

# DRIBBLE & SHOOT

PA BASKETBALL COACHES ASSOCIATION *Newsletter*



# PABCA

# New Year News!!

## JOIN TODAY!

Check out the links on each page!

# 2RIBBLE & SHOOT



PA BASKETBALL COACHES ASSOCIATION *Newsletter*



## We Are A Part Of NHSBCA and You can be too!

<https://www.nhsbca.org/about-us>

The National High School Basketball Coaches Association is an organization that unites high school basketball coaches. It is an alliance among State Basketball Coaches Associations that represents over 75,000 coaches nationwide.

### Inside This Issue

January Membership Special P3

\$2,000,000 of General Liability Insurance coverage for their Camps and Clinics.....FREE! P4 & 5

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## Join PABCA Today!

Check out the links on each page!

# DRIBBLE & SHOOT



PA BASKETBALL COACHES ASSOCIATION Newsletter

# Breaking News!!

JOIN TODAY.....DO IT!

January Special

Head Coach &

Staff (Max 10)

Can Combine Boys & Girls Coaches

ONLY \$100.00

Expires March 31st 2021

Save 38%

# DRIBBLE & SHOOT



PA BASKETBALL COACHES ASSOCIATION Newsletter

## More Breaking News!!

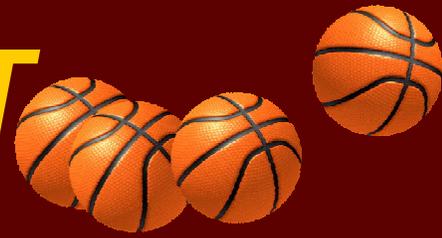
***PABCA Member Coaches can now receive \$2,000,000 of General Liability Insurance coverage for their Camps and Clinics.....FREE!***

***Another GREAT benefit of your PABCA membership.....***

**JOIN TODAY.....DO IT!**

***Details On the Next Page!***

# DRIBBLE & SHOOT



PA BASKETBALL COACHES ASSOCIATION *Newsletter*



## GENERAL LIABILITY INSURANCE PROGRAM

As a membership benefit, coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors. This policy will provide general liability coverage to the Pennsylvania Basketball Coaches Association and its members.

### CARRIER

Houston Casualty Company

### POLICY PERIOD

August 1, 2020 – August 1, 2021

### LIMITS OF INSURANCE

\$1,000,000	Each Occurrence
\$2,000,000	General Aggregate (per Member)
\$1,000,000	Products/Completed Operations
\$1,000,000	Personal & Advertising Injury
\$ 300,000	Fire Damage
\$ 50,000	Sexual Abuse (per Member)
Excluded	Medical Payments

### COVERAGES

- ❖ Educator Professional Liability
- ❖ Participant Legal Liability for insured members
- ❖ Liability assumed under insured written contract
- ❖ Defense Cost outside limits

### EXCLUSIONS

- ❖ The use of automobiles, buses, watercraft and aircraft
- ❖ Property of others in the care, custody, and control of the insured.
- ❖ This insurance does not apply to members that coach at an All-Star game that is not approved by your state coaches association.
- ❖ This insurance does not apply to any loss, cost or expense arising out of infectious or communicable disease.

## CAMP INSURANCE

Today, most Coaches are involved in some type of sports camp. Please note that our General Liability Program follows insured members while working at camps and/or conducting their own personal camp.

In addition, Participant/Accident Coverage is required for coaches and/or participants. Should an accident occur during a camp, clinic or event, this secondary coverage helps offset the loss suffered by families affected by such accidents.

### NEW PROCEDURE FOR CAMP INSURANCE

As a member benefit of your state coaches association, all members in good standing have a \$1,000,000 per occurrence General Liability policy limit that provides coverage for their coaching activities. In order to protect the General Liability policy from potential claims, the insurance company has mandated that all coaches must obtain signed waivers and provide Participant/Accident insurance for their participants.

In order to obtain a certificate of insurance showing proof of insurance or naming an additional insured, the following must be in place:

- ❖ **Waivers:** Signed waivers showing indemnification language
- ❖ **Participant/Accident Insurance:** You must have Participant/Accident coverage in place for all participants attending sports camps.

### PURCHASE INSURANCE

- ❖ Camp Insurance Request form is available on our website: [www.loomislapann.com](http://www.loomislapann.com)

### INSURANCE ADMINISTRATOR

**LOOMIS & LAPANN, INC.**

INSURANCE SINCE 1852

[www.loomislapann.com](http://www.loomislapann.com)

(P) 800-566-6479 | (F) 518-792-3426

Greg Joly  
Lori George  
Karen Boller

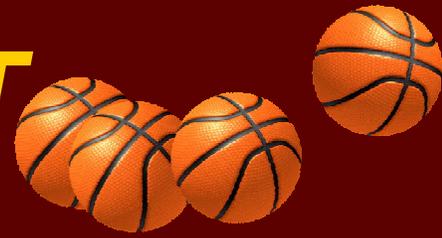
[gjoly@loomislapann.com](mailto:gjoly@loomislapann.com)  
[lgeorge@loomislapann.com](mailto:lgeorge@loomislapann.com)  
[kboller@loomislapann.com](mailto:kboller@loomislapann.com)

*Disclaimer: This is an insurance overview for summary purposes only; for complete policy terms and conditions please refer to the NOCAD Master Policy.*

# JOIN TODAY!

# 6 **DRIBBLE & SHOOT**

PA BASKETBALL COACHES ASSOCIATION *Newsletter*



## **Benefits For You!**

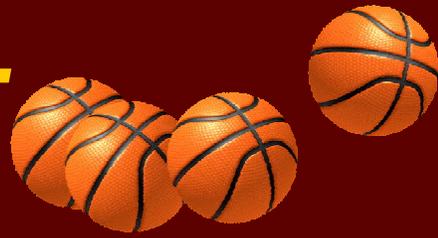
1. *Voice at State Level (PIAA)*
  - \* *Basketball Steering Committee*
  - \* *Coaches Advisory Committee*
2. *Eligible for your player to play in PABCA / Paramount Fall Showcase at discounted rate.*
3. *Nominate fellow member coaches for "PABCA / PGC Ron Galbreath Coach of the Year Award"*
4. *Nominate players for "PABCA / PGC Male and Female Player of Year Award"*
5. *Discount price for Fall Coaches Clinic*
6. *Participate in American Cancer Society 3pt Challenge in January*
7. *Semi-Annual Newsletter*
8. *Invite to Coaches Social*
9. *Qualify for 2M General Liability Camp and Clinic Insurance – FREE*
10. *Access to Member Only Coaches Blog*
11. *Member of National HS Basketball*

**...and More  
Keep Coming!**

1. *Nominate players for All-Star Game*
2. *Coach All-Star Game*
3. *Nominate fellow coaches for Hall of Fame*
4. *Eligible for Hall of Fame*
5. *Players eligible for PABCA Scholarships*

*Check out the links on each page!*

# DRIBBLE & SHOOT



PA BASKETBALL COACHES ASSOCIATION *Newsletter*

## Return to Competition:



### General Considerations for Basketball

Pennsylvania Interscholastic Athletic Association (PIAA)

National Federation of State High School Associations (NFHS)

Sports Medicine Advisory Committee (SMAC)

The NFHS has determined that basketball is a moderate risk sport (sports that involve close, sustained contact, but with protective equipment in place that may reduce the likelihood of respiratory particle transmission between participants OR intermittent close contact OR group sports OR sports that use equipment that can't be cleaned between participants).

