

# INSTRUCTIONS



# FEEL A PROPER SWING

The SKLZ Gyro Swing<sup>™</sup> training club comes alive in your hands to keep your swing perfectly on plane. Using a 20,000 RPM motorized gyroscope in its head, it creates resistance when you're off plane or your mechanics have broken down.

What does that mean to you? For the first time, a training club teaches the "feel" of a correct swing—perfectly on-plane with a proper release—rather than just mechanics and positions. And that leads to grooving a smooth, natural swing for longer, straighter shots.



Resists slices, "coming over the top," and "casting" (early release)



Forces the release at just the proper point for effortless power like the pros



Improves weight shift and leg work to accommodate the proper plane and release



See-through training grip guides proper hand placement



Dual-color shaft reveals off-plane swings (you see yellow instead of black)

### **USING THE GYRO SWING**

#### Who Should Use It and When?

- » The Gyro Swing is ideal for beginners or high handicappers to learn the feel of a proper swing and develop good habits from the start.
- » Low handicap/better players can use the Gyro Swing to refine their swings and further sharpen their timing.
- » The Gyro Swing is perfect for pre-round warm-ups, keeping "feel" in the off-season, or any time you want to groove your ideal swing.

#### How Should It Be Used?

» Unscrew the power knob and place 6 AAA batteries in the grip (positive side up), and screw back in. Turn the knob clockwise all the way to get the Gyro Swing's motor to start spinning and getting up to speed. (In order to avoid stripping the threads, do not force the top on



- or overtighten.)
- » While waiting for the Gyro Swing to get up to speed, take a comfortable, stable and balanced golf stance and use the integrated grip guide for proper hand alignment. (Do not ground the club.)
- » As the speed increases, swing back and forth at 50% effort, starting with smaller movement and gradually increasing to a full motion.
  - Keep a light grip to get the full feel of the gyroscopic action, and adjust as you're swinging to feel resistance while avoiding too dramatic a release.
  - Focus on squaring the clubface where the ball would be positioned, and releasing just beyond that point. (Proper motion of the arms, torso, and legs will then become a natural reaction. The challenge is to avoid releasing too early.)
  - Look to keep the black portion of the shaft in view throughout the swing yellow means the clubface is off-plane. Avoid a quick opening of the clubface and be careful not to take the club away inside.

(continued on next page)

»PRAC5ICE»PLAY»WIN<sup>™</sup>

- » Once up to speed, take faster swings with good tempo, focusing on a full, balanced finish. The Gyro Swing will keep you from having to think about your hands or arm positions, and you will start to feel the large muscles working correctly with good tempo.
- » Swing continually at full speed for just a few minutes to groove the proper feel.
- » Turn off the Gyro Swing with a counter-clockwise turn of the power knob. (Just a guarter-turn will suffice even though you may not initially hear the motor slow down). Continue the session while the motor is slowing all the way to a stop.
  - Make the same solid motion and release all the way to the Gyro Swing motor's complete stop to take the feel of a perfect swing into the rest of your warm-up or practice.

#### For six unique drills to help you get the most from the Gyro Swing, please watch the enclosed Rick Smith instructional DVD.

#### VARNINGS

- DO NOT hit balls with the Gyro Swing.
- DO NOT ground the club or hit on the ground as it can cause the motor or other internal parts to break.
- DO NOT use batteries that have loose or torn labels, as they may cause the battery to get stuck in the Gyro Swing.
- DO NOT overtighten the power knob or force it to screw in as the threads may become damaged and prevent the Gyro Swing from functioning correctly.

# **BATTERY LIFE**

The SKLZ Gyro Swing comes standard with six rechargeable NiMH batteries and a 4-battery recharger. Recharging four batteries at a time takes approximately 120 minutes, and 60 minutes for two batteries.

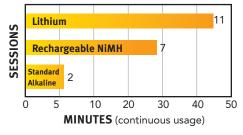
The rechargeable batteries provide a life of approximately 28 minutes of continual usage (although we only recommend using the Gyro Swing for four minutes at a time). These batteries will run the Gyro Swing at approximately 20,000 RPM for nearly the entire charge.

Lithium batteries can also be used in the Gyro Swing for the greatest battery life and maximum initial RPMs (during the first 10 minutes of usage). While other batteries can be used in the Gyro Swing, we recommend only using the included rechargeable batteries or Lithium batteries. (See chart for approximate battery life comparisons).

Additional batteries and rechargers are available for purchase through SKLZ Customer Service at 877.225.7275.



#### **CAPACITY: 4-MINUTE SESSIONS**



WARRANTY (within the U.S.)

Do not return the Gyro Swing to your sporting goods dealer.
Call SKLZ Warranty Department at 877-225-7275 x 50 (M-F, 8am - 5pm PST) to obtain a Return Authorization Number and return address.

3. Send the defective Gyro Swing along with proof of purchase\* to the SKLZ Customer Service Department via UPS or FedEx at customer's expense; please make a note of the tracking number on your return. \*Please note: You must save your original receipt from your authorized SKLZ/Pro Performance Sports dealer as proof of purchase. Gyro Swings returned without proof of purchase may not be warranted. 4. If SKLZ agrees that the Gyro Swing is defective, we will send out a repaired or replacement Gyro Swing within three business days of receiving the defective unit. Return shipment will be via UPS Ground (at SKLZ expense).

5. If SKLZ agrees that the Gyro Swing requires repair or replacement due to a non-warranty failure, a SKLZ Customer Service representative will provide you with a cost for the repair or replacement, determined after receipt and inspection of the damaged Gyro Swing.

#### SKLZ GYRO SWING WARRANTY POLICY

SKLZ provides a 90 day limited warranty which covers all defects in materials, workmanship, manufacturing defects or failure from normal usage. The Gyro Swing is not designed to hit real or practice golf balls. This warranty does not cover damage caused by: the striking of golf balls or any other object, ground impact, or failure to follow instructions provided with the Gyro Swing in regards to usage and maintenance. Nor does this warranty cover damages resulting from accident, misuse, abuse or lost merchandise. This warranty does not cover Gyro Swing units purchased from non authorized dealers, auction or auction websites not approved by SKLZ (PPS, LLC). PLEASE DO NOT ATTEMPT TO RETURN YOUR GYRO SWING WITHOUT A RETURN AUTHORIZATION NUMBER.



MADE IN TAIWAN

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