

## 総合お問い合わせ先<ドコモ インフォメーションセンター>

- ドコモの携帯電話からの場合 ■一般電話などからの場合

 (局番なしの) **151** (無料)  **0120-800-000**

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ドコモホームページ <http://www.nttdocomo.co.jp/>

## 故障お問い合わせ先

- ドコモの携帯電話からの場合 ■一般電話などからの場合

 (局番なしの) **113** (無料)  **0120-800-000**

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iモードサイト [i Menu](#) ▶お客様サポート ▶ドコモショップ

NTT docomo

NTT docomo

SH-05B

取扱説明書

'10.1

## 海外での紛失、盗難、精算などについて

### <ドコモ インフォメーションセンター> (24時間受付)

#### ドコモの携帯電話からの場合

滞在国の国際電話  
アクセス番号 **-81-3-5366-3114\*** (無料)

\*一般電話などでかけた場合には、日本向け通話料がかかります。  
※SH-05Bから、ご利用の場合は+81-3-5366-3114でつながります。  
(「+」は「0」ボタンを1秒以上押します。)

#### 一般電話などからの場合

##### <ユニバーサルナンバー>

ユニバーサルナンバー用  
国際電話識別番号 **-800-0120-0151\***

\*滞在国内通話料などがかかる場合があります。  
※主要国の国際電話アクセス番号/ユニバーサルナンバー用国際電話識別番号については、ドコモの「国際サービスホームページ」をご覧ください。

- 紛失・盗難などにあわれたら、速やかに利用中断手続きをお取りください。
- お客さまが購入されたFOMA端末に故障が発生した場合は、ご帰国後にドコモ指定の故障取扱窓口へご持参ください。



マナーもいっしょに携帯しましょう。

◎公共の場所で携帯電話をご利用の際は、周囲の方への心くばりを忘れずに。

販売元 株式会社NTTドコモ

製造元 シャープ株式会社



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NTTドコモまたは代理店、リサイクル  
協力店などにお持ちください。



大豆油インキを使用しています。

再生紙を使用しています

'10.1(1版)  
TINSJA646AFZZ  
10A \*\*. \*\* MS116①

取扱説明書 '10.1

docomo STYLE series

## 携帯電話機の比吸収率(SAR)

この機種SH-05Bの携帯電話機は、国が定めた電波の人体吸収に関する技術基準に適合しています。

この技術基準は、人体頭部のそばで使用する携帯電話機などの無線機器から送出される電波が人間の健康に影響を及ぼさないよう、科学的根拠に基づいて定められたものであり、人体側頭部に吸収される電波の平均エネルギー量を表す比吸収率(SAR: Specific Absorption Rate)について、これが2 W/kg※の許容値を超えないこととしています。この許容値は、使用者の年齢や身体の大きさに関係なく十分な安全率を含んでおり、世界保健機関(WHO)と協力関係にある国際非電離放射線防護委員会(ICNIRP)が示した国際的なガイドラインと同じものとなっています。

すべての機種 of 携帯電話機は、発売開始前に、電波法に基づき国の技術基準に適合していることの確認を受ける必要があります。この携帯電話機SH-05BのSARの値は0.821 W/kgです。この値は、財団法人テレコムエンジニアリングセンターによって取得されたものであり、国が定めた方法に従い、携帯電話機の送信電力を最大にして測定された最大の値です。個々の製品によってSARに多少の差異が生じることもありますが、いずれも許容値を満足しています。また、携帯電話機は、携帯電話基地局との通信に必要な最低限の送信電力になるよう設計されているため、実際に通話している状態では、通常SARはより小さい値となります。

SARについて、さらに詳しい情報をお知りになりたい方は、下記のホームページを参照してください。

総務省のホームページ

<http://www.tele.soumu.go.jp/j/sys/ele/index.htm>

社団法人電波産業会のホームページ

<http://www.arib-emf.org/>

ドコモのホームページ

<http://www.nttdocomo.co.jp/product/sar/>

シャープ株式会社のホームページ

<http://www.sharp.co.jp/products/menu/phone/cellular/sar/index.html>

※ 技術基準については、電波法関連省令(無線設備規則第14条の2)で規定されています。

### European RF Exposure Information

Your mobile device is a radio transmitter and receiver. It is designed not to exceed the limits for exposure to radio waves recommended by international guidelines. These guidelines were developed by the independent scientific organization ICNIRP and include safety margins designed to assure the protection of all persons, regardless of age and health.

