



Notice of Annual Meeting of Stockholders To be held April 27, 2021

March 22, 2021

To Our Stockholders:

We cordially invite you to attend the 2021 annual meeting of stockholders of Saia, Inc. The meeting will be held in a virtual format on April 27, 2021, at 10:30 a.m., Eastern Daylight Time. Stockholders will not be able to attend the Annual Meeting physically but will be able to participate by submitting questions and voting online. To be admitted to the virtual Annual Meeting at www.meetingcenter.io/234957592, you must enter the control number found on your proxy card, voter instruction form or the notice. You will also be required to enter a password for the meeting, which is SAIA2021. We look forward to your participation.

The purpose of the meeting is to:

1. Elect three directors, each for a term of three years;
2. Vote on an advisory basis to approve the compensation of Saia's Named Executive Officers;
3. Consider an amendment to our Amended and Restated Certificate of Incorporation to declassify our Board of Directors;
4. Ratify the appointment of KPMG LLP as Saia's independent registered public accounting firm for fiscal year 2021; and
5. Transact any other business that may properly come before the meeting and any postponement or adjournment of the meeting.

Only stockholders of record at the close of business on March 8, 2021 may vote at the meeting or any postponements or adjournments of the meeting.

By order of the Board of Directors,

A handwritten signature in black ink, appearing to read "Douglas L. Col".

Douglas L. Col
Secretary

Please complete, date, sign and return the accompanying proxy card, voter instruction card, or vote by telephone or the internet. The enclosed return envelope requires no additional postage if mailed in either the United States or Canada. Alternatively, you may vote electronically via the internet. Go to www.investorvote.com/saia and follow the steps outlined on the secure website.

If you are a registered stockholder, you may elect to have next year's proxy statement and annual report made available to you via the internet. We strongly encourage you to enroll in this service. It is a cost-effective way for us to send you proxy materials and annual reports.

Your vote is very important. Please vote whether or not you plan to attend the meeting.

Proxy Summary

This summary highlights information contained elsewhere in this proxy statement. This summary does not contain all of the information that you should consider and you should read the entire proxy statement before voting. For more complete information regarding the 2020 performance of Saia, Inc. (the “Company”), please review the Company’s Annual Report on Form 10-K.

2021 Annual Meeting of Stockholders

- Date and Time:

April 27, 2021, 10:30 a.m., Eastern Daylight Time

- Virtual:

Attend the annual meeting online, including voting and submitting questions at:
www.meetingcenter.io/234957592

- Record Date:

March 8, 2021

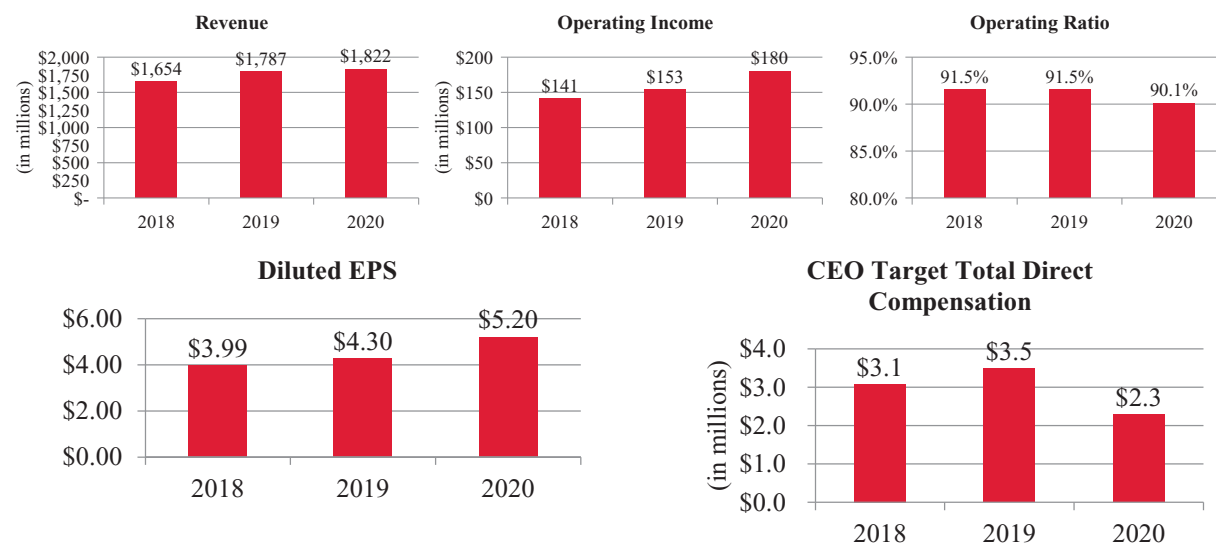
Voting Matters and Board Recommendations

Our Board’s Recommendation

Election of Three Directors (page 2)	FOR each Director Nominee
Advisory Vote to Approve Executive Compensation (page 56)	FOR
Approve the Declassification of our Board of Directors (page 57)	FOR
Ratification of Appointment of Independent Registered Public Accounting Firm (page 58)	FOR

2020 Business Highlights

In 2020, the Company continued to effectively execute its long-term strategic plan and delivered strong operating results despite the challenges of COVID-19. The following illustrates the three-year directional relationship between Company performance, based on four of the Company’s key operating metrics, and the compensation (as defined below) of Saia’s Chief Executive Officer.



PROXY SUMMARY

Director Nominees (page 2)

The Board of Directors currently consists of eight directors divided into three classes. Directors in each class are elected to serve for three-year terms that expire in successive years. The terms of the Class I directors will expire at the upcoming annual meeting. Proxies cannot be voted for a greater number of persons than the three nominees named herein. The Board of Directors has nominated the following persons for election as Class I directors for three-year terms expiring at the annual meeting of stockholders to be held in 2024. Each nominee is currently a director of Saia.

Name	Age	Director Since	Primary Occupation	Committee Memberships
Di-Ann Eisnor*	48	2017	Co-Founder and Chief Executive Officer at Core	Compensation
Jeffrey C. Ward*	62	2006	Vice President of A.T. Kearney, Inc.	Compensation, Nominating and Governance
Susan F. Ward*	60	2019	Retired VP and Chief Accounting Officer of United Parcel Service, Inc.	Audit

* Independent Director

Management Proposals (pages 56-59)

- 1. Advisory Vote to Approve Executive Compensation.** We are asking stockholders to approve on an advisory basis our Named Executive Officer compensation. The Board recommends a FOR vote because it believes that our compensation policies and practices are effective in attracting, motivating and retaining talented executive officers and aligning the executives' long-term interests with those of our stockholders.
- 2. Approve the Declassification of our Board of Directors.** Stockholders are requested to approve an amendment to the Company's Certificate of Incorporation to remove the classified board structure. The Board recommends a vote FOR because it believes a declassified structure will promote director accountability and independent oversight.
- 3. Ratification of Appointment of Independent Registered Public Accounting Firm.** As a matter of good governance, we are asking our stockholders to ratify the selection of KPMG LLP as our auditors for 2021.

Corporate Governance (page 10)

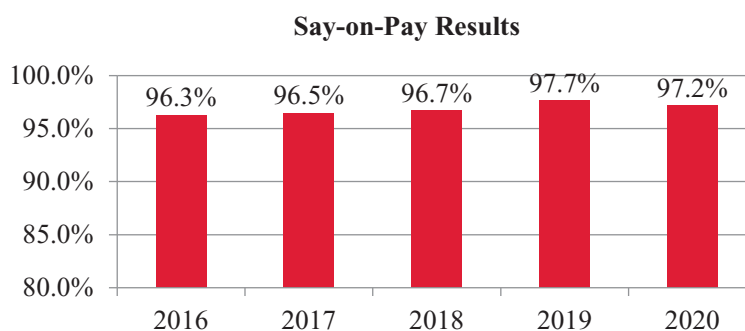
The following are highlights of Saia's corporate governance practices:

- **Separate Chief Executive Officer and Chairman of the Board.** Maintaining separate roles allows the Chairman to devote his time and attention to matters of Board oversight and governance and allows the Chief Executive Officer the opportunity to focus his time and energy managing the business.
- **The Board has a Lead Independent Director.** The Lead Independent Director position ensures the Board has a director in a leadership position that is "independent" under applicable rules of the Nasdaq Global Select Market. The Lead Independent Director is elected annually by the independent directors. For 2020, the Lead Independent Director was Randolph W. Melville.
- **Saia has a Diverse Board.** Of the eight members of Saia's Board, three are women and two are ethnically diverse.
- **Commitment to Board Refreshment.** Of the eight members of Saia's Board, six have joined the Board in the last six years.
- **Board Oversight of Risk Management.** The Board executes its oversight responsibility both through active review and discussion of key risks facing the Company and by delegating certain oversight responsibilities to Board Committees.

- Majority Voting for Director Elections. Saia's Bylaws require that, in an uncontested election, a nominee to the Board must receive more votes cast for than against his or her election in order to be elected to the Board. If an incumbent director fails to receive a majority of the vote for reelection in an uncontested election, the Nominating and Governance Committee recommends to the full Board whether to accept or reject the nominee's previously submitted resignation, and the full Board makes the final determination. We believe the ability of stockholders to vote for or against a director, as opposed to merely withholding a vote for a director, increases accountability to stockholders. The election of directors at the 2021 annual meeting of stockholders is an uncontested election.
- Three Standing Committees of the Board of Directors: the Audit Committee, the Compensation Committee and the Nominating and Governance Committee. Saia's Board committees are comprised entirely of independent directors. Saia's committee charters are available free of charge on the Company's website (www.saia.com) under the investor relations section.
- Stock Ownership Guidelines. The Company has adopted stock ownership guidelines that apply to all officers who are eligible to receive long-term incentives, including all Named Executive Officers, and to Saia's directors.
- Annual Board and Committee Evaluations. The Board conducts annual Board and Committee performance evaluations that are intended to determine whether the Board and each of its Committees are functioning effectively and to provide them with an opportunity to reflect on and improve processes and effectiveness.
- Clawback Policy. The Company has a "clawback" policy that authorizes the Company to seek to recover incentive compensation awarded to an officer or executive of Saia if the result of a performance measure upon which the award was based is subsequently restated or otherwise adjusted in a manner that would reduce the size of the award. In addition, if an officer or executive of Saia engages in "Improper Conduct" (as defined under the policy), Saia may, within three years following the payment or vesting of incentive compensation, seek recovery of such incentive compensation.
- Policy Against Hedging and Pledging of Saia Stock. Directors and employees subject to the Company's insider trading policies may not engage in short sales of Saia common stock, in transactions involving puts, calls, or other derivative securities of the Company or in hedging transactions with respect to the Company. Additionally, directors and such employees are prohibited from holding Saia stock in a margin account and from pledging Saia common stock as collateral for indebtedness.

Executive Compensation Highlights (page 21)

- 2020 Say-on-Pay Results. In 2020, holders of 97.2% of our stock voting on the question approved on an advisory basis the compensation paid to our Named Executive Officers as described in the 2020 proxy statement. The chart below shows the Company's "say-on-pay" results over the past five years:

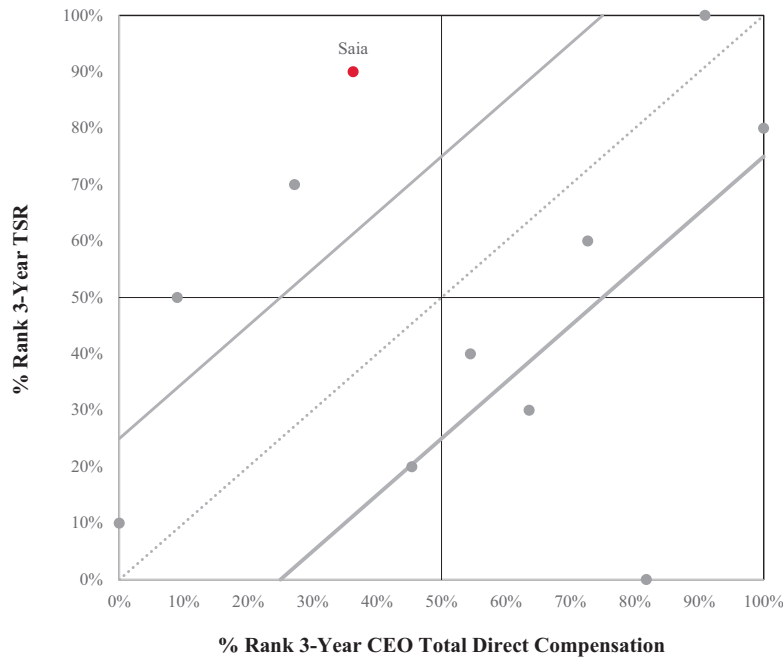


- Saia Company Performance Aligned with CEO Compensation. As part of the compensation analysis performed by Mercer US Inc. ("Mercer"), independent compensation consultant to the Compensation Committee, for 2020

PROXY SUMMARY

the Committee reviewed the Company’s three-year total stockholder return (“TSR”) and three-year CEO “total direct compensation” for the period from 2017 – 2019. The graph below shows three-year TSR percentiles of the Company and other peer group companies. Saia’s three-year CEO total direct compensation (35th percentile) reflect that Saia’s performance is aligned with the compensation of its CEO over that period.

3-YEAR CEO TOTAL DIRECT COMPENSATION⁽¹⁾ VS. 3-YEAR STOCKHOLDER RETURN⁽²⁾



- (1) CEO total direct compensation reflects actual cash compensation earned for 2017 – 2019, in-the-money value of stock options, restricted stock and performance shares granted during 2017 – 2019 as of December 31, 2019 (for performance shares where performance period is complete, analysis reflects the actual number of shares earned; in other cases, the target number of shares was used). 2019 is the most recent year for which sufficient peer group data is available. TSR data was sourced by Mercer and compensation data is based on proxy statement disclosure for the peer group companies.
- (2) The shaded circles represent the TSR of the Company and other peer group companies for the period from 2017 – 2019. Certain companies within our peer group were excluded from this analysis due to lack of sufficient data.

2020 Compensation Summary

Below is a summary of compensation awarded to, earned by or paid to the Named Executive Officers for services rendered in all capacities within Saia during the fiscal year ended December 31, 2020.

Name & Principal Position	Salary (\$)	Bonus (\$)	Stock Awards (\$)	Option Awards (\$)	Non-Equity Incentive Plan Compensation (\$)	All Other Compensation (\$)	Total (\$)
Frederick J. Holzgrefe, III , President & Chief Executive Officer (PEO)	664,320	—	765,428	184,711	563,137	76,575	2,254,170
Richard D. O'Dell , Former Chief Executive Officer	328,320	—	1,576,847	380,514	306,042	100,968	2,692,691
Douglas L. Col Executive Vice President & Chief Financial Officer (PFO)	368,445	—	700,598	68,001	211,122	41,612	1,389,778
Robert S. Chambers Former Vice President & Chief Financial Officer	22,164	—	—	—	—	3,145	25,308
Raymond R. Ramu , Executive Vice President & Chief Customer Officer	463,512	—	487,273	117,675	303,833	56,231	1,428,523
Paul C. Peck Executive Vice President Operations	386,250	—	—	—	508,013	48,874	943,137
Karla J. Staver Vice President of Safety & Human Resources	335,016	—	150,701	36,412	146,402	29,099	697,629

See also the narrative and footnotes accompanying the Summary Compensation Table on page 39.

Important Dates for 2022 Annual Meeting of Stockholders (page 66)

Any stockholder who intends to present a proposal at the annual meeting in 2022 must deliver such proposal to Saia's corporate Secretary at 11465 Johns Creek Parkway, Suite 400, Johns Creek, Georgia 30097:

- Not later than November 22, 2021, if the proposal is submitted for inclusion in our proxy materials for that meeting pursuant to Rule 14a-8 under the Securities Exchange Act of 1934.
- On or after December 28, 2021, and on or before January 27, 2022, if the proposal is submitted pursuant to Saia's By-Laws, in which case we are not required to include the proposal in our proxy materials.

Forward-Looking Statements

This proxy statement includes forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. All statements other than statements of historical or current facts, made in this proxy statement are forward-looking. Words such as "anticipate," "estimate," "expect," "project," "intend," "may," "plan," "predict," "believe," "should" and similar words or expressions are intended to identify forward-looking statements. Investors should not place undue reliance on forward-looking statements and the Company undertakes no obligation to publicly update or revise any forward-looking statements. All forward-looking statements reflect the present expectation of future events of our management as of the date of this proxy statement and are subject to a number of important factors, risks, uncertainties and assumptions that could cause actual results to differ materially from those described in any forward-looking statements. Factors, risks, uncertainties and assumptions that could cause our actual results to differ significantly from management's expectations are described in our 2020 Annual Report on Form 10-K. Website references throughout this proxy statement are provided for convenience only, and the content on the referenced websites is not incorporated by reference into this document.

SAIA, INC.

11465 Johns Creek Parkway, Suite 400
Johns Creek, Georgia 30097

2021 PROXY STATEMENT

The Board of Directors (the “Board”) of Saia, Inc. (“Saia” or the “Company”) is furnishing you this proxy statement in connection with the solicitation of proxies on its behalf for the 2021 annual meeting of stockholders. The meeting will be held in a virtual format on April 27, 2021, at 10:30 a.m., Eastern Daylight Time. Stockholders will not be able to attend the Annual Meeting physically. To be admitted to the virtual Annual Meeting at www.meetingcenter.io/234957592, you must enter the control number found on your proxy card or the notice you previously received. You will also be required to enter a password for the meeting, which is SAIA2021. At the meeting, stockholders will vote on (a) the election of three directors, (b) an advisory basis to approve the compensation of Saia’s Named Executive Officers, (c) a management proposal to amend our Certificate of Incorporation to declassify our Board of Directors, (d) the ratification of the appointment of KPMG LLP as Saia’s independent registered public accounting firm for fiscal year 2021, and (e) the transaction of any other business that may properly come before the meeting, and any postponement or adjournment of the meeting, although we know of no other business to be presented.

By submitting your proxy (either by signing and returning the enclosed proxy card or by voting electronically on the internet or by telephone), you authorize Frederick J. Holzgrefe, III and Richard D. O’Dell and each of them to represent you and vote your shares at the meeting in accordance with your instructions. They also may vote your shares to adjourn the meeting and will be authorized to vote your shares at any postponements or adjournments of the meeting.

Saia’s Annual Report to Stockholders for the fiscal year ended December 31, 2020, which includes Saia’s audited annual consolidated financial statements, accompanies this proxy statement. Although the Annual Report is being distributed with this proxy statement, it does not constitute a part of the proxy solicitation materials and is not incorporated by reference into this proxy statement.

We are first sending this proxy statement, form of proxy and accompanying materials to stockholders on or about March 22, 2021.

YOUR VOTE IS IMPORTANT. WHETHER OR NOT YOU PLAN TO ATTEND THE MEETING, PLEASE PROMPTLY SUBMIT YOUR PROXY EITHER IN THE ENCLOSED ENVELOPE, VIA THE INTERNET OR BY TELEPHONE.

Proposal 1 – Election of Directors

The Board of Directors currently consists of eight directors divided into three classes as follows: Class I comprised of three directors, Class II comprised of two directors and Class III comprised of three directors. Directors in each class are elected to serve for three-year terms that expire in successive years.

The terms of the Class I directors will expire at the upcoming annual meeting. The Board of Directors has nominated Di-Ann Eisnor, Jeffrey C. Ward, and Susan F. Ward for election as Class I directors. Ms. Eisnor, Mr. Ward and Ms. Ward currently serve as Class I directors.

Proposal 3 asks stockholders to approve an amendment to our Amended and Restated Certificate of Incorporation to declassify the Board of Directors. The election of directors under this Proposal 1 will be held pursuant to Saia's current Amended and Restated Certificate of Incorporation. As a result, Class I directors elected at the 2021 annual meeting will be elected for three-year terms expiring at the annual meeting of stockholders to be held in 2024 and until their successors are elected and qualified.

Each nominee has consented to being named in this proxy statement and has agreed to serve if elected. If a nominee is unable to stand for election, the Board of Directors may either reduce the number of directors to be elected or select a substitute nominee. If a substitute nominee is selected, the proxy holders will vote your shares for the substitute nominee, unless you have withheld authority. Proxies cannot be voted for a greater number of persons than the three nominees named herein.

In addition to the information presented below regarding the specific experience, qualifications, attributes and skills of each nominee and continuing director that led the Board of Directors to the conclusion that such person should serve as a director, the Board also believes that all of the nominees and continuing directors have a reputation for high personal and professional ethics, integrity, values and character. Each nominee and continuing director brings a strong and unique background and set of skills to the Board of Directors giving the Board as a whole competence and experience in a wide variety of areas, including corporate governance and board service, executive and operations management, strategic planning, sales and marketing, the less-than-truckload ("LTL") and transportation industry, accounting and finance, and risk assessment. They have demonstrated business acumen and an ability to exercise sound judgment, as well as a commitment of service to the Company and the Board. Each nominee and continuing director is committed to achieving, monitoring and improving on the Company's business strategy.



Your Board of Directors unanimously recommends that you vote "FOR" the election of each of the three nominees. Unless authority to vote in the election of directors is withheld, it is the intention of the persons named proxies to vote "FOR" the election of the three nominees named in this proposal.

Board Nomination Process

- **Number of New Directors in Last Six Years: 6 Directors**
- **Average Tenure of Directors: 6 Years**
- **Average Age of Directors: 58 Years**
- **Percentage of Woman Directors: 37.5%**
- **Percentage of Ethnically Diverse Directors: 25%**
- **Percentage of Independent Directors: 75%**

The Nominating and Governance Committee is responsible for recommending director candidates to the Board of Directors. The Nominating and Governance Committee will apply the criteria set forth in the Corporate Governance Guidelines when considering whether to recommend any candidate as a director nominee, including candidates recommended by stockholders. The Nominating and Governance Committee seeks nominees with a broad range of experience, professions, skills, geographic representation and backgrounds. The Nominating and Governance Committee believes that the backgrounds and qualifications of the directors, considered as a group, should provide a significant composite mix of experience, knowledge and abilities that will allow the Board to fulfill its responsibilities.

The Corporate Governance Guidelines include director qualification standards that provide as follows:

- A majority of the members of the Board of Directors must qualify as independent directors in accordance with the rules of The Nasdaq Global Select Market;
- No member of the Board of Directors should serve on the Board of Directors of more than three other public companies;
- No person may stand for election as a director of the Company after reaching age 72; and
- No director shall serve as a director, officer or employee of a competitor of the Company.

While the selection of qualified directors is a complex, subjective process that requires consideration of many intangible factors, the Corporate Governance Guidelines provide that directors and candidates for director generally should, at a minimum, meet the following criteria:

- Directors and candidates should have high personal and professional ethics, integrity, values and character and be committed to representing the best interests of the Company and its stockholders;
- Directors and candidates should have experience and a successful track record at senior policy-making levels in business, government, technology, accounting, law and/or administration;
- Directors and candidates should have sufficient time to devote to the affairs of the Company and to enhance their knowledge of the Company's business, operations and industry; and
- Directors and candidates should have expertise or a breadth of knowledge about issues affecting the Company that is useful to the Company and complementary to the background and experience of other Board members.

If a vacancy arises or the Board decides to expand its membership, the Nominating and Governance Committee may seek recommendations of potential candidates from a variety of sources (including incumbent directors, stockholders, the Company's management and professional recruitment firms). The Nominating and Governance Committee evaluates each potential candidate's educational background, employment history, outside commitments and other relevant factors to determine whether he or she is potentially qualified to serve on the Board. The Nominating and Governance Committee seeks to identify and recruit the best available candidates. The Committee evaluates qualified candidates recommended by stockholders on the same basis as those submitted by other sources. Stockholders who wish to recommend a candidate for director or nominate a candidate for election at an annual meeting should follow the procedures described on page 67.

PROPOSAL 1 – ELECTION OF DIRECTORS

Board Diversity

The Board is committed to having diverse individuals from different backgrounds with varying perspectives, professional experience, education and skills serving as members of the Board. The Board believes that a diverse membership with a variety of perspectives and experiences is an important feature of a well-functioning board, and the composition of the Board reflects the Board's commitment to diversity. When identifying candidates for the Board, the Board endeavors to search for highly qualified women and individuals from minority groups to include in the pool from which directors are chosen. Of the eight members of Saia's Board, three are women and two are ethnically diverse.

Directors' Skills and Expertise

Skills & Attributes	Count of Directors
Senior Executive	6
Transportation	7
Strategic Planning	7
Operations	6
Financial or Accounting	5
Risk Management	7
Technology & Cybersecurity	2
Human Capital Management	6
Health & Safety	5
Sales & Marketing	5
Environmental, Social & Governance	7
Innovation, Engineering & Disruptive Technologies	4

Board Refreshment

In the past six years, the Company has refreshed two-thirds of its Board by adding six new directors, five of whom are independent. The Company believes that it benefits from having longer tenured directors, including our Chairman, on the Board who are familiar with the Company's business. We believe the average tenure of our directors of six years reflects the balance the Board seeks between different perspectives brought by longer-serving directors and new directors.

