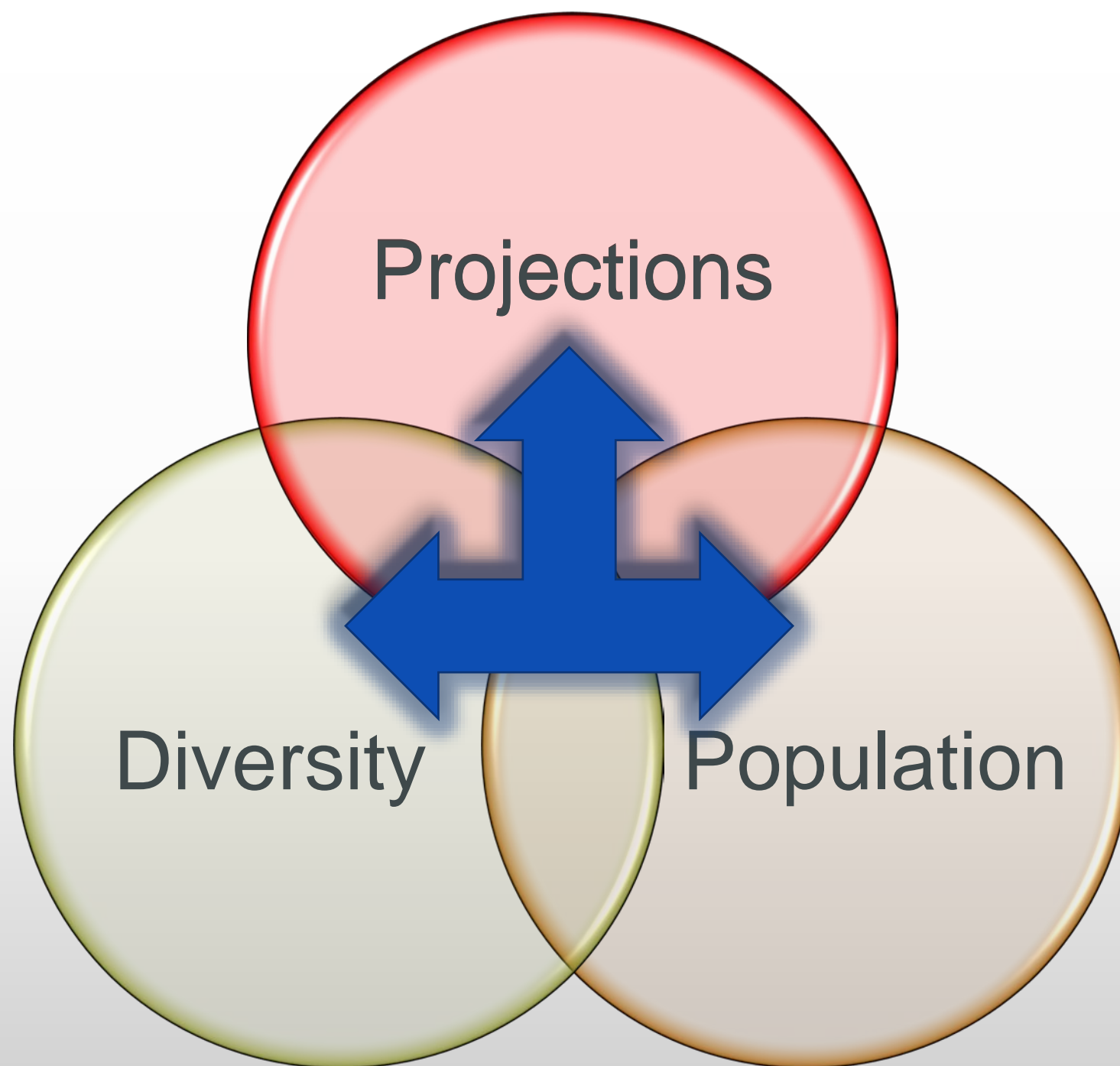


# The State of the Physician Workforce

Michael J. Dill  
Director, Workforce Studies  
AAMC

November 4, 2017



# Projections

Supply, demand, specialty groups



2017 Update

The Complexities of Physician Supply and Demand:  
Projections from 2015 to 2030

Final Report

Prepared for:

Association of American Medical Colleges

Submitted by:

IHS Markit  
February 28, 2017

# What's new?

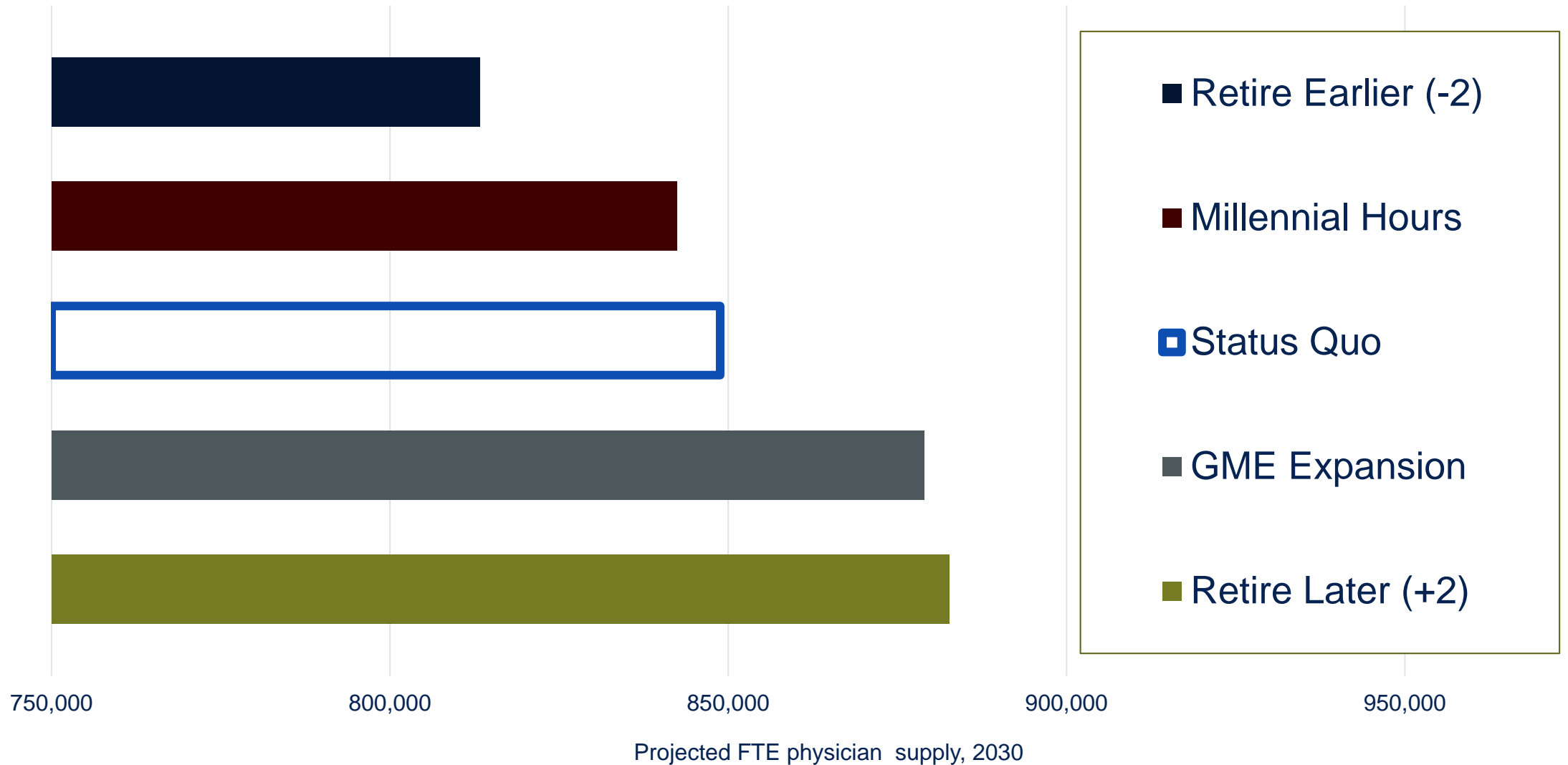
- Updated data
- Refined hospitalists estimates
- Updated PA & APRN supply projections
- Population health scenario
- Metro/non-metro location data for demand and utilization equity

# Key takeaways from the updated projections

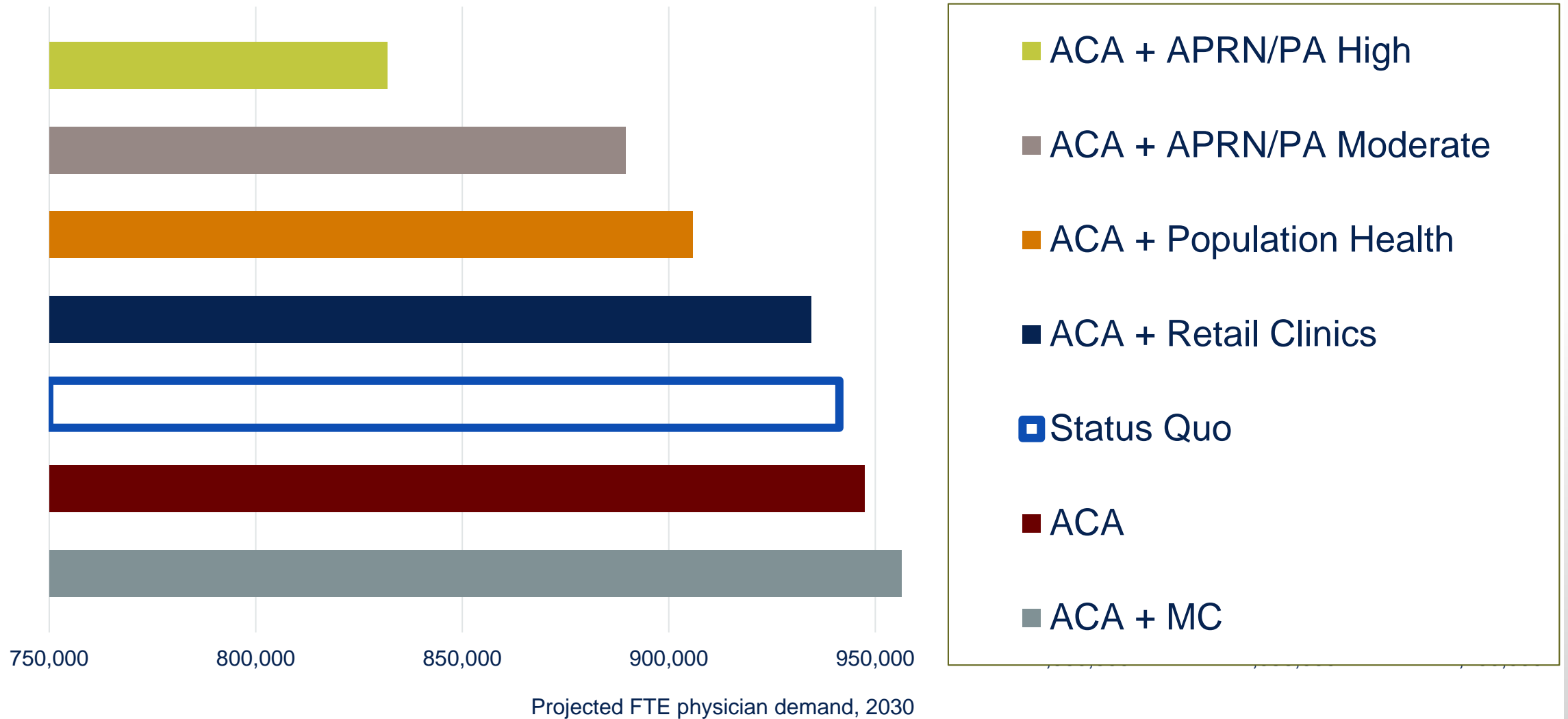
- Physician demand continues to grow faster than supply
- Projected total physician shortfall of between 40,800 and 104,900 physicians by 2030
- Shortages in both primary and specialty care – with a particularly large shortage in surgical specialties
- Consistent with 2015 & 2016 projections reports



# Supply scenarios include retirement, work hours, GME expansion

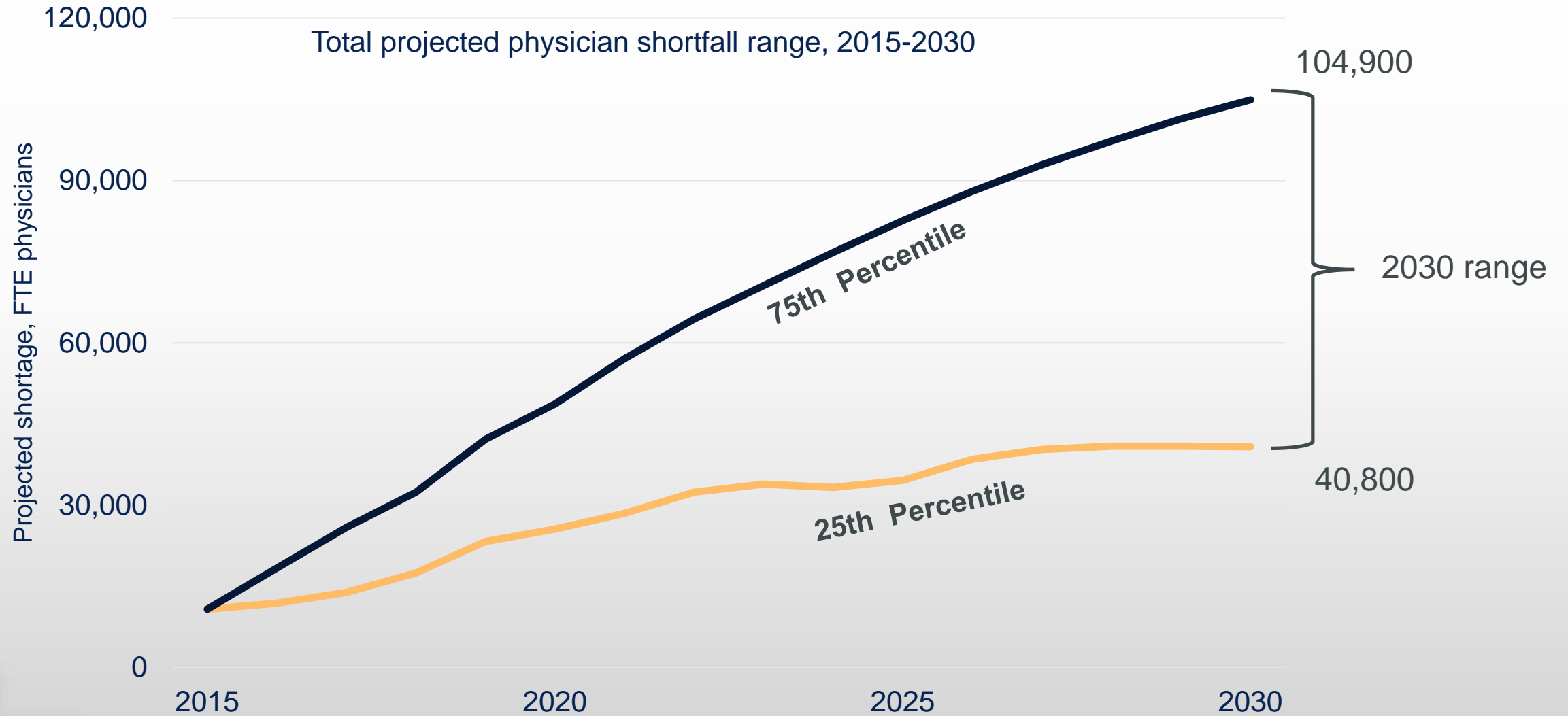


# Demand scenarios include ACA, APRNs/PAs, population health, retail clinics, managed care

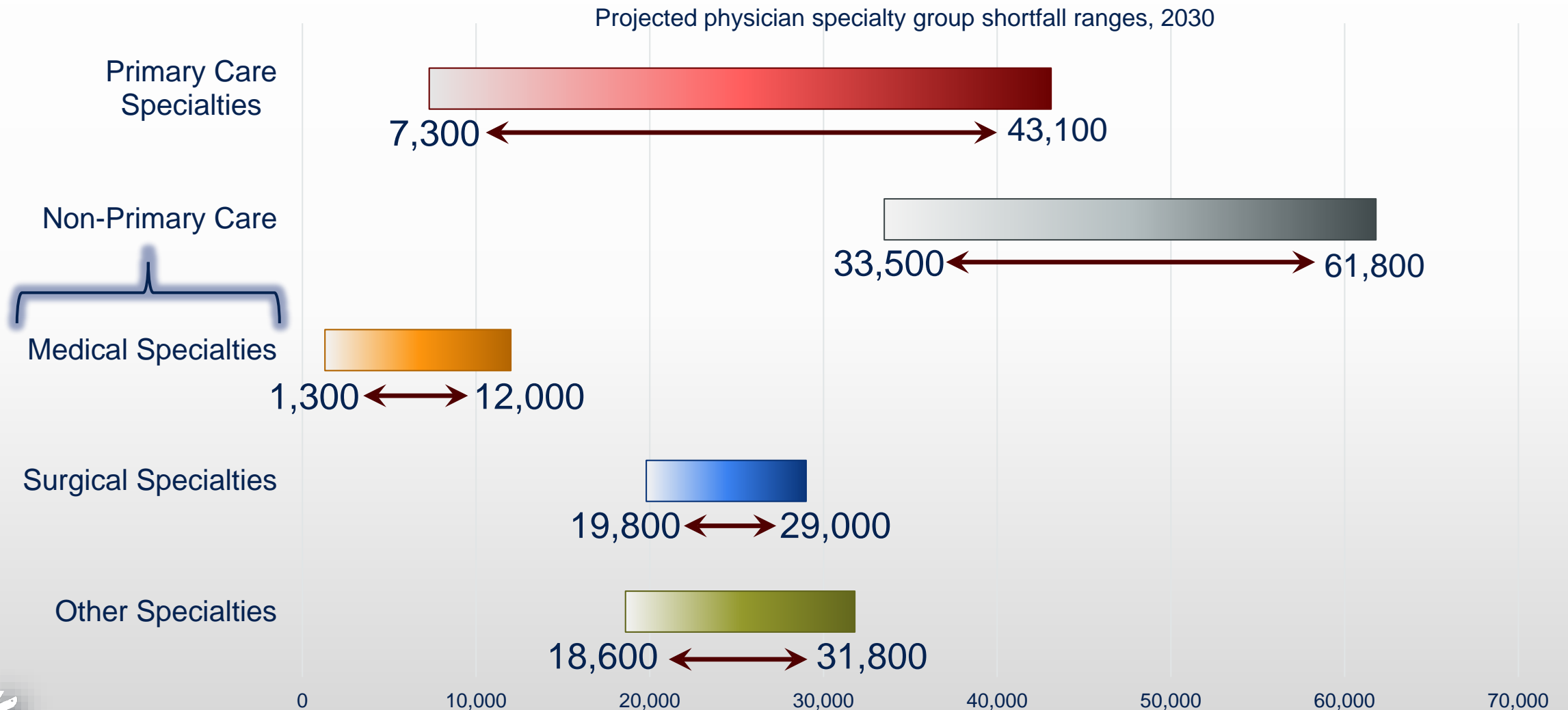




# An increasing overall shortage of physicians is projected through 2030



# The size and range of projected physician shortages varies by specialty group



# Projections

Health care utilization equity & population health

# We model Health Care Utilization Equity to better understand magnitude of unmet need

- What if barriers disappeared? How much more utilization (in 2015)?

