



# Viral Response Module v2021-2022: Version Updates

This annual update to the Fitwel Viral Response Module (v2021-22) integrates the very latest research regarding viral transmission in the built environment. **Given the rigor of the science behind v2020-21, this update does not introduce new strategies. Instead, it provides clarifications and expanded pathways for achieving strategies, as well as additional policy templates to support implementation.** The VRM remains a flexible tool to safeguard building occupants from contagious diseases caused by pathogens ranging from a novel virus, like the one that led to the COVID-19 pandemic, to better known viruses, like influenza A and B, which cause seasonal flu outbreaks.

## General Updates

### Changes Impacting Entity / Enterprise Certification:

- **Update the format of policies and protocols** to facilitate the adoption and implementation. *VRM policies and protocols are available for free download at [www.fitwel.org/fitwel-standards](http://www.fitwel.org/fitwel-standards)*
- **Updated the structure of most policies and protocols** to clarify the requirements and facilitate the process of adoption and implementation. For example, more clarity is provided on how the policies and protocols must be implemented within individual assets.
- **Updated compliance documentation requirements** to incorporate elements that support asset-level implementation and facilitate VRM Asset Approval.
- **Key Strategy Update:** Removed Minimum Requirement status from "Establish a Paid Sick Leave Policy" and added an Alternative Compliance pathway for achieving partial credit for this strategy.

### Changes Impacting Asset Approval:

- **Updated requirements for Asset Approval statements and narratives** to clarify how policies and protocols are implemented within the asset.

## Changes Impacting Module Strategy Requirements

### 1. Enhance Indoor Environments

*MR: Minimum Requirement  
DS: Dependent Strategy*

| ID       | Strategy  | Version 2021-2022 Content Updates  |
|----------|---|--|
| MR 1.1   | Establish an Enhanced Indoor Air Quality Policy                       | 1. Updated ventilation requirements to: <ul style="list-style-type: none"> <li>- no longer require natural ventilation.</li> <li>- include an additional compliance pathway for projects able to achieve <math>\geq 4</math> air changes per hour.</li> <li>- include separate guidance for the ventilation of occupied buildings during a contagious disease outbreak and during all other times.</li> </ul> 2. Updated filtration requirements to: <ul style="list-style-type: none"> <li>- include guidance for mobile filtration units or portable air cleaners</li> <li>- include separate guidance for the filtration of occupied buildings during a contagious disease outbreak and during all other times</li> </ul> |
| DS 1.1.1 | Establish a Humidity Control Policy                                   | No change  |
| 1.2      | Establish an Enhanced Indoor Air Quality Testing or Monitoring Policy | 1. Separated the two compliance pathways into two distinct policies.<br>2. Integrated a new pathway for assets that have not been occupied for the past 12 months to demonstrate compliance.   |

|    |       |  |   |
|----|-------|--|---|
|    | 1.3   | Establish a Legionella Water Management Policy                       | No change   |
|    | 1.4   | Establish an Enhanced Cleaning, Disinfecting, and Maintenance Policy | Updated requirements to include:<br>- guidance for cleaning and disinfection during periods when there is not an active contagious disease outbreak.<br>- regular site inspections as a qualifying auditing method. |
| DS | 1.4.1 | Establish an Enhanced Green Purchasing Policy                        | No change   |

