Table A-6 Estimated Daily Intake of Erythritol from Individual Proposed Food-Uses by Male Adults Aged 20 Years and Over within the U.S. (2013-2014 NHANES Data)

Food-Use Category	% Contribution	Per Capit	Per Capita Intake (g/day)		Consumer-Only Intake (g/day)				
	to Total Mean Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile		
Sugar Substitutes	0.7	0.3	0.6	11.5	246	2.2	5		
Canned Fruit (Syrup)	0.5	0.2	na	4.2	85	3.8	6.7		
Regular or Low-Calorie Syrups or Toppings	0.3	0.1	na	2.4	64	4.3	8.9*		

n = sample size; na = not available; NHANES = National Health and Nutrition Examination Survey; U.S. = United States.

<sup>\*</sup> Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements (mean n<30; 90<sup>th</sup> percentile n<80).

Table A-7 Estimated Daily Intake of Erythritol from Individual Proposed Food-Uses by the Total U.S. Population (2013-2014 NHANES Data)

Food-Use Category	% Contribution to Total Mean	Per Capit (g/day)	a Intake	Consul (g/day	mer-Only I )	ntake		
	Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile	
All	100	31.1	62.1	97.0	7,218	32.1	63.0	
Baked Goods and Baking Mixes (excluding regular bread)	17.7	5.5	15.5	63.6	4,791	8.7	19.6	
Bars (Granola, High Protein)	1.5	0.5	1.7	11.5	667	4.0	7.5	
Cakes	5.7	1.8	6.3	14.5	1,057	12.2	26.1	
Cookies	5.0	1.5	4.9	34.1	2,538	4.5	9	
Alcoholic Beverages (Lite Beer, Coolers)	4.5	1.4	na	5.7	322	24.3	50.4	
Flavored Quenchers	3.6	1.1	na	7.2	523	15.6	26.8	
Reduced- and Low-Calorie Carbonated and Non-Carbonated Beverages	13.9	4.3	14.7	24.6	1,500	17.6	40.9	
Hot Cereal – Oatmeal (Instant or Cooked)	1.2	0.4	na	7.8	671	4.8	8.5	
Ready-to-Eat Cereals	11.6	3.6	12.0	35.2	2,770	10.2	19.4	
Chewing Gum	0.2	0.1	na	2.9	242	2.4	4.5	
BBQ Sauce	0.8	0.2	na	9.4	660	2.6	5.4	
Tomato Sauce	1.4	0.4	1.2	25.0	1,855	1.7	4.0	
Imitation Dairy Drinks (Soy, almond, cashew, coconut, and other plant-based)	1.7	0.5	na	5.4	378	10.1	22.0	
Non-Dairy Toppings	<0.1	<0.1	na	0.9	41	1.1	1.9*	
Low Calorie Salad Dressings	0.5	0.1	na	5.8	377	2.5	5.5	
Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)	6.1	1.9	7.2	25.1	1,698	7.5	15.3	
Fruit-Based Slushies	0.1	<0.1	na	3.1	255	1.4	2.8	
Fillings (Fruit, Custard, Cream, Pudding)	<0.1	<0.1*	na	0.1	2	1.7*	1.66*	
Puddings (Instant, Phosphate Set)	0.6	0.2	na	2.3	137	8.2	13.2	
Hard Candy (Mints, Pressed, Candies, Cough Drops)	2.3	0.7	na	6.5	511	11.1	27.7	
Jams and Jellies	0.6	0.2	0.5	11.3	839	1.6	3	
Dairy drinks (Chocolate and Flavored Milks)	3.1	1.0	4.3	13.7	1,221	7.0	13.0	
Yogurt	2.8	0.9	3.8	16.5	1,121	5.2	9.9	
Fruit-Based Smoothies	1.1	0.3	na	4.0	279	8.4	15.1	
Salty Snacks	3.2	1.0	3.2	36.1	2,572	2.8	5.7	
Fruit Novelty Snacks (e.g., fruit peel, fruit candy bar, fruit leathers, fruit creams, fruit snack candy, gummy fruits)	1.0	0.3	na	3.4	314	9.6	19.1	
Non-Chocolate Candies	3.2	1.0	na	9.8	733	10.1	24.6	

Table A-7 Estimated Daily Intake of Erythritol from Individual Proposed Food-Uses by the Total U.S. Population (2013-2014 NHANES Data)

Food-Use Category	% Contribution to Total Mean Intake	Per Capita Intake (g/day)		Consul (g/day			
		Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile
Soft Chocolate Candies	4.7	1.5	4.7	22	1,425	6.7	13.5
Sugar Substitutes	0.8	0.2	0.5	11.4	677	2.1	4.5
Canned Fruit (Syrup)	0.8	0.3	na	6.7	519	3.9	6.8
Regular or Low-Calorie Syrups or Toppings	0.4	0.1	na	4.0	338	3.4	7.5

 $n = sample \ size; \ na = not \ available; \ NHANES = National \ Health \ and \ Nutrition \ Examination \ Survey; \ U.S. = United \ States.$ 

<sup>\*</sup> Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements (mean n<30; 90th percentile n<80).

### Appendix B

Estimated Daily Per Kilogram Body Weight Intake of Erythritol from Individual Proposed Food-Uses by Different Population Groups within the U.S. (2013-2014 NHANES Data)

Table B-1 Estimated Daily Per Kilogram Body Weight Intake of Erythritol from Individual Proposed Food-Uses by Infants and Young Children Aged Up to 3 Years within the U.S. (2013-2014 NHANES Data)

Food-Use Category	% Contribution to Total Mean	Per Capit (mg/kg b			mer-Only g bw/day)			
	Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile	
All	100	1,206	2,681	79.7	563	1,512	2,816	
Baked Goods and Baking Mixes (excluding regular bread)	18.3	221	599	60.0	414	368	808	
Bars (Granola, High Protein)	1.6	19	na	6.7	36	287	603*	
Cakes	2.7	33	na	7.5	50	440	1,237*	
Cookies	7.0	84	302	37.0	235	227	468	
Alcoholic Beverages (Lite Beer, Coolers)	0	na	na	0	0	na	na	
Flavored Quenchers	2.3	28*	na	4.6	22	606*	1,119*	
Reduced- and Low-Calorie Carbonated and Non-Carbonated Beverages	2.3	28	na	9.5	61	292	669*	
Hot Cereal – Oatmeal (Instant or Cooked)	1.9	24	64*	10.7	68	220	430*	
Ready-to-Eat Cereals	14.7	177	558	45.7	298	388	774	
Chewing Gum	0.1	2*	na	1.2	13	132*	188*	
BBQ Sauce	0.2	2*	na	3.0	21	61.4*	144*	
Tomato Sauce	1.1	13	45	17.7	109	74.9	164	
Imitation Dairy Drinks (Soy, almond, cashew, coconut, and other plant-based)	6.0	73	na	6.3	30	1,145	2,945*	
Non-Dairy Toppings	0	na	na	0	0	na	na	
Low Calorie Salad Dressings	0.1	1*	na	1.6	15	43*	71*	
Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)	3.5	42	181	16.7	118	254	481	
Fruit-Based Slushies	0.4	5	na	7.2	48	68	98*	
Fillings (Fruit, Custard, Cream, Pudding)	0	na	na	0	0	na	na	
Puddings (Instant, Phosphate Set)	0.4	5*	na	1.3	10	387*	483*	
Hard Candy (Mints, Pressed, Candies, Cough Drops)	5.2	62	na	9.1	46	686	1,892*	
Jams and Jellies	0.9	11	35*	13.6	78	78	150*	
Dairy drinks (Chocolate and Flavored Milks)	5.8	70	268	16.2	102	435	1,013	
Yogurt	6.4	77	259	25.8	156	300	619	
Fruit-Based Smoothies	0.5	7*	na	3.0	23	217*	383*	
Salty Snacks	2.9	36	113	32.1	204	110	197	
Fruit Novelty Snacks (e.g., fruit peel, fruit candy bar, fruit leathers, fruit creams, fruit snack candy, gummy fruits)	7.7	93	na	9.5	58	970	4,368*	

Table B-1 Estimated Daily Per Kilogram Body Weight Intake of Erythritol from Individual Proposed Food-Uses by Infants and Young Children Aged Up to 3 Years within the U.S. (2013-2014 NHANES Data)

Food-Use Category	% Contribution to Total Mean	Per Capita Intake (mg/kg bw/day)		Consu (mg/kg			
	Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile
Non-Chocolate Candies	3.4	41	75*	10.5	55	387	841*
Soft Chocolate Candies	1.4	16	na	8.9	58	184	447*
Sugar Substitutes	0.1	1*	na	0.5	2	141*	197*
Canned Fruit (Syrup)	2.8	34	137*	12.4	70	276	586*
Regular or Low-Calorie Syrups or Toppings	0.3	3	na	4.7	32	73	153*

<sup>\*</sup> Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements (mean n<30; 90<sup>th</sup> percentile n<80).

Table B-2 Estimated Daily Per Kilogram Body Weight Intake of Erythritol from Individual Proposed Food-Uses by Children Aged 4 to 11 Years within the U.S. (2013-2014 NHANES Data)

(excluding regular bread)  Bars (Granola, High Protein) 1.0  Cakes 4.3  Cookies 5.6  Alcoholic Beverages (Lite Beer, Coolers)  Flavored Quenchers 3.6  Reduced- and Low-Calorie 3.4  Carbonated and Non-Carbonated Beverages  Hot Cereal – Oatmeal (Instant or Cooked)  Ready-to-Eat Cereals 14.4  Chewing Gum 0.3  BBQ Sauce 0.3  Tomato Sauce 2.1  Imitation Dairy Drinks (Soy, almond, cashew, coconut, and other plantbased)  Non-Dairy Toppings <0.1  Low Calorie Salad Dressings 0.2  Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)  Fruit-Based Slushies 0.6	Mean  1,209  255  12  52  67  na  43  42	90 <sup>th</sup> Percentile 2,256 613 47 167 215 na 131 150	% 99.9 77.8 12.2 15.7 45.0 0 13.1 24.3	n 1,149 892 117 161 497 0	Mean  1,210 327 98 330 150 na 329 171	90 <sup>th</sup> Percentile 2,256 756 155 672 323 na 708
Baked Goods and Baking Mixes (excluding regular bread)  Bars (Granola, High Protein)  Cakes  4.3  Cookies  Alcoholic Beverages (Lite Beer, Coolers)  Flavored Quenchers  Reduced- and Low-Calorie Carbonated and Non-Carbonated Beverages  Hot Cereal – Oatmeal (Instant or Cooked)  Ready-to-Eat Cereals  Chewing Gum  BBQ Sauce  14.4  Chewing Gum  Dinitation Dairy Drinks (Soy, almond, cashew, coconut, and other plantbased)  Non-Dairy Toppings  Low Calorie Salad Dressings  Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)  Fruit-Based Slushies  21.1	255 12 52 67 na 43 42	613 47 167 215 na	77.8 12.2 15.7 45.0 0	892 117 161 497 0	98 330 150 na	756 155 672 323 na 708
(excluding regular bread)  Bars (Granola, High Protein) 1.0  Cakes 4.3  Cookies 5.6  Alcoholic Beverages (Lite Beer, Coolers)  Flavored Quenchers 3.6  Reduced- and Low-Calorie 3.4  Carbonated and Non-Carbonated Beverages  Hot Cereal – Oatmeal (Instant or Cooked)  Ready-to-Eat Cereals 14.4  Chewing Gum 0.3  BBQ Sauce 0.3  Tomato Sauce 1.1  Imitation Dairy Drinks (Soy, almond, cashew, coconut, and other plantbased)  Non-Dairy Toppings <0.1  Low Calorie Salad Dressings 0.2  Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)  Fruit-Based Slushies 0.6	12 52 67 na 43 42	47 167 215 na	12.2 15.7 45.0 0	117 161 497 0	98 330 150 na	155 672 323 na 708
Cakes 4.3  Cookies 5.6  Alcoholic Beverages (Lite Beer, Coolers)  Flavored Quenchers 3.6  Reduced- and Low-Calorie 3.4  Carbonated and Non-Carbonated Beverages  Hot Cereal – Oatmeal (Instant or Cooked)  Ready-to-Eat Cereals 14.4  Chewing Gum 0.3  BBQ Sauce 0.3  Tomato Sauce 2.1  Imitation Dairy Drinks (Soy, almond, cashew, coconut, and other plantbased)  Non-Dairy Toppings <0.1  Low Calorie Salad Dressings 0.2  Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)  Fruit-Based Slushies 0.6	52 67 na 43 42	167 215 na 131	15.7 45.0 0	161 497 0	330 150 na 329	672 323 na 708
Cookies 5.6  Alcoholic Beverages (Lite Beer, Coolers)  Flavored Quenchers 3.6  Reduced- and Low-Calorie 3.4  Carbonated and Non-Carbonated Beverages  Hot Cereal – Oatmeal (Instant or Cooked)  Ready-to-Eat Cereals 14.4  Chewing Gum 0.3  BBQ Sauce 0.3  Tomato Sauce 2.1  Imitation Dairy Drinks (Soy, almond, cashew, coconut, and other plantbased)  Non-Dairy Toppings <0.1  Low Calorie Salad Dressings 0.2  Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)  Fruit-Based Slushies 0.6	67 na 43 42	215 na 131	45.0 0 13.1	497 0 120	150 na 329	323 na 708
Alcoholic Beverages (Lite Beer, Coolers)  Flavored Quenchers  Reduced- and Low-Calorie Carbonated and Non-Carbonated Beverages  Hot Cereal – Oatmeal (Instant or Cooked)  Ready-to-Eat Cereals  Chewing Gum  BBQ Sauce  14.4  Chewing Gum  Dairy Drinks (Soy, almond, cashew, coconut, and other plantbased)  Non-Dairy Toppings  Low Calorie Salad Dressings  Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)  Fruit-Based Slushies  3.6  3.6  3.6  3.4  3.7  3.8  3.9  3.9  3.9  3.9  3.9  3.9  3.9	na 43 42	na 131	0	0	na 329	na 708
Coolers)  Flavored Quenchers 3.6  Reduced- and Low-Calorie 3.4  Carbonated and Non-Carbonated Beverages  Hot Cereal – Oatmeal (Instant or Cooked)  Ready-to-Eat Cereals 14.4  Chewing Gum 0.3  BBQ Sauce 0.3  Tomato Sauce 2.1  Imitation Dairy Drinks (Soy, almond, cashew, coconut, and other plantbased)  Non-Dairy Toppings <0.1  Low Calorie Salad Dressings 0.2  Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)  Fruit-Based Slushies 0.6	43 42	131	13.1	120	329	708
Reduced- and Low-Calorie Carbonated and Non-Carbonated Beverages  Hot Cereal – Oatmeal (Instant or Cooked)  Ready-to-Eat Cereals  Chewing Gum  BBQ Sauce  1.1  Imitation Dairy Drinks (Soy, almond, cashew, coconut, and other plantbased)  Non-Dairy Toppings  Low Calorie Salad Dressings  Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)  Fruit-Based Slushies  3.4  3.4  3.4  3.4  3.4  3.4  3.5  4.4  4.5  6.7  6.7  6.7	42					
Carbonated and Non-Carbonated Beverages  Hot Cereal – Oatmeal (Instant or Cooked)  Ready-to-Eat Cereals 14.4  Chewing Gum 0.3  BBQ Sauce 0.3  Tomato Sauce 2.1  Imitation Dairy Drinks (Soy, almond, cashew, coconut, and other plantbased)  Non-Dairy Toppings <0.1  Low Calorie Salad Dressings 0.2  Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)  Fruit-Based Slushies 0.6		150	24.3	245	171	
Cooked)  Ready-to-Eat Cereals 14.4  Chewing Gum 0.3  BBQ Sauce 0.3  Tomato Sauce 2.1  Imitation Dairy Drinks (Soy, almond, cashew, coconut, and other plant-based)  Non-Dairy Toppings <0.1  Low Calorie Salad Dressings 0.2  Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)  Fruit-Based Slushies 0.6	6					310
Chewing Gum 0.3  BBQ Sauce 0.3  Tomato Sauce 2.1  Imitation Dairy Drinks (Soy, almond, cashew, coconut, and other plantbased)  Non-Dairy Toppings <0.1  Low Calorie Salad Dressings 0.2  Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)  Fruit-Based Slushies 0.6		na	5.4	73	112	203*
BBQ Sauce 0.3  Tomato Sauce 2.1  Imitation Dairy Drinks (Soy, almond, cashew, coconut, and other plantbased)  Non-Dairy Toppings <0.1  Low Calorie Salad Dressings 0.2  Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)  Fruit-Based Slushies 0.6	174	460	59.4	697	293	587
Tomato Sauce 2.1  Imitation Dairy Drinks (Soy, almond, cashew, coconut, and other plantbased)  Non-Dairy Toppings <0.1  Low Calorie Salad Dressings 0.2  Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)  Fruit-Based Slushies 0.6	3	na	4.5	54	68	120*
Imitation Dairy Drinks (Soy, almond, cashew, coconut, and other plant-based)  Non-Dairy Toppings <0.1  Low Calorie Salad Dressings 0.2  Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)  Fruit-Based Slushies 0.6	3	na	6.4	98	54	94*
cashew, coconut, and other plant-based)  Non-Dairy Toppings <0.1  Low Calorie Salad Dressings 0.2  Frozen Desserts (Regular Ice Cream, 6.7  Soft Serve, Sorbet, Frozen Yogurt)  Fruit-Based Slushies 0.6	25	72	38.3	434	66	158
Low Calorie Salad Dressings 0.2  Frozen Desserts (Regular Ice Cream, 6.7  Soft Serve, Sorbet, Frozen Yogurt)  Fruit-Based Slushies 0.6	11	na	3.1	31	371	653*
Frozen Desserts (Regular Ice Cream, 6.7 Soft Serve, Sorbet, Frozen Yogurt) Fruit-Based Slushies 0.6	<1*	na	0.3	3	54*	69.9*
Soft Serve, Sorbet, Frozen Yogurt) Fruit-Based Slushies 0.6	2	na	3.7	42	59	136*
	81	256	35.8	346	226	503
FIII. /F 1: 6 : 1 6	7	27	14.4	124	48	93.1
Fillings (Fruit, Custard, Cream, <0.1 Pudding)	<1*	na	0	1	102*	102*
Puddings (Instant, Phosphate Set) 0.4	4*	na	1.8	24	249*	429*
Hard Candy (Mints, Pressed, Candies, 4.7 Cough Drops)	57	168	15.7	157	365	975
Jams and Jellies 0.8	10	36	17.7	203	55	121
Dairy drinks (Chocolate and Flavored 7.3 Milks)	88	294	39.7	462	223	396
Yogurt 3.1	38	148	22.2	233	171	329
Fruit-Based Smoothies 0.7	8	na	4.8	58	171	332*
Salty Snacks 3.5	43	116	50.9	563	84	164
Fruit Novelty Snacks (e.g., fruit peel, fruit candy bar, fruit leathers, fruit creams, fruit snack candy, gummy fruits)	45	156	14.7	143	304	580
Non-Chocolate Candies 4.4	 53	130	18.5	202	288	730

Table B-2 Estimated Daily Per Kilogram Body Weight Intake of Erythritol from Individual Proposed Food-Uses by Children Aged 4 to 11 Years within the U.S. (2013-2014 NHANES Data)

Food-Use Category	% Contribution to Total Mean Intake	Per Capita Intake (mg/kg bw/day)		Consumer-Only Intake (mg/kg bw/day)				
		Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile	
Soft Chocolate Candies	4.1	50	142	21.2	218	236	493	
Sugar Substitutes	<0.1	<1*	na	0.9	7	9*	16*	
Canned Fruit (Syrup)	1.5	18	59	12.0	149	148	273	
Regular or Low-Calorie Syrups or Toppings	0.9	11	14	11.1	125	96	256	

<sup>\*</sup> Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements (mean n<30; 90<sup>th</sup> percentile n<80).

