UNITED STATES OF AMERICA

DEPARTMENT OF HEALTH AND HUMAN SERVICES

FOOD AND DRUG ADMINISTRATION

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RISK COMMUNICATION ADVISORY COMMITTEE

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November 7, 2016 8:30 a.m.

FDA White Oak Campus
Building 31, the Great Room
White Oak Conference Center (Room 1503)
Silver Spring, Maryland

PANEL MEMBERS:

SUSAN J. BLALOCK, Ph.D., M.P.H. Chair DAVID M. BERUBE, Ph.D. Member PAUL G. HARWOOD, Ph.D., M.A. Member PARTHASARATHY KRISHNAMURTHY, Ph.D., Member M.B.A. BROOKE FISHER LIU, Ph.D., M.A. Member JAMES DILLARD, Ph.D. Member GARY KREPS, Ph.D. Member Member CHARLES LEE, M.D. ANDREW PLEASANT, Ph.D. Member RAJIV N. RIMAL, M.A., Ph.D. Member JEANNIE SNEED, Ph.D. Member MIRIAN ZAVALA, D.N.S., RN Member ROXANE COHEN SILVER, Ph.D. Member H. SHONNA YIN, M.D., M.S. Member NATHAN F. DIECKMANN, Ph.D. Temporary Member ISAAC M. LIPKUS, Ph.D. Temporary Member DANIEL G. MORROW, Ph.D. Temporary Member WILLIAM K. HALLMAN, Ph.D. Temporary Member MICHAEL I. McBURNEY, Ph.D., FACN Industry Representative Consumer Representative KIM O. WITCZAK NATASHA FACEY, M.S.W., M.P.H. Designated Federal Officer

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JAMES (JAY) DUHIG, Ph.D. AbbVie, Inc.

LAURIE MYERS
Global Health Literacy Director
Merck & Co., Inc.

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1 MEETING

2 (8:35 a.m.)

- 3 DR. BLALOCK: I'd like to call this meeting of the Risk
- 4 Communication Advisory Committee to order.
- 5 I'm Dr. Susan Blalock, the Chair of the Committee. I am a
- 6 behavioral scientist and am a professor at the Eshelman School
- 7 of Pharmacy at the University of North Carolina Chapel Hill.
- 8 I note for the record that the members present constitute
- 9 a quorum as required by 21 C.F.R. Part 14. I would also like
- 10 to add that the Committee members participating in today's
- 11 meeting have received training in FDA laws and regulations.
- 12 For today's agenda, the Committee will hear presentations
- 13 on some of FDA's external communications. The Committee will
- 14 also discuss and make recommendations on FDA's draft Strategic
- 15 Plan for Risk Communication and Health Literacy.
- 16 Before we begin, I would like to ask our distinguished
- 17 Committee members and FDA staff seated at this table to
- 18 introduce themselves, and please state your name, area of
- 19 expertise, position, and affiliation. So I'll start with
- 20 Dr. Lee.
- 21 DR. LEE: Hi, my name is Charles Lee. I'm an internal
- 22 medicine physician and president and founder of Polyglot
- 23 System. My area of expertise is around using technology to
- 24 provide medication instructions to address language barriers
- 25 and health literacy.

- 1 DR. KRISHNAMURTHY: Good morning. My name is Partha
- 2 Krishnamurthy. I'm a Professor of Marketing at the University
- 3 of Houston. I also have additional appointments at the Baylor
- 4 College of Medicine and the University of Texas Medical Branch.
- 5 My expertise is framing of information, decision making, and
- 6 marketing.
- 7 DR. SNEED: Good morning. My name is Jeannie Sneed. I'm
- 8 a retired professor from Kansas State University. My area of
- 9 expertise is food safety.
- 10 DR. PLEASANT: Good morning. I'm Andrew Pleasant. I'm
- 11 employed at a small nonprofit called Canyon Ranch Institute,
- 12 and I always say the experts in health literacy are the people
- 13 that actually live it, so that's not me.
- DR. LIU: Good morning. I'm Brooke Liu. I'm an Associate
- 15 Professor of Communication at the University of Maryland, and
- 16 my area of expertise is crisis and disaster communication.
- 17 DR. LIPKUS: So my name is Isaac Lipkus. I'm a professor
- 18 at the Duke University School of Nursing. My expertise, if you
- 19 could call it expertise, is in different formats of conveying
- 20 risk information to effect primary lifestyle behavior changes.
- 21 DR. KREPS: My name is Gary Kreps. I'm a Professor of
- 22 Communication and Director of the Center for Health and Risk
- 23 Communication at George Mason University. I study the role of
- 24 communication and disseminating health information with an
- 25 emphasis on reducing health disparities.

- 1 DR. DILLARD: Good morning. My name is James Dillard.
- 2 I'm a Professor of Communication Arts and Sciences at Penn
- 3 State University. My research expertise is in the role of
- 4 communication and emotion.
- 5 MS. WITCZAK: Good morning. My name is Kim Witczak, and
- 6 I'm the Consumer Representative on this Committee. My
- 7 background is in advertising, so I guess my expertise would be
- 8 advertising and marketing, and I also represent -- I'm the
- 9 Consumer Representative on the Psychopharmacologic Drugs
- 10 Advisory Committee working with drug safety issues.
- 11 DR. McBURNEY: Good morning. I'm Michael McBurney. I'm
- 12 an Industry Representative. I'm Vice President of Science,
- 13 Communications, and Advocacy for DSM Nutritional Products,
- 14 which is a B2B. It's the world's largest manufacturer of
- 15 vitamins and Omega 3's. I'm also an adjunct professor at Tufts
- 16 University in nutrition. I am a nutrition scientist. Five and
- 17 a half years ago I developed the first blog and social media
- 18 activities at DSM, which is a Dutch-based company.
- 19 MR. BERTONI: Good morning. My name is Malcolm Bertoni.
- 20 I'm Associate Commissioner for Planning here at FDA. My areas
- 21 of responsibility include the Risk Communication staff, as well
- 22 as strategic planning and performance management, economic
- 23 analysis, program evaluation, and process improvement, and my
- 24 area of interest is management science and decision analysis,
- 25 and I'm always very, very interested in attending these

- 1 Committee meetings.
- 2 Thank you.
- 3 (Pause.)
- 4 UNIDENTIFIED SPEAKER: You broke it.
- 5 MR. BERTONI: I broke it.
- 6 MS. DUCKHORN: Good morning. My name is Jodi Duckhorn.
- 7 I'm the Director of the Risk Communication staff here at the
- 8 Food and Drug Administration.
- 9 DR. MORROW: Good morning. I'm Dan Morrow. I'm Professor
- 10 and Chair of Educational Psychology, University of Illinois.
- 11 My research relates to aging, cognition, and some aspects of
- 12 health literacy.
- DR. ZAVALA: Good morning. My name is Mirian Zavala. I'm
- 14 an assistant professor at the College of Mount Saint Vincent,
- 15 Nursing, and my area of expertise is health disparities.
- 16 DR. DIECKMANN: Good morning. My name is Nathan
- 17 Dieckmann. I'm an associate professor at Oregon Health and
- 18 Science University. I study judgment decision making, risk
- 19 communication, and I'm a statistician the other half of the
- 20 time.
- 21 DR. SILVER: My name is Roxane Cohen Silver. I'm
- 22 Professor of Psychology and Social Behavior, Public Health, and
- 23 Medicine at the University of California, Irvine, and my area
- 24 of expertise is in community response to disaster, both manmade
- 25 and natural disasters.

- 1 DR. HARWOOD: Good morning. I'm Paul Harwood. I'm Market
- 2 Research Lead at Twitter, and my expertise is in usability and
- 3 user experience.
- 4 DR. RIMAL: Good morning. My name is Rajiv Rimal. I'm a
- 5 Professor of Public Health in the School of Public Health at
- 6 the George Washington University, up the street. My area of
- 7 expertise is the intersection of health communication and
- 8 behavior change.
- 9 DR. HALLMAN: Good morning. I'm Bill Hallman. I am
- 10 Professor and Chair of the Department of Human Ecology at
- 11 Rutgers, the State University of New Jersey, former director of
- 12 the Food Policy Institute there and currently a visiting
- 13 scholar on sabbatical at the University of Pennsylvania's
- 14 Annenberg Public Policy Center. My area of expertise is risk
- 15 communication and especially around issues of controversial
- 16 science, food, and health.
- 17 DR. YIN: Hi, everyone. My name is Shonna Yin. I'm a
- 18 general pediatrician and am Associate Professor of Pediatrics
- 19 and Population Health at the NYU School of Medicine. My
- 20 research focus is on design and evaluation of health literacy
- 21 informed interventions to improve the way parents understand
- 22 health information, with a particular focus on medication
- 23 safety.
- 24 DR. BERUBE: My name is David Berube. I'm a Professor of
- 25 Science Communication at North Carolina State University. I

- 1 direct a program on public understanding of science and tech,
- 2 and I'm the Director of Communication and Assessment Office for
- 3 the Risk Triangle Nanotech Network, and my expertise is in
- 4 communication of emerging science and technology.
- 5 MS. FACEY: Natasha Facey, Designated Federal Officer for
- 6 the Risk Communication Advisory Committee.
- 7 DR. BLALOCK: Members of the audience, if you haven't
- 8 already done so, please, you'll sign in the attendance sheets
- 9 that are located at the registration table just outside. And
- 10 then Ms. Natasha Facey, the Designated Federal Officer for the
- 11 Committee, will make some introductory remarks.
- 12 MS. FACEY: Good morning, I will now read the FDA Conflict
- 13 of Interest Disclosure Statement.
- 14 The Food and Drug Administration is convening today's
- 15 meeting of the Risk Communication Advisory Committee under the
- 16 authority of the Federal Advisory Committee Act of 1972. With
- 17 the exception of the Industry Representative, all members and
- 18 consultants of the Committee are special Government employees
- 19 subject to federal conflict of interest laws and regulations.
- The following information on the status of this
- 21 Committee's compliance with Federal ethics and conflict of
- 22 interest laws covered by, but not limited to, those found at 18
- 23 U.S.C. Section 208 are being provided to participants in
- 24 today's meeting and to the public.
- 25 FDA has determined that members and consultants of this

- 1 Committee are in compliance with Federal ethics and conflict of
- 2 interest laws. Under 18 U.S.C. Section 208, Congress has
- 3 authorized FDA to grant waivers to special Government employees
- 4 who have financial conflicts when it is determined that the
- 5 Agency's need for a particular individual's services outweighs
- 6 his or her potential financial conflict of interest.
- 7 Related to the discussions of today's meeting, members and
- 8 consultants of this Committee who are special Government
- 9 employees have been screened for potential financial conflicts
- 10 of interest of their own as well as those imputed to them,
- 11 including those of their spouses or minor children and, for
- 12 purposes of 18 U.S.C. Section 208, their employers. These
- 13 interests may include investments; consulting; expert witness
- 14 testimony; contracts/grants/Cooperative Research and
- 15 Development Agreements; teaching/speaking/writing; patents and
- 16 royalties; and primary employment.
- 17 For today's agenda, the Committee will discuss and make
- 18 recommendations on FDA's draft Strategic Plan for Risk
- 19 Communication and Health Literacy. The purpose of the
- 20 Strategic Plan for Risk Communication and Health Literacy is to
- 21 clarify how the Agency can communicate the benefits and risks
- 22 of FDA-regulated products to target audiences more effectively
- 23 and so promote better informed decision making. The Committee
- 24 will also hear presentations on some of FDA's external
- 25 communications and how these communications relate to the draft

- 1 Strategic Plan for Risk Communication and Health Literacy.
- 2 Based on the agenda for today's meeting and all financial
- 3 interests reported by the Committee members and consultants, no
- 4 conflict of interest waivers have been issued in accordance
- 5 with 18 U.S.C. Section 208.
- 6 We would like to remind members and consultants that if
- 7 the discussions involve any other products or firms not already
- 8 on the agenda for which an FDA participant has a personal or
- 9 imputed financial interest, the participants need to exclude
- 10 themselves from such involvement and their exclusion will be
- 11 noted for the record.
- 12 For the duration of the Risk Communication Advisory
- 13 Committee meeting on November 7th, 2016, Ms. Kim Witczak and
- 14 Dr. Michael McBurney have been appointed to serve as temporary
- 15 non-voting members. Dr. Michael McBurney is serving as an
- 16 Industry Representative, acting on behalf of all related
- 17 industry, and is employed by DSM Nutritional Products.
- 18 For the record, Dr. McBurney serves as the Industry
- 19 Representative for the Food Advisory Committee in the Center
- 20 for Food Safety and Applied Nutrition. Ms. Kim Witczak serves
- 21 as a consultant to the Psychopharmacologic Drugs Advisory
- 22 Committee in the Center for Drug Evaluation and Research.
- 23 Ms. Witczak is a special Government employee who has undergone
- 24 the customary conflict of interest review and has reviewed the
- 25 material to be considered at this meeting. These appointments

1 were authorized by Dr. Janice Soreth, Associate Commissioner

- 2 for Special Medical Programs, on November 1st, 2016.
- 3 A copy of this statement will be available for review at
- 4 the registration table during this meeting and will be included
- 5 as part of the official transcript.
- 6 Before I turn the meeting back over to Dr. Blalock, I
- 7 would like to make a few general announcements.
- 8 Handouts for today's presentations are available at the
- 9 registration table outside of the meeting room.
- 10 The FDA press contact for today's meeting is Ms. Gloria
- 11 Sanchez-Contreras. Members of the press, please sign the
- 12 sign-in sheet located at the registration table.
- I would like to remind everyone that members of the public
- 14 and press are not permitted in the Committee area, which is the
- 15 area beyond the speaker's podium. I request that reporters
- 16 please wait to speak to FDA officials until after the Committee
- 17 meeting has adjourned.
- 18 In order to help the transcriptionist identify who is
- 19 speaking, please be sure to identify yourself each and every
- 20 time you speak.
- 21 Finally, please silence your cell phones and other
- 22 electronic devices at this time, and I'll turn it back over to
- 23 Dr. Blalock.
- DR. BLALOCK: Thank you.
- We'll begin today's meeting with opening remarks by

- 1 Malcolm Bertoni, Associate Commissioner for Planning.
- 2 Mr. Bertoni.
- 3 MR. BERTONI: Good morning, everyone and welcome. I
- 4 really want to start by thanking everyone here. You know, it's
- 5 a couple weeks before, about a couple weeks before
- 6 Thanksgiving, so I have a few different thanks. First of all,
- 7 thank you to the Committee. We greatly appreciate your service
- 8 and your leadership. I've been thinking about this. It's been
- 9 8, almost 9 years since the Committee began. I was here when
- 10 the Committee was formed, and you folks have really
- 11 demonstrated an incredible benefit to this Agency in how you
- 12 supported how we implement this crosscutting interdisciplinary
- 13 area.
- You know, risk communication, as we'll talk about today,
- 15 is an important and essential part of our mission. It's
- 16 reflected in our Strategic Goal No. 3, promote better informed
- 17 decisions about the use of FDA-regulated products. And this
- 18 Committee has really been instrumental in motivating and
- 19 supporting the development of the original crosscutting
- 20 strategic plan for risk communication, as well as this draft
- 21 Strategic Plan for Risk Communication and Health Literacy that
- 22 we'll be talking about today, and you've been very supportive
- 23 of how we've been advancing evidence-based approaches to risk
- 24 communication, so we greatly appreciate that.
- 25 As we like to say, you know, first we need to get the

- 1 regulatory science and regulatory actions right, but then we
- 2 need to follow through and get the communications right because
- 3 if we don't follow through with that essential step, then we're
- 4 not taking full advantage of the opportunity to protect and
- 5 promote the public health.
- 6 I also want to thank the community of experts in risk
- 7 communication here at FDA, several of whom you will hear from
- 8 today. You folks have really worked collaboratively with our
- 9 Risk Communication Staff and with this Committee over the
- 10 years, and you've worked hard to put into practice the
- 11 improvements that this Committee has recommended, and I greatly
- 12 appreciate the work that you've done.
- 13 You've also worked diligently to produce this new draft
- 14 Strategic Plan for Risk Communication and Health Literacy,
- 15 which incorporates many of the best practices and not just for
- 16 risk communication, but also for the development of strategic
- 17 plans. You see the framework that you're going to be
- 18 discussing today links activities to outcomes, and it also
- 19 provides measures and methods for tracking progress, and I
- 20 think it's a great example of how we should be developing
- 21 strategic plans that are really forward leaning toward actions
- 22 that improve the organization, improve results. So I think
- 23 it's a great example of how we use planning to be a bridge to a
- 24 better future, and I appreciate your efforts on that.
- 25 Finally, I'd like to thank everyone for providing a very

- 1 fascinating topic to focus our attention. For me, it takes my
- 2 mind off all the other things that are going on this week, and
- 3 it's nice to have something that takes my mind away from that,
- 4 so I'm going to spend as much time as I can this morning with
- 5 you, and I really appreciate the dialogue here and looking
- 6 forward to a good conversation.
- 7 Thank you.
- 8 DR. BLALOCK: Thank you, Mr. Bertoni.
- 9 We'll now move on to FDA's presentation. I need to remind
- 10 the public observers at this meeting that while the meeting is
- 11 open for public observation, public attendees may not
- 12 participate except at the specific request of the Committee
- 13 chair.
- So, Ms. Duckhorn, you may approach the podium and begin
- 15 FDA's presentation.
- 16 MS. DUCKHORN: Good morning, and thank you all for coming
- 17 today. In the most recent meeting of the Risk Communication
- 18 Advisory Committee in February of this year, you, our members,
- 19 requested an environmental scan of FDA's external
- 20 communications. In response to your request, we have spent
- 21 these past months compiling a summary of the various ways FDA
- 22 communicates to external audiences.
- 23 A few weeks ago, you received a briefing document, which
- 24 is posted publicly, that includes descriptions of FDA's
- 25 external communication vehicles. The briefing document

- 1 includes descriptions of how the Agency refers to the
- 2 communication, the intended purpose of the communication, the
- 3 target audience for the communication, how the Agency ensures
- 4 comprehension of the communication, how the communication is
- 5 disseminated, if the communication is required by regulation,
- 6 if the communication follows a template, and if so, can the
- 7 template be modified, or what is required to make modifications
- 8 to the template.
- 9 The environmental scan includes 128 types of external
- 10 communications, including safety communications, fact sheets,
- 11 brochures, and social media accounts.
- 12 The types of external communications from the
- 13 environmental scan are developed by offices and centers that
- 14 have their own communication department, and some have multiple
- 15 communication departments. These are the areas of FDA that
- 16 communicate most with external audiences to provide information
- 17 about FDA-regulated products.
- 18 Each office and center operates under its own legislation,
- 19 so there are types of external communications that are specific
- 20 to a center or office, such as risk evaluation and mitigation
- 21 strategies, which you will hear more about later. There are
- 22 also types of communications that are commonly used across
- 23 multiple centers and offices, such as product labeling or fact
- 24 sheets.
- This morning's presentations will take a closer look at a

- 1 few of FDA's external communication vehicles:
- 2 The Office of External Affairs will speak to us about
- 3 FDA's use of social media, such as Facebook, Twitter, blogs,
- 4 and YouTube.
- 5 The Office of Food and Veterinary Medicine will speak to
- 6 us about foodborne illness outbreak communications.
- 7 The Center for Drug Evaluation and Research will speak
- 8 to us about Drug Safety Communications and communications
- 9 within risk evaluation and mitigation strategies.
- The Center for Devices and Radiological Health will
- 11 speak to us about consumer-friendly Class I recall notices.
- The Center for Tobacco Products will speak to us about
- 13 e-mail outreach, including their newest communication vehicle
- 14 called CTP Connect.
- 15 And the Office of Minority Health with speak to us about
- 16 their use of videos addressing minority health topics.
- 17 The purpose of this morning's presentation is to take a
- 18 deeper dive into a few of FDA's types of external
- 19 communications. These presentations are an opportunity for FDA
- 20 to be transparent in how and what we communicate, and it allows
- 21 you, our members, to learn more about the different types of
- 22 communication vehicles the Agency has available. These
- 23 communication vehicles will be important to remember when
- 24 providing advice at future meetings of the Advisory Committee.
- 25 Please note: After presentations, there will be a brief

- 1 period for clarifying questions only. During the first portion
- 2 of the meeting, we are not looking for feedback from you on the
- 3 specific communication types. However, there will be other
- 4 opportunities for discussion and recommendations on particular
- 5 communications in future meetings of the Risk Communication
- 6 Advisory Committee.
- 7 As I mentioned earlier, you, our members, requested an
- 8 environmental scan of FDA's external communications in our last
- 9 meeting in February. Also during that meeting, you offered to
- 10 help or to provide your review to an update of the Strategic
- 11 Plan for Risk Communication. That was a very well-timed offer,
- 12 as we were already working on updating the Agency's Strategic
- 13 Plan for Risk Communication. You asked, and you shall receive.
- 14 A few weeks ago, when you received the publicly available
- 15 briefing document for today's meeting, it included the draft
- 16 Strategic Plan for Risk Communication and Health Literacy. We
- 17 will end the morning with a presentation about FDA's draft
- 18 Strategic Plan for Risk Communication and Health Literacy. As
- 19 many of you know, the Federal Government loves acronyms, and
- 20 this is no different. The Strategic Plan for Risk
- 21 Communication and Health Literacy, S-P-R-C-H-L, is fondly
- 22 referred to as SPARKLE.
- Over the past year, SPRCHL was drafted by a broad, cross-
- 24 agency working group consisting of more than 100 FDA
- 25 communicators. In August, the draft was reviewed by FDA's

- 1 Communication Council, which includes communications directors
- 2 from across the Agency, and in September, it was reviewed by
- 3 FDA's Leadership Council, which includes the highest-level
- 4 executives from across the Agency. Today we bring the draft
- 5 SPRCHL to you.
- 6 This afternoon, we have specific questions for the
- 7 Committee to address the strategic framework, performance
- 8 indicators and outcomes, implementation plan and activities,
- 9 performance monitoring plan and measures, and the narrative.
- 10 We want to make sure that we hit the sweet spot where
- 11 everything is included that should be, and we aren't committing
- 12 to more than we can do. We look forward to hearing the
- 13 Committee's recommendations about the draft SPRCHL.
- 14 This concludes my introduction. We will now get started
- 15 with the external communication presentations. The first
- 16 presenter is Paul Bove from the Office of External Affairs. He
- 17 will be presenting on FDA's use of social media.
- 18 MR. BOVE: Good morning. I'm Paul Bove, the Social Media
- 19 Lead for FDA, and as Jodi said, I work for the Office of
- 20 External Affairs.
- 21 Before we get into a discussion of what FDA does or why we
- 22 do different things on social media, I think it's always good
- 23 to have a little bit of a background as to why government uses
- 24 social media. Basically, our marching orders came many years
- 25 ago from President Obama, who had, as one of his first

- 1 Executive Orders, transparency and open government as something
- 2 that he wanted to accomplish during his presidency. That was
- 3 based largely on his success using digital communications in
- 4 his campaigns, and it has continued since '09, and that was the
- 5 first time that we basically saw these types of communications
- 6 being promoted within government.
- 7 In 2011 there was another Executive Order basically saying
- 8 start streamlining how you're providing information and
- 9 customer service to the citizens, make sure that information is
- 10 easy, declutter your websites, and go out and put information
- 11 where people are participating; and for us, that largely means
- 12 social media sites. So the result was the government going
- 13 through, doing its research, seeing where the citizens are
- 14 hanging out, and trying to figure out, well, how do we
- 15 participate on these different sites? It was very apparent
- 16 that they were going onto different social sites and platforms
- 17 and looking for information and wanting to use those tools to
- 18 communicate with the government and elected officials.
- 19 So that's where we come in as OEA web and digital media,
- 20 and our mission is to provide leadership and coordination for
- 21 digital communications across FDA's centers and offices. We're
- 22 responsible for FDA.gov, which is the external website of FDA.
- 23 We manage the social media channels, which include Facebook,
- 24 Twitter, YouTube, Flickr, Pinterest and potentially anything
- 25 else that comes up later, and also develop innovations to meet

- 1 the needs of visitors anytime, anywhere, and on different
- 2 devices. Like right now, it's making sure that people have
- 3 accessible material on mobile devices, which as we see
- 4 government-wide are becoming more and more popular.
- 5 So the viewpoint from FDA is that we encourage fully the
- 6 use of social media technologies within the Agency to enhance
- 7 communication, collaboration, and information exchange to
- 8 support our mission, which is to promote and protect public
- 9 health. We encourage the employees within FDA to use social
- 10 media to share information that may benefit public health, and
- 11 we're also helping the public to make better informed decisions
- 12 about FDA-regulated products by giving them clear information
- 13 that's easy to understand and, again, in platforms and tools
- 14 that they happen to find most useful and where they
- 15 participate.
- 16 So where is FDA when it comes to social media? On our
- 17 website, we have a list of all interactive media, and on here
- 18 you can see we have Facebook, there's a Facebook en Espanol
- 19 page, Pinterest, and then a number of Twitter accounts
- 20 numbering 20 at this moment, which are run by the different
- 21 centers and offices to provide information that is specific to
- 22 their audiences or that delve into the expertise of that
- 23 particular office. And we also have a Flickr page, YouTube,
- 24 and then FDA Voice blog. So all these different sites are out
- 25 there.

1 We, as OEA, manage the Agency-wide account called USFDA

- 2 and then we have all these other ones, as I said, from the
- 3 different centers, and we share that information
- 4 collaboratively. We'll retweet information that comes out from
- 5 a different center, they'll share our information, and they'll
- 6 feed us information to put on the Facebook page, of which,
- 7 again, we only have one, aside from the Spanish language one.
- 8 And again, it's very collaborative, and it's a way for
- 9 everybody to get as much information sent out to as many
- 10 different audiences as possible.
- 11 So again, by the numbers, we've got 20 Twitter accounts,
- 12 two Facebook accounts. Our main page alone has over 480,000
- 13 likes, and it's tapping into half a million probably this week,
- 14 I would imagine. One Pinterest account, one YouTube account, a
- 15 Flickr account, and a blog. And collectively, between all
- 16 those different Twitter accounts and Facebook accounts, our
- 17 reach is over two million and continues to grow as the
- 18 information and strategy that we use to provide information
- 19 gets stronger, and again, we change what we're doing on a
- 20 regular basis to make sure that we're reaching people and
- 21 providing them with solid information.
- 22 So what do we share on all these different channels? FDA
- 23 has a lot of different material that comes out:
- 24 One of our biggest things that we'll put out is a
- 25 rollout; that's different major announcements that you might

- 1 see in the news, something like new food labels, for example.
- 2 We have consumer updates, which could be information
- 3 that's specific to a consumer who's suffering from diabetes,
- 4 for example, or maybe something about contact lens care.
- 5 Evergreen material and current events, that's the type
- 6 of stuff that doesn't change, but it's still helpful to keep
- 7 sharing. You know, current events kind of goes into health
- 8 observations like World Heart Day or Health Literacy Month.
- 9 A lot of collaborative material, we share a lot with
- 10 other HHS and different government agencies and vice versa.
- 11 They'll send us material, we'll send them material, and then
- 12 we'll share it on our different channels to make sure that we
- 13 have as much amplification as possible.
- Press releases, responsive statements, customer service.
- 15 Something as simple as a person asking a question about where
- 16 do I find information about how to file a certain report, we'll
- 17 share an FAQ or perhaps a link or a phone number, e-mail,
- 18 whatever happens to be that helps the folks to find what
- 19 they're looking for.
- And then Federal Register notices.
- In short, it means anything else that helps the public,
- 22 industry, and healthcare professionals better understand what
- 23 FDA regulates and how it relates to their health, their
- 24 business, or their profession.
- 25 So our goals for engagement on these various channels, we

- 1 look at it as having a hand in consistency and branding,
- 2 interaction, and sharing.
- 3 We do content and community outreach through the use of
- 4 blogs, different types of innovative campaigns, educational
- 5 content, employee evangelism, different things like that. You
- 6 know, we'll post listings for jobs even and make sure that
- 7 people know that, hey, there's a job fair coming up if you're
- 8 interested in working for FDA.
- 9 Our products: We're aligning regulated products with
- 10 industry trends and customer needs.
- 11 Reputation management: That's creating buzz around the
- 12 Agency and what we're doing and ensuring quick reaction to
- 13 crisis or negative posts.
- 14 And then customer advocacy, which for us means advocating
- 15 for the best customer experience while keeping in mind that we
- 16 have many types of customers. "Customers" I put in quotes
- 17 there because we have a lot of different types of audiences, so
- 18 it could be industry, it could be healthcare professionals, it
- 19 could be patients, whoever it happens to be, we constitute
- 20 those as our customers.
- 21 And these are just some of the characteristics for when
- 22 we're trying to provide and create material. We want to make
- 23 sure that it's relevant, personalized, interactive, integrated,
- 24 authentic, and easy to understand is a big one because a lot of
- 25 material that comes from FDA and other health agencies could be

- 1 very, very difficult. Even some of the names of the things
- 2 that we put out there, including drugs or diseases, are hard to
- 3 understand at times, so we're trying to make it as simple as
- 4 possible for people to get a better handle on what it is that
- 5 we're talking about and how it might affect them or their
- 6 families.
- 7 So with all this different material that we're putting out
- 8 there, we have a very, very large amount of variety, and for
- 9 us, that's the cornerstone of our public health and social
- 10 connection. We have lots of different material, we have lots
- 11 of different centers here. As I mentioned, there are 20
- 12 different Twitter accounts. We put out all kinds of material.
- These are just a couple of screen grabs of recent posts
- 14 that we've had. There was a Naloxone App Competition that we
- 15 recently ran, that was something that we shared far and wide on
- 16 Facebook and then sent out multiple tweets to let people know
- 17 that this competition is going on, collaborated with different
- 18 HHS agencies to make sure that they were aware of it. Again,
- 19 variety, you know, reaching a lot of different audiences to let
- 20 them know about something like this.
- 21 Another big thing that goes out, as another example, is
- 22 food recalls. These can constantly be occurring, and we're
- 23 always putting out information on food recalls to make sure
- 24 that people know about it, not just hearing about it in the
- 25 news or on the news or seeing it in a newspaper. We want to

- 1 make sure that people are getting it in their news feeds so
- 2 that they can be aware, hey, there was a food recall on this
- 3 particular product.
- 4 This summer there happened to be something, a food recall
- 5 on flour, so we shared a lot of information about that to let
- 6 people know this is going on with Gold Medal flours, and this
- 7 is also the screen grab at the bottom. That one was a consumer
- 8 update that we shared about why you shouldn't eat raw cookie
- 9 dough and other raw baking products because it tied into this
- 10 particular recall: Eat raw flour, you could end up very sick.
- 11 So we had a tie-in with that to make sure that we're not just
- 12 telling people here's a recall, but here's what might happen to
- 13 you.
- 14 And these were a couple of the other screen grabs. I
- 15 think after all was said and done, on Facebook we had five
- 16 different posts regarding flour recall, and the overall reach
- 17 on that alone was 568,862, so well over half a million by
- 18 putting out this type of information just on Facebook. And
- 19 again, it was also shared on Twitter and through our other
- 20 different accounts.
- 21 So in terms of the material that we send out, typically an
- 22 average post of something that we're sharing, let's say a
- 23 consumer update or a press release, the reach could be
- 24 somewhere around 25,000 to 55,000. A high performer, which for
- 25 us typically means a food recall or perhaps a drug release,

- 1 could be around 150,000.
- 2 A couple of weeks ago we had information that went out
- 3 regarding something called teething tablets, which are used for
- 4 babies when they're teething, and there are gels and tablets
- 5 that are used, and there was a new notice stating do not use
- 6 these, and if you have them, to throw them away. They had been
- 7 in our search terms for a very long time within FDA, and this
- 8 is the first update in a number of years. As of last week when
- 9 I updated these, the reach on this alone was somewhere around
- 10 8.5 million, and post clicks alone was over one million. And I
- 11 show the information there as to what Facebook reach and post
- 12 clicks means. This has been definitely our highest performer
- 13 on Facebook. I'm not talking about other things that come up
- 14 via FDA. This has been the highest Facebook performer because
- 15 there was a lot of interest in it because it applied to babies,
- 16 and people have an interest in it. So again, a lot of variety,
- 17 something that was definitely not what we were expecting when
- 18 we put the information out on this, and very, very different
- 19 versus the other reach that we typically have on our different
- 20 posts that we'll put out there.
- 21 One of the other big things that we do is use social media
- 22 as a customer service tool. When we put information out on
- 23 Facebook, we have different groups within different centers who
- 24 will go and look at the comments from the public, and they will
- 25 share information to those people if they have a specific

1 question. So I'll go through and look to see is this something

- 2 that might require a response or is somebody asking a question
- 3 about something, do they need clarification? So we go through
- 4 and look at the different questions and see what can we provide
- 5 this person, again, using it as a customer service tool based
- 6 on that Executive Order from 2011 that I mentioned. We're
- 7 streamlining how people are getting information. We're
- 8 ensuring that they have the opportunity to find what they need
- 9 via our websites.
- 10 So these examples here are just a screen grab of a blog
- 11 post that had gone out, and there were a couple of questions
- 12 that came from the public. In this particular instance, some
- 13 of the pharmacists from CDER, they had gone on, and they looked
- 14 at the questions, and they were able to provide responses, as
- 15 they frequently do. In the instance of CDER, they've already
- 16 had a number of pharmacists who answer questions via phone or
- 17 e-mail. So it was kind of a natural progression that they
- 18 would go through and continue answering questions on Facebook
- 19 and also Twitter.
- 20 So the example that I show here with the response, that
- 21 shows a little bit of how we try to make sure that the answers
- 22 are going out on Facebook when we're able to. We have empathy
- 23 for the patient or customer or whatever you want to call that
- 24 particular person, it could be industry, again. We educate
- 25 them. We provide something that shows here's a link, here's

- 1 where the information is, here's maybe a correction of error,
- 2 here's what you might need to know further about this, and then
- 3 a feedback loop.
- 4 That's one of the biggest parts that we're trying to make
- 5 sure that we include all the time is a way for somebody to get
- 6 extra information or further information. We don't want to
- 7 just say here's your answer, now it's just up to you find out
- 8 more. If somebody has further questions, we want to make sure
- 9 that they're able to go and give a phone call, maybe e-mail, or
- 10 again, just simply looking at an FAQ or other page.
- 11 And we do the same thing with Twitter. I mentioned that
- 12 if somebody has a question about a particular industry product,
- 13 we might go through and share the details with them and say
- 14 this is where you find out information, this is where you come
- 15 to learn a little bit more.
- 16 So that's us trying to provide a touch of customer service
- 17 from a regulating agency. It's not something that we would
- 18 normally do in the past, but it is something that's happening
- 19 more and more. These things were typically via phone, maybe
- 20 via e-mail, but again, we're trying to make sure that people
- 21 have the opportunity to find out what they need where they need
- 22 to find it. And as I mentioned, we're looking to see what
- 23 other tools might be used in the future, but for the time
- 24 being, these are the places that we participate, and we try to
- 25 keep an eye on what the public's asking for so that we can give

- 1 them these types of communications back to them, again using
- 2 simple easy-to-understand language that hopefully helps them in
- 3 the future.
- 4 And that's it. Thank you very much. And that concludes
- 5 OEA's presentation, and up next is Sharon Natanblut from the
- 6 Center for Foods and Veterinary Medicine.
- 7 MS. NATANBLUT: Close enough.
- 8 MR. BOVE: Sorry, I knew I was going to mix that up.
- 9 MS. NATANBLUT: Thank you. Good morning, everyone. It's
- 10 a pleasure to be here today. I have to note that 2 years ago I
- 11 was here before you talking with you about our seafood advice.
- 12 You may be wondering where it is. I am, too. We are very
- 13 hopeful we will be getting it out in the near future, and I
- 14 really do want to say that the advice that the Committee gave
- 15 us then was very helpful, and I hope that you will see that
- 16 reflected when, in fact, it does appear.
- 17 So I'm with the Foods and Veterinary Medicine program,
- 18 which oversees two of the centers in FDA, the Center for Food
- 19 Safety and Applied Nutrition and the Center for Veterinary
- 20 Medicines, so we have the human and the animal side. Today I'm
- 21 going to be focusing on the human side on the topic of food
- 22 outbreak and recall communications, which as Paul noted is an
- 23 area of extreme interest to the public and one that we've spent
- 24 the last few years really trying to figure out how we can
- 25 improve what we're doing and make it as easy and compelling for

- 1 consumers to have the information and understand it.
- 2 So today's presentation, I just want to focus on three
- 3 aspects of what we've been doing. First is, we do something
- 4 called FDA CORE web postings. The CORE is the Coordinated
- 5 Outbreak Response and Evaluation network, and that's the system
- 6 through which and the program through which we do all of our
- 7 outbreak communications. And we have been doing a number of
- 8 web postings, and I'll talk to you a little bit about those in
- 9 a minute, when we have outbreak-related issues. The next I
- 10 want to mention is firm recall postings. We require for the
- 11 most serious recalls that the companies issue their own press
- 12 release, and we have some oversight of that that I want to
- 13 share with you as well. And then I want to talk very briefly
- 14 about the way we supplement the recall and outbreak
- 15 communications on certain issues as needed.
- So first, for the web postings, so this is our primary
- 17 vehicle for communicating about outbreaks and recalls. It's
- 18 faster than our standard press release. This will surprise
- 19 you, I'm sure, but FDA has quite an extensive clearance process
- 20 for anything that comes out, and press releases are ones that
- 21 can take some additional time. And so one thing we wanted is
- 22 to have a web posting that if we need to get something posted
- 23 that day, we have the ability to do it, and so it's really an
- 24 accelerated process. And the second thing I want to note is
- 25 that the format is something that, back in 2009, this Committee

