



JANUARY 2016

"A LITTLE BIT OF COUNTRY" CITY NEWSLETTER

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Lindon City Employees: Working hard for You!

I recently had opportunity to thank an employee who has worked for Lindon City for the past 30 years. There's actually several city employees who will reach or exceed 30 years of employment with Lindon this year. It's a milestone that's impressive in today's job culture where we typically see higher turnover. I believe the longevity of many of Lindon's employees is reflective of the positive environment our citizens and businesses also enjoy. Lindon City is a great place to be!

Over the past year Lindon employees have accomplished many great projects and made significant effort to help improve Lindon City. We've seen our Police Chief obtain a grant to enable all Police Officers to have body-worn cameras. The Police Department and other key employees also set up an Emergency Notification Alert System to enable citizens to be informed by phone, text, or email messages (sign up [HERE](#)). Our Planning Department employees completed a Bicycle & Pedestrian Master Plan to help guide development of the City's future bike & walking network. Employees at the Aquatics Center helped nearly 60,000 attendees safely use the pool and its fun facilities. Parks and Recreation employees helped formulate new programs and classes at the Community Center and also oversaw installation of new playground and park amenities – all while keeping our current park facilities in good condition. Fire & EMS employees participated in a community open house to help inform citizens of the proposed Public Safety Building (combined fire & police facility) to be built in the spring of 2016. Employees at the Planning Department and Senior Center obtained grant funding to remodel and enlarge the Senior Center computer lab. Building inspectors and other building department staff reviewed and inspected a vast influx of housing units, and commercial and industrial buildings to make sure they are safe and functional. Our Finance and Administration employees have helped reduce expenditures and utilized increased sale tax revenues to grow our rainy-day fund.

Other Lindon City employees keep up with day-to-day duties that often go unnoticed but are critical to keep you safe and comfortable. Clerks and Secretaries keep our offices functioning efficiently. Daily inspections by our Public Works department of water systems and tanks, sewer lift stations, streets, lights & signs, and storm drainage facilities help keep our utilities safe and serviceable. Broken water and sewer mains are repaired day-or-night, in heat or cold. While most of us were at home on Christmas day, our snow plow drivers and police officers were busy keeping roads clear and assisting with emergency calls. They all work hard to keep Lindon City going strong!

As employees and citizens we've also been fortunate to have elected officials who strive to make the best decisions possible without being disagreeable. It's made for a positive work environment that comes right from the top of our City leadership.

As employees of Lindon City we want you to know that we strive to do better each day. We sincerely appreciate being able to work for you – and hope to do it for years to come. Please contact us if you have questions, concerns, or want to know how you can help make Lindon City better. We're happy to help or assist where able. Call 801-785-5043 or email me at acowie@lindoncity.org.

Adam Cowie
Lindon City Administrator

Mayor

Jeff Acerson

City Center Offices

100 North State St./Upper Level
785-5043

Community Development

100 North State St./Lower Level
785-7687

Public Works

946 West Center Street
796-7954

Justice Court

100 North State Street
Upper Level
785-1971

Police Department

100 North State Street
Lower Level
Emergency - 911
Non-emergency Dispatch
229-7070
Police Department Offices
769-8600

Fire/EMS

Emergency - 911
Non-emergency Dispatch
229-7070
Other Fire Services
229-7327

Aquatics Center

60 West 60 North
610-4160

Community/Senior Center

25 North Main
769-8637/769-8625

City Website

www.lindoncity.org
www.facebook.com/lindoncity

WINTER PARKING REMINDER

Just a reminder that vehicles can't park on the roadway in Lindon from 4 am to 4 pm between November 1st and March 15th to facilitate snow removal. Please make life easier for our great Snowplow drivers as they work to keep the roads safe for all of us! Also please remember to look out for your neighbors who may need help with snow removal from their driveways and sidewalks!

LINDON COMMUNITY CENTER



Free Community Event!

The Community Center Advisory Board (CCAB) is happy to announce the continuation of Community Center Cinema this winter. The CCAB will be showing a movie in the dark at the Lindon Community Center, January 22nd at 6 pm (title to be determined). Come for a fun family night! More info will be available soon online at www.lindoncity.org!

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2016 Youth Winter Programs

Sign up for one or more of our programs at the Lindon Community Center this winter! Follow the link below for registration and more program information. Most classes are scheduled to begin in February. Some classes have limited space. Register ASAP to insure participation. Questions? Give us a call at (801) 769-8625 or visit lindoncity.org/youth-programs.htm

- Cooking for Kids
- Beginner Group Guitar Class
- Gymnastics
- Youth Volleyball Clinic
- Kids Craft Club
- Be Your Own Hero (self-esteem class)

Please see the following descriptions



GYMNASTICS/TUMBLING

Join our gymnastics/tumbling class this winter. Classes will be for

beginners, children ages 4-9. Students will learn basic tumbling skills, and proper stretching techniques. Some basic skills that will be taught are forward rolls, hand stands, back bends, cartwheels, round-offs, front and back walk-overs, front hand springs and simple techniques on the bar. There is limited space. Our 8 week winter session begins in February and will conclude in March. Classes will be held at the Lindon Community Center in the Cultural Arts Auditorium on the north side of the building.

