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Design Manual APRIL 2017

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## Welcome

Anytime Fitness is the world's largest co-ed fitness concept with more than 2-million members. To maintain brand consistency around the globe, Fabiano Designs International created an exclusive design language that gives our franchisees the opportunity to choose one of two color schemes to compliment their individual personality and desired club culture.

## With that in-mind it is vital that our franchisees adhere to every aspect of the Anytime Fitness design standards (specified in this manual) to ensure the brand remains strong and cohesive in every community and every nation.

This document, along with the prototype drawings, will provide information on design, construction, materials, finishes and details. Share this information with your architect, engineers and contractors to ensure your club is being built to Anytime Fitness standards. Your CDM (Construction Design Manager) and C2i will be available to answer any questions that you may have, so don't hesitate to ask.

Thank you for choosing to be a part of the Anytime Fitness franchisee family! We look forward to helping you grow and prosper in the coming years!

Best regards, The Anytime Fitness Corporate Team

"Welcome to the Anytime Fitness family! Use this document to help get your club up-and-running in the most effective manner. Remember, purple is a powerful color, so display it proudly, but properly!"

-Captain Runningman

## **Overview**

One of the benefits of being an Anytime Fitness franchisee – compared to a solo venture – is the brand recognition that comes with being a part of our franchise family. As the franchisor, we are here to assist you and protect the brand you have purchased. We have prepared this book to guide you through the build-out process so we maintain the integrity of our brand for the benefit of the entire franchise and member community.

#### **BASE REQUIREMENTS**

Once you have selected a site, you will need to make sure it meets the minimum requirements before proceeding with the design of your club and prior to signing your lease.

- The space must be able to achieve a minimum ceiling height of 10 feet throughout the entire space on all floors or levels.
- An open ceiling design is preferred
- The space must have a minimum of 40 feet of width.

#### DESIGN

Your Construction Design Manager (CDM) will contact you to initiate the design process of your club. They will take you though the process step-by-step and will be your subject matter expert for all things design and construction related.

#### **DESIGN APPROVAL**

Your CDM will guide you through the design process to create your club layout. The approved design will be detailed in a document known as the "Compliance Drawing," which will include your finish materials. The Compliance Drawing is the agreement on how your club will be constructed. Under no circumstance are you to deviate from the approved Compliance Drawing. If you feel a change is necessary, you must obtain written approval from your CDM in advance.

#### ARCHITECTURAL SERVICES

You will need to engage the services of a registered architect to create the final set of construction documents for your club. Wilkus Architects is the preferred vendor architect for Anytime Fitness. Their brand knowledge and industry experience makes them uniquely qualified for this task. If you use another Architect, other then the preferred Architect, you will be required to use the Anytime Fitness prototype and match all details and specifications accurately, to ensure Anytime Fitness brand standards are met.

#### Recommended Vendor: Wilkus Architects – Kelly Buska

Customer Service: 952-941-8660 <u>kmb@wilkusarch.com</u>

#### NATURAL RESOURCES

Your space may include an existing element that could add an interesting feature to your club. Anytime Fitness encourages you to explore the incorporation of such elements into the design of the space. A few examples include:

- A brick wall can be exposed to be a feature of the space.
- Wood or metal trusses or columns can be cleaned, stripped, or left exposed to showcase the building structure.

### Process

The build-out of your club is important for brand consistency and ensures the basic functionality of your facility for members and staff. Avoid costly delays by following these important steps.

- 1. Work with your C2i and/or Operations Opening Coordinator on the Site Approval for your club.
- Your Construction Design Manager (CDM) will contact you to initiate the design of your club. You will work with your CDM to create the approved compliance drawing for your club. You will need to provide 3 main pieces of information:
  - Site Conditions: This is accomplished through as-built plans or a site survey.
  - Design Elements: Which of the optional elements you want in your club.
  - Color Scheme: Specify which of the available color schemes you would like for your club décor.
- 3. Contact one of the <u>Mandatory</u> sign vendors listed on the Vendor Portal (we recommend to get quotes from all three sign vendors) to initiate the process for; approval, fabrication and installation of you exterior sign. This is a lengthy process, so don't delay.
- 4. Contract with the preferred vendor architect to create a full set of construction documents matching the detail and format of the Anytime Fitness prototype drawings. The preferred vendor architect has the experience and brand knowledge to meet this requirement.
- 5. Submit your construction documents for permits and approvals. It is recommended you contract with your architect to handle this step.
- Submit your construction documents and schedule of values (SOV) forms to a minimum of three general contractors to obtain competitive bids, allow 3 weeks for bidding process. Once you receive your bids, you will need to qualify the numbers, select a general contractor, award the project and execute a contract.
- 7. Forward to your CDM a signed copy of the "Contractor Acknowledgment Form" (following pages) along with your detailed line item cost breakdown "Schedule of Values" (SOV) from the GC you have selected.
- 8. Accept the premise from you landlord, this is your opportunity to make sure they have completed all work identified in the lease.
- 9. Once you have received your permits and approvals, you are ready to begin construction. Make sure you have satisfied all of your lease obligations related to construction: i.e. certificate of insurance, approval of construction documents, contractor approval, etc.

Throughout this process, you will work with your C2i on a series of task; ordering equipment, pre-sale, billing etc.. They will walk you through these items.

**NOTE:** Anytime Fitness will create the original compliance drawing for new clubs at no cost to the franchisee. If an alternate plan or revisions are required the franchisee will be responsible for any related costs to the architect vendor.

## Helpful Hints

#### **CONSTRUCTION SCHEDULE**

Review your construction timeline with your CDM, including plans for opening, before construction begins. Some materials like flooring and wall covering require a few weeks lead-time, so we recommend that you order your materials promptly and factor-in the estimated delivery dates and adjust your timeline as needed.

#### EXTERIOR SIGNAGE

Exterior signage can take 8-10 weeks from the time you start to when the sign is installed on the building. You will want to get your sign installed as soon as possible to take advantage of the extra visibility for your presale.

#### **OPENING DATES**

Do <u>NOT</u> promise your members an opening date. Many times, a club's construction is delayed due to weather, city permits, contractors or deliveries. Instead, inform members that you are working toward a certain date range and their dues will not start until the club is officially open.

#### **EQUIPMENT ORDERING**

Remember you need to order your equipment at least 8-10 weeks before the desired delivery date. It is advisable to work with your C2i and Equipment Representative at the beginning of the design process. The final equipment list and layout should be determined with your Equipment Representative and C2i very early on. Once finalized, the equipment information and location must also be provided to your electrical contractor for coordination.

#### **VERIFY MEASUREMENTS IN FIELD**

If your landlord or real estate agent provides you with a plan of your space, you <u>MUST</u> double check all dimensions and conditions. The slightest inaccuracy can cause shortages of materials, additional costs, and potential construction delays. It is strongly recommended that you have a detailed site survey completed to accurately document the existing site conditions of your space. This can be completed by an Architect or an experienced survey company. Your CDM can provide you with a list of qualified professionals that can provide this service.

## **Contractor Acknowledgement**

The intent of this document is to ensure that contractors and parties providing construction services in the construction of Anytime Fitness<sup>®</sup> clubs have received a copy of the design manual required by Anytime Fitness, LLC, and that Anytime Fitness<sup>®</sup> franchisees acknowledge that the construction of their clubs are subject to mandatory specifications. This document is not meant to replace a written agreement between the Anytime Fitness<sup>®</sup> franchisee and its contractor or any party providing construction, or any applicable federal, state or local laws or regulations which may apply. Anytime Fitness, LLC makes no representation to either party as to the enforceability of any provision set forth herein on behalf of such party, and each signatory should review all agreements with their own professional advisors.

#### **CONTRACTOR ACKNOWLEDGEMENT**

The undersigned ("Contractor") certifies that it/he/she is being retained to provide construction services and/or project management for an Anytime Fitness<sup>®</sup> fitness center to be located at: Address \_\_\_\_\_

Contractor acknowledges that the Anytime Fitness Center is subject to a Franchise Agreement with Anytime Fitness, LLC ("Franchisor").

This acknowledgment certifies contractor receipt and review of the Franchisor's Design Manual, dated (see cover of

Design Manual), containing the required specifications of Franchisor with respect to the Anytime Fitness<sup>®</sup> Center, and fully understands the requirements set forth therein, including without limitation, with respect to materials required to be used. Contractor acknowledges and agrees that any variance from the Design Manual shall require Franchisor's prior written approval, and that material substitutions are not allowed. Any variance from the specifications set forth in the Design Manual not approved by Franchisor in writing must be remedied at Contractor's expense. By signing this acknowledgment, the undersigned represents that he or she is duly authorized and has legal capacity to execute and deliver this acknowledgment on behalf of contractor.

Contractor Name			
Signature	Print Name		
Title	Date		



## **Club Layout**

Anytime Fitness clubs utilize a two door system, one for guest entry and one for member entry. A set of double doors are recommended. The location of these doors have a major impact on the flow and functionality of your club. Your doors will dictate the location of your guest and member lobbies, which, in-turn will determine the location of your main office. Once the location of your doors has been established, your CDM will use the following information to create the layout.

The configuration of your club may vary greatly from what is shown. This sample plan and the corresponding description of each item on the pages that follow will help you understand the various factors managed by your CDM in creating the most effective layout.

#### AREA/ FEATURE/ ELEMENT

- A Member Lobby (Required)
- B Guest Lobby (Required)
- C Main Office (Required)
- D Trainer's Office (Optional)
- E Cardio Area (Required)
- F Strength Training (Required)
- G Functional Area (Required)
- H Toilet/ Shower & Utility Block (Required)
- I Free Weight Area (Required)
- J Inspiration Wall (Required)
- K Retail/Logo Wall (Required)
- L Manifesto Wall (Required)
- M Multi-Purpose Room (Optional)
- Not Shown Tanning/ Massage (Optional)

Your club must be able to accommodate the minimum equipment package for Cardio, Strength & Free Weights before optional elements can be included in the design. Your C2i can provide direction of equipment options for your club.

See the following pages for description of the club layout.

SPACE/ AREA	DESCRIPTION		
A Member Lobby	USE: Short-term storage for member shoes, coats, and bags.		
	<b>SIZE:</b> 10'-0" x 10'-0" min.		
	<b>LOCATION:</b> Near front entry and Main Office to create engagement opportunity upon Member's entry into the club.		
	<b>CEILING:</b> 2' x 2' acoustic ceiling recommended, height must be 10'-0" to 12'-0" AFF.		
	<ul> <li>SEE "CEILINGS &amp; SOFFITS" FOR MORE INFORMATION.</li> <li>SEE "INTERIOR FIXTURES &amp; ACCESSORIES" FOR REQUIRED &amp; RECOMMENDED FURNITURE, EQUIPMENT, AND ACCESSORIES.</li> <li>SEE "BUILDING SYSTEMS" FOR MEMBER ENTRANCE SECURITY &amp; MONITORING REQUIREMENTS.</li> </ul>		
B Guest Lobby	<b>USE:</b> Guest waiting area and sign-in during sales hours.		
	<b>SIZE:</b> 10'-0" x 17'-6" min. with minimum 7' wide opening view to main portion of the club.		
	LOCATION: Accessed from double entry door.		
	FEATURES: Retail Logo Wall and Inspiration Wall.		
	<b>CEILING:</b> 2' x 2' acoustic ceiling recommended, height must be 10'-0" to 12'-0" AFF.		
	SEE "CEILINGS & SOFFITS" FOR MORE INFORMATION.		
	<ul> <li>SEE "INTERIOR FIXTURES &amp; ACCESSORIES" FOR REQUIRED &amp; RECOMMENDED FURNITURE, EQUIPMENT, AND ACCESSORIES.</li> </ul>		
C Main Office	USE: Manager & sales staff use during staffed hours.		
	<b>SIZE:</b> Approximately 10'-0" x 10'-0" min. Walls to extend to the roof deck or 12'-0" minimum.		
	<b>LOCATION:</b> Must be adjacent to the guest entrance lobby with direct sight lines to it.		
	<b>CEILING:</b> 2' x 2' acoustic ceiling is recommended, height 10'-0" A.F.F.		
	<b>COMPONENTS:</b> Windows to provide visibility to the lobby and/or main club. Door should be equipped with lockable latch set and open into the main lobby.		
	The office will house your security system, computer, audio system, business phone, and fax.		
	<ul> <li>SEE "BUILDING SYSTEMS" FOR DATA, POWER, ACCESS, AND SECURITY &amp; SURVEILLANCE EQUIPMENT REQUIRED.</li> </ul>		

	SPACE/ AREA	DESCRIPTION		
D	Trainer's Office			
	(optional)	<b>SIZE:</b> Approximately 8'-0" x 10'-0". Walls to extend to the roof deck or 12'-0" minimum.		
		<b>Location:</b> Location may vary, but it's most-often adjacent to the main office.		
		<b>CEILING:</b> 2' x 2' acoustical is recommended, height 10'-0" A.F.F.		
		<b>COMPONENTS:</b> Door to be equipped with lockable latch set.		
		SEE "INTERIOR FIXTURES & ACCESSORIES" FOR LIGHTING REQUIREMENTS.		
		SEE "BUILDING SYSTEMS" FOR HVAC.		
		SEE "BUILDING SYSTEMS" FOR DATA AND POWER REQUIREMENTS.		
E	Cardio Area	<b>LOCATION:</b> Adjacent to windows with view to the exterior (preferred); may be adjacent to strength training.		
		<b>CEILING:</b> No ceiling – an open deck design is recommended using dryfall white paint. (Required)		
		<ul> <li>SEE "BUILDING SYSTEMS" FOR DATA, POWER, AND. HVAC REQUIREMENTS.</li> </ul>		
F	Strength	<b>LOCATION:</b> Centralized within club and adjacent to cardio area.		
	Training	<b>CEILING:</b> No ceiling – an open deck design is recommended using dryfall white paint. (Required)		
		<ul> <li>SEE "BUILDING SYSTEMS" FOR DATA, POWER, AND. HVAC REQUIREMENTS.</li> </ul>		
Training frequently performed with equipment such as ket medicine balls, etc.		<b>USE:</b> Group training and individual activities and exercises that are frequently performed with equipment such as kettleballs, battle ropes, medicine balls, etc. <b>Size:</b> 400 S.F – 1,000 S.F.		
	<u>Wall Protection</u> <u>Required</u>	LOCATION: Preferably adjacent to the Free Weights and against two walls in an open corner. The space must be adjacent to a minimum of one wall and cannot be free floating in the middle of the club. The area must be accessible from the main part of the club. It should not be enclosed in a room. Wood wall protection is required, refer to appendix for details. SIZE REQUIREMENT: An overall club area of 4,200 sq.ft. is typically required to accommodate a functional training area. If a functional training area and multi-purpose room will be included within the club, the size requirement will increase by the size of the second room/space.		

SPACE/AREA	DESCRIPTION	
H Toilet/Shower	LOCATION: At the rear of your club.	
Room(s)	<b>REQUIREMENTS:</b> Toilet rooms and drinking fountains must be	
	provided per plumbing code and ADA requirements. Clubs are	
	required to provide single occupancy rooms as-follows:	
	(2) Toilet rooms with showers.	
	(1) Toilet room without a shower.	
	Additional toilets may be required by local codes. Have your	
	architect of record verify the specific requirements for your club.	
	Doors for toilet and toilet/shower rooms must be screened from	
	the main club.	
	• Walls to extend to underside of roof deck or a 12'-0" min.	
	These are designed for single-use only and must not be set up	
	for shared use in anyway. Locker room-style bathrooms or	
	multiple toilet bathrooms are <b>NOT</b> allowed.	
	SIZE (TOILET/SHOWER ROOM): Sized to fit all necessary	
	components below; greater than or equal to the minimum required by	
	local codes or ADA requirements.	
	COMPONENTS:	
	Toilet Room: One toilet, one sink, mirror, and door closure with	
	lockable latch set from the interior of the room.	
	Toilet/Shower Room: One toilet, one sink, one shower, mirror, an	
	door closure that is locked from the interior of the room.	
	<b>MATERIALS:</b> Porcelain tile (as described in Section 2 finishes &	
	materials) is required for all toilet and toilet/shower room floors and	
	walls. Fiberglass enclosures can be used in the shower, however,	
	tile is recommended. Porcelain tile shower floor or shower pan	
	must be slip resistant and sloped to the shower drain. Tempered	
	glass shower door or a rod hung, high-quality shower curtain with a	
heavy vinyl liner, both are acceptable.		
CEILING: Ceilings are required in all toilet & toilet/shower the walls for each room extend to the deck a vinyl wrappe		
	acoustical ceiling system can be used. If the wall stops short of the deck, a hard lid, gypsum board ceiling is required.	
	SEE "APPENDIX" FOR CONSTRUCITON DETAILS & PHOTOS.	
	• SEE "SIGNAGE" FOR INTERIOR SIGNAGE REQUIREMENTS.	
	SEE "INTERIOR FIXTURES & ACCESSORIES" FOR LIGHTING	
	SEE "BUILIDNG SYSTEMS" FOR POWER REQUIREMENTS.	
	SEE "CEILINGS & SOFFITS" FOR MORE INFORMATION.	
	<ul> <li>SEE "SIGNAGE" FOR INTERIOR SIGNAGE REQUIREMENTS.</li> <li>SEE "INTERIOR FIXTURES &amp; ACCESSORIES" FOR LIGHTING</li> <li>SEE "BUILIDNG SYSTEMS" FOR POWER REQUIREMENTS.</li> </ul>	

Utility Room			
	<b>LOCATION:</b> At the rear of your club.		
•	SIZE (UTILITY ROOM): Sized to fit and access all necessary		
	components, including – but not limited to – water heater, mop sink,		
	electrical panel, etc. Walls should extend to underside of roof deck.		
	COMPONENTS:		
	Utility Room: One water heater, one mop sink, accessed		
	by door locked from the exterior.		
	<b>CEILING:</b> Recommend for a 2' x 2' acoustical ceiling in utility		
	rooms, open ceilings are allowed with walls built to the deck.		
	SEE "APPENDIX" FOR CONSTRUCTION DETAILS AND PHOTOS.		
	SEE "SIGNAGE" FOR INTERIOR SIGNAGE REQUIREMENTS.		
	SEE "INTERIOR FIXTURES & ACCESSORIES" FOR LIGHTING REQUIREMENTS.		
	SEE "BUILIDNG SYSTEMS" FOR POWER REQUIREMENTS.		
	SEE "CEILINGS & SOFFITS" FOR MORE INFORMATION.		
Tanning and/or	USE: Accessible tanning or massage for members.		
Aqua Massage	<b>LOCATION:</b> Often adjacent to toilet/shower & utility room block.		
Room(s) SIZE: 9'-0" W x 8'-6" D is the minimum size required, wh			
(Optional) enough to accommodate the tanning equipment and prope			
	to the bed. We recommend that your walls extend to the underside of the roof deck or a minimum of 12'-0".		
	<b>COMPONENTS:</b> Door to be equipped with push button lock inside & keyed lock outside.		
CEILING: Ceilings are required. If the walls for each room			
the deck a vinyl wrapped acoustical ceiling system can be			
walls stop short of the deck, a hard lid, gypsum board ceiling			
	required.		
	SEE "CEILINGS & SOFFITS" FOR MORE INFORMATION.		
	SEE "INTERIOR FIXTURES & ACCESSORIES" FOR		
	REQUIRED & RECOMMENDED FURNITURE, EQUIPMENT,		
	AND ACCESSORIES.		
	SEE "BUILDING SYSTEMS" FOR POWER, ACCESS,     SECURITY & MONITORING REQUIREMENTS		
	SECURITY & MONITORING REQUIREMENTS.		
	Aqua Massage Room(s)		

	SPACE/AREA	DESCRIPTION
Ι	Free Weight Area	<ul> <li>LOCATION: View of the space slightly obstructed from main entry points.</li> <li>SIZE: 750 sq.ft. minimum to accommodate standard free weight equipment package.</li> <li>CEILING: No ceiling – an open deck design is recommended using specified dryfall white paint (required). Gypsum board soffit incorporated as a visual transition from adjacent space(s) is recommended. Height of soffit to be 10'-0" to bottom of soffit, but it must coordinate with lobby ceiling height.</li> <li>SEE "BUILDING SYSTEMS" FOR POWER &amp; DATA REQUIREMENTS.</li> </ul>
J	Inspiration Wall	<ul> <li>PURPOSE: For Members' use in defining goals and/or noting achievement, sales tool to communicate club culture to prospective members.</li> <li>LOCATION: Adjacent to guest lobby; a sidewall/separator between guest lobby and an adjacent space.</li> <li>SIZE: Wall to be 8'-0" H and 8'-0" W (or as defined in the Compliance Drawing). This will be a free-standing and self-supporting wall,</li> </ul>
		<ul> <li>therefore 6" metal studs with in-wall structural support are required – bracing to ceiling/roof deck is NOT allowed.</li> <li>COMPONENTS: "Inspiration" portion faces guest lobby. See the "Finish Schedule" for color-code information that applies to your design scheme.</li> <li>SEE "APPENDIX" FOR CONSTRUCTION DETAILS AND PHOTOS.</li> </ul>
K	Retail Logo Wall	<ul> <li>PURPOSE: Provides a welcoming first impression for guest and a merchandising opportunity.</li> <li>LOCATION: Must be immediately visible upon entrance to the guest lobby. This wall defines the parameters of the guest lobby.</li> <li>SIZE: Wall should be between 8' to 10' W (as defined in the Compliance Drawing). If there is no ceiling in the lobby, the wall should be 10' H. If there is a ceiling in the lobby, the framing must extend to the roof deck. The finish on the lobby side and the end of the wall should terminate at the lobby ceiling and it must wrap edge of the wall.</li> <li>MERCHANDISING INSERT: Prefabricated unit must be purchased</li> </ul>
		<ul> <li>MERCHANDISING INSERT: Prelabricated unit must be purchased through preferred vendor – refer to vendor portal for ordering. Glass shelves and mirror to be supplied by Owner or GC locally.</li> <li>SEE "APPENDIX" FOR CONSTRUCTION DETAILS AND PHOTOS.</li> <li>SIGNAGE: The "stacked" Anytime Fitness logo must be purchased through the Mandatory Vendor through the vendor portal.</li> <li>Refer to "Interior Signage &amp; Graphics Style Guide" for details on the graphic portion of the wall.</li> </ul>

	SPACE/AREA	DESCRIPTION		
L		<ul> <li>PURPOSE: Create Visual Interest and enhance the brand personality</li> <li>LOCATION: In the back of the club with visibility to the main areas of the club.</li> <li>SIZE: Finished at 7' W x 10" H – NO Deviations of size allowed.</li> <li>Maintain 7' clear space in front of Manifesto Wall</li> <li>COMPONENTS: Graphic must face the workout area and be unobstructed by equipment.</li> </ul>		
		<ul> <li>SEE "APPENDIX" FOR CONSTRUCTION DETAILS AND PHOTOS</li> <li>Refer to "Interior Signage &amp; Graphics Style Guide" for details on the graphic portion of the wall.</li> </ul>		
Μ	Multi-Purpose Room	<b>USE:</b> Instructor-lead classes, Fitness on Request, personal training, and stretching.		
	(Optional)	<ul> <li>SIZE: Determined by overall size of your club, which must be a minimum of 4,200 sq.ft. to offer a multi-purpose room.</li> <li>400 sq.ft. is the minimum size (and maximum size for a 4,200 sq.ft. club), while 800 sq.ft. is the maximum size for larger clubs.</li> <li>400 sq.ft. minimum (20' x 20'), 800 sq.ft. maximum; determined by overall club size (4,200 sq.ft. minimum).</li> <li>LOCATION: Varies.</li> <li>CEILING: Walls should extend to the roof deck (recommended) or bottom of joist with 2' x 2' acoustic ceiling at 12'-14' for sound control.</li> <li>COLORS: Refer to "color schemes" section of this manual for required paint colors.</li> </ul>		
		<ul> <li>SOFFIT: Prefabricated soffit is required. Refer to the Interior Signage &amp; Graphic Style Guide.</li> <li>WINDOWS: Full height glass windows are not allowed for privacy reasons. Doors are to be clear sealed maple wood doors with a full glass window.</li> <li>SEE "FINISHES &amp; MATERIALS" FOR COLOR SCHEME REQUIREMENTS.</li> <li>SEE "BUILDING SYSTEMS" FOR DATA, POWER, AND. HVAC REQUIREMENTS.</li> <li>Refer to "Interior Signage &amp; Graphics Style Guide" for details on the graphic portion of the wall.</li> </ul>		

## **Ceilings & Soffits**

There are a variety of acceptable ceiling & soffit design options. Existing conditions, functionality, cost and personal preference are all factors for consideration.