The guidelines use a unit of measurement known as the Specific Absorption Rate, or SAR. The SAR limit for mobile devices is 2 W/kg and the highest SAR value for this device when tested at the ear was 0.69 W/kg※.

As SAR is measured utilizing the devices highest transmitting power the actual SAR of this device while operating is typically below that indicated above. This is due to automatic changes to the power level of the device to ensure it only uses the minimum level required to reach the network.

The World Health Organization has stated that present scientific information does not indicate the need for any special precautions for the use of mobile devices. They note that if you want to reduce your exposure then you can do so by limiting the length of calls or using a hands-free device to keep the mobile phone away from the head.

※ The tests are carried out in accordance with international guidelines for testing.

## Declaration of Conformity

# CE 0168

Hereby, Sharp Telecommunications of Europe Ltd, declares that this SH-05B is in compliance with the essential requirements and other relevant provisions of Directive 1999/5/EC.

A copy of the original declaration of conformity can be found at the following Internet address:  
<http://www.sharp.co.jp/k-tai/>

### FCC Notice

- This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:  
(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.
- Changes or modifications not expressly approved by the manufacturer responsible for compliance could void the user's authority to operate the equipment.

### Information to User

This equipment has been tested and found to comply with the limits of a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation; if this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

1. Reorient/relocate the receiving antenna.
2. Increase the separation between the equipment and receiver.
3. Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
4. Consult the dealer or an experienced radio/TV technician for help.

### FCC RF Exposure Information

Your handset is a radio transmitter and receiver.

It is designed and manufactured not to exceed the emission limits for exposure to radio frequency (RF) energy set by the Federal Communications Commission of the U.S. Government.

The guidelines are based on standards that were developed by independent scientific organisations through periodic and thorough evaluation of scientific studies. The standards include a substantial safety margin designed to assure the safety of all persons, regardless of age and health.

The exposure standard for wireless handsets employs a unit of measurement known as the Specific Absorption Rate, or SAR. The SAR limit set by the FCC is 1.6 W/kg.

The tests are performed in positions and locations (e.g., at the ear and worn on the body) as required by the FCC for each model. The highest SAR value for this model handset when tested for use at the ear is **0.662 W/kg** and when worn on the body, as described in this user guide, is **0.821 W/kg**.

Body-worn Operation; This device was tested for typical body-worn operations with the back of the handset kept 1.5 cm from the body. To maintain compliance with FCC RF exposure requirements, use accessories that maintain a 1.5 cm separation distance between the user's body and the back of the handset. The use of beltclips, holsters and similar accessories should not contain metallic components in its assembly.

The use of accessories that do not satisfy these requirements may not comply with FCC RF exposure requirements, and should be avoided.

The FCC has granted an Equipment Authorization for this model handset with all reported SAR levels evaluated as in compliance with the FCC RF emission guidelines. SAR information on this model handset is on file with the FCC and can be found under the Display Grant section of <http://www.fcc.gov/oet/ea/fccid/> after searching on FCC ID APYHRO00116.

Additional information on Specific Absorption Rates (SAR) can be found on the Cellular Telecommunications & Internet Association (CTIA) Website at <http://www.ctia.org/>.

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
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  - Windows XPは、Microsoft® Windows® XP Professional operating systemまたはMicrosoft® Windows® XP Home Edition operating systemの略です。
  - Windows 2000は、Microsoft® Windows® 2000 Professional operating systemの略です。

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# Quick Manual

## CAUTION

**Use only the battery packs and adapters specified by NTT DOCOMO for use with the FOMA terminal.**

The use of devices other than those specified may cause the FOMA terminal, battery pack or other devices to leak, overheat, explode, catch fire or malfunction.

**Do not throw the battery pack into a fire.**

The battery pack may leak, overheat, explode or catch fire.

