

## BASIC OPERATION

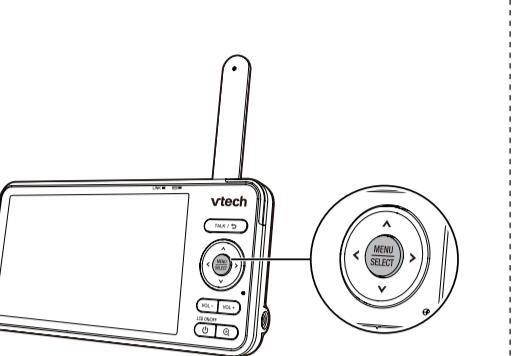
After powering up your baby monitor, the parent unit streams live video in direct mode. We recommend you follow the instructions on-screen to set up home Wi-Fi network with your monitor for functionality enhancements and mobile access. See [Auto software and firmware update](#) and [Download app for mobile access](#) in this Quick Start Guide.

### Use the menu

Press **MENU** on the parent unit to enter the main menu, choose a menu item, or save a setting. You can use the parent unit menu for advanced settings or operations, such as to play or stop the baby unit lullaby, or adjust the baby unit sound sensitivity.

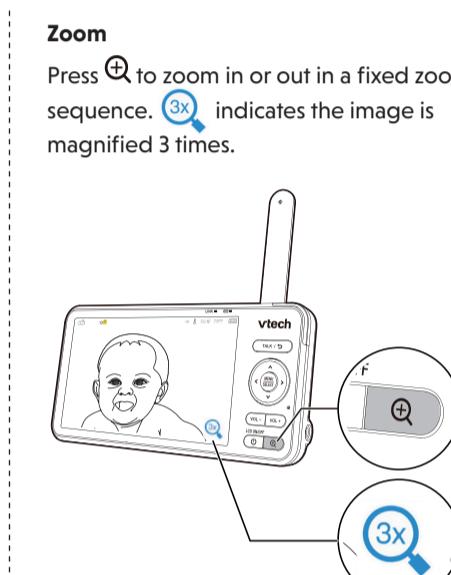
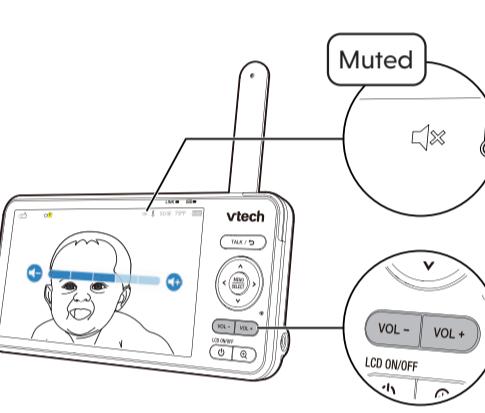
While in the menu:

- Press **< > ▲ ▼** to scroll through the menu options.
- Press **SELECT** to select an item.
- Press **TALK** to return to the live video.
- Press **Q** to go to the **Help & info** page.



### Adjust speaker volume

Press **VOL - / VOL +** to adjust the parent unit speaker volume level received from the baby unit.



## For RM5756HD-2 ONLY

### Monitoring Modes

When more than one baby unit is paired to the parent unit, you can choose to view different baby units in three monitoring modes. Learn more about each below:



The screen displays images only from the selected baby unit in full screen.



The screen displays images from all paired baby units at the same time in split view.



The screen displays a single cam view that transitions to a different baby unit every 10 seconds.

### Change the monitoring mode:

1. Press **MENU** when the parent unit is idle.
2. Press **MENU** or **▼** to enter **Monitoring Mode** menu.
3. Press **< >** to choose between **Single**, **Split**, and **Patrol** monitoring mode options. Press **SELECT** to confirm.

## NEED HELP?

Driven by system updates, the software, online help topics, and online FAQs will be updated periodically.

For operations and guides to help you using your HD video monitor, and for latest information and supports, go and check the online help topics and online FAQs.