**Scenario 1:**  
Insurance &  
Metro/  
Non-metro

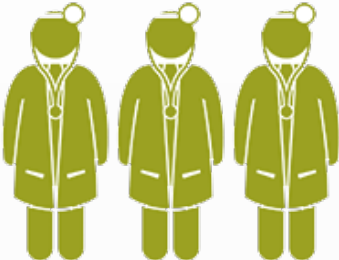
- People without medical insurance and people living in non-metropolitan areas => utilization patterns equivalent to their insured peers living in metropolitan areas

**Scenario 2:**  
Insurance,  
Metro/Non-  
metro, &  
Race/Ethnicity

- Everyone => utilization patterns equivalent to white insured populations residing in metropolitan areas

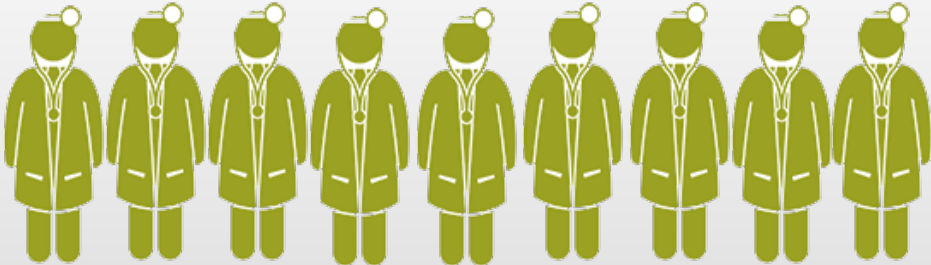
# Estimated Additional Physicians Needed if U.S. Had Achieved Health Care Utilization Equity in 2015

**Scenario 1:**  
Insurance &  
Metro/  
Non-metro



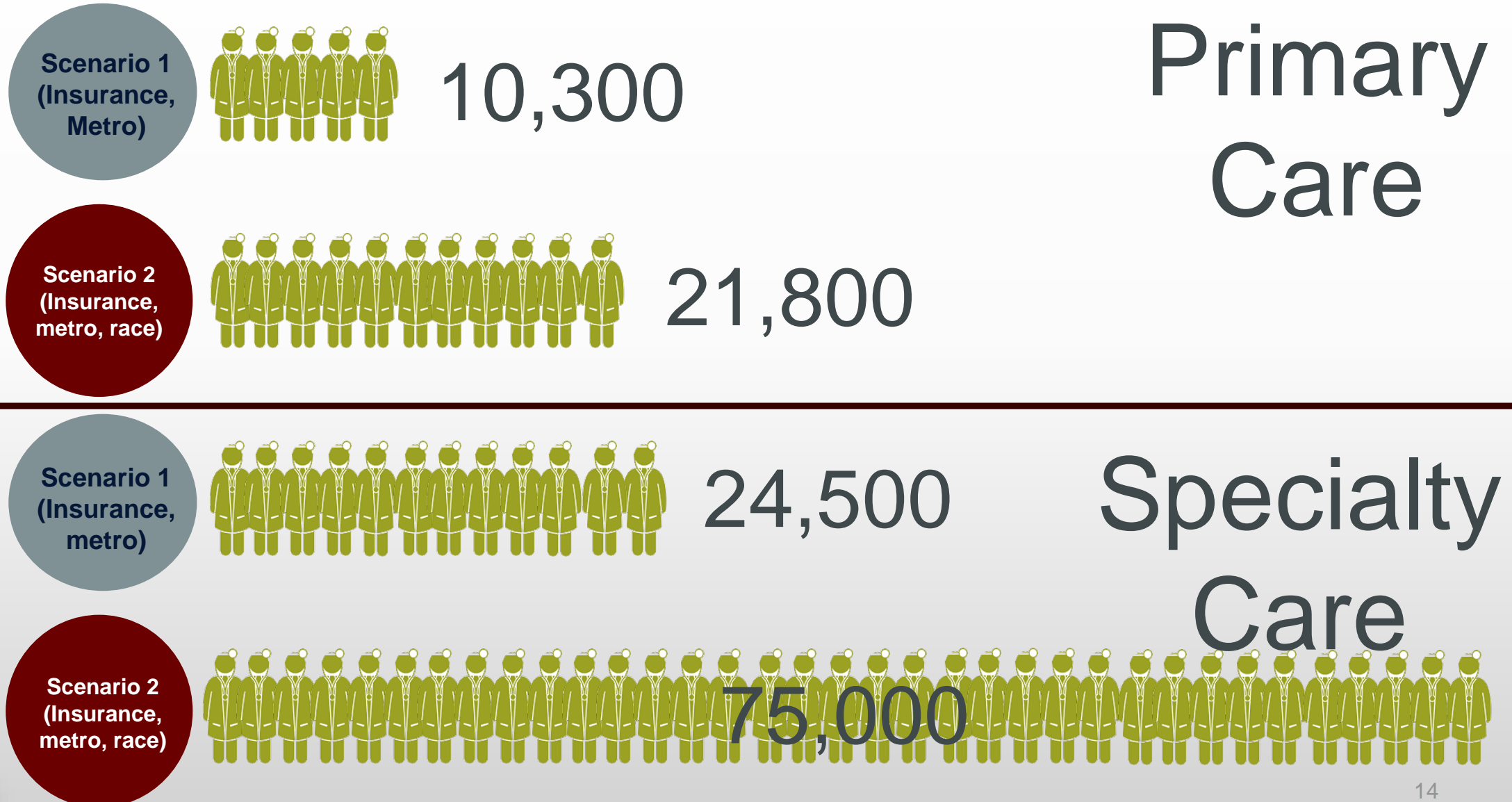
**34,800**  
Additional Physicians

**Scenario 2:**  
Insurance,  
Metro/Non-  
metro, &  
Race/Ethnicity



**96,800**  
Additional Physicians

# Estimated Additional Physicians Needed if U.S. Had Achieved Health Care Utilization Equity in 2015



# We model population health measures to <sup>15</sup> better understand their long term workforce implications

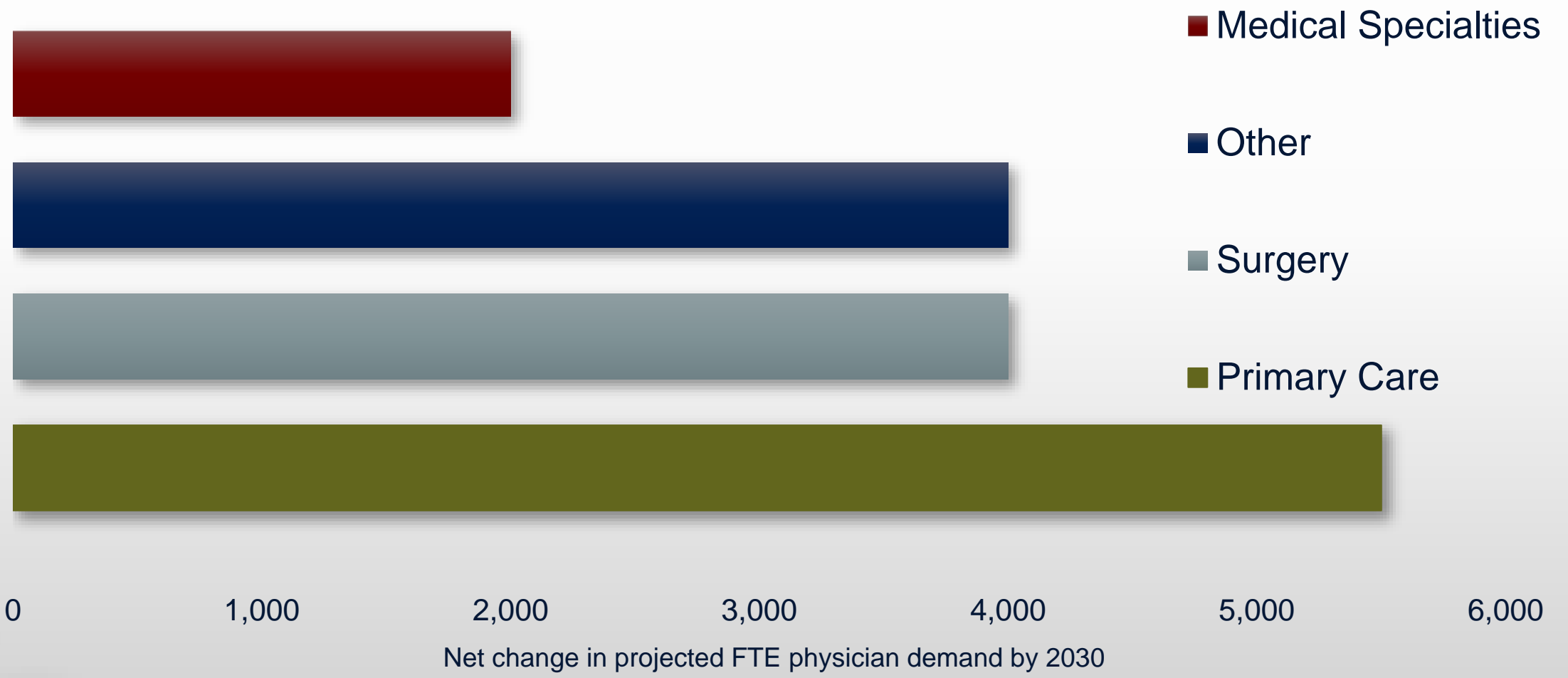
- Scenario models the workforce implications of achieving selected Healthy People 2020 goals
  - Sustained 5% body weight loss for overweight and obese adults
  - Improved blood pressure, cholesterol, and blood glucose levels for adults with elevated levels
  - Smoking cessation

# Achieving population health goals would have different short- and long-term effects on demand

- Short-term: 1% decline in physician demand
- Long-term: 2% increase in physician demand (by 2030)
- Shifts in demand for select physician specialties
- Shifts in utilization across delivery settings



# Effect of achieving population health goals would differ across specialty groups



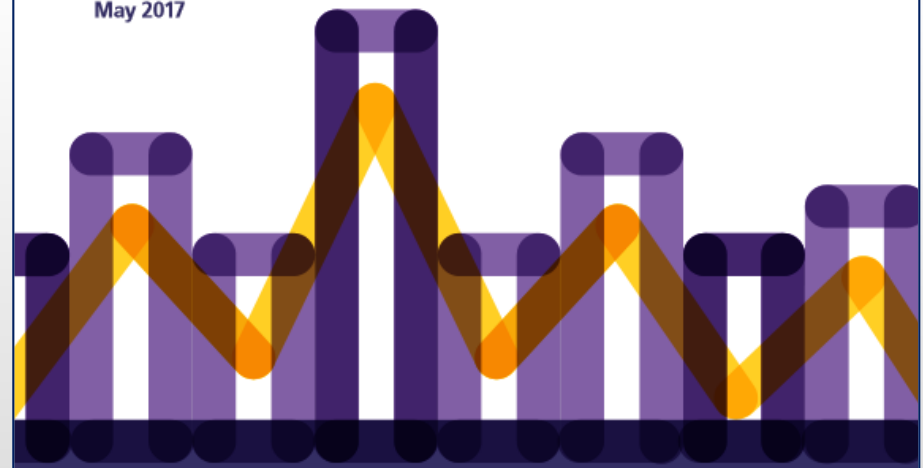
# Projections

Underlying trends: UME

# Results of the 2016 Medical School Enrollment Survey

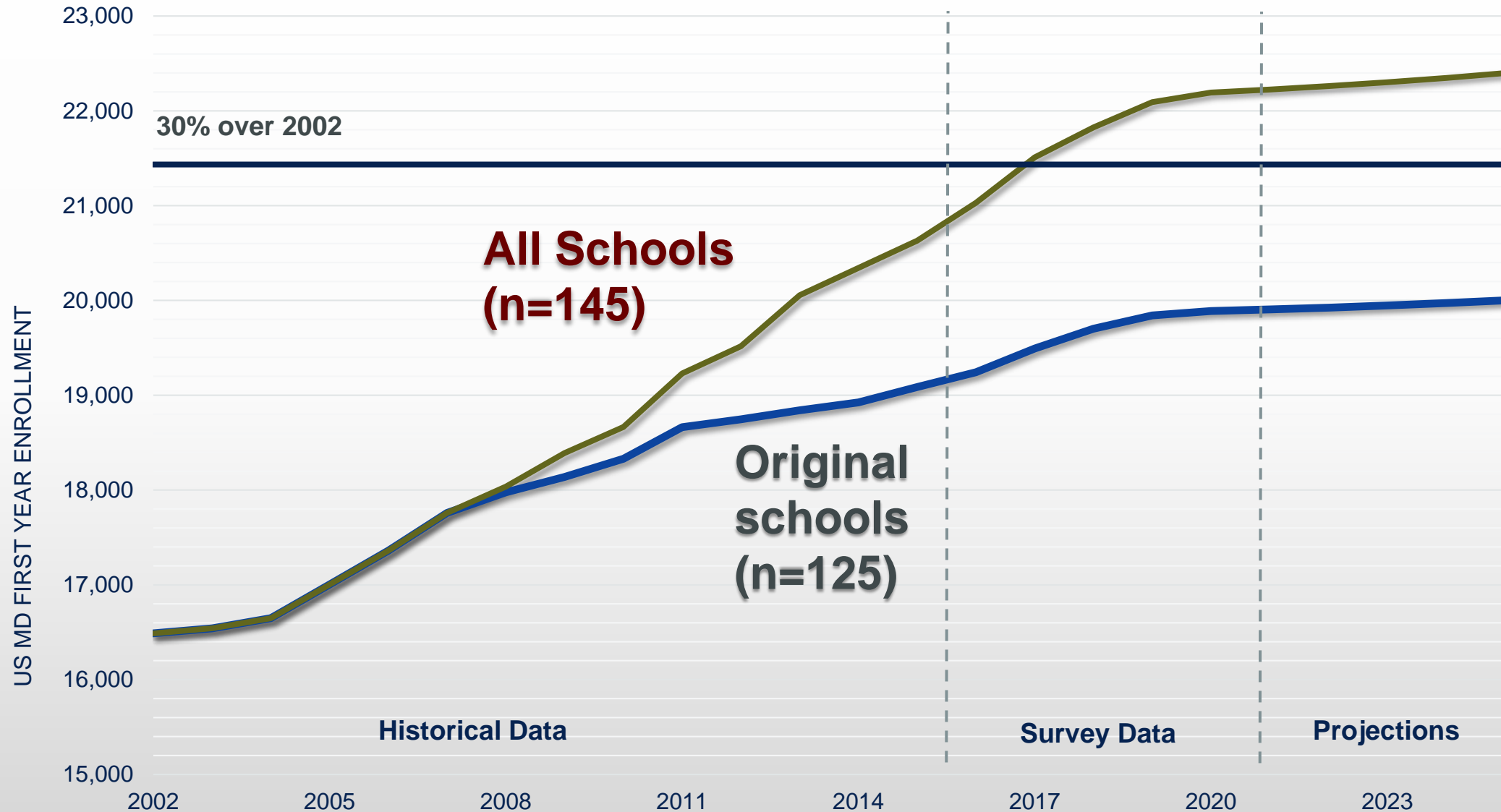
Learn  
Serve  
Lead

May 2017



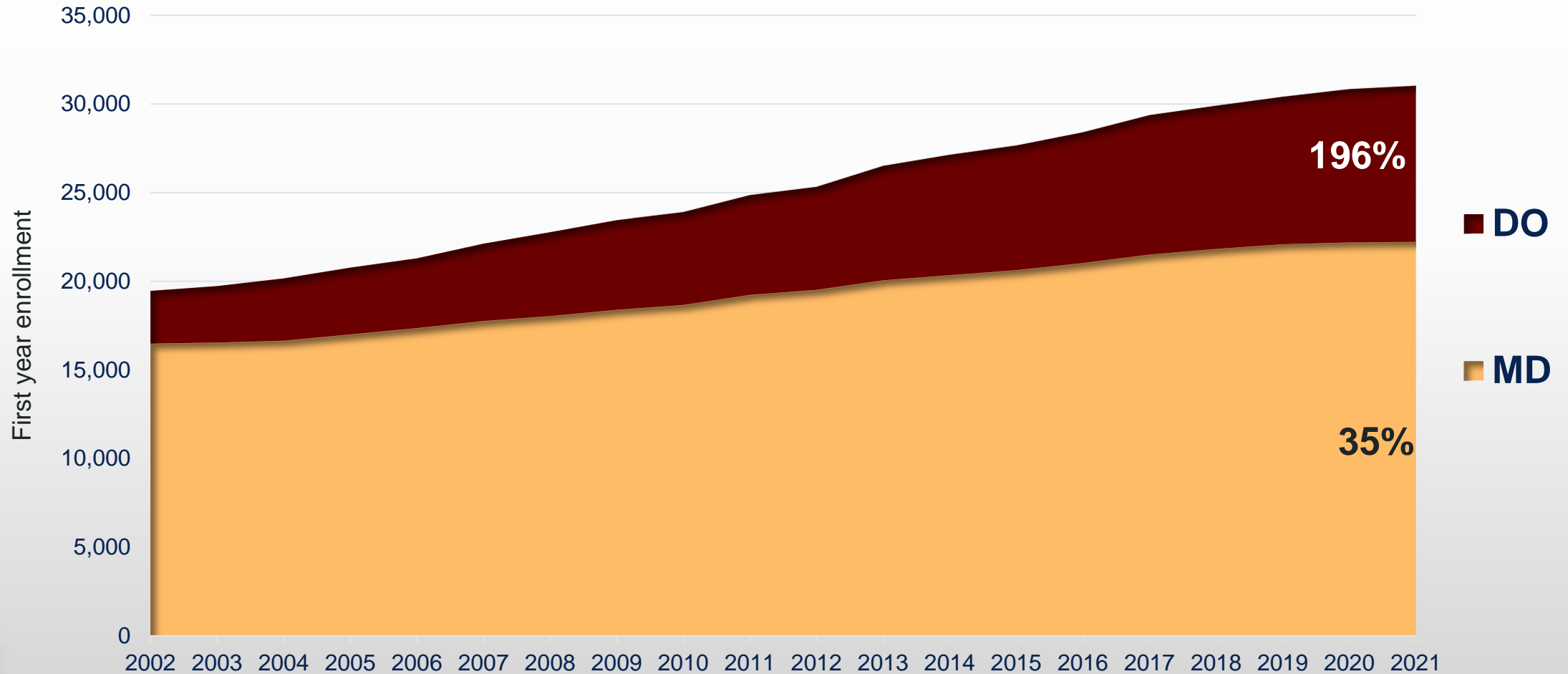
Association of  
American Medical Colleges