**Do not dispose of used battery packs in ordinary garbage.**

May cause fires or damage to the environment. Place tape over the terminals to insulate unnecessary battery packs, and take them to a docomo Shop, retailer or institution that handles used batteries in your area.

**Avoid using the handset in extremely high or low temperatures.**

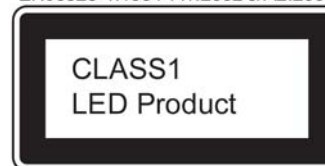
Use the FOMA terminal within the range of a temperature between 5°C and 35°C and a humidity between 45% and 85%.

**Charge battery in areas where ambient temperature is between 5°C and 35°C.**

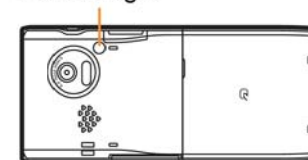
**Do not point the illuminated light directly at someone's eyes.**

Do not use Picture Light near people's faces. Eyesight may be temporarily affected leading to accidents.

EN60825-1:1994 A1:2002 & A2:2001



Picture Light



### CAUTION:

Use of controls, adjustments or performance of procedure other than those specified herein may result in hazardous radiation exposure. As the emission level from Picture Light LED used in this product is harmful to the eyes, do not attempt to disassemble the cabinet. Servicing is limited to qualified servicing station only.

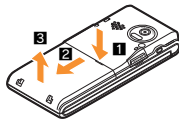
### Picture light source LED characteristics

- a) Continuous illumination
- b) Wavelength  
White: 400-700 nm
- c) Maximum output  
White: 0.38 mW (inside FOMA terminal 0.62 mW)

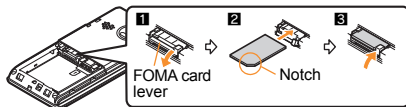
## Before Use

### Inserting FOMA card and battery pack

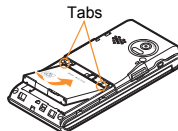
- 1 Lightly push the catch on the back cover in the direction of the arrow (1), slide approximately 3 mm (2) and remove the back cover (3)



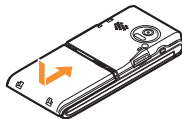
- 2 Pull the FOMA card lever down (1). Hold the FOMA card with the IC (gold) side turned down and push it all the way in (2). Pull the FOMA card lever up (3)



- 3 Turn a recycle mark side up, match tabs and attach the battery pack



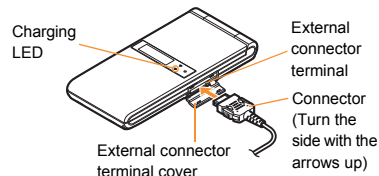
- 4 Place the back cover to the FOMA terminal slot with the back cover open approximately 3 mm, push and slide it to the direction of arrow to insert



- Turn off the power and insert the FOMA card/battery pack while holding the FOMA terminal with your both hands. Note that excessive force may damage the FOMA terminal, FOMA card, battery pack and FOMA card lever.

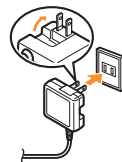
## Charging

- 1 Open the external connector terminal cover and insert the AC adapter connector horizontally into the external connector terminal



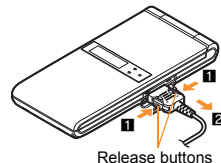
- 2 Insert the AC adapter power plug into an outlet

- Charge start sound is heard, charging LED illuminates, and charging starts.

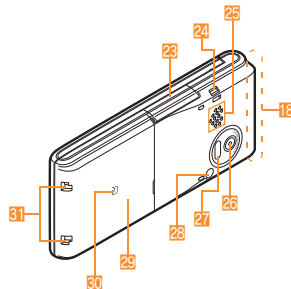
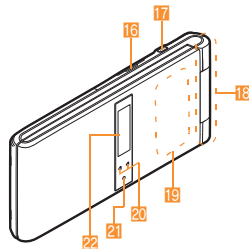
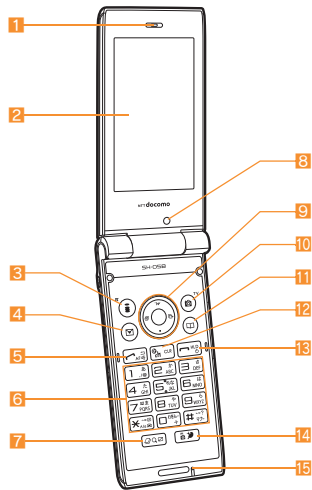


- 3 Hold the release buttons (1) and horizontally remove the connector (2) when charging is complete

- Charge end sound is heard and charging LED turns off when charging is complete.



