

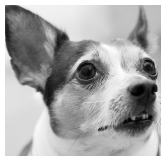
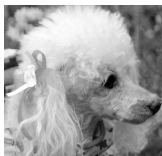
## The AlphaTRAK Diabetes Diary



**AlphaTRAK**  
Blood Glucose Monitoring System

AlphaTRAK is a portable blood glucose monitoring system validated and calibrated for dogs and cats.

**zoetis**



You may use this journal to keep track of your dog's or cat's diabetes protocol.

You have received detailed instructions from your veterinarian regarding your dog's or cat's home testing needs. Most diabetic patients could be managed at home with your veterinarian's treatment plan, consistent monitoring and by following these instructions. We are here to support you as you care for your diabetic patient. Please call your veterinarian if you have any questions or concerns about your pet.

**AlphaTRAK**  
BLOOD GLUCOSE  
MONITORING SYSTEM

**Instructions for \_\_\_\_\_ Diabetes Monitoring**

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**Your dog's or cat's daily testing should be performed in the morning and afternoon as follows:**

- 1. Use glucose meter to test your dog's or cat's blood**
- 2. Feed your dog or cat – record the amount eaten\***
- 3. Use your insulin chart to determine insulin dose\***
- 4. Administer appropriate insulin dose to your dog or cat\***



You should monitor your dog or cat for any unusual activity such as vomiting, diarrhea, depression, increased or reduced appetite, urination or thirst. If any of these occur, you should contact your veterinarian and update him/her on your pet's condition. Also, please note any changes in the comments section.

**\*Your dog's or cat's glucose testing should be performed as instructed by a veterinary professional and may include these instructions.**

## Using the AlphaTRAK Blood Glucose Diary

One of the ways to help manage your dog's or cat's diabetes is to record its daily blood glucose levels in this diary. Your veterinarian has established an appropriate target blood glucose range for your pet. Recording your dog's or cat's blood glucose levels in this diary serves as a valuable tool to help ensure that the levels remain within the target range. Identifying any significant changes can help your veterinarian determine how to best adjust your dog's or cat's treatment protocol and reduce the risk of problems related to diabetes.

## AlphaTRAK Daily Journal

Date	Time	Blood Glucose	Appetite <small>(decreased/increased)</small>	Units of Insulin	Time of Injection

Comments:

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Date	Time	Blood Glucose	Appetite <small>(decreased/increased)</small>	Units of Insulin	Time of Injection

Comments:

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Day of \_\_\_/\_\_\_/\_\_\_

AlphaTRAK Blood Glucose Curve Data Collection

	Blood Glucose Reading	Time of Glucose Test	Insulin Units/Type	Injection Time	Notes/Comments
1st Reading					Diet:
					Exercise:
2nd Reading					Diet:
					Exercise:
3rd Reading					Diet:
					Exercise:
4th Reading					Diet:
					Exercise:
5th Reading					Diet:
					Exercise:
6th Reading					Diet:
					Exercise:
7th Reading					Diet:
					Exercise:

AlphaTRAK Blood Glucose Curve Data Collection

	Blood Glucose Reading	Time of Glucose Test	Insulin Units/Type	Injection Time	Notes/Comments
1st Reading					Diet:
					Exercise:
2nd Reading					Diet:
					Exercise:
3rd Reading					Diet:
					Exercise:
4th Reading					Diet:
					Exercise:
5th Reading					Diet:
					Exercise:
6th Reading					Diet:
					Exercise:
7th Reading					Diet:
					Exercise:

# Diabetic Daily Journal

**Pet's Name:** \_\_\_\_\_

**Date Started:** \_\_\_\_\_

**Please schedule follow-up appointments for your dog or cat on/around the following date(s):**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Please have a veterinary professional fill out instructions for your dog's or cat's diabetes monitoring.**

Owner's Name

Pet's Name

Address

City/Town

State/County

Zip/Post Code

Telephone

**In case of an emergency call:**

Name

Telephone

Veterinarian's Name

Telephone

Hospital/Veterinary Practice

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