# US MD enrollment expected to exceed 30% increase



# Overall MD & DO first year enrollment is projected to grow 59% between 2002 and 2021

Projected MD and DO first year enrollment through 2021



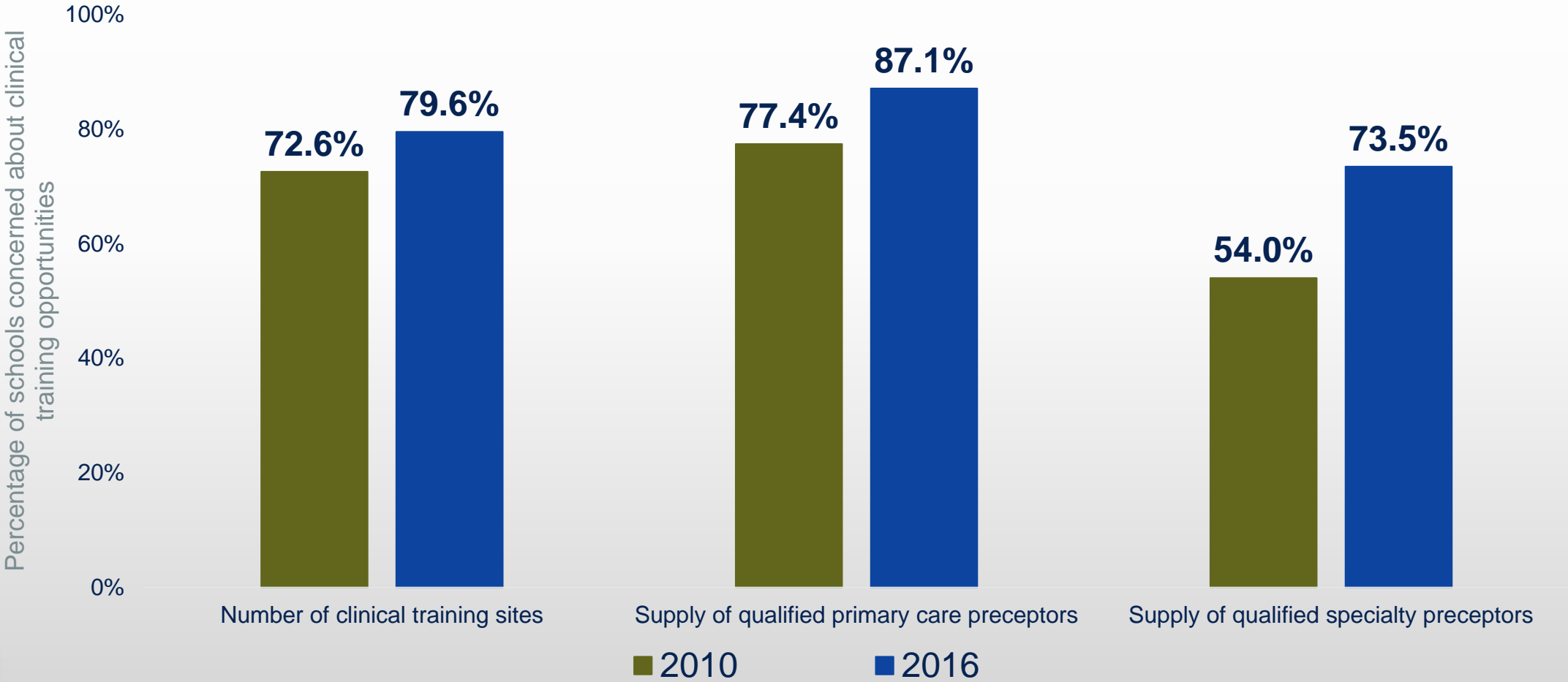
Admissions/UME

Clerkships

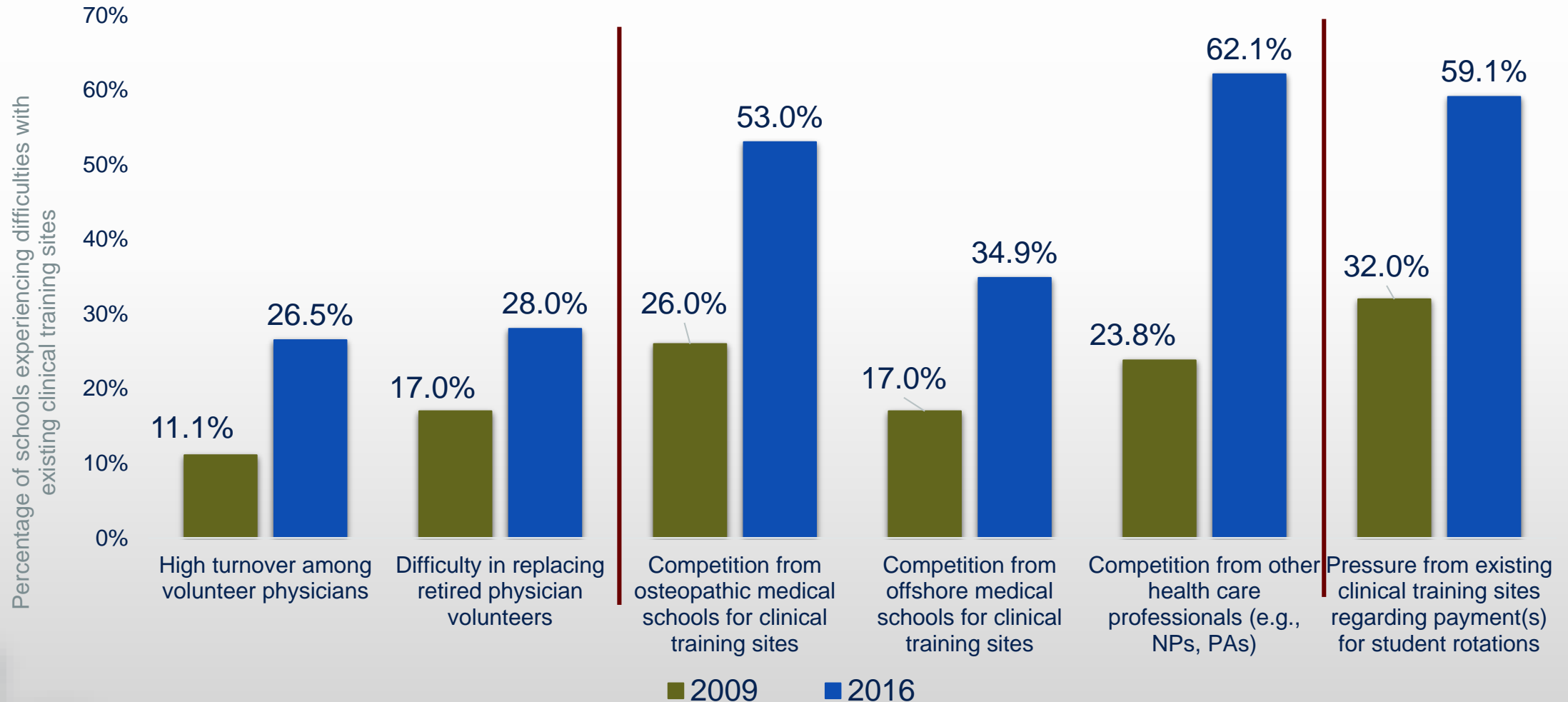
Match/GME



# Medical schools are increasingly concerned about clinical training opportunities for their students



# Medical schools experiencing more difficulties with existing clinical training sites

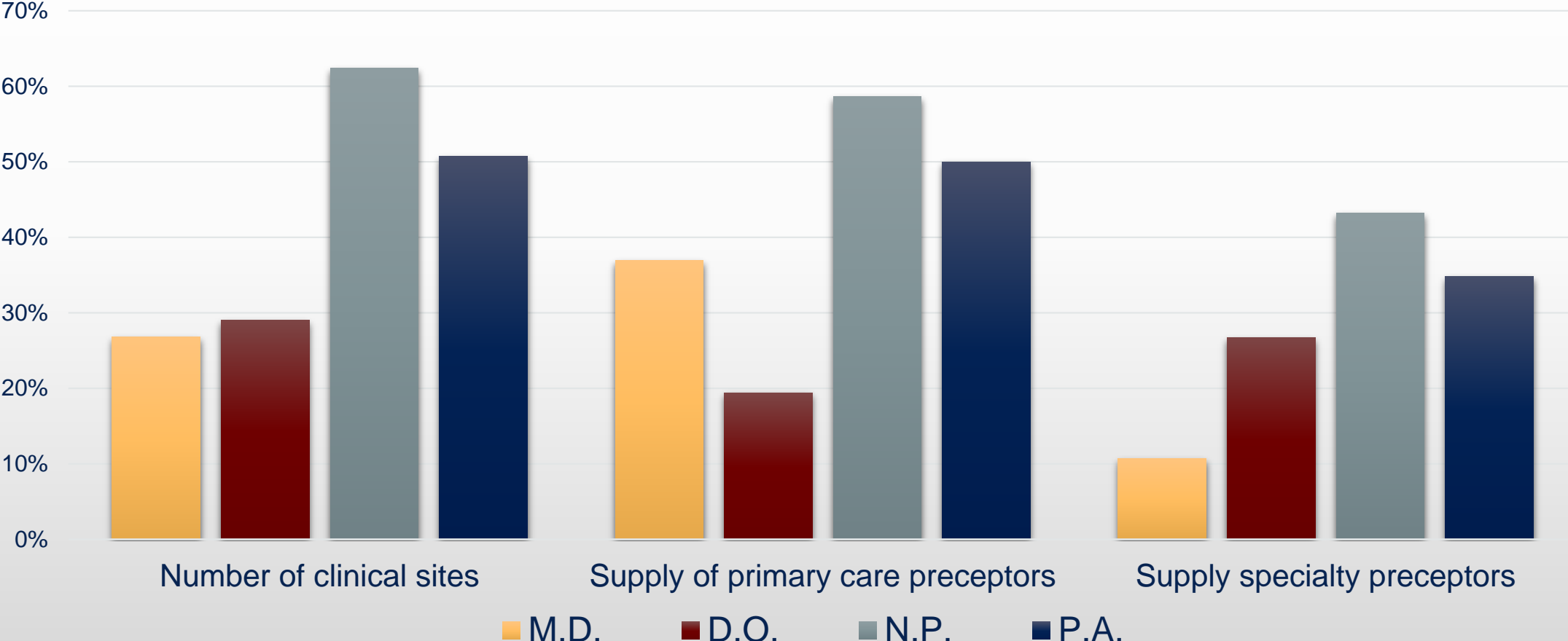






# Adequacy of clinical opportunities for students an across-the-board concern

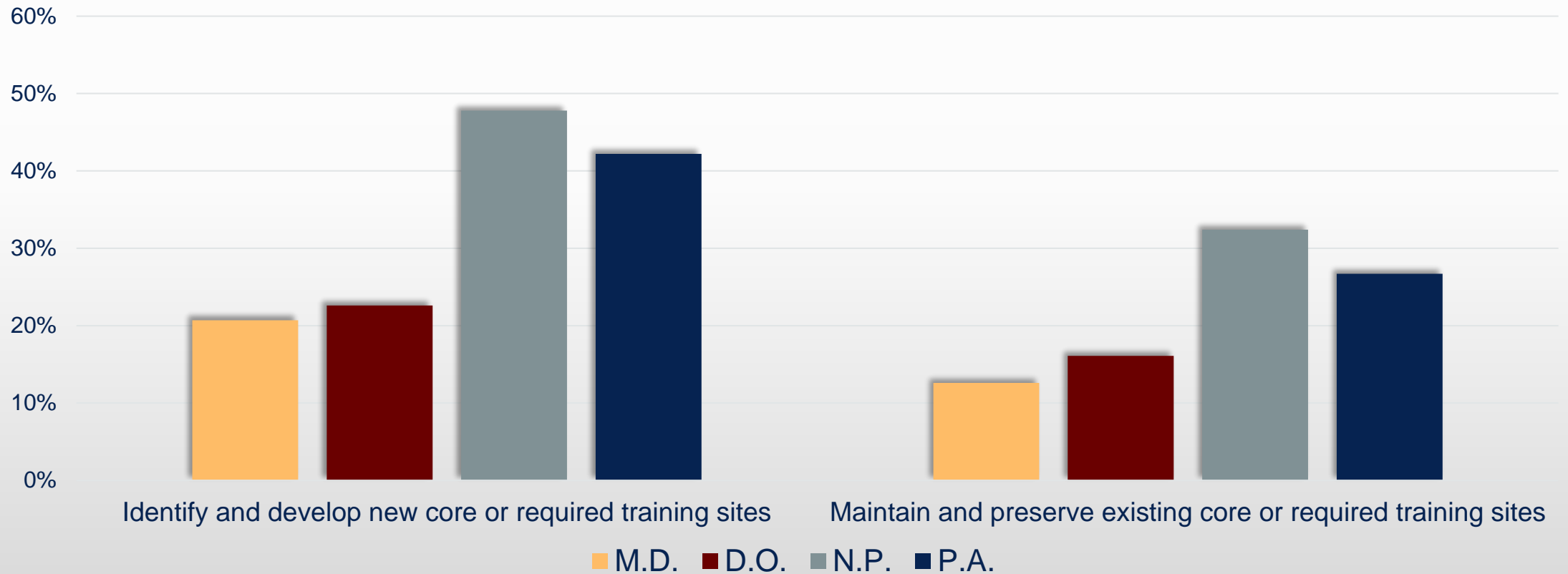
Percent of programs very concerned



Source: Recruiting and Maintaining U.S. Clinical Training Sites: Joint Report of the 2013 Multi-Discipline Clerkship/Clinical Training Site Survey.

# Clerkship/clinical training sites were getting harder to develop & maintain 4 years ago

Percent of programs reporting much more difficult than two years prior

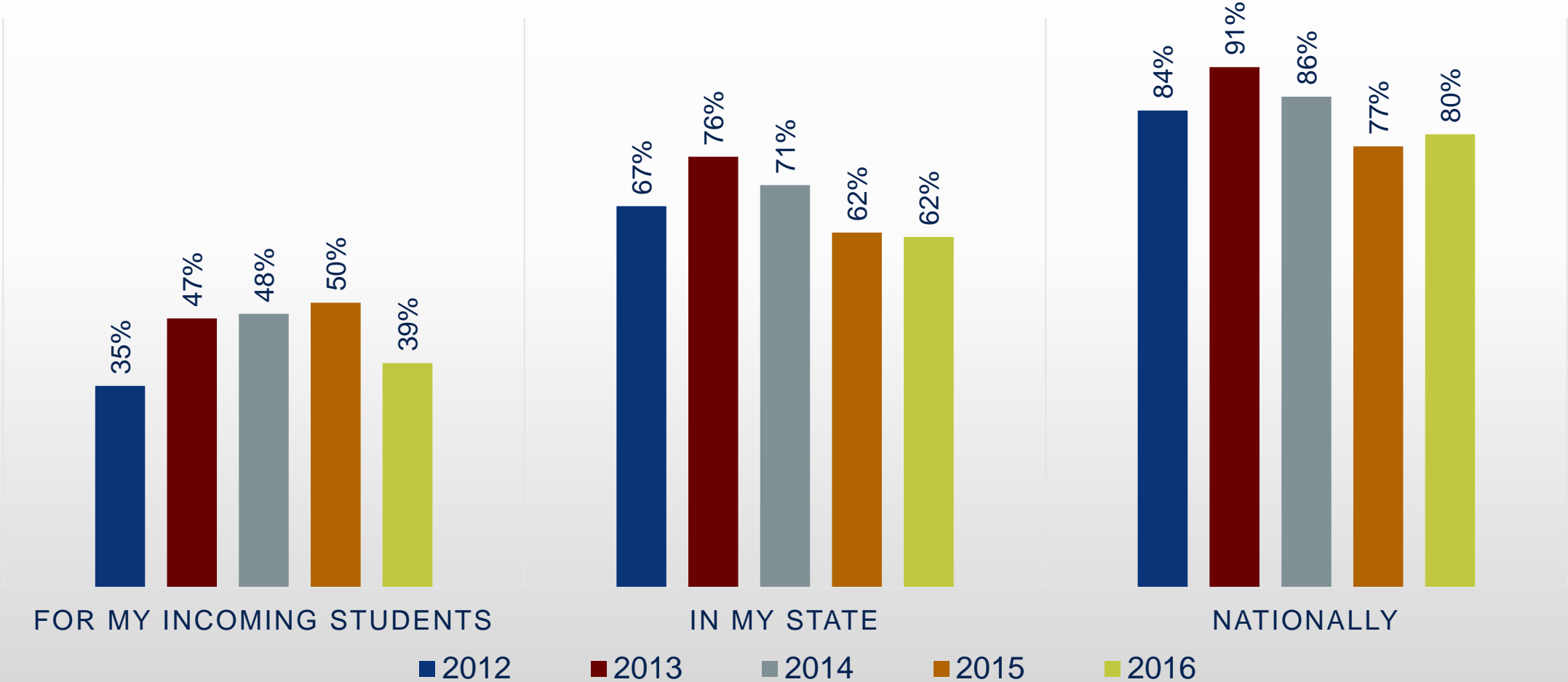


# Projections

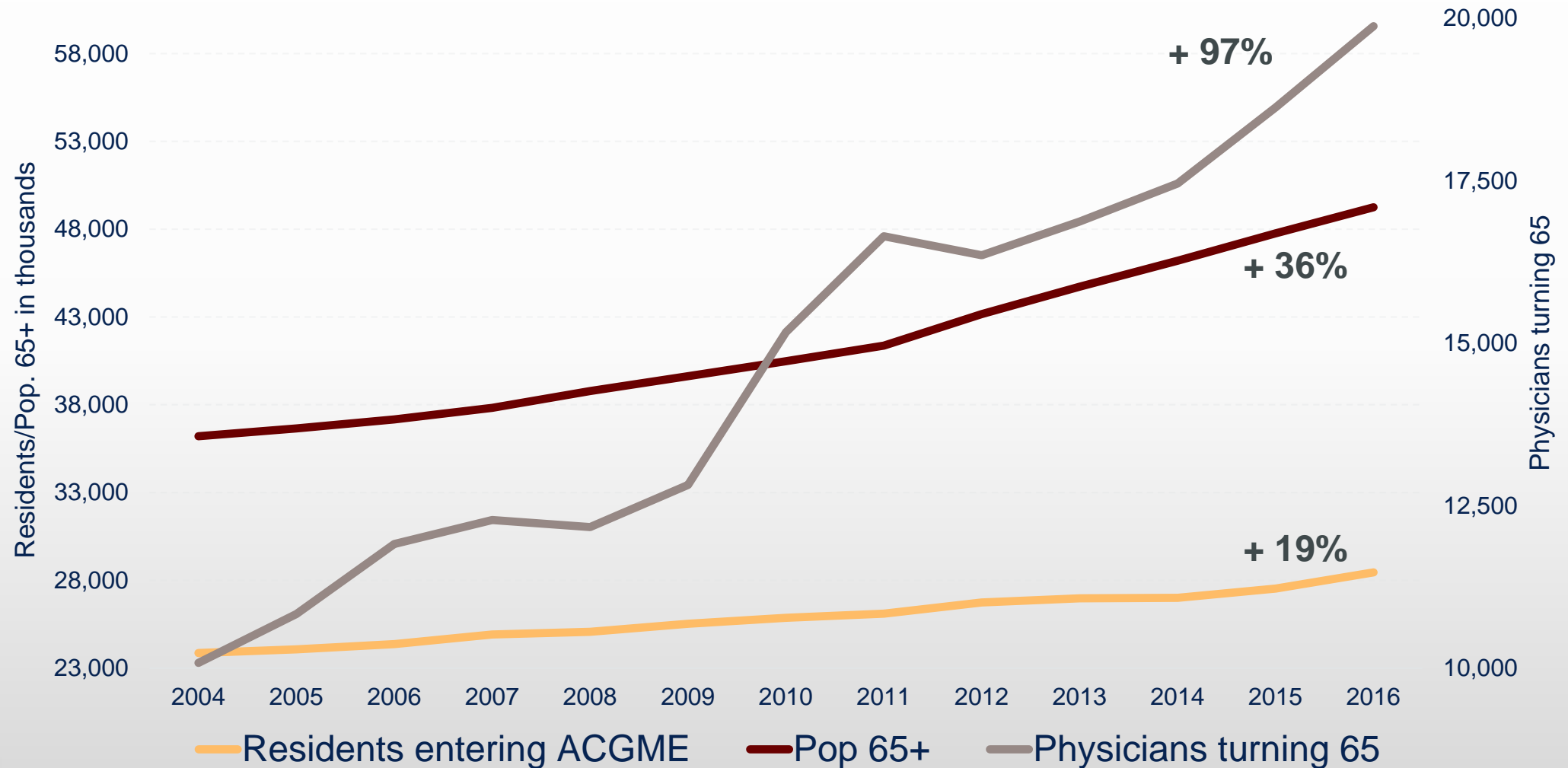
Underlying trends: GME

# Percentage of schools concerned about graduate medical education, 2012–2016

PERCENT OF SCHOOLS REPORTING MAJOR OR MODERATE CONCERN



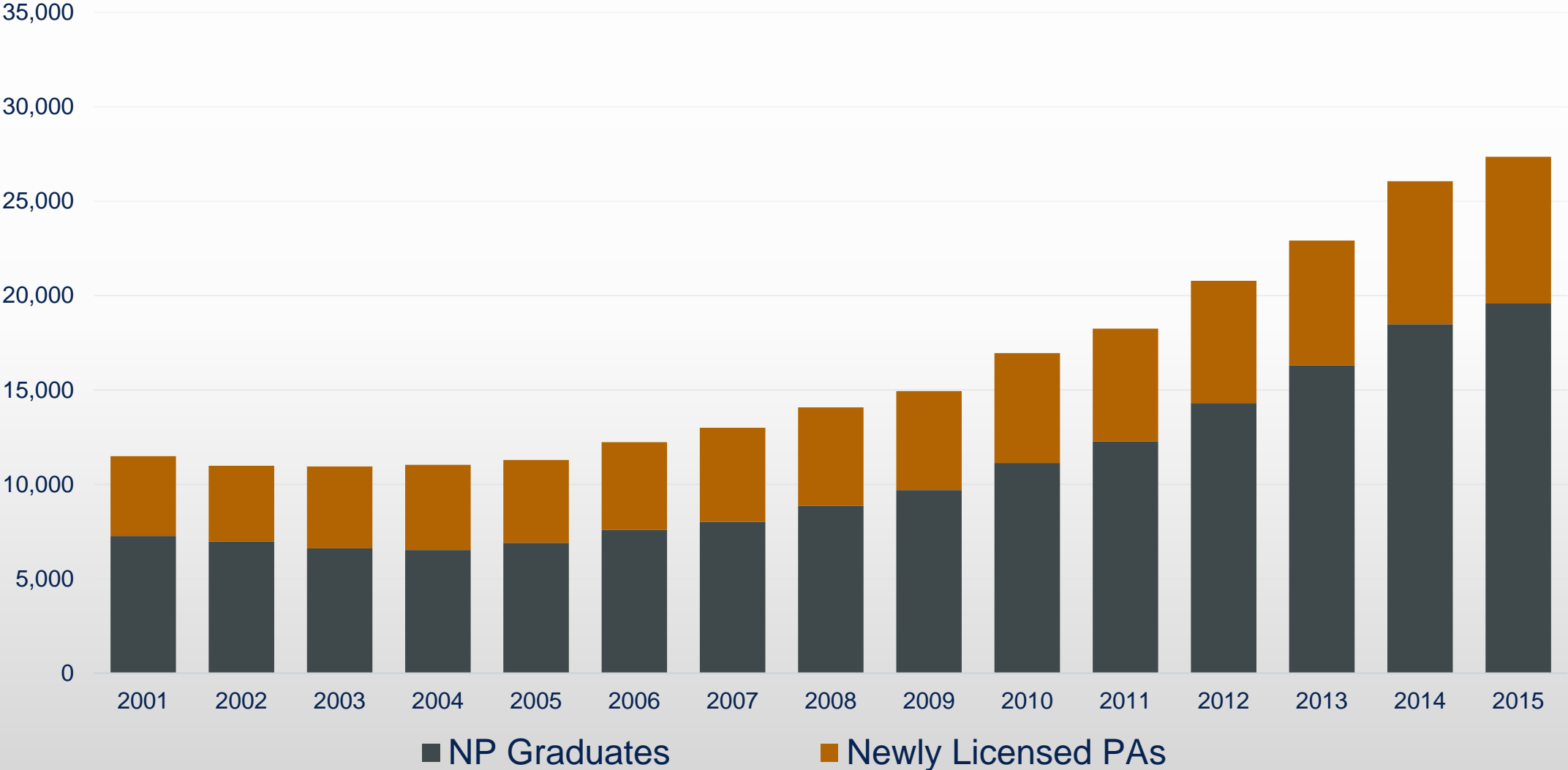
# Production of new physicians not keeping up with aging workforce and population



# Projections

Underlying trends: Physician practice

# Numbers of new PAs and NPs still growing rapidly

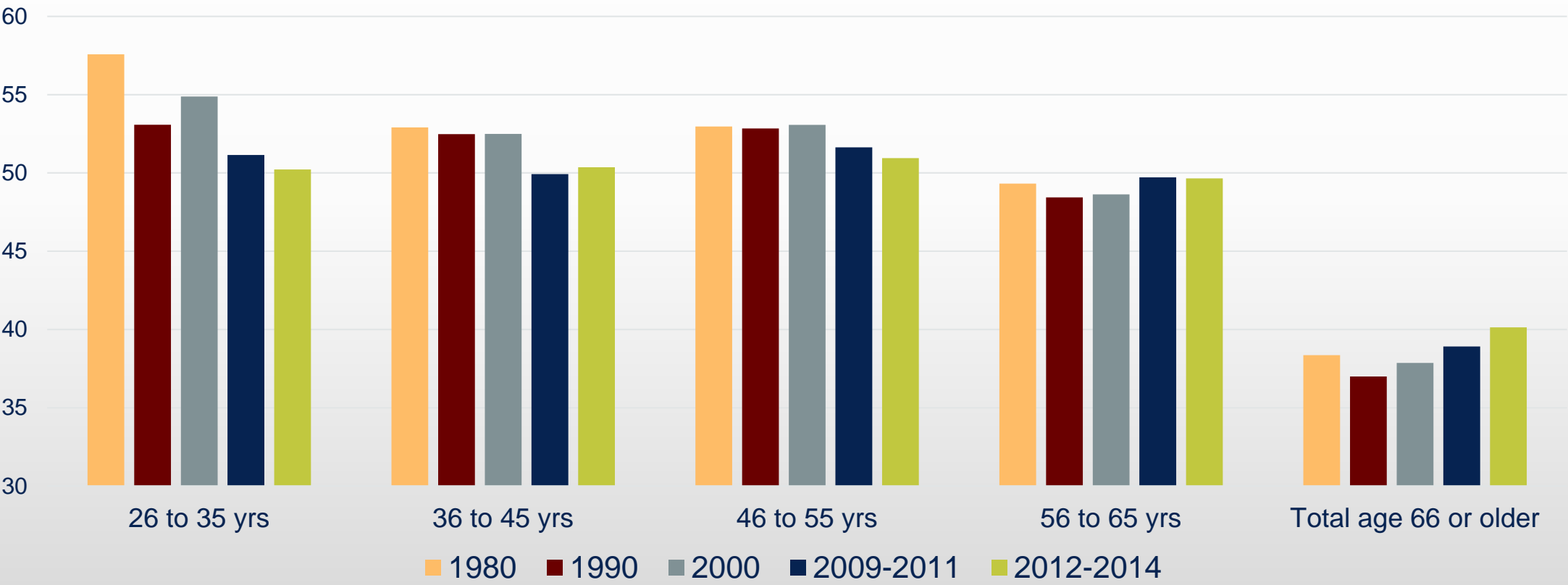


Source: NCCPA; AACN.