#### MAIN CLUBAREA

An open ceiling design creates a more open inspirational environment and is strongly recommended. This design requires that all exposed elements (structural members, decking, pipes, ductwork, conduit, etc.) be painted <u>white</u> as defined in this manual. Care must be taken to conceal wires and cabling if they are not installed in conduit. The open ceiling design can be enhanced by providing partial ceilings and curved soffits in select areas. The circular application of these elements can be matched to the circular patterns in the floor finishes creating a unique and cohesive look to your club. Refer to the sections below for more detail.

If an acoustical ceiling is utilized in the main area of the club it should be installed as high as possible to create an open feel.

#### The minimum allowable ceiling height for the main club area is 10'-0". Under no circumstance will any ceiling height be less than 10'-0" be permitted.

#### **OPEN CIRCULAR DESIGN (optional)**

This design utilizes partial acoustical ceilings at the perimeters of the space and a curved gypsum board soffit to establish a large open circular area in the center of the club. This design makes the club "open up" as you move from the guest lobby into the club, creating a "WOW factor." The partial ceilings also help to establish the appropriate environment for the smaller areas of the club such as the guest lobby.

#### PARTIAL ACOUSTIC CEILING(optional)

#### **DESCRIPTION:**

2' x 2' white acoustical ceiling systems with curved edge trim installed in select areas. The ceilings serve two purposes; reduce the volume/space of select areas that benefit from a lower ceiling (member lobby) and to create the circular ceiling design. The height of the ceiling is typically 10'-0" but may need to be raised to accommodate window heights. Exact specification for the ceiling and curved edge trim can be found in the "Finishes & Materials" section.

#### LOCATION:

Member lobby and ancillary perimeter areas as required to create the circular effect.

#### CURVED GYPSUM BOARD SOFFIT (optional)

#### **DESCRIPTION:**

A curved gypsum board soffit, 36" W x 18" H, suspended using unistrut and all thread to create a "free-floating" look. The bottom of the soffit should be installed at the same height as adjacent suspended ceilings and/or the guest lobby. The ends of the soffit need to terminate at walls.

#### LOCATION:

Transition between the free weight area and the remainder of the club. The curve should match that of the rubber flooring, when possible.

#### MULTI-PURPOSE ROOM

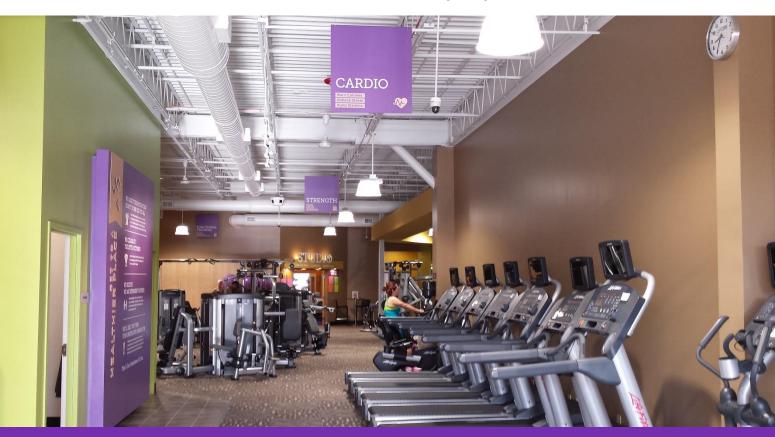
Acoustical ceilings are strongly recommended to reduce echoing and manage sound. The ceiling should be installed as high as possible with a minimum 10'-0". If an open deck design is utilized, it is strongly recommended that sound absorption/deadening be added to the ceiling.

#### TOILET AND SHOWER ROOMS

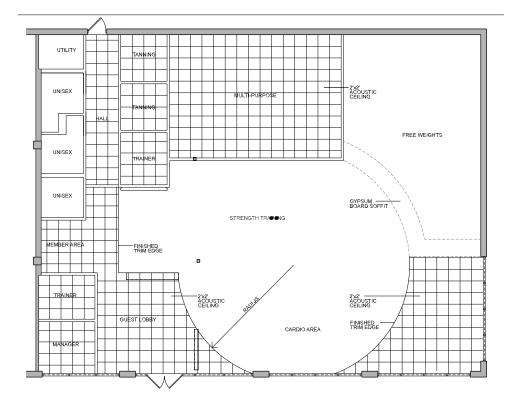
Ceilings are required. If the walls for each room extend to the deck, an acoustical ceiling system can be used. If the walls stop short of the roof deck, a hard lid gypsum ceiling is required.

#### "Open spaces embody the scientific knowledge that higher ceilings are better for health, improve brain connectivity, and feel more beautiful all around."

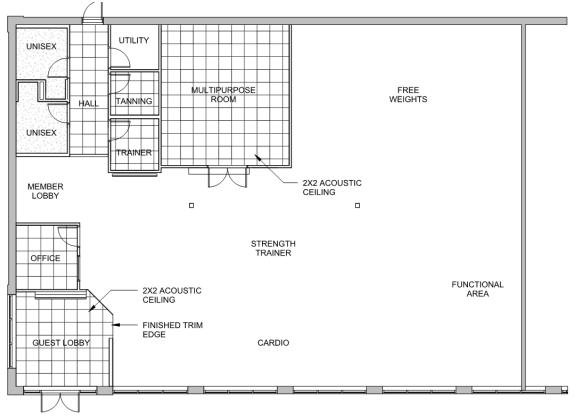
Sydney Franklin – Architizer.com



#### **CEILINGS & SOFFITS**



**Open Circular Design** 



Open Non-Circular Design



#### SAMPLE LAYOUT - 5,000 S.F. W/ MULTI-PURPOSE ROOM

#### **Design Elements**

- Retail/ Logo Wall
- Inspiration Wall
- Manifesto Wall

#### **REQUIRED AMENITIES**

- Member Lobby
- Guest Lobby
- Manager's Office
- Cardio Area
- Strength Training Area
- Free Weight Area
- Utility/ Storage Room (1)
- Restroom(s) without Shower (1)
- Restrooms with Shower (2)
- Functional Area

#### **OPTIONAL AMENITIES**

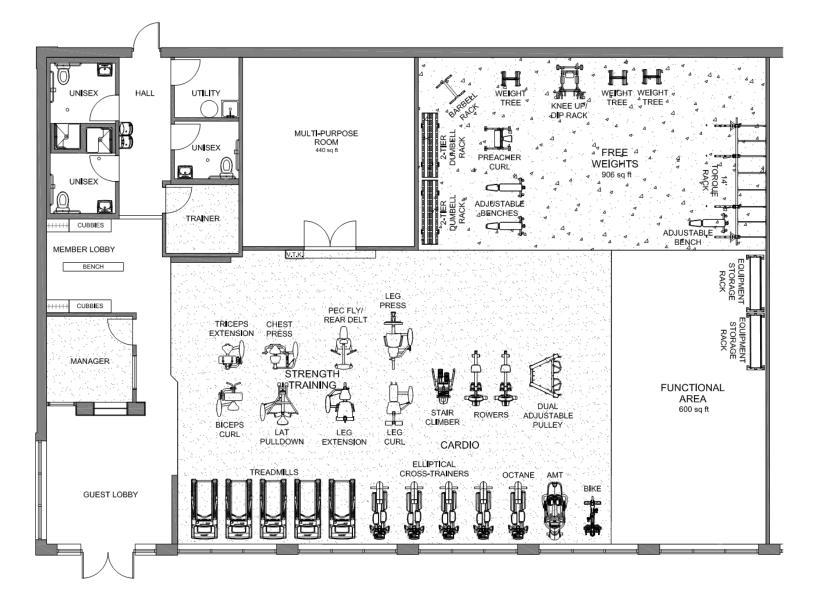
- Trainer's Office
- Multi-Purpose Room
- Tanning/ Massage Room

#### DESIGN HIGHLIGHTS

- Windows provide abundant natural light
- Shared double door entry promotes member engagement and accommodates equipment deliveries
- Guest Lobby
  - Defined by Manager's Office, Retail Logo Wall and Inspiration Wall
  - · Clear line of site form Manager's Office
  - Member Lobby is screened from view
  - · Free Weight Area is partially screened from view
  - Retail Logo Wall immediately in front of guest door
- · Cardio Area is immediately adjacent to front windows
- Multi-Purpose Room entrance is centrally located and visible from the guest lobby.
- · Free Weight Area is screened without being closed off
- · Shared corridor for Restrooms and emergency exit
- Functional Area is anchored by a wall with high visibility to the main area of the club

#### RECOMMENDED CONFIGURATION AND REQUIRED ELEMENTS

## SAMPLE LAYOUT – 5,000 S.F. W/ MULTI-PURPOSE ROOM RECOMMENDED EQUIPMENT



This plans provides a 600 S.F. dedicated functional training area in addition to a Multi-Purpose Room. The layout supports the minimal equipment package with space for optional pieces.

#### SAMPLE LAYOUT – 5,000 S.F. W/ NO MULTI-PURPOSE ROOM

#### **Design Elements**

- Retail/ Logo Wall
- Inspiration Wall
- Manifesto Wall

#### **REQUIRED AMENITIES**

- Member Lobby
- Guest Lobby
- Manager's Office
- Cardio Area
- Strength Training Area
- Free Weight Area
- Utility/ Storage Room (1)
- Restroom(s) without Shower (1)
- Restrooms with Shower (2)
- Functional Area

#### **OPTIONAL AMENITIES**

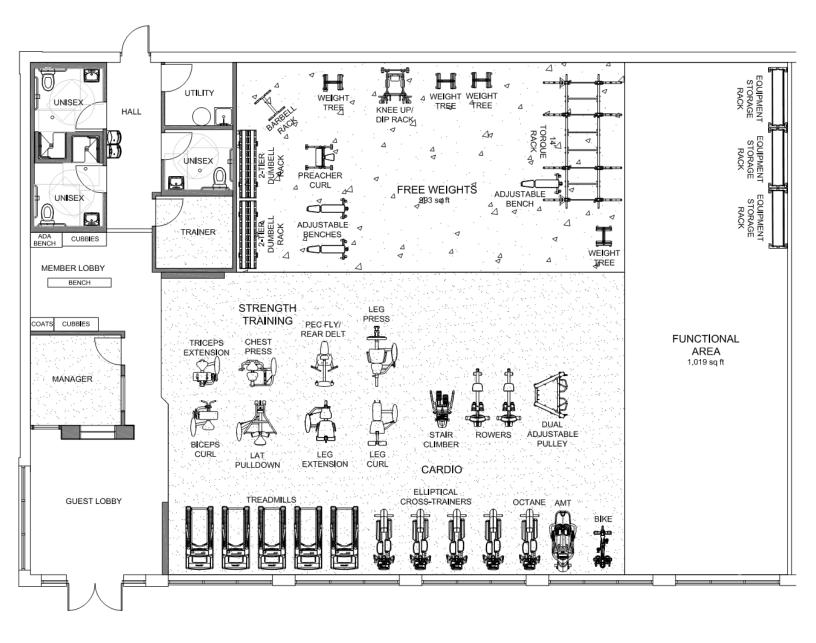
- Trainer's Office
- Tanning/ Massage Room

#### **DESIGN HIGHLIGHTS**

- Windows provide abundant natural light
- Shared double door entry promotes member engagement and accommodates equipment deliveries
- Guest Lobby
  - Defined by Manager's Office, Retail Logo Wall and Inspiration Wall
  - · Clear line of site form Manager's Office
  - Member Lobby is screened from view
  - Free Weight Area is partially screened from view
- Retail Logo Wall immediately in front of guest door
- · Cardio Area is immediately adjacent to front windows
- · Free Weight Area is screened without being closed off
- · Shared corridor for Restrooms and emergency exit
- Functional Area is anchored by a wall with high visibility to the main area of the club

#### RECOMMENDED CONFIGURATION AND REQUIRED ELEMENTS

#### SAMPLE LAYOUT – 5,000 S.F. W/ NO MULTI-PURPOSE ROOM RECOMMENDED EQUIPMENT



This plan provides a 1,000 S.F. dedicated functional training area. The Torque rack system is positioned so it can be used from both the Free Weight Area and Functional Area. The layout supports the minimal equipment package with space for optional pieces.

#### SAMPLE LAYOUT - 4,000 S.F. W/ NO MULTI-PURPOSE ROOM

#### **Design Elements**

- Retail/ Logo Wall
- Inspiration Wall
- Manifesto Wall

#### **REQUIRED AMENITIES**

- Member Lobby
- Guest Lobby
- Manager's Office
- Cardio Area
- Strength Training Area
- Free Weight Area
- Utility/ Storage Room (1)
- Restroom(s) without Shower (1)
- Restrooms with Shower (2)
- Functional Area

#### **OPTIONAL AMENITIES**

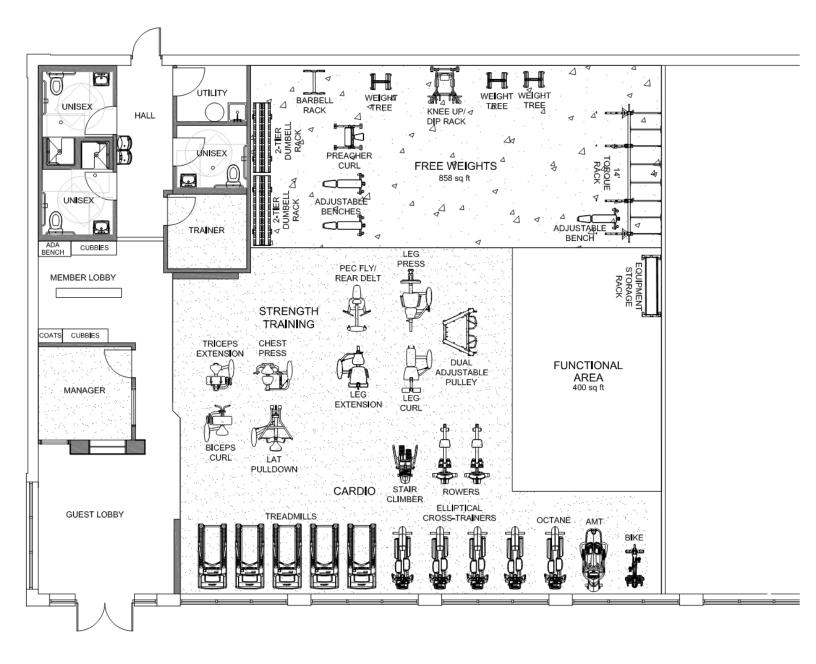
Trainer's Office

#### DESIGN HIGHLIGHTS

- Windows provide abundant natural light
- Shared double door entry promotes member engagement and accommodates equipment deliveries
- Guest Lobby
  - Defined by Manager's Office, Retail Logo Wall and Inspiration Wall
  - · Clear line of site form Manager's Office
  - Member Lobby is screened from view
  - Free Weight Area is partially screened from view
- Retail Logo Wall immediately in front of guest door
- · Cardio Area is immediately adjacent to front windows
- · Free Weight Area is screened without being closed off
- · Shared corridor for Restrooms and emergency exit
- Functional Area is anchored by a wall with high visibility to the main area of the club

#### RECOMMENDED CONFIGURATION AND REQUIRED ELEMENTS

#### SAMPLE LAYOUT – 4,000 S.F. W/ NO MULIT-PURPOSE ROOM RECOMMENDED EQUIPMENT



This plans provides a 400 S.F. dedicated functional training area. The layout supports the minimal equipment package with room for optional pieces.



## Finishes & Materials

This section will provide a brief description of the finishes and materials that will be used throughout your club. Refer to your club specific Compliance Drawing (approved layout) to identify where the materials will be used in your club. See the Club Schemes section for material specifications.

#### PAINT

This is the main wall finish throughout the club. The high quality paint provides an affordable finish that brings life to the space through the use of color. There is a line of abuse-resistant paints available for high traffic areas. National account pricing makes the specified paint an exceptional value.

#### FLOORING

#### CARPET

Carpet tile is specified for aesthetics, recycled content, and reduced waste (when compared to broadloom) as well as ease of delivery, installation and replacement (when necessary). The carpet is loop weave, commercial grade and appropriately tough against the rigors of a health club. It comes with the manufacturer's anti-microbial finish to inhibit growth of bacteria, reduce odors, and therefore extend the life of the carpet. When installed in accordance with manufacturer's specifications, this product will provide many years use under cardio, strength, offices, and open floor areas. Your Compliance Drawing will provide complete details.

#### **RUBBER FLOORING**

This flooring is 100% recycled rubber and installed per manufacturer's specifications for maximum durability and performance in the free weight area ONLY.

#### VINYL COMPOSITE TILE (VCT)

A cost effective alternate that provides a less durable option to tile. This product requires frequent maintenance including regular stripping, waxing and buffing.

#### **PORCELAIN TILE**

This product has great durability, ease of maintenance and will likely last as long as the building. Proper installation per manufacturer's specifications in addition to the use of industrial quality setting compounds and grouts are key. Using an epoxy grout is an investment and will stand the test of time and be resilient to stains and dirt. If epoxy is not in the budget for the whole job, it is highly recommended for showers and bathroom floors.

#### FLOORING (continued)

#### STAINED CONCRETE

A concrete floor can be cleaned and stained to add additional character to the space. If the existing concrete has been previously sealed or stained, it's difficult to change. However, a new or unsealed slab can benefit from staining.

Stained concrete can be utilized in place of carpet and tile in the main areas of the club and lobbies if the floor slab is new or reconditioned. The staining process colors the top portion of the concrete with a transparent dye. If the concrete has been patched and/or repaired the dye will not match the original concrete floor area resulting in an inconsistent and unacceptable finish. Staining a concrete slab is a multi-step process to ensure proper performance and durability. This includes proper preparation, slab densification, staining and sealant. Ensure your contractor is knowledgeable and experienced with the product and process, follows the manufacturer's recommendations and requirements. Stained concrete must be sealed on a regular basis to avoid wear and increase the usable life of the floor. Epoxy coatings and other finishes are **NOT** allowed.

#### **Required Concrete Stain Specifications:**

Ameripolish 3D HS Densifier Ameripolish SureLock Dye – Color: Chocolate Brown Ameripolish 3D SP Stain Protector CONCRETE (STAINED) Floor Finish

#### VINYL PLANK FLOORING

This flooring is a cost-effective alternative to wood and is well-suited for use in multi-purpose rooms and stretching areas. Provide special care in areas where dumbbells and equipment may be used, since it does not offer the resilience of a cushion-backed wood floor. Install per manufacturer's specifications.

#### WOOD FLOORING

A cushion-backed wood floor is an alternative for the vinyl plank flooring. This product still requires maintenance. Install and maintain per manufacturer's specifications for a durable and aesthetically pleasing finish.

#### **ARTIFICIAL TURF**

This is a durable product that can take a significant amount of abuse. The high quality top thread layer is easy to clean and adds to the support and cushion along with the rubber backing. For use in functional space only.

#### **CULTURED STONE**

This product is used at the retail logo wall to make a statement with its warmth and natural elegance that is intended to set-up the emotion of the space and visually support Anytime Fitness signage.

#### WALL COVERING

Wall covering, as specified, is an alternative for the cultured stone at the retail logo wall. Durable and aesthetically pleasing wallcovering has been selected to accentuate components within the space. Install per manufacturer's specifications with appropriate edge detailing.

#### **MIRRORS**

Mirrors are required on two walls in the free weight area and a minimum of one wall in the multipurpose room.

- Mirrors are 6' H, installed 2' above the finished floor with the top at 8'-0" AFF.
- Wall protection is strongly recommended below mirrors in the free weight area.
- All mirrors to have "J" channel on top and bottom of all mirrors.
- "J" channel to be used when a vertical end is not in a corner and exposed.

#### EQUIPMENT

- FRAMES: Platinum (Life Fitness), or Titanium Metallic (Precor)
- UPHOLSTERY: Slate (Life Fitness and Precor)
- Lower Profile Equipment is recommended, but not required
  - Life Fitness: Insignia series
  - Precor: Discovery series

#### **CEILINGS & SOFFITS**

#### **CEILING PAINT**

Using white paint for the exposed ceiling structure, is required, also known as an open ceiling design, is a great way to create an expansive and airy feel inside your club.

#### ACOUSTIC CEILING TILE (ACT)

ACT is a cost-effective system widely used in our industry. ACT is often installed to reduce the volume of a space by lowering the ceiling, reducing noise, and hiding aesthetics (duct-work, pipes, etc.). These products are frequently used in both guest and member lobbies, offices, and multi-purpose room.

ITEM	SPECIFICATION	NOTES
CeilingTile	USG	If ceiling tile is used in
	ECLIPSE	restroom alternate
	CLIMAPLUS SQ	specification is required
	(White) 76575	
	2'x2'x3/4"	
Suspension System	USG	
	DX / DXL 24 (White)	
Ceiling System Edge Trim	USG	Curved trim is custom
	Compasso 12" Trim Elite (Flat	fabricated.
	White)	

#### WALL PROTECTION

Wall protection is recommended in high traffic areas! There are two levels of potential damage and protection options.

<u>Minimal Damage / Light Protection</u>: This is damage to the painted surface that doesn't extend into the sheetrock; i.e. scuffs. etc. The protection options are abuse resistant paints. There are two levels of paint protection listed in the color scheme section of the design manual. Areas that typically benefit from light protection are hallways and multipurpose rooms.

<u>Heavy Abuse / High Protection</u>: This is the damage that penetrates the sheetrock. Areas that typically benefit from high protection are the free weights and functional areas. There are two high protection options.

#### 1. Architectural Wood Panel – Recommended

- <u>Required</u> in Functional Area
- Recommended in Free WeightArea
- Furniture grade wood paneling that's both attractive and durable. These panels can be installed below and around mirrors. Refer to color scheme for finish.
- Refer to appendix for fabrication and installation requirements.

#### 2. Metal Diamond Plate

- Coated metal plates that are durable. This material is limited to area below the mirrors in the free weight area.
- Diamond plate can **NOT** be used in any other area of the club and cannot extend higher than the bottom of the mirror.
- Due to the industrial look this material should be used sparingly.
- Refer to the appendix for installation requirements

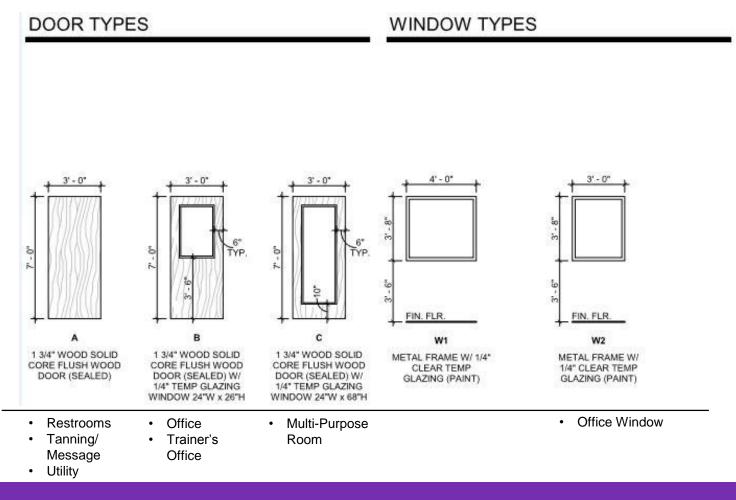


#### DOORS

Recommended Vendor: Twin City Hardware (TCH) Customer Service: 651-731-7142 bhaen@tchco.com

The materials used to finish your doors and windows vary greatly depending on the construction; – where they are located and how they are used. The selected finishes take into account aesthetics as well as durability and maintenance.

- Exterior storefront doors and windows are to match the existing and/or the remainder of the building. In the event of new construction a clear anodized aluminum system is preferred.
- The interior surface of hollow metal exterior emergency exit doors and frames should be painted to match the adjacent wall.
- Interior doors are to be flat/smooth solid core wood with a maple veneer, finished with a clear sealant.
  - Raised panel or hollow-core doors are **NOT** allowed.
- Frames are to be hollow metal preferably welded knock down metal frames are allowed
  - <u>Wood frames are **NOT** allowed</u>.
- Frame to be painted with a spray application and painted to match the adjacent wall
  - Brush and roller application are NOT allowed.



#### FRAMES & HARDWARE

#### Recommended Vendor: Twin City Hardware (TCH)

Customer Service: 651-731-7142 bhaen@tchco.com

Lockable latch set to be Schlage ND73PD, with the following functions:

- When Locked by key, outside lever can only be unlocked by key. NO pin hole keys allowed
- Inside lever is always unlocked
- · Push-button locking from inside
- Turn inside lever or close door to release button.