Use your smartphone or mobile device to access our online help.

Go to <https://help.vtechphones.com/RM5756HD> or <https://help.vtechphones.com/RM5756HD-2>; OR Scan the QR code on the right. Launch the camera app or QR code scanner app on your smartphone or tablet. Hold the device's camera up to the QR code and frame it. Tap the notification to trigger the redirection of the online help.

If the QR code is not clearly displayed, adjust your camera's focus by moving your device closer or further away until it is clear.

If you would like to contact us, visit <https://help.vtechphones.com/> or scan the QR code.

You can also call Customer Support at 1-844-848-8324 (1-844-84-VTECH) [in US] or 1-888-211-2005 [in Canada] for help.



**RM5756HD**

**RM5756HD-2**

1-844-84-VTECH

[in US] or 1-888-211-2005 [in Canada]

## TEST THE SOUND LEVEL AND POSITION THE BABY MONITOR

### Testing the sound level of the baby monitor

#### NOTE

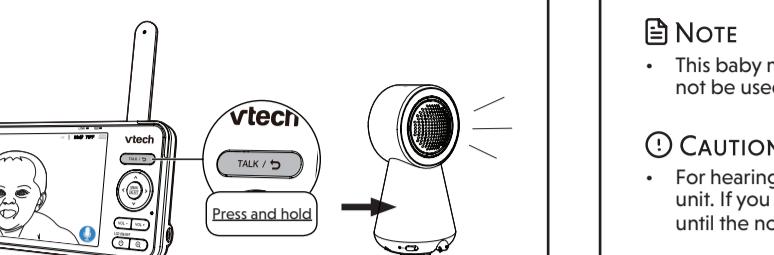
- This baby monitor is intended as an aid. It is not a substitute for proper adult supervision, and should not be used as such.

#### CAUTION

- For hearing protection, make sure the parent unit is more than 3 feet away from the baby unit. If you hear any high-pitched noise from the parent unit, move the parent unit further until the noise stops. You can also press **VOL -** on the parent unit to lower or mute the noise.

#### TIP

- Increase the parent unit speaker volume if you cannot hear the sounds transmitted from the baby unit.

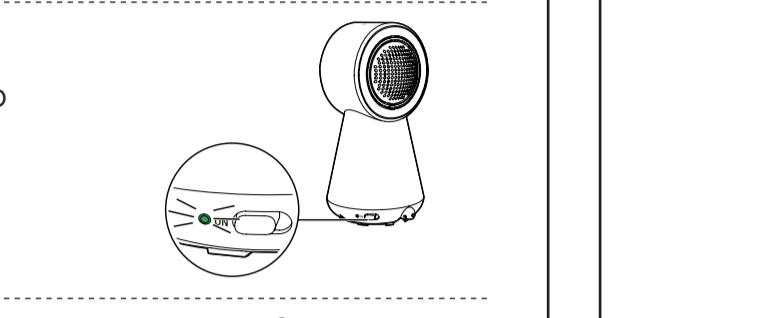


### Turn on/off baby unit's status LED

Turn on or turn off the baby unit status LED indicator. Go to:



