



PARAMOUNT

ADVANTAGE | ELITE | HMO
INDIVIDUAL MARKETPLACE |
PROMEDICA MEDICARE
PLAN | PPO

Genetic Counseling

Policy Number: PG0358

Last Review: 07/09/2019

GUIDELINES

This policy does not certify benefits or authorization of benefits, which is designated by each individual policyholder contract. Paramount applies coding edits to all medical claims through coding logic software to evaluate the accuracy and adherence to accepted national standards. This guideline is solely for explaining correct procedure reporting and does not imply coverage and reimbursement.

SCOPE

Professional

Facility

DESCRIPTION

According to the National Society of Genetic Counselors (NSGC), “genetic counselors have advanced training in medical genetics and counseling to interpret genetic test results and to guide and support patients seeking more information about such things as:

- How inherited diseases and conditions might affect them or their families.
- How family and medical histories impact the chance of disease occurrence or recurrence.
- Which genetic tests may or may not be right for them, and what those tests may or may not tell.
- How to make the most informed choices about healthcare conditions.”

POLICY

Genetic counseling (96040) provided by a trained genetic counselor does not require a prior authorization for all product lines.

Code S0265 is non-covered for all product lines.

COVERAGE CRITERIA

HMO, PPO, Individual Marketplace, Elite/ProMedica Medicare Plan, Advantage

Coverage for genetic counseling is dependent on benefit plan language. Many benefit plans limit coverage of genetic counseling to two (2) visits per year for both pre and post genetic testing. Please refer to the applicable benefit plan language to determine benefit availability and terms, conditions and limitations of coverage.

If coverage is available for genetic counseling, the following conditions of coverage apply:

Paramount covers pre- and post-test genetic counseling as medically necessary for EITHER of the following:

- an individual undergoing genetic testing
- an individual who is a potential candidate for genetic testing

by an American Board of Medical Genetics or American Board of Genetic Counseling-certified Genetic Counselor not employed by a commercial genetic testing laboratory (Genetic counselors are not excluded if they are employed by or contracted with a laboratory that is part of an Integrated Health System which routinely delivers health care services beyond just the laboratory test itself).

Paramount will not reimburse genetic counseling (96040) when reported by a Physician, because this code is intended for use by non-physician health care professionals. Physicians who provide genetic counseling should report these services using evaluation and management codes.

ICD-10 diagnosis codes listed below are considered under the preventive benefit per CMS requirements.

CODING/BILLING INFORMATION

The appearance of a code in this section does not necessarily indicate coverage. Codes that are covered may have selection criteria that must be met. Payment for supplies may be included in payment for other services rendered.

CPT CODE	
96040	Medical genetics and genetic counseling services, each 30 minutes face-to-face with patient/family
HCPCS CODE	
S0265	Genetic counseling, under physician supervision, each 15 minutes
ICD-10 CODES	
ICD-10 diagnosis codes listed below are considered under the preventive benefit per CMS requirements.	
Z15.01	Genetic susceptibility to malignant neoplasm of breast
Z15.02	Genetic susceptibility to malignant neoplasm of ovary
Z80.3	Family history of malignant neoplasm of breast
Z80.41	Family history of malignant neoplasm of ovary
Z85.3	Personal history of malignant neoplasm of breast
Z85.43	Personal history of malignant neoplasm of ovary
Additional ICD-10 diagnosis codes listed below are considered under the medical benefit.	
C00-D49	Neoplasms
D56	Thalassemia
D57	Sickle-cell Disorders
D58	Other Hereditary Hemolytic Anemias
D61	Other aplastic anemias and other bone marrow failure syndromes
D66	Hereditary factor VIII deficiency
D67	Hereditary factor IX deficiency
D68	Other coagulation defects
D68.5	Primary thrombophilia
D72	Other disorders of leukocytes
D74	Methemoglobinemia
D75	Other and unspecific diseases of blood and blood-forming organs
E21	Hyperparathyroidism and other disorders of the parathyroid gland
E22	Hyperfunction of the pituitary gland
E70	Disorders of aromatic amino-acid metabolism
E71	Disorders of branched-chain amino acid metabolism and fatty-acid metabolism
E72	Other disorders of amino-acid metabolism
E74	Other disorders of carbohydrate metabolism
E75	Disorders of sphingolipid metabolism and other lipid storage disorders
E76	Disorders of glycosaminoglycan metabolism
E77	Disorders of glycoprotein metabolism
E78	Disorders of lipoprotein metabolism and other lipidemias
E79	Disorders of purine and pyrimidine metabolism
E80	Disorders of porphyrin and bilirubin metabolism
E83	Disorders of mineral metabolism
E84	Cystic Fibrosis
E88	Other and unspecified metabolic disorders
F70-F79	Intellectual disabilities
F80-	Pervasive and specific developmental disorders

F89	
G10	Huntington's disease
G11	Hereditary ataxia
G12	Spinal muscular atrophy and related syndromes
G31	Other degenerative diseases of the nervous system, not elsewhere classified
G40	Epilepsy and recurrent seizures
G60	Hereditary and idiopathic neuropathy
G71	Primary disorders of muscles
G72	Other and unspecified myopathies
H35	Other retinal disorders
H90	Conductive and sensorineural hearing loss
I27	Other pulmonary heart diseases
I42	Cardiomyopathy
I45	Other conduction disorders
I71	Aortic aneurysm and dissection
I78	Diseases of the capillaries
J93	Pneumothorax and air leak
N07	Hereditary nephropathy, not elsewhere classified
N46	Male infertility
N97	Female infertility
O09.5	Supervision of elderly primigravida and multigravida
Q00- Q99	Congenital Malformations, Deformations, and Chromosomal Abnormalities
R62	Lack of expected normal physiological development in childhood and adults
Z14	Genetic carrier
Z15	Genetic susceptibility to disease
Z31	Encounter for procreative management
Z80	Family history of primary malignant neoplasm
Z81	Family history of mental and behavioral disorders
Z82	Family history of certain disabilities and chronic diseases (leading to disablement)
Z83	Family history of other specific disorders
Z84	Family history of other conditions
Z85	Personal history of malignant neoplasm
Z86	Personal history of certain other diseases
Z87	Personal history of other diseases and conditions

REVISION HISTORY EXPLANATION

ORIGINAL EFFECTIVE DATE: 03/25/2016

03/25/16: Policy created to reflect most current clinical evidence per TAWG.

09/22/17: Coverage of genetic counseling changed from three (3) visits to two (2) visits. Added ICD-10 diagnosis codes that are considered under the preventive benefit per CMS requirements. Policy reviewed and updated to reflect most current clinical evidence per The Technology Assessment Working Group (TAWG).

08/23/18: Policy reviewed and updated to reflect most current clinical evidence per The Technology Assessment Working Group (TAWG).

7/9/19: Updated description section to reflect definition of what a genetic counselor does by NSGC. Changed policy to reflect that CPT code 96040 is genetic counselor specific. Add more applicable dx codes

12/22/2020: Medical policy placed on the new Paramount Medical Policy Format

REFERENCES/RESOURCES

Centers for Medicare and Medicaid Services, CMS Manual System and other CMS publications and services
Ohio Department of Medicaid

American Medical Association, *Current Procedural Terminology (CPT®)* and associated publications and services
Centers for Medicare and Medicaid Services, Healthcare Common Procedure Coding System, HCPCS Release and Code Sets

Industry Standard Review

Hayes, Inc.