### BASKETBALL RULE CONSIDERATIONS:

#### o *Pregame Protocol (2019-2021 NFHS Officials Manual, page 16, 1.8)*

- Limit attendees to the referee, head coach, and one captain from each team with each coach standing on the center circle on each side of the division line.
- All individuals maintain a social distance of 6 feet or greater at the center circle.
- Suspend handshakes prior to and following the Pregame Conference.

#### o *Team Benches (1-13-1)*

- *Social distancing should be practiced when possible. Below are some suggestions.*

Limit the number of bench personnel to observe social distancing of 6 feet or greater.

Place team benches opposite the spectator seating.

Additional chairs or rows may be added to allow bench personnel to observe social distancing of 6 feet or greater.

Create separation between the team bench and spectator seating behind the bench.

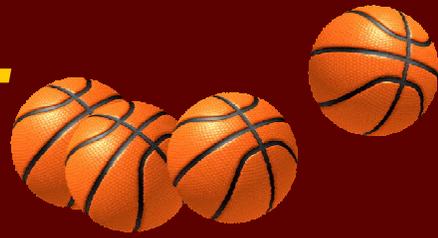
Limit contact between players when substituting.

- Substitutes shall report to the scorer's table but in the event there is more than one substitution, they may sit at the end of the scores table closest to their bench to maintain social distancing.

Coaches and Athletes should adhere to the current Pennsylvania Secretary of the Department of Health **Order** of July 1, 2020.

*Check out the links on each page!*

# DRIBBLE & SHOOT



PA BASKETBALL COACHES ASSOCIATION *Newsletter*

## Return to Competition:



### General Considerations for Basketball

Pennsylvania Interscholastic Athletic Association (PIAA)

National Federation of State High School Associations (NFHS)

Sports Medicine Advisory Committee (SMAC)

**(cont'd)**

#### ▪ **Officials Table (2-1-3)**

- The host should sanitize the table before the game and at half time.
- Place officials table sufficiently away from the sideline to allow for additional space for substitutes.
- Limit seats at the table to essential personnel which includes home team scorer and timer with a recommend distance of 6 feet or greater between individuals. Other personnel (visiting scorer, statisticians, media, etc.) may not be deemed essential personnel and consider an alternate location for them.
- Table personnel should adhere to the current Pennsylvania Secretary of the Department of Health **Order** of July 1, 2020.

#### ○ **Pre and Post Game Ceremony**

- Suspend the pregame introduction handshakes.

This includes shaking opposing head coach and officials prior to the game.

- Suspend post game protocol of shaking hands.

#### ○ **Basketball Rules Interpretations**

##### ▪ **EQUIPMENT AND ACCESSORIES**

- Basketball

Ball shall be sanitized as recommended by the ball manufacturer and not used for warm-ups.

The host school should ensure that the ball is sanitized during time-outs and between quarters.

Sanitizer should be provided by the host team at the table.

- Cloth face coverings are permissible for players.

# DRIBBLE & SHOOT



PA BASKETBALL COACHES ASSOCIATION *Newsletter*

## Return to Competition:



### General Considerations for Basketball

Pennsylvania Interscholastic Athletic Association (PIAA)

National Federation of State High School Associations (NFHS)

Sports Medicine Advisory Committee (SMAC)

**(cont'd)**

Officials should have face coverings readily available in the event they will be conversing with players/coaches/game personnel within six feet.

- Gloves are permissible.

#### o Other Considerations

##### ▪ *Throw-in*

- Official may stand 6 feet or greater away from player making the throw-in and bounce the ball to that player on a front court throw-in.

##### ▪ *Free Throw Administration*

- The lead official shall stand on the end line and bounce the ball to the free thrower.

##### ▪ *Jump Ball*

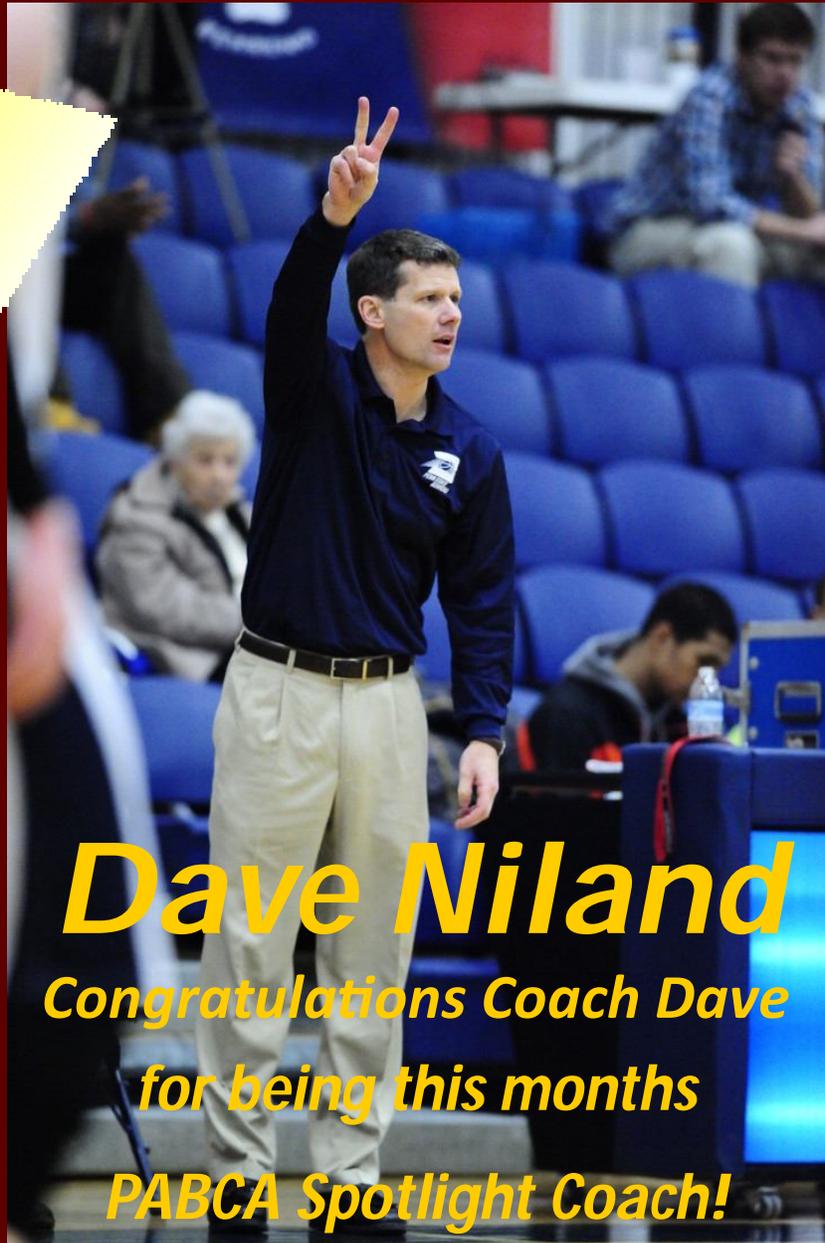
- Official can designate another official to toss the ball in the center restraining circle for all jump-ball situations. (Rule 2-5-1)