Table B-3 Estimated Daily Per Kilogram Body Weight Intake of Erythritol from Individual Proposed Food-Uses by Female Teenagers Aged 12 to 19 Years within the U.S. (2013-2014 NHANES Data)

Food-Use Category	% Contribution to Total Mean	Per Capit (mg/kg b			mer-Only g bw/day)		
	Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile
All	100	457	971	99.3	564	460	971
Baked Goods and Baking Mixes (excluding regular bread)	19.1	87	237	62.0	351	141	282
Bars (Granola, High Protein)	2.4	11	50*	17.2	68	65	111*
Cakes	5.7	26	24*	11.5	73	227	659*
Cookies	5.0	23	85	34.4	204	66.6	132
Alcoholic Beverages (Lite Beer, Coolers)	0.3	1*	na	0.9	2	154*	155*
Flavored Quenchers	3.3	15	na	9.0	53	164	271*
Reduced- and Low-Calorie Carbonated and Non-Carbonated Beverages	7.6	35	96	15.0	91	233	862
Hot Cereal – Oatmeal (Instant or Cooked)	0.6	3*	na	3.5	28	82.8*	130*
Ready-to-Eat Cereals	14.9	68	210	43.3	228	157	300
Chewing Gum	0.1	<1*	na	2.8	21	18*	37*
BBQ Sauce	0.9	4	na	7.5	47	54	147*
Tomato Sauce	1.7	8	20	26.6	131	29	72
Imitation Dairy Drinks (Soy, almond, cashew, coconut, and other plant-based)	0.8	3*	na	2.1	22	166*	280*
Non-Dairy Toppings	0	na	na	0	0	na	na
Low Calorie Salad Dressings	0.9	4*	na	8.5	23	47*	72*
Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)	6.1	28	95	24.3	122	115	218
Fruit-Based Slushies	0.3	1*	na	2.6	13	45*	71*
Fillings (Fruit, Custard, Cream, Pudding)	0	na	na	0	0	na	na
Puddings (Instant, Phosphate Set)	0.5	2*	na	1.8	9	133*	198*
Hard Candy (Mints, Pressed, Candies, Cough Drops)	4.3	20	na	8.6	54	227	448*
Jams and Jellies	0.6	3	na	9.6	42	27	52*
Dairy drinks (Chocolate and Flavored Milks)	4.7	22	96	20.2	113	107	195
Yogurt	2.4	11	42*	14.7	60	74	173*
Fruit-Based Smoothies	2.0	9*	na	5.8	24	156*	284*
Salty Snacks	4.0	18	54	41.3	261	44	108
Fruit Novelty Snacks (e.g., fruit peel, fruit candy bar, fruit leathers, fruit creams, fruit snack candy, gummy fruits)	2.0	9	na	6.5	39	138	268*

Table B-3 Estimated Daily Per Kilogram Body Weight Intake of Erythritol from Individual Proposed Food-Uses by Female Teenagers Aged 12 to 19 Years within the U.S. (2013-2014 NHANES Data)

Food-Use Category	% Contribution to Total Mean		Per Capita Intake (mg/kg bw/day)		Consumer-Only Intake (mg/kg bw/day)			
	Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile	
Non-Chocolate Candies	4.1	19	na	9.5	50	198	434*	
Soft Chocolate Candies	4.0	18	55	18.4	109	99	243	
Sugar Substitutes	<0.1	<1*	na	1.1	5	14*	15*	
Canned Fruit (Syrup)	1.2	6	14*	10.7	32	52	119*	
Regular or Low-Calorie Syrups or Toppings	0.6	3*	na	4.9	22	53*	102*	

<sup>\*</sup> Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements (mean n<30; 90<sup>th</sup> percentile n<80).

Table B-4 Estimated Daily Per Kilogram Body Weight Intake of Erythritol from Individual Proposed Food-Uses by Male Teenagers Aged 12 to 19 Years within the U.S. (2013-2014 NHANES Data)

Food-Use Category	% Contribution to Total Mean	Per Capit (mg/kg b			mer-Only g bw/day)		
	Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile
All	100	514	1,013	97.1	550	529	1,013
Baked Goods and Baking Mixes (excluding regular bread)	20.4	105	280	60.6	345	173	327
Bars (Granola, High Protein)	1.5	8	31*	12.4	52	61	114*
Cakes	3.7	19	na	8.8	54	216	442*
Cookies	5.8	30	96	34.8	197	86	216
Alcoholic Beverages (Lite Beer, Coolers)	0.1	<1*	na	0.2	2	169*	183*
Flavored Quenchers	12.6	65	142	19.9	92	324	598
Reduced- and Low-Calorie Carbonated and Non-Carbonated Beverages	3.2	16	55	13.2	84	123	230
Hot Cereal – Oatmeal (Instant or Cooked)	0.6	3*	na	3.0	20	103*	237*
Ready-to-Eat Cereals	17.3	89	260	45.9	252	194	407
Chewing Gum	0.1	1*	na	1.7	20	37*	58*
BBQ Sauce	0.8	4	6*	11.2	72	38	87*
Tomato Sauce	1.8	9	28	35.2	193	27	61
Imitation Dairy Drinks (Soy, almond, cashew, coconut, and other plant-based)	0.4	2*	na	1.2	12	190*	329*
Non-Dairy Toppings	0	na	na	0	0	na	na
Low Calorie Salad Dressings	0.3	1*	na	3.2	16	43*	58.1*
Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)	5.9	30	128	19.1	107	158	282
Fruit-Based Slushies	0.1	<1*	na	0.5	7	63*	102*
Fillings (Fruit, Custard, Cream, Pudding)	0	na	na	0	0	na	na
Puddings (Instant, Phosphate Set)	0.5	2*	na	0.8	5	291*	348*
Hard Candy (Mints, Pressed, Candies, Cough Drops)	2.3	12	na	5.9	42	201	405*
Jams and Jellies	0.5	3	na	6.4	48	43	80*
Dairy drinks (Chocolate and Flavored Milks)	6.0	31	120	24.5	143	126	285
Yogurt	0.8	4	na	5.4	34	81	174*
Fruit-Based Smoothies	0.6	3*	na	1.7	14	189*	317*
Salty Snacks	4.4	22	71	41.4	239	54	106
Fruit Novelty Snacks (e.g., fruit peel, fruit candy bar, fruit leathers, fruit creams, fruit snack candy, gummy fruits)	0.7	4*	na	3.3	24	110*	212*

Table B-4 Estimated Daily Per Kilogram Body Weight Intake of Erythritol from Individual Proposed Food-Uses by Male Teenagers Aged 12 to 19 Years within the U.S. (2013-2014 NHANES Data)

Food-Use Category	% Contribution to Total Mean	Per Capita Intake (mg/kg bw/day)		Consul (mg/kg			
	Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile
Non-Chocolate Candies	5.4	28	24*	10.8	65	257	555*
Soft Chocolate Candies	3.1	16	52*	16.2	79	100	185*
Sugar Substitutes	<0.1	<1*	na	1.1	4	8*	13*
Canned Fruit (Syrup)	0.8	4	na	5.9	31	69	94*
Regular or Low-Calorie Syrups or Toppings	0.3	1*	na	3.2	20	46*	114*

<sup>\*</sup> Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements (mean n<30; 90<sup>th</sup> percentile n<80).

Table B-5 Estimated Daily Per Kilogram Body Weight Intake of Erythritol from Individual Proposed Food-Uses by Female Adults Aged 20 Years and Over within the U.S. (2013-2014 NHANES Data)

Food-Use Category	% Contribution to Total Mean	Per Capit (mg/kg b			mer-Only I g bw/day)	ntake	
	Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile
AII	100	398	815	98.3	2,323	405	817
Baked Goods and Baking Mixes (excluding regular bread)	16.4	65	184	62.5	1,493	104	244
Bars (Granola, High Protein)	1.6	6	20	10.6	207	60	119
Cakes	6.6	26	97	15.7	388	168	336
Cookies	5.3	21	70	33.4	765	63	121
Alcoholic Beverages (Lite Beer, Coolers)	3.4	14	na	4.5	95	303	846
Flavored Quenchers	1.6	6	na	3.3	72	187	286*
Reduced- and Low-Calorie Carbonated and Non-Carbonated Beverages	16.7	67	230	27.7	548	240	579
Hot Cereal – Oatmeal (Instant or Cooked)	1.6	6	na	9.8	281	66	119
Ready-to-Eat Cereals	10.1	40	146	31.0	707	129	254
Chewing Gum	0.3	1	na	3.0	84	36	67
BBQ Sauce	0.7	3	na	8.4	202	33	71
Tomato Sauce	1.0	4	14	21.5	452	18	40
Imitation Dairy Drinks (Soy, almond, cashew, coconut, and other plant-based)	2.7	11	na	7.7	182	142	336
Non-Dairy Toppings	<0.1	<1*	na	1.1	26	12*	24*
Low Calorie Salad Dressings	0.7	3	na	8.8	178	31	70
Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)	6.0	24	83	25.0	546	95	215
Fruit-Based Slushies	0.1	<1	na	1.1	37	22	43*
Fillings (Fruit, Custard, Cream, Pudding)	0	na	na	0	0	na	na
Puddings (Instant, Phosphate Set)	0.7	3	na	2.9	59	90	178*
Hard Candy (Mints, Pressed, Candies, Cough Drops)	2.4	10	na	7.0	136	139	325
Jams and Jellies	0.5	2	2	10.1	226	19	35
Dairy drinks (Chocolate and Flavored Milks)	2.2	9	na	8.7	222	100	183
Yogurt	3.8	15	65	20.2	410	75	137
Fruit-Based Smoothies	1.5	6	na	4.8	99	123	230
Salty Snacks	3.1	13	39	35.7	724	35	70.2
Fruit Novelty Snacks (e.g., fruit peel, fruit candy bar, fruit leathers, fruit creams, fruit snack candy, gummy fruits)	0.4	2*	na	1.2	25	131*	294*

Table B-5 Estimated Daily Per Kilogram Body Weight Intake of Erythritol from Individual Proposed Food-Uses by Female Adults Aged 20 Years and Over within the U.S. (2013-2014 NHANES Data)

Food-Use Category	% Contribution to Total Mean			Consul (mg/kg			
	Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile
Non-Chocolate Candies	2.7	11	na	9.2	217	119	306
Soft Chocolate Candies	5.5	22	70	26.0	543	84	183
Sugar Substitutes	1.3	5	16	18.5	412	27	63
Canned Fruit (Syrup)	0.8	3	na	6.3	148	49	100
Regular or Low-Calorie Syrups or Toppings	0.4	2	na	3.6	74	48	88*

<sup>\*</sup> Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements (mean n<30; 90<sup>th</sup> percentile n<80).

Table B-6 Estimated Daily Per Kilogram Body Weight Intake of Erythritol from Individual Proposed Food-Uses by Male Adults Aged 20 Years and Over within the U.S. (2013-2014 NHANES Data)

Food-Use Category	% Contribution to Total Mean	Per Capit (mg/kg b			mer-Only I g bw/day)	ntake		
	Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile	
All	100	403	805	97.2	2,026	415	815	
Baked Goods and Baking Mixes (excluding regular bread)	17.7	71	210	61.9	1,269	115	259	
Bars (Granola, High Protein)	1.4	6	21	12.2	185	48	90	
Cakes	5.6	23	81	14.5	320	156	335	
Cookies	4.6	19	62	30.8	626	61	118	
Alcoholic Beverages (Lite Beer, Coolers)	8.2	33	75	11.2	223	294	549	
Flavored Quenchers	4.0	16	na	7.9	160	202	414	
Reduced- and Low-Calorie Carbonated and Non-Carbonated Beverages	14.6	59	198	27.0	465	218	514	
Hot Cereal – Oatmeal (Instant or Cooked)	1.4	5	na	7.3	197	75	175	
Ready-to-Eat Cereals	11.5	47	173	28.6	569	163	310	
Chewing Gum	0.2	1	na	2.9	48	25	47*	
BBQ Sauce	1.0	4	11	12.2	213	33	73	
Tomato Sauce	1.4	6	17	24.6	529	23	47	
Imitation Dairy Drinks (Soy, almond, cashew, coconut, and other plant-based)	1.4	6	na	4.6	100	124	275	
Non-Dairy Toppings	<0.1	<1*	na	1.3	11	14*	32*	
Low Calorie Salad Dressings	0.4	1	na	3.9	103	37	72	
Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)	6.2	25	96	24.1	443	103	191	
Fruit-Based Slushies	0.1	<1*	na	2.1	26	15*	21*	
Fillings (Fruit, Custard, Cream, Pudding)	<0.1	<1*	na	0.2	1	24*	24*	
Puddings (Instant, Phosphate Set)	0.8	3	na	2.3	30	137	258*	
Hard Candy (Mints, Pressed, Candies, Cough Drops)	1.0	4	na	2.8	74	148	309*	
Jams and Jellies	0.6	3	6	11.5	235	22	39	
Dairy drinks (Chocolate and Flavored Milks)	1.9	8	na	8.8	174	86	170	
Yogurt	2.0	8	26	11.6	224	71	137	
Fruit-Based Smoothies	0.9	3	na	3.2	61	109	183*	
Salty Snacks	3.1	13	41	31.1	564	40	81	
Fruit Novelty Snacks (e.g., fruit peel, fruit candy bar, fruit leathers, fruit creams, fruit snack candy, gummy fruits)	0.5	2*	na	1.3	25	152*	241*	

Table B-6 Estimated Daily Per Kilogram Body Weight Intake of Erythritol from Individual Proposed Food-Uses by Male Adults Aged 20 Years and Over within the U.S. (2013-2014 NHANES Data)

Food-Use Category	% Contribution to Total Mean				Consumer-Only Intake (mg/kg bw/day)			
	Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile	
Non-Chocolate Candies	3.0	12	na	7.7	139	156	406	
Soft Chocolate Candies	5.1	20	68	21.2	411	97	201	
Sugar Substitutes	0.7	3	7	11.4	243	25	55	
Canned Fruit (Syrup)	0.5	2	na	4.2	84	45	78	
Regular or Low-Calorie Syrups or Toppings	0.3	1	na	2.4	63	51	122*	

<sup>\*</sup> Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements (mean n<30; 90<sup>th</sup> percentile n<80).

Table B-7 Estimated Daily Per Kilogram Body Weight Intake of Erythritol from Individual Proposed Food-Uses by the Total U.S. Population (2013-2014 NHANES Data)

Food-Use Category	% Contribution to Total Mean	Per Capit (mg/kg b			mer-Only I g bw/day)	ntake	
	Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile
All	100	535	1,159	97.0	7,175	551	1,179
Baked Goods and Baking Mixes (excluding regular bread)	18.4	98	268	63.6	4,764	155	354
Bars (Granola, High Protein)	1.5	8	23	11.6	665	67	129
Cakes	5.1	28	85	14.2	1,046	194	414
Cookies	5.4	29	90	34.0	2,524	85	193
Alcoholic Beverages (Lite Beer, Coolers)	3.2	17	na	5.7	322	295	679
Flavored Quenchers	3.4	18	na	7.2	519	253	517
Reduced- and Low-Calorie Carbonated and Non-Carbonated Beverages	10.2	55	186	24.6	1,494	222	514
Hot Cereal – Oatmeal (Instant or Cooked)	1.2	7	na	7.8	667	85	175
Ready-to-Eat Cereals	12.6	67	219	35.3	2,751	191	388
Chewing Gum	0.2	1	na	2.9	240	39	72.6
BBQ Sauce	0.6	3	na	9.4	653	36	75
Tomato Sauce	1.4	8	20	25.1	1,848	31	64
Imitation Dairy Drinks (Soy, almond, cashew, coconut, and other plant-based)	2.2	12	na	5.4	377	215	435
Non-Dairy Toppings	<0.1	<1	na	0.9	40	14	34*
Low Calorie Salad Dressings	0.4	2	na	5.8	377	36	86
Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)	5.9	32	113	25.0	1,682	126	263
Fruit-Based Slushies	0.2	1	na	3.2	255	39	80
Fillings (Fruit, Custard, Cream, Pudding)	<0.1	<1*	na	0.1	2	25*	24*
Puddings (Instant, Phosphate Set)	0.6	3	na	2.3	137	133	302
Hard Candy (Mints, Pressed, Candies, Cough Drops)	3.0	16	na	6.5	509	245	578
Jams and Jellies	0.7	3	6	11.3	832	31	68
Dairy drinks (Chocolate and Flavored Milks)	4.0	22	69	13.7	1,216	157	318
Yogurt	3.3	18	60	16.6	1,117	106	207
Fruit-Based Smoothies	1.0	5	na	4.0	279	133	248
Salty Snacks	3.3	18	54	36.0	2,555	49	110
Fruit Novelty Snacks (e.g., fruit peel, fruit candy bar, fruit leathers, fruit creams, fruit snack candy, gummy fruits)	2.1	12	na	3.4	314	335	579
Non-Chocolate Candies	3.5	19	na	9.8	728	189	479

Table B-7 Estimated Daily Per Kilogram Body Weight Intake of Erythritol from Individual Proposed Food-Uses by the Total U.S. Population (2013-2014 NHANES Data)

Food-Use Category	% Contribution to Total Mean	Per Capita Intake (mg/kg bw/day)		Consumer-Only Intake (mg/kg bw/day)			
	Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile
Soft Chocolate Candies	4.4	23	69	21.9	1,418	107	224
Sugar Substitutes	0.6	3	6	11.4	673	27	56
Canned Fruit (Syrup)	1.1	6	na	6.7	514	90	190
Regular or Low-Calorie Syrups or Toppings	0.5	3	na	4.1	336	64	125

<sup>\*</sup> Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements (mean n<30; 90<sup>th</sup> percentile n<80).

### Appendix C

Representative Food Codes for Proposed Food-Uses of Erythritol in the U.S. (2013-2014 NHANES Data)

# Representative Food Codes for Proposed Beverage-Uses of Erythritol in the U.S. (U.S. NHANES 2013-2014)

#### Baked Goods and Baking Mixes (Excluding Regular Bread)

[Erythritol] = 15%

51160110	Roll, sweet, cinnamon bun, frosted
51160100	Roll, sweet, cinnamon bun, no frosting
51161050	Roll, sweet, frosted
51160000	Roll, sweet, no frosting
51161250	Roll, sweet, no topping, Mexican (Pan Dulce)
51161270	Roll, sweet, sugar topping, Mexican (Pan Dulce)
51161020	Roll, sweet, with fruit, frosted
51161000	Roll, sweet, with fruit, no frosting
51161280	Roll, sweet, with raisins and icing, Mexican (Pan Dulce)
52208010	Corn pone, baked
52208020	Corn pone, fried
52206010	Cornbread muffin, stick, round
52206060	Cornbread muffin, stick, round, made from home recipe
52204000	Cornbread stuffing
52202060	Cornbread, made from home recipe
52201000	Cornbread, prepared from mix
52220110	Cornmeal bread, Dominican style (Arepa Dominicana)
52208760	Gordita/sope shell, plain, no filling
52209010	Hush puppy
52211010	Johnnycake
52213010	Spoonbread
52215300	Taco shell, corn
52215350	Taco shell, flour
52215100	Tortilla, corn
52215200	Tortilla, flour (wheat)
52215000	Tortilla, NFS
52215260	Tortilla, whole wheat
52304040	Muffin, bran with fruit, lowfat
52306700	Muffin, carrot
52306300	Muffin, cheese
52302600	Muffin, chocolate
52302500	Muffin, chocolate chip
52302010	Muffin, fruit
52302020	Muffin, fruit, low fat
52301000	Muffin, NFS
52304150	Muffin, oat bran
52304100	Muffin, oatmeal

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52306010 Muffin, plain
52306500 Muffin, pumpkin
52303500 Muffin, wheat
52304010 Muffin, wheat bran
52304000 Muffin, whole grain
52303010 Muffin, whole wheat
52306550 Muffin, zucchini
53344300 Dessert pizza
53344200 Mixed fruit tart filled with custard or cream cheese
53391000 Pie shell
53391150 Pie shell, chocolate wafer
53391100 Pie shell, graham cracker
53382000 Pie, chocolate-marshmallow
53300180 Pie, fried, NFS
53300170 Pie, individual size or tart, NFS
53300100 Pie, NFS
53385500 Pie, oatmeal
53385000 Pie, pecan
53385070 Pie, pecan, individual size or tart
53386250 Pie, pudding, chocolate, with chocolate coating, individual size
53347600 Pie, squash
53360000 Pie, sweet potato
53391200 Vanilla wafer dessert base
53420300 Air filled fritter or fried puff, without syrup, Puerto Rican style (Bunuelos de viento)
53400200 Blintz, cheese-filled
53452450 Cheese pastry puffs
53420250 Cream puff, no filling or icing
53430250 Crepe suzette
53452150 Pastry, Chinese, made with rice flour
53452170 Pastry, cookie type, fried
53452200 Pastry, Italian, with cheese
53452500 Pastry, mainly flour and water, fried
53452400 Pastry, puff
53420410 Sopaipilla with syrup or honey
53420400 Sopaipilla, without syrup or honey
53440600 Strudel, cheese
53430700 Tamale, sweet
53420310 Wheat flour fritter, without syrup
53500100 Breakfast pastry, NFS
53530000 Breakfast tart
53530010 Breakfast tart, lowfat
53520200 Churros
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53520600 Cruller, NFS

