

Getting started with Phonak Remote Support and fitting during Coronavirus

A guide to setting up and pairing your
hearing aid(s)



A Sonova brand

PHONAK
life is on

CAUTION: These devices need to be programmed by your hearing care professional before being used.

You should already have an appointment set-up. If not, please contact your hearing care professional. It is NOT advised that you wear your hearing aid(s) until after your appointment is completed.

The purpose of this guide is to prepare you and your hearing aids to communicate with your hearing care professional remotely using your mobile device. **If recommended by your hearing care professional**, chapters 1 and 2 can be completed on your own. Chapter 3 **must** be completed with your hearing care professional.

If you are advised to proceed and do not know the answer to any of these questions, contact your hearing care professional.

Start here

Question 1

Have you installed the myPhonak app on your phone?

If **YES**, continue to question 2.

If **NO**, skip question 2 and start at chapter 1.

Question 2

Have you created a myPhonak account?

If **YES**, continue to question 3.

If **NO**, skip question 3 and start at chapter 2.

Question 3

Have you already completed a remote support appointment with your hearing care professional?

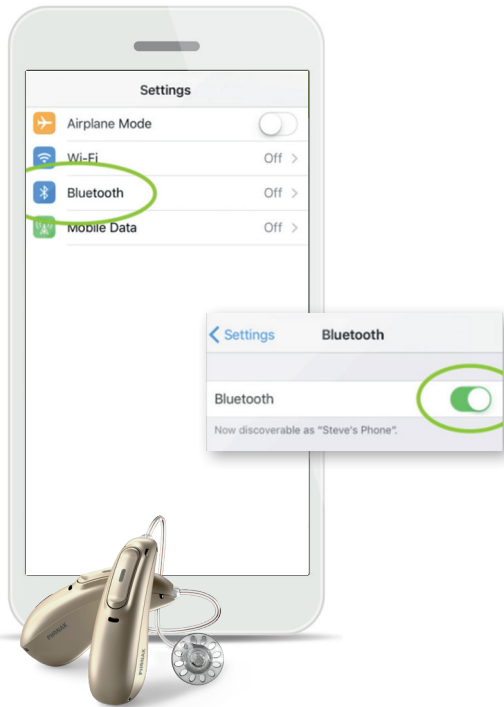
If **YES**, continue to chapter 4.

If **NO**, continue to chapter 3.

1. Setting up the myPhonak app*

1

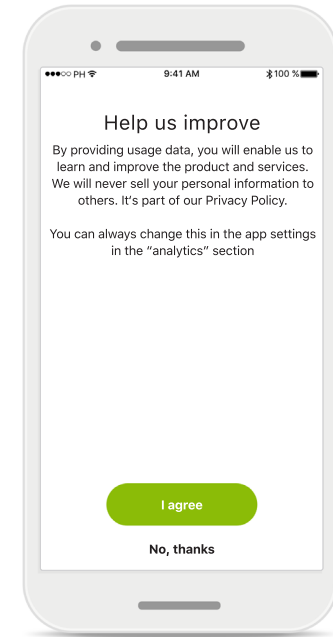
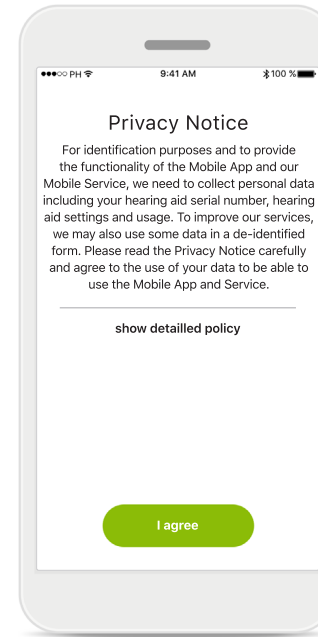
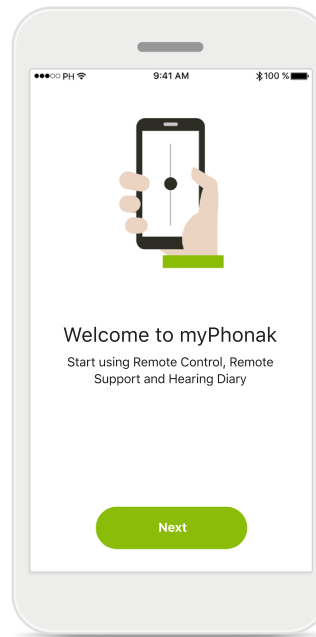
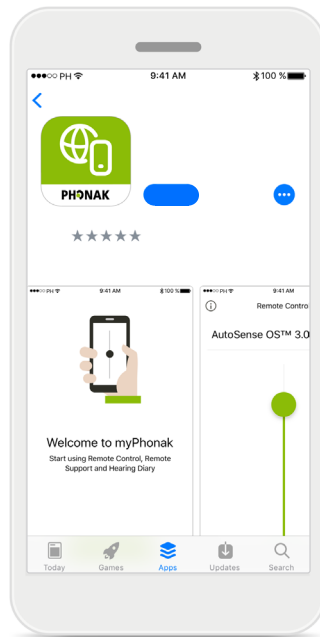
Make sure Bluetooth® is on