##### ▪ *Scorebook*

- Officials do not need to sign the score book but will need to have verbal verification on roster and starter submissions prior to the 10 minute mark.



# PA Coach-

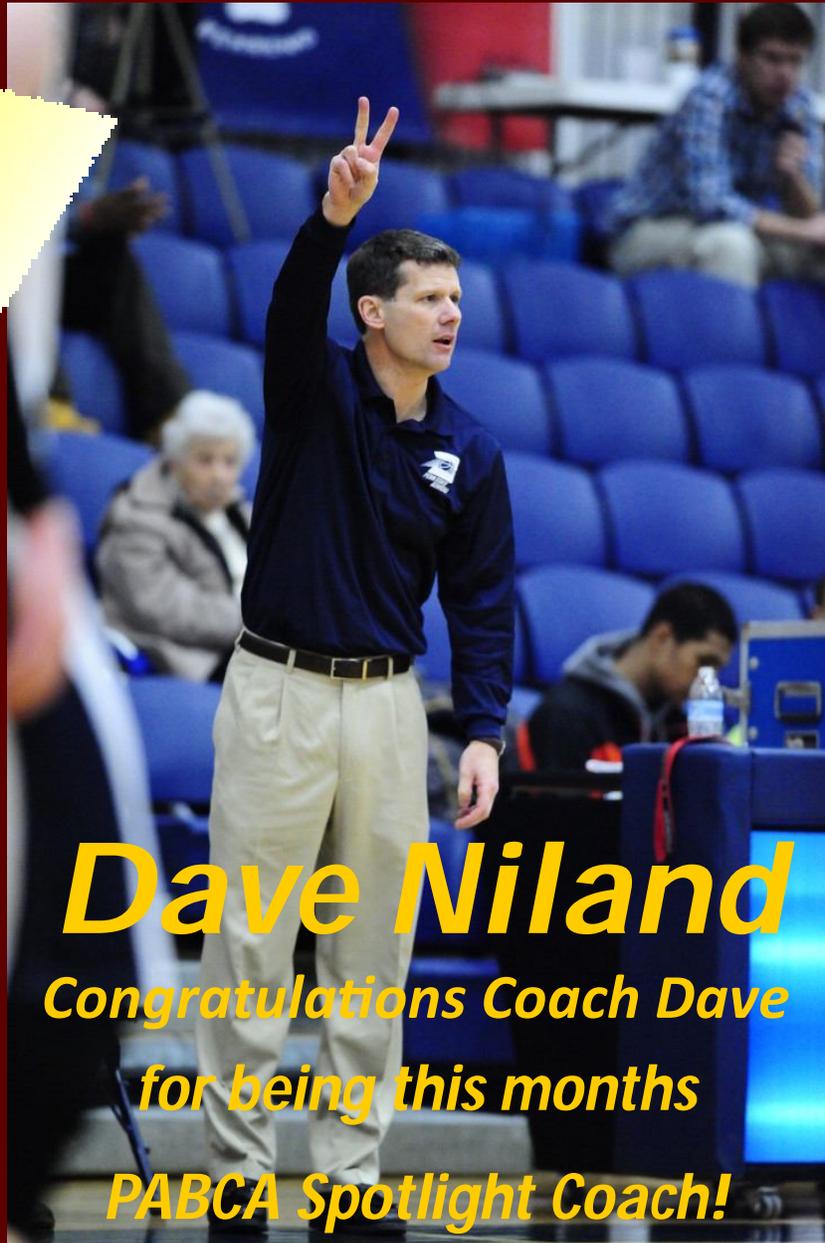


Penn State Behrend head men's basketball coach Dave Niland enters his 27th season guiding the Behrend Lions program. Niland has produced 26 consecutive winning seasons to rank 20th among NCAA Division III programs for winningest teams of the decade. The Lions also have earned an NCAA or ECAC postseason bid in 24 of the past 25 years. Niland is the all-time leader in men's basketball coaching victories with 515 entering this season.

The Lions have advanced to the NCAA Tournament eight times and has made 14 appearances in the ECAC South Region Tournament, winning the title in 1998-99 and 2009-10.

Niland has been named the AMCC Coach of the Year seven times— a league and college record. His teams have won seven regular-season league titles and six conference tournament championships. In 2008-09, the men's basketball team forged a record of 18-10 and earned its third ECAC Tournament bid. The previous year, Niland led the Behrend Lions to an impressive 24-5 record, as the team captured the regular-season AMCC championship and the conference tournament before eventually falling in the second round of the NCAA Tournament in Rochester, New York. That squad's defensive prowess was recognized for the second time in four seasons, as Behrend led Division III in scoring defense, limiting the opposition to a measly 54.6 points per game.

# PA Coach-



During the 2006-07 season, Niland's team posted an impressive 21-8 mark and advanced to the ECAC Southern Region Tournament Championship Game. The year before, coach Niland's program received the Schoenfeld Award, the highest honor the Collegiate Basketball Officials Association (COBA) bestows each year. This coveted award is presented to the team identified as having "the highest degree of sportsmanship, character, and ethics among their players, coaches and spectators."

His 2003-04 team led all of Division III in scoring defense and posted a 22-3 record entering the NCAA Tournament. The 1999-2000 team had the best season in school history, setting the school record for wins with 26 while advancing to the NCAA Elite Eight—the first-ever NCAA Tournament appearance for men's basketball. Also, in 1998-99, his squad earned the ECAC Southern Region Championship.