**> Status LED.**



### Turn on/off the parent unit screen

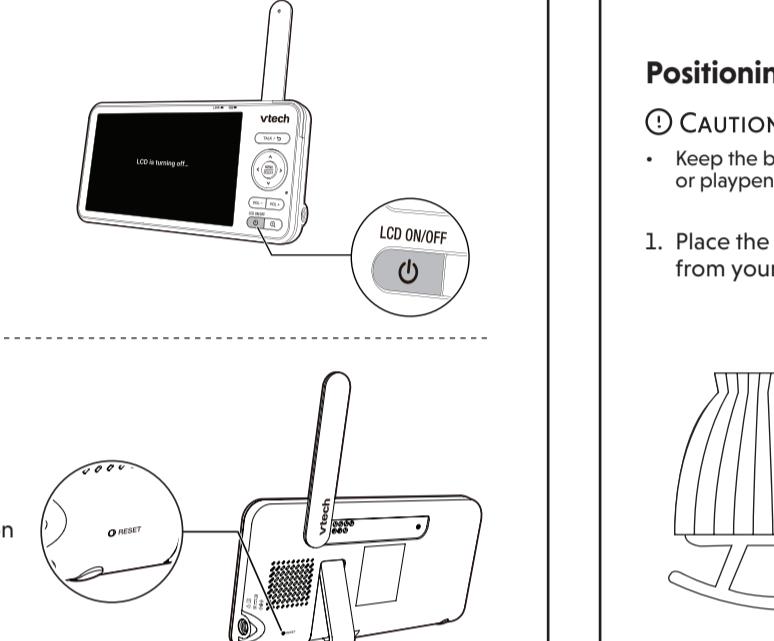
You can turn on or turn off the parent unit screen without powering off the unit. You will still hear sounds from the baby unit.

- Press **Q LCD ON/OFF** on the parent unit to turn off the screen.
- Press any key on the parent unit to turn the screen on again.

#### TIP

You can reset the parent unit by pressing the **RESET** key at the back of the unit.

Insert a pin into the **RESET** hole on the back of the parent unit, and then gently press the button inside.



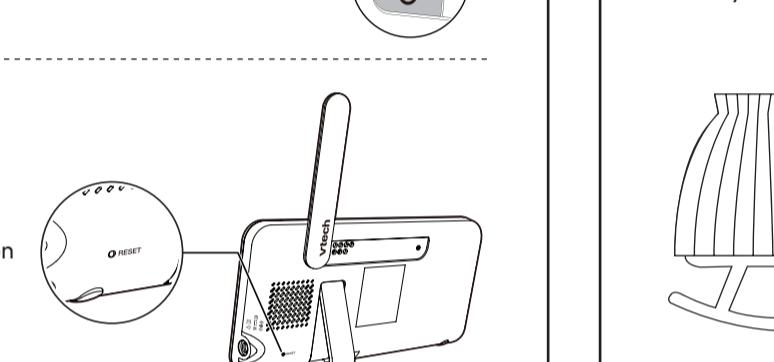
### Positioning the baby monitor

#### CAUTION

- Keep the baby unit out of the reach of your baby. Never place or mount the baby unit inside the baby's cot or playpen.

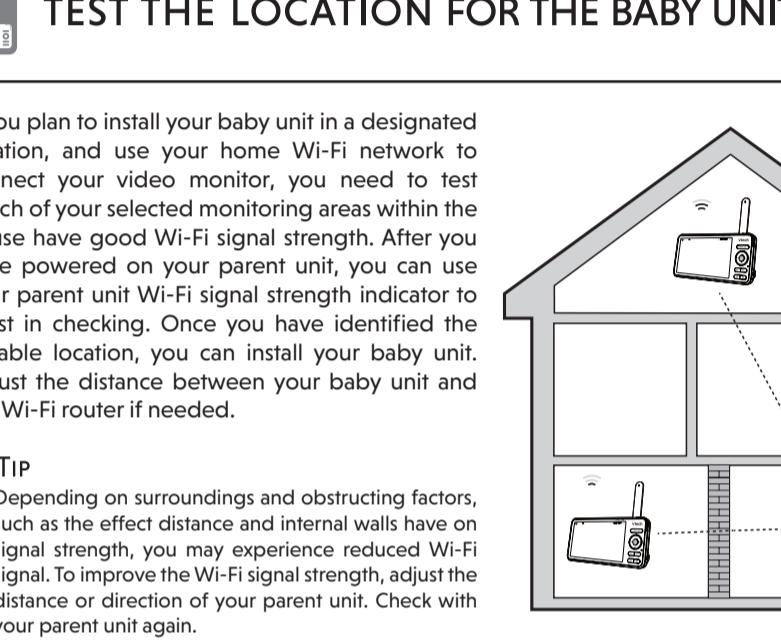
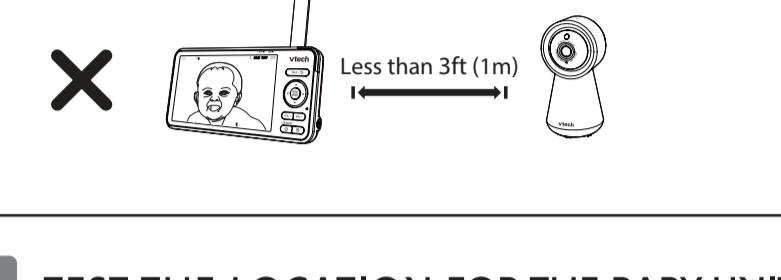
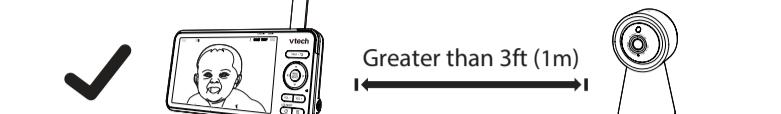
1. Place the baby unit more than 3 feet away from your baby.