REFER TO 5/A7.1 AND

A4.0 FOR PAINTING INSTRUCTIONS

#### FRAME TYPES

KNOCK DOWN

HOLLOW METAL

DOOR FRAME (PAINT)

#### HARDWARE GROUPS



- BUTT HINGES - 180 DEGREE HINGE ON SINGLE LEAF
- DESIGN HARDWARE Z-SD SINGLE DUMMY
- IVES RL32 ROLLER LATCH
- WALL MOUNT DOOR STOP HOLD OPEN
- DELTANA SOLID BRASS MAGNETIC - DOOR STOP
- HOLDER EACH DOOR

#### GROUP #2 - BUTT HINGES

- WALL STOP
- CLOSER
- ND73PD LOCKSET
- KICKPLATE
- DOUBLE ROBE HOOK

#### GROUP #3

- BUTT HINGES
- WALL STOP - OFFICE LOCKSET
- KICKPLATE
- DOUBLE ROBE HOOK

#### GROUP #4

- BUTT HINGES
- WALL STOP
- STORAGE LOCKSET - KICKPLATE
- KICK DOWN HOLD OPEN

#### GROUP #5 - PANIC HARDWARE

- DETEX ALARM - CONNECT TO SECURITY EOUIP.

#### GROUP #6

- PANIC HARDWARE - ELECTRIC STRIKE WITH REGULAR PANIC -PROVIDE NEW IF NOT EXISTING G.C. TO PURCHASE THROUGH TWIN CITY HARDWARE (PREFERRED VENDOR) OR APPROVED EQUAL - PULLS - PROVIDE IF NOT EXISTING - REFER TO 8/A7.1





## **Color Schemes**

While design elements and finishes are designed to create brand recognition, we realize the importance of personal expression. To achieve this individuality Anytime Fitness has developed two distinct schemes for you to choose from: Elements & Gallery. These schemes create two very different environments through the use of color while maintaining consistency in materials and design elements. The following pages will provide the details for both schemes. It is important to note that the items are **NOT** interchangeable between the schemes.

The paint colors, finishes and materials within each scheme play a defined role and work in unison to create the overall design scheme. Paint colors cannot be added or eliminated from a scheme. Anytime Fitness will define the paint color for each wall within your club as part of the design process. The paint colors, along with floor finishes, will be specified on your approved layout known as the Compliance Drawing. Refer to the PROCESS section of this document for information on how to begin the design process. Do not start any work on your club, including paint, until you have an approved Compliance Drawing. Anytime Fitness has established a National Account Program with Sherwin Williams. All Anytime Fitness paint colors and specifications are stored in the Sherwin Williams national database, this program also provides a discount to our franchisees.



The diagrams and charts on the following pages provide call-outs for each design scheme. Refer to toilet room finishes and miscellaneous finishes for instructions specific to door finishes, mirrors, and workout equipment.

## **Elements Scheme**



5,000 SQ.FT. – With MULTI-PURPOSE ROOM

#### **ELEMENTS SCHEME**

#### PAINT - Throughout Club

KEY	MANUFACTURER	COLOR/NUMBER	SPECIFICATIONS
PL-1	Sherwin Williams	SW 7035	Paint: ProMar 200
		Aesthetic White	Primer: Zero VOC B28W2600
PL-2	Sherwin Williams	SW 6711	Paint: ProMar 200
		Parakeet	Primer: Zero VOC B28W2600
PL-3	Sherwin Williams	SW 6382	Paint: ProMar 200
		Ceremonial Gold	Primer: Zero VOC B28W2600
PL-4	Sherwin Williams	SW 6642	Paint: ProMar 200
		Rhumba Orange	Primer: Zero VOC B28W2600
PL-5	Sherwin Williams	SW 7522	Paint: ProMar 200
		Meadowlark	Primer: Zero VOC B28W2600
PL-9	Sherwin Williams	7006	Paint: ProMar 200
		Extra White	Primer: Zero VOC B28W2600
PL-10	Sherwin Williams	B42W2	
		Eg-Shell White	
		Waterborne Acrylic	
		Dryfall	
PL-12	Sherwin Williams	"Anytime Purple"	Paint: ProMar 200
		(Custom)	Primer: Zero VOC B28W2600
PL-13	Sherwin Williams	SW 6258	Paint: ProMar 200
		Tricorn Black	Primer: Zero VOC B28W2600
PDE-1	Sherwin Williams	Dry Erase	
		Clear Gloss Coating	
		KB65C2000 KIT	

#### Sherwin Williams National Account Number: 5753-1214-5

Follow the manufacturer's instructions regarding surface preparation and the use of proper primers to provide the best finish possible. Poor surface preparation and/or the use of incorrect primer will likely cost you time and money in requiring multiple coats to achieve the correct color. This will also increase the probability of low performance in maintaining and cleaning the surface. A minimum of one coat tinted primer and two eggshell finish coats are required.

#### Color-matching with brands other than Sherwin-Williams is NOT allowed

ADDITIONAL PAINT OPTIONS - Provides some extra durability to the wall.

<u>Wall Protection Paint – GOOD (OPTIONAL)</u>: Sherwin Williams Industrial Pre-catalyzed Water-Based Epoxy K45W151 – Eggshell

<u>Wall Protection Paint – BEST</u> (OPTIONAL) Sherwin Williams Industrial Water-based Catalyzed Water-Based Epoxy 2 Part = Part A: B73W361 / Part B73V300 - Eggshell

### CARPET - Cardio, Strength Training, Offices

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE	
CA-1	Patcraft	00512 Exquisite	Dazzle Tile I0119 Quarter-turn installation required	Anna and Anna anna a	
Custom	Recommended Vendor: Shaw Integrated Solutions (S.I.S.) Customer Service: 800-338-9479 anytime.fitness@shawinc.com				

#### **RUBBER** - Free Weights

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE	
RF-1	Ecore	EL09 Pumpin' Purple	Everlast Roll		
Custom	Recommended Vendor: Ecore International, Inc. Customer Service: 515-450-2144 matt.koch@ecoreintl.com				

### **CUSHIONED TURF** - Functional Area

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE
PT-1	Ecore	LMNT - 000218 Laminate L1 Better Purple	Custom	
Custom	mended Vendor: Ecore Int er Service: 515-450-2144 ch@ecoreintl.com			

## STAINED CONCRETE - Cardio, Strength Training, Member & Guest Lobby

	MANUFACTURER	COLOR/ NUMBER	SAMPLE
PT-1	Ameripolish	Ameripolish 3D HS Densifier Ameripolish SureLock Dye Color: Chocolate Brown Ameripolish 3D SP Stain Protector CONCRETE (STAINED) Floor Finish	
Recomm			

PORCELAIN TILE - Member & Guest Lobbies, Toilet/Shower Rooms, and Tanning

	LOCATION	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE
T-1 Tile	Floors in Guest Lobby and Member Lobby	Daltile	CS55 Moroccan Brown	Continental Slate Series 12" x12" (#12121P6)	
T-1 Grout		Marpi Keracolor	#11 Sahara Beige	Sanded Grout	
T-2 Tile	Restroom Floors (See T-4 for Shower floors)	Daltile	CS55 Moroccan Brown	Continental Slate Series 12" x12" (#12121P6)	
T-2 Grout		Marpi Keracolor	#11 Sahara Beige	Sanded Grout	
T-2 Base	Restroom and Showers	Daltile		Cove Base Tile (Rec - 6" x 12" (S36C9T - 1" x 6" (SC36C9T	IP2)
T-3 Tile	Toilet/ Shower Walls	Daltile	EV98 Terrace Beige	Esta Villa Series Wall Field Tile 10" x 14" (EV9810141P2)	
T-3 Grout		Marpi Keracolor	#39 Ivory	Sanded Grout	Jun 4
T-3 Cap	Bullnose for Restroom Walls	Daltile		Bullnose Tile (Requi - 3" x10" (EV981014 - Installed w/ "Brick V	1P)
T-4 Tile	Shower Floors	Daltile	CS55 Moroccan Brown	Continental Slate Series Floor Field Tile 3" x 3" (33MSC1P)	
T-4 Grout		Marpi Keracolor	#11 Sahara Beige	Sanded Grout	

# <u>**Recommended Vendor:**</u> Shaw Integrated Solutions (S.I.S.) Customer Service: 800-338-9479

anytime.fitness@shawinc.com

#### VINYL COMPOSITE TILE Member & Guest Lobby, Tanning ALTERNATE for specified tile

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE
VCT-1	Armstrong	Color: 52149 Cocoa Brown	Excelon Stonetex	
Source th				

#### VINYL PLANK FLOORING Multi-Purpose Room

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE	
VP-1	Patcraft	1600V Color :820 Spiced Cherry	Click Refresh		
Customer	Recommended Vendor: Shaw Integrated Solutions (S.I.S.) Customer Service: 800-338-9479 anytime.fitness@shawinc.com				

### WOOD FLOORING Multi-Purpose Room ALTERNATE for Vinyl Plank

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE
WF-1	Junckers Sport & Dance Floor Systems	Clip System 9/16" Sylva Red (3/16" foam underlay) Satin	Activity Floor	
Recommended Vendor: Shaw Integrated Solutions (S.I.S.) Customer Service: 800-338-9479 anytime.fitness@shawinc.com				

## WALL PROTECTION Functional Area

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE
WP-1	Wood paneling to be manufactured by millwork fabricator.	Maple Finish Color: Clear	Natural Wood Panel	
Recomm Customer jscharber				

### CULTURED STONE - Retail Logo Wall

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE	
ST-1	Boral	Mohave	Pro-Fit Ledgestone Flats Pro-Fit Ledgestone Corners		
Customer	Recommended Vendor: Shaw Integrated Solutions (S.I.S.) Customer Service: 800-338-9479 anytime.fitness@shawinc.com				

### Wall Covering - Retail Logo Wall – Alternate for Cultured Stone

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE
WC-1	Lanark	MS-710-02 Mocha Java Use this specific # for preferred pricing.	Bungalow	JEANNATERSE (
	Recommended Vendor: TRI-KES Customer Service: 800-200-8120			

## **MANIFESTO WALL**

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE
G-1	Archetype	Manifesto Graphic Refer to Anytime Fitness signage style guide for details.	Wall is painted "Anytime Purple"	
Designated Vendor: Archetype Customer Service: 888-512-1272 customerservice@archetypesign.com				H → Antimetry and a strain of the strain of

#### **VINYL BASE –** Used at all walls, excluding restrooms

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE
VB-1	Johnsonite	40 - Black	6" Vinyl Cove Base	
Recomm Customer anytime.fi				

# VINYL FLOORING TRANISTION STRIP - To be used between all flooring material changes

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE
TS-1	Johnsonite	CE-40-C Black	12' "T" Molding Transition 12' Flex Track – MTC-00-A	
Recomm Customer anytime.fr	Par an			

### MERCHANDISING INSERT - Retail Logo Wall

	MANUFACTURER	COLOR/ NUMBER	IMPORTANT	SAMPLE
MU-1	Global Retail Environments	Prefabricated clear maple wood merchandising insert.	Glass shelves and mirror not included (Contractor to source locally)	
Recomm Customer jscharber				

### DOORS, FRAMES & HARDWARE - Interior Doors & Windows

	MANUFACTURER	COLOR/ NUMBER	Important	SAMPLE
Doors	Twin City Hardware	Sealed clear maple Solid core commercial grade w/ metal knock down frames with hardware	Glass not included	
Recomm Customer bhaen@to				

### WALL MIRRORS- Free Weight Area & Multi-Purpose Room

	MANUFACTURER	COLOR/ NUMBER	Important	SAMPLE
Mirrors	The Mirror Company		Wall Protection goes under mirrors	John Of It
Recommended Vendor: The Mirror Company Customer Service: 800-473-0619 dave@themirrorcompany.com				

# **Gallery Scheme**



5,000 SQ.FT. – With MULTI-PURPOSE ROOM

#### PAINT – Throughout Club

KEY	MANUFACTURER	COLOR/NUMBER	STYLE
PG-1	Sherwin Williams	SW 7014	Paint: ProMar 200
		Eider White	Primer: Zero VOC B28W2600
PG-2	Sherwin Williams	SW 6492	Paint: ProMar 200
		Jetstream	Primer: Zero VOC B28W2600
PG-3	Sherwin Williams	SW 6711	Paint: ProMar 200
		Parakeet	Primer: Zero VOC B28W2600
PG-4	Sherwin Williams	SW 6558	Paint: ProMar 200
		Plummy	Primer: Zero VOC B28W2600
PG-5	Sherwin Williams	SW 7674	Paint: ProMar 200
		Peppercorn	Primer: Zero VOC B28W2600
PG-9	Sherwin Williams	7006	Paint: ProMar 200
		Extra White	Primer: Zero VOC B28W2600
PG-10	Sherwin Williams	B42W2	
		Eg-Shell White	
		Waterborne Acrylic	
		Dryfall	
PG-12	Sherwin Williams	"Anytime Purple"	Paint: ProMar 200
		(Custom)	Primer: Zero VOC B28W2600
PG-13	Sherwin Williams	SW 6258	Paint: ProMar 200
		Tricorn Black	Primer: Zero VOC B28W2600
PDE-1	Sherwin Williams	Dry Erase	
		Clear Gloss Coating	
		KB65C2000 KIT	

#### Sherwin Williams National Account Number: 5753-1214-5

Follow the manufacturer's instructions regarding surface preparation and the use of proper primers to provide the best finish possible. Poor surface preparation and/or the use of incorrect primer will likely cost you time and money in requiring multiple coats to achieve the correct color. This will also increase the probability of low performance in maintaining and cleaning the surface. A minimum of one coat tinted primer and two eggshell finish coats are required.

#### Color-matching with brands other than Sherwin-Williams is NOT allowed

ADDITIONAL PAINT OPTIONS - Provides some extra durability to the wall.

<u>Wall Protection Paint – GOOD</u> (OPTIONAL): Sherwin Williams Industrial Pre-catalyzed Water-Based Epoxy K45W151 – Eggshell

<u>Wall Protection Paint – BEST</u> (OPTIONAL) Sherwin Williams Industrial Water-based Catalyzed Water-Based Epoxy 2 Part = Part A: B73W361 / Part B73V300 - Eggshell

### CARPET - Cardio, Strength Training, Offices

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE	
CA-1	Patcraft	AF Gallery Custom	Dazzle Custom Quarter-turn installation required		
Custom	Recommended Vendor: Shaw Integrated Solutions (S.I.S.) Customer Service: 800-338-9479 anytime.fitness@shawinc.com				

#### **RUBBER** - Free Weights

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE	
RF-1	Ecore	EL02 Grippin' Gray	Everlast Roll		
Custom	Recommended Vendor: Ecore International, Inc. Customer Service: 515-450-2144 matt.koch@ecoreintl.com				

### **CUSHIONED TURF** - Functional Area

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE
PT-1	Ecore	LMNT - 000218 Laminate L1 Better Purple	Custom	
Custom	Recommended Vendor: Ecore International, Inc. Customer Service: 515-450-2144 matt.koch@ecoreintl.com			

## STAINED CONCRETE - Cardio, Strength Training, Member & Guest Lobby

	MANUFACTURER	COLOR/ NUMBER	SAMPLE
STC	Ameripolish	Ameripolish 3D HS Densifier Ameripolish SureLock Dye Color: Chocolate Brown Ameripolish 3D SP Stain Protector CONCRETE (STAINED) Floor Finish	
Recomm	A CARDINAL T		

PORCELAIN TILE - Member & Guest Lobbies, Toilet/Shower Rooms, and Tanning

	LOCATION	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE
T-1 Tile	Floors in Guest Lobby and Member Lobby	Daltile	CS55 Moroccan Brown	Continental Slate Series 12" x12" (#12121P6)	
T-1 Grout		Marpi Keracolor	#11 Sahara Beige	Sanded Grout	
T-2 Tile	Restroom Floors (See T-4 for Shower floors)	Daltile	CS55 Moroccan Brown	Continental Slate Series 12" x12" (#12121P6)	
T-2 Grout		Marpi Keracolor	#11 Sahara Beige	Sanded Grout	
T-2 Base	Restroom and Showers	Daltile		Cove Base Tile (Rec - 6" x 12" (S36C9T - 1" x 6" (SC36C9T	IP2)
T-3 Tile	Toilet/ Shower Walls	Daltile	EV98 Terrace Beige	Esta Villa Series Wall Field Tile 10" x 14" (EV9810141P2)	
T-3 Grout		Marpi Keracolor	#39 Ivory	Sanded Grout	Jun 4
T-3 Cap	Bullnose for Restroom Walls	Daltile		Bullnose Tile (Requi - 3" x10" (EV981014 - Installed w/ "Brick"	1P)
T-4 Tile	Shower Floors	Daltile	CS55 Moroccan Brown	Continental Slate Series Floor Field Tile 3" x 3" (33MSC1P)	
T-4 Grout		Marpi Keracolor	#11 Sahara Beige	Sanded Grout	

# <u>**Recommended Vendor:**</u> Shaw Integrated Solutions (S.I.S.) Customer Service: 800-338-9479

anytime.fitness@shawinc.com

#### VINYL COMPOSITE TILE Member & Guest Lobby, Tanning ALTERNATE for specified tile

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE
VCT-1	Armstrong	Color: 52147 Pumice Stone	Excelon Stonetex	
Source th				

#### VINYL PLANK FLOORING Multi-Purpose Room

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE
VP-1	Patcraft	1600V Color :820 Spiced Cherry	Click Refresh	
Recommended Vendor: Shaw Integrated Solutions (S.I.S) Customer Service: 800-338-9479 anytime.fitness@shawinc.com				

### WOOD FLOORING Multi-Purpose Room ALTERNATE for Vinyl Plank

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE
WF-1	Junckers Sport & Dance Floor Systems	Clip System 9/16" Sylva Red (3/16" foam underlay) Satin	Activity Floor	
Recommended Vendor: Shaw Integrated Solutions (S.I.S.) Customer Service: 800-338-9479 anytime.fitness@shawinc.com			Cherry and	

### WALL PROTECTION Functional Area

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE
WP-1	Wood paneling to be manufactured by millwork fabricator.	Maple Finish Color: Grey	Grey Wood Panel	
Recommended Vendor: Global Retail Environments (GRE) Customer Service: 763-856-0217 jscharber@globalretailenvironments.com				

## CULTURED STONE - Retail Logo Wall

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE
ST-1	Boral	Platinum	Pro-Fit Ledgestone Flats Pro-Fit Ledgestone Corners	
Customer	Recommended Vendor: Shaw Integrated Solutions (S.I.S.) Customer Service: 800-338-9479 anytime.fitness@shawinc.com			

### Wall Covering - Retail Logo Wall – Alternate for Cultured Stone

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE
WC-1	Lanark	MS-710-02 Mocha Java Use this specific # for preferred pricing.	Bungalow	-CANKNEWS
Recommended Vendor: TRI-KES Customer Service: 800-200-8120				

## MANIFESTO WALL

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE
G-1	Archetype	Manifesto Graphic Refer to Anytime Fitness signage style guide for details.	Wall is painted "Anytime Purple"	
Designated Vendor: Archetype Customer Service: 888-512-1272 customerservice@archetypesign.com			H → Antimeter structure register H → A	

### VINYL BASE

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE
VB-1	Johnsonite	40 - Black	6" Vinyl Cove Base	
Customer	Recommended Vendor: Shaw Integrated Solutions (S.I.S.) Customer Service: 800-338-9479 anytime.fitness@shawinc.com			

## VINYL FLOORING TRANISTION STRIP

	MANUFACTURER	COLOR/ NUMBER	STYLE	SAMPLE
TS-1	Johnsonite	CE-40-C Black	12' "T" Molding Transition 12' Flex Track – MTC-00-A	
Recommended Vendor: Shaw Integrated Solutions (S.I.S.) Customer Service: 800-338-9479 anytime.fitness@shawinc.com				

### MERCHANDISING INSERT - Retail Logo Wall

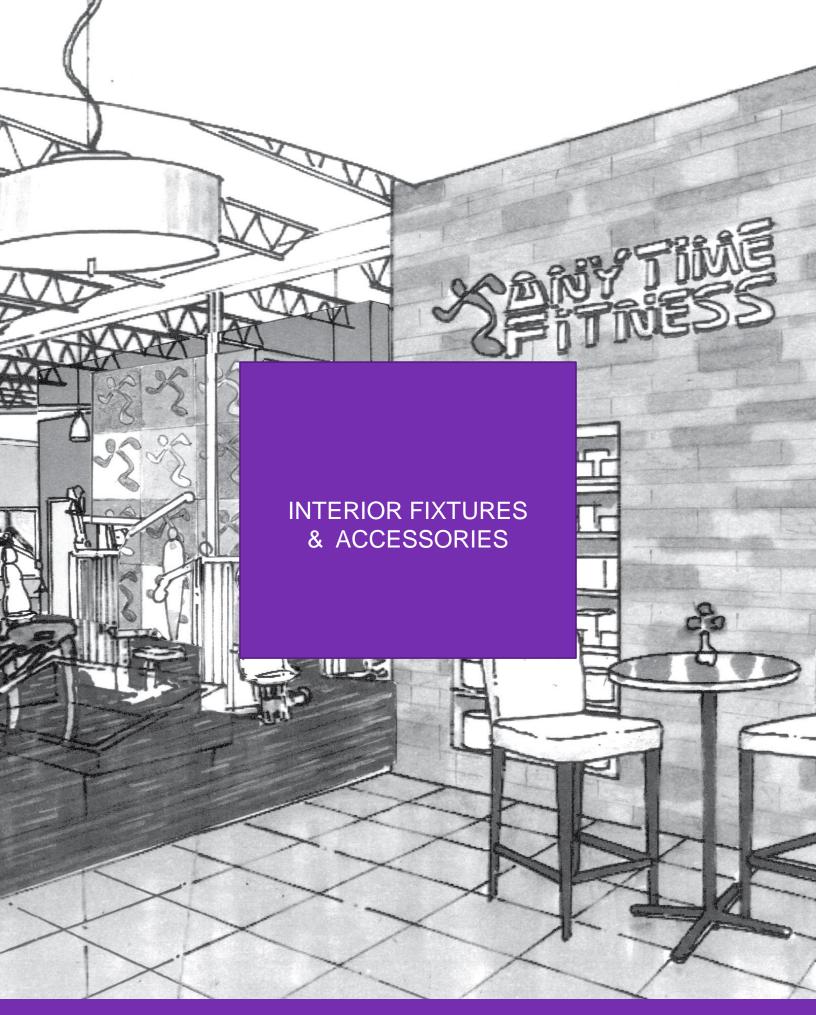
	MANUFACTURER	COLOR/ NUMBER	IMPORTANT	SAMPLE
MU-1	Global Retail Environments	Prefabricated clear maple wood merchandising insert.	Glass shelves and mirror not included (Contractor to source locally)	
Custome	Recommended Vendor:       Global Retail Environments (GRE)         Customer Service:       763-856-0217         jscharber@globalretailenvironments.com       Image: Commended Co			

### DOORS, FRAMES & HARDWARE – Interior Doors & Windows

	MANUFACTURER	COLOR/ NUMBER	Important	SAMPLE
Doors	Twin City Hardware	Sealed clear maple Solid core commercial grade w/ metal knock down frames with hardware	Glass not included	
Recommended Vendor: Twin City Hardware (TCH) Customer Service: 651-731-7142 bhaen@tchco.com				

## WALL MIRRORS- Free Weight Area & Multi-Purpose Room

	MANUFACTURER	COLOR/ NUMBER	Important	SAMPLE
Mirrors	The Mirror Company		Wall Protection goes under mirrors	port of a line
Recommended Vendor: The Mirror Company Customer Service: 800-473-0619 <u>dave@themirrorcompany.com</u>				



# **Interior Fixtures & Accessories**

## LIGHTING

The Lighting of your club should include practical, general lighting with a few highlighted elements. Many spaces will already be equipped with general lighting, but keep in mind that your layout may require some alterations. To ensure that all spaces are receiving the appropriate amount of lighting, some relocated and/or supplemental lighting may be necessary. Decorative fixtures (track-required) are used to punctuate certain architectural elements of your club.

