

MT10G

# MOVETIME

Smartwatch



**TCL**

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# Getting to know your MOVETIME Smartwatch

Wear, Feel, Touch, and Experience it:

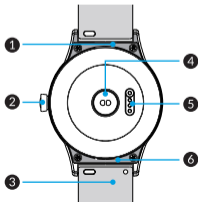
- Track your fitness activities.
- Calculate steps, calories burned, distance, sleep patterns, and heart rate.
- Make and answer calls, track SMS messages, e-mails, and calls on your wrist.
- Control your smartphone's music and camera by rotating your wrist or touching the watch's screen.
- Update weather reports and upgrade firmware on your watch using a Wi-Fi connection.

## Minimum requirements for paired devices

- Android 4.3
- iOS 8, iPhone 4S and above
- Bluetooth 4.0

## Overview

- 1 Speaker
- 2 Power key
- 3 Wristband
- 4 Heart rate sensor
- 5 Charging port
- 6 Microphone

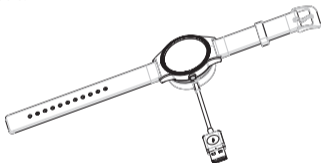


## Charging your Watch

Ensure that the pins in the charging dock are aligned with the pins in the back cover of your watch.



Connect the USB port to a computer to begin charging via the USB cable.



### Notes:

1. Use the USB cable included in the box for charging.
2. Keep the charging port clean. Wipe away any dirt or sweat before charging.

# 1 Setting up your MOVETIME Smartwatch

## 1.1 Powering on/off your watch

Long press the **Power key** for 3 seconds until the MOVETIME Smartwatch powers on/off. It will take a few seconds before the screen lights up/switches off. Long press for 8 seconds to force your watch to shutdown.

**Step 1:** Select language.



**Step 2:** Create your password.



**Note:** Go to the next step after tapping "Skip" or completing the password setting. You need to input your password after powering on or after a factory reset.

## 1.2 Connecting with Wi-Fi

Touch to choose or connect with a new network and enter the password on your phone.



**Note:** Touch "Skip" to ignore these Wi-Fi settings.

## 1.3 Installing the MOVETIME application on your phone

You can download the **MOVETIME** application using any of the following methods:



- Search for **MOVETIME Smartwatch** in the Google Play store. (For Android)
- Search for **MOVETIME Smartwatch** in the App Store. (For iOS)
- Scan the following QR codes.



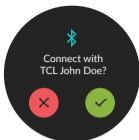
## 2 Pairing

1. Start the MOVETIME application to begin pairing. Choose to sign up, log in with your account, or skip these steps and just complete your profile. Then touch CONNECT YOUR WATCH.
2. Turn on Bluetooth on your phone.



3. Select your MOVETIME Smartwatch in the Available devices list. Touch it to connect.
4. Touch the  icon on your watch to confirm.  
Touch the  icon on your watch to reject pairing.





**Note:** Your MOVETIME Smartwatch can only be paired with your phone via a Bluetooth connection.

## 3 Screen

### Home screen

- Swipe left to access the MAIN MENU.
- Swipe right for CONTACTS.



### Main Menu

The screen is provided in an extended format. You can scroll up/down for more functions, all of which can be opened by touching them.



## 3.1 Using the touch screen

### Touch

To access, select an application or confirm an action, touch it with your finger.

### Swipe left/right

Swipe left to open the menu and access an application.

Swipe right to go back.

### Slide up/down

Slide up on the home screen to open notifications. Slide down to go back.

Slide up on the watch face selection page to view the two other watch faces.

Slide down on the home screen to view the control center. Slide up to go back.

## 3.2 Watch face

Use the watch face function to personalize the appearance of your watch. Fifteen watch faces are available: choose from 5 different styles, each of which can be shown in 3 different

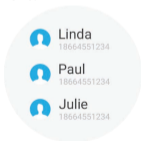
formats. You can long press the screen and swipe left/right to select your favorite style and then swipe up to preview the two other formats. Select your favorite one by touching it.



## 4 Contacts & Bluetooth Call

When there is an incoming call, touch to answer or reject it.

You can synchronize 20 contacts from your phone with your watch using the MOVETIME application. You can then call any of them by simply touching the contact name whenever your Smartwatch is connected to your phone.



**Note:** Make sure that your MOVETIME Smartwatch is connected with your phone.

# 5 Applications



Call allows you to dial, answer, and reject calls via your watch. First enable Bluetooth calling. On the Home screen touch the Dial icon, input a number, and touch the Call icon. Alternatively, open Contacts, select a contact, and touch the Call icon. For incoming calls, the watch will vibrate and an incoming call screen will display. Touch to answer or reject the call.



Activity records all of your actions. You can view detailed data for different modes such as Steps, Calories, Distance, Sleep, etc. Your MOVETIME Smartwatch only records your deep and light sleep if you are asleep for 30 minutes or longer.



Setting allows you to configure your Wi-Fi, gesture, ringtone, time, password, firmware, language, factory setting etc. Scroll up/down and touch the one that you want to set. Please find more details on the following page.



Heart Rate measures your heart rate. Touch the heart-shaped icon to obtain a measurement over several seconds. Note that your MOVETIME Smartwatch must have proper contact with your wrist to ensure the data is accurate. Do not move your body while taking heart rate measurements.



Music enables you to skip, pause, or stop the song currently playing on your phone. You can also adjust the sound volume by making circles on the screen with your finger.