# The shift in physician work hours has varied by age group

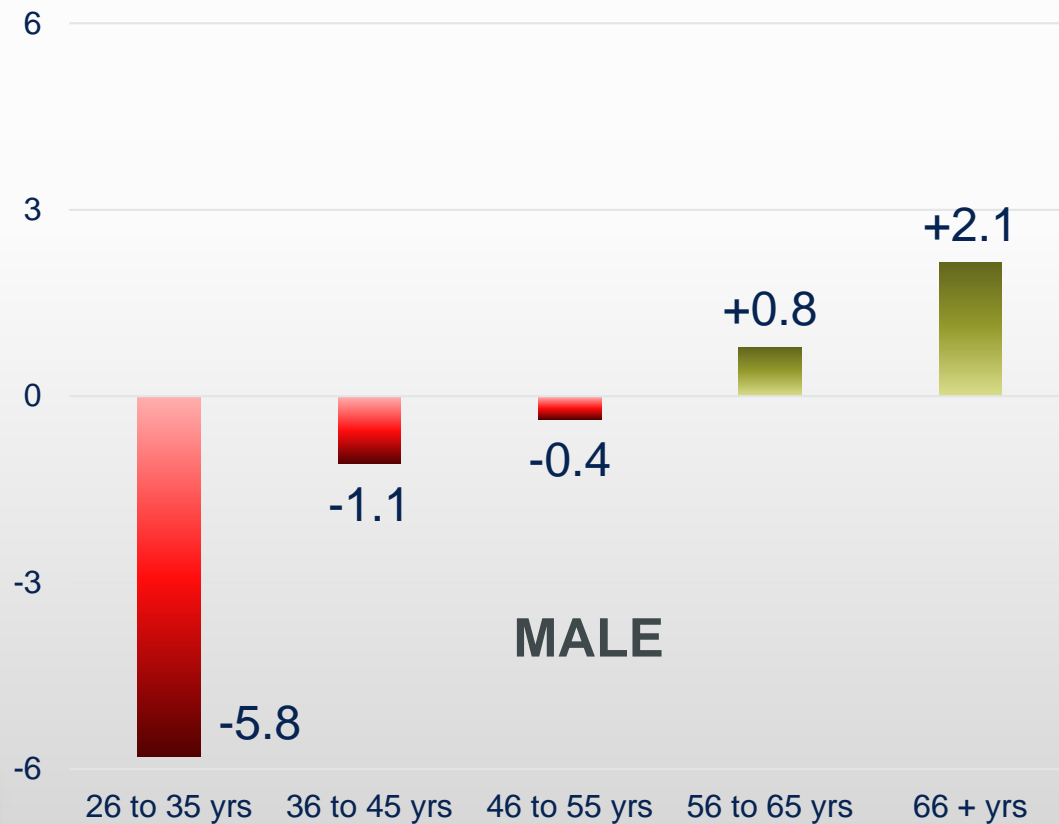
Average physician work hours per week



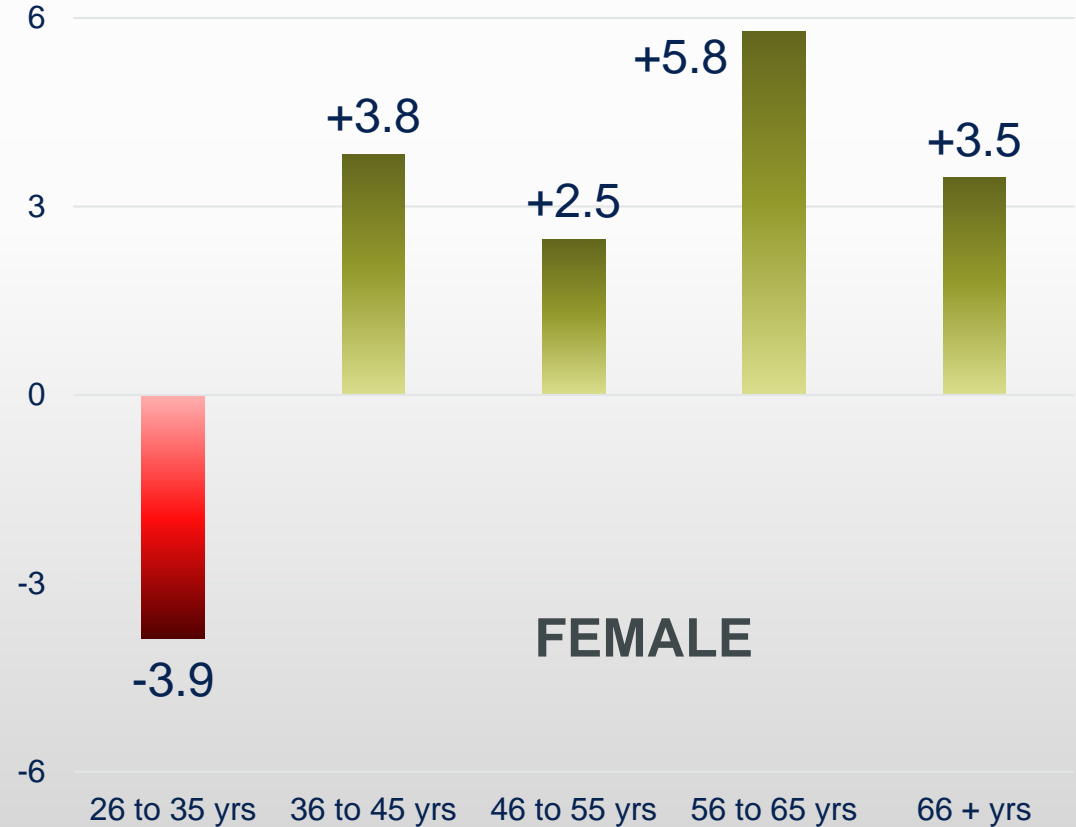
Source: Census (Decennial/ACS).

# The shift in physician work hours has varied by age group and sex

Change in average male physician work hours, 1980 to 2012-2014

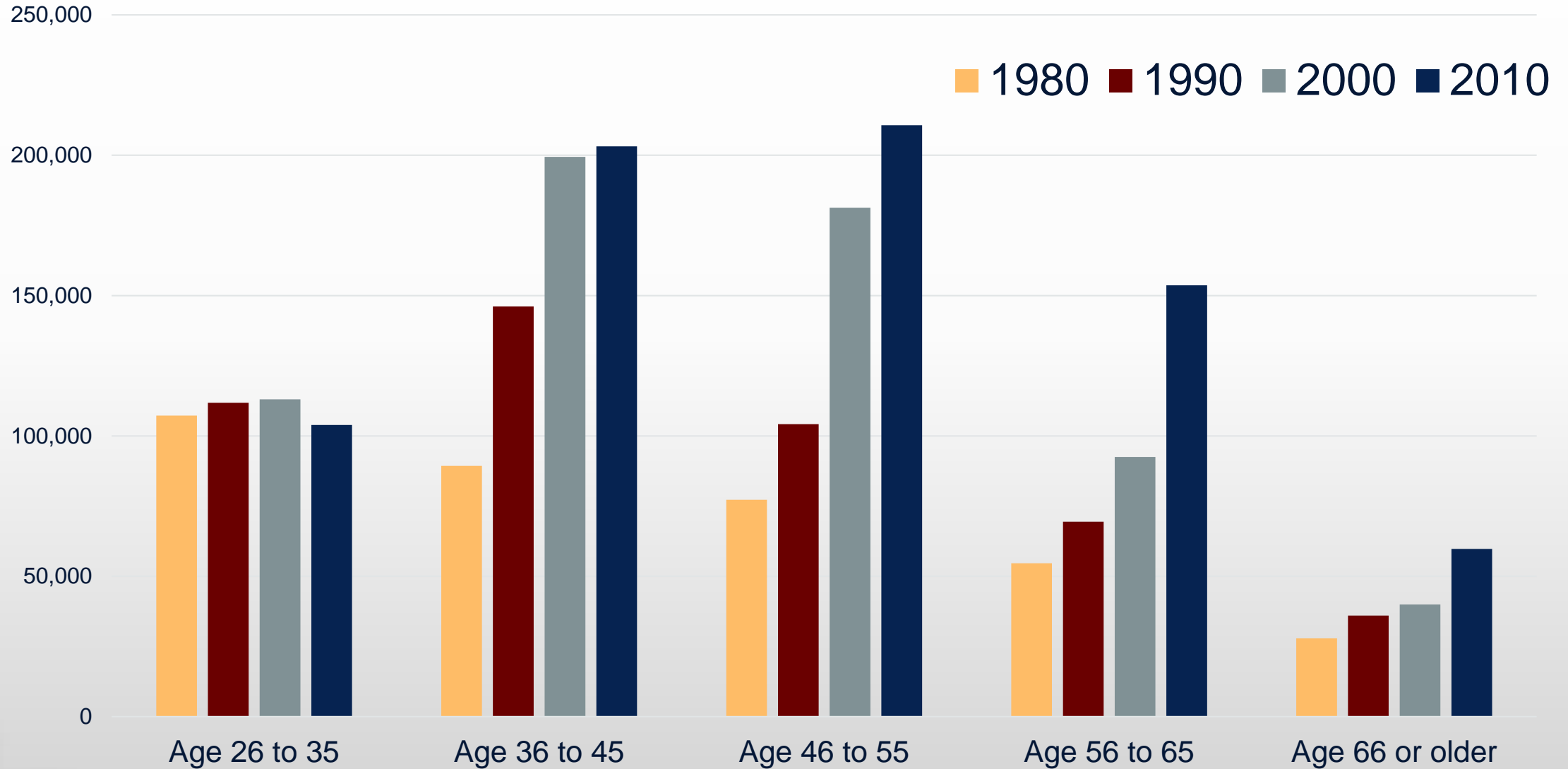


Change in average female physician work hours, 1980 to 2012-2014



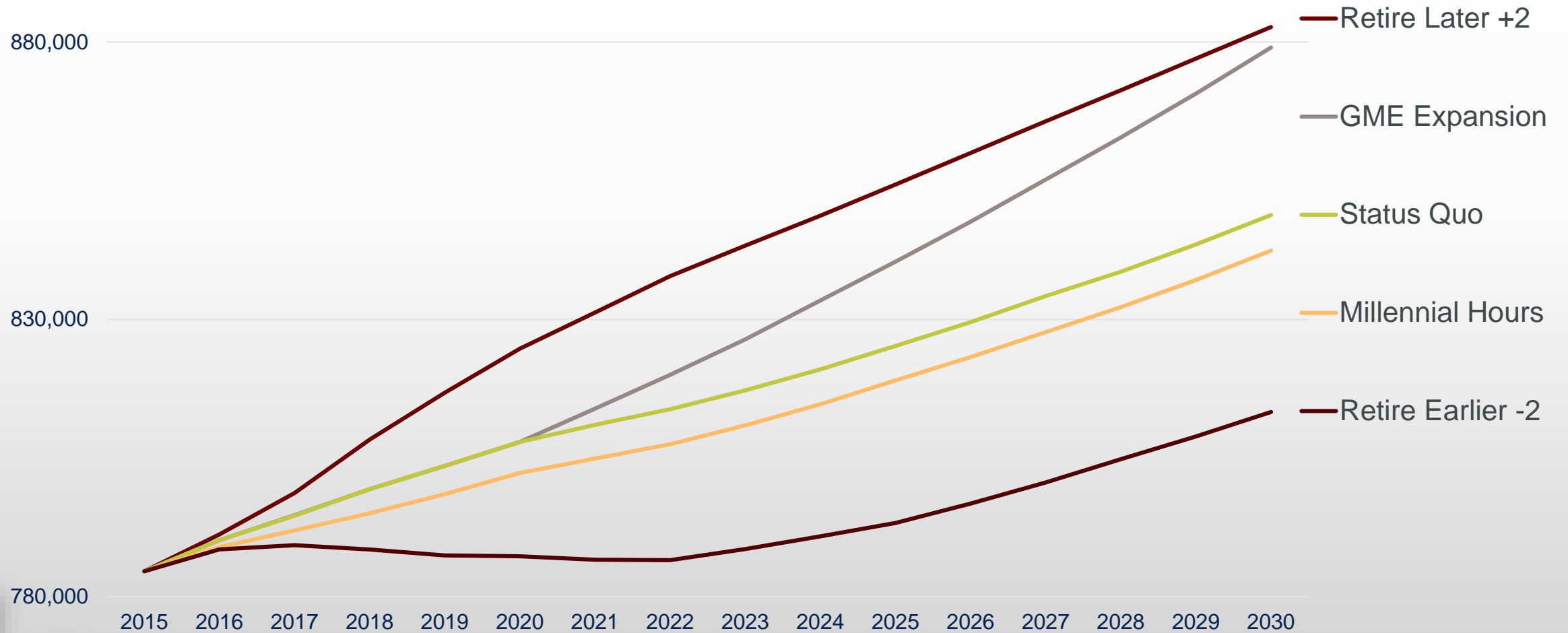
# The US physician workforce is getting older

Number of Physicians Who Worked in Prior Year



# Retirement scenarios remain the most extreme physician supply projections

Projected FTE Physician Supply: All Physicians



# Technology can improve access to a wide array of services

From a patient perspective, we ask about:

- Viewing lab results online
- Making appointments online
- Telephone communication
- Email communication
- Video communication