2

Install the myPhonak App from Google Play™ or Apple App Store®

- Make sure your smartphone is connected to the internet via WiFi or cellular data



1.

Download the app.
You may need to
enter your password
before continuing.

2.

Open the app and tap
on **Next**.

3.

In order to use the app,
you must tap on **I agree**
to accept the Privacy
Notice to continue.

4.

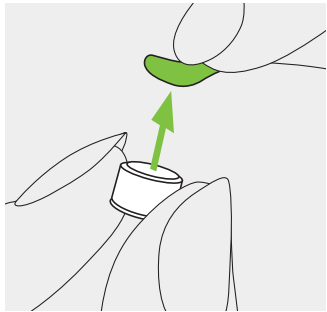
Product improvement
You can optionally share
usage data, which enables
us to learn and improve
our products.

3

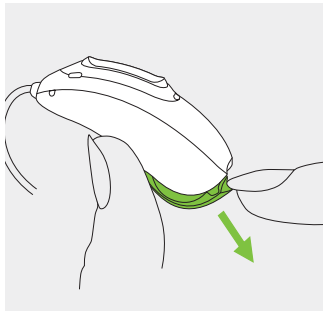
Prepare your hearing aids.

(If your hearing aids use disposable batteries, complete steps under A and skip B. If your hearing aids are rechargeable, complete steps under B and skip A.)

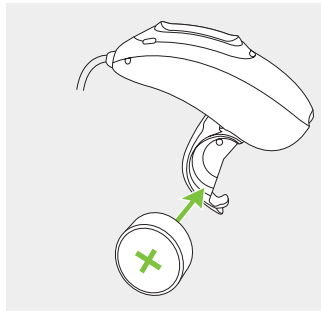
A — Hearing aids with disposable batteries



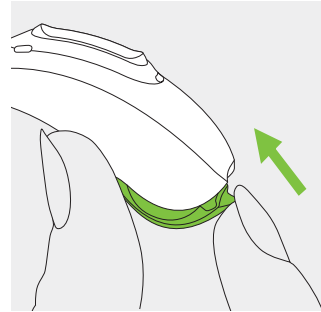
1.
Remove the sticker from the new battery and wait two minutes.



2.
Open the battery door.



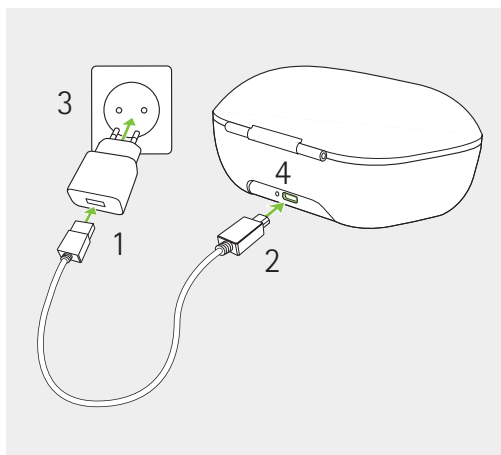
3.
Place battery in the battery door with the "+" symbol facing upwards.