Event shows you items entered in your calendar. You can view events in your watch and edit them in the App. Your watch will indicate when an event is happening. You can slide left to close this event or press right to snooze for 5 minutes.



Workout tracks your fitness activities. You can identify a lap within your workout period and then swipe the screen to view detailed information (such as the steps you took, distance you covered, etc.) for each one. You can select running and walking modes, and touch the heart-shaped icon to enable continuous heart rate measurement during your workout.



Alarm provides you with a reminder whenever a preset time has arrived. You can set the time, repeat, or switch on/off the alarm on your watch. Your watch will indicate when the time has arrived and you can then touch it to either dismiss or snooze the alarm.



Weather provides a forecast for the next 12 hours and for the next 5 days. Current temperature is displayed in the bottom left of the screen. You can swipe right to see the weather forecast for the next day.



Camera controls your phone's camera, allowing you to take a photo remotely. Touch the icon on your MOVETIME Smartwatch to turn on Camera and touch to take a picture. Images will be saved in your phone's Gallery.



World clock displays 5 different time settings. By default these are Beijing, London, Paris, Washington, and Moscow. You can long press the world clock to change and set the time zone.



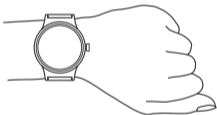
Find my phone helps you to locate the smartphone paired with your watch. Touch it and your phone's alarm will sound or vibrate if it is currently connected with your MOVETIME Smartwatch.



Tools include a Stopwatch and Timer.

Stopwatch measures the amount of elapsed time and Timer provides you with a countdown. Select a time and press OK to begin. You can choose to continue or cancel the timer by touching the icon.

**Note:** If you are using the Heart Rate application, your MOVETIME Smartwatch should be fastened firmly to your wrist as shown in the following picture, to ensure the results are accurate. Do not move during the test, otherwise the results may be abnormal.



If you enable continuous heart rate measurement during a workout, do not move for 15 seconds before you start exercising.

# 6 Notifications

## 6.1 Icons



Airplane mode is on



Airplane mode is off



Wi-Fi is on



Opening



Wi-Fi is off



Bluetooth is on and connected with phone



Bluetooth is connecting



Bluetooth is off



Do not disturb is on.



Bluetooth and Wi-Fi are disconnected



Keep watch screen permanently on enabled.



Keep watch screen permanently on disabled.



Battery is full



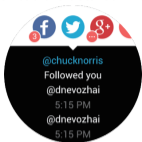
Battery is charging



Battery is low

## 6.2 Notifications<sup>(1)</sup>

When there are notifications, touch and drag up to open the Notification panel and read the detailed information<sup>(2)</sup>.



**Message:** Shows you the sender and contents of an incoming message.

**E-mail:** Reminds you of unread e-mails.

# 7 Settings

**Wi-Fi:** Open Wi-Fi and connect to a Wi-Fi hotspot by following the pop-up instructions. Your phone will remind you to input the Wi-Fi code.

**Gesture:** You can set GESTURE CONTROL, DOUBLE TAP to illuminate screen and BRING TO SEE from here. You can control your smartphone's music and camera by using gestures sensed by your watch.

**Music control:** Tap your watch two times on the home screen to play or pause music. Keep your watch still for two seconds before beginning a gesture. Then, turn your wrist 90° forward

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(1) Make sure MOVETIME Smartwatch is connected with your phone.

(2) MOVETIME Smartwatch will gently vibrate when there is an incoming notification.



or backward and maintain that position for 1 second before returning to the start position in order to play the next or previous song in your smartphone.

**Camera control:** Tap the home screen of your watch twice to turn your smartphone's camera off or on. Keep your watch still for two seconds, then turn your wrist 90° forward and maintain that position for 1 second before returning to the start position in order to take a photo.

**General:** Change languages, alternate between black or white backgrounds, and adjust the length of time before screen timeout occurs.

**Ringtone:** Set ringtones for incoming calls, Alarm, and Notifications.

**Time setting:** You can choose to synchronize time with your linked smartphone, or set the time zone, date and time on watch manually.

**Phone Lock:** If this function is enabled, you will need to input your password after powering on or performing a factory reset.

**Firmware:** Check the current firmware version and update to a new version if one is available and your watch is connected to a Wi-Fi hotspot.

**Factory reset:** Reset your watch.

**About:** This provides additional information about your watch, such as model name, MAC address, and SN number.

# 8 MOVETIME application

The MOVETIME application helps you to pair your MOVETIME Smartwatch with your phone, review your activities, set goals, etc. You need to sign up, log in, or complete your profile before using it for the first time. You can set up your account using the following methods:

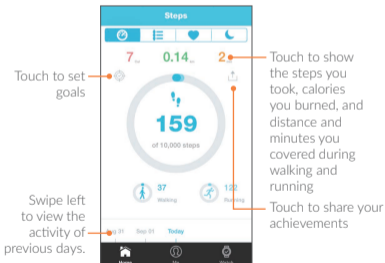
Create an account on the MOVETIME sign-up page directly.

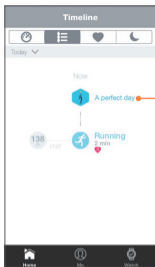
Use other social app accounts (such as Facebook or Twitter) to log in.

