, etc. by only your request to DOCOMO via phone.

- This is a paid service. Refer to "Mobile Phone User's Guide [i-mode] FOMA version" for details on Omakase Lock.

Enable/Disable Omakase Lock

☎ 0120-524-360 Office hours: 24 hours

Incoming call restriction

Rejecting a call with no caller ID

1 **Custom** [Settings] ▶ [Security] ▶ [Accept/Reject calls] ▶ enter the terminal security code ▶ [OK]

2 Select the reason

3 Select the setting

Rejecting a call from a caller unset in phonebook

1 **Custom** [Settings] ▶ [Security] ▶ [Accept/Reject calls] ▶ enter the terminal security code ▶ [OK] ▶ [Reject unknown]

2 Select the setting

Voice/Videophone Calls

Making a voice/videophone call

1 **Stand-by** **☎** ▶ enter a phone number

2 **[☎]** (Phone)/[V.phone]

3 **☎** to end the call

Receiving a voice/videophone call

1 When a call is received, the ring tone sounds and the called LED flashes

2 **☎**

3 **☎** to end the call

Making a call with redials/received calls

1 **Launcher** **[☎]** (Redial)/**[☎]** (Received calls)

2 Select a phone number ▶ make a call

- Voice call: **[☎]**
- Videophone: [V.phone]

Overseas use

Making a call outside your country of stay (including Japan)

1 **Stand-by** **☎** ▶ touch [0(+)] for a while ▶ enter the country code, area code (city code) and other party's phone number ▶ **[☎]** (Phone)/[V.phone]

- When the area code (city code) begins with "0", omit the "0" when dialing (Include "0" when making a call to some countries or regions such as Italy).

Making a call in your country of stay

1 **Stand-by** **☎** ▶ enter a phone number

2 **[☎]** (Phone)/[V.phone]

Making a call to a WORLD WING subscriber overseas

Even when making a call to the phone in your country of stay, make an international call to Japan if the call recipient is a WORLD WING subscriber overseas.

1 **Stand-by** **☎** ▶ touch [0(+)] for a while ▶ enter "81" ▶ enter the other party's mobile phone number excluding the first "0" ▶ **[☎]** (Phone)/[V.phone]

Mail

Composing and sending i-mode mail

- 1 **Launcher** [Compose message] ▶ select the [To] field ▶ [Direct input]^{*1} ▶ enter an address ▶ [OK]
- 2 Select the [Sub] field ▶ enter a subject ▶ [OK] ▶ [Msg] ▶ enter messages ▶ [OK] ▶ [Send]^{*2}
*1 To select a recipient from a phonebook, select [Search phonebook].
*2 To attach a file, select the attachment field [None] ▶ select the file to attach.

Checking new i-mode mail

- 1 **Custom** [Mail] ▶ [Check new messages]


Replying to i-mode mail

- 1 In the received mail details screen, [Submenu] ▶ [Reply/Forward]
- 2 Select the reply method
- 3 Compose and send a mail

Forwarding i-mode mail

- 1 In the received mail details screen, [Submenu] ▶ [Reply/Forward] ▶ [Forward]
- 2 Enter an address and send a mail

Displaying a mail in Inbox/Outbox/Unsent messages

- 1 **Custom** [Mail]
 - 2 Select the mailbox
 - 3 Select a mail
- ※  appears in the stand-by display when a mail is received.

Phonebook

Adding entries to phonebook

- 1 **Launcher** [☐] ▶ [Submenu] ▶ [New] ▶ [Phone]
 - 2 Enter a name ▶ [OK] ▶  ▶ enter a phone number ▶ [OK] ▶ select a phone type icon ▶ [OK] ▶  ▶ enter a mail address ▶ [OK] ▶ select a mail address type icon ▶ [Complete] ▶ [OK]
- ※ Other items can be saved as well.