- 1 recommended that we really needed to have a consistent format
- 2 that we would be using for providing the key information, and
- 3 we've been using that literally hundreds of times in the last
- 4 5 years, so that, too, was very helpful to us.
- We coordinate our postings with the CDC's postings. We
- 6 work very closely with them on outbreaks, and so they go out
- 7 with information that focuses on the epidemiology, and we have
- 8 information that focuses on the work that we're doing with
- 9 respect to the investigation, the trace-back, the work with the
- 10 firms that are involved. So we find it's very important to go
- 11 out at the same time and make sure we know what one another is
- 12 saying and help to promote one another's postings. And we post
- 13 these on our home page, we use GovDelivery, we tweet them, we
- 14 respond to a lot of media inquiries.
- 15 So this is just the headlines of the headings for what the
- 16 template looks like. And so we start off with the fast facts,
- 17 and that just means at a glance you can tell what the key
- 18 information is. We talk about what the problem is and what is
- 19 being done about it, and I'm going to say a little bit more
- 20 about that in a second. We talk about what the symptoms are.
- 21 We specify the products that are, in fact, being recalled. We
- 22 give consumer advice, and then we say that more info can be
- 23 found on the CDC site. So that's the template that we've been
- 24 using.
- There are a few things we're doing now to try and enhance

- 1 what we've done before. One thing is a lot of -- the
- 2 traditional advice was that, or the thinking was, just get the
- 3 recall information out so people have what the consumer should
- 4 do and what products are affected, and really, that's all you
- 5 need. And what we find is that's not all you need. Consumers
- 6 really want to know, well, what are we doing about it, you
- 7 know, what are we learning, how strong is the evidence, and how
- 8 can we build their confidence in what's going on so that they
- 9 then will take more seriously the information we're providing.
- 10 So one of the things that we do is we're giving more
- 11 information about the scientific basis for the action. And
- 12 very recently, whole genome sequencing has just so strengthened
- 13 our ability to detect the outbreaks and recalls that need to be
- 14 undertaken, it gives us the scientific footing for it, and we
- 15 see we're going to have more and more of these announcements,
- 16 not because there are necessarily more and more outbreaks, but
- 17 because there are more and more ones that we're able to figure
- 18 out what the problem is and then take action. So we're really
- 19 spending more time providing the scientific basis.
- The second thing that we're doing is we're trying to be
- 21 more transparent about what FDA's role is leading to the
- 22 recall. And so in the past, we would have information, and the
- 23 company would say that they voluntarily recalled, it was just
- 24 magic happened, company chose to recall. And well, behind the
- 25 scenes, there was a lot of work going on, there was the trace-

- 1 back, there was the exchanging the information with the
- 2 company, and there was the communicating to the company in
- 3 pretty clear terms we have strong reservations about this,
- 4 here's where evidence is, here's what we think needs to be
- 5 done. And yet, you wouldn't know that at all from prior
- 6 announcements.
- 7 So now we're putting in, on May 2nd, following a
- 8 conversation between FDA, CDC, and the firm, the company chose
- 9 to expand its recall. We're just trying to give a little bit
- 10 more of the back story, and we think that that's important for
- 11 consumers to see that there really is a lot of work going on
- 12 behind this, an effort by FDA, working with the firm, working
- 13 with the states, working with the CDC to protect consumers; we
- 14 want them to know that. This is also of great interest to
- 15 reporters. And so we could spend all our time putting out
- 16 minimal information in web posting and then responding to
- 17 numerous media inquiries. We'd like to get that information
- 18 right up front.
- 19 The other thing that we're spending time doing for the
- 20 first time is actually explaining why sometimes there's
- 21 information that we're unable to provide. There's commercial
- 22 confidential information. If it's deemed to be CCI, we're
- 23 legally not allowed to reveal that information, and it's
- 24 information that reporters and consumers are really interested
- 25 in, so it's very frustrating. I can tell you, not as a lawyer,

1 as a communications person, it's incredibly frustrating that we

- 2 can't get this information out, but that's the law, and so
- 3 we're at least trying to let people know that's the situation
- 4 so they understand both what information are we providing, and
- 5 are there circumstances in which we're legally not able to
- 6 provide that information. So that's what we've been doing on
- 7 the web posting side of things.
- 8 Now I want to talk a little bit about the firm postings.
- 9 So there are three levels of recalls that take place, and
- 10 they're Class I, Class II, Class III, and that's by level of
- 11 severity with I being the most severe. And for Class I
- 12 recalls, the company needs to issue a press release. We get to
- 13 see it, we get to -- we have a template for them to follow. We
- 14 can review it, there is some exchange; sometimes they take our
- 15 advice, sometimes not so much, but you know, we work closely
- 16 with them on that. But that's been for the Class I recalls.
- 17 Class II, granted, are not as serious; however, there
- 18 are -- some of those Class II's may involve, you know, certain
- 19 populations or certain levels of seriousness that we feel are
- 20 important for them to go out with their own announcement. And
- 21 there are also ones that we are going out with announcements.
- 22 So we're not going out only with Class I recalls at this point,
- 23 we're also doing it with certain Class II's, and we want to
- 24 work with the firms, and in the last 6 months, if you go back
- 25 and look, you'll see that there have been a handful of Class II

1 recalls where we've gone out with announcements and where the

- 2 firms have as well.
- 3 And so in the situations that have occurred most recently,
- 4 they've involved some reports of illness or injury, foods
- 5 consumed by vulnerable populations, by infants, toddlers.
- 6 They've also been those situations involving manufacturing
- 7 deviations with significant health impacts, and then also, it's
- 8 been those situations where we have found positive pathogen
- 9 findings and environmental testing. And again, these are
- 10 certain situations where, on an ad hoc basis, we've been
- 11 indicating we really think that it would be good if you went
- 12 out with a press release; we're going to go out with a web
- 13 update. So that's another area that we're looking into.
- Now, the third I want to mention is the additional
- 15 efforts. So when we do these web postings, we're interested in
- 16 getting them out quickly, getting the key information that's
- 17 necessary, and then responding to media inquiries. But there
- 18 are these situations in which it's a very unusual situation,
- 19 it's a widespread situation, it involves a vulnerable
- 20 population, it's just something that we want to do more than
- 21 just get the web posting.
- 22 And so, as Paul mentioned to you, the General Mills recall
- 23 of 10 million pounds of flour due to E. coli contamination was
- 24 one of those situations that happened earlier this year, and
- 25 what really concerned us is that there are children who are

- 1 playing with and eating raw dough, that actually you can go to
- 2 certain restaurants and they'll give the kids some raw dough to
- 3 play with to kill time and hopefully get them to behave well
- 4 while you're waiting for your food to arrive. This is an area
- 5 that people really didn't have any awareness. People think of
- 6 raw dough risks related to eggs, but they don't think that is
- 7 the flour itself.
- 8 And so we wanted to do more activities, and I'm not going
- 9 to rehash it because Paul did a great job of mentioning the
- 10 variety of things that we did to reach out to parents and
- 11 caregivers of young children, and so we used a variety of our
- 12 tools that are listed here, the web posting, consumer update
- 13 blog, social media, and interviews. It was an extraordinary
- 14 amount of interest that was generated. And when we go out with
- 15 the blog, the blog is really more targeted to our stakeholders
- 16 to help them understand the back story, what we're trying to
- 17 do, what we hope they will do. And then the consumer update,
- 18 the primary target is the consumers. We also reached out to
- 19 the National Restaurant Association, and we told them about the
- 20 situation, and we asked them to help us reach out to their
- 21 members to make sure that they were aware of what was going on.
- 22 So there's raw dough media coverage.
- 23 And with that, I just want to end by saying we care deeply
- 24 about this area; we want to improve as much as we can. We see
- 25 this as an ongoing process. We try to talk to our

1 stakeholders; we try to talk to experts to find out what more

- 2 we can do.
- 3 And so thank you very much for this opportunity. I
- 4 appreciate it.
- 5 Oh, that wraps up my remarks, and now I'd like to
- 6 introduce you to Dr. Paula Rausch, who is with the Center for
- 7 Drug Evaluation and Research.
- 8 DR. RAUSCH: Good morning, everybody, and thank you for
- 9 having me. I am Paula Rausch. I am the Associate Director of
- 10 Research and Risk Communication in CDER's Office of
- 11 Communications. I'm going to talk with you today about the
- 12 Drug Safety Communications, and here's just sort of an overview
- 13 of the things that I will be talking about.
- 14 The Drug Safety Communications, or the DSCs, are CDER's
- 15 primary way of getting out postmarket safety information. This
- 16 is new or emerging safety information that we think healthcare
- 17 professionals, the public, and patients need to know about in
- 18 order to make informed decisions. As Sharon mentioned, CDER
- 19 has a very extensive review process, and so these are not meant
- 20 to be crisis or urgent communications; they take a lot of time
- 21 to put together, and they're developed in close collaboration
- 22 between CDER scientific staff and the Office of Communications,
- 23 our safety and risk communication team.
- 24 Why does CDER issue Drug Safety Communications? Again,
- 25 because we want to provide the public, healthcare

- 1 professionals, and patients with the kind of information they
- 2 need to make relevant healthcare decisions. We try as best we
- 3 can to provide actionable recommendations for them. We want to
- 4 foster trust in the FDA. A lot of people are very aware of the
- 5 FDA, but our research shows that there is a lot of lack of
- 6 trust in the FDA, especially among certain populations. We
- 7 also want to be more transparent, and so we try to put out as
- 8 much as we can about drug risks that emerge after a drug is
- 9 approved and on the market. And in addition, we also want to
- 10 raise the education of people to let them know that FDA doesn't
- 11 just stop looking at drugs after they've been approved, that we
- 12 continue to look at them through the lifecycle of the drug.
- So some of the things that -- some of the types of issues
- 14 that we communicate through a Drug Safety Communication, a lot
- 15 of times it's issues that affect a large number of people due
- 16 to widespread use of a drug, whether there are really serious
- 17 or life-threatening issues that arise, adverse events that
- 18 arise, after we've reviewed some information and some
- 19 investigation, done some investigation, if there are clinically
- 20 relevant changes to information about a known adverse event,
- 21 and we also talk about medication errors that might result in
- 22 serious or life-threatening issues. Most of those relate to
- 23 confusion over the names of drugs that are similar or otherwise
- 24 dosing confusions about different doses of drugs.
- 25 So we get asked a lot about what the criteria are for

- 1 issuing a Drug Safety Communication. We get that asked
- 2 externally, and we also get that asked by our own internal
- 3 scientific reviewers. Because all of the adverse events and
- 4 the safety issues that we deal with are so different, we don't
- 5 have set criteria, but we do have quite a number of
- 6 considerations that we look at when we're trying to determine
- 7 whether or not to do a Drug Safety Communication.
- 8 The first one is whether or not there's going to be
- 9 regulatory action associated with the issue and what the timing
- 10 of that action is. We also look at what the timing of the
- 11 regulatory action is or the safety issue and whether it's
- 12 important to communicate at the current time about that issue.
- 13 We also are very concerned about whether there are potential
- 14 unintended consequences or downsides to communicating about an
- 15 issue at a certain time, especially related to the issue of
- 16 scaring the public or having them be anxious to the point of
- 17 stopping using a drug, a necessary drug. And we also, of
- 18 course, look at whether or not the Drug Safety Communication is
- 19 the appropriate tool.
- 20 As Jodi mentioned, we have over 120 different external
- 21 communications within FDA. CDER has more than 40 on its own.
- 22 So we have a lot of different ways to communicate this
- 23 information, but again, the Drug Safety Communication is the
- 24 primary way that we look to do drug safety information
- 25 particularly, and we look at other things if it does not fall

- 1 into one of our considerations.
- 2 Some of the other things that we look at is the strength
- 3 of the evidence of the investigations that were done or the
- 4 studies that we reviewed, whether or not we can give actionable
- 5 advice to patients and healthcare professionals. That's a very
- 6 key element of our Drug Safety Communications. We've tried to
- 7 build that up. We found, through our research, that that is a
- 8 very important element; we knew that going in, but we've tried
- 9 to build that as well. And we also look at whether or not
- 10 we've communicated about the issue before and if there are
- 11 things that we need to educate the public about, and of course,
- 12 we also look at our target audiences.
- We discuss and consider when to communicate about a Drug
- 14 Safety Communication or about a drug safety issue through a
- 15 Drug Safety Communication; again, some of the things that I've
- 16 talked about already, whether or not we have actionable issues
- 17 that can be provided to healthcare professionals and patients,
- 18 whether it might change the risk-benefit analysis of a drug,
- 19 whether or not there is regulatory action associated with the
- 20 issue and what the timing of that regulatory action is, and
- 21 then again, the need to balance the concerns of unnecessarily
- 22 alarming the public with the public's right to know.
- 23 As I mentioned, we have done some research, and I'll talk
- 24 a little bit more about that, but we have found overwhelmingly
- 25 that while in the past the likelihood was that we would wait

- 1 until we had all the evidence in before we would communicate
- 2 about an issue, we're finding that both healthcare
- 3 professionals and especially patients really want to know this
- 4 information as soon as possible. So we balance all that as
- 5 we're considering whether or not to do a Drug Safety
- 6 Communication.
- 7 We try to use all evidence-based practices when we do the
- 8 Drug Safety Communications. Consumers really want to have more
- 9 information than we used to put in the Drug Safety
- 10 Communication, and we've learned that through some of our
- 11 research. Again, we have found that unintended consequences
- 12 such as stopping a drug are related to some communications, and
- 13 we're doing more investigations on that.
- 14 For example, one of the things that we found out is that
- 15 including the words "death" or "life-threatening" in the title
- 16 or the first paragraph of a Drug Safety Communication really
- 17 tend to scare people. Although our goal is to make people
- 18 aware that this is a really serious issue, it had the
- 19 unintended consequence, in a lot of cases, of scaring people to
- 20 the point where they didn't read the rest of the Drug Safety
- 21 Communication and just decided, based on that information, that
- 22 they would stop taking the drug. So we are doing a lot more
- 23 investigation with respect to that. And now we include that
- 24 information, but we include it down further, and that is part
- 25 of our attempts to mitigate and minimize these unintended

- 1 consequences.
- 2 So what you're looking at here is a webpage with a Drug
- 3 Safety Communication posted on it. This is a relatively new
- 4 web posting format for us. In the past, there's been a solid
- 5 block of text that has been separated into sections, but about
- 6 4 years ago, shortly after I started, we started using a tabbed
- 7 format on the website. That worked very well; we were able to
- 8 tailor some of the information so it wasn't so text heavy for
- 9 people. They could also find the sections that were most
- 10 relevant to them and look at those. So that was a tabbed
- 11 format. We did, again, go to this format; this is a mobile
- 12 friendly format. We have done some research and testing with
- 13 consumers on this format as well as this format on the website.
- 14 People are very comfortable with this; they understand that
- 15 they need to click down the arrows to be able to get to the
- 16 full content. They don't have any problem, on the mobile
- 17 sites, with scrolling through once they get to the pages with
- 18 the information.
- 19 You'll see several red circles here that I want to point
- 20 out information about. In the title, you'll see that the
- 21 titles are kind of long. Part of that has to do with our web
- 22 content management system; we have very little flexibility with
- 23 respect to that, and we can't have, for example, a headline and
- 24 a subhead like we would like to have. But what we have found
- 25 through our research is that what people really want to see in

- 1 the headlines is what the adverse event is, in this case
- 2 serious skin reaction, what the drug is, and we include both
- 3 the generic name of the drug and the brand name of the drug,
- 4 but we also include a description of what that drug is, in this
- 5 case mental health drug, so that people who might not know the
- 6 names of their drug off the tops of their heads will be able to
- 7 understand whether or not they need to be interested in this
- 8 information based on the description of what the drug does.
- 9 The large circle shows the different sections, and I'll go
- 10 through those separately, but again, they are all tailored
- 11 information. And then the two bottom circles, one shows that
- 12 all of the Drug Safety Communications are translated into
- 13 Spanish and posted on the website within a few extra days, and
- 14 then a PDF version, so there is a long-form version with all of
- 15 the information so that it can be used as a fact sheet or as
- 16 educational material.
- 17 So this is one of the safety announcements, and all of
- 18 this information, again, is evidence based. What you'll see
- 19 here is our attempt to use a risk-based approach developed by
- 20 Dr. Vincent Covello, who is a world-renowned expert in risk
- 21 communication. We had Dr. Covello come in and do a number of
- 22 risk communication trainings for us in CDER, and he spent an
- 23 entire day with us talking through the Drug Safety
- 24 Communication. So we looked at some of that, and what we have
- 25 decided is that for the most part, the approach of know/do/do

- 1 works the best for the Drug Safety Communication. That is
- 2 giving the most important thing for readers or listeners to
- 3 know first, followed by what FDA is doing about this issue, and
- 4 then by what they can do about this issue.
- 5 Those things fall into -- we've sort of separated those in
- 6 the Drug Safety Communications to prevent this sort of block of
- 7 text. So the first two are usually in the first paragraph,
- 8 what the most important thing to know is and what we are doing
- 9 about it, and then we separate it into the patients and the
- 10 healthcare professional sections, what they can do about that.
- 11 We've also gone to using "we" instead of "FDA" after the first
- 12 reference because we think that better allows people to
- 13 understand that FDA is filled with people and scientists rather
- 14 than an impersonal organization.
- 15 We've tried to beef up, and we're still working on that,
- 16 and doing investigation and research into benefit information,
- 17 including benefit information, more and better benefit
- 18 information, because we think that will help balance out the
- 19 risks. We've heard, across the board, that that is one of the
- 20 things that we need to do with the Drug Safety Communication is
- 21 better balance the risks. By their very nature, this is a
- 22 risk-based tool, and we're getting out safety information, but
- 23 we want to do a better job of balancing that with some
- 24 benefits.
- 25 And then the other thing that we've heard is we used to

- 1 put most of the quantitative information in the data summary,
- 2 which I'll talk about in a minute, but we've heard from
- 3 consumers that they really want that information, so we've
- 4 tried to summarize that and simplify that and put that into the
- 5 safety announcement. And the safety announcement is written as
- 6 well as we can with using as clear and plain language as we
- 7 can, going through all of the complications of all of the
- 8 scientists and all of the clearance levels; we do the best we
- 9 can, and we try to improve that every time.
- 10 This is the facts about the drug section of the Drug
- 11 Safety Communication. The only thing that I want to point out
- 12 here is that as a result of our research, we started adding
- 13 other important side effects and drug interactions, and that
- 14 was at the request of consumers.
- 15 Additional information for patients, again, this is a
- 16 section that tailors the information to patients; it's written
- 17 in plain language, and we try to give additional information in
- 18 addition to repeating the information that is in the safety
- 19 announcement. We do that for two main reasons: number one,
- 20 because when people see tailored information, they may go to
- 21 that directly without reading the safety announcement section,
- 22 and because repetition aids learning and memory.
- We also have a similar section for additional information
- 24 for healthcare professionals. This is a higher-level summary
- 25 for healthcare professionals and provides additional

- 1 information that they may need on the clinical side, and then
- 2 the data summary section points out the scientific evidence;
- 3 it's higher-level language, but again, we try to make this
- 4 accessible for reporters and other folks who would be
- 5 interested in this more in-depth information.
- 6 This is just a look at some of the ways that we
- 7 disseminate the Drug Safety Communications. We know, from our
- 8 research and just inherently, that people are not going to the
- 9 Drug Safety Communication or to the FDA website for this
- 10 information, so we really want to get it out as broadly as
- 11 possible, and we're doing whatever we can to expand that as we
- 12 go along.
- 13 And then I mentioned throughout this presentation that
- 14 we're doing some research. Here are some of the projects, and
- 15 we're continuing to do that with the idea of continuing to
- 16 improve the Drug Safety Communications. CDER is committed to
- 17 providing the public with up-to-date drug safety information,
- 18 and our goal is to ensure that the right people get the right
- 19 information at the right time.
- This concludes my presentation, and the next presenter
- 21 will be Kate Oswell. She is with CDER, and she'll talk about
- 22 the risk evaluation and mitigation strategies.
- 23 Thank you very much.
- 24 MS. OSWELL: Good morning. As Paula mentioned, I'm Kate
- 25 Oswell. I work as a health communications analyst in the

- 1 Division of Risk Management, and I'm going to be discussing the
- 2 communication tools, if I can get over this frog in my throat,
- 3 the communication tools used in risk evaluation and mitigation
- 4 strategies.
- 5 So to start, I will be giving some background information
- 6 about these risk evaluation and mitigation strategies, and this
- 7 will include how these programs are developed, the audiences
- 8 that are targeted, and the various components. I will touch on
- 9 different elements of the programs and communication tools that
- 10 support these elements. And I will walk through an example to
- 11 show how a REMS program could be created using possible
- 12 components and communication tools involved. Finally, I will
- 13 discuss some of the limitations with these programs and
- 14 improvements that we have made with them.
- 15 So what are these REMS, what are these risk evaluation and
- 16 mitigation strategies? Well, they are risk management programs
- 17 that the FDA can require for a drug product or a drug class
- 18 that the FDA determines that it is necessary to ensure the
- 19 benefits of the drug outweigh the risks of the drug. These
- 20 risk management programs go beyond professional labeling, and
- 21 FDA can determine if a program is necessary either pre- or
- 22 post-approval of the drug. Now, these risk management programs
- 23 are designed to achieve specific goals to mitigate serious
- 24 risks, but one thing to keep in mind is that these programs do
- 25 not address the overall medication safety or medication

1 benefits. They are focused only on the serious risk or risks

- 2 being mitigated by the program.
- 3 So before getting into more background detail about these
- 4 risk management programs and hopefully to help provide more
- 5 context, I put together an example of what a program could look
- 6 like. So this would be a program to mitigate the risk of
- 7 severe drug-induced liver toxicity. So we'd have our target
- 8 audience: prescribers, patients, and pharmacies.
- 9 And for program requirements for prescribers, to be able
- 10 to prescribe the drug, they would have to have mandatory
- 11 training and enrollment into the program, perform baseline
- 12 liver function testing prior to prescribing, conduct liver
- 13 function monitoring throughout treatment, and have patient
- 14 counseling as well on the risk and the program benefits.
- 15 So patients would acknowledge the risks of the drug and
- 16 the program requirements, which would be the testing and the
- 17 monitoring, and they would also receive the counseling.
- 18 Pharmacies, they would have to verify -- oh, excuse me.
- 19 They'd have to have training and enrollment into the program
- 20 and then verify prescriber enrollment, patient acknowledgement,
- 21 and that the testing has taken place.
- 22 So how are these REMS programs developed? Well, FDA
- 23 specifies the required elements of the REMS. And although this
- 24 bullet here seems simple, there are many different factors
- 25 involved in determining the risk strategies. In fact, there's

- 1 an entire draft guidance that's been recently issued on this
- 2 topic, so I won't be getting into that today. Next, the drug
- 3 sponsors develop the REMS program based on the required
- 4 elements, and FDA reviews and approves the program. Each REMS
- 5 program will have specific safety measures targeted to mitigate
- 6 the serious risk or risks associated with the drug or class of
- 7 drugs.
- 8 So who is our audience? Well, first, we have healthcare
- 9 providers. These could be prescribers, pharmacists, other
- 10 healthcare providers such as nurses, physician's assistants in
- 11 the office, hospital, infusion center, patients or caregivers.
- 12 We've even had wholesalers and dispensers. And again, this all
- 13 depends on the program.
- So all REMS programs include communication and/or
- 15 educational materials to communicate risk information to
- 16 various stakeholders. We educate about the risk or risks
- 17 within the REMS, and we inform about the program requirements.
- 18 Now, depending on the risk of the medication, the program may
- 19 be more or less complex. Some programs may only have
- 20 communications sent to a target audience such as healthcare
- 21 providers, whereas another program may have restrictions put in
- 22 place before the drug may be dispensed to the patient.
- 23 So this slide shows the REMS components from the
- 24 regulations. So the regulations state that the REMS can
- 25 include a medication guide or patient package insert, a

- 1 communication plan for healthcare providers, elements to assure
- 2 safe use, which I will get into, an implementation system,
- 3 explain how the components will work together and will put into
- 4 place, and then all REMS must have this timetable for
- 5 submission of assessment so that FDA can evaluate the
- 6 effectiveness of the programs. I bolded the "communication
- 7 plan" and "elements to assure safe use" because those are what
- 8 the communication tools support.
- 9 So let's get into what are called these ETASUs, or
- 10 elements to assure safe use. Again, these are from the
- 11 regulations. So it tells us what components we can put
- 12 together when we are developing a REMS program, so you can have
- 13 one or more of any of these. Prescribers have specific
- 14 training or experience or special certifications. A pharmacist
- 15 or other dispensers may be specially certified. The drug may
- 16 be dispensed only in certain healthcare settings, such as an
- 17 infusion center or hospital. The drug may be dispensed with
- 18 evidence of safe-use conditions, such as laboratory test
- 19 result. Each patient using the drug may be subject to
- 20 monitoring, or patients may be enrolled in a registry.
- 21 So communication tools. Here are some of the
- 22 communication tools we've used to support the components of our
- 23 risk management programs: Letters, they're e-mailed or sent by
- 24 U.S. mail. Fact sheets, basically one or two-page documents
- 25 that focus on the REMS program and the risk within. We've had

1 REMS-dedicated websites. We've used informational slide decks

- 2 or webinars for training. We've had journal information
- 3 pieces, which would be a one-page piece in a professional
- 4 journal, focusing on, again, just the REMS and the REMS risks.
- 5 Training programs, these could be online, in person.
- 6 Paper-based enrollment forms for anyone that it's necessary
- 7 for, patients, prescribers, pharmacies, dispensers. We've used
- 8 prescription authorization forms. These must be sent from the
- 9 prescriber to a pharmacy before a drug can be dispensed. We've
- 10 used field representatives and medical liaisons to hand out
- 11 program information. There have been call centers to provide
- 12 more information, if necessary, for certain programs. We've
- 13 had patient counseling tools. This could be a patient guide,
- 14 this could be a patient brochure, a patient-prescriber
- 15 agreement -- excuse me, acknowledgement form, a patient
- 16 continuation form, which a patient would sign to verify that
- 17 they understand the risk before continuing their treatment.
- 18 We've used wallet cards for patients, and we've even more
- 19 recently used apps.
- 20 So again, let's go back to our example of a risk
- 21 management program, look at the components, and then we'll put
- 22 in some tools that would support these requirements. So again,
- 23 we have our three audiences and we, just a reminder, real
- 24 brief, we have training and enrollment for prescribers that
- 25 require testing; patient counseling for patient, they would

1 have to acknowledge the risks, the program requirements, agree

- 2 to the testing and monitoring, and this would be through
- 3 counseling; and then pharmacies, again, would be trained and
- 4 enrolled into the program. They'd have to verify all these
- 5 other pieces, the prescriber enrollment, the patient
- 6 acknowledgement, and that testing has taken place.
- 7 So what types of materials or tools could be used to
- 8 support healthcare provider education and program requirements?
- 9 Well, if it's a new drug, we could send letters to the target
- 10 prescriber, and we could include a fact sheet highlighting the
- 11 serious risks, a brief overview of the program requirements,
- 12 including what actions the prescriber must take in order to
- 13 prescribe the drug. If there is training that's required, this
- 14 could be online or paper based; it could be, say, a slide deck
- 15 that's used with a knowledge assessment at the end that the
- 16 prescribers must complete. And again, this information would
- 17 have the risks of the program -- excuse me, the risks that the
- 18 REMS is in place to mitigate, the program requirements,
- 19 including testing, monitoring, and the counseling, required
- 20 patient counseling. And then there would be a prescriber
- 21 enrollment form, and there would be some attestations on that
- 22 form; the prescriber would attest that they know the risks,
- 23 they understand the requirements, and they will do these --
- 24 they will do the requirements per the program.
- 25 So materials that could support patient education for this

- 1 program: Well, there could be what we call a patient-
- 2 prescriber acknowledgement form. And again, this form lays out
- 3 the risks in plain language for the patient, the program
- 4 requirements; they would agree to do the lab testing and be
- 5 monitored throughout treatment in order to receive the drug.
- 6 This would be signed by the patient and prescriber, and it
- 7 would be sent to the REMS program and be put on record or on
- 8 file. There could be a patient brochure, which again would
- 9 have the same information in there. The healthcare provider
- 10 could use this brochure to counsel the patient, and then the
- 11 patient could take this brochure home to keep for future
- 12 reference, if necessary.
- 13 And then the communication tools or materials for
- 14 pharmacies: Again, they would have some training, could use a
- 15 similar slide deck to contour the information as needed for the
- 16 pharmacies, including the risk and their program requirements,
- 17 so to verify the prescriber and the patient acknowledgement
- 18 forms have been received and that the testing has taken place.
- 19 Again, they would have enrollments with attestations as well,
- 20 to go over the risks and requirements and what actions they
- 21 need to take to be part of the program.
- 22 So here are a few limitations that I put together, talking
- 23 about the REMS programs. A big one here is that the
- 24 pharmaceutical industry is responsible for dissemination of the
- 25 REMS program information. So unlike some of the earlier

- 1 communications we've heard from FDA, these communications do
- 2 not come directly from the FDA, and we've heard feedback that
- 3 it's difficult to distinguish REMS program materials from other
- 4 materials sent from industry, such as promotional material.
- 5 And you can imagine that has increased the difficulty in
- 6 getting the message out, and the message we are focusing on is
- 7 on the risk message for these drugs that have these REMS
- 8 programs.
- 9 Another limitation would be the defined deadlines in the
- 10 review of new products and in the review of any modifications
- 11 to an existing program. There are typically a number of rounds
- 12 of back-and-forth between FDA and the drug companies as we work
- 13 to develop these materials. We both have input, and we both
- 14 have our internal clearances. Sometimes drug companies use a
- 15 third party for development of some of their material. So if
- 16 you have a very short timeline, it's tough to get some things
- 17 done like -- especially the ability to pretest the materials.
- 18 That's been a big challenge that we have faced and the drug
- 19 companies as well.
- 20 So another consideration I would add to this list would be
- 21 balancing the burden of the program with the tools and the
- 22 strategies that we have in place that have been shown to be a
- 23 bit more effective. So, for example, a hard stop at the
- 24 pharmacy where a drug cannot be dispensed without, say, a
- 25 testing result on file, that might be a very effective way to

- 1 mitigate a risk. However, that level of burden might not be
- 2 appropriate for each REMS program, and we wouldn't want to,
- 3 say, withhold a drug from a patient unnecessarily because the
- 4 risk doesn't rise to that level, because that actually could be
- 5 a risk in itself as well.
- 6 So we have made some improvements over the course of time
- 7 here. REMS letters have replaced the Dear Healthcare Provider
- 8 letters. We gave it a new name, and we've changed sort of the
- 9 formatting. We make it a little bit more concise now, risk-
- 10 focused messages. We took out a lot of the extra language that
- 11 wasn't necessary to have in a REMS letter as opposed to a Dear
- 12 Healthcare Provider letter. They're available in two formats
- 13 now, print and we do send them electronically. And then we
- 14 also have fact sheets that we've been using more; they either
- 15 go out with the REMS letters or distributed when healthcare
- 16 providers are being detailed by the sales or medical liaisons,
- 17 and that seems to work fairly well to get the message out.
- 18 They are also available at professional meetings. And again,
- 19 these fact sheets, just a very concise message of -- the key
- 20 message of the risks and the program requirements. It's not
- 21 in-depth like the training would be, if that's required of the
- 22 program.
- 23 So let's see. So we continue to encourage pretesting and
- 24 post-evaluation of materials. If it can't be done prior to a
- 25 REMS program being approved, we do encourage them to do it

- 1 while the program's in place to make improvements, so that when
- 2 the assessments come in, we can see what kind of changes can be
- 3 made to the materials and to the program. And we have expanded
- 4 the types of communication tools. There are apps now in a few
- 5 programs for patients and healthcare providers for the required
- 6 maybe surveys that they must take. In some situations we've
- 7 replaced medication guides with the patient guide, so it's able
- 8 to more narrowly focus on the REMS risks and the key messages
- 9 about the REMS program, again, instead of all the other
- 10 language.
- 11 So this concludes the Center for Drug Evaluation Research
- 12 presentation on REMS communication tools. Thank you.
- DR. BLALOCK: Thank you very much. And I'd like to thank
- 14 the first four presenters. It's time for a break, so we'll
- 15 take about a 15-minute break, and we'll take questions, related
- 16 clarifying questions, for all the presenters after all of the
- 17 FDA presentation.
- 18 So Committee members, please do not discuss the meeting
- 19 topic during the break among yourselves or with any members of
- 20 the audience, and we'll resume at 10:15.
- 21 (Off the record at 9:58 a.m.)
- 22 (On the record at 10:17 a.m.)
- 23 DR. BLALOCK: So if I can get folks to take their seats
- 24 again. And I'd like to call the meeting back to order. We'll
- 25 now continue with FDA's presentation on external

- 1 communications. And just as a reminder, although this portion
- 2 is open to public observers, public attendees may not
- 3 participate except at the specific request of the Committee
- 4 Chair.
- 5 So Ms. Butler.
- 6 MS. BUTLER: Good morning, and thank you for having me.
- 7 I'm going to talk today about the Center for Devices and
- 8 Radiological Health consumer-friendly Class I recall notices,
- 9 both as an opportunity to demonstrate an instance where CDRH
- 10 recognized a risk communication need and met it, as well as
- 11 recognizing the need to continually evaluate and revise that
- 12 over time and how our FDA Risk Communication Staff was able to
- 13 help us with some of that research. And there are actually a
- 14 few members on the Panel here today that were involved in that
- 15 as well, so thank you.
- 16 The Center for Devices and Radiological Health has been
- 17 doing consumer-friendly Class I recall notices for 12 or so
- 18 years. A Class I recall is our highest level of risk for a
- 19 recall where there is a reasonable chance of causing serious
- 20 health problems or death. As you all, I'm sure, are aware, the
- 21 FDA does not conduct recalls; we oversee them. The
- 22 manufacturers are responsible for initiating their recalls and
- 23 for coming up with a recall execution plan which includes
- 24 communication. However, the companies are required to inform,
- 25 but they don't do that in a standardized way. It may be via a

1 press release; it may be via an e-mail to consignees. It kind

- 2 of runs the gamut and except where we -- in cases where we
- 3 really disagree with their message or we notice inaccuracies in
- 4 our review of their recall communications, we can't really
- 5 require them to do specific things with their communications.
- 6 But that is in within our control for our own communications.
- 7 And so we made the decision to do a write-up for every
- 8 Class I recall, in part because following along with how the
- 9 Center conducts its other postmarket activities, we do that on
- 10 a risk basis, so it was very important to us to make sure that
- 11 consumers and people without a clinical background had access
- 12 to accurate and understandable information about the things
- 13 that put them at greatest risk.
- 14 So in deciding what the template for the recall notice
- 15 would look like, it was a very long negotiated process,
- 16 actually predated my tenure. I've been here about 12 years,
- 17 and as one of my first tasks when I joined the staff was to do
- 18 these write-ups, and I was told that I had control over the
- 19 content but not over the categories because those were heavily
- 20 negotiated and everybody was liking them just fine. And so
- 21 this is what it looked like, including a very vague category
- 22 called FDA comments, which was essentially recommendations for
- 23 what people should do to keep themselves safe and what to do
- 24 about using or not using the product. However, we couldn't
- 25 call them recommendations because, as I said before, the FDA

- 1 doesn't conduct the recall; the company conducts the recall.
- 2 It's the company's recommendations; however, we may have added
- 3 to it.
- 4 So we arrived at FDA comments, and you know, we got
- 5 questions about that a lot: Well, what does that mean? So it
- 6 was one example of the template being fine but very FDA-focused
- 7 and FDA-centric in its prioritization. One of the things we
- 8 hoped that we were doing well was taking into account plain
- 9 language, health literacy, variances, and the need for unbiased
- 10 information. I will say, though, that after a number of years
- 11 of doing this and our staff priorities and work shifting a bit,
- 12 these were becoming more and more burdensome for our staff to
- 13 produce, in part because they were chasing after information
- 14 that wasn't necessarily readily available or necessarily very
- 15 helpful or important, but it was in the template.
- 16 So we proposed revising the template. This is the
- 17 previous template, and the FDA comment section is below the
- 18 screenshot, but you know, it went through what level of recall
- 19 it was, the date that the recall was initiated, which was
- 20 another point of confusion for people; what did the initiation
- 21 date represent. We identified the user, the recalling firm.
- 22 Also, below the screenshot is the FDA district where it
- 23 initiated, a lot of different kinds of information that, you
- 24 know, your average consumer or a patient isn't necessarily
- 25 going to need.