INFORMATION CONCERNING NOMINEES AND CONTINUING DIRECTORS

The following tables set forth certain information regarding each nominee for director and continuing director of the Company. The information presented includes information provided to the Company by each nominee and continuing director including such person's name, age, principal occupation and business experience for at least the past five years, the names of other publicly-held companies of which such person currently serves as a director or has served as a director during the past five years and the year in which the nominee first became a director of Saia.

NOMINEES FOR ELECTION AS CLASS I DIRECTORS FOR A THREE-YEAR TERM EXPIRING AT THE 2024 ANNUAL MEETING

Di-Ann Eisnor



DIRECTOR SINCE: 2017

AGE: 48

COMMITTEE MEMBERSHIP:

- Compensation

QUALIFICATIONS

Ms. Eisnor brings to the Board significant entrepreneurial experience with disruptive technologies focused on the transportation industry and in building and leading marketing services and geo-mapping businesses.

OTHER PUBLIC COMPANY DIRECTORSHIPS

Current: Ms. Eisnor serves as an independent director and member of the audit committee and chair of the compensation committee of KINS Technology Group.

Ms. Eisnor is the co-founder and Chief Executive Officer of Core, a venture-backed construction labor marketplace. Ms. Eisnor was an executive of The We Company, a part of the We Work Companies, from February 2019 until her departure in October 2019. In this position, she was responsible for development of their cities platform. Prior to that time, she was Director of Growth of Waze Inc., a crowd-sourced navigation and real-time traffic application owned by Alphabet, Inc. Ms. Eisnor was with Waze starting in 2009, when she founded its U.S. office. Prior to joining Waze, Ms. Eisnor was co-founder and Chief Executive Officer of Platial Inc., a collaborative, user-generated cartographic website.

PROPOSAL 1 – ELECTION OF DIRECTORS

Jeffrey C. Ward



DIRECTOR SINCE: 2006

AGE: 62

COMMITTEE MEMBERSHIP:

- Compensation
- Nominating and Governance

QUALIFICATIONS

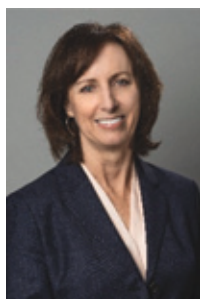
Mr. Ward brings to the Board significant knowledge in the areas of transportation, corporate and marketing strategy, post-merger integration, restructuring and privatization, network operations, mergers and acquisitions and operations effectiveness.

OTHER PUBLIC COMPANY DIRECTORSHIPS

Current: None

Mr. Ward is a Vice President of A.T. Kearney, Inc., a global management consulting firm. Mr. Ward joined A.T. Kearney, Inc. in 1991. Mr. Ward's experience at A.T. Kearney is focused on the North American transportation market. Additionally, he has experience in a privately-held LTL company.

Susan F. Ward



DIRECTOR SINCE: 2019

AGE: 60

COMMITTEE MEMBERSHIP:

- Audit

QUALIFICATIONS

Ms. Ward brings years of industry experience as a senior financial executive of a multi-national transportation business, as well as public accounting and non-profit board experience. Ms. Ward qualifies as an "audit committee financial expert."

OTHER PUBLIC COMPANY DIRECTORSHIPS

Current: Ms. Ward serves as an independent director and chair of the audit committee of PQ Holdings Group.

Ms. Ward served as Vice President and Chief Accounting Officer of United Parcel Service, Inc. from 2015 until her retirement in 2019. Prior to her appointment as Chief Accounting Officer she served in various finance- and accounting-related positions during her 27 years at UPS. Prior to UPS, Ms. Ward spent 10 years at Ernst & Young in Assurance Services.

**CLASS II DIRECTORS CONTINUING IN OFFICE WHOSE TERMS EXPIRE
AT THE 2022 ANNUAL MEETING**

Frederick J. Holzgrefe, III



DIRECTOR SINCE: 2019

AGE: 53

COMMITTEE MEMBERSHIP:

- None

QUALIFICATIONS

Mr. Holzgrefe brings extensive knowledge about the Company and its operations to the Board. He also has significant operational and financial experience in a broad range of industrial and distribution related businesses.

OTHER PUBLIC COMPANY DIRECTORSHIPS

Current: None

Mr. Holzgrefe has been President and Chief Executive Officer of Saia, Inc. since April 2020. He served as President and Chief Operating Officer of Saia, Inc. from May 2019 to April 2020 and President, Chief Operating Officer and Chief Financial Officer from January 2019 to May 2019. Previously, he was Executive Vice President and Chief Financial Officer of the Company from July 2017 to January 2019. Mr. Holzgrefe joined the Company in September 2014 as Vice President and Chief Financial Officer of the Company. Prior to joining Saia, he led the international business of Golden Peanut and Treenut, serving as Chief Financial Officer from 2006-2012. Mr. Holzgrefe's prior experience includes tenure in food and technology businesses and banking and financial advisory services.

Richard D. O'Dell



DIRECTOR SINCE: 2006

AGE: 59

COMMITTEE MEMBERSHIP:

- None

QUALIFICATIONS

Mr. O'Dell brings extensive knowledge and understanding of the Company and the LTL industry to the Board through his experience as the former Chief Executive Officer of the Company. Additionally, he has experience in public accounting as a certified public accountant.

OTHER PUBLIC COMPANY DIRECTORSHIPS

Current: None

Mr. O'Dell is Non-Executive Chairman of the Board of Directors of Saia, Inc. He served as Chief Executive Officer of Saia, Inc. from January 2019 until his retirement in April 2020 and served as President and Chief Executive Officer from December 2006 to January 2019. Prior to assuming the role of Chief Executive Officer, Mr. O'Dell served as President of Saia from July 2006 to December 2006. In 1997, Mr. O'Dell joined Saia LTL Freight, the principal operating subsidiary of the Company, as Chief Financial Officer. He continued in that position until his appointment as President and CEO of Saia LTL Freight in 1999.

PROPOSAL 1 – ELECTION OF DIRECTORS

CLASS III DIRECTORS CONTINUING IN OFFICE WHOSE TERMS EXPIRE AT THE 2023 ANNUAL MEETING

Donna E. Epps



DIRECTOR SINCE: 2019

AGE: 56

COMMITTEE MEMBERSHIP:

- Audit
- Nominating and Governance

Ms. Epps was with Deloitte LLP for over 31 years. Ms. Epps served as an attest Partner of Deloitte LLP from 1998 through 2003 and as a Risk and Financial Advisory Partner of Deloitte LLP from 2004 until her retirement in 2017.

QUALIFICATIONS

Ms. Epps brings to the Board significant audit, governance, risk and compliance experience as a provider of attest and consulting services to private and public companies across multiple industries. Ms. Epps qualifies as an “audit committee financial expert.”

OTHER PUBLIC COMPANY DIRECTORSHIPS

Current: Ms. Epps serves as an independent director and member of the nominating and corporate governance committee and chair of the audit committee of Texas Pacific Land Corporation.

John P. Gainor, Jr.



DIRECTOR SINCE: 2016

AGE: 64

COMMITTEE MEMBERSHIP:

- Audit
- Nominating and Governance

Mr. Gainor served as the President and CEO of International Dairy Queen, a subsidiary of Berkshire Hathaway, from 2008 until his retirement in 2017. Mr. Gainor was with International Dairy Queen starting in 2003 and served as its Chief Supply Chain Officer prior to being named President and CEO. From 2000-2003, Mr. Gainor was President and Co-Founder of Supply Solutions, Inc., a company that focused on designing and implementing supply chain solutions and business expansion models for major restaurant chains and consumer products companies. Mr. Gainor has also held various executive positions focusing on logistics, supply chain and transportation with Consolidated Distribution Corporation, AmeriServe Distribution Corporation, and Warner Lambert Corporation.

QUALIFICATIONS

Mr. Gainor brings significant business experience to the Board as the former President and CEO of an internationally-known fast food restaurant chain, and based on over forty years of experience in logistics, supply chain and transportation. Mr. Gainor qualifies as an “audit committee financial expert.”

OTHER PUBLIC COMPANY DIRECTORSHIPS

Current: Mr. Gainor serves as an independent director and member of the nominating and governance committee of Bloomin’ Brands, Inc and as an independent director and member of the strategy and long-range planning and compensation committees of TreeHouse Foods, Inc.

Previous: He previously served as an independent director and member of the audit and finance committees of Jack in the Box Inc. from 2019 to 2021.

Randolph W. Melville



DIRECTOR SINCE: 2015

AGE: 62

COMMITTEE MEMBERSHIP:

- Compensation
- Nominating and Governance

Mr. Melville was the Senior Vice President and General Manager for the Western Division of PepsiCo's Frito-Lay North America until his retirement in 2017. In that position, he was accountable for all aspects of the company's western division performance, including sales, operations, supply chain, finance, human resources and strategic planning. Prior to his 20-plus years at Frito-Lay, Mr. Melville served as a Senior Vice President at Maytag Corporation from 1999-2001 and held various sales and marketing leadership positions with Procter & Gamble Distributing Company from 1981 to 1993.

QUALIFICATIONS

Mr. Melville brings significant national sales, marketing, operations and supply chain experience to the Board. Mr. Melville also has substantial expertise in the areas of distribution, international business and human resources and adds valuable perspectives complementing those of the current board members. Mr. Melville serves as Saia's Lead Independent Director.

OTHER PUBLIC COMPANY DIRECTORSHIPS

Current: Mr. Melville serves on the Board of Trustees of The Northwestern Mutual Life Insurance Company and serves as an independent director and member of the audit and nominating and governance committees of GMS, Inc.

Previous: Mr. Melville previously served as an independent director and member of the compensation committee of Interline Brands, Inc.

CORPORATE GOVERNANCE

Corporate Governance Guidelines and Code of Business Conduct and Ethics

The Board has adopted Corporate Governance Guidelines establishing guidelines and standards with respect to Board governance and meetings, Board composition and diversity, selection and election of directors, director responsibility, director access to management and independent advisors and non-employee director compensation. The Nominating and Governance Committee of the Board regularly reviews and assesses corporate governance developments and recommends to the Board modifications to the Corporate Governance Guidelines as warranted.

The Company has adopted a Code of Business Conduct and Ethics applicable to all directors, officers and employees, including its principal executive officer, principal financial officer and principal accounting officer. The Code of Business Conduct and Ethics is filed as Exhibit 14.1 to the Company's Annual Report on Form 10-K for the fiscal year ended December 31, 2014, and incorporated by reference into the Company's Annual Report on Form 10-K for the fiscal year ended December 31, 2020, filed with the Securities and Exchange Commission. The Corporate Governance Guidelines and the Code of Business Conduct and Ethics are posted at the "Investor Relations – Governance" page of the Company's website (www.saia.com).

Director Independence

In February 2021, the Board, with the assistance of the Nominating and Governance Committee, conducted an evaluation of director independence based on the rules and regulations of Nasdaq Global Select Market ("Nasdaq") and determined that each of Di-Ann Eisnor, Donna E. Epps, John P. Gainor, Jr., Randolph W. Melville, Jeffrey C. Ward, and Susan F. Ward qualifies as an independent director under such rules and regulations. Mr. O'Dell, as a result of serving as Chief Executive Officer until April 2020, and Mr. Holzgrefe, as a result of his current service as Chief Executive Officer, are not independent.

Director Compensation

Our non-employee directors receive annual compensation as shown in the tables below for service on the Board. Director compensation is approved by the Board each year based on the recommendation of the Compensation Committee, except the Compensation Committee sets the number of shares of restricted stock to be issued to non-employee directors each year. In order to assist the Compensation Committee in its recommendation, the Committee's executive compensation consultant conducts an annual review of Saia's non-employee director compensation program to assess the competitiveness of the compensation program for non-employee directors and advises the Committee of recent market trends as to director compensation. As part of the review, the consultant analyzes Saia's non-employee director compensation relative to a composite of peer group data and relevant cross-industry survey data. Based in part on the consultant's study, the Compensation Committee annually makes a recommendation concerning non-employee director compensation for approval by the full Board.

The amounts payable to non-employee directors for 2020 are indicated below:

- Annual retainer of \$65,000
- Additional annual retainers for the following:
 - Chairman - \$100,000
 - Lead Independent Director - \$20,000
 - Audit Committee Chair - \$15,000
 - Audit Committee Member - \$10,000
 - Compensation Committee Chair - \$15,000
 - Compensation Committee Member - \$7,500

- Nominating and Governance Committee Chair - \$10,000
- Nominating and Governance Committee Member - \$5,000
- Grant of shares of restricted stock with a target value of \$110,000

There are no separate fees paid for meeting attendance. If a director serves on more than one committee, additional compensation is paid for each committee. All non-employee directors are reimbursed for travel and other out-of-pocket incidental expenses related to meetings.

The 2018 Omnibus Incentive Plan governed grants of restricted stock to non-employee directors in 2020 and will continue to do so in 2021. Under the 2018 Omnibus Incentive Plan, each non-employee director has the option to receive up to 100% of his or her annual Board and committee retainers in shares of common stock in lieu of cash, with the value of the shares to be computed by reference to the fair market value of Saia's common stock on the date of payment.

Under 2018 Omnibus Incentive Plan, the Compensation Committee is to approve an annual grant of restricted stock to each non-employee director, with the value on the grant date not to exceed \$500,000. The shares of restricted stock are issued on May 1st each year. For 2020, each non-employee director received 1,098 shares of restricted stock. This number was determined by the Compensation Committee based on its decision to award non-employee directors restricted stock with a value of \$110,000 using the closing stock price on February 6, 2020, which was the date of the Committee's decision.

For 2021, shares of restricted stock will be issued to non-employee directors under the 2018 Omnibus Incentive Plan. On February 11, 2021, the Compensation Committee approved a grant of 548 shares of restricted stock to each non-employee director based on its decision to award restricted stock with a value of \$110,000 using the closing stock price on that date. These shares of restricted stock are to be issued on May 1, 2021.

The restricted stock issued in 2020 is subject to a one-year cliff vesting restriction and the shares of restricted stock to be issued in 2021 will also be subject to a one-year cliff vesting restriction. In each case, any unvested shares will become fully vested upon cessation of the director's service on the Board (other than for cause) or upon a change in control of the Company.

Under the Director's Deferred Fee Plan, non-employee directors may defer all or a portion of annual fees earned. The deferrals are converted into phantom stock units equivalent to the value of Company common stock. Upon the directors' termination, death or disability, accumulated deferrals are distributed in the form of Company common stock in accordance with elections made by the directors. The following non-employee directors held phantom stock units under the Directors Deferred Fee Plan as of December 31, 2020, for the following number of shares: Mr. Gainor 14,838; Mr. Melville 19,557; Mr. Ward 53,748; and Ms. Ward 1,556.

Directors who are Company employees do not receive any additional compensation for their service as directors. Mr. Holzgrefe, as an employee of Saia, did not receive any compensation for his service as a director in 2020 and Mr. O'Dell did not receive compensation for his service as a director prior to his retirement as Chief Executive Officer in April 2020.

CORPORATE GOVERNANCE

The following table sets forth all compensation earned by the Company’s non-employee directors for service as a director for the year ended December 31, 2020.

2020 NON-EMPLOYEE DIRECTOR COMPENSATION TABLE

Name	Fees Earned or Paid in Cash (\$)⁽¹⁾⁽²⁾	Stock Awards (\$)⁽³⁾	Total (\$)
Di-Ann Eisnor	—	172,834	172,834
Donna E. Epps	80,000	100,302	180,302
William F. Evans ⁽⁴⁾	90,000	100,302	190,302
John P. Gainor, Jr.	—	180,325	180,325
John J. Holland ⁽⁵⁾	97,500	100,302	197,802
Randolph W. Melville	—	197,773	197,773
Bjorn E. Olsson ⁽⁶⁾	—	—	—
Richard D. O’Dell	165,000	100,302	265,302
Herbert A. Trucksess, III ⁽⁷⁾	—	—	—
Jeffrey C. Ward	—	177,767	177,767
Susan F. Ward	87,500	100,302	187,802

(1) Amounts represent cash payments in 2020 for Board and Committee service.

(2) Amount of cash fees deferred under the Director’s Deferred Fee Plan with phantom stock units in 2020: Mr. Gainor \$180,325; Mr. Melville \$197,773; Mr. Ward \$177,767; and Ms. Ward \$100,302. Ms. Eisnor received 794 restricted shares in lieu of cash fees.

(3) This column represents the dollar amount of aggregate grant date fair value of stock granted in 2020. All stock was issued on May 1, 2020.

(4) Mr. Evans retired from the Board on June 26, 2020.

(5) Mr. Holland retired from the Board on November 9, 2020.

(6) Mr. Olsson retired from the Board on April 28, 2020.

(7) Mr. Trucksess retired from the Board on April 28, 2020.

Saia provides customary liability insurance for its directors and officers. The annual cost of this coverage for 2020 was \$667,275.

Director Stock Ownership Guidelines

In order to align non-employee directors’ interests with those of the Company and its stockholders, the Board has approved stock ownership guidelines for the Company’s non-employee directors. Under the guidelines, non-employee directors have three years from the date they joined the Board to acquire shares of the Company’s common stock valued at five times the then-current annual retainer for non-employee directors. Units held in the Company’s Director’s Deferred Fee Plan are included as units of stock for the purposes of the guidelines. Under Company policy, directors are precluded from selling shares earned as a director until the director is in compliance with the stock ownership guidelines. All of our directors have met or are on track to meet their objectives within the three-year time requirement.

Majority Voting Standard for Director Elections

The election of directors at the 2021 annual meeting of stockholders is an uncontested election under the Company’s Bylaws. Because this is an uncontested election, a nominee for director is elected to the Board if the votes cast for such nominee’s election exceed the votes cast against such nominee’s election. Abstentions will not affect the election of directors. In tabulating the voting results for the election of directors, only “FOR” and “AGAINST” votes are counted. If an incumbent director fails to receive a majority of the vote for re-election in an uncontested election, the Nominating and Governance Committee of the Board will act on an expedited basis to determine whether to accept the director’s previously tendered irrevocable resignation and will submit such recommendation for prompt consideration by the Board. In considering whether to accept or reject the tendered resignation, the Nominating and Governance Committee and the Board will consider any factors they deem relevant. Any director who fails to receive a majority of the vote for re-election will not participate in the Nominating and Governance Committee recommendation or Board consideration regarding whether or not to accept the tendered resignation.

Election to the Company’s Board of Directors in a contested election is by a plurality of the votes cast at any meeting of stockholders having a quorum. An election will be considered contested if (i) the Secretary of the Company receives a

notice that a stockholder has nominated a person for election to the Board of Directors in compliance with the advance notice requirements for stockholder nominees for director set forth in the Company's Bylaws and (ii) such nomination has not been withdrawn by such stockholder on or before the 10th day before the Company first mails its notice of meeting for such meeting to the stockholders. If directors are to be elected by a plurality of the votes cast, stockholders are not permitted to vote against a nominee.

Board Meetings, Committees of the Board and Board Leadership Structure

Attendance at Board and Committee Meetings; Executive Sessions

The Board of Directors held eight meetings in 2020. Each director attended at least 75% of the meetings convened by the Board and the applicable committees during such director's service on the Board during 2020.

Executive sessions of non-employee directors and separate executive sessions of independent directors are held as part of each regularly scheduled meeting of the Board. The sessions of the independent directors are chaired by the Lead Independent Director.

Annual Evaluation Process of the Board and Committees

With oversight by the Nominating and Governance Committee, the Board of Directors conducts annual Board and Committee performance evaluations that are intended to determine whether the Board and each of its Committees are functioning effectively and to provide them with an opportunity to reflect upon and improve processes and effectiveness. The evaluation is conducted through the completion by each director of a questionnaire assessing the performance of the Board and each Committee of which the director is a member. Each Committee and the full Board review and discuss the results of the Committee and Board evaluations. The goal is to use the results of the assessment process to enhance the functioning of the Board and the Committees as well as the ability of the Board and Committees to carry out their oversight functions.

Director Orientation and Continuing Education

The Company conducts an orientation program for each new director that includes, among other things, a review of the Company's business strategy and operations, technology, financial condition, legal and regulatory framework and other relevant topics. The Company also provides continuing education opportunities and programs for current directors. These programs include presentation by outside subject matter experts, participation in governance and industry seminars and site visits.

Board Leadership Structure

Saia's Board structure provides for a Chief Executive Officer separate from the Chairman of the Board. The Board believes maintaining separate roles allows the Chairman to devote his time and attention to matters of Board oversight and governance and allows the Chief Executive Officer the opportunity to focus his time and energy managing the business.

The Board of Directors designates a director to serve as Chairman of the Board and selected Richard D. O'Dell, former Chief Executive Officer, to serve as Chairman in April 2020. The primary responsibilities of the Chairman are to:

- Preside at all meetings of the Board and provide leadership in Board deliberations;
- Preside at all stockholder meetings;
- Prepare, in collaboration with the Chief Executive Officer and Lead Independent Director, Board meeting schedules and agendas;
- Provide support and advice to the Chief Executive Officer;
- Participate in the identification and recruitment of potential non-employee directors;
- Support the Chief Executive Officer in serving as an ambassador for the Company with stockholders, customers and industry groups;

CORPORATE GOVERNANCE

- With the Lead Independent Director, provide input concerning the performance of the Chief Executive Officer and participate in discussions with the Chief Executive Officer concerning performance; and
- Participate in planning for Chief Executive Officer succession.

Because the Chairman is not independent under Nasdaq rules and regulations, the independent directors elected Randolph W. Melville as Lead Independent Director for 2020. The primary responsibilities of the Lead Independent Director are to:

- Prepare, in collaboration with the Chief Executive Officer and Chairman, Board meeting schedules and agendas;
- Advise the Chairman as to the quality, quantity and timeliness of the flow of information to the non-employee directors;
- Chair all meetings of the Board at which the Chairman is not present;
- Coordinate, develop the agenda for, chair and moderate meetings of independent directors, and generally act as principal liaison between the independent directors and the Chairman;
- With the Chairman, provide input concerning the performance of the Chief Executive Officer and participate in discussions with the Chief Executive Officer concerning performance; and
- Provide input to the Nominating and Governance Committee regarding the appointment of chairs and members of the various committees.

In addition, the Lead Independent Director has the authority to call meetings of independent directors. If requested by major stockholders, the Lead Independent Director will make himself reasonably available for direct communication.

Board's Role in Corporate Strategy

The Board is actively involved in overseeing, reviewing and guiding the Company's corporate strategy. The Board formally reviews the Company's business strategy, including the risks and opportunities facing the Company and its business, at an annual strategic planning session. In addition, long-range strategic issues are discussed as a matter of course at regular Board meetings. The Board regularly discusses corporate strategy throughout the year with management formally as well as informally and during executive sessions of the Board as appropriate. As discussed in "Board's Role in Risk Management Process" below, the Board views risk management and oversight as an integral part of the strategic planning process and provides oversight of management's process to identify, manage and mitigate risks inherent in the Company's strategic plans.

Board's Role in Risk Management Process

The Company's senior management has the responsibility to develop and implement the Company's strategic plans and to identify, evaluate, manage, and mitigate the risks inherent in those plans. It is the responsibility of the Board to oversee the development and execution of the Company's strategic plans and to understand the associated risks and the steps that senior management is taking to manage and mitigate those risks. The Board executes its oversight responsibility both through active review and discussion of key risks facing the Company and by delegating certain oversight responsibilities to the Board Committees. The full Board has retained responsibility for oversight of strategic risks as well as risks not otherwise delegated to one of the Committees, including cybersecurity, sustainability and climate change risks.

As part of its risk management oversight, the full Board, based on input from management and the Nominating and Governance Committee, conducts a number of reviews throughout the year to ensure that the Company's strategy and risk management is appropriate and prudent, including a review of specific risks, ranking of the likelihood and significance of those risks and a review of mitigation plans. In addition, the Board has delegated certain risk management oversight responsibilities to specific Board Committees, each of which reports regularly to the full Board. In performing these oversight responsibilities, each Committee has full access to management, as well as the ability to engage independent advisors.

The following is a summary of the general risk oversight functions of the Committees:

COMMITTEE RISK OVERSIGHT

<u>Audit Committee</u>	<u>Nominating and Governance Committee</u>	<u>Compensation Committee</u>
<p>The Audit Committee oversees Company risks relating to accounting and financial reporting and related legal and regulatory compliance.</p> <p>To satisfy these responsibilities, the Committee meets regularly with the Company's chief financial officer, chief accounting officer, director of internal audit, outside legal counsel, KPMG LLP and other members of management.</p> <p>The Committee receives regular reports relating to issues such as the status and findings of audits being conducted by the internal and independent auditors, the status of material litigation and other contingent liabilities, and changes in accounting requirements or practices that could affect the content or presentation of the Company's financial statements.</p> <p>The Committee is also responsible for reviewing any "hot-line" or other reports concerning accounting, internal controls or auditing matters.</p>	<p>The Nominating and Governance Committee oversees risks relating to board leadership and effectiveness, and corporate governance matters. The Committee also oversees the overall enterprise risk management process.</p> <p>To assist the Committee in discharging its responsibilities, it works with officers of the Company responsible for relevant risk areas and keeps abreast of the Company's significant risk management practices and strategies.</p>	<p>The Compensation Committee oversees risks relating to the Company's compensation and benefits systems and reviews annually policies and practices to determine whether they are reasonably likely to meet the Committee's objectives for executive pay and to ensure that the Company's compensation practices present no risk of a material adverse effect on the Company.</p> <p>To assist it in satisfying these oversight responsibilities, the Committee has retained its own independent compensation consultant and meets regularly with management to understand the financial, human resources and shareholder implications of its compensation decisions.</p>

Succession Planning

Succession planning and leadership development are key priorities for the Board and management. The Board regularly reviews the Company's human capital related activities in support of the Company's business strategy, which includes a discussion of the Company's training and development programs, leadership bench and succession plans with a focus on key positions at the senior executive level and other critical roles. The Board also has regular and direct exposure to high potential leaders through formal Board and Committee presentations and informal events.