### **GENERAL LIGHTING**

<u>Recommend Vendor:</u> Villa Lighting Customer Service: 314-633-0532 adam.carrier@villalighting.com

#### **GENERAL CLUB LIGHTING**

- · Provide LED linear fixtures, evenly spaced, in area without ceilings
- Provide 2' x 2' LED lay-in fixtures, evenly spaced, in areas with acoustic ceilings
- Verify that proper light levels are met
  - Your electrician must provide or maintain a consistent lighting level of 50 to 60 footcandles at workout and office areas.
- For clubs reusing existing lighting:
  - Remove or relocate any fixtures (as needed) to provide proper light levels to new or reconfigured rooms or spaces
  - Replace existing bulbs with "cool white" bulbs for consistency in light level and quality
  - Encouraged to explore LED change over options form existing lighting. Check with your local energy company for possible rebates.

#### TRACK LIGHTING

- Installed in front of Retail Logo Wall, Manifesto wall and A-Fit Nation wall.
- · Position track to evenly illuminate full height of the walls
- Four(4) track heads per each wall location
- · Finish to be white track and heads at white ceiling
- Mounted from acoustic ceiling (recommended) or from exposed roof deck (if applicable)
- Recommend track height is 10'-0" A.F.F.

#### **OFFICE LIGHTING**

• Provide 2' x 2' LED lay-in fixtures, evenly spaced, in areas with acoustic ceilings to achieve appropriate light levels (as required)

#### MASSAGE/ TANNING ROOM LIGHTING

• Provide 2' x 2' LED lay-in fixtures, evenly spaced, in areas with acoustic ceilings to achieve appropriate light levels (as required)

# LIGHTING

#### **TOILET/SHOWER ROOM LIGHTING**

- Install one to two recessed lights into ceiling
- · Install wall sconces on either side of mirrors, if desired
- · Install waterproof light fixture in the shower

#### UTILITY ROOM LIGHTING

· Install one surface mounted light onto ceiling

#### ENVIRONMENTALLY FRIENDLY INFORMATION

T-5 fluorescent lamps are a great alternative to T-8 and T-12 lamps. The color rendition and output are superior, which means you could potentially reduce the number of fixtures required when determining the lighting calculations. The cost of T-5 lamps can sometimes range from 3-5 times more expensive than the others, but you will save in fixture and electricity costs over the lifetime of the lights, which are typically rated for 20,000 hours.

Motion detection lighting can reduce operating costs in some rooms, such as the restrooms. Motion sensor lighting is **NOT** allowed in general areas.

#### LED LIGHTING

LED's (Light Emitting Diodes) are the latest and most exciting technological advancement in the lighting industry. LEDs are small, solid light bulbs which are extremely energy efficient and long lasting. LEDs operate differently than traditional incandescent and fluorescent light bulbs. This makes LEDs far more rugged and durable than traditional light bulbs. LED technology also offers many additional advantages over incandescent, neon and compact fluorescent lighting devices.

#### LED Features and Benefits:

- Saves Energy; LED lights use 50-90% less power than traditional lighting
- · Saves money; lowers energy bills
- Saves the environment; less waste and disposal hazards
- Extremely long life lasts 4-5 times longer than traditional lighting.
- Reduced maintenance costs; Replacement cycle costs are drastically reduced.
- Reduces ambient heat; generates far less heat than traditional lighting allowing greater savings on air conditioning costs.
- Produces less glare; higher productivity and safety in the work place.
- Better directional lighting; directionality allows for precision lighting with no wasted light.
- Less pollution: No toxic chemicals like that found in traditional incandescent, fluorescent and HID lighting like- arsenic, mercury, lead, carbon dioxide or phosphorous.
- No UV radiation produces no ultra violet or infrared light.
- LED's are also recyclable and considered "green" or Earth-Friendly.
- Possible rebates from your local energy company

# FURNITURE

#### MEMBER STORAGE CUBES

- Located in the Member Lobby
- IKEA Kallax | ARTICLE NUMBER: 102.758.62 (Black-Brown) or 102.758.57 (Birch)
- Finish to be Black-Brown or Birch (Elements) or Birch (Gallery)





#### LOBBY SEATING

- Located in guest lobby
- Recommend 2 chairs and side table
- Be sure any wood furniture matches the finish of the guest lobby seating
- Available at IKEA



#### MEMBER LOBBY BENCH

- Located in or near member lobby
- Finish: Clear maple with black seat top

<u>Recommended Vendor:</u> Global Retail Environments (GRE) Customer Service: 763-856-0217 <u>jscharber@globalretailenvironments.com</u>



We recommend that you include furniture assembly in your contractor RFP

# LOCKERS

Metal Lockers are **<u>NOT</u>** allowed.

### Recommended Vendor: Global Retail Environments (GRE)

Customer Service: 763-856-0217 jscharber@globalretailenvironments.com

### LOCKERS – 8 Bay

- Wood grain plastic laminate lockers with boot tray.
- Key is only removable when in the locked position.
- Keys numbered to match corresponding locker number #'s 1-8.
- All locks are master keyed with 2 master keys provided.
- Ships individually wrapped on a pallet.
- Locker set is 28.25"W x 70.25H x 14.5"D.

### LOCKERS – Combo Unit

- Wood grain plastic laminate lockers on elevated stand with boot tray.
- Includes
  - 9 Open cubbies
  - 4 Large locker inserts
  - 1 4 door locker insert
  - Coat rod and brackets
- Comes with lower display area.
- Key is only removable when in the locked position.
- Keys numbered to match corresponding locker number.
- All locks are master keyed with 2 master keys provided.
- Ships individually wrapped on a pallet. Comes in 4 sections.
- Locker set is 59.75"W x 69.75H x 15.75"D.

### LOCKER INSERTS – 4 Door and Single Options

- Plastic lamintated locker insert, warm grey.
- Fits into existing IKEA Cubby storage units.
- Fits into the above mentioned Combo Unit.
- Slides in and attaches with 2 Phillips screws.
- Key is only removable in the locked position.
- Keys numbered to match corresponding locker number.
- All locks are master keyed.
- Two master keys provided per set of 4 inserts.
- Indicate desired locker numbers when ordering.
- Insert size is 13.125"W x 13.125H x 15"D.

We recommend that you include furniture assembly in your contractor RFP.







# EQUIPMENT

WORKOUT EQUIPMENT (provide as required per the equipment list in the academy)

• It is recommended that you work directly with one of our preferred vendors to determine the appropriate equipment package based on the size, layout, and membership of your club.

<u>Preferred Vendor:</u> Life Fitness Customer Service: 208-660-7132 thomas.ouren@lifefitness.com

Preferred Vendor: Precor Customer Service: 914-213-2112 Sal.pellegrino@precor.com

#### REUPHOLSTERY

• It is recommended to find local upholstery company that can order from Boltaflex, the brand standard upholstery, and recover your current pads.

#### Preferred Vendors: Life Fitness

Customer Service: 208-660-7132 Slate | 363771 Boltaflex Colorguard 2000 | MFG-Part # 36377100

Preferred Vendors: Precor Customer Service: 914-213-2112 Slate | CW39085-101

#### **APPROVED TANNING EQUIPMENT** (if applicable)

- Tanning Rooms and associated tanning bed operations must comply with all requirements as-directed by your state tanning regulatory agency.
- Contact your state tanning regulatory agency to verify floor finish specified in Section 2 complies with their flooring requirements.

#### Preferred Vendor: PC Tan

Customer Service: 800-327-8826 paulm@pctan.com

# Preferred Vendor: Pro Sun International Customer Service: 727-825-0400 x 224

jenniferh@prosun.com

#### APPROVED HYDRO MASSAGE EQUIPMENT (if applicable)

Preferred Vendor: Hydro Massage Customer Service: 800-699-1008

info@hydromassage.com

<u>Preferred Vendor:</u> Pro Sun International - AquaFrixio Customer Service: 727-825-0400 x 224 jenniferh@prosun.com

SEE "BUILDING SYSTEMS" FOR DATA AND POWER REQUIREMENTS.

# ACCESSORIES

#### **TOILET/SHOWER ROOMS**

- Provide shelf in showers for toiletries.
- Provide and install a mirror above the sink and be sure the height meets local building codes for handicap accessible toilet/shower room(s).
- Provide and install a towel bar or hook outside shower stall.
- Provide and install hook(s) behind door, if desired.
- Provide and install door closures.
- Provide a bench or chair, if desired, and be sure they do not block the clear area required in handicap accessible toilet/shower room(s). (Source Locally)
- Provide and install a full-length mirror, if desired. (Source Locally)

#### Recommended Vendor: Twin City Hardware (TCH)

Customer Service: 651-731-7142 bhaen@tchco.com

#### TANNING ROOMS (If applicable)

- Provide and install a paper towel dispenser, as customers will be required to clean the tanning bed before and after each use.
- Provide and install a shelf or provide a table large enough for a spray bottle of cleaner/disinfectant for use in cleaning the bed.
- Provide and install a full-length mirror, if desired.
- Provide and install hook(s) behind door, if desired.
- Provide a chair or bench, if desired.
- Provide a fan if desired.

#### **VENDING MACHINE** (if applicable)

- One vending machine that sells bottled items is recommended in or near the member lobby.
- Vending machines should not be visible from the main entrance/guest lobby.
- Contact your local Pepsi or Coke distributor, they will likely install a machine at no cost to you, and keep it stocked.

#### Preferred Vendor: VendTek

Customer Service: 800-207-7763 ext. 107 tomst@vendtek.com

SEE "BUILDING SYSTEMS" FOR POWER REQUIREMENTS.

# ACCESSORIES

#### HAND DRYERS (recommended)

- XLERATOR hand dryer, one for each restroom.
- Stainless steel recess kit is required to meet ADA code.
- Order on the portal, contractor to install.

#### Preferred Vendor: Zogics

Customer Service: 888-623-0088 x 101 jeff@zogics.com

#### WORKOUT FLOOR (recommended)

- Provide a minimum of two "gym wipes" dispensers.
  - If you select the wall-mount style, one dispenser should be mounted with bottom of dispenser no higher than 48" from the floor.
- Provide one "Simplehuman" trash can below or next to each "gym wipes" station.
  - Simplehuman Smartbucket 40-Liter semi-round step-on trash can available at Bed, Bath & Beyond.

#### Preferred Vendor: Staples

Customer Service: 651-234-4109 Kevin.hoff@staples.com

#### Preferred Vendor: Wipes

Customer Service: 877-348-9473 sales@wipes.com

Preferred Vendor: Zogics Customer Service: 888-623-0088 x 101

jeff@zogics.com

#### SMELLS

Be sure your club maintains a clean, fresh smell at all times. Current and potential members **<u>MUST</u>** be provided an environment that is pleasing to all senses.

- Provide staff with a method of deodorizing the workout areas of the club at regular intervals.
- Provide each toilet and tanning room with air freshener (automatic or manual).

<u>Preferred Vendor:</u> Scent Air Customer Service: 704-792-7560 srsmith@scentair.com



# ACCESSORIES

#### WINDOW SHADES

Windows are a great attribute for any club. They add to the open spacious feeling and enhance the member experience, however they can present challenges. Heat gain and blinding light are problems that can arise. Fortunately these are temporary problems that can be easily managed. In most cases the problems occur for a limited period of time during the day and can even be seasonal. Window shades are a great solution to address the variability of the problem. Shades can be lowered and raised to address the problem as it occurs. Where as materials such as glass tinting and graphics are permanent. They work well during excessive sunlight hours but are over kill and unnecessary the majority of the time. This is especially important at night when the light for the windows helps to communicate our ALWAYS OPEN - 24/7 access. We have partnered with a national vendor to provide a high quality, commercial grade shade for our franchisees at an affordable price.

• It is recommended to provide blinds for all main office windows to ensure people cannot view the security monitors after hours.

#### **Roll-A-Shade Architectural Specifications:**

- Material: Material to be 4000 Granite 5% density.
- Internal Hembar: Fabric wrapped bottom weight bar.
- Control System: Adjustment free system shall be provided by stainless steel chain inside the clutch system.
- All components that do not have bronze mullion: Clutch, brackets, child safety tension device all to be grey.
- All components with a bronze mullion: Bronze child safety tension device; clutch and brackets to be black.
- Branding of window shades is **NOT** allowed.

#### Preferred Vendor: Roll-A-Shade

Customer Service: 951-245-5077 x 138

Andrew.Stricklin@rollashade.com

The material specified was selected to allow some light to enter while blocking the excess majority. In extreme cases a heavier/darker weave may be required. The vendor representative can assists with the alternate materials in those rare cases.



# **Building Systems**

The following information provides minimum guidelines for your mechanical, electrical, and plumbing systems of your club. All clubs are slightly different, so verify your specific needs with your general contractor and building official PRIOR to design and construction.

#### MECHANICAL

#### **GENERAL HVAC**

• System Recommendation Minimum: 1 ton per 350 sq.ft. (or as required by code).

#### **CEILING FAN(S)**

- Provides circulation and cooling for the workout areas.
- Standard 52" commercial grade ceiling fans are recommended.
  - Color: White
  - An average 5,000 sq. ft. club would typically use 6-8 52" fans.
- Macro Air Fan
  - Color: Milled aluminum finish.
  - An average 5,000 sq. ft. club would typically use one 12' diameter fan.
- Coordinate either option with your electrician.

#### Recommend Vendor: Villa Lighting

Customer Service: 314-633-0532 adam.carrier@villalighting.com

- Large, high-output fan(s) may be considered as an alternative for clubs with ceilings higher than 12'.
  - Color: Milled aluminum finish.
  - An average 5,000 sq. ft. club would typically use one 12' diameter fan.
  - If desired, the Running Man logo is available on some models.

#### Recommend Vendor: Big Ass Fans

Customer Service: 859-629-7548 pete.nuckols@bigassfans.com

#### **DROP FAN**

- Recommend for Mulit-Purpose Rooms to circulate air and cool the room.
- Fits in to standard 2' x 2' ACT ceiling grid.
- Remote control operation.

#### <u>Recommend Vendor:</u> Drop Fan Customer Service: 844-DRO-PRAN anthony@dropfan.com

# ELECTRICAL

#### SERVICE

• 400 AMP, 120/208V, 3-Phase, 4 Wire.

#### GENERAL

- Electrical outlets should be installed every 10 feet at standard height along all walls, or as dictated by your local electrical code.
- Provide outlets in the ceiling for televisions. Each TV will require 2 outlets one for the TV and one for the receiver.
  - Outlet locations will be based on the final cardio equipment layout.
  - Coordinate with data requirements.
  - <u>NO</u> exposed conduit is allowed.
- Provide power for ceiling fan(s).
  - Coordinate with mechanical.
- Provide dedicated outlets for cardio equipment (i.e. treadmills), if indicated.
  - Each piece of equipment will require its own 110V, 20 AMP circuit.
  - Specify the outlets as separate 110V circuits and coordinate with your general contractor.
  - Verify power requirements with the equipment vendor.
  - Coordinate with data requirements.
    - Power Supply Options:
      - 1. Run the power in the floor by trenching through existing concrete slab (recommended).
      - 2. Metal raceway.
      - 3. Run the wiring down a load-bearing column, wires and conduit to be concealed.
      - 4. Create a special power pole from floor to ceiling near your treadmills to accommodate the power needs.
- Provide additional outlets if you have LCD screens on your cardio equipment.
  - Verify power requirements with the equipment vendor.
  - Coordinate with data requirements.

#### MEMBER LOBBY

- Provide one duplex 110V outlet above member entrance door(s).
  - This outlet will be used by the electronic door strike and the access control system.
  - · Coordinate with security requirements.
- Provide a dedicated outlet for vending machine(s), if desired, based on the specific power requirements.
  - Refer to section 4 for equipment information.

# ELECTRICAL

#### MAIN OFFICE

- Provide one dedicated duplex outlet for the main computer, installed at standard height, within 3' of final placement of computer.
  - Coordinate with data requirements.
- Provide one dedicated duplex outlet for the electronic door strike and access control system within 3' of the final placement of the DVR, security panel, sound amplifier/receiver, and CCTV power supply.
  - If the security panel and/or CCTV power supply are installed above the ceiling, provide an additional 110V duplex outlet.
  - Verify that this is allowed by your local electric code.
  - Coordinate with security requirements.
- Provide additional outlets near phone jacks for use with electronics.
  - Coordinate with data requirements.
  - No exposed conduit allowed.

#### TRAINER'S OFFICE

Provide a minimum of two 110V outlets or what is required per electrical code (whichever is greater).

#### TANNING ROOM(S) (if applicable)

- Provide one dedicated outlet for the tanning bed.
  - Verify specific voltage, amperage, and outlet type with tanning bed vendor.
- Provide additional outlets for a fan and/or a radio, if desired.

#### HYDRO MASSAGE ROOM(S) (if applicable)

- Provide one dedicated outlet for the Hydro Massage.
  - Verify specific voltage, amperage, and outlet type with Hydro Massage vendor.
- External cooling system may be required, depending on your room size and available HVAC requirements. If needed, external cooling system must be placed out of site of the Hydro Massage.

#### TOILET/SHOWER ROOM

• Provide one GFCI 110V outlet above sink, next to the mirror for razors, hair dryers, etc.

#### UTILITY ROOM

 Provide a minimum of one 110V outlet or what is required per electrical code (whichever is greater).

#### **CABLE TELEVISION & INTERNET**

General

- Cable outlets to be installed as required for cardio equipment and wall-mounted TV locations.
- Internet connections to be installed as required at offices and security system locations.

# PLUMBING

#### **TOILET/SHOWER ROOM(S)**

- Provide a drain in all showers.
  - Slope shower floor/pan from shower walls and entrance lip to drain location.
  - If the shower has no entrance lip (due to ADA requirements), slope from edge of shower floor/pan.
- Provide an additional drain in the toilet/shower room floor to prevent flooding of the toilet room floor.

#### UTILITY ROOM

Average water consumption for a 4,000 sq.ft. club is 350 gallons per-day, or 10,500 gallons a month, depending on quantity of showers. Recommended options for water heaters (based on average water usage) is as follows:

- 1. Install a tank-style water heater, 50 gallons, recommended for two toilet room with a shower.
- 2. Install a 80 gallons size for three or more toilet rooms with showers.
  - For higher usage, adjust accordingly.

#### OR

- 3. Install one tankless, on-demand water heater providing up to 4.5 gallons per-minute (GPM) for one toilet room with a shower.
  - For two or more toilet rooms with showers, increase GPM to 5.3 (or higher).
- 4. Install two tankless, on-demand water heaters if you anticipate a high percentage of members that will use the showers.

#### AND

5. Provide and install one mop sink.

#### **DRINKING FOUNTAIN**

- Provide as-shown on Compliance Drawing (or as required by code).
- At least one drinking fountain is required. Refer to compliance drawing for location. Additional drinking fountains may be required by the governing authorities. Verify with your local design professional and local governing jurisdiction.
- Drinking fountains with the bottle filler feature is recommended.
- Order thru the vendor portal.

Preferred Vendor: Elkay Manufacturing Company Customer Service: 651-982-9802 bob@bongard.com



# INFORMATION TECHNOLOGY

#### PHONES

The following phone lines are **<u>REQUIRED</u>** for your club. Additional lines may be added in the office(s), if desired.

- Line 1 for your main office phone.
- Line 2 for your fax and credit card terminal (DSL if applicable).
- Line 3 (analog) for your 911 emergency phone (configured for local calls only).
  - Your emergency phone line must be installed in plain view of the workout areas.
  - Mount the jack at 46" AFF and provide a wall-mounted phone and "911 Call Access" sign directly above the phone.

#### DATA/INTERNET ACCESS

- Broadband access (DSL, cable, etc.) with a static IP address is REQUIRED for your club. The static IP address (one that does not change) is required for remote computer support and remote viewing of the CCTV system through the DVR.
- Most Internet Service Providers (ISP) that provide broadband access also provide a modem with their service.
- Ask your ISP for the user name and password to access the router, as we will need to port forward to the DVR & security for remote access.
- A router or switch is required. We recommend that the Security provider include this switch in their equipment quote to eliminate compatibility issues and maximize remote support.
- A router allows multiple PCs, and other devices, such as the DVR & security, to access the internet simultaneously. It also provides a firewall to protect the local network from malicious attacks. We recommend that the Security provider include this router in their equipment quote to eliminate compatibility issues and maximize remote support.

#### CABLE

- Programming source (cable, satellite, etc.) is necessary for TVs and LCD screens (on cardio equipment) in the cardio area.
  - <u>NO EXPOSED CABLES ALLOWED</u>

#### Main Office:

- Install phone jacks for required phone lines 1 & 2, and additional jacks for computer(s), asnecessary.
  - Coordinate with Security and Electrical (based on computer location(s)).
- Provide Broadband for high-speed Internet access.
  - Coordinate with Security and Electrical (based on computer location(s)).

# INFORMATION TECHNOLOGY

#### **CABLE** (continued)

#### Trainer's Office:

- Install one phone jack (on main phone line or additional phone line if provided).
- Provide broadband for high-speed internet access, if desired.
  - Coordinate with electrical (based on computer location).

#### Cardio Area:

- Provide cable connections to all TVs.
- Provide cable connections to all equipment mounted LCD screens.

<u>Preferred Vendor:</u> Broadcast Vision Entertainment Customer Service: 888-330-4283 x 1 sales@broadcastvision.com

Preferred Vendor: Direct TV – National Accounts

Customer Service: 866-949-4504 nationalaccounts@directtv.com

#### TV's

- Typically size range is 50" to 55".
- Brand is not important.
- Buy base model, no need for smart TV's or high end specs.
- No need for HD, unless paying for HD service with your provider.

#### **TV CEILING MOUNT**

- Install unistrut's for support where the trusses are made out of metal.
- Typically attach at the bottom of the metal truss and span across two trusses, with the opening facing the floor.
- Specifications: 1 5/8" x 1 5/8", 12 gauge, with a minimum of two points of contact required.
- Verify manufacture, landlord and local code requirements prior to installation.
- Supplied by the Owner or General Contractor.

#### **TV WALL MOUNT**

- Install an external support to span between metal or wood studs.
- Designed for use on 25 gauge or heavier metal studs to safely span the load between two studs (applies to 16", 20", or 24" centers).
- Verify gauge and spacing of existing or new studs with contractor.
  - Typical commercial buildings use heavier gauge studs for the perimeter (outside) walls and thinner gauge for internal walls.

Before ProVision Security Solutions (PSS) can begin the installation process, certain aspects of your build-out must be complete. The following information outlines these requirements. Please review these with your contractor and/or other vendors. For detailed questions about the additional requirements, please contact ProVision at 866.315.0777.

#### DOOR LOCK

For this component, you should contact a local, and trusted, locksmith. Your builder may have a preferred vendor for this type of work. It's best to contact the locksmith early in the build-out; doing so will allow any special order items to arrive on time. The recommended door latch is a normally secure electronic door strike. PSS strongly encourages the installation of the electronic door strike, rather than a magnetic lock. Your member entrance will control member access while allowing free exiting of members. Typically your existing doors will work, however they may need to be retro-fitted with an electronic release mechanism. It is also required that your member door(s) swing outward. If your door does not currently swing outward, adjustments will need to be made prior to the security installation. There are many different types of entrances so the best way to determine what your particular entrance will require is to meet with a local locksmith. A ProVision installer will connect the access control wiring to the electronic device the locksmith will install. The information below will help your locksmith understand the requirements for this installation.

Door Type	Recommended Door Lock System
Single Door	Electric Strike
Double Door With permanent mullion	Electric Strike
Double Door without permanent mullion (doors close together with no center rail)	Removable Mullion System (Preferred) Magnetic Lock System

The three main scenarios we see in Anytime Fitness gyms and their typical solutions are as

Electric Strike: An electronic strike will be cut into the door frame, a free exiting device with a spring latch is installed (i.e. crash bar or crash paddle), and a latch guard is installed on the exterior of the door to prevent tampering with the strike and latch. Anytime Fitness recommends the installation of a door latch guard to protect a strike from being damaged from the outside.

Locksmith requirements for electric strike:

- The strike will need to operate off 12 VDC.
- The locksmith will need to provide a 12 VDC plug-in transformer.
- Provide and install armored loop, if needed.
- Install the control cable from the strike to the duplex outlet above the door and test lock.

#### **REMOVABLE MULLION SYSTEM**

The removable mullion is installed (center rail installed from floor to top rail of the door frame on the interior of the space, the doors close up to the rail, this rail does not physically go between the doors), doors are fitted with crash bars that close to the center mullion, and an armored loop or power transfer hinge is installed to allow control wire to transfer from door to frame. A latch guard will not be necessary in this scenario as all locking components are internal and protected from tampering.

Locksmith requirements for removable mullion:

- Operates at 12 VDC.
- The locksmith will need to provide a 12 VDC plug-in transformer.
- Fail secure.
- Free exiting devices: one powered crash bar & one standard crash bar with dogging .
- Provide and install armored loop, if needed.
- Control wire run from powered crash bar through power transfer hinge or armored loop with enough wire to reach the outlet above the door.
- TEST SYSTEM.

