

### **AAA Training Co Ltd**

Training Brochure 2020/2021





### Contact us





+44 (0)1787 313137



www.aaa-training.com



enquiries@aaa-training.com



120 Maryon Road, London, SE7 8DH, United Kingdom













#### About us.

We are Asbestos Awareness & Abatement Training Co. Ltd trading as AAA Training Co Ltd. The company was formed in 1999 and we specialise in the delivery of asbestos management, asbestos surveying and asbestos removal training (incorporating the requisite safety and risk management instructions), for all levels of personnel. We also teach about the management of legionella and other health & safety courses.

AAA Training Co. Ltd is certificated by Isoqar and the United Kingdom Accreditation Service (UKAS) to the internationally recognised Standard BS EN ISO 9001: 2015 for the provision of technical training courses and related training materials. We are a BOHS Approved Training Provider and are also approved by the Occupational Hygiene Training Association.



#### What we do.

To meet the environmental challenges of a changing world we know that the personnel we train must be competent to work safely and undertake their workplace responsibilities, whether this is at manual or management level. We work with our clients to achieve the training aims and objectives they have for their workforce and improve the safety culture within the whole organization, effectively managing the risks involved in this hazardous work.

Our fully experienced tutors travel throughout the UK and around the world to deliver group safety training at clients' own premises, wherever they may be. They are unique in their depth of knowledge of occupational health, safety and risk management, drawing on a supply of experience that's been gained over many decades.











#### Where do we work.

We provide a full programme of scheduled course dates, held at various locations throughout the UK and we travel anywhere in the world to provide training for groups of personnel at the clients' own premises.



### Brochure Content.



O1 ASBESTOS page 9

02

LEGIONELLA

page 37

O3 HEALTH & SAFETY

page 42

04 **V** 

VIRTUAL TRAINING

page 45



## 01 ASBESTOS



Asbestos Awareness Training.	Dage		
<ul> <li>Basic Asbestos Awareness (classroom based)</li> <li>Safe handling of Asbestos Waste</li> <li>Understanding Asbestos Surveys</li> <li>Duty to Manage: Complying with Reg. 4</li> <li>Duty to Manage: Complying with Regs. 4 &amp; 10</li> <li>Contaminated Land Remediation</li> </ul>	Page 10 11 12 13 14 15	<ul> <li>Asbestos Survey Training.</li> <li>BOHS P402 (venue training)</li> <li>BOHS P402 VIRTUAL</li> <li>P402 Refresher (venue training)</li> <li>P402 Refresher VIRTUAL</li> </ul>	Pag 18 19 20 21
<ul> <li>Asbestos Awareness for Front-Line Teams</li> <li>Asbestos Awareness for Fire, Flood or Vandalised Premises</li> </ul>	16 17	<ul> <li>HSE Licensed Asbestos Training.</li> <li>Licensed Asbestos Removal Operative: Refresher</li> <li>Licensed Asbestos Removal Supervisor: Refresher</li> <li>Licensed Asbestos Scaffolders: Full Course &amp;</li> </ul>	22 23 24

Refresher

### 01 ASBESTOS



Managing Asbestos Training.	Page		
<ul> <li>Managing Asbestos Projects</li> </ul>	25	1-1	
<ul> <li>Certificate of Asbestos Management</li> </ul>	26	International Modules.	Page
<ul> <li>BOHS P405 (venue training)</li> </ul>	27	<ul> <li>BOHS IP402: Surveying &amp; Sampling Strategies</li> </ul>	32
BOHS P405 VIRTUAL	28	<ul> <li>BOHS IP405: Management of Asbestos in Buildings</li> </ul>	33
<ul> <li>P405 Refresher (venue training)</li> </ul>	29	<ul> <li>OHTA W504: Assessment &amp; Control of Asbestos</li> </ul>	34
<ul> <li>P405 Refresher VIRTUAL</li> </ul>	30		
		Working with Asbestos Products.	
Asbestos Analysis Training.		Working with Non-licensed ACM	35
<ul> <li>BOHS P401: Identification of Asbestos</li> </ul>	31		
		<b>BOHS Examination Resits.</b>	
		BOHS Proficiency Module Resits	36



### **LEGIONELLA**





### **HEALTH & SAFETY**

•	Confined Space, Ladders & Manual Handling	43
	Fmergency First Aid At Work	44





### 04 VIRTUAL TRAINING



	Page
Introduction	46
<b>BOHS Courses, OHTA Courses &amp; Refresher Courses</b>	47
Other Virtual Asbestos Courses	48
Virtual Health & Safety Courses	49







## Asbestos Training.

### Basic Asbestos Awareness (Level 3)







Employers have a duty to ensure that the information, instruction and training given to their employees is adequate to allow them to safeguard themselves and other employees and to carry out their work with asbestos effectively.

This training is legally required for those who could come into contact with asbestos, such as;

- Builders
- Carpenters
- Plumbers
- · Electricians, and
- anyone involved with general building or refurbishment works, etc.