1 So we proposed revising the template, and we did that in a

- 2 couple of different phases. You know, best practice and risk
- 3 communication is to test your messages, to test what you're
- 4 doing with a representative audience; that's the gold standard,
- 5 not one that's always necessarily available to us if we want to
- 6 be both accurate and targeted and also timely. Paperwork
- 7 Reduction Act constrains us. Funding availability is a
- 8 constraint.
- 9 So part of the story is the creativity and the innovation
- 10 that the Risk Communication Staff here at FDA has helped to
- 11 provide the centers with in terms of a testing mechanism, so
- 12 one of which was the special government employee homework
- 13 assignment. Drs. Krishnamurthy, Pleasant, and Rimal
- 14 participated in that with us. I don't know if you even
- 15 remember, but it was a couple of years, the summer of 2014. So
- 16 we started with giving them a comparison of -- well, we let
- 17 them see what our current template looked like and some of the
- 18 issues that we were having with it and the ways that we wanted
- 19 to fix it and seeking their opinion. So we sought their
- 20 feedback, and then we took that feedback, and we revised it
- 21 based on what they had observed but also based on some things
- 22 that we wanted to achieve.
- Then the second part of that research involved pulling
- 24 together a cadre of internal testing volunteers, not people who
- 25 work in CDRH because we didn't want them to have a direct

1 familiarity with the device recall, but people from other

- 2 centers who may have been affected by the recall, may have
- 3 been -- may have remembered seeing it in the news media, may
- 4 have a family member that was affected by that device, and to
- 5 give them a chance to look at both the previous template as
- 6 well as the proposed revision and to get their feedback on it.
- 7 So the results of that research were that the testing
- 8 cadre did find the new template easier to read, they liked the
- 9 design better, the headings were in conversational style as
- 10 opposed to the sort of vagueness that we were struggling with
- 11 in the previous template. The new template makes it clear who
- 12 is affected and what they should do, still maintain our
- 13 commitment to plain language, which can be difficult sometimes
- 14 with recalls for the products that we regulate. Sometimes
- 15 there is no way to plain-language some of the technical
- 16 information that's in there, but we at least then try to
- 17 explain it or refer people to resources where they can get more
- 18 information.
- 19 And the simpler format also helps our multipliers; it
- 20 helps healthcare providers and the media describe these recalls
- 21 in ways that patients and consumers will understand them, and
- 22 it reduces the burden on our staff when people don't understand
- 23 our communications and then they call into our consumer or
- 24 industry helpline to ask for a translation of what was supposed
- 25 to be, you know, a mitigating measure. So that was the result

- 1 of the research. As I said, the majority of people preferred
- 2 the redesigned template; it includes a picture of the device
- 3 and the packaging so you can more clearly identify the product
- 4 that we're talking about. Recommendations for further
- 5 improvements to the template included capitalizing the word
- 6 "recalls" and highlighting explanation for "Class I Recall,"
- 7 both of which we built in now in a couple subsequent
- 8 iterations.
- 9 Another thing that we're looking at for the future is --
- 10 and it's a question for a lot of our different types of
- 11 communication products -- is when do we close it out? When are
- 12 we done talking about this? How long do we leave it on the
- 13 website? How long do we leave it publicly available? What
- 14 does it mean for a recall to be finished? With medical device
- 15 recalls in particular, many of the corrections don't involve
- 16 taking the product off the shelf or out of a patient. We're
- 17 talking about a lot of implantable devices, and so that's part
- 18 of our challenge, too, is helping people understand what the
- 19 word "recall" means. It's a regulatory term, so it's not
- 20 likely to change, but it can be misunderstood. So this is part
- 21 of the conversation that we're having right now in terms of how
- 22 long do we leave that available and how do we communicate it to
- 23 people when we no longer need to look at this.
- Here's an example of the first half of the screen of the
- 25 new template. You can see it's a lot cleaner, it's a lot more

1 straightforward, it has the picture, and you can look at other

- 2 examples on the URL that we provided.
- 3 The new template is now standard. We've been using it for
- 4 about a year. It's been very well received internally and
- 5 externally; our staff likes it a lot more because it's a lot
- 6 easier to produce. We don't need to involve nearly as many as
- 7 people across the center to cross-check our information. It
- 8 highlights what's important. It reports the states affected by
- 9 a recall rather than the FDA district, again, you know, giving
- 10 people the information that's relevant and meaningful to them
- 11 rather than the things that, you know, we explicitly find
- 12 important. It presents information in chunks with more white
- 13 space; again, there's a link to more examples.
- 14 And I really do just want to emphasize, again, the value
- 15 of the innovative approach to the research on this. If we
- 16 wanted to -- had we wanted to do focus groups or surveys about
- 17 this and test it with a wider audience, it would've taken us a
- 18 lot longer to get a result, and I'm not sure that that would
- 19 have gained us much more than what we obtained through the
- 20 assistance of the panel members and the volunteer testing cadre
- 21 drawn from the other centers, which we found helpful not only
- 22 in this case but we have tested many messages for safety
- 23 communications and websites and other types of things where it
- 24 was important to be accurate, targeted, and timely. So it's a
- 25 wonderful service, and I hope it never goes away because it

- 1 really helps us do our best work.
- 2 So this concludes CDRH's presentation. The next
- 3 presentation will be from the Center for Tobacco Products.
- 4 Thank you.
- 5 MR. VENTURA: Good morning, everyone. My name is Jeff
- 6 Ventura, and I'm the Division Chief for Regulatory
- 7 Communications at the Center for Tobacco Products. We are not
- 8 "for" tobacco products, as the name often confuses people. I
- 9 went down to a conference in Orlando, and everyone kept coming
- 10 up to me, asking me if I could provide them with packs of
- 11 cigarettes as I staffed the booth.
- 12 So I want to just talk to you about something today that
- 13 is not as sexy as a lot of the tools that we're using to
- 14 communicate; it's not social media. It's actually, you know,
- 15 something that we've had at our disposal for quite a while, and
- 16 that is e-mail. We are really spring-boarding off of an
- 17 increasing understanding that the importance of e-mail, and its
- 18 impact, if used and enhanced, really is formidable. And so,
- 19 for example, this stat here sort of outlines what e-mail -- in
- 20 the private sector, they're calling it e-mail marketing. For
- 21 the sake of this presentation and for government, given that
- 22 I'm not marketing any widgets, per se, I'm looking, as the
- 23 Division Chief of Reg Comms, to really kind of take a look at
- 24 what enhancing e-mail can do for us in terms of communicating
- 25 with our various constituencies.

Without any promotion whatsoever, our e-mail program

- 2 currently has 33,000 stakeholders subscribed to it, so this is
- 3 formidable. We've really attained this without, you know, any
- 4 push whatsoever, and it started to beg the question for us, if
- 5 this is how many people are organically interested in what we
- 6 do at the Center for Tobacco Products, should we capitalize on
- 7 this by not only enhancing that channel through which they're
- 8 subscribing currently, but also could we think of other e-mail
- 9 marketing tools that may capitalize on this interest in
- 10 receiving information via e-mail?
- 11 So in looking at communication, it's important, first of
- 12 all, to really talk about the fact that what CTP, or the Center
- 13 for Tobacco Products, regulates, all of our products are, you
- 14 know, harmful if they're used as intended. So we have a unique
- 15 role given that all of the things that we regulate carry a
- 16 level of known risk, specifically e-cigarettes, cigars, hookah
- 17 tobacco, pipe tobacco, dissolvables, nicotine gels, cigarettes,
- 18 roll-your-own tobacco, and smokeless tobacco. This alters
- 19 slightly how we use day-to-day communication channels
- 20 especially because one of our charters to warn you of the risks
- 21 of smoking is handled through national advertising campaigns
- 22 mostly, which is a different division than the one I'm in,
- 23 versus agency-run day-to-day comms vehicles, which is really
- 24 what I'm overseeing.
- 25 We do, however, use our channels to communicate closely

- 1 with industry to mitigate the risk that they are not in
- 2 compliance with federal tobacco control laws, and with public
- 3 health advocates to ensure that they are informing their
- 4 constituencies on our ever-changing and emerging regulatory
- 5 landscape.
- 6 Just in brief, I thought it was beneficial just to kind of
- 7 take a look at CTP's mission, which is largely spelled out in
- 8 the Tobacco Control Act, so this is very legislatively driven,
- 9 but our legislative mandate, you know, really puts us in a
- 10 position to protect youth, provide information to help educate
- 11 consumers, provide more information on public education
- 12 campaigns, ensure compliance with the law, reviewing new
- 13 products and product changes, and leading cutting-edge
- 14 research. So there's a wide sort of swath of topics that we
- 15 are tasked with communicating about. In terms of e-mail
- 16 enhancement, we are specifically focusing on 2, 3, 4, and 6,
- 17 so protecting youth is really more of our campaigns division,
- 18 although we do a little bit of that, and reviewing new products
- 19 and product changes obviously is sort of a function of our
- 20 review division, but these other elements certainly fall into
- 21 the purview of what we're communicating about and make their
- 22 way into some of our e-mail communications.
- Just a bit of background in terms of our e-mail outreach.
- 24 We've been doing it now for roughly 5 years. We have relied on
- 25 the GovDelivery platform, although in the past we weren't

- 1 taking advantage of the full functionality that GovDelivery
- 2 offers, so we've really looked more closely at that. And we
- 3 did a comprehensive analysis that took into account how we
- 4 could expand GovDelivery, how we could use it to improve
- 5 basically our fundamental vehicle that we use, This Week in
- 6 CTP, and we really wanted to figure out whether or not there
- 7 was room to develop other tools as well.
- 8 That analysis motivated us to make some significant
- 9 changes to our program. The maturation of our comms program as
- 10 it relates to e-mail really ties into the growth of our center.
- 11 As the Center for Tobacco Products becomes more regulatorily
- 12 relevant and our regulations impact the lives of more and more
- 13 Americans, people expect more than just a simple e-mail
- 14 newsletter; they expect a more sophisticated communications
- 15 product that's easy to find, subscribe to, and read. So as the
- 16 slideshow suggests, we made some specific changes with the user
- 17 in mind.
- 18 Here is the profile questionnaire that we added that's
- 19 basically trying to identify who our subscribers are. We, at
- 20 one time, knew nothing about these 33,000 subscribers really,
- 21 and so now when they come in through the portal to subscribe,
- 22 they're asked to sort of categorize themselves. And the reason
- 23 that we're asking this is we're obviously looking to tailor
- 24 some of the communications that we do with them, and we feel
- 25 like there's a real opportunity to provide them with specific

- 1 information.
- I would be remiss if I didn't mention that one of the
- 3 reasons that we're doing this is that in terms of our -- what
- 4 we are regulating, with the deeming regulation, which actually
- 5 took place this May, our remit as to what we're regulating, the
- 6 products we're regulating has expanded, and it's now including
- 7 a slice of industry that is not sort of big tobacco. So we
- 8 have a lot of mom-and-pop vape shops and smaller to mid-size
- 9 businesses that previously had not been regulated. So we
- 10 really need to understand, you know, how many of these people
- 11 are actually coming and looking for information and what is the
- 12 impetus that's put upon us to convey -- you know, to speak
- 13 directly to them as well.
- 14 So with that, we discovered that it was worth making a
- 15 concerted effort to give our e-mail a facelift, so we are
- 16 aiming for more diverse e-mail lists and content, better
- 17 administrative organization, improved process, and enhanced
- 18 tactical delivery.
- 19 We decided that it was important to tailor our content,
- 20 and the tailoring kind of segments down the line of where we
- 21 are in terms of our communication strategy. So our
- 22 communications kind of break down into three pillars: science,
- 23 because we're supporting a lot of the science around tobacco
- 24 research; reliance, we feel that the American consumer relies
- 25 on us for solid information about these products and what their

- 1 inherent risks are; and compliance, because we have a large
- 2 swath of industry, both in terms of big tobacco but also a lot
- 3 of the mid-size to smaller players that I mentioned who are, in
- 4 good faith, really looking to comply with some very complicated
- 5 regulations and where the onus is on us to make sure that they
- 6 understand what they are.
- 7 So as I mentioned, This Week in CTP is our sort of
- 8 stalwart communications vehicle. It's been around the longest,
- 9 it has the most subscribers, and it's really sort of our
- 10 straight news vehicle, so think of it as sort of a daily
- 11 newspaper, although it's not daily and it's actually not even
- 12 weekly. We call it This Week in CTP, but it refers to the
- 13 moment in time that it comes out. But the growth of this has
- 14 continued, again, without any promotion, to steadily increase
- 15 over the last 5 years, and so we really think that it
- 16 underscores a real appetite and need for the kind of
- information that we're brokering.
- 18 This is newly introduced, so this came out of our analysis
- 19 of sort of the terrain of vehicles that we're currently using.
- 20 We realize that we needed some way to go into greater depth, so
- 21 we came up with CTPConnect, which is -- think of it as sort of
- 22 our news magazine. It allows us to go deeper than the This
- 23 Week in CTP vehicle.
- These are our new templates. I mean, I think it's worth
- 25 noting that prior to this, we were just literally sending out a

- 1 text-based e-mail, and now, through using GovDelivery and
- 2 various in-house talent that we have, we've developed templates
- 3 that actually have sort of a look and feel and are certainly
- 4 more alluring and provocative in terms of it makes you want to
- 5 read these vehicles.
- 6 We also use these vehicles to drive traffic back to a lot
- 7 of the web work that we're doing, and I'm not going to go into
- 8 that today, but we've been using the same sort of analyses to
- 9 rework all of our web content so that it's more specific to the
- 10 audience that's seeking out the information, and this just
- 11 brings those eyeballs back to our site.
- We're already seeing success. We've got increasing
- 13 success to talk about with our open rates and with our
- 14 click-through rates, but we -- you know, the metrics are
- 15 interesting, but we see this and hear this anecdotally that,
- 16 you know, these vehicles are successful because we actually
- 17 have a call center that receives inquiries from consumers and
- 18 from stakeholders, industry stakeholders and public health
- 19 stakeholders, and time and time again, they're echoing that
- 20 they're getting this information from our e-mail vehicles, so
- 21 we know that we're having success there.
- 22 Closing takeaways: Aside from the two points listed on
- 23 the slide, I'd just like to decode some jargon, that we talk a
- 24 lot about increasing engagement. For us, it doesn't mean just
- 25 getting our subscriber base up. It's more than that; it's

- 1 driving a perception among our stakeholders that we are not
- 2 regulating in a vacuum. So every e-mail we send out, we feel,
- 3 fortifies the notion that we're being transparent and engaged
- 4 as an agency that cares about the public health and is
- 5 fulfilling our mission on behalf of the American people.
- 6 And with that, I'd like to introduce Cariny Nunez, the
- 7 Office of Minority Health. Thank you.
- 8 MS. NUNEZ: Good morning, everyone. My name is Cariny
- 9 Nunez. I am a Public Health Advisor with the Office of
- 10 Minority Health.
- 11 The vision of our office is very simple; it is to create a
- 12 world where health equity is a reality for all. Our office
- 13 aims for all minorities to have access to FDA information
- 14 regardless of their level of education, literacy, and language
- 15 proficiency. We are here to make sure that all minorities have
- 16 information they need in a way that they can understand it. We
- 17 also want to make informed health decisions. We work across
- 18 the Agency and with external stakeholders to identify
- 19 disparities and strategies to address them.
- Office of Minority Health mission is to promote the health
- 21 of diverse populations through research and communication of
- 22 regulatory science that address health disparities. The key
- 23 here is focusing our efforts within the regulatory framework,
- 24 which makes us unique from other HHS agencies.
- Our health promotion program: Our research shows that a

- 1 vast majority of minorities are on the Internet today, in
- 2 particular, social media. Social media outreach is amplified
- 3 through the use of media such as videos and images. We are now
- 4 seeing that more and more people are relying on social media to
- 5 receive their information, and that includes the news.
- 6 The Food and Drug Administration Safety and Innovation
- 7 Act, Section 1138 of July 2012, ensures adequate information on
- 8 medical products for all, with special emphasis on
- 9 under-represented subpopulations. OMH key strategy is simple.
- 10 It's meeting consumers at their point of need. This year we
- 11 created two multimedia campaigns to address critical issues
- 12 affecting minorities: one was addressing health fraud, and a
- 13 second one addressing clinical trial diversity participation.
- 14 One of our key areas is to address health disparities through
- 15 health promotion. We use several strategies, including
- 16 developing health education materials, electronic platforms to
- 17 promote health equity, social media, newsletters, and websites,
- 18 for example.
- 19 What are motivators for these campaigns? Through
- 20 research, we know that negative messages are looked at
- 21 unfavorably by consumers, unlike positive messages that have
- 22 demonstrated to resonate with them. We hear all the time
- 23 what's wrong and all of the many health issues plaguing
- 24 minorities, but we want to add a positive perspective and
- 25 create actionable materials that consumers can use to make

- 1 better health decisions. We want to add positive enforcement
- 2 as to why minority health issues matter. We want to educate
- 3 consumers about key issues and help stimulate a dialogue among
- 4 peers and patient-providers.
- 5 Our first campaign is our health fraud multilingual
- 6 campaign, and let me state that this is the first multilingual
- 7 campaign for our office but also for FDA. This campaign was
- 8 developed in five languages outside of English. The purpose of
- 9 the campaign was to develop a multimedia campaign to educate
- 10 minority consumers about -- to make them aware that some
- 11 imported dietary supplements and nonprescription drug products
- 12 can be harmful, because many minorities turn to herbal and
- 13 natural remedies to treat their chronic disease illnesses.
- We developed a series of campaign materials, consumer
- 15 articles, one 60-second minute -- 60 seconds, sorry,
- 16 educational video, Flickr videos, infographics, a social media
- 17 toolkit, FDA Voice blog. We also place infographics on our
- 18 Pinterest page and internal key messages with Q&As. This novel
- 19 campaign of FDA has never -- as I mentioned before, has never
- 20 been produced in multiple languages. For this campaign, we
- 21 partnered with our Office of External Affairs, Office of Media
- 22 Affairs, and the Office of Regulatory Affairs, Office of Health
- 23 Fraud. Materials were translated into Spanish, Chinese
- 24 simplified and traditional, Korean, Vietnamese, and Tagalog.
- 25 And for this campaign, we also designed a unique URL where all

- 1 materials can be found, including the videos.
- 2 The dissemination and promotion of this campaign was
- 3 launched during National Consumer Protection Week, from March
- 4 6th through 12th, the ethnic and traditional media outreach.
- 5 We did also media interviews with subject matter experts and
- 6 spokespersons. We conducted a Google AdWords campaign in
- 7 different languages. We also conducted a social media outreach
- 8 through YouTube, Flickr, Facebook, Twitter, and Pinterest. We
- 9 reached out to our stakeholders via our newsletter and e-mails,
- 10 and we also sent blast consumer e-mails internally and
- 11 externally to all our stakeholders and partners alike.
- 12 VIDEO: Do you use imported dietary supplements or
- 13 nonprescription drugs? Do you use them because they're labeled
- 14 in a language you know? Not all imported products sold as
- 15 dietary supplements or as nonprescription drugs are safe. Some
- 16 may not work, and others have been found to contain hidden
- 17 chemicals that could hurt or even kill you. They may claim to
- 18 be all natural, alternative treatments, or herbal remedies.
- 19 They promise things like weight loss, bodybuilding, sexual
- 20 enhancement, and pain relief. Some even claim to treatment
- 21 cancer, HIV, or diabetes. But beware: Claims like these don't
- 22 necessarily mean the products work or are safe, and often they
- 23 aren't. They are sold at ethnic stores, flea markets, gas
- 24 stations, online, and in many other places throughout our
- 25 communities. The best way to protect yourself and your family

1 is to talk to your healthcare provider about safe and effective

- 2 medical options. To learn more, visit
- 3 www.fda.gov/supplementsafety.
- 4 MS. NUNEZ: Our Google AdWords terminology.
- 5 (Spanish video.)
- 6 MS. NUNEZ: In-display ads expand the reach of the message
- 7 through Google, appear in YouTube search results, watch pages,
- 8 and homepage; also appear in YouTube mobile apps search
- 9 results, watch pages, and homepage. The Google Display
- 10 Network, such as the website and Google ads. The impressions
- 11 are the number of times the ad displays in YouTube. There is
- 12 no cost for impressions. The view rate is the number of times
- 13 the ad is clicked divided by the number of times it was seen.
- 14 Our cost per view is the average cost when an ad was clicked
- 15 and video was watched. We only pay when the ad is clicked.
- 16 So this is a sample of our metrics for the campaign. We
- 17 had approximately 3.6 impressions on this campaign, and it's
- 18 important to state that the Spanish video was not only seen
- 19 here in the United States, but also it went across our U.S.
- 20 borders. It was seen in Mexico, Colombia, Puerto Rico,
- 21 Argentina, and Spain. The average duration of the video was 43
- 22 seconds. Our impressions -- and which for us was sort of a
- 23 lesson learned because if we understood that our message must
- 24 be presented at the beginning of the video, otherwise you're
- 25 risking to miss your message with your consumers.

Our second campaign was minorities and clinical trials.

- 2 The campaign purpose was to develop a multimedia campaign to
- 3 raise awareness around the importance of minority
- 4 representation in clinical trials to ensure medical products
- 5 are safe and effective for everyone. The campaign materials
- 6 were -- we developed six videos, one video featuring our acting
- 7 chief scientist, Dr. Lu Borio, and five videos that use a
- 8 patient representative. We also developed a series of print
- 9 materials: brochure, fact sheet, blog, newsletter, and
- 10 e-alerts. Our social media campaign was through Twitter,
- 11 Facebook, Pinterest, and a Thunderclap. We also designed a
- 12 dedicated webpage on our Office of Minority Health website for
- 13 minorities and clinical trials and developed a stakeholder
- 14 communications toolkit.
- The dissemination and promotion of this campaign was
- 16 during Sickle Cell Disease Awareness Week. That was June 13th
- 17 through June 27. We did also a soft launch a week prior to
- 18 Sickle Cell Awareness Week. We also promoted the information
- 19 through Google AdWords again, and we e-mailed our stakeholders
- 20 the communications toolkit, and we conducted a social media
- 21 outreach.
- 22 VIDEO: I'm Shirley Miller, and I have sickle cell
- 23 disease. I have participated in clinical trials as a way to
- 24 get access to promising cutting-edge therapies and treatments
- 25 before they come to market. This is an important opportunity

- 1 to ensure that the benefits and risks are studied in diverse
- 2 patients like me. With my help, researchers are able to make
- 3 new medical products available much quicker so that they can
- 4 help people in our communities. To find out if there's a
- 5 clinical trial that is right for you, visit ClinicalTrials.gov.
- 6 MS. NUNEZ: And this video, as well as the health fraud
- 7 video, are both available on our YouTube page. For this video,
- 8 our metrics of ad performance, we saw that we had 7.3 million
- 9 impressions. Majority of viewers were female with almost 3.4
- 10 million of them. And our age group, majority of age group was
- 11 between 18 to 24 with 9,000 viewers. So that also gave us food
- 12 for thought when planning our future videos, which are our
- 13 audiences and who is actually watching our videos.
- Our discussion is coordinated across the Agency to develop
- 15 and promote campaigns. We work with the Office of External
- 16 Affairs, Office of Media Affairs, and the Office of Hematology
- 17 and Oncology to review content, coordinate the FDA and HHS
- 18 clearance process, provide input into content, filter messages
- 19 through FDA social media accounts, work with external media to
- 20 conduct interviews and quidance on effective outreach
- 21 strategies.
- Our return investment was high, over 10 million
- 23 impressions and almost 9,000 views within 1 week; stimulated
- 24 dialogue around important health issues, increased utilization
- 25 of our materials. And as a next step, further research can

- 1 assess the effectiveness of our materials and outreach
- 2 strategies through cognitive testing and focus group testing.
- 3 We are also in the last stages of launching a new video
- 4 educating Latinos about the importance of participating in
- 5 clinical trials, and this video is entirely in Spanish; it's
- 6 the second video that will also be placed in our YouTube page.
- 7 And a second video targeting physicians and engaging their
- 8 patients in participating in clinical trials. Our research
- 9 shows that physicians are not fully engaging their patients;
- 10 they're not talking to their patients about participating in
- 11 clinical trials, and it's something that we want to address
- 12 with them through this campaign.
- 13 With that said, please stay connected with us. We have
- 14 dedicated e-mail, OMH@fda. We also have our social media
- 15 accounts, our Twitter account, YouTube, Flickr, and Pinterest.
- 16 And our dedicated webpage at fda.gov/minorityhealth.
- 17 And as I always said, there's no "I" in team. We work
- 18 with a dedicated team in our office. We're a small office,
- 19 we're very dedicated to our work, and I just wanted to thank
- 20 our director, Dr. Jonca Bull, for her leadership and support,
- 21 and also to all our staff. Thank you.
- 22 And this concludes the Office of Minority Health
- 23 presentation.
- 24 DR. BLALOCK: Thank you very much. I'd like to thank the
- 25 FDA for their presentation on their external communications,

- 1 and I think that these presentations, you know, definitely gave
- 2 us a good sense of the wide variety of topics, as well as the
- 3 communication tools that are used.
- 4 So, you know, we have a few minutes if Committee members
- 5 have clarifying questions. And I do want to remind Committee
- 6 members that you will have ample opportunity at future meetings
- 7 to discuss a lot of -- you know, the material that we discussed
- 8 today, this morning, so if you can limit your questions to
- 9 brief clarifying questions. So any clarifying questions?
- 10 Dr. Pleasant.
- 11 DR. PLEASANT: Sorry, couldn't resist. First, before I
- 12 say anything today, I want to say this over and over again, I
- 13 love that you're doing this and heading in this direction, and
- 14 I'm going to remind myself to keep saying that.
- 15 Clarifying question: By my count, of the seven
- 16 presenters, three of them did not talk about testing the
- 17 comprehension of the material; two did. One said it was
- 18 something in the future; another one said it was going to be a
- 19 great challenge. By my count, only one of the presenters
- 20 mentioned the phrase "health literacy," and frankly, we saw a
- 21 lot of font sizes and graphics that don't reflect the goals of
- 22 this effort in some of the presentations. So just what I'd
- 23 like -- my clarifying question based on that is what remains
- 24 the greatest challenge to adoption of this sort of approach
- 25 within FDA, and then how can we help?

1 DR. BLALOCK: Is there someone who might be able to

- 2 address that?
- 3 DR. RAUSCH: Do I have to turn this on? Can somebody help
- 4 me? I'm on. Okay, sorry. I can speak for the Center for Drug
- 5 Evaluation and Research. I talked a lot about the research
- 6 that we're doing in the Office of Communications. I didn't
- 7 mention specifically what we're doing. In addition to some of
- 8 the things that I did mention, we are looking at some
- 9 comprehension issues. This group and other groups have said to
- 10 us in the past that we should look at things like trying to
- 11 identify a way to identify, on our Drug Safety Communications,
- 12 a risk grading scale, so we're looking at that; we've done that
- 13 qualitatively. But I would say that the biggest challenge for
- 14 us right now is the inflexibility of our web content management
- 15 system and our ability to get some of our information out more
- 16 broadly than that. As I said, on the Drug Safety
- 17 Communications, we're trying to disseminate those as broadly as
- 18 possible, but what we're hearing is that what people want is
- 19 information that's specifically targeted to them, so they want
- 20 information.
- 21 Doctors are very busy, healthcare providers are very busy;
- 22 they want to know about the drugs and the safety issues with
- 23 the drugs that they prescribe and that their patients are
- 24 taking, and we just don't have a way to do that. Our listservs
- 25 are broad-based. Because it's the government, we often cannot

- 1 even tell who is subscribing to our listservs. So I hope, as
- 2 we move forward and are able to do some more research into the
- 3 dissemination aspects of the Drug Safety Communications and our
- 4 other communications, that we'll start to understand that
- 5 better and be able to better tailor it.
- 6 DR. BLALOCK: Dr. Lipkus.
- 7 DR. LIPKUS: Thank you.
- 8 First of all, I just want to say I'm really impressed with
- 9 the amount of work that's been done in all these various
- 10 programs. It's really just awesome that you're doing this, and
- 11 the questions that I have, I think, cuts across the various
- 12 programs, and it kind of follows up on what was just said. A
- 13 lot of the information plays up on people understanding the
- 14 facts versus do people understand the meaning of all this, you
- 15 know, what has been termed just understanding.
- 16 And the question I have is, across the different programs,
- 17 do you have a standard way of pilot testing your participants
- 18 to ask questions about meaning and understanding in comparable
- 19 ways so you could actually compare across the various goals
- 20 that each of the different programs have been trying to do? So
- 21 that's number one.
- 22 And the second question I have is, in some presentations,
- 23 you disseminate information to pharmaceutical companies,
- 24 sometimes to providers, and I know one of the goals is for you,
- 25 as an agency, to communicate more effectively the information

- 1 and some of the risks and benefits, etc., but the question is
- 2 have you done anything that tries to inform the agencies and
- 3 the people that you're in contact with how they can effectively
- 4 communicate to their target audience? Because one of the
- 5 things we know in the literature is that providers, you know,
- 6 pharmaceutical companies, etc., aren't necessarily very good at
- 7 conveying risk information and interacting with the public in a
- 8 way that they get the gist and the meaning of the information.
- 9 So those are my two questions. Is there a standard way of
- 10 pilot testing materials that get at meaning, understanding in a
- 11 way that could be compared across agencies? And the second
- 12 one, is there any work towards how do you actually help the
- 13 public who -- you know, the organizations that deal with the
- 14 public communicate more effectively?
- DR. BLALOCK: And I think, probably for the transcriber,
- 16 if you can say your name when you start to respond.
- 17 MS. NATANBLUT: Sure. I'm Sharon Natanblut, and I'd like
- 18 to focus on the second question, which has to do with -- part
- 19 of my responsibility is, in addition to communications,
- 20 stakeholder engagement, and we have an extremely active
- 21 stakeholder engagement program that has us really working very
- 22 closely with the wide range of stakeholders that we deal with
- 23 on the food side to try to first learn from them about how
- 24 they -- they know their members. We have consumer groups that
- 25 we work very closely with, as well as industry, as well as

- 1 health professionals, etc. And so what we do is we meet
- 2 regularly, we meet often, we have large group meetings, we have
- 3 individual meetings, we get on the phone to them whenever
- 4 there's an opportunity to find out here's the kind of thing
- 5 we're going out with, what do you think of it. You know, how
- 6 can we improve it, how can you disseminate it, how can you get
- 7 it out a lot further, what should we be doing differently, and
- 8 that's really been a very important component for us. And we
- 9 work with our colleagues elsewhere in the program who have
- 10 other contacts with groups in the Office of Minority Health,
- 11 for example, in the Office of Health Communications, if they
- 12 have better contacts than we do or they're having upcoming
- 13 meetings. So we are always looking to extend our reach. We
- 14 are always looking to not just assume that our -- what we put
- 15 up on our website is, in and of itself, going to be sufficient.
- We've made a lot of changes to our materials as a result
- 17 of what we have learned from them. We've made changes in the
- 18 way we disseminate the information, and I think that it's been
- 19 one of the most important things that we've been able to do.
- 20 All of these groups know that when we go out with these
- 21 announcements, that we want them to contact us. They often
- 22 call us with ideas of things that they want that they think we
- 23 should be doing, they sometimes will want us to do things
- 24 jointly, and we'll evaluate any and all of those options. So I
- 25 think that's one way we've really been able to improve our

- 1 materials, expand our reach, and get a lot of feedback.
- 2 Also, I'm fairly shameless at explaining to organizations
- 3 the challenges that we face in doing focus group research and
- 4 other kinds of research, and I'm always like, and if I'm not
- 5 asking you to do this, but if this suits you and you have
- 6 information you can share with us, we would more than welcome
- 7 that. And it's been wonderful to see the efforts that these
- 8 outside groups have gone to, to try and provide us with
- 9 information.
- 10 Thanks.
- 11 MR. VENTURA: Jeff Ventura again from the Center for
- 12 Tobacco Products. I just wanted to add as a footnote, I echo
- 13 what Sharon said there with regard to relying on stakeholder
- 14 relations fairly heavily to help explain some of our key
- 15 messages to our various constituencies. We also are really
- 16 looking into how we do that digitally, so we have something
- 17 called the exchange lab that we're using quite a bit now, and
- 18 our intention is to grow it in its importance. But that is a
- 19 sort of digital clearinghouse where every communication that we
- 20 develop, be it a poster or a flyer or what have you, we're
- 21 putting that into the clearinghouse so that, for example, our
- 22 local and state stakeholders in the public health arena can
- 23 then amplify any of those messages.
- 24 And with regard to your questions around understanding, I
- 25 think, you know, although there's no sort of, at least on the

- 1 regulatory communication side, formal assessment of that, again
- 2 we are, through our stakeholder relations folks, in a constant
- 3 sort of liaison with them to get the feedback from the field
- 4 from what people are -- you know, what people are saying about
- 5 whether or not the communications make sense. I personally, as
- 6 I mentioned earlier, went down to Orlando to staff one of our
- 7 booths at a show just to get the feedback from the stakeholders
- 8 that were attending this particular event, and so I think
- 9 keeping those feedback loops open and encouraging them,
- 10 although not formal survey work, definitely helps to inform the
- 11 process.
- 12 Thank you.
- DR. RAUSCH: And let me just add that a lot of the
- 14 research that we're doing, although it's focused on the Drug
- 15 Safety Communication, our goal is to eventually share that,
- 16 once we have finalized results, across all of FDA so that the
- 17 communicators can use that information and tailor it to their
- 18 own needs. So that is our goal; we're obviously focused on the
- 19 drug side of things because the Center is focused on that, and
- 20 we are very siloed, as much of the government is, but I think
- 21 the Risk Communication Staff has done a really good job of
- 22 trying to bring everybody together. There's been a lot more
- 23 conversations. We've got a social science forum, we have the
- 24 group that worked on the strategic plan, and I think we're
- 25 talking a lot more, and I think all of that really brings us

1 together and makes us able to share better the information. As

- 2 far as pretesting, just from my perspective, we're not really
- 3 able to do that very well because there is the proprietary
- 4 information with the drug safety issues and the issues with the
- 5 potential release of that information, so we can't really do
- 6 any kind of testing in advance. We have worked with the Risk
- 7 Communication Staff on some things when we have had the ability
- 8 to do that and not had to turn things around very quickly, but
- 9 I think that's relatively limited in a regulatory environment.
- 10 MS. NUNEZ: Cariny Nunez, Office of Minority Health, and I
- 11 just wanted to answer to both panelists. Our office have
- 12 conducted a series of outreach engagements through this year,
- 13 and as a result of these meetings, we have developed some of
- 14 the materials that we currently have available. We do take
- 15 notice, we do have countless conversations with our
- 16 stakeholders, our community-based organizations, also with our
- 17 partners from other agencies.
- 18 One example is this year we also hosted the first
- 19 multilingual workshop for our internal audience, and when we
- 20 started on the planning process of this, what we saw is that
- 21 there was large interest outside FDA, and we ended opening the
- 22 meeting to not only our HHS counterpart, but also other federal
- 23 agencies. We invited them to talk about improving
- 24 communications for LEP communities, and our limited English
- 25 proficient communities, and how can we do this better, how can

- 1 we address their needs better. We ended up having over 100
- 2 participants at this meeting, and it was a 3-hour workshop that
- 3 was quite successful, and we have decided to do it now, to turn
- 4 it into an annual event, so we are going to be hosting another,
- 5 a second meeting in the spring of 2017.
- 6 Another thing that our office is doing around -- on better
- 7 improving communications with our stakeholders and our -- for
- 8 our consumers, I should say, is to -- last year, we developed
- 9 and launched the first FDA Language Access Volunteer program,
- 10 and this program is an internal program to FDA. Right now we
- 11 have close to 100 volunteers. They're native speakers; they
- 12 speak around 19 languages. And one thing that we do is we have
- 13 a translation contract with an outside company, and we send our
- 14 materials for translation. Once we receive those materials,
- 15 then we send it out to one of our volunteers for another layer
- 16 of review to make sure and ensure that those materials are
- 17 adequately translated, they are also culturally responsible and
- 18 sensitive. So we wanted to -- we take our communications very
- 19 seriously for our consumers, and we want to make sure that when
- 20 they receive this information or the information is made
- 21 public, it is adequate regardless of the language that has been
- 22 provided.
- Other areas that we're focusing on in engaging with our
- 24 stakeholders is that we also conducted a symposium this past
- 25 September with industry and -- around clinical trials, and we

- 1 see, as many of you know, FDA carries the bulk of clinical
- 2 trial studies in the United States. It's not actually NIH. So
- 3 we convened a meeting in Miami -- it was a 2-day workshop --
- 4 talking about clinical trials, talking about regulations,
- 5 compliance issues, but also talking about recruiting and
- 6 education and better communicating with the recruiters around
- 7 this area.
- 8 And lastly, around language access, we are -- we're having
- 9 a meeting on November 21st with our Asian-American community
- 10 organizations as well as Latino organizations to talk about
- 11 improving communications for these two communities and how can
- 12 we do better. And this is part of our language access plan
- 13 deliverables.
- 14 Thank you.
- 15 MS. BUTLER: Hi. Very quickly, just to answer your second
- 16 question from the Center for Devices and Radiological Health
- 17 perspective, the primary way that we demonstrate to medical
- 18 device manufacturers how to more effectively communicate with
- 19 their target audience is through a guidance document. We have
- 20 a guidance document on medical device patient labeling that
- 21 emphasizes how to clearly communicate the content that's in
- 22 patient labeling to a lay and lay caregiver audience, and
- 23 that's currently under revision; it should go out in draft next
- 24 year.
- DR. BLALOCK: Did anyone else from FDA want to add

- 1 anything?
- 2 (No response.)
- 3 DR. BLALOCK: Then Dr. Berube.
- 4 DR. BERUBE: Hi. I do a lot of social media protocol
- 5 work, and so this is directed mostly at Mr. Bove, but also I
- 6 think generally the argument that you want to tailor your
- 7 communications to what the person who fills in the RSS feed
- 8 gets, have you anticipated maybe designing a personal
- 9 accumulator so when people enter into the system, they can
- 10 specify their high-hit potentials, like what they think is the
- 11 type of material they desperately need? That way you can
- 12 have -- it's like a news accumulator in the general sense, but
- 13 a personal accumulator where they can actually establish their
- 14 own preference levels.
- 15 MR. BOVE: Not currently, but there is a giant migration
- 16 going on with the website that will be hopefully completed next
- 17 year, so there is talk of different strategic tools that we
- 18 built into that. I don't know all the technical aspects
- 19 because I'm not a technical person, I'm a communicator, but
- 20 there is talk of trying to make the different parts of the
- 21 website more responsive and more tailored perhaps. So I don't
- 22 know whether that's indeed going to be included or not, but
- 23 there is talk of trying to add different parts into the new
- 24 system; that will be next year.
- DR. BERUBE: It's worth looking into. I think the

- 1 literature is saying that the personal accumulator reduces the
- 2 level of frustration, retains people in your RSS feed, and
- 3 tailors your offering directly to what they specifically need.
- 4 MR. BOVE: Um-hum. And that would make sense. I mean,
- 5 certainly what we've seen already with things like GovDelivery.
- 6 DR. BERUBE: Yeah.
- 7 MR. BOVE: I mean, it's so very, very specific. You could
- 8 pick pretty much anything that you want to tailor --
- 9 DR. BERUBE: Right.
- 10 MR. BOVE: -- for your own needs or your family's needs or
- 11 whatever.
- 12 DR. BERUBE: They need something bigger than an office to
- 13 click on; you need something really specific.
- MR. BOVE: Um-hum, yeah. So I will talk to the folks who
- 15 are working on the web aspect of it; hopefully it is something
- 16 that's available.
- 17 Thank you.
- 18 DR. BLALOCK: And did anyone else from FDA want to address
- 19 that?
- 20 (No response.)
- 21 DR. BLALOCK: Dr. Morrow. Oh, I missed -- Dr. Morrow.
- 22 DR. MORROW: I want to thank everybody for those wonderful
- 23 presentations. One thought that kept coming or a question, I
- 24 guess, that kept coming up across multiple presentations is --
- 25 I was struck by, for a given campaign, whether it's about