Camera

Shooting still pictures

- 1 **Launcher** [Shoot still pic] ▶  ▶ [Save]

Shooting moving pictures

- 1 **Custom** [Camera] ▶ [Shoot movie] ▶ [Rec] ▶ [Stop] ▶ [Save]

Displaying still pictures

- 1 **Launcher** [My picture] ▶ select a still picture

Playing moving pictures

- 1 **Custom** [Data box] ▶ [i-motion/Movie] ▶ select a moving picture

Watching 1Seg




Performing automatic channel setting

- 1 **Custom** [1Seg] ▶ [Channel setting]
- 2 Point the cursor to the save destination ▶ [Submenu] ▶ [Auto channel set] ▶ [Yes]
- 3 Select an area ▶ select a prefecture/district ▶ [OK] ▶ [Yes]

Selecting a channel list

- 1 **Custom** [1Seg] ▶ [Channel setting] ▶ select a channel list

Watching 1Seg

- 1 **Custom** [1Seg] ▶ [Activate 1Seg]
 - To record a video of 1Seg programs: While watching 1Seg, touch  for a while ▶ (record) ▶ 
 - To record 1Seg programs as a still picture: While watching 1Seg, 

Watching Videos

- 1 **Custom** [Data box] ▶ [1Seg]
- 2 [Video] folder ▶ select a video

Music Playback

Using Music&Video Channel

- 1 **Custom** [MUSIC] ▶ [Music&Video ch] ▶ select a program

Using MUSIC Player

- 1 **Custom** [Data box] ▶ [MUSIC] ▶ select music data

Network Services

Using Voice Mail Service

Voice Mail Service is a paid option (monthly fees apply) that requires subscription.

- 1 **Custom** [Settings] ▶ [NW Services] ▶ [Voice Mail]
- 2 [Activate VoiceMail] ▶ [Activate VoiceMail] ▶ [Yes]

Using Call Waiting

Call Waiting is a paid option (monthly fees apply) that requires subscription.


- 1 **Custom** [Settings] ▶ [NW Services] ▶ [Call waiting]
- 2 [Activate] ▶ [Yes]

Using Call Forwarding Service

Call Forwarding Service is a free option (no monthly fees) that requires subscription.

- 1 **Custom** [Settings] ▶ [NW Services] ▶ [Call Forwarding]
- 2 [Activate] ▶ [Activate] ▶ [Yes]

Osaifu-Keitai

Hold the  mark of the FOMA terminal over the scanning device to use as electronic money or railway tickets, or retrieve ToruCa.

- When the FOMA terminal is stolen or lost, immediately contact your provider of Osaifu-Keitai compatible service for handling methods.

Bluetooth function

- The Bluetooth word mark and logos are owned by Bluetooth SIG, Inc. and any use of such marks by NTT DOCOMO, INC. is under license. Other trademarks and trade names are those of their respective owners.

Registering Bluetooth device

- Set the other party's Bluetooth device to the registration stand-by status.

- 1 **Custom** [LifeKit] ▶ [Bluetooth] ▶ [List/cnnect/discnct] ▶ [Yes]
- 2 Select a Bluetooth device to register
- 3 Enter the Bluetooth passkey ▶ [OK]

Connecting to registered Bluetooth devices

- 1 **Custom** [LifeKit] ▶ [Bluetooth] ▶ [List/cnnect/discnct]
- 2 Select a Bluetooth device to connect to

General Notes

Introduction of options and related devices

- Battery Pack SH21
- FOMA AC Adapter 01 for Global use
- FOMA AC Adapter 01/02
- Desktop Holder SH30

Main specifications

Size			\$\$ (H) × \$\$ (W) × \$\$ (D) mm (\$\$ at thickest point) (when closed)*
Weight			\$\$ g (with battery pack attached)*
Continuous talk time	FOMA/3G		Voice call: \$\$ min*
	GSM		Videophone: \$\$ min*
Continuous stand-by time	FOMA/3G	3G/GSM setting: 3G	When mobile: \$\$ hr*
		3G/GSM setting: AUTO	At rest: \$\$ hr*
	GSM	3G/GSM setting: AUTO	At rest: \$\$ hr*
Estimated charge time	FOMA AC Adapter 01/02		\$\$ min*
	FOMA DC Adapter 01/02		\$\$ min*

* Approximate value

Specific Absorption Rate (SAR) of mobile phone

This model phone SH-03B meets the MIC's* technical regulation for exposure to radio waves.