Students will learn where asbestos may be found in buildings; the types of products that may contain asbestos; the health effects of asbestos; asbestos legislation and guidance; what to do in the case of an accidental release of asbestos fibres.



Half-day course held at your premises, or a venue of your choosing.

Multiple sessions are available to train large groups.

This is an in-house course only.

We are able to train a maximum of 15 students per halfday course (pending available space).

Training more than 15 students can be acomplished by repeating the half-day session.



#### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.

### Safe Handling of Asbestos Waste







This bespoke training is intended for anyone who is required to handle asbestos waste; deal with emergency spillage, or clean-up illegally dumped asbestos waste materials.



One-day course held at your premises, or a venue of your choosing.

Multiple sessions are available to train large groups.



The aim of this course is to provide information to students on the safe handling procedures for asbestos waste and safely clearing-up illegally dumped asbestos waste.

Students will learn about asbestos materials; asbestos legislation; air monitoring; site safety procedures; emergency procedures; safe handling of asbestos waste including flytipped waste, recommended equipment; suitable RPE/PPE and personal decontamination.

This is an in-house course only.

We are able to train a maximum of 15 students per halfday course (pending available space).

Training more than 15 students can be acomplished by repeating the half-day session.



#### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.

# Asbestos Awareness Training. Understanding Asbestos Surveys





This bespoke training course has been developed by AAA Training due to client demand.

It is suitable for anyone who is responsible for inspecting premises with a view to locating and assessing the condition of any asbestos materials.



One-day course held at your premises, or a venue of your choosing.

Multiple sessions are available to train large groups.



This training course provides students with an overview of the different types of asbestos surveys and their limitations including where asbestos products can be found in buildings.

**UK legislation, regulations and HSE guidance** will also be covered.

Safe working practices will be disussed including risk assessments, safe sampling techniques, preperation of an asbestos survey report and the requirement to keep the asbestos register up-todate.



This is an in-house course only.

We are able to train a maximum of 15 students per halfday course (pending available space).

Training more than 15 students can be acomplished by repeating the half-day session.



#### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.

### CAR2012 Reg 4: Duty to Manage





This bespoke training course is intended for anyone who is defined as the dutyholder under regulation 4 the the Control of Asbestros Regulations 2012.

Dutyholders have a legal duty to identify if their buildings contain asbestos products, to assess the associated risks, and to write an asbestos management plan.



One-day day course held at your premises, or a venue of your choosing.

Multiple sessions are available to train large groups.



This training course covers the legal requirements of duty holders, i.e. those with the legal obligation to look after asbestos products contained within buildings they manage.

Students will learn where asbestos may be found in buildings; the types of products that may contain asbestos; health risks; scope of regulation 4; legal obligations placed on dutyholders; various risk assessments required (material and priority assessments); developing an asbestos management plan and safe systems of work.



This is an in-house course only.

We are able to train a maximum of 15 students per halfday course (pending available space).

Training more than 15 students can be acomplished by repeating the half-day session.



#### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.

### CAR2012 Regs 4 & 10





(Duty to Manage / Information, instruction and training)



This bespoke training course is intended for anyone who is defined as the dutyholder under regulation 4 of the Control of Asbestros Regulations 2012 and is coupled with the requirements of training.

Dutyholders have a legal duty to identify if their buildings contain asbestos products, to assess the associated risks and to write an asbestos management plan.



One-day course held at your premises, or a venue of your choosing.

Multiple sessions are available to train large groups.



This training course covers the legal requirements of duty holders, i.e. those with the legal obligation to look after asbestos products within buildings they manage.

Students will learn where asbestos may be found in buildings; the types of products that may contain asbestos; health risks; scope of regulation 4; legal obligations placed on dutyholders; various risk assessments required (material and priority assessments); developing an asbestos management plan and safe systems of work; training requirements.

This is an in-house course only.

We are able to train a maximum of 15 students per halfday course (pending available space).

Training more than 15 students can be acomplished by repeating the half-day session.



#### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.

### **Contaminated Land Remediation**







This short bespoke training session provides advice for those tasked with dealing with potentially asbestos contaminated land.



One-day course held at your premises, or a venue of your choosing.

Multiple sessions are available to train large groups.



The aim of this course is to provide information about a range of treatment, assessment and monitoring actions that can be used to deal with the overall remediation of contaminated land, in relation to asbestos only.

Students will learn about the health risks; safe working procedures; how to identify and recognise a contaminant; how to physically remove it; how to assess and manage the risk; how to work safely and ensure the risks are reduced; what range of treatments are available and how to assess the effectiveness of your actions.

This is an in-house course only.

We are able to train a maximum of 15 students per halfday course (pending available space).

Training more than 15 students can be acomplished by repeating the half-day session.



#### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.

# aaa

### **Asbestos Awareness for Front-Line**





**✓** VIRTUAL



This short beskope training course provides advice for front-line teams & personnel who want to know how to deal with asbestos-related queries and be able to respond to them in an informed way.