## 2. Encourage Behavioral Change

| ID | Strategy | Version 2021-2022 Content Updates                    |  |
|----|----------|--|--|
|    | 2.1      | Establish a Surface Cleaning Protocol                | <p>1. Updated surface cleaning protocol requirements to:</p> <ul style="list-style-type: none"> <li>- no longer require surface cleaning stations be placed near shared office equipment.</li> <li>- clarify that both cleansers and disinfectants meet the supply guidelines.</li> </ul> <p>2. Added an Alternative Compliance pathway which provides partial credit for projects that establish and implement a protocol for surface cleaning closets, where the necessary supplies for surface cleaning can be accessed.</p>                                  |
| MR | 2.2      | Establish a Face Covering Protocol                   | Updated the strategy requirements to explicitly focus on face covering guidelines rather than broader personal protective equipment (PPE).   |
| DS | 2.2.1    | Establish a Face Covering Provision Protocol         | Updated the strategy requirements to explicitly focus on face covering guidelines rather than broader personal protective equipment (PPE).   |
| MR | 2.3      | Establish a Hand Hygiene Protocol                    | No change  |
| MR | 2.4      | Establish a Health Promotion Signage Protocol        | <p>Updated requirements to clarify that the following signs only needed to be posted during a contagious disease outbreak:</p> <ul style="list-style-type: none"> <li>- Physical distancing guidance</li> <li>- Face covering guidance</li> <li>- Cleaning protocols for wiping down high-touch surfaces after use</li> <li>- Reminders to stay home when sick</li> <li>- Coughing and sneezing etiquette</li> </ul>   |
|    | 2.5      | Establish A Health Programming and Services Protocol | <p>Updated the strategy requirements to:</p> <ul style="list-style-type: none"> <li>- require that programs and services be made available to full-time employees, rather than all occupants.</li> <li>- add mental health counseling as a qualifying service or program.</li> <li>- allow virtual programming to meet the strategy requirements at all times, not only during active contagious disease outbreaks.</li> <li>- clarify that third-party provided services and programs can meet the requirements of a qualifying services or program.</li> </ul> |
| DS | 2.5.1    | Establish A Social Support Group Protocol            | <p>Updated the strategy requirements to:</p> <ul style="list-style-type: none"> <li>- require social support groups be made available to only full-time employees, rather than all occupants.</li> <li>- allow virtual programming to meet the strategy requirements at all times, not only during active contagious disease outbreaks.</li> </ul>   |

## 2. Encourage Behavioral Change

| ID            | Strategy  | Version 2021-2022 Content Updates  |
|---------------|---|--|
| <b>MR</b> 3.1 | Establish a Contagious Disease Outbreak Preparedness Protocol   | No change  |
| DS 3.1.1      | Establish a Business Continuity Protocol                        | Updated the strategy requirements to require the business continuity protocol be applicable to full-time employees, rather than all occupants.   |
| DS 3.1.2      | Establish a Mental Health First Aid Responder Training Protocol | Updated the strategy requirements to require the training be applicable to full-time employees, rather than all occupants.   |
| DS 3.1.3      | Establish A Viral Response Design Protocol                      | Updated the strategy requirements to clarify that the protocol only needs to be implemented during an active contagious disease outbreak. the training be applicable to full-time employees, rather than all occupants.  |
| 3.2           | Establish an Enhanced Stakeholder Collaboration Protocol        | No change  |
| <b>MR</b> 3.3 | Establish a Communication Protocol                              | No change  |
| 3.4           | Establish a Paid Sick Leave Policy                              | <ol style="list-style-type: none"> <li>1. Added an Alternative Compliance pathway which provides partial credit for projects that establish and implement a paid time off policy.</li> <li>2. Enhanced strategy requirements to require the policies only apply to full-time employees, rather than all occupants.</li> <li>3. Removed from the list of minimum requirements.</li> </ol> |
| 3.5           | Establish a Family Support Policy                               | No change  |

### COPYRIGHT

Copyright © 2021 by the Center for Active Design, Inc.

All rights reserved. No part of this document may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher, except as permitted by copyright law. For permission requests, please contact us at [info@fitwel.org](mailto:info@fitwel.org).

This document and all use of the services or products described herein are subject to the Terms of Service found at <https://www.fitwel.org/privacy-policy/>. FITWEL & Design is a registered trademark of the U.S. Department of Health & Human Services (HHS). Participation by the Center for Active Design and/or any other organization does not imply endorsement by HHS.