- 1 medical devices or medication or tobacco, the number of
- 2 different channels or media outlets, opportunities to
- 3 communicate you use, which I think is great, but there's
- 4 probably a management issue there where each of these
- 5 approaches has different affordances and constraints.
- 6 And so the difference between a Twitter announcement
- 7 versus a brief post on an FDA website versus a fact sheet, I
- 8 guess, presupposes some kind of an analysis of the information
- 9 you want to convey in terms of how much of it is the gist that
- 10 has to be conveyed quickly and people have to get that versus,
- 11 I think, what some of you called the back story, where you got
- 12 levels of specificity. So when you create a plan for a
- 13 campaign, is there explicit thought to what information goes
- 14 out through different channels, and how do you kind of link
- 15 across those channels to make sure people are getting -- know
- 16 that it's the same message with different facets of the
- 17 message?
- 18 MR. VENTURA: Jeff Ventura again from CTP.
- 19 It's a great question. I think that one of the things
- 20 that we wrestle with is -- I mean, obviously the reason why
- 21 there are so many channels in the various centers is because
- 22 not all the news rises to the level of going out through the
- 23 Office of External Affairs as a major, you know, press release
- 24 from the Agency. Yet there's still quite a bit of news with a
- 25 lot of sort of gradient of detail that our stakeholders, maybe

- 1 not all of the American public but certainly our stakeholders,
- 2 in all of their various forms need to have. I mean, it's a
- 3 struggle to -- I mean, I think a part of why you're seeing all
- 4 these channels is because there is that inherent struggle where
- 5 we've got to get the news out to them, and we can't funnel it
- 6 all through the Office of External Affairs.
- 7 That said, I think that there is an effort under way to
- 8 ensure that even when we're communicating across these channels
- 9 we have, we're trying to strip away the sort of silos. For
- 10 example, I have my web folks, and then I have my regulatory
- 11 comms folks, and I have my stakeholder relations folks that all
- 12 work for me in my division, and if I let them all sort of, you
- 13 know, function in their own little fiefdoms, organically you
- 14 would see a lack of uniformity in that messaging that you're
- 15 talking about. But I think if you foster sort of an
- 16 environment where, you know, a tweet doesn't just happen in a
- 17 vacuum, that it has to come from somewhere, and regulatory
- 18 comms has to know about it, and stakeholder relations should
- 19 know about it if they're communicating with each other, I guess
- 20 what I'm saying is it's really a human -- it can be a human
- 21 resources solution that sort of level-sets that communication.
- 22 That's it.
- MS. NATANBLUT: Hi, Sharon Natanblut, the Foods program.
- 24 So I think this is one of the most important things that
- 25 we try to do, and we spend a lot of time going through, from

- 1 the day we consider an issue, one that we communicate about.
- 2 We put it on our comms tracker. We have our comms specialists
- 3 work with our stakeholder specialists, and we assess for each
- 4 and every one of these communications what the right mix is,
- 5 and we do it based on quite a few items. We think about what
- 6 the goals of the communication are, what the target audience
- 7 is, what the timing is, what's the level of effort that's
- 8 needed, how insane we're going to make our lawyers that we want
- 9 to communicate something. We think about what the appropriate
- 10 interaction is, and we think about the timing of it.
- 11 So just because you're announcing something one day
- 12 doesn't mean it's a one-time thing. And so one of the things
- 13 that we may do when we're thinking about it is we will decide
- 14 what do we want to have out there in advance of the major
- 15 announcements or an announcement. How do we lay the
- 16 groundwork? We may have some -- a Q&A on a popular topic. We
- 17 know that 3 months from now, that topic is going to be
- 18 something we'll be focusing on, so we may put that background
- 19 piece out there in advance.
- Then we're going to figure out for the day of, what's the
- 21 information that we want to have, and how does it fit, and that
- 22 may be a package; it can be, you know, something that involves
- 23 a press announcement with a media briefing, as well as a press
- 24 release, as well as a blog targeted to our stakeholders, as
- 25 well as some Q&A's for consumers that we post on our website at

- 1 the same time. And then 2 weeks later we may go out with a
- 2 consumer update that, at that point, we can quote from some of
- 3 the key organizations that have had an opportunity to think
- 4 about what our announcement is and how they want -- what
- 5 messaging, because we know that validators, consumers, don't
- 6 just hear from FDA and go, oh, totally believe everything you
- 7 say, and we're going to do exactly that. We know that it's
- 8 important to have others giving similar messages. So I would
- 9 say that's one of the major things that we spend our time doing
- 10 on announcements big and small. And then we also work with the
- 11 stakeholder groups to see what they'll be going out with.
- 12 We also have to remember that there are some constraints
- 13 if we're doing a regulatory announcement. If we're taking
- 14 action against a specific company, an enforcement action, I
- 15 mean, there are limits also to -- based on time sensitivities,
- 16 legal sensitivities, and all other constraints. So it's that
- 17 entire package, that entire strategic analysis of what we're
- 18 trying to do that is just critical, I think, to the success of
- 19 the effort.
- 20 MS. BUTLER: I just want to say I love the question
- 21 because a lot of times what we get to talk about is our output
- 22 but not, you know, how the sausage is made behind the scene, so
- 23 to speak, and I think it's important because I don't think a
- 24 lot of people are aware of what it takes to get the information
- 25 and the different products that we produce on the website or

- 1 wherever you may see it.
- 2 In CDRH, it's -- I mean, we've worked very hard at
- 3 developing an extensive coordinated process that involves very
- 4 comprehensive planning of our communications. So if it's a
- 5 public health emergency and we need to get something out
- 6 quickly, we want to be strategic, and we're probably going to
- 7 communicate through one vehicle only. Situations are evolving,
- 8 information is changing, and we don't want to have to cross-
- 9 reference, you know, six or seven different products just to
- 10 make sure that the information is consistent. We need to get a
- 11 targeted message out, and we'll focus on getting the message
- 12 out in the most appropriate, most broadly applicable vehicle
- 13 possible and then focus on distribution, whether that's Twitter
- 14 or other social media, patient advocacy networks, provider
- 15 associations, that kind of thing. When we have the luxury of
- 16 more time, then we will build in more products, as appropriate,
- 17 and more multipliers. We may do some advanced testing through
- 18 confidential disclosure agreements with the professional
- 19 societies or patient advocacy groups or what have you.
- 20 As far as message discipline and making sure that we're as
- 21 targeted and strategic as possible, we work off of a master
- 22 document, and we have our key messages, questions and answers
- 23 that then become the source document for whatever other
- 24 vehicles may be appropriate, whether they be press releases or
- 25 some of the other vehicles that my colleagues mentioned. And

- 1 we have a pretty extensive system of checks and balances in
- 2 terms of clearance in each center, as well as the relationship
- 3 between the center and the Agency-level communication staff,
- 4 and we need to make sure that everything checks out not only at
- 5 the risk communication level, but passes through legal counsel
- 6 and that the right hand knows what the left hand is doing. So
- 7 that's why also in situations where it's important to be as
- 8 timely as possible, even the same day in some cases, less is
- 9 more, you know, because we need to be respectful of making sure
- 10 that we have the right level of clearances and getting things
- 11 through quickly.
- MS. NUNEZ: First of all, I wanted to say that I echo my
- 13 colleagues' comments. Our office is a bit unique; we are
- 14 policy driven but educational focus. And one of the things
- 15 that we do is, when designing our messages, that we also try to
- 16 be as strategically about it. And however, when deciding on a
- 17 message, we look at one message, and we just make the
- 18 difference on how we're going to present it in the different
- 19 platforms. We know, for example, Twitter is only 140
- 20 characters, so -- and Facebook you have a little more space to
- 21 disseminate your message. So however, at the end of the day,
- 22 we understand that our audience is -- they navigate through
- 23 different social media platforms, and so we want to ensure that
- 24 regardless of which platform do you use to receive your
- 25 information, the message will remain the same.

1 And so also one other thing that we do, and it's our

- 2 additional layer, is looking -- okay, looking at the language
- 3 that we're going to present that message to. For example, for
- 4 sickle cell, we know the sickle cell is a condition that
- 5 African Americans as well as Latinos are affected by, so our
- 6 message is not only being produced in English, but we also
- 7 translate it into Spanish to ensure that our Latino population
- 8 receive the message and understand it, and so we're aware of
- 9 what are we doing.
- 10 But it will be a disservice to translate it into Asian
- 11 languages because we know that they are not being affected
- 12 according to what the data shows. So we also look at which
- 13 minority groups are heavily affected by the different
- 14 conditions, and then we strategize how we're going to present
- 15 it. As I mentioned before, through countless meetings with our
- 16 stakeholders, we ask what are the best avenues to disseminate
- 17 this information, and they can -- and using platforms that
- 18 people don't use is doing a disservice rather than a service to
- 19 them and to us as well.
- One other thing: I wanted to say that, in terms of focus
- 21 testing, we also have conversations with our volunteers, and we
- 22 ask them when you look at this information, what do you see?
- 23 Does it resonate with you? And we take that into account, and
- 24 sometimes we have -- make something public and have to go back
- 25 and take it down and revise it and rewrite it to ensure that

- 1 our audience really can understand and benefit from it. And
- 2 we're going to be expanding our focus testing for next year.
- 3 DR. RAUSCH: I just want to echo a lot of what's been said
- 4 already. I talked about one communication tool that CDER uses,
- 5 the Drug Safety Communications. At the time that it's decided
- 6 there might be a need to be a public communication about a
- 7 safety issue, there's a communication planning meeting called
- 8 that includes members of the Office of Media Affairs. It
- 9 includes our broader strategic communications team in the
- 10 Center for Drug Evaluation and Research's Office of
- 11 Communications. It includes the scientific side, it includes
- 12 our stakeholder engagement folks, it includes our Office of
- 13 Constituent Affairs. So it includes a broad group of people
- 14 that are all discussing what -- how best to disseminate this
- 15 information. But it also includes discussion of what other
- 16 tools might be used to augment the message that goes out in the
- 17 Drug Safety Communications. The Drug Safety Communications,
- 18 again, is our primary tool, it is the source document for
- 19 everything else, but we have many other tools including the
- 20 MedWatch LISTSERV and other things that people look to and
- 21 media look to, so we try to coordinate all of that and use as
- 22 many tools as we can.
- DR. BLALOCK: Thank you.
- 24 And just one final question before the break.
- 25 Ms. Witczak.

- 1 MS. WITCZAK: Thanks for your presentations. I do this
- 2 for a living every day, but on the consumer side of things, so
- 3 I know the -- I respect and understand the challenges.
- 4 Maybe it's a question for how you communicate to the
- 5 public, and I know there's different audiences, but how do you
- 6 define plain language, and is there like -- is that universal,
- 7 a class, all the divisions? Is it like eighth grade? Is there
- 8 something at -- you know, how do you define that? Because I
- 9 think, you know, some of the videos that you showed do a really
- 10 great job of communicating to the average layperson, so I think
- 11 that's something that I'm always concerned about is that. And
- 12 then who -- and does everybody go through some kind of training
- 13 to learn this, and is there, like, a person -- because it seems
- 14 like, you know, knowing that the FDA has a lot of
- 15 responsibilities, are there -- you know, I'm guessing there's a
- 16 small number of people that are responsible for a huge amount
- 17 of communication.
- 18 So those are my questions. Thanks.
- 19 DR. BLALOCK: And can you be sure to say your name?
- MS. BUTLER: I'm sorry.
- 21 DR. BLALOCK: Just be sure to say your name.
- 22 MS. BUTLER: This is Kris Butler from the Center for
- 23 Devices and Radiological Health.
- 24 You hit on one of the challenges that we're confronting
- 25 with updating our patient labeling guidance right now, is that

- 1 everybody wants us to say is it a sixth-grade level, eighth-
- 2 grade level, somewhere in between, and you know, some of the
- 3 more recent research is moving away from reading level to a
- 4 more comprehensive assessment of what people are coming to the
- 5 table with in terms of their comprehension ability. So it's a
- 6 difficult thing for us to pinpoint. We give some broad
- 7 parameters in terms of, you know, the readability algorithms,
- 8 Flesch-Kincaid, SMOG, but also counsel that that doesn't get
- 9 you -- you know, all the way where you want to go. To really
- 10 measure comprehension, you have to do some sort of testing.
- 11 As far as the standard that we hold ourselves to, you
- 12 know, the government agencies abide by plainlanguage.gov. The
- 13 Agency and the Department offer training for staff on plain
- 14 language writing, and that's a requirement for all of our staff
- 15 in CDRH that work in communication. And you're right, there
- 16 are only a few of us responsible for a large volume of
- 17 information. So it's helpful training, but again, we support
- 18 an ongoing continual professional development for our
- 19 communicators that involves not only writing ability but really
- 20 being able to identify and analyze target audiences, health
- 21 literacy needs, and point them to the resources that are out
- 22 there to complete the picture.
- DR. RAUSCH: Paula Rausch from CDER.
- 24 This is something that we struggle with a lot. On the
- 25 communication side, we understand the value of plain language,

- 1 but our content is very complex, the topics are very
- 2 complicated, the words are very long, and when we've tried to
- 3 use any kind of a system, for example, that's on Word, we just
- 4 have a very difficult time trying to narrow that down to lower
- 5 grade levels.
- 6 So what we've done as an alternative, and we're constantly
- 7 working on this, again, on every Drug Safety Communication that
- 8 we do, but what we've done as an alternative is try to use that
- 9 as an opportunity to educate people. So we give sort of a
- 10 plain language definition of something and then the more
- 11 advanced definition. For example, if we're talking about -- I
- 12 can't even think of anything off the top of my head, I'm sorry.
- 13 But if we have -- we want people to know the medical language
- 14 because we think it's a disservice to them if they don't know
- 15 when they hear this other places.
- 16 So we do try to -- struggle with that. We're doing a lot
- 17 of research again, and it's a lot of work with our review staff
- 18 because there's a lot of concern on the scientific side that
- 19 when we try to make things too plain language, that they are
- 20 not exactly accurate. And on the communication side, what
- 21 we've tried to explain and try to explain every time we deal
- 22 with this, and it's constantly, is that if people don't
- 23 understand the information, it doesn't matter how exactly
- 24 accurate it is because they're not going to take anything away
- 25 from it. So it is something that we're working on, and I think

- 1 you'll find that across FDA with all the communication teams,
- 2 and that's a lot of what we talk about in some of our group
- 3 meetings.
- 4 DR. BLALOCK: And one final question from Dr. Rimal.
- DR. RIMAL: My question was for the Office of Minority
- 6 Health. I was curious how the two issues that you focused on,
- 7 which was fraud and participation in clinical trials, how were
- 8 those two issues chosen over, I guess, many other possible
- 9 issues, and what's the mechanism in place for figuring out what
- 10 issue to focus on?
- 11 MS. NUNEZ: Cariny Nunez, Office of Minority Health.
- 12 For our first campaign on health fraud campaign, we sat
- 13 down and looked at our two major communities in our groups, I
- 14 should say in the United States, which are Hispanics and our
- 15 Asian-American groups. We look at our census data, see how the
- 16 percentage of these communities are and how they're being
- 17 affected. And we are in regular communication with our Office
- 18 of Health Fraud, and we receive their alerts when products are
- 19 being recalled, when warning letters are being issued to
- 20 companies and whatnot. Time and time again we see the need for
- 21 more education with our minority groups.
- 22 And so also before joining the Office of Minority Health,
- 23 in my previous life, I was a public affairs specialist in the
- 24 field working out of the Florida district office, and that was
- 25 something in 4½ years that I saw time and time again, our

- 1 minority groups being -- having issues dealing with trusting
- 2 diet companies or dietary supplements that were not exactly
- 3 trustworthy or turned out to have -- contained active
- 4 ingredients. So we looked at all that and decided that it may
- 5 be beneficial to put out a campaign to address these issues
- 6 with our minority groups. And so through months of
- 7 conversations and with our other partners, Office of Health
- 8 Fraud as well as the Office of External Affairs and Office of
- 9 Media Affairs, the idea came up about doing a PSA around this
- 10 issue.
- 11 We also look at -- we know that people have a short
- 12 attention span because they're being bombarded with information
- 13 on a daily basis, so we also talk about less -- try to make
- 14 these as evergreen as possible, so we can continuously launch
- 15 it every so often, particularly during the -- Heritage Month, I
- 16 should say, so people do not forget this information, because
- 17 doing it only once is also a disservice to the work that we
- 18 have done and also to our communities.
- 19 Our second campaign is part of an initiative that
- 20 Dr. Robert Califf, our Commissioner, launched this year.
- 21 Dr. Califf dedicated 2016 to be the year of clinical trial
- 22 diversity. Our data shows that minority groups are not being
- 23 enrolled in clinical trials. When we look at our demographics,
- 24 we see that a majority of participants into clinical trials are
- 25 white, and if we see people from other groups participating,

- 1 largely those studies were not conducted inside the United
- 2 States; they were conducted overseas in places like India or
- 3 China and whatnot, so we -- and this is a yearlong campaign
- 4 that is being conducted, and that's how the idea of producing
- 5 this video, increasing and educating our groups, minority
- 6 groups, the importance of participating in clinical trials here
- 7 in the United States.
- 8 DR. BLALOCK: Thank you very much. We're running a little
- 9 bit long, so I am going to have to sort of wrap things up
- 10 and -- but I do want to thank all of the FDA presenters for
- 11 excellent and informative presentations.
- So we'll take just a short break and come back at 11:45.
- 13 And just to remind Committee members, so please don't discuss
- 14 the meeting topic during the break amongst yourselves or any
- 15 members of the audience, and we'll come back at 11:45.
- 16 (Off the record at 11:39 a.m.)
- 17 (On the record at 11:47 a.m.)
- 18 DR. BLALOCK: Try to call us back to order. It is 11:47.
- 19 And if I can get folks to take their seats. And I'd like to
- 20 call the meeting back to order. So we'll now hear a
- 21 presentation on the second topic of the meeting, the Strategic
- 22 Plan for Risk Communication and Health Literacy. And again,
- 23 just as a reminder, although this portion is open to the public
- 24 observers, public attendees may not participate except at the
- 25 specific request of the Committee Chair.

- 1 So Dr. Zwanziger.
- 2 DR. ZWANZIGER: Thank you, Dr. Blalock, and thank you, all
- 3 the Committee and our additional consultants, and thanks to
- 4 members of the audience for your attention to this.
- 5 So I'm Lee Zwanziger of FDA's Risk Communication Staff,
- 6 which is part of the Office of Planning, and I'm going to
- 7 describe the draft SPRCHL that Risk Communication Director Jodi
- 8 Duckhorn mentioned earlier this morning.
- 9 In overview, I'm going to summarize some of the history of
- 10 strategic planning for risk communication at FDA and the aims
- 11 of our current planning process and some of the characteristics
- 12 of our strategic plan development following up on Associate
- 13 Commissioner Bertoni's introductory remarks this morning. The
- 14 main part of the presentation, though, is going to be a tour of
- 15 the draft strategic plan so that when we get to the final part,
- 16 the meat of this advisory part of the day, our questions to
- 17 you, we can all be sure of speaking a common language.
- 18 On a recommendation in the early days of this very
- 19 Committee, we developed a Strategic Plan for Risk Communication
- 20 called SPRC. It was based on three general goals: strengthen
- 21 the science that supports effective risk communication; build
- 22 FDA capacity to generate, disseminate, and oversee effective
- 23 risk communication; and optimize FDA policies for communicating
- 24 risks and benefits. We presented it in draft at a Risk
- 25 Communication Advisory Committee meeting very much like today,

- 1 and then in the fall of 2009, after we finalized the document,
- 2 we put it on FDA's website, and we then monitored it and
- 3 finally reported on our accomplishments. But we knew that we
- 4 were going to need a revised and updated plan.
- 5 And so we've developed the current SPRCHL to support FDA's
- 6 Strategic Priority Goal No. 3, and you can find the strategic
- 7 priority goals on our website, and I also included the table of
- 8 contents just for your convenience. So we designed it with a
- 9 view to not only supporting that goal, but from the point of
- 10 view of what a working group of employees involved in risk
- 11 communication and health literacy in plain language can do to
- 12 support the accomplishment of that strategic goal. That's our
- 13 major aim. We also aim to involve communicating professionals
- 14 across FDA. And I just want to take an aside to say it's been
- 15 a huge honor to work with so many totally engaged employees
- 16 across the FDA to be working on this endeavor. And finally, we
- 17 aim to use existing resources to implement this existing
- 18 priority goal and then to track and routine-ize our best
- 19 practices.
- 20 So the target audience for this plan is us; it's FDA
- 21 itself. But it's certainly no secret, and so we want to be
- 22 open about what we're trying to do in promoting better informed
- 23 decision making.
- 24 This is a diagram that shows the method we used in SPRCHL
- 25 development. It's called strategic program planning, which the

- 1 Office of Planning has expertise in. The focus of strategic
- 2 program planning is outcomes, and outcome here is the intended
- 3 effect or result that is the end state we're trying to achieve
- 4 by doing whatever we're doing.
- 5 So we, first of all, started to get the lay of the land by
- 6 brainstorming our current relevant activities, and then we
- 7 asked ourselves what is the Overarching Outcome we could
- 8 influence currently that leads to accomplishing Strategic
- 9 Priority Goal No. 3? And then what contributing outcomes would
- 10 lead to that Overarching Outcome? The answers to those
- 11 questions lead to our strategic framework. We then asked
- 12 ourselves what activities lead to the contributing outcomes?
- 13 And the answers to those questions lead to our implementation
- 14 plan. And then we turn to what would indicate performance?
- 15 What can we look at to tell whether we're making any progress
- 16 toward these outcomes? And the answer to that question led
- 17 first to our list of performance indicators and eventually to a
- 18 detailed plan for how to track performance indicators, which is
- 19 our evolving performance monitoring plan.
- 20 So the SPRCHL structure is the deliverables I just
- 21 mentioned, which were sent to you in your briefing document and
- 22 are posted on our web as part of the meeting materials here,
- 23 and they're listed on the slide. Jodi also summarized them.
- 24 First, we got the strategic framework linking outcomes and
- 25 activities, and the strategic framework linking outcomes is

- 1 really expected to have some staying power because what it's
- 2 really doing is laying out our risk communication and health
- 3 literacy mission in some detail.
- 4 Again, I mentioned an outcome is the intended effects or
- 5 results we're trying to achieve, and activity or interaction is
- 6 the processes that we're going to do to contribute to reaching
- 7 that outcome. For example, I really like to cook. So if the
- 8 outcome is a meal, serving a meal, then one of the activities
- 9 leading to that outcome would be cooking, another would be
- 10 planning, another would be shopping, etc. But for the
- 11 activity, general activity, of cooking, maybe an example of a
- 12 specific action step could be following a particular recipe.
- 13 So we went through that and listed the results in our
- 14 implementation plan, showing the activities that we could
- 15 undertake to accomplishing the outcomes, and then we worked on
- 16 our performance indicators, and that's a variable that we can
- 17 observe to track progress. And finally, we aimed to tie it all
- 18 together with a narrative. Unlike the strategic framework, the
- 19 performance indicators, the performance monitoring plan and the
- 20 implementation plan are things we fully expect to be
- 21 continually updating as we go along, as some activities get
- 22 finished and their associated indicators are no longer
- 23 necessary, or as priorities and our environment changes and we
- 24 decide we need to change some of the specific activities that
- 25 we're going to do to reach our outcomes.

1 So let's look at the strategic framework. Now, the point

- 2 of this slide is not to read the fine print, the point is to
- 3 show the overall shape or structure of the strategic framework.
- 4 Namely, it's a hierarchy. And at the very top of the hierarchy
- 5 is FDA's Strategic Priority Goal No. 3. The rest of those
- 6 boxes are all contributing outcomes. And you're going to see
- 7 them in more detail and a greater magnification shortly.
- Please note: We note that in the framework, all the boxes
- 9 are outcomes. I'll be talking about the top three boxes
- 10 shortly. The next level of the strategic framework where it
- 11 starts to branch, you see four boxes in a row, those are our
- 12 Major Contributing Outcomes, and the boxes below that are other
- 13 contributing outcomes. Finally, at the very bottom you see
- 14 circles, and those circles represent the activities that will
- 15 help bring about the lowest level outcomes. So this is what we
- 16 expect to pretty much stay in place.
- 17 This slide shows the beginning of our implementation plan,
- 18 which starts on page 12 of your briefing document for this part
- 19 of the meeting. The implementation plan is where we focus on
- 20 what we're going to actually do to bring about these desired
- 21 outcomes. Note that in the left-hand column of the
- 22 implementation plan, we list the outcomes, the lowest-level
- 23 ones in our strategic framework.
- Here I've just shown outcome Roman numeral I.A, increased
- 25 accountability across FDA for plain language requirements and

- 1 FDA best practices. And then in the strategic framework, for
- 2 each such lowest-level outcome, you see one or more numbered
- 3 circles nearby. So the second column here corresponds to those
- 4 numbered circles, and those are the activities we are
- 5 recommending to help us get to that outcome, which are written
- 6 out, not on the strategic framework, but on this table. But
- 7 still, these activities are pretty general, and so we added an
- 8 additional column of examples of specific steps. This column
- 9 lists some specific steps that different parts of the Agency
- 10 could take to be doing the recommended activity and thereby
- 11 bringing about the outcome. For example, on this slide, one of
- 12 the recommended activities is promote plain language awards,
- 13 but that could be done in a number of ways, and we gave some
- 14 specific steps that could be undertaken there.
- 15 In addition, I'll just tell you that we really tried to
- 16 include specific steps that we're already being asked to do,
- 17 both to show them as part of our strategy at the Agency and
- 18 also to help make them more of our standard operating
- 19 procedure, like collecting information for plain language and
- 20 health literacy by annual action plan reports that we turn in
- 21 to HHS, the Health and Human Services Department.
- 22 Finally, we do not for a moment think that our list of
- 23 examples of specific steps is complete; it's not. These are
- 24 just intended as examples. Different centers and offices are
- 25 very likely to come up with different ones, and as noted

1 before, the implementation plan is a part of the SPRCHL that we

- 2 do expect to be changing over time.
- 3 Let me now direct your attention to the first part of the
- 4 table of performance indicators, which starts on page 9 of your
- 5 briefing documents. Again, you'll see the outcomes column on
- 6 the left listing the states we aim to get to, which are also
- 7 the boxes in the strategic framework. Okay, at this point we
- 8 then sat down and brainstormed as many different ways to track
- 9 progress as we could come up with. We then discarded quite a
- 10 few of them as being just too impractical for us to do. For
- 11 the performance indicators that remained, we listed those in
- 12 the performance indicator column on the right side of this
- 13 table, and then we further scored these for feasibility; that's
- 14 in the middle column, which is color-coded and probably shows
- 15 up better in your briefing document than here.
- 16 The performance indicators that seemed like kind of a
- 17 stretch, we wanted to record them because they're important
- 18 ways to track progress, but we figured we probably couldn't --
- 19 we might have to postpone doing them. These we color-coded as
- 20 white, and the label is postpone.
- 21 Then there are performance indicators that seem feasible
- 22 but would take some investment, like FDA staff time to develop
- 23 an internal survey of FDA staff members who are involved in
- 24 communications. These we scored as feasible but with a caveat
- 25 that they might not be immediately feasible, and so that color

- 1 code is yellow.
- 2 And the performance indicators that are most immediately
- 3 feasible we coded green. You'll see that some of those most
- 4 feasible green indicators also have an asterisk. Those are
- 5 just labels for us to remind us that those are performance
- 6 indicators we're also tracking to report about the HHS Health
- 7 Literacy Biennial Action Plan.
- 8 So one of the points of having a whole lot of indicators
- 9 is that we really want to do as much tracking as we can manage,
- 10 but we know we can't do everything, and so we're going to focus
- 11 on the most feasible measures and probably start with a subset
- 12 of those and then expand our tracking efforts as much as we
- 13 can. The details of how we're going to collect information on
- 14 performance indicators where, when, from whom, that's -- we're
- 15 recording that in our performance monitoring plan which we're
- 16 continuing to add to but is an appendix to your briefing
- 17 document.
- 18 So with that orientation, let's now shift back to the
- 19 strategic framework and turn to what we're asking you to
- 20 consider. Basically, we're going to ask you to step through
- 21 the plan, and very deliberately, and consider whether it's
- 22 adequate. Do the lower-level items support the higher-level
- 23 items? Do the actions and performance indicators we've
- 24 identified seem appropriate, and can you suggest others that we
- 25 might consider, if possible?

1 So first we're going to look at the highest level of the

- 2 strategic framework, which is circled in red here and a little
- 3 more readable here. The very highest level, of course, is
- 4 FDA's Strategic Priority Goal 3. In order to get there, we
- 5 recognized that in order to perform better -- promote better
- 6 informed decisions, we need improved knowledge of the risks and
- 7 benefits and other important information related to
- 8 FDA-regulated products by all of our target audiences.
- 9 And in order to get to improved knowledge, we asked
- 10 ourselves what can we, at the working group level, do to bring
- 11 this about. We thought that what we can do is increase the
- 12 accessibility of actionable and accurate FDA communication and
- 13 benefit-risk information. And this we saw as the highest-level
- 14 outcome that we, in the Risk Communication and Health Literacy
- 15 Working Group, can directly influence, so this is what we're
- 16 calling our Overarching Outcome.
- 17 What we're looking at in the strategic framework is
- 18 pathways to our outcomes for risk communication and health
- 19 literacy. That doesn't mean that nothing and no one else in
- 20 the Agency may not also be contributing to promoting better
- 21 informed decisions about FDA-regulated products, but we're
- 22 looking at where we come into this.
- 23 So when you consider these outcomes, could you please help
- 24 us with these questions? Looking at thinking specifically of
- 25 risk communication and health literacy at FDA, does the

- 1 highest -- does the Overarching Outcome support our Strategic
- 2 Goal No. 3? Do the proposed performance indicators provide
- 3 meaningful measurement of progress, and can you suggest others
- 4 that we should consider?
- 5 And before we go on, let me just go back to this slide,
- 6 and as a reminder, here's the first part of the performance
- 7 indicators, page 9 of your briefing document; okay, we didn't
- 8 come up with indicators for Strategic Priority Goal 3 itself,
- 9 but we did try and develop some for the next outcome, improved
- 10 knowledge among our publics. Those indicators we recognize
- 11 could be resource intensive, like doing a large survey, or they
- 12 could take time to be feasible, like a literature search, which
- 13 takes some time for literature to appear. So we coded those
- 14 white, but we also reference some indicators that address the
- 15 Overarching Outcome, which are the next listed there. The last
- 16 row with the yellow indicators is for the next part of the
- 17 strategic framework. But when we're asking you to consider the
- 18 indicators, we suggest that this is what I would suggest
- 19 turning to.
- 20 So going on to the next part of the strategic framework,
- 21 we're going to ask you to examine the first branching of this
- 22 hierarchy. This first branching into four contributing -- four
- 23 outcomes, these are our Major Contributing Outcomes again and
- 24 in more detail. Well, actually in less detail but more
- 25 legibly. They are clear communications -- that is Roman number

- 1 I of Major Contributing Outcomes is increase use of clear
- 2 communication, best practices, and plain language in developing
- 3 messages; Major Contributing Outcome Roman numeral II is
- 4 increase use of more targeted messages and communications;
- 5 Roman numeral III, improved efficacy of -- efficiency, sorry,
- 6 improved efficiency of internal operations for writing and
- 7 developing communications; and Roman numeral IV, improved
- 8 dissemination of FDA's communication and information.
- 9 So as you look at that Major Contributing Outcomes level,
- 10 could you please consider collectively do these things support
- 11 our Overarching Outcome, and do you see gaps in the support?
- 12 And do the proposed performance indicators on the table of
- 13 performance indicators provide meaningful measurement of
- 14 progress, and can you suggest any others that we could
- 15 consider?
- Okay, for the rest of this presentation, we're going to be
- 17 talking about the four branches of the more specific
- 18 contributing outcomes in the strategic framework. And for
- 19 Question 3, I will ask you to consider each contributing --
- 20 each Major Contributing Outcome in turn, I through IV, and for
- 21 each of these consider the questions, whether the still lower-
- 22 level contributing outcome support the Major Contributing
- 23 Outcome and whether there's gaps, whether the listed activities
- 24 and specific actions for each contributing -- sorry, each
- 25 contributing outcome implement that outcome; can you suggest

- 1 others that maybe we should consider, if possible? And do the
- 2 proposed performance indicators provide meaningful measurement
- 3 of progress toward those outcomes? And again, can you suggest
- 4 others for us to consider?
- 5 So taking the branches in turn, let's look first at the
- 6 left-hand side of the strategic framework, circled here in red.
- 7 This is Major Contributing Outcome Roman numeral I, increased
- 8 use of clear communication best practices and plain language in
- 9 developing messages. And there are three additional
- 10 contributing outcomes that we identified: I.A, I.B, and I.C,
- 11 and eight recommended actions to consider as you answer the
- 12 first round of Question No. 3.
- 13 So next, I'd like you to turn to the second branch of the
- 14 strategic framework: this is Major Contributing Outcome Roman
- 15 numeral II, and here at greater magnification and still
- 16 probably easier to look at in your briefing documents, we see
- 17 Roman numeral II Major Contributing Outcome is increased use of
- 18 more targeted messages and communications and along with three
- 19 first-level contributing outcomes and seven still lower-level
- 20 contributing outcomes and actions identified for each of the
- 21 lowest-level contributing outcomes. This is the branch where
- 22 you see the most references to research and to communicating
- 23 about research.
- 24 The third Major Contributing Outcome is next, and at
- 25 greater magnification here you see Roman numeral III, improved

- 1 efficiency of internal operations for writing and developing
- 2 communications, and along with two additional contributing
- 3 outcomes and three recommended activities.
- 4 And then we'll turn to the fourth Major Contributing
- 5 Outcome, which is Roman numeral IV, improved dissemination of
- 6 FDA's communications and information, and this has 4 additional
- 7 contributing outcomes that we identified and 11 recommended
- 8 activities to consider.
- 9 So again, for each of these four branches associated with
- 10 each Major Contributing Outcome, to please ask yourselves and
- 11 advise us about whether the outcomes adequately are supported,
- 12 do the listed activities and sample actions seem appropriate to
- 13 implement, can you suggest others? And again, for proposed
- 14 performance indicators, do they provide meaningful measurement
- 15 toward progress, and can you suggest others for us to consider?
- 16 So moving forward, today we're seeking Risk Communication
- 17 Advisory Committee advice on this still draft of SPRCHL. After
- 18 we receive your input, we will expect to modify that draft and
- 19 then return again to FDA leadership for their clearance. And
- 20 finally, when we have finalized the document, we'll publish it
- 21 on the FDA website and then execute and monitor.
- 22 So thank you in advance for your advice, and thank you
- 23 right now for your attention.
- DR. BLALOCK: Thank you, Dr. Zwanziger.
- 25 So I'd like to open it up for clarifying Committee --

- 1 clarifying questions from the Committee.
- 2 (Off microphone comment.)
- 3 DR. BLALOCK: Yeah, after lunch we will -- you'll tackle
- 4 all of the questions that have been, you know, posed to the
- 5 Committee, so this is some time set aside just for some
- 6 clarifying questions.
- 7 So Dr. Lipkus.
- 8 DR. LIPKUS: So one of the things that I noticed a lot
- 9 when you talk about health literacy is you seem to relate plain
- 10 language with health literacy. So how are you defining health
- 11 literacy, because health literacy can include numeracy, it
- 12 could include graphical literacy, which is now becoming more
- 13 prominent; so how are you viewing that as a whole?
- DR. ZWANZIGER: I'd say we're -- am I on? I'd say that we
- 15 are looking at all of the above, depending on the context,
- 16 because we're aiming at a situation where viewing health
- 17 literacy as -- where the audience of the communication, where
- 18 -- whoever is the target audience can find and can use the
- 19 health information they need in their situation, and sometimes
- 20 that's going to take numeracy, and sometimes it's going to take
- 21 textual literacy, and sometimes it's going to take graphics,
- 22 depending on what our target audience needs and the kind of
- 23 message we're trying to communicate. So clear communication
- 24 would probably be a pretty reasonable synonym, but we're
- 25 certainly talking in a health context at FDA, so we stuck with

- 1 the term "health literacy."
- 2 DR. BLALOCK: Dr. Yin.
- 3 DR. YIN: I have a quick question about the scope of the
- 4 plan. Are issues of limited English proficient patients part
- 5 of this in terms of language access or in terms of plain
- 6 language translations, or how should we think about those
- 7 issues?
- 8 DR. ZWANZIGER: That's -- first, yes. And if we turn to
- 9 the implementation plan, and it will be a couple of pages into
- 10 the implementation plan, one of things we're looking at under
- 11 dissemination is to continue to support FDA's language action
- 12 plan, which is run out of the Office of Minority Health,
- 13 addressing issues of limited English proficiency. So we're
- 14 seeing that as a part of dissemination and addressing it as
- 15 important actions and then specific action steps.
- 16 DR. BLALOCK: Dr. Liu.
- 17 DR. LIU: Thanks for your presentation on a very complex
- 18 plan. When I read it over the weekend, I was curious about
- 19 timing, and when we start measuring success, we also know the
- 20 time frame when these things are going to happen, so maybe
- 21 talking about the yellow items, the ones you think are
- 22 reasonable and whether you've given some thought into how much
- 23 time you helped to implement all of this.
- 24 DR. ZWANZIGER: I would say that -- first of all, let me
- 25 emphasize that the strategic framework is probably not going

- 1 to -- we see that as really having staying power, that
- 2 promoting better informed decisions about FDA-regulated
- 3 products is not something we can finish and stop and move on;
- 4 we're always going to be doing that. And so this plan is
- 5 something that we said, okay, given -- now that we've -- first
- 6 of all, we had to develop the strategic framework, but now that
- 7 we've got that, what are some actions that we think we can take
- 8 in the next 1 to 3 years and take a look at measuring, through
- 9 those actions, progress toward our outcomes. However, let me
- 10 again caveat that with the implementation plan and the
- 11 performance indicators are things we expect that we may have to
- 12 change as either we finish things or as the environment changes
- 13 and calls on us to do different things.
- DR. BLALOCK: Dr. Lee.
- DR. LEE: Yeah, as I was reading this over the weekend, I
- 16 was actually pretty impressed with the overall scope and your
- 17 attention to literacy and communication. One thing that kind
- 18 of stood out for me, though, was that the assumption that
- 19 increased accessibility leads to better informed decision
- 20 making, and I think there's a jump there, and you know, when
- 21 I -- I look at medication instructions every day, and when
- 22 patients look at which medicine to take or whether to take it,
- 23 they look at the side effect message. The longer it is, the
- 24 probably worse it is. But it doesn't look at the relative
- 25 frequency of and the severity.