One-day course held at your premises, or a venue of your choosing.

Multiple sessions are available to train large groups.



This course is designed for housing managers; estate team workers; reception staff; customer service personnel, or anyone who may be asked about asbestos by the general public.

Students will learn about asbestos and where it might be found; what types of work can be undertaken safely; what advice to give in the case of accidental damage to asbestos products and how to deal with **concerns** from the general public about asbestos. A short question an answer session is included with audience participation.

This is an in-house course only.

We are able to train a maximum of 15 students per halfday course (pending available space).

Training more than 15 students can be acomplished by repeating the half-day session.



#### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.

## Asbestos Awareness for Fire, Flood & Vandalised Buildings





This course is intended for anyone who is required to inspect premises damaged by fire, flood or vandalism; assess the risk associated with that damage and make an informed decision on the precautions to be taken to secure the area and actions required to prevent further damage.



One-day course held at your premesis, or a venue of your choosing.

Multiple sessions are available to train large groups.



This course includes information about how to deal with properties damaged by fire, floor or vandalism.

Students will learn about the specific associated risks; current legislation and guidance; on-site inspection procedures; risk assessment and priority action plan; how to secure the area; preventing unauthorised access; working safely including emergency procedures and waste clearance; RPE and PPE and procedures for decontamination of personnel and site.

This is an in-house course only.

We are able to train a maximum of 15 students per halfday course (pending available space).

Training more than 15 students can be acomplished by repeating the half-day session.



#### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.

### **BOHS P402**

Surveying & Sampling Strategies for Asbestos in Buildings



This course is intended for anyone who is required to carry out, or commission an asbestos survey of nondomestic premises under regulation 4 of the Control of Asbestos Regulations 2012.



Three-day duration, includes classroom teaching, BOHS formative practical assessment & two BOHS P402 exams. Both exams need to be passed to gain the qualification.



The BOHS P402 module is the minimum recognised qualification required to undertake asbestos surveys.

This module provides practical knowledge about the surveying of buildings for asbestos and the management procedures necessary to minimise exposure.

Students will learn about asbestos legislation; asbestos in buildings; and their public health risk; principles of asbestos surveys; risk assessment and risk management strategies; asbestos registers; methods for bulk sampling; suitable RPE/PPE and personal decontamination.



#### £790.00 (inc VAT)

Cost comprises of £525 +VAT (experienced tutor, training materials, venue, lunch and refreshments) & £160 BOHS exam fee (no VAT).

Booking is subject to our terms and conditions.

#### 2020 dates

08-10 Dec Milton Keynes

For an in-house course (min. 4 students), please contact us.

#### **2021 dates**

08-10 Feb East Kilbride 08-10 Mar Bristol 12-14 Apr Southampton 10-12 May London 07-09 Jun Leeds

06-08 Sept Newcastle 04-06 Oct Coventry 15-17 Nov London

ada

06-08 Dec Milton Keynes



### **BOHS P402 \*VIRTUAL\***

Surveying & Sampling Strategies for Asbestos in Buildings







This course is intended for anyone who is required to carry out, or commission an asbestos survey of nondomestic premises under regulation 4 of the Control of Asbestos Regulations 2012.



Three-day duration, includes virtual teaching, BOHS formative practical assessment & two BOHS P402 exams. Both exams need to be passed to gain the qualification. BOHS exams to be held online.



The BOHS P402 module is the minimum recognised qualification required to undertake asbestos surveys.

This module provides practical knowledge about the surveying of buildings for asbestos and the management procedures necessary to minimise exposure.

Students will learn about asbestos legislation; asbestos in buildings; and their public health risk; principles of asbestos surveys; risk assessment and risk management strategies; asbestos registers; methods for bulk sampling; suitable RPE/PPE and personal decontamination.



#### £675.00 (inc VAT)

Cost comprises of an **experienced tutor and training materials** & £160 BOHS exam fee (no VAT).

Booking is subject to our terms and conditions.

Virtual training will be undertaken using **Microsoft Teams**.

11-13 Jan	10-12 May	06-08 Sep
08-10 Feb	07-09 Jun	04-06 Oct
08-10 Mar	05-07 Jul	01-03 Nov
12-14 Apr	09-11 Aug	06-08 Dec





### P402 Refresher

Surveying & Sampling Strategies for Asbestos in Buildings





This course is intended for anyone who has previously passed the **BOHS P402 proficiency** module and is required to undertake, or commission an asbestos survey of non-domestic premises under regulation 4 of CAR 2012.



Two-day duration, including the classroom teaching with an experienced surveyor/tutor.



This course provides refresher training on surveying of buildings for asbestos products and the management procedures necessary to minimise exposure.

Students will be reminded about asbestos legislation; asbestos in buildings; and their public health risk; principles of asbestos surveys; risk assessment and risk management strategies; asbestos registers; methods for bulk sampling; suitable RPE/PPE and personal decontamination.