53510000	Danish pastry, plain or spice
53520500	Doughnut, Asian
53520110	Doughnut, cake type

53520140 Doughnut, cake type, chocolate covered

53520150 Doughnut, cake type, chocolate covered, dipped in peanuts

53520120 Doughnut, chocolate, cake type

53520160 Doughnut, chocolate, cake type, with chocolate icing

53521120 Doughnut, chocolate, raised or yeast

53521100 Doughnut, chocolate, raised or yeast, with chocolate icing

53520000 Doughnut, NS as to cake or yeast

53521110 Doughnut, raised or yeast

53521130 Doughnut, raised or yeast, chocolate covered

53520700 French cruller

54001000 Crackers, NS as to sweet or nonsweet

54102060 Crackers, Cuban 54102070 Crackers, Cuca

54102010 Crackers, graham

54102020 Crackers, graham, chocolate covered

54102110 Crackers, graham, fat free 54102100 Crackers, graham, lowfat

54102200 Crackers, graham, sandwich-type, with filling

54102080 Crackers, graham, with raisins

54102050 Crackers, oatmeal

54204010 Cracker, 100% whole wheat, low sodium

54210010 Cracker, multigrain, low sodium

54205010 Cracker, snack, low sodium

54205100 Cracker, snack, reduced fat, reduced sodium

54201010 Crackers, matzo, low sodium

54202010 Crackers, saltine, low sodium

54203010 Crackers, toast thins (rye, wheat, white flour), low sodium

54206010 Puffed rice cake without salt

54337000 Cracker, 100% whole wheat

54337050 Cracker, 100% whole wheat, reduced fat

54304000 Cracker, cheese

54304100 Cracker, cheese, reduced fat

54304150 Cracker, cheese, whole grain

54340100 Cracker, gluten free

54304500 Cracker, high fiber, no added fat

54328200 Cracker, sandwich-type, cheese-filled

54328100 Cracker, sandwich-type, peanut butter filled

54328110 Cracker, sandwich-type, peanut butter filled, reduced fat

54328120 Cracker, sandwich-type, peanut butter filled, whole grain

54301000 Cracker, snack

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54301200 Cracker, snack, fat free
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54301100 Cracker, snack, reduced fat

54350000 Crackers, baby food

54339000 Crackers, corn

54327950 Crackers, cylindrical, peanut-butter filled

54307000 Crackers, matzo

54308000 Crackers, milk

54326000 Crackers, multigrain, made with whole wheat, wheat, oat, and other flours

54309000 Crackers, oat

54313000 Crackers, oyster

54319000 Crackers, rice

54325000 Crackers, saltine

54325010 Crackers, saltine, fat free

54325050 Crackers, saltine, whole wheat

54328000 Crackers, sandwich-type, NFS

54334000 Crackers, toast thins (rye, pumpernickel, white flour)

54336000 Crackers, water biscuits

54338000 Crackers, wheat

54338100 Crackers, wheat, reduced fat

54322000 Crispbread, rye, no added fat

54305000 Crispbread, wheat, no added fat

54319020 Popcorn cake

54319010 Puffed rice cake

54319200 Puffed wheat cake

54318500 Rice cake, cracker-type

54319500 Rice paper

55105000 Pancakes, buckwheat

55105100 Pancakes, cornmeal

55106000 Pancakes, gluten free

55101000 Pancakes, plain

55101020 Pancakes, plain, fat free

55101015 Pancakes, plain, reduced fat

55101010 Pancakes, reduced calorie, high fiber

55105400 Pancakes, rye

55105300 Pancakes, sour dough

55105200 Pancakes, whole wheat

55105210 Pancakes, whole wheat, fat free

55105205 Pancakes, whole wheat, reduced fat

55103100 Pancakes, with chocolate chips

55103000 Pancakes, with fruit

55203600 Waffle, chocolate chip

55204000 Waffle, cornmeal

55203000 Waffle, fruit

55208000	Waffle, gluten free
55207000	Waffle, multi-bran
55203500	Waffle, nut and honey
55206000	Waffle, oat bran
55201000	Waffle, plain
55211000	Waffle, plain, fat free
55211050	Waffle, plain, lowfat
55202000	Waffle, wheat, bran, or multigrain
55205000	Waffle, whole wheat or whole grain
55212000	Waffle, whole wheat, lowfat
55310100	Bread fritters, Puerto Rican style (Torrejas gallegas, Galician fritters)
55301050	French toast sticks, plain
55301000	French toast, plain
55401000	Crepe, plain
55502000	Flour and water gravy
55501000	Flour and water patty
55610200	Dumpling, fried, Puerto Rican style
55610300	Dumpling, plain
55701000	Cake made with glutinous rice
55703000	Cake made with glutinous rice and dried beans
55702000	Cake or pancake made with rice flour and/or dried beans
55702100	Dosa (Indian), plain
55801000	Funnel cake with sugar
55801010	Funnel cake with sugar and fruit

## Adjusted for a recipe factor of 5.76 to 67.5% [Erythritol] = 0.86 to 10.13%

13210710	Pudding, Indian (milk, molasses and cornmeal-based pudding)
21104120	Beef steak, battered, fried, lean and fat eaten
21104130	Beef steak, battered, fried, lean only eaten
21104110	Beef steak, battered, fried, NS as to fat eaten
21103120	Beef steak, breaded or floured, baked or fried, lean and fat eaten
21103130	Beef steak, breaded or floured, baked or fried, lean only eaten
21103110	Beef steak, breaded or floured, baked or fried, NS as to fat eaten
21500200	Ground beef or patty, breaded, cooked
22002100	Pork, ground or patty, breaded, cooked
22000310	Pork, NS as to cut, breaded or floured, fried, lean and fat eaten
22000320	Pork, NS as to cut, breaded or floured, fried, lean only eaten
22000300	Pork, NS as to cut, breaded or floured, fried, NS as to fat eaten
22001000	Pork, pickled, NS as to cut
22101410	Pork chop, battered, fried, lean and fat eaten
22101420	Pork chop, battered, fried, lean only eaten

22101400	Pork chop, battered, fried, NS as to fat eaten
22101140	Pork chop, breaded or floured, broiled or baked, lean and fat eaten
22101150	Pork chop, breaded or floured, broiled or baked, lean only eaten
22101130	Pork chop, breaded or floured, broiled or baked, NS as to fat eaten
22101310	Pork chop, breaded or floured, fried, lean and fat eaten
22101320	Pork chop, breaded or floured, fried, lean only eaten
22101300	Pork chop, breaded or floured, fried, NS as to fat eaten
22201060	Pork steak or cutlet, battered, fried, lean and fat eaten
22201070	Pork steak or cutlet, battered, fried, lean only eaten
22201050	Pork steak or cutlet, battered, fried, NS as to fat eaten
22201310	Pork steak or cutlet, breaded or floured, broiled or baked, lean and fat eaten
22201320	Pork steak or cutlet, breaded or floured, broiled or baked, lean only eaten
22201300	Pork steak or cutlet, breaded or floured, broiled or baked, NS as to fat eaten
22201410	Pork steak or cutlet, breaded or floured, fried, lean and fat eaten
22201420	Pork steak or cutlet, breaded or floured, fried, lean only eaten
22201400	Pork steak or cutlet, breaded or floured, fried, NS as to fat eaten
22300160	Ham, breaded or floured, fried, lean and fat eaten
22300170	Ham, breaded or floured, fried, lean only eaten
22300150	Ham, breaded or floured, fried, NS as to fat eaten
23321250	Venison/deer steak, breaded or floured, cooked, NS as to cooking method
27560300	Corn dog (frankfurter or hot dog with cornbread coating)
51115010	Bread, cornmeal and molasses
51115020	Bread, cornmeal and molasses, toasted
51161030	Roll, sweet, with fruit, frosted, diet
53301750	Pie, apple, diet
53301080	Pie, apple, fried pie
53301070	Pie, apple, individual size or tart
53301500	Pie, apple, one crust
53301000	Pie, apple, two crust
53340000	Pie, apple-sour cream
53302080	Pie, apricot, fried pie
53302070	Pie, apricot, individual size or tart
53302000	Pie, apricot, two crust
53341000	Pie, banana cream
53341070	Pie, banana cream, individual size or tart
53303570	Pie, berry, not blackberry, blueberry, boysenberry, huckleberry, raspberry, or strawberry, individual size or tart
53303510	Pie, berry, not blackberry, blueberry, boysenberry, huckleberry, raspberry, or strawberry; one crust
53303500	Pie, berry, not blackberry, blueberry, boysenberry, huckleberry, raspberry, or strawberry; two crust
53373000	Pie, black bottom
53303070	Pie, blackberry, individual size or tart

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53303000 Pie, blackberry, two crust
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53304070 Pie, blueberry, individual size or tart

53304050 Pie, blueberry, one crust

53304000 Pie, blueberry, two crust

53341500 Pie, buttermilk

53305080 Pie, cherry, fried pie

53305070 Pie, cherry, individual size or tart

53340500 Pie, cherry, made with cream cheese and sour cream

53305010 Pie, cherry, one crust

53305000 Pie, cherry, two crust

53341750 Pie, chess

53371000 Pie, chiffon, chocolate

53370000 Pie, chiffon, not chocolate

53342000 Pie, chocolate cream

53342070 Pie, chocolate cream, individual size or tart

53343000 Pie, coconut cream

53343070 Pie, coconut cream, individual size or tart

53344000 Pie, custard

53344070 Pie, custard, individual size or tart

53305700 Pie, lemon (not cream or meringue)

53305720 Pie, lemon (not cream or meringue), individual size or tart

53345000 Pie, lemon cream

53345070 Pie, lemon cream, individual size or tart

53381000 Pie, lemon meringue

53381070 Pie, lemon meringue, individual size or tart

53305750 Pie, lemon, fried pie

53306070 Pie, mince, individual size or tart

53306000 Pie, mince, two crust

53307080 Pie, peach, fried pie

53307070 Pie, peach, individual size or tart

53307050 Pie, peach, one crust

53307000 Pie, peach, two crust

53346000 Pie, peanut butter cream

53307570 Pie, pear, individual size or tart

53307500 Pie, pear, two crust

53346500 Pie, pineapple cream

53308070 Pie, pineapple, individual size or tart

53308000 Pie, pineapple, two crust

53308300 Pie, plum, two crust

53308500 Pie, prune, one crust

53386000 Pie, pudding, flavors other than chocolate

53386050 Pie, pudding, flavors other than chocolate, individual size or tart

53386500 Pie, pudding, flavors other than chocolate, with chocolate coating, individual size

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53347000 Pie, pumpkin
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53347070 Pie, pumpkin, individual size or tart

53309070 Pie, raisin, individual size or tart

53309000 Pie, raisin, two crust

53347100 Pie, raspberry cream

53310000 Pie, raspberry, one crust

53310050 Pie, raspberry, two crust

53311070 Pie, rhubarb, individual size or tart

53311050 Pie, rhubarb, one crust

53311000 Pie, rhubarb, two crust

53390000 Pie, shoo-fly

53347500 Pie, sour cream, raisin

53348000 Pie, strawberry cream

53348070 Pie, strawberry cream, individual size or tart

53314000 Pie, strawberry, individual size or tart

53312000 Pie, strawberry, one crust

53313000 Pie, strawberry-rhubarb, two crust

53390100 Pie, tofu with fruit

53387000 Pie, Toll house chocolate chip

53365000 Pie, vanilla cream

53366000 Pie, yogurt, frozen

53441110 Baklava

53441210 Basbousa (semolina dessert dish)

53400300 Blintz, fruit-filled

53410100 Cobbler, apple

53410200 Cobbler, apricot

53410300 Cobbler, berry

53410500 Cobbler, cherry

53410800 Cobbler, peach

53410850 Cobbler, pear

53410860 Cobbler, pineapple

53410880 Cobbler, plum

53410900 Cobbler, rhubarb

53420200 Cream puff, eclair, custard or cream filled, iced

53420210 Cream puff, eclair, custard or cream filled, iced, reduced fat

53420100 Cream puff, eclair, custard or cream filled, not iced

53420000 Cream puff, eclair, custard or cream filled, NS as to icing

53430100 Crepe, dessert type, chocolate-filled

53430200 Crepe, dessert type, fruit-filled

53430300 Crepe, dessert type, ice cream-filled

53430000 Crepe, dessert type, NS as to filling

53415100 Crisp, apple, apple dessert

53415300 Crisp, blueberry

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53415400 Crisp, cherry
53415500 Crisp, peach
53415600 Crisp, rhubarb
53453170 Empanada, Mexican turnover, pumpkin
53453150 Empanada, Mexican turnover, fruit-filled
53415120 Fritter, apple
53415200 Fritter, banana
53415220 Fritter, berry
53452120 Pastry, Asian, made with bean or lotus seed paste filling (baked)
53452130 Pastry, Asian, made with bean paste and salted egg yolk filling (baked)
53452100 Pastry, fruit-filled
53452420 Pastry, puff, custard or cream filled, iced or not iced
53440000 Strudel, apple
53440300 Strudel, berry
53440800 Strudel, cheese and fruit
53440500 Strudel, cherry
53440700 Strudel, peach
53440750 Strudel, pineapple
53430750 Tamale, sweet, with fruit
53450000 Turnover or dumpling, apple
53450300 Turnover or dumpling, berry
53450500 Turnover or dumpling, cherry
53450800 Turnover or dumpling, lemon
53451000 Turnover or dumpling, peach
53451500 Turnover, guava
53451750 Turnover, pumpkin
53511000 Danish pastry, with cheese
53510100 Danish pastry, with fruit
53521220 Doughnut, chocolate cream-filled
53521210 Doughnut, custard-filled
53521230 Doughnut, custard-filled, with icing
53521140 Doughnut, jelly
58100300 Burrito with beans and rice, meatless
58100320 Burrito with beans, meatless
58100330 Burrito with beans, rice, and sour cream, meatless
58100200 Burrito with chicken
58100220 Burrito with chicken and beans
58100235 Burrito with chicken and sour cream
58100255 Burrito with chicken, beans, and rice
58100245 Burrito with chicken, beans, and sour cream
58100260 Burrito with chicken, beans, rice, and sour cream
58100100 Burrito with meat
58100120 Burrito with meat and beans
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58100125	Burrito with meat and beans, from fast food
58100135	Burrito with meat and sour cream
58100160	Burrito with meat, beans, and rice
58100140	Burrito with meat, beans, and sour cream
58100145	Burrito with meat, beans, and sour cream, from fast food
58100165	Burrito with meat, beans, rice, and sour cream
58100000	Burrito, taco, or quesadilla with egg
58100010	Burrito, taco, or quesadilla with egg and breakfast meat
58100013	Burrito, taco, or quesadilla with egg and breakfast meat, from fast food
58100005	Burrito, taco, or quesadilla with egg and potato
58100020	Burrito, taco, or quesadilla with egg, beans, and breakfast meat
58100015	Burrito, taco, or quesadilla with egg, potato, and breakfast meat
58100017	Burrito, taco, or quesadilla with egg, potato, and breakfast meat, from fast food
58128110	Chicken cornbread
58104530	Chimichanga with chicken
58104550	Chimichanga with chicken and sour cream
58104500	Chimichanga with meat
58104520	Chimichanga, meatless
58104540	Chimichanga, meatless, with sour cream
58118210	Cornmeal coconut dessert, Puerto Rican style (Harina de maiz con coco)
58128120	Cornmeal dressing with chicken or turkey and vegetables
58117110	Cornmeal fritter, Puerto Rican style (Arepa; P.R. arepita)
58117210	Cornmeal stick, Puerto Rican style (Sorullos / Sorullitos de maiz)
58120120	Crepe, filled with beef, pork, fish and/or poultry, no sauce on top
58120110	Crepes, filled with meat, fish, or poultry, with sauce
58100725	Enchilada with beans, green-chile or enchilada sauce
58100720	Enchilada with beans, meatless, red-chile or enchilada sauce
58100625	Enchilada with chicken and beans, green-chile or enchilada sauce
58100620	Enchilada with chicken and beans, red-chile or enchilada sauce
58100635	Enchilada with chicken, green-chile or enchilada sauce
58100630	Enchilada with chicken, red-chile or enchilada sauce
58100525	Enchilada with meat and beans, green-chile or enchilada sauce
58100520	Enchilada with meat and beans, red-chile or enchilada sauce
58100535	Enchilada with meat, green-chile or enchilada sauce
58100530	Enchilada with meat, red-chile or enchilada sauce
58100805	Enchilada, just cheese, meatless, no beans, green-chile or enchilada sauce
58100800	Enchilada, just cheese, meatless, no beans, red-chile or enchilada sauce
58105000	Fajita with chicken and vegetables
58105050	Fajita with meat and vegetables
58101800	Ground beef with tomato sauce and taco seasonings on a cornbread crust
58104730	Quesadilla with meat
58104750	Quesadilla with vegetables
58104770	Quesadilla with vegetables and chicken

58104760	Quesadilla with vegetables and meat
58104720	Quesadilla, just cheese, from fast food
58104710	Quesadilla, just cheese, meatless
58101610	Soft taco with beans
58101615	Soft taco with beans and sour cream
58101450	Soft taco with chicken
58101625	Soft taco with chicken and beans
58101460	Soft taco with chicken and sour cream
58101635	Soft taco with chicken, beans, and sour cream
58101555	Soft taco with fish
58101350	Soft taco with meat and sour cream
58101357	Soft taco with meat and sour cream, from fast food
58101630	Soft taco with meat, beans, and sour cream
58115110	Tamale casserole, Puerto Rican style (Tamales en cazuela)
58306010	Beef enchilada dinner, NFS (frozen meal)
58306020	Beef enchilada, chili gravy, rice, refried beans (frozen meal)
58306070	Cheese enchilada (frozen meal)
58306500	Chicken burritos (diet frozen meal)
58306100	Chicken enchilada (diet frozen meal)
58421080	Sopa de tortilla, Mexican style tortilla soup, home recipe
63107410	Banana, batter-dipped, fried
75415021	Onion rings, from fresh, batter-dipped, baked or fried
75415022	Onion rings, from frozen, batter-dipped, baked or fried
75415020	Onion rings, NS as to form, batter-dipped, baked or fried
75418000	Squash, summer, yellow or green, breaded or battered, baked
75418010	Squash, summer, yellow or green, breaded or battered, fried

# Bars (Granola, High Protein) [Erythritol] = 15%

53720100	Balance Original Bar
53714520	Breakfast bar, cereal crust with fruit filling, lowfat
53714510	Breakfast bar, date, with yogurt coating
53714500	Breakfast bar, NFS
53720200	Clif Bar
53710400	Fiber One Chewy Bar
53714220	Granola bar with nuts, chocolate-coated
53714200	Granola bar, chocolate-coated, NFS
53714250	Granola bar, coated with non-chocolate coating
53714300	Granola bar, high fiber, coated with non-chocolate yogurt coating
53712200	Granola bar, lowfat, NFS
53712100	Granola bar, NFS
53712210	Granola bar, nonfat

53714230	Granola bar, oats, nuts, coated with non-chocolate coating
53713100	Granola bar, peanuts, oats, sugar, wheat germ
53713000	Granola bar, reduced sugar, NFS
53714210	Granola bar, with coconut, chocolate-coated
53714400	Granola bar, with rice cereal
53710800	Kashi GOLEAN Chewy Bars
53710804	Kashi GOLEAN Crunchy Bars
53710802	Kashi TLC Chewy Granola Bar
53710806	Kashi TLC Crunchy Granola Bar
53710500	Kellogg's Nutri-Grain Cereal Bar
53710504	Kellogg's Nutri-Grain Fruit and Nut Bar
53710502	Kellogg's Nutri-Grain Yogurt Bar
53710700	Kellogg's Special K bar
53710600	Milk 'n Cereal bar
53710902	Nature Valley Chewy Granola Bar with Yogurt Coating
53710900	Nature Valley Chewy Trail Mix Granola Bar
53710906	Nature Valley Crunchy Granola Bar
53710904	Nature Valley Sweet and Salty Granola Bar
53729000	Nutrition bar or meal replacement bar, NFS
53720300	PowerBar
53711004	Quaker Chewy 25% Less Sugar Granola Bar
53711002	Quaker Chewy 90 Calorie Granola Bar
53711006	Quaker Chewy Dipps Granola Bar
53711000	Quaker Chewy Granola Bar
53711100	Quaker Granola Bites
53720400	Slim Fast Original Meal Bar
53712000	Snack bar, oatmeal
53720500	Snickers Marathon Protein bar
53720610	South Beach Living High Protein Bar
53720600	South Beach Living Meal Bar
53720700	Tiger's Milk bar
53720800	Zone Perfect Classic Crunch nutrition bar

#### Cakes

[Erythritol] = 25%

53102100	Cake or cupcake, applesauce, without icing or filling
53102600	Cake or cupcake, banana, without icing or filling
53104100	Cake or cupcake, carrot, without icing or filling
53111000	Cake or cupcake, gingerbread
53114000	Cake or cupcake, lemon, without icing or filling
53115100	Cake or cupcake, marble, without icing or filling
53100100	Cake or cupcake, NS as to type