Niland came to Behrend after spending four seasons as an assistant coach at Canisius College and one season at Elmira College. He was a four-year letterman and captain during his senior year as a basketball standout at LeMoyne College. He earned his master's degree in physical education from Canisius and is now also a lecturer in health and physical education at Penn State Behrend.

# Dealing With Parents

by Rick Bell



We started having mandatory parents/players meetings in the 1990's after I heard Marquette's Coach Al McGuire speak at a clinic. He asked how many of us had problems with parents, and almost everyone raised their hand. He asked how many of us had a meeting with the parents before the season explaining YOUR expectations for THEIR behavior. No one raised their hand. Coach McGuire said, "I do not feel sorry for any of you." We have had a meeting every year since that clinic.

I sent a letter to every parent, our administration, and our school board inviting them to the meeting. I invited the administration and the school board so they could be a part of the process, because many parents will go over your head to them and I would rather they heard first from me. Remember, be proactive, not reactive. I would also ask the parents to contact me directly if they would not attend the meeting. If they did not, but approached me during the season I would tell them that we discussed that at the meeting and that they did not contact me so I would not discuss it now.

At the meeting we discussed team rules that the players and parents had to sign and return to me. We discussed that playing time was earned and not negotiated. We discussed the difference between role and status. Not everyone has the same role, but they all have the same status. We reminded them that the players had at least 160 free opportunities to improve during our offseason and preseason programs. We discussed multiple sport athletes. We discussed that if a parent ever requested a meeting that the meeting would include our entire coaching staff and their son. We discussed the "outside noise." We discussed how I deal with the media. I told the parents that our practices were open, we had nothing to hide, but if they attended DO NOT coach. In 31 years, not one ever attended. Finally, we discussed my relationship with and the role of the booster group.

As I stated in the title, I truly believe the key is to be proactive and not reactive. I was a head coach at two different high schools in the suburbs of Pittsburgh and I could count on one hand the number of major issues I ever had with a parent.



# *Steering Committee Meeting Minutes*

*Tuesday, October 13th 2020*

### MEMBERS PRESENT

Gary Kochersperger .....	District 1
David Bitting .....	District 3
Chris Venna .....	District 4
Paul Leonard .....	District 5
Bill Marshall .....	District 6
Mike Hudak .....	District 6
Bill Cardone .....	District 7
Brian Geyer .....	District 7
Karen Arnold .....	District 8
Randy Reitz .....	District 9
Dr. Peter Iacino .....	District 10
Ray Kinder .....	District 11
Joseph Sette .....	District 12
Glenn Anderson.....	PABCA
David Wright .....	PIAA Statewide Basketball Rules Interpreter

### ADMINISTRATIVE STAFF PRESENT

Dr. Robert Lombardi, Associate Executive Director .....	PIAA
Mark Byers, Chief Operating Officer.....	PIAA
Melissa N. Mertz, Associate Executive Director .....	PIAA
Patrick B. Gebhart, Assistant Executive Director .....	PIAA
Jennifer S. Grassel, Assistant Executive Director .....	PIAA



## Steering Committee Meeting Minutes (cont'd)

*Tuesday, October 13th 2020*

### BOARD OF DIRECTORS PRESENT

Aaron Straub ..... District 9

### GUESTS PRESENT

Sean Kelly ..... District 1

Amy Scheuneman ..... District 7

### CERTIFICATION OF VOTING REPRESENTATIVE FROM

### EACH DISTRICT COMMITTEE AND REVIEW PURPOSE OF AND STEERING COMMITTEE PROCEDURES

The Assistance Executive Director certified the voting representatives from each of the District Committees and reviewed the procedure of advancing recommendations to the PIAA Board of Directors.

### MINUTES FOR PIAA BOARD OF DIRECTORS' ACTION

1. On a motion by Mr. Wright, seconded by Mr. Cardone, it was unanimously voted to recommend to the PIAA Board of Directors, to utilize a jump ball during the 2020-2021 season for the start of the game and each overtime period.

2. On a motion by Mike Hudak seconded by Dave Wright, it was unanimously voted to recommend to the PIAA Board of Directors, for officials not to sign the official scorebook but rather have verbal verification of roster and starters. (Rule 3-2)

### ADMINISTRATIVE AND DISCUSSION ITEMS

At its meeting of Tuesday, October 13<sup>th</sup>, 2020, the following administrative and other items were discussed by the PIAA Basketball Steering Committee. The Administrative Staff will give consideration to those items designated as administrative. The following items are shared with the PIAA Board of Directors for informational purposes:

1. Mrs. Grassel explained to the committee the process of the Return to Competition Guidelines and how each steering committee would review the NFHS guidelines and discuss any recommendations that would need to be made. These recommendations would then be presented to the Sports Medicine Advisory Committee (SMAC) as well as the Board of Directors for approval.

2. Extensive conversation was on the NFHS guidelines and the following recommendations were made by the committee:



# Steering Committee Meeting Minutes (cont'd)

Tuesday, October 13th 2020

## Return to Competition

### 1. Basketball Rules Considerations)

#### o *Pregame Protocol (2019-2021 NFHS Officials Manual, page 16, 1.8*

- Limit attendees to the referee, head coach, and captain from each team with each coach standing on the center circle on each side of the division line.
- All individuals maintain a social distance of 6 feet or greater at the center circle.
- Suspend handshakes prior to and following the Pregame Conference.

#### o *Team Benches (1-13-1)*

#### o *Social distancing should be practiced when possible. Below are some suggestions.*

Limit the number of bench personnel to observe social distancing of 6 feet or greater.

Place team benches opposite the spectator seating.

Additional chairs or rows may be added to allow bench personnel to observe social distancing of 6 feet or greater.

Create separation between the team bench and spectator seating behind the bench.

Limit contact between players when substituting.

- Substitutes shall report to the scorer's table but in the event there is more than one substitution, they may sit at the end of the scores table closest to their bench to maintain social distancing.

Personnel not in the game should adhere to any required local/state face covering requirements. (Addressed in General Considerations)

#### o *Officials Table (2-1-3)*

- The host should sanitize the table before the game and at half time.
- Place officials table sufficiently away from the sideline to allow for additional space for substitutes.
- Limit seats at the table to essential personnel which includes home team scorer and timer with a recommend distance of 6 feet or greater between individuals. Other personnel (visiting scorer, statisticians, media, etc.) may not be deemed essential personnel and an alternate location may be considered for them.
- Table personnel should adhere to the current Pennsylvania Secretary of the Department of Health **Order** of July 1, 2020. required local/state face covering requirements.

