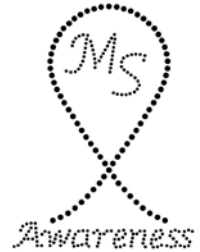




MS Multiple Sclerosis SKATE-A-THON

Saturday, October 13, 2012
5-7pm

Eagle Ice Rink, Eagle, Colorado



Proceeds will benefit

Can Do Multiple Sclerosis

ATTENTION ALL SKATERS

We need your help by participating in a Skate-A-Thon to benefit Can Do Multiple Sclerosis located in Edwards, CO.

Can Do MS empowers people to move beyond their condition by giving them the knowledge, skills, tools and confidence to adopt healthy lifestyle behaviors, actively co-manage their MS and live their best lives possible.

Participation is EASY! Here is what you do.

1. Attached is your pledge form and it should be used when collecting pledges. Make as many copies as you need.
2. Ask family, friends, companies, teachers, neighbors, and anyone else you can think of to pledge or sponsor you for the Skate-A-Thon. Be sure to include everyone on your pledge form.
3. People can pledge per lap skated or a flat amount. If they pledge per lap, you will need to keep count of the total number of laps skated in the 2 hours and multiply that by the amount pledged per lap. You will then collect the funds after the Skate-A-Thon.
Example: 75 laps x 1.00 per lap = \$75.00
* please note that all other pledge monies should be collected before the Skate-A-Thon.
4. On the day of the Skate-A-Thon be ready to skate and bring the following items with you.
 - a) completed pledge form
 - b) **all donations (checks made payable to Can Do MS)**
 - c) skates (rental skaters will be available if needed)
5. **Going to be out of town for the Skate-A-Thon?** No problem, you can still participate by collecting pledges and mailing them in before you leave.
6. Donate On-Line – if you would rather donate on line please go to the link below to complete your pledge. <https://www.gifttool.com/donations/Donate?ID=1795&AID=1259>

For additional information or questions, please call 317-339-0829
or e-mail at MSSkate-A-Thon@hotmail.com.

DON'T DELAY – START COLLECTING PLEDGES TODAY!

