

\*The "Net Carbs" for one bar are calculated by subtracting the dietary fiber (8g) and other low glycemic carbohydrates including maltitol syrup (6g), erythritol (2g), and glycerine (5g) from the total carbohydrates (28g). Individuals who monitor their carbohydrate intake may deduct these low glycemic carbohydrates from the "Total Carb" count (in the Nutrition Facts panel) due to their minimal impact on blood sugar levels.

Conversion of maltitol syrup, erythritol and glycerine requires little or no insulin and does not cause a significant increase in serum glucose levels. However, people with diabetes should consult their physician or health professional about including erythritol and glycerine in their daily diet. Glycerine is counted as a carbohydrate in all nutrition bars.

Made on equipment shared with peanuts, tree nuts, soy, dairy, and kosher fish gelatin.  
Does not contain gluten or dairy ingredients.

POWER UP WITH CLEAN, LEAN NUTRITION THAT TREATS YOUR BODY RIGHT!

JJ VIRGIN's

# ALL-IN-ONE PROTEIN BAR

**DARK CHOCOLATE  
MOCHA** with other natural flavors  
Gluten Free

**12g**  
PROTEIN

**8g**  
FIBER

**8g**  
NET CARBS\*

Net Wt 1.94 oz (55g)

ALL-IN-ONE  
PROTEIN BAR

Take Your Health Into Your Own Hands. Visit [www.JJVirgin.com](http://www.JJVirgin.com)



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**TVDMOCHA-PL**

Have questions?  
Email customer support  
at [info@jjvirgin.com](mailto:info@jjvirgin.com)

GLUTEN FREE



JJ Virgin: NY Times bestselling  
author and creator of the  
groundbreaking Virgin Diet and  
Sugar Impact Diet.

[jjvirgin.com](http://jjvirgin.com)

## Nutrition Facts

Serving Size 1 Bar (55g)

Servings 1

Calories 200

Fat Cal 80

\*Percent Daily Values (DV) are  
based on a 2,000 calorie diet.

Amount/serving	% DV*	Amount/serving	% DV*
<b>Total Fat</b> 9g	<b>14%</b>	<b>Total Carb.</b> 28g	<b>9%</b>
Sat. Fat 5g	<b>25%</b>	Fiber 8g	<b>32%</b>
Trans Fat 0g		Sugars 2g	
<b>Cholest.</b> 0mg	<b>0%</b>	Sugar Alcohol 8g	
<b>Sodium</b> 80mg	<b>3%</b>	<b>Protein</b> 12g	<b>19%</b>
Vitamin A 0%		Vitamin C 0%	
		Calcium 0%	
		Iron 10%	

**Ingredients:** Rice protein concentrate, maltitol syrup, unsweetened chocolate, soluble fiber (from tapioca starch), glycerine, sunflower seed butter, tapioca syrup, inulin, erythritol, cocoa butter, brown rice crisp (whole grain brown rice flour (may have added calcium carbonate)), coconut oil, digestion resistant fiber, instant coffee, natural cocoa powder, natural flavor, stevia extract, sea salt, natural vanilla extract, L-carnitine, coenzyme Q10 (ubidecarenone). **Contains coconut.**

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