- Note that excessive force may damage the FOMA terminal and AC adapter.



- 1 Earpiece
- 2 Main display
- 3 : i-mode/Operation guidance key
- 4 : Mail/Operation guidance key
- 5 : Start/Hands-free/Eco key
- 6 and : Dial/Character entry keys
- 7 : Multi/Quick search/VeilView key
- 8 In-camera
- 9 : Multi-guide key
- 10 : Camera/TV/Operation guidance key
- 11 : Phonebook/Operation guidance key
- 12 : i-Channel/Clear key
- 13 : Power/End key
- 14 : In-camera key
- 15 Mouthpiece/Microphone
- 16 microSD Card slot
- 17 : Light key
- 18 FOMA antenna
- 19 1Seg antenna
- 20 Called/Charging LED
- 21 Sub microphone
- 22 Sub display
- 23 External connector terminal
- 24 Strap hole
- 25 Speaker
- 26 Main camera
- 27 Infrared port
- 28 Picture Light
- 29 Back cover
- 30 mark
- 31 Charger terminal

● Key illustrations are examples and may look different from actual keys.



Icon display area

## Main icons

	Signal status (Strong → Weak) <ul style="list-style-type: none"> <li>When [No Signal] appears, the handset is outside the service area or in a place with no signal.</li> </ul>
	Battery level (High → Low)
	i-mode/Full Browser
	i-appli
	Ir communication
	i-mode mail/SMS/Area Mail received
	microSD Card
	1Seg being recorded
	Record message
	Silent
	Vibrator

	Manner mode
	Public mode (Drive mode)
	IC card lock
	Restriction
	Hands-free
	Alarm
	Music&Video Channel program reservation
	FOMA card error
	Self mode
	VeilView
	3G
	ToruCa
	Information received

## Basic Operations

### Turning power on/off

- Turning power on
- 1 (for 2+ seconds)
- Turning power off
- 1 (for 2+ seconds)

### Changing screen display to English

- 1 [Settings] ▶ [一般設定] ▶ [Bilingual] ▶ [English]

### Making initial setting

The initial setting screen automatically appears when the power is turned on for the first time. Make the initial setting according to instructions on the screen.

※ Terminal security code (four to eight digits) is set to [0000] by default but can be changed by user.

### Checking your own phone number

- 1

### Character entry

※ Operate in the character entry screen.

- Switching entry modes

- 1 ▶ select the entry mode with

- Switching upper/lower case

- 1 Enter a character ▶

- Deleting characters

- 1 Move the cursor to the character and

- To delete all characters: At the end of the message, (for 1+ seconds)

- Using phrases

- 1 (for 1+ seconds) ▶ select a phrase ▶ ▶ confirm the phrase ▶

- Entering pictograms/symbols

- 1

- To switch between pictogram and Deco-mail pictogram:

- To switch between single- and double-byte symbols:

- 2 Select a pictogram/symbol ▶

- Entering emoticons

- 1 (for 1+ seconds) ▶ select an emoticon ▶

- Character entry example

Ex.) When entering “電話”

- 1 ▶ [あ] with
- 2 (four times) ▶ (once) ▶ (three times) ▶ ▶ (once)
- 3 to move the cursor to the conversion candidates field
- 4 Select “電話” ▶

### Changing ring tone

- 1 [Settings] ▶ [Snd/Vibrator/Manner] ▶ [Select sound]
- 2 Select an item ▶
- 3 Select a ring tone ▶

### Lock/Security

#### Changing terminal security code

- 1 [Settings] ▶ [Security] ▶ [Change security code] ▶ enter the current terminal security code ▶
- 2 Enter the new terminal security code ▶ ▶ enter the new terminal security code again ▶