- 1 So I was trying to think of a way to express this, and
- 2 your concept of a recipe made the most sense to me; that is, if
- 3 you go to the supermarket you, say, get lettuce, tomato,
- 4 whatever, versus getting one of the salad packs. So if you can
- 5 present the information in a form that's more consumable to
- 6 make decisions, I think, would be more effective in terms of
- 7 jumping from the overarching goal to the Strategic Goal No. 3.
- 8 So the issue is have you looked at how people actually make
- 9 informed decisions based on the content, and could you format
- 10 the content in a way that's easier for them to more quickly
- 11 make decisions?
- DR. ZWANZIGER: Great comment, great questions; thank you.
- 13 I would say that where we're looking at that probably the most
- 14 is actually further down in the strategic framework in Major
- 15 Contributing Outcome No. II, where we're trying to make room
- 16 for us to do research on our target audiences to figure out
- 17 what information do they need, and how can we give it to them
- 18 in a way that is most usable for them to make those informed
- 19 decisions. So that's where I was seeing it come in. If you
- 20 see gaps other places, though, including this, that's the
- 21 advice we really would love to hear.
- DR. BLALOCK: Dr. McBurney.
- 23 DR. McBURNEY: Thank you very much. I think this is
- 24 really interesting and huge, and I commend you for the effort
- 25 that you've done. It seems to me there is sort of many layers

- 1 to this onion, and that's sort of just how do you strategically
- 2 prioritize? Because one is sort of assessing FDA's efforts to
- 3 change and to change in their accessibility, their plain
- 4 language, their interagency communications. The second then is
- 5 to measure your engagement with your target audiences, and
- 6 that's internally, that's patients, that's consumers; there's
- 7 lot of different target audiences. And then the third is sort
- 8 of their understanding and seeing whether health literacy is
- 9 changing within that community, which I think is way bigger
- 10 than the FDA's task.
- 11 So you have all of these outcomes, but you sort of have
- 12 priorities and measurements of how you want to measure your own
- 13 internal progress against -- or your own progress against
- 14 these, and then your measures of engagement with those and
- 15 getting that feedback loop operational.
- 16 Thank you.
- 17 DR. BLALOCK: Dr. Kreps.
- 18 DR. KREPS: I really applaud the scope of the strategic
- 19 plan. I was wondering if there was -- as part of this, there
- 20 were plans to do ongoing tracking and analysis of all FDA
- 21 communication efforts, as well as the efforts of their partners
- 22 who often will not communicate for FDA. I think having those
- 23 data would be critical for assessing whether or not you're
- 24 achieving your goals and tracking over time. And if it's not
- 25 there, then I would recommend it.

- DR. ZWANZIGER: Thank you. What's there now, I mean, we
- 2 certainly are trying to expand our ability to track FDA
- 3 communications with respect to use of health literacy
- 4 principles and plain language principles. And we're also
- 5 aiming to expand our engagement with partner groups. So yes,
- 6 we're trying to include that, and if you have suggestions about
- 7 how we can do it more and more easily, that would be great.
- 8 DR. BLALOCK: Dr. Hallman.
- 9 DR. HALLMAN: So thanks very much. You're not going to
- 10 like this question. So starting with the Priority Goal 3, I
- 11 think it's important -- well, let me -- so let me pose the
- 12 question. So the Strategic Priority Goal 3 is promote better
- 13 informed decisions; it's not promote better decisions. And it
- 14 struck me this morning that, you know, in a number of the
- 15 communications, there's specific advice that's given, and the
- 16 measure of success would be whether people actually took that
- 17 advice, you know, got the recall information and didn't eat the
- 18 product or, you know, returned the medicine or whatever. In
- 19 other cases, really the job is to simply provide information
- 20 and let people decide on their own what the right decision is.
- 21 And I don't see a lot of differences, necessarily, in terms of
- 22 measurement of success. So I'm giving you the opportunity to
- 23 sort of clarify that really difficult issue.
- 24 DR. ZWANZIGER: Okay, I'll have to disagree with you. I
- 25 love the question. So Strategic Priority Goal No. 3 addresses

- 1 the entire Agency's efforts, and some of those efforts, as you
- 2 say, start with a presumption that there's a better answer for
- 3 health, and others recognize that what is an appropriate --
- 4 with a more appropriate answer for one patient or consumer, it
- 5 might be different than another patient or consumer depending
- 6 on their individual circumstances, and we defer, of course, to
- 7 healthcare professional judgment in, you know, such cases any
- 8 time there's a learned intermediary involved.
- 9 Strategic Priority Goal No. 3 sort of aims to include all
- 10 those possibilities. And then within the strategic framework
- 11 and our recommended actions, we're trying to allow for those
- 12 different possibilities in different centers with their
- 13 different missions, sometimes under different parts of the law,
- 14 certainly different kinds of products and different health
- 15 situations among their target audiences to address that. So
- 16 it's a hugely important question, and the answer is going to be
- 17 in the details depending on what the different situations are.
- DR. BLALOCK: Dr. Berube.
- 19 DR. BERUBE: A few things. First, having done
- 20 multi-objective optimization maps, congratulations; this is a
- 21 lot of work. Secondly, everything here has value even in -- if
- 22 the entire thing implodes one day, I think you've learned an
- 23 incredible amount about how this entire operation works.
- 24 My concern is with II.B, which I think is a fulcrum point
- 25 in the mapping, which is the increased skills and abilities of

- 1 FDA staff to develop accurate and actionable communications. I
- 2 mean, this is a fulcrum point, and when you look at the
- 3 breakdown, you have two rather conservative recommendations
- 4 about how you would want to do that. Now, I sort of read
- 5 tension where tension may not be, but it seems as if you're
- 6 incredibly conservative here and that you may have had
- 7 aspirations to take this a step further because it also has a
- 8 weird relationship in your map, to be honest, right? I mean,
- 9 it's given a unique setting in the map. I just wonder if you
- 10 could chat a bit about where you wanted to go with this or --
- 11 I'd like to know where you wanted to go with this because it
- 12 seems like it stopped.
- 13 DR. ZWANZIGER: Okay, let me -- I just realized I'm
- 14 looking at the wrong slide, so II -- I'm going to turn to
- 15 the --
- DR. BERUBE: To be or not to be? II.B is number 19.
- 17 DR. ZWANZIGER: Um-hum.
- 18 DR. BERUBE: Increased skills and abilities of FDA staff
- 19 to develop accurate and actionable communications.
- 20 DR. ZWANZIGER: Yes, okay. So you're right, it does have
- 21 a slightly odd position in the strategic framework, and we did
- 22 have discussions internally about, you know, how can we really
- 23 claim to pull off our aspirations of Major Contributing Outcome
- 24 No. II if we don't also look at increasing our own skill, so we
- 25 try to acknowledge that by doing so. And, of course, we're

- 1 also aiming to find ways to achieve these outcomes that we,
- 2 ourselves, have direct influence over, and so that affected
- 3 what recommended actions that we selected to put in the plan.
- 4 DR. BERUBE: Can you explain direct influence over?
- DR. ZWANZIGER: Well, for example, we can't -- okay, just
- 6 to take a very hypothetical situation, we could probably
- 7 achieve some efficacy if we mandate in everybody's performance,
- 8 employee performance plans, that they achieve certain outcomes
- 9 with plain language and health literacy. But that is not
- 10 something that a working group can do; that's something that a
- 11 supervisor decides for and with an employee, so we -- it came
- 12 up in discussions, and it went down in discussions because
- 13 that's not something we have direct influence over. We can
- 14 suggest things, we can suggest that members, that employees
- 15 think about it on their own for how to include it in their
- 16 work, but we can't tell FDA supervisors what they're going to
- 17 do in FDA priorities.
- DR. BERUBE: Point taken.
- 19 DR. BLALOCK: Dr. Bertoni.
- 20 MR. BERTONI: This is Malcolm Bertoni, Commissioner for
- 21 Planning at FDA, and I wanted to chime in and add to what Lee
- 22 has said. I think when we say that the framework is more
- 23 durable, it won't change as much over time, let's not
- 24 overemphasize that aspect because this is a first iteration,
- 25 and planning is an iterative exercise, and I think you've put

- 1 your finger on a very, very important issue. The working
- 2 group, in developing this, did not want to overstep their
- 3 bounds, and they're really -- I will say it -- maybe they
- 4 didn't directly.
- 5 There is something about FDA culture where the different
- 6 programs are very strong, and they regulate their different
- 7 products with the authorities and the resources that they have,
- 8 and when you go about doing a central plan like this, you have
- 9 to pull together a lot of different interests, and it's very,
- 10 very difficult to put something out there that is going to have
- 11 resource implications, and this is, as you pointed out, a real
- 12 fulcrum point where there probably can be more done. But in
- 13 this first iteration, I gather that the work group didn't want
- 14 to take that on in a stronger way; that does not mean, in
- 15 future versions, we won't build that out further and dive a
- 16 little bit deeper. But I think it's good, in these
- 17 conversations, to sort of surface these kinds of challenges
- 18 where it's just very difficult to have a uniform approach to
- 19 this kind of problem.
- Now, in our defense, the last thing I'll say is that each
- 21 one of the programs can take this and then build it out and set
- 22 the priorities for their own center or office as appropriate,
- 23 even though we may not have specified more detail at the
- 24 Agency-level plan.
- DR. BLALOCK: Thank you. Dr. Dillard.

- 1 DR. DILLARD: Let me join in the chorus of voices
- 2 congratulating you on the ambitiousness and thoroughness of
- 3 your plan. One of the things that is -- that I find
- 4 particularly attractive about it is the hierarchal nature of
- 5 it. It clearly reflects the fact that reality is experienced
- 6 in little pieces, and those little pieces build up into bigger
- 7 things.
- 8 But your diagram also suggests to me that there may be
- 9 something that's been overlooked, which is that the performance
- 10 measures are at that microscopic level, and that's certainly
- 11 valuable information, but there aren't performance level
- 12 indicators at higher levels. And it strikes me that, as you
- 13 move up to your top three boxes there, you may be concerned
- 14 with issues such as whether or not the American public
- 15 perceives the FDA as a credible and trustworthy source, whether
- 16 or not the American public believes that they are making good
- 17 decisions based on information they receive from the FDA, which
- 18 suggests to me a different kind of performance measure,
- 19 something like a national survey.
- 20 And so the general point is maybe we need to consider
- 21 performance indicators at multiple levels, and the minor point
- 22 is maybe a national survey that you conduct every year to see
- 23 how you're doing.
- 24 DR. ZWANZIGER: Yeah. Actually, maybe I should -- if
- 25 thinking about -- oops, there I go -- performance indicators,

- 1 like one of the things we were imagining for the middle one of
- 2 the top three boxes, improve knowledge of benefits and risk,
- 3 would be a study, probably multiple surveys of knowledge of
- 4 important information of FDA-regulated products, and we see
- 5 that as really important but really resource intensive. And
- 6 maybe I'm hearing your question and suggesting we might want to
- 7 add other surveys to our study wish list here of perceptions of
- 8 FDA information and maybe other things, and you know, any
- 9 suggestions you have all afternoon, we'd love to hear them.
- DR. BLALOCK: And we're approaching our lunch break, so I
- 11 think I'm going to take one more clarifying question from --
- 12 oh, did you have something to add?
- 13 MR. BERTONI: Malcolm Bertoni.
- I just had one quick comment. There has been an attempt
- 15 and acknowledgement that we do need these higher-level outcome
- 16 measures at -- and I think on page 11, it's not very clear, but
- 17 there are some places where we've gone up a level, but I think
- 18 we need to do more work at that. That is something we
- 19 encounter on other kinds of plans where the expense and the
- 20 long-time horizon for measuring those really important
- 21 national-level outcomes is something that we take seriously.
- 22 We partner with other agencies, we look to things like Healthy
- 23 People 2020 is another place to do that, and it's something
- 24 that we'll take a closer look at based on the recommendations
- 25 of the Committee.

- 1 Thank you for that.
- DR. BLALOCK: Thank you.
- 3 And one more clarifying question from Dr. Pleasant. And
- 4 then I've actually got a couple other folks on my list,
- 5 Dr. Rimal and Dr. Lipkus. And so we'll come back to those
- 6 before we start the more in-depth discussions after the public
- 7 comment session and after lunch.
- 8 So Dr. Pleasant.
- 9 DR. PLEASANT: Thanks. Last question before lunch. No
- 10 one will remember it. Sorry, but it's -- I'm going to do it
- 11 quick, but it's still a three-part. It's just -- again, I love
- 12 that you're doing this, but I have more questions and comments.
- 13 I could take the next 4 hours, I kid you not, so I'm going to
- 14 limit myself, but I don't think this is a sufficient amount of
- 15 discussion among the members of the Committee for something so
- 16 significant, at least potentially so. Just to say that.
- 17 So I do agree that there is probably a need for a further
- 18 level of detail here that isn't really addressed in either the
- 19 framework or the report. I think you can do that without
- 20 limiting yourself and removing that adaptability to future
- 21 changes, and it would be oh so helpful to have. I just wonder
- 22 how much you discuss that, (A). To reinforcing this, what
- 23 you're really asking for is change of internal FDA culture, and
- 24 the methods to achieve that are not addressed at all. I
- 25 understand the hesitation, but that plus other things like the

- 1 gap between what people know and what they do leaves an
- 2 incomplete vision, which means it's going to really be
- 3 difficult to change culture when people can't see that whole,
- 4 at least 80% or 90% of a plan laid out in front of them.
- 5 And then finally measuring effects versus measuring inputs
- 6 is really lacking on the most part, too. And I think that's
- 7 where you're going to get sustainability, by showing that
- 8 you've actually changed the world. And just a subtext to all
- 9 of that is the difference between tailoring and targeting.
- 10 Your report language uses target at least 10 times more than
- 11 tailor, and that should probably be quite a different balance
- 12 from a health literacy perspective.
- 13 And I'll stop.
- DR. BLALOCK: Yeah, I --
- DR. ZWANZIGER: I'm not totally sure. Is that, I mean,
- 16 should I -- I mean, I guess I would see -- I certainly
- 17 acknowledge that culture change is huge, difficult, and
- 18 ongoing, but this is culture change. I mean, having the whole
- 19 Agency do this together is part of that, and having the whole
- 20 Agency see themselves as part of this plan, there isn't --
- 21 well, I don't know if I should be universalistic and say
- 22 there's nobody, but most parts of the Agency wouldn't see
- 23 themselves everywhere in this plan, but if everybody sees
- 24 themselves as somewhere in this plan, as part of this plan,
- 25 then that's seeing the risk communication and health literacy

- 1 effort as an Agency effort that we're all contributing to,
- 2 which, in theory, of course, anybody would have said that, but
- 3 now we've really thought through it, and so I think this is
- 4 part of that culture change. There's no doubt there's, you
- 5 know, much more that -- there's much more to be done, I'm sure,
- 6 and your advice will be welcome.
- 7 DR. BLALOCK: And so we're going to go ahead and, you
- 8 know, break for lunch, but I did want to, you know, clarify
- 9 that, you know, there will be lots more time this afternoon to
- 10 discuss each of these boxes in a lot of detail, and this short
- 11 amount of time was really just intended to allow, you know,
- 12 Committee members to ask something that was truly unclear from
- 13 the presentation so that when we begin, you know, the real
- 14 in-depth discussion later this afternoon, that everyone would
- 15 be on the same page.
- 16 So let's go ahead and break for lunch, and Committee
- 17 members, please don't discuss the meeting topic during lunch
- 18 amongst yourselves or with any member of the audience, and
- 19 we'll convene in this room exactly at 1:30, and so I'll just
- 20 ask all the Committee members to return on time.
- 21 Thank you very much.
- 22 (Whereupon, at 12:33 p.m., a lunch recess was taken.)

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1 AFTERNOON SESSION

2 (1:31 p.m.)

- 3 DR. BLALOCK: Okay, I've got that it is 1:31 now, so I'd
- 4 like to call us back to order and resume the Committee meeting.
- 5 So we'll now proceed with the Open Public Hearing portion
- 6 of the meeting. Public attendees are given an opportunity to
- 7 address the Committee, to present data, information, or views
- 8 relevant to the meeting agenda.
- 9 And Ms. Facey will now read the Open Public Hearing
- 10 disclosure process statement.
- 11 MS. FACEY: Both the Food and Drug Administration and the
- 12 public believe in a transparent process for information
- 13 gathering and decision making. To ensure such transparency at
- 14 the Open Public Hearing session of the Advisory Committee
- 15 meeting, FDA believes that it is important to understand the
- 16 context of an individual's presentation. For this reason, FDA
- 17 encourages you, the Open Public Hearing speaker, at the
- 18 beginning of your written or oral statement, to advise the
- 19 Committee of any financial relationship that you may have with
- 20 any company or group that may be affected by the topic of this
- 21 meeting. For example, this financial information may include a
- 22 company's or a group's payment of your travel, lodging, or
- 23 other expenses in connection with your attendance at the
- 24 meeting. Likewise, FDA encourages you, at the beginning of
- 25 your statement, to advise the Committee if you do not have any

- 1 such financial relationships. If you choose not to address
- 2 this issue of financial relationships at the beginning of your
- 3 statement, it will not preclude you from speaking.
- 4 DR. BLALOCK: And for the record, there were no written
- 5 comments received. For today's Open Public Hearing, we've
- 6 received three requests to speak. Each scheduled speaker will
- 7 be given 8 minutes to address the Committee. We ask that you
- 8 speak clearly to allow for an accurate transcription of the
- 9 proceedings of the meeting. The Committee appreciates that
- 10 each speaker remains cognizant of their time.
- 11 So the first speaker is Samantha Watters with the National
- 12 Center for Health Research.
- 13 MS. WATTERS: Hi. So thank you so much for giving me the
- 14 opportunity to speak today. As you mentioned, my name is
- 15 Samantha Watters. I'm the new Director of Communications and
- 16 Outreach for the National Center for Health Research. Our
- 17 center conducts and scrutinizes medical research to determine
- 18 what's known and not known about specific treatment and
- 19 prevention strategies. We don't accept funding from any
- 20 companies that make medical products, so we can be unbiased
- 21 while focusing on a patient-centered and public health
- 22 perspective. We then translate that complicated information
- 23 into plain language so that patients, consumers, media, and
- 24 policymakers will understand it.
- 25 My background is an unusual one. I have degrees in

- 1 biochemistry, English, and public health, with a focus in
- 2 health communication. I've also written health communication
- 3 materials for the NIH. I'm well aware, as I know you all are,
- 4 too, that great scientists don't necessarily know how to
- 5 communicate that science to the public. So that's something
- 6 that our center constantly struggles with and I know the FDA
- 7 does as well. So after reviewing the draft plan and numerous
- 8 current FDA documents and communications, our center has
- 9 several comments that we would like to make.
- 10 First, we feel that FDA staff needs -- FDA needs more
- 11 staff who are extensively trained in plain language
- 12 communication and truly understand its value and importance,
- 13 which is part of that culture change that was mentioned
- 14 earlier. This means going beyond the standard computer course
- 15 training that a lot of government agencies do, that everyone
- 16 has to take and no one really reads. FDA materials do not seem
- 17 to reflect best practices in health communication currently,
- 18 though obviously the plan is in place to try to address some of
- 19 those issues. So it's good that you recognize that there is
- 20 room for improvement. Our center does feel that FDA's Office
- 21 of Women's Health seems to do a better job of communicating to
- 22 patients specifically, so other staff at FDA could possibly
- 23 learn from them, as well as colleagues at the NIH, who we feel
- 24 does do a pretty good job.
- 25 Second, you mentioned consistency in branding, formatting,

- 1 and communications coming from the FDA, with an understanding
- 2 of all your potential communication channels. This is good.
- 3 But while consistency is important, we recognize that tailoring
- 4 your message to your target audience means varying format as
- 5 well as varying method of dissemination. Many of your current
- 6 educational materials are not easy to find online and are not
- 7 readily accessible, and those that are easy to find are not
- 8 always that easy to read. A lot of people don't like to read
- 9 at all or don't read well, which is the health literacy issue
- 10 that you see, but just in general, literacy as well. That's
- 11 why it's important to communicate risk information at the
- 12 eighth grade level, as we mentioned earlier, obviously
- 13 recognizing the challenges that we discussed earlier as well,
- 14 that the FDA has.
- Third, FDA communications to patients: We feel they need
- 16 more graphics and fewer words. Just adding a graphic, as well,
- 17 doesn't necessarily help if it's still full of words, too busy
- 18 or confusing, or not colorful and engaging. This is always
- 19 going to change, obviously, based on the age of your audience
- 20 as well. So size and color of font, both on paper and on a
- 21 screen, is going to be crucial, especially for an aging
- 22 population. There's also a tendency to include a lot of
- 23 information because we know there's a lot to know on all of
- 24 these topics. However, the more focused your piece can be, the
- 25 better. The more complicated it is, the less likely someone

- 1 will either read it at all, let alone retain what they've
- 2 actually read.
- Fourth, one of the major problems that we've seen for FDA
- 4 communication is how it's increasingly become promotional
- 5 rather than providing objective information about the products
- 6 that the FDA regulates. Academic researchers have been
- 7 studying FDA press releases and other materials and concluded
- 8 that FDA press releases are often used for promotional purposes
- 9 and that doctors and patients misunderstand that content. The
- 10 underlying message for FDA press releases seems to be that the
- 11 FDA has done something wonderful by approving a new product and
- 12 that the company has done something wonderful by getting this
- 13 product on the market.
- 14 Information about risks and restrictions seem like they're
- 15 downplayed. For example, the FDA approves drugs through the
- 16 breakthrough pathway, and the use of the term "breakthrough" in
- 17 press releases makes the media and the public think that it's
- 18 the best drug available. However, FDA doesn't convey that
- 19 there are a lot of unknowns about breakthrough drugs, which are
- 20 often based on smaller, short-term studies of surrogate
- 21 endpoints and outcomes rather than clinically relevant
- 22 benefits.
- 23 Sadly, when drugs and devices are found to have
- 24 life-threatening side effects, FDA isn't always likely to send
- 25 out a press release to warn doctors and patients in a way that

- 1 gets their attention. For example, if a product has a brand
- 2 name, it should be prominently used in the warnings so that
- 3 patients will know and understand what you're talking about.
- 4 So the slides that I have are an example of this. So an
- 5 example of this would be Infuse bone cement, which is approved
- 6 in adults 18 and older but contraindicated for children who are
- 7 still growing. However, it did get used; it was used in spinal
- 8 surgery with children because the risks were not well
- 9 understood, and several experienced cranial swelling so severe
- 10 that their faces became terribly engorged, requiring additional
- 11 surgeries. So the photos speak louder than my words can. So
- 12 these are examples.
- 13 And then the next slides are current FDA warnings that --
- 14 this is the language that the FDA provided years later to warn
- 15 doctors and patients, and it's still not quite as strong as we
- 16 would suggest, given the warnings: Carefully consider benefits
- 17 and risks before using products in patients; closely monitor
- 18 under the age of 18 for adverse device -- we don't feel it was
- 19 a strong enough warning.
- 20 Similarly, FDA needs to do a better job of preventing
- 21 misleading information and inadequate explanations of risk in
- 22 direct-to-consumer advertisements as much as possible,
- 23 obviously.
- 24 Requiring companies to list risks doesn't necessarily tell
- 25 patients what they need to know, since most patients will not

- 1 have the health literacy to understand those risks. For
- 2 example, commercials that start with a list of warnings --
- 3 don't take this drug if you're allergic to it -- it's a
- 4 surefire way to get viewers to turn out -- to tune out because
- 5 it's so obvious. This is also true when listing effects of a
- 6 drug in a press release on labels that are required for all
- 7 prescription drugs. The way that those risks are rattled off,
- 8 it doesn't really convey the severity, and it doesn't really
- 9 seem like you want patients to read that information and really
- 10 understand it.
- 11 So that's really what I have to say, and thank you so much
- 12 for the opportunity to share it with you.
- DR. BLALOCK: Thank you very much.
- Our second speaker is James Duhig, Dr. Duhig, with AbbVie,
- 15 Inc. I may not have pronounced that correctly.
- 16 DR. DUHIG: No.
- DR. BLALOCK: So you can correct me.
- 18 DR. DUHIG: No, it was right on. Thank you. I'm Jay
- 19 Duhig with AbbVie Patient Safety Pharmacovigilance Group in
- 20 Safety Decision Analytics. So thank you very much to the
- 21 Agency for conducting this meeting and for the service of all
- 22 the Committee members, and for making this open and public
- 23 strategic initiative so that we all have the opportunity to
- 24 learn from the discussion and the advancement of risk
- 25 communication science and to how and where it can best be

- 1 applied in service to patients.
- 2 I work with graduate students at Northwestern and the
- 3 University of Illinois College of Pharmacy, and what we've been
- 4 talking a lot about lately is everything that they'll see on
- 5 the web, in ads or anywhere else, both from industry, from
- 6 provider organizations, along with the concepts of patient
- 7 centricity and patient engagement. And as a risk communication
- 8 person, that being my background, we try to get them to engage
- 9 with -- to go from patient engagement, patient centricity
- 10 sounding good to actually having meaning requires a meaningful
- 11 discussion and a strategic approach to risk communication and
- 12 health literacy. So I hope that they're viewing some of these
- 13 training links today. I invited them to also participate. I
- 14 told them if they had any great ideas, I'd be very happy to
- 15 bring them to the Committee and represent them as my own. They
- 16 understood me or knew me well enough that none came in, but
- 17 they did have one abiding question that I'd like to get to at
- 18 the end.
- 19 So a brief case example that I'd like to cover, because I
- 20 think it's instructive and helpful for the Committee's
- 21 discussion, along with the Agency, regarding one thing that's
- 22 working well within risk communication and health literacy at
- 23 an organizational level. And again, that's kind of how I'm
- 24 hearing it throughout and consistent with the FDA's mission and
- 25 service to the public: one thing that's working well, one thing

- 1 that can potentially be improved, and one thing again where we
- 2 need help on, and these are specific to human factors and the
- 3 regulation within drug product cycle and combination product
- 4 and medical device product review cycles and the Agency's role
- 5 there.
- 6 Over the past 5 years, both CDRH and CDER have had a
- 7 remarkable impact across the industry with respect to patient
- 8 centricity with encouraging sponsors of applications to think
- 9 through the risks to patients, the product that the patients
- 10 will have on their kitchen table and all the associated
- 11 labeling in front of them and how it will be used in the
- 12 appropriate use environment, so getting at this real-world
- 13 concept and doing so in a complementary method that is
- 14 typically outside of a clinical trial and yet can be done on a
- 15 very quick basis or on a less burdensome basis than we might
- 16 associate with a larger trial that would trend towards an
- 17 outcomes-related study. And that's really where I think the
- 18 principles of user-centered design and human factors have had a
- 19 terrific overall effect on product development with respect to
- 20 some of the issues that the Committee was talking about
- 21 earlier: evaluating comprehension, having patient
- 22 understanding, and measuring the impact of messaging upon
- 23 individuals' actions.
- 24 So what's going well -- and again, I think that this is
- 25 exemplative of where the Agency can have a tremendous effect,

- 1 is by making recommendations upon best practices with a focus
- 2 towards not just those practices as activities, but embracing
- 3 the science. And I think we've seen that happen very well from
- 4 both CDRH's human factors premarket evaluation team, the device
- 5 side, then also within CDER Office of Surveillance and
- 6 Epidemiology, Division of Medication Error Prevention and
- 7 Analysis on the drug side, and then meeting together for advice
- 8 and recommendations on combination products.
- 9 The response over the past couple of years on the industry
- 10 side is that labeling, packaging design, so many product design
- 11 considerations that previously, if they weren't, didn't have
- 12 the regulatory requirement being taken into consideration for
- 13 human factors, are now brought in. So what that does is help
- 14 and encourage all sponsors and manufacturers to think through
- 15 who people are that would intend to use the product, what
- 16 they're actually going to be doing, and then how they're going
- 17 to be doing that, where they can get hurt, and then eliminate
- 18 those risks by design.
- Now, I'm not saying those issues weren't happening before,
- 20 but the difference now is the evidence base that's generated,
- 21 and that's hugely helpful in conversations when we're looking
- 22 at the overall benefit-risk. It also gets us at that point of
- 23 when we're evaluating comprehension or overall use of the
- 24 product, taking patient perspective, and continually, through
- 25 the process of design iteration, move ourselves towards a point

- 1 of optimization. So that's working really well at an
- 2 organizational level, and I think that that's something that
- 3 can be -- that's working well there on the outside; that can be
- 4 reapplied in some instances to the Agency itself on the inside.
- 5 One of the watch-outs that happens within that process is
- 6 the swim lane effects, and this is as true at AbbVie or any
- 7 other large organization, and presupposing that it could also
- 8 be true at FDA, so because of are all groups aware of what
- 9 other groups are doing when they have a common purpose or if
- 10 they have a common goal. So if we're talking about patient
- 11 labeling or looking at embracing plain language and what that
- 12 means, if that's being applied by different organizations or
- 13 different parts of the FDA that have a similar mission but are
- 14 applying those principles in a different fashion, what you can
- 15 wind up with is competing reviews or competing expert
- 16 information.
- 17 And again, I'm saying reviews because that's within our
- 18 cycle of specific products, but it's just as applicable to any
- 19 external communication. And I think it does get at that idea
- 20 of when we're looking at making this type of cultural change
- 21 that's been talked about this morning, one of the most
- 22 important pieces that we've seen with this and had success with
- 23 is not embracing a series of activities, but embracing this as
- 24 the science and the platform of why we are doing this. And
- 25 that can be, again, hugely helpful.

1 The last point that I'd like to leave for this afternoon's

- 2 discussion is where we need help, and this is one of the first
- 3 things that came up in conversations with Northwestern
- 4 healthcare communication students is they're looking at all the
- 5 different information that's coming out and that would be in
- 6 front of someone, so everything that they would receive from
- 7 the company, from the FDA, from all the different provider
- 8 organizations, and it's a lot of stuff, and how are they going
- 9 to make sense of all of this stuff?
- 10 So I think an important point of this goes back to the
- 11 Agency's work on communicating risks and benefits and towards
- 12 points that were brought up on usability. There has to be a
- 13 limit. You can't flood people with an overabundance of
- 14 information. That's generally just simply not functional. And
- 15 in that case, if everything is in, nothing is out, and it's
- 16 fine, but it's not usable. Where we very much appreciate
- 17 increased Agency guidance is that benefit-risk conversation of
- 18 how we can increasingly highlight the product benefits and
- 19 overall health benefits in context with risk in a more usable
- 20 fashion.
- 21 Thank you.
- DR. BLALOCK: Thank you.
- 23 And our third speaker is Laurie Myers with Merck and
- 24 Company.
- MS. MYERS: Thank you.

1 So my name is Laurie Myers, and I'm the Global Health

- 2 Literacy Director at Merck. I've had the privilege of focusing
- 3 full time on health literacy for the last 6 years. So along
- 4 with the disclosure, I am an employee of Merck, and they did
- 5 pay for my travel here and those kinds of things.
- I want to talk about a case study and how we really
- 7 thought about making sure that risks are clear, particularly to
- 8 patients with low health literacy. And so patient labeling
- 9 we've talked about a few times, but the reason that's so
- 10 important is it's the foundation for all other communications
- 11 about our medicine that happen to patients later, right? So
- 12 whether you're talking about direct-to-consumer advertising,
- 13 whether you're talking about your website, or whether you're
- 14 talking about your print advertisements or radio, they're all
- 15 driven by your patient labels. So that's why a lot of my focus
- 16 has been on this, because to really address this and make sure
- 17 it's clear will help, hopefully, to solve some of the other
- 18 problems upstream.
- 19 So a number of years ago we realized that we wanted to
- 20 create patient labels that reflected health literacy
- 21 principles. We also knew that we didn't have the internal
- 22 knowledge to do that by ourselves, and so two things happened.
- 23 First of all, I formed an internal working group, and it was
- 24 across many different parts of the company. The most important
- 25 is legal, right? So we had a lawyer at the table who believed

- 1 that it was possible to honor both the spirit and the letter of
- 2 all rules and regulations and be clear with patients. And I
- 3 always joke that without her, I wouldn't be here today, right?
- 4 That's so important to make sure that they're on board, and
- 5 then with others, with regulatory policy and marketing, market
- 6 research.
- 7 And then Dr. Mike Wolf at Northwestern and Dr. Ruth Parker
- 8 at Emory and their teams had already been doing a lot of work
- 9 about communicating about medicines in a clear way. So we
- 10 engaged them, and when we engaged them, I think we all knew the
- 11 format of our patient label would look different. So to
- 12 highlight an earlier point, this isn't just language; this is
- 13 things like white space and the use of bullets and formatting.
- 14 Another piece of it is what's extraneous information, right?
- 15 What is all the stuff we always put in there that doesn't
- 16 actually help patients, because that's also really important to
- 17 think about; that distracts. But at the same time we want to
- 18 make sure we have all of the information in there necessary to
- 19 make an informed decision.
- The other aspect, which I didn't know and I quickly
- 21 learned, is that we would overall -- how we test our patient
- 22 labeling. So we have always done comprehension of our patient
- 23 labeling, and we didn't -- we had always worked to assure a
- 24 broad range of education levels. But what we failed to
- 25 appreciate, and which we now understand, is that that isn't the

- 1 same as low health literacy respondents, right? So people who
- 2 aren't competent in their ability to read are not raising their
- 3 hands proactively to participate in internet research for an
- 4 hour that requires them to read.
- 5 So we had to think very differently about this. Those few
- 6 that we did have in there had lower scores generally than us,
- 7 and we didn't even have enough of them necessarily. And again,
- 8 this wasn't because our heart wasn't in the right place with
- 9 comprehension testing. This wasn't something we even didn't
- 10 know we didn't know, right? And that's the other part of this.
- 11 So here's -- and yeah, I still have 5 minutes. So I just
- 12 thought it would be very helpful to talk about some of the
- 13 practical things that we did to try to make sure we had people
- 14 with low health literacy in research, because I think these are
- 15 learnings, and none of this is proprietary to Merck. We're
- 16 happy to share this with anybody, and it could probably help
- 17 the FDA, too, as we learn -- as we make sure we have
- 18 respondents with low health literacy in some of these studies.
- 19 So we required a desktop computer to participate in
- 20 research. Well, guess what? Many people with low health
- 21 literacy have their phones -- you know, have their mobile and
- 22 that's their -- sorry, have their computer on their phone, and
- 23 so we were inadvertently excluding them from participation. We
- 24 went to different places to find people, so we went to literacy
- 25 centers, we went to senior centers. We have a wonderful

- 1 partner, Sommer Consulting, who does this for us.
- 2 And then we had to actually ask health literacy questions.
- 3 When you do phone screening to get people into market research,
- 4 we now ask the one question: How competent are you in filling
- 5 out medical forms by yourself? That's not perfect. We've seen
- 6 over the years, you know, some people switch. We ultimately
- 7 categorize people using the Newest Vital Sign, which for those
- 8 of you who are not familiar with it, is about reading an ice
- 9 cream label. Now, until the consumer food labeling changes in
- 10 2 years, this is what we do. We'll figure it out. We'll have
- 11 to look towards that, too.
- 12 But we also partnered with Schlesinger, who recruits
- 13 patients for us, and they're now actually adding the health
- 14 literacy assessment questions as they pull in new respondents.
- 15 So we actually now have -- 7% of their national database has
- 16 people with low health literacy. That's actually a really big
- 17 deal. It may not sound like many, but it gives us access to
- 18 people.
- 19 And then we also have to train moderators to be sensitive
- 20 to the needs of people with low health literacy. We learned
- 21 this again the hard way. We brought people with low health
- 22 literacy into -- I think it was message developing testing,
- 23 where we put 30 pieces of paper in front of them, and that
- 24 didn't really work very well. So you really have to think
- 25 about how do you engage with people to get the same information

- 1 but maybe in a way that's more sensitive to their needs.
- 2 A combination of open and closed books: So the other
- 3 thing is we always used to do only closed book. That's memory
- 4 test, right? That's not really a test of understanding. And
- 5 so now we -- and all of us, if we have a question about
- 6 medicine, we can go to the Internet to find information. I
- 7 imagine that's what most of us do. And so we ask people to
- 8 find information, but then we also close the book and say a
- 9 question such as what is this medicine for? What are the
- 10 serious side effects? What are the common side effects? And
- 11 how do you take it? We make sure people can use that -- can
- 12 recite that afterwards. And then we try to aim for about 25%
- 13 of people with low health literacy.
- 14 The process is we develop our own health literate patient
- 15 label, what we think it is. We have Dr. Wolf and Dr. Parker
- 16 and their teams send it back to us. We try to honor the
- 17 knowledge that they have. Then they do focus groups with
- 18 respondents with low health literacy, and we actually see if
- 19 there are any red flags, or we also can probe for things that
- 20 we're not sure how to say. And then it comes back to us, and
- 21 then we do our comprehension testing. So we're really making
- 22 sure that we have the input of respondents across a range of
- 23 top literacy levels throughout the development process. It
- 24 works.
- We've been able to achieve high comprehension of patient

- 1 labeling, even among people with limited health literacy. And
- 2 there was a woman -- it really came home for me when a woman
- 3 who was Hispanic, English was her second language, and she read
- 4 one of our draft patient labels, and she started crying, and
- 5 she said I never understand these things, and if something went
- 6 wrong, not only would I know it, but I'd know what to do. And
- 7 that's why we're all sitting here, right, is so that people are
- 8 empowered to understand risk, and also benefit is another part
- 9 that they'd like a little more about in the patient label.
- 10 That's a different conversation for a different time. But
- 11 anyway, they say they're more likely to keep it, to understand
- 12 it, and to ask questions of their provider.
- 13 And then, yeah, this is an example of a recent label that
- 14 we did have approved by the FDA, going through this process. I
- 15 forgot I had that in here.
- 16 Anyway, thank you.
- DR. BLALOCK: Thank you very much.
- 18 Does anyone else in the audience wish to address the
- 19 Committee at this time? If so, please come forward to the
- 20 podium and state your name, affiliation, and indicate your
- 21 financial interest, and you'll be given 3 minutes to address
- 22 the Committee, if there is anyone.
- 23 (No response.)
- 24 DR. BLALOCK: It looks like there is not anyone. So
- 25 moving on, would any of the Committee members, do you have --

- 1 would you like to ask any questions of the three public
- 2 speakers, any clarifying questions based on their remarks?
- 3 (No response.)
- 4 DR. BLALOCK: Okay, it looks like there are none. So I
- 5 now pronounce the Open Public Hearing to be officially closed,
- 6 and we will not take any additional speakers for the remainder
- 7 of the meeting, and we'll now proceed to today's agenda.
- 8 So at this time, let's focus our discussion on the FDA
- 9 questions, and copies of the questions are in the folders that
- 10 you received this morning. And I do want to remind public
- 11 observers that this is a deliberation period among Committee
- 12 members only. Our task at hand is to answer the FDA questions
- 13 based on the draft strategic plan, the presentations and
- 14 comments we heard today, and the expertise around the table.
- 15 So with that said, I'd like to ask that each Committee
- 16 member identify him or herself each time you speak, just to
- 17 facilitate the transcription.
- 18 So Dr. Zwanziger, there you are. Can you go ahead and
- 19 read the first question?
- DR. ZWANZIGER: Thank you, Dr. Blalock.
- 21 So read these into the record. The first question for the
- 22 Committee is No. 1: Looking specifically at Risk Communication
- 23 and Health Literacy at FDA:
- a. Does the Overarching --
- DR. BLALOCK: Dr. Zwanziger, I'm sorry, I just was

1 reminded that I forgot to allow some time for a couple folks

- 2 that I cut off for -- who had clarifying questions before we
- 3 took the lunch break. I'm sorry. So now I'll cut you off as
- 4 well and compound my error.
- 5 So Dr. Rimal.
- 6 DR. RIMAL: Thank you.
- 7 I think this relates to the glimpse of the discussion
- 8 question I just saw up on the screen. Listening to the
- 9 presentation right before lunch, one thing that sort of jumped
- 10 out at me was that -- you know, I have to say I am looking at
- 11 everything from a behavior change kind of lens because
- 12 that's -- I guess that's the tool I have, and you know, when
- 13 you have a hammer and you see the wood, that's nails, right?
- So my question was it seemed to me that the top three
- 15 boxes that you've got are very much driven by "if you have
- 16 knowledge, they will change kind of model, that the aim is to
- 17 increase knowledge so that they can make good important
- 18 decisions. And I just wanted to kind of problemitize that for
- 19 a second and say surely we know that from, you know, years of
- 20 research, behavioral research, that that works some of the
- 21 times. Often you need something else to propel people to
- 22 change behaviors, and I was wondering if you've given thought
- 23 to, or if you have thoughts on, what some of those factors
- 24 might be and why they did not end up in your model. So, for
- 25 example, things like how do we facilitate that behavior change?