4.
When the battery door is closed the hearing aid is on.

❗ If it is difficult to close the battery door: Check that the battery is inserted correctly and the "+" symbol is facing upwards. If the battery is not inserted correctly, the hearing aid will not work and the battery door could be damaged.

B – Rechargeable hearing aid(s)



1.

Plug the larger end of the charging cable into the power supply.

2.

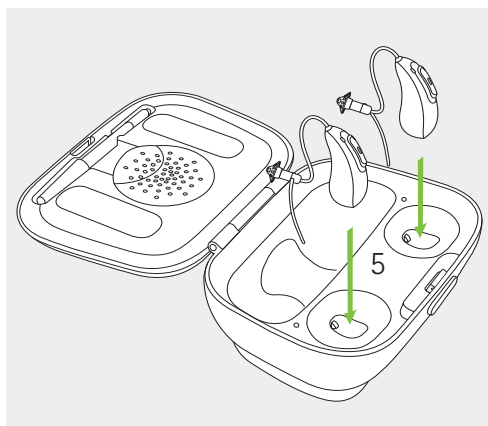
Plug the smaller end into the USB port on the charger.

3.

Plug the power supply into a power outlet.

4.

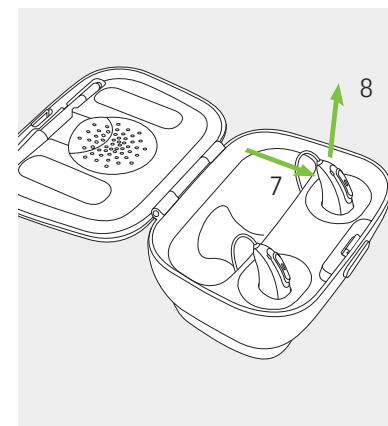
The indicator light is green when the charger is connected to the power supply.



5.

Insert hearing aids into charging case, light on hearing aid(s) will illuminate if inserted properly.

The charging process will automatically stop when the batteries are fully charged, so the hearing aids can be safely left in the charger. It can take up to 3 hours to charge the hearing aids. The charger covers can be closed while charging.



6.

Remove the hearing aids from the charging inserts by
7. pulling the hearing aids gently toward yourself and
8. lifting them out of the charger.