53115310	Cake or cupcake, nut, without icing or filling
53115410	Cake or cupcake, oatmeal
53115450	Cake or cupcake, peanut butter
53116500	Cake or cupcake, pumpkin, without icing or filling
53116550	Cake or cupcake, raisin-nut
53117100	Cake or cupcake, spice, without icing or filling
53120270	Cake or cupcake, white, with icing or filling
53120275	Cake or cupcake, white, without icing or filling
53121270	Cake or cupcake, yellow, with icing or filling
53121275	Cake or cupcake, yellow, without icing or filling
53124110	Cake or cupcake, zucchini
53101100	Cake, angel food, without icing or filling
53104300	Cake, carrot, diet
53105500	Cake, chocolate, with icing, diet
53106500	Cake, cream, without icing or topping
53110000	Cake, fruit cake, light or dark, holiday type cake
53116270	Cake, pound, chocolate
53116350	Cake, pound, Puerto Rican style (Ponque)
53116390	Cake, pound, reduced fat, cholesterol free
53116000	Cake, pound, without icing or filling
53116650	Cake, Quezadilla, El Salvadorian style
53116570	Cake, Ravani (made with farina)
53116600	Cake, rice flour, without icing or filling
53118300	Cake, sponge, chocolate
53118100	Cake, sponge, without icing or filling
53118410	Rum cake, without icing (Sopa Borracha)

### Adjusted for a recipe factor of 25 to 73% [Erythritol] = 6.25 to 18.25%

53102200	Cake or cupcake, applesauce, with icing or filling
53102700	Cake or cupcake, banana, with icing or filling
53102800	Cake or cupcake, black forest (chocolate-cherry)
53104260	Cake or cupcake, carrot, with icing or filling
53105270	Cake or cupcake, chocolate, devil's food or fudge, with icing or filling
53105275	Cake or cupcake, chocolate, devil's food or fudge, without icing or filling
53104400	Cake or cupcake, coconut, with icing or filling
53105300	Cake or cupcake, German chocolate, with icing or filling
53114100	Cake or cupcake, lemon, with icing or filling
53115200	Cake or cupcake, marble, with icing or filling
53115320	Cake or cupcake, nut, with icing or filling
53116510	Cake or cupcake, pumpkin, with icing or filling
53117200	Cake or cupcake, spice, with icing or filling

53101250	Cake, angel food, with fruit and icing or filling
53101200	Cake, angel food, with icing or filling
53103000	Cake, Boston cream pie
53109300	Cake, Dobos Torte (non-chocolate layer cake with chocolate filling and icing)
53112000	Cake, ice cream and cake roll, chocolate
53112100	Cake, ice cream and cake roll, not chocolate
53113000	Cake, jelly roll
53116020	Cake, pound, with icing or filling
53122080	Cake, shortcake, biscuit type, with fruit
53122070	Cake, shortcake, biscuit type, with whipped cream and fruit
53123080	Cake, shortcake, sponge type, with fruit
53123070	Cake, shortcake, sponge type, with whipped cream and fruit
53123500	Cake, shortcake, with whipped topping and fruit, diet
53118200	Cake, sponge, with icing or filling
53118500	Cake, torte
53118550	Cake, tres leche
53119000	Cake, upside down (all fruits)
53104500	Cheesecake
53104550	Cheesecake with fruit
53104600	Cheesecake, chocolate
53108200	Snack cake, chocolate, with icing or filling
53108220	Snack cake, chocolate, with icing or filling, reduced fat and calories
53109200	Snack cake, not chocolate, with icing or filling
53109220	Snack cake, not chocolate, with icing or filling, reduced fat and calories
53610100	Coffee cake, crumb or quick-bread type
53610200	Coffee cake, crumb or quick-bread type, cheese-filled
53610170	Coffee cake, crumb or quick-bread type, with fruit
Cookies	
[Erythritol] = 1	15%
53211000	Cookie bar, with chocolate, nuts, and graham crackers

53211000	Cookie par, with chocolate, nuts, and granam crackers	
53202000	Cookie, almond	
53240000	Cookie, animal	
53205260	Cookie, bar, with chocolate	
53203500	Cookie, biscotti (Italian sugar cookie)	
53204000	Cookie, brownie, NS as to icing	
53204100	Cookie, brownie, with icing or filling	
53204010	Cookie, brownie, without icing	
53241500	Cookie, butter or sugar	
53244010	Cookie, butter or sugar, with chocolate icing or filling	
53241600	Cookie, butter or sugar, with fruit and/or nuts	
53244020	Cookie, butter or sugar, with icing or filling other than chocolate	
	53202000 53240000 53205260 53203500 53204000 53204100 53204010 53241500 53244010 53241600	53202000 Cookie, almond 53240000 Cookie, animal 53205260 Cookie, bar, with chocolate 53203500 Cookie, biscotti (Italian sugar cookie) 53204000 Cookie, brownie, NS as to icing 53204100 Cookie, brownie, with icing or filling 53204010 Cookie, brownie, without icing 53241500 Cookie, butter or sugar 53244010 Cookie, butter or sugar, with chocolate icing or filling 53241600 Cookie, butter or sugar, with fruit and/or nuts

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53205250 Cookie, butterscotch, brownie
53209500 Cookie, chocolate and vanilla sandwich
53206000 Cookie, chocolate chip
53206100 Cookie, chocolate chip sandwich
53206020 Cookie, chocolate chip, made from home recipe or purchased at a bakery
53206030 Cookie, chocolate chip, reduced fat
53260030 Cookie, chocolate chip, sugar free
53207000 Cookie, chocolate or fudge
53207020 Cookie, chocolate or fudge, reduced fat
53209015 Cookie, chocolate sandwich
53209020 Cookie, chocolate sandwich, reduced fat
53210000 Cookie, chocolate wafer
53206550 Cookie, chocolate, made with oatmeal and coconut (no-bake)
53206500 Cookie, chocolate, made with rice cereal
53209100 Cookie, chocolate, sandwich, with extra filling
53207050 Cookie, chocolate, with chocolate filling or coating, fat free
53209005 Cookie, chocolate, with icing or coating
53215500 Cookie, coconut
53222020 Cookie, cone shell, ice cream type, wafer or cake
53220030 Cookie, fig bar
53220040 Cookie, fig bar, fat free
53222010 Cookie, fortune
53223000 Cookie, gingersnaps
53261000 Cookie, gluten free
53210900 Cookie, graham cracker with chocolate and marshmallow
53223100 Cookie, granola
53224000 Cookie, ladyfinger
53231000 Cookie, Lebkuchen
53224250 Cookie, lemon bar
53225000 Cookie, macaroon
53226600 Cookie, marshmallow and peanut butter, with oat cereal (no-bake)
53208200 Cookie, marshmallow pie, chocolate covered
53208000 Cookie, marshmallow, chocolate-covered
53226000 Cookie, marshmallow, with coconut
53226500 Cookie, marshmallow, with rice cereal (no-bake)
53226550 Cookie, marshmallow, with rice cereal and chocolate chips
53228000 Cookie, meringue
53230000 Cookie, molasses
53231400 Cookie, multigrain, high fiber
53201000 Cookie, NFS
53233000 Cookie, oatmeal
53233040 Cookie, oatmeal, reduced fat, NS as to raisins
53260200 Cookie, oatmeal, sugar free
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53233100	Cookie, oatmeal, with chocolate and peanut butter (no-bake)
53233060	Cookie, oatmeal, with chocolate chips
53233010	Cookie, oatmeal, with raisins
53234000	Cookie, peanut butter
53235000	Cookie, peanut butter sandwich
53234250	Cookie, peanut butter with rice cereal (no-bake)
53260600	Cookie, peanut butter, sugar free
53234100	Cookie, peanut butter, with chocolate
53235600	Cookie, Pfeffernusse
53236000	Cookie, pizzelle (Italian style wafer)
53236100	Cookie, pumpkin
53237000	Cookie, raisin
53251100	Cookie, rugelach
53237500	Cookie, rum ball (no-bake)
53260300	Cookie, sandwich, sugar free
53239000	Cookie, shortbread
53239010	Cookie, shortbread, reduced fat
53260400	Cookie, sugar or plain, sugar free
53242000	Cookie, sugar wafer
53209010	Cookie, sugar wafer, chocolate-covered
53260500	Cookie, sugar wafer, sugar free
53246000	Cookie, tea, Japanese
53242500	Cookie, toffee bar
53247000	Cookie, vanilla wafer
53247050	Cookie, vanilla wafer, reduced fat
53247500	Cookie, vanilla with caramel, coconut, and chocolate coating
53235500	Cookie, with peanut butter filling, chocolate-coated
53270100	Cookies, Puerto Rican (Mantecaditos polvorones)
53241510	Marie biscuit
53239100	Pocky (Japanese snack)

## Adjusted for a recipe factor of 65 to 72% [Erythritol] = 9.75 to 10.80%

53240010	Cookie, animal, with frosting or icing
53203000	Cookie, applesauce
53204860	Cookie, brownie, fat free, NS as to icing
53204840	Cookie, brownie, reduced fat, NS as to icing
53220000	Cookie, fruit-filled bar
53220010	Cookie, fruit-filled bar, fat free
53233050	Cookie, oatmeal sandwich, with creme filling
53233080	Cookie, oatmeal sandwich, with peanut butter and jelly filling
53237010	Cookie, raisin sandwich, cream-filled

53238000	Cookie, sandwich-type, not chocolate or vanilla
53239050	Cookie, shortbread, with icing or filling
53243000	Cookie, vanilla sandwich
53243010	Cookie, vanilla sandwich, extra filling
53243050	Cookie, vanilla sandwich, reduced fat

#### Alcoholic Beverages (Lite Beer, Coolers)

[Erythritol] = 3.5%

93102000 Beer, light
93102200 Beer, light, higher alcohol
93102100 Beer, low carb
93404000 Wine cooler
93504100 Rum cooler

#### **Flavored Quenchers**

[Erythritol] = 3.5%

95320200	Gatorade G sports drink
95322200	Gatorade G2 sports drink, low calorie
95320500	Powerade sports drink
95322500	Powerade Zero sports drink, low calorie
95323000	Sports drink, low calorie
95321000	Sports drink, NFS

### Adjusted for a reconstitution factor of 16 [Erythritol] = 56%

92900300 Sports drink, dry concentrate, not reconstituted

#### Reduced- and Low-Calorie Carbonated and Non-Carbonated Beverages

[Erythritol] = 3.5%

92307520	Iced Tea / Lemonade juice drink, diet
92307510	Iced Tea / Lemonade juice drink, light
92309030	Tea, iced, bottled, black, decaffeinated, diet
92309020	Tea, iced, bottled, black, diet
92309510	Tea, iced, bottled, green, diet
92308040	Tea, iced, brewed, black, decaffeinated, pre-sweetened with low calorie sweetener
92308010	Tea, iced, brewed, black, pre-sweetened with low calorie sweetener
92308540	Tea, iced, brewed, green, decaffeinated, pre-sweetened with low calorie sweetener
92308510	Tea, iced, brewed, green, pre-sweetened with low calorie sweetener
92305110	Tea, iced, instant, black, decaffeinated, pre-sweetened with low calorie sweetener
92305920	Tea, iced, instant, green, pre-sweetened with low calorie sweetener

92410250	Carbonated water, sweetened, with low-calorie or no-calorie sweetener
92410820	Soft drink, chocolate flavored, diet
92411620	Soft drink, cola, chocolate flavored, diet
92410350	Soft drink, cola, decaffeinated, diet
92410320	Soft drink, cola, diet
92411610	Soft drink, cola, fruit or vanilla flavored, diet
92410315	Soft drink, cola, reduced sugar
92410420	Soft drink, cream soda, diet
92410560	Soft drink, fruit flavored, caffeine containing, diet
92410520	Soft drink, fruit flavored, diet, caffeine free
92410620	Soft drink, ginger ale, diet
92400100	Soft drink, NFS, diet
92410400	Soft drink, pepper type, decaffeinated, diet
92410370	Soft drink, pepper type, diet
92410720	Soft drink, root beer, diet
92550360	Apple juice beverage, 40-50% juice, light
92552030	Capri Sun, fruit juice drink
92550110	Cranberry juice drink, with high vitamin C, light
92550620	Fruit flavored drink, diet
92552010	Fruit flavored drink, powdered, reconstituted, diet
92550610	Fruit flavored drink, with high vitamin C, diet
92552000	Fruit flavored drink, with high vitamin C, powdered, reconstituted, diet
92550040	Fruit juice drink, diet
92550035	Fruit juice drink, light
92550030	Fruit juice drink, with high vitamin C, light
92550200	Grape juice drink, light
92550370	Lemonade, fruit juice drink, light
92550350	Orange juice beverage, 40-50% juice, light
92550380	Pomegranate juice beverage, 40-50% juice, light
92552020	Sunny D, reduced sugar
92550400	Vegetable and fruit juice drink, with high vitamin C, diet
92550405	
94100200	Water, bottled, sweetened, with low calorie sweetener
94220215	Glaceau Vitamin Water Zero
94220110	Propel Zero Calcium Water
94220100	Propel Zero Water
94210300	SoBe Life Water
94220310	SoBe Life Water Zero
95341000	FUZE Slenderize fortified low calorie fruit juice beverage
95312400	Monster Energy Drink, Lo Carb
95312500	Mountain Dew AMP Energy Drink, sugar-free
95312550	No Fear Energy Drink, sugar-free
95312555	NOS Energy Drink, sugar-free

95312600 Red Bull Energy Drink, sugar-free95312700 Rockstar Energy Drink, sugar-free95312800 Vault Zero Energy Drink

Adjusted for a recipe factor of 74.66% [Erythritol] = 2.61%

93301191 Rum and diet cola 93301215 Vodka and diet cola 93301183 Whiskey and diet cola

Adjusted for a reconstitution factor of 16 [Erythritol] = 56%

92900200 Fruit flavored drink, powdered, not reconstituted, diet

## Hot Cereal - Oatmeal (Instant or Cooked)

[Erythritol] = 3%

Oatmeal with fruit, cooked
Oatmeal with maple flavor, cooked
Oatmeal, cooked, instant, fat added in cooking
Oatmeal, cooked, instant, fat not added in cooking
Oatmeal, cooked, instant, made with milk, fat added in cooking
Oatmeal, cooked, instant, made with milk, fat not added in cooking
Oatmeal, cooked, instant, made with milk, NS as to fat added in cooking
Oatmeal, cooked, instant, NS as to fat added in cooking
Oatmeal, cooked, NS as to regular, quick or instant, fat not added in cooking
Oatmeal, cooked, NS as to regular, quick or instant; NS as to fat added in cooking
Oatmeal, cooked, NS as to regular, quick, or instant, fat added in cooking
Oatmeal, cooked, quick (1 or 3 minutes), fat added in cooking
Oatmeal, cooked, quick (1 or 3 minutes), fat not added in cooking
Oatmeal, cooked, quick (1 or 3 minutes), made with milk, fat added in cooking
Oatmeal, cooked, quick (1 or 3 minutes), made with milk, fat not added in cooking
Oatmeal, cooked, quick (1 or 3 minutes), made with milk, NS as to fat added in cooking
Oatmeal, cooked, quick (1 or 3 minutes), NS as to fat added in cooking
Oatmeal, cooked, regular, fat added in cooking
Oatmeal, cooked, regular, fat not added in cooking
Oatmeal, cooked, regular, made with milk, fat added in cooking
Oatmeal, cooked, regular, made with milk, fat not added in cooking
Oatmeal, cooked, regular, made with milk, NS as to fat added in cooking
Oatmeal, cooked, regular, NS as to fat added in cooking
Oatmeal, made with milk and sugar, Puerto Rican style

56203620	Oatmeal, multigrain, cooked, fat added in cooking
56203610	Oatmeal, multigrain, cooked, fat not added in cooking
56203600	Oatmeal, multigrain, cooked, NS as to fat added in cooking
56203220	Oatmeal, NS as to regular, quick, or instant, made with milk, fat added in cooking
56203210	Oatmeal, NS as to regular, quick, or instant, made with milk, fat not added in cooking
56203230	Oatmeal, NS as to regular, quick, or instant, made with milk, NS as to fat added in cooking

# Ready-to-Eat Cereals [Erythritol] = 30%

Cereal, NFS
Kashi cereal, NS as to ready to eat or cooked
Oat cereal, NFS
All-Bran
All-Bran Bran Buds, Kellogg's (formerly Bran Buds)
Alpen
Alpha-Bits
Alpha-bits with marshmallows
Apple Cinnamon Cheerios
Apple Jacks
Banana Nut Cheerios
Banana Nut Crunch Cereal (Post)
Basic 4
Berry Berry Kix
Berry Burst Cheerios
Blueberry Morning, Post
Booberry
Cap'n Crunch
Cap'n Crunch's Christmas Crunch
Cap'n Crunch's Crunch Berries
Cap'n Crunch's Peanut Butter Crunch
Cereal, ready-to-eat, NFS
Cheerios
Chex cereal, NFS
Chex Chocolate
Chex Cinnamon
Chocolate Cheerios
Chocolate flavored frosted puffed corn cereal
Chocolate Lucky Charms
Cinnabon cereal
Cinnamon Toast Crunch
Cinnamon Toast Crunch Reduced Sugar

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57126000 Cocoa Krispies
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57127000 Cocoa Pebbles

57128000 Cocoa Puffs

57128005 Cocoa Puffs, reduced sugar

57130000 Cookie-Crisp

57132000 Corn Chex

57135000 Corn flakes, Kellogg's

57134000 Corn flakes, NFS

57137000 Corn Puffs

57139000 Count Chocula

57143000 Cracklin' Oat Bran

57143500 Cranberry Almond Crunch, Post

57144000 Crisp Crunch

57148000 Crispix

57148500 Crispy Brown Rice Cereal

57151000 Crispy Rice

57131000 Crunchy Corn Bran, Quaker

57125900 Honey Nut Clusters (formerly called Clusters)

57208000 All-Bran Complete Wheat Flakes, Kellogg's

57207000 Bran Flakes, NFS (formerly 40% Bran Flakes, NFS)

57201900 Dora the Explorer Cereal

57206000 Familia

57206800 Fiber 7 Flakes, Health Valley

57206700 Fiber One

57206705 Fiber One Caramel Delight

57206710 Fiber One Honey Clusters

57206715 Fiber One Raisin Bran Clusters

57211000 Frankenberry

57213000 Froot Loops

57213010 Froot Loops Marshmallow

57213850 Frosted Cheerios

57214000 Frosted Mini-Wheats

57218000 Frosted Rice Krispies, Kellogg's

57216000 Frosted rice, NFS

57214100 Frosted Wheat Bites

57215000 Frosty O's

57221000 Fruit & Fibre (fiber) with dates, raisins, and walnuts

57219000 Fruit & Fibre (fiber), NFS

57221700 Fruit Rings, NFS

57221800 Fruit Whirls

57221810 Fruity Cheerios

57223000 Fruity Pebbles

57224000 Golden Grahams

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57229500 Granola with Raisins, lowfat, Kellogg's
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57228000 Granola, homemade