### 2. Pre and Post Game Ceremony

- o Suspend the pregame introduction handshakes.



# Steering Committee Meeting Minutes (cont'd)

Tuesday, October 13th 2020

- This includes shaking opposing head coach and officials prior to the game.
- Suspend post game protocol of shaking hands.

### 3. Basketball Rules Interpretations

#### ○ **EQUIPMENT AND ACCESSORIES**

##### ▪ Basketball

Ball given to officials in the locker room, shall be where it is be sanitized as recommended by the ball manufacturer and not used for warm- ups.

The host school should ensure that the ball is sanitized during time-outs and between quarters.

Sanitizer should be provided by the host team at the table.

- Cloth face coverings are permissible for players.
- Coaching staff and other bench personnel to wear face coverings while on the bench shall follow the current Pennsylvania Secretary of the Department of Health **Order** of July 1, 2020.

#### ○ **Officials Uniform and Equipment**

- Long-sleeved shirts are permissible.
- Officials should not be required to wear jackets during pre-game court/player observation.
- Electronic whistles are permissible (supplies are limited).

Choose a whistle whose tone will carry inside.

- Cloth face coverings are permissible.
- Officials should have face coverings readily available in the event they will be conversing with players/coaches/ game personnel within six feet.
- Gloves are permissible.

### 4. Other Considerations

#### ○ **Throw-in**

- Official may stand 6 feet or greater away from player making the throw-in and bounce the ball to that player on a front court throw-in.

#### ○ **Free Throw Administration**

- The lead official shall stand on the end line and bounce the ball to the free thrower.

#### ○ **Jump Ball**

- Eliminate the jump ball and award the ball to the visiting team the first alternating possession for the throw in.



## Steering Committee Meeting Minutes (cont'd)

Tuesday, October 13th 2020

- To start an overtime period, use a coin toss to determine which team is awarded the ball.
- Official can designate another official to toss the ball in the center restraining circle for all jump-ball situations. (Rule 2-5-1)

### o *Scorebook*

- Officials do not need to sign the score book but will need to have verbal verification on roster and starter submissions prior to the 10 minute mark.

3. There was discussion on potential changes for post-season. Mrs. Grassel explained the reasoning for the limitation on qualifiers for fall championships and how it reduces cross state travel as well as limiting possible exposures. Dr. Iacino commented that it was too early to make any finite decisions on basketball post-season. Mrs. Grassel offered the suggestion of reconvening the committee sometime during the season to review possible post season scenarios if warranted.

### ADJOURNMENT

Mrs. Grassel adjourned the meeting of the PIAA Basketball Steering Committee at 1:53 p.m., Tuesday, October 13th, 2020.

### PIAA BOARD OF DIRECTORS' ACTION

The following are the actions taken by the PIAA Board of Directors on Wednesday, October 28, 2020 in regard to the PIAA Basketball Steering Committee recommendations:

1. On a motion by Mr. Seltzer, seconded by Dr. Iacino, the Board unanimously approved a recommendation from the Basketball Steering Committee to use a jump ball during the 2020-2021 season for the start of the game and each overtime period.
2. On a motion by Ms. Gregory, seconded by Mr. Hudak, the Board unanimously approved a recommendation from the Basketball Steering Committee that Officials not sign the official's scorebook but rather have verbal verification from teams as to their roster and starters.
3. On a motion by Mr. McBain, seconded by Mr. Craig, the Board unanimously approved the minutes from the Basketball Steering Committee meeting of October 13, 2020.

# 2021 VIRTUAL or LIVE Coaches Clinics

YOU

HER

HIM

SHE

US



HE

THEY

THEM



**PGC**  
**BASKETBALL**

For 28 years, PGC has been the worldwide leader in teaching players how to think the game, be a leader, and run the show.

We believe *every* player deserves to know how to unlock their potential.

We believe *every* player deserves to discover to know how to be a leader on and off the court.

And, we believe *every* player deserves to know how to use the game to propel themselves to success in life.

*This is the heart behind all we do at PGC.*

Our Partner Program has been designed to reward coaches and programs who have—or who plan to have—multiple players and/or coaches attend a PGC course.





## RON GALBREATH PABCA PGC TRANSFORMATIONAL COACH AWARD

### Award Description

This award is presented annually to a Pennsylvania Basketball Coaches Association ( PABCA ) boys and girls coaches who have had a transformational effect on the lives of their players and coaches, and have had a significant positive impact at their school or within their community. The recipients should be respected by their players and fellow coaches for their dedication, their positive approach, and their integrity on and off the court.

**Eligibility:** The nominee must have at least three years of experience coaching high school basketball as an assistant or head coach and a current PABCA member

**Who can Submit:** Nominations may be submitted by an AD, coach or player, of a PABCA member school

**Membership:** If you're not currently a PABCA member, join TODAY at [www.pa-bca.org](http://www.pa-bca.org)

**Award:** Winners of the award will receive a PGC scholarship to a PGC course of their choice

**How to nominate:** Please submit the nomination via email to [partner@pgcbasketball.com](mailto:partner@pgcbasketball.com)

**Deadline:** Submissions must be received by March 27<sup>th</sup>

CLICK HERE  
FOR THE TRANSFORMATIONAL COACH AWARD FORM  
AND THEN SCROLL DOWN



**PGC**  
**BASKETBALL**

## RON GALBREATH PABCA PGC TRANSFORMATIONAL COACH AWARD

2020 WINNER

**CHRIS MELE**

HICKORY HIGH SCHOOL

Coach Mele just completed his 3<sup>rd</sup> year as the Hickory High School Boys Basketball Coach. Hickory competes in District 10 in the AAAA Division. The Hornets won the District 10 Title this year for the second year in a row and the first back to back titles at Hickory since the 1950's.

The Hornets reached the PIAA Quarterfinals but did not get a chance to play the game because of the statewide shutdown due to the coronavirus. Hickory finished the season with a record of 23-4 and the Hornets have compiled a 3- year record of 71-12 under the direction of Coach Mele.

Mele credits his assistant coaches, Jeanette Whitehead, Marco Miller, Gary Swanson and Jon Walsh for helping create a winning culture at Hickory.

Before arriving at Hickory, Mele was the Varsity Girls Basketball Coach at Kennedy Catholic High School and led the Golden Eagles to 4 consecutive District 10 Championships and an overall record of 92-12.

Chris and his wife Michelle live in Hermitage and have 4 children, 2 of which (Tyler and Peyton Mele) play on Hickory's basketball team.