#### Changing network security code

- 1 [お客様サポート] ▶ [各種設定 (確認・変更・利用)] ▶ [ネットワーク暗証番号変更]

#### Changing i-mode password

- 1 [English] ▶ [Options] ▶ [Change i-mode Password]

#### Changing PIN1/PIN2 code

- 1 [Settings] ▶ [Security] ▶ [UIM Settings] ▶ enter the terminal security code ▶
- 2 Select the PIN1 or PIN2 code ▶
- 3 Enter the current PIN code ▶
- 4 Enter the new PIN code ▶ ▶ enter the new PIN code again ▶

## Various lock functions

### All lock

1 **Custom** [Settings] ▶ [Security] ▶ [Lock settings] ▶ enter the terminal security code ▶ ▶ [All lock] ▶ [Yes]

### Keypad dial lock

1 **Custom** [Settings] ▶ [Security] ▶ [Lock settings] ▶ enter the terminal security code ▶ ▶ [Keypad dial lock] ▶ select the setting ▶

### Function lock

1 **Custom** [Settings] ▶ [Security] ▶ [Lock settings] ▶ enter the terminal security code ▶ ▶ [Function lock] ▶ select an item to lock ▶ ▶

### Self mode

1 **Custom** [Settings] ▶ [Phone settings] ▶ [Self mode] ▶ select the setting ▶ ▶ [Yes]

### Multi lock

1 **Stand-by** (for 1+ seconds) ▶ [Multi lock] ▶ [Yes]

### IC card lock

1 **Stand-by** (for 1+ seconds) ▶ [IC card lock] ▶ [Yes]

### Side key lock

1 **Stand-by** (for 1+ seconds) ▶ [Side key lock]

### Omakase Lock

Omakase Lock is a service to lock the personal data and IC card functions in case of loss, etc. by only your request to DOCOMO via phone.

- This is a paid service. Refer to "Mobile Phone User's Guide [i-mode] FOMA version" for details on Omakase Lock.

### Enable/Disable Omakase Lock

0120-524-360 Office hours: 24 hours

## Incoming call restriction

### Rejecting a call with no caller ID

1 **Custom** [Settings] ▶ [Security] ▶ [Accept/Reject calls] ▶ enter the terminal security code ▶

2 Select the reason ▶

3 Select the setting ▶

### Rejecting a call from a caller unset in phonebook

1 **Custom** [Settings] ▶ [Security] ▶ [Accept/Reject calls] ▶ enter the terminal security code ▶ ▶ [Reject unknown]

2 Select the setting ▶

## Voice/Videophone Calls

### Making a voice/videophone call

1 **Stand-by** enter a phone number

2 (Phone)/ (V.phone)

3 to end the call

### Receiving a voice/videophone call

1 When a call is received, the ring tone sounds and the called LED flashes

2

3 to end the call

### Making a call with redials/received calls

1 **Stand-by** (Redial)/ (Received calls)

2 Select a phone number and dial

- Voice call:

- Videophone:

### Overseas use

#### Making a call outside your country of stay (including Japan)

1 **Stand-by** (for 1+ seconds) ▶ enter the country code, area code (city code) and other party's phone number ▶ (Phone)/ (V.phone)

- When the area code (city code) begins with "0", omit the "0" when dialing (Include "0" when making a call to some countries or regions such as Italy).

#### Making a call in your country of stay

1 **Stand-by** enter a phone number

2 (Phone)/ (V.phone)

#### Making a call to a WORLD WING subscriber overseas

Even when making a call to the phone in your country of stay, make an international call to Japan if the call recipient is a WORLD WING subscriber overseas.

1 **Stand-by** (for 1+ seconds) ▶ ▶ enter the other party's mobile phone number excluding the first "0" ▶ (Phone)/ (V.phone)

## Mail

### Composing and sending i-mode mail

- 1 **Stand-by** [Compose message] select the [To] field select [Direct input]<sup>\*1</sup> enter an address
- 2 Select the [Sub] field enter a subject [Msg] enter messages  
<sup>\*1</sup> To select a recipient from a phonebook, select [Search phonebook].  
<sup>\*2</sup> To attach a file, select the attachment field (None) select the file to attach.