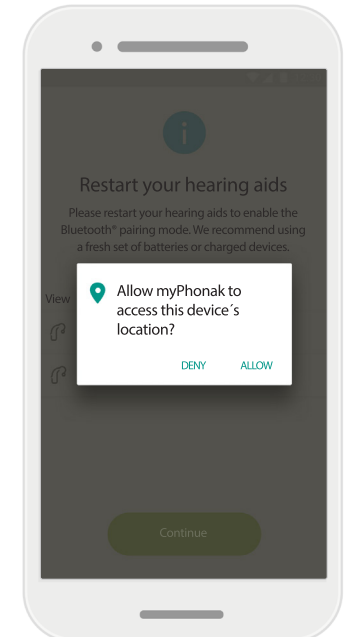
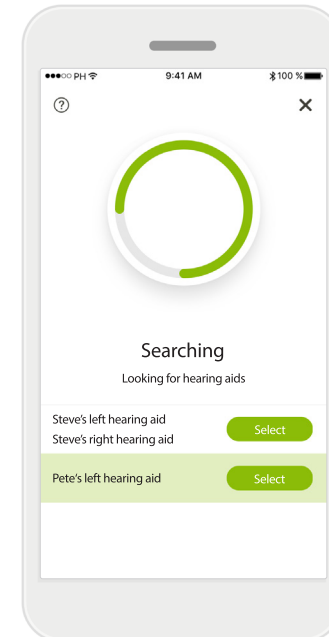
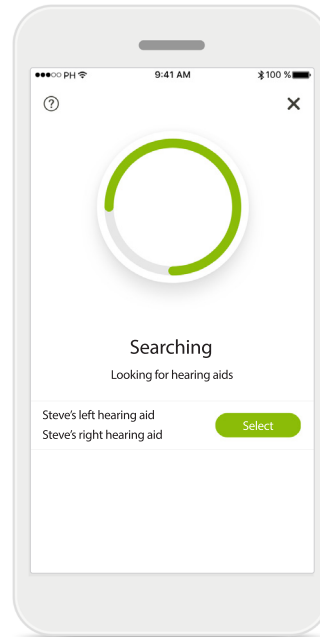
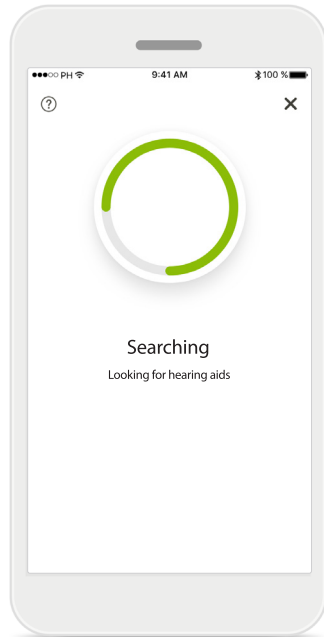
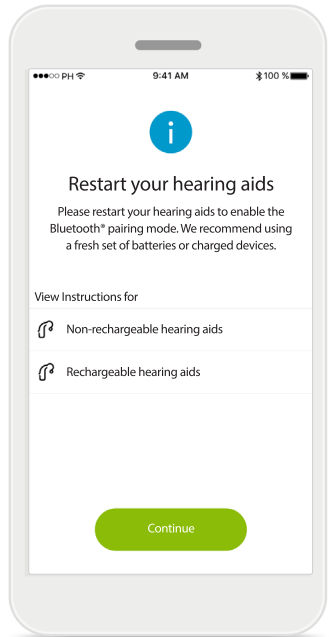
❗ Do not hold the tubes to remove the hearing aids from the charger as this can damage the tubes.

The hearing aid switches on automatically when removed from the charger. The indicator light starts blinking. The solid green light indicates the hearing aid is ready.

If you unplug the charger while the hearing aid is charging inside, please make sure to turn off the hearing aid to prevent discharge.

Pair the hearing aids to the myPhonak app.

When hearing aids are "ON," you have 3 minutes to complete pairing. If you need more time, restart hearing aids (disposable batteries: open/close battery door; rechargeable hearing aid(s): place back in charger for 10 seconds and remove).



1. Pairing instructions

Tap **Continue** to initiate the search process. Tap either the instructions for non-rechargeable or rechargeable hearing aids to review the instructions for your device.

2. Searching

The app is searching for compatible hearing aids and will display them once they are detected. This may take a while.