#### MAG LOCK

It is not recommended by PSS, but if a magnetic lock is required, then an override key needs to be installed on the exterior of the door. This allows entry to the club when the access control program is not available or provides an additional keyed entrance, if necessary.

Locksmith Requirements for Mag Lock:

- Operates at 12 or 24 volts DC.
- Minimum of 6 hours of battery backup.
- key override on the exterior of the door, 12 or 24 volts DC.
- 2 free exit devices (RTE button is required).

#### **ELECTRICAL OUTLETS - Requirements:**

- Permanent power is required <u>PRIOR</u> to installation One double duplex 110V outlet above each member entrance door.
- This outlet will be used by the electronic door strike and the access control system
- One double duplex 110V outlet behind each tanning bed.
  - Please confirm with your tanning bed and massage manufacturer, if applicable, the outlet specifications required to operate your tanning beds.
- One double duplex outlet in the office, near the computer desk.
  - The outlet must be within 3 feet of the final placement of the desk that will hold the club's main computer, and it should be installed at standard outlet height.
- Dedicated 15 amp circuit with double duplex outlet installed within 5' of the rack system at standard outlet height.
- One double duplex 110V outlet near final placement of the security panel (behind rack system).
- We also recommend additional outlets in the office for printers, lamps, and other accessories.

#### LOW VOLTAGE WIRING

It is best practice to locate your modem and router/switch together in the rack system. If the modem and router/switch are not located together, your contractor will be responsible for running one CAT5e cable from the modem to the location of router/switch

If your managed router is located in the rack system, ProVision Security will run individual CAT5e cables from the managed router/switch to items located in the rack system (DVR/NVR, AccessPro and security panel). If your managed router is not located in the rack system, your electrician or contractor will be responsible for the individual CAT5e runs from the router to the rack components. Additionally, your electrician or contractor is responsible for any long CAT5e runs to any other device that you have that requires internet (i.e. Wellbeats or Wexer kiosk, computer in a different room than rack system). ProVision Security does not do any TV wiring.

#### INTERNET

Internet access should be ordered and installed prior to our technician arriving onsite. Anytime Fitness Corporate requires that you have functional remote viewing of your cameras. A static IP address must be purchased from your Internet Service Provider for you to view the DVR remotely.

#### PHONE

The security system will be integrated with an alarm monitoring service. ProVision Security will use a cellular network to for your security panel to communicate and transmit signals to the central monitoring station. This cellular network connectivity eliminates the need to connect a phone line to your security panel for communication.

You will need to purchase a dedicated phone line for your 911 emergency phone. This line is always available for an emergency call, and is typically located near your AED and hardwired panic button. Please note: This line can be any of the types listed above.

#### SECURITY SYSTEM

The security panel will be located in the behind rack. A motion detector must be installed in the room the rack system is located in, protecting the security panel from tampering. The power source for the security panel will be supplied by a 15 amp dedicated circuit (see "Electrical Outlets" (above) for details.)

Please keep extra batteries on-hand for replacement for wireless door contacts and panic devices.

Some local municipalities require a permit to operate a security system. Check with your local authorities to see if this is the case in your area.

In-addition to the security system components, the following items must be installed on the premises:

- 1. A telephone for 911 call access.
- 2. A sign in plain view with an advisory warning that indicates members of a non-staffed health spa should be aware that working-out alone may pose risks to their health and safety.

#### EQUIPMENT INSTALLATION AND GENERAL CONSTRUCTION REQUIREMENTS

Please contact ProVision Security as soon as you have contracted a general contractor. Prior to your security system installation by ProVision Security, certain aspects of your build-out must be complete. You will be required to submit a completed Additional Requirements Checklist two weeks prior to your tentative installation date.

#### ALARM PERMITS

Contact your local authorities for information regarding alarm permits. Occasionally emergency professionals require businesses to apply for an alarm permit. If an alarm permit is mandated by your local municipality, you will be required to apply for and purchase this permit for the operation of your alarm system. Please view the False Alarm Policy on the <u>Security Monitoring</u> and <u>Testing</u> Page of the Anytime Fitness Academy.

<u>Mandatory Vendor:</u> ProVision Security Customer Service: 1-866-315-0777 projects@provisionsecurity.com</u>

### SOUND

#### MUSIC LICENSING AND MESSAGING SYSTEMS

A quality sound system that plays upbeat music will improve the workout experience for your members. Keep in-mind, however, that you must obtain permission from the owner of the music or their representative before you can legally play it in your club. This may sound complicated, but when you partner with a music service, they will provide you with licensed music. A music system can also be integrated with a messaging component. To learn more about what a music/messaging service can offer you, contact our preferred vendor.

<u>Preferred Vendor:</u> Dynamic Media (Sirius XM Provider) Customer Service: 1-800-684-7050 anytimefitness@dm-us.com

<u>Preferred Vendor:</u> Mood Media (Pandora Provider) Customer Service: 1-800-345-5000 <u>anytimefitness@moodmedia.com</u>

#### Pr<u>eferred Vendor:</u> Rockbot Customer Service: 415-813-6020 x 23 chris@rockbot.com



# Signage

### **EXTERIOR SIGNS**

Your exterior signage may be the first encounter your market has with Anytime Fitness. Therefore, you need to give this component of your business the attention it deserves! To ensure a strong brand identity, your Anytime Fitness sign and Running Man logo must be built per the Anytime Fitness standards.

To help you achieve this goal, we have worked with a select group of vendors to optimize our signage specifications. The result is a greatly improved design that displays the true Anytime Fitness purple! This was made possible by partnering with industry leaders to develop a custom purple vinyl. The custom purple vinyl is **<u>REQUIRED</u>** for all exterior signage and is only available through the Designated Sign Vendors. The Designated Sign Vendors will work with you to achieve a look that is consistent with our brand image and complements your building site. There are many benefits to the program including; the custom purple vinyl, a complete warranty, automatic approval from corporate, reduced pricing and cradle to grave service. From design through installation and beyond the Designated Vendors are committed to you.

A couple of additional items to consider with your exterior signage. It is strongly recommended to include your exterior signage shop drawings in your lease, it is a great time for the Landlord to approve and can prevent problems later during the buildout. Check with your real estate broker for details. As a Franchisee, you assume all accountability for the signage, including approvals and inspection by all required parties.

The final power hook up and optional timer may have to be completed by a licensed electrician, confirm with your local building codes. In this case most sign installers are not able to make this final connection. You will need to coordinate this task with your general contractor. Be aware this may incur an extra cost.

#### **Designated Vendor Responsibilities:**

- Conduct a site survey of your space.
- Review local codes regarding exterior signage.
- Review Landlord sign criteria per you final lease.
- Provide you with a shop drawing showing the proposed signage per the Anytime Fitness sign specifications, Landlord sign criteria and local codes.
- Obtain Landlord approval.
- Obtain required city permits and inspections.
- Arrange installation of exterior signage.
- Provide applicable warranty for signage.

### EXTERIOR SIGNS (continued)

When working with one of our designated vendors, you do not need to supply shop drawings to your C2i, the designated vendor will take care of all the required pre-approvals, Landlord approvals, permits and installation.

Designated Vendor: Archetype – Kaycee Kitzman Manufactured in Minnesota Customer Service: 888-512-1272 x9612 customerservice@archetypesign.com

Designated Vendor: nPrint Graphix – Todd Yearack Manufactured in Missouri Customer Service: 888-518-7344 417-882-7446

todd@nprintgraphix.com

Designated Vendor: Tube Art Group (TAG) – Stephanie Little Manufactured in Washington State & Georgia Customer Service: 800-562-2854 940-206-4392 (direct) anytimefitness@tubeart.com slittle@tubeart.com

# INTERIOR SIGNAGE & GRAPHICS

A comprehensive interior signage and graphics program has been developed for your club. Refer to the Anytime Fitness Signage Style Guide and Order Guide on the dashboard for the mandatory vendor, specifications & requirements.







# LOGO WALL

FLOOR PLAN OPTIONS



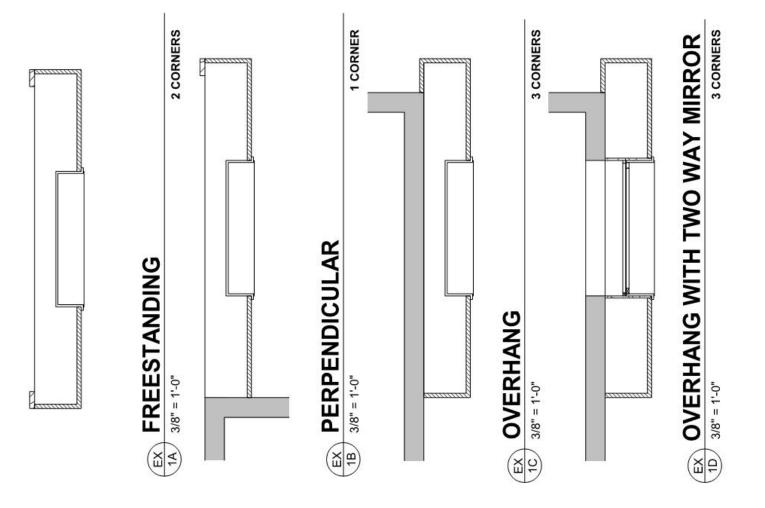




- HATCH AREA INDICATES WALL COVERING OR STONE VENEER - WIDTH IS 8:-0" WITH SHELVING

FOR STONE OPTION NOTE NUMBER OF CORNERS CENTERED U.N.O. - HEIGHT IS 10'-0" A.F.F. U.N.O. -SEE ELEVATIONS



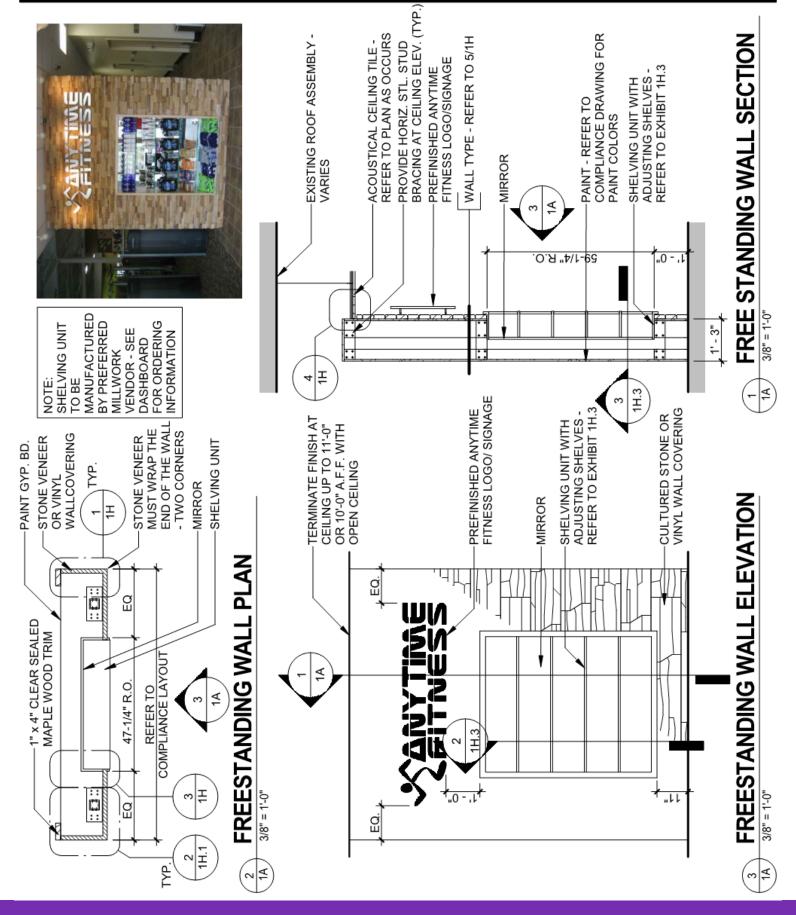




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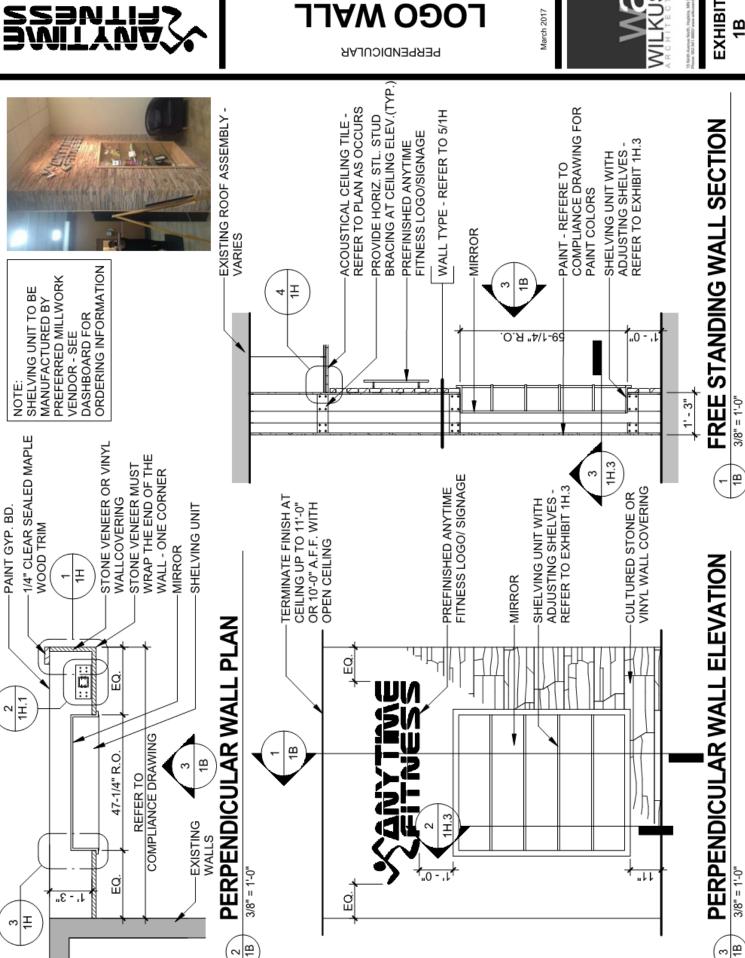
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# LOGO WAL



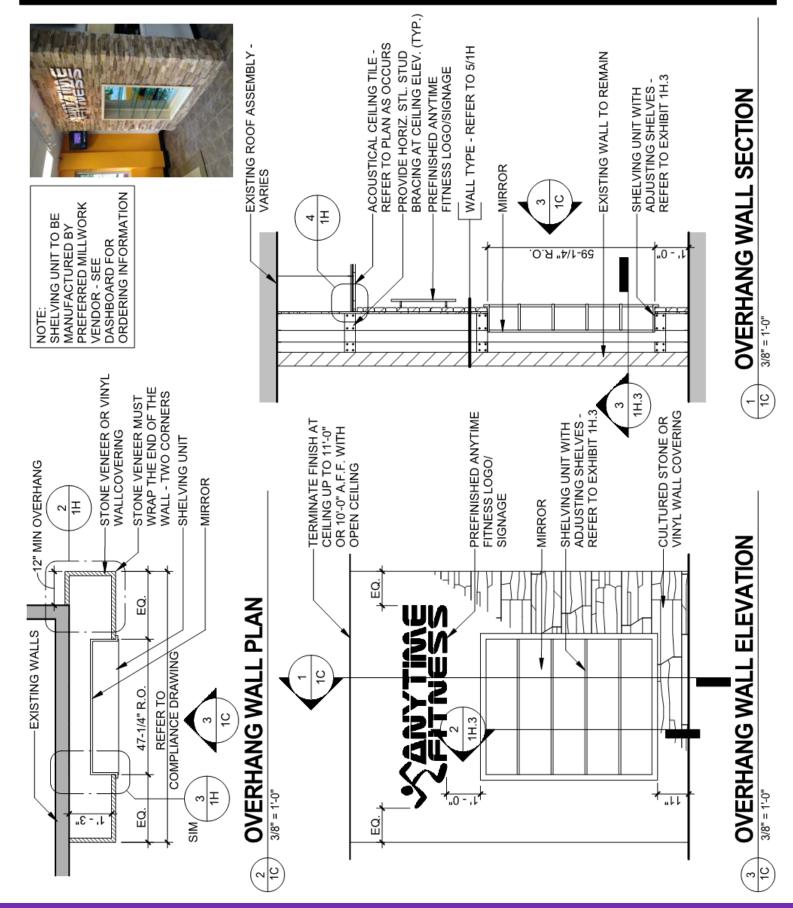
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# **LOGO WALL**

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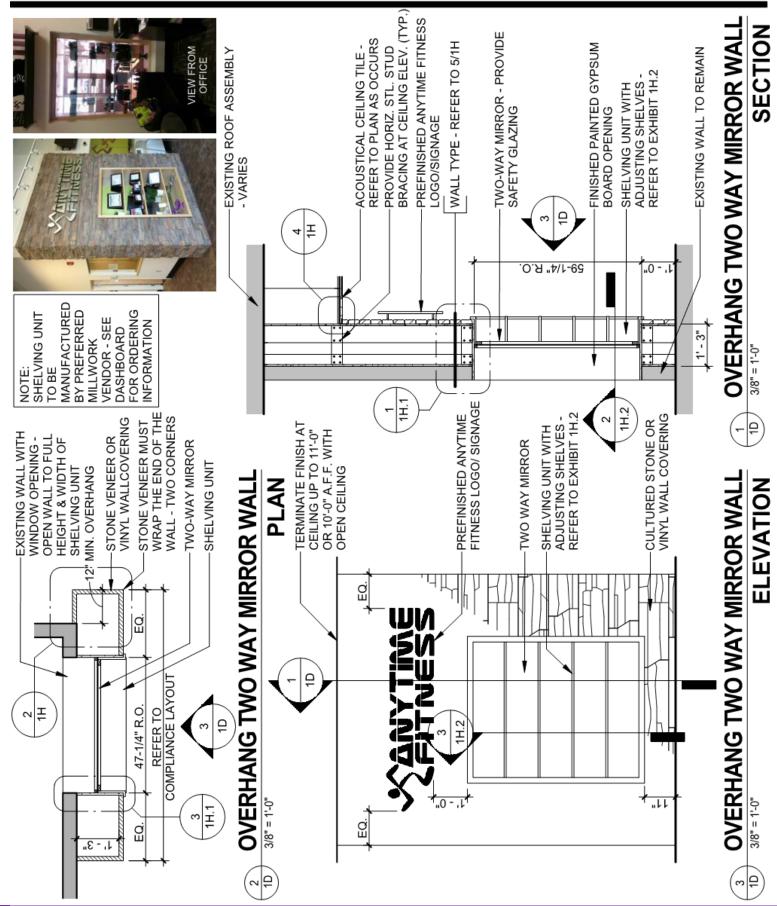


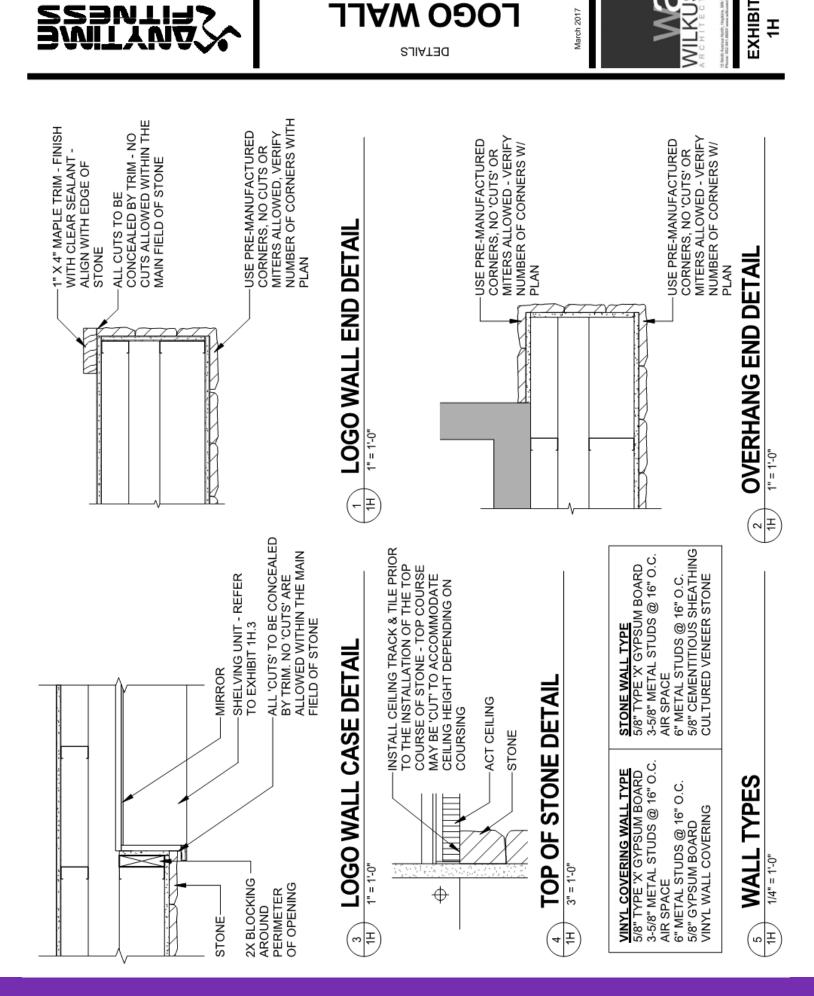
# **LOGO WALL**

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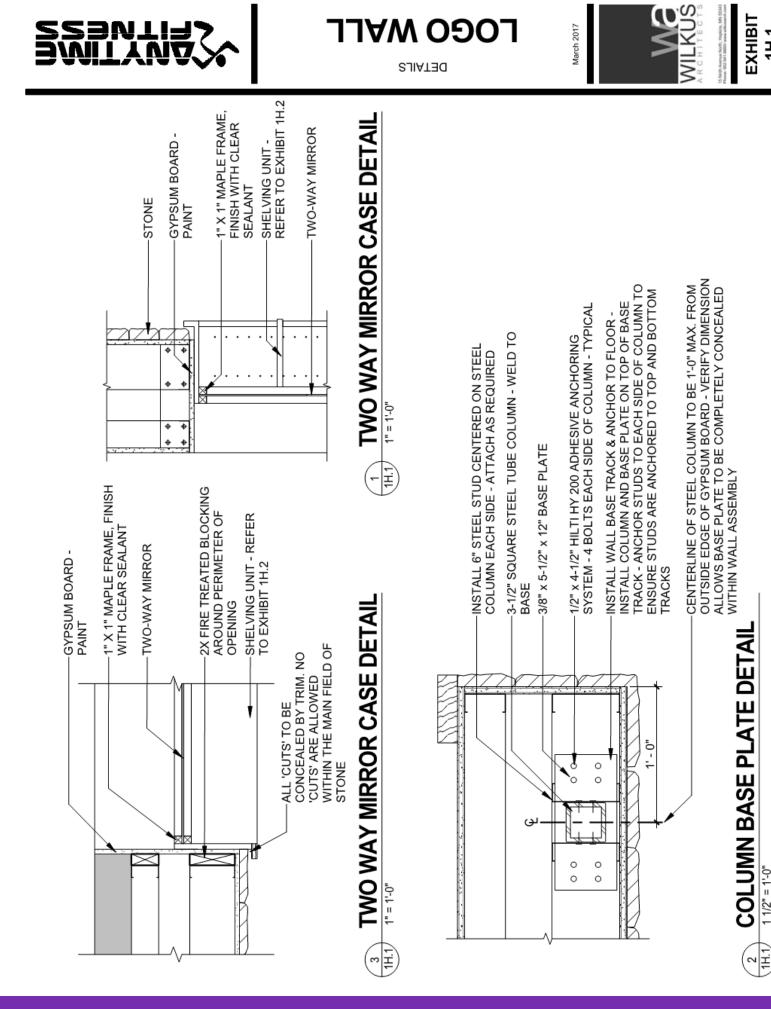
March 2017





