Tablet PC

Model:
NTMC17

Contents

Notice

The device' pictures, as well as data on the device'
appearance, color and design features found in the
manual are for reference only. We reserve the right to

change the appearance and technical parameters of the product without prior notice.

Hereby, **ICON Health & Fitness Inc** declares that this Tablet (NTMC17) is in compliance with the essential requirements and other relevant provisions of Directive 2014/53/EU

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1 Safety Precautions

- Keep the device away from extreme heat, cold, moisture and dust.
- Do not spill any liquids on the device as it may damage the device or cause a fire.
- Do not use liquids and chemical cleaners for cleaning the device.
- Do not insert any objects into the device, or it may result in short circuit or it might damage the circuit.
- Do not keep the device near magnetic sources, heaters, microwave ovens, heating up kitchen appliances, or in high pressure containers, as it may cause the battery leaking, the device overheating and inflammation.
- Power off the device if you want to install or remove some external devices which do not support hot-plug. Do not disassemble the device. Only a certified
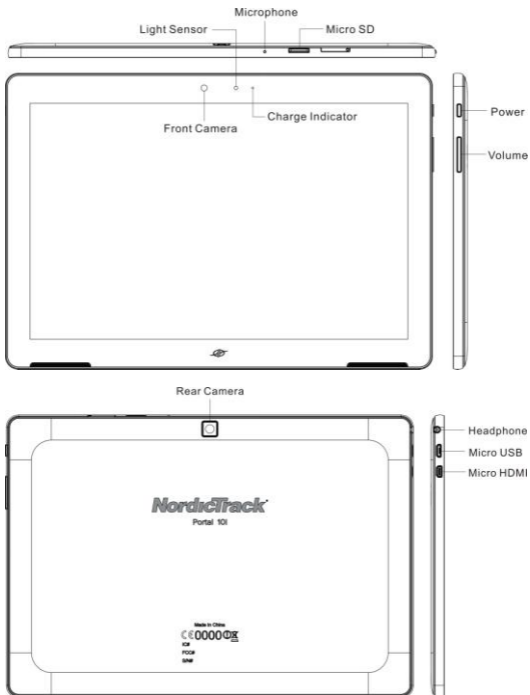
service technician should perform repairs on your device.

- Use only the AC adapters, power cords and batteries that are approved for use with this device. Use of another type of battery or AC adapter may cause fire or explosion.
- To prevent possible hearing damage, do not listen at high volume levels for long periods. Another type of battery or AC adapter may cause fire or explosion.
- The adapter shall be installed near the equipment and shall be easily accessible.
- If an equipment is provided with a replaceable battery, and if replacement by an incorrect type could result in an explosion (for example, with some lithium batteries).

CAUTION
RISK OF EXPLOSION IF BATTERY IS REPLACED
BY AN INCORRECT TYPE.
DISPOSE OF USED BATTERIES ACCORDING
TO THE INSTRUCTIONS

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2 Overview

Light Sensor

Microphone

Micro SD

Front Camera

Charge Indicator

Power

Volume

Rear Camera

NordicTrack

Portal 10i

Made In China

CE 0000 X
ICⅡ
FCCⅡ
SN#

Headphone

Micro USB

Micro HDMI

3 Charging

● Plug the DC end of adapter to the micro USB port of the device and plug the AC end to the wall socket for charging.

● Normally it takes approximately 5 hours to fully charge the device. Operating the device during charging with the AC adapter may extend the time of full charging.

● The adapter shall be installed near the equipment and shall be easily accessible.

4 Inserting a Memory Card

● The device supports micro SD/SDHC cards.

● To insert a micro SD card, place the card connector towards the front side of the device and the printing side of the card towards the rear side of the device.

● To remove the micro SD card, gently press the edge of the card to release the safety lock and pull the card out of the slot.

Notice

Don't remove the micro SD card while you are viewing
the file inside, or the device could fail to operate
correctly.

5 Power on / Power off

1) To turn on the device, press and hold the **Power**
   button until you see the start-up screen then release,
   it will automatically enter the lock screen, swipe up
   the screen to unlock the screen, and then you can
   enter the home screen. If it is the first time to use it, it
   will enter set-up guide menu. Please follow the
   on-screen instructions.
2) Press the **Power** button once to enter sleep mode.
   Press it again and swipe up the screen to unlock.
3) Press and hold the **Power** button. Tap **Power off** to
   power off the device.

Notice

If the system halts, press and hold the **Power** button
until it is turned off completely.

6 Android Home Screen Guides

Web Information Search

Status Bar: Slide down to open quick settings menu.

Shortcuts: touch to open; touch & hold to move.