# Consumers report overall increases in most types of technology use

**DATA REMOVED PENDING PUBLICATION.**

# Largest divergence in consumers' use of technology reported for video communication

**DATA REMOVED PENDING PUBLICATION.**



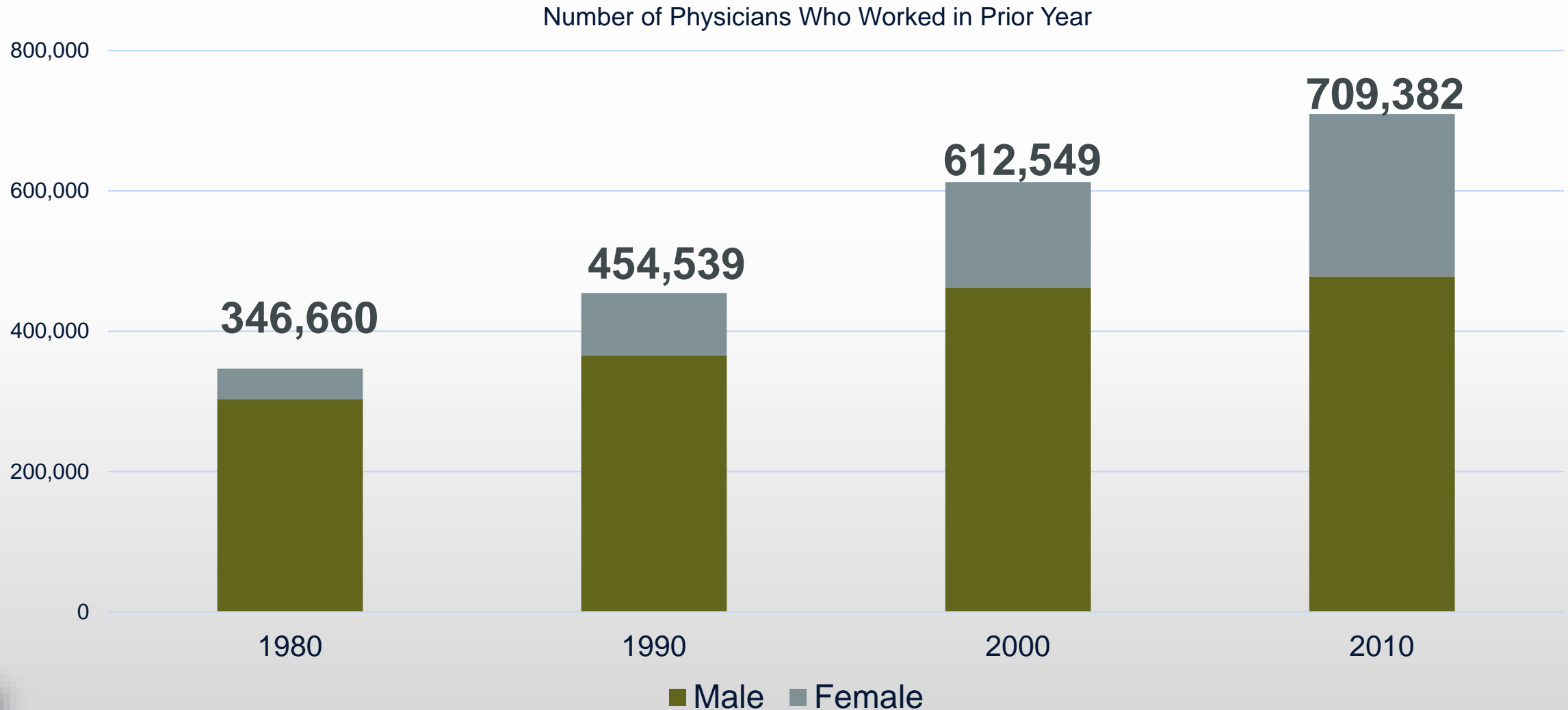
# Workforce



Diversity

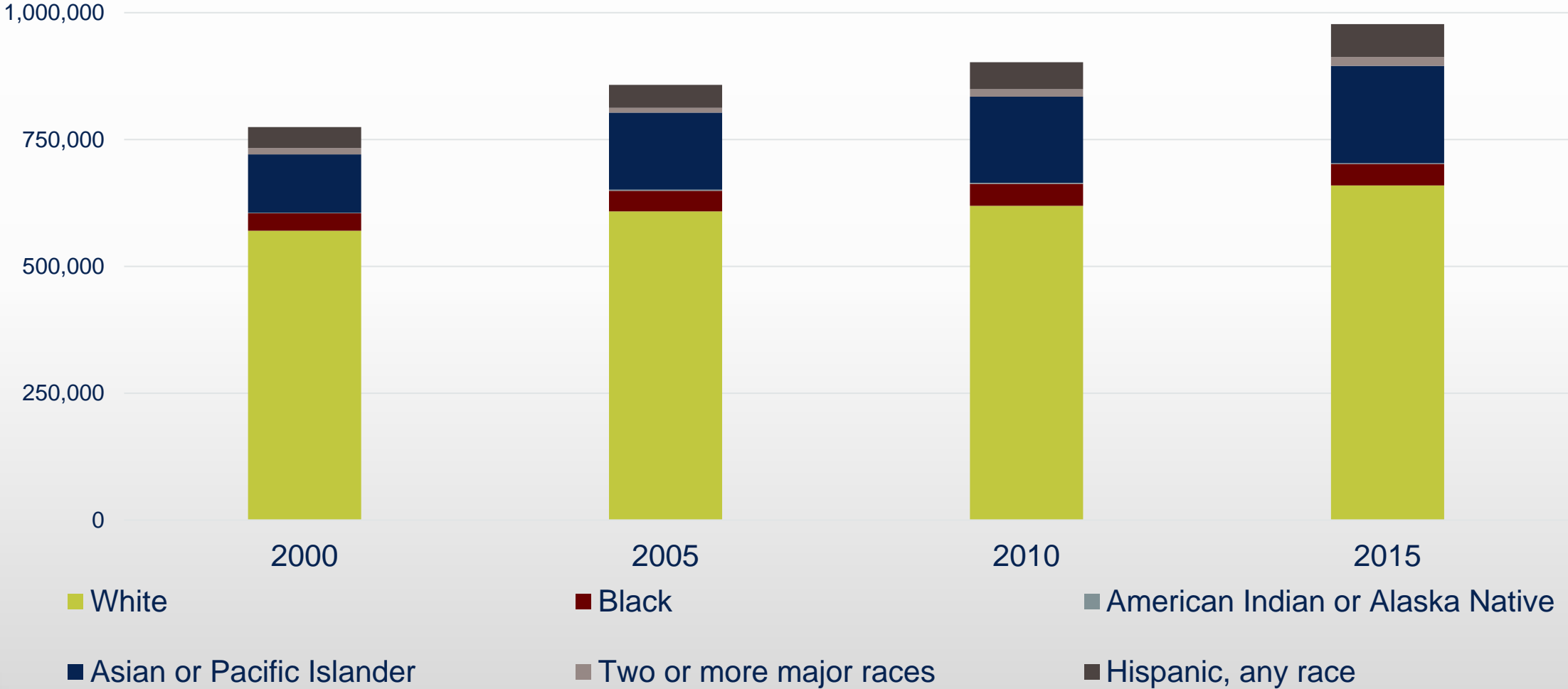


# Physician workforce in the US continues to grow and to include more female physicians



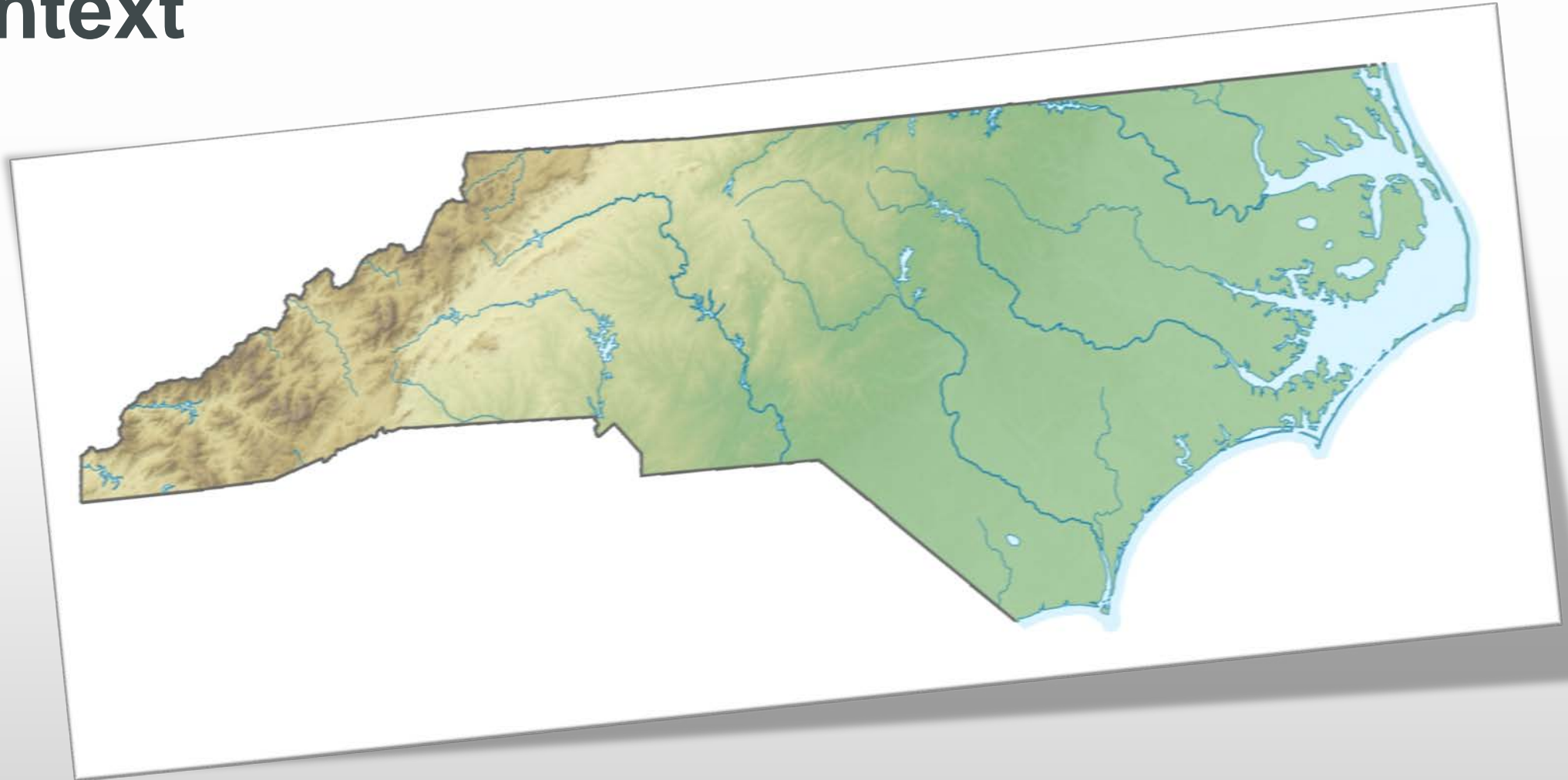
# Physician workforce is slowly becoming more racially and ethnically diverse

Number of Physicians Who Worked in Prior Year



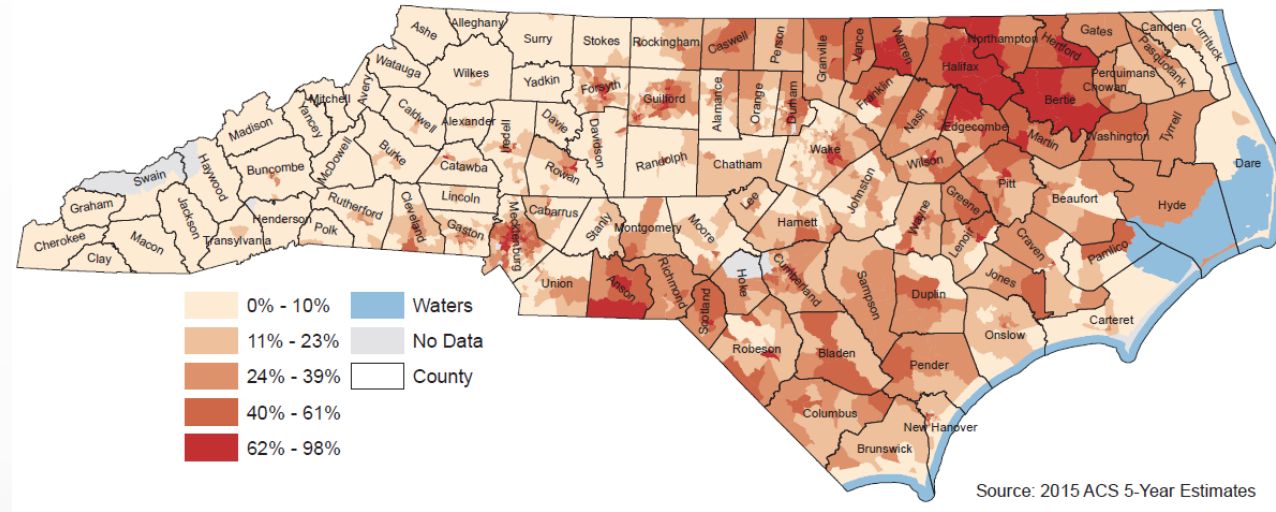
Source: United States Census Bureau. Note: Data for 2010 are a combination of 2009, 2010, 2011 American Community Surveys. \*In 2000 and 2010, "Other" includes two or more races

# North Carolina makes a good case study in the need to understand workforce diversity in context



# Black or African American population and physician distributions dissimilar

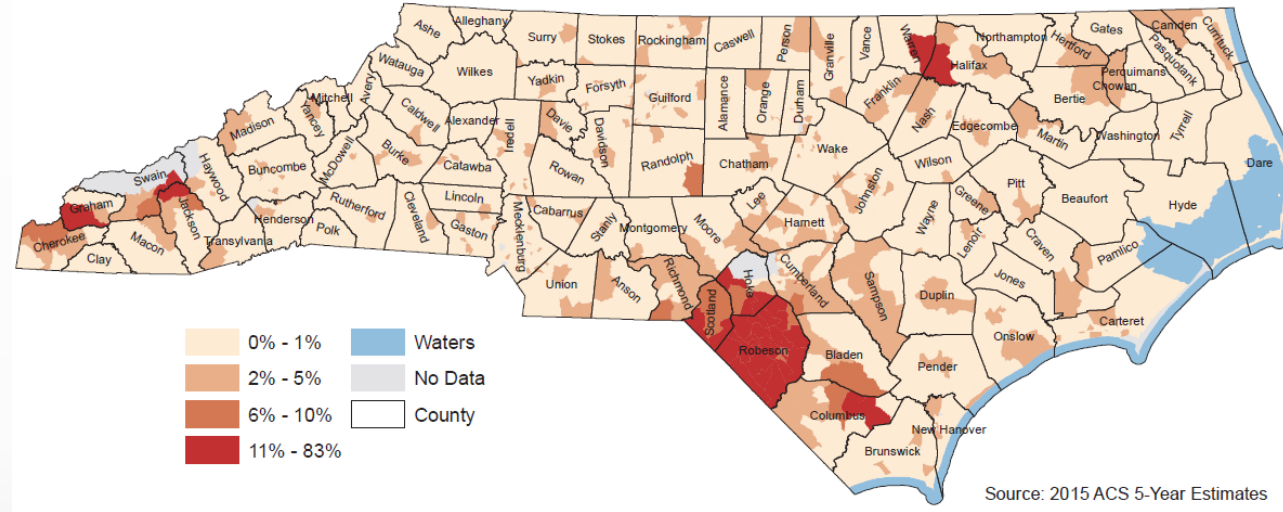
## Population



**PHYSICIAN DATA REMOVED PENDING PUBLICATION.**

# American Indian / Alaska Native population and physician distributions somewhat similar

## Population



**PHYSICIAN DATA REMOVED PENDING PUBLICATION.**

# IMGs comprise a significant part of the nation's physician workforce

24.5%

of 2016 active **physicians** were International Medical Graduates (IMGs).<sup>1</sup>

24.9%

of 2015-2016 active **residents** were International Medical Graduates (IMGs).<sup>2</sup>



# Deferred Action for Childhood Arrivals (DACA) program uncertainty could impact workforce diversity

Students with DACA status:

113 Applied to U.S. medical schools for the 2016-2017 year

65 Enrolled in U.S. medical schools in the 2016-2017 year

AAMC expects increased enrollment of DACA Dreamers in 2017-2018 since most with confirmed DACA status have not yet finished their undergraduate degrees.



# Education pipeline

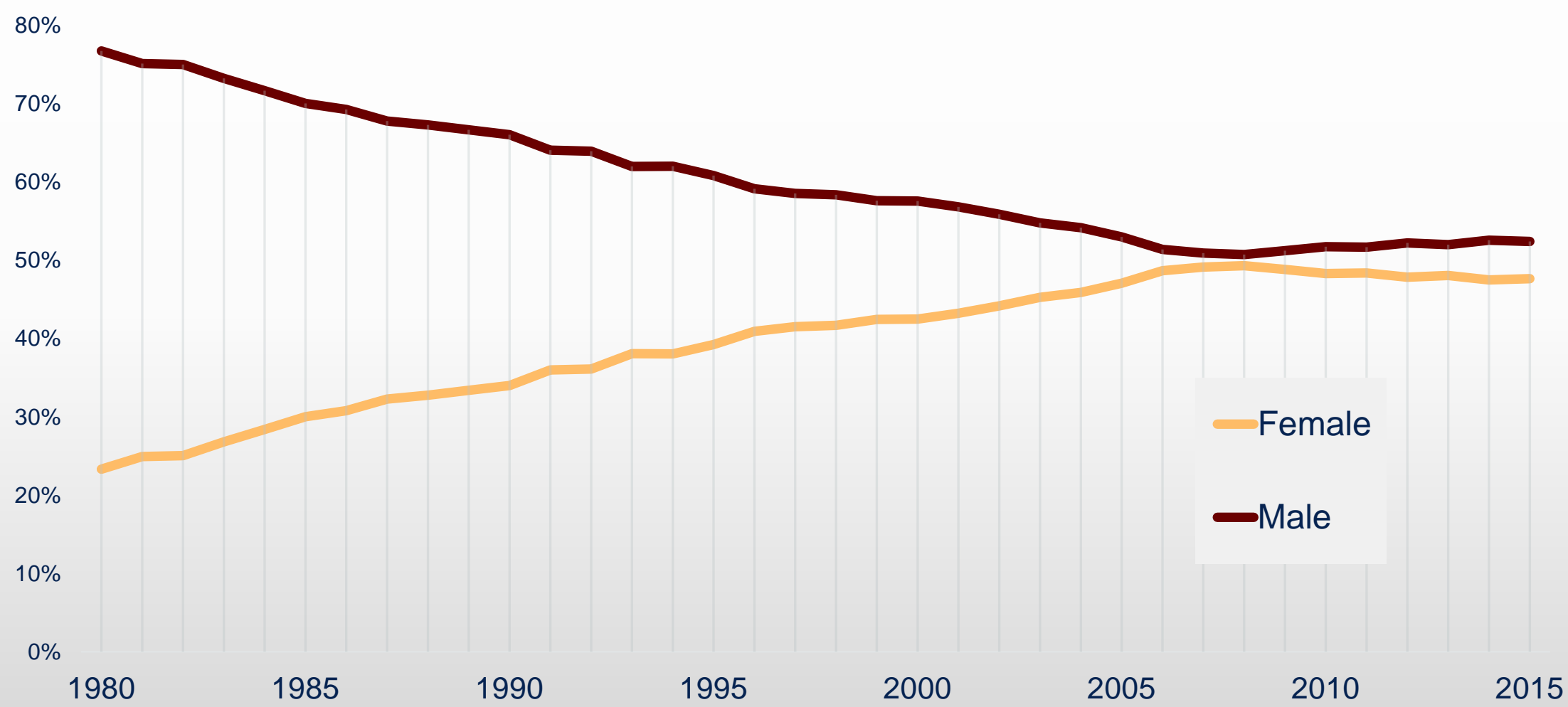




# Small but important gains from medical school expansion

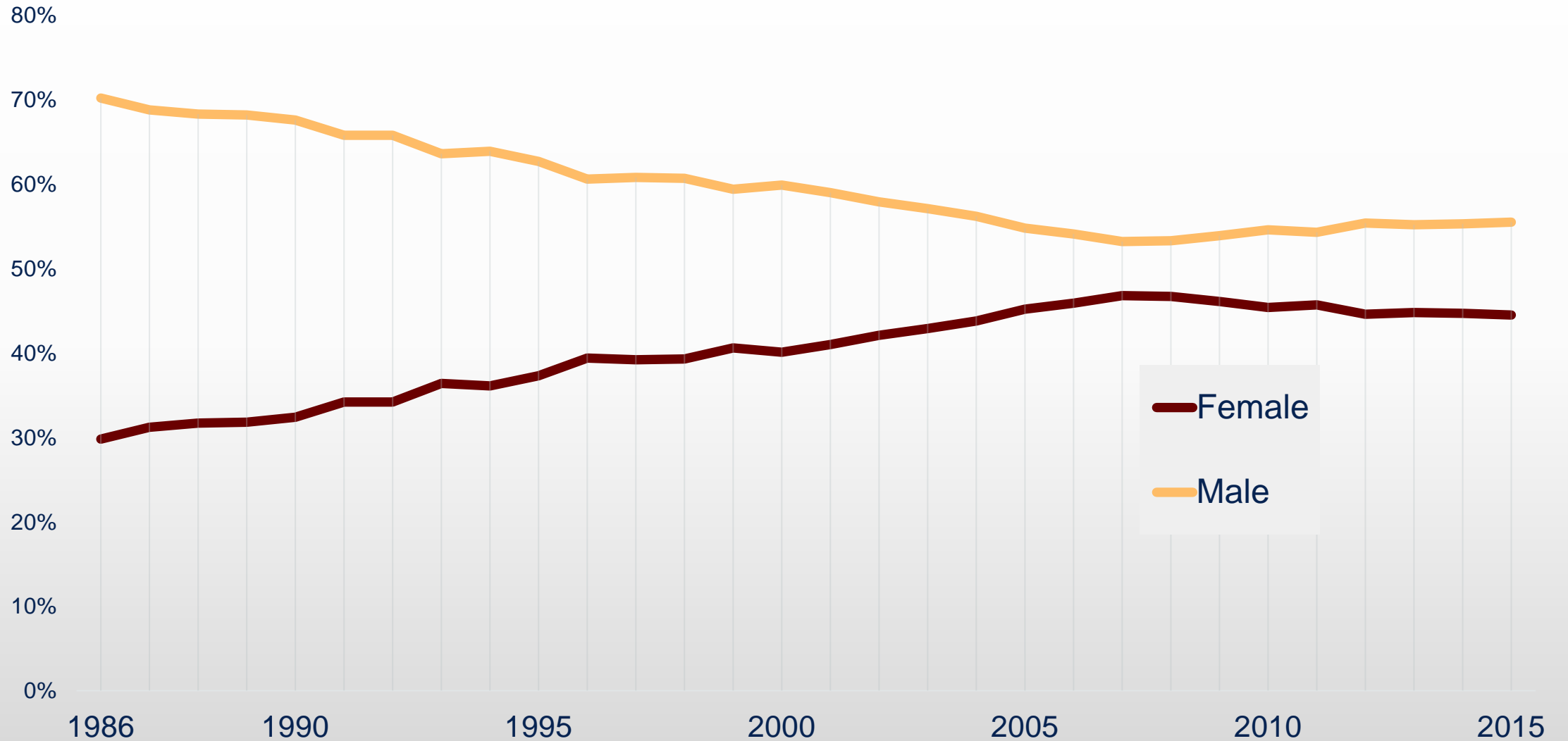
- Most expansion - highest proportions in primary care and practicing in underserved and rural areas.
- Racial and ethnic diversity of matriculants increased modestly - new schools contributed disproportionately.

# Percentage of U.S. medical school graduates by sex, 1980-2015

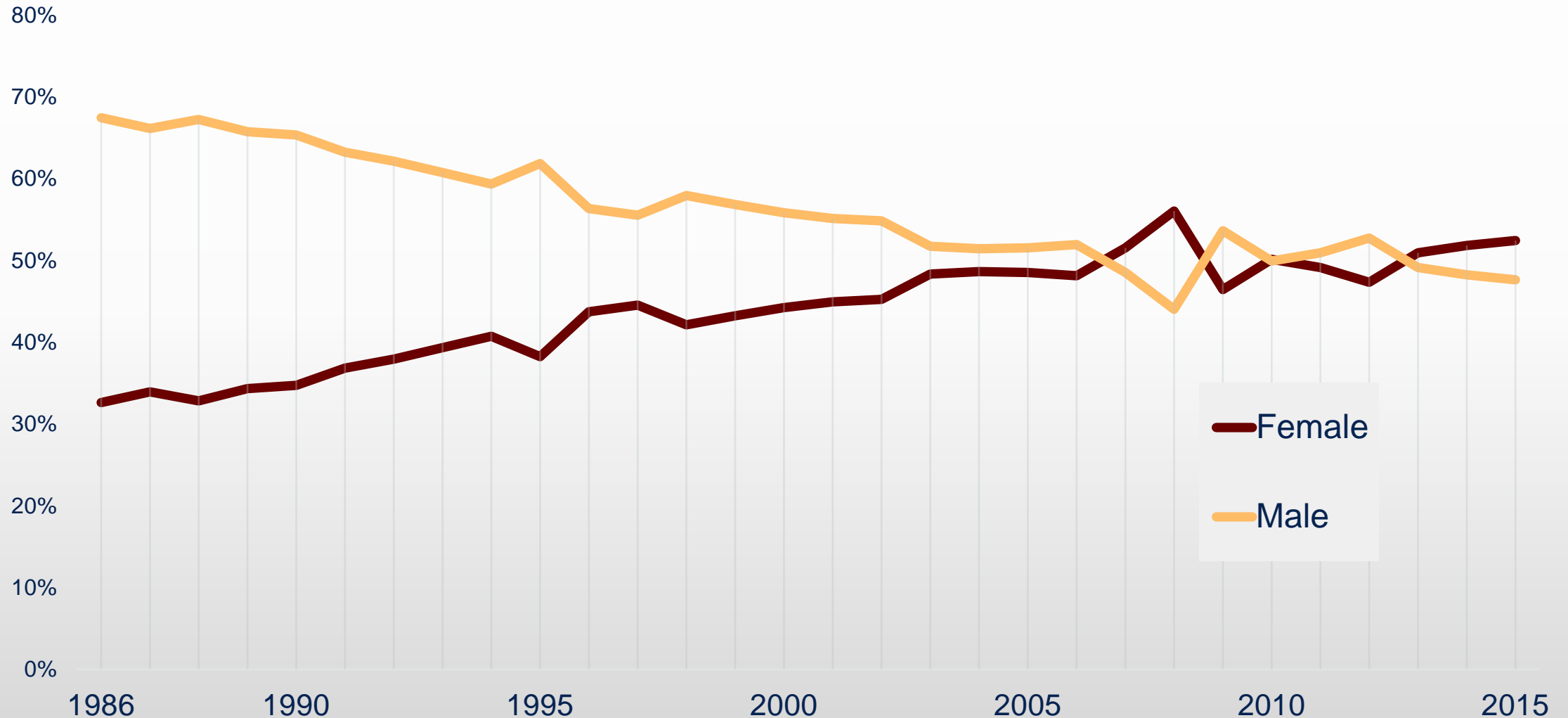


Source: AAMC Data Warehouse: Student file, as of 1/7/2016.