Board Committees

The Board of Directors has an Audit Committee, a Compensation Committee and a Nominating and Governance Committee, each of which is comprised entirely of independent directors. Current Committee memberships are as follows:

<u>Audit Committee</u>	<u>Compensation Committee</u>	<u>Nominating and Governance Committee</u>
<p>Susan F. Ward, Chair Donna E. Epps John P. Gainor, Jr.</p>	<p>Randolph W. Melville, Chair Di-Ann Eisnor Jeffrey C. Ward</p>	<p>John P. Gainor, Jr., Chair Donna E. Epps Randolph W. Melville Jeffrey C. Ward</p>

CORPORATE GOVERNANCE

Each of the Committees acts pursuant to a written charter adopted by the Board. A copy of each Committee charter is posted at the “Investor Relations – Governance” page of the Company’s website (www.saia.com).

Audit Committee

The Audit Committee has been established in accordance with Section 3(a)(58)(A) of the Securities Exchange Act of 1934, as amended (the “Securities Exchange Act of 1934”). The Audit Committee held five meetings in 2020. The functions of the Audit Committee are described in the Audit Committee Charter and include, among others, the following:

- review the adequacy and quality of Saia’s accounting and internal control systems;
- review Saia’s financial reporting process on behalf of the Board of Directors;
- oversee the entire audit function, both internal and independent, including the selection of the independent registered public accounting firm;
- review the Company’s major financial reporting exposures concerning risk assessment and management and the steps management has taken to monitor and control such exposures; and
- provide an effective communication link between the auditors (internal and independent) and the Board of Directors.

The Board of Directors has determined that all members of the Audit Committee are “audit committee financial experts,” as defined by applicable rules of the Securities and Exchange Commission, and all have accounting and related financial expertise and are independent in accordance with Nasdaq rules.

Compensation Committee

The Compensation Committee held five meetings in 2020. The functions of the Compensation Committee are described in the Compensation Committee Charter and include, among others, the following:

- determine the salaries, bonuses and other remuneration and terms and conditions of employment of the Named Executive Officers of Saia, except as to the Chief Executive Officer, the Committee makes a recommendation as to compensation, which is then finally determined by the Board;
- supervise the administration of Saia’s incentive compensation and equity-based compensation plans and approve grants under those plans;
- establish Saia’s executive officer compensation policies and recommend to the Board the compensation of non-employee directors; and
- assist the Board in its oversight of the Company’s human capital management strategies and practices.

Each member of the Compensation Committee qualifies as (i) an independent director under applicable Nasdaq rules and Rule 10C-1 of the Securities Exchange Act of 1934; and (ii) a “non-employee director” for purposes of Rule 16b-3 of the Securities Exchange Act of 1934.

The Compensation Committee has retained Mercer (US) Inc. as its executive compensation consultant to provide information, analysis and recommendations regarding executive and director compensation. Mercer reports directly to the Compensation Committee and takes direction from the Committee. While it is necessary for Mercer to interact with management to gather information, the Committee has adopted protocols governing if and when the consultant’s advice and recommendations can be shared with management. The Committee periodically meets with the Mercer consultant outside the presence of management to discuss executive compensation philosophy and specific levels of compensation and to ensure that Mercer receives from management the information required to perform its duties on a timely basis. The Compensation Committee formally evaluates the performance of Mercer on an annual basis and may terminate the services of Mercer at any time.

For 2020, the Company paid Mercer \$ 90,630 for executive and director compensation services rendered to the Compensation Committee. Mercer is a wholly-owned subsidiary of Marsh & McLennan Companies, Inc. (“MMC”).

Since 2010, including during 2020, the Company has used Marsh USA, Inc., an affiliate of MMC, to provide insurance brokerage services, based on a determination made by management of the expertise of Marsh USA, Inc. in providing insurance brokerage services for the transportation industry. The Company paid Marsh USA, Inc. \$1,589,406 in fees in 2020 for such insurance brokerage services (this amount does not include insurance premiums that are paid through Marsh USA, Inc. to insurance carriers on behalf of Saia).

In connection with the Compensation Committee's consideration of the independence of Mercer, the Committee confirmed with Mercer that:

- The Mercer consultant receives no incentive or other compensation based on the fees charged to the Company for other services provided by Mercer or any of its affiliates;
- The Mercer consultant is not responsible for selling other Mercer or affiliate services to the Company;
- Mercer's professional standards prohibit the individual consultant from considering any other relationships Mercer or any of its affiliates may have with the Company in rendering their advice and recommendations;
- The Mercer consultant has no business or personal relationships with any members of Saia management or the Board other than providing executive compensation consulting; and
- The Mercer consultant and his immediate family members own no shares of Saia's common stock.

In its evaluation of the relationship with Mercer, the Compensation Committee also reviewed the protocols used by the Committee in its dealings with Mercer which include:

- The Committee has sole authority to retain and terminate Mercer at any time;
- The Mercer consultant has direct access to the Committee without management intervention;
- The Committee has in place a process to formally evaluate the quality and objectivity of the services provided by Mercer each year and determine whether to continue to retain Mercer;
- The Committee has in place rules for the engagement which limit how the individual Mercer consultant may interact with management; and
- The Committee periodically meets with the Mercer consultant outside the presence of management to discuss executive compensation philosophy and specific levels of compensation and ensure that Mercer receives from management the information required to perform its duties in a timely manner.

Following this assessment of the relationship of Mercer and its affiliates with the Company, the Compensation Committee concluded that Mercer's work for the Committee does not raise any conflict of interest and that Mercer qualified as independent.

Nominating and Governance Committee

The Nominating and Governance Committee held four meetings in 2020. The functions of the Nominating and Governance Committee are described in the Nominating and Governance Committee Charter and include, among others, the following:

- review the size and composition of the Board and make recommendations to the Board as appropriate;
- advise and make recommendations to the Board on corporate governance matters;
- review criteria for election to the Board and recommend candidates for Board membership. In identifying candidates for the Board, the Committee is to search for highly qualified women and individuals from minority groups to include in the pool from which directors are chosen;
- review the structure and composition of Board committees and make recommendations to the Board as appropriate;
- develop and oversee an annual self-evaluation process for the Board and its committees;
- review the Company's major enterprise risk assessment and management processes for matters other than financial reporting risk matters;

CORPORATE GOVERNANCE

- provide oversight of corporate ethics issues and at least annually assess the adequacy of the Company's Code of Business Conduct and Ethics; and
- provide oversight on management succession issues.

Each member of the Nominating and Governance Committee meets the definition of an independent director under applicable Nasdaq rules.

Corporate Responsibility at Saia

We are committed to being a good corporate citizen and we embrace our responsibility to the environment, our employees and the communities we serve. Our management is focused on developing and implementing strategies and initiatives that address each of these areas and the Board provides direct oversight of management's execution of those strategies and initiatives.

Environmental Initiatives

We seek to meet or exceed environmental standards in all areas where we operate. We are focused on improving energy efficiency and lowering our greenhouse gas emissions through updating our tractor and trailer fleet and improving our freight terminals.

- Since 2015, we have improved our fleet mpg by more than 12% through significant investments in new, more energy-efficient tractors and trailers.
- Trailer skirts and more fuel efficient tires are installed on all of our 53-foot and 28-foot trailers.
- Engine idling has been reduced through an automatic engine shutoff system.
- Our drivers and dock workers are trained on the proper handling of hazardous materials and we have implemented programs to quickly address environmental incidents.
- LED lighting has been installed in our new terminals and we have replaced older lighting with LED lights in approximately 50 terminals.
- In 2021, we plan to conduct pilot programs using tractors and forklifts powered by alternate fuels to explore the possibilities of these technologies for our future.

Social Responsibility

The success of Saia is fundamentally connected to the well-being of our people. We strive to attract, engage, develop and retain employees who feel valued and included, have opportunities to grow and who are driven to succeed. Saia's human capital management strategies and initiatives are overseen at the Board level by the Compensation Committee.

Safety. Our highest priority is the safety of our employees and the communities we serve. We have invested in some of the latest safety technologies and we provide our employees with extensive safety training. Saia has repeatedly been recognized by the American Trucking Associations' Safety Council for our outstanding safety record.

- Our new tractors are equipped with an advanced safety package, which includes collision mitigation technology, active brake assistance, adaptive cruise control, lane departure warning, roll stability control systems and LED headlights.
- Video recording technology is installed in our entire tractor fleet that automatically records events such as hard braking, bumps and sharp turns as a means to help coach our drivers on safe driving practices.
- We conduct regular pre-shift safety training meetings.
- Our drivers are trained using the Smith System Defensive Driving program on an annual basis to reinforce safe driving skills.

Employee Development and Training. We place a premium on finding and developing the right people and we invest significant effort and resources on developing and training our employees.

- We have over 300 driver-trainers who assist in providing all new drivers with 40 hours of on-boarding training.
- Our new dockworkers also receive onboarding training that is supplemented with ongoing safety and job training.
- We offer a “dock-to-driver” program that provides our employees who desire the opportunity to earn their commercial driver certifications to further their careers.
- New customer service representatives receive 20 days of training.
- We provide on-going sales and management training programs
- We continue to develop our succession planning process.

Workplace Culture. Creating and maintaining a strong and positive employee culture is critical to our success. We pride ourselves on the fair treatment of our employees and strive to have a high level of employee satisfaction and productivity. Saia is committed to fostering a work environment that values and promotes diversity and inclusion. In 2020, Forbes named Saia to their list of America’s Best Employers for Diversity.

- We provide a competitive compensation and benefits package to our employees, including an industry-leading medical program.
- Our voluntary wellness program promotes healthier lifestyles through proactive evaluation and management of major health and wellness indicators.
- In 2021, we established a Diversity Council that will focus on promoting a culture where individual differences are respected and all employees are valued for the skills and contributions they bring to the Company.
- We have an extensive employee communications program, which starts with an employee’s manager and is supplemented through a monthly employee magazine, quarterly reports on performance by senior executives and annual employee engagement surveys.
- We provide employee recognition and rewards programs, including iSaia that recognizes the special contributions of our employees.

For more information about the Company’s Corporate Responsibility matters please visit the Company’s website at www.saia.com.

Stockholder Communications with the Board of Directors

Stockholders seeking to communicate with the Board of Directors should submit their written correspondence to the Secretary of the Company, Saia, Inc., 11465 Johns Creek Parkway, Suite 400, Johns Creek, Georgia 30097. The Secretary of the Company will forward all such communications (excluding routine advertisements and business solicitations and communications which the Secretary of the Company, in his or her sole discretion, deems to be a security risk or for harassment purposes) to each member of the Board of Directors, or if applicable, to the individual director(s) named in the correspondence. Subject to the following, the Chairman of the Board and the Lead Independent Director will receive copies of all stockholder communications, including those addressed to individual directors. The Secretary will consider each communication to determine whether it should be forwarded promptly or compiled and sent with other communications and other Board materials in advance of the next scheduled Board meeting.

Stockholders also have an opportunity to communicate with the Board of Directors at the Company’s annual meeting of stockholders. The Company’s Corporate Governance Guidelines provide that absent unusual circumstances, directors are expected to attend all annual meetings of stockholders. All members of the Board of Directors attended the 2020 annual meeting of stockholders.

Stock Ownership

Directors and Executive Officers

The following table sets forth the amount of Saia's common stock beneficially owned by each director and each executive officer named in the Summary Compensation Table on page 39 and all directors and executive officers as a group, as of January 15, 2021. Unless otherwise indicated, beneficial ownership is direct and the person indicated has sole voting and investment power.

Name of Beneficial Owner	Common Stock Beneficially Owned			Percent of Class ⁽³⁾	Shares Held Under Deferral Plans ⁽⁴⁾
	Shares Beneficially Owned ⁽¹⁾	Rights to Acquire Beneficial Ownership ⁽²⁾	Total		
Di-Ann Eisnor	7,507	—	7,507	*	—
Donna E. Epps	1,618	—	1,618	*	—
John P. Gainor, Jr.	400	—	400	*	14,838
Frederick J. Holzgrefe, III	1,181	8,120	9,301	*	5,003
Randolph W. Melville	—	—	—	*	19,557
Richard D. O'Dell	19,106	14,120	33,226	*	—
Jeffrey C. Ward	7,579	—	7,579	*	53,748
Susan F. Ward	—	—	—	*	1,556
Douglas L. Col	—	1,270	1,270	*	3,286
Paul C. Peck	—	1,250	1,250	*	18,251
Karla J. Staver	1,709	—	1,709	*	—
Raymond R. Ramu	22	3,920	3,942	*	8,488
All directors and executive officers as a group (12 persons)	39,122	28,680	67,802	0.3%	124,727

* Denotes less than 1%

(1) Includes common stock owned directly and indirectly.

(2) Number of shares that can be acquired on January 15, 2021 or within 60 days thereafter through the exercise of stock options or vesting of restricted stock. These shares are excluded from the "Shares Beneficially Owned" column.

(3) Based on the number of shares outstanding on January 15, 2021 (26,236,570) and includes the number of shares subject to acquisition by the relevant beneficial owner within 60 days thereafter. Including the number of shares subject to acquisition by the relevant beneficial owner pursuant to the Company's Directors' Deferred Fee Plan or Executive Capital Accumulation Plan upon such beneficial owner's termination of services as a director or employee, the Percent of Class for all directors and executive officers as a group equals 0.73%.

(4) Represents shares of common stock from phantom stock units on an as converted basis as of January 15, 2021, receipt of which has been deferred pursuant to the Company's Directors' Deferred Fee Plan or Executive Capital Accumulation Plan. The value of the phantom stock units deferred pursuant to the Company's Directors' Deferred Fee Plan and Executive Capital Accumulation Plan track the performance of the Company's common stock and the phantom stock units are payable in stock upon the relevant beneficial owner's termination of service as director or employee.

Compensation Discussion and Analysis

This Compensation Discussion and Analysis describes our executive compensation philosophy and programs, the decisions the Compensation Committee has made under those programs and the factors considered in making those decisions. This Compensation Discussion and Analysis focuses on the compensation of our Named Executive Officers for 2020, who were:

- Frederick J. Holzgrefe, III, President & Chief Executive Officer
- Richard D. O'Dell, Former Chief Executive Officer
- Douglas L. Col, Executive Vice President & Chief Financial Officer
- Robert S. Chambers, Former Vice President & Chief Financial Officer
- Raymond R. Ramu, Executive Vice President & Chief Customer Officer
- Paul C. Peck, Executive Vice President Operations
- Karla J. Staver, Vice President of Safety and Human Resources

Mr. O'Dell retired as Chief Executive Officer on April 28, 2020 and became Chairman of the Board on that date and Mr. Chambers resigned as Vice President and Chief Financial Officer on January 2, 2020. Mr. Peck will cease serving as Executive Vice President Operations, effective March 31, 2021, and will support a transition through his retirement date of July 1, 2021.

Executive Summary

The following provides an overview of our compensation philosophy and programs, including the focus on pay for performance, best practice pay programs and alignment of the interests of Saia's executives with those of Saia's stockholders. Details about the compensation awarded to Saia's Named Executive Officers can be found in the Summary Compensation Table and related compensation tables in this proxy statement.

- Saia relates pay to performance to incent executives to achieve corporate objectives.

The Company's executive compensation program is designed to link pay with performance by requiring that a significant portion of each executive's target compensation is at risk and is earned based on achieving corporate financial and operating targets, total stockholder return and stock price appreciation.

- Saia aligns executives' interests with those of the stockholders.

All significant elements of long-term compensation are paid through equity awards in the form of performance shares, stock options and restricted stock. The Company maintains stock ownership guidelines for the executive officers to further align the interests of our executive officers with our stockholders.

- Saia annually assesses its executive compensation programs.

The Compensation Committee designs the Company's executive compensation program to attract, motivate, reward and facilitate the retention of executive talent to achieve corporate objectives. The program is comprised of base salary, cash-based annual incentive awards, equity-based long-term incentive awards, customary benefits and perquisites and severance benefits. Elements of the program are generally designed to provide target compensation opportunity around the 50th percentile of the peer group, but can be higher or lower based on individual performance, tenure, additional responsibility and for executive retention and succession planning purposes. The Committee works with Mercer (US) Inc., its executive compensation consultant, each year to assess our program against our transportation industry peers and general industry.

- 2020 Say-on-Pay results support our current compensation policies and practices.

In accordance with the recommendations of our stockholders in 2011 and 2017, Saia holds a stockholder advisory "say-on-pay" vote on an annual basis. In 2020, holders of 97.2% of Saia's stock voting on the matter approved, on an

COMPENSATION DISCUSSION AND ANALYSIS

advisory basis, the compensation paid to Saia's Named Executive Officers as described in the 2020 proxy statement. The Compensation Committee believes that this vote demonstrates strong support by our stockholders of our compensation philosophy and goals and the compensation decisions made by the Committee. Based on these favorable results, the Compensation Committee was encouraged to continue its practices in determining executive compensation.

Key Features of Saia's Executive Compensation Program

<u>What Saia Does</u>	<u>What Saia Doesn't Do</u>
✓ Links a significant portion of pay to Company performance	✗ No "single-trigger" change-of-control cash payments
✓ Encourages stock ownership by using stock ownership guidelines for all officers at two to five times their base salary	✗ No stock option repricing or option grants below market value
✓ Mitigates risk taking by emphasizing long-term equity incentives, placing caps on potential payments, and maintaining clawback provisions	✗ No hedging transactions, pledges or margin accounts with respect to Company stock
✓ Assesses executive compensation against a representative and relevant peer group to assist in setting compensation	✗ No excessive perquisites
✓ Uses an independent compensation consultant	✗ No significant Company cash payments upon death or disability
	✗ No tax gross-up provisions for our Named Executive Officers

COVID-19

At the beginning of 2020, the Company's plan for the year centered on execution, productivity and building density in new and existing markets. After reporting record profitability in the first quarter, second quarter results were impacted by the loss of volume we experienced as parts of the economy shut down in an effort to slow the spread of COVID-19. The decline in business activity in early spring was sudden and dramatic, but by the middle of the second quarter volumes had begun to stabilize. We experienced shipment and revenue declines of 10% in the second quarter, but management quickly adapted to the new environment, cut costs and found opportunities for improved efficiency and the Company remained profitable in the second quarter. Customer activity continued to build momentum in the second half of the year and the Company posted record quarterly earnings in both the third and fourth quarters of 2020. A summary of our financial and operating performance for 2020 compared to the two prior years is provided in the tables below.

While vaccines for COVID-19 have been developed and are in the process of being administered, it remains unclear how much longer the pandemic will continue and whether variants of COVID-19 will cause a significant increase in cases. There continues to be a significant level of uncertainty as to when and to what extent governments and other authorities will lift the measures taken to prevent the spread of the disease, and whether such measures may need to be re-instituted once lifted in the event COVID-19 continues to spread.

The pandemic created unprecedented challenges during 2020. From the outset of the pandemic, the Company was identified as an essential service provider, thus we operated throughout the pandemic. Our Named Executive Officers and other senior management of the Company have provided strong leadership through the pandemic. They implemented a number of measures that were designed to limit the adverse effect of the pandemic on our business and on our employees and customers. Such measures included:

- Providing additional paid time off in 2020 to support all hourly full time employees in the midst of the pandemic
- Maintaining all medical insurance plans for eligible employees and their families

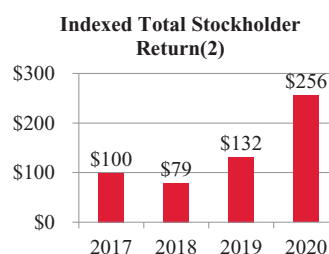
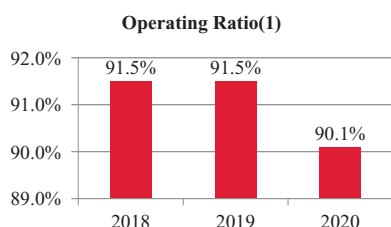
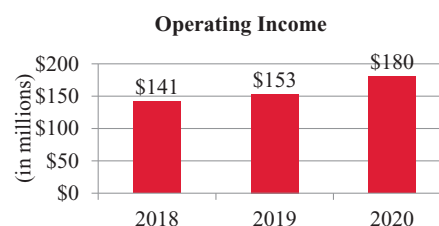
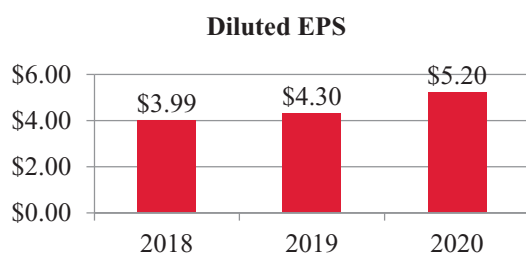
COMPENSATION DISCUSSION AND ANALYSIS

- Introducing new social distanced and touch-free operating protocols in addition to the distribution of personal protective equipment to our employees across our network to help our employees work safely
- Enhancing cleaning programs for our locations and equipment to limit potential exposure or transmission of the virus
- Shifting more than 1,000 employees to a work-from-home environment to reduce their workplace exposure to COVID-19
- Suspending the 401(k) plan for the second quarter of 2020, while also providing a one-time cash bonus of \$250 for virtually all employees
- Providing an annual incentive compensation program for all salaried employees for the full year of 2020 after suspending incentive programs in the first quarter of 2020. This allowed for full participation and shared performance objectives, but delayed payments to ensure that the Company maintained financial performance through the year

Despite the significant uncertainties concerning the long-term effect of the pandemic on our business, the Compensation Committee elected to make no changes to the executive compensation program in 2020 in response to the pandemic. This is largely the result of the stabilized revenues in the middle of the second quarter and the increased customer activity and strong financial performance in the second half of the year.

Financial and Operating Performance

The following graphs highlight Saia's financial and operating performance for fiscal years 2018-2020:



(1) Operating ratio is the calculation of operating expenses divided by operating revenue.

(2) \$100 invested on December 31, 2017 in the Company's common stock.

CEO Succession

On April 28, 2020, the date of the prior year annual meeting, Mr. O'Dell retired as Chief Executive Officer and Herbert A. Trucksess, III, retired as Chairman of the Board. On that date Mr. Holzgrefe became President and Chief Executive Officer and Mr. O'Dell became Chairman of the Board.

The Company entered into an Employment Agreement with Mr. Holzgrefe, effective on April 28, 2020, that provides for a minimum base salary of \$723,000 and participation in the Company's annual and long-term incentive compensation plans and other benefit plans of Saia. Mr. Holzgrefe's target annual incentive was set at 100% of base salary and his target long-term incentive was set at 200% of base salary. Mr. Holzgrefe's base salary and target annual incentive approximated the 25th percentile of compensation paid to peer group company CEOs and his target long-term incentive was between the 25th and 50th percentiles. The Board established these compensation levels based on the recommendation of the Compensation Committee and the review of peer group data provided by Mercer.

COMPENSATION DISCUSSION AND ANALYSIS

Mr. Holzgrefe's Employment Agreement provides that if he is terminated without Cause or leaves for Good Reason, he is entitled to severance benefits, including a cash payment equal to two times his annual rate of base salary, and he (and his spouse, as applicable) would remain covered for 24 months following such termination by certain employee benefit plans and programs. In addition, all stock options held by Mr. Holzgrefe would become fully exercisable for a period of two years following his termination (but not beyond the term of the option) and shares of restricted stock held for one year or more would vest pro rata over three years. The severance benefits are contingent on the execution by Mr. Holzgrefe of a release in favor of the Company and the compliance with non-disclosure, non-competition and non-solicitation provisions contained in the Employment Agreement.

In addition, effective April 28, 2020, Mr. Holzgrefe entered into a double trigger Executive Severance Agreement that provides him with certain severance benefits in the event of a Change of Control of the Company followed within two years by (i) the termination by the Company of Mr. Holzgrefe's employment for any reason other than death, disability, retirement or "cause" or (ii) the resignation of Mr. Holzgrefe due to an adverse change in title, authority or duties, a transfer to a new location more than 50 miles from the location where he was employed immediately prior to the Change of Control, a reduction in salary, or a reduction in fringe benefits or annual bonus below a level consistent with Saia's practice prior to the Change of Control. The severance benefits in such event include a lump sum payment equal to three times the highest base salary and annual cash bonuses paid or payable to him in any consecutive 12 month period during the three years prior to termination and the immediate vesting of all outstanding stock options, which options remain exercisable for one year. In addition, for three years following the employment termination Mr. Holzgrefe is deemed to remain an employee of the Company for purposes of applicable medical, life insurance and long-term disability plans and programs covering him.

