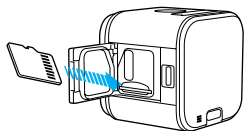# HERO 5
session™

LET'S GET STARTED

Complete user manual available at gopro.com/help.
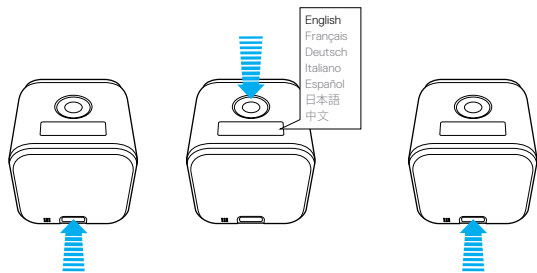
SET UP

Insert a microSD™ card
(sold separately).

NOTICE
The camera is not waterproof when the door is open.

English
Français
Deutsch
Italiano
Español
日本語
中文

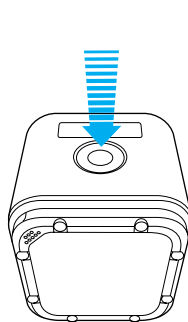To select a language, press the Mode button and follow the on-screen instructions.

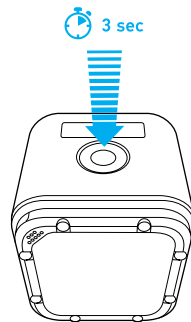## CAPTURE VIDEO + PHOTOS

Video
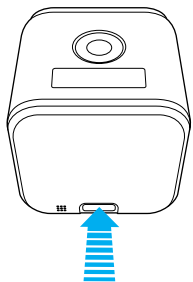
Time Lapse

3 sec

Short press records in Video mode.

Long press records in Time Lapse
mode.

CHANGE MODES + SETTINGS

Move through the menus.
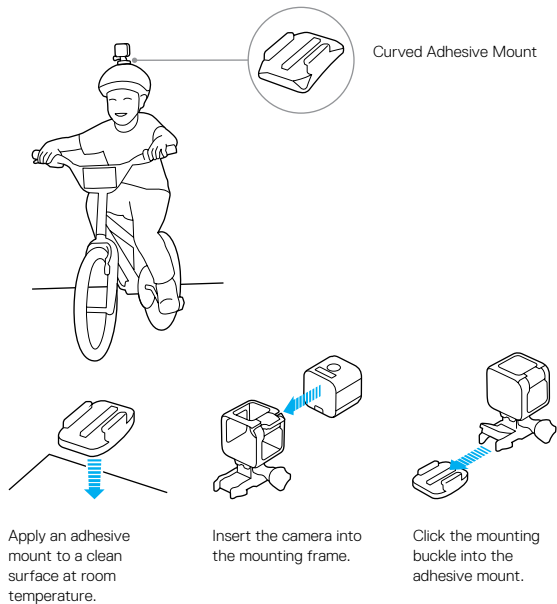
Select an option.

CAMERA MOUNTING

Curved Adhesive Mount

Apply an adhesive mount to a clean surface at room temperature.

Insert the camera into the mounting frame.

Click the mounting buckle into the adhesive mount.
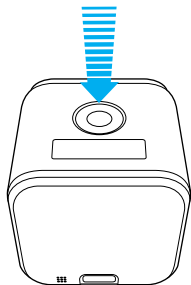
MOBILE APPS

GoPro apps make it easy to control your camera, create awesome videos and share with friends.

CAPTURE APP
Control your GoPro and share on the go.

QUIK™ APP
Automatic edits made awesome.

SPLICE APP (iOS® ONLY)
Custom edits made simple.

Download on the App Store

GET IT ON Google Play

DESKTOP APP

GOPRO FOR DESKTOP
Access and enjoy your GoPro media. Create incredible videos with just a few clicks.
▶ gopro.com/apps

UPDATE YOUR GOPRO
Connect to Capture or GoPro for Desktop to check for updates and get the latest features.

GOPRO AWARDS
Submit your best photos and videos to GoPro. Our favorites receive cash awards.
▶ gopro.com/awards

CE See the list of country certifications in Important Product + Safety Instructions.