3. Selecting

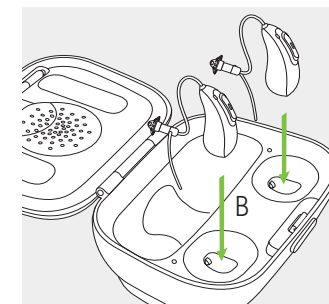
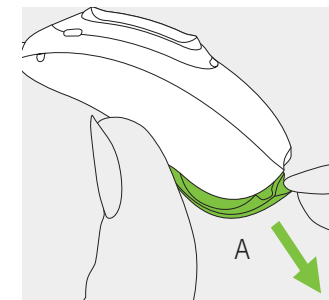
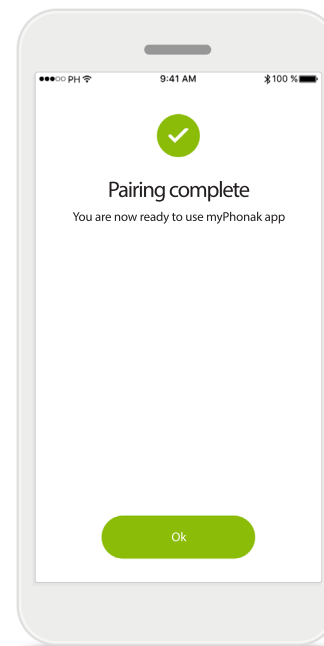
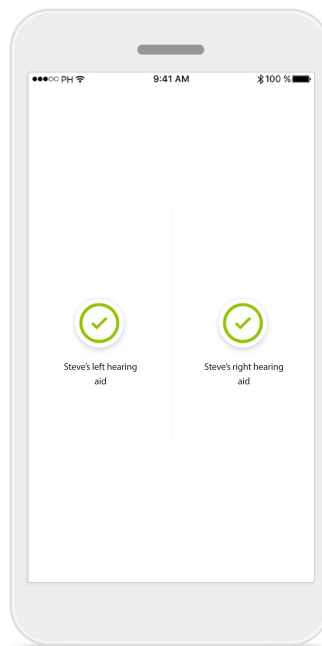
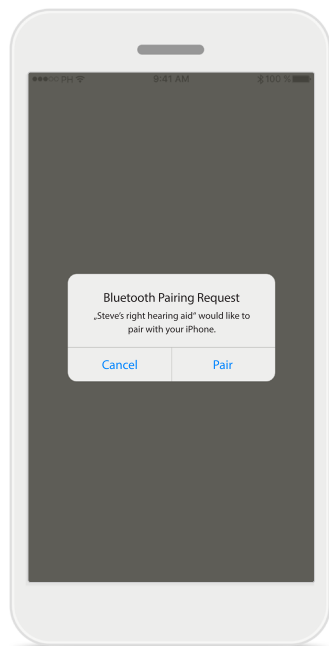
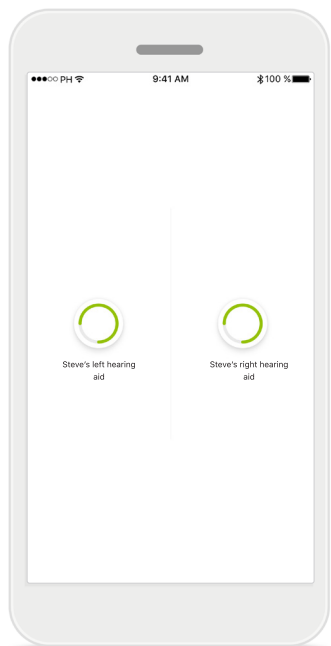
Tap **Select** when your hearing aids appear in the list.

4. Multiple

If multiple hearing aids are detected, they will be displayed accordingly.

5. Location

On Android devices, you must enable location services when pairing Bluetooth devices for the first time. After the initial setup you can disable the location services again.