57229000 Granola, lowfat, Kellogg's

57227000 Granola, NFS

57230000 Grape-Nuts

57231000 Grape-Nuts Flakes

57231100 Grape-Nuts Trail Mix Crunch

57231250 Great Grains Double Pecan Whole Grain Cereal, Post

57231200 Great Grains, Raisin, Date, and Pecan Whole Grain Cereal, Post

57237100 Honey Bunches of Oats Honey Roasted Cereal

57237900 Honey Bunches of Oats Just Bunches

57237300 Honey Bunches of Oats with Almonds, Post

57237310 Honey Bunches of Oats with Pecan Bunches

57237200 Honey Bunches of Oats with Vanilla Clusters, Post

57239100 Honey Crunch Corn Flakes, Kellogg's

57241000 Honey Nut Cheerios

57240100 Honey Nut Chex

57241200 Honey Nut Shredded Wheat, Post

57243000 Honey Smacks, Kellogg's (formerly Smacks; Honey Smacks)

57238000 Honeycomb, plain

57239000 Honeycomb, strawberry

57209000 Natural Bran Flakes, Post (formerly called 40% Bran Flakes, Post)

57320500 100 % Natural Cereal, with oats, honey and raisins, Quaker

57321500 100 % Natural Wholegrain Cereal with raisins, lowfat, Quaker

57319000 100% Natural Cereal, plain, Quaker

57347000 Corn Pops

57348000 Frosted corn flakes, NFS

57349000 Frosted Flakes, Kellogg's

57305150 Frosted oat cereal with marshmallows

57355000 Golden Crisp (Formerly called Super Golden Crisp)

57303105 Honey Kix

57301505 Kashi Autumn Wheat

57301510 Kashi GOLEAN

57301511 Kashi GOLEAN Crunch

57301512 Kashi GOLEAN Crunch Honey Almond Flax

57301520 Kashi Good Friends

57301530 Kashi Heart to Heart Honey Toasted Oat

57301535 Kashi Heart to Heart Oat Flakes and Blueberry Clusters

57301540 Kashi Honey Sunshine

57301500 Kashi, Puffed

57302100 King Vitaman

57303100 Kix

57304100 Life (plain and cinnamon)

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57305100 Lucky Charms
57305160 Malt-O-Meal Blueberry Muffin Tops
57305165 Malt-O-Meal Cinnamon Toasters
57305175 Malt-O-Meal Cocoa Dyno-Bites
57305170 Malt-O-Meal Coco-Roos
57305174 Malt-O-Meal Colossal Crunch
57305180 Malt-O-Meal Corn Bursts
57305200 Malt-O-Meal Crispy Rice
57305210 Malt-O-Meal Frosted Flakes
57305215 Malt-O-Meal Frosted Mini Spooners
57305300 Malt-O-Meal Fruity Dyno-Bites
57306500 Malt-O-Meal Golden Puffs (formerly Sugar Puffs)
57305500 Malt-O-Meal Honey and Nut Toasty O's
57305400 Malt-O-Meal Honey Graham Squares
57305600 Malt-O-Meal Marshmallow Mateys
57306100 Malt-O-Meal Puffed Rice
57306120 Malt-O-Meal Puffed Wheat
57306130 Malt-O-Meal Raisin Bran
57306700 Malt-O-Meal Toasted Oat Cereal
57306800 Malt-O-meal Tootie Fruities
57307010 Maple Pecan Crunch Cereal, Post
57307500 Millet, puffed
57308190 Muesli, dried fruit and nuts (formerly Muesli with raisins, dates, and almonds)
57308150 Mueslix cereal, NFS
57308400 MultiGrain Cheerios
57309100 Nature Valley Granola, with fruit and nuts
57316200 Nutty Nuggets, Ralston Purina
57316300 Oat Bran Flakes, Health Valley
57316380 Oat Cluster Cheerios Crunch
57316450 Oatmeal Crisp with Almonds
57316500 Oatmeal Crisp, Raisin (formerly Oatmeal Raisin Crisp)
57346500 Oatmeal Honey Nut Heaven, Quaker (formerly Toasted Oatmeal, Honey Nut)
57316710 Oh's, Honey Graham
57321900 Organic Flax Plus, Nature's Path
57321905 Organic Flax Plus, Pumpkin Granola, Nature's Path
57325000 Product 19
57326000 Puffins Cereal
57327450 Quaker Oat Bran Cereal
57327500 Quaker Oatmeal Squares (formerly Quaker Oat Squares)
57328000 Quisp
57330010 Raisin Bran Crunch, Kellogg's
57330000 Raisin Bran, Kellogg's
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57329000 Raisin bran, NFS

57331000	Raisin Bran, Post
57332050	Raisin Bran, Total
57332100	Raisin Nut Bran
57349020	Reduced Sugar Frosted Flakes Cereal, Kellogg's
57335550	Reese's Peanut Butter Puffs cereal
57336000	Rice Chex
57337000	Rice Flakes, NFS
57339500	Rice Krispies Treats Cereal, Kellogg's
57339000	Rice Krispies, Kellogg's
57340000	Rice, puffed
57341000	Shredded Wheat'N Bran
57341200	Smart Start Strong Heart Antioxidants Cereal, Kellogg's
57344000	Special K
57344001	Special K Blueberry
57344005	Special K Chocolatey Delight
57344025	Special K Cinnamon Pecan, Kellogg's
57344015	Special K Fruit & Yogurt
57344007	Special K Low Fat Granola
57344010	Special K Red Berries
57344020	Special K Vanilla Almond
57323000	Sweet Crunch, Quaker (formerly called Popeye)
57417000	Shredded Wheat, 100%
57401100	Toasted oat cereal
57406100	Total
57407100	Trix
57407110	Trix, reduced sugar
57408100	Uncle Sam Cereal (formerly Uncle Sam's Hi Fiber Cereal)
57409100	Waffle Crisp, Post
57410000	Weetabix Whole Wheat Cereal
57411000	Wheat Chex
57412000	Wheat germ, plain
57413000	Wheat germ, with sugar and honey
57416000	Wheat, puffed, plain
57416010	Wheat, puffed, presweetened with sugar
57418000	Wheaties
57419000	Yogurt Burst Cheerios

Chewing Gum [Erythritol] = 75%

91800100	Chewing gum, NFS
91801000	Chewing gum, regular
91802000	Chewing gum, sugar free

## **BBQ Sauce**

[Erythritol] = 15%

74406010 Barbecue sauce

Adjusted for a recipe factor of 10.24 to 42.46% [Erythritol] = 1.54 to 6.37%

21304210	Beef, shortribs, barbecued, with sauce, lean and fat eaten
21304220	Beef, shortribs, barbecued, with sauce, lean only eaten
21304200	Beef, shortribs, barbecued, with sauce, NS as to fat eaten
22701040	Pork, spareribs, barbecued, with sauce, lean and fat eaten
22701050	Pork, spareribs, barbecued, with sauce, lean only eaten
22701030	Pork, spareribs, barbecued, with sauce, NS as to fat eaten
27116200	Beef with barbecue sauce (mixture)
27146000	Chicken or turkey with barbecue sauce, skin eaten
27146010	Chicken or turkey with barbecue sauce, skin not eaten
27120030	Ham or pork with barbecue sauce (mixture)
27160010	Meat with barbecue sauce, NS as to type of meat (mixture)
27510110	Beef barbecue sandwich or Sloppy Joe, on bun
27510130	Beef barbecue submarine sandwich, on bun
27540130	Chicken barbecue sandwich
27520510	Pork barbecue sandwich or Sloppy Joe, on bun
27520500	Pork sandwich, on white roll, with onions, dill pickles and barbecue sauce
28110620	Beef short ribs, boneless, with barbecue sauce, potatoes, vegetable (frozen meal)

## **Tomato Sauce**

[Erythritol] = 15%

74401010 Tomato catsup
74401110 Tomato catsup, reduced sodium
74402010 Tomato chili sauce (catsup-type)

Adjusted for a recipe factor of 3.49 to 16.62%

[Erythritol] = 0.52 to 2.49%

27111500	Beef sloppy joe (no bun)
27150020	Crab, deviled
27151040	Crabs in tomato-based sauce, Puerto Rican style (mixture) (Salmorejo de jueyes)
27315250	Stuffed cabbage rolls with beef and rice
27418310	Corned beef with tomato sauce and onion, Puerto Rican style (mixture)
27510445	Bacon cheeseburger, 1/3 lb meat, with tomato and/or catsup, on bun
27510440	Bacon cheeseburger, 1/4 lb meat, with mayonnaise or salad dressing, and tomato and/or catsup, on bun

27510400	Bacon cheeseburger, 1/4 lb meat, with tomato and/or catsup, on bun
27510360	Bacon cheeseburger, with mayonnaise or salad dressing, tomato and/or catsup, on bun
27510310	Cheeseburger with tomato and/or catsup, on bun
27510355	Cheeseburger, 1/3 lb meat, with mayonnaise or salad dressing, tomato and/or catsup on bun
27510350	Cheeseburger, 1/4 lb meat, with mayonnaise or salad dressing, and tomato and/or catsup, on bun
27510320	Cheeseburger, 1/4 lb meat, with tomato and/or catsup, on bun
27510230	Cheeseburger, with mayonnaise or salad dressing, and tomato and/or catsup, on bun
27510385	Double bacon cheeseburger (2 patties), with tomato and/or catsup, on bun
27510430	Double bacon cheeseburger (2 patties, 1/4 lb meat each), with mayonnaise or salad dressing, and
27510340	tomato and/or catsup, on bun  Double cheeseburger (2 patties), with mayonnaise or salad dressing and tomatoes and/or catsup,
2/310340	on bun
27510330	Double cheeseburger (2 patties), with tomato and/or catsup, on bun
27510375	Double cheeseburger (2 patties, 1/4 lb meat each), with tomato and/or catsup, on bun
27510540	Double hamburger (2 patties), with tomato and/or catsup, on bun
27510690	Double hamburger (2 patties, 1/4 lb meat each), with mayonnaise or salad dressing and tomatoes
27510000	and/or catsup, on double-decker bun
27510680	Double hamburger (2 patties, 1/4 lb meat each), with tomato and/or catsup, on bun
27510610	Hamburger, 1 oz meat, with tomato and/or catsup, on miniature bun
27510560	Hamburger, 1/4 lb meat, with mayonnaise or salad dressing, and tomato and/or catsup, on bun
27510620	Hamburger, 1/4 lb meat, with tomato and/or catsup, on bun
27510520	Hamburger, with mayonnaise or salad dressing, and tomato and/or catsup, on bun
27510510	Hamburger, with tomato and/or catsup, on bun
27510380	Triple cheeseburger (3 patties, 1/4 lb meat each), with mayonnaise or salad dressing and tomatoes and/or catsup, on bun
27518000	Wrap sandwich filled with beef patty, bacon, cheese, tomato and/or catsup, and spread and/or sauce
27517010	Wrap sandwich filled with beef patty, cheese, tomato and/or catsup, and spread and/or sauce
41901020	Soyburger, meatless, with cheese on bun

## Imitation Dairy Drinks (Soy, Almond, Cashew, Coconut, and Other Plant-Based Drinks) [Erythritol] = 6%

11350000	Almond milk, sweetened
11350010	Almond milk, sweetened, chocolate
11350020	Almond milk, unsweetened
11350030	Almond milk, unsweetened, chocolate
11370000	Coconut milk
11340000	Imitation milk, non-soy, sweetened
11360000	Rice milk
11320000	Soy milk
11321000	Soy milk, chocolate
11320100	Soy milk, light
11321100	Soy milk, light, chocolate

11320200	Soy milk, nonfat
11321200	Soy milk, nonfat, chocolate
11513310	Chocolate milk, made from dry mix with non-dairy milk
11513805	Chocolate milk, made from light syrup with non-dairy milk
11513375	Chocolate milk, made from reduced sugar mix with non-dairy milk
11513855	Chocolate milk, made from sugar free syrup with non-dairy milk
11513750	Chocolate milk, made from syrup with non-dairy milk
11514150	Hot chocolate / Cocoa, made with dry mix and non-dairy milk
11514360	Hot chocolate / Cocoa, made with no sugar added dry mix and non-dairy milk
11514310	Hot chocolate / Cocoa, made with no sugar added dry mix and water
11512030	Hot chocolate / Cocoa, ready to drink, made with non-dairy milk
11512120	Hot chocolate / Cocoa, ready to drink, made with non-dairy milk and whipped cream
11513385	Nesquik, chocolate milk, made from dry mix with non-dairy milk
11513395	Nesquik, chocolate milk, made from no sugar added dry mix with non-dairy milk
11519215	Strawberry milk, non-dairy
42401010	Coconut milk, used in cooking (liquid expressed from grated coconut meat, water added)

# Adjusted for a recipe factor of 8.70 to 84.97% [Erythritol] = 0.52 to 5.10%

13210820	Fresh corn custard, Puerto Rican style (Mazamorra, Mundo Nuevo)	
56201560	Cornmeal sticks, boiled	
58118110	Cornstarch coconut dessert, Puerto Rican style (Tembleque)	
58157210	Rice pudding made with coconut milk, Puerto Rican style	
58161200	Rice, cooked with coconut milk (Arroz con coco)	
73211110	Sweet potato and pumpkin casserole, Puerto Rican style	
91550100	Coconut cream cake, Puerto Rican style (Bien me sabe, "Tastes good to me")	
91560100	Haupia (coconut pudding)	
92101975	Coffee, Cafe Mocha, decaffeinated, with non-dairy milk	
92101960	Coffee, Cafe Mocha, with non-dairy milk	
92162002	Coffee, Cappuccino, decaffeinated, with non-dairy milk	
92161002	Coffee, Cappuccino, with non-dairy milk	
92102612	Coffee, Iced Café Mocha, decaffeinated, with non-dairy milk	
92102602	Coffee, Iced Café Mocha, with non-dairy milk	
92102512	Coffee, Iced Latte, decaffeinated, with non-dairy milk	
92102515	Coffee, Iced Latte, decaffeinated, with non-dairy milk, flavored	
92102502	Coffee, Iced Latte, with non-dairy milk	
92102505	Coffee, Iced Latte, with non-dairy milk, flavored	
92101913	Coffee, Latte, decaffeinated, with non-dairy milk	
92101919	Coffee, Latte, decaffeinated, with non-dairy milk, flavored	
92101903	Coffee, Latte, with non-dairy milk	
92101906	Coffee, Latte, with non-dairy milk, flavored	
92101933	Frozen coffee drink, decaffeinated, with non-dairy milk	

Frozen coffee drink, decaffeinated, with non-dairy milk and whipped cream
Frozen coffee drink, with non-dairy milk
Frozen coffee drink, with non-dairy milk and whipped cream
Frozen mocha coffee drink, decaffeinated, with non-dairy milk
Frozen mocha coffee drink, decaffeinated, with non-dairy milk and whipped cream
Frozen mocha coffee drink, with non-dairy milk
Frozen mocha coffee drink, with non-dairy milk and whipped cream

# Non-Dairy Toppings [Erythritol] = 10%

12220200	Whipped topping, nondairy, frozen
12220270	Whipped topping, nondairy, frozen, fat free
12220250	Whipped topping, nondairy, frozen, lowfat
12220280	Whipped topping, nondairy, frozen, sugar free
12220000	Whipped topping, nondairy, NS as to canned, frozen, or made from powdered mix
12220100	Whipped topping, nondairy, pressurized can

## Adjusted for a recipe factor of 7.22 to 24.30%

[Erythritol] = 0.72 to 2.43%

63403100	Fruit dessert with cream and/or pudding and nuts
63402970	Fruit salad (excluding citrus fruits) with nondairy whipped topping
63403030	Fruit salad (including citrus fruits) with nondairy whipped topping
91501040	Gelatin dessert with fruit and whipped cream
91501110	Gelatin dessert with fruit and whipped topping
91501030	Gelatin dessert with whipped cream

# **Low Calorie Salad Dressings** [Erythritol] = 15%

83201000	Blue or roquefort cheese dressing, light
83203000	Caesar dressing, light
83201400	Coleslaw dressing, light
83210100	Creamy dressing, light
83202020	French or Catalina dressing, light
83204500	Honey mustard dressing, light
83205450	Italian dressing, light
83208500	Korean dressing or marinade
83204050	Mayonnaise-type salad dressing, light
83206000	Russian dressing, light
83200100	Salad dressing, light, NFS
83206500	Sesame dressing, light

83207000	Thousand Island dressing, light
83300100	Blue or roquefort cheese dressing, fat free
83300200	Caesar dressing, fat free
83300300	Creamy dressing, fat free
83300400	French or Catalina dressing, fat free
83300500	Honey mustard dressing, fat free
83300600	Italian dressing, fat free
83300800	Russian dressing, fat free
83300900	Salad dressing, fat free, NFS
83301000	Thousand Island dressing, fat free

# Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt) [Erythritol] = 10%

11460160	Yogurt, frozen, chocolate, lowfat milk
11460200	Yogurt, frozen, chocolate, nonfat milk
11460400	Yogurt, frozen, chocolate, nonfat milk, with low-calorie sweetener
11460100	Yogurt, frozen, chocolate, NS as to type of milk
11460430	Yogurt, frozen, chocolate, whole milk
11461000	Yogurt, frozen, chocolate-coated
11461250	Yogurt, frozen, cone, chocolate
11461280	Yogurt, frozen, cone, chocolate, lowfat milk
11461260	Yogurt, frozen, cone, flavors other than chocolate
11461270	Yogurt, frozen, cone, flavors other than chocolate, lowfat milk
11460170	Yogurt, frozen, flavors other than chocolate, lowfat milk
11460300	Yogurt, frozen, flavors other than chocolate, nonfat milk
11460410	Yogurt, frozen, flavors other than chocolate, nonfat milk, with low-calorie sweetener
11460000	Yogurt, frozen, flavors other than chocolate, NS as to type of milk
11460440	Yogurt, frozen, flavors other than chocolate, whole milk
11460250	Yogurt, frozen, flavors other than chocolate, with sorbet or sorbet-coated
11460150	Yogurt, frozen, NS as to flavor, lowfat milk
11460190	Yogurt, frozen, NS as to flavor, nonfat milk
11459990	Yogurt, frozen, NS as to flavor, NS as to type of milk
11460420	Yogurt, frozen, NS as to flavor, whole milk
11461200	Yogurt, frozen, sandwich
13127010	Dippin' Dots, flash frozen ice cream snacks, chocolate
13127000	Dippin' Dots, flash frozen ice cream snacks, flavors other than chocolate
13160410	Fat free ice cream, chocolate
13160400	Fat free ice cream, flavors other than chocolate
13160150	Fat free ice cream, no sugar added, chocolate
13160160	Fat free ice cream, no sugar added, flavors other than chocolate
13160420	Fat free ice cream, NS as to flavor
13121300	Ice cream sundae, chocolate or fudge topping, with whipped cream

13121100	Ice cream sundae, fruit topping, with whipped cream
13121500	Ice cream sundae, fudge topping, with cake, with whipped cream
13121400	Ice cream sundae, not fruit or chocolate topping, with whipped cream
13121200	Ice cream sundae, prepackaged type, flavors other than chocolate
13126000	Ice cream, fried
13110000	Ice cream, NFS
13110330	Ice cream, no sugar added, chocolate
13110320	Ice cream, no sugar added, flavors other than chocolate
13110310	Ice cream, no sugar added, NS as to flavor
13110110	Ice cream, regular, chocolate
13110100	Ice cream, regular, flavors other than chocolate
13110130	Ice cream, rich, chocolate
13110120	Ice cream, rich, flavors other than chocolate
13110140	Ice cream, rich, NS as to flavor
13110210	Ice cream, soft serve, chocolate
13110200	Ice cream, soft serve, flavors other than chocolate
13110220	Ice cream, soft serve, NS as to flavor
13130310	Light ice cream, chocolate (formerly ice milk)
13140700	Light ice cream, creamsicle or dreamsicle (formerly ice milk)
13140710	Light ice cream, creamsicle or dreamsicle, no sugar added
13130300	Light ice cream, flavors other than chocolate (formerly ice milk)
13140900	Light ice cream, fudgesicle (formerly ice milk)
13130340	Light ice cream, no sugar added, chocolate
13130330	Light ice cream, no sugar added, flavors other than chocolate
13130320	Light ice cream, no sugar added, NS as to flavor
13130100	Light ice cream, NS as to flavor (formerly ice milk)
13130700	Light ice cream, soft serve, blended with candy or cookies
13130610	Light ice cream, soft serve, chocolate (formerly ice milk)
13130600	Light ice cream, soft serve, flavors other than chocolate (formerly ice milk)
13130590	Light ice cream, soft serve, NS as to flavor (formerly ice milk)
13150000	Sherbet, all flavors
63430110	Sorbet, fruit, citrus flavor
63430100	Sorbet, fruit, noncitrus flavor
Adjusted for [Erythritol] = 2	a recipe factor of 25 to 84% 2.50 to 8.40%
13170000	Baked Alaska
13120400	Ice cream har or stick with fruit

13170000	Baked Alaska
13120400	Ice cream bar or stick with fruit
13120100	Ice cream bar or stick, chocolate covered
13120140	Ice cream bar or stick, chocolate ice cream, chocolate covered
13120110	Ice cream bar or stick, chocolate or caramel covered, with nuts
13120050	Ice cream bar or stick, not chocolate covered or cake covered