£380.00 (inc VAT)

Cost comprises experienced tutor, training materials, venue, lunch and refreshments.

Booking is subject to our terms and conditions.

#### 2020 dates

08-09 Dec Milton Keynes

For an in-house course (min. 4 students), please contact us.

#### **2021 dates**

08-09 Feb East Kilbride 08-09 Mar Bristol 12-13 Apr Southampton 10-11 May London 07-08 Jun Leeds

06-07 Sept Newcastle 04-05 Oct Coventry 15-16 Nov London 06-07 Dec Milton Keynes

### P402 REFRESHER \*VIRTUAL\*

Surveying & Sampling Strategies for Asbestos in Buildings







This course is intended for anyone who has previously passed the BOHS P402 proficiency module and is required to undertake, or commission an asbestos survey of non-domestic premises under regulation 4 of CAR 2012.



Two-day duration, including the classroom teaching with an experienced surveyor/tutor.



This course provides refresher training on surveying of buildings for asbestos products and the management procedures necessary to minimise exposure.

Students will be reminded about asbestos legislation; asbestos in buildings; and their public health risk; principles of asbestos surveys; risk assessment and risk management strategies; asbestos registers; methods for bulk sampling; suitable RPE/PPE and personal decontamination.



#### £325.00 (inc VAT)

Cost comprises of **experienced tutor and training materials.** 

Booking is subject to our terms and conditions.

Virtual training will be undertaken using Microsoft Teams.

11-12 Jan	10-11 May	06-07 Sep
08-09 Feb	07-08 Jun	04-05 Oct
08-09 Mar	05-06 Jul	01-02 Nov
12-13 Apr	09-10 Aug	06-07 Dec



### HSE Licensed Asbestos Training.

## Asbestos Removal Operative: Refresher virtual





This training course is intended for existing Asbestos Operatives who require annual refresher training.

This course is not suitable for those looking to start work as an operative or for those whose operative training has expired. In this situation a NEW OPERATIVE course will be required.



One-day course held at your premises, or a venue of your choosing.

Multiple sessions are available to train large groups.



This course complies with the training requirements for Operative Refresher from the HSE guidance document HSG247 'Asbestos: The licensed contractors' guide' (chapter 4 & appendix 4.1).

Depending on the TRAINING NEEDS ANALYSIS results the following will be discussed: types, uses and risks of ACMs; health hazards; legislation and guidance; site set-up; stripping techniques; RPE/PPE; transit; decontamination; plant and equipment; waste; emergency procedures; record keeping; risk assessment; plans of work, etc.

This is an in-house course only (minimum of four students required).

We are able to train a maximum of 8 students per course (pending available space).

Training more than 8 students can be acomplished by repeating the session.



#### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.

### HSE Licensed Asbestos Training.

## Asbestos Removal Supervisor: Refresher virtual





This training course is intended for existing Asbestos Supervisors who require annual refresher training.

This course is not suitable for those whose supervisor training has expired. In this situation a NEW SUPERVISOR will be required. This course is unsuitable for asbestos operatives.



One-day course held at your premises, or a venue of your choosing.

Multiple sessions are available to train large groups.



This course complies with the training requirements for supervisor refresher from the HSE guidance document HSG247 'Asbestos: The licensed contractors' guide' (chapter 4 & appendix 4.1).

Depending on the TRAINING NEEDS ANALYSIS results the following will be discussed: types, uses and risks of ACMs; health hazards; legislation and guidance; site set-up; stripping techniques; RPE/PPE; transit; decontamination; plant and equipment; waste; emergency procedures; record keeping; risk assessment; plans of work, etc.

This is an in-house course only (minimum of four students required).

We are able to train a maximum of 8 students per course (pending available space).

Training more than 8 students can be acomplished by repeating the session.



#### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.

### HSE Licensed Asbestos Training.

### CICICI Training Co Ltd

## Licensed Asbestos Scaffolders: Full Course and Refresher VIRTUAL



This training course is intended for all levels of scaffolding personnel who may be required to erect scaffolding in areas with asbestos products present. These products may be in good or poor condition. Asbestos debris may also be present, for example after a fire.



This training course covers chapter 4 of the HSE guidance document HSG247 'Asbestos: the licensed contractors guide'.

This is an in-house course only (minimum of four students required).

We are able to train a maximum of 8 students per course (pending available space).

Training more than 8 students can be acomplished by repeating the session.



One-day full course and half-day refresher course held at your premises, or a venue of your choosing.

Multiple sessions are available to train large groups.



#### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.

# Managing Asbestos Training. Managing Asbestos Projects







This course is designed for those who manage asbestos projects, including;

- building managers,
- · duty holders,
- · project managers,
- asbestos management plan stakeholders,
- · office managers,
- · facilities management,
- · architects,
- · asbestos managers,
- · asbestos consultants, and
- those in control of buildings.



One-day course held at your premises, or a venue of your choosing.

Multiple sessions are available to train large groups.



We have produced this bespoke course due to client demand.