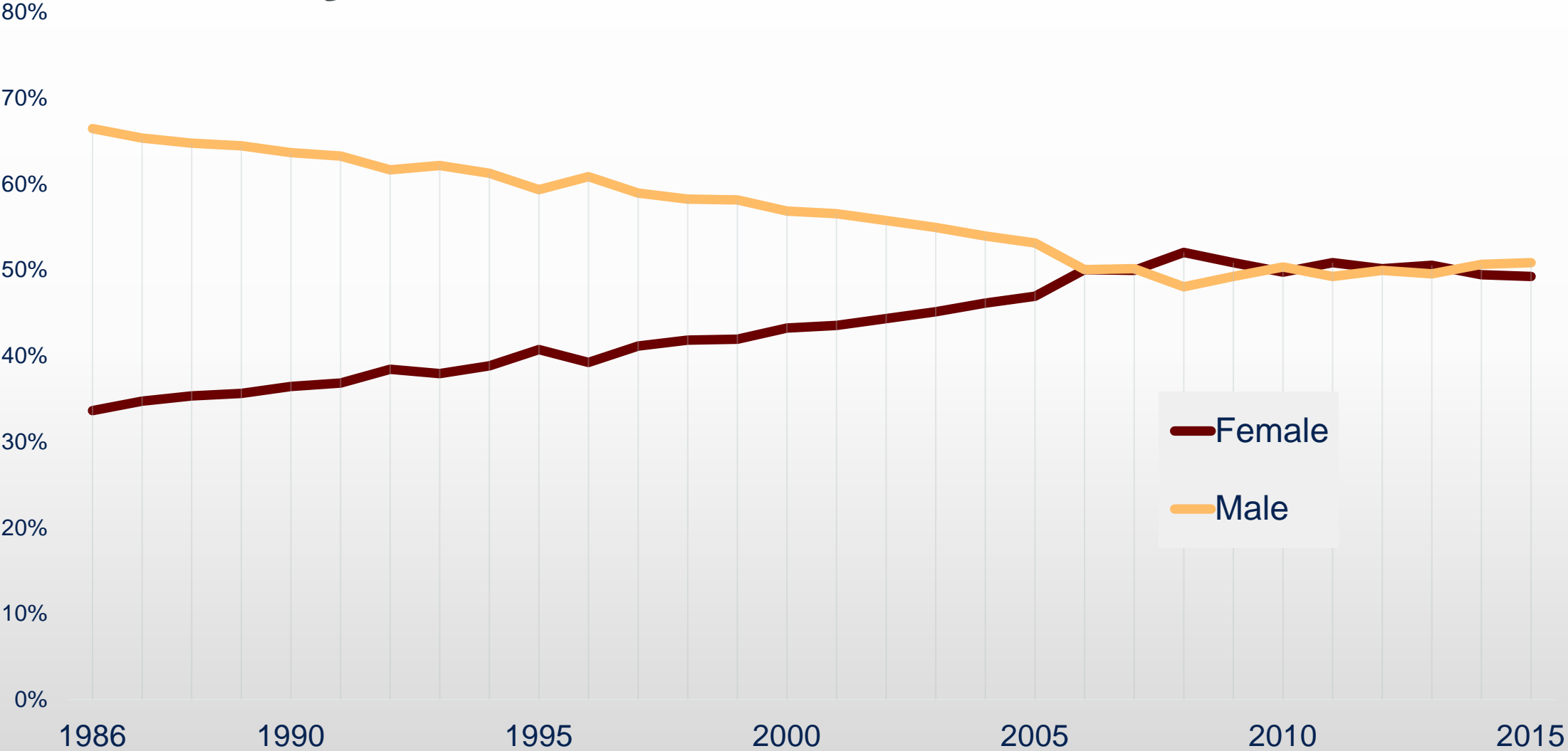
# Percentage of U.S. medical school white graduates by sex, 1986-2015



# Percentage of U.S. medical school Hispanic graduates by sex, 1986-2015

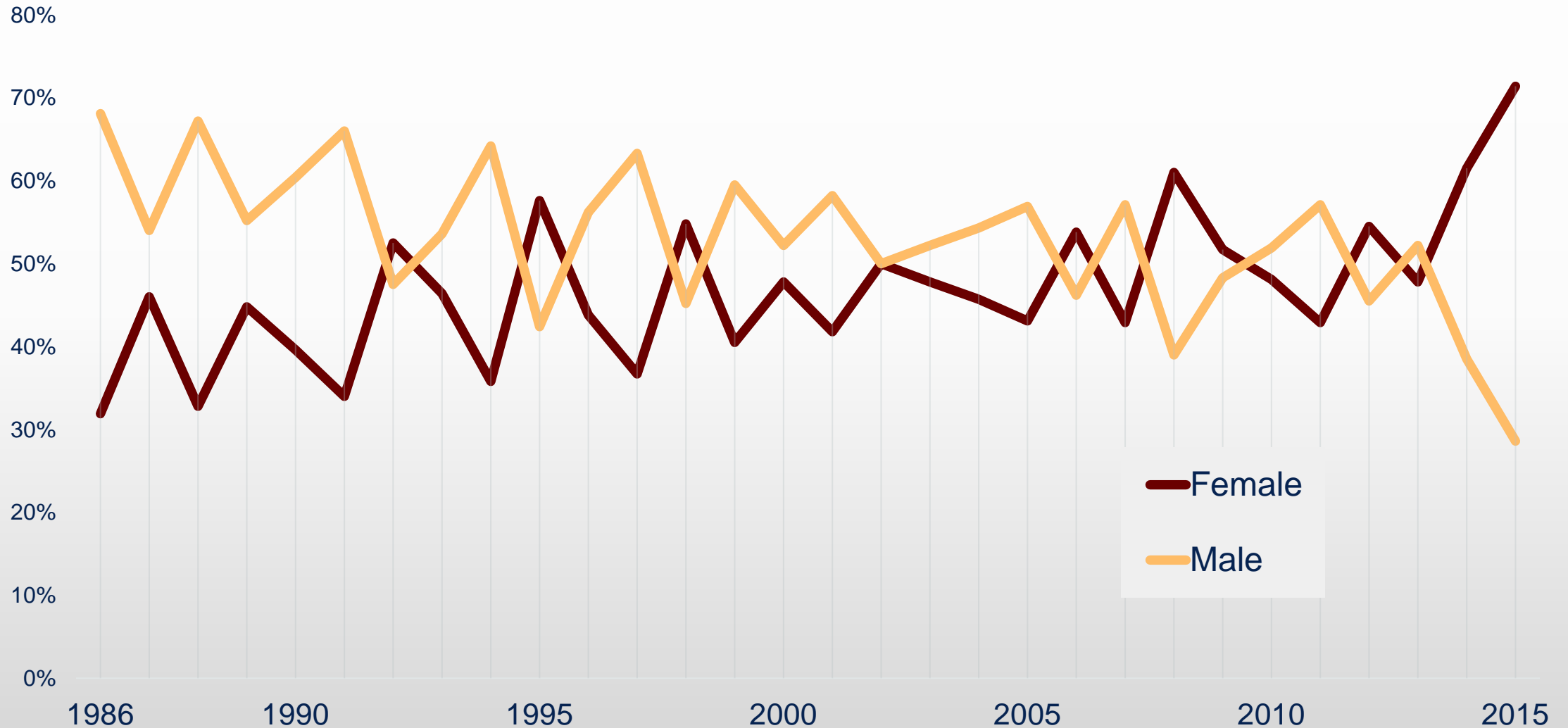


# Percentage of U.S. medical school Asian graduates by sex, 1986-2015

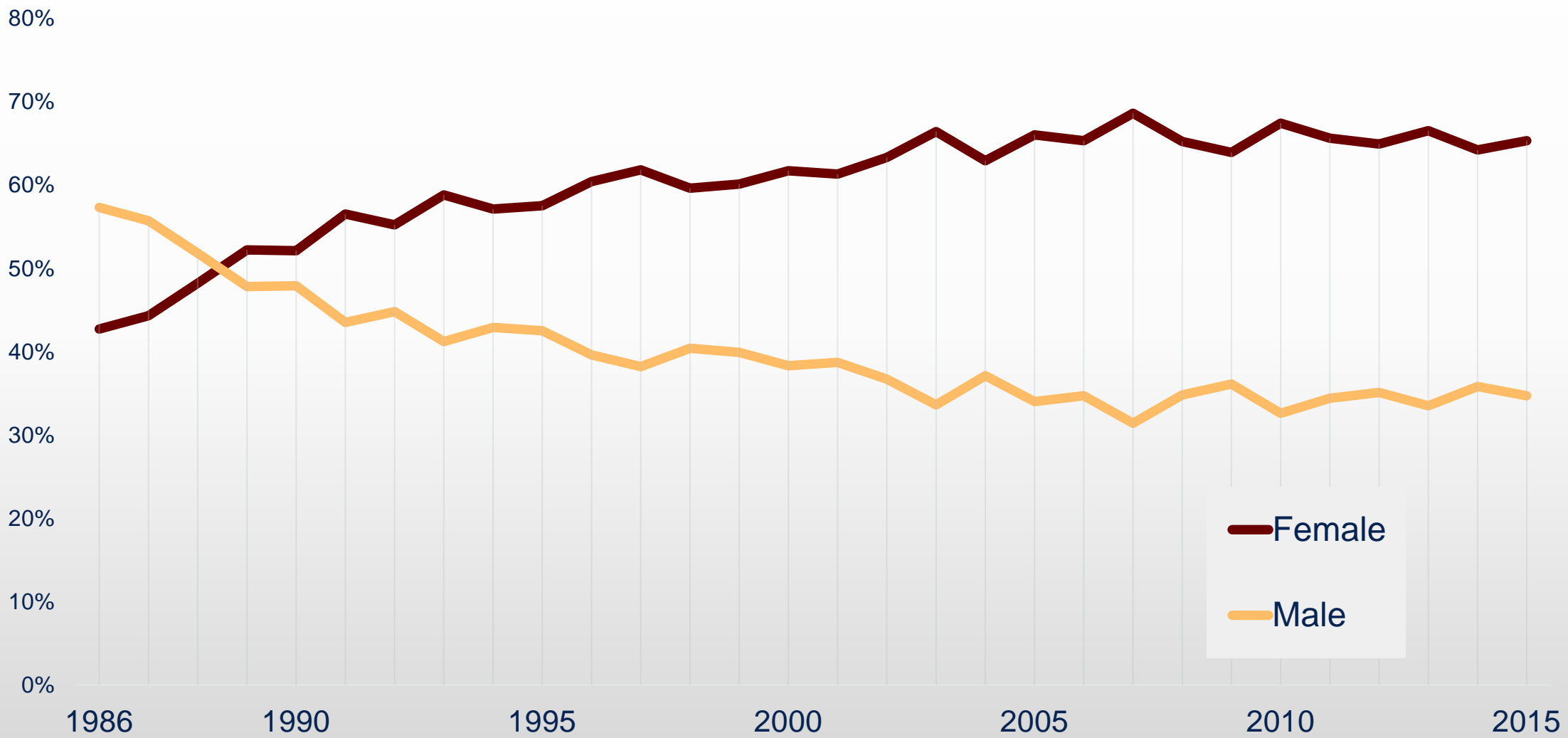


Source: AAMC Data Warehouse: Student data and Applicant and Matriculant file, as of 7/11/2016.

# Percentage of U.S. medical school American Indian/Alaska Native graduates by sex, 1986-2015

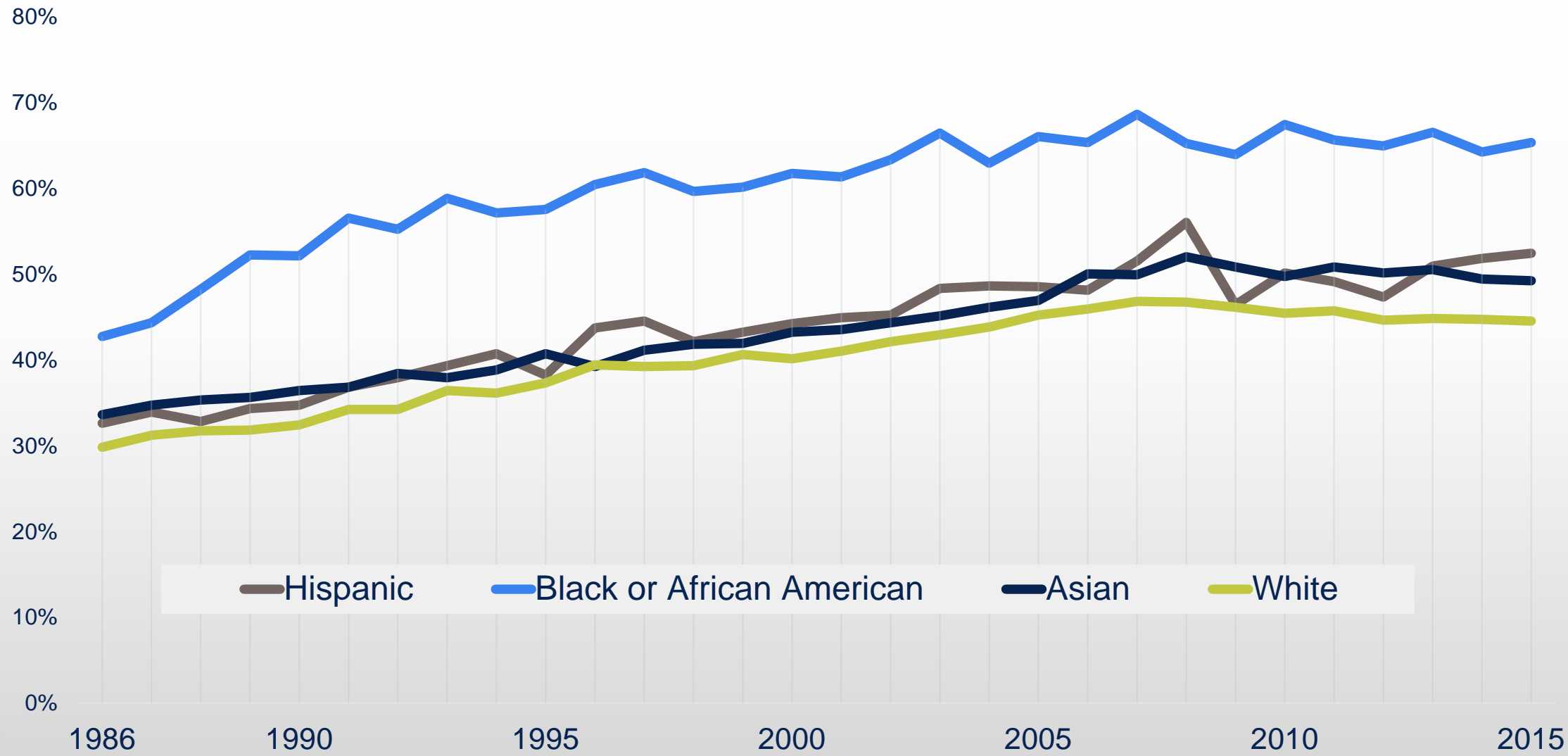


# Percentage of U.S. medical school Black or African American graduates by sex, 1986-2015



Source: AAMC Data Warehouse: Student data and Applicant and Matriculant file, as of 7/11/2016.

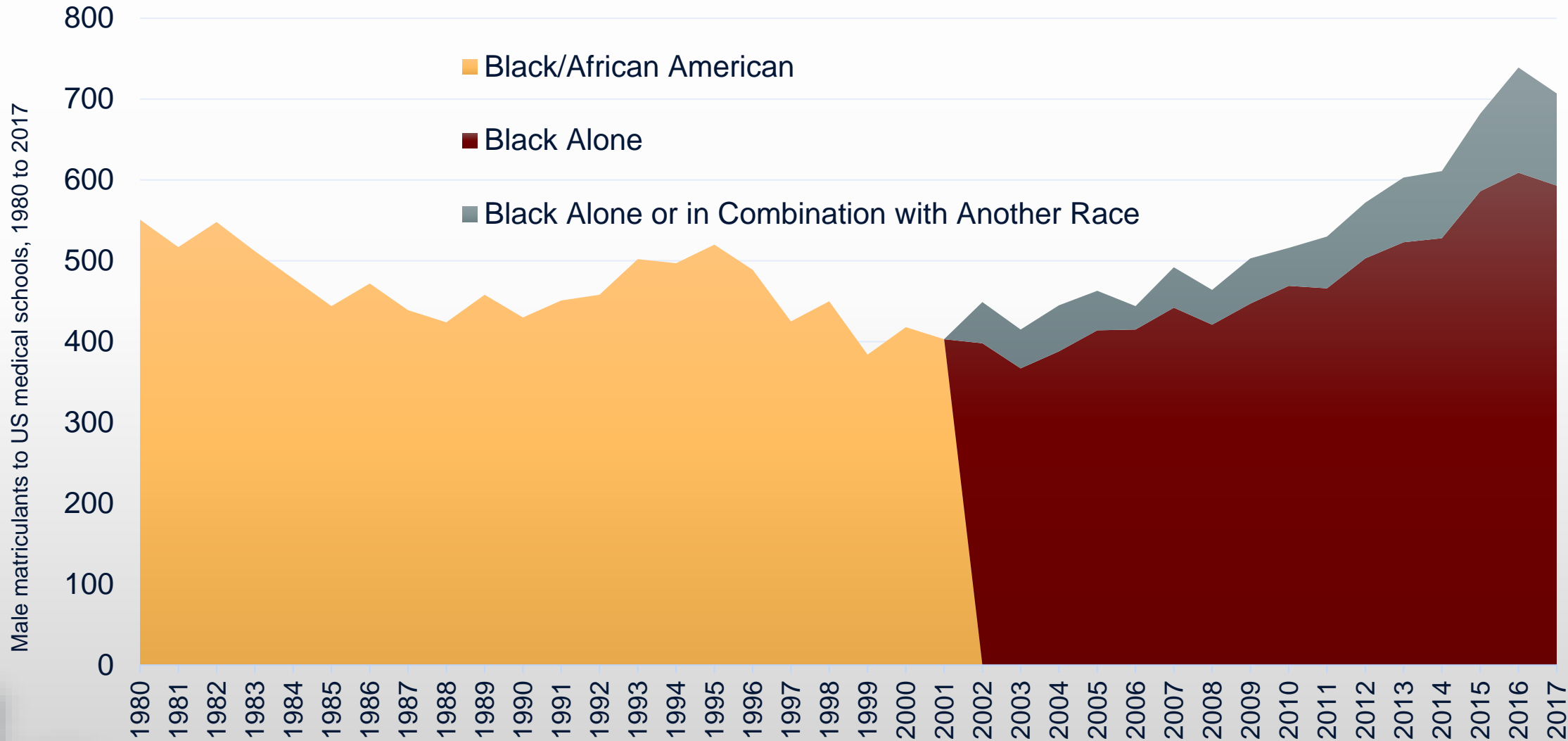
# Percentage of U.S. medical school female, 1986-2015



Source: AAMC Data Warehouse: Student data and Applicant and Matriculant file, as of 7/11/2016.



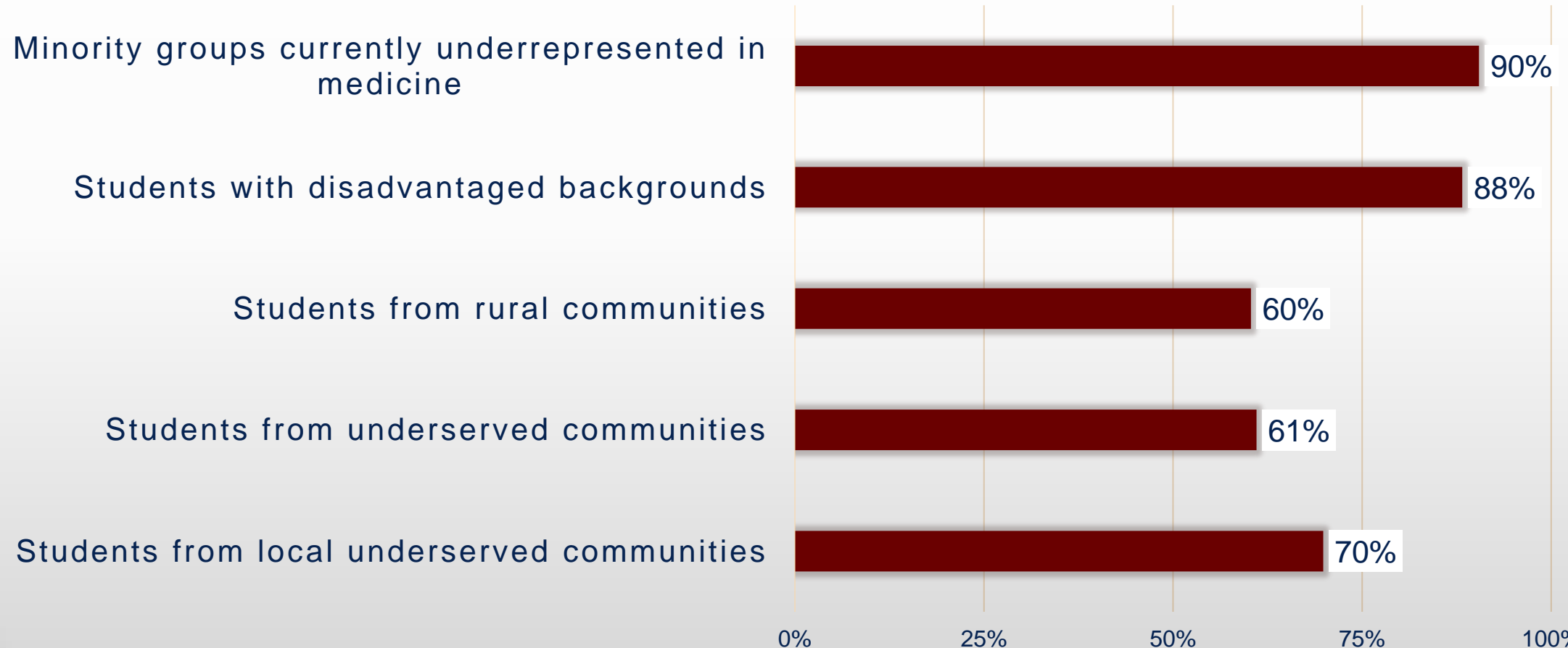
# After 30+ years, Black male matriculation is slowly increasing above 1980 levels



Source: AAMC AMCAS APP\_BIO tables. Race is only available for permanent residents.