## 8.1 Home

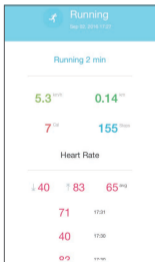
Shows your general activity:

For iOS:

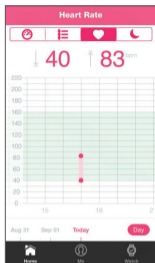




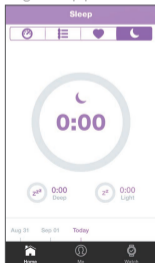
Touch to view detailed information for this period of activity



Shows the maximum and minimum Heart Rates which you have measured:



Shows your deep and light sleep periods.



## For Android:

Touch to show the menu list

Touch to set goals

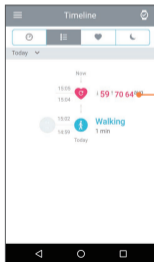
Swipe right to view the activity of previous days



Touch to show the steps you took, calories you burned, and distance and minutes you moved during walking and running

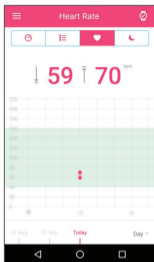
Touch to share your achievements

Activity shows your maximum, minimum, and average Heart Rates during this measurement:

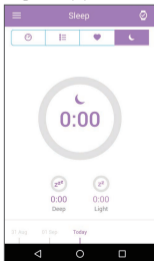


Touch to view detailed information for this period of activity

Shows the maximum and minimum Heart Rates which you have measured:



Shows your deep and light sleep periods:

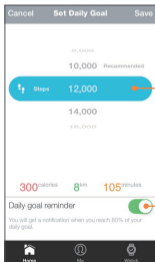
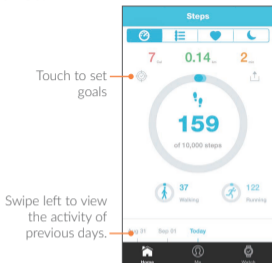


## 8.2 Me

<b>Profile</b>	Touch to update your photo or personal information such as name, gender, height, weight, and date of birth.
<b>My Account</b>	Shows your account information and helps you to change your password and delete your account info.
<b>My Achievements</b>	Touch to view your achievements
<b>Language</b>	Touch to select the language you prefer. App will synchronize with your phone system language by default.
<b>Synchronisation</b>	You can choose whether your data is automatically synchronized to the cloud, or only when Wi-Fi is connected.
<b>MOVETIME</b>	Show current app version
<b>Help</b>	Touch to get more information about your watch. You can find our Terms and Conditions of Use, Privacy Policy, FAQ, UM download etc. under this menu.
<b>Log Out</b>	Touch to log out.

## 8.3 Setting goals

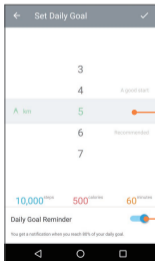
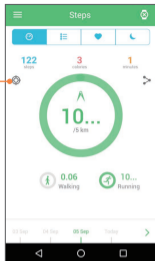
For iOS:





## For Android:

Touch to set goals



## 8.4 Watch

- Watch Face** Touch to change your watch face.
- Communication** Touch to enable to notifications of calls and messages on your watch via Bluetooth. You can also identify a maximum of 20 VIP contacts which will then be synchronized with your watch.
- Notifications** Select some apps so that notifications from them will be displayed on your MOVETIME Smartwatch.
- Settings** Please refer to the following chapter for further details on watch settings.

## 8.5 Settings

- Calendar Events** Select to make your MOVETIME Smartwatch remind you of calendar events
- Anti-loss** If this function is enabled and you are too far from your phone, your MOVETIME Smartwatch will vibrate. Touch to select the radius beyond which your watch will vibrate after being disconnected from your phone.
- Inactivity Reminder** Your MOVETIME Smartwatch will remind you if you've been inactive for a certain amount of time.
- Flip to Mute (For Android)** If this function is enabled you can use gestures to mute incoming calls or calendar event notifications.
- Do Not Disturb** You can set a period of time during which your MOVETIME Smartwatch won't vibrate.
- Location** Detects your location for accurate weather forecasting.

<b>Firmware Version</b>	Displays the MOVETIME Smartwatch firmware version.
<b>Factory Reset</b>	Touch to reset all settings. All your MOVETIME data stored in both your watch and phone will be deleted.
<b>Disconnect Current Watch</b>	Touch to disconnect the current MOVETIME Smartwatch, and allow your phone to connect to a new watch.

# 9 Upgrade

## 9.1 Watch Firmware update

Your MOVETIME Smartwatch can be upgraded via Wi-Fi or Bluetooth once connected with your mobile phone.

### From Watch side

You can touch Settings > Firmware to check your current version and touch **Update** to upgrade if a new version is available and you are connected to a Wi-Fi network.



### By Bluetooth from app

You can also check if a new firmware version is available from within the app by touching Watch > Settings. Please ensure your watch is connected with your mobile phone via Bluetooth and its battery is full. It will take 30 minutes to update your watch after downloading the software to your phone.

## 9.2 Upgrading the MOVETIME application

If a new app version is available, there will be an UPDATE icon under Me\MOVETIME. Touch this to update the app to the latest version.

# Safety and use

We recommend that you read this chapter carefully before using your device. The manufacturer disclaims any liability for damage, which may result as a consequence of improper use or use contrary to the instructions contained herein.

## **TRAFFIC SAFETY:**

Given that studies show that using a device while driving a vehicle constitutes a real risk, drivers are requested to refrain from using their device when the vehicle is not parked.