This training course provides the practical knowledge to understand management options; understand the requirements for asbestos surveys and pre-contract **information** for refurbishment projects; students will be made aware of the options and processes for asbestos removal and/or remediation and know how to evaluate and update asbestos management plans. Method statements/ plans of work together with permits to work will also be covered.

This is an in-house course only (minimum of four students required).

We are able to train a maximum of 15 students per course (pending available space).

Training more than 15 students can be acomplished by repeating the session.



#### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.

## Certificate of Asbestos Management





This training course is suitable for experienced supervisors, managers, directors and supervisory personnel.

This coures provides a summary of asbestos-related work, from removal to air testing, and legislation to plans of work. The course draws on previous experience of the students.



One-day course held at your premises, or a venue of your choosing.

Multiple sessions are available to train large groups.



This bespoke training course complies with the requirements of Chapter 4 of the HSE guidance document HSG247 'Asbestos: the licensed contractors' guide'.

Students will learn about asbestos in buildings; current legislation and guidance; legal and management responsibilities; risk assessments; plans of work; site set-up; RPE and PPE; decontamination procedures; asbestos removal control measures; waste removal procedures; site auditing; air monitoring; the analysts role and the certificate of reoccupation.

This is an in-house course only (minimum of four students required).

We are able to train a maximum of 15 students per course (pending available space).

Training more than 15 students can be acomplished by repeating the session.



#### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.

### **BOHS P405**

#### Management of Asbestos in Buildings



oOo This course is designed for duty holders under regulation 4 of CAR 2012. Property owners, building or process managers, or duty holders of any sized company, etc. will benefit from this course.



Four-day duration, includes the classroom teaching with experienced tutor together with two BOHS exams. Candidates must pass both papers to receive their BOHS P405 Proficiency Certificate.



The BOHS P405 provides candidates with practical knowledge and skills to manage asbestos in buildings and to provide a basic knowledge of asbestos removal procedures.

Candidates for this course are expected to be aware of the contents of The Control of Asbestos Regulations 2012 and in particular Regulation 4 and the supporting Approved Code of Practice and guidance L143 'Managing and working with asbestos'.

For an in-house course (min. 4 students), please contact us.



07-10 Dec London 14-17 Dec Leeds



#### £898.00 (inc VAT)

Cost comprises of £615 +VAT (experienced tutor, training materials, venue, lunch and refreshments) & £160 BOHS exam fee (no vat).

ada

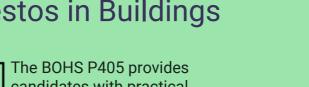
Booking is subject to our terms and conditions.

18-21 Jan	Leeds	05-08 Jul	Sheffield
25-28 Jan	Newcastle	12-15 Jul	
01-04 Feb	London	13-16 Sept	London
15-18 Feb	East Kilbride		East Kilbride
01-04 Mar	London	27-30 Sept	
19-22 Apr	Southampton	18-21 Oct	Derby
10-14 May		01-04 Nov	Bristol
	Maidstone	06-09 Dec	London
21-24 Jun	Milton Keynes	13-16 Dec	Sheffield



### **BOHS P405 \*VIRTUAL\***

Management of Asbestos in Buildings





Oo This course is designed for duty holders under regulation 4 of CAR 2012. Property owners, building or process managers, or duty holders of any sized company, etc. will benefit from this course.



Four-day duration, includes online teaching with experienced tutor together with two BOHS exams. Candidates must pass both papers to receive their BOHS P405 Proficiency Certificate. **BOHS** exams completed online.

candidates with practical knowledge and skills to manage asbestos in buildings and to provide a basic knowledge of asbestos removal procedures.

> Candidates for this course are expected to be aware of the contents of The Control of Asbestos Regulations 2012 and in particular Regulation 4 and the supporting Approved Code of Practice and guidance L143 'Managing and working with asbestos'.

For an in-house course (min. 4 students), please contact us.







£765.00 (inc VAT)

Cost comprises of £522 +VAT (experienced tutor and training materials) & £160 BOHS exam fee (no vat).

Booking is subject to our terms and conditions.

Virtual training will be undertaken using Microsoft Teams.

18-21 Jan	24-27 May	27-30 Sep
22-25 Feb	21-24 Jun	25-28 Oct
22-25 Mar	26-29 Jul	22-25 Nov
26-29 Apr	23-26 Aug	06-09 Dec





### P405 Refresher

Management of Asbestos in Buildings



This course in intended for those who have already suscessfully passed the BOHS P405 proficiency module.



Three-day duration, includes the classroom teaching.



The BOHS P405 REFRESHER course reminds candidates of the practical knowledge and skills required to manage asbestos in buildings and to provide a basic knowledge of asbestos removal procedures.

Candidates for this course are expected to be aware of the contents of The Control of Asbestos Regulations 2012 and in particular regulation 4 and the supporting HSE Approved Code of Practice and quidance document: L143 'Managing and working with asbestos'.

For an in-house course (min. 4 students), please contact us.