Upon his retirement as Chief Executive Officer, Mr. O'Dell became non-executive Chairman of the Board on April 28, 2020. See "Director Compensation" for information on compensation paid to non-employee directors. Mr. O'Dell's Employment Agreement and Executive Severance Agreement both terminated as of April 28, 2020, except the restrictive covenants included in the Employment Agreement survive the termination. Mr. O'Dell will be reimbursed for the cost of health insurance coverage for himself and his spouse for 24 months following his retirement as CEO.

Executive Compensation Oversight

Role of Compensation Committee

Saia's executive compensation program is designed and administered by the Compensation Committee, which is made up entirely of independent directors. The Compensation Committee, with the assistance of Mercer, as independent compensation consultant to the Compensation Committee, annually reviews the Company's compensation philosophy, the overall design of the compensation program and the elements of each component of compensation. In making decisions about compensation for the Named Executive Officers as described in the compensation tables in this proxy statement, the Compensation Committee takes the following factors into consideration, among others, although none of these factors is determinative individually:

- The competitive environment for recruiting and retaining senior executives, including compensation trends, best practices, and executive compensation paid by our industry peers;
- The individual's performance, experience and future advancement potential;
- The Company's past financial and operating performance, as well as the strategic plan for future periods;
- The current economic conditions and the competitive market environment in which the Company operates;
- The Company's stock ownership and retention policies;
- Each Named Executive Officer's historical total compensation, including the value of all outstanding equity awards granted to the Named Executive Officer, and future compensation opportunities based on tally sheets; and
- Internal pay equity.

The Compensation Committee reviews and approves all elements of our executive compensation program, other than Mr. Holzgrefe's compensation, which is approved by the Board, based on an assessment of his performance conducted by the Board and based on the recommendation of the Compensation Committee. Mr. Holzgrefe makes

recommendations to the Compensation Committee as to elements of compensation for his direct reports and provides performance reviews to assist the Compensation Committee in setting executive compensation.

Role of Compensation Consultant

The Compensation Committee enters into a consulting agreement with its outside consultant on an annual basis. The Compensation Committee retained Mercer as its executive compensation consultant to provide information, analysis and recommendations regarding executive and director compensation. Mercer reports directly to the Compensation Committee and takes direction from the Committee. While it is necessary for Mercer to interact with management to gather information, the Committee has adopted protocols governing if and when the consultant's advice and recommendations can be shared with management. The Committee periodically meets with the Mercer consultant outside the presence of management to discuss executive compensation philosophy and specific levels of compensation and to ensure that Mercer receives from management the information required to perform its duties on a timely basis. The Committee formally evaluates the performance of Mercer on an annual basis and may terminate the services of Mercer at any time.

Additional Information

Additional information about the structure and practices of the Compensation Committee and role of the compensation consultant is presented under the heading *Corporate Governance – Board Committees, Compensation Committee* in this proxy statement.

Executive Compensation Philosophy

The Compensation Committee believes the executive compensation program should link pay with performance and should attract, motivate, reward and facilitate the retention of the executive talent required to achieve corporate objectives and to create value for the Company's stockholders. We align the interests of our executives with those of our stockholders through an annual incentive plan that uses annual metrics that we believe are important in determining our stock price and through long-term equity incentives in the form of performance shares, stock options and restricted stock. Our compensation program has achieved strong support from our stockholders with over 97.2% of the shares voting on the matter at the 2020 annual stockholders meeting having voted in favor of approval of the compensation of our Named Executive Officers, as disclosed in the 2020 proxy statement.

Executive Compensation Components

The specific components of Saia's executive compensation program are:

Component	Key Characteristics	Objective
Base Salary — Cash	Fixed compensation component. Reviewed annually and adjusted if and when appropriate.	Provide a fixed form of executive compensation for performing daily responsibilities.
Annual Incentives — Cash	Variable compensation component. Performance-based award opportunity, payable upon attaining specific corporate annual financial and operating targets.	Motivate and reward executives for corporate achievement of specific annual performance objectives.
Long-Term Incentives — Stock and Stock Options	Variable compensation component. Performance-based award opportunity, generally granted annually as a combination of performance shares, restricted stock and stock options. Amounts actually earned will vary based on stock price appreciation and corporate performance.	Motivate and reward executives over a three-to seven-year period for increased stockholder value. Also used for executive retention.
Other Benefits and Perquisites — Various Forms	Fixed compensation component.	Provide employee benefits consistent with those provided by the peer group and for executive retention.
Post-Employment Compensation — Cash and Benefits	Fixed compensation component.	Promote recruitment and retention and support non-competition, non-disclosure and non-solicitation agreements.

COMPENSATION DISCUSSION AND ANALYSIS

Pay equity

To create stockholder value and motivate its employees, the Company is committed to internal and external pay equity. To assess internal pay equity, the Compensation Committee annually reviews the relationship between the compensation of the Chief Executive Officer to that of other Named Executive Officers and salaried employees generally. During the past three years, the Chief Executive Officer's total direct compensation (salary and short- and long-term incentive awards) has been approximately 1.57 times the total direct compensation of the next highest paid Named Executive Officer, which the Committee believes is an appropriate multiple based on the additional responsibilities of the Chief Executive Officer. See also *CEO Pay Ratio*, elsewhere in this proxy statement. To test external pay equity, the Committee annually reviews compensation data for similar positions at peer group companies, described below, in the transportation industry with revenue levels comparable to Saia's and data from general industry surveys.

Compensation Review Peer Group

To assist the Compensation Committee in determining the design, components and levels of compensation for the Company's executive officers, the Committee annually reviews compensation data for similar positions at U.S. publicly-traded transportation companies with annual revenues of approximately one-half to three times Saia's revenues. The Committee focuses on these transportation peers because it believes transportation companies with a scale comparable to Saia's are our primary competitors for executive talent and provide a sound basis to assess Saia's executive compensation.

The peer group used in the review during 2020 was:

Company	Transportation Business	2019 Revenues (in millions)
Air Transport Services Group, Inc.	Air Freight & Logistics	\$1,452
ArcBest Corporation	Trucking	\$2,988
Covenant Transportation Group, Inc.	Trucking	\$ 885
Echo Global Logistics, Inc.	Air Freight & Logistics	\$2,185
Forward Air Corporation	Air Freight & Logistics	\$1,410
Hub Group, Inc.	Trucking	\$3,668
Kansas City Southern	Railroad	\$2,866
Landstar System, Inc.	Trucking	\$4,085
Marten Transport, Ltd.	Trucking	\$ 843
Old Dominion Freight Line, Inc.	Trucking	\$4,109
Roadrunner Transportation Systems, Inc.	Trucking	\$ 573
Universal Logistics Holdings	Trucking	\$1,512
US Xpress Enterprises, Inc.	Trucking	\$1,707
Werner Enterprises, Inc.	Trucking	\$2,464
Saia, Inc.	Trucking	\$1,787

Some of the peer group companies have substantial stock ownership by executives. If the stock ownership amounts were disclosed by the peer group company to have a material impact on their executive compensation levels, the specific compensation element is excluded from the competitive data and associated analysis as decided by Mercer.

EXECUTIVE COMPENSATION DECISIONS FOR 2020

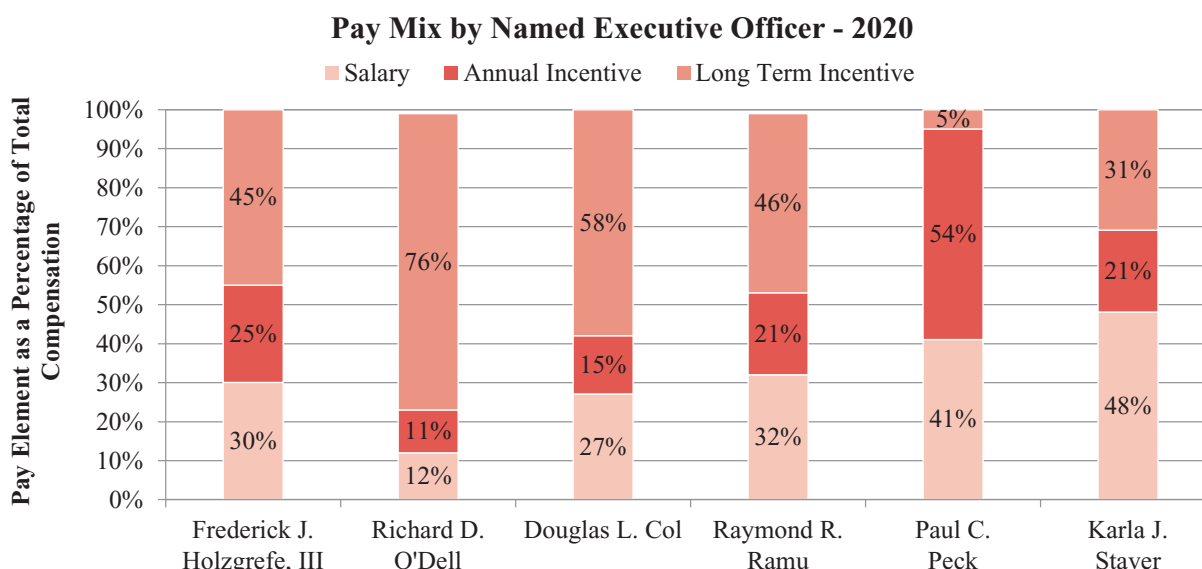
COVID-19

When the Compensation Committee finalized the 2020 executive compensation program, the potential spread of COVID-19, the onset of the pandemic and the resulting economic consequences were not known. As a result, the Committee designed the executive compensation program for 2020 based on our expectations for the year at that time. COVID-19 caused a sudden decrease in our revenues in the first part of the second quarter, but revenues began to stabilize by the middle part of the second quarter. Customer activity continued to build momentum in the second half of

the year and the Company posted record earnings in the third and fourth quarters of 2020. Our entire employee base, including our executive officers, performed extremely well through the challenges brought about by the pandemic. Our executives showed strong leadership by adopting many steps to address issues from the pandemic and to insure that the Company's business could continue to serve the needs of our customers. Despite uncertainties in the early stages of the pandemic as to how the Company would perform over the entire year and notwithstanding the challenges to our leadership team, the Compensation Committee elected to make no changes to the executive officer compensation program in 2020 in response to the pandemic. As a result, the elements of the 2020 executive compensation program detailed below, which were set before the onset of the pandemic, remained in place throughout the year.

Pay Mix

The following graph sets forth the key components of compensation and pay mix for the Named Executive Officers based on target payout levels for 2020:



Base Salary

Saia provides market competitive base salaries to attract and retain outstanding talent and to provide a fixed component of pay for our Named Executive Officers. The Compensation Committee uses the median of the peer group companies as the general reference point for base salaries because it believes the median is the best representation of competitive base salary levels in the market for similar roles and talent. In setting individual base salary levels, the Compensation Committee adjusts levels as it deems appropriate. Typical reasons for adjusting an individual officer's base salary above or below the market median include tenure of the officer in the position, job performance, pay mix, internal pay equity, additional responsibilities of the officer, executive retention and succession planning.

Changes made to base salaries of the Named Executive Officers for 2020 were as follows:

- Mr. Holzgrefe's base salary was increased from \$567,000 to \$723,000 in April 2020 in connection with his promotion to President and Chief Executive Officer.
- Mr. Col's base salary was set at \$375,000 in connection with his promotion to Vice President of Finance and Chief Financial Officer in January 2020.
- Mr. Peck's base salary was increased on January 1, 2020 from \$361,000 to \$375,000 based on a compensation market analysis and to incent continued focus on operational execution.

COMPENSATION DISCUSSION AND ANALYSIS

Annual Cash Incentives

Annual cash incentive awards are used to reward executives for achievement of corporate financial and operating targets for the year. The annual cash incentive awards provide for threshold, target and maximum payouts as a percentage of base salary for each executive.

The Compensation Committee uses the median of the peer group companies as the general reference point for target annual cash incentives because it believes the median is the best representation of competitive annual cash incentive levels in the market for similar roles and talent. In setting individual target annual cash incentive levels, the Compensation Committee has the discretion to adjust the target level as it deems appropriate. Typical reasons for adjusting an individual officer's target annual incentive level above or below the market median include tenure of the officer in the position, job performance, additional responsibilities of the officer, executive retention and succession planning. At the highest level of achievement, the annual cash incentive opportunity was 200% of the target in 2020. At a threshold level of performance, the incentive opportunity was 25% of the target in 2020, with no incentive earned if performance was below the threshold achievement level.

The Committee seeks to set the threshold, target and maximum performance goals at levels such that the relative likelihood that Saia will achieve such goals remains consistent from year to year. It is the intent of the Committee that the threshold goals should be attainable a majority of the time, target goals should, on average, be reasonably expected to be achieved and maximum goals should be attained a minority of the time. Establishing the expected performance goals relative to these criteria is inherently subject to considerable judgment on the part of the Committee.

Changes made to the annual cash incentive targets for the Named Executive Officers for 2020 were as follows:

- Mr. Holzgrefe's target annual incentive was increased from 85% to 100% of base salary in connection with his promotion to President and Chief Executive Officer in April 2020.
- Mr. Col's target annual incentive was set at 65% of base salary in connection with his promotion to Vice President of Finance and Chief Financial Officer in January 2020.
- Mr. Peck's target annual incentive was increased from 125% to 155% of base salary, based on a compensation market analysis and to incent continued focus on operational execution.

For 2020 the potential payout levels under the annual incentive awards for the Named Executive Officers were as follows:

Potential Payouts of Annual Incentives for 2020

Named Executive Officer	Title	Payout as a % of Base Salary		
		Threshold	Target	Maximum
Frederick J. Holzgrefe, III	President & Chief Executive Officer	25%	100%	200%
Richard D. O'Dell	Former Chief Executive Officer	30%	120%	240%
Douglas L. Col	Executive Vice President & Chief Financial Officer	16%	65%	130%
Raymond R. Ramu	Executive Vice President & Chief Customer Officer	18.75%	75%	150%
Paul C. Peck	Executive Vice President Operations	38.75%	155%	310%
Karla J. Staver	Vice President of Safety & Human Resources	12.5%	50%	100%

Robert S. Chambers resigned as Vice President and Chief Financial Officer on January 2, 2020. His annual payout as a percentage of base salary had a threshold of 15%, a target of 60% and a maximum of 120%.

Performance Targets and Actual Performance for 2020

For 2020, the annual cash incentive awards for the Named Executive Officers were based 50% on achieving an annual operating income target and 50% on achieving an annual operating ratio target. The Compensation Committee believes

COMPENSATION DISCUSSION AND ANALYSIS

using an operating income target rather than an earnings-per-share target more closely reflects actual performance of management for the year by eliminating the impact of changes to the effective tax rate. Saia uses operating ratio as a performance goal because it is an objective measure of profitability of Saia's business, is a common measure of profitability within the industry and can have a direct impact on Saia's stock price. Operating ratio is defined as operating expenses divided by operating revenue.

The operating income and operating ratio performance targets for 2020 were set by the Compensation Committee considering past performance, the strategic plan, current economic conditions and other forecasts of performance for the year. The performance targets and actual performance for 2020 were as follows:

	Threshold	Target	Maximum	Actual
Operating income (in millions) (50% weighting)	\$139.0	\$188.2	\$253.9	\$180.3
Operating ratio (50% weighting) ⁽¹⁾	92.9%	90.3%	87.0%	90.1%

(1) Operating ratio is the calculation of operating expenses divided by operating revenue.

Based on these results, the final payout of the annual incentive plan was 87.4% of target for 2020. See the "2020 Grants of Plan-Based Awards Table" that follows the Summary Compensation Table for additional information about annual cash incentive awards granted to the Named Executive Officers for 2020.

Long-Term Equity Incentives

The Compensation Committee provides long-term equity awards to the executive officers to align the interests of the executive with the interests of our stockholders, reward executives for achieving stockholder valuation increases over a multi-year period, and encourage executive retention. The long-term equity awards are provided through performance stock units, restricted stock and stock options.

Long-term equity awards are typically granted in early February each year on the third trading day following the release of the Company's financial results for the prior fiscal year. For new hires, the grant date is typically on or around their hire date.

Long-Term Equity Incentive Plan Targets

The Committee grants long-term equity awards for each Named Executive Officer based on a target percentage of base salary for such officer. The Compensation Committee uses the median of the peer group companies as the general reference point for target long-term equity awards because it believes the median is the best representation of competitive long-term equity incentive levels in the market for similar roles and talent. In setting individual target equity incentive levels, the Compensation Committee has discretion to adjust the target level as it deems appropriate. Typical reasons for adjusting an individual officer's target equity incentive level above or below the market median include tenure of the officer in the position, job performance, additional responsibilities of the officer, executive retention and succession planning.

Changes made to the target long-term equity incentive plan as a percentage of base salary for the Named Executive Officers for 2020 were as follows:

- Mr. Holzgrefe's target long-term incentive was increased from 180% to 200% of base salary in April 2020 in connection with his promotion to President and Chief Executive Officer effective for 2021 awards.
- Mr. Col's target long-term incentive was set at 100% of base salary in connection with his promotion as Vice President of Finance and Chief Financial Officer in January 2020.
- Effective January 1, 2020, Mr. Ramu's target long-term incentive was increased from 125% to 140% of base salary as a result of his performance and to adjust to market compensation levels.

COMPENSATION DISCUSSION AND ANALYSIS

For 2020 the target long-term equity incentive as a percentage of base salary for the Named Executive Officers was as follows:

Named Executive Officer	Title	Target as a % of Base Salary
Frederick J. Holzgrefe, III	President & Chief Executive Officer	180%
Richard D. O'Dell	Former Chief Executive Officer	240%
Douglas L. Col	Executive Vice President & Chief Financial Officer	100%
Raymond R. Ramu	Executive Vice President & Chief Customer Officer	140%
Paul C. Peck	Executive Vice President Operations	0%
Karla J. Staver	Vice President of Safety & Human Resources	60%

Robert S. Chambers resigned as Vice President and Chief Financial Officer on January 2, 2020. His annual target as a percentage of base salary was 100%.

Components of Long-Term Equity Incentive Awards

For 2020, 50% of a Named Executive Officer's long-term equity incentive opportunity was granted in performance stock units, 25% in stock options (valued using the Black-Scholes option pricing model), and 25% in restricted stock (valued using the intrinsic-value pricing model). The Committee believes this mix of awards appropriately balances relative and absolute stock performance, reflects competitive pay practices and promotes executive retention.

Why performance stock units?	Why options?	Why restricted stock?
<ul style="list-style-type: none"> Performance-based because the number of shares earned depends on stock price performance and the value of the shares fluctuates based on the stock price. The number of shares earned is tied to total stockholder return of the Company over a three-year period compared to a peer group, a key metric of executive performance. Rewards executives for increasing Saia's total stockholder return relative to Company peers over a three-year period. 	<ul style="list-style-type: none"> Performance-based because their value is tied solely to the Company's stock price, which directly correlates to Saia's stockholders' interests. Fosters an innovative environment focused on long-term growth of the Company and stockholder value. Declines in stock price following the grant of stock options have a negative impact on executive pay (i.e., when a stock option is "underwater" it has no value). Highly valued by employees and is an important retention tool. Stock ownership guidelines mitigate the perception that options may cause a focus on short-term stock price movement. 	<ul style="list-style-type: none"> Inherent value upon issuance mitigates significant employee compensation swings. Strong long-term executive retention incentive. Aligns executive's interests with stockholders and encourages appropriate degree of risk-taking consistent with long-term growth.

COMPENSATION DISCUSSION AND ANALYSIS

The long-term equity incentive awards made to the Named Executive Officers in 2020 were as follows:

Performance Stock Units

For 2020, 50% of the Named Executive Officers' long-term equity incentive opportunity was awarded in performance stock units, which are paid in shares of Saia stock. The role of performance stock units is to reward executives for long-term value creation relative to other transportation companies. The Compensation Committee believes that measuring Saia stock performance against that of a broad group of transportation companies over a multi-year period provides a key metric for assessing the long-term performance of Saia's Named Executive Officers. Providing a significant portion of long-term compensation on this basis also aligns the interests of the Named Executive Officers with the interests of our stockholders and helps insure against executives taking excessive or unnecessary risks that might threaten the long-term value of the Company.

The number of shares of stock that are granted to a participant is based on the total stockholder return of Saia compared to the total stockholder return of the companies in the broader transportation group over a three-year performance period. At the end of the performance period, the percentile rank of the Company's total stockholder return is calculated relative to the total stockholder return of each of the companies in the group. Because the performance period for each grant of performance stock units is three years, participants can have overlapping three-year award opportunities at any time.

Since the size of the companies is not critical in assessing relative total stockholder returns, the group used for comparison purposes for performance stock units (the "PSU Group") is comprised of U.S. publicly-traded companies in the broader transportation industry, regardless of revenues. The Committee believes using performance of the PSU Group provides a wider spectrum from which to assess management performance. The companies included in the PSU Group for open performance periods are as follows:

Air Transport Services Group, Inc.	Landstar Systems, Inc.
ArcBest Corporation	Marten Transport, Ltd.
Celadon Group, Inc. (through December 13, 2019)	Old Dominion Freight Line, Inc.
CH Robinson Worldwide, Inc.	P.A.M. Transportation Services, Inc.
Covenant Transport, Inc.	Roadrunner Transportation Services, Inc.
Echo Global Logistics, Inc.	Ryder System, Inc.
FedEx Corporation	United Parcel Service, Inc.
Forward Air Corporation	Universal Logistics Holdings, Inc.
Genesee & Wyoming, Inc. (through December 27, 2019)	US Xpress, Inc. (effective January 1, 2019)
Heartland Express, Inc.	USA Truck Inc.
Hub Group, Inc.	Werner Enterprises, Inc.
J.B. Hunt Transport Services, Inc.	XPO Logistics, Inc.
Kansas City Southern	YRC Worldwide, Inc.
Kirby Corporation	
Knight – Swift Transportation Holdings, Inc. (effective September 11, 2017)	

For the performance periods beginning in 2018, 2019 and 2020, the payouts of performance stock units will be determined as follows:

Percent Rank of Saia's Total Stockholder Return Compared to PSU Group	Payout Percentage of Target Incentive
At 75th percentile or higher	200%
At 50th percentile	100%
At 25th percentile	25%
Below 25th percentile	0%

The payout associated with the Company's percentile rank is based on the chart above with payouts interpolated for performance between the 25th and 50th percentiles and the 50th and 75th percentiles.

COMPENSATION DISCUSSION AND ANALYSIS

For awards made in 2019 and 2020, if the Company's total stockholder return for the three-year performance period is negative, any payouts of the target incentive are reduced by half. For example, if the Company's total stockholder return over the three-year period is negative, but the Company's total stockholder return compared to the PSU Group is at the 50th percentile, the associated payout percentage will be 50%, not 100%. Previously, if the Company's total stockholder return over the performance period was negative, no payouts of performance stock units were made for the performance period, even if Company performance was strong compared to the PSU Group. Given the cyclical nature of the transportation industry, the Compensation Committee made this change to continue to provide an incentive under the plan in the case of an economic downturn affecting the entire industry and to conform to peer group practice generally.

The following table details the payout percentages compared to target of the performance stock units paid out the last three years:

Payout Month	Performance Period	Payout Percentage of Target Incentive
February 2021	2018 to 2020	200%
February 2020	2017 to 2019	200%
February 2019	2016 to 2018	200%

In February 2020, the Company granted performance stock units for 19,829 shares (at target) to the Named Executive Officers, representing 61% of the total target units granted at that time. See the "2020 Grants of Plan-Based Awards Table" that follows the Summary Compensation Table for additional information about performance stock units granted to the Named Executive Officers in 2020.

See the "Potential Payments Upon Termination or Change in Control" section for a description of the effect of termination of employment or a change in control of the Company have on the performance stock units awarded to the Named Executive Officers.

Stock Options

The role of stock options is to reward executives for increasing absolute long-term stockholder value. For 2020, the value of each stock option award was equal to 25% of the target long-term equity incentive award for the executive using the Black-Scholes option pricing model. The exercise price of the stock options is equal to the closing share price of Saia common stock on NASDAQ on the grant date. The Company's Omnibus Incentive Plan strictly prohibits re-pricing of stock options. All stock options granted have been non-qualified stock options.

All stock options vest based on the passage of time, subject to earlier vesting upon a change in control and, as to Mr. Holzgrefe, subject to his employment agreement described below. The Committee believes time-vested options encourage long-term value creation and executive retention because generally executives can realize value from such options only if the Company's stock price increases after grant and they remain employed at Saia at least until the options vest. Providing for a vesting period over a number of years also helps ensure against executives taking excessive or unnecessary risks that might threaten the long-term value of the Company.

In February 2020, the Company granted a total of 29,830 stock options to the Named Executive Officers, representing 61% of the total stock options granted at that time. Stock options granted in February 2020 vest one-third each year on the anniversary of the grant date and have a seven-year term, after which, if not exercised, the option expires. See the "2020 Grants of Plan-Based Awards Table" that follows the Summary Compensation Table for additional information about the specific stock option grants made to the Named Executive Officers in 2020.