13120120	Ice cream bar or stick, rich chocolate ice cream, thick chocolate covering
13120130	Ice cream bar or stick, rich ice cream, chocolate covered, with nuts
13120121	Ice cream bar or stick, rich ice cream, thick chocolate covering
13120300	Ice cream bar, cake covered
13120310	Ice cream bar, stick or nugget, with crunch coating
13120750	Ice cream cone with nuts, chocolate ice cream
13120700	Ice cream cone with nuts, flavors other than chocolate
13120760	Ice cream cone, chocolate covered or dipped, chocolate ice cream
13120720	Ice cream cone, chocolate covered or dipped, flavors other than chocolate
13120780	Ice cream cone, chocolate covered, with nuts, chocolate ice cream
13120710	Ice cream cone, chocolate covered, with nuts, flavors other than chocolate
13120770	Ice cream cone, no topping, chocolate ice cream
13120730	Ice cream cone, no topping, flavors other than chocolate
13120740	Ice cream cone, no topping, NS as to flavor
13120550	Ice cream cookie sandwich
13122100	Ice cream pie, no crust
13122500	Ice cream pie, with cookie crust, fudge topping, and whipped cream
13120500	Ice cream sandwich
13135010	Ice cream sandwich, made with light chocolate ice cream
13135000	Ice cream sandwich, made with light ice cream, flavors other than chocolate
13136000	Ice cream sandwich, made with light, no sugar added ice cream
13120810	Ice cream soda, chocolate
13120800	Ice cream soda, flavors other than chocolate
13120790	Ice cream sundae cone
13121000	Ice cream sundae, NS as to topping, with whipped cream
13140110	Light ice cream, bar or stick, chocolate covered, with nuts (formerly ice milk)
13140100	Light ice cream, bar or stick, chocolate-coated (formerly ice milk)
13161630	Light ice cream, bar or stick, with low-calorie sweetener, chocolate-coated (formerly ice milk)
13140550	Light ice cream, cone, chocolate (formerly ice milk)
13140500	Light ice cream, cone, flavors other than chocolate (formerly ice milk)
13140450	Light ice cream, cone, NFS (formerly ice milk)
13140580	Light ice cream, no sugar added, cone, chocolate
13140575	Light ice cream, no sugar added, cone, flavors other than chocolate
13140570	Light ice cream, no sugar added, cone, NS as to flavor
13130630	Light ice cream, soft serve cone, chocolate (formerly ice milk)
13130620	Light ice cream, soft serve cone, flavors other than chocolate (formerly ice milk)
13130640	Light ice cream, soft serve cone, NS as to flavor (formerly ice milk)
13140660	Light ice cream, sundae, soft serve, chocolate or fudge topping (without whipped cream) (formerly ice milk)
13140600	Light ice cream, sundae, soft serve, chocolate or fudge topping, with whipped cream (formerly ice milk)
13140670	Light ice cream, sundae, soft serve, fruit topping (without whipped cream) (formerly ice milk)
13140630	Light ice cream, sundae, soft serve, fruit topping, with whipped cream (formerly ice milk)

13140680	Light ice cream, sundae, soft serve, not fruit or chocolate topping (without whipped cream) (formerly ice milk)
13140650	Light ice cream, sundae, soft serve, not fruit or chocolate topping, with whipped cream (formerly
	ice milk)
13142000	Milk dessert bar or stick, frozen, with coconut
13161000	Milk dessert bar, frozen, made from lowfat milk
13161600	Milk dessert bar, frozen, made from lowfat milk and low calorie sweetener
13161500	Milk dessert sandwich bar, frozen, made from lowfat milk
13161520	Milk dessert sandwich bar, frozen, with low-calorie sweetener, made from lowfat milk

## **Fruit-Based Slushies**

[Erythritol] = 3.5%

91611000	Ice pop
91611050	Ice pop filled with ice cream, all flavor varieties
91611100	Ice pop, sweetened with low calorie sweetener
91601000	Ice, fruit
91621000	Snow cone

## Fillings (Fruit, Custard, Cream, Pudding)

[Erythritol] = 15%

61113500	Lemon pie filling
63113030	Cherry pie filling
63113050	Cherry pie filling, low calorie
63203700	Blueberry pie filling

Adjusted for a recipe factor of 50% [Erythritol] = 7.50%

13210810 Puerto Rican pumpkin pudding (Flan de calabaza)

## **Puddings (Instant, Phosphate Set)**

[Erythritol] = 10%

	Pudding, chocolate, low calorie, containing artificial sweetener, NS as to from dry mix or ready-to-
13210250	eat
13210220	Pudding, chocolate, NS as to from dry mix or ready-to-eat
13220220	Pudding, chocolate, prepared from dry mix, low calorie, containing artificial sweetener, milk added
13220120	Pudding, chocolate, prepared from dry mix, milk added
	Pudding, flavors other than chocolate, low calorie, containing artificial sweetener, NS as to from
13210290	dry mix or ready-to-eat
13210280	Pudding, flavors other than chocolate, NS as to from dry mix or ready-to-eat
	Pudding, flavors other than chocolate, prepared from dry mix, low calorie, containing artificial
13220210	sweetener, milk added

13220110	Pudding, flavors other than chocolate, prepared from dry mix, milk added
13200110	Pudding, NFS
13230130	Pudding, ready-to-eat, chocolate
13230200	Pudding, ready-to-eat, chocolate and non-chocolate flavors combined
13220235	Pudding, ready-to-eat, chocolate, fat free
13220230	Pudding, ready-to-eat, chocolate, reduced fat
13230110	Pudding, ready-to-eat, flavors other than chocolate
13220245	Pudding, ready-to-eat, flavors other than chocolate, fat free
13220240	Pudding, ready-to-eat, flavors other than chocolate, reduced fat
13230140	Pudding, ready-to-eat, low calorie, containing artificial sweetener, chocolate
13230120	Pudding, ready-to-eat, low calorie, containing artificial sweetener, flavors other than chocolate
13230500	Pudding, ready-to-eat, tapioca
13230510	Pudding, ready-to-eat, tapioca, fat free
13210520	Pudding, tapioca, made from dry mix, made with milk
13241000	Pudding, with fruit and vanilla wafers

# Adjusted for a recipe factor of 53.38 to 55.58% [Erythritol] = 5.34 to 5.56%

63403000	Fruit salad (excluding citrus fruits) with pudding
63402990	Fruit salad (including citrus fruits) with pudding

# Hard Candy (Mints, Pressed, Candies, Cough Drops) [Erythritol] = 99%

91745040	Butterscotch hard candy
91770000	Dietetic or low calorie candy, NFS
91770020	Dietetic or low calorie hard candy
91770050	Dietetic or low calorie mints
91745020	Hard candy
91718000	Honey-combed hard candy with peanut butter
91718050	Honey-combed hard candy with peanut butter, chocolate covered

## Jams and Jellies

[Erythritol] = 15%

91402000	Jam, preserves, all flavors
91406000	Jams, preserves, marmalades, dietetic, all flavors, sweetened with artificial sweetener
91406600	Jams, preserves, marmalades, low sugar (all flavors)
91406500	Jams, preserves, marmalades, sweetened with fruit juice concentrates, all flavors
91401000	Jelly, all flavors
91405000	Jelly, dietetic, all flavors, sweetened with artificial sweetener
91405500	Jelly, reduced sugar, all flavors

# Adjusted for a recipe factor of 0.6 to 57.0% [Erythritol] = 0.09 to 8.55%

28143200	Chicken in soy-based sauce, rice and vegetables (frozen meal)
42203000	Peanut butter and jelly
42302010	Peanut butter and jelly sandwich

# Dairy drinks (Chocolate and Flavored Milks) [Erythritol] = 3.5%

11513300	Chocolate milk, made from dry mix with fat free milk (skim)
11513200	Chocolate milk, made from dry mix with low fat milk (1%)
11513150	Chocolate milk, made from dry mix with reduced fat milk (2%)
11513100	Chocolate milk, made from dry mix with whole milk
11513000	Chocolate milk, made from dry mix, NS as to type of milk
11513804	Chocolate milk, made from light syrup with fat free milk (skim)
11513803	Chocolate milk, made from light syrup with low fat milk (1%)
11513802	Chocolate milk, made from light syrup with reduced fat milk (2%)
11513801	Chocolate milk, made from light syrup with whole milk
11513800	Chocolate milk, made from light syrup, NS as to type of milk
11513370	Chocolate milk, made from reduced sugar mix with fat free milk (skim)
11513365	Chocolate milk, made from reduced sugar mix with low fat milk (1%)
11513360	Chocolate milk, made from reduced sugar mix with reduced fat milk (2%)
11513355	Chocolate milk, made from reduced sugar mix with whole milk
11513350	Chocolate milk, made from reduced sugar mix, NS as to type of milk
11513854	Chocolate milk, made from sugar free syrup with fat free milk (skim)
11513853	Chocolate milk, made from sugar free syrup with low fat milk (1%)
11513852	Chocolate milk, made from sugar free syrup with reduced fat milk (2%)
11513851	Chocolate milk, made from sugar free syrup with whole milk
11513850	Chocolate milk, made from sugar free syrup, NS as to type of milk
11513700	Chocolate milk, made from syrup with fat free milk (skim)
11513600	Chocolate milk, made from syrup with low fat milk (1%)
11513550	Chocolate milk, made from syrup with reduced fat milk (2%)
11513500	Chocolate milk, made from syrup with whole milk
11513400	Chocolate milk, made from syrup, NS as to type of milk
11511000	Chocolate milk, NFS
11511300	Chocolate milk, ready to drink, fat free (skim)
11511400	Chocolate milk, ready to drink, low fat (1%)
11511200	Chocolate milk, ready to drink, reduced fat (2%)
11511550	Chocolate milk, ready to drink, reduced sugar, NS as to milk
11511100	Chocolate milk, ready to drink, whole
11531500	Eggnog, lowfat / light

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11531000 Eggnog, regular
11553130 Fruit smoothie juice drink, with dairy
11553110 Fruit smoothie, with whole fruit and dairy
11553120 Fruit smoothie, with whole fruit and dairy, added protein
11514140 Hot chocolate / Cocoa, made with dry mix and fat free milk (skim)
11514130 Hot chocolate / Cocoa, made with dry mix and low fat milk (1%)
11514120 Hot chocolate / Cocoa, made with dry mix and reduced fat milk (2%)
11514100 Hot chocolate / Cocoa, made with dry mix and water
11514110 Hot chocolate / Cocoa, made with dry mix and whole milk
11514350 Hot chocolate / Cocoa, made with no sugar added dry mix and fat free milk (skim)
11514340 Hot chocolate / Cocoa, made with no sugar added dry mix and low fat milk (1%)
11514330 Hot chocolate / Cocoa, made with no sugar added dry mix and reduced fat milk (2%)
11514320 Hot chocolate / Cocoa, made with no sugar added dry mix and whole milk
11512010 Hot chocolate / Cocoa, ready to drink
11512020 Hot chocolate / Cocoa, ready to drink, made with nonfat milk
11512110 Hot chocolate / Cocoa, ready to drink, made with nonfat milk and whipped cream
11512100 Hot chocolate / Cocoa, ready to drink, with whipped cream
11551050 Licuado / Batido (milk fruit drink)
11541400 Milk shake with malt
11543000 Milk shake, bottled, chocolate
11543010 Milk shake, bottled, flavors other than chocolate
11542100 Milk shake, fast food, chocolate
11542200 Milk shake, fast food, flavors other than chocolate
11541110 Milk shake, home recipe, chocolate
11541130 Milk shake, home recipe, chocolate, light
11541120 Milk shake, home recipe, flavors other than chocolate
11541135 Milk shake, home recipe, flavors other than chocolate, light
11526000 Milk, malted, chocolate, made with milk
11525000 Milk, malted, natural flavor, made with milk
11513384 Nesquik, chocolate milk, made from dry mix with fat free milk (skim)
11513383 Nesquik, chocolate milk, made from dry mix with low fat milk (1%)
11513382 Nesquik, chocolate milk, made from dry mix with reduced fat milk (2%)
11513381 Nesquik, chocolate milk, made from dry mix with whole milk
11513380 Nesquik, chocolate milk, made from dry mix, NS as to type of milk
11513394 Nesquik, chocolate milk, made from no sugar added dry mix with fat free milk (skim)
11513393 Nesquik, chocolate milk, made from no sugar added dry mix with low fat milk (1%)
11513392 Nesquik, chocolate milk, made from no sugar added dry mix with reduced fat milk (2%)
11513391 Nesquik, chocolate milk, made from no sugar added dry mix with whole milk
11513390 Nesquik, chocolate milk, made from no sugar added dry mix, NS as to type of milk
11511610 Nesquik, chocolate milk, ready to drink, fat free (skim)
11511600 Nesquik, chocolate milk, ready to drink, low fat (1%)
11511700 Nesquik, chocolate milk, ready to drink, low fat (1%), no sugar added
11519205 Strawberry milk, fat free (skim)
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11519200	Strawberry milk, low fat (1%)
11519040	Strawberry milk, NFS
11519105	Strawberry milk, reduced fat (2%)
11519050	Strawberry milk, whole
11560000	Yoo-hoo, chocolate milk drink
11830160	Chocolate beverage powder, dry mix, not reconstituted
11830165	Chocolate beverage powder, reduced sugar, dry mix, not reconstituted
11830150	Cocoa powder, not reconstituted (no dry milk)
11830115	Hot chocolate / Cocoa, dry mix, no sugar added, not reconstituted
11830100	Hot chocolate / Cocoa, dry mix, not reconstituted
11830260	Milk, malted, dry mix, not reconstituted
11830400	Strawberry beverage powder, dry mix, not reconstituted

Yogurt [Erythritol] = 5%

11446000	Fruit and low fat yogurt parfait
11427000	Yogurt, chocolate, nonfat milk
11425000	Yogurt, chocolate, NS as to type of milk
11426000	Yogurt, chocolate, whole milk
11432000	Yogurt, fruit, low fat milk
11432500	Yogurt, fruit, low fat milk, light
11433000	Yogurt, fruit, nonfat milk
11433500	Yogurt, fruit, nonfat milk, light
11430000	Yogurt, fruit, NS as to type of milk
11431000	Yogurt, fruit, whole milk
11428000	Yogurt, Greek, chocolate, nonfat
11434010	Yogurt, Greek, fruit, low fat
11434020	Yogurt, Greek, fruit, nonfat
11434000	Yogurt, Greek, fruit, whole milk
11411410	Yogurt, Greek, plain, low fat
11411420	Yogurt, Greek, plain, nonfat milk
11411400	Yogurt, Greek, plain, whole milk
11424510	Yogurt, Greek, vanilla, low fat
11424520	Yogurt, Greek, vanilla, nonfat
11424500	Yogurt, Greek, vanilla, whole milk
11410000	Yogurt, NS as to type of milk or flavor
11411200	Yogurt, plain, low fat milk
11411300	Yogurt, plain, nonfat milk
11411010	Yogurt, plain, NS as to type of milk
11411100	Yogurt, plain, whole milk
11422000	Yogurt, vanilla, low fat milk
11422100	Yogurt, vanilla, low fat milk, light

11423000	Yogurt, vanilla, nonfat milk
11424000	Yogurt, vanilla, nonfat milk, light
11420000	Yogurt, vanilla, NS as to type of milk
11421000	Yogurt, vanilla, whole milk
41420380	Soy yogurt
67404300	Blueberry yogurt dessert, baby food, strained

## Adjusted for a recipe factor of 2.66 to 60.00% [Erythritol] = 0.13 to 3.00%

27116100 Beef curry
27146150 Chicken curry
27150320 Fish curry
27130100 Lamb or mutton curry
27120160 Pork curry
27150100 Shrimp curry

27243100 Biryani with chicken 27213010 Biryani with meat

27516010 Gyro sandwich (pita bread, beef, lamb, onion, condiments), with tomato and spread

32101530 Egg curry

58124500 Pastry, filled with potatoes and peas, fried

75440600 Vegetable curry

77316600 Eggplant and meat casserole

83115000 Yogurt dressing

91701030 Almonds, yogurt-covered

91731150 Peanuts, yogurt covered

91739600 Raisins, yogurt covered

91708160 Yogurt covered fruit snacks candy rolls, with high vitamin C

91708150 Yogurt covered fruit snacks candy, with added vitamin C

### **Fruit-Based Smoothies**

[Erythritol] = 3.5%

Fruit smoothie, NFS
Fruit smoothie juice drink (no dairy)
Fruit smoothie, bottled
Fruit smoothie, light
Fruit smoothie, with whole fruit (no dairy)
Fruit smoothie, with whole fruit (no dairy), added protein
Fruit and vegetable smoothie
Fruit and vegetable smoothie, added protein
Fruit and vegetable smoothie, bottled
Fruit flavored smoothie drink, frozen (no dairy)
Fruit flavored smoothie drink, frozen, light (no dairy)

Salty Snacks [Erythritol] = 10%

,	
54440010	Bagel chip
54420200	Multigrain mixture, bread sticks, sesame nuggets, pretzels, rye chips
54420010	Multigrain mixture, pretzels, cereal and/or crackers, nuts
54420100	Oriental party mix, with peanuts, sesame sticks, chili rice crackers and fried green peas
54402700	Pita chips Pita chips
54403010	Popcorn, air-popped (no butter or no oil added)
54403040	Popcorn, air-popped, buttered
54403050	Popcorn, flavored
54403020	Popcorn, popped in oil, buttered
54403070	Popcorn, popped in oil, lowfat
54403060	Popcorn, popped in oil, lowfat, reduced sodium
54403000	Popcorn, popped in oil, unbuttered
54403090	Popcorn, popped in oil, unsalted
54403110	Popcorn, sugar syrup or caramel-coated
54403150	Popcorn, sugar syrup or caramel-coated, fat free
54403120	Popcorn, sugar syrup or caramel-coated, with nuts
54408100	Pretzel, baby food
54408080	Pretzel, gluten free
54408200	Pretzel, hard, chocolate-coated
54408070	Pretzel, hard, multigrain
54408030	Pretzel, hard, unsalted
54408050	Pretzel, oatbran, hard
54408250	Pretzel, yogurt-covered
54408300	Pretzels, cheese-filled
54408010	Pretzels, hard
54408000	Pretzels, NFS
54408020	Pretzels, soft
54408040	Pretzels, soft, unsalted
54402200	Salty snack mixture, mostly corn or cornmeal based, with pretzels, without nuts
54401210	Salty snacks, corn based puffs and twists, cheese puffs and twists, lowfat
54401020	Salty snacks, corn or cornmeal base, corn chips, corn-cheese chips
54401090	Salty snacks, corn or cornmeal base, corn chips, corn-cheese chips, unsalted
54401050	Salty snacks, corn or cornmeal base, corn puffs and twists; corn-cheese puffs and twists
54401010	Salty snacks, corn or cornmeal base, nuts or nuggets, toasted
54401080	Salty snacks, corn or cornmeal base, tortilla chips
54401120	Salty snacks, corn or cornmeal base, tortilla chips, fat free, made with Olean
54401100	Salty snacks, corn or cornmeal base, tortilla chips, light (baked with less oil)
54401150	Salty snacks, corn or cornmeal base, tortilla chips, lowfat, baked without fat

54401170	Salty snacks, corn or cornmeal base, tortilla chips, lowfat, baked without fat, unsalted
54402080	Salty snacks, corn or cornmeal base, tortilla chips, unsalted
54401200	Salty snacks, corn or cornmeal base, with oat bran, tortilla chips
54402610	Salty snacks, multigrain and potato chips (made with rice flour, dried potatoes, corn flour, and wheat starch)
54402600	Salty snacks, multigrain, whole grain, chips (made with whole corn, whole wheat, rice flour, and whole oat flour)
54402500	Salty snacks, wheat- and corn-based chips
54402300	Salty snacks, wheat-based, high fiber
54406200	Shrimp chips (tapioca base)
54406010	Snacks, onion-flavored rings

## Fruit Novelty Snacks (e.g., Fruit Peel, Fruit Candy Bar, Fruit Leathers, Fruit Creams, Fruit Snack Candy, Gummy Fruits) [Erythritol] = 45%

91708030	Fruit leather and fruit snacks candy
91708000	Fruit peel, candied
91708100	Fruit snacks candy, with high vitamin C
91708040	Fun Fruits Creme Supremes
91708020	Soft fruit confections

## **Non-Chocolate Candies**

[Erythritol] = 45%

91702010	Butterscotch morsels
91700010	Candy, NFS
91703050	Caramel with nuts and cereal, chocolate covered
91703060	Caramel with nuts, chocolate covered
91703080	Caramel, all flavors, sugar free
91703010	Caramel, chocolate-flavored roll
91703020	Caramel, flavor other than chocolate
91703030	Caramel, with nuts
91706100	Coconut candy, no chocolate covering
91706400	Coconut candy, Puerto Rican style
91708010	Date candy
91770010	Dietetic or low calorie gumdrops
91713100	Fudge, brown sugar (penuche)
91713090	Fudge, divinity
91713050	Fudge, peanut butter
91713060	Fudge, peanut butter, with nuts
91713070	Fudge, vanilla
91713080	Fudge, vanilla, with nuts
91745010	Gumdrops

91716010	Halvah, plain
91718300	Ladoo, round ball, Asian-Indian dessert
91721000	Licorice
91723000	Marshmallow
91723020	Marshmallow, candy-coated
91723050	Marshmallow, coconut-coated
91726000	Nougat, plain
91728000	Nut roll, fudge or nougat, caramel and nuts
91703500	Nuts, carob-coated
91733000	Peanut brittle
91734500	Peanut butter morsels
91731100	Peanuts, sugar-coated
91736000	Pineapple candy, Puerto Rican style
91735000	Pralines
91742010	Sesame Crunch (Sahadi)
91746120	Sixlets
91745100	Skittles
91728500	Sugared pecans (sugar and egg white coating)
91750000	Taffy
91708070	Tamarind candy
91760000	Toffee, plain
91760700	Wax candy, liquid filled