- 1 How do we improve the efficacy? You know, what's the role of
- 2 emotions, these kinds of factors that could propel or convert
- 3 knowledge to behavior, and is that something that you might
- 4 consider thinking about?
- 5 DR. ZWANZIGER: Thank you.
- 6 The top boxes do -- and if you want to look at your
- 7 questions, those are those -- the top boxes are in Question No.
- 8 1, as Dr. Rimal just mentioned. Those do look at knowledge,
- 9 and we recognize that knowledge doesn't automatically result in
- 10 behavior change for me or for anyone else. There has to be
- 11 something more to it. The FDA sometimes is looking for
- 12 behavior change and sometimes really isn't in a position to do
- 13 that because it may be that the outcome we really are in a
- 14 position to want is an informed healthcare provider and patient
- 15 or an informed consumer, and what kind of behavior there is to
- 16 do will be appropriate in one way for one individual and
- 17 another way for another individual.
- 18 That said, there certainly are times when we want people
- 19 to get rid of the flour, not eat the raw dough, take a
- 20 behavioral action. And so in the strategic framework and the
- 21 activities and as we currently have conceived it, I would find
- 22 those in the more specific parts of the plan, because it would
- 23 have to be at the level of a particular communication that has
- 24 a behavioral outcome, and then that communication or that
- 25 program could define or specify the action and the measure that

- 1 they could look for to try and achieve behavior change.
- 2 All of that said, if you have some additional suggestions
- 3 on how we can be more effective in either taking action or
- 4 measuring, I'd welcome it. We'd all welcome it.
- 5 DR. RIMAL: Not right now, right?
- 6 DR. ZWANZIGER: Oh, right. Sorry.
- 7 DR. BLALOCK: Yeah, I think that there will be more time
- 8 for more in depth and suggestions later on. And so just had
- 9 one more clarifying question left over from this morning.
- 10 DR. LIPKUS: So the idea is to make better informed
- 11 decision making, and as I go through the materials you have
- 12 here, a lot of it is focused on better communication, plain
- 13 language, etc., but I didn't really see a lot in terms of
- 14 understanding decision making in and of itself. And we know
- 15 that information influences people's decisions. We know that
- 16 sometimes people process information heuristically versus
- 17 more -- you know, centrally more engaged with the information.
- 18 So one is just a general comment of where is decision
- 19 making in here. The other one is, if you look at definitions
- 20 of informed decision making, it usually has some component to
- 21 it that says making a decision that's congruent with the
- 22 person's values. And again, in here I didn't see anything in
- 23 particular about values, other than you're going to be
- 24 approaching different stakeholders and getting their opinions.
- 25 But as I look at this document, one of the things that

- 1 would help me, at least, would be how well do these different
- 2 metrics and strategies map onto different versions of the
- 3 definition of what you're trying to get at, which is better
- 4 informed decision making. So what do you have there that makes
- 5 people do, for example, value clarification exercises? You
- 6 know, people sometimes don't really, on the spot, know what
- 7 they value and what they think is important. How well will the
- 8 FDA understand how presenting this kind of information may lead
- 9 to a different focus on the information and differential
- 10 effects on decision making? You know, things like that.
- 11 And then ultimately is this definition of "better." What
- 12 is better? And that's never really clarified. So one way of
- 13 doing better is to say, well, you've got a statistically
- 14 significant effect even though the effect size is trivially
- 15 better, but it's still statistically significant. So I think,
- 16 at least from a philosophical perspective, I was trying to get
- 17 some discussions of what does the FDA mean as "better"?
- 18 Because if you do something with value clarifications, the FDA
- 19 may say this is really the decision that we want people to
- 20 make. The person doesn't make that decision, but it is a
- 21 decision that is congruent with that person's values. So would
- 22 the FDA then consider that to be a wrong decision that's not
- 23 better? So I know I'm starting to think like a researcher, but
- 24 it would really help to understand what do you mean by
- 25 "better"? What are the threshold values? How are you going to

- 1 get things that really fit within your definition of what you
- 2 mean by better informed decision making and all of those
- 3 components?
- 4 Like, for example, one of the things that you do is you
- 5 talk about talking to stakeholders and having them disseminate
- 6 the information and know how to do this. This now gets into
- 7 the area of shared decision making, which adds another level of
- 8 complexity. And by the way, there is no consistent definition
- 9 of shared decision making, and it has multiple components to
- 10 it. So I think there are consequences that have hierarchical
- 11 levels in terms of what does it mean if you achieve this, and
- 12 what's the implication for some downstream effects as this gets
- 13 more into the population.
- 14 So these are just some of the topic-of-mind things that
- 15 came up to me, and I'm wondering if you have any kind of
- 16 comments that you want to speak to about those issues, if any.
- DR. ZWANZIGER: Well, first of all, thank you for bringing
- 18 it up, all of them. And I, too, was thinking, as you were
- 19 presenting some of these thoughts, boy, that sounds like a
- 20 research project, and that sounds like a different research
- 21 project, and that sounds like something we should think about
- 22 in terms of research prioritization. I don't know that I can
- 23 clarify that right now, except to say that I appreciate
- 24 bringing it up; that's something we need to address.
- 25 DR. BLALOCK: And I think some of these issues will come

1 up in other contexts as we go through the questions. So let's

- 2 go ahead and move to the specific questions.
- 3 DR. ZWANZIGER: Okay. Then for the record, Ouestion No. 1
- 4 is: Looking specifically at Risk Communication and Health
- 5 Literacy at FDA:
- 6 a. Does the Overarching Outcome (the bottom box here
- on this slide) support Strategic Priority Goal No. 3
- 8 (the top box)?
- 9 b. Do the proposed performance indicators provide
- 10 meaningful measurement of progress toward that
- 11 Overarching Outcome?
- 12 c. Can you suggest any other indicators for us to
- 13 consider?
- DR. BLALOCK: So do we have your responses from the
- 15 Committee?
- 16 Dr. Dillard.
- 17 DR. DILLARD: This is really echoing Professor Rajiv's
- 18 comments of a moment ago. But as I look at your -- the
- 19 movement through your model, from overarching diagram, which
- 20 includes accessibility of knowledge to inform decisions, each
- 21 of those strike me as necessary conditions for the -- each of
- 22 the preceding ones are necessary for the subsequent ones.
- 23 What's missing, of course, is the moderator variables, the
- 24 things that would enable -- would become sufficient to move
- 25 from one box to the next. And I don't know if we're in a

- 1 position to elaborate on all of those variables, but it's
- 2 surely the case that it would be wise to consider them, some
- 3 horizontal arrows that make those vertical arrows happen.
- 4 DR. ZWANZIGER: We did actually talk about necessary and
- 5 sufficient conditions and how they would fit in here or not.
- 6 But I think, at this point, probably you guys are addressing
- 7 your questions at each other and not me. But if you want me to
- 8 respond to something, tell me. Or how do you want to --
- 9 DR. BLALOCK: For right now, go ahead and respond. But
- 10 yeah, I think you're right that we're addressing one another.
- 11 DR. ZWANZIGER: Okay. Well, then, just as a point of
- 12 clarification, I completely agree. I would say that the lower-
- 13 level boxes are not, logically speaking, necessary for the
- 14 higher-level boxes, but they are part of a cluster of what
- 15 would be necessary. I could conceive of ways you might get
- 16 around to get the higher-level boxes with different lower-level
- 17 boxes. I certainly agree that the lower-level boxes are not
- 18 sufficient for the higher-level boxes because there are many
- 19 other environmental conditions that have to come into play,
- 20 some of which we can discuss, some of which we didn't really
- 21 discuss because we already know they're way out of FDA purview
- 22 or in FDA purview but way out of risk communication and health
- 23 literacy communicator's purview, but very important to
- 24 recognize. And maybe if you -- you know, if we specify some,
- 25 maybe it will turn out we were wrong. Maybe some of them are

1 things that we could effect. So please, you know, feel free to

- 2 comment further.
- 3 DR. BLALOCK: And I think I'll just kind of go ahead and
- 4 echo that, because as you were articulating what you were
- 5 saying, I was kind of thinking exactly the same thing because I
- 6 always describe myself as a behavioral scientist, and so my
- 7 focus is always on behavior, not necessarily decision making.
- 8 You know, decision making is a precursor to behavior, and then
- 9 lots of things can interfere with this, actually enacting all
- 10 of the decisions that we make.
- 11 But I think that what I've heard today, both just now and
- 12 previously this morning when we were talking of getting
- 13 clarifying questions for different things, was that there is a
- 14 limit to what a government agency, you know, can do from such a
- 15 distance. You know, the FDA is not a healthcare provider, they
- 16 don't have relationships with people, and I think that
- 17 that's -- at least that's what I'm hearing as the explanation
- 18 of why the focus here is on increased information, accurate
- 19 information, and improving knowledge. So that's what I'm
- 20 hearing from the presentations.
- 21 And I think I'll put Dr. -- Dr. Krishnamurthy is next.
- DR. KRISHNAMURTHY: My thought about the overall Strategic
- 23 Priority Goal No. 3, promoting better informed decisions, I
- 24 echo the point that what makes a decision a better decision
- 25 and -- but I do think that there are boundaries or there are

- 1 parameters that define whether a decision is a good decision.
- 2 (A) Was it considered -- were people cognizant of the fact that
- 3 they were making a choice? Were they cognizant of the options
- 4 that they had in front of them? And after having made the
- 5 choice, did they regret making the choice? And was it due to
- 6 incompleteness of the information? Now, we cannot ask the FDA
- 7 to be kind of now focusing on end-user research to come and
- 8 answer these questions. That should be part of academic
- 9 research as well, I believe, and therefore I do think that
- 10 there is a way to operationalize what constitutes a good
- 11 decision, a decision in which options are known, outcomes are
- 12 understood, and a choice is embraced with as minimal regret
- 13 after the outcome is known.
- 14 And there is lots of research out there that one could
- 15 leverage to figure out what constitutes a good quality
- 16 decision. And so that's a point that I wanted to make. I
- 17 think it's a very valid point, what you were telling, and
- 18 throughout the strategic framework, it calls for what is the
- 19 operationalization of the box that we are talking about? If it
- 20 is an informed decision, what do we mean by an informed
- 21 decision?
- 22 And there's another point that I want to bring to the
- 23 Committee here, is that Box No. -- the top-most box is actually
- 24 multi-focal. It talks about informed decisions by consumers,
- 25 patients, providers, and professionals. So now this becomes a

- 1 complicated process, even more complicated. I do believe that
- 2 there has to be one focal point here, and that should be the
- 3 patient. Did the patient make a choice that was informed,
- 4 informed by providers and so on and so forth?
- DR. BLALOCK: And I'm going to go out of order just a
- 6 little bit because I think, Ms. Witczak, you raised your hand
- 7 in a way that it looked like you were responding to something.
- 8 MS. WITCZAK: Thanks. I think it had to do with the
- 9 outside forces, even under that overarching. Like what things
- 10 that maybe the FDA can do and what's in your -- but like
- 11 direct-to-consumer advertising, you know, the messages that the
- 12 consumer is hearing from the outside, I think that is
- 13 something, and I don't know if that has been -- or where that
- 14 comes into, but that is something that, you know, as consumers
- 15 as well as doctors and we as people, you know, we're inundated
- 16 by messages. So I think that's one thing.
- I would also think the idea of when it gets up to informed
- 18 decision making and making it better, you know, one of those
- 19 things is the premise that it is doing a treatment of some
- 20 sort. Or what about the idea of like doing nothing at all?
- 21 And so like that, to me, is part of that better informed
- 22 decision. It may not be just the risks and benefits, but what
- 23 about that idea that that is part of the conversation? You
- 24 know, if you do nothing, what could happen as well?
- DR. BLALOCK: Dr. Yin.

- 1 DR. YIN: You know, I just have a comment about the
- 2 outcome of improved knowledge, and I was looking at the
- 3 performance indicators for that, and I was a little
- 4 disappointed to see that it was white, meaning postpone, and
- 5 not one of the yellow or the green areas. And I wondered if
- 6 there was some consideration for perhaps trying, as a first
- 7 step -- because I can understand how it might be overwhelming
- 8 to do that for all types of communications, but as a first
- 9 step, to create some sort of model approach or some sort of
- 10 protocol for user testing, just as a first step to -- as a test
- 11 case, for example, that could be used in one particular case
- 12 that's a high priority, you know, one that could then later be
- 13 disseminated. That might be a more feasible sort of goal.
- DR. BLALOCK: Dr. Berube.
- DR. BERUBE: I have a few comments here. I agree a bit
- 16 with what Dr. Lipkus mentioned when you were talking about the
- 17 universality of this. I have a problem, first of all, with the
- 18 four categories of audience you're playing with. I mean, I
- 19 just wrote a chapter a year ago about how when consumers become
- 20 patients, they become totally different animals. It's a whole
- 21 different psychological dynamic that takes place. And these
- 22 are so different. But when I look at the meta-piece, like when
- 23 I read of all of this stuff, I understood immediately that this
- 24 was a way to make your staff better. It just seems that we
- 25 look at the Strategic Priority No. 3, the focus is a step away

- 1 from the staff, which it's like there almost is like a missing
- 2 box in here, right? And it's not that making the staff better
- 3 is such a bad idea. That's a great idea probably. The
- 4 relationship between these three boxes may be incidental rather
- 5 than causal. You know that you're going to have a real hard
- 6 time demonstrating this.
- 7 There's wonderful argumentation theory and texts that are
- 8 out there which explains what a good argument is, and they have
- 9 characteristics. And you could use Stephen Toulmin, you could
- 10 use Burke. There are a lot of folks out there that came up
- 11 with a lot of quality, or good reasons from Scott. There are a
- 12 lot of folks in the field of communication that you could draw
- 13 from which would give you categories that you could actually
- 14 quantify. You would look at the argument that's being made,
- 15 and you would say does the argument have these components? You
- 16 know, if these components are there, how significant are these
- 17 components?
- 18 The other thing I just -- this keeps coming back to me. I
- 19 had a bizarre experience about 6 years ago working for a
- 20 corporation, and you know, you're trying to apply this as an
- 21 over -- a piece that goes over the entire operations of a
- 22 strategic framework in risk communication. The reality is
- 23 you've got a lot of units that are certainly better than other
- 24 units at what they're doing, and there's no way any of this is
- 25 weighted. And I have an odd feeling that if I was running a

- 1 minority health division, there are some of these things which
- 2 are more important to me than other things here, and I think
- 3 that's what boggles me the most, that we have a multi-objective
- 4 model here, but none of the components in the model have been
- 5 weighted.
- 6 Anybody in the room who has ever done an algorithm
- 7 understands how critical it is to make sure that when you're
- 8 offering this through a broad range of people, you're not
- 9 discounting the work some folks have done and bringing them
- 10 back down to a level they approached 5 or 10 years ago. It
- 11 doesn't make people happy at all when you do that. Or vice
- 12 versa. You don't want to give people who have never done this
- 13 before access to upper levels where they don't know how to get
- 14 there. And so the weighting thing just really knocks me for a
- 15 loop, I guess, because I think that's -- I think these -- and
- 16 when I look at the pink block -- I don't know what color it is.
- 17 DR. BLALOCK: Okay. And let me just interrupt for a
- 18 second, because the way that I think that the questions have
- 19 been structured for today, you know, we're really only supposed
- 20 to sort of be trying to focus on one specific part at a time.
- 21 So right now we're literally just in those top three boxes, and
- 22 I think that some of these issues will come up as we sort of
- 23 walk through this at the --
- 24 DR. BERUBE: I just don't see it, I don't see the
- 25 practicality in this that you're obviously seeing. I don't see

- 1 this as -- I don't see its practicality. I think it's a whole
- 2 functional algorithm, and you know, just look at the first
- 3 variable and then say, well, that's done. Now we can look at
- 4 the second variable. I think that's why I get on this.
- 5 DR. BLALOCK: Okay. Dr. Lee.
- 6 DR. LEE: So I agree that, you know, informed decision
- 7 making is multifactorial, but I don't think any of us expect
- 8 the FDA to be responsible for people's decisions. And I think
- 9 instead of promoting, contributing information for better
- 10 decision making might be a better way to look at it. And to
- 11 that degree, I think the most common decision that healthcare
- 12 providers and patients make is comparing two drugs, and can you
- 13 give information in a way that makes the risk-benefit of each
- 14 drug, relative to each, easier to understand? And I think that
- 15 would make that decision-making process easier, but obviously
- 16 there are a lot of other factors going into this. So I think
- 17 if you can just do that particular thing that's very frequent,
- 18 I think that would go a long way to going from the bottom box
- 19 to the top box.
- DR. BLALOCK: Dr. McBurney.
- DR. McBURNEY: Thank you very much.
- 22 I'm going to make a comment first, and it's sort of
- 23 building on a comment that we got from Jeff Ventura, when it
- 24 was looking at the Center for Tobacco Products, and it was for
- 25 their newsletter, where individuals had to self-identify what

- 1 was their reason for subscribing.
- 2 And I think that, frankly, we don't always fit into one
- 3 box. Sometimes we don't want to admit which box we're
- 4 subscribing to and for what is the reason. And so it feels to
- 5 me that rather than it being my place of employment, it really
- 6 is whether I'm asking out of a personal or a professional
- 7 interest, and then within that interest, whether it might be
- 8 science based or it might be regulatory or it might be recall
- 9 and safety. And so there are categories that I wish to have
- 10 information or to obtain information on the FDA so I can be
- 11 more informed and hopefully make a decision.
- 12 And so I really like the framework that you have here.
- 13 I'm not always convinced that behavior change comes from
- 14 knowledge. But I think what you have -- and in that (c)
- 15 question, what are the indicators for us to consider, you have
- 16 a lot of different centers, and so their agenda is very, very
- 17 different and for that reason I have a hard time thinking about
- 18 this framework because the entity in my head isn't really a
- 19 drug that's being approved, it's a recall situation that may be
- 20 on the drug or it's a tainted product or it's the National
- 21 Center for Toxicologic Research that I'd like to know what's
- 22 the latest science on that out of personal interest or maybe
- 23 out of professional interest because I'd like to get a research
- 24 grant and become involved with a community.
- 25 So if I was to give you a suggestion, the suggestion would

- 1 be -- I like the framework -- move down to your centers, and
- 2 charge them with the outcome indicators of what is their
- 3 audience and what does success look like and how are they going
- 4 to move that needle. And I don't think I can do that at a top
- 5 line because if I'm thinking about toxicologic research, I'm
- 6 not going to have an answer for that, that is looking to what
- 7 do I do with that product, or the example we heard earlier,
- 8 that a product that's been used contrary to what indications
- 9 are.
- 10 So I don't know. I think the FDA -- the challenges you
- 11 have to look at for all of it, to me, the indicator or the
- 12 suggestion is, is to go to your centers and put them in place
- 13 saying you tell us who your audience is you have to reach and
- 14 how you're going to do that, and make sure that they don't
- 15 raise the bar too low for the low hanging fruit.
- 16 DR. BLALOCK: Dr. Harrell. Harwood, Dr. Harwood.
- 17 DR. HARWOOD: So I think that it provides a meaningful
- 18 measurement for the FDA, but we don't have a baseline, and from
- 19 the discussion this morning, it's apparent that some units are
- 20 starting at Point A and some are starting at Point B and C. So
- 21 not all units are at the same level of plain language and
- 22 health literacy. So a meaningful measurement of success or
- 23 increase without the baseline is lacking somewhat.
- DR. BLALOCK: Dr. Dieckmann.
- DR. DIECKMANN: Thank you.

1 So I'm trying to focus only on those top three boxes. I

- 2 feel like it's easy for us to get too broad and start talking
- 3 about everything at the same time. But I think one of the
- 4 complications, at least for me, in those three boxes there,
- 5 that it's very clear from just thinking about the different
- 6 communications that are being made here from the Agency
- 7 presentations that there are different classes of
- 8 communications that have quite different goals and would
- 9 require much different information to actually making an
- 10 informed decision in those cases.
- 11 So when I look at, like, the second box here that's
- 12 talking about risk and benefit information, that seems to be
- 13 useful for a particular class of communication in which someone
- 14 may need to weigh against risk and benefit and so on. But
- 15 there would probably be a whole or there is a whole range of
- 16 other communications, like an extremely dangerous recall
- 17 situation where the goal is not to communicate risk and benefit
- 18 information; it's to tell people stop using this or whatever.
- 19 And you kind of alluded to that a second ago.
- 20 So I think part of these here, what kind of confused me is
- 21 I kept slipping back, as I was reading through these, to
- 22 different types of communication goals and different types of
- 23 tasks that a patient is actually being tasked with, with that
- 24 information. So if there would be some way to kind of
- 25 integrate into this those different classes of communication

- 1 goals and exactly what sorts of information, this would be a
- 2 useful exercise just in general, to create kind of a general
- 3 process for this that could potentially go across the agencies
- 4 to really doing a task analysis of what do these people really
- 5 need to know in each of these contexts and what are the goals
- 6 of the communication.
- 7 So just on those three boxes there, I feel like that was
- 8 the thing that was kind of stopping me. It seemed like a
- 9 uni-directional, one-size-fits-all, when there's very different
- 10 communications that are going on.
- DR. BLALOCK: Dr. Pleasant.
- 12 DR. PLEASANT: I'm fine to go, but I think you wanted to
- 13 also be on the list. And I don't know that you've seen
- 14 Dr. Sneed or Dr. Hallman, to just have a different -- I can see
- 15 down this row, and you guys can't as easily.
- So how I came to this was I actually started reading the
- 17 Strategic Plan for Risk Communication and Health Literacy. I
- 18 bring that up on purpose because then I got to the questions,
- 19 and I was still surprised that the questions are only about the
- 20 strategic framework. But there are things in the strategic
- 21 plan that aren't in the strategic framework, and there are also
- 22 things in the communication review that aren't in either.
- 23 And so on a micro-level, the hardest thing to do sometimes
- 24 is practice what we preach. So in health literacy, one of the
- 25 things is put your most important message up front. But when I

- 1 got to the strategic plan, the very first thing I said -- I
- 2 read, still refer to Appendix 2 because that's where the
- 3 strategic framework is, which means maybe that's the most
- 4 important thing, and then all the questions say, well, maybe
- 5 that's the most important thing also. But when I look at the
- 6 evidence and at a very micro-level, just the way some of the
- 7 strategic plan is written, it's not following the strategic
- 8 framework. And the external communication evidence, like just
- 9 about the one question, how do you ensure comprehension, the
- 10 variability in the responses to that question across all the
- 11 units and elements is again not really aligned with the
- 12 strategic framework.
- So the question I have is how do you get there? I feel
- 14 like there's another document that needs to be done, which is
- 15 the operational document. But how are all these things going
- 16 to actually happen, because we all seem to be struggling with
- 17 putting all the pieces together. And even if you think about
- 18 it, on just the little level of -- you know, the strategic plan
- 19 doesn't define health literacy or clear communication or plain
- 20 language, and I understand why not. But then again, it also
- 21 doesn't use plain language or some of the basic principles of
- 22 health literacy.
- 23 So even within the Committee working group, there seems to
- 24 be a challenge to get from the vision to the practicality and
- 25 at the organizational level. With all of this variation,

- 1 that's even going to be more significant of a challenge. And
- 2 it just strikes me that there's a piece missing in all of this
- 3 that's going to be a real problem when you try to put it in
- 4 place across all the diversity within FDA. And all I can come
- 5 up with is there are some operational guidelines that are just
- 6 missing, and we're trying to fill them in. I don't know, maybe
- 7 I'm just out of my mind, but does that sound familiar at all?
- 8 You've worked with this in your process, I'm sure.
- 9 DR. BLALOCK: Did someone from the FDA want to respond
- 10 or --
- 11 DR. ZWANZIGER: I'll at least start a response, to say
- 12 this first question just refers to the strategic framework, and
- 13 the strategic framework is kind of like the central document.
- 14 But then other questions later also refer to the activities and
- 15 actions. I think that the operational level is probably the
- 16 specific steps that different -- and you guys are all right,
- 17 very different across the Agency. A work unit would be taking
- 18 in their efforts to be doing a general kind of activity in
- 19 support of implementing one of the lower-level outcomes, and
- 20 that indeed -- I don't know if it's -- well, I'll just say that
- 21 document doesn't exist. There would probably be many different
- 22 documents or many different, you know, decisions at specific
- 23 parts of the Agency. I don't want to say lower level. I mean
- 24 more specific areas in the Agency's work. Did that answer any
- 25 of this?

- 1 DR. PLEASANT: Can I quickly -- yeah, to an extent. And I
- 2 agree, there probably would be one for every different one, but
- 3 I'm just trying to suggest but also learn more about how you
- 4 discussed it previously, right? Yeah, there probably should be
- 5 one for each unit or one for -- because they're clearly
- 6 starting in different places. Some people didn't know
- 7 evaluation of understanding, just to limit it to knowledge.
- 8 Some people have a pretty robust one. Some people just say
- 9 they do internal, but they don't define what that is. But in
- 10 terms of rollout organizationally, I don't think you're going
- 11 to write every one of them, but people need something to
- 12 follow.
- I could just imagine I'm a mid-level manager, and this
- 14 hits me, and what am I supposed to do, right? How am I
- 15 supposed to get some of these done in a just basic fundamental
- 16 way? So even if you do a template, right, here's an example in
- 17 a unit of how they could operationalize some of this. I think
- 18 that would help internally a great deal, and it would also help
- 19 me figure out how this is actually going to work. Because even
- 20 the gap between knowledge and action, there are plenty of
- 21 theories that you could have stuck in there, three in health
- 22 literacy particularly that explain how people move from
- 23 knowledge to action, but they're not there.
- DR. BLALOCK: Dr. Krishnamurthy.
- 25 DR. KRISHNAMURTHY: So I'm looking at the three boxes

- 1 here, and the question in front of us is, going from the bottom
- 2 up, would increased accessibility to actionable and accurate
- 3 information result in better informed decisions? And the
- 4 answer to that is yes, it will.
- 5 And the second question is do the proposed performance
- 6 indicators provide meaningful measurement of progress towards
- 7 the Overarching Outcome? And for that I looked at page number
- 8 21 on the document that was given to us, which specifically
- 9 lists out exactly how it will be measured. For example, it
- 10 says the measure indicator for increased accessibility for
- 11 actionable and accurate information is the percentage of total
- 12 FDA communications that are developed or revised using health
- 13 literacy or plain language principles. And then they go on to
- 14 tell, in the next column, it is going to be -- the unit of
- 15 measure is going to be the number of FDA communications or
- 16 campaigns that use health literacy or plain language
- 17 principles.
- To me, I really think it is as clear as it can be in terms
- 19 of what are the indicators and what are the proposed effects.
- 20 And maybe I'm just missing something. So to me, the answer for
- 21 Question la is yes, lb is yes. And the third one is 1c: Can
- 22 you suggest other indicators for us to use? Yes, indeed.
- 23 Like, for example, some of the things that have come up, like
- 24 can we operationalize the outcome variable. But I don't think
- 25 it is necessarily that easy, given the limitations that FDA

- 1 operates under, where it cannot do message testing and so on
- 2 and so forth. I see that you can clarify what constitutes
- 3 informed decisions a little better, and perhaps like some of
- 4 the Committee members can share with you what constitutes a
- 5 higher-quality decision versus a lower-quality decision. I
- 6 have some recommendations I'll suggest offline to you.
- 7 So I do see a clear link between the three boxes that you
- 8 have and what you're suggesting in between. The second box
- 9 says does it lead to improved knowledge of risks, benefits?
- 10 That is to be presumed. I mean, if you provide actionable
- 11 information, it is going to likely increase better knowledge.
- But I do want to add one thing, timeliness. It is not
- 13 that whether there is higher knowledge and increased
- 14 accessibility, but is it accessibility at a time when people
- 15 are making the decisions? This is why a few meetings ago we
- 16 talked about the importance of point of decision rather than
- 17 kind of asynchronous information being sent out. And if there
- 18 is something that can be done about that -- and I don't know
- 19 whether it's the FDA's job or not, but making that information
- 20 available at a time when the patient can consider it and at a
- 21 time when the physician can consider it would go a long way,
- 22 more than any of the other things. But in general, I do think
- 23 it answers those questions.
- DR. BLALOCK: Great. Dr. Hallman.
- 25 (Off microphone comment.)

- DR. BLALOCK: Oh, I'm sorry. Dr. Morrow.
- 2 DR. MORROW: My puzzled look. Thank you, Bill.
- 3 A follow-up: I think increasing accessibility will only
- 4 improve knowledge and maybe decision making if it's -- so the
- 5 key thing is actionable, and I'm not sure I've seen how -- what
- 6 the guarantee is for actionable. And I know I'm glossing over
- 7 lots of things in this, but the way in which information --
- 8 comprehension will be tested is going to be really crucial for
- 9 being able to say yes, it's actionable.
- 10 DR. BLALOCK: Can I ask a question? Actionable. Where is
- 11 that coming in, that there are no indicators for whether it's
- 12 actionable or --
- 13 DR. MORROW: I think there's discussion about how
- 14 comprehension will be measured. So just to say a few words
- 15 there. And I think this is probably really well known. If
- 16 you're asking people do they understand, you know, if it's
- 17 rating scales that are very easy to operationalize, but it
- 18 probably won't tell you very much. So you can go to objective
- 19 measures, if those are memory based, for content of messages.
- 20 Will that guarantee actionable? No. So you're going to have
- 21 to start getting into the link between comprehension and task
- 22 analysis, where you're doing maybe scenario-based, sort of
- 23 deeper measures of comprehension, and then that will start to
- 24 get to it. And I know that's harder to do, but that's kind of
- 25 my thinking behind that.

- 1 DR. BLALOCK: And Dr. Krishnamurthy, did you have
- 2 something to jump in with?
- 3 DR. KRISHNAMURTHY: Yes, I think that's an excellent
- 4 point, Dr. Morrow. I do think that, one, you could potentially
- 5 consider an amendment to that in the sense that increased
- 6 accessibility to the actionable information, they're applicable
- 7 because not all recommendations are actionable. Like you
- 8 mentioned that the flour situation where you avoid using. So
- 9 there is an actionable component that can be defined. And
- 10 there are other places where the goal is to inform, and
- 11 therefore the goal will be more comprehension rather than
- 12 actionability of the information, I think.
- DR. BLALOCK: Dr. Hallman.
- 14 DR. HALLMAN: Thanks.
- 15 So let me bring this back around to Dr. McBurney's point
- 16 about why it is that people are seeking the information in the
- 17 first place, so what are their roles, and to tie this together
- 18 with this other part of the conversation. So one of the things
- 19 that I would suggest is that if we revisited the environmental
- 20 scan, which I think is fabulous, and added a column to the
- 21 intended purpose or perhaps redid that, the word "persuade"
- 22 doesn't actually occur at all in that document. It's always
- 23 provide information and provide information. And clearly there
- 24 are some cases where there are outcomes which are -- which we
- 25 prefer, either to protect individuals or protect the public

- 1 health. So that's sort of one point.
- 2 Back to the actual questions: Strategic Priority Goal No.
- 3 asks the question or raises the question, informed decisions
- 4 by whom? And the list is consumers, patients, providers, and
- 5 professionals. I would add to that category, as Dr. McBurney
- 6 would suggest, perhaps, that not all of the information is --
- 7 let me put this a different way. Not all of the information
- 8 that is provided is actionable by the final user of the product
- 9 himself or herself. So I may be helping -- I'm not a
- 10 professional, but I'm helping my mother-in-law try to figure
- 11 out what the best course of care is going to be, or whether she
- 12 should use this drug or not. Or I'm assisting my child or
- 13 assisting my sister-in-law. So I'm not the ultimate consumer
- 14 of the product itself. I'm certainly not a professional, but
- 15 I'm an interested person who's trying to help somebody else
- 16 make a decision, and I don't see that role anywhere here, and I
- 17 think it's a role that gets played a lot. And the provision of
- 18 misinformation by those who think they're being helpful, I
- 19 think, is one of the major stumbling blocks to actually helping
- 20 people make better informed decisions.
- 21 DR. BLALOCK: Dr. Sneed.
- 22 DR. SNEED: I apologize, these are kind of random thoughts
- 23 that you're getting just because of sequencing. But I agree
- 24 with Dr. McBurney in that there are so much difference in FDA-
- 25 regulated products, and I think one important concept in making

- 1 an informed decision is, you know, how much influence do I have
- 2 or how much control do I have over that decision. So, for
- 3 example, I have to have a hip replacement. So I don't really
- 4 get to choose which hip I get; my doctor makes that decision
- 5 for me. So that's not really an informed decision that I get
- 6 to make. But if I get to -- if FDA has a campaign, which I
- 7 understand they are, to eat more fish, eat more seafood, well
- 8 then, I certainly have control over that. So that whole
- 9 concept in terms of decision making, I think, becomes really
- 10 important.
- 11 So I think having unique -- so this is an overall
- 12 framework, but each group is going to have to have different
- 13 anticipated outcomes. I also, from -- and I'm just going to
- 14 get it in here now, but I also don't like the word "better"
- 15 because it is hard.
- 16 And then in No. II, more targeted messages: Numbers
- 17 probably don't matter; it's the quality of those messages that
- 18 are important. So in that one, I'm not sure if you mean more
- 19 in number or just more targeted. So that language, I think,
- 20 would be better clarified.
- 21 DR. BLALOCK: Dr. Rimal.
- 22 DR. RIMAL: I think I now know the source of my
- 23 discomfort, and that is that I think most of the chart elements
- 24 are written in what we would call, in marketing, the supply
- 25 side. They are the producers. This is how we put out

- 1 information; this is what we will ask people to do and so on.
- 2 And the top thing at the very top is sort of the demand side,
- 3 right? It's what we want the consumer to do. So I think there
- 4 is this element of let's put all of this out there, and we'll
- 5 build it and they will come, and we know that sometimes they do
- 6 not come.
- 7 But I think there are ways of -- given the constraints
- 8 that FDA has to work under, there are certain things that could
- 9 be done to translate that supply side approach into a demand-
- 10 side behavior or decision-making kind of change, one of which
- 11 is providing some role modeling of how that decision could be
- 12 made, right? Let's say go back to that fish-eating example,
- 13 what are some of the factors that people are wrestling with
- 14 when we are asking them to eat more fish? That may not be
- 15 consistent with their values, as Dr. Lipkus mentioned. That
- 16 may be not consistent with how much it costs them, etc., etc.
- 17 So if we could, on the website or somewhere, just role-
- 18 model some counterarguments. So if you're thinking it's too
- 19 expensive, you have things to consider. If this is important
- 20 to you, there's somebody in your home who is pregnant, you have
- 21 things to consider, right? So it's creating those scenarios
- 22 that help people make that decision, facilitate that decision
- 23 making through those kinds of walking people through the
- 24 various scenarios that they may be encountering, given their
- 25 value structure, I think, would be one way to go to translate

- 1 that knowledge into behavior.
- 2 DR. BLALOCK: Okay, I've got two more folks with comments
- 3 on the list, and then we'll try to wrap this question up and
- 4 move on to the next one.
- 5 Dr. Dieckmann.
- 6 DR. DIECKMANN: I want to say I completely agree with your
- 7 comment, actually. One of the things that I was thinking of,
- 8 instead of just talking about improving knowledge here and that
- 9 it's going to create more informed decision making, there would
- 10 be kind of simple decision-aiding scenarios kind of from a
- 11 structured decision-making approach that you could talk about
- 12 the very simple things. Like it's important to think about
- 13 your values and trade that off with the risks and benefits and
- 14 so on. So there are certain things that you could do there.
- 15 The point that I wanted to make had to do with the
- 16 performance indicators, and I think that the answer to the one
- 17 question is yes, there is meaningful performance indicators
- 18 here. But I was dismayed a little bit to see that the one that
- 19 I would think of as kind of the most important was whited out
- 20 as something that's not going to be done, which would be the
- 21 research and the surveys to see whether you're actually making
- 22 a change on these large -- on the high-level goals here. I
- 23 think there would be an easy tendency, throughout this whole
- 24 plan, to measure a bunch of easy things to measure, and then
- 25 you end up just running around and measuring a whole bunch of