○ : tap to enter Home screen.

◁ : tap to return to the previous page.

□ : tap to open recent APPs list menu.

⊕ : tap to enter APPs Menu.

Home Screen

Your Home screen is the starting point to access all of

the tablet's features.

Add an app icon to home screen

On the Home screen, tap ⊞ to open APPs list menu, tap and hold an application icon, and the shortcut of the application will appear on the home screen. Then, you drag it to a desired position.

Set wallpaper

Tap and hold the blank area on the Home screen. Tap **WALLPAPERS** and select one of the following: **My photos**, **Black Hole**, **Bubbles**, **Holo Spiral**, and **Phase Beam.** Then, tap **Set wallpaper** to complete the setting.

7 Changing Language & Time

On the home screen tap ⊞ and select **Settings** icon to access the list of options.

- Select **Settings---Language & input---Language** to change OSD language.
- Select **Settings---Date & time** to change system time.

8 Connecting to Wi-Fi

- On the home screen tap ⊕ and select **Settings** icon to access the list of options. Select **Wi-Fi.**
- If the Wi-Fi is off, tap on the Wi-Fi line to turn it on.
- The device will scan for available Wi-Fi networks and display them on the screen.
- Tap on the network you want to connect to. Then tap on the wireless password field to enter the required network information and tap **CONNECT**.
- Your device will now attempt to establish a connection to the Wi-Fi access point with the network parameters you entered.

9 Transferring Contents from PC

- Connect the device to your PC/Notebook via USB cable.
- Select the contents you want to transfer from your PC/Notebook.
- Drag the contents from the PC/Notebook to the device.
- Please do not disconnect the USB cable during loading. It may cause malfunction of the device and files. After copying, you can directly disconnect the USB cable.

10 Troubleshooting

Q1: What if water enters the device?

A：

1) DO NOT turn on the device.
2) Disconnect the outlet cable in order to turn it off instead of pressing the power button. Disconnect all external devices and then send to the service center for advice.

Q2: How to check the device if it won't turn on?

A：

- If the power is low, connect the adapter to charge.
- Remove the micro-SD card and any other external device.

Q3: How to restore the factory default settings?

A：Go to **Settings---Backup & reset---Factory data reset---RESET TABLET---ERASE EVERYTHING** to recover the system to the default status.

Q4: How to prolong the usage time of the battery?

A：

- Adjust the brightness of the touch screen to proper level on **Settings---Display---Brightness level** menu.
- Turn down the volume.
- Set the sleep time to proper level on **Settings---**

Display---Sleep menu.

Q5: What to do if the SD card can't be read?

A: Please turn off the device and re-insert the card.

Q6: Why is the Bluetooth disabled?

A：Check if the "Airplane mode" is enabled, if it is then the Bluetooth can't be activated.

11 Technical Specifications

Processor	MT8127
RAM (#)	2GB DDR3L
Storage capacity(#)	16GB/32GB eMMC
Display	10.1'' IPS, Capacitive Multi-touch panel
Resolution	800X1280 pixels
Interfaces	Micro USB, Micro SD (micro SDHC compatible), Micro HDMI
Descriptions	Front: 2M pixel; Back: 5M pixel
Communications	Wi-Fi (802.11 a/b/g/n), Bluetooth(V4.0(HS))
Operating Temperature	0-40℃
Operating Humidity	35%-85%
Storage Temperature	-20-55℃

Storage Humidity	20%-93%
Adapter	AC 100~240V; DC 5V/2A
Output Power (maximum)	≤10W
Battery	7000mAh Li-Poly battery
Weight	About 460g
Dimension	246mm x171mm x8.0mm

12 CE Mark

Federal Communication Commission Interference Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one of the following measures:

- Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and receiver.

- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

- Consult the dealer or an experienced radio/TV technician for help.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Note: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user's authority to operate this equipment.

FCC Caution: Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.

This Class B digital apparatus complies with Canadian ICES-3 (B).

Cet appareil numérique de la classe A est conforme à la norme NMB-3(B) du Canada.

This device complies with Industry Canada license‐exempt RSS standard(s). Operation is subject to the

following two conditions (If the product within RF function):

1) This device may not cause interference and

2) This device must accept any interference, including interference that may cause undesired operation of the device.

Le present appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes: (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

According to FCC 15.407(e), the device is intended to operate in the frequency band of 5.15GHz to 5.25GHz under all conditions of normal operation. Normal operation of this device is restricted to indoor used only to reduce any potential for harmful interference to co‑channel MSS operations

RF Exposure: The highest measured body SAR value (1g) is: 1.182 W/Kg