#### 2020 dates

07-09 Dec London 14-16 Dec Leeds



#### £498.00 (inc VAT)

Cost comprises of experienced tutor, training materials, venue, lunch and refreshments.

aaa

Booking is subject to our terms and conditions.

01-03 Mar 19-21 Apr	Newcastle London East Kilbride London Southampton	27-29 Sept 18-20 Oct	Bristol London East Kilbride Newcastle Derby
10-13 May 17-21 May	London	18-20 Oct 01-03 Nov 06-08 Dec 13-15 Dec	Bristol London

### **P405 REFRESHER \*VIRTUAL\***

Management of Asbestos in Buildings







oOo This course in intended for those who have already suscessfully passed the BOHS P405 proficiency module.



Three-day duration, includes the online teaching.



The BOHS P405 REFRESHER course reminds candidates of the practical knowledge and skills required to manage asbestos in buildings and to provide a basic knowledge of asbestos removal procedures.

Candidates for this course are expected to be aware of the contents of The Control of Asbestos Regulations 2012 and in particular regulation 4 and the supporting HSE Approved Code of Practice and guidance document: L143 'Managing and working with asbestos'.

For an in-house course (min. 4 students), please contact us.



£420.00 (inc VAT)

Cost comprises experienced tutor and training materials.

Booking is subject to our terms and conditions.

Virtual training will be undertaken using Microsoft Teams.

18-20 Jan	24-26 May	27-29 Sep
22-24 Feb	21-23 Jun	25-27 Oct
22-24 Mar	26-28 Jul	22-24 Nov
26-28 Apr	23-25 Aug	06-08 Dec



### Asbestos Analytical Training.

### **BOHS P401**

Identification of Asbestos in Bulk Samples (PLM)



Candidates for this course are expected to be fully aware of the contents of HSG248 'Asbestos: The Analysts Guide': Appendix 2 (Asbestos in bulk materials: sampling and identification by polarised light microscopy (PLM)).

Candidates will preferably have prior experience of analysis bulk samples and may already be participating in a quality control scheme.

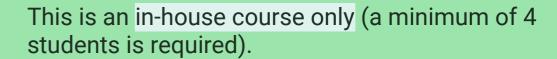


Three-day course held at your laboratory.



The aim of this proficiency module is to provide the theoretical and practical knowledge in the techniques of asbestos sample identification using polarised light microscopy (PLM).

Students will learn about the types and forms of asbestos fibres and their industrial uses; the theory of polarised light and the practicalities of setting up and using a polarised light microscope; the approved methods for analysis of bulk fibre samples and have an understanding of the exposure controls and quality controls required during this activity.



This course has practical demonstrations between students and the tutor. As such, it is not suited for online training. Only the theory part of teh course can be delivered online.

There are also specific equipment requirements to fulfil the course criteria. Please contact us for more details on these.



#### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.

31.

ada

### International Modules.

### BOHS IP402 International Module



Surveying & Sampling Strategies for Asbestos in Buildings



Who should attend? The qualification is suitable for you if you are:

- required to survey buildings for asbestos as part of your work;
- considering a career in asbestos surveying;
- responsible for managing surveyors and surveying teams.

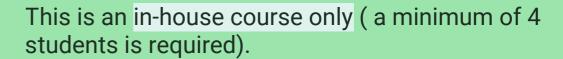


Three-day duration, includes the classroom teaching, BOHS formative practical assessment together with two BOHS exams.



IP402 Surveying and Sampling Strategies for Asbestos in Buildings is the first of the suite of international qualifications from BOHS. Asbestos surveyors play a critical role in preventing exposure to asbestos. This qualification covers the basic tried and tested knowledge and skills required to locate and identify asbestoscontaining materials in buildings and provide advice to minimise the risk of exposure.

Students will learn about asbestos in buildings; and their public health risk; principles of asbestos surveys; risk assessment and risk management strategies; asbestos registers; methods for bulk sampling; suitable RPE/PPE and personal decontamination.





#### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.

BOHS examsare priced at £160 (no VAT) per student (min 4 students)

Worker Health Protection

Booking is subject to our terms and conditions.

ada

### Asbestos Management Training.

### BOHS IP405 International Module







The qualification is suitable for duty holders and persons conducting a business or undertaking is also suitable for anyone who;

- manages asbestos in buildings:
- procures asbestos-related services:
- wishes to progress into asbestos management from asbestos surveying, assessment or analysis.



Five-day duration (less 6 hours for experienced students), 6 hours independent study, classroom teaching and two BOHS exams.



Management of Asbestos in Buildings

IP405 Management of Asbestos in Buildings is the second in the suite of international asbestos qualifications for BOHS.

The effective management of asbestos is an essential and challenging area of work, often requiring the procurement of services from asbestos surveyors, removal contractors, assessors and analysts. This qualification provides the necessary background knowledge to make better procurement decisions and to monitor the quality of the services by understanding the work procedures and acceptable standards of performance.