# Adjusted for a recipe factor of 70 to 77% [Erythritol] = 31.50 to 34.65%

91703040	Caramel candy, chocolate covered
91706000	Coconut candy, chocolate covered
91709000	Gumdrops, chocolate covered
91716110	Halvah, chocolate covered

## **Soft Chocolate Candies**

[Erythritol] = 45%

91701020	Almonds, sugar-coated
91705300	Chocolate, sweet or dark
91705400	Chocolate, white
91707000	Fondant
91705010	Milk chocolate candy, plain
91732000	Peanut bar
91732100	Planters Peanut Bar
91746010	Sugar-coated chocolate discs

# Adjusted for a recipe factor of 10 to 70% [Erythritol] = 4.50 to 31.50%

91715300	100 GRAND Bar
91726420	3 MUSKETEERS Bar
91726425	3 Musketeers Truffle Crisp Bar
91701010	Almonds, chocolate covered
91715200	Baby Ruth
91718100	Butterfinger
91718110	Butterfinger Crisp
91705090	Chocolate candy with fondant and caramel
91705040	Chocolate, milk, with nuts, not almond or peanuts
91705070	Chocolate, milk, with peanuts
91705200	Chocolate, semi-sweet morsel
91705310	Chocolate, sweet or dark, with almonds
91705410	Chocolate, white, with almonds
91705420	Chocolate, white, with cereal
91770030	Dietetic or low calorie candy, chocolate covered
91746150	Easter egg, candy coated chocolate
91703600	Espresso coffee beans, chocolate-covered
91707010	Fondant, chocolate covered
91715000	Fudge, caramel and nut, chocolate-coated candy
91713030	Fudge, chocolate
91713010	Fudge, chocolate, chocolate-coated
91713020	Fudge, chocolate, chocolate-coated, with nuts
91713040	Fudge, chocolate, with nuts
91705030	Kit Kat
91705430	Kit Kat White
91700500	M&M's Almond Chocolate Candies
91746100	M&M's Milk Chocolate Candies (formerly M&M's Plain Chocolate Candies)
91731060	M&M's Peanut Butter Chocolate Candies
91731010	M&M's Peanut Chocolate Candies
91746200	M&M's Pretzel Chocolate Candies
91726150	MARS Almond Bar (formerly MARS bar)
91723010	
91705500	Mexican chocolate (tablet)
91705060	Milk chocolate candy, with almonds
91705020	Milk chocolate candy, with cereal
91705050	Milk chocolate candy, with fruit and nuts
91726130	MILKY WAY Bar
91726140	MILKY WAY MIDNIGHT Bar (formerly MILKY WAY DARK Bar)
91726410	Nougat, chocolate covered
91726110	Nougat, with caramel, chocolate covered

91727010	Nuts, chocolate covered, not almonds or peanuts
91733200	Peanut Bar, chocolate covered candy
91734000	Peanut butter, chocolate covered
91731000	Peanuts, chocolate covered
91739010	Raisins, chocolate covered
91734450	Reese's Crispy Crunchy Bar
91734400	Reese's Fast Break
91734100	Reese's Peanut Butter Cup
91734200	Reese's Pieces
91734300	Reese's Sticks
91703070	Rolo
91715100	SNICKERS Bar
91703150	Toblerone, milk chocolate with honey and almond nougat
91760100	Toffee, chocolate covered
91760200	Toffee, chocolate-coated, with nuts
91760500	Truffles
91703200	TWIX Caramel Cookie Bars (formerly TWIX Cookie Bars)
91703250	TWIX Chocolate Fudge Cookie Bars
91703300	TWIX Peanut Butter Cookie Bars
91703400	Whatchamacallit

# Sugar Substitutes [Erythritol] = 100%

91109000	Blue Agave liquid sweetener, sugar substitute
91105010	Fructose sweetener, sugar substitute, dry powder
91107000	Sucralose-based sweetener, sugar substitute
91108010	Sugar substitute, herbal extract sweetener, liquid
91108000	Sugar substitute, herbal extract sweetener, powder
91106000	Sugar substitute, sugar-aspartame blend, dry powder
91200030	Brown sugar substitute, saccharin-based, dry powder
91201010	Sugar substitute, aspartame-based, dry powder
91200000	Sugar substitute, low-calorie, powdered, NFS
91200020	Sugar substitute, saccharin-based, dry powder
91200040	Sugar substitute, saccharin-based, dry powder and tablets
91200110	Sugar substitute, saccharin-based, liquid

## Canned Fruit (Syrup)

Adjusted for a recipe factor of 36% [Erythritol] = 5.40%

61104230	Grapefruit and orange sections, cooked, canned, or frozen, in light syrup
61104200	Grapefruit and orange sections, cooked, canned, or frozen, NS as to added sweetener

61104220	Grapefruit and orange sections, cooked, canned, or frozen, unsweetened, water pack
61101230	Grapefruit, canned or frozen, in light syrup
61101200	Grapefruit, canned or frozen, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener
61101220	Grapefruit, canned or frozen, unsweetened, water pack
61110230	Kumquat, cooked or canned, in syrup
61122350	Orange, mandarin, canned or frozen, drained
61122330	Orange, mandarin, canned or frozen, in light syrup
61122320	Orange, mandarin, canned or frozen, juice pack
61122300	Orange, mandarin, canned or frozen, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener
61119020	Orange, sections, canned, juice pack
63103150	Apricot, cooked or canned, drained solids
63103130	Apricot, cooked or canned, in heavy syrup
63103140	Apricot, cooked or canned, in light syrup
63103170	Apricot, cooked or canned, juice pack
63103110	Apricot, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener
63103120	Apricot, cooked or canned, unsweetened, water pack
63115150	Cherries, sweet, cooked or canned, drained solids
63115130	Cherries, sweet, cooked or canned, in heavy syrup
63115140	Cherries, sweet, cooked or canned, in light syrup
63115170	Cherries, sweet, cooked or canned, juice pack
63115110	Cherries, sweet, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener
63115120	Cherries, sweet, cooked, unsweetened, water pack
63119130	Fig, cooked or canned, in heavy syrup
63119110	Fig, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener
63119120	Fig, cooked or canned, unsweetened, water pack
63119140	Figs, cooked or canned, in light syrup
63123130	Grapes, seedless, cooked or canned, in heavy syrup
63123110	Grapes, seedless, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener
63123120	Grapes, seedless, cooked or canned, unsweetened, water pack
63125100	Guava shell (assume canned in heavy syrup)
63126600	Lychee, cooked or canned, in sugar or syrup
63135150	Peach, cooked or canned, drained solids
63135130	Peach, cooked or canned, in heavy syrup
63135140	Peach, cooked or canned, in light or medium syrup
63135170	Peach, cooked or canned, juice pack
63135110	Peach, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener
63135120	Peach, cooked or canned, unsweetened, water pack

63137150	Pear, cooked or canned, drained solids
63137130	Pear, cooked or canned, in heavy syrup
63137140	Pear, cooked or canned, in light syrup
63137170	Pear, cooked or canned, juice pack
63137110	Pear, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener
63137120	Pear, cooked or canned, unsweetened, water pack
63141150	Pineapple, cooked or canned, drained solids
63141130	Pineapple, cooked or canned, in heavy syrup
63141140	Pineapple, cooked or canned, in light syrup
63141170	Pineapple, cooked or canned, juice pack
63141110	Pineapple, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener
63143150	Plum, cooked or canned, drained solids
63143130	Plum, cooked or canned, in heavy syrup
63143140	Plum, cooked or canned, in light syrup
63143170	Plum, cooked or canned, juice pack
63143110	Plum, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener
63143120	Plum, cooked or canned, unsweetened, water pack
63147150	Rhubarb, cooked or canned, drained solids
63147130	Rhubarb, cooked or canned, in heavy syrup
63147140	Rhubarb, cooked or canned, in light syrup
63147110	Rhubarb, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener
63147120	Rhubarb, cooked or canned, unsweetened
63201130	Blackberries, cooked or canned, in heavy syrup
63201110	Blackberries, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener
63203130	Blueberries, cooked or canned, in heavy syrup
63203125	Blueberries, cooked or canned, in light syrup
63203110	Blueberries, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener
63203120	Blueberries, cooked or canned, unsweetened, water pack
63207110	Cranberries, cooked or canned
63207000	Cranberries, NS as to raw, cooked, or canned
63219130	Raspberries, cooked or canned, in heavy syrup
63219110	Raspberries, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener
63219120	Raspberries, cooked or canned, unsweetened, water pack
63223130	Strawberries, cooked or canned, in syrup
63223110	Strawberries, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener
63223120	Strawberries, cooked or canned, unsweetened, water pack

63311150	Fruit cocktail, cooked or canned, drained solids
63311130	Fruit cocktail, cooked or canned, in heavy syrup
63311140	Fruit cocktail, cooked or canned, in light syrup
63311170	Fruit cocktail, cooked or canned, juice pack
63311110	Fruit cocktail, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener
63311120	Fruit cocktail, cooked or canned, unsweetened, water pack
63311145	Tropical fruit cocktail, cooked or canned, in light syrup

# Regular or Low-Calorie Syrups or Toppings [Erythritol] = 15%

91301081	Chocolate syrup, thin type, light
91301082	Chocolate syrup, thin type, sugar free
91300100	Pancake syrup, NFS
91351010	Syrup, dietetic
91300010	Syrup, NFS
91301510	Syrup, pancake, reduced calorie
91351020	Topping, dietetic
91304080	Topping, fruit, unsweetened

# Report of the Expert Panel

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# OPINION OF AN EXPERT PANEL ON THE SAFETY AND GENERALLY RECOGNIZED AS SAFE (GRAS) STATUS OF ERYTHRITOL FOR USE IN FOOD

### Introduction

An independent panel of experts (Expert Panel), qualified by scientific training and experience to evaluate the safety of food and food ingredients, was requested by Cargill, Incorporated (Cargill) to determine the safety and Generally Recognized as Safe (GRAS) status of the use of erythritol for use in food for human consumption. Erythritol is intended for use as a flavor enhancer, formulation aid, humectant, nutritive sweetener, stabilizer and thickener, sequestrant, or texturizer in foods. The erythritol ingredient is manufactured in accordance with current Good Manufacturing Practice (cGMP) and meets the proposed specifications.

A detailed review based on the existing scientific literature (through October 2017) on the safety of erythritol was conducted by ToxStrategies, Inc. (ToxStrategies) and is summarized in the attached dossier. The Expert Panel members reviewed the dossier prepared by ToxStrategies and other pertinent information and convened on February 27 and May 7, 2018 via teleconference. Based on an independent, critical evaluation of all of the available information and discussions during the February 27 and May 7, 2018 teleconferences, the Expert Panel unanimously concluded that the intended uses described herein for Cargill's erythritol ingredient, meeting appropriate food-grade specifications as described in the supporting dossier (GRAS Determination of Erythritol for Use in Human Food) and manufactured according to cGMP, are safe, suitable, and GRAS based on scientific procedures. A summary of the basis for the Expert Panel's conclusion is provided below.

## **Summary and Basis for GRAS Determination**

## Description

Erythritol is produced as odorless, white crystals from the fermentation broth of the yeast, *Moniliella pollinis*. The end product typically consists of more than 99.5% erythritol and is heat stable as well as nonhygroscopic. Erythritol is a naturally occurring four-carbon sugar alcohol. It is commonly found in fruits such as watermelons, pears, and grapes. Additionally, it is found in wine, sake, beer, mushrooms, and soy sauce (Shindou et al., 1989; Dubernet et al., 1974). It has also been detected in the tissues and body fluids of humans and animals (Goossens and Röper, 1994).

### **Manufacturing Process**

Erythritol is manufactured through a multi-step process that starts with the fermentation of a pure culture of a non-toxigenic, non-pathogenic microorganism—*Moniliella* pollinis—that feeds on a carbohydrate-based medium and ends with the purification of

erythritol from the fermentation broth. The erythritol in the fermentation broth is isolated from the organism and is then exposed to a purification treatment similar to that for other carbohydrate sweeteners and sugar alcohols (e.g., ion-exchange resin, activated charcoal, ultrafiltration, and crystallization). The final purified product contains at least 99.5% erythritol.

Analytical (physical, chemical and microbiological) results for the erythritol product confirm that the finished product meets the proposed specifications as demonstrated by the consistency of production, the lack of impurities and contaminants (e.g., heavy metals-lead, arsenic; microbiological contaminants-yeast, mold, coliforms). Further, the data provided from the analyses of three non-consecutive lots consistently demonstrates that the specifications established for Cargill's erythritol product meet or exceed the published FCC specifications.

The erythritol product should be stored in a clean, dry, and odor-free area at ambient temperature and humidity. The recommended best when used by date for erythritol standard granular under these conditions and in original unopened packaging is 3 years from the date of manufacture. For product in super sacks, the recommended best when used by date is 2 years from the date of manufacture.

## **History of Use**

Erythritol is considered GRAS for use as a flavor enhancer, formulation aid, humectant, non-nutritive sweetener, stabilizer and thickener, sequestrant and texturizer in a variety of foods and beverages. It has had widespread in the U.S. for more than a decade, without any reported adverse health effects in children and adults at dietary intakes resulting from its intended uses and use levels. It has been used in the following human foods: bakery fillings, cakes and cookies, chewing gum, dairy drinks, fat-based cream used in modified fat/calorie cookies, pastries, hard candies, frozen dairy desserts, puddings, reduced and low-calorie beverages, soft candies, sugar substitutes, yogurt, and others.

GRAS notifications for erythritol from several manufacturers and fatty acid esters of erythritol (listed below) have received "no questions" letters from the Food and Drug Administration (FDA).

GRN No.	Erythritol Product	Date of Closure		
401	Erythritol	03/22/12		
382	Erythritol	11/21/11		
297	Erythritol fatty acid esters	12/15/09		
208	Erythritol	01/25/07		
76	Erythritol	09/11/01		

Erythritol is considered GRAS for use as a flavor enhancer, formulation aid, humectant, non-nutritive sweetener, stabilizer and thickener, sequestrant and texturizer in a variety of foods. It has been used in the following human foods: bakery fillings, cakes and cookies, chewing gum, dairy drinks, fat-based cream used in modified fat/calorie cookies, pastries, hard candies, frozen dairy desserts, puddings, reduced and low-calorie beverages, soft candies, sugar substitutes, yogurt, and others.

In addition, erythritol is listed in 21 CFR § 101.80 as a noncariogenic carbohydrate sweetener with permitted health claims related to dietary carbohydrates and the occurrence of dental caries.

Globally, erythritol has achieved regulatory acceptance in multiple countries, including the European Union, Canada, Mexico, and Brazil. It is approved for use in Europe under E968, and the Joint FAO/WHO Expert Committee on Food Additives (JECFA) reviewed it in 1999 and assigned an acceptable daily intake (ADI) of "not specified" (JECFA, 2000). In Canada, it was approved for use as a food additive in November 2004. In Mexico, it is authorized for use at GMP levels. Brazil received approval effective in March 2008; it is included in the National Agency of Sanitary Surveillance (ANVISA) Sweeteners list. Erythritol is listed in Table 3 of the CODEX General Standard for Food Additives (CODEX, 2001), as a flavor enhancer, humectant and sweetener, and can be used in all categories of foods at GMP levels.

## **Intended Use and Intake Assessment**

Erythritol is proposed for use in the United States (U.S.) in a number of additional foods and beverages, as well as some revised use levels that reflect current intended uses. The estimated daily intake (EDI) per user of all intended uses of erythritol was previously calculated by FDA to be 13 g/day at the mean and 30 g/day at the 90th percentile (US FDA 2001). The estimates in this dossier for the intake of erythritol were determined based on all existing and proposed additional food-uses and use-levels for erythritol in conjunction with food consumption data included in the U.S. National Center for Health Statistics' (NCHS) National Health and Nutrition Examination Surveys (NHANES) 2013-2014. Calculations for the mean and 90th percentile all-person and all-user intakes were performed for each of the individual proposed food-uses of erythritol and the percentage of consumers was determined. Similar calculations were used to estimate the total intake of erythritol resulting from all proposed food-uses of erythritol combined. In both cases, the per person and per kilogram body weight intakes were reported for the following population groups:

Infants and young children, up to and including 3 years; Children, ages 4 to 11;
Female teenagers, ages 12 to 19;
Male teenagers, ages 12 to 19;
Female adults, ages 20 and up;
Male adults, ages 20 and up; and
Total population (all age and gender groups combined).

The individual proposed food-uses and use-levels for erythritol employed in the current intake analysis are summarized in the following table. Food codes representative of each proposed food-use were chosen from the NHANES 2013-2014. Food codes were grouped in food-use categories according to Title 21, Section §170.3 of the Code of Federal Regulations. Product-specific adjustment factors were developed based on data provided in the food and nutrient database for dietary studies (FNDDS) (USDA ARS, 2016) or the Food Commodity Intake Database (FCID) (U.S. EPA, 2018). All food codes included in the current intake assessment (Intertek, 2018) are listed in the Intake Assessment report in Exhibit I.

## Summary of the Individual Proposed Food-Uses and Use-Levels for Erythritol in the U.S. (2013-2014 NHANES Data)

Food Category (21 CFR 170.3) (CFR, 2017)	Food-Uses	Erythritol Use- Levels (%)
Baked Goods and	Baked Goods and Baking Mixes (excluding regular bread)*	15
Baking Mixes	Bars (Granola, High Protein)*	15
	Cakes	25
	Cookies	15
Beverages, Alcoholic	Alcoholic Beverages (Lite Beer, Coolers)*	3.5
Beverages and	Flavored Quenchers*	3.5
Beverage Bases	Reduced- and Low-Calorie Carbonated and Non-Carbonated Beverages (Excluding Soy-Based Drinks)	3.5
Breakfast Cereals	Hot Cereal – Oatmeal (Instant or Cooked)	3
	Ready-to-Eat Cereals**	30
Chewing Gum	Chewing Gum	75
Condiments and	BBQ Sauce*	15
Relishes	Tomato Sauce*	15
Dairy Product Analogs	Imitation Dairy Drinks (Soy, Almond, Cashew, Coconut, and Other Plant-Based Drinks)	6
	Non-Dairy Toppings*	10
Fats and Oils	Low Calorie Salad Dressings*	15
Frozen Dairy Desserts and Mixes	Frozen Desserts (Regular Ice Cream, Soft Serve, Sorbet, Frozen Yogurt)	10
Fruit and Water Ices	Fruit-Based Slushies	3.5
Gelatins, Puddings, and	Fillings (Fruit, Custard, Cream, Pudding)	15
Filings	Puddings (Instant, Phosphate Set)	10
Hard Candy	Hard Candy (Mints, Pressed, Candies, Cough Drops)	99
Jams and Jellies	Jams and Jellies*	15
Milk Products	Dairy drinks (Chocolate and Flavored Milks)	3.5
	Fat-Based Cream Used in Modified-Fat or Low-Calorie Cookies, Cakes and Pastries	60
	Yogurt	5

Processed Fruits and Fruit Juices	Fruit-Based Smoothies*	3.5
Snack Foods	Salty Snacks*	10
Soft Candy	Fruit Novelty Snacks (e.g., Fruit Peel, Fruit Candy Bar, Fruit Leathers, Fruit Creams, Fruit Snack Candy, Gummy Fruits)	45
	Non-Chocolate Candies	45
	Soft Chocolate Candies	45
Sugar Substitutes	Sugar Substitutes	100
Sweet Sauces,	Canned Fruit (Syrup)*	15
Toppings, and Syrups	Regular or Low-Calorie Syrups or Toppings*	15

CFR = Code of Federal Regulations; U.S. = United States.

Estimates for the total daily intakes of erythritol from proposed food-uses are provided in the following two tables. The first summarizes the estimated total intake of erythritol on an absolute basis (g/person/day) from all proposed food-uses in the U.S. population group. The second presents this data on a per kilogram body weight basis (mg/kg body weight/day). The percentage of users was high among all age groups evaluated in the current intake assessment; greater than 79.8% of the population groups consisted of users of those food products in which erythritol is currently proposed for use. Children had the greatest percentage of users at 99.9%. Large user percentages within a population group typically lead to similar results for the all-person and all-user consumption estimates. Among the total population, the mean and 90th percentile all-user intakes of erythritol were determined to be 32.1 and 63.0 g/person/day, respectively. Of the individual population groups, male adults were determined to have the greatest mean and 90th percentile all-user intakes of erythritol on an absolute basis, at 35.6 and 69.6 g/person/day, respectively, while infants and young children had the lowest mean and 90th percentile all-user intakes of 20.6 and 41.3 g/person/day, respectively.