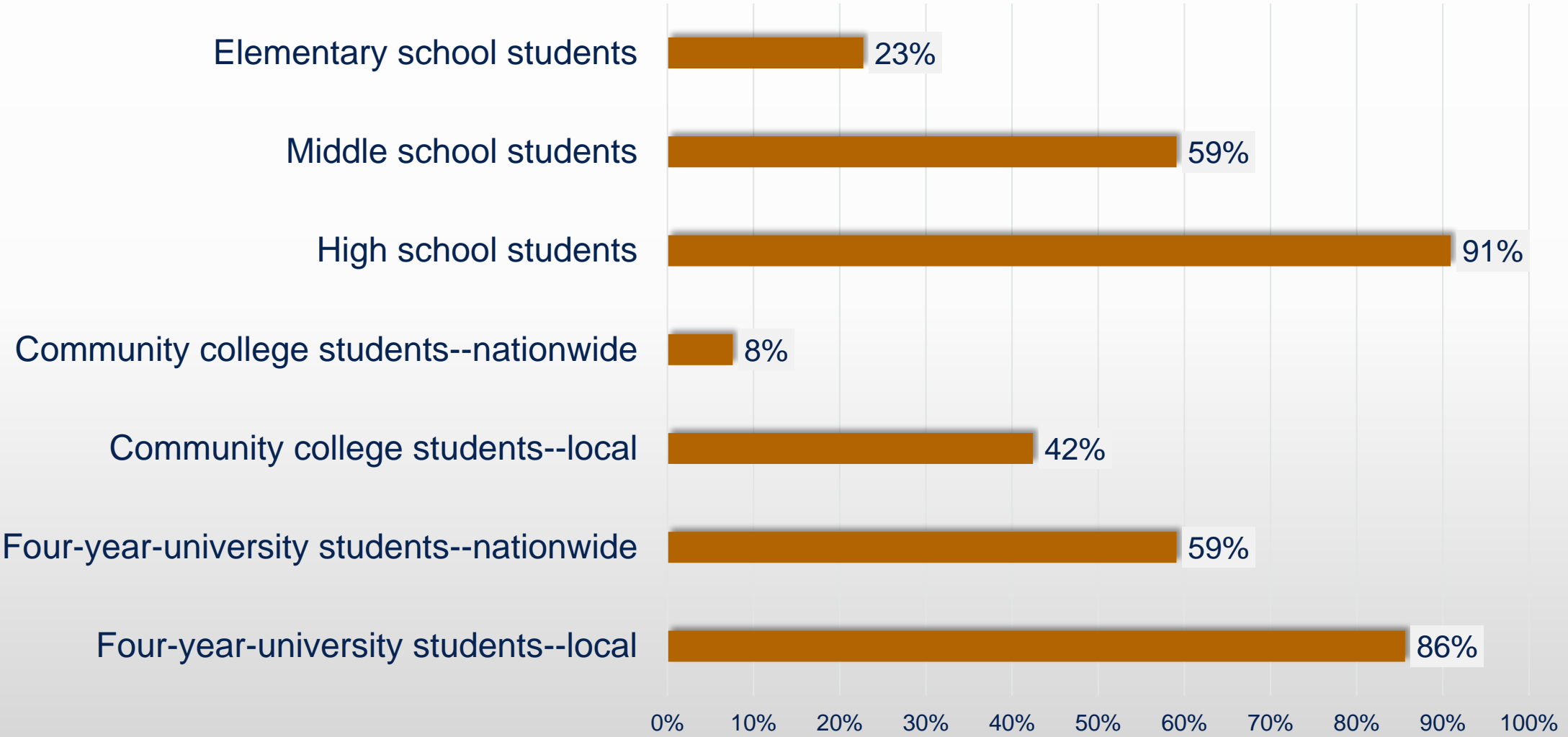
# Most USMD schools have programs or policies designed to recruit a diverse student body

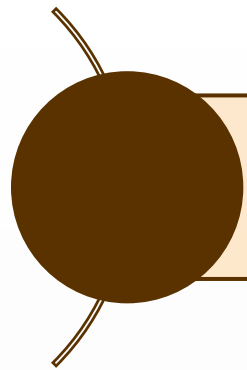
Percentage of programs



# Recruitment programs begin in elementary school

Percentage of schools with specific admissions programs or policies

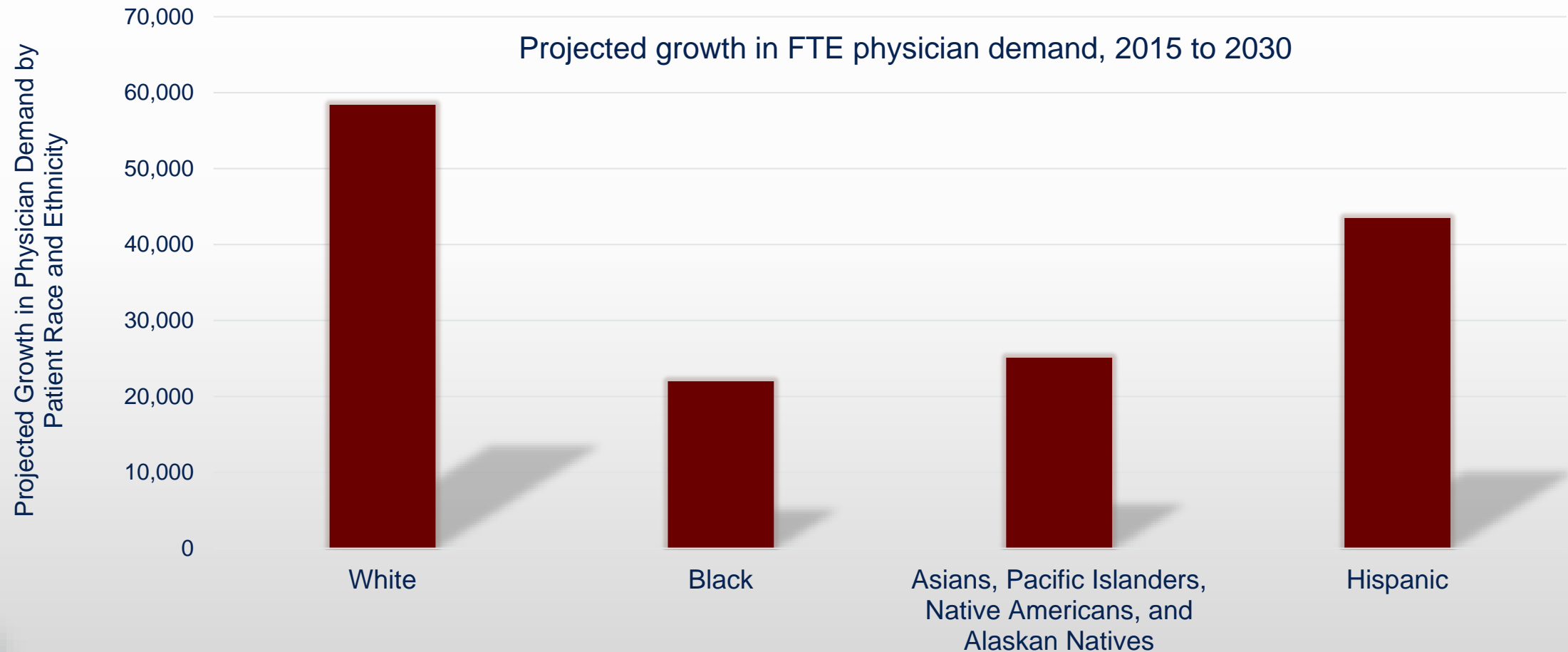




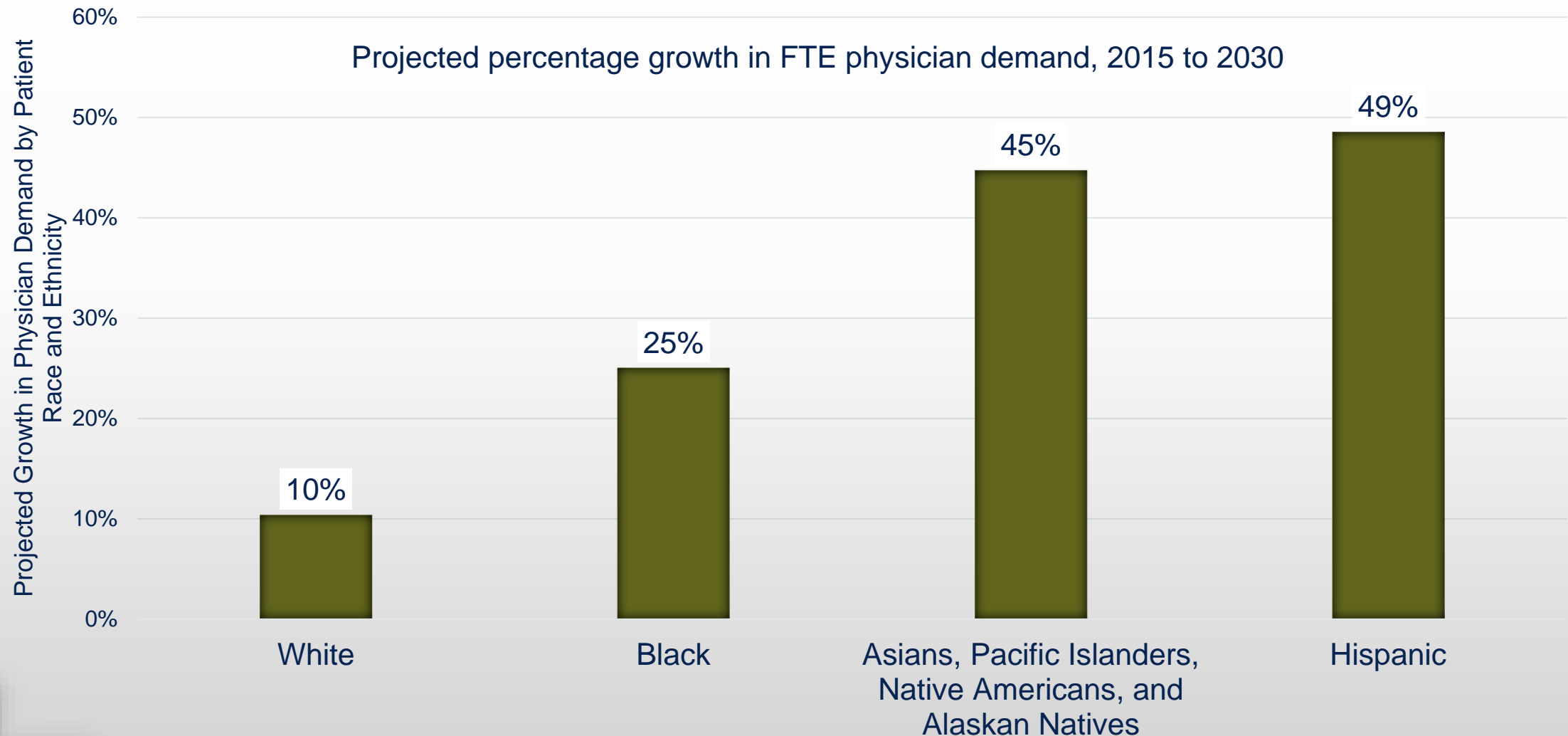
# Demand



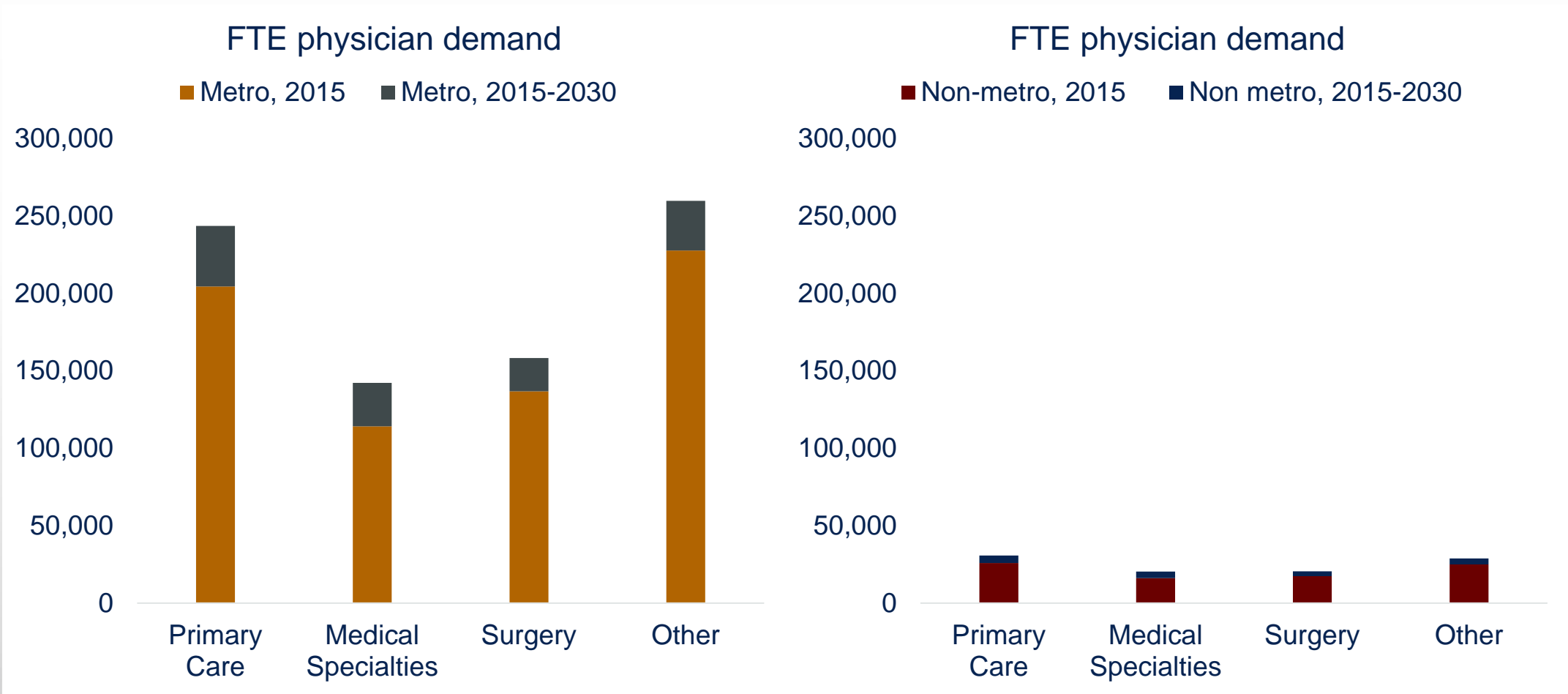
# More absolute future growth in utilization projected from whites than other groups



# Much faster utilization growth rates projected for other groups than for whites



# The vast majority of physician demand – current and projected – is in metropolitan areas



Source: AAMC, 2017 Update: Complexities of Physician Supply and Demand: Projections from 2015 to 2030.

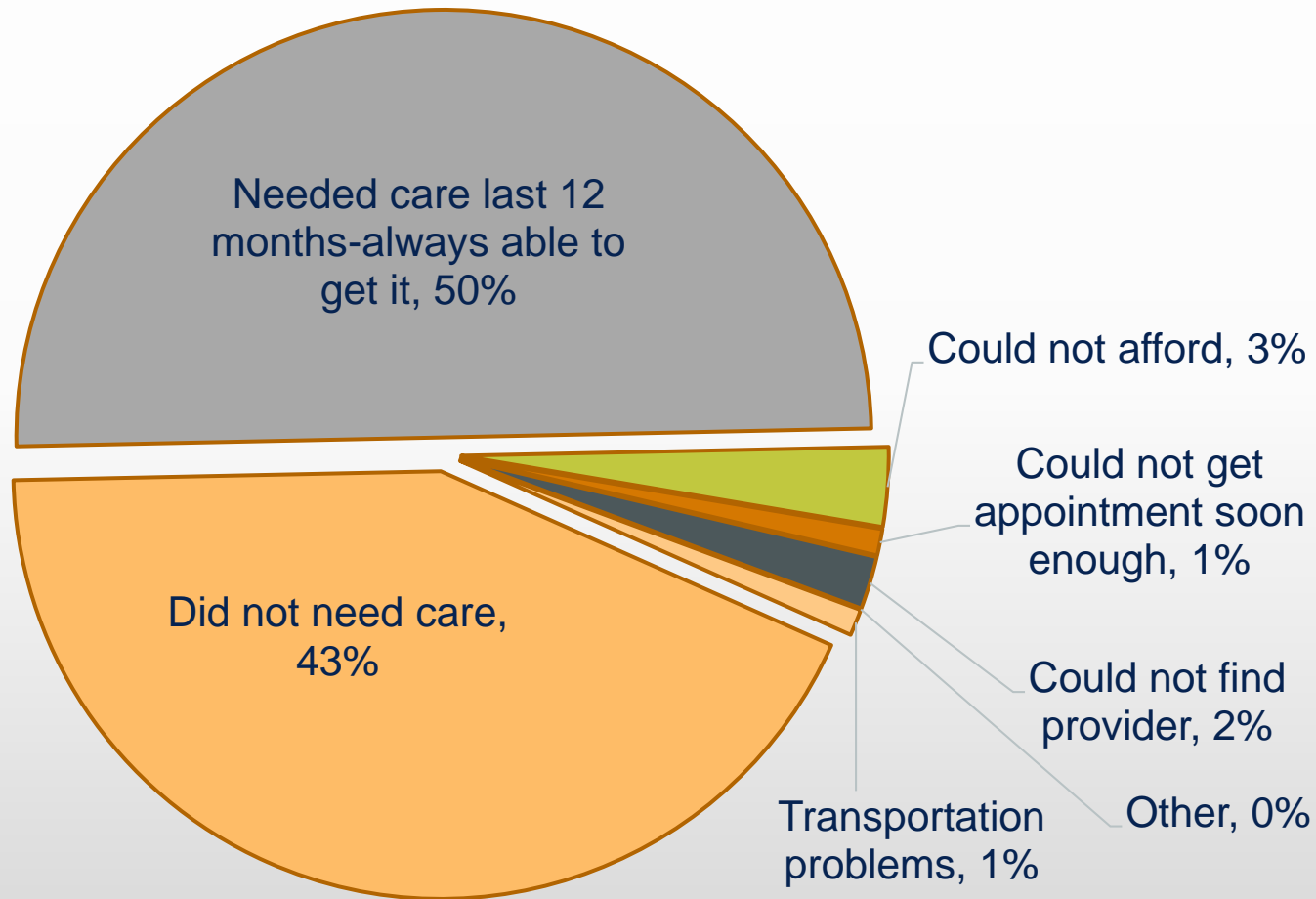


# Access to care





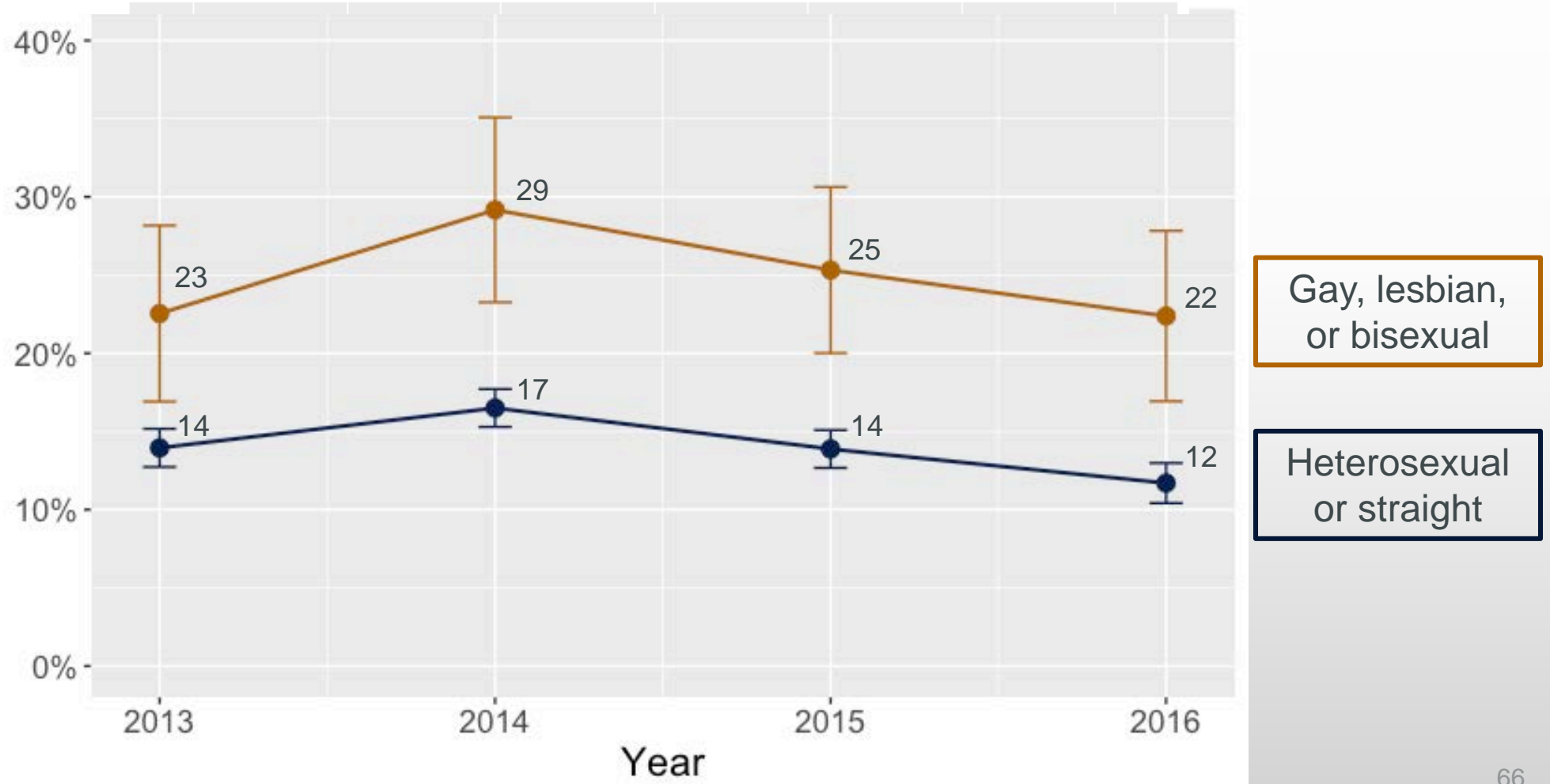
# AAMC collects data on health care access from consumers