See the "Potential Payments Upon Termination or Change in Control" section for a description of the effect a termination of employment or a change in control of the Company have on the stock options awarded to the Named Executive Officers.

Restricted Stock Awards

The Committee uses restricted stock as a part of the long-term equity incentive plan to help reduce significant executive compensation swings, for executive retention and to better align the Company's long-term compensation practices with its peers. The value of restricted stock grants in 2020 under the long-term equity incentive plan was equal to 25% of the target long-term equity incentive award for the executive. In February 2020, the Company granted a total of 9,914 shares of restricted stock to the Named Executive Officers, representing 61% of the total restricted stock awards granted at that time. These restricted stock grants have a three-year cliff vesting schedule subject to earlier vesting upon death, disability and retirement. See the "2020 Grants of Plan-Based Awards Table" that follows the Summary Compensation Table for additional information on restricted stock grants made to the Named Executive Officers in 2020.

The Company also uses restricted stock grants from time to time to address concerns about long-term executive retention, as part of a total compensation package granted to an executive upon initial hiring and to recognize the significant promotion of an executive. These restricted stock grants have historically vested over a five year period in order to promote executive retention. In connection with his promotion to Executive Vice President and Chief Financial Officer, Mr. Col received a grant of 4,185 shares of restricted stock on July 31, 2020 with an initial valuation of \$500,000, which vest over five years.

See the "Potential Payments Upon Termination or Change in Control" section for a description of the effect a termination of employment or a change in control of the Company have on the restricted stock granted to the Named Executive Officers.

Other Benefits and Perquisites

Benefits

The Company provides customary employee benefits to substantially all employees, including the Named Executive Officers. These benefits include paid holidays and vacation, medical, disability and life insurance and a defined contribution retirement plan. The defined contribution retirement plan is a 401(k) savings plan to which employees may elect to make pre-tax contributions. The Company has the discretion to match 50% of all employee contributions, up to a maximum employee contribution of 6% of annual salary.

Deferred Compensation Plan

The Company has established for officers (including all of the Named Executive Officers) and certain other employees a Capital Accumulation Plan, which is a non-qualified deferred compensation plan. The Capital Accumulation Plan was implemented to motivate and retain key employees by providing them with greater flexibility in structuring the timing of their compensation and tax payments. The Compensation Committee believes that the Capital Accumulation Plan provides a valuable benefit to senior executives with minimal cost to the Company.

The Capital Accumulation Plan allows a participant to make an elective deferral each year of up to 50% of base salary and up to 100% of any annual incentive plan payment. The Company typically makes an annual discretionary contribution under the Capital Accumulation Plan for each participant equal to 5% of his or her base salary and annual incentive payment, which contribution is subject to a five year vesting period. In addition, to the extent a participant's contribution to the 401(k) savings plan is limited under restrictions placed on "Highly Compensated Employees" under ERISA, the participant may elect to contribute the amount so limited to the Capital Accumulation Plan. To the extent the Company is unable to match participant contributions under the 401(k) savings plan because of the ERISA limitations, the matching contributions will be made by the Company to the Capital Accumulation Plan.

The Capital Accumulation Plan provides the same investment options to participants as are available under the 401(k) savings plan, except that participants may also elect to invest in Saia stock under the Capital Accumulation Plan. Participants may elect to transfer balances between investment options without restriction at any time throughout the year, except that any investment in Saia stock is an irrevocable election and upon distribution that investment will be paid out in Saia stock, rather than cash. Vested plan balances become distributable to the participant upon termination of employment subject to Section 409A of the Internal Revenue Code.

COMPENSATION DISCUSSION AND ANALYSIS

Perquisites

The types and amounts of perquisites provided to the Named Executive Officers are determined by the Compensation Committee with input from Mercer based on perquisites granted to comparable officers by companies in the executive compensation peer group. The Company provides these perquisites because many companies in the peer group provide similar perquisites to their Named Executive Officers and because the Committee believes they are important for executive retention. However, the perquisites that the Company provides are generally fewer and less costly than those provided by members of the peer group. The value of the perquisites provided to the Named Executive Officers for 2020 are set forth in the “All Other Compensation” column of the Summary Compensation Table.

Post-Employment Compensation

Severance Agreements

Commencing in February 2015, all stock option grants (including those made to each of the Named Executive Officers other than the Chief Executive Officer) contain non-competition and employee and customer non-solicitation provisions, as well as provisions designed to protect Saia’s intellectual property. To provide an additional incentive for executives to agree to the restrictive covenants, the Company entered into a severance agreement with each executive who received a stock option grant (other than the Chief Executive Officer) that generally provides for severance payments equal to base salary over the non-compete period in the event the executive’s employment is involuntarily terminated without cause as defined in the agreements. To receive the severance payments, the executive must sign a general release of claims against the Company and must comply with the executive’s obligations under any other agreement with the Company, including the restrictive covenants in the executive’s stock option agreement. (Mr. Holzgrefe’s severance arrangements are governed by the terms of his employment agreement and Change in Control Agreement.)

Double Trigger Change in Control Agreements

The Company has change in control agreements with each of the Named Executive Officers (the “Change in Control Agreements”). The Compensation Committee believes the Change in Control Agreements are an important part of Saia’s overall compensation program for the Named Executive Officers because they help secure the continued employment and dedication of the Named Executive Officers notwithstanding any concern the executive might have regarding their own continued employment in the event of a potential change in control transaction.

The Change in Control Agreements include a “double trigger,” meaning they provide for severance payments and other benefits only if there is a change in control of the Company and only if after the change in control the executive’s employment is terminated involuntarily (other than for cause) or voluntarily with good reason within two years after the change in control. The Change in Control Agreements are reviewed periodically by the Committee to ensure they are consistent with the Company’s compensation philosophy. The Committee also receives input from Mercer and outside legal counsel to confirm that the agreements remain generally consistent with competitive practices.

The amount of the severance payments and benefits under these agreements are based on peer group and general industry practices and are described in the “Potential Payments Upon Termination or Change in Control” section of this proxy statement.

Employment Agreement

To promote executive retention, continuity and stability in the Company’s leadership and help support certain non-competition and non-solicitation provisions, the Company entered into an employment agreement with Mr. Holzgrefe at the time he was named Chief Executive Officer in April 2020. The employment agreement is for a two-year initial term (renewing daily) and provides for a minimum base salary that is to be reviewed annually, participation in the Company’s annual and long-term incentive plans, other benefits that are provided to senior executives of Saia and severance benefits in the event of Mr. Holzgrefe’s employment termination under certain circumstances. All severance benefits under the employment agreement are conditioned upon Mr. Holzgrefe’s compliance with the non-disclosure, non-competition and employee and customer non-solicitation provisions of the employment agreement. The material terms of the employment agreement are reviewed periodically by the Committee

with input from Mercer and outside legal counsel to confirm that they remain generally consistent with competitive practices. The payments to be made to Mr. Holzgrefe under his employment agreement upon termination of employment or a change in control of the Company are described in the “Potential Payments Upon Termination or Change in Control” section of this proxy statement.

2021 Compensation Plan

In determining compensation for the Named Executive Officers for 2021, the Compensation Committee considered the results of the “say-on-pay” vote at the 2020 annual meeting of stockholders, at which holders of 97.2% of Saia’s stock voting on the matter approved, on an advisory basis, the compensation paid to Saia’s Named Executive Officers as described in the 2020 proxy statement. Based in part on this level of support by our stockholders, the Compensation Committee did not change the executive compensation philosophy or the structure of the annual or long-term incentive plans for 2021. The Company implemented an approximate 3.5% salary and wage increase for all Saia employees, including the Named Executive Officers, on January 1, 2021. In addition, the executive compensation for certain Named Executive Officers was adjusted as described below.

- On February 8, 2021, retroactive to January 1, 2021, the Board approved an increase in Mr. Holzgrefe’s compensation with base salary set to \$825,000, target annual incentive set to 100% of base salary and long-term incentive set to 250% of base salary. The compensation increase was based on Mr. Holzgrefe’s performance since becoming Chief Executive Officer in April 2020 and to set his compensation approximately at the median compensation paid to Chief Executive Officers by peer group companies and in general industry. See “CEO Succession” above for additional information concerning Mr. Holzgrefe’s compensation and the terms of his employment agreement.
- On October 27, 2020, the Board approved an increase in Mr. Col’s compensation with base salary set to \$425,000, target annual incentive set to 70% of base salary and long-term incentive set to 135% of base salary, effective January 1, 2021. The compensation increase was based on Mr. Col’s performance since being Chief Financial Officer in January 2020. Following the Company-wide salary and wage increase effective on January 1, 2021, Mr. Col’s base salary was set to \$437,750.

Risk Assessment in Compensation Programs

The Compensation Committee regularly assesses the Company’s executive and broad-based compensation and benefits programs, policies and practices to determine if they create undesired or unintended risk of a material nature. Although the Committee reviews all executive compensation programs, it focuses on those programs with variability of payout, and reviews the ability of a participant to directly affect payout, the controls on participant action and actual payouts.

Based on that assessment, the Compensation Committee concluded that the Company’s compensation programs are designed and administered with an appropriate balance of risk and reward in relation to the Company’s business strategy and do not encourage executives to take unnecessary or excessive risks. The following features of the compensation programs help to mitigate risk taking:

- A mix of short- and long-term compensation, particularly incentive compensation, to encourage executives to focus on goals consistent with the interests of Saia stockholders.
- Short-term incentives in the form of an annual cash bonus based on annual Company performance, with caps to eliminate windfall payouts.
- Long-term incentives awarded in performance stock units based on Company stock price performance over a three-year period relative to Company peers, stock options and restricted stock, rewarding longer-term financial performance consistent with the interests of Saia stockholders.
- Performance stock units that are settled in common stock of the Company with a cap on the number of shares that can be awarded.
- Stock ownership guidelines that encourage executives to retain significant amounts of Saia common stock, thereby aligning the long-term interests of management with those of the stockholders.

COMPENSATION DISCUSSION AND ANALYSIS

- A clawback policy to provide for the recovery of incentive compensation awarded to an officer or executive of Saia if the result of a performance measure upon which the award was based is subsequently restated or otherwise adjusted in a manner that would reduce the size of the award. The clawback policy also provides for recoupment under certain circumstances involving improper conduct by the executive.
- A policy that prohibits executives from engaging in short sales of Saia common stock or in transactions involving puts, calls, or other derivative securities of the Company or in hedging transactions with respect to the Company's stock. The policy also restricts executives from holding stock in margin accounts and from pledging stock of the Company.

Other Compensation Policies

Stock Ownership Guidelines

Because the Company is committed to aligning the executives' interests with those of Saia stockholders, the Board has adopted stock ownership guidelines for all officers who are eligible to receive long-term incentives, including all of the Named Executive Officers. The number of shares each officer is required to retain is determined by multiplying his or her current base salary by the multiple noted below and dividing by the current share price. The current guidelines for the Named Executive Officers are as follows:

Name	Title	Multiple of Salary	Compliance ⁽¹⁾
Frederick J. Holzgrefe, III	President & Chief Executive Officer	5	Yes
Richard D. O'Dell	Former Chief Executive Officer	—	(2)
Douglas L. Col	Executive Vice President & Chief Financial Officer	2.5	Yes
Robert S. Chambers	Former Vice President & Chief Financial Officer	—	(3)
Raymond R. Ramu	Executive Vice President & Chief Customer Officer	2	Yes
Paul C. Peck	Executive Vice President Operations	2	Yes
Karla J. Staver	Vice President of Safety & Human Resources	2	(4)

(1) As of December 31, 2020.

(2) Mr. O'Dell ceased being an executive officer in April 2020.

(3) Mr. Chambers left the Company in January 2020.

(4) Ms. Staver became an executive officer in 2019. She has until 2024 to meet her guideline.

Executives are to satisfy the guidelines within five years of becoming subject to the guidelines. Until the guidelines are met, executives are encouraged to hold 75% of the realized share value (net of taxes) attributable to option exercises, performance stock unit payouts and vesting in restricted stock. The Compensation Committee monitors the progress toward, and continued compliance with, the stock ownership guidelines on a regular basis. The types of equity counted for purposes of the stock ownership guidelines are common stock, including restricted stock, and Company stock units held in the deferred compensation plan.

Although there are no formal penalties for not fulfilling the requirements of the ownership guidelines, non-compliance may affect future equity awards. The foregoing sets forth the Company's current ownership guidelines for executives. The Board (or any committee designated by the Board) may, at any time, amend, modify or terminate the guidelines in full or in part. The Board (or any committee designated by the Board) may also grant waivers of the guidelines in the event of special circumstances or as otherwise determined advisable or in the best interest of the Company in given circumstances.

Prohibition Against Short Sales, Hedging and Margin Accounts

Under the Company's insider trading policy, Saia employees, including the Named Executive Officers, and Saia directors, are prohibited from engaging in short sales of Saia common stock or in transactions involving puts, calls, or other derivative securities or in hedging transactions (such as zero-cost collars and forward sale contracts) with respect

to the Company's stock. Additionally, such employees, including the Named Executive Officers, and directors are prohibited from holding Saia stock in a margin account and from pledging Saia common stock as collateral for indebtedness.

Clawback Policy

The Board of Directors has adopted a policy that authorizes the Company, at the direction of the Compensation Committee, to seek to recover incentive compensation awarded to an officer or executive of Saia if the result of a performance measure upon which the award was based is subsequently restated or otherwise adjusted in a manner that would reduce the size of the award. In addition, if an officer or executive of Saia engages in "Improper Conduct" (as defined under the policy), Saia may, within three years following the payment or vesting of incentive compensation, seek recovery of such incentive compensation. In such instance, the Company may also cancel any unpaid or unvested incentive compensation. The Compensation Committee has discretion to determine whether to seek recovery in a given situation based on a number of factors, including an assessment of the relative costs and benefits of seeking the recovery, whether seeking the recovery may violate applicable law or otherwise prejudice Saia's interests, and such other factors as it deems relevant.

Tax Policies

Historically, the Compensation Committee structured annual and long-term incentives with the intention of satisfying the performance-based exemption from Section 162(m) of the Internal Revenue Code in order to deduct for tax purposes compensation paid to certain executive officers in excess of \$1 million. Federal legislation signed into law on December 22, 2017, referred to as the Tax Cuts and Jobs Act, repealed the exemption from Section 162(m)'s deduction limit for performance-based compensation, effective for taxable years beginning after December 31, 2017. As a result, compensation granted or paid in 2018 or thereafter to the Named Executive Officers may not be fully deductible for income tax purposes.

In establishing the compensation for executive officers, the Compensation Committee believes that the potential deductibility of the compensation should be only one of a number of relevant factors taken into consideration, and not the sole or primary factor. The Committee believes that executive compensation must be maintained at the requisite level to attract and retain the executive officers essential to Saia's financial success and, as a result, retains the flexibility to award compensation that it determines to be consistent with the goals of our executive compensation program even if the compensation is not deductible by Saia for tax purposes.

Section 409A of the Internal Revenue Code regulates deferred compensation that was not earned and vested prior to 2005. The Committee considers Section 409A in determining the form and timing of compensation paid to executives.

Sections 280G and 4999 of the Internal Revenue Code limit Saia's ability to take a tax deduction for certain "excess parachute payments" (as defined in Code Sections 280G and 4999) and impose excise taxes on each executive that receives "excess parachute payments" related to his or her severance from the Company in connection with a change in control. The Committee considers the adverse tax liabilities imposed by Code Sections 280G and 4999, as well as other competitive factors, in structuring certain post-termination compensation payable to the Named Executive Officers. The potential adverse tax consequences to the Company and/or the executive, however, are not necessarily determinative factors in such decisions.

Accounting Policies

The Company accounts for its employee stock-based compensation awards in accordance with ASC Topic 718, *Compensation-Stock Compensation*. ASC Topic 718 requires that all employee stock-based compensation is recognized as a cost in the financial statements and that for equity-classified awards such costs are measured at the grant date fair value of the award.

Compensation Committee Report of SAIA, Inc.

The Compensation Committee of the Board of Directors of the Company has submitted the following report for inclusion in this Proxy Statement:

Our Committee has reviewed and discussed the Compensation Discussion and Analysis contained in this Proxy Statement with management. Based on the Committee's review of and the discussions with management with respect to the Compensation Discussion and Analysis, the Committee recommended to the Board of Directors that the Compensation Discussion and Analysis be included in the Company's Annual Report on Form 10-K and in this Proxy Statement.

The foregoing report is provided by the following directors, who constitute the Committee:

Compensation Committee Members
Randolph W. Melville, Chair
Di-Ann Eisnor
Jeffrey C. Ward

Summary Compensation Table

The following table sets forth the compensation awarded to, earned by or paid to the Named Executive Officers for services rendered in all capacities within Saia during the fiscal years ended December 31, 2020, 2019 and 2018.

Name & Principal Position	Year	Salary (\$)	Bonus (\$)	Stock Awards (\$) ⁽¹⁾	Option Awards (\$) ⁽²⁾	Non-Equity Incentive Plan Compensation (\$)	All Other Compensation (\$) ⁽³⁾	Total (\$)
Frederick J. Holzgrefe, III, President & Chief Executive Officer (PEO)	2020	664,320	—	765,428	184,711	563,137	76,575	2,254,170
	2019	556,118	—	742,507	203,063	256,244	68,232	1,826,164
	2018	506,891	—	637,485	192,730	466,281	55,618	1,859,005
Richard D. O'Dell, Former Chief Executive Officer (PEO) ⁽⁴⁾	2020	328,320	—	1,576,847	380,514	306,042	100,968	2,692,691
	2019	850,601	—	1,530,047	418,384	554,276	100,461	3,453,769
	2018	749,196	—	1,108,539	335,141	827,008	76,767	3,096,651
Douglas L. Col Executive Vice President & Chief Financial Officer (PFO) ⁽⁵⁾	2020	368,445	—	700,598	68,001	211,122	41,612	1,389,778
Robert S. Chambers Former Vice President & Chief Financial Officer (PFO) ⁽⁶⁾	2020	22,164	—	—	—	—	3,145	25,308
	2019	230,289	175,000	449,986	—	—	9,396	864,670
Raymond R. Ramu, Executive Vice President & Chief Customer Officer	2020	463,512	—	487,273	117,675	303,833	56,231	1,428,523
	2019	455,039	—	421,866	115,478	184,987	49,688	1,227,057
	2018	415,648	—	307,483	93,042	254,898	40,676	1,111,747
Paul C. Peck Executive Vice President Operations ⁽⁷⁾	2020	386,250	—	—	—	508,013	48,874	943,137
	2019	354,834	—	—	—	270,469	35,905	661,208
	2018	279,322	—	97,922	29,669	160,804	33,253	600,971
Karla J. Staver Vice President of Safety & Human Resources ⁽⁸⁾	2020	335,016	—	150,701	36,412	146,402	29,099	697,629
	2019	345,050	—	199,979	—	51,032	26,729	622,790

(1) Stock Awards are comprised of performance stock units and restricted stock. Valuation is based on aggregate grant date fair value computed in accordance with FASB ASC Topic 718. See Note 8 to the Consolidated Financial Statements in the Annual Report on Form 10-K for the year ended December 31, 2020 for valuation assumptions used. At maximum performance levels for the performance stock units, these values for Mr. Holzgrefe would be: 2020: \$1,352,803; 2019: \$1,373,750; 2018: \$1,167,491; for Mr. O'Dell: 2020: \$2,786,619; 2019: \$2,830,692; 2018: \$2,030,113; for Mr. Col: 2020: \$496,975; for Mr. Ramu: 2020: \$861,140; 2019: \$780,419; 2018: \$563,193; for Mr. Peck: 2018: \$179,335; for Ms. Staver: 2020: \$266,417; 2019: \$0.

(2) Valuation is based on aggregate grant date fair value of the awards as computed in accordance with FASB ASC Topic 718. See Note 8 to the Consolidated Financial Statements in the Annual Report on Form 10-K for the year ended December 31, 2020 for valuation assumptions used.

(3) All other compensation amounts received by each Named Executive Officer for 2020 are set forth below:

Name	Perquisites & Other Personal Benefits (\$) ⁽¹⁾	Car Allowance (\$)	Company Contributions to Defined Contribution Plans (401(k)) (\$)	Company Contributions to Defined Contribution Plans (Def. Comp.) (\$)	Life Insurance Premiums (\$)
Frederick J. Holzgrefe, III	8,162	6,638	8,550	51,120	2,105
Richard D. O'Dell	2,499	4,200	8,550	83,880	1,838
Douglas L. Col	5,228	7,114	5,742	21,250	2,279
Robert S. Chambers	856	1,800	469	—	20
Raymond R. Ramu	7,479	3,532	8,481	35,497	1,242
Paul C. Peck	7,276	3,702	8,550	25,782	3,564
Karla J. Staver	40	4,167	6,038	16,532	2,322

(1) Payment of country club dues, relocation, fuel and tax preparation reimbursements.

SUMMARY COMPENSATION TABLE

- (4) Mr. O'Dell retired as Chief Executive Officer on April 28, 2020.
- (5) Mr. Col was not a Named Executive Officer in the Company's 2020 and 2019 Proxy Statements. Therefore, this table does not provide 2019 and 2018 data for him.
- (6) Mr. Chambers was not a Named Executive Officer in the Company's 2019 Proxy Statement. Therefore, this table does not provide 2018 data for him. Mr. Chambers resigned as Vice President and Chief Financial Officer, and left the Company on January 2, 2020. Mr. Chambers' stock awards were cancelled in connection with his departure from the Company.
- (7) Mr. Peck will cease serving as Executive Vice President Operations on March 31, 2021 and will support a transition through his retirement date of July 1, 2021.
- (8) Ms. Staver was not a Named Executive Officer in the Company's 2019 Proxy Statement. Therefore, this table does not provide 2018 data for her.

Summary Compensation Table Narrative

Employment Agreement

The Company is a party to an employment agreement with Mr. Holzgreffe, dated April 28, 2020, that was entered into at the time he became Chief Executive Officer. The employment agreement is for a two year initial term (renewing daily) and provides for a base salary that is to be reviewed annually, with the amount of such base salary not to decrease from the rate then in effect without Mr. Holzgreffe's consent. The agreement also provides that Mr. Holzgreffe is to participate in the Company's annual bonus plan, long-term incentive award plan and other benefits that are or may become available to senior executives of Saia. Mr. Holzgreffe's agreement includes non-competition and customer and employee non-solicitation provisions that continue during the term of Mr. Holzgreffe's employment and until two years after the date he ceases to be employed by the Company. The agreement also includes provisions designed to protect the intellectual property of Saia. See "Potential Payments Upon Termination or Change in Control — Employment Agreement — Frederick J. Holzgreffe, III" for additional information concerning benefits available upon termination of employment or a change in control.

Stock Awards

Stock Awards are comprised of performance stock units and restricted stock. Participants receiving performance stock units are eligible to receive shares of common stock based on the total stockholder return of Saia compared to the total stockholder return of a peer group of companies over a three-year performance period. The number of shares of common stock that can be received ranges from zero to 200% of the target shares. Shares of restricted stock typically vest over three to five years. Stock Award for Mr. Col is a grant of 4,185 shares of restricted stock made in July 2020 in connection with his promotion to Executive Vice President and Chief Financial Officer. See "Grants of Plan-Based Awards" for information regarding performance stock units and restricted stock granted in 2020. See "Compensation Discussion and Analysis" for more information concerning performance stock units and restricted stock. See "Potential Payments Upon Termination or Change in Control" for information concerning benefits available upon termination of employment or a change in control.

Option Awards

The exercise price of stock options is the last sale price of Saia stock on Nasdaq on the grant date. Options granted in 2020 vest one-third each year on the anniversary of the grant date and expire seven years after their grant date. Options granted in 2018 and 2019 vest in full three years after the grant date and expire seven years after their grant date. See "Grants of Plan-Based Awards" for information on stock options granted in 2020. See "Compensation Discussion and Analysis" for more information on the stock option component of our long-term equity incentive plan. See "Potential Payments Upon Termination or Change in Control" for additional information that could affect the vesting and other terms of the stock options.

Non-Equity Incentive Plan Compensation

Amounts shown in this column represent amounts earned under the Company's annual cash incentive plan. The plan provides for cash payments to participants based 50% on achieving the Company's annual operating income target for the year and 50% on achieving the Company's operating ratio target for the year. See "Compensation Discussion and Analysis" for more information concerning the annual cash incentive plan.

Grants of Plan-Based Awards

The following table sets forth the detail of grants of plan-based awards to Saia's Named Executive Officers for services rendered in all capacities during the fiscal year ended December 31, 2020.