The technical regulation established permitted levels of radio frequency energy, based on standards that were developed by independent scientific organizations through periodic and thorough evaluation of scientific studies.

The regulation employs a unit of measurement known as the Specific Absorption Rate, or SAR. The SAR limit is 2 watts/kilogram (W/kg)** averaged over ten grams of tissue. The limit includes a substantial safety margin designed to assure the safety of all persons, regardless of age and health. The value of the limit is equal to the international guidelines recommended by ICNIRP***.

All phone models should be confirmed to comply with the regulation, before they are available for sale to the public. The highest SAR value for this model phone is 0.761 W/kg was taken by the Telecom Engineering Center (TELEC), a Registered Certification Agency on the Radio Law. The test for SAR was conducted in accordance with the MIC testing procedure using standard operating positions with the phone transmitting at its highest permitted power level in all tested frequency bands. While there may be differences between the SAR levels of various phones and at various positions, they all meet the MIC's technical regulation. Although the SAR is determined at the highest certified power level, the actual SAR of the phone during operation can be well below the maximum value.

For further information about SAR, please see the following websites:

World Health Organization (WHO)

<http://www.who.int/peh-emf/>

ICNIRP

<http://www.icnirp.de/>

MIC

<http://www.tele.soumu.go.jp/e/index.htm>

TELEC

http://www.telec.or.jp/ENG/Index_e.htm

NTT DOCOMO

<http://www.nttdocomo.co.jp/english/product/sar/>

SHARP Corporation

<http://www.sharp.co.jp/products/menu/phone/cellular/sar/index.html>

* Ministry of Internal Affairs and Communications

** The technical regulation is provided in Article 14-2 of the Ministry Ordinance Regulating Radio Equipment.

*** International Commission on Non-Ionizing Radiation Protection

European RF Exposure Information

Your mobile device is a radio transmitter and receiver. It is designed not to exceed the limits for exposure to radio waves recommended by international guidelines.

These guidelines were developed by the independent scientific organization ICNIRP and include safety margins designed to assure the protection of all persons, regardless of age and health.

The guidelines use a unit of measurement known as the Specific Absorption Rate, or SAR. The SAR limit for mobile devices is 2 W/kg and the highest SAR value for this device when tested at the ear was 0.598 W/kg

As SAR is measured utilizing the devices highest transmitting power the actual SAR of this device while operating is typically below that indicated above. This is due to automatic changes to the power level of the device to ensure it only uses the minimum level required to reach the network.

The World Health Organization has stated that present scientific information does not indicate the need for any special precautions for the use of mobile devices.

They note that if you want to reduce your exposure then you can do so by limiting the length of calls or using a hands-free device to keep the mobile phone away from the head.

* The tests are carried out in accordance with international guidelines for testing.

Declaration of Conformity

CE 0168

Hereby, Sharp Telecommunications of Europe Ltd, declares that this SH-03B is in compliance with the essential requirements and other relevant provisions of Directive 1999/5/EC.

A copy of the original declaration of conformity can be found at the following Internet address:

<http://www.sharp.co.jp/k-tai/>

FCC Notice

- This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.
- Changes or modifications not expressly approved by the manufacturer responsible for compliance could void the user's authority to operate the equipment.

Information to User

This equipment has been tested and found to comply with the limits of a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation; if this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

1. Reorient/relocate the receiving antenna.
2. Increase the separation between the equipment and receiver.
3. Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
4. Consult the dealer or an experienced radio/TV technician for help.

FCC RF Exposure Information

Your handset is a radio transmitter and receiver.

It is designed and manufactured not to exceed the emission limits for exposure to radio frequency (RF) energy set by the Federal Communications Commission of the U.S. Government.

