



200-Hour Teacher Training Application

Zenya Yoga Academy is excited to host 200-hour Yoga Teacher Training Programs for the future teachers and serious yoga students of the Hampton Roads area. This training will lay the foundation for teachers of beginning Vinyasa Flow yoga classes. Our experienced team of yoga instructors and educators will guide you through a comprehensive breakdown of basic postures, pose anatomy, class structure and philosophies.

Name: _____ Date: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Date of Birth: _____ Current Occupation: _____

Emergency Contact: _____ Phone Number: _____

Yoga Alliance® Registration:

Zenya Yoga Academy is a Registered Yoga School (RYS®) with Yoga Alliance® at the 200-hour level. Upon successful completion of the training program, graduates of ZYA are eligible for registration with Yoga Alliance®.

Yoga Experience and Training Interest:

1. Describe your current and past yoga practice including frequency, styles and number of years you have been practicing?
2. Do you have experience teaching yoga or other forms of teaching? Explain.
3. What do you want to accomplish in taking this program?
4. Please list any yoga workshops, seminars, trainings or retreats you have attended?

5. How did you hear about ZYA and why have you chosen to complete your training with our school?

6. Do you have any physical injuries or other limitations that may inhibit your yoga practice? If so, please describe in detail.

7. Are there any other circumstances that would interfere with your performance or successful completion of this program? Please describe.

8. Is there anything else that you would like to share with us?

Payment Information:

\$250 Reservation Deposit upon acceptance into program (non-refundable)

Training Tuition: \$2500 (includes deposit and application fee)

****Early Bird Tuition: \$2,299 if paid in full by July 1, 2016****

**Tuition does not include textbooks which can be purchased from ZYA at a discounted rate*

**\$250 Reservation Deposit is applied towards tuition*

**Additional payment options are available free of charge*

If paying by check, please mail application and payment to:

Zenya Yoga Academy
101 Herman Melville Ave.
Newport News, VA 23606

If paying by credit card, please visit the studio or pay by phone at 643-6900. After payment is made applications may be delivered in person or faxed to 223-1334.

Agreement

I understand that if I fulfill all the requirements of the Zenya Yoga Academy Teacher Training Program, including class hours, homework assignments, exams, Karma yoga teaching hours and payment, I will receive a certificate of completion, which can be submitted to Yoga Alliance® and also prospective employers as verification that I have completed a RYS® 200-hour Teacher Training Program.

I understand that Zenya Yoga Academy reserves the right to dismiss me from the program if my behavior is inappropriate, unethical or violates Yoga Alliance® or Zenya Yoga Academy ethical guidelines. Under such circumstances I understand that I will not be refunded my tuition or deposits. I understand that cancellation in writing will be accepted up to 21-days prior to the start of the training. I understand that upon such cancellation I will forfeit my \$250 deposit and any remaining balance will be refunded within 30 days. I understand that all Zenya Yoga Academy Teacher Training materials are under copyright protection and cannot be reproduced without permission of the author. Failure to comply may result in legal action.

I have read and accept the above terms and requirements

Name: _____ **Date:** _____

Signature: _____

Admission Checklist:

Application form, signed and submitted

Payment of Deposit OR Submission of Payment Plan Agreement to reserve your place

Tuition paid in full or Payment Plan Completed 30-days prior to the start of class

Textbooks and suggested reading materials purchased through ZYA at first class

We will contact you with the detailed course schedule as soon as it is completed. You will receive your Teacher Training Manual at the first class. We will also contact you when the textbooks are available for pick up at the studio, usually 2 weeks prior to the course start date. Textbooks are provided by Zenya at a reduced price and ordered after tuition is paid in full.

Feel free to contact us with any questions or concerns regarding the application process or the training. We look forward to guiding you on this journey! --Namastè