2020 GRANTS OF PLAN-BASED AWARDS TABLE

Name	Grant Type ⁽¹⁾	Grant Date	Estimated Possible Payouts Under Non-Equity Incentive Plan Awards			Estimated Future Payouts Under Equity Incentive Plan Awards			All Other Stock Awards: Number of Shares of Stock or Units ⁽²⁾	All Other Option Awards: Number of Securities Underlying Options	Exercise Price of Option Awards (\$/Sh)	Grant Date Fair Value of Stock and Option Awards (\$) ⁽³⁾
			Threshold (\$)	Target (\$)	Maximum (\$)	Threshold (#)	Target (#)	Maximum (#)				
Frederick J. Holzgrefe, III	ACI	1/31/20	166,100	664,300	1,328,600	—	—	—	—	—	—	—
	SO	2/6/20	—	—	—	—	—	—	—	7,660	100.20	184,711
	PSU	2/6/20	—	—	—	1,273	5,093	10,186	—	—	—	510,319
	RS	2/6/20	—	—	—	—	—	—	2,546	—	—	255,109
Richard D. O'Dell	ACI	1/31/20	98,500	394,000	788,000	—	—	—	—	—	—	—
	SO	2/6/20	—	—	—	—	—	—	—	15,780	100.20	380,514
	PSU	2/6/20	—	—	—	2,623	10,491	20,982	—	—	—	1,051,198
	RS	2/6/20	—	—	—	—	—	—	5,246	—	—	525,649
Douglas L. Col	ACI	1/31/20	59,900	239,500	479,000	—	—	—	—	—	—	—
	SO	2/6/20	—	—	—	—	—	—	—	2,820	100.20	68,001
	PSU	2/6/20	—	—	—	468	1,871	3,742	—	—	—	187,474
	RS	2/6/20	—	—	—	—	—	—	936	—	—	93,787
	RS	7/31/20	—	—	—	—	—	—	4,185	—	—	419,337
Raymond R. Ramu	ACI	1/31/20	86,900	347,600	695,300	—	—	—	—	—	—	—
	SO	2/6/20	—	—	—	—	—	—	—	4,880	100.20	117,675
	PSU	2/6/20	—	—	—	811	3,242	6,484	—	—	—	324,848
	RS	2/6/20	—	—	—	—	—	—	1,621	—	—	162,424
Paul C. Peck	ACI	1/31/20	149,700	598,700	1,197,400	—	—	—	—	—	—	—
Karla J. Staver	ACI	1/31/20	41,900	167,500	335,000	—	—	—	—	—	—	—
	SO	2/6/20	—	—	—	—	—	—	—	1,510	100.20	36,412
	PSU	2/6/20	—	—	—	251	1,003	2,006	—	—	—	100,501
	RS	2/6/20	—	—	—	—	—	—	501	—	—	50,200

Note: Robert S. Chambers resigned as Vice President and Chief Financial Officer on January 2, 2020 and received no grants of plan based awards in 2020.

(1) Type of Awards

ACI: Annual Cash Incentive
 PSU: Performance Stock Unit
 RS: Restricted Stock
 SO: Stock Option

GRANTS OF PLAN-BASED AWARDS

Annual Cash Incentive awards were granted under the Saia, Inc. Annual Cash Bonus Plan. All other awards were granted under the Second Amended and Restated Saia, Inc. 2018 Omnibus Incentive Plan. See the Summary Compensation Table Narrative for additional information on these types of awards.

- (2) Shares of restricted stock granted on February 6, 2020 vest 100% on February 6, 2023. Shares of restricted stock granted on July 31, 2020 vest over five years.
- (3) Valuation is based on aggregate grant date fair value computed in accordance with FASB ASC Topic 718. See Note 8 to the Consolidated Financial Statements in the Annual Report on Form 10-K for the year ended December 31, 2020 for valuation assumptions used.

Grants of Plan-Based Awards Table Narrative

Estimated Possible Payouts Under Non-Equity Incentive Plan Awards

Amounts shown in this column represent grants under the Company's annual cash incentive plan. The plan provides for cash payments to participants based 50% on achieving the Company's annual operating income target for the year and 50% on achieving the Company's operating ratio target for the year. See "Compensation Discussion and Analysis" for more information concerning the annual cash incentive plan.

Estimated Future Payouts Under Equity Incentive Plan Awards

Amounts shown in this column represent grants of performance stock units. Participants receiving performance stock units are eligible to receive shares of common stock based on the total stockholder return of Saia compared to the total stockholder return of a peer group of companies over a three-year performance period, ending December 31, 2022. Shares of stock to the extent earned will be paid in February 2023. See "Compensation Discussion and Analysis" for more information on the performance stock unit component of our long-term equity incentive plan. See "Potential Payments Upon Termination or Change in Control" for information concerning benefits available upon termination of employment or a change in control.

All Other Stock Awards

Amounts shown in this column represent grants of shares of restricted stock. See "Compensation Discussion and Analysis" for information on the restricted stock component of our long-term equity incentive plan and use of restricted stock for executive retention and executive recruitment and upon executive promotion. Also see "Potential Payments Upon Termination or Change in Control" for information concerning vesting upon termination of employment or a change in control.

All Other Option Awards

The exercise price of stock options is the last sale price of Saia common stock on Nasdaq on the grant date. One-third of the option award vests each year on the anniversary of the grant date and expire seven years after their grant date. See "Compensation Discussion and Analysis" for more information on the stock option component of our long-term equity incentive plan. See "Potential Payments Upon Termination or Change in Control" for additional information that could affect the vesting and other terms of the stock options.

Outstanding Equity Awards

The following table sets forth information regarding unexercised stock options, performance stock units and restricted stock held by the Named Executive Officers at December 31, 2020.

OUTSTANDING EQUITY AWARDS AT DECEMBER 31, 2020

Name	Option Awards					Stock Awards			
	Number of Securities Underlying Unexercised Options (#) Exercisable	Number of Securities Underlying Unexercised Options (#) Unexercisable	Equity Incentive Plan Awards: Number of Securities Underlying Unexercised Unearned Options (#)	Option Exercise Price (\$)	Option Expiration Date	Number of Shares or Units of Stock that Have Not Vested (#)	Market Value of Shares or Units of Stock that Have Not Vested (\$) ⁽¹⁰⁾	Equity Incentive Plan Awards: Number of Unearned Shares, Units, or Other Rights that Have Not Vested (#) ⁽¹¹⁾	Equity Incentive Plan Awards: Market or Payout Value of Unearned Shares, Units, or Other Rights that Have Not Vested (\$) ⁽¹⁰⁾⁽¹¹⁾
Frederick J. Holzgrefe, III	—	8,120 ⁽¹⁾	—	73.35	2/6/25	22,094 ⁽⁴⁾	3,994,595	36,768	6,647,654
	—	11,430 ⁽²⁾	—	66.03	2/7/26	—	—	—	—
	—	7,660 ⁽³⁾	—	100.20	2/6/27	—	—	—	—
Richard D. O'Dell	—	14,120 ⁽¹⁾	—	73.35	2/6/25	18,008 ⁽⁵⁾	3,255,846	72,028	13,022,662
	—	23,550 ⁽²⁾	—	66.03	2/7/26	—	—	—	—
	—	15,780 ⁽³⁾	—	100.20	2/6/27	—	—	—	—
Douglas L. Col	—	1,270 ⁽¹⁾	—	73.35	2/6/25	6,090 ⁽⁶⁾	1,101,072	7,614	1,376,611
	—	1,580 ⁽²⁾	—	66.03	2/7/26	—	—	—	—
	—	2,820 ⁽³⁾	—	100.20	2/6/27	—	—	—	—
Robert S. Chambers ⁽¹²⁾	—	—	—	—	N/A	—	—	—	—
Raymond R. Ramu	—	3,920 ⁽¹⁾	—	73.35	2/6/25	7,908 ⁽⁷⁾	1,429,766	20,592	3,723,034
	—	6,500 ⁽²⁾	—	66.03	2/7/26	—	—	—	—
	—	4,880 ⁽³⁾	—	100.20	2/6/27	—	—	—	—
Paul C. Peck	—	1,250 ⁽¹⁾	—	73.35	2/6/25	445 ⁽⁸⁾	80,456	1,780	321,824
Karla J. Staver	—	1,510 ⁽³⁾	—	100.20	2/6/27	2,580 ⁽⁹⁾	466,464	2,006	362,685

All options were issued under the Saia, Inc. Second Amended and Restated 2011 Omnibus Incentive Plan or the Saia, Inc. 2018 Omnibus Incentive Plan. See also “Potential Payouts Upon Termination or Change in Control” for additional information that could affect the vesting of these awards.

(1) Options vest on 2/6/2021.

(2) Options vest on 2/7/2022.

(3) One-third of options vests each year on the anniversary of the grant date.

(4) Mr. Holzgrefe's restricted stock awards will vest as follows: 2,897 shares on 2/6/2021, 9,108 shares on 2/9/2021, 1,265 shares on 8/1/2021, 3,748 on 2/7/2022, 2,530 shares on 8/1/2022 and 2,546 on 2/6/2023.

(5) Mr. O'Dell's restricted stock awards will vest as follows: 5,038 shares on 2/6/2021, 7,724 shares on 2/7/2022 and 5,246 on 2/6/2023.

(6) Mr. Col's restricted stock awards will vest as follows: 452 shares on 2/6/2021, 517 shares on 2/7/2022, 936 on 2/6/2023, 1,046 on 7/31/2023, 1,046 on 7/31/2024, and 2,093 on 7/31/2025.

(7) Mr. Ramu's restricted stock awards will vest as follows: 1,397 shares on 2/6/2021, 920 shares on 8/1/2021, 2,130 shares on 2/7/2022, 1,840 shares on 8/1/2022 and 1,621 shares on 2/6/2023.

(8) Mr. Peck's restricted stock award will vest as follows: 445 shares on 2/6/2021.

(9) Ms. Staver's restricted stock awards will vest as follows: 519 shares on 11/4/2022, 501 shares on 2/6/2023, 520 shares on 11/4/2023 and 1,040 shares on 11/4/2024.

OUTSTANDING EQUITY AWARDS

- (10) Value is based on the closing price of Saia stock of \$180.80 on December 31, 2020, as reported on Nasdaq.
- (11) Reflects the maximum payout opportunity for 2021 and 2022 for the 2019 – 2021 and 2020 – 2022 performance periods under the performance stock unit portion of our long-term equity incentive plan. The maximum payout opportunity for 2021 for the 2019 – 2021 performance period (14,994 units for Mr. Holzgrefe; 30,896 units for Mr. O'Dell; 2,066 units for Mr. Col; 8,518 units for Mr. Ramu; 0 units for Mr. Peck; and 0 units for Ms. Staver), if earned, will vest on December 31, 2021. The maximum payout opportunities for 2022 for the 2020 – 2022 performance period (10,186 units for Mr. Holzgrefe; 20,982 units for Mr. O'Dell; 3,742 units for Mr. Col; 6,484 units for Mr. Ramu; and 2,006 units for Ms. Staver), if earned, will vest on December 31, 2022. See the Summary Compensation Table Narrative for additional information on performance stock units.
- (12) Mr. Chambers' restricted stock award terminated upon his departure from the Company in January 2020.

2020 Option Exercises and Stock Vested

The following table sets forth information regarding the number and value of stock options exercised and stock awards vested during 2020 for the Named Executive Officers.

Name	Option Awards		Stock Awards ⁽¹⁾	
	Number of Shares Acquired on Exercise (#)	Value Realized on Exercise (\$)	Number of Shares Acquired on Vesting (#)	Value Realized on Vesting (\$)
Frederick J. Holzgrefe, III	6,190	471,369	18,026	1,811,530
Richard D. O'Dell	77,350	6,466,308	38,700	3,854,288
Douglas L. Col	1,630	78,854	3,203	318,998
Robert S. Chambers	—	—	—	—
Paul C. Peck	1,740	86,601	3,417	340,314
Raymond R. Ramu	3,580	181,395	9,796	980,778
Karla J. Staver	—	—	—	—

(1) Amounts shown in this column represent performance stock units and shares of restricted stock that vested in 2020. Value realized was determined by multiplying the last sale price of Saia common stock on the vesting date by the number of shares that vested.

Non-Qualified Deferred Compensation

The following table sets forth information regarding the executive and Company contributions to the Capital Accumulation Plan, as well as investment earnings on the Capital Accumulation Plan for the Named Executive Officers in 2020.

2020 NON-QUALIFIED DEFERRED COMPENSATION TABLE⁽¹⁾

Name	Executive Contributions in Last FY ⁽²⁾ (\$)	Company Contributions in Last FY ⁽³⁾ (\$)	Aggregate Earnings in Last FY (\$)	Aggregate Withdrawals/ Distributions (\$)	Aggregate Balance at Last FYE (\$) ⁽⁴⁾
Frederick J. Holzgrefe, III	46,629	51,120	417,982	—	923,095
Richard D. O'Dell	—	83,880	3,344,596	9,227,372	—
Douglas L. Col	31,622	21,250	276,551	—	606,978
Robert S. Chambers	313	—	9	2,515	—
Raymond R. Ramu	—	35,497	771,223	—	1,819,729
Paul C. Peck	37,440	25,782	1,681,280	—	3,877,613
Karla J. Staver	—	16,532	385	—	112,705

(1) See description of Capital Accumulation Plan in “Other Benefits and Perquisites — Deferred Compensation Plan” in Compensation Discussion and Analysis.

(2) Amounts reported in this column are reported as salary in the last completed fiscal year in the Summary Compensation Table.

(3) Amounts reported in this column are included in All Other Compensation in the last completed fiscal year in the Summary Compensation Table.

(4) Amounts reported in this column for each Named Executive Officer include amounts previously reported in Saia’s Summary Compensation Table in previous years when earned if that officer’s compensation was required to be disclosed in a previous year. Amounts previously reported in such years include previously earned, but deferred, salary and incentive and Saia matching contributions. This total reflects the cumulative value of each Named Executive Officer’s deferrals, Saia contributions and investment history.

Potential Payments Upon Termination or Change in Control

Saia is obligated to provide its Named Executive Officers with certain payments or other forms of compensation upon a termination of employment or change in control. The information below describes the circumstances under which we may be obligated to provide such compensation and provides estimates of amounts that would have become payable under existing agreements, plans and arrangements had there been a change in control on December 31, 2020 or had the Named Executive Officer's employment been terminated on such date.

Due to the number of factors that affect the nature and amount of any benefits provided upon the events discussed below, any actual amounts paid or distributed may be different. The factors that could affect these amounts include the time during the year of any such event, the Company stock price and the executive's age.

Employment Agreement — Frederick J. Holzgrefe, III

The Company is party to an employment agreement with Mr. Holzgrefe, dated March 5, 2020, that was effective upon his becoming President and Chief Executive Officer on April 28, 2020. Mr. Holzgrefe's employment agreement provides for severance payments and benefits to Mr. Holzgrefe in the event of his employment termination under certain circumstances. All severance payments and benefits pursuant to the employment agreement are conditioned upon Mr. Holzgrefe's execution of a release in favor of the Company and compliance with the non-disclosure, non-competition and employee and customer non-solicitation provisions of the employment agreement, which provisions continue during the term of Mr. Holzgrefe's employment and for two years after the termination of such employment. See "Compensation Discussion and Analysis — CEO Succession."

Payments Upon Termination Without Cause or Good Reason

In the event Mr. Holzgrefe's employment is terminated by the Company without cause or by Mr. Holzgrefe for Good Reason, he is entitled to receive base salary and benefits accrued through the termination date, along with a severance benefit equal to two times his annual rate of base salary immediately preceding his termination of employment, paid in a lump sum on the first day of the seventh month immediately following Mr. Holzgrefe's last day of employment. In addition, in that event, Mr. Holzgrefe is entitled to a prorated target bonus based on the actual portion of the fiscal year elapsed prior to termination, paid in a lump sum on the first day of the seventh month immediately following Mr. Holzgrefe's last day of employment, together with interest on such target bonus at a reasonable rate to be determined by the Company. In addition, during the period of 24 months following Mr. Holzgrefe's termination of employment, Mr. Holzgrefe (and if covered under the applicable program, his spouse) would remain covered by the employee benefit plans and programs that covered him immediately prior to his termination of employment subject to certain exceptions. In the event Mr. Holzgrefe's participation in any such employee benefit plan is barred, Saia will arrange to provide Mr. Holzgrefe with substantially similar benefits. All outstanding stock options held by Mr. Holzgrefe at the time of termination become fully exercisable upon such termination and Mr. Holzgrefe would have two years from the date of such termination to exercise such stock options. In addition, any restricted stock held for one year or more would vest pro rata over three years. The employment agreement provides that in the event of an employment termination that would provide severance benefits under Mr. Holzgrefe's change in control agreement and Mr. Holzgrefe's employment agreement, Mr. Holzgrefe would be entitled to the greater of each benefit provided under the applicable agreements.

For purposes of the employment agreement, the term "Good Reason" means the failure of Saia in any material way either to pay or provide to Mr. Holzgrefe the compensation and benefits that he is entitled to receive under the employment agreement or the assignment to Mr. Holzgrefe of duties that are materially inconsistent with those of a president or chief executive officer that results in a diminution in Mr. Holzgrefe's normal duties, responsibility and authority as set forth in the employment agreement.

Payments Upon Death or Disability

In the event of death or disability, Mr. Holzgrefe or his estate would receive salary and any other compensation and benefits earned through the date of the event and all outstanding stock options would immediately vest and would expire in one year.

POTENTIAL PAYMENTS UPON TERMINATION OR CHANGE IN CONTROL

Payments Upon Termination for Cause or without Good Reason

Upon a termination for cause or by Mr. Holzgreffe without Good Reason, Mr. Holzgreffe is entitled to receive base salary and benefits accrued through the termination date.

Change in Control Agreements

Each of the Named Executive Officers is party to a “double trigger” change in control agreement.

Under these agreements the executive will receive compensation as described below in the event of a “change in control” of the Company followed within two years by (i) the termination by Saia of the executive’s employment for any reason other than death, disability, retirement or “cause” or (ii) the resignation of the executive due to an adverse change in title, authority or duties, a transfer to a new location more than 50 miles from the location where the executive was employed immediately prior to the change in control, a reduction in salary, or a reduction in fringe benefits or annual bonus below a level consistent with Saia’s practice prior to the change in control.

In the event of a qualifying payment event: (i) the executive will receive on the first day of the seventh month following the executive’s last day of employment a lump sum cash payment equal to two times (three times in the case of Mr. Holzgreffe) the highest base salary and annual cash bonuses paid or payable in any consecutive 12 month period during the three years prior to termination; and (ii) for two years following the executive’s employment termination (three years in the case of Mr. Holzgreffe), the executive is deemed to remain an employee of the Company for purposes of applicable medical, life insurance and long-term disability plans and programs covering key executives of the Company and shall be entitled to receive the benefits available to key employees thereunder. If the executive’s participation under any such program is barred, the Company is required to arrange to provide the executive with substantially similar benefits.

In the event of a change in control, all outstanding stock options held by the executive immediately vest and remain exercisable for one year following the change in control (two years in the case of Mr. Holzgreffe).

For the purpose of the change in control severance agreements, a “change in control” will be deemed to have taken place if: (i) a third person, including a “group” as defined in Section 13(d)(3) of the Securities Exchange Act of 1934, purchases or otherwise acquires shares of Saia and as a result thereof becomes the beneficial owner of shares of Saia having 20% or more of the total number of votes that may be cast for the election of directors of Saia; or (ii) as the result of, or in connection with any cash tender or exchange offer, merger or other business combination, or contested election, or any combination of the foregoing transactions, the directors then serving on the Board of Directors cease to constitute a majority of the Board of Directors of Saia or any successor to Saia.

Severance Agreements

The Company entered into severance agreements with each Named Executive Officer (other than Mr. Holzgreffe, whose severance benefits are covered in his employment agreement) in connection with the agreement by such executives to become subject to noncompetition, employee and customer non-solicitation restrictions and provisions to protect the Company’s intellectual property. These agreements provide that if the Named Executive Officer is terminated by the Company without cause, the Named Executive Officer will receive severance payments equal to 12 months of base salary, subject to satisfaction of certain conditions, including execution of a release of claims in favor of the Company and compliance with the employee’s restrictive covenant obligations. In the event the executive breaches any agreement with the Company, all severance obligations will cease and the Named Executive Officer is obligated to repay the Company the amount of any severance payments made. The severance agreements provide that if a Named Executive Officer becomes entitled to receive severance under both the severance agreement and his or her change in control agreement, the Named Executive Officer shall be paid severance under the change in control agreement only.

Annual Cash Incentive Plan

Each of the Named Executive Officers participates in the annual cash incentive plan. Upon termination of a Named Executive Officer for any reason prior to the payment date under the plan, the executive forfeits the award, except Mr. Holzgreffe would be entitled to a prorated target bonus to the date of termination, unless such termination is for cause, in which case the award is forfeited. See “Summary Compensation Table Narrative — Non-Equity Incentive Plan Compensation.”

POTENTIAL PAYMENTS UPON TERMINATION OR CHANGE IN CONTROL

Performance Stock Unit Award Agreements

Each of the Named Executive Officers is subject to one or more performance stock unit award agreements. See the “Long-Term Equity Incentives — Performance Stock Units” subsection of the “Compensation Discussion and Analysis” section for additional information on how payouts of the performance stock units are calculated.

Under these agreements, upon involuntary termination other than for “cause” or termination due to death, total disability or retirement, the executive is entitled to receive a pro rata portion of his or her performance stock unit award if he or she had been employed for at least 50% of the performance period of the agreement, otherwise the award is forfeited. Upon voluntary termination, the executive forfeits the award, except to the extent that the performance period of the agreement has expired before the executive’s voluntary termination, in which case the executive is entitled to payment of the award. Upon termination for cause, the executive forfeits the award regardless of whether the performance period has expired. For purposes of the performance stock unit award agreements, “cause” means gross negligence or gross neglect of duties, commission of a felony or significant misdemeanor involving moral turpitude; or fraud, disloyalty, dishonesty or willful violation of any law or Company policy resulting in an adverse effect on the Company.

Under the performance stock unit award agreements, upon a “change in control,” as that term is defined in the Second Amended and Restated 2011 Omnibus Incentive Plan and 2018 Omnibus Incentive Plan, the executives would receive the percentage of the target incentive based on total stockholder return calculated as of the date of such change in control, prorated to reflect the actual number of months of service from the date of the grant of the performance stock unit to the date of the change in control. Any performance stock units that an executive is entitled to receive upon a change in control will be paid out in a lump sum concurrently with the change in control.

Stock Option Agreements

Each of the Named Executive Officers is subject to one or more non-qualified stock option agreements. See “Summary Compensation Table Narrative — Option Awards”. Under these agreements, in the event of a “change in control” of the Company, as defined in the Second Amended and Restated 2011 Omnibus Incentive Plan and 2018 Omnibus Incentive Plan, the unvested options immediately vest and remain outstanding in accordance with their terms. In addition, the Compensation Committee has the discretion to cancel the outstanding options at the time of the Change in Control in which case a payment of cash, property or combination thereof would be made to the Named Executive Officer that is determined by the Compensation Committee to be equivalent in value to the consideration to be paid per share of Company common stock in the Change in Control transaction, less the exercise price of the option and multiplied by the number of outstanding options.

If the employment of a Named Executive Officer is terminated by the Company without cause or voluntarily by the executive, then any option then vested remains exercisable for 90 days following termination, but not beyond the expiration date of the option, and all unvested options terminate. If a Named Executive Officer’s employment is terminated for cause, then all options automatically terminate upon the termination date.

Upon the retirement after age 55 (the determination of retirement is made by the Compensation Committee) of a Named Executive Officer, the Compensation Committee has the discretion to cancel or vest any unvested options then outstanding and all vested options remain exercisable for 180 days after such retirement or until the expiration date of the option, whichever is first. In the event of a termination of the Named Executive Officer’s employment by reason of death or disability, the option automatically vests and may be exercised for 180 days after the Named Executive Officer’s death or disability or until the expiration date of the option, whichever is first. The vesting of Mr. Holzgrefe’s stock options in certain circumstances is described above under “Employment Agreement — Frederick J. Holzgrefe, III.”

Stock option agreements for awards granted to the Named Executive Officers (other than the Chief Executive Officer) starting in February 2015 contain restrictive covenants that are intended to protect the Company’s confidential information and intellectual property and prohibit the award recipient from working for the Company’s LTL competitors in the United States until one year (two years in the case of the Chief Executive Officer) following such Named Executive Officer’s termination. The option agreements also prohibit the award recipient from soliciting the Company’s customers on behalf of competitors or from soliciting for hire the Company’s employees or independent contractors until

POTENTIAL PAYMENTS UPON TERMINATION OR CHANGE IN CONTROL

two years following such Named Executive Officer's termination. Saia has the option to extend the non-compete period for one additional year upon payment to the Named Executive Officer of an additional year of base salary. Mr. Holzgrefe is subject to restrictive covenants under his employment agreement rather than his stock option agreements that continue for a period of two years following his employment termination.

Restricted Stock Award Agreements

Each of the Named Executive Officers is subject to one or more restricted stock award agreements. See "Compensation Discussion and Analysis — Long-Term Equity Incentives — Restricted Stock Awards." In the event of the death, disability or retirement of the executive more than one year after the grant date and prior to the vesting date, a pro rata portion of the award vests and the remainder of the award is forfeited. In the event of an employment termination for any other reason, all unvested shares under the award agreement are forfeited except certain restricted stock held by Mr. Holzgrefe will vest upon termination by the Company without cause or for Good Reason as described above under "Employment Agreement — Frederick J. Holzgrefe, III." Upon a change in control of Saia, all unvested shares under the award agreements automatically vest.