Winter Session: February 2nd – March 23rd (8 weeks)

Fee: \$56

[Click here](#) for level days and times



KIDS CRAFT CLUB

Send your kids to our Kids Craft Club after school program. Different crafts will be made and taken home each week. All supplies are included. Classes will be

held on Fridays at the Lindon Community Center in room 6. Space is limited to 16 participants. Sign your kiddos up for all of our sessions. Different crafts will be taught each month.

Grades: K-3rd

Fee: \$20 for 4 classes

Session Dates: Jan. 8th-29th, Feb. 5th-26th, March 4th-25th

Time: 4:00-4:45pm

BE YOUR OWN HERO



By developing self-confidence and feeling good about yourself you become a stronger and more assured person (like a Super Hero!). This class will help you in learning about you, about letting go of negative feelings and how to prevent others from hurting you. Learning how to have self-confidence, love the person that you are, and learn to communicate with and love other people, are the main points of the following six weeks of this class.

Each week we will focus on learning to look within yourself and discover things about you that make you feel confident and comfortable. The 6 week session will be held at the Lindon Community Center in room 6. We need at least 5 kids registered to carry out the class. Sign up ASAP!

Session Dates: Thursdays, February 4th– March 10th

Ages: 10-14 Time: 5:15-6:15 pm Class Fee: \$30

BEGINNER GROUP GUITAR CLASS



Sign up for our group guitar class! We provide a fun, safe environment where students can learn songs, guitar technique, basic music theory,

scales, & chords. Students are required to bring their own guitar. Classes will be held at the Lindon Community Center (25 N Main Street) on Mondays in room 6. This six week course will be a lot of fun! Limited space available.

Session: Mondays, February 1st – March 28th (no class 2/15)

Fee: \$80 (8 weeks) Time: 5:00-5:45 pm Ages: 6-15

COOKING FOR KIDS

Too many children are eating food that is unhealthy for them, this class will teach them how to prepare meals and snacks that are healthy, great tasting, and easy to make. We will go over the facts of a safe cooking environment, what utensils to use for preparing foods, trying new and unique foods, and then take off on a cooking adventure! Students will have hands on experience, preparing quick and easy dishes that they can use for breakfast, lunch, and dinner. We will focus on meals that can be taken to school for lunch and healthy snacks for after school! We need 5 kids minimum for the class to carry out.



Session Dates: Thursdays, Feb. 4th– March 10th

Ages: 10-14 Time: 4:00-5:00 pm Class Fee: \$50

[Click here](#) for level days and times

2016 LITTLE MISS LINDON PAGEANT



The 2016 Little Miss Lindon Pageant will be held at 6:00 pm on Saturday, March 5, 2016 at Oak Canyon Jr. High School. Applications are available at the Community Center. There is a \$30.00 entry fee and applications

must be returned by 5:00 p.m. on Friday, January 29, 2016. The first 25 applicants (first come first serve basis) will compete in the pageant in the areas of service, talent and poise. The pageant is open to young women ages 11 to 13 who live in Lindon or attend Lindon schools. For more information visit the city website at www.lindoncity.org or contact Traci Stone at (801) 427-8304.



LINDON SENIOR CENTER NEWS

Important Events to watch for in January!

- + Family History **FREE OPEN LAB ASSISTANCE** available Mon-Wed 10:30am - 11:30am
- + Computer Basics Class, Fridays at 10:30 Must sign up.
- + PickleBall instruction and Gym Time for Seniors Mondays at 12:30pm.
- + Chair Fitness Tuesdays and Thursdays at 10:30am.
- + Friday, Jan. 8th 10:30am - 12:30pm.
- + Card-Making Club Jan. 14th and 28th, 12:30pm
- + Center **Closed** Monday, Jan. 18th, MLK Jr. Day
- + Free Hand Massages, Jan. 20th 10:00am-12:00pm
- + **BUS TRIP:** Provo City Center Temple Open House Jan. 21st after lunch. Must register.
- + Bookmobile Jan. 25th 11:00am-12:30pm
- + Alpha Home Health Screening, Jan. 29th 11:15am

Computer Class Information

The Computer Lab remodel is COMPLETE! Now we just need to fill it up with all of you! Please consider the following options for Senior Center computer lab use:



- Family History Open Lab and personal assistance Mondays, Tuesdays, and Wednesdays from 10:30am to 11:30.
- Computer Basics is starting this month! Fridays 10:30-11:30. Be sure to sign up this month!
- Open Lab use Mon-Fri, 9:00am to 3:00pm *excluding* class times listed above. Feel free to use the computers for social media, email, news, games,

research, typing documents, and more. We would love to have you!

PICKLEBALL!

Pickleball is one of the most fun and fastest growing sports, especially in the senior community! Seniors can come and learn how to play Mondays at 12:30 pm at the Senior Center. Please come join us!!