- 1 things that are easy to measure, and it seems like you're doing
- 2 a lot when really, in the end, I'd be happy to not do all of
- 3 those things at the bottom and design a really high-quality
- 4 study to see whether you're actually making a difference in
- 5 terms of actionable intelligence or actionable decision making.
- 6 DR. BLALOCK: And Dr. Lipkus.
- 7 DR. LIPKUS: I think these are relatively minor comments.
- 8 You asked the question, do the proposed performance indicators
- 9 provide meaningful measurements, which is a dichotomous
- 10 outcome. Maybe it's something to what degree do these things
- 11 do things. It gives you a little bit in terms of looking at
- 12 precision. So I think, you know, do the overarching goals
- 13 support Strategic Priority Goal 3? Again, I think it says to
- 14 what extent, because I think, in your strategic goal, you're
- 15 ultimately going to do some sort of a global evaluation of did
- 16 this work and to what extent. So I think thinking about those
- 17 final evaluations in the context that's not just yes or no,
- 18 does it or doesn't it, just provide a little bit more questions
- 19 that lead to precision, I think, might be helpful just in terms
- 20 of communication of the document.
- 21 And then I was looking at Point No. II, where you have
- 22 here, consider the four major contribution outcomes which all
- 23 feed into the Overarching Outcome. And I'm not sure if this is
- 24 for the next section, but when I look at these, like, for
- 25 example, increased use of more targeted messages and

- 1 communications, then you have improved dissemination of FDA's
- 2 communications and information, I almost see IV as being a
- 3 subcategory of No. II. And then when it says increased use of
- 4 clear communications, best practices, and plain language in
- 5 developing messages, and then you have No. III, improve
- 6 efficiency of internal operations, it seems like III is really
- 7 a subset of No. I. So I'm even seeing some of these as being
- 8 hierarchical in themselves, instead of being quite distinct.
- 9 And I guess the third one is, I'm not sure by looking at
- 10 this where the reciprocating systems of communication occur and
- 11 how they occur and how do they fix or help out creating
- 12 messaging. In other words, you have all of these
- 13 organizations. You've got some central organization, I think,
- 14 that's going to kind of oversee this. But I don't have a real
- 15 clear indication of all of these moving parts and how do they
- 16 work in some synergy to ultimately achieve kind of the larger
- 17 picture, and it would be nice to have, at least in my mind,
- 18 some greater clarity about that. So, for example, you've got
- 19 some parts where you want researchers to pitch in and get
- 20 grants that might feed into the FDA. You've got these
- 21 stakeholders, and you've got members within the FDA. You've
- 22 got all of these different metrics. But I'm not sure how
- 23 they're all coming into sync with each other to give you a more
- 24 holistic approach to what you're trying to ultimately achieve.
- 25 DR. BLALOCK: Mr. Bertoni, we thought you might have

- 1 wanted to say something in response.
- MR. BERTONI: Well, yeah, because -- thank you very much.
- 3 These are extremely helpful comments, and there's one thread
- 4 that I'm hearing that has to do with the fact that, to
- 5 implement something like this, it really needs to be done in
- 6 the specific context of a particular type of decision or a type
- 7 of product or communication, and it has to be done at the
- 8 program level, and those things are all absolutely true,
- 9 questions about how does all of this stuff fit together and
- 10 roll into a more integrated model. Absolutely, if you read
- 11 this as an integrated algorithm, you're going to be puzzled for
- 12 quite some time because when we call it a framework, we mean
- 13 it's an organizing device to try to coordinate many of the
- 14 things that are happening in the program. You might think of
- 15 it more like, you know, a self-organizing system.
- 16 And at the top level of the Agency, what we're trying to
- 17 do is kind of -- I don't want to say herd the cats, but it's
- 18 trying to provide a framework where people can achieve that
- 19 synergy, but there's not a top-down directive. What you'll
- 20 find is, within a particular program, they'll have an
- 21 initiative around, you know, whether it's patient medical
- 22 information or whether around food safety in a particular
- 23 aspect of it, and they'll hopefully use these principles to do
- 24 a better job of that.
- 25 And then we use this overarching framework to help, first

- 1 of all, allow people to share information and organize a
- 2 conversation where there's learning across the different
- 3 components of the organization, and then communicating out all
- 4 the things that we are accomplishing. And along the way,
- 5 people realize, yeah, we're working on the same things
- 6 together. We can share this research. We can come together
- 7 with a larger research program.
- 8 So the way to read this is we have this very diverse
- 9 agency. This framework is intended to help coordinate the many
- 10 things going on among all of these different programs, and it's
- 11 not a well-engineered, you know, logical mechanism that's going
- 12 to achieve everything in a very neat way. It's a coordinating
- 13 device and a communication device about how we do this better
- 14 over time. That may not be a very satisfying response, but it
- 15 is kind of where the Agency is today.
- 16 And I also want to say all of these comments that I'm
- 17 hearing from you about critiquing how this could be better,
- 18 we're listening and taking notes because there's a truth in
- 19 each one of those that we can then take to make it better in
- 20 the next iteration, add some additional details, clarify some
- 21 things. So this is extremely valuable.
- 22 But do realize that it was a great step for us to try to
- 23 get this into a coherent, logical framework as it is, but it
- 24 wasn't like we had the Commissioner tell us I want you to
- 25 design a plan that will achieve these things and then we're

1 going to go, you know, down. It's really kind of more of a

- 2 bottom up.
- 3 DR. LIPKUS: So I really appreciate you clarifying that.
- 4 And when I was reading all of this and the amount of details
- 5 that went into this, I was thinking they should write my grants
- 6 and they'll get funded, you know?
- 7 (Laughter.)
- B DR. LIPKUS: It's just the way where you have all of these
- 9 hierarchies and these links together makes it sound as though
- 10 there's some pooling of resources and there's going to be some
- 11 synergy amongst these, and that's a very worthwhile clarifying
- 12 statement.
- 13 And then just a final thing. This is really quick. You
- 14 know, in terms of risk communication outcomes and
- 15 comprehension, there's some really nice work that Neil
- 16 Weinstein has done. Like, for example, he had a classic
- 17 article called "What Does It Mean to Understand the Risk?"
- 18 That came out in 1999 in monographs of the National Cancer
- 19 Institute. That talks about, you know, various ways you could
- 20 actually look at compression of risk, and then some other of
- 21 his papers.
- 22 So I think taking that literature in terms of what are the
- 23 probabilities, you know, what are the outcomes, what can you do
- 24 about them, very global kinds of questions about understanding
- 25 risk, that could be very useful because people might get some

- 1 of these messages, and they say, well, what am I supposed to do
- 2 now. And it may or may not be clear to them what they are
- 3 supposed to do now. Why does this pertain to me? What's the
- 4 likelihood that some adverse event will actually happen? So I
- 5 think getting at those kind of factual and also just level
- 6 kinds of questions would be useful for comprehension.
- 7 DR. BLALOCK: Okay. And I do want to try to keep us
- 8 moving along a little bit so that we can get through all of
- 9 these questions. I just want to try to summarize a little bit,
- 10 and I know it's not going to be very adequate at all, but sort
- 11 of just a little bit about what I've heard but really focusing
- 12 on these questions.
- So does the Overarching Outcome support Strategic Priority
- 14 Goal 3? And I'm actually going to read the Overarching Outcome
- 15 and Strategic Priority 3 because I think that sometimes in the
- 16 jargon we sort of lose, you know, what it's saying. So the
- 17 Overarching Outcome is increased accessibility to actionable
- 18 and accurate FDA communications and benefit-risk information.
- 19 And so does that support promoting better informed decisions by
- 20 consumers, patients, providers, and professionals about the use
- 21 of FDA-regulated products?
- 22 I really didn't hear anything to suggest that Strategic
- 23 Priority Goal No. 3 does not support that Overarching Outcome.
- 24 I think it clearly supports that Overarching Outcome. You
- 25 know, there are questions, a lot of questions around the edges

- 1 of what is an informed decision. What do we even mean by
- 2 "better"? You know, how do you measure actionable? But I
- 3 don't think that there was anyone really disagreeing that that
- 4 does not provide support for the Overarching Outcome. And when
- 5 I get done kind of summarizing, I'll let folks, if they
- 6 specifically disagree with something that I've said, an
- 7 opportunity.
- 8 So do the proposed performance indicators provide
- 9 meaningful measurement of progress toward the Overarching
- 10 Outcome? And I'm going to go ahead and read just the
- 11 indicators for that Overarching Outcome, which is percent of
- 12 total FDA communications that are developed or revised using
- 13 health literacy or plain language principles, and number of FDA
- 14 communications that are developed or revised using health
- 15 literacy or plain language principles or tools. And those are
- 16 the indictors, correct? I'm not -- okay, I'm on the right
- 17 page. And actually, I didn't hear much talk about those
- 18 indicators. You know, we got off on a lot of other things
- 19 about the structure of the plan.
- 20 And I think actually, Dr. Krishnamurthy, I think that you
- 21 said you had ideas about other indicators, and I myself think
- 22 that there are probably better indicators. And so what I would
- 23 actually like to spend maybe a minute or two doing is the third
- 24 question: Can you suggest any other indicators for us to
- 25 consider?

- 1 So I'm going to ask if folks have comments. You know,
- 2 again, if you really disagreed with what I sort of summarized
- 3 there, you know, comment. But then I'd really like a little
- 4 bit more feedback on do you have concrete ideas about other
- 5 performance indicators that might be feasible to measure. And
- 6 I know Dr. Krishnamurthy is jumping at that.
- 7 DR. KRISHNAMURTHY: Yes, I thought that the indicators
- 8 that you have are relevant and important to the number of
- 9 documents that are using the plain language and health literacy
- 10 principles. But I also wanted to add one more thing, which was
- 11 about the timeliness of that information, as to whether it is
- 12 available at the point of decision, not out of sequence. So
- 13 that's something that I want to mention. I also want to make
- 14 one broader comment about the four boxes that came about.
- DR. BLALOCK: Let's hold off on the four boxes because
- 16 that's the next hour, okay?
- 17 DR. KRISHNAMURTHY: Okay.
- DR. BLALOCK: Okay.
- DR. KRISHNAMURTHY: It came up. That's why I wanted to
- 20 kind of make a point.
- 21 DR. BLALOCK: It will come up a lot more in the next hour.
- 22 Dr. McBurney.
- 23 DR. McBURNEY: I think those are appropriate indicators
- 24 for the FDA to measure itself and whether its units are making
- 25 changes. As a consumer and a taxpayer, I don't think those

- 1 fulfill my need. I think that in those cases you need to have,
- 2 really, evidence that people -- you know, recalls have been
- 3 done successfully and quickly and that products were removed,
- 4 that physicians knew if there was a medication that had a use
- 5 that had a risk, that that has been monitored and that that has
- 6 been done. So I think you've got two great indicators for
- 7 whether you're making your own internal progress, but you need
- 8 others that show the benefit to the public.
- 9 DR. BLALOCK: That is excellent, and it's very concrete.
- 10 Dr. Liu. I'm sorry, Dr. Liu, you were on my list.
- DR. LIU: I thought you said Dr. Morrow.
- 12 I was also thinking along the same lines of kind of
- 13 real-time data analytics, and one of the indicators is
- 14 qualitative and quantitative methods, and I thought why not big
- 15 data analysis, especially given the large amount of social
- 16 media work that a lot of these centers are doing. So, of
- 17 course, they're not perfect and you only get online behavior
- 18 and not offline behavior, but it seems like something that
- 19 could be done to at least get at the understanding and
- 20 knowledge as expressed online.
- DR. BLALOCK: Dr. Pleasant.
- 22 DR. PLEASANT: Okay, the only modification I would -- I
- 23 think what I heard is that we all -- sorry, that we all agree
- 24 that it supports it, but not sufficiently.
- DR. BLALOCK: Absolutely.

- DR. PLEASANT: Okay, thanks.
- 2 DR. BLALOCK: Absolutely.
- 3 DR. PLEASANT: I think we should call that out. And then
- 4 just in terms of indicators, I can say this once because I mean
- 5 it all the way down: More objective indicators are needed
- 6 throughout. A lot of this is self-report or internal, without
- 7 any indicator of an actual effect or effectiveness. Just a
- 8 quick example, percent of total FDA communications that are
- 9 developed or revised using health literacy or plain language
- 10 principles. (A) Which principles? (B) To what effect? And
- 11 (C) For who? And those are not -- actually Dr. Dieckmann -- I
- 12 said that right? I love your idea of trading off the easy ones
- 13 for a big hard one. Somewhere there's a balance in there. But
- 14 clearly what's going to win hearts and minds is more objective
- 15 indicators across the board.
- DR. BLALOCK: And then Dr. Yin.
- 17 DR. YIN: I'm wanting to agree with what Andrew just said
- 18 about the need for more specific metrics, specifically around
- 19 determining if those health literacy principles are used. Is
- 20 there some sort of checklist? Is there some sort of cut point
- 21 for acceptability of these communications?
- 22 And then in terms of the percent of total FDA
- 23 communications, maybe we don't -- we want to look at total, but
- 24 maybe we also want to look at high-priority communications
- 25 based on the number of people affected or the importance of the

- 1 decision around certain topics, the likelihood of harm. If a
- 2 person doesn't -- you know, is not informed about a particular
- 3 topic, that might be another indicator beyond just the total.
- 4 DR. BLALOCK: And Dr. Hallman, did you have a specific
- 5 indicator to suggest?
- 6 DR. HALLMAN: Yes.
- 7 DR. BLALOCK: Go ahead, then.
- 8 DR. HALLMAN: Okay.
- 9 (Laughter.)
- 10 DR. HALLMAN: So I agree. And so there are different ways
- 11 to go about putting together these kinds of structures. To my
- 12 mind, many of the performance indicators are actually outputs;
- 13 they're not actually outcomes. I mean, one could think of them
- 14 in certain terms that way. What seems to be what many people
- 15 are suggesting is that what we're lacking is impact indicators.
- 16 And I forget who said it. You know, we want you to write our
- 17 grants with this level of detail. One of the things that
- 18 granting agencies, including the FDA, expect PIs to do is to
- 19 say what impact we've actually made. And so we need to have
- 20 the ability to measure those kinds of things, and I know there
- 21 are a lot of barriers to measuring those, we heard this
- 22 morning. But in general, what we need are measures of impacts,
- 23 not measures of outputs.
- 24 DR. BLALOCK: And that's an excellent point as well.
- 25 So -- okay.

- DR. KRISHNAMURTHY: Well, I want to talk about the
- 2 indicators in the context of the fact that this document is not
- 3 meant to be a consumer-focused document. It is very clear, in
- 4 the Executive Summary, this is about the internal processes of
- 5 the FDA, and this is from the FDA staff members for the FDA
- 6 staff members. And by design, I think it will be wrong to
- 7 frame this as a consumer-focused or a patient-focused document.
- 8 It is not a patient-focused document. If we don't lose kind of
- 9 the sight of that fact later, then it will focus on the
- 10 process-level indicators rather than on does it make a decision
- 11 better or is the consumer more informed, because that's not
- 12 what the document is intended to be.
- So I think like when we are making the comments or
- 14 observations about whether the indicators are specific or not,
- 15 it is meant to be an internal process document; therefore, the
- 16 indicators have to be internal process indicators. In that
- 17 regard, it makes perfect sense to have a number of documents
- 18 that are revised using the plain language principles and so on
- 19 and so forth.
- DR. BLALOCK: Dr. Lipkus.
- DR. LIPKUS: So consistent with that approach, one of the
- 22 things, if you're going to be using this as an internal process
- 23 of how things are working, is to maybe have a category about
- 24 specific challenges that were met or unmet and specifying why
- 25 things couldn't have been done the way you planned them to and

1 so forth. So it's not just how many people improved in being

- 2 able to write plain languages, but what were all the obstacles
- 3 that you were facing in trying to achieve these goals and to
- 4 document them, and depending on how important they are, really
- 5 having kind of brainstorming groups, internally or with
- 6 experts, to be able to think of what can be done with the
- 7 resources available to work on them.
- 8 DR. BLALOCK: Thank you.
- 9 So I want to move on, but Ms. Duckhorn and Mr. Bertoni, do
- 10 you think that the information that you got, does that sort of
- 11 answer these questions?
- MS. DUCKHORN: Yes, we do. Thank you.
- DR. BLALOCK: Okay. And Dr. Zwanziger, did you want to
- 14 introduce the next two questions, or am I to do that? Okay.
- DR. ZWANZIGER: I think that our procedure in this meeting
- 16 will be that I'll do it.
- 17 So the next question is, as several of you have already
- 18 brought up, about the Major Contributing Outcomes, which are
- 19 just shown here for your visual information. And specifically
- 20 the question is No. 2: Consider the four Major Contributing
- 21 Outcomes, which all feed into the Overarching Outcome:
- 22 a. Collectively, do they support the Overarching
- Outcome, which again is "increased accessibility to
- 24 actionable and accurate FDA communication and
- benefit/risk information?" Here, are there gaps in

- 1 support? Is there something that we should add to
- 2 those four?
- 3 And Question (b), 2b, is
- 4 b. Do the proposed performance indicators provide
- 5 meaningful measurement of progress toward the
- 6 contributing outcomes? Can you suggest any others that
- 7 we should consider?
- BDR. BLALOCK: And just to try to keep, you know, folks on
- 9 the same page sort of as much as possible, let's focus on 2a
- 10 first, just on whether those contributing outcomes support the
- 11 Overarching Outcome and if there are gaps. I imagine it would
- 12 be especially helpful if we saw gaps that we were able to point
- 13 out.
- 14 Dr. Berube.
- DR. BERUBE: Three things quickly. You can answer the
- 16 first one quickly. Your Clear Communication Index, that's the
- 17 CDC document? Is that true?
- 18 DR. ZWANZIGER: The CDC is the developer of the Clear
- 19 Communication Index. The FDA would like to follow their lead
- 20 and adapt it where necessary to make it appropriate for FDA
- 21 use.
- 22 DR. BERUBE: I'm not going to do 2a. I'll go to 2. I
- 23 think 2b needs to be moved into Major Contributing Outcomes.
- 24 Now, 2b is the increased skills and abilities of the FDA staff
- 25 to develop accurate and actionable communications. It belongs

- 1 at that level. This is the salmon level. I don't even know
- 2 what to call it. At the level of Major Contributing Outcomes,
- 3 you need to move a box that's in green up to salmon. Now,
- 4 that's all some of the structural problems you were having
- 5 there. Then what we can do is we could specify, below there,
- 6 the type of activities they can do which won't encroach on the
- 7 decision making of their supervisors. And I think that solves
- 8 some of this. The other observation --
- 9 DR. BLALOCK: Can I just ask for clarification? I have a
- 10 clarifying question. So what you're suggesting is 2b, increase
- 11 skills and ability of FDA staff to develop, etc., belongs up
- 12 among the Major Contributing Outcomes?
- DR. BERUBE: Yeah, because it's not just responsible for
- 14 targeting; it's responsible for so much more. And the other
- 15 thing I want to mention, when you do double-check this when you
- 16 do mapping, of which I do a lot of, you want to also do it this
- 17 way. Do you know what I mean? You want to do it by branch.
- 18 That's a double-check at the end. Just we could talk.
- DR. BLALOCK: Dr. Krishnamurthy.
- 20 DR. KRISHNAMURTHY: I want to pick up on the last point
- 21 that you made. I think that's an excellent point, in part
- 22 because I think I appreciate your efforts to put it all
- 23 together in one page, but this looks like a hierarchy, even
- 24 when that's what I think you intend. In fact, this is supposed
- 25 to be a flow from left to right or bottom to top, if that's the

1 way to look at it. I think most of us would have a much better

- 2 sense of an X and a Y rather than a hierarchical kind of
- 3 approach. I think that's the point that I want to pick up on
- 4 because that's a terrific point that you made.
- 5 And looking at the four outcomes -- I'm going back to
- 6 Dr. Blalock's addition on looking at 2a. I think these are
- 7 really helpful in the following sense. I look at the Major
- 8 Contributing Outcome No. I as how to craft the right message.
- 9 I look at the Major Contributing Outcome No. II as what is the
- 10 market for the message, meaning like what is the -- who are we
- 11 talking to? And outcome No. III as how do we do the process,
- 12 internal process guidance? And the fourth one is how are we
- 13 going to disseminate that information as more of a medium?
- And this, to some extent, covers what at least I talk
- 15 about in my classes about the six M's of any communication.
- 16 One is what's the message? What's the medium? What's the kind
- 17 of market? And also you have metrics in there built in, like
- 18 do the proposed process performance indicators provide
- 19 meaningful measurement? And I also agree with the earlier
- 20 comment, that that needs probably to be elevated to a Major
- 21 Contributing Outcome or an Overarching Outcome itself. But I
- 22 think these four points, the four Major Contributing Outcomes
- 23 are critical, and they are addressing the primary question that
- 24 you are asking as to whether, if you satisfy these, would you
- 25 be moving the needle in terms of making information accessible

- 1 and actionable?
- DR. BLALOCK: Dr. Pleasant.
- 3 DR. PLEASANT: Dr. Sneed. Did you see her again? That's
- 4 looking around the corner. Yeah.
- 5 So if all of this happens, at some point in time, the
- 6 public's health literacy is going to improve. So I'm wondering
- 7 if you talked about that and whether you would want to include
- 8 an indicator like that, at this level or higher, so that you
- 9 say -- and I know this is going to be a stretch for a very
- 10 conservative reading of the FDA mandate, but it's if this
- 11 succeeds, that's still going to happen, and it's certainly
- 12 going to be a contributing factor to reaching Strategic
- 13 Priority No. 3. And you know the old saying is if you don't
- 14 put it in the framework, nobody is going to measure it, and
- 15 you'll never know.
- 16 But what would you think about including improving the
- 17 public's -- not only the public, but also the FDA staff and
- 18 your other partners, right, industry-wide, improving health
- 19 literacy, because essentially II.B could easily be rewritten as
- 20 improving the health literacy of FDA staff if you take the two-
- 21 sided approach to health literacy, where it's both demand and
- 22 supply. You can improve it on either side. So it's a
- 23 question, what would you think about that as an indicator?
- 24 DR. BLALOCK: So again, I think I'm not totally clear. So
- 25 you're suggesting adding, as a Major Contributing Outcome,

- 1 increasing population health literacy? Is that what I heard?
- 2 DR. PLEASANT: And FDA staff members' health literacy and
- 3 industry partner staffs' health literacy. All of these people
- 4 have health literacy, and it can all be increased. Just
- 5 because someone works at the FDA isn't a guarantee that they
- 6 have a high level of health literacy coming in the door. But
- 7 it does fit perfectly in your logic model, but it's not exactly
- 8 the kind of indicator variable that you've gone with so far.
- 9 DR. BLALOCK: And I'll just give my reaction to that. Do
- 10 you have a reaction to that comment? Okay, I'll call on
- 11 Dr. Morrow next. But I'll just offer sort of my reaction. I
- 12 think that there's a big difference between trying to increase
- 13 the skills and health literacy or whatever of FDA staff and
- 14 doing it at a more population level, especially when you think
- 15 about patients. Although that's a noble goal, I think that my
- 16 own opinion is that it's beyond the scope of the FDA sort of
- 17 mandate.
- 18 But Dr. Morrow, you had your hand up in response?
- 19 DR. MORROW: I think I'm just going to echo what you said.
- 20 I mean, Andrew, it comes down to what do you mean by health
- 21 literacy. Is it knowledge? Is it knowledge outcomes? Is it
- 22 achieving health goals?
- DR. PLEASANT: No, I mean measurement issues aside -- and
- 24 I understand that you can interpret the mandate as saying this
- 25 is outside of it. But logically, if all of these other

- 1 elements happen, it's almost guaranteed that you are going to
- 2 have improved health literacy among all the populations that
- 3 you're trying to reach right now.
- 4 DR. BLALOCK: Dr. Sneed.
- 5 DR. SNEED: This is just a question. On II.A, it talks
- 6 about conducting stakeholder meetings, and those groups are
- 7 fairly generic. There are groups, like extension educators,
- 8 that are on the ground with consumers every day. And so do you
- 9 get specific enough? Would they be included here? It seems
- 10 like that's a group that not only would you be able to get
- 11 information from, but you could also use those people as
- 12 disseminators of information that you all have developed,
- 13 because I'm guessing you all have the capacity to develop a lot
- 14 of good information. I think the dissemination is probably
- 15 going to be more of a challenge. And so, particularly for some
- 16 of the food and nutrition issues and some of those kinds of
- 17 issues, you have extension educators on the ground, county
- 18 health department personnel, groups like that.
- 19 DR. ZWANZIGER: Those are all certainly potential FDA
- 20 stakeholders, and various offices have a lot of stakeholder
- 21 meetings, and who the stakeholders are varies with the office.
- 22 I don't want to say anything specifically about what's going on
- 23 at this end because I'm not from there, but I think that it's
- 24 certainly plausible to include extension workers as a type of
- 25 stakeholder.

- 1 DR. BLALOCK: Okay, the next person on my list is
- 2 Dr. Dieckmann. And let me expand the discussion to talk about
- 3 the indicators, but again just focusing on those boxes: I, II,
- 4 III, and IV, and the indicators for those boxes.
- 5 DR. DIECKMANN: I just had a very simple clarifying
- 6 question here. So didn't we agree that, for the Overarching
- 7 Outcome here, when we're talking about accessibility, we're not
- 8 talking about accessibility of these things to the public?
- 9 We're talking about accessibility of this to the FDA
- 10 internally?
- 11 DR. ZWANZIGER: We're trying to outline an overall
- 12 framework of all kinds of different things that all different
- 13 kinds of parts of FDA could do that would collectively improve
- 14 the accessibility of FDA information for FDA's target
- 15 audiences.
- 16 DR. BLALOCK: Dr. Zavala.
- 17 DR. ZAVALA: Expanding on what Dr. Sneed was saying
- 18 earlier, to also include or consider including nurses
- 19 organizations and medical organizations that attend grassroots
- 20 efforts, because the communities do attend those events, and
- 21 that would lend itself to obtaining more information as to
- 22 understanding the information that was disseminated.
- DR. BLALOCK: Dr. Hallman.
- 24 DR. HALLMAN: Just a minor point. So with Major
- 25 Contributing Outcome II, we have increased use of more targeted

- 1 messages and communications. I would add to that -- and
- 2 perhaps this also goes with the increased skills and abilities
- 3 to develop accurate and actionable communications, which I
- 4 think we're suggesting moving up into the salmon zone. The
- 5 ability to actually critique or to evaluate communications
- 6 actually belongs as part of that as well.
- 7 DR. BLALOCK: And Dr. Rimal.
- 8 DR. RIMAL: This is, I guess, a clarifying question. I
- 9 wondered if there was room somewhere in the chart for
- 10 collecting feedback. I mean, it seems like from this morning's
- 11 presentations that there is a lot of stuff that comes in
- 12 through the website anyway, you know, in terms of who's there
- 13 and what they're accessing and so on, and I'm suspecting
- 14 there's probably a comment section. I'm just wondering if
- 15 there's a way to collect some sort of feedback as to whether
- 16 this information, how this information is coming across.
- 17 DR. ZWANZIGER: So I have my own clarifying question here.
- 18 Are you suggesting that collecting feedback should be part of
- 19 the strategic framework or -- I mean, okay, if we're seeing the
- 20 strategic framework as outcomes, then I think my assumption
- 21 would've been that collecting feedback would be part of the
- 22 performance indicators aspect of the plan, but maybe I'm not
- 23 understanding what you're saying.
- DR. RIMAL: I think that would be fine.
- DR. ZWANZIGER: Okay.

1 DR. RIMAL: I just do not see it anywhere in the chart,

- 2 and so I was wondering if that was implicit or somewhere
- 3 explicit.
- 4 DR. ZWANZIGER: Yeah.
- 5 DR. BLALOCK: Dr. Cohen Silver.
- 6 DR. SILVER: I personally have been focusing on No. IV,
- 7 and I just want to suggest adding a few words to this, which
- 8 addresses one of your points and something that was discussed
- 9 earlier about trust. So right now it says improve
- 10 dissemination of FDA's communication and information, and I'd
- 11 like to add or suggest a focus on improved dissemination and
- 12 use of, and that would address the issues of measurement, but
- 13 of trusted communication and information. I've noticed that
- 14 earlier on this morning there was some discussion about the
- 15 fact that the information that comes from the FDA, we assume,
- 16 is going to be trusted. At this point, we want to make sure
- 17 that that remains in the equation, and I didn't see it anyplace
- 18 else.
- I have more to say about No. IV later, but I'm assuming
- 20 that we -- I shouldn't go on to talk more about dissemination
- 21 because I have another issue about that as well. Do we have
- 22 the opportunity to flesh out No. IV later as well?
- DR. BLALOCK: We'll be talking about, you know, the things
- 24 that are under IV.A through D. There will be another section
- 25 later on.

- 1 DR. SILVER: Okay, okay. Then I'll just leave it with
- 2 dissemination and use of, and then adding somehow the word of
- 3 "trust" in communication and information.
- DR. BLALOCK: Okay. Dr. McBurney.
- DR. McBURNEY: I can leave my question until we get to the
- 6 next level. Thank you.
- 7 DR. BLALOCK: And Dr. Krishnamurthy.
- 8 DR. KRISHNAMURTHY: I want to draw attention to Item No.
- 9 II, the increased use of more targeted messages and
- 10 communication. And I want to follow up on a point that was
- 11 made earlier, that the decision is made as a result of multiple
- 12 influencers in any given context, and that could be physicians,
- 13 patients, and other caregivers, and so on and so forth.
- 14 Therefore, I think there must be another wrinkle added
- 15 there. You need to look at what is the influence process, and
- 16 then segment that, and I'm sort of pretty sure your
- 17 communication will be very different for the same outcome. It
- 18 will be different for the physicians; it will be different for
- 19 the patients and for the influencers. I don't know if I'm
- 20 making sense. So the idea is the targeting comes as secondary
- 21 to a segmentation process where you divide the group of
- 22 potential influencers and any buying or kind of, you know,
- 23 deciding situation. And then each of the messages becomes
- 24 targeted to that particular entity, which influences the final
- 25 choice made by the patient.

1 DR. BLALOCK: Other comments related to Questions 2a or

- 2 2b?
- 3 (No response.)
- 4 DR. BLALOCK: Okay. And it always is a little hard to
- 5 summarize. I mean, one of the more concrete suggestions that I
- 6 heard, you know, one is moving what is now an outcome, II.B, up
- 7 to make it a Major Contributing Outcome and issues related to
- 8 segmenting the audience and that the indicators might be
- 9 specific for different audiences.
- 10 Ms. Duckhorn and Mr. Bertoni, is there more discussion
- 11 that you'd like to have on this?
- MS. DUCKHORN: We're good. Thank you.
- DR. BLALOCK: Okay. So let's move -- whoops.
- 14 (Off microphone comment.)
- DR. BLALOCK: Yeah. We're just about at the time for a
- 16 break, and I could use a break. I've got too many papers in
- 17 front of me. Are we due for a 15-minute break? I think we're
- 18 due for a 15-minute break. I can't quite find my script, but I
- 19 know that it's going to say not to talk about the things that
- 20 we've discussed amongst ourselves or with members of the
- 21 audience.
- 22 So I've got almost 3:30, and it is a 15-minute break, so
- 23 come back at 3:45. And I'll try to be better organized.
- 24 (Off the record at 3:27 p.m.)
- 25 (On the record at 3:40 p.m.)

DR. BLALOCK: So it is now 3:40, and I'd like to call the

- 2 meeting back to order, and we'll continue with the FDA
- 3 discussion questions, so I'll turn it over to Dr. Zwanziger.
- 4 DR. ZWANZIGER: Thank you, Dr. Blalock.
- 5 So now we're going to enter into the more specific part of
- 6 the plan. Taking each Major Contributing Outcome I through IV
- 7 in turn, please consider:
- 8 a. Whether the lower-level contributing outcomes
- 9 support this outcome. Are there gaps in support?
- 10 b. Do the listed activities and sample specific
- 11 actions for each contributing outcome implement that
- 12 outcome? Can you suggest other activities we might
- 13 consider, if possible?
- 14 c. Do the proposed performance indicators provide
- 15 meaningful measurements of progress toward the
- 16 outcomes? Can you suggest any others for us to
- 17 consider?
- 18 I'd suggest whipping out your briefing documents and
- 19 having pages 9 through about 16 or so handy because that's
- 20 where the table of performance indicators is, and it's also an
- 21 easy way to read the full text of all of the outcomes. And
- 22 then, of course, starting on page 12 is the activities.
- 23 So moving along, here's the first branch, Major
- 24 Contributing Outcome I. The text will be the same, but we're
- 25 focusing on Major Contributing Outcome No. I and its activities

- 1 and performance indicators first.
- 2 DR. BLALOCK: So now we're looking at the lower-level
- 3 outcomes for just the Major Contributing Outcome No. I. And so
- 4 comments on the questions in relation to this.
- 5 Dr. Dieckmann.
- 6 DR. DIECKMANN: Thank you.
- 7 So I'm going to focus on I.B there, so the increased
- 8 availability and access to FDA clear communication best
- 9 practices and the performance indicators underneath those,
- 10 which are on page 9; percent increase and best practices
- 11 published; number of methods or venues used to distribute plain
- 12 language practices; percent of respondents report that they
- 13 know where to find the best practices. I was thinking of a way
- 14 of somehow structuring the information to make it a little bit
- 15 more easy for the FDA to actually find than just having random
- 16 bits of information in some kind of repository or something.
- 17 And as I was reading through the whole framework, it kind
- 18 of occurred to me that one nice kind of pie-in-the-sky thing
- 19 would be to develop some kind of broad decision tree in some
- 20 way, where a communicator could actually walk through and ask
- 21 questions of themselves. What's the goal of this
- 22 communication? Is it to persuade? Is it to inform? That
- 23 would take them down a certain branch. What's the target
- 24 audience? That would take them down a certain branch. What is
- 25 the decision-making task, or what are the people actually going

1 to have to do with the information? That might take them down

- 2 a certain branch. And then within that, you could list the
- 3 best practices or what we know in the science, under each of
- 4 those different areas. And that could serve kind of as like a
- 5 living document that you could update and could potentially --
- 6 if it gets broad enough, it could be broad enough to go across
- 7 the different groups within the Agency, although there's been
- 8 talk that that might not be possible because people have their
- 9 own silos and so on.
- 10 But if you're actually going to share information between
- 11 folks, just sending a random paper here or there, these people
- 12 showed that percentage is better or something, it would be
- 13 better to have a coherent structure there. So I was just
- 14 thinking of that as a way of kind of structuring the
- 15 performance indicators. And then the performance indicator
- 16 would be the number of risk communications that actually use
- 17 the decision tree. It would make it a lot more simple than
- 18 measuring all of these other things in there, and it would also
- 19 give you some kind of structure of integrating the scientific
- 20 information and helping people to think about the problems that
- 21 they're dealing with as well.
- DR. BLALOCK: Dr. Lee.
- 23 DR. LEE: I'm happy that you're looking at readability
- 24 scores for these documents, looking at readability scores.
- DR. ZWANZIGER: You asked if we use readability scores?

