

Preventive Health Guidelines

Overview

The objective of Molina Healthcare of New Mexico, Inc. (Molina Healthcare) is the delivery of a core package of clinical preventive health services that will be beneficial to the practitioner/provider and his/her patients. These guidelines are derived predominately from the latest recommendations of the *United States Preventive Services Task Force; Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents* published by the National Center for Education in Maternal and Child Health, American Academy of Pediatrics; Centers for Disease Control and Prevention (CDC) Advisory Committee on Immunization Practices, and other professional organizations. Although there is a wide array of preventive services, we have chosen to identify age specific preventive interventions and have prioritized them based on the effectiveness of interventions that improve outcomes.

These guidelines are meant to be a standard level of care and do not preclude the delivery of additional preventive services depending on the individual needs of the patient.

As a part of continuous quality improvement, Molina Healthcare encourages practitioners to routinely document preventive health screenings including laboratory tests and immunizations. Practitioners are expected to document all immunizations given to members in the New Mexico Statewide Immunization Information System (NMSIIS).

Practitioners may contact Molina Healthcare Health Improvement Program for a complete set of our Preventive Health Guidelines for Children, Adolescents, Adults and Pregnancy.

Early and Periodic Screening, Diagnostic and Treatment (EPSDT)

The EPSDT Program is a federally mandated program ensuring comprehensive health care to Medicaid recipients from birth to twenty-one (21) years of age. EPSDT visits include:

- Comprehensive health and development history;
- Comprehensive unclothed physical exam including height, weight and body mass index (BMI) percentile;
- Hearing and Vision screenings;
- Laboratory tests including Hematocrit/Hemoglobin at nine (9) months and thirteen (13) years;
- Blood Lead Screening at twelve (12) and twenty-four (24) months;
- Nutrition screening;
- Development/Behavioral Assessment;
- Immunizations; and
- Health education and Anticipatory Guidance.

Preventive Health Guidelines (*continued*)

Tot-to-Teen Health Checks

The initial screening component of the EPSDT Program is called the Tot-to-Teen Health Check. The primary care practitioner (PCP) initiates all follow-up and referral services at the Tot-to-Teen Health Check.

Claims Processing

Submit the Centers for Medicare & Medicaid Services (CMS)-1500 (08/05) form (see section K) with the encounter code from the following codes:

Group A - Preventive Medicine Services

99381	New patient under one (1) year
99382	New patient (ages one [1] to four [4] years)
99383	New patient (ages five [5] to eleven [11] years)
99384	New patient (ages twelve [12] to seventeen [17] years)
99385	New patient (ages eighteen [18] to thirty-nine [39] years)
99391	Established patient under one (1) year
99392	Established patient (ages one [1] to four [4] years)
99393	Established patient (ages five [5] to eleven [11] years)
99394	Established patient (ages twelve [12] to seventeen [17] years)
99395	Established patient (ages eighteen [18] to thirty-nine [39] years)
99431	Newborn care (history and examination)
99432	Normal newborn care

Group B - Evaluation and Management Codes

99201-99205	New Patient
99211-99215	Established Patient

Diagnosis Codes Used with Group B

V20.0 through V20.2, V70.0 or V70.3 through V70.9

Preventive Health Guidelines (*continued*)

Immunizations Codes

Vaccine Specific Current Procedural Terminology (CPT) Code with corresponding Administration Code

Practitioners are expected to document all immunizations administered in the New Mexico Statewide Immunization Information System (NMSIIS). For assistance, please contact Provider Services. All practitioners that enter immunizations into NMSIIS will receive an incentive of five dollars when billing CPT-4 code 99080 in conjunction with the immunization codes.

Pregnancy Identification Codes

Practitioners are encouraged to provide notification of pregnancy for Molina Healthcare Members. Notify Molina Healthcare within seventy-two (72) hours following the visit where pregnancy is determined. Molina Healthcare will reimburse contracted Primary Care Practitioners and Obstetrics/Gynecology Practitioners when notification is received within this time period. Submit a Prior Authorization Request Form for notification and to report and bill for these services; please use CPT-4 code 59899 and ICD-9 code V72.42.

Blood Lead Screen Code

CPT-4 code: 83655

Practitioners are encouraged to follow the New Mexico Department of Health protocols for Childhood Blood Lead Screening. Molina Healthcare provides these protocols to practitioners in the EPSDT Provider Toolkit.

Vision Screening at Twelve (12) and Twenty-four (24) Months

CPT-4 code: 99173

Hearing Screening

CPT-4 code: 92551 – 92553, 92555 – 92556, 92587 (in conjunction with well child exam)

Developmental screening: Thirty (30) months

CPT-4 code: 96110

Preventive Health Guidelines (*continued*)

Preventive Health Services Provided to Children and Adolescents

Molina Healthcare encourages practitioners to use a documentation system for documenting preventive health services for Salud patients under the age of twenty-one (21).

It is the responsibility of the practitioner to clearly document in the chart the completion of the following components of the EPSDT screen:

- Comprehensive health and development history;
- Comprehensive unclothed physical exam including height, weight and BMI percentile;
- Hearing and Vision screenings;
- Laboratory tests including Hematocrit/Hemoglobin at nine (9) months and thirteen (13) years;
- Blood Lead Screening at twelve (12) and twenty-four (24) months;
- Nutrition screening;
- Development/Behavioral Assessment;
- Immunizations; and
- Health education and Anticipatory Guidance.

For EPSDT documentation tools please refer to the Appendix for recommended preventive health visit forms for birth – twenty (20) years.

Preventive Health Guidelines (*continued*)

For more information about documentation of preventive health services provided to children and adolescents, contact the Health Improvement Hotline in **Albuquerque** at **(505) 342-4660 ext 182618** or toll free at **(800) 377-9594 ext 182618**.

EPSDT Periodicity Schedule

The basic schedule for Tot-to-Teen Health Checks is as follows (see this Section for full description of each of the following office visits):

Infancy

By one month
At two months
4 months
6 months
9 months

Early Childhood

12 months
15 months
18 months
24 months
30 months (developmental screen)
3 years

Middle Childhood

4 years
5 years
6 years
8 years
10 years

Adolescence

12 years
13 years
14 years
15 years
16 years
17 years
18 years
19 years
20 years

Appointment Scheduling Assistance

EPSDT patients may receive assistance with appointment scheduling by contacting Molina Healthcare's Member Services Department directly in **Albuquerque** at **(505) 341-7493** or toll free **(888) 825-9266**.

Transportation

EPSDT also provides assistance with transportation to and from appointments under certain circumstances. Patients may contact Integrated Transport Management, Inc. (ITM) toll free at **(888) 593-2052**.

Preventive Health Guidelines (*continued*)

EPSDT Provider Toolkit

Molina Healthcare has a practitioner/provider toolkit available that contains information to assist your practice in understanding the importance of EPSDT and to encourage proper documentation of preventive services provided to your patients. For your copy of the EPSDT Provider Toolkit, call the Health Improvement Hotline in Albuquerque at (505) 342-4660 ext 182618 or toll free at (800) 377-9594 ext 182618.

State of New Mexico EPSDT Supplement

(See attachment)