

Inspired by the Original **MEN'S** **FRATERNITY** CLASSIC Material Created by Dr. Robert Lewis

INCLUDES:

- Exclusive Articles
- Session Outlines
- “Red Zone” Features
- Action Plan
- Additional Resources

33

THE SERIES™

**AUTHENTIC
MANHOOD**

**VOLUME 6 TRAINING
GUIDE**

A MAN AND HIS FATHERHOOD

Designed for use with
33 Video Series

authenticmanhood.com

LifeWay | Men

A MAN AND HIS FATHERHOOD

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How to Experience **33** as an Individual or Group

33 The Series can be viewed on DVD, downloaded from authenticmanhood.com, or experienced via mobile apps. Any of these three delivery systems can be utilized by groups or individuals. *One of the great things about this series is the variety of ways it can be used and/or presented.*

The series is organized in a way that provides flexibility and offers a variety of options on how the material can be experienced. **33** is organized into six topically-themed volumes that include six sessions each. *Volumes include topics on a man's design, story, traps, parenting, marriage, and career.* You can choose to commit to one volume/topic at a time, by limiting a particular experience to six sessions, or you can combine multiple volumes into one expanded experience that includes more sessions (12, 18, 24, 30, or 36). You can also choose any combination thereof.

*However you choose to experience **33**, the manhood principles and practical insights taught in each volume are essential for every man on the journey to Authentic Manhood. *



How to Make the Most of Your **33** Experience

33 The Series is more than just a video series for you to watch and then mark off your list. When experienced with other men, it can be the pathway to Authentic Manhood that changes your life forever. Authentic Manhood is truly a movement that you can become a part of and then passionately invite others to join.

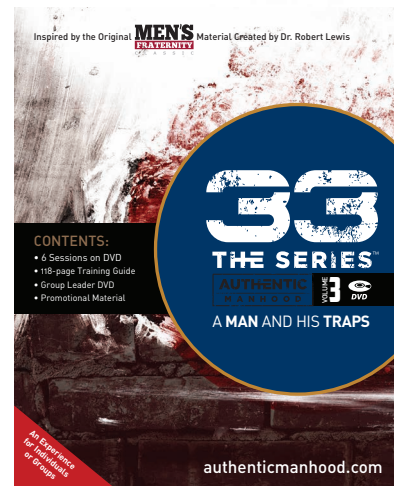
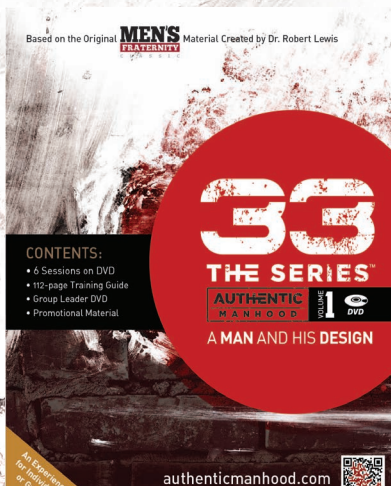


- 1 Make sure you have a team.** Your experience will be greatly enhanced if you form a team with other men or at least one other man to help process the truths that you receive.
- 2 Make sure every man has a 33 Training Guide.** A 33 Training Guide will enable men to take notes, record a strategic move after each session, and create an action plan at the end. It also contains articles, interviews, and features that will support the truths men receive from the video teaching.
- 3 Make sure you stay caught up.** All the sessions of 33 can be purchased online and downloaded for only a few dollars per session. If you are viewing 33 with a group and miss a session, you can download the session you missed and stay caught up. (Purchase downloads at www.authenticmanhood.com)

Most importantly...

- 4 Make sure you pass on the truths you learn to other men.** When session six ends, the exciting part just begins. Don't just sit back and wait for another study. Instead step up and find another man or group of men to lead through the volume you just completed. For a small investment of just a few dollars, you can download your very own set of this series and use it to make a HUGE investment in the lives of other men.

PLAY



33 is a resource that can set you up to influence the lives of other men tremendously.

Going through **33** yourself should be only the beginning.