The guidelines are based on standards that were developed by independent scientific organisations through periodic and thorough evaluation of scientific studies. The standards include a substantial safety margin designed to assure the safety of all persons, regardless of age and health.

The exposure standard for wireless handsets employs a unit of measurement known as the Specific Absorption Rate, or SAR. The SAR limit set by the FCC is 1.6 W/kg.

The tests are performed in positions and locations (e.g., at the ear and worn on the body) as required by the FCC for each model. The highest SAR value for this model handset when tested for use at the ear is 0.751 W/kg and when worn on the body, as described in this user guide, is 0.761 W/kg

Body-worn Operation; This device was tested for typical body-worn operations with the back of the handset kept 1.5 cm from the body. To maintain compliance with FCC RF exposure requirements, use accessories that maintain a 1.5 cm separation distance between the user's body and the back of the handset. The use of beltclips, holsters and similar accessories should not contain metallic components in its assembly.

The use of accessories that do not satisfy these requirements may not comply with FCC RF exposure requirements, and should be avoided.

The FCC has granted an Equipment Authorization for this model handset with all reported SAR levels evaluated as in compliance with the FCC RF emission guidelines. SAR information on this model handset is on file with the FCC and can be found under the Display Grant section of <http://www.fcc.gov/oet/ea/fccid/> after searching on FCC ID APYHRO00113.

Additional information on Specific Absorption Rates (SAR) can be found on the Cellular Telecommunications & Internet Association (CTIA) Website at <http://www.ctia.org/>.

Inquiries

General inquiries <docomo Information Center>

0120-005-250 (toll free)

- ※ Service available in: English, Portuguese, Chinese, Spanish, Korean.
- ※ Available from mobile phones and PHSSs.

From DOCOMO mobile phones

(In Japanese only)

(No prefix) 151 (toll free)

- ※ Unavailable from land-line phones, etc.

From land-line phones

(In Japanese only)

0120-800-000 (toll free)

- ※ Available from mobile phones and PHSSs.
- Please confirm the phone number before you dial.

Repairs

From DOCOMO mobile phones

(In Japanese only)

(No prefix) 113 (toll free)

- ※ Unavailable from land-line phones, etc.

From land-line phones

(In Japanese only)

0120-800-000 (toll free)

- Please confirm the phone number before you dial.
- For Applications or Repairs and After-Sales Service, please contact the above-mentioned information center or the docomo Shop, etc. near you on the NTT DOCOMO website or the i-mode site.
NTT DOCOMO website: <http://www.nttdocomo.co.jp/english/>
i-mode site: iMenu ▶ お客様サポート (user support) ▶ ドコモショップ (docomo Shop) (In Japanese only)

Loss or theft FOMA terminal or payment of cumulative cost overseas <docomo Information Center>

(available 24 hours a day)

From DOCOMO mobile phones

International call access code for the country you stay -81-3-5366-3114* (toll free)

- * You are charged a call fee to Japan when calling from a land-line phone, etc.

- ※ If you use SH-03B, you should dial the number +81-3-5366-3114 (to enter "+", touch [0(+)] for a while).

From land-line phones

<Universal number>

International prefix number for the universal number -800-0120-0151*

- * You might be charged a domestic call fee according to the call rate for the country you stay.

Failures encountered overseas <Network Operation Center>

(available 24 hours a day)

From DOCOMO mobile phones

International call access code for the country you stay -81-3-6718-1414* (toll free)

- * You are charged a call fee to Japan when calling from a land-line phone, etc.

- ※ If you use SH-03B, you should dial the number +81-3-6718-1414 (to enter "+", touch [0(+)] for a while).

From land-line phones

<Universal number>

International prefix number for the universal number -800-5931-8600*

- * You might be charged a domestic call fee according to the call rate for the country you stay.

- If you lose your FOMA terminal or have it stolen, immediately take the steps necessary for suspending the use of the FOMA terminal.
- If the FOMA terminal you purchased is damaged, bring your FOMA terminal to a repair counter specified by DOCOMO after returning to Japan.