2. Adjust the angle of the baby unit to aim at your baby.



### To avoid causing high-pitched screeching noise from your baby monitor:

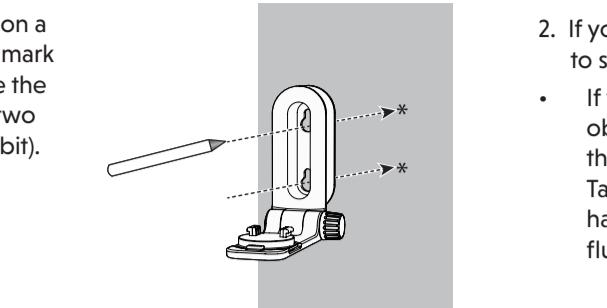
- Make sure your baby unit and parent unit are more than 3 feet apart; OR
- Turn down the volume of your parent unit.



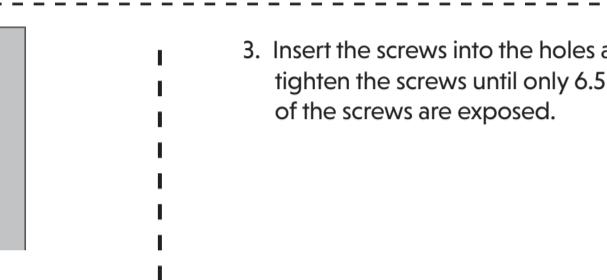
## MOUNT THE BABY UNIT (OPTIONAL)

### NOTES

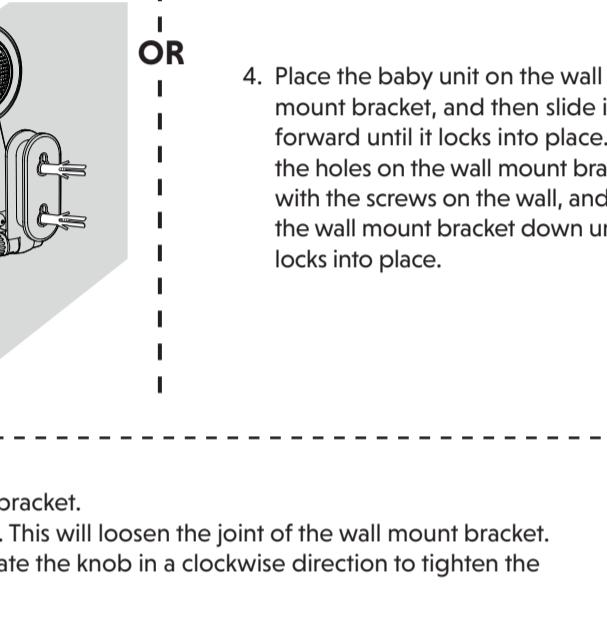
- Check for reception strength and camera angle of the baby unit before drilling the holes.
- The types of screws and plugs you need depend on the composition of the wall. You may need to purchase the screws and plugs separately to mount your baby units.