[CLICK HERE](#)  
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[Ron Galbreath](#)  
[PABCA/PGC](#)  
[Transformational](#)  
[Coach Award](#)



**PGC**  
**BASKETBALL**

# PABCA / PGC HEART OF A CHAMPION AWARD

2020 WINNER



**DONALD WHITEHEAD**

**HICKORY HIGH SCHOOL**

Donald has been a 4-year starter at point guard for the Hickory Hornets and has led his team to back to back District 10 Titles, 2 PIAA Quarterfinals and 1 PIAA Semifinal and was selected on the PIAA All State Team his junior year.

He has scored 1,837 points in his career and is the second leading scorer in Hickory High School history and will go down as one of the very best players in Mercer County history.

This season he averaged 21 points, 5 assists, 3 steals and 3 rebounds per game and shot 75% from the foul line.

A lightning quick guard with great ball handling skills, he also shoots the ball very well off the dribble as well as the outside while also having the ability to elevate and finish at the rim. Donald has also consistently been one of the best defenders on his teams at Hickory.

Donald has received multiple scholarship offers and plans to make a decision soon as to where he will continue his educational and basketball career.

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[PGC HEART OF A](#)  
[CHAMPION](#)  
[AWARD](#)  
[NOMINATION](#)  
[FORM](#)



**PGC**  
**BASKETBALL**

# PABCA / PGC HEART OF A CHAMPION AWARD

2020 WINNERS



## LIZZY GROETSCH

NORTH ALLEGHENY

North Allegheny junior guard Lizzy Groetsch has truly displayed the heart of a champion. The first player in the gym at 5:30 a.m. and typically the last to leave after practice, Groetsch's desire and determination led North Allegheny to a WPIAL Class 6A championship in 2020. The Tigers defeated Bethel Park 54-50 in overtime in the title tilt. Groetsch tallied a team-high 19 points against a Black Hawks defense designed to stop her and netted the go-ahead basket with 25 seconds to play in the extra session to give NA a 51-50 lead.

An impact player since her freshman season, Groetsch has helped North Allegheny to three WPIAL Class 6A title game appearances and two District 7 crowns. The University of Pennsylvania commit has racked up 1,051 points in her three-year career and tallied her 1,000<sup>th</sup>-career point during NA's championship victory against Bethel Park.

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**PGC**  
**BASKETBALL**

# PABCA / PGC HEART OF A CHAMPION AWARD

2020 WINNERS



**LIZZY GROETSCH** *(cont'd)*

**NORTH ALLEGHENY**

For the 2019-2020 campaign, Groetsch led the Tigers with 17.4 points per game, also averaging 7.7 rebounds, 4.1 assists, 3.7 steals and 1.2 blocks per contest. With the ability to slash to the rim and knock down the 3-pointer, the talented guard also poured in 41-percent of her shots from beyond the arc and had a 78-percent success rate at the free-throw line. For her efforts this season, Groetsch was named First-Team All-Section by the Big 56 Conference for the second straight season and the Pittsburgh Post-Gazette girls' basketball Player of the Year. Additionally, Groetsch was selected to the PG's Fab Five team and the Trib Live High School Sports Network's Trib 10 all-star team.

With the help of Groetsch, North Allegheny reached the PIAA Class 6A quarterfinals before the season was halted due to COVID-19

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## ***Kathy McCartney*** ***District 1***



Coach Kathy McCartney finished her 35<sup>th</sup> season at Villa Maria and had amassed 641 wins at the helm of the program. Her longevity coupled with the team's success has made the Villa basketball program one of the most consistently successful programs in the state. During her tenure the Hurricanes have won 18 AACA titles, 11 District I championships and have made several deep runs into the PIAA State Tournament. In 2017 Coach McCartney was recognized as an outstanding mentor to area youth by Youth Mentoring Partnership. In 2018 she was inducted into the Chester County Sports Hall of Fame.

Kathy played high school basketball at Bishop Shanahan and her college ball at LaSalle University where she captained the 1983 NCAA qualifying team. She holds a Master degree in Education Leadership. Coach McCartney's goal is not only to win championships but to help prepare her players for life beyond Villa Maria. She feels strongly that the life lessons acquired during a high school basketball career will lay the foundation for a successful adult life.



## ***Monique Boykin District 1***

Monique S. Boykins, known to her players as “Coach Mo”, has been the Girls’ Varsity Head Basketball coach for the Penn Wood High School Lady Patriots in Lansdowne, Pa. since 2010. Prior to becoming the Head Coach she was the Assistant Coach from 2008 to 2010. Her unique coaching style has successfully rebuilt the Lady Patriots into a successful and competitive basketball program. It was under Monique’s leadership that the Lady Patriots made their first play-off appearance since 2001 against Neshaminy High School. 100% of her graduating seniors have received college assistance as a result of the skills and character development within Monique’s program. Coach Mo has led the Lady Pats to 3 Del-Val Titles and 1 PIAA State Appearance (2016). Monique has also been the head coach for two AAU travel teams; Mid-Atlantic Heat 16u (2010- 2011) and PA Running Rebels 15u (2012-13). While coaching these winning organizations against the nation’s best talent she strove to consistently bring out the best in her players while providing exposure to some of the best college programs in the United States. Monique believes strongly in giving back to her community and in 2011, when she became aware that the local P.A.L. in Darby, PA had fallen apart, Monique created the “Jump-Start” basketball league at the Darby Recreation Center providing a fun and competitive basketball league for children and young adults.

# ***PABCA DIRECTORS***



## ***Monique Boykin District 1***

***(cont'd)***

Under this umbrella Monique developed and ran the basketball league for men 8-25 years of age. Monique began her basketball career at Penn Wood High School (1998-2002). During her high school career she had 986 points and currently holds the rebounding record of 1,064 rebounds. Monique made first-team All Del-Val two seasons in a row (2000-2002) and with the help of Dominique Lewis, one of the top players in the Tri-State area, in 2002 she led the Lady Patriots to the Del-Val Championship with a 56-54 win over Chester High School. After graduating Penn Wood High School Monique continued her education and basketball career at Kutztown University of Pennsylvania. At Kutztown Monique played under Janet Malouf (graduate of Rutgers University) and became known as a strong aggressive forward. During her college career Monique had 73 blocked shots and continues to hold one of the block shot titles. She was recognized for her hard work and leadership qualities in 2007 with the Coaches Award as well as receiving the All-Conference PSAC award. Monique graduated Kutztown University in 2007 earning a B.S. in Biology with a concentration in cell/micro/molecular. In 2008 Monique toured with the Global Sports Academy playing Women's Basketball in Belgium, Holland and France. It was during this time that Coach Mo competed against Europe's top women's basketball players.