7% of U.S. adults (>17 million people) could not always get care

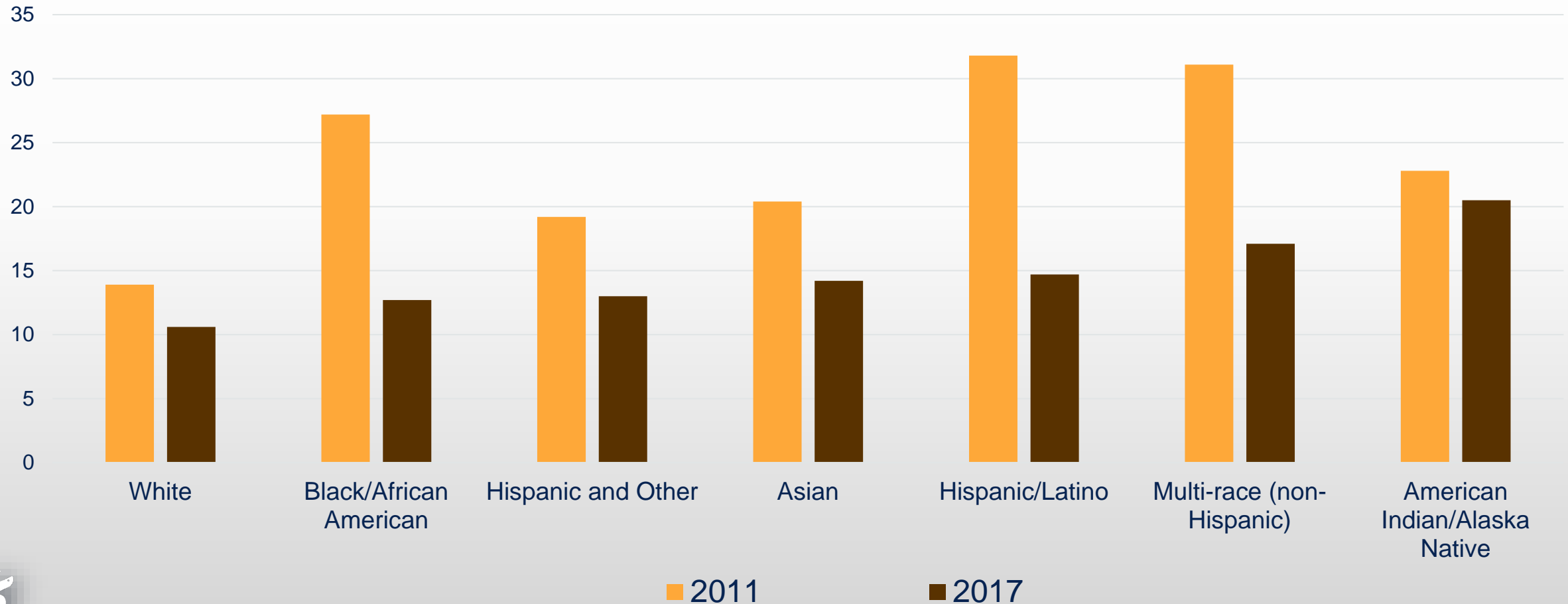
# LGB individuals consistently face greater challenges accessing care

Percent of respondents not always able to get necessary medical care, by year



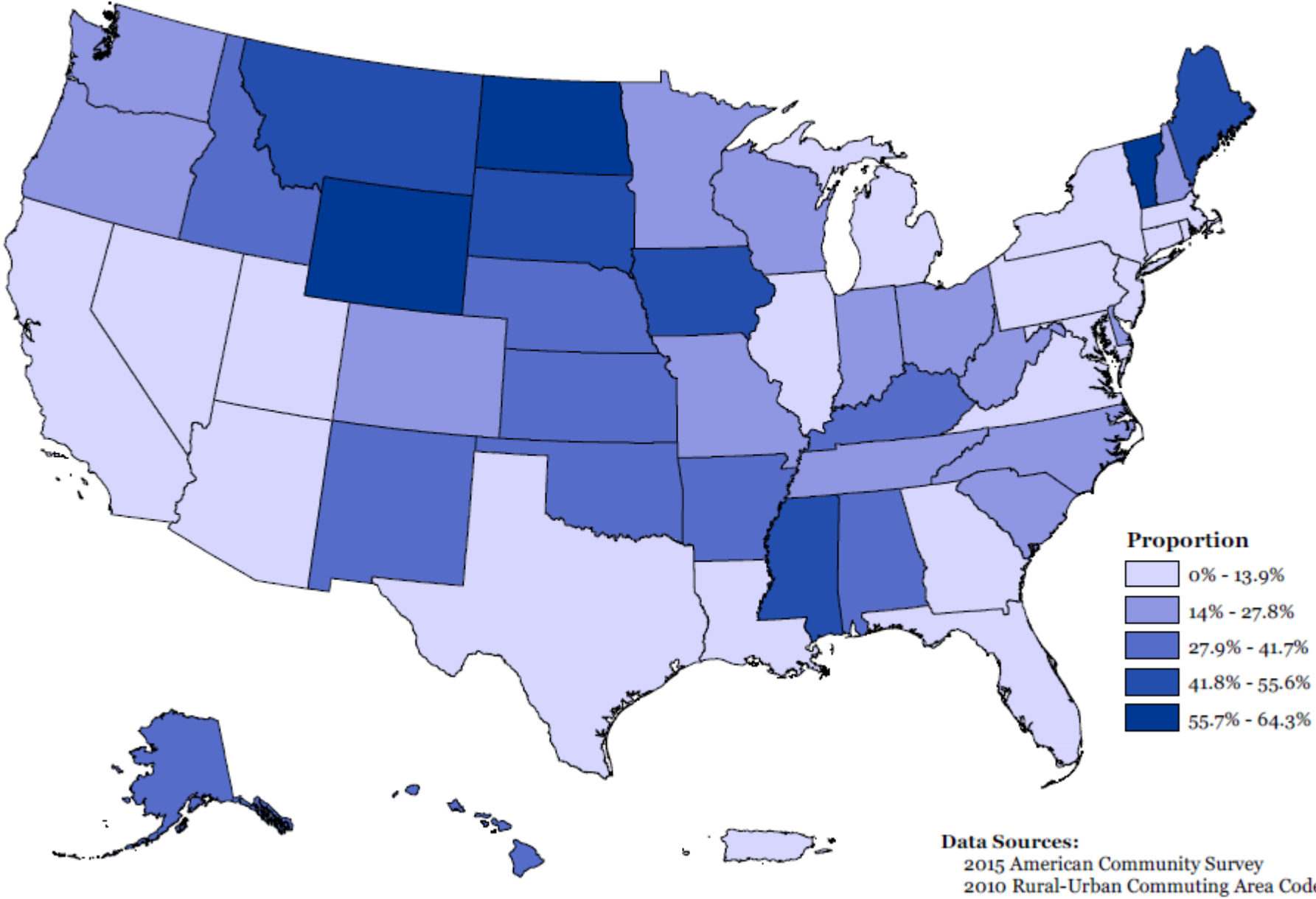
# Access to care appears to be improving, though racial/ethnic disparities persist

Percent of respondents not always able to get care



# Rural Population Race and Ethnicity by State Hispanic or Latino Origin (Any Race)

The nation's rural population is not homogenous



# Rural access varies by race/ethnicity

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“The diversity of American medicine — and the conversations, ideas and breakthroughs this diversity sparks — may be one reason for our competitiveness as a global leader in biomedical research and innovation.”

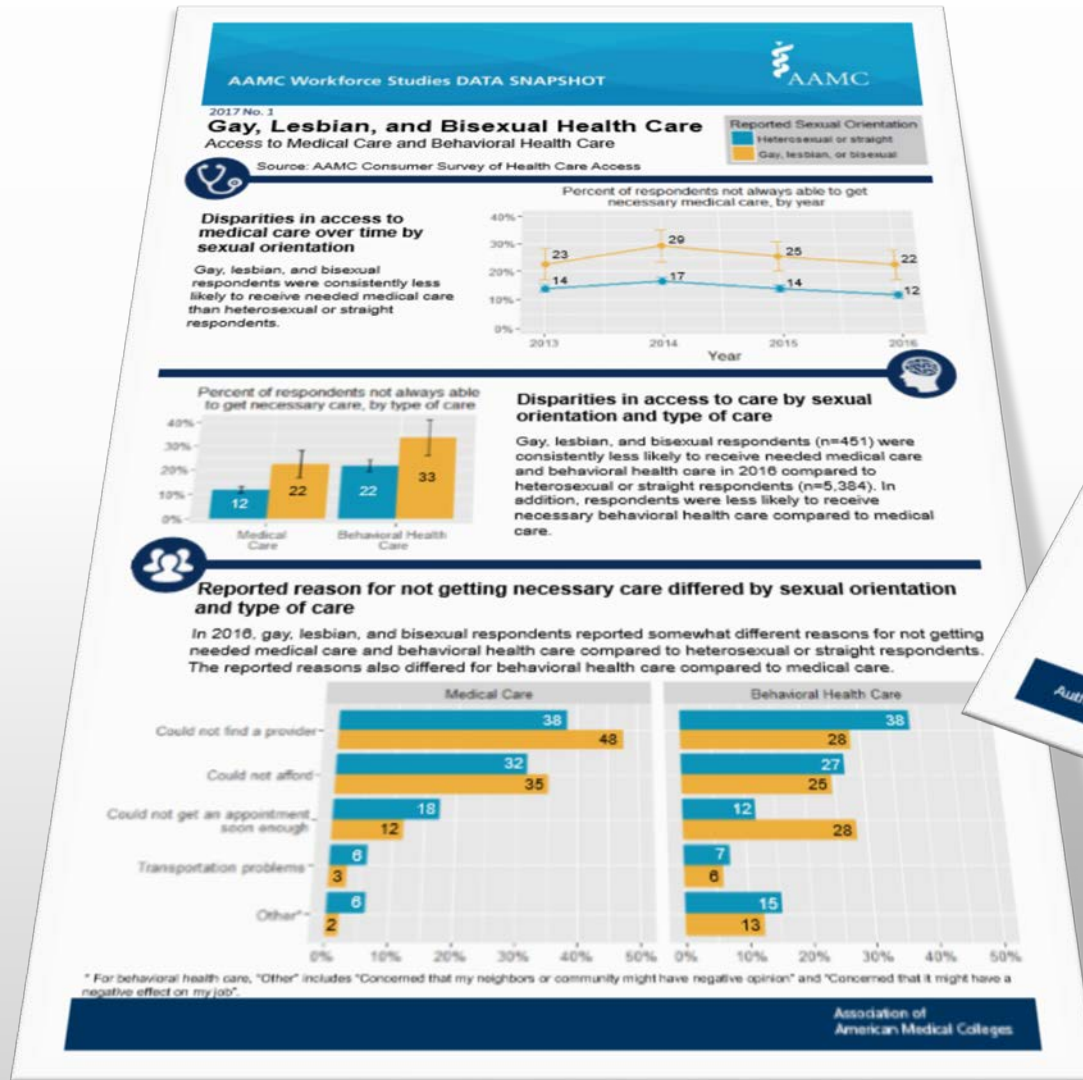
- Dhruv Khullar, MD



# The AAMC Workforce Studies Team

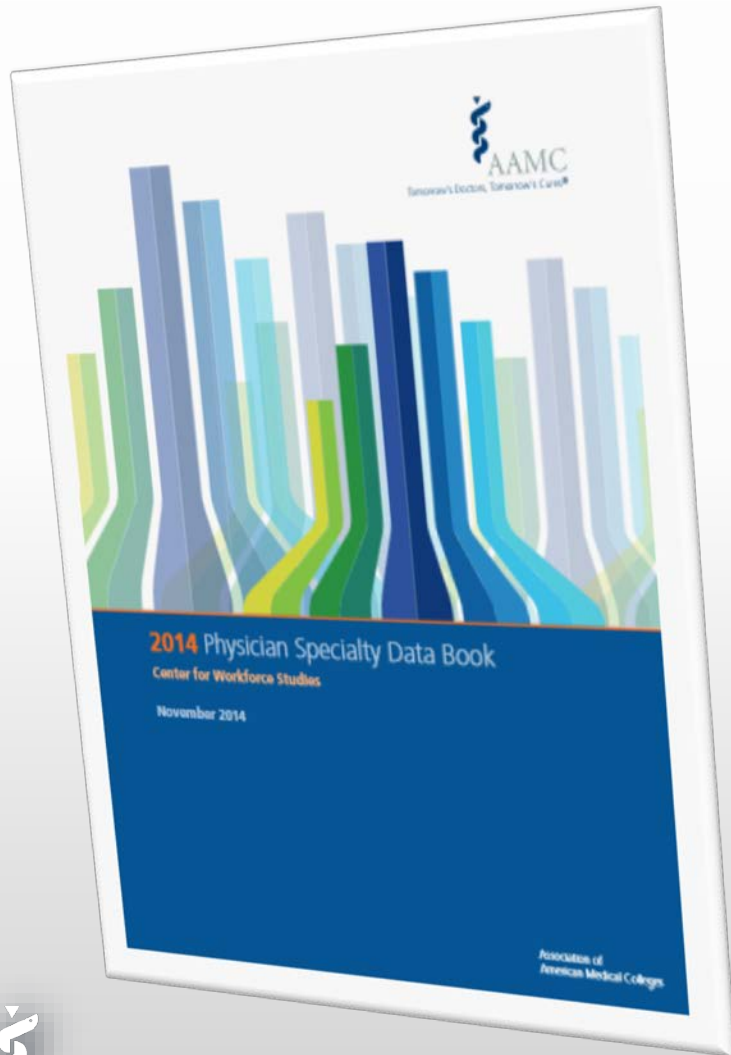
- Da'Shia Davis, BS
- Kara Fisher, MPH
- Sarah Hampton, BA
- Karen Jones, MApStat
- Scott Shipman, MD
- Imam Xierali, PhD
  
- Preeti Iyer, BSE (in progress)
- Michelle Ogunwole, MD

# Data Snapshots





# Physician data reports



## State and specialty rankings and data on:

- Physician Supply
- UME/GME
- In-State Retention



[mdill@aamc.org](mailto:mdill@aamc.org)

[www.aamc.org/workforce](http://www.aamc.org/workforce)

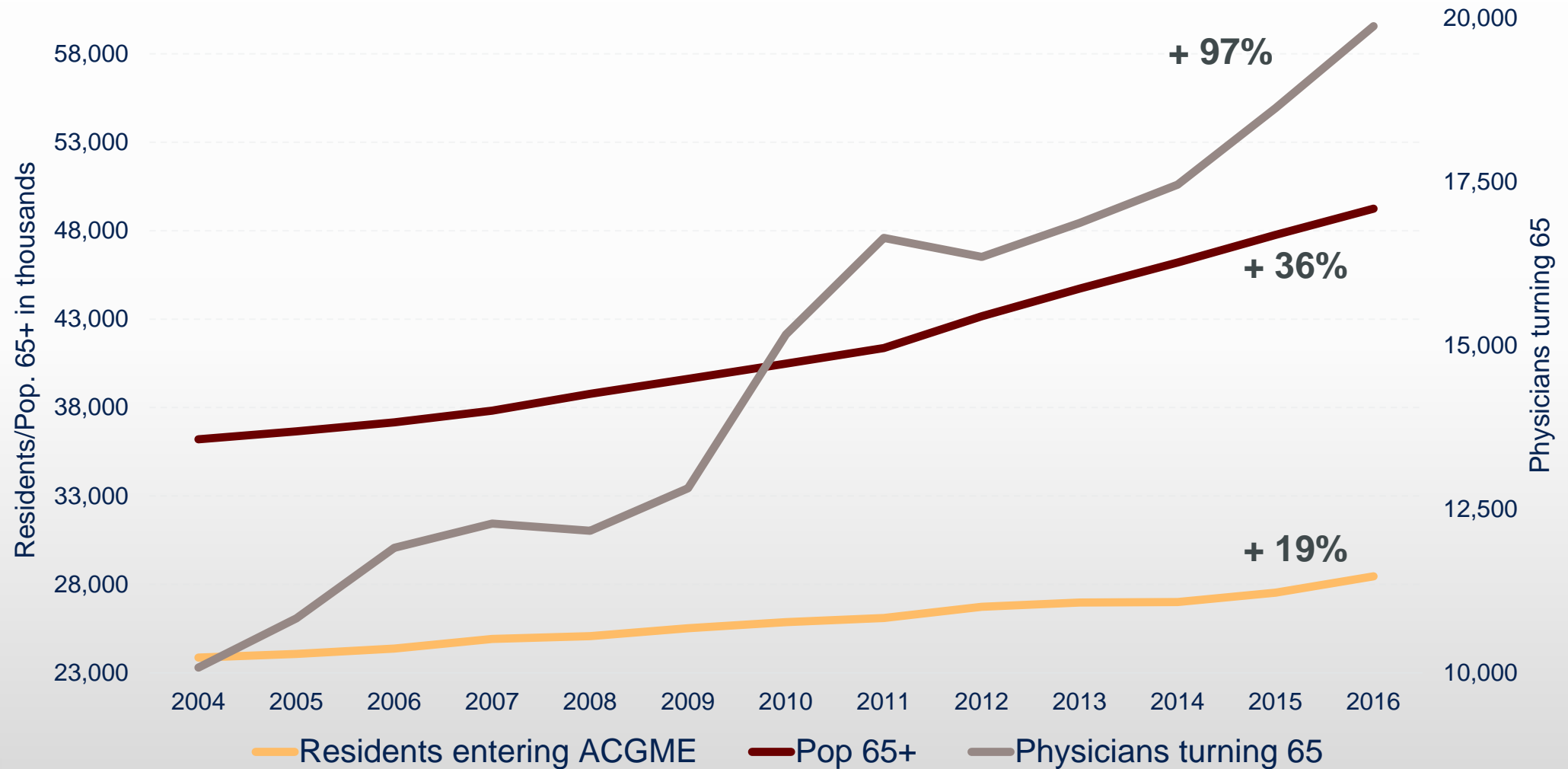
# 2018 Health Workforce Research Conference

Tysons, VA

May 9-11, 2018



# Production of new physicians not keeping up with aging workforce and population



## PROJECTIONS

- SHORTAGES
- NOT KEEPING UP WITH AGING

Pulling it all together

## DIVERSITY

- A GOOD THING
- PROGRESS
- NEED MORE PROGRESS

## POPULATION

- AGING
- DIVERSE
- DEALING WITH DISPARITIES

# Where do we go from here?

- Extent of current shortages
- Work hours and retirement
- PAs and APRNs
- Clinical training/clerkships
- Distribution solutions
- Pipeline programs
- Keep tracking access

# Questions?