When switched on, MOVETIME Smartwatch emits electromagnetic waves that can interfere with the vehicle's electronic systems such as ABS anti-lock brakes or airbags. To ensure that there is no problem:

- Do not place MOVETIME Smartwatch on top of the dashboard or within an airbag deployment area.

Check with your car dealer or the car manufacturer to make sure that the dashboard is adequately shielded from RF energy.

## **CONDITIONS OF USE:**

You are advised to switch off MOVETIME Smartwatch from time to time to optimize its performance.

Switch MOVETIME Smartwatch off before boarding an aircraft.

Switch MOVETIME Smartwatch off when you are in health care facilities, except in designated areas. As with many other types of equipment now in regular use, mobile devices can interfere with other electrical or electronic devices, or equipment using radio frequency.

Switch MOVETIME Smartwatch off when you are near gas or flammable liquids. Strictly obey all signs and instructions posted in a fuel depot, gas station, chemical plant, or in any potentially explosive atmosphere.

When MOVETIME Smartwatch is switched on, it should be kept at least 15 cm from any medical device such as a pacemaker, a hearing aid, insulin pump, etc.

Do not let children use MOVETIME Smartwatch and/or play with it and accessories without supervision.

Please note that MOVETIME Smartwatch is a unibody device, the battery is not removable. Do not attempt to disassemble MOVETIME Smartwatch. If you disassemble your device the warranty will not apply. Disassembling the device may damage the battery and may cause leakage of substances that could create an allergic reaction.

Always handle your MOVETIME Smartwatch with care and keep it in a clean and dust-free place.

Do not allow MOVETIME Smartwatch to be exposed to adverse weather or environmental conditions (moisture, humidity, rain, infiltration of liquids, dust, sea air, etc.). The manufacturer's recommended operating temperature range is  $-10^{\circ}\text{C}$  to  $+50^{\circ}\text{C}$ .

At over  $55^{\circ}\text{C}$  the legibility of the device's display may be impaired, though this is temporary and not serious.

Do not open, dismantle or attempt to repair your MOVETIME Smartwatch yourself.

Do not drop, throw, or bend your MOVETIME Smartwatch.

Do not use MOVETIME Smartwatch if the glass made screen, is damaged, cracked, or broken to avoid any injury.

Do not paint it.

Use only batteries, battery chargers, and accessories which are recommended by TCL Communication Ltd. and its affiliates and are compatible with your device model. TCL Communication Ltd. and its affiliates disclaim any liability for damage caused by the use of other chargers or batteries.

Pay attention to any warnings.

Do not attempt to open or disassemble MOVETIME Smartwatch. Under inappropriate operation, the device and battery can

be damaged and be hazardous to the human body and the environment.

Do not clean MOVETIME Smartwatch with corrosive cleaning products.

Do not place MOVETIME Smartwatch in dishwashers, washing machines, or dryers.

Do not place MOVETIME Smartwatch on or in heating devices, such as microwave ovens, stoves, or radiators.

Do not expose MOVETIME Smartwatch to extreme temperatures. The recommended temperature ranges from -20°C to 55°C.

Do not place MOVETIME Smartwatch close to fire.

Do not dispose of MOVETIME Smartwatch in a fire. This may cause the device to explode.

Prevent the USB connector from contacting water to avoid rust.

Do not crush, drop, or puncture your MOVETIME Smartwatch.

Never allow children to play with MOVETIME Smartwatch. Small components may present a choking hazard to children.

You are not recommended to wear MOVETIME Smartwatch on the frequently-used hand.

### **IP (Ingress Protection) Rating**

Your device has been tested in a controlled environment and certified to be water- and dust-resistant in specific situations (meets requirements of classification IP67 as described by the international standard IEC 60529 - Degrees of Protection provided by Enclosures [IP Code]; test conditions: 15 - 35 °C, 86 - 106 kPa, 1 metre, 30 minutes). Despite this classification, your device is not impervious to water damage in any situation.

You may, for example, wear and use the device during exercise (exposure to sweat is OK), in the rain, and while washing your hands with fresh water. But submerging your device is not recommended and the device is only protected against low pressure water stream. Therefore, it's not recommended to wear your device while swimming or taking a shower.

## **When using your device, note that:**

If the device is exposed to fresh water, dry it thoroughly with a clean, soft cloth. If the device is exposed to any liquid other than fresh water, such as salt water, liquid chemicals, vinegar, alcohol, and liquid detergent, rinse the device with fresh water immediately and dry it thoroughly with a clean, soft cloth. Failure to rinse the device in fresh water and dry it as instructed may cause it to suffer from operability or cosmetic issues.

Dry your device before charging.

Do not submerge the device.

Do not expose the device to pressurized water or high velocity water, such as water running from a tap, ocean waves, or waterfalls.

Do not wear your device in the sauna or steam room.

Even if your device is resistant to dust and water, you should avoid exposing it to environments with excessive dust, sand and mud or to moist environments with extreme high or low temperatures.

Your warranty does not cover damage or defects caused by abuse or improper use of your device (including use in environments where the relevant IP rating limitations are exceeded).