Deferred Compensation

The Named Executive Officers are entitled to receive the amount in the Capital Accumulation Plan, including the vested portion of any Company contributions, in the event of termination of the executive's employment. The Company contributes five percent annually to the Capital Accumulation Plan for all participants, which contribution vests over a 5-year period. See "Compensation Discussion and Analysis — Other Benefits and Perquisites — Deferred Compensation Plan."

Life Insurance Benefits

Mr. Holzgrefe has a \$1 million term life insurance policy and each other Named Executive Officer has a \$500,000 policy. If the Named Executive Officers had died on December 31, 2020, the survivors of Mr. Holzgrefe would have received \$1,000,000 and the survivors of the other Named Executive Officers would have received \$500,000 each, under these policies.

Other

In connection with Mr. O'Dell's service as Chief Executive Officer until April 28, 2020, Mr. O'Dell received a prorated annual cash incentive payout of \$306,042 for 2020. Performance stock units, stock options and restricted stock held by Mr. O'Dell are unaffected by his retirement as Chief Executive Officer based on his continued service as a director. Subsequent to his termination, Mr. O'Dell received a cash payment equivalent to two years of health insurance premiums.

Mr. Chambers received no payments on his departure on January 2, 2020.

Tabular Disclosure

Except as otherwise indicated, the amounts shown in the tables below assume that a Named Executive Officer was terminated and, as applicable, a change in control occurred as of December 31, 2020, and that the price of our common stock equals \$180.80 which was the closing price on Nasdaq on December 31, 2020 (the last business day of the year). Actual amounts that we may pay to any Named Executive Officer upon termination of employment, however, can only be determined at the time of such Named Executive Officer's actual separation from Saia.

POTENTIAL PAYMENTS UPON TERMINATION OR CHANGE IN CONTROL

Name and Form of Payment	Termination for Good Reason or Involuntary Termination without Cause	Voluntary Termination for Other than Good Reason or Involuntary Termination for Cause	Retirement ⁽⁹⁾	Disability	Death	Change in Control
Frederick J. Holzgrefe, III						
Compensation:						
Accrued Salary and Vacation	\$ 30,125	\$30,125	\$—	\$ 30,125	\$ 30,125	\$ 30,125
Annual Incentive ⁽¹⁾	664,320	—	—	—	—	—
Severance ⁽²⁾	1,446,000	—	—	—	—	3,308,314
Performance Stock Units ⁽³⁾	3,902,387	—	—	3,902,387	3,902,387	3,902,387
Stock Options (accelerated) ⁽⁴⁾	2,623,758	—	—	2,623,758	2,623,758	2,623,758
Restricted Stock (accelerated) ⁽⁵⁾	—	—	—	2,802,740	2,802,740	3,850,100
Benefits:						
Capital Accumulation Plan ⁽⁶⁾	66,432	—	—	—	—	—
Life, Disability, and Health Insurance ⁽⁷⁾	52,285	—	—	1,787,752	1,000,000	78,427
Mr. Holzgrefe's Totals	\$8,785,307	\$30,125	\$—	\$11,146,762	\$10,359,010	\$13,793,111

Name and Form of Payment	Termination for Good Reason or Involuntary Termination without Cause	Voluntary Termination for Other than Good Reason or Involuntary Termination for Cause	Retirement	Disability	Death	Change in Control
Douglas L. Col						
Compensation:						
Accrued Salary	\$ 15,625	\$15,625	\$ 15,625	\$ 15,625	\$ 15,625	\$ 15,625
Annual Incentive ⁽¹⁾	—	—	—	—	—	—
Severance ⁽²⁾⁽⁸⁾	375,000	—	—	—	—	1,053,014
Performance Stock Units ⁽³⁾	575,547	—	575,547	575,547	575,547	575,547
Stock Options (accelerated) ⁽⁴⁾	—	—	508,008	508,008	508,008	508,008
Restricted Stock (accelerated) ⁽⁵⁾	—	—	82,541	82,541	82,541	1,061,243
Benefits:						
Capital Accumulation Plan ⁽⁶⁾	—	—	—	—	—	—
Life, Disability, and Health Insurance ⁽⁷⁾	—	—	—	1,339,635	500,000	52,285
Mr. Col's Totals	\$966,172	\$15,625	\$2,363,442	\$2,521,356	\$1,681,721	\$3,265,723

POTENTIAL PAYMENTS UPON TERMINATION OR CHANGE IN CONTROL

Name and Form of Payment	Termination for Good Reason or Involuntary Termination without Cause	Voluntary Termination for Other than Good Reason or Involuntary Termination for Cause	Retirement ⁽⁹⁾	Disability	Death	Change in Control
Raymond R. Ramu						
Compensation:						
Accrued Salary	\$ 19,333	\$19,333	\$—	\$ 19,333	\$ 19,333	\$ 19,333
Annual Incentive ⁽¹⁾	—	—	—	—	—	—
Severance ⁽²⁾⁽⁸⁾	464,000	—	—	—	—	1,385,901
Performance Stock Units ⁽³⁾	2,037,375	—	—	2,037,375	2,037,375	2,037,375
Stock Options (accelerated) ⁽⁴⁾	—	—	—	1,460,475	1,460,475	1,460,475
Restricted Stock (accelerated) ⁽⁵⁾	—	—	—	766,976	766,976	1,378,048
Benefits:						
Capital Accumulation Plan ⁽⁶⁾	—	—	—	—	—	—
Life, Disability, and Health Insurance ⁽⁷⁾	—	—	—	1,693,156	500,000	52,285
Mr. Ramu's Totals	\$2,520,708	\$19,333	\$—	\$5,977,316	\$4,784,160	\$6,333,417

Name and Form of Payment	Termination for Good Reason or Involuntary Termination without Cause	Voluntary Termination for Other than Good Reason or Involuntary Termination for Cause	Retirement	Disability	Death	Change in Control
Paul C. Peck						
Compensation:						
Accrued Salary	\$ 15,625	\$15,625	\$ 15,625	\$ 15,625	\$ 15,625	\$ 15,625
Annual Incentive ⁽¹⁾	—	—	—	—	—	—
Severance ⁽²⁾⁽⁸⁾	375,000	—	—	—	—	1,517,250
Performance Stock Units ⁽³⁾	321,824	—	321,824	321,824	321,824	321,824
Stock Options (accelerated) ⁽⁴⁾	—	—	126,138	126,138	126,138	126,138
Restricted Stock (accelerated) ⁽⁵⁾	—	—	51,697	51,697	51,697	77,546
Benefits:						
Capital Accumulation Plan ⁽⁶⁾	—	—	—	—	—	—
Life, Disability, and Health Insurance ⁽⁷⁾	—	—	—	757,228	500,000	52,285
Mr. Peck's Totals	\$712,449	\$15,625	\$515,284	\$1,272,512	\$1,015,284	\$2,110,667

POTENTIAL PAYMENTS UPON TERMINATION OR CHANGE IN CONTROL

Name and Form of Payment	Termination for Good Reason or Involuntary Termination without Cause	Voluntary Termination for Other than Good Reason or Involuntary Termination for Cause	Retirement	Disability	Death	Change in Control
Karla J. Staver						
Compensation:						
Accrued Salary	\$ 13,958	\$13,958	\$ 13,958	\$ 13,958	\$ 13,958	\$ 13,958
Annual Incentive ⁽¹⁾	—	—	—	—	—	—
Severance ⁽²⁾⁽⁸⁾	335,000	—	—	—	—	891,143
Performance Stock Units ⁽³⁾	—	—	—	—	—	—
Stock Options (accelerated) ⁽⁴⁾	—	—	111,831	111,831	111,831	111,831
Restricted Stock (accelerated) ⁽⁵⁾	—	—	120,762	120,762	120,762	449,591
Benefits:						
Capital Accumulation Plan ⁽⁶⁾	—	—	—	—	—	—
Life, Disability, and Health Insurance ⁽⁷⁾	—	—	—	987,772	500,000	52,285
Ms. Staver's Totals	\$348,958	\$13,958	\$246,551	\$1,234,323	\$746,551	\$1,518,807

Footnotes for Tabular Disclosure

- (1) Under his Employment Agreement, Mr. Holzgreffe is entitled to a pro rata amount of the target annual incentive upon termination for Good Reason or involuntary termination without Cause. The other Named Executive Officers must be employed on the date of payment of the annual incentive, which occurs after the amount of the incentive is certified by the Compensation Committee after the end of the year.
- (2) Under his Employment Agreement, Mr. Holzgreffe is entitled to a severance payment of two times his annual rate of base salary upon termination for Good Reason or involuntary termination without Cause. Under the Change in Control Severance Agreements applicable to all Named Executive Officers, payment of severance upon a Change in Control requires a qualifying employment termination within two years after the Change in Control. In such event, the executive receives a lump sum cash payment equal to two times (three times in the case of Mr. Holzgreffe) the highest base salary and annual cash bonuses in any consecutive 12-month period during the three years prior to termination and coverage for two years (three years in the case of Mr. Holzgreffe) under applicable medical, life insurance and long-term disability plans and programs covering the executives. In the event Mr. Holzgreffe is entitled to severance benefits under his Employment Agreement and Change in Control Severance Agreement, he is entitled to the greater of each benefit under the applicable agreements.
- (3) Amounts shown are value of performance stock units earned as of December 31, 2020, under 2018-2020 and 2019-2021 long-term incentive programs based on performance through December 31, 2020.
- (4) Intrinsic value of stock options that vest upon a specified termination or a Change in Control. All stock options vest upon a Change in Control. Under Mr. Holzgreffe's Employment Agreement, in the event of a termination for Good Reason or involuntary termination without Cause or upon death or disability, all outstanding stock options held by Mr. Holzgreffe vest. For all other Named Executive Officers, stock options vest upon death or disability. Upon retirement, the Compensation Committee has the discretion to cancel or vest any non-vested stock options held by the Named Executive Officers.
- (5) Intrinsic value of restricted stock that vests upon a specified termination or Change in Control. All shares of restricted stock vest upon a Change in Control. In the event of the death, disability or retirement of the executive more than one year after grant and prior to the vesting date, a pro rata portion of the award vests and the remainder of the award is forfeited. Upon termination for any other reason, all unvested shares are forfeited.
- (6) Amounts shown represent the accelerated vesting of employer contributions under the terms of the Capital Accumulation Plan as of December 31, 2020.
- (7) In the event of death: \$1 million payment under term life insurance policy for Mr. Holzgreffe and a \$500,000 payment under term life insurance policies for each of the other Named Executive Officers. Disability benefit is payable by insurance carrier pursuant to disability policy on the executive. Health insurance is estimated based upon the Company's current cost per employee per month.
- (8) Severance payments under Severance Agreements for all Named Executive Officers other than Mr. Holzgreffe. Payment is equal to 12 months of base salary upon a termination without Cause. The Severance Agreements provide that if the executive is entitled to a severance payment under the Severance Agreement and the Change in Control Severance Agreement, the executive is paid severance under the Change in Control Severance Agreement only.
- (9) Executive is not eligible for retirement at December 31, 2020.

CEO Pay Ratio

As required by the Dodd-Frank Wall Street Reform and Consumer Protection Act and rules promulgated by the Securities and Exchange Commission, we are providing the following information about the ratio of the total annual compensation of our principal executive officer, Frederick J. Holzgrefe, III, Saia's Chief Executive Officer ("CEO"), to Saia's median employee's annual total compensation.

For the year ended December 31, 2020, our last completed fiscal year:

- the median of the annual total compensation of all employees of Saia (other than the CEO) was \$61,867;
- the annual total compensation of the CEO was \$2,254,170, as reported in the Summary Compensation Table herein; and
- the ratio of the annual total compensation of the CEO to the median of the annual total compensation of all employees was 36.4 to 1.0.

This pay ratio is a reasonable estimate calculated in a manner consistent with SEC rules based on our payroll and employment records and the methodology described below. The SEC rules for identifying the median compensated employee and calculating the pay ratio based on that employee's annual total compensation allow companies to adopt a variety of methodologies, to apply certain exclusions, and to make reasonable estimates and assumptions that reflect their compensation practices. As such, the pay ratio reported by other companies may not be comparable to the pay ratio reported above, as other companies may have different employment and compensation practices and may utilize different methodologies, exclusions, estimates and assumptions in calculating their own pay ratios.

There were no significant changes in our methodology, or in the material assumptions, adjustments, or estimates from those used in our calculation last year. In determining the median employee, a listing of compensation was prepared of all of the approximately 10,600 employees (other than the CEO) as of December 31, 2020, including actual base salary and wages, bonus paid and any overtime paid during the year. Because Saia does not widely distribute annual equity awards to our employees, such awards were excluded from our compensation measure. Wages and salaries were annualized for those employees that were not employed for the full year of 2020. Saia does not use seasonal or temporary workers. The median employee was selected from the annualized list.

Report of the Audit Committee of the Board of Directors

The Audit Committee operates pursuant to a written charter which has been approved and adopted by the Board of Directors and is reviewed and reassessed annually by the Audit Committee. The Committee charter is available within the investor relations section of the Company's website at www.saia.com. For the year ended December 31, 2020, the Audit Committee was comprised of Donna E. Epps, John P. Gainor, Jr., and Susan F. Ward, each of whom met the independence and experience requirements of The Nasdaq Global Select Market. Each member of the Audit Committee is an "audit committee financial expert" as defined by the applicable rules of the Securities and Exchange Commission.

The Audit Committee oversees Saia's financial reporting process on behalf of the Board of Directors and oversees the entire audit function including the selection, evaluation and compensation of the independent registered public accounting firm. Management has the primary responsibility for the consolidated financial statements and the financial reporting process including internal control over financial reporting and the Company's legal and regulatory compliance. In fulfilling its oversight responsibilities, the Audit Committee reviewed and discussed with management the audited consolidated financial statements for the year ended December 31, 2020 including a discussion of the acceptability and quality of the accounting principles, the reasonableness of significant accounting judgments and critical accounting policies and estimates, the clarity of disclosures in the consolidated financial statements, and management's assessment and report on internal control over financial reporting. The Audit Committee also discussed with the Chief Executive Officer and Chief Financial Officer their respective certifications with respect to Saia's Annual Report on Form 10-K for the year ended December 31, 2020.

The Audit Committee reviewed with the independent registered public accounting firm, who is responsible for expressing opinions on (i) the conformity of those audited consolidated financial statements with U.S. generally accepted accounting principles and (ii) the effectiveness of internal control over financial reporting, the reasonableness of significant accounting judgments and critical accounting policies and estimates and their judgments as to the acceptability and quality of Saia's accounting principles and such other matters as are required to be discussed with the Audit Committee in accordance with the standards of the Public Company Accounting Oversight Board (United States) (PCAOB) and the Securities and Exchange Commission. In addition, the Audit Committee has received the written disclosures and the letter from the independent registered public accounting firm required by applicable requirements of the PCAOB regarding the independent registered public accounting firm's communications with the Audit Committee concerning independence and has discussed with the independent registered public accounting firm those disclosures and other matters relating to their independence from Saia and management.

The Audit Committee discussed with Saia's director of internal audit and independent registered public accounting firm the overall scope and plans for their respective audits. The Audit Committee meets with the director of internal audit and independent registered public accounting firm, with and without management present, to discuss the results of their audits of Saia's internal controls, including internal control over financial reporting, and the overall quality of Saia's financial reporting.

Members of the Audit Committee rely without independent verification on the information provided to them and on the representations made by management and the independent registered public accounting firm. In reliance on the reviews and discussions with management and with the independent registered public accounting firm referred to above and the receipt of an unqualified opinion from KPMG LLP dated February 24, 2021 regarding the audited consolidated financial statements of Saia for the year ended December 31, 2020, as well as the opinion of KPMG LLP on the effectiveness of internal control over financial reporting, the Audit Committee recommended to the Board of Directors (and the Board approved) that the audited consolidated financial statements be included in the Annual Report on Form 10-K for the year ended December 31, 2020 for filing with the Securities and Exchange Commission.

Audit Committee Members

Susan F. Ward, Chair

Donna E. Epps

John P. Gainor, Jr.

REPORT OF THE AUDIT COMMITTEE OF THE BOARD OF DIRECTORS

The foregoing Report of the Compensation Committee of the Board of Directors and Report of the Audit Committee of the Board of Directors shall not be deemed to be soliciting material or be incorporated by reference by any general statement incorporating by reference this proxy statement into any filing under the Securities Act of 1933 or under the Securities Exchange Act of 1934, except to the extent Saia specifically incorporates this information by reference, and shall not otherwise be deemed to be filed with the Securities and Exchange Commission under such Acts.

Proposal 2 – Advisory Vote to Approve Executive Compensation

The Dodd-Frank Wall Street Reform and Consumer Protection Act (the “Dodd-Frank Act”) requires that Saia’s stockholders have the opportunity to cast a non-binding advisory vote regarding the approval of the compensation disclosed in this proxy statement of Saia’s executive officers who are named in the Summary Compensation Table and the other compensation tables (the “Named Executive Officers”) on the frequency basis determined by the Company. The Company determined to present an advisory vote to the stockholders regarding the compensation disclosed in the proxy statement every year consistent with advisory votes of Saia’s stockholders in 2011 and 2017 to hold such advisory vote on compensation every year going forward.

Saia believes that the compensation policies for the Named Executive Officers are designed to attract, motivate and retain talented executive officers and are aligned with the long-term interests of Saia’s stockholders. Held pursuant to Section 14A of the Securities Exchange Act of 1934, this advisory stockholder vote gives you as a stockholder the opportunity to approve or not approve the compensation of the Named Executive Officers that is disclosed in this proxy statement by voting for or against this Proposal 2 (or you may abstain from voting).

Saia’s executive compensation program received substantial stockholder support and was approved, on an advisory basis, by 97.2% of the votes cast at the 2020 annual meeting of stockholders. The Compensation Committee believes that this vote demonstrates strong support by Saia stockholders for our compensation philosophy and goals and the compensation decisions made by the Committee.

Vote Required for Approval

The approval of the advisory vote on executive compensation requires the affirmative vote of a majority of the shares present at the meeting in person or by proxy and entitled to vote. Because your vote is advisory, it will not be binding on either the Board of Directors or Saia. However, Saia’s Compensation Committee will take into account the outcome of the stockholder vote on this Proposal 2 when considering future executive compensation arrangements.



Your Board of Directors unanimously recommends a vote “FOR” the following advisory resolution: *Resolved, that the compensation paid to the company’s named executive officers, as disclosed pursuant to Item 402 of Regulation S-K, including the compensation discussion and analysis, compensation tables and narrative discussion, is hereby approved.*

Proposal 3 – Amendment to the Company’s Amended and Restated Certificate of Incorporation to Declassify the Board of Directors

After careful consideration, the Board of Directors has adopted, declared advisable and is submitting for consideration and approval by the stockholders an Amendment to the Company’s Amended and Restated Certificate of Incorporation (the “Certificate”) to declassify the Board so that all directors stand for election annually (the “Amendment”).

The Amendment revises Article VI of the Certificate. The full text of the Amendment is attached as Appendix A to this Proxy Statement.

Background of the Proposal

The Board recognizes the common sentiment among stockholders and institutional investor groups that the annual election of directors would enhance the Company’s corporate governance policies. The Board also believes that removing the classified board structure further enhances practices previously adopted to promote director accountability and independent oversight, including majority voting in uncontested director elections, separating the Board Chair and the Chief Executive Officer roles, and using a strong Lead Independent Director. In light of this sentiment and corporate governance trends, the Board has determined that it is in the best interests of the Company and its stockholders to declassify the Board and provide for the annual election of all directors.

Summary of the Amendment

Article VI of the Certificate currently divides the Board of Directors into three classes that are elected for staggered, three-year terms. If this proposal is approved by the stockholders, the Amendment would provide for the phased elimination of the classified structure of the Board through the election of directors whose terms are expiring for one-year terms. As the Amendment would not shorten the existing term of a director, the directors who have been elected prior to the effectiveness of the Amendment (including the directors elected at this Annual Meeting) will complete their respective terms and be eligible thereafter for re-election for one-year terms. Beginning with the 2024 Annual Meeting of Stockholders, the entire Board will be elected annually.

In all cases, each director will hold office until his or her successor has been elected and qualified or until the director’s earlier death, resignation or removal. Under our current classified Board structure, directors may only be removed with cause. Once the Board ceases to be classified in 2024, directors may be removed in the manner permitted in Section 141(k) of the Delaware General Corporation Law (i.e., any director or the entire Board may be removed, with or without cause, by the holders of a majority of the shares then entitled to vote at an election of directors).

If this proposal is approved by the stockholders, the Amendment will become effective upon the filing of a Certificate of Amendment to the Amended and Restated Certificate of Incorporation with the Delaware Secretary of State, which the Company intends to do promptly following the Annual Meeting. If the proposal is not approved by the stockholders, the Amendment will not be implemented and the Company’s current classified Board structure will continue in place.

Vote Required for Approval

Pursuant to the Certificate, the affirmative vote of two-thirds of all outstanding shares is required for approval of this proposal. Abstentions and broker non-votes, if any, will have the effect of votes “AGAINST” the proposal.



Your Board of Directors unanimously recommends that you vote “FOR” the proposal to approve the amendment to our amended and restated certificate of incorporation to declassify the board.

Proposal 4 – Ratification of Appointment of Independent Registered Public Accounting Firm

Appointment of Independent Registered Public Accounting Firm

KPMG LLP audited Saia's annual consolidated financial statements and internal control over financial reporting for the fiscal year ended December 31, 2020. The Audit Committee has appointed KPMG LLP to be Saia's independent registered public accounting firm for the fiscal year ending December 31, 2021. The stockholders are asked to ratify this appointment at the annual meeting. KPMG LLP has served as Saia's independent registered public accounting firm since 2002. The Audit Committee and the Board believe it is in the best interests of Saia and its stockholders to retain KPMG LLP as Saia's independent registered public accounting firm for fiscal year 2021 and recommend that stockholders ratify that appointment. A representative of KPMG LLP is expected to be present at the meeting to respond to appropriate questions and to make a statement if they so desire.

The Audit Committee has the sole authority and responsibility to hire, evaluate and, where appropriate, replace Saia's independent registered public accounting firm and is directly responsible for the appointment, compensation and general oversight of the work of the independent registered public accounting firm. The Audit Committee's oversight includes regular private sessions with KPMG, discussions with KPMG regarding the scope of its audit, an annual evaluation whether to engage KPMG, and direct involvement in the transition of the new lead engagement partner in connection with the regulatory five-year rotation of that position. As part of the annual review, the Audit Committee considers, among other things:

- KPMG's historical and recent performance on the Saia audit;
- KPMG's capability and expertise in handling the breadth and complexity of our operations;
- Appropriateness of KPMG's fees for audit and non-audit services, on both an absolute basis and as compared to its peer firms;
- External data on audit quality and performance, including recent Public Company Accounting Oversight Board reports on KPMG and its peer firms;
- The quality and candor of KPMG's communication with the Audit Committee and management; and
- KPMG's independence and tenure, including the benefits of being a long-tenured auditor and controls and processes that help insure KPMG's independence (as described below).

Independent Registered Public Accounting Firm's Fees

The following table details fees billed by KPMG LLP for its services during fiscal years 2019 and 2020:

	2019	2020
Audit Fees	\$840,667	\$894,268
Audit-Related Fees	—	—
Tax Fees	—	—
All Other Fees	—	—
Total Fees	\$840,667	\$894,268

- *Audit Fees.* This category includes the fees and out-of-pocket expenses for the audit of Saia's annual consolidated financial statements and internal control over financial reporting and review of Saia's quarterly reports.
- *Audit-Related Fees.* This category consists of fees for assurance and related services reasonably related to the performance of the audit or the review of Saia's consolidated financial statements, not otherwise reported under Audit Fees, including services related to the Company's financing activities, assistance with an SEC "comment letter" and audits of financial statements of employee benefit plans.

- *Tax Fees.* This category consists of fees for tax compliance, tax advice and tax planning.
- *All Other Fees.* This category consists of fees for any services not included in the first three categories.

Audit Committee Pre-Approval of Audit and Permissible Non-Audit Services of Independent Registered Public Accounting Firm

The Audit Committee has a written policy governing the engagement of Saia's independent registered public accounting firm for audit and non-audit services. Under this policy, the Audit Committee is required to pre-approve all audit and non-audit services performed by the Company's independent registered public accounting firm to assure that the provision of such services does not impair the independent registered public accounting firm's independence. The Audit Committee may delegate its pre-approval authority to one or more of its members but not to management. The member or members to whom such authority is delegated are required to report any pre-approval decisions to the Audit Committee at its next scheduled meeting.

Each fiscal year, the Audit Committee reviews with management and the independent registered public accounting firm the types of services that are likely to be required throughout the year. Those services are comprised of four categories: audit services, audit-related services, tax services and all other permissible services. At that time, the Audit Committee pre-approves a list of specific audit related services that may be provided within each of these categories and sets fee limits for each specific service or project. The Audit Committee must review and approve in advance, on a case-by-case basis, all other projects, services and fees to be performed by or paid to the independent registered public accounting firm and any fees for pre-approved services that exceed the pre-established limits.