- 1 Various parts of all of us use Flesch-Kincaid, but only as one.
- 2 I mean, we recognize that's not a necessary and sufficient
- 3 indicator of blah, blah, blah. So we use that as one tool.
- 4 DR. LEE: I was thinking that, you know, if you do it
- 5 before and after and you saw --
- 6 DR. ZWANZIGER: Uh-huh.
- 7 DR. LEE: -- the readability score improving, that that
- 8 would just be one component of everything else.
- 9 DR. BLALOCK: Dr. Sneed.
- 10 DR. SNEED: I really like Dr. Dieckmann's idea. When I
- 11 went through this and read through it, No. III, I put a
- 12 question mark by it. That seems like really a weak kind of
- 13 indicator. It just doesn't seem very robust. Employees
- 14 knowing where to find the best practices. I mean, I don't
- 15 think I would want that published about my organization as
- 16 something to monitor and track over time.
- DR. BLALOCK: Dr. Krishnamurthy.
- 18 DR. KRISHNAMURTHY: I was looking at No. I, and we're
- 19 looking at the indicators or lower-level outcomes. I wonder if
- 20 you want to increase the use of clear communication best
- 21 practices and plain language, would the lower-level outcome
- 22 II.A.b, should that be moved to No. I, because that one talks
- 23 about increasing access to and leveraging off external research
- 24 related to risk communication, and that you could actually --
- 25 you can use that in doing the clarity of communication and the

- 1 best practices; that's because that's usually where the best
- 2 practices typically come from, or at least the cutting-edge
- 3 research on how to communicate comes from.
- 4 DR. BLALOCK: In some ways, that relates a little bit to
- 5 something that confuses me a little bit between I and II. You
- 6 know, it seems like I is totally focused on clear communication
- 7 and plain language, and probably more on plain language than
- 8 clear communication in some ways. And when you go over to II,
- 9 you know, one thing I wonder about is where does the content
- 10 come in here? You know, like when you're providing risk
- 11 information, do you provide quantitative information? And so
- 12 that kind of issue, I think, right now as I read this, comes
- 13 under II when you're talking about attitudes and things like
- 14 that, and that I is really limited really more to plain
- 15 language, even in clear communication, which in some ways kind
- 16 of muddies up what you're talking about, to use the term "clear
- 17 communication there. Where clear communication is so broad,
- 18 plain language is just a narrower term, I think.
- 19 Dr. Krishnamurthy.
- DR. KRISHNAMURTHY: So along the lines, one thing that is
- 21 potentially missing from the message box is the framing of
- 22 information. That would also be part of a clear communication
- 23 where people could misunderstand what is intended.
- 24 DR. BLALOCK: So other comments on -- and again, I just
- 25 get -- I have trouble keeping the terminology straight. You

- 1 know, we're talking about Major Contributing Outcome I
- 2 primarily. Any other comments specific to it and then the
- 3 lower-level outcomes and indicators below that?
- 4 Dr. Hallman.
- DR. HALLMAN: You sat me here so you couldn't see me, huh?
- 6 I'm pretty clear on that.
- 7 (Laughter.)
- 8 DR. HALLMAN: So I'm wondering whether it's possible to
- 9 have an outcome here that's a bit of research. But the clear
- 10 communication principles actually has an evaluation component
- 11 to it, where you could select randomly a set of communications
- 12 in 2016, run through that checklist, give an average score,
- 13 meaning a standard deviation, and then next year choose another
- 14 random set, and if you could actually show that the score is
- 15 clearer, that you've actually achieved this overall objective,
- 16 which is the increased use of clear communication. The
- 17 indicators that you have now are about trying to do that, as
- 18 best as I can tell, encouraging people to do that. But I don't
- 19 actually see an indicator that says that, on the whole, you've
- 20 achieved that. So it's sort of like participation prizes
- 21 rather than actual winning.
- DR. BLALOCK: Dr. Yin.
- 23 DR. YIN: I definitely agree with that point. I think
- 24 that that would be a good idea to have an outside kind of
- 25 observer who is going to rate a subset of random new documents

- 1 or communications, as opposed to having kind of a self-
- 2 evaluation sort of process.
- 3 DR. HALLMAN: So just to follow up, there is value
- 4 actually to having that internal evaluation process. One way
- 5 to actually get everybody on board is to involve them in that
- 6 process of evaluating their work and others'. So I think an
- 7 outside group would be terrific, but let's not discount the
- 8 advantage of engaging people to looking -- engaging people and
- 9 looking at what the Agency is doing. It gives them practice.
- 10 DR. YIN: And then, also, the person involving themselves
- 11 within FDA. But my original comment was around I.C, improved
- 12 knowledge across FDA of the value of communicating clearly and
- 13 how to write effectively in plain language. And I wondered if
- 14 there was more clarity on this performance indicator of this X
- 15 percent scoring above a certain number on a post-class test for
- 16 classes and best practices and plain language, and I was
- 17 wondering what thoughts there were about the specific
- 18 curriculum and how the testing would happen. Is it a test of
- 19 knowledge? Is it a test of skills in terms of people's ability
- 20 to create these materials?
- DR. BLALOCK: Two more comments, and then I think we'll
- 22 move on to the second objective. So Dr. Sneed -- yeah,
- 23 Dr. Sneed and Mr. McBurney. And did I see Ms. Witczak, your --
- 24 so three. So first, Dr. Sneed.
- DR. SNEED: One thing that just all of a sudden kind of

1 stuck out at me is we have things related to the customers, but

- 2 we have mixed in it activities related to development of FDA
- 3 employees, and it almost seems to me like that should be taken
- 4 out. That could be somewhere in it, but that piece all of its
- 5 own, and that would be staff development, that kind of thing,
- 6 that's more process oriented, where the other one is more
- 7 leaning toward the outcomes. So just an observation.
- 8 DR. BLALOCK: I definitely agree with that.
- 9 Dr. McBurney.
- 10 DR. McBURNEY: I'd like to build on Dr. Hallman's. You
- 11 certainly need incentives when you're bringing new policies
- 12 into a group, but your outcome is really the quality of your
- 13 publications. There are a lot of these metrics in here that
- 14 have the sense to me of what I consider liability or become
- 15 incentives or become programs that are just in themselves the
- 16 goal of showing -- and really the question is, is it like
- 17 sexual harassment, that you need to have all of FDA employees
- 18 showing that they have increased awareness and sensitivity, or
- 19 do you have a group that you really need to be targeting your
- 20 resources on? And the product of that group is what you want
- 21 to show can move across time. I believe it's the latter.
- And if you put in metrics that are how many memos,
- 23 encouraging how many of doing this, you are doing the former of
- 24 trying to reach the entire FDA population and then measuring
- 25 that as an outcome, and that to me, isn't a sensible use of

- 1 resources. And this overlaps entirely with II.B as well. And
- 2 in fact, I think these two really are one and the same and that
- 3 you need to identify who is your internal audience, what is
- 4 their product, put baseline measurements on the product, have
- 5 some incentives to bring people up to speed, but use the
- 6 measures on the product, such as Dr. Hallman did, as being the
- 7 carrot for moving different Agency entities forward.
- 8 DR. BLALOCK: And Ms. Witczak.
- 9 MS. WITCZAK: It looks like the only external audience or,
- 10 I guess, performance measurement would be the percent of
- 11 increase/decrease into call centers. Is that really the only
- 12 measurement of like does the public -- is the public
- 13 understanding this clear communication? So I don't know if
- 14 there are other measurements you could put in there, but that
- 15 looks like that's the only external to see if the audience or
- 16 the public is actually understanding it.
- 17 DR. BLALOCK: Okay, let's go on to the second contributing
- 18 outcome.
- DR. ZWANZIGER: And here we are. The questions are the
- 20 same.
- 21 a. Do the lower-level contributing outcomes support
- 22 this Major Contributing Outcome? Are there gaps in
- 23 support?
- 24 b. Do the listed activities and sample specific
- 25 actions for each contributing outcome implement that

1 outcome? Can you suggest other activities we might

- consider, if possible?
- 3 c. Do the proposed performance indicators provide
- 4 meaningful measurement of progress toward the outcomes?
- 5 And can you suggest any others?
- 6 And again, the activities are in the implementation chart,
- 7 and you found the performance indicators table.
- 8 DR. BLALOCK: Dr. Lipkus.
- 9 DR. LIPKUS: So I'm not sure if it does or doesn't fit in
- 10 here, but from this morning's presentations, you've got a
- 11 variety of different communication channels. And I don't know
- 12 where in this plan there are discussions about sensitivity and
- 13 the strength and weaknesses of each of the different
- 14 communication channels and how to evaluate them in terms of
- 15 capturing belief systems and attitudes, and which researchers
- 16 are going to be giving you what information about what are the
- 17 critical new media that need to be tested and so forth. So
- 18 this seems to imply we're just going to be writing something
- 19 and delivering it, but we know that some media platforms don't
- 20 allow you to write a life story, and some only allow you what,
- 21 like 140 characters? I'm not an expert like some of you are.
- 22 But I think somewhere here about evaluating new media and its
- 23 effects on communication would be useful.
- DR. BLALOCK: Dr. Hallman.
- 25 (Off microphone comment.)

- 1 DR. BLALOCK: Dr. Harwood.
- DR. HARWOOD: My points are in regard to II.A.a, the
- 3 expanded two-way communication pathways, and also the
- 4 Implementation No. 9. So some of the lists under
- 5 Implementation 9 may not serve the target audiences that you
- 6 actually find. So there seem to be several sort of gaps. So
- 7 the demographic around this table may not use Snapchat, but
- 8 youngsters who may be considering an artificial cigarette may.
- 9 So learning how to use Snapchat and Instagram and including
- 10 those under Implementation 9 may be applicable.
- 11 And then I don't think some of this is an expansion of the
- 12 two-way communication. It's keeping the message on the actual
- 13 services that you are currently using. So we saw examples
- 14 today where a tweet or a Facebook post, if you want more
- 15 information, you have to call a telephone number or you have to
- 16 send an e-mail. Again, the target audience may not want the
- 17 customer service delivered by a telephone call or an e-mail.
- 18 So keeping your message on the actual tweet or on the actual
- 19 Facebook and using clear communication to respond in the
- 20 comments or in the conversation on Twitter may -- it won't
- 21 expand it, but it may better serve the actual target audience
- 22 that is trying to be reached.
- DR. BLALOCK: Dr. Liu.
- 24 DR. LIU: So II.A only has one performance indicator,
- 25 percent of wide-scale campaigns, undergo an effort to

- 1 understand knowledge and attitudes and behavior using different
- 2 methods. And I wondered if some of the -- similar to II.A.d,
- 3 whether there should be some interagency sharing there. It
- 4 seems like centers have -- some centers have similar target
- 5 audiences and that they could be sharing the knowledge they
- 6 gained from their research and work, rather than everyone just
- 7 doing their own evaluation.
- 8 DR. BLALOCK: Other comments on No. II?
- 9 Dr. Cohen Silver.
- 10 DR. SILVER: Just in thinking about understanding the
- 11 audience, I think just reflecting on the lifespan perspective,
- 12 so not just only kids but, you know, older people are less
- 13 likely to use Instagram than younger people, so recognizing the
- 14 range of preferences and skills of the different target
- 15 audiences across the lifespan and then also across cultural and
- 16 language groups.
- 17 DR. BLALOCK: And other comments on No. II?
- 18 (Off microphone comment.)
- DR. BLALOCK: Oh, Dr. Hallman.
- DR. HALLMAN: So I wonder if it's appropriate, under II,
- 21 to include something about this Committee itself, and use of
- 22 this Committee or perhaps attendance by people at FDA at some
- 23 of these Committee meetings that are relevant. Maybe I missed
- 24 that.
- 25 DR. PLEASANT: Sorry. Isn't it in the activity listed as

- 1 one of these? It's just not an indicator, but --
- 2 DR. HALLMAN: It was not an indicator, so it's an
- 3 activity.
- 4 DR. PLEASANT: Yeah, sorry.
- DR. BLALOCK: Okay. I sort of want to reiterate the
- 6 comment that I made before, that it seems to me like there's a
- 7 fair amount missing, you know, when you think about the science
- 8 of risk communication and where emotion fits in. You know, we
- 9 heard about that at the last meeting. You know, like I said
- 10 before, how you present quantitative information -- and I see
- 11 II.B -- II.C, I'm sorry, II.C, include application of research
- 12 evidence and feedback knowledge into operations. Perhaps it
- 13 goes there, but I just don't see a lot -- you know, in contrast
- 14 to everything related to plain language, I don't see very much
- 15 related to other aspects of risk communication anywhere else,
- 16 really. And it's really different -- I'm looking to see -- you
- 17 know, it's really different than targeted messages you might
- 18 sort of fit underneath that box but would be kind of squeezing
- 19 it in. So, you know, where is all the science of risk
- 20 communication? And I honestly don't see that beyond the plain
- 21 language, and I don't know. I think that's a kind of big
- 22 comment. Does anyone else share that concern, or am I just
- 23 kind of off the mark?
- 24 Dr. Lipkus.
- DR. LIPKUS: One of the things in the morning when I posed

- 1 a question about how are you defining health literacy, you
- 2 mentioned, well, it includes the language, it includes
- 3 numeracy, graph literacy, and so forth. I think it may be
- 4 useful to maybe say this is how we're defining this, and it
- 5 includes these components, so it's more encompassing, that
- 6 people could refer to in a document, that they know that that
- 7 one's included.
- 8 And I think also taking into account what Dr. Dieckmann
- 9 said, you know, you could also think about risk communication
- 10 in terms of if its purpose is for knowledge, to improve
- 11 knowledge, whether the purpose is for persuasion, whether the
- 12 purpose is for conflict management, because sometimes you're
- 13 going to have contradictory information and conflict because of
- 14 risk, and the fourth one is crisis management. So those are
- 15 the four major sections of risk communication. So if you could
- 16 say risk communication encompasses these domains, which the
- 17 Agency would look over, and I think people will know that's
- 18 part of this over-encompassing document.
- 19 DR. BLALOCK: Dr. Zavala first.
- DR. ZAVALA: Hi. McCormick 2006, out of Cornell, she
- 21 reviewed like 10 years' worth of risk communication research,
- 22 and she started to speak to values, and that's something you
- 23 mentioned, a comment.
- DR. BLALOCK: And Dr. Berube.
- DR. BERUBE: Yeah, I'm less concerned because I think,

- 1 under II.A.b, I think you address risk communication, and I
- 2 think, on page 14, you address the SGE. I think you also
- 3 address contracts and grants and cooperative agreements for
- 4 research. I think it's pretty well done. I just want to
- 5 remind everybody, if we have moved increased skills and
- 6 abilities of FDA staff up a level, we're going to have to look
- 7 at some lower-level outcomes in order to figure out -- because
- 8 right now it's just a grand "let's make them all better," which
- 9 is great, but we'll need to have some way to parse that out.
- 10 And No. 19 on page 15, oddly enough, under 19 you have
- 11 examples of specific steps and recommended activities. That
- 12 could be re-culled, I think, to produce lower-level outcomes.
- 13 I don't think it would be too hard, but I sure the hell
- 14 wouldn't want to see that all by itself without being
- 15 delineated and, you know, given its time in the light.
- 16 DR. BLALOCK: Okay. And I think probably I'll need to
- 17 move on to the third box here. I do want to echo a little bit
- 18 of something that Dr. Lipkus said, you know, in terms of the
- 19 persuasion versus just information, that that is, I think, a
- 20 huge issue, and I think that the FDA does do both, that
- 21 sometimes there really is something that you're trying to get
- 22 people to do, whether it's to throw away the flour that might
- 23 be contaminated and in other cases where it's just
- 24 informational, like a lot of the risks of drugs, and that it's
- 25 really important to distinguish between those, and I'm not

- 1 quite sure that that kind of issue I saw here anyplace.
- 2 So let's move on to No. III.
- 3 DR. ZWANZIGER: So for Major Contributing Outcome No. III,
- 4 the questions again:
- 5 a. Do the lower-level contributing outcomes support
- 6 it? Are there gaps?
- 7 b. Do the listed activities and sample specific
- 8 actions for each contributing outcome implement that
- 9 outcome? Can you suggest other activities we might
- 10 consider, if possible?
- 11 c. Do the proposed performance indicators provide
- meaningful measurement of progress toward the outcomes?
- Can you suggest others for us to consider?
- DR. BLALOCK: Dr. Krishnamurthy.
- DR. KRISHNAMURTHY: I had a question in this regard. This
- 16 one seems to relate to internal processes for improving
- 17 outputs. Do you have some kind of a meeting or a written FDA
- 18 communication, personnel kind of sharing ideas? Do you have a
- 19 structured mechanism for things that work really well and
- 20 things that -- where you can share ideas within the FDA itself,
- 21 like almost a seminar or whatever you want to call them, best
- 22 practices and things that do work? That will actually allow
- 23 you to expedite some of the learning from within the
- 24 organization, given that there are multiple units that are also
- 25 simultaneously trying to come up with communication outputs.

- DR. ZWANZIGER: Well, that is one of the important
- 2 activities of the Risk Communication and Health Literacy
- 3 Working Group that meets monthly, internally, to share
- 4 information and undertake communication campaigns sometimes,
- 5 like for Health Literacy Month. But yeah, we also have an
- 6 internal Social Science Forum that meets quarterly, and a
- 7 Social and Behavioral Sciences Subcommittee that meets
- 8 quarterly. And I'm sorry, I apologize to the FDA. What I
- 9 really should have said is that we have an FDA Communication
- 10 Council made up of all the communications directors at FDA, and
- 11 the Risk Communication and Health Literacy Working Group -- you
- 12 know it from me. But in fact, we report to the Communication
- 13 Council. We're a subgroup of that.
- DR. KRISHNAMURTHY: A follow-up question that I had was,
- 15 is it possible to have some structure or mechanism by which you
- 16 could pose questions? Do you have an internal bulletin board
- 17 kind of a thing where you could serve up problems that people
- 18 could -- based on their expertise internally?
- 19 DR. ZWANZIGER: Yeah, we use both SharePoint, which is the
- 20 Risk Communication and Health Literacy Working Group, and we
- 21 also use just kind of a sort of internal listserv with the
- 22 social science formally. You just say hey, folks, here's a
- 23 question.
- 24 DR. KRISHNAMURTHY: So could that be an indicator, as
- 25 well, as to how much you bring your challenges to a cross-

1 functional team that can look at it as a potential indicator of

- 2 improving the quality of communications?
- 3 DR. ZWANZIGER: Certainly, we'd be happy to consider that.
- 4 DR. BLALOCK: Dr. Berube.
- DR. BERUBE: I think, under III.B, I would probably want
- 6 to plan something like improved consistency and the branding
- 7 and framing, and separately, formatting and presentation. They
- 8 are two different things. Branding and framing is, you know,
- 9 the cues you give somebody to figure out what the message is
- 10 about. Formatting and presentation is almost a management
- 11 process. You're trying to maintain consistency across the
- 12 entire institution for credibility purposes. They're just
- 13 different goals, sort of.
- DR. BLALOCK: And we've got just a few minutes left to
- 15 move on to No. IV. Whoops, Dr. Pleasant first, and then we'll
- 16 move on to No. IV.
- DR. PLEASANT: This is quick. Just efficiency isn't
- 18 always the outcome that you want. Efficiency isn't guaranteed
- 19 to lead to increased accessibility to actionable and accurate
- 20 FDA communications and benefit-risk information. Medical
- 21 doctors are incredibly efficient in their communication with
- 22 the patients. That's why we give 5 to 8 minutes. So you just
- 23 need to balance that efficiency with a desired outcome like
- 24 effectiveness.
- DR. BLALOCK: Now I think we're ready to move on to IV.

- DR. ZWANZIGER: Yeah, thank you for that.
- So for Major Contributing Outcome IV, improved
- 3 dissemination of FDA's communications and information:
- 4 a. Do the lower-level contributing outcomes support
- 5 this outcome? Are there gaps in support?
- 6 b. Do the listed activities and sample specific
- 7 actions for each contributing outcome implement the
- 8 outcome? Can you suggest other activities we might
- 9 consider, if possible?
- 10 c. Do the proposed performance indicators provide
- 11 meaningful measurement of progress toward the outcomes?
- 12 Can you suggest any others for us to consider?
- DR. BLALOCK: Dr. Lee.
- DR. LEE: So I see dissemination as being one of two
- 15 groups. One is passive information and the other being active
- 16 information. And in the active information-gathering process,
- 17 I think you can do some performance measures as to given a
- 18 consumer task, can they find and reach the appropriate
- 19 conclusion, and how long does that take? So I think that gives
- 20 you an overall sense of, can they -- is it organized properly?
- 21 Once it's organized and you find it, can you understand and
- 22 then give the right answer? So I think that's kind of a nice
- 23 overall progress measure that you can see if you're actually
- 24 making improvements in those things.
- DR. BLALOCK: Dr. Cohen Silver.

- 1 DR. SILVER: One of the things that I think is really
- 2 important to consider is the coordination with traditional
- 3 media sources. We heard this morning about press releases, but
- 4 there are ways in which one can have preexisting relationships
- 5 with certain media sources to ensure that there is an immediate
- 6 distribution of trusted material. And so I was surprised that
- 7 there was, at least unless I missed it, no mention of working
- 8 with the media in any of this discussion, and I think, for
- 9 dissemination, that's a really critical point.
- 10 DR. BLALOCK: Dr. Lipkus.
- DR. LIPKUS: For IV.A, at the very top, No. 27 -- for the
- 12 bullet point on the right, I'm not sure why you're limiting
- 13 necessarily to informed consent documents, recruitment tools,
- 14 questionnaires, and surveys. But it seems you've created a
- 15 whole big messaging library, right? So I would think it's also
- 16 dissemination of the messaging library, which is identified
- 17 somewhere later in the document, but also not in terms of
- 18 messaging, but also what you've learned about the channels of
- 19 communications, being able to communicate with outside agencies
- 20 about how those are being used effectively and what some of the
- 21 challenges were.
- DR. BLALOCK: And Dr. Harwood.
- DR. HARWOOD: For me, I think some of it is the actual
- 24 placement of the message. So we've mentioned some of the
- 25 social media, but it seems as though the FDA puts out a tweet

- 1 and people are expected to just come to the FDA, but maybe a
- 2 more active finding where the conversation is and better
- 3 literacy on how to apply social media. So if there are recalls
- 4 of drugs, then period, mentioning the "at" handle of, say, the
- 5 drug company and putting it on their actual Twitter feed would
- 6 take it to the conversations of people who are following the
- 7 drug as well. The same message, just a different placement.
- 8 So I think something on the actual placement of these
- 9 messages. And hashtags are used obviously on multiple social
- 10 media. There don't seem to be, in the examples we saw this
- 11 morning, many hashtags on Facebook or other ones that were
- 12 being applied either to place the FDA communication within a
- 13 dialogue that may have already been going on.
- DR. BLALOCK: And Dr. McBurney.
- DR. McBURNEY: To build on Mr. Harwood's conversation, if
- 16 I look at the indicators, it's sort of number of retweets from
- 17 outreach partners, number of documents that show -- industry
- 18 documents that show improvements. I think really what would be
- 19 very helpful is for you to sort of proactively plan with your
- 20 stakeholders, with the industry, if these situations prevail,
- 21 heaven forbid, then what would be the terms of engagement? And
- 22 that could be done at a center level, in terms of what would be
- 23 the hashtag approach, what would be the social media. And to
- 24 actually have that conversation with the industry or industry
- 25 stakeholders so there's sort of a collective, you know,

- 1 emergency response plan for whether it's a recall or whether
- 2 it's an update on a product that already is regulated by the
- 3 FDA and what you want to do then. And I think there are many
- 4 industries and coalition partners that would help and be glad
- 5 to have that framework because then everybody's prepared. It's
- 6 like having your emergency response plan in place.
- 7 DR. BLALOCK: And one final comment, I think, by Dr. Lee.
- B DR. LEE: Yeah, following on Mr. Harwood's comment about
- 9 the social media measures, the other thing is to look at term
- 10 searches on Google to see if you get a little spike or a
- 11 sustained discussion around that particular topic after your
- 12 messaging gets out there.
- 13 DR. BLALOCK: Okay. And I am supposed to kind of
- 14 summarize, and I'm not going to. What I am going to say -- I'm
- 15 supposed to sort of summarize what I've heard from other
- 16 people, and I think that's a little bit too challenging for me.
- 17 What I'm going to do is say a couple of things about what I
- 18 think are a couple of the most important things that I've heard
- 19 today, and then I'm going to send it around for everyone to
- 20 spend, you know, about 30 seconds or so each, you know, 30 to
- 21 45 seconds or so about sort of the take-home message, what's
- 22 the most important thing that you hope the FDA heard today?
- 23 And for me, I think that -- number one, I think that
- 24 you've done an amazing amount of work in a year. So I hope
- 25 that nothing that you've heard discourages you from that. And

- 1 I did hear a fair amount of talk about maybe a little bit of
- 2 the structure and especially the different audiences, and maybe
- 3 it might even be valuable if somehow it could be restructured
- 4 so the things that the audience really was -- at least the FDA
- 5 staff could be separated from, you know, goals and objectives
- 6 that are related to people external to the FDA.
- 7 So I'm going to start with Dr. Zavala. And what would you
- 8 like the FDA to remember about today's meeting?
- 9 DR. ZAVALA: Firstly, environmental scan was spot on. And
- 10 I've been trying to connect this morning's presentation to this
- 11 afternoon's strategic plan, and then going to what
- 12 Dr. Krishnamurthy said so nicely, that this is more for staff
- 13 as opposed to audience. But then I'm also hearing and feeling
- 14 about one of the end users, the consumers. So as you go to the
- 15 iterations of your strategic plan, I feel strongly about strong
- 16 partnership with grassroots organizers and events to
- 17 disseminate information and also another way to gather data to
- 18 see if they actually are comprehending.
- 19 Thank you.
- 20 DR. BLALOCK: Dr. Dieckmann.
- 21 DR. DIECKMANN: I think the most important thing for me
- 22 was what I was talking about in terms of coming up with a very
- 23 clear and explicit process document, at which you would make
- 24 sure that someone could actually walk through, taking into
- 25 account the different goals of communication and the different

- 1 decision contexts, the different targeted audiences. And that
- 2 document could even be broader than what I was saying before.
- 3 It could even walk through -- therefore, then you test the
- 4 message. Then you circle back to the beginning and make
- 5 changes to the message and so on, and you would have a complete
- 6 document there which would have all the state of the science of
- 7 these different paths on the decision tree.
- 8 And it wouldn't be that every agency would have to go
- 9 through every one of these steps, because sometimes it's just
- 10 not plausible to test or sometimes it's just not just plausible
- 11 to do something else. But at least it would all be explicit
- 12 there and people would see what an optimal procedure would
- 13 actually look like. Let's get as close to optimal as we can in
- 14 terms of testing these things and make sure, in the end, that
- 15 we're coming back to actually testing the impact on the public
- 16 or going back to what you had for target audiences and making
- 17 sure that even if we leave out some of these lower-level
- 18 performance metrics, that we're getting at least a few studies
- 19 on the main things that we're trying to change.
- 20 DR. BLALOCK: Dr. Cohen Silver.
- 21 DR. SILVER: I think that this is an outstanding document
- 22 and a fantastic start. I think that one of the challenges for
- 23 me is recognizing that, as a one-size-fits-all kind of
- 24 document, it's perhaps not ideal for any one of them. And so I
- 25 think the possibility of making the distinction between FDA

- 1 versus the consumer -- and we heard before the difference
- 2 between consumers and patients, they're very different in terms
- 3 of worrying about a drug that needs to be recalled versus
- 4 flour. So consumers are different from patients, and providers
- 5 are different from other professionals.
- 6 So I think that there is -- I guess one needs to make a
- 7 decision. Are we going to try the one-size-fits-all, or are we
- 8 going to have an overarching theme but then different potential
- 9 plans for different audiences? And I think the challenge is,
- 10 you know, the decision that the FDA needs to make. Does it
- 11 make more sense to keep this large overarching plan or to
- 12 target a specific audience for each one?
- DR. BLALOCK: Dr. Harwood.
- DR. HARWOOD: I think, for me, it's that although they're
- 15 characterized as lower-level outcomes, they will actually
- 16 provide the big impact at the sort of upper level. So if
- 17 you're going to use these two-way communications, you have to
- 18 be an equal partner. You can't just put your message out there
- 19 and expect people to read it. You must participate in the
- 20 conversation. And to that, I think also just again the
- 21 placement of the message is equally as important as the message
- 22 itself.
- DR. BLALOCK: Dr. Hallman.
- 24 DR. HALLMAN: Where do I begin? So this is obviously
- 25 really ambitious. You know, I think it's great that you've

- 1 recognized that what you're engaged in is trying to change the
- 2 culture of the Agency. I think that the key to this is making
- 3 it easy for employees to do this and to make them want to do
- 4 this. All the other things are ways to help them do this and
- 5 to recognize whether they're actually achieving the particular
- 6 outcomes.
- 7 But where I think we need to work is getting people to the
- 8 point where they really, really want to do this and that they
- 9 are sort of self-correcting as opposed to being externally
- 10 corrected. And I agree with some of my colleagues that this
- 11 may be easier to do with particular groups or to start with
- 12 particular groups and go all the way through and show a success
- 13 and create a group of apostles who can basically go out and
- 14 spread the word.
- DR. BLALOCK: Dr. Yin.
- 16 DR. YIN: I think I'm probably saying what everybody else
- 17 is saying about how important it is to measure the consumer
- 18 impacts of the changes you guys are proposing. So measuring
- 19 the improvements in knowledge, measuring -- trying to figure
- 20 out how we might measure informed decision making, but decision
- 21 making, and to prioritize and not try to do it for every single
- 22 type of communication, but maybe pick out the really high-
- 23 priority ones to start with and create models for how you might
- 24 assess knowledge and decision making. And also I like the idea
- 25 of prioritizing who you're training to create this group of

- 1 people who -- as he said, a starting point, who are the
- 2 apostles.
- 3 DR. BLALOCK: Dr. Berube.
- 4 DR. BERUBE: Congratulations. A lot of work. I know what
- 5 goes into these. My blessings on you. It's a tough process.
- 6 First, your staff is the fulcrum, right? Always keep that in
- 7 mind and find every possible way to motivate them and provide
- 8 enticements, do whatever you can. That's how you're going to
- 9 make a system here that will work.
- The other thing I think to consider, it's not just getting
- 11 the staff on line, it's also the assessment end of this, which
- 12 I think was not taken as seriously as it could have been. You
- 13 could have spent more time talking about assessment tools that
- 14 could be used, could be employed. Given the vagaries of
- 15 budgets, I'm not sure how much flexibility you have.
- 16 The last thing: Usually, when I do mappings, I repeat
- 17 this over and over again. You know, the maps work,
- 18 but they don't work equally for everyone. And so I always talk
- 19 about how to weight variables, that sometimes some parts of the
- 20 map are better than other parts of the map for different
- 21 components in the organization you're working with. And it's
- 22 just to make that judgment call. And you know your folks, you
- 23 know your centers, and you have a better understanding of what
- 24 that's like than we do. But I think you know where this would
- 25 really work well and where it would have the most challenges,

- 1 and it would be a good idea to, as the last speaker just said,
- 2 structure it. You know, try to figure out what goes in what
- 3 order, not try to accomplish all of this in one fell swoop, but
- 4 just do it scientifically.
- 5 DR. BLALOCK: Dr. Lee.
- 6 DR. LEE: Again, like the rest of us, I want to commend
- 7 you on this wonderful effort. Sometimes I come to, not this
- 8 particular panel, but I go to panels, and you wonder whether
- 9 you're listening to what we're saying, and it's obvious that
- 10 you guys haven't missed anything, incorporating a lot of the
- 11 feedback into this document. The only concern I have is
- 12 whether each one of these elements puts you in the weeds and
- 13 whether you want to make sure that you focus on the outcome;
- 14 that is, does this help simplify the decision making for the
- 15 patient, and is the message reaching the right audience? And
- 16 if each one of these indicator elements do that, I think you'll
- 17 be fine.
- DR. BLALOCK: Dr. Krishnamurthy.
- 19 DR. KRISHNAMURTHY: First of all, I want to echo the
- 20 comments made by other Committee members, that this is a
- 21 massive undertaking that you have embarked on. And I had a
- 22 little bit of a difficulty initially understanding like, you
- 23 know, how to grasp this so that we could be of some use. But
- 24 now I think a metaphor sort of makes a whole lot of sense for
- 25 me. To me, it looks like a car company that wants to put out

- 1 daily high-quality output for the customers. You want to put
- 2 out high-quality information products for your customers, and
- 3 you are coming up with a process for internally what should we
- 4 be doing in order to make sure that we can put a good quality
- 5 output.
- 6 Having said that, I also want to kind of tell you that the
- 7 four big boxes that you have seem to be spot on. I would add a
- 8 few other things. Like, for example, one of the things that is
- 9 missing from Box No. 2 is, if you want to target a customer,
- 10 you need to know who the customer is and what their information
- 11 needs are. I don't see that. Maybe I'm missing something.
- 12 And also Dr. Cohen Silver made an important point about,
- 13 in the dissemination box, the media contacts element was
- 14 missing, and I think that will definitely substantially add to
- 15 your internal process metrics.
- Overall, I think this chart is better presented
- 17 horizontally from left to right rather than from top to bottom.
- 18 That way, people will understand what is the flow, how things
- 19 are going from one to another. But overall, it's a very good
- 20 job. I just want to commend the group for having put this
- 21 together.
- DR. BLALOCK: Dr. Pleasant.
- DR. PLEASANT: Thanks.
- I'm going to start where I -- stop where I started, which
- 25 was I'm really glad that you're moving in this direction, and

1 my critique, not criticism, is meant to help it work because

- 2 it's that important.
- I want to remind you that you have another resource here
- 4 in town, that you might want to consider consulting with the
- 5 National Academy of Medicine Roundtable on Health Literacy.
- 6 That's a very broad and diverse group of individuals who will
- 7 bring a different perspective. There were actually three of us
- 8 who are members in the room today at one point in time or
- 9 another, which is the most I've ever seen, to indicate the
- 10 level of interest that you might find there. And, in fact, we
- 11 will be meeting as a group at the end of next week, which I
- 12 know is quick, but there is a second day that's a private
- 13 meeting which might be the venue that you want, and if you want
- 14 me to make introductions, I'm happy to do that.
- 15 As to the documents themselves, ultimately, to make this
- 16 work and operationalized, you know, you're going to have to
- 17 define terms throughout in order to actually pick your
- 18 indicators; that includes health literacy and then a subset of
- 19 health literacy, the plain language.
- 20 I think it's very important to keep in mind what -- I
- 21 think it was Dr. Harwood that talked about the supply and
- 22 demand and the equity in the relationship between who you're
- 23 serving and who's doing the serving. It's become so important
- 24 in this area that in Europe -- I imagine some of you know this.
- 25 They're actually right now creating lay summaries for clinical

- 1 trials that report back the results of the clinical trials to
- 2 the participants, and they have to be in lay language. So in
- 3 other contexts in nations, this is -- that feedback mechanism
- 4 is really being highlighted.
- 5 And finally, you work with a bunch of smart people, and
- 6 this might sound trite to some, but you really need to practice
- 7 what you preach. Your documents have to live up to the
- 8 standards of plain language and health literacy, or other staff
- 9 are going to not believe that the effort is true to its core.
- 10 DR. BLALOCK: Dr. Lipkus.
- 11 DR. LIPKUS: I think you folks have done an absolutely
- 12 great job in terms of starting this process. My comments,
- 13 which echoes a lot of what has already been said, is one, I
- 14 think you will benefit greatly by getting as many stakeholders
- 15 involved in this process as possible, knowing that they each
- 16 bring a very unique perspective which ultimately boils down to
- 17 where are the commonalities and where are the differences, and
- 18 how could you use that to your advantages, understanding the
- 19 various perspectives.
- 20 And that also brings us a notion of suggested best
- 21 practices. Suggested best practices are main effects when we
- 22 know in life there are interactions and so forth. So don't
- 23 take best practices to mean that it generalizes, because
- 24 oftentimes it doesn't necessarily do that.
- 25 And I think my last one is to get real good clarity in

- 1 terms of your outcome measures for what specific goals, for
- 2 which target audiences, for which channels of communication,
- 3 and ultimately determine what you think is considered a success
- 4 and why.
- DR. BLALOCK: Ms. Witczak.
- 6 MS. WITCZAK: Thank you. First of all, I'd like to say
- 7 thanks for inviting me to be a guest on this Committee. And I
- 8 would like to echo a lot of what was already said. But I'd
- 9 like to say, you know, at the end of the day, the consumer is
- 10 your audience. I think you've got to meet consumers and the
- 11 public, whether they're consumers, patients, where they're at.
- 12 Don't be afraid to get into the community and not assume that
- 13 you know what they want. You know, there are a lot of outside
- 14 resources, other agencies, ad agencies, marketing
- 15 communications. I don't know if you've ever considered using
- 16 some of them, even just as ideas to bounce things off.
- 17 But I think that's something I wouldn't be afraid to --
- 18 and you know, partnering with your consumer and patients, it's
- 19 a conversation. Really, it's important to target and tailor,
- 20 because we need to get back the reputation that the FDA's
- 21 resources are a trusted resource, because there's a lot of
- 22 information out there that we're being bombarded by from the
- 23 industry and their experts, their marketers, and we could learn
- 24 some things from the industry, because at the end of the day,
- 25 there are real-world consequences to this information.

- 1 So thank you.
- DR. BLALOCK: And Dr. McBurney.
- 3 DR. McBURNEY: Ms. Zwanziger, Ms. Duckhorn, and
- 4 Mr. Bertoni, thank you for your efforts today. This is a
- 5 really important project, and it's clear the depth of thought
- 6 that the FDA has put into SPRCHL. Because of your oversight,
- 7 the FDA's oversight, really the breadth of it is so wide, and
- 8 the variety of topics, you have everything from science and
- 9 regulatory updates, to recalls, to elevation of new information
- 10 on risk and benefits.
- 11 It's really going to be important that you can encourage
- 12 acceptance of this strategy and really drive ownership at the
- 13 priorities, audiences, and goals to each of your centers and
- 14 offices, because that's how it will be effectively
- 15 communicated. You need to engage with the private and non-
- 16 government agencies to work together with them in that regard.
- 17 And finally, my guidance would be that you have way too
- 18 many performance indicators that are activity indicators, and
- 19 there's not enough outcome indicators. So don't let the
- 20 process overwhelm the goal.
- 21 Thank you.
- DR. BLALOCK: And Ms. Duckhorn and Mr. Bertoni, do you
- 23 have any final remarks?
- 24 MR. BERTONI: I really want to thank everyone again. The
- 25 comments, particularly hearing this round of summation was

- 1 very, very helpful, and I've got all kinds of notes all over my
- 2 thing here, and it's been really a pleasure. But I think if I
- 3 were to hear -- a couple things that I took away that I think
- 4 are particularly important is when you take on something at the
- 5 Agency level, you try to be comprehensive, and yet we all know
- 6 that the reality happens down on the front lines of these
- 7 programs. So some of these comments about being more specific,
- 8 being more targeted, and how you implement it, I think there's
- 9 a lot of work to do, but we hear that.
- 10 You're seeing kind of the tip of the iceberg in some sense
- 11 here, but it's very good feedback because we can do more to be
- 12 clear about what we're communicating here and all the pieces
- 13 that need to contribute to it.
- 14 The other thing I'll note is that there is some mention of
- 15 science here, but I will point out we tied this to Strategic
- 16 Goal 3, but Strategic Objective 3.1 is to strengthen the social
- 17 and behavioral sciences to help patients, consumers, and
- 18 professionals make informed decisions about regulated products.
- 19 So there is a regulatory science component to all of our
- 20 strategic goals, and it remains essential to this particular
- 21 one because of the other part.
- 22 And then, finally, I'll just say I heard a lot about the
- 23 culture change, and that is something that we do pay a lot of
- 24 attention to, and we recognize the importance of this. And
- 25 it's not just about our own culture change; it's in response to

1 what's going on out there. Some great comments from you folks

- 2 about being engaged, you know, being involved in a dialogue,
- 3 not just throwing information out there. So just a rich set of
- 4 feedback that we'll have to think hard and consult a lot to
- 5 figure out how to incorporate it into this, knowing that no one
- 6 document will be perfect, but I think this is going to help us
- 7 make this much, much better going forward.
- 8 So thank you again. It's just extremely helpful.
- 9 DR. BLALOCK: Thank you very much.
- 10 So I'd like to thank the Committee, the FDA, and the Open
- 11 Public Hearing speakers for their contributions to today's
- 12 meeting.
- And so the November 7th, 2016 meeting of the Risk
- 14 Communication Advisory Committee is adjourned.
- 15 (Whereupon, at 4:38 p.m., the meeting was adjourned.)

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1	<u>CERTIFICATE</u>
2	This is to certify that the attached proceedings in the
3	matter of:
4	RISK COMMUNICATION ADVISORY COMMITTEE
5	November 7, 2016
6	Silver Spring, Maryland
7	were held as herein appears, and that this is the original
8	transcription thereof for the files of the Food and Drug
9	Administration.
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13	TOM BOWMAN
14	Official Reporter
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