The first digit in the two-digit IP rating indicates the level of protection against solid objects, such as dust. The second digit indicates how resistant the device is to water, as explained in the table below:

### **Resistance to solid objects such as dust**

- 0: No special protection
- 1: Protected against solid objects larger than 50mm in diameter
- 2: Protected against solid objects larger than 12mm in diameter
- 3: Protected against solid objects larger than 2.5mm in diameter
- 4: Protected against solid objects larger than 1mm in diameter
- 5: Protected against dust; limited ingress (no harmful deposit)



6: Totally protected against dust

### **Resistance to water**

0: No special protection

1: Protected against dripping water

2: Protected against dripping water when device is tilted up to 15 degrees

3: Protected against spraying water

4: Protected against splashing water

5: Protected against low pressure jets of water from all directions

6: Protected against temporary flooding of water

7: Protected against the effects of immersion in up to 1 metre of water for 30 minutes

### **ALLERGENS:**

TCL Communication Ltd. avoids using known allergens in our products. From time to time, trace amounts of an allergen may be added during manufacture of a device or device component that could cause discomfort for some individuals. This approach is common for many types of products. We recommend that you monitor any products that may be in prolonged contact with your skin, and remove them if you experience skin irritation.

### **HEART RATE ALERT**

TCL Communication Ltd. shall not be liable in the event of inaccuracy of your heart rate or failure to provide the heart rate.

### **EXERCISE**

Pedometer, Sleep, Workout, and Heart Rate are intended for leisure, well-being and fitness purposes only and are not intended for medical use. Before using these applications, read the instructions carefully. Consult a medical professional if you experience any health problems or need medical assistance.

## Heart rate monitor

The heart rate figures may not be accurate depending on measurement conditions and surroundings.

- Take heart rate measurements when you are seated and relaxed.
- If heart rate measurements are taken at low temperatures, the result may be inaccurate.
- Do not move your body while taking heart rate measurements. Doing so may cause your heart rate to be recorded inaccurately.
- Users with thin wrists may receive inaccurate heart rate measurements.
- Inaccurate measurements occur when the device is loose and the light used to provide the measurement is reflected unevenly.
- If the measurement is very different from the expected heart rate, rest for 30 minutes and then measure it again.
- During winter or in cold weather, keep yourself warm when measuring your heart rate.
- Smoking or consuming alcohol before taking measurements may cause your heart rate to be different from your normal heart rate.
- Do not talk, yawn, or breathe deeply while taking heart rate measurements. Doing so may cause your heart rate to be recorded inaccurately.
- If your heart rate is extremely high or low, measurements may be inaccurate.
- Heart rate measurements taken for infants and toddlers may be inaccurate.
- Do not look directly at the heart rate sensor's lights. Doing so may impair your vision.

- If heart rate measurement is not working properly, adjust the position of MOVETIME Smartwatch on your wrist. For example, move MOVETIME Smartwatch right, left, up, or down on your wrist to adjust the position of the heart measurement sensor. Or, wear MOVETIME Smartwatch with the heart rate sensor firmly against the inside of your wrist.
- If the heart rate sensor is dirty, wipe the sensor and try again.

### **Before You Start Exercising**

This app can be used to monitor your exercise. While moderate physical activity, such as brisk walking, is safe for most people, health experts suggest that you talk with your doctor before you start an exercise program, particularly if you have any of the following conditions:

- Heart disease.
- Asthma or lung disease.
- Diabetes, or liver or kidney disease.
- Arthritis.

You should also check with your doctor if you have symptoms suggestive of heart, lung, or other serious disease, such as:

- Pain or discomfort in your chest, neck, jaw, or arms during physical activity.
- Dizziness or loss of consciousness.
- Shortness of breath with mild exertion or at rest, or when lying down or going to bed.
- Ankle swelling, especially at night.
- A heart murmur or a rapid or pronounced heartbeat.
- Muscle pain when walking upstairs or up a hill that goes away when you rest.

Finally, it is recommended that you see your doctor before engaging in vigorous exercise if two or more of the following apply:

- You are a man older than age 45 or a woman older than age 55.
- You have a family history of heart disease before age 55.
- You smoke or quit smoking in the past six months.
- You have not exercised for three months or more.
- You are overweight or obese.
- You have high blood pressure or high cholesterol.
- You have impaired glucose tolerance, also called pre-diabetes.

### **When in Doubt - Check it Out**

If you are unsure of your health status, have several health problems, or are pregnant, you should speak with your doctor before starting a new exercise program. Working with your doctor ahead of time is a good way to plan an exercise program that is right and safe for you. Consider it the first step on your path to physical fitness.

### **PRIVACY:**

Please note that you must respect the laws and regulations in force in your jurisdiction or other jurisdiction(s) where you will use your device regarding taking photographs and recording sounds with your device. Pursuant to such laws and regulations, it may be strictly forbidden to take photographs and/or to record the voices of other people or any of their personal attributes, and duplicate or distribute them, as this may be considered to be an invasion of privacy. It is the user's sole responsibility to ensure that prior authorisation be obtained, if necessary, in order to record private or confidential conversations or take a photograph of another person; the manufacturer, the seller or vendor of your device (including the operator) disclaim any liability which may result from the improper use of the device.

### **DATA PRIVACY**

Please note by using MOVETIME Smartwatch some of your personal data may be shared with the main device (smartphone).

It is under your own responsibility to protect your own personal data, not to share it with any unauthorized devices or third party devices connected to yours. Be sure to remove or clear all personal information before you recycle, return, or give away your product. Choose your apps and updates carefully, and install from trusted sources only. Some apps can impact your product's performance and/or have access to private information including account details, call data, location details and network resources.