Here's your challenge to **PLAY BIG:**

After you complete this volume, download the videos at AUTHENTICMANHOOD.com for just a few dollars and take another man or group of men through the series.

BIG



REJECT PASSIVITY
ACCEPT RESPONSIBILITY
LEAD COURAGEOUSLY
INVEST ETERNALLY



LIVE IT OUT!

Authentic Manhood

EXPERT PRESENTERS



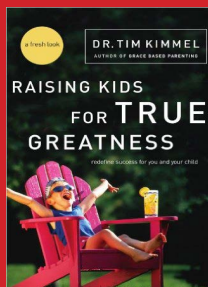
Dr. Tim Kimmel

FAMILYMATTERS.NET

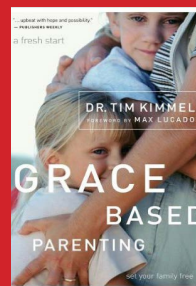
Dr. Tim Kimmel is the founder and Executive Director of Family Matters, whose goal is to see families transformed by God's grace into instruments of reformation and restoration. He believes the best way to pass on saving faith and a transformed life is within the nurturing confines of a loving home. To help others achieve this, he has developed resources, conferences, and media tools to equip and encourage parents, grandparents, churches, and couples. Tim and Family Matters conduct the Grace Based Parenting Conference across the country on the unique pressures that confront members of today's families. Tim has authored many books including:

Session 2- Grace Based

Session 3- True Greatness



RAISING KIDS FOR TRUE GREATNESS



GRACE BASED PARENTING

Welcomes Our ON FATHERHOOD

Stephen James and David Thomas



Session 4- Sons

Stephen James and David Thomas are therapists, speakers, and the authors of *Wild Things: The Art of Nurturing Boys*. They are frequent contributors on ABC Family's *Living the Life* and *Moody's Midday Connection*. Their writings have appeared in numerous publications, including *Discipleship Journal*, *Relevant* and *Pastors.com*

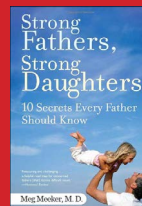


Session 5- Daughters

Dr. Meg Meeker

MEGMEEKERMD.COM

Dr. Meg writes with the know-how of a pediatrician and the big heart of a mother because she has spent the last 30 years practicing pediatric and adolescent medicine. Her work with countless families over the years served as the inspiration behind her best-selling book: *Strong Fathers, Strong Daughters*. Dr. Meg has recently released *The Strong Parent Project* which uncovers the 12 Principles to raising great kids.



The Presenters



BRYAN CARTER

Bryan Carter taught the original **Men's Fraternity curriculum** to a group of more than 800 men over a three-year period at Concord Church. Additionally, he has been a frequent speaker at local and international churches, conferences, and events.

Bryan is the Senior Pastor of Concord Church in Dallas, Texas.

He is the author of a 28-day devotional book entitled *Great Expectations*. Bryan also contributed to the book *What Two White Men of God Learned from Black Men of God*, co-authored by Dr. Joel Gregory and Dr. Bill Crouch.

A recreational basketball player, Bryan is a fan of the NBA's Dallas Mavericks.

Bryan and his wife Stephanie are the parents of two daughters, Kaitlyn and Kennedy, and one son, Carson.

TIERCE GREEN

Tierce Green is Pastor of House Churches at Church Project in The Woodlands, Texas where his primary role is to call men up and equip them to lead and care for people. He also travels extensively as a speaker at conferences and training events. He taught the principles of Authentic Manhood to over a thousand men each week over a seven-year period in a seasonal gathering called The Quest.

Tierce created and produced a 12-session video series for men called *Fight Club: Some Things Are Worth Fighting For*. He has also written curriculum for Student Life and LifeWay.

A lifelong Dallas Cowboys fan, Tierce's favorite activities include landscaping, grilling just about anything, and having good conversations.

He and his wife Dana were married in 1987. They have one daughter, Anna.

JOHN BRYSON

Seeing firsthand the impact the original **Men's Fraternity curriculum** had on his own life, John Bryson decided to teach the material himself. In the years since, he has led thousands of men through the basic ideas of biblical manhood.

John is a co-founding teaching pastor of Fellowship Memphis in Memphis, Tennessee.

