



12 Creative Ways

to Earn ACE Continuing Education Credits

As an ACE Certified Professional, you are required to earn 20 hours of ACE-Approved continuing education credits (CECs) during your two-year certification renewal cycle. Maintaining your ACE Certification is essential to ensure continued competence in health, fitness, wellness and exercise science.

ACE offers **a wide selection of continuing education opportunities**. From ACE Specialist Programs and the ACE CEC Club to offerings from some of the most respected educators from around the globe, there's something for everyone.

You may be surprised to learn that ACE also offers alternative opportunities to acquire CECs, most without a petition cost. Here are 12 creative ways for earning CECs:

UP TO 2.0 CECs

- 1. Earn another ACE Certification:** Many successful ACE Pros hold multiple certifications to make them more well-rounded. Earn 2.0 CECs for studying and successfully passing an additional ACE Certification Exam.
- 2. *Pass health and fitness-related college courses from an accredited college/university with a grade 'C' or higher:** Courses must be relevant to your ACE Certification. Semester = 1.0 CECs per unit. Quarter = 0.8 CECs per unit.

UP TO 0.5 CECs

- 3. Give professional presentations:** Earn up to 0.5 CECs per calendar year for the research involved in developing a fitness-related professional presentation, lecture or academic course at a convention or symposium.
- 4. Write a correspondence course:** To qualify, you must be the sole author for all learning objectives, course content and the correspondence exam.
- 5. *Earn another NCCA-accredited certification:** ACE offers CECs for earning all current National Committee for Certifying Agencies (NCCA)-accredited health and fitness certifications from other organizations.
- 6. Get published:** Earn 0.1 CEC for each published article in a fitness-related periodical, 0.2 CECs for each published chapter in a fitness-related book and 0.5 CECs for any published fitness-related book or research paper in a peer-reviewed journal. The publication date must coincide with your renewal period. The maximum you can earn through publishing is 0.5 CECs per calendar year.
- 7. Serve on an ACE committee:** ACE assembles ad hoc committees of working health and exercise professionals who have been identified as Subject Matter Experts (SMEs) for each certification we offer. Earn up to 0.5 CECs per calendar year for offering your expertise on a committee.

UP TO 0.2 CECs

- 8. Attend health and fitness events:** Many health and fitness organizations, offer conferences, workshops and webinars throughout the year both in-person and online. ACE-approved events offer CECs for attendance.
- 9. Take First Aid courses:** CPR/AED is required for renewal and is worth 0.4 CECs. However, taking additional First Aid courses are worth between 0.1 to 0.2 CECs depending on course length and content.
- 10. Take part in a clinical observation:** Participating in clinical observations of surgical procedures that can enhance your understanding of human systems and that relate to your ACE Certification can be worth a maximum of 0.2 CECs per renewal cycle.
- 11. Complete internships relevant to your ACE Certification:** Earn up to 0.2 CECs for completing a paid internship. For internships completed to earn college credit, see the college course information in the "Up to 2.0 CECs" section above. If your internship is in conjunction with a college course, you cannot receive additional CECs for the internship if you've already received CECs for the course.
- 12. Participate in community outreach:** You can earn 0.2 CECs for volunteering to lead or teach health and physical activity experiences as a form of community outreach.

* Requires petition and \$25 review fee.

To submit one or more of these creative ways to earn CECs for consideration, please email Support@acefitness.org and include your name and ACE Certification number in the body of the email.