Note that any data shared with TCL Communication Ltd. is stored in accordance with applicable data protection legislation. For these purposes TCL Communication Ltd. implements and maintains appropriate technical and organizational measures to protect all personal data, for example against unauthorized or unlawful processing and accidental loss or destruction of or damage to such personal data whereby the measures shall provide a level of security that is appropriate having regard to

- the technical possibilities available,
- the costs for implementing the measures,
- the risks involved with the processing of the personal data, and
- the sensitivity of the personal data processed.

You can access, review, and edit your personal information at any time by logging into your user account, visiting your user profile or by contacting us directly through [privacy@tcl.com](mailto:privacy@tcl.com). Should you require us to edit or delete your personal data, we may ask you to provide us with evidence of your identity before we can act on your request.

## **BATTERY:**

Following air regulation, the battery of your product is not fully charged. Please charge it first.

Please note your MOVETIME Smartwatch is a unibody device, the battery is not removable. Observe the following precautions:

- Do not attempt to open the back cover.

- Do not attempt to eject, replace, or open battery.
- Do not puncture the back cover of your device.
- Do not burn or dispose of your device in household garbage or store it at temperature above 60°C.

Device and battery as a unibody device must be disposed of in accordance with locally applicable environmental regulations.



This symbol on your device, the battery, and the accessories indicates that these products must be taken to collection points at the end of their life:

- Municipal waste disposal centers with specific bins for these items of equipment.
- Collection bins at points of sale.

They will then be recycled, preventing substances being disposed of in the environment, so that their components can be reused.

### **In European Union countries:**

These collection points are accessible free of charge.

All products with this sign must be brought to these collection points.

### **In non European Union jurisdictions:**

Items of equipment with this symbol are not to be thrown into ordinary bins if your jurisdiction or your region has suitable recycling and collection facilities; instead they are to be taken to collection points for them to be recycled.

**CAUTION: RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE. DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS.**

## **CHARGERS**

In order to avoid any technical issues, TCL recommends to charge under 5V, 500mA via USB connector.

Main powered chargers will operate within the temperature range of: 0°C to 45°C.

The chargers designed for MOVETIME Smartwatch meet with the standard for safety of information technology equipment and office equipment use. They are also compliant to the ecodesign directive 2009/125/EC. Due to different applicable electrical specifications, a charger you purchased in one jurisdiction may not work in another jurisdiction. They should be used for this purpose only.

Characteristics of power supply (depending on the country):

Battery: Lithium 225 mAh

## **RADIO WAVES:**

THIS PHONE MEETS THE GOVERNMENT'S REQUIREMENTS FOR EXPOSURE TO RADIO WAVES.

Your device is a radio transmitter and receiver. It is designed and manufactured not to exceed the emission limits for exposure to radio-frequency (RF) energy. These limits are part of comprehensive guidelines and establish permitted levels of RF energy for the general population. The guidelines are based on standards that were developed by independent scientific organizations through periodic and thorough evaluation of scientific studies. These guidelines include a substantial safety margin designed to ensure the safety of all persons, regardless of age and health.

The exposure standard for phones employs a unit of measurement known as the Specific Absorption Rate, or SAR. The SAR limit set by public authorities such as the Federal Communications Commission of the US Government (FCC), or by Innovation, Science and Economic Development Canada (ISED), is 1.6 W/kg averaged over 1 gram of body tissue. Tests for SAR are conducted using standard operating positions with the phone transmitting at its highest certified power level in all tested frequency bands.

This device is complied with SAR for general population / uncontrolled exposure limits in ANSI/IEEE C95.1-1992 and had

been tested in accordance with the measurement methods and procedures specified in IEEE1528.

The FCC has granted an Equipment Authorization for this model phone with all reported SAR levels evaluated as in compliance with the FCC RF exposure guidelines. SAR information on this model phone is on file with the FCC and can be found under the Display Grant section of [www.fcc.gov/oet/ea/fccid](http://www.fcc.gov/oet/ea/fccid) after searching on FCC ID: **2ACCJBC06**

Although the SAR is determined at the highest certified power level, the actual SAR level of the phone while operating can be well below the maximum value. This is because the device is designed to operate at multiple power levels so as to use only the power required to reach the network. In general, the closer you are to a wireless base station antenna, the lower the power output of the device. Before a device model is available for sale to the public, compliance with national regulations and standards must be shown.

The highest SAR value for this model device when tested is **0.105** W/Kg for use close to the body.

While there may be differences between the SAR levels of various watch and at various positions, they all meet the government requirement for RF exposure.

Additional information on SAR can be found on the Cellular Telecommunications & Internet Association (CTIA) Web site: <http://www.ctia.org/>

The World Health Organization (WHO) considers that present scientific information does not indicate the need for any special precautions for use of phones. If individuals are concerned, they might choose to limit their own or their children's RF exposure by limiting the length of calls, or using "hands-free" devices to keep phones away from the head and body. Additional WHO information about electromagnetic fields and public health are available on the following website: <http://www.who.int/peh-emf>.



Note: This equipment has been tested and found to comply with the limits for a Class B digital device pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/ TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

For the receiver devices associated with the operation of a licensed radio service (e.g. FM broadcast), they bear the following statement:

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) this device may not cause harmful interference
- (2) this device must accept any interference received, including interference that may cause undesired operation.

Please note by using the device some of your personal data may be shared with the main device. It is under your own responsibility to protect your own personal data, not to share with it with any unauthorized devices or third party devices connected to yours.