## ***Monique Boykin District 1***

***(cont'd)***

Currently Coach Mo is coaching at Lower Merion High School. Coach Mo started off season 2016- 2017 at LM with a 13-9 season, and was ranked #4 in the central league. Monique has developed "TeamS.U.C.C.E.S.S.Youth", an AAU organization focused on educating and empowering youth through athletics, fitness and social networking. Monique recognizes that in today's world our youth are maturing very fast and that by providing and sharing with young women the tools she learned during her diverse basketball career, enable our youth to build a positive character within a team atmosphere. It is her goal that every young woman within her programs mature into not only the best ballplayer but the very best person they were created to be. Monique's guiding principal is best described using her favorite quote "Let your passion be your vehicle to your success!"



## *Tanner Prosser District 5 Boys*



Played at Brentwood High School, graduated 1999, 2 year captain

Played at Grove City College, 3 year captain, 6th on Grove City's all-time scoring list

Starting my fourteenth year as Head Varsity Basketball Coach at Berlin-Brothersvally High School

Also, currently 5th Grade Teacher, Athletic Director, and Head Varsity Baseball Coach

Married (Rachel) with 3 children (Pace, Coral, Bryn)

## . Audrey Hall District 6 Girls

### **Dori Oldaker** *District 7 High School Girls*



Named as head coach of the 2016 USA Basketball Women's U17 World Championship Team on March 3, 2016, Oldaker previously helped lead the USA to a bronze medal as the USA head coach at the 2015 FIBA Americas U16 Championship in Puebla, Mexico; a gold medal and a 13-0 record as head coach of the 2014 U.S. Youth Olympic Games Women's 3x3 Basketball Team; and four times she has served as a USA Basketball court coach, including the 2014 USA U17 World Championship Team Trials, the 2012 USA U17 and U18 National Team Trials and the 2011 USA U16 National Team Trials.

### **Rick Bell** *District 7 High School Boys*

Head Basketball Coach at Canon McMillan High School. Has worked many camps in the Pittsburgh Area and has taken two basketball programs to great success in Peters Township School District and now Canon McMillan High School. He is The Players Edge Summer Camp Director and is coveted as one of the premier summer camp directors in the Pittsburgh Area. Other coaches included are Jennifer Hansberry, Justin Police, Leah Killeen and many more coaches and former players.



## **Zach Sarver** *District 10 High School Boys*

Zach Sarver, a three-time Slippery Rock University graduate and former standout player on the SRU basketball team, has been named head boys basketball coach at Sharon High School.

Sarver earned his bachelor of science in mathematics from SRU in 2006, a secondary education degree for teaching mathematics and science in 2007 and a master of science degree in sport management in 2009.

"I've been fortunate to learn from some exceptional coaches," Sarver said. "I've been blessed to be mentored and tutored by them." Sarver was a guard when playing for The Rock. He was a first-team Butler Eagle all-star selection following his senior season in 2001-02.

He has served as an assistant coach at Grove City High, Hickory High, Sharpsville High, two top high school programs in Maryland and had worked as a graduate assistant at SRU. Prior to taking the Sharon post, he served as a teacher and coach of the boys and girls track and field team at Sharpsville High School. The Sharon Tigers went 34-34 the last three years - including two trips in the District 10 playoffs.





## ***. Dennis Cscesnits District 11 Boys***



**Allentown Central Catholic High School, Allentown, PA**

*Athletic Director/ Director of Advancement (2014 - present)*

Manages all facets of Interscholastic Athletic Program offering 22 sports.

Implemented Coaches leadership and professional development program.

Leadership role in campaign that provided funding for \$2.2 million in facility renovations.

*Head Coach – Boys Basketball (2012-Present)*

Led the program to three District XI Championships–(12-13, 13-14, 17-18) with an overall record of 140-47.

Led Team to Lehigh Valley Conference Championship 2013-14.

Named Allentown Morning Call – Team of the Year 2013 and 2014. LVBR Coach of Year 2014.

*Assistant Coach – Boys Basketball (2010 - 2012)*

Instrumental in leading the program to back-to-back district 11-3A championships.

**DeSales University, Center Valley, PA.**

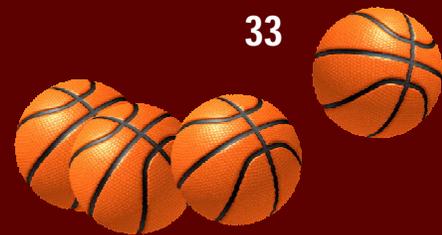
*Major Gift Officer / Director of Athletic Advancement (2009 - 2014)*

Served an integral part in completing a \$30 million campaign to support a business and healthcare facility.

Planning and implementation of athletic facilities campaign.

Responsible for cultivation, solicitation and stewardship of 150+ major gift portfolios.

(Continued on next page)



## WHO ARE WE

The National High School Basketball Coaches Association is an organization that unites high school basketball coaches. It is an alliance among State Basketball Coaches Associations that represents over 75,000 coaches nationwide.

If you are a member of your State Basketball Coaches Association, then you are already a member! If your state does not have a Basketball Coaches Association, visit us at <http://nhsbca.org> and join or get information on how to start one!

<https://www.nhsbca.org/>

## WHO ARE WE



BASED IN COLORADO SPRINGS, COLO., USA BASKETBALL IS A NONPROFIT ORGANIZATION AND THE NATIONAL GOVERNING BODY FOR MEN'S AND WOMEN'S BASKETBALL IN THE UNITED STATES.

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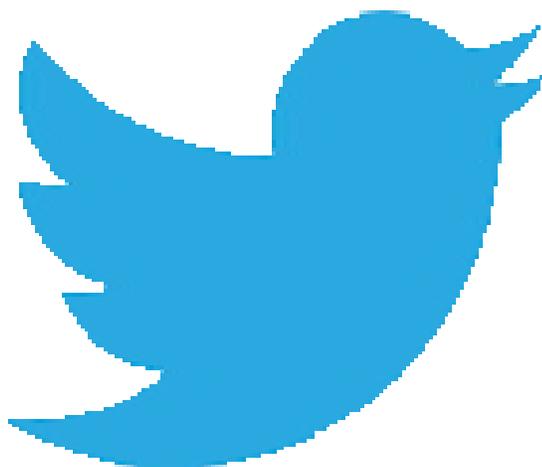
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# *Social Media*



**PENNSYLVANIA BASKETBALL  
COACHES ASSOCIATION**

Membership Application

Dues: \$40.00 for Each Coach



*January Special  
ONLY  
\$100.00*

for Head Coach and Staff (10 max)

PLEASE PRINT CLEARLY

Please complete form below:

PROGRAM: \_\_\_\_\_ BOYS PROGRAM \_\_\_\_\_ GIRLS PROGRAM

Position: \_\_\_\_\_ Varsity \_\_\_\_\_ Junior Varsity \_\_\_\_\_ Other: \_\_\_\_\_

Coach's Name \_\_\_\_\_

Staff Members' Name: \_\_\_\_\_

(Limit 10) \_\_\_\_\_

Coach's Email Address: \_\_\_\_\_

School Name: \_\_\_\_\_

Daytime Telephone Number: \_\_\_\_\_

Cell Phone Number: \_\_\_\_\_

Send Check Payable to PABCA:

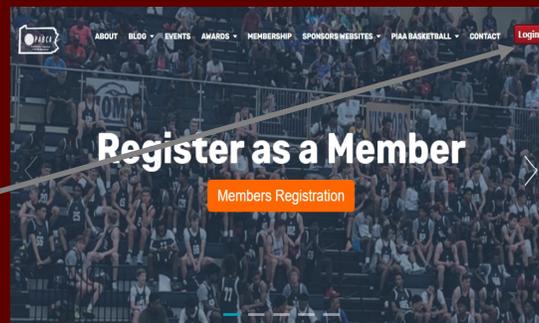
PABCA 10675 Perry Highway, #62 Wexford, PA 15090

- If school membership please include list with coaches names & email address.
- **ALL MEMBERS MUST BE APPROVED BY PABCA EXECUTIVE BOARD**

**[CLICK HERE Go To The PABCA Membership App of our Website](#)**

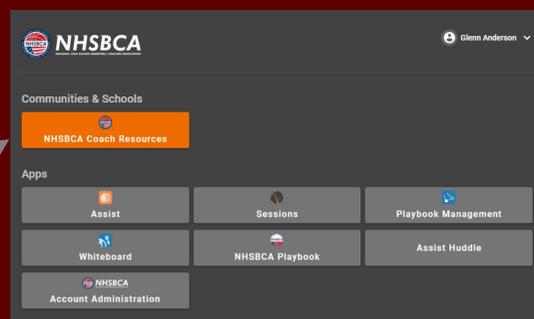
# Coaches... "You Can Access NHSBCA Info"

**Start Here** <https://pa.nhsbca.org/> Then Click on the orange Login button on the upper right corner.

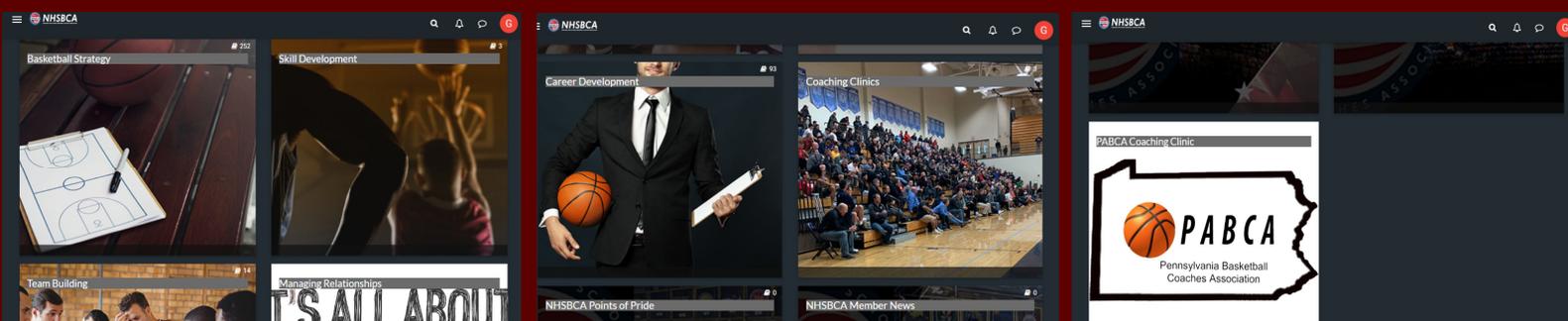
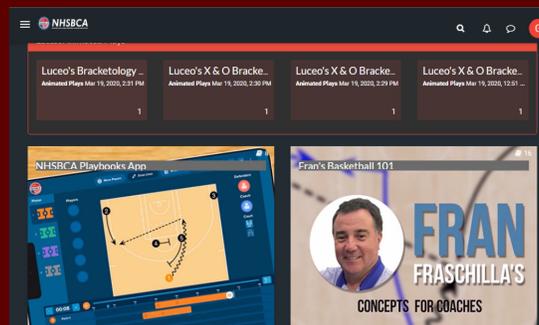


**Then** Enter your Membership Email and Password.

**Then** Click on the orange NHSBCA Button on the Left.



**Then** Scroll down to all the different NHSBCA Information and Click on what you want to see!



# DRIBBLE & SHOOT



PA BASKETBALL COACHES ASSOCIATION Newsletter



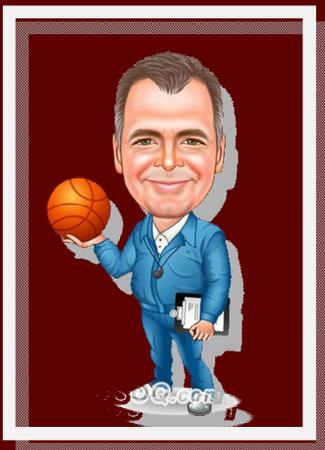
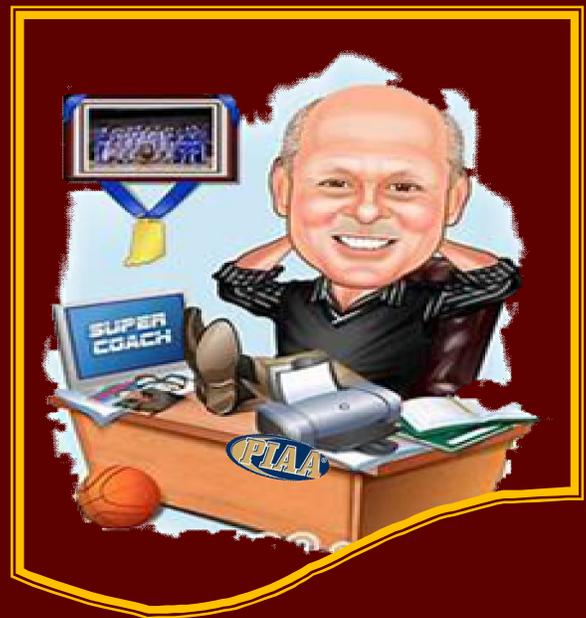
• *Semi Annual Newsletter*

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*Nominate Fellow Member coaches for "Ron Galbreath Coach of The Year Award"*

*...AND MUCH MORE!*



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