The Audit Committee pre-approved 100% of the Company's 2019 and 2020 audit fees, audit-related fees, tax fees and all other fees.

Vote Required For Ratification

The Audit Committee was responsible for selecting Saia's independent registered public accounting firm for fiscal year 2021. The submission of this proposal for approval by the stockholders is not legally required, but the Board and the Audit Committee believe the submission provides an opportunity for stockholders through their vote to communicate with the Board and the Audit Committee about an important aspect of corporate governance. In the event the stockholders do not ratify the appointment of KPMG LLP, the Audit Committee will consider whether it is appropriate to select another independent registered public accounting firm. Even if the selection is ratified, the Audit Committee in its discretion may select a different independent registered public accounting firm at any time during the year if it determines that such a change would be in the best interest of the Company and its stockholders.

The ratification of the appointment of KPMG LLP as Saia's independent registered public accounting firm requires the affirmative vote of a majority of the shares present at the meeting in person or by proxy and entitled to vote.



Your Board of Directors unanimously recommends that you vote "FOR" the ratification of KPMG LLP as independent registered public accounting firm for 2021.

Beneficial Ownership

The following table lists certain persons and entities known by Saia to own beneficially, as of December 31, 2020, more than five percent of Saia's common stock.

Name and Address of Beneficial Owner	Number of Shares	Percent of Class ⁽¹⁾
BlackRock, Inc. 55 East 52 nd Street, New York, NY 10055	3,999,105 ⁽²⁾	15.2%
The Vanguard Group 100 Vanguard Boulevard, Malvern, PA 19355	2,688,442 ⁽³⁾	10.3%

(1) For each person or group, the percentage ownership was determined by dividing the number of shares shown in the table by 26,236,570 (the number of shares of Saia common stock outstanding as of December 31, 2020).

(2) The amount shown and the following information are derived from Amendment No. 12 to Schedule 13G filed by BlackRock, Inc. ("BlackRock") on January 26, 2021. According to the amended Schedule 13G, BlackRock possesses sole dispositive power over 3,999,105 shares and sole voting power over 3,955,415 shares of Saia common stock.

(3) The amount shown and the following information are derived from Amendment No. 4 to Schedule 13G filed by The Vanguard Group ("Vanguard") on February 10, 2021. According to the amended Schedule 13G, Vanguard possesses sole dispositive power over 2,605,794 shares, shared dispositive power over 82,648 shares, sole voting power over zero shares and shared voting power over 60,901 shares of Saia common stock.

Compensation Committee Interlocks and Insider Participation

The Compensation Committee is currently comprised of Randolph W. Melville, Di-Ann Eisnor and Jeffrey C. Ward. None of these individuals is or has ever been an officer or employee of Saia. During fiscal 2020, no executive officer of Saia served as a director of any corporation for which any of these individuals served as an executive officer and there were no other Compensation Committee interlocks with the companies with which these individuals or Saia's other directors are affiliated.

Related Party Transactions

The Audit Committee of the Board of Directors is responsible for the review and approval of each related party transaction. In January 2007, the Board of Directors formalized in writing its Related Party Transaction Policies and Procedures.

The Related Party Transaction Policies and Procedures provide for approval or ratification by the Audit Committee of each related person transaction disclosable under SEC rules. The Policies and Procedures provide for the Audit Committee to review the material facts of all related party transactions that require the Audit Committee's approval, subject to certain exceptions. If advance Audit Committee approval is not practicable, then the related party transaction shall be considered and, if the Audit Committee deems appropriate, ratified at its next regularly scheduled meeting.

In determining whether to approve or ratify a related party transaction, the Committee will take into account, among other factors it deems appropriate, whether the related party transaction is on terms no less favorable to the Company than terms generally available to an unaffiliated third-party under the same or similar circumstances, and the extent of the related party's interest in the transaction. The Audit Committee has established standing pre-approvals for certain classes of related party transactions. In addition, the Board of Directors has given the Chair of the Audit Committee the authority to pre-approve any related party transaction in which the aggregate amount involved is less than \$500,000. Each related party transaction approved pursuant to the standing pre-approvals or pursuant to the authority granted the Chair of the Audit Committee is described to the Audit Committee at its next regularly scheduled meeting.

The Company has entered into indemnification agreements with the members of its Board of Directors. Under these agreements, the Company is obligated to indemnify its directors to the fullest extent permitted under the Delaware General Corporation Law for expenses, including attorneys' fees, judgments and settlement amounts incurred by them in any action or proceeding arising out of their services as a director. The Company believes that these agreements are helpful in attracting and retaining qualified directors. The Company's Amended and Restated Certificate of Incorporation also provides for indemnification of its officers and directors to the fullest extent permitted by the Delaware General Corporation Law.

There have been no related party transactions requiring disclosure under the rules or regulations of the Securities and Exchange Commission since January 1, 2020.

Other Matters

We know of no other business that will be presented at the meeting. If any other matter properly comes before the stockholders for a vote at the meeting, however, the proxy holders will vote your shares in accordance with their best judgment.

Information About the Annual Meeting

What is the purpose of the annual meeting?

At the annual meeting, the stockholders will be asked to:

1. Elect three directors, each for a term of three years;
2. Vote on an advisory basis to approve the compensation of Saia's Named Executive Officers;
3. Approve an amendment to our Amended and Restated Certificate of Incorporation to declassify our Board of Directors; and
4. Ratify the appointment of KPMG LLP as Saia's independent registered public accounting firm for fiscal year 2021.

Stockholders also will transact any other business that may properly come before the meeting.

Who can attend the annual meeting? How do I attend?

This year's annual meeting will be held in a virtual format through a live webcast.

Only stockholders of record at the close of business on March 8, 2021 have a right to attend the annual meeting. In order to be admitted to the annual meeting at www.meetingcenter.io/234957592, you must enter the control number found on your proxy card or voting instruction form, or in the email sending you the Proxy Statement. You will also be required to enter a password for the meeting, which is SAIA2021. If you are a beneficial stockholder, you may contact the bank, broker or other institution where you hold your account if you have questions about obtaining your control number. Saia does not permit guests to attend the annual meeting.

We encourage you to log in to the website and access the webcast early, beginning approximately 15 minutes before the annual meeting start time. If you experience technical difficulties, please contact the technical support telephone number posted on the virtual stockholder meeting log in page.

May stockholders ask questions at the meeting?

Yes. Members of Saia's management team, members of the Board of Directors, and a representative of KPMG LLP, Saia's independent registered public accounting firm, will be present at the annual meeting to respond to appropriate questions of general interest from stockholders at the end of the meeting. Questions may be submitted in advance of the meeting at www.meetingcenter.io/234957592 after logging in with your control number. Questions may be submitted now through the end of the annual meeting. Saia will post answers on its Investor Relations website to stockholder questions pertinent to meeting matters that are received before and during the annual meeting that cannot be answered due to time constraints.

Who is entitled to vote?

You may vote if you owned shares of our common stock at the close of business on March 8, 2021, the record date for the annual meeting, provided such shares are held directly in your name as the stockholder of record or are held for you as the beneficial owner through a bank, broker or other nominee. Each outstanding share of common stock is entitled to one vote for all matters that properly come before the annual meeting for a vote. At the close of business on the record date, there were 26,329,689 shares of Saia common stock outstanding and entitled to vote.

What is the difference between a stockholder of record and a beneficial owner of shares held in street name?

Stockholders of Record. If your shares are registered directly with our transfer agent, Computershare Trust Company, N.A., you are considered the stockholder of record with respect to those shares, and these proxy materials are being sent directly to you by us. As the stockholder of record, you have the right to grant your voting proxy directly to us through the enclosed proxy card.

Beneficial Owners. Many of our stockholders hold their shares through a bank, broker or other nominee rather than directly in their own name. If your shares are held in a stock brokerage account or by a bank or other nominee, you are considered the beneficial owner of shares held in street name, and these proxy materials (including a voting instruction card) are being forwarded to you by your bank, broker or nominee who is considered the stockholder of record with respect to those shares. As the beneficial owner, you have the right to direct your bank, broker or nominee on how to vote your shares. Your bank, broker or nominee has enclosed a voting instruction card for you to use in directing the bank, broker or nominee regarding how to vote your shares.

How do I vote?

Stockholders of Record.

1. *You May Vote by Mail.* If you properly complete and sign the accompanying proxy card and return it in the enclosed envelope, it will be voted in accordance with your instructions. The enclosed envelope requires no additional postage if mailed in either the United States or Canada.
2. *You May Vote by Telephone.* You may vote by telephone by following the instructions included on the proxy card. If you vote by telephone, you do not have to mail in your proxy card. Telephone voting is available 24 hours a day. Votes submitted by telephone (1-800-652-8683) must be received by 11:59 p.m., Eastern Daylight Time on April 26, 2021.
3. *You May Vote by Internet.* You may vote by internet by following the instructions included on the proxy card. If you vote by internet, you do not have to mail in your proxy card. Internet voting is available 24 hours a day. Votes submitted through the internet (www.investorvote.com/SAIA) must be received by 11:59 p.m., Eastern Daylight Time on April 26, 2021.
4. *You May Vote During the Meeting.* You may vote during the meeting by using the control number located on the proxy card. Once you have entered the virtual meeting room you may access the voting prompt. After the polls have closed the voting prompt will be deactivated.

Beneficial Owners.

If you hold your shares in street name, follow the voting instruction card you receive from your bank, broker or other nominee. If you want to vote during the annual meeting, you must obtain a legal proxy from your bank, broker or nominee and present it during the annual meeting.

Can I change my vote?

Stockholders of Record. You may change your vote at any time before the proxy is exercised by giving written notice to Saia's Secretary revoking your proxy, submitting a properly signed proxy bearing a later date or voting again by telephone or on the internet (your latest telephone or internet vote is counted).

Beneficial Owners. If you hold your shares through a bank, broker or other nominee, your ability to revoke your proxy depends on the voting procedures of the bank, broker or other nominee. Please follow the directions provided by your bank, broker or nominee.

What if I do not vote for some of the items listed on the proxy card or voting instruction card?

Stockholders of Record. If you indicate a choice with respect to any matter to be acted upon on your proxy card, the shares will be voted in accordance with your instructions. Proxy cards that are signed and returned, but do not contain voting instructions with respect to a proposal, will be voted in accordance with the recommendations of the Board with respect to that proposal.

Beneficial Owners. If you indicate a choice with respect to any matter to be acted upon on your voting instruction card, the shares will be voted in accordance with your instructions. If you do not indicate a choice with respect to a proposal

INFORMATION ABOUT THE ANNUAL MEETING

or do not return your voting instruction card, the bank, broker or other nominee will determine if it has the discretionary authority to vote your shares. Regulations prohibit banks, brokers and other nominees from voting shares in elections of directors, as to compensation of the Named Executive Officers, and amendments to the Amended and Restated Certificate of Incorporation, unless the beneficial owners indicate how the shares are to be voted. Therefore, unless you instruct your bank, broker or nominee on how to vote your shares with respect to the election of directors, as to the compensation of Saia's Named Executive Officers and the amendment to the Amended and Restated Certificate of Incorporation, your bank, broker or nominee will be prohibited from voting on your behalf on any such matter for which your instructions are not provided. **As such, it is critical that you cast your vote if you want it to count for the proposals regarding the aforementioned matters.** Your bank, broker or nominee will, however, continue to have discretionary authority to vote uninstructed shares on the ratification of the appointment of the Company's independent registered public accounting firm.

How many shares must be present to hold the meeting?

A quorum must be present at the annual meeting for any business to be conducted. The presence at the annual meeting, in person (virtually) or by proxy, of the holders of a majority of the shares of Saia common stock outstanding on the record date will constitute a quorum. Abstentions and broker non-votes (which occur when a bank, broker or other nominee holding shares for a beneficial owner does not have discretionary voting authority with respect to a proposal and has not received instructions with respect to that proposal from the beneficial owner) will be treated as shares present for purposes of determining whether a quorum is present.

What if a quorum is not present at the meeting?

If a quorum is not present at the start of the meeting, the stockholders who are represented may adjourn the meeting until a quorum is present. The time and place of the adjourned meeting will be announced at the time the adjournment is taken, and so long as the adjournment is not for longer than 30 days, no other notice will be given.

How does the Board of Directors recommend I vote on the proposals?

Your Board recommends that you vote:

- FOR the election of the three nominees to the Board of Directors;
- FOR the compensation of Saia's Named Executive Officers as presented in Proposal 2;
- FOR the amendment to the Amended and Restated Certificate of Incorporation to declassify the Board of Directors; and
- FOR the ratification of KPMG LLP as Saia's independent registered public accounting firm.

Will any other business be conducted at the meeting?

We know of no other business that will be presented at the meeting. If any other matter properly comes before the stockholders for a vote at the meeting, the proxy holders will vote your shares in accordance with their best judgment.

Who will count the votes?

Saia's transfer agent, Computershare Trust Company, N.A., will tabulate and certify the votes. Douglas L. Col, the Company's Executive Vice President, Chief Financial Officer and Secretary, will serve as the inspector of elections.

How many votes are required to elect the director nominees?

Because this is considered an uncontested election under the Company's Bylaws, a nominee for director is elected to the Board if the votes cast for such nominee's election exceed the votes cast against such nominee's election. Abstentions will not affect the election of directors. In tabulating the voting results for the election of directors, only "FOR" and "AGAINST" votes are counted. If an incumbent director fails to receive a majority of the vote for re-election, the Nominating and Governance Committee of the Board will act on an expedited basis to determine whether to accept the director's previously tendered irrevocable resignation and will submit such recommendation for prompt consideration by the Board. In considering whether to accept or reject the tendered resignation, the Nominating and Governance

INFORMATION ABOUT THE ANNUAL MEETING

Committee and the Board will consider any factors they deem relevant. Any director who fails to receive a majority of the vote for re-election pursuant to this provision of the Corporate Governance Guidelines will not participate in the Nominating and Governance Committee recommendation or Board consideration regarding whether or not to accept the tendered resignation.

What happens if a nominee is unable to stand for election?

If a nominee is unable to stand for election, the Board of Directors may either reduce the number of directors to be elected or select a substitute nominee. If a substitute nominee is selected, the proxy holders will vote your shares for the substitute nominee unless you have withheld authority.

How many votes are required to approve the proposals other than the director nomination proposal?

The advisory approval of the compensation of Saia's Named Executive Officers and the ratification of the appointment of KPMG LLP as Saia's independent registered public accounting firm each require the affirmative vote of a majority of the shares present at the meeting in person or by proxy and entitled to vote. Approval of the amendment to Saia's Amended and Restated Certificate of Incorporation requires the affirmative vote of two-thirds of all outstanding shares.

What effect will abstentions and broker non-votes have on the proposals?

Shares voting "ABSTAIN" with respect to any nominee for director will be excluded entirely from the vote and will have no effect on the proposal. Shares voting "ABSTAIN" on the advisory vote on executive compensation, the amendment to the Amended and Restated Certificate of Incorporation to declassify the Board, and the ratification of the appointment of the Company's independent registered public accounting firm will be treated as shares present for quorum purposes and entitled to vote, so they will have the same practical effect as votes against the proposals.

In tabulating the voting results for any particular proposal, shares that constitute broker non-votes are not considered entitled to vote on that proposal. Assuming a quorum is obtained, broker non-votes will not affect the outcome of the election of directors, the advisory vote on executive compensation and the ratification of the appointment of the Company's independent registered public accounting firm; however, broker non-votes will have the effect of a "no" vote on the proposal to amend the Amended and Restated Certificate of Incorporation to declassify the Board.

When will the Company announce the voting results?

We will announce the preliminary voting results at the annual meeting. The Company will report the final results in a Current Report on Form 8-K filed with the Securities and Exchange Commission within four business days following the annual meeting.

Additional Information

Important Notice Regarding the Availability of Proxy Materials for the Annual Meeting to Be Held on April 27, 2021:

This proxy statement and our annual report to stockholders are also available to you on the Company's website (www.saia.com) under the Investor Relations page.

Proxy Solicitation

Saia will bear the entire cost of this proxy solicitation. In addition to soliciting proxies by this mailing, we expect that our directors, officers and regularly engaged employees may solicit proxies personally or by mail, telephone, facsimile or other electronic means, for which solicitation they will not receive any additional compensation. Saia will reimburse brokerage firms, custodians, fiduciaries and other nominees for their out-of-pocket expenses in forwarding solicitation materials to beneficial owners upon our request.

Procedures for Recommendations and Nominations by Stockholders

Stockholder Recommendations

The Nominating and Governance Committee has adopted policies concerning the process for the consideration of director candidates recommended by stockholders. Any stockholder wishing to recommend a candidate for consideration should send the following information to the Secretary of the Company, Saia, Inc., 11465 Johns Creek Parkway, Suite 400, Johns Creek, Georgia 30097:

- The name and address of the recommending stockholder as it appears on the Company's books;
- The number of shares owned beneficially and of record by such stockholder, the length of period held and proof of ownership of such shares;
- If the recommending stockholder is not a stockholder of record, a statement from the record holder of the shares (usually a broker or bank) verifying the holdings of the stockholder and a statement from the recommending stockholder of the length of time that the shares have been held (or a current Schedule 13D, Schedule 13G, Form 3, Form 4 or Form 5 filed with the Securities and Exchange Commission reflecting the holdings of the stockholder, together with a statement of the length of time that the shares have been held); and
- A statement whether the recommending stockholder has a good faith intention to continue to hold the reported shares through the date of the Company's next annual meeting of stockholders.

The recommendation must be accompanied by the information concerning the candidate required to be disclosed in solicitations of proxies for election of directors in an election contest, or is otherwise required, in each case pursuant to the Securities Exchange Act of 1934 and rules adopted thereunder, generally providing for the disclosure of:

- The name and address of the candidate, the candidate's business experience and public company directorships during the past five years and information regarding certain types of legal proceedings within the past ten years involving the candidate and a statement of the particular experience, qualifications, attributes or skills that make the candidate appropriate for service on the Board;
- The candidate's ownership of securities in the Company; and
- Transactions between the Company and the candidate valued in excess of \$120,000 and certain other types of business relationships with the Company.

The recommendation must describe all relationships between the candidate and the recommending stockholder and any agreements or understandings between the recommending stockholder and the candidate regarding the recommendation. The recommendation shall describe all relationships between the candidate and any of the Company's competitors, customers, suppliers or other persons with special interests regarding the Company.

ADDITIONAL INFORMATION

The recommending stockholder must furnish a statement supporting its view that the candidate possesses the minimum qualifications prescribed by the Nominating and Governance Committee for director nominees, and briefly describing the contributions that the candidate would be expected to make to the Board and to the governance of the Company. The recommending stockholder must state whether, in the view of the stockholder, the candidate, if elected, would represent all stockholders and not serve for the purpose of advancing or favoring any particular stockholder or other constituency of the Company.

The recommendation must be accompanied by the consent of the candidate to be interviewed by the Nominating and Governance Committee, if the Committee chooses to do so in its discretion (and the recommending stockholder must furnish the candidate's contact information for this purpose), and, if nominated and elected, to serve as a director of the Company.

If a recommendation is submitted by a group of two or more stockholders, the information regarding recommending stockholders must be submitted with respect to each stockholder in the group.

The Secretary of Saia will promptly forward such materials to the Nominating and Governance Committee Chair and the Chairman of the Board of Saia. The Secretary will also maintain copies of such materials for future reference by the Committee when filling Board positions.

Stockholder Nominations for Election at Annual Meetings

To nominate a director candidate for election at an annual meeting, a stockholder must deliver timely notice of such nomination to the principal executive offices of the Company in accordance with, and containing the information required by, the Company's Bylaws. To be timely, the notice must be received at the Company's principal executive offices no later than the close of business on the 90th calendar day or earlier than the 120th calendar day prior to the first anniversary date of the immediately preceding year's annual meeting. The process outlined in the Company's Bylaws is the exclusive means for a stockholder to make director nominations at an annual meeting of stockholders.

The summary above is qualified entirely by reference to the applicable provisions of the Company's Bylaws, which have been filed with the Securities and Exchange Commission and copies of which are available from the Company upon request. No stockholder nominations or proposals have been made in connection with the 2021 annual meeting of stockholders.

Stockholder Proposals for 2022 Annual Meeting

Any stockholder who intends to present a proposal at the annual meeting in 2022 must deliver the proposal to Saia's corporate Secretary at 11465 Johns Creek Parkway, Suite 400, Johns Creek, Georgia 30097:

- Not later than November 22, 2021, if the proposal is submitted for inclusion in our proxy materials for that meeting pursuant to Rule 14a-8 under the Securities Exchange Act of 1934.
- On or after December 28, 2021, and on or before January 27, 2022, if the proposal is submitted pursuant to Saia's By-Laws, in which case we are not required to include the proposal in our proxy materials.

By order of the Board of Directors,

A handwritten signature in black ink, appearing to read "Douglas L. Col", written over a horizontal line.

Douglas L. Col
Secretary

**PROPOSED AMENDMENT TO
THE AMENDED AND RESTATED CERTIFICATE OF INCORPORATION TO
DECLASSIFY THE BOARD OF DIRECTORS**

Article VI

Board of Directors; Election

Section 6.01 Number, Election and Terms.

(a) Except as otherwise fixed by or pursuant to the provisions of Article IV hereof relating to the rights of the holders of any class or series of preferred stock or common stock other than Common Stock, the number of the Directors shall be fixed from time to time exclusively pursuant to a resolution adopted by a majority of the Whole Board (which shall in no event be less than three).

(b) ~~The Directors, other than those who may be elected by~~ Subject to the right of the holders of any class or series of preferred stock or common stock other than Common Stock, ~~shall be classified, with respect to the time for which they severally hold office,~~ to elect one or more Directors of the Corporation:

(i) From the effective date of this Certificate of Amendment until the election of Directors at the 2022 annual meeting of stockholders, pursuant to Section 141(d) of the DGCL, the Board of Directors shall be divided into three classes of directors, Class I, Class II and Class III (each Class as nearly equal in number as possible, ~~one class to be originally elected for~~), with the Directors in Class II having a term expiring at the 2022 annual meeting of stockholders, the Directors in Class III having a term expiring at the 2023 annual meeting of stockholders and the Directors in Class I having a term expiring at the 2024 annual meeting of stockholders.

(ii) Commencing with the election of the Directors at the 2022 annual meeting of stockholders, pursuant to Section 141(d) of the DGCL, the Board of Directors shall be divided into two classes of Directors, Class I and Class III, with the Directors in Class III having a term that expires at the 2023 annual meeting of stockholders and the Directors in Class I having a term that expires at the 2024 annual meeting of stockholders. The successors of the Directors who, immediately prior to the 2022 annual meeting of stockholders, were members of Class II (and whose terms expire at the 2022 annual meeting of stockholders) shall be elected to Class III; the Class III Directors who, immediately prior to the 2022 annual meeting of stockholders, were members of Class III and whose terms were scheduled to expire at the 2023 annual meeting of stockholders shall be assigned by the Board of Directors to Class III for a term expiring at the 2023 annual meeting of stockholders; and the Directors who, immediately prior to the 2022 annual meeting of stockholders, were members of Class I and whose terms were scheduled to expire at the 2024 annual meeting of stockholders shall be assigned by the Board of Directors to Class I for a term expiring at the 2024 annual meeting of stockholders.

(iii) Commencing with the election of the Directors at the 2023 annual meeting of stockholders, pursuant to Section 141(d) of the DGCL, the Board shall be divided into one class of Directors, Class I, with the Directors in Class I having a term ~~expiring that expires~~ at the ~~first~~2024 annual meeting of stockholders ~~after the Effective Date, another class~~. The successors of Directors who, immediately prior to the 2023 annual meeting of stockholders, were members of Class III (and whose terms expire at the 2023 annual meeting of stockholders) shall be ~~originally~~ elected to Class I for a term ~~expiring that expires~~ at the ~~second~~2024 annual meeting of stockholders ~~after, and the Effective Date, and another class to be originally elected~~ Directors who, immediately prior to the 2023 annual meeting of stockholders, were members of Class I and whose terms were scheduled to expire at the 2024 annual meeting of stockholders shall be assigned by the Board of Directors to Class I for a term expiring at the ~~third~~2024 annual meeting of stockholders ~~after the Effective Date, with each class to hold office until their successors are duly elected and qualified. At each succeeding annual meeting of the stockholders, successors to the class of Directors whose terms expire at such annual meeting shall be elected for three year terms, with members of each class to hold office until their successors are duly elected and qualified.~~

(iv) Until the 2024 annual meeting of stockholders, the Board of Directors shall remain classified as provided in Section 141(d) of the DGCL. Commencing with the election of directors at the 2024 annual meeting of stockholders, the Board of Directors shall cease to be classified and the Directors elected at the 2024 annual meeting of stockholders (and each annual meeting of stockholders thereafter) shall be elected for a term expiring at the next annual meeting of stockholders.

Each Director elected at any annual meeting of stockholders shall hold office until such Director's successor shall have been elected and qualified, subject to prior death, resignation or removal.

Section 6.02 Election of Directors. Unless and except to the extent that the By-laws of the Corporation (the "By-laws") shall so require, the election of Directors of the Corporation need not be by written ballot.