For products with Wi-Fi features, only connect to trusted Wi-Fi networks. Also when using your product as a hotspot (where available), use network security. These precautions will help prevent unauthorized access to your device. Your product can store personal information in various locations including a SIM card, memory card, and built-in memory. Be sure to remove or clear all personal information before you recycle, return, or give away your product. Choose your apps and updates carefully, and install from trusted sources only. Some apps can impact your product's performance and/or have access to private information including account details, call data, location details and network resources.

Note that any data shared with TCL Communication Ltd. is stored in accordance with applicable data protection legislation. For these purposes TCL Communication Ltd. implements and maintains appropriate technical and organizational measures to protect all personal data, for example against unauthorized or unlawful processing and accidental loss or destruction of or damage to such personal data whereby the measures shall provide a level of security that is appropriate having regard to

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# General information

- Website: [www.tclcom.com/wearables](http://www.tclcom.com/wearables)
- Hot Line Number: See the "SERVICES" leaflet that came with your device or go to our website.

On our Web site, you will find our FAQ (Frequently Asked Questions) section. You can also contact us by e-mail to ask any questions you may have.

An electronic version of this user guide is available in English and other languages according to availability on our server: [www.tclcom.com/wearables](http://www.tclcom.com/wearables).

This equipment is in compliance with the essential requirements and other relevant provisions of Directive 1999/5/EC. The entire copy of the Declaration of Conformity for your telephone can be obtained through our website: [www.tclcom.com/wearables](http://www.tclcom.com/wearables).

This device complies with Industry Canada's licence-exempt RSSs.

## LICENCES



The Bluetooth word mark and logos are owned by the Bluetooth SIG, Inc. and any use of such marks by TCL Communication Ltd. and its affiliates is under license. Other trademarks and trade names are those of their respective owners.

### **TCL MT10G Bluetooth Declaration ID D032715**



The Wi-Fi Logo is a certification mark of the Wi-Fi Alliance.

# Disclaimer

TCL Communication Ltd. WILL NOT BE LIABLE FOR ANY DAMAGES OF ANY KIND ARISING OUT OF OR RELATING TO THE USE OR THE INABILITY TO USE THE SOFTWARE OR ANY THIRD PARTY APPLICATION, ITS CONTENT OR FUNCTIONALITY, INCLUDING BUT NOT LIMITED TO DAMAGES CAUSED BY OR RELATED TO ERRORS, OMISSIONS, INTERRUPTIONS, DEFECTS, DELAY IN OPERATION OR TRANSMISSION, COMPUTER VIRUS, FAILURE TO CONNECT, NETWORK CHARGES, IN-APP PURCHASES, AND ALL OTHER DIRECT, INDIRECT, SPECIAL, INCIDENTAL, EXEMPLARY, OR CONSEQUENTIAL DAMAGES EVEN IF TCL Communication Ltd. HAS BEEN ADVISED OF THE POSSIBILITY OF SUCH DAMAGES. SOME JURISDICTIONS DO NOT ALLOW THE EXCLUSION OR LIMITATION OF INCIDENTAL OR CONSEQUENTIAL DAMAGES, SO THE ABOVE EXCLUSIONS OR LIMITATIONS MAY NOT APPLY TO YOU. NOTWITHSTANDING THE FOREGOING, TCL Communication Ltd. TOTAL LIABILITY TO YOU FOR ALL LOSSES, DAMAGES, CAUSES OF ACTION, INCLUDING BUT NOT LIMITED TO THOSE BASED ON CONTRACT, TORT, OR OTHERWISE, ARISING OUT OF YOUR USE OF THE SOFTWARE OR THIRD PARTY APPLICATIONS ON THIS DEVICE, OR ANY OTHER PROVISION OF THIS EULA, SHALL NOT EXCEED THE AMOUNT YOU PAID SPECIFICALLY FOR THE MOVETIME APPLICATION OR ANY SUCH THIRD PARTY APPLICATION THAT WAS INCLUDED WITH THIS DEVICE. THE FOREGOING LIMITATIONS, EXCLUSIONS, AND DISCLAIMERS SHALL APPLY TO THE MAXIMUM EXTENT PERMITTED BY APPLICABLE LAW, EVEN IF ANY REMEDY FAILS ITS ESSENTIAL PURPOSE.

THERE MAY BE CERTAIN DIFFERENCES BETWEEN THE USER MANUAL DESCRIPTION AND THE MOVETIME Smartwatch'S

OPERATION, DEPENDING ON THE SOFTWARE RELEASE OF YOUR DEVICE OR SPECIFIC OPERATOR SERVICES.

### **Childcare**

These devices are not toys and may be hazardous to small children.

### **Recycling**

Please don't dispose of products or electrical accessories (such as chargers, or batteries) with your household waste. Warning: Never dispose of batteries, either separately or within a mobile device, in a fire because they may explode. These items should be disposed of in accordance with the national collection and recycling schemes operated by your local or regional authority. Or, you may return unwanted **TCL** products and electrical accessories to any **TCL** Approved Service Center in your region. Packaging and product guides should only be disposed of in accordance with national collection and recycling requirements. Please contact your regional authorities for more details.