6.
Pairing the hearing aids
The app will connect to each hearing aid separately.

7.
Confirm for all hearing aids Please confirm by tapping **Pair** in the popup for every device separately.

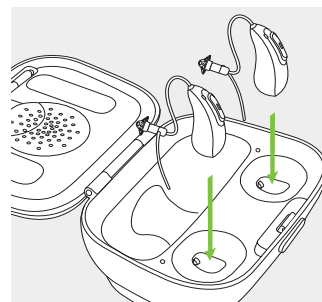
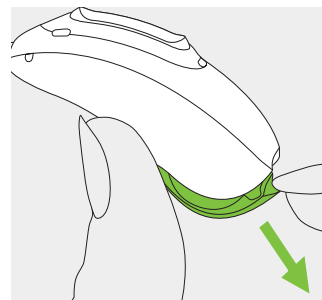
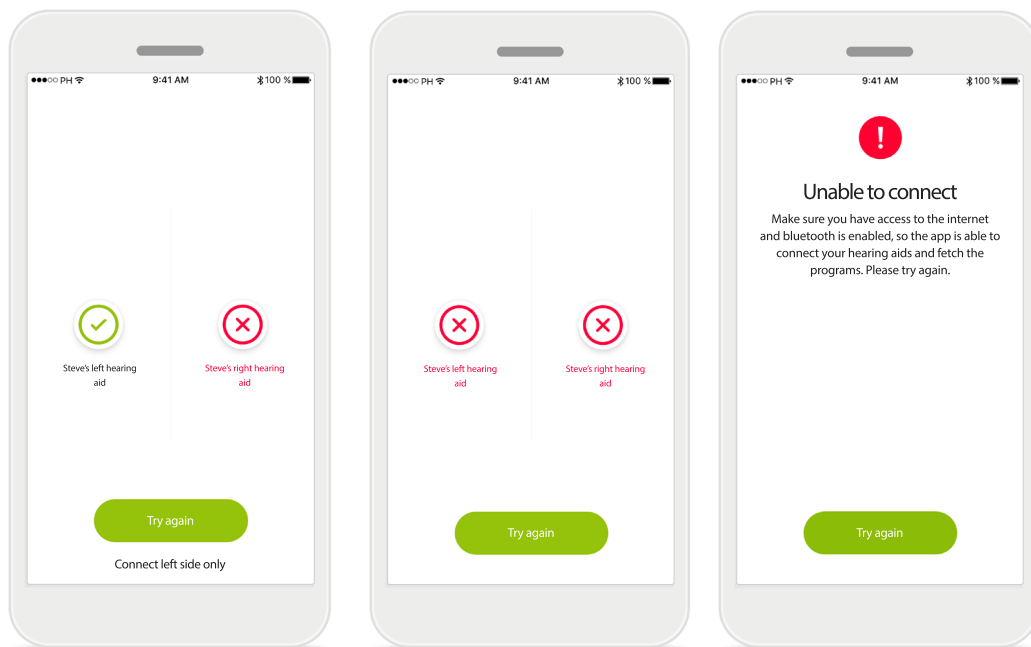
8.
Pairing complete
Both hearing aids are now paired. The app will automatically proceed to the next step.

9.
Setup complete
You are now ready to use all non-invoke based functionalities in the myPhonak app. Tap **Ok** to access the main screen.

10.
Turn devices off
A. Hearing aids with disposable batteries: Open battery doors
B. Rechargeable hearing aids: Plug back into charger, leave plugged into wall. This turns hearing aids off.

Troubleshooting (bypass if pairing was successful)

- ① Make sure your device is compatible with the Compatibility Checker — bluetooth.phonak.com
- ① Contact your hearing care professional (HCP) if problems continue



1. Hearing aid connection error

If the pairing to one of the hearing aids fails, you can:

- Tap **Try again** to restart the pairing process.
- Continue with only one of the two hearing aids.

2. Connection fails to both

Tap **Try again** to restart the pairing process and follow the instructions.

3. Unable to connect

Make sure you have access to the internet and Bluetooth is enabled, so that the app is able to initialize and connect to your hearing aids. Tap **Try again** to start the process again.

4.

Turn devices off

Once hearing aids are paired successfully turn devices off.

- ① Check with your hearing care professional for when it is appropriate to wear your hearing aids. Further adjustments may be required before wearing.

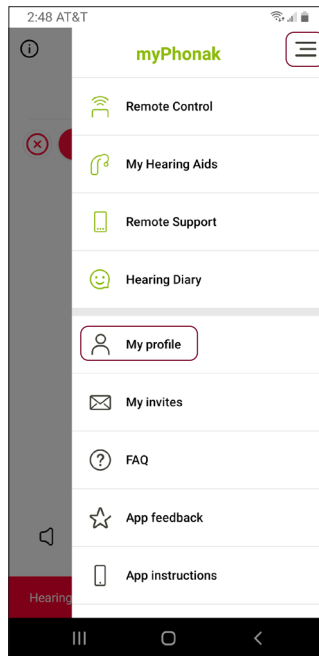
Proceed to chapter 2

2. Creating a myPhonak account

1

Tap the menu (top right) in the myPhonak app on your mobile device.