### Checking new i-mode mail

- 1 **Stand-by** [Check new messages]

### Replying to i-mode mail

- 1 In the received mail details screen, [Reply/Forward]
- 2 Select the reply method
- 3 Compose and send a mail

### Forwarding i-mode mail

- 1 In the received mail details screen, [Reply/Forward] [Forward]
- 2 Enter an address and send a mail

### Displaying a mail in Inbox/Outbox/Unsent messages

- 1 **Stand-by** [Inbox/Outbox/Unsent messages]
  - 2 Select the mailbox
  - 3 Select a mail
- ※ [ ] appears in the stand-by display when a mail is received.

## Phonebook

### Adding entries to phonebook

- 1 **Stand-by** [New] [Phone]
  - 2 Enter a name [Phone] enter a phone number select a phone type icon [Mail] enter a mail address select a mail address type icon
- ※ Other items can be saved as well.

## Camera

### Shooting still pictures

- 1 **Custom** [Camera] [Shoot still pic]

### Shooting moving pictures

- 1 **Custom** [Camera] [Shoot movie] [Save]

### Displaying still pictures

- 1 **Custom** [Data box] [My picture] select a still picture

### Playing moving pictures

- 1 **Custom** [Data box] [i-motion/Movie] select a moving picture

### Watching 1Seg

### Performing automatic channel setting

- 1 **Custom** [1Seg] [Channel setting]
- 2 Select the number to save [Auto channel set] [Yes]
- 3 Select an area select a prefecture/district [Yes]

### Selecting a channel list

- 1 **Custom** [1Seg] [Channel setting] select a channel list

### Watching 1Seg

- 1 **Custom** [1Seg] [Activate 1Seg]
  - To record a video of 1Seg programs: While watching 1Seg, [ ] (for 1+ seconds) [record]
  - To record 1Seg programs as a still picture: While watching 1Seg, [ ]

### Watching Videos

- 1 **Custom** [Data box] [1Seg]
- 2 [Video] folder select a video

## Music Playback

### Using Music&Video Channel

- 1 **Custom** [MUSIC] ▶ [Music&Video ch] ▶ select a program ▶

### Using MUSIC Player

- 1 **Custom** [Data box] ▶ [MUSIC] ▶ select music data ▶

## Network Services

### Using Voice Mail Service

Voice Mail Service is a paid option (monthly fees apply) that requires subscription.

- 1 **Custom** [Settings] ▶ [NW Services] ▶ [Voice Mail]
- 2 [Activate VoiceMail] ▶ [Activate VoiceMail] ▶ [Yes]

### Using Call Waiting

Call Waiting is a paid option (monthly fees apply) that requires subscription.

- 1 **Custom** [Settings] ▶ [NW Services] ▶ [Call waiting]
- 2 [Activate] ▶ [Yes]

### Using Call Forwarding Service

Call Forwarding Service is a free option (no monthly fees) that requires subscription.

- 1 **Custom** [Settings] ▶ [NW Services] ▶ [Call Forwarding]
- 2 [Activate] ▶ [Activate] ▶ [Yes]

## Osaifu-Keitai

Hold the mark of the FOMA terminal over the scanning device to use as electronic money or railway tickets, or retrieve ToruCa.

- When the FOMA terminal is stolen or lost, immediately contact your provider of Osaifu-Keitai compatible service for handling methods.

## General Notes

### Introduction of options and related devices

- Battery Pack SH21
- FOMA AC Adapter 01 for Global use
- FOMA AC Adapter 01/02
- Desktop Holder SH23

## Main specifications

Size	\$\$ (H) × \$\$ (W) × \$\$ (D) mm (\$\$ at thickest point) (when folded)*	
Weight	\$\$ g (with battery pack attached)*	
Continuous talk time	FOMA/3G	Voice call: \$\$ min*
		Videophone: \$\$ min*
Continuous stand-by time	FOMA/3G	When mobile: \$\$ hr*
		At rest: \$\$ hr*
Estimated charge time	FOMA AC Adapter 01/02	\$\$ min*
	FOMA DC Adapter 01/02	\$\$ min*

\* Approximate value



## Specific Absorption Rate (SAR) of mobile phone

**This model phone SH-05B meets the MIC's\* technical regulation for exposure to radio waves.**

The technical regulation established permitted levels of radio frequency energy, based on standards that were developed by independent scientific organizations through periodic and thorough evaluation of scientific studies.