## **12 MONTH LIMITED WARRANTY**

TCL Communications Ltd warrants to the original retail purchaser of this wireless device that should this product or part thereof during normal consumer usage and condition be proven to be defective in material or workmanship that results in product failure within the first twelve (12) months from the date of purchase as shown on your original sales receipt from an authorized sales agent. Such defect(s) will be repaired or replaced (with new or rebuilt parts) at the company's option without charge for parts or labor directly related to the defect(s). Batteries, power adapters, and other accessories sold as in box items are also warranted against defects and workmanship that results in

product failure within the first twelve (12) month period from the date of purchase.

The limited warranty for your wireless device will be voided if any of the following conditions occur:

- Non-compliance with the instructions for use or installation, or with technical and safety standards applicable in the geographical area where your device is used;
- Connection to any equipment not supplied or not recommended by TCL Communications Ltd.;
- Modification or repair performed by individuals not authorized by TCL Communications Ltd. or its affiliates;
- Changes to the device operating system by the user or third party applications;
- Acts of god such as inclement weather, lightning, power surges, fire, humidity, infiltration of liquids or foods, chemical products, download of files, crash, high voltage, corrosion, oxidation;
- Removal or altering of the wireless device's event labels or serial numbers (IMEI);
- Damage from exposure to water or other liquids, moisture, humidity, excessive temperatures or extreme environmental conditions, sand, excess dust and any condition outside the operating guidelines;
- Rooted devices;
- Damage as result of physical abuse regardless of cause.

There are no express warranties, whether written, oral or implied, other than this printed limited warranty or the mandatory warranty provided by your jurisdiction. In no event shall TCL Communications Ltd. or any of its affiliates be liable for incidental or consequential damages of any nature whatsoever, including but not limited to commercial loss, to the full extent those damages can be disclaimed by law. Some states do not allow the exclusion or limitation of incidental or consequential damages, or

limitation of the duration of implied warranties, so the preceding limitations or exclusions may not apply to you.

**How to obtain Support:** Contact the customer care center by calling (855-368-0829) or going to (<http://www.tclcom.com/wearables/>). We have placed many self-help tools that may help you to isolate the problem and eliminate the need to send your wireless device in for service. In the case that your wireless device is no longer covered by this limited warranty due to time or condition, you may utilize our out of warranty repair options.

**How to obtain Hardware Service** within the terms of this warranty: Create a user profile and then create an RMA for the defective device. Ship the device with a copy of the original proof of purchase (e.g. original copy of the dated bill of sale, invoice) with the owner's return address (No PO Boxes accepted), wireless carrier's name, alternate daytime phone number, and email address with a complete problem description. Only ship the device. Do not ship the SIM card, memory cards, or any other accessories such as the power adapter. You must properly package and ship the wireless device to the repair center. TCL Communications Ltd is not responsible for devices that do not arrive at the service center or are damaged in transit. Insurance is recommended with proof of delivery. Upon receipt, the service center will verify the warranty conditions, repair, and return your device to the address provided in the RMA.

## Troubleshooting

Refer to the instructions below before contacting our aftersales service:

### **Your MOVETIME Smartwatch can't be detected.**

- Press the **Power** key to light up the screen. Your MOVETIME Smartwatch can be detected for only 3 minutes after the screen is off.

- Turn on Bluetooth if it is disabled.
- Enable the Bluetooth service to search for devices.

### **Your MOVETIME Smartwatch fails to pair with your phone or the pairing is slow.**

- Press the **Power** key to light up the screen. Your MOVETIME Smartwatch can be detected for only 3 minutes after the screen is off.

### **Your MOVETIME Smartwatch often disconnects from your phone.**

- The background MOVETIME Smartwatch service stops. Restart the application.
- Make sure your MOVETIME Smartwatch is not too far away from your phone.

### **Wi-Fi/Bluetooth transferring is slower than expected:**

If other Bluetooth devices are also paired and connected to your phone, it is normal for the file transfer rate via Bluetooth to decrease. It is also normal behavior for the Wi-Fi speed to be impacted and you may experience slower performance.

### **How many BT 4.0 Low Energy (BLE) devices can be connected to the phone at most?**

5 BLE devices can be connected to the phone at the same time.

### **After application MOVETIME is installed and MOVETIME Smartwatch is connected to your phone, the battery consumption speed of your phone increases.**

This is normal and the consumption includes:

- Keeping connection between your MOVETIME Smartwatch and phone.
- File transfer between your MOVETIME Smartwatch and phone.
- Disconnection, device scanning, and re-connection.



### **Vibration does not work.**

- Charge and confirm that the battery works.
- Make sure the connection between your MOVETIME Smartwatch and phone is not interrupted.

### **MOVETIME Smartwatch vibrates unexpectedly.**

- Check whether you have a call or notification.
- Make sure your MOVETIME Smartwatch is not too far away from your phone.

### **Your MOVETIME Smartwatch does not respond.**

Long press the **Power** key for 8 seconds and select RESTART to restart MOVETIME Smartwatch.

### **Factory reset**

If the instructions above fail to solve the problem, try to reset your MOVETIME Smartwatch.

In application MOVETIME, touch , then touch Watch\Settings\Factory Reset to reset your app and watch.

In watch interface, swipe left to main menu and then touch Setting\Factory reset to reset your watch.

[www.tcl.com.com/wearables](http://www.tcl.com.com/wearables)

For more information on how to use MOVETIME Smartwatch, please go to [www.tcl.com.com/wearables/](http://www.tcl.com.com/wearables/) and download the complete user manual. Moreover, on the website, you can also find answers to frequently asked questions, and so much more.

**TCL**