## Summary of the Estimated Daily Intake of Erythritol from Proposed Food-Uses in the U.S. by Population Group (2013-2014 NHANES Data)

Population Group	Age Group (Years)	Per Capita Intake (g/day)		Consumer-Only Intake (g/day)			
		Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile
Infants and Young Children	0 to <4	16.5	36.5	79.8	568	20.6	41.3
Children	4 to 11	34.2	58.1	99.9	1,155	34.2	58.1
Female Teenagers	12 to 19	28.1	52.3	99.0	571	28.3	53.3
Male Teenagers	12 to 19	33.7	62.1	97.1	552	34.7	62.9

<sup>\*</sup>New use not covered in 2001 GRN No. 76 (Cerestar).

<sup>\*\*</sup>The attached intake assessment was conducted with all cereal food codes at a 30% use level and results in a significant overestimate of erythritol intake from cereals. A use level at or approaching 30% (by weight) would only be incorporated in light weight puffed cereals as a replacement for sugar. Heavy weight (i.e., denser) cereals would likely employ a much lower use level (usually 10% or less, if used at all). It should be noted that many cereals would not incorporate erythritol for sweetening purposes at all, but rather use ingredients such as fruit and nuts for sweetness/flavor purposes. Furthermore, Tables B-1 and B-2 of the Intertek (2018) intake assessment report (Exhibit 1) show mean and 90th percentile intakes for consumption of all cereals at a 30% use level, not just puffed cereals, that are near or below the NOEL (0.71 mg/kg bw) associated with GI intolerance (Jacqz-Aigrain et al., 2015).

<b>Population Group</b>	Age Group (Years)	Per Capita Intake (g/day)		Consumer-Only Intake (g/day)			
		Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile
Female Adults	20 and up	29.2	59.1	98.3	2,337	29.7	59.8
Male Adults	20 and up	34.6	69.1	97.2	2,035	35.6	69.6
Total Population	All ages	31.1	62.1	97.0	7,218	32.1	63.0

n = sample size; NHANES = National Health and Nutrition Examination Survey; U.S. = United States.

On a body weight basis, the total population (all ages) mean and 90<sup>th</sup> percentile consumer-only intakes of erythritol were determined to be 551 and 1,179 mg/kg body weight/day, respectively. Among the individual population groups, infants and young children were identified as having the highest mean and 90th percentile all-user intakes of any population group, of 1,512 and 2,816 mg/kg body weight/day, respectively. Female adults had the lowest mean and 90th percentile all-user intakes of 405 mg/kg body weight/day, whereas male adults had the lowest 90<sup>th</sup> percentile consumer-only intakes of 815 mg/kg body weight/day.

## Summary of the Estimated Daily Per Kilogram Body Weight Intake of Erythritol from Proposed Food-Uses in the U.S. by Population Group (2013-2014 NHANES Data)

Population Group	Age Group	Per Capita Intake (mg/kg bw/day)		Consumer-Only Intake (mg/kg bw/day)			
	(Years)	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile
Infants and Young Children	0 to <4	1,206	2,681	79.7	563	1,512	2,816
Children	4 to 11	1,209	2,256	99.9	1,149	1,210	2,256
Female Teenagers	12 to 19	457	971	99.3	564	460	971
Male Teenagers	12 to 19	514	1,013	97.1	550	529	1,013
Female Adults	20 and up	398	815	98.3	2,323	405	817
Male Adults	20 and up	403	805	97.2	2,026	415	815
Total Population	All ages	535	1,159	97.0	7,175	551	1,179

bw = body weight; n = sample size; NHANES = National Health and Nutrition Examination Survey; U.S. = United States.

In summary, consumption data and information pertaining to the individual proposed food-uses of erythritol were used to estimate the all-person and all-user intakes of erythritol for specific demographic groups and for the total U.S. population. This type of intake methodology is generally considered to be 'worst case' as a result of several conservative assumptions made in the consumption estimates. For example, it is often assumed that all food products within a food category contain the ingredient at the maximum specified level of use. Furthermore, it is often assumed that all food products within a food category contain the ingredient at the maximum specified level of use; however, a significant number of other polyols are available on the market for manufacturers to use in formulating food products, so it is unlikely that erythritol would be used at the maximum use-level in every food use category.

In addition, it is well established that the length of a dietary survey affects the estimated consumption of individual users. Short-term surveys, such as the typical 2- or 3-day dietary surveys, may overestimate the consumption of food products that are consumed relatively infrequently (Anderson, 1988). Survey duration has been shown to affect the estimated percent of consumers, as well as the classification of individuals as high or low consumers of a given food (Lambe and Kearney, 1999; Lambe et al., 2000). As reviewed by Lambe and colleagues (1999, 2000), shorter surveys are associated with misclassification of individuals, inaccurate correlation coefficients, reduced power, and overestimation of percentage of high and low intakes. These effects of survey duration are thought to be due to the within-person and day-to-day variation for a given selfselected diet. The percentage of respondents who consume a food increases as the survey duration increases; the longer duration begins to incorporate days with no consumption, thus decreasing the mean intakes among consumers over time. The impact of the length of dietary surveys on the user consumption of different types of food products has been investigated in a multi-country study conducted by the Institute of European Food Studies (1998). In general, user mean consumption was found to decrease over the length of the study, depending on the food type, and overall the average decrease in the mean or 90th percentile consumption was found to be 1.9- to 2-fold.

In summary, on an all-user basis, the mean and 90th percentile intakes of erythritol by the total population from all proposed food-uses in the U.S. were estimated to be 32.1 g/person/day (551 mg/kg body weight/day) and 63.0 g/person/day (1,179 mg/kg body weight/day), respectively. Of the individual population groups, the highest mean and 90th percentile intakes of erythritol, as observed in male adults, were estimated to be 35.6 g/person/day (415 mg/kg body weight/day) and 69.6 g/person/day (815 mg/kg body weight/day), respectively. Applying the above model, one can justify adjusting the calculated intake estimates for erythritol should be adjusted downwards by a factor of approximately 2. Taking this into account, actual intakes for the user population mean and 90th percentile levels are likely in the range of 16.1 g/day (275.5 mg/kg body weight/day) and 31.5 g/day (589.5 mg/kg body weight/day), respectively. Similarly, actual intake in the highest exposure group, infants and young children, would not likely exceed 1,408 mg/kg body weight/day. These estimates are similar to the EDI per user of all intended uses of erythritol previously calculated by FDA to be 13 g/day at the mean and 30 g/day at the 90th percentile (US FDA 2001).

## Safety Data

Erythritol is a naturally-occurring compound found in a variety of foods and beverages including melons, pears, grapes, soy sauce, wine, miso paste, and sake. It also exists endogenously in tissues and body fluids of human and animals (Niwa et al., 1993; Goosens and Roper, 1994). Erythritol is recognized by the FDA as GRAS and has had widespread use in beverages and foods in the U.S. for more than a decade without any reported adverse health effects in children and adults. Several GRAS notification have received "no questions" letters from the FDA. Globally, erythritol has achieved regulatory acceptance in multiple countries, including the European Union, Canada,

Mexico, and Brazil. Erythritol is considered GRAS for use as a flavor enhancer, formulation aid, humectant, nutritive sweetener, stabilizer and thickener, sequestrant and texturizer in a variety of foods. It has been used in the following human foods: bakery fillings, cakes and cookies, chewing gum, dairy drinks, fat-based cream used in modified fat/calorie cookies, pastries, hard candies, frozen dairy desserts, puddings, reduced and low-calorie beverages, soft candies, sugar substitutes, yogurt, and others.

A recent exposure assessment resulted in estimated mean and 90th percentile intakes of erythritol (on an all-user basis) for the total population from all proposed food-uses in the U.S. of 32.1 g/person/day (551 mg/kg body weight/day) and 63.0 g/person/day (1,179 mg/kg body weight/day), respectively. The intake methodology employed is generally considered to be 'worst case' as a result of several conservative assumptions made in the consumption estimates. For example, it is often assumed that all food products within a food category contain the ingredient at the maximum specified level of use. Furthermore, it is often assumed that all food products within a food category contain the ingredient at the maximum specified level of use; however, a significant number of other polyols are available to manufacturers for use in formulating food products, so it is unlikely that erythritol would be used at the maximum use-level in every food use category. In addition, it is well established that the length of a dietary survey affects the estimated consumption of individual users. Short-term surveys, such as the typical 2- or 3-day dietary surveys, may overestimate the consumption of food products that are consumed relatively infrequently. Survey duration has been shown to affect the estimated percent of consumers, as well as the classification of individuals as high or low consumers of a given food. Shorter surveys are associated with misclassification of individuals, inaccurate correlation coefficients, reduced power, and overestimation of percentage of high and low intakes. The impact of the length of dietary surveys on the user consumption of different types of food products has been investigated and in general, user mean consumption was found to decrease over the length of the study, depending on the food type, and overall the average decrease in the mean or 90th percentile consumption was found to be 1.9- to 2-fold. Applying the above model, actual intakes for the user population mean and 90th percentile levels are likely in the range of 16.1 g/day (275.5 mg/kg body weight/day) and 31.5 g/day (589.5 mg/kg body weight/day), respectively. These estimates are similar to the EDI per user for all intended uses of erythritol previously calculated by FDA to be 13 g/day at the mean and 30 g/day at the 90th percentile (US FDA, 2001). For most food uses, intake of this much erythritol would be unlikely and studies show that intakes at this level (i.e., 30 g/day) spread over the entire day are unlikely to cause GI intolerance.

Regulatory authorities have reviewed the safety of erythritol and found it to be safe for use in human food. Numerous studies and publications support the safety of erythritol, including *in vitro* studies, *in vivo* animal studies, and clinical studies in humans. A summary of the most relevant studies on erythritol ADME, acute and subchronic toxicity, reproductive and developmental toxicity, mutagenicity and genotoxicity, chronic toxicity, carcinogenicity in animals along with clinical studies have been summarized and reviewed. The available published scientific data on the safety of erythritol in animals and man are extensive.

Although under the proposed uses of erythritol, male and female adults are estimated to consume up to 815 and 817 mg/kg body weight/day, respectively (90th percentile), and infants and young children are estimated to consume 2,816 mg/kg body weight/day (90th percentile), consideration must be given to the fact that these values were calculated based on daily consumption over multiple eating occasions, not single bolus doses. It is highly unlikely that the NOEL for laxation would be reached in a single eating occasion. For example, a 16 oz. (473mL) beverage in the U.S. containing erythritol at the maximum use-level of 3.5% for "Reduced- and Low-Calorie Carbonated and Non-Carbonated Beverages" would provide 16.5 g of erythritol per serving. In children, bolus doses containing a minimum of 20 g of erythritol have been shown to cause laxation (Jacqz-Aigrain et al., 2015) and EFSA recognized 0.71 g/kg bw (710 mg/kg bw) as a NOEL in children consuming a bolus dose; therefore, a child would need to consume 720 mL of a 3.5% erythritol sweetened beverage in a single serving to reach levels of intake that would induce laxation. This level of beverage consumption is an extremely unlikely scenario, as the volume of liquid that would be consumed in one sitting would equate to approximately 75% of the mean daily fluid intake for a child.

This is further supported by the intake assessment conducted based on the U.S. NHANES (2013-2014) dataset. Children up to 3 years of age had estimated intake mean and 90<sup>th</sup> percentile intakes of 4.1 and 8.4 g/day, respectively, from Reduced and Low-Calorie Carbonated and Non-Carbonated Beverages or 292 mg/kg bw/day and 669 mg/kg bw/day for the mean and 90<sup>th</sup> percentile users. In children 4-11 years of age, the mean and 90<sup>th</sup> percentile intake was 5.4 g/day and 8.7 g/day, respectively, or 171 mg/kg bw/day and 310 mg/kg bw/day. These are intakes below those that would be expected to cause GI Effects (Intertek, 2018). Therefore, on the basis that erythritol has had widespread use in beverages and foods in the U.S. for over a decade without any reported laxative effects in both children and adults, it is considered unlikely that such effects would manifest themselves at the similar intake levels that were estimated for the proposed uses of Cargill (Tetzloff et al., 1996).

The compositional profile of erythritol presents no obvious safety concerns. As a result, erythritol has been reviewed and approved around the world for addition to food for human consumption. In summary, the published study data, additional unpublished supporting data, and previous reviews by regulatory authorities including the U.S. FDA (e.g., GRN Nos. 76, 208, 382, 401), support the conclusion that Cargill's erythritol ingredient is safe for use as a sweetener, at the proposed use levels foods.

#### General Recognition of the Safety of Erythritol

The intended use of erythritol has been determined to be safe through scientific procedures as set forth in 21 CFR§170.3(b), thus satisfying the so-called "technical" element of the GRAS determination and is based on the following:

 The erythritol product that is the subject of this GRAS determination is a polyol or sugar alcohol and is found in foods and beverages such as melons, pears, grapes, soy sauce, wine, miso paste, and sake. It also exists endogenously in tissues and body fluids of human and animals.

- The erythritol manufacturing process includes fermentation and purification steps, and these steps in processing have been reviewed and employed for over a decade. Erythritol is manufactured consistent with cGMP for food (21 CFR Part 110). The raw materials and processing aids used in the manufacturing process are food grade and/or commonly used in food manufacturing processes.
- There is common knowledge of a long history of human consumption of erythritol. Erythritol is currently marketed for use in reduced sugar/calorie foods such as confectionary, bakery products, and beverages. Numerous erythritol ingredients are recognized as GRAS for their intended uses in foods (e.g., GRN Nos. 76, 208, 382, 401), and the erythritol ingredients have received "no questions" letters from the FDA.
- Accounting for the conservative assumptions in the current intake assessment (i.e., short survey duration, maximum use level applied to all foods, all identified foods contain only erythritol as sweetener, individuals consume all identified foods every day), actual intake estimates are similar to the EDI per user of all intended uses of erythritol previously calculated by FDA to be 13 g/day at the mean and 30 g/day at the 90th percentile (US FDA 2001). For most food uses, intake of this much erythritol would be unlikely and studies show that intakes at this level (i.e.., 30 g/day) spread over the entire day are unlikely to cause GI intolerance.
- Numerous studies and publications support the safety of erythritol, including in vitro studies, in vivo animal studies, and clinical studies in humans. The relevant studies covered all toxicological endpoints relevant to human oral consumption and included ADME, acute and subchronic toxicity, reproductive and developmental toxicity, mutagenicity and genotoxicity, chronic toxicity, and carcinogenicity in animals and/or humans.
- Erythritol is rapidly absorbed such that large bolus doses are more likely to have an impact on laxation than smaller cumulative doses. As such, clinical studies have demonstrated that the tolerability of erythritol is highly dependent on the mode and timeline of ingestion. Individual tolerance develops with continued ingestion over time. Mild GI intolerance is considered to be a physiological response to osmotic loading and to be of no toxicological significance, is generally self-limiting, and not severe or indicative of toxicity per se but is a short-term individual tolerability issue similar to other foods (dried fruit) or food ingredients (fructose) or fructooligosaccharides such as inulin.
- Regulatory authorities (e.g., EFSA, FDA) have reviewed studies on the composition and safety of erythritol and found no issues of concern associated with their current use levels in a wide range of human foods.

 Therefore, the publicly available scientific literature on the safety of erythritol in animal and human studies, as well its history of consumption in human food, is extensive and sufficient to support the safety and GRAS status of the proposed uses in human food.

Since this safety evaluation was based on generally available and widely accepted data and information, it also satisfies the so-called "common knowledge" element of a GRAS determination.

We, the undersigned members of the Expert Panel, have individually and collectively critically reviewed the published and ancillary information pertinent to the identification, use, and safety of Cargill's erythritol product. We conclude that the erythritol ingredient produced under the conditions described in the attached dossier and meeting the proposed specifications is safe.

Michael Carakostas, D.V.M., Ph.D. Consultant	Date
MC Scientific Consulting LLC	
Stanley M. Tarka, Jr., Ph.D., F.A.T.S. Consultant	Date
Tarka Group, Inc.	
Thomas Vollmuth, Ph.D.	Date
Consultant Vollmuth and Associates, LLC	
Volimuth and Associates, LLC	

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	29 May 2018
Michael Carakostas, D.V.M., Ph.D. Consultant MC Scientific Consulting LLC	Date
Stanley M. Tarka, Jr., Ph.D., F.A.T.S. Consultant	Date
Tarka Group, Inc.	
Thomas Vollmuth, Ph.D.	Date
Consultant Vollmuth and Associates, LLC	

Vollmuth and Associates, LLC

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	No.
Michael Carakostas, D.V.M., Ph.D. Consultant	Date
MC Scientific Consulting LLC	
(b) (6)	0/ June 20/8
Stanley M. Tarka, Jr., Ph.D., F.A.T.S.	Date
Consultant	
Tarka Group, Inc.	
The Wallands DLD	Post
Thomas Vollmuth, Ph.D.	Date
Consultant	

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Stanley M. Tarka, Jr., Ph.D., F.A.T.S. Consultant Tarka Group. Inc. (b) (6)	Date
Thomas Vollmuth, Ph.D. Consultant Vollmuth and Associates, LLC	5/29/18 Date

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## Bonnette, Richard

From:

Don Schmitt <dschmitt@toxstrategies.com>

Sent:

Friday, June 22, 2018 8:26 AM

To:

Bonnette, Richard

Subject:

Re: GRAS submission regarding Erythritol - confidential statement

Good morning Richard. The confidential statement on page 58 is indeed an oversight on our part. I am sorry for the inconvenience. The material is not exempt from disclosure under FOIA.

Best regards,

Don

Donald F. Schmitt, M.P.H. Senior Managing Scientist

# ToxStrategies, Inc.

739 Thornapple Drive Naperville, IL 60540 phone: 630.352.0303

email: dschmitt@toxstrategies.com



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From: "Bonnette, Richard" < Richard. Bonnette@fda.hhs.gov>

Date: Friday, June 22, 2018 at 7:05 AM

To: "Donald Schmitt, MPH" < dschmitt@toxstrategies.com>

Subject: GRAS submission regarding Erythritol - confidential statement

Dear Mr. Schmitt,

In reviewing your recent erythritol submission (received June 7, 2018) on behalf of Cargill Inc., as part of our prefiling review, I have a quick question regarding this submission. We note that a "Confidential" statement appears on page 58. Can you confirm that this is an oversight and that the material is indeed not exempt from disclosure under FOIA?

Thanks, Richard Richard E. Bonnette, M.S. Center for Food Safety and Applied Nutrition Office of Food Additive Safety U.S. Food and Drug Administration Tel: 240-402-1235 richard.bonnette@fda.hhs.gov













 From:
 Don Schmitt

 To:
 McMahon, Carrie

 Cc:
 Alex Eapen

Subject: Re: REGARDING: GRAS notice for erythritol (GRN 789) - food codes and FSIS statement

Date: Wednesday, September 05, 2018 5:10:13 PM

Attachments: <u>image002.png</u>

Dear Carrie,

Based on our conversation of September 4, 2018, Cargill wishes to revise Item 11 of Part 1 in GRN 789 as follows:

#### **Current:**

#### (11) FSIS Statement

Not applicable.

#### Revised:

#### (11) FSIS Statement

While erythritol is intended to be used in sauces and toppings that will be used in pour over applications on meat products, the sauces and toppings will not be used within, or as part of the actual meat product. Therefore, the intended uses of erythritol in sauces/toppings do not fall under USDA/FSIS jurisdiction. Furthermore, the intended use of erythritol in sauces and toppings is amenable with USDA's definition of sauce.

Best regards,

Don

Donald F. Schmitt, M.P.H. Senior Managing Scientist

ToxStrategies, Inc. 739 Thornapple Drive Naperville, IL 60540 phone: 630.352.0303

email: dschmitt@toxstrategies.com





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**From:** "McMahon, Carrie" < Carrie. McMahon@fda.hhs.gov>

Date: Tuesday, September 4, 2018 at 10:37 AM

**To:** "Donald Schmitt, MPH" <dschmitt@toxstrategies.com>

Subject: RE: REGARDING: GRAS notice for erythritol (GRN 789) - food codes and FSIS

statement

Dear Mr. Schmitt.

**REGARDING: GRN 789** 

On page 14 of its GRAS notice, Cargill states that erythritol is intended to be used in sauces and toppings that will be used on meat products but not within or as part of the actual meat product. To be sure that we understand the scope of the intended use of erythritol, we request that Cargill clarify its FSIS Statement "Not Applicable" under Item 11 of Part 1.

In your clarification, please state whether the intended uses of erythritol in sauces/toppings do or not fall under USDA's jurisdiction. More information about USDA's jurisdiction, amenability, and the definition of sauce is available here:

https://www.fsis.usda.gov/wps/wcm/connect/7c48be3e-e516-4ccf-a2d5-b95a128f04ae/Labeling-Policy-Book.pdf?MOD=AJPERES

If you have any questions, please don't hesitate to contact me.

Regards,

Carrie McMahon, Ph.D.

Consumer Safety Officer

Center for Food Safety and Applied Nutrition Office of Food Additive Safety U.S. Food and Drug Administration Tel: 240-402-1202 Carrie.McMahon@fda.hhs.gov