Then tap **My Profile**.



2

Tap **Register**.

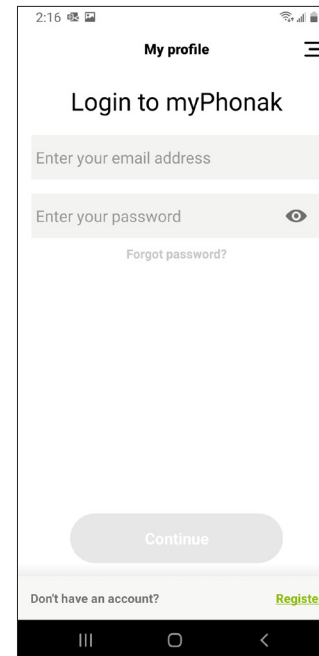
Enter your email, name, country.

United States only:
Move the slider to the right so it turns green to certify that you did not receive hearing aids from the VA (Veterans Affairs).

If you did receive your hearing aids through the VA, your process is different. Please contact your hearing care professional.

Create password.

Tap **Continue**.

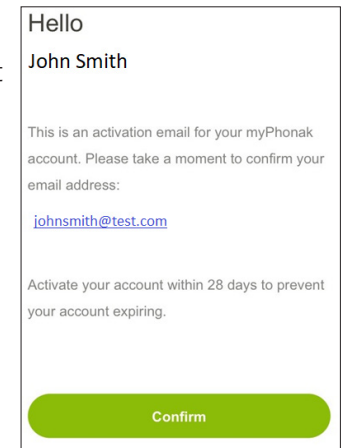


3

Your account is now created. Next, go to the email account you used to register in the myPhonak app.

4

Locate the message from myPhonak support with subject line "**Activation email**."

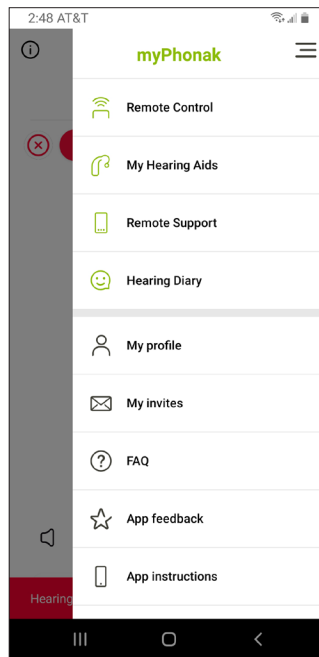


5

Tap **Confirm**, which automatically launches the my.Phonak.com webpage in your browser.

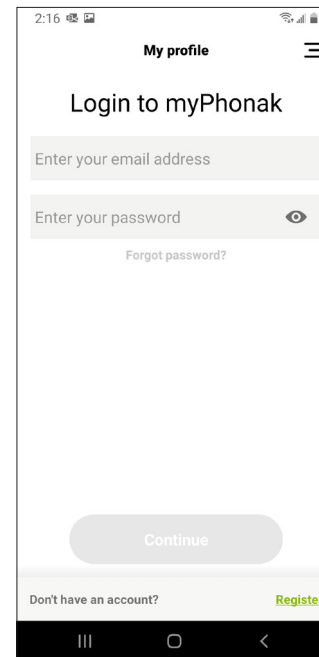
6

Do **not** log in using this browser, please go back to the myPhonak app.



7

Log into the myPhonak app.
If you do not return to the
login page automatically,
please navigate back to
My Profile using the
steps above.



8

Now that you have completed chapters 1 and 2, contact your hearing care professional by phone or email to be guided through the remaining steps as their participation will be required.

3. Preparing for a Remote Support Session (to be completed with your hearing care professional)

If you do not already have a phone appointment to work through this step with your hearing care professional, please contact them.

1

Once you have contacted your hearing care professional, they will send an invite code to the email associated with your myPhonak account.

2

Locate the message "You have been invited to myPhonak by your audiologist" from no-reply@sonova.io.