This is an in-house course only (a minimum of 4 students is required).



#### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.

BOHS exams are priced at £160 (no VAT) per student (min. 4 students)



### Asbestos Management Training.

Suitable for international candidates



### **BOHS W504**

International Module



**Asbestos and Other Fibres** 

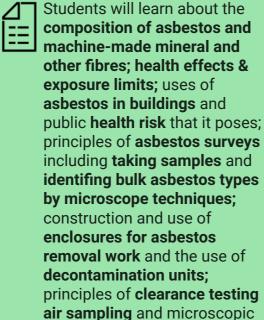


Who should attend?
Successful completion of this module will benefit those working in asbestos consultancy as well as in mainstream occupational hygiene, giving an

understanding of the health risks associated with asbestos and other fibres as well as the means of evaluation and control.



Five-day classroom teaching with tutorials, practical demonstrations, guided reading, overnight questions and BOHS open book exam.



fibre counting; management of

asbestos in buildings.



£1,094.00 (inc VAT)

Cost comprises of £795 +VAT (fully experienced tutor, training materials, venue, lunch and refreshments) & £140 BOHS exam fee (no VAT).

Booking is subject to our terms and conditions

#### 2020 dates

23-27 Nov Bristol

For an in-house course (min. 4 students) (within UK or overseas), please contact us.

#### **2021 dates**

22-27 Feb East Kilbride

22-26 Mar Bristol

24-28 May Birmingham

19-23 Jul London

11-15 Oct Leeds

22-26 Nov Bristol





### Working with Asbestos.

## CICIC Training Co Ltd

### **Work with Non-licensed ACMs**

Working with Notifiable & Non-Notifiable Non-Licensed Asbestos Products (LEVEL 2)



This training course is intended for anyone who may be required to undertake **minor** work on asbestos products as defined in HSE's Asbestos Essential Task sheets.



buildings; the types of products that may contain asbestos; the dangers of asbestos; asbestos legislation and guidance; RPE/PPE; safe working; handling asbestos waste and personal

Students will learn where

asbestos may be found in



One-day course held at your premises, or a venue of your choosing.

This course has many practical demonstrations between students and the tutor. As such, it is not suited for online training. This training day includes both **tutor-led classroom** and **practical training**.

decontamination.

This is an in-house course only (a minimum of 4 students is required).



#### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.

### Working with Asbestos.

## CICIC Training Co Ltd

### **BOHS Proficiency Module Resits**

Any students wishing to undertake a BOHS examination resit, please contact us.

We can accept students who didn't take their original training with us.

Our price includes a small handling fee to cover refreshments and the booking process.



#### Exam prices differ, please contact us.

Our fee provided to you includes the examination paper(s) and refreshments. Lunch is not provided where one exam paper is being taken.







# **BOHS P900**



### Control of Legionella in Domestic Hot and Cold Water Systems



Anyone who needs a basic knowledge of legionella bacteria and the risk factors which allow it to proliferate in water systems.



This training course provides an overview of the risk of legionella infections and how it can be controlled in domestic type hot and cold water systems.

This is an in-house course only (a minimum of 4 students is required).



Worker Health Protection

One-day course held at your premesis, or a venue of your choosing.

#### P900 topics include:

- Legionella and health risks
- Legislation and guidance
- Types of domestic hot and cold water systems
- Precautionary measures for legionella control
- Sampling, testing and monitoring regimes
- Maintenance, disinfection and cleaning
- Record keeping



### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.





## **BOHS P901**



Legionella: Management and Control of Building Hot and Cold Water Services



Anyone who needs to understand the risk of legionella infection and how it can be controlled.



One-day course held at your premises, or a venue of your choosing.



This training course provides an overview of the risk of legionella infections and how it can be controlled in domestic type hot and cold water systems.

Achieving a pass in this course is a prerequisite before undertaking the following BOHS courses: **P903** or **P904**.

This is an in-house course only (a minimum of 4 students is required).

#### **P901 topics include:**

- Introduction and history of the organism
- Legislation and guidance
- Risk assessment of systems
  - Operational control
  - Outbreak investigation procedures
  - Record keeping
  - Case studies



### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.





## **BOHS P903**



Legionella: Management and Control of Evaporative Cooling and other High Risk Industrial Systems



Anyone who needs to understand the risk of legionella infection and how it can be controlled.



One-day course held at your premises, or a venue of your choosing.

#### **P903 topics include:**

- Legislation and guidance
- Cooling tower design and operation
- Risk assessment
- Water treatment
- Operational control
- Other risk systems
- Record keeping



This training course provides an overview of the risk of legionella infections and how it can be controlled in evvporative cooling and other high risk industrial systems.

Achieving a pass\* in the BOHS P901 is a prerequisite before undertaking the BOHS P903 or BOHS P904 course.

\* This pre-requirement is waived where both P901 and P903 courses are run on subsequent days or as a combined course. This is an in-house course only (a minimum of 4 students is required).



### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.