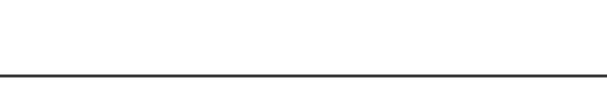
- If you drill the holes into a stud, go to step 3.
- If you drill the holes into an object other than a stud, insert the wall plugs into the holes. Tap gently on the ends with a hammer until the wall plugs are flush with the wall.



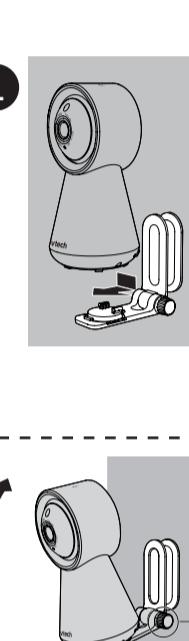
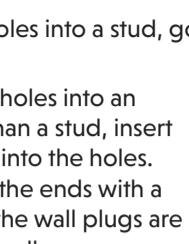
### 3. Insert the screws into the holes and tighten the screws until only 6.5mm inch of the screws are exposed.



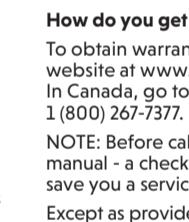
### 4. Place the baby unit on the wall mount bracket, and then slide it forward until it locks into place. Align the power adapter to the baby unit.



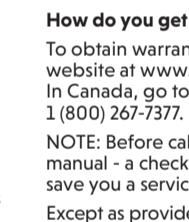
### 5. You can maximize your baby unit viewing angles by tilting the wall mount bracket. Hold the baby unit, and then rotate the knob in an anticlockwise direction. This will loosen the joint of the wall mount bracket. Tilt your baby unit up or down to adjust to your preferred angle. Then, rotate the knob in a clockwise direction to tighten the joint and secure the angle.



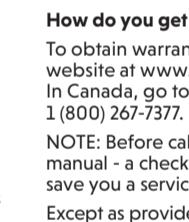
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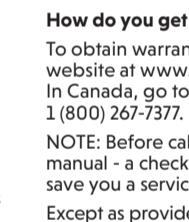
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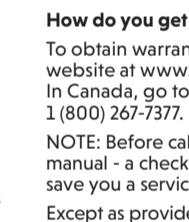
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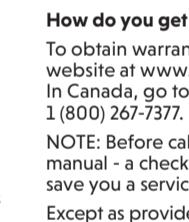
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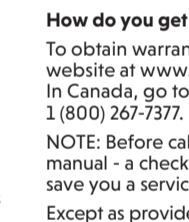
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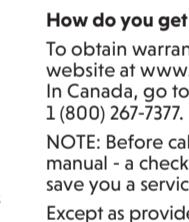
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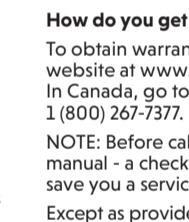
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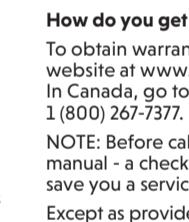
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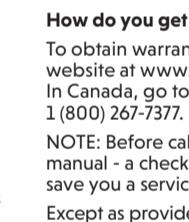
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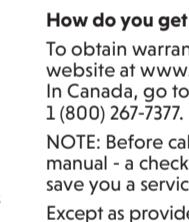
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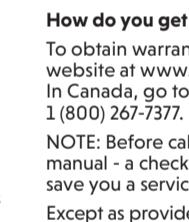
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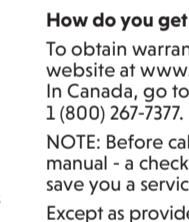
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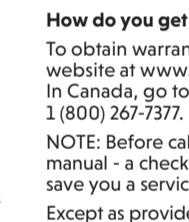
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