The regulation employs a unit of measurement known as the Specific Absorption Rate, or SAR. The SAR limit is 2 watts/kilogram (W/kg)\*\* averaged over ten grams of tissue. The limit includes a substantial safety margin designed to assure the safety of all persons, regardless of age and health. The value of the limit is equal to the international guidelines recommended by ICNIRP\*\*\*.

All phone models should be confirmed to comply with the regulation, before they are available for sale to the public. The highest SAR value for this model phone is 0.821W/kg. It was taken by the Telecom Engineering Center (TELEC), a Registered Certification Agency on the Radio Law. The test for SAR was conducted in accordance with the MIC testing procedure using standard operating positions with the phone transmitting at its highest permitted power level in all tested frequency bands. While there may be differences between the SAR levels of various phones and at various positions, they all meet the MIC's technical regulation. Although the SAR is determined at the highest certified power level, the actual SAR of the phone during operation can be well below the maximum value.

For further information about SAR, please see the following websites:

World Health Organization (WHO)

<http://www.who.int/peh-emf/>

ICNIRP

<http://www.icnirp.de/>

MIC

<http://www.tele.soumu.go.jp/e/index.htm>

TELEC

[http://www.telec.or.jp/ENG/Index\\_e.htm](http://www.telec.or.jp/ENG/Index_e.htm)

NTT DOCOMO

<http://www.nttdocomo.co.jp/english/product/sar/>

SHARP Corporation

<http://www.sharp.co.jp/products/menu/phone/cellular/sar/index.html>

\* Ministry of Internal Affairs and Communications

\*\* The technical regulation is provided in Article 14-2 of the Ministry Ordinance Regulating Radio Equipment.

\*\*\* International Commission on Non-Ionizing Radiation Protection

## European RF Exposure Information

Your mobile device is a radio transmitter and receiver. It is designed not to exceed the limits for exposure to radio waves recommended by international guidelines.

These guidelines were developed by the independent scientific organization ICNIRP and include safety margins designed to assure the protection of all persons, regardless of age and health.

The guidelines use a unit of measurement known as the Specific Absorption Rate, or SAR. The SAR limit for mobile devices is 2 W/kg and the highest SAR value for this device when tested at the ear was 0.69W/kg\*.

As SAR is measured utilizing the devices highest transmitting power the actual SAR of this device while operating is typically below that indicated above. This is due to automatic changes to the power level of the device to ensure it only uses the minimum level required to reach the network.

The World Health Organization has stated that present scientific information does not indicate the need for any special precautions for the use of mobile devices.

They note that if you want to reduce your exposure then you can do so by limiting the length of calls or using a hands-free device to keep the mobile phone away from the head.

\* The tests are carried out in accordance with international guidelines for testing.

## Declaration of Conformity

# CE 0168

**Hereby, Sharp Telecommunications of Europe Ltd, declares that this SH-05B is in compliance with the essential requirements and other relevant provisions of Directive 1999/5/EC.**

**A copy of the original declaration of conformity can be found at the following Internet address:**

**<http://www.sharp.co.jp/k-tai/>**

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## FCC Notice

- This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:  
(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.
- Changes or modifications not expressly approved by the manufacturer responsible for compliance could void the user's authority to operate the equipment.

## Information to User

This equipment has been tested and found to comply with the limits of a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation; if this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

1. Reorient/relocate the receiving antenna.
2. Increase the separation between the equipment and receiver.
3. Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
4. Consult the dealer or an experienced radio/TV technician for help.

## FCC RF Exposure Information

Your handset is a radio transmitter and receiver.

It is designed and manufactured not to exceed the emission limits for exposure to radio frequency (RF) energy set by the Federal Communications Commission of the U.S. Government.