## **BOHS P904**



Legionella: Management and Control in Leisure, Display, Therapy and other **Non-Industrial Systems** 



Anyone who needs to understand the risk of legionella infection and how it can be controlled.



One-day course held at your premises, or a venue of your choosing.

#### **P904 topics include:**

- Legislation and guidance
- Leisure, recreational and healthcare facilities: design and operations
- Risk assessment
   Water treatment

  - Operational control
  - Other risk systems
  - Record keeping



This training course provides an overview of the risk of legionella infections and how it can be controlled in leisure, display, therapy and other non-industrial systems.

Achieving a pass\* in the BOHS P901 is a prerequisite before undertaking the BOHS P903 or BOHS P904 course.

\* This pre-requirement is waived where both P901 and P904 courses are run on subsequent days or as a combined course.

This is an in-house course only (a minimum of 4 students is required).



### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.





# Health & Safety Training.

# Health & Safety Training.

# Confined Spaces, Safe Use of Ladders & Steps and Manual Handling Awareness Modules





This is an ideal course for contractors, operatives and supervisors, or anyone who requires a basic understanding of these three important health and safety issues.



In this bespoke course, three important health and safety modules are delivered at awareness level and combined into a half-day training session for groups of personnel.



**Confined Space Awareness topics-** regulations; risk of injury; breathable atmospheres; other hazards; RPE; explosive atmospheres; risk assessment; entering confined spaces; testing and monitoring the atmosphere and contingency plans.

**Safe use of Ladders and Steps topics** - Work at Height Regs; managing the work; employers and duty holder responsibilities; risk assessment; planning and organising work; suitability and safety of ladders and steps; prevention of falls and safety measures.

**Manual Handling Awareness topics** - Manual Handling regs; employers and employees duties under the regulations; techniques used to minimise the risk of injury from lifting, pushing, pulling or carrying and good handling and lifting.



Half-day course held at your premises, or a venue of your choosing.



### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.

# Health & Safety Training.



# **Emergency First Aid at Work**





Who should attend: This course is suitable for Nominated Workplace First Aiders in smaller, low risk working environments and anyone who wants to receive training in emergency first aid.



One-day course held at your premises, or a venue of your choosing.



This course covers workplace health and safety regulations and provides trainees with basic life saving first aid training.

Students will learn about the role of the first aider; managing an emergency; communication and casualty care; bleeding (minor and severe); burns; choking (adult); fainting; health and safety (first aid) regulations; resuscitation (adult CPR); seizures (adult); shock and the unconscious casualty.

All successful candidates on the course will receive First Aid certification that is valid for three years. This is an in-house course only (a minimum of 4 students is required).



### Please contact us for a quote

Our fee includes an experienced tutor, travel costs & training materials.















We can now offer BOHS, OHTA & IOSH courses virtually.

All of the **BOHS**, **OHTA** and **REFRESHER** courses are led by our team of experienced tutors, the others are conducted online at your own pace.

Our instructer led training courses are held on **Microsoft Teams** which can be accessed in two ways, via a suitable browser or by downloading the free software onto any device.

The training will be run in exactly the same way as our venue based courses. Our tutors will do group discussions, hold one-to-one sessions (if delegates require them), presentations and workshops. Even the examinations are now held online.

**Experienced Instructor led training.** 







## **BOHS Courses**

Asbestos: P402, P405 & D407

**International: IP402 & IP405** 

Legionella: P900, P901, P903 & P904

**BOHS Proficiency Examinations (all courses)** 

# **Refresher Courses**

P402 refresher

P405 refresher

**HSE Licensed Asbestos Operative: refresher** 

**HSE Licensed Asbestos Supervisor: refresher** 

**HSE Licensed Scaffolders: refresher** 

### **OHTA Courses**

W504

**Experienced Instructor led training.** 







### **Other Virtual Asbestos Courses**

### **ASBESTOS AWARENESS COURSES**

**Basic Asbestos Awareness (level 3)** 

**Safe handling of Asbestos Waste** 

**Understanding Asbestos Surveys** 

**Duty to Manage: Complying with Reg. 4** 

**Duty to Manage: Complying with Regs. 4 & 10** 

**Contaminated Land Remediation** 

**Asbestos Awareness for Front-Line Teams** 

**Asbestos Awareness for Fire, Flood or Vandalised premises** 

Please contact us for a quote

**Experienced Instructor led training.** 







# **Virtual Health & Safety Courses**

**Confined Space, Ladders & Manual Handling Emergency First Aid At Work** 

The courses below are distance learning at the students own pace.

# **eLearning Courses**

Construction Dust (eLearning)
BOHS Approved Asbestos Awareness (eLearning)
RoSPA Health & Safety (eLearning)

Please contact us for a quote



### © AAA Training Co Ltd

120 Maryon Road, London, SE7 8DH, United Kingdom

+44 (0)1787 313137

www.aaa-training.com

enquiries@aaa-training.com

**version 4 | Dec 2020** 











aaatrainingco