## APPENDIX

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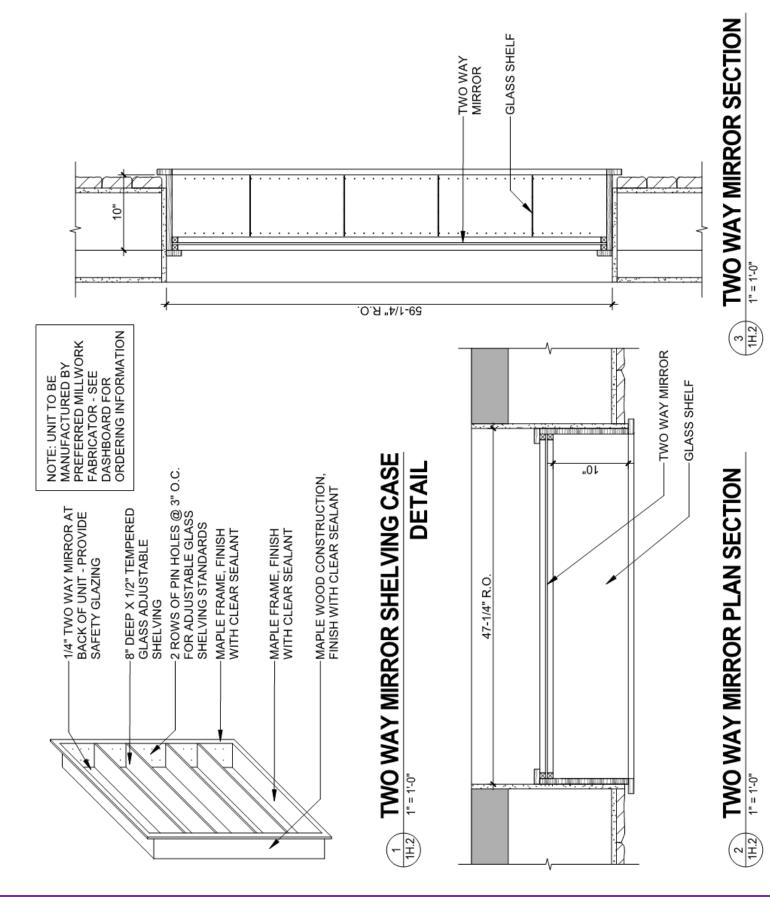


APPENDIX

 $1 \ 1/2" = 1'-0"$ 

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TWO WAY MIRROR CASE DETAILS

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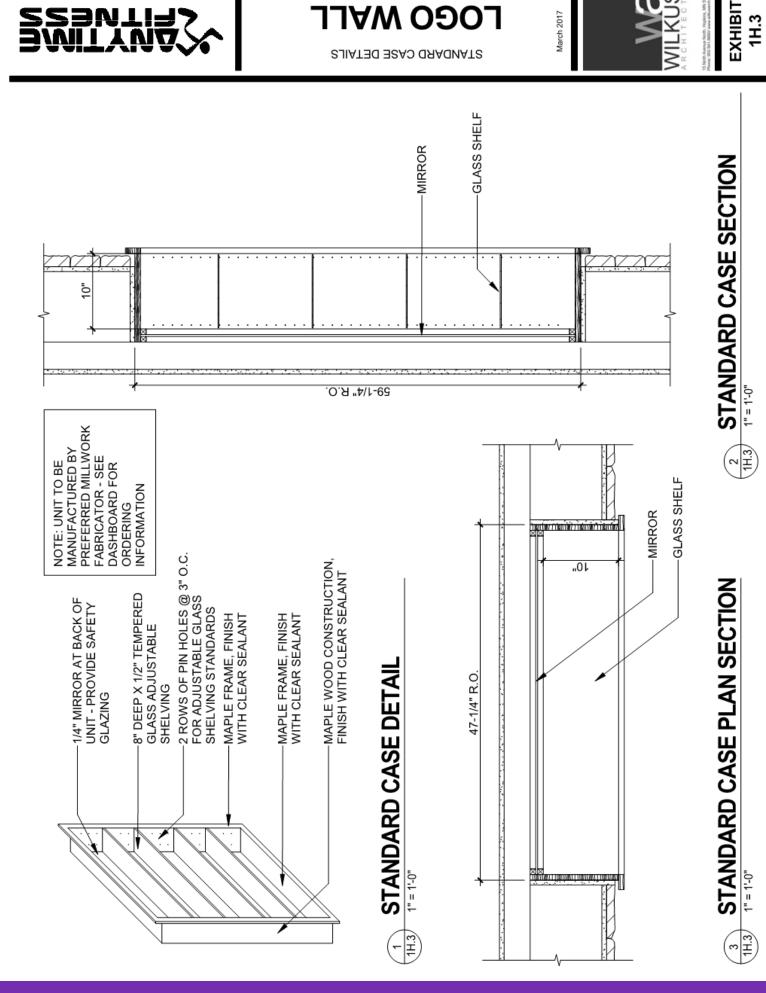




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EXHIBIT

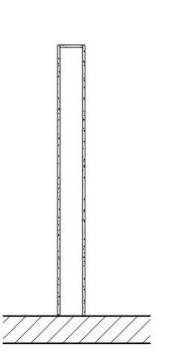
1H.2



S

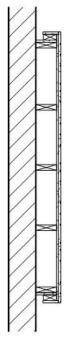
# FREESTANDING INSPIRATION WALL

3/8" = 1'-0" 2A

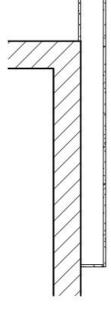


# **PERPENDICULAR INSPIRATION WALL** (ZB)

3/8" = 1'-0"



# **ATTACHED INSPIRATION WALL** 3/8" = 1'-0" SC EX









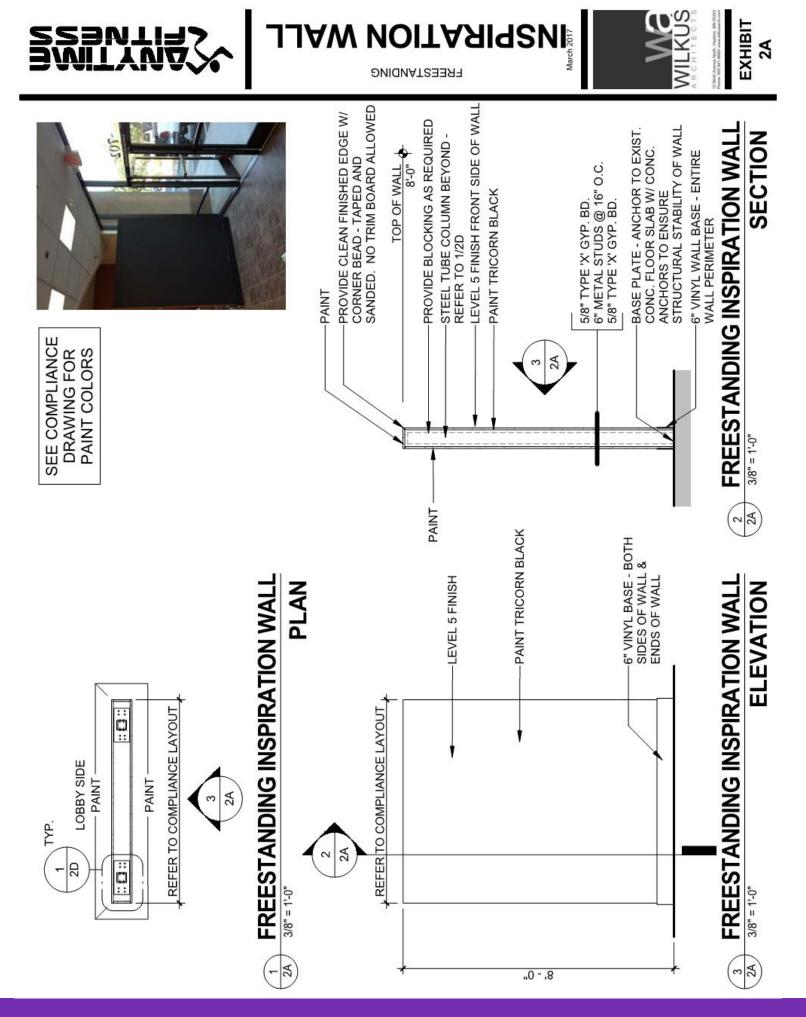


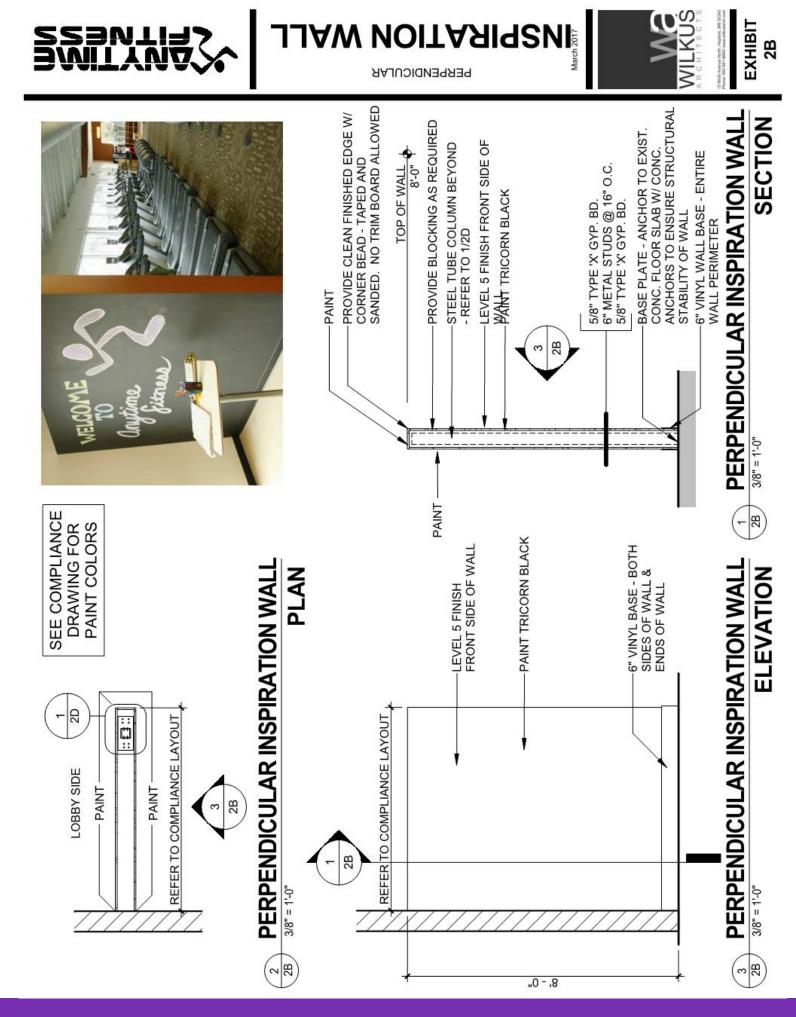


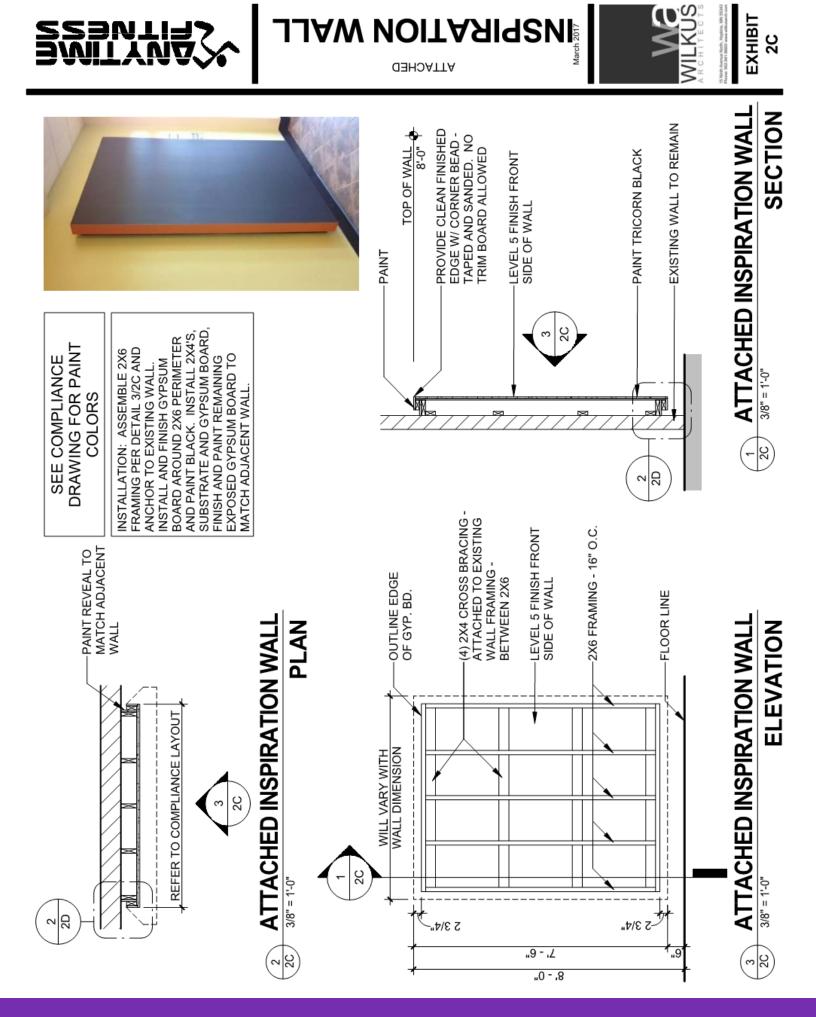
FLOOR PLAN OPTIONS

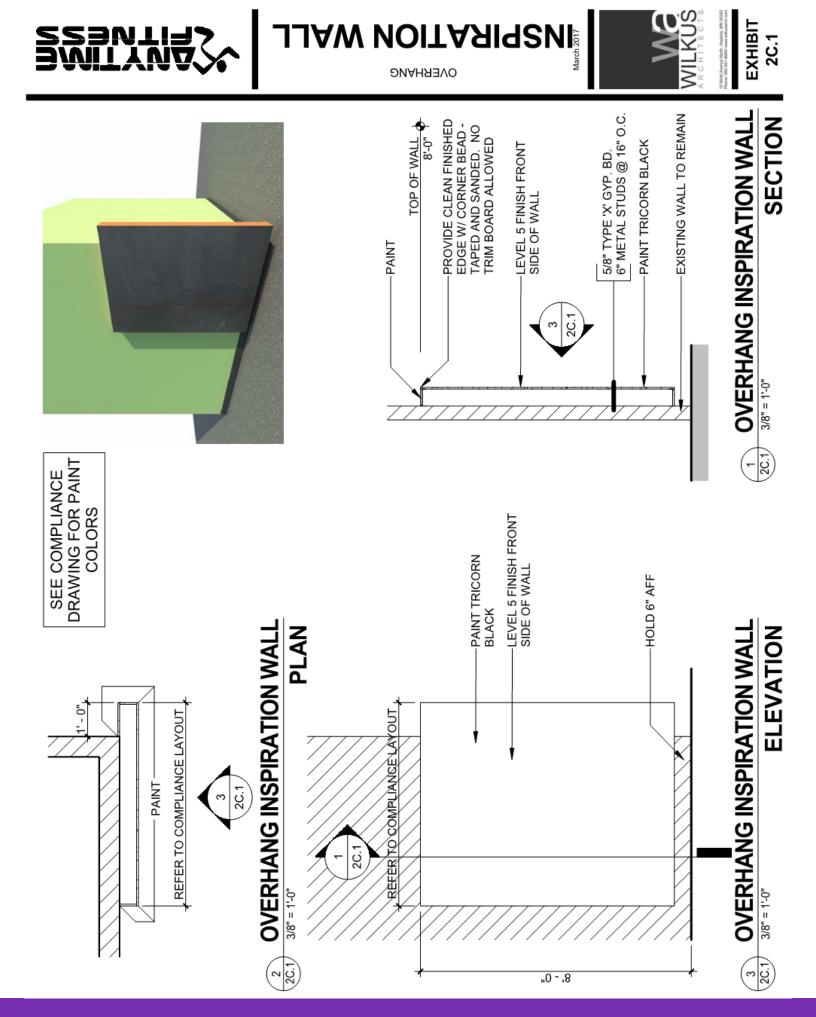










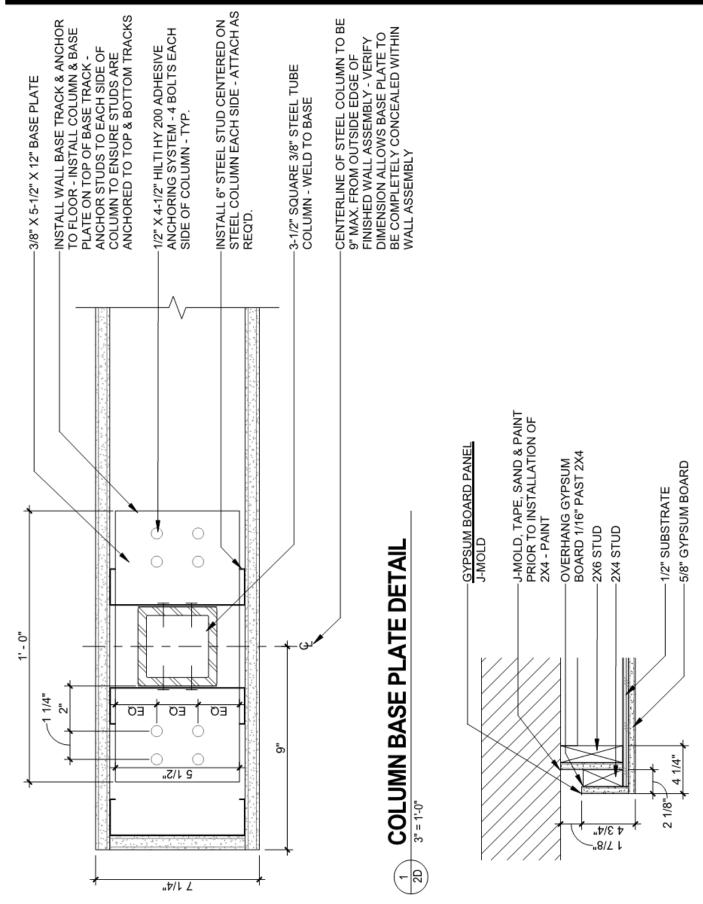




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DETAILS



**INSPIRATION WALL DETAIL** 

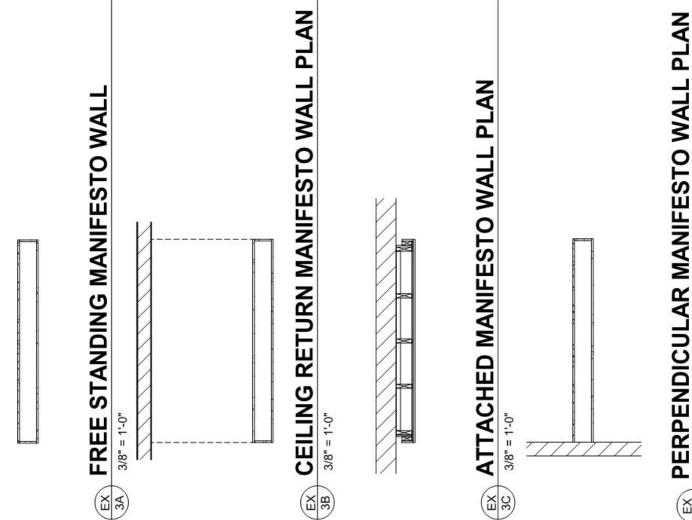
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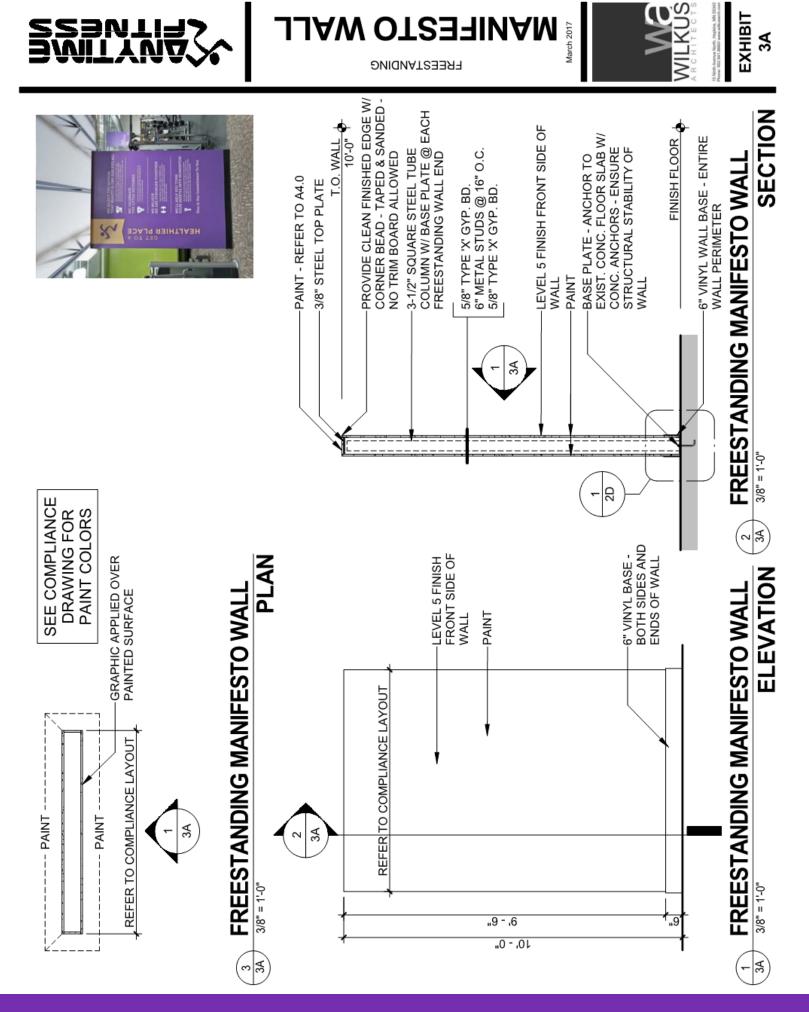