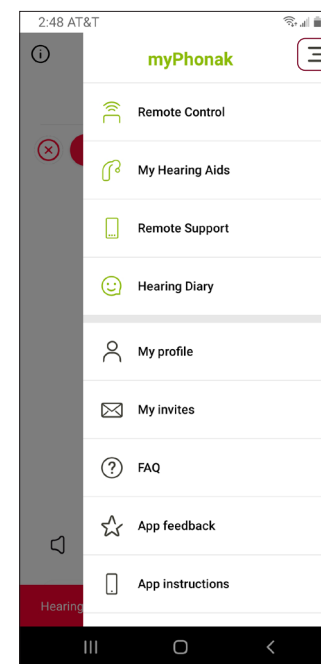
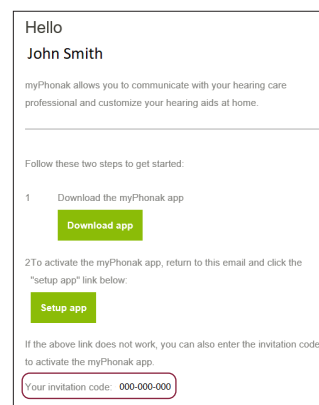
3

Follow the steps below for Android™ or iPhone® devices

Android – Tapping **Setup app** in the email launches myPhonak and automatically loads the invite.

iPhone – Do not tap Setup app from the email. Instead, look for your invitation code:

- Write it down on paper
- Open myPhonak app
- Tap side menu (right side)
- Tap **My Invites**
- Tap **Add invite**
- Enter 9-digit code from email



4

Your account is now setup! Your hearing care professional will determine the appropriate next steps.

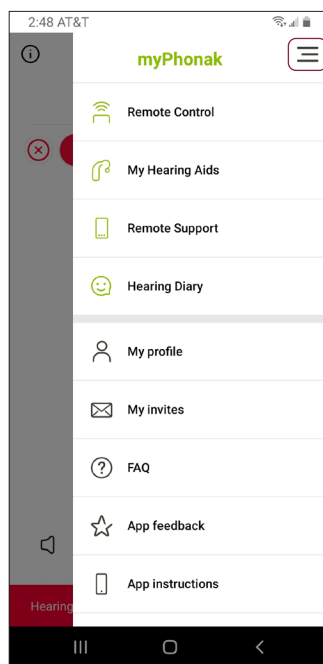
① Check with your hearing care professional for when it is appropriate to wear your hearing aids. Further adjustments may be required before wearing.

4. Joining a Remote Support Session (to be completed with your hearing care professional)

If you do not already have an appointment, please contact your hearing care professional to schedule.

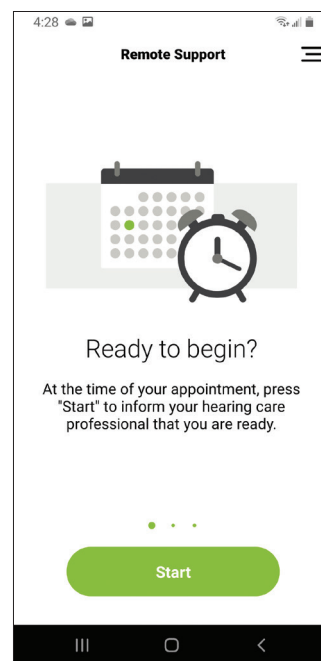
1

At the time of your remote support appointment open the myPhonak app.



3

Tap on **Start** to begin the scheduled appointment with your hearing care professional.



4

Video Chat with your hearing care professional

① Check with your hearing care professional for when it is appropriate to wear your hearing aids. Further adjustments may be required before wearing.



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App Store is a service mark of Apple Inc.

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Life is on

At Phonak, we believe that hearing well is essential to living life to the fullest. For more than 70 years, we have remained true to our mission by developing pioneering hearing solutions that change people's lives to thrive socially and emotionally. Life is on.

www.phonak.com



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sonova
HEAR THE WORLD