The guidelines are based on standards that were developed by independent scientific organisations through periodic and thorough evaluation of scientific studies. The standards include a substantial safety margin designed to assure the safety of all persons, regardless of age and health.

The exposure standard for wireless handsets employs a unit of measurement known as the Specific Absorption Rate, or SAR. The SAR limit set by the FCC is 1.6 W/kg.

The tests are performed in positions and locations (e.g., at the ear and worn on the body) as required by the FCC for each model. The highest SAR value for this model handset when tested for use at the ear is 0.662W/kg and when worn on the body, as described in this user guide, is 0.821W/kg.

Body-worn Operation; This device was tested for typical body-worn operations with the back of the handset kept 1.5 cm from the body. To maintain compliance with FCC RF exposure requirements, use accessories that maintain a 1.5 cm separation distance between the user's body and the back of the handset. The use of beltclips, holsters and similar accessories should not contain metallic components in its assembly.

The use of accessories that do not satisfy these requirements may not comply with FCC RF exposure requirements, and should be avoided.

The FCC has granted an Equipment Authorization for this model handset with all reported SAR levels evaluated as in compliance with the FCC RF emission guidelines. SAR information on this model handset is on file with the FCC and can be found under the Display Grant section of <http://www.fcc.gov/oet/ea/fccid/> after searching on FCC ID APYHRO00116.

Additional information on Specific Absorption Rates (SAR) can be found on the Cellular Telecommunications & Internet Association (CTIA) Website at <http://www.ctia.org/>.

## Inquiries

### General inquiries <docomo Information Center>

#### 0120-005-250 (toll free)

- ※ Service available in: English, Portuguese, Chinese, Spanish, Korean.
- ※ Available from mobile phones and PHSSs.

#### From DOCOMO mobile phones

(In Japanese only)

#### (No prefix) 151 (toll free)

- ※ Unavailable from land-line phones, etc.

#### From land-line phones

(In Japanese only)

#### 0120-800-000 (toll free)

- ※ Available from mobile phones and PHSSs.
- Please confirm the phone number before you dial.

## Repairs

#### From DOCOMO mobile phones

(In Japanese only)

#### (No prefix) 113 (toll free)

- ※ Unavailable from land-line phones, etc.

#### From land-line phones

(In Japanese only)

#### 0120-800-000 (toll free)

- Please confirm the phone number before you dial.
- For Applications or Repairs and After-Sales Service, please contact the above-mentioned information center or the docomo Shop, etc. near you on the NTT DOCOMO website or the i-mode site.  
NTT DOCOMO website: <http://www.nttdocomo.co.jp/english/>  
i-mode site: iMenu ▶ お客様サポート (user support) ▶ ドコモショップ (docomo Shop) (In Japanese only)

### Loss or theft FOMA terminal or payment of cumulative cost overseas <docomo Information Center>

(available 24 hours a day)

#### From DOCOMO mobile phones

International call access code for the country you stay -81-3-5366-3114\* (toll free)

- \* You are charged a call fee to Japan when calling from a land-line phone, etc.

- ※ If you use SH-05B, you should dial the number +81-3-5366-3114 (to enter "+", press the "0" key for 1+ seconds).

#### From land-line phones

<Universal number>

International prefix number for the universal number -800-0120-0151\*

- \* You might be charged a domestic call fee according to the call rate for the country you stay.

## Failures encountered overseas <Network Operation Center>

(available 24 hours a day)

#### From DOCOMO mobile phones

International call access code for the country you stay -81-3-6718-1414\* (toll free)

- \* You are charged a call fee to Japan when calling from a land-line phone, etc.

- ※ If you use SH-05B, you should dial the number +81-3-6718-1414 (to enter "+", press the "0" key for 1+ seconds).

#### From land-line phones

<Universal number>

International prefix number for the universal number -800-5931-8600\*

- \* You might be charged a domestic call fee according to the call rate for the country you stay.

- If you lose your FOMA terminal or have it stolen, immediately take the steps necessary for suspending the use of the FOMA terminal.
- If the FOMA terminal you purchased is damaged, bring your FOMA terminal to a repair counter specified by DOCOMO after returning to Japan.