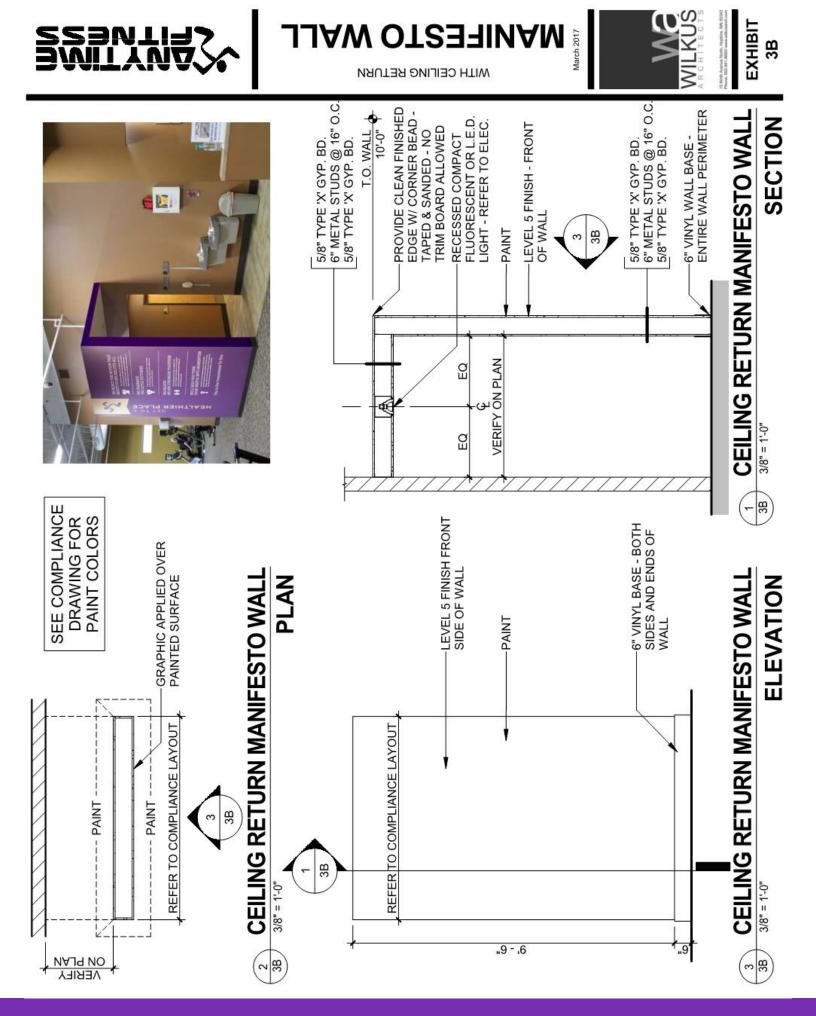


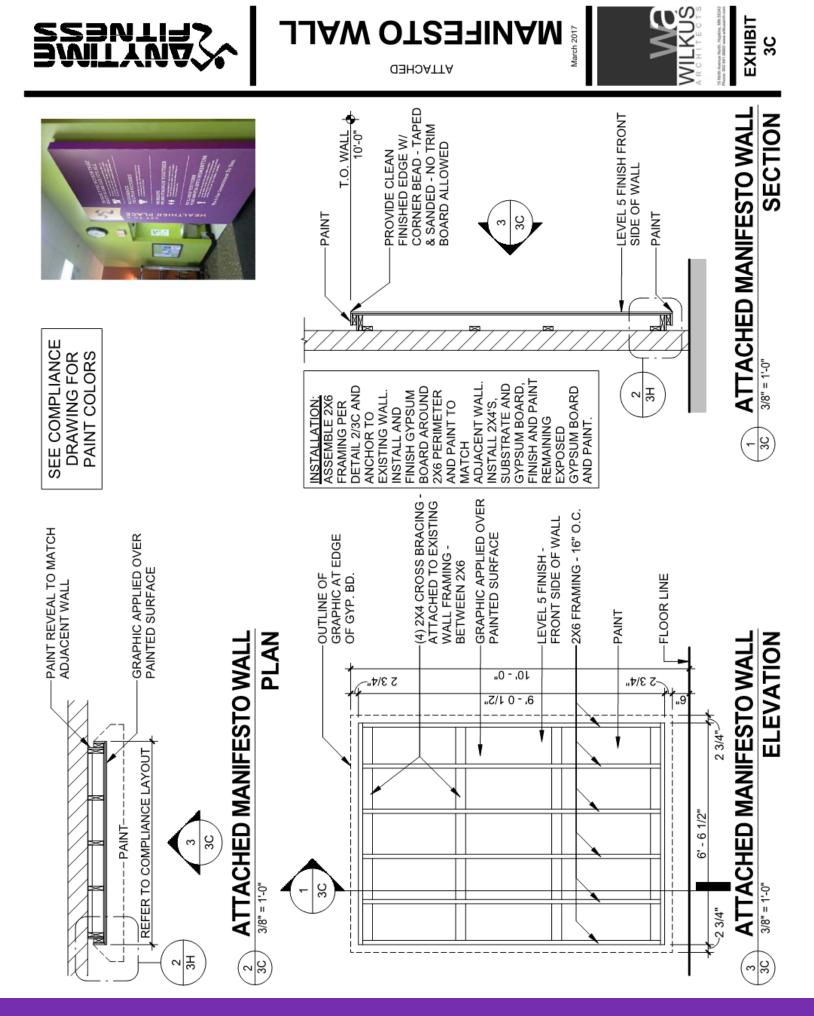




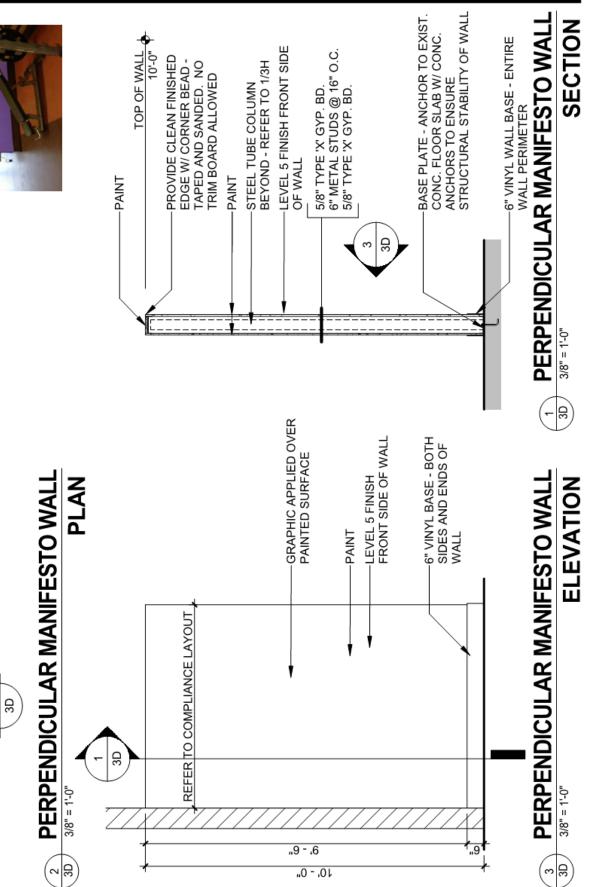












**OTZJINA** 

PERPENDICULAR

March 2017

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GRAPHIC APPLIED OVER PAINTED SURFACE

REFER TO COMPLIANCE LAYOUT

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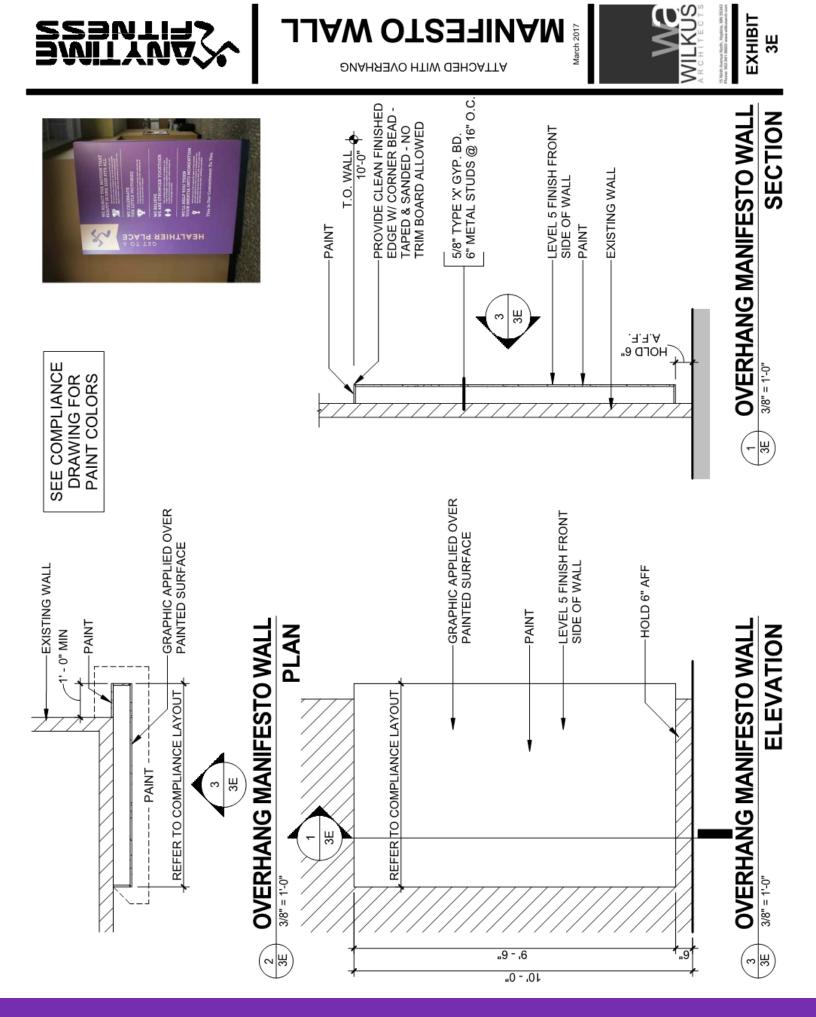
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SEE COMPLIANCE

DRAWING FOR PAINT COLORS  $\overline{\mathbb{O}}$ 

EXHIBIT

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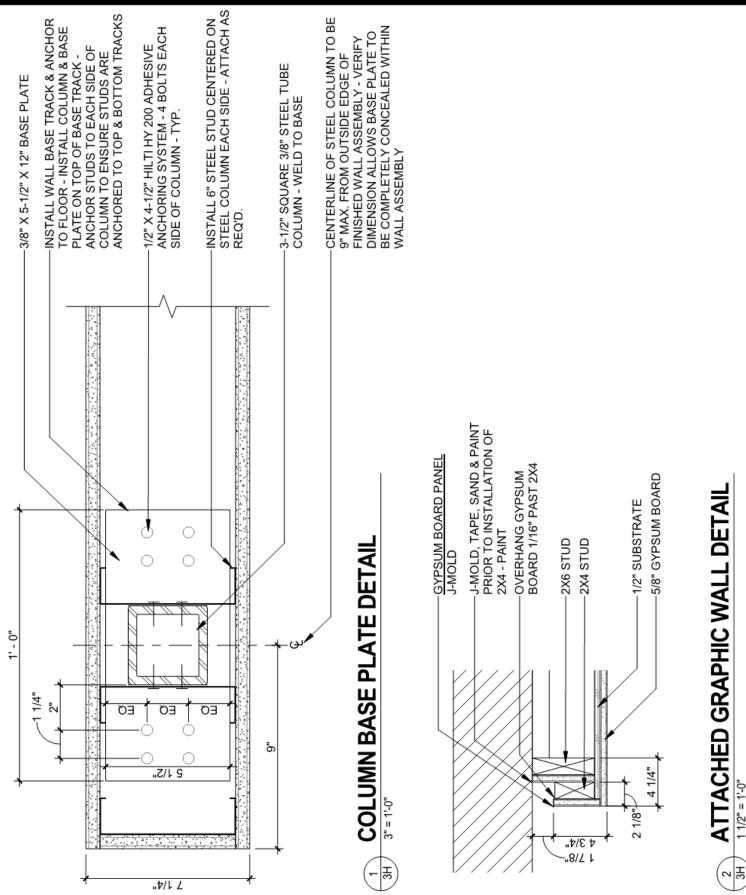


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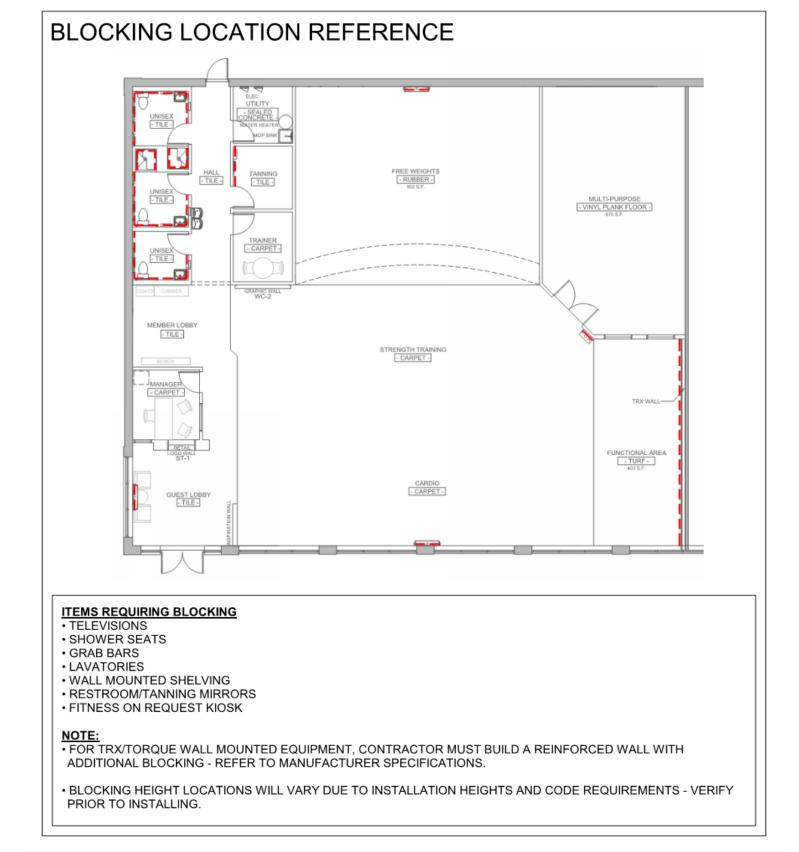


March 2017

DETAILS



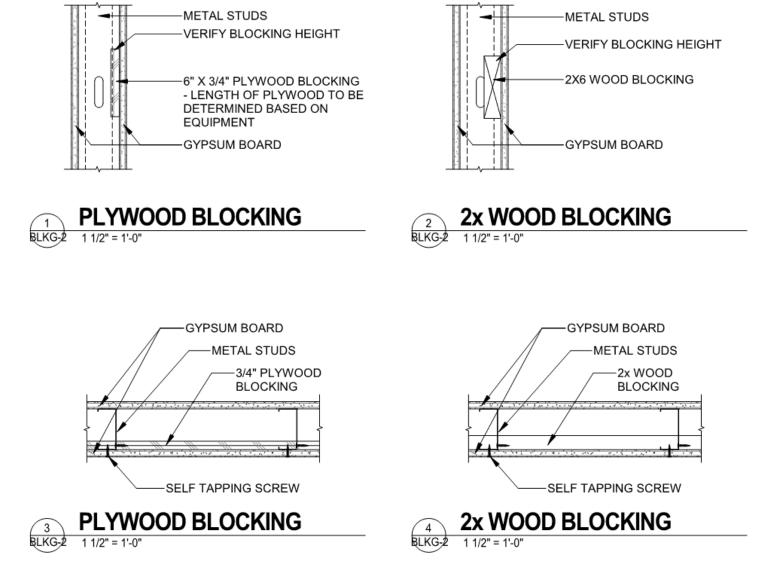
 $1 \ 1/2" = 1'-0"$ 





# **BLOCKING DETAILS**







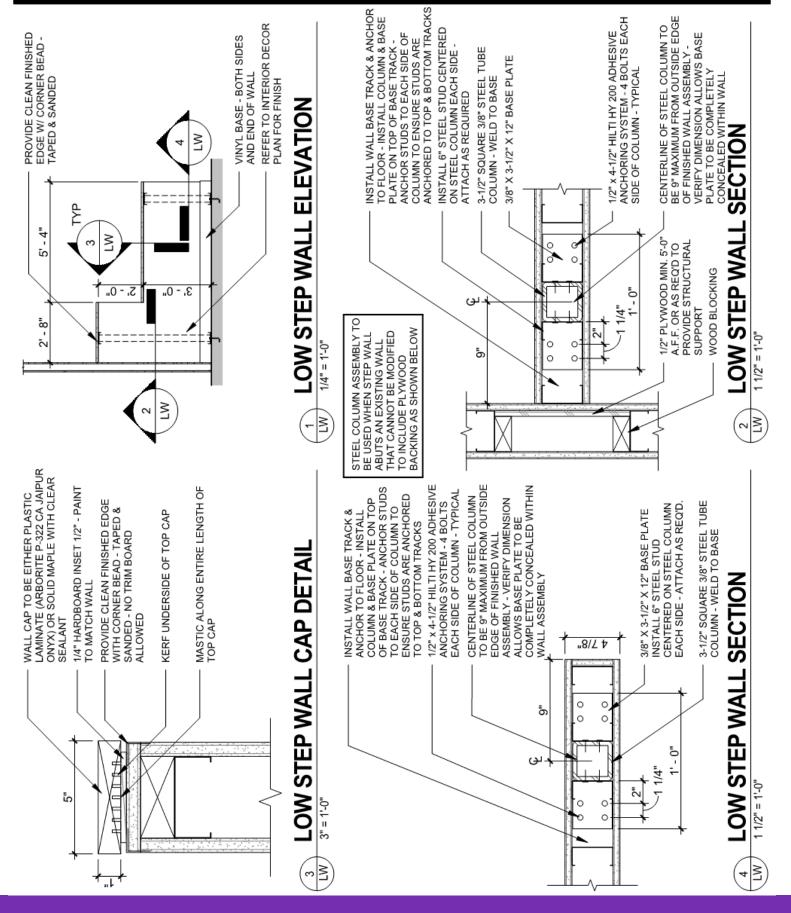


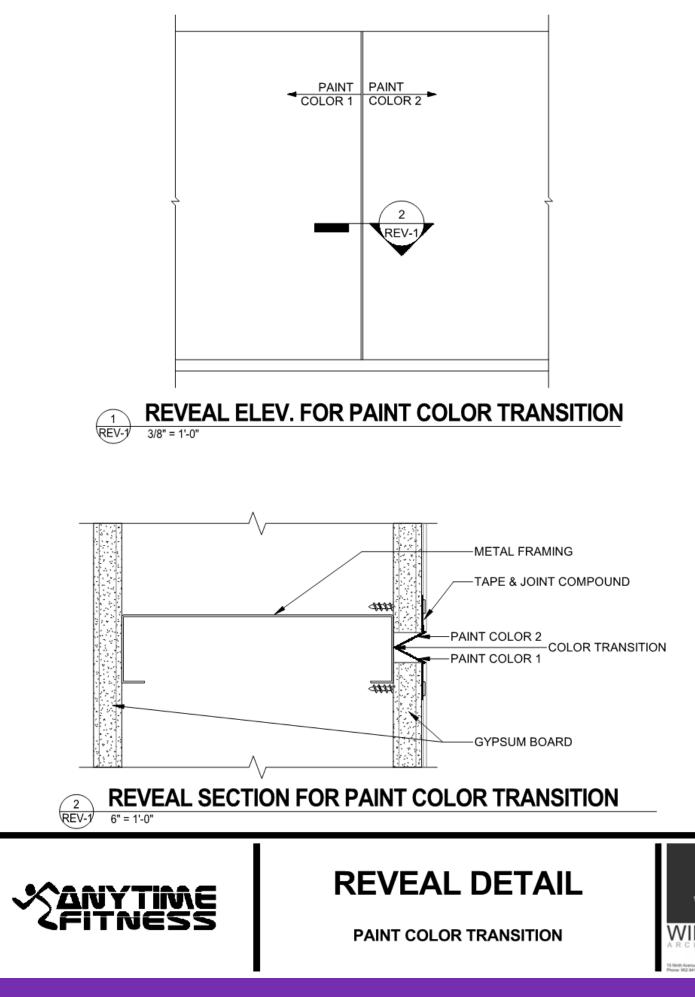
# **STEP WALL**

FLOOR PLAN OPTIONS



APPENDIX





APPENDIX

# DOOR DOOR SWING

DOORS SHALL BE PERMITTED TO SWING INTO THE REQUIRED TURNING SPACE. IF RESTROOM IS COR NUMBULUE USE AND CLEAR FLOOR SPACE IS PROVIDED WITHIN THE ROOM BEYOND THE ACH OF THE DOOR SWING. THEN THE DOOR MAY SWING INTO THE CLEAR FLOOR SPACE OF RESTROOM PROTINGES.

# CLEARANCE

a. PUGH FRONT APPROACH DOOR WITH BOTH LATCH AND CLOSER SHALL HAVE CLEAR FLOOR SPACE as INCHES IMMULIA PERPENDICULAR TO DOORNAY AND 12 INCHES PARALLEL BEYOND THE LATCH SIDE OF THE DOOR.

뷤 E - PULL FRONT APPROACH DOOR WITH BOTH LATCH AND CLOSER SHALL HAVE CLEAR FLOOR SPACE ON INCHES MANUM FERFENDICULAR TO DOORWAY AND 18 NOHES PARAULEL BEYOND ATCH SIDE OF THE DOOR.

VYTIME TNESS

# TOILET

THE CENTERLINE OF THE TOILET SHALL BE 16 INCHES MINIMUM TO 18 INCHES MAXIMUM FROM THE SOE WALL.

# CLEARANCE

A. THE REQUIRED CLEARANCE SPACE AROUND THE TOILET SO INCHES MINIMUM MEASURED EFFERINGCLAR FROM THE SIDE WILL TO SI INCHES MAXIMM MEASURED FERFENDICULAR FROM THE REGAR WILL SIMK MAY NOT BE IN THIS SPACE.

THE SEAT HEIGHT OF THE TOILET ABOVE THE FINISH FLOOR SHALL BE 17 INCHES MINIMUM AND 19 INCHES MAXIMUM MEASURED FROM THE TOP OF THE SEAT.

# **GRAB BARS**

EAMS MARS GRADE BARS SHALL BE PROVIDED ON THE SIDE WALL CLOSEST TO THE WATER CLOSET, ON THE GRADE WALK AND ON THE CONTINCL AND BACK WALL OF THE EHOWER.

SIDE WALL THE SIDE WALL GRAB BAR SHALL BE 42 INCHES LONG MINIMAM. LOCATED 12 INCHES MAXIAUM FROM THE REAR WALL AND EXTENDING 54 NOTES MINIMUM FROM THE REAR WALL

REAR WALL THE REAR WALL CHITERIANE OF THE TOILET 12 NUCHES LONG MIMMAN AND EXTEND FROM THE COTHER SHE OF THE TOILET 12 NUCHES MINIMUM ON ONE SIDE AND 24 INCHES MINIMAN ON THE OTHER SHE

VERTICAL THE VERTICAL GAUE BAR 16 INCHES IMMAJUM IN LENGTH SIVILI BE MOUNTED WITH THE BOTTOM OF THE BALCARTED 38 INCHES IMMAJUM AND 41 INCHES INVANIUM ABOVE THE FLOOR, AND WITH THE CENTER LINE OF THE BAR LOCATED 39 INCHES IMMIAJUM AND 41 INCHES INVANIANT FROM THE REAK VIEW.

SHOWER HORIZONTAL GRAB BAR HORIZONTAL GRAB BAR SHAL BE PROVIDED ACROSS THE CONTROL WALL AND ON THE BACK WALT TO A POINT 18 INCHES FROM THE CONTROL WALL

SHOWER VERTICAL GRAB BAR A VERTICAL GRAB BAR WALL 3 IN DEFES INNIARAI NI LENGTH SHALL BE PROVIDED ON THE CONTROL END WALL 3 DEFES INNIARIA NO ENDERS MAXIMUM ABOVE THE HORIZONTAL GRAB BAR, AND 4 INCHES MAXIMAN INVARD FROM THE FRONT EDGE OF THE SHOWER.

ESTROOM

ENLARGED RESTROOM & ELEVATIONS

R

# SINK

CLEARANCE C - THE CLEAR FLOOR SPACE SHALL BE 30 INCHES WIDE MINIMUM BY 48 INCHES DEEP MINIMM FOR FORWARD APPROACH.

# HEIGHT

THE FRONT OF LAVATORES AND SINKS SHALL BE 34 INCHES MAXIMUM ABOVE THE -LOOR, MEASURED TO THE HIGHER OF THE RIM OR COUNTER SURFACE.

# SHOWER

TRANSFER, THE SHOWER COMPARTMENT SHALL HAVE A CLEAR INSIDE DIMENSION OF 36 INCHES IN WITH SHOP 38 INCHES IN DEPTH, IESUBLIED IN CENTER POINT OF OPPOSING SIDES, AN ENTRY SIG REGE SMALM IN WITH SHALL BE FROUDED.

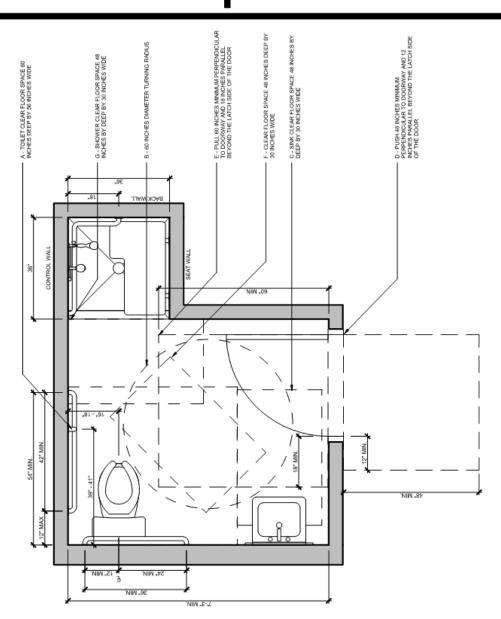
# CLEARANCE

G - A CLEARANCE OF 48 INCHES MINIMUM IN LENGTH MEASURED PERPENDICULAR FROM THE CONTROL INALL, AND 38 INCHES MINIMUM IN DEPTH SHALL BE PROVIDED ADJACENT TO THE OPEN EXCE OF THE CONDACTINENT.