SENIOR BUS TRIP



The LDS Church has recently completed building their newest temple in Provo. They are allowing the general public to tour the facility before its dedication in March 2016. We are taking advantage of this

opportunity on **Thursday, January 21st after lunch.** Please register at the front desk if you would like to attend. Be aware this trip may require walking.

Chair Fitness



Tuesdays and Thursdays, 10:30 am to 11:30 am. City Councilmember, Randi Powell, donates her time twice a week to the health and wellness of Lindon Seniors by leading this class! Come and enjoy good music and good company while getting some great exercise!

Card-Making Club

January 14th and January 28th **FREE!!!** All materials included. Come to be creative and social and leave with free greeting cards!



HEALTH



SCREENING

Health Screening

Lacey, with Alpha Home Health will be here Friday, January 22nd for free Blood Sugar and Pressure checks!

A Reminder that we have a bus! We are offering rides to and from the center on Mondays, Wednesdays, and Fridays. This is available for Lindon Resident Seniors. Pick-ups are between 10am and 11am. Drop offs are between 1pm and 2pm. Reservations must be made at least one day in advance. Please let us know if you would like to take advantage of this service, especially during this time of year!



For more information see the senior newsletter or contact the Senior Center Front Desk at 801-769-8625

[Senior Center January Newsletter](#)
[Senior Center January Lunch Menu](#)

UTAH COUNTY CRISIS LINE



Utah County Crisis Line provides unique and fulfilling volunteer experience. We are a free, 24

hour, confidential listening line that provides support and community resources for those in crisis. We receive calls for a variety of reasons including: thoughts of suicide, depression, addiction, sickness, death of a loved one, abuse, stress, or any situation the caller may feel unable to cope with. We listen to and guide individuals to local agencies in order to help them find long-term solutions. Professional training is provided and scheduling is flexible.

Qualified volunteers must be:

- At least 18 years of age.
- Live in Utah County.
- Willing to submit to a background check.
- Mentally and emotionally stable.
- Willing to make a 4 month commitment and work one 3 hour shift each week and one overnight shift every 4-6 weeks.

Come join our team of caring individuals as we support the community through this valuable program! For more information about training dates, applications, or internship opportunities, please email: utahcountycrisisline@gmail.com.

Website: crisislineuc.org
[Click here](#) to like us on Facebook.

RED CROSS BLOOD DONATIONS

You've helped save lives with your previous blood donations, and we need your help again! As you are probably aware, we have a dramatic need for blood in the summer months. Only dedicated volunteer blood donor like you can help ensure that hospitals have an adequate blood supply on hand to help save the lives of critically ill and injured patients. A patient somewhere needs your blood type. Please make and keep a blood donation appointment in the coming days! To schedule your appointment call 1-800-RED CROSS or [click here](#).



CHRISTMAS TREE PICKUP

Republic Services will be providing Lindon City's Christmas tree pickup from January 13th to January 21st. Trees must be placed curbside no later than 7 a.m. beginning January 13th to ensure prompt



pickup (live trees only). Service is limited to one tree per household. Thanks for your cooperation in advance!

LINDON MONTHLY RECYCLE FACTS



January 2016: A New Year and a New Way to Think about Trash!!

Making an effort to recycle is a great resolution for the New Year! Call the city today to sign up **TODAY!**

- Did you know that 70% of what you throw in your garbage container can be recycled?
- Swap out your second garbage container for a recycling bin in 2016 to save and keep our planet healthy!

If you are interested in ordering a recycling can please contact the Lindon City Utilities Clerk at 801-785-5043 or by email at slaidler@lindoncity.org.

Utah Valley Job Fair

You will **NOT** want to miss the Utah Valley Job Fair on **Wednesday March 9, 2016** from 3:00 p.m. – 6:00 p.m. This is the largest job fair planned for 2016 in Utah County. It will be held at the Utah Valley Convention Center, 220 West Center St. (Exhibit Hall A) in Provo, Utah.

Job-seeking Attendees will be able to create invaluable relationships with HR personnel and explore career opportunities with some of the biggest and best paying companies. You will be able to meet 120 employers looking to hire hard working employees.

Attending Employers will have a huge opportunity to meet hundreds of job seekers looking for work or exploring ways to find long-term careers. Marketing efforts for this event come from City, County, Local Chambers, School Districts, UDOWD, Department of Workforce Services, Vocational Rehabilitation, MATC, LDS Employment, UVU and BYU.

Employer Registration will open the first week of February. To receive updates make sure you "like" us on our [Facebook page](#). Email your questions about the Job Fair to utahvalleyjobfair@gmail.com.

Save the date, March 9th, and plan to attend. WE HOPE TO SEE YOU THERE!

[Utah Valley Job Fair Flyer](#)

Employee Recognition

The City is pleased to recognize **GARY HOGLUND**, Building Inspector and Code Enforcement Officer, for his outstanding employee efforts with our Employee Recognition Award for this quarter.

Congratulations and thanks for always doing a great job for the city Gary!



*Lindon City wants to thank **PROFIRE ENERGY** located in Lindon, for donating and supporting Lindon City's Employee Recognition Program.*

