

PROFESSIONAL GRADE

SKLZ[®]
C H R O M E



PLYO BOX SET

MULTI-HEIGHT PLYOMETRIC PLATFORMS

NO ASSEMBLY REQUIRED

Thank you for buying the SKLZ® Chrome Plyo Box Set. We are dedicated to providing you with the best tools and instruction possible to help unleash your athletic potential. If there is anything else we can do to help you optimize your workouts, don't hesitate to drop us an e-mail (customerservice@sklz.com) or give us a call (1-877-225-7275).

⚠ **IMPORTANT: PLEASE READ!**

- » Consult your healthcare professional before beginning this or any type of exercise program.
- » Recommended for athletes over 14 years old. Athletes under 18 years of age should use under strict adult supervision.
- » Always check equipment for wear or damage. If any defects are found, do not use product.
- » Always use on a flat surface.
- » Keep children and pets away from the equipment at all times. Do not leave children unattended in the same room with equipment.
- » Only one person at a time should use the equipment.
- » If the user experiences dizziness, nausea, chest pain, or other abnormal symptoms, stop the workout and consult a physician immediately.
- » Always wear appropriate workout clothing and footwear when exercising. Do not wear robes or other clothing that could become caught in the equipment.
- » Use the equipment only for its intended use as described in this manual.
- » Before using the equipment, always warm up properly.
- » Never operate the Plyo Boxes if not functioning properly.

⚠ **WARNING**

TO AVOID INJURY:

- » Never exercise alone.
- » When learning to use the plyometric boxes, always train under the supervision of a trained coach or fitness professional.
- » Never jump from box to box. Jump only from floor to box and box to floor to prevent tripping and falling.
- » Never use as a step stool or ladder.
- » Always use on a flat, level ground with a minimum clearance of 5 feet between your head and the ceiling when standing fully upright on the box.
- » Never stack the boxes during use.
- » Maximum weight limit on Plyo Boxes: 300 lbs

BEFORE YOU BEGIN

- » This exercise equipment is built for optimum safety. Be sure to read the manual before using your equipment.



IDEA SUBMISSION

If you have an idea for a new and innovative sports training product check out SKLZ.com to learn more. Some restrictions may apply.

LIMITED WARRANTY

REGISTER YOUR PRODUCT AT SKLZ.COM TO ENSURE WARRANTY COVERAGE, GET NEW PRODUCT INFORMATION AND SPECIAL DEALS FROM SKLZ

Pro Performance Sports (PPS) / SKLZ warrants to the original consumer purchaser of any PPS/SKLZ product it manufactures that the product will be free of defects in materials or workmanship for 90 days (unless specified in alternate warranties) from the date of purchase. If defective and purchased from a retail store, return the product along with receipt to the retail store where the product was purchased. If the item was purchased from PPS/SKLZ, return the product along with the packing slip (proof of purchase) postage prepaid to the address below for replacement consideration. Label: Attn: Returns

This warranty does not cover damages resulting from accident, misuse, abuse or lost merchandise. Only valid in the USA. All returns sent to PPS/SKLZ require a Return Merchandise Authorization number (RMA). For returns to PPS/SKLZ and for all other Customer Service inquiries, please call toll free, 1-877-225-7275 for a return authorization number for any exchange.

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