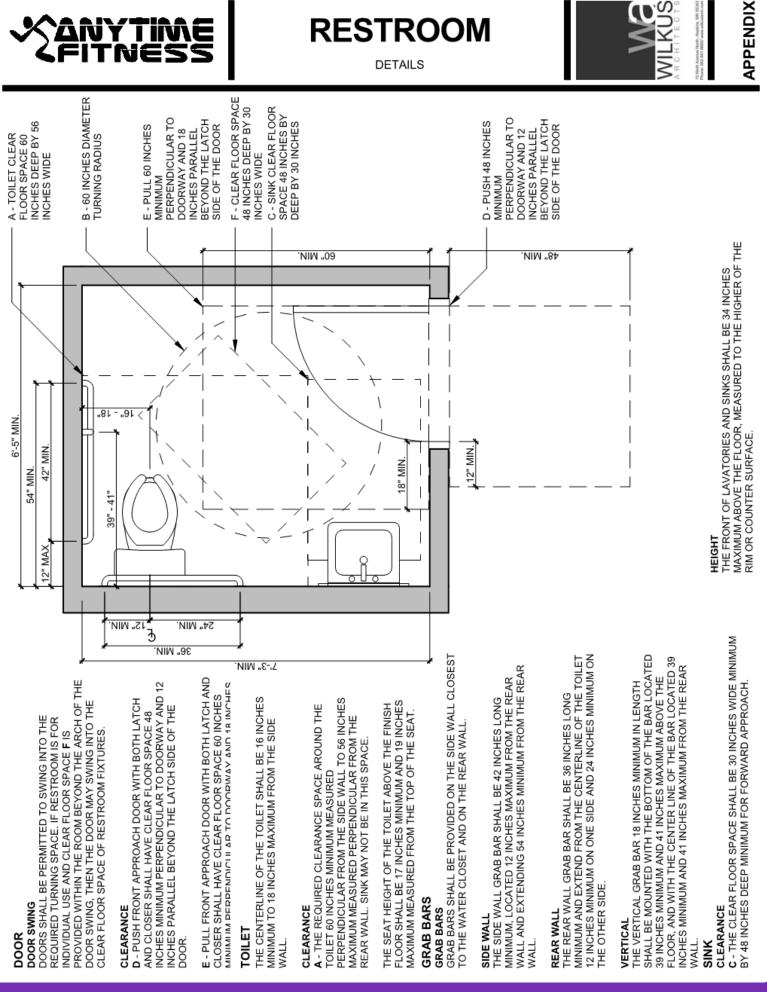
# CONTROLS

THE CONTROLS, FAUCETS AND SHOWER SPRAY UNIT SHALL BE INSTALLED ON THE SIDE WALL DEPOSITE THE STAT BICHER BINNIAM AND AR INCHER MAXIMA ABOVE THE SHOWER FLOOR AND SHALL BE LOCATED ON THE CONTROL, WALL IS INCHER MAXIMA FROM THE CENTERLINE OF THE SEAT TOWARD THE SHOWER OPENNIQ.

LEAVED STATS LEAVED STATS ACCORRECT WALL OF POPOSITE TO THE CONTROL WALL DEFINITION SEAT SHALL OF POPOSITE TO THE CONTROL WALL THE HEIGHT OF SHOWER CONVERTING SEAT SHALL OF THE TOP MARK AND 19 RATES MAXIMUM SHORT THE BATTHROME FLOOR, MESALERED TO THE TOP FILE SEAT RECENT FOR THE RATHROME FLOOR, MESALERED TO THE TOP THE EXAR TOP THE FRANCE OF SHOWER POPOSITE STATS AND AND THE FRANCE FOR THE TOP SHOWER AND AND 16 ROLES MAXIMUM FROM THE EXAR TOPOSE 15 HOLES OF AND LAUGHT STATS AND AND THE SACT WALL THE EXAR TOPOSE 15 HOLES OF AND LAUGHT STATS AND AND THE SACT MALL THE RAVE TOPOSE 15 HOLES OF AND LAUGHT STATS AND AND THE SACT MALL THE RAVE TOPOSE 15 HOLES OF AND LAUGHT STATS AND AND THE SACT MALL THE RAVE TOPOSE 15 HOLES OF AND LAUGHT STATS AND AND THE SACT MALL THE RAVE TOPOSE 15 HOLES OF AND LAUGHT STATS AND AND THE SACT MALL THE RAVE TOPOSE 15 HOLES OF AND LAUGHT STATS AND AND THE RAVE THE SACT MALL THE RAVE TOPOSE 15 HOLES OF AND LAUGHT STATS AND AND THE RAVE THE SACT MALL THE RAVE TOPOSE 15 HOLES OF AND LAUGHT STATS AND AND THE RAVE THE SACT MALL THE RAVE TOPOSE 15 HOLES OF AND LAUGHT STATS AND AND THE RAVE THE SACT MALL THE RAVE TOPOSE 15 HOLES OF AND LAUGHT STATS AND AND THE RAVE TOPOSE 15 HOLES AND AND TOPOSE 15 HOLES AND AND THE RAVE TOPOSE 15





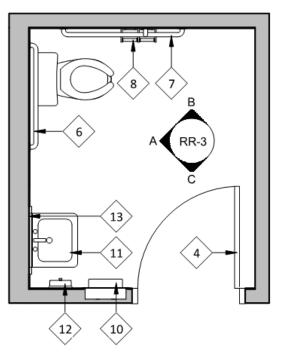


RESTRO

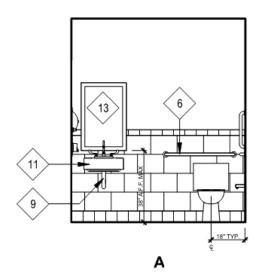
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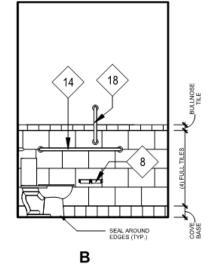
### APPENDIX

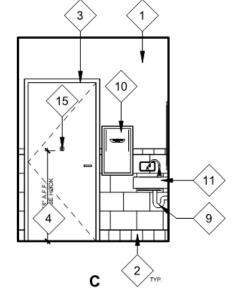
100











# UNISEX RESTROOM ELEVATION



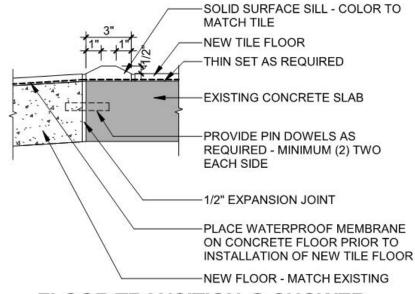
1/4" = 1'-0"



# RESTROOM

DETAILS









RR-4

WALL TILE - REFER TO INTERIOR DECOR SCHEDULE AND PLAN ON A5.0

SETTING AND ADHESIVE MATERIAL

COVED BASE TILE TO BE FLUSH W/ FLOOR TILE - TRANSITION BETWEEN BASE TILE & FLOOR CANNOT CREATE A RECESS, TROUGH OR HARD CORNER. CONTRACTOR MUST ADJUST FLOOR TILE AS REQ'D. TO INSURE A SMOOTH, LEVEL TRANSITION FROM THE BASE TILE TO THE FLOOR TILE. THE GROUT JOINT AT THE TOP OF THE BASE TILE IS EVEN, STRAIGHT & LEVEL.

FLOAT FLOOR TILE UP TO CREATE A SMOOTH TRANSITION BETWEEN BASE TILE & FLOOR TILE

-GROUT

FLOOR TILE - REFER TO INTERIOR DECOR SCHEDULE & PLAN



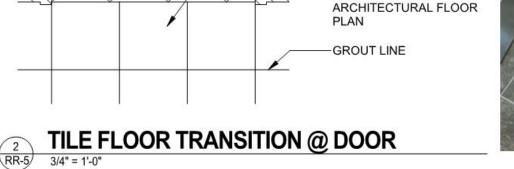




# **RESTROOM DETAILS**



# **RESTROOM DETAILS**



ALWAYS START TILE IN

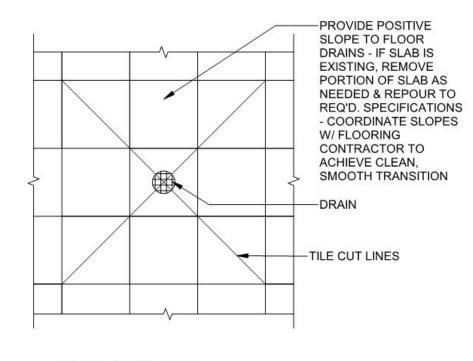
12" X 12" FLOOR TILE -**REFER TO SHEET A5.0** 

HATCHED AREA

INDICATES DOOR FRAME & WALL - REFER TO

CENTER OF ROOM -NEVER HAVE TILE CUT LESS THAN HALF ITS WIDTH IN ROOMS







**DRAIN DETAIL** 1 RR-5 3/4" = 1'-0"

THROUGHOUT

THIS DETAIL PRINCIPLE APPLIES





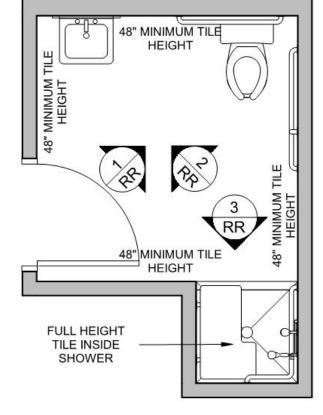
WALL TILE FINISH



3/8" = 1'-0"







SHOWER RESTROOM PLAN





# GENERAL

1. VERIFY THE LOCATION OF ALL ITEMS WITH OWNER PRIOR TO INSTALLATION.

2. VERIFY IF ANY OF THE PROPOSED TOILET ACCESSORIES WILL BE SUPPLIED BY OWNER.

3. REFER TO B1.0 FOR ACCESSIBLE FIXTURE MOUNTING HEIGHTS.

4. REFER TO A5.0 FOR INTERIOR DECOR FINISHES.

5. BULLNOSE TILE TO MATCH WAINSCOT TILE.

6. GENERAL CONTRACTOR TO INSTALL 5/8" CEMENTITIOUS SHEATHING IN LIEU OF MOISTURE RESISTANT GYPSUM BOARD AT ALL WALL TILE LOCATIONS.

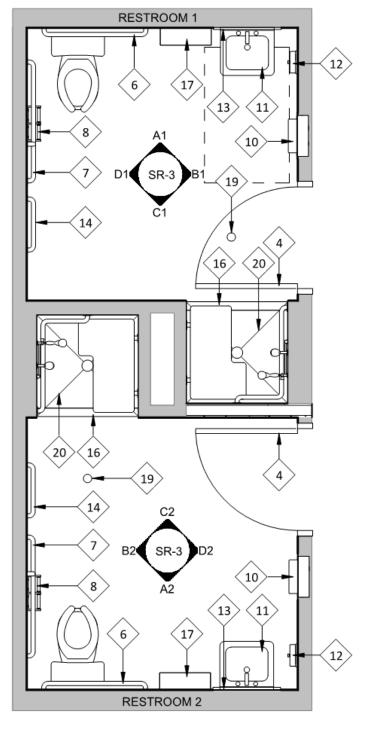
7. BLOCKING: REFER TO "GENERAL NOTES" ON SHEET A5.0.

8. ALL RESTROOM AND SHOWER ROOM ACCESSORIES SUPPLIED AND INSTALLED BY GENERAL CONTRACTOR UNLESS OTHERWISE NOTED.

9. NO EXPOSED COPPER IN RESTROOM.

10 DO NOT THE BELIND DESTROOM MIDDOR

### RESTROOM WATER RESISTANT GYP. BD. 1 15 ROBE HOOK WALL - PAINT COVED CERAMIC TILE BASE -2 FLOOR TRANSITION AT SHOWER -16 REFER TO 2/A7.1 REFER TO 1/A7.1 5" X 18" STAINLESS STEEL WALL 3 METAL DOOR FRAME - PAINT 17 SHELF - VERIFY FINAL LOCATION WITH OWNER 4 WOOD DOOR 18 18" VERTICAL GRAB BAR RESTROOM FLOOR DRAIN -5 TWO WALL SHOWER CRAB BAR 19 REFER TO 9/A7.2 PROVIDE POSITIVE SLOPE TO 6 36" GRAB BAR 20 SHOWER FLOOR DRAINS - IF SLAB IS EXISTING. REMOVE PORTION OF SLAB AS NEEDED AND REPOUR TO REQUIRED 7 42" GRAB BAR SPECIFICATIONS - COORDINATE SLOPES WITH FLOORING CONTRACTOR TO ACHIEVE 8 TOILET PAPER HOLDER CLEAN, SMOOTH TRANSITION 9 PROVIDE TRAP PROTECTION 10 RECESSED HAND DRYER 11 ACCESSIBLE LAVATORY 12 SOAP DISPENSER 24" X 36" POLISHED PLATE GLASS MIRROR IN STAINLESS STEEL FRAME - INSTALL MIRROR PRIOR 13 TO WALL TILE 14 18" TOWEL BAR



# SHOWER RESTROOM PLAN

3/8" = 1'-0"

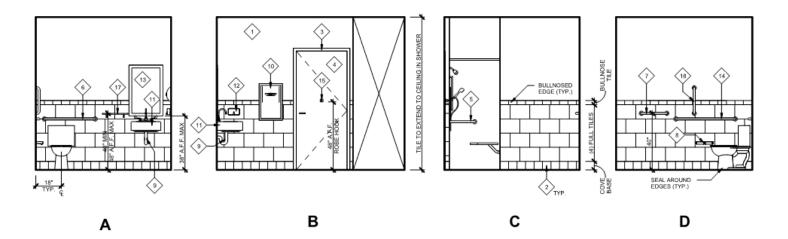


# SHOWER RESTROOM

ENLARGED RESTROOM WITH SHOWER PLAN & NOTES

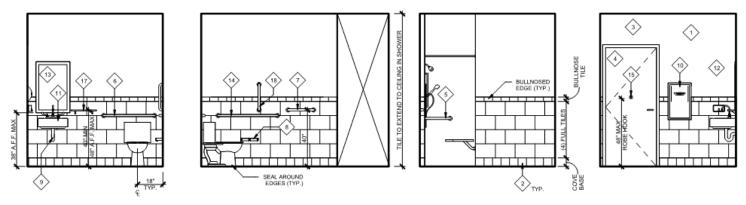


**APPENDIX** 



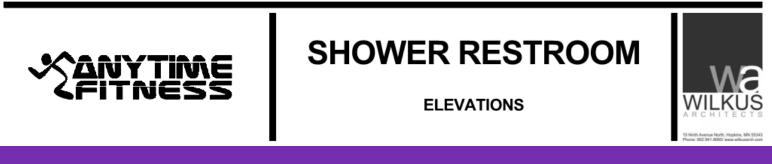
# **UNISEX SHOWER ROOM ELEVATION - RESTROOM 1**

3/16" = 1'-0"

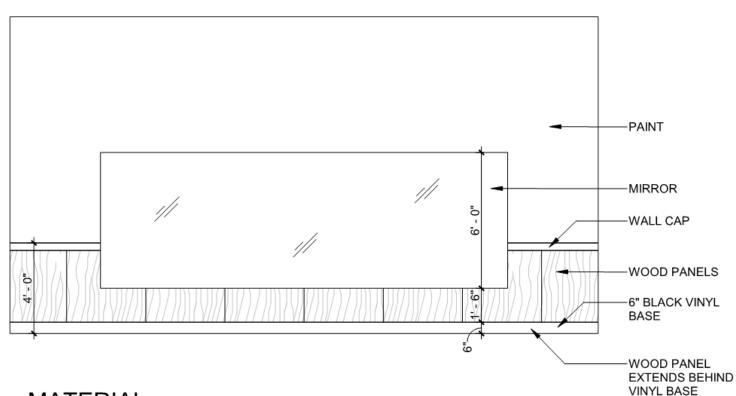


в с о UNISEX SHOWER ROOM ELEVATION - RESTROOM 2

3/16" = 1'-0"



Α



MATERIAL

WP-1 - NATURAL WOOD PANEL

- MATERIAL -
- PLAIN SLICED WHITE MAPLE VENEER ON 1/4" MDF
- MAPLE WALL CAP 2" X 3/4" WITH 1/4" X 1/2" NOTCH
- EXPOSED ENDS TO BE EDGE BANDED WITH MATCHING VENEER
- TOP COAT 2 COATS ML CAMPBELL 40 DEGREE SATIN LACQUER
- SEALER ON BACK SIDE 1 COAT ML CAMPBELL VINYL SEALER
- WP-2 GREY WOOD PANEL
  - MATERIAL -
- PLAIN SLICED WHITE MAPLE VENEER ON 1/4" MDF
- MAPLE WALL CAP 2" X 3/4" WITH 1/4" X 1/2" NOTCH
- STAIN SHERWIN WILLIAMS RUSTIC GRAY 3133
- STAIN IS SPRAYED ON THEN WIPED OFF
- SEALER BOTH SIDES 1 COAT ML CAMPBELL VINYL SEALER
- TOP COAT 2 COATS ML CAMPBELL 40 DEGREE SATIN LACQUER

# INSTALLATION

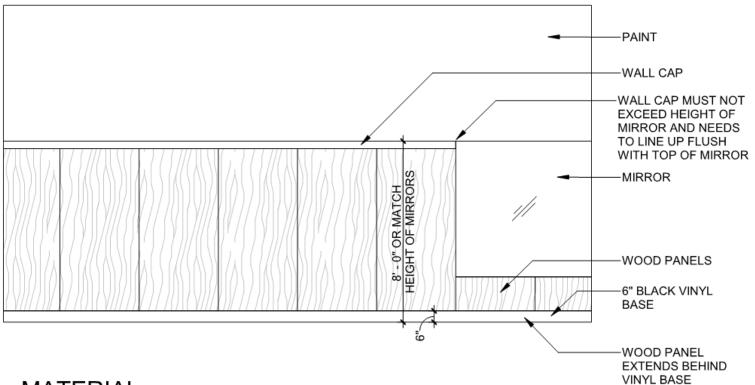
- LOCTITE (R) PL PREMIUM(R) POLYURETHANE CONSTRUCTION ADHESIVE
- OPTION TO PIN NAIL THE CORNERS OF THE PANEL AND FILL WITH MATCHING WOOD PUTTY
- INSTALL PANELS WITH 1/16" GAP AND FILL GAP WITH MATCHING SILICONE
- HEIGHT OF PANELS NOT TO EXCEED HEIGHT OF MIRROR



# WALL PROTECTION

WAINSCOT OPTION -48" AND UNDER





# MATERIAL

WP-1 - NATURAL WOOD PANEL

- MATERIAL -
- PLAIN SLICED WHITE MAPLE VENEER ON 1/4" MDF
- MAPLE WALL CAP 2" X 3/4" WITH 1/4" X 1/2" NOTCH
- EXPOSED ENDS TO BE EDGE BANDED WITH MATCHING VENEER
- TOP COAT 2 COATS ML CAMPBELL 40 DEGREE SATIN LACQUER
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# INSTALLATION

- LOCTITE (R) PL PREMIUM(R) POLYURETHANE CONSTRUCTION ADHESIVE
- OPTION TO PIN NAIL THE CORNERS OF THE PANEL AND FILL WITH MATCHING WOOD PUTTY
- INSTALL PANELS WITH 1/16" GAP AND FILL GAP WITH MATCHING SILICONE
- HEIGHT OF PANELS NOT TO EXCEED HEIGHT OF MIRROR

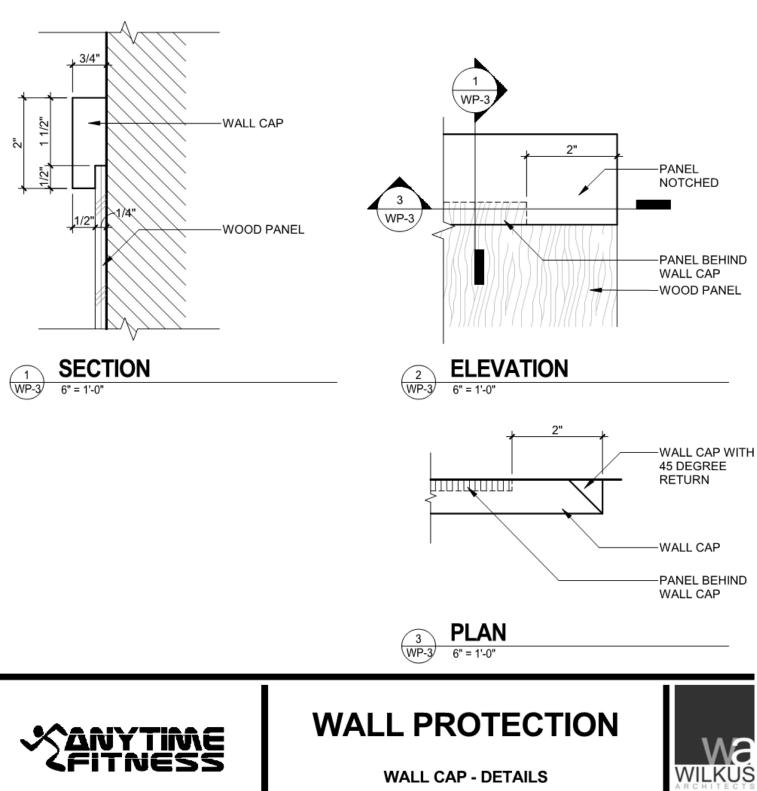


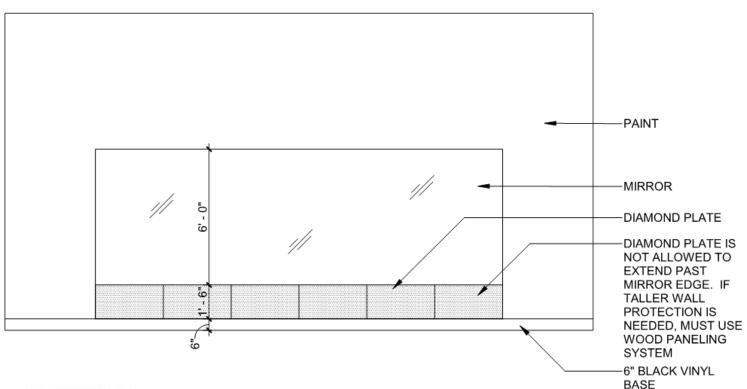
# WALL PROTECTION

FULL HEIGHT OPTION -96" AND BELOW









# MATERIAL

- 1/16" (.063) THICKNESS - ALUMINUM DIAMOND PLATE - HIGHLY POLISHED

# INSTALLATION

- ONLY TO BE INSTALLED UNDER THE MIRRORS AND ABOVE THE BASE
- INSTALL PER MANUFACTURER'S SPECIFICATIONS
- TO BE INSTALLED IN THE FREE WEIGHT AREA
- ONLY TO BE INSTALLED UNDER THE MIRRORS AND ABOVE THE BASE
- DO NOT INSTALL ON THE SIDE OF THE MIRRORS

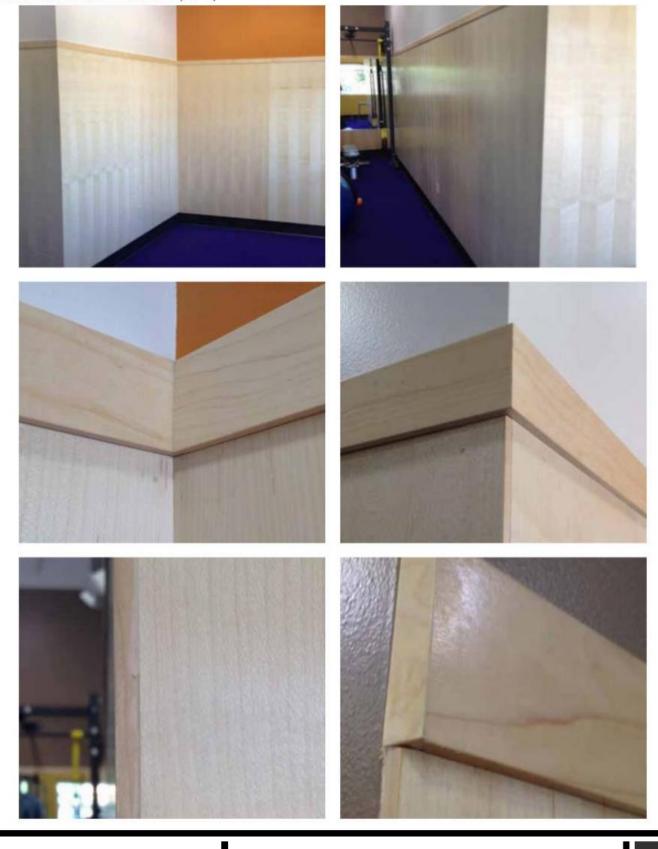


# WALL PROTECTION

DIAMOND PLATE -UNDER MIRRORS ONLY



FUNCTIONAL AREA / WOOD PANELS (WP-1)



# WALL PROTECTION





APPENDIX

# Anytime Fitness - Design Manual Revision Tracking

Design Manual	April 2017
Description	Section
General review and updates	All
Added interior door & hardware specifications	Pg. 31-32
Updated security information	Pg. 65-68
Updated vendor contacts	All