In 2010, he completed his Doctor of Ministry from Gordon-Conwell Theological Seminary. John is also the author of *College Ready*, a curriculum for college students, and travels the country consulting and investing in churches, church planters, leaders, and new ideas.

A native of Harlan, Kentucky, John played baseball at Asbury College.

He and his wife Beth have 6 children: Brooke, Beck, Bo, Boss, Blair, and Bayne.



Foundation

SESSION **ONE** | Training Guide

Foundation

Presented by Tierce Green

I. INTRODUCTION

1. Fatherhood can make a man's life rich, filled with joy and laughter and give a man a lasting sense of gratification and achievement.
2. However, the reality is that being a father and cultivating a family isn't _____.
3. We need men who are willing to embrace the long road of building and _____ a family.

II. FIVE FOUNDATIONAL TRUTHS OF FATHERHOOD

1. The family was _____ idea.
 - The family was God's idea and was part of his purpose for mankind and for how we should relate to one another in this world.

"Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh"

Genesis 2:24 (ESV)

God calls children a _____.

"Behold, children are a heritage from the LORD, the fruit of the womb a reward. Like arrows in the hand of a warrior are the children of one's youth. Blessed is the man who fills his quiver with them! He shall not be put to shame when he speaks with his enemies in the gate."

Psalms 127:3-5 (ESV)

- _____ is not just some added to-do on your list of responsibilities.

2. Fatherhood is a God-given _____.

- God has commissioned and entrusted fathers with the noble task of nurturing, guiding, and equipping their children for life.
- This commission is taught directly or implied throughout the Bible. For example: Proverbs 22:6; 29:17; Deuteronomy 6:4-9; Ephesians 6:1-4; 1 Timothy 3:4.
- "Parents ought to consider themselves entrusted with the (temporary) responsibility and stewardship of nurturing and cultivating a child's heart and mind in light of the Scriptures and on behalf of God. . . . [and] while children ought to obey both parents, fathers bear special responsibility for disciplining their children."

- Andreas K. Kostenberger, *God, Marriage, and Family* ¹

3. Fatherhood takes _____.

- Authentic Manhood definition, which we discovered from the life of Jesus :
 - o Reject Passivity
 - o Accept Responsibility
 - o Lead Courageously
 - o Invest Eternally

¹Andreas J. Kostenberger, *God, Marriage, and Family* 2d ed. (Wheaton: Crossway, 2010), 118, 125.

4. Wise fathers focus on the _____.

“Never fully knowing ourselves, never fully knowing others, and never fully finding the abundant life . . . We spend our existence toiling to make life happen, and all it gets us is a grave, a marker, and a date.”

– Chip Dodd , *The Voice of the Heart*¹

- Heart-deficient fathers can be _____ for kids.
- Wise fathers focus on the hearts of their kids.
 - o Parents are typically tempted to focus only on _____ behavior.
 - o The Bible emphasizes the heart as the key to change and to full, abundant living.

“Keep your heart with all vigilance, for from it flow pthe springs of life.”
Proverbs 4:23 (ESV)

“The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for out of the abundance of the heart the mouth speaks.”
Luke 6:45 (ESV)

“Behavior is not the basic issue. The basic issue is always what is going on in the heart. . . . The heart is the wellspring of life. Therefore, parenting is concerned with shepherding the heart.”² – Tedd Tripp, Pastor

- o A thread that is going to run through this entire volume is the importance of connecting with your kids _____.

¹Chip Dodd, *The Voice of the Heart* [David T Dodd II, 2001] 5

²Tedd Tripp, *Shepherding A Child's Heart* (Shepherd Press, 1995), 4, 6.

-FOR PERSONALITY RESOURCE VISIT: YOURUNIQUEDESIGN.COM

5. Wise fathers are grace-dependent.

- Wise fathers have recognized their own _____ and their own need for forgiveness before a holy God.

"All have sinned and fall short of the glory of God and are justified by his grace as a gift, through the redemption that is in Christ Jesus."

Romans 3:23-24 (ESV)

- Jesus tells us there is a link between expressing _____ and showing love.

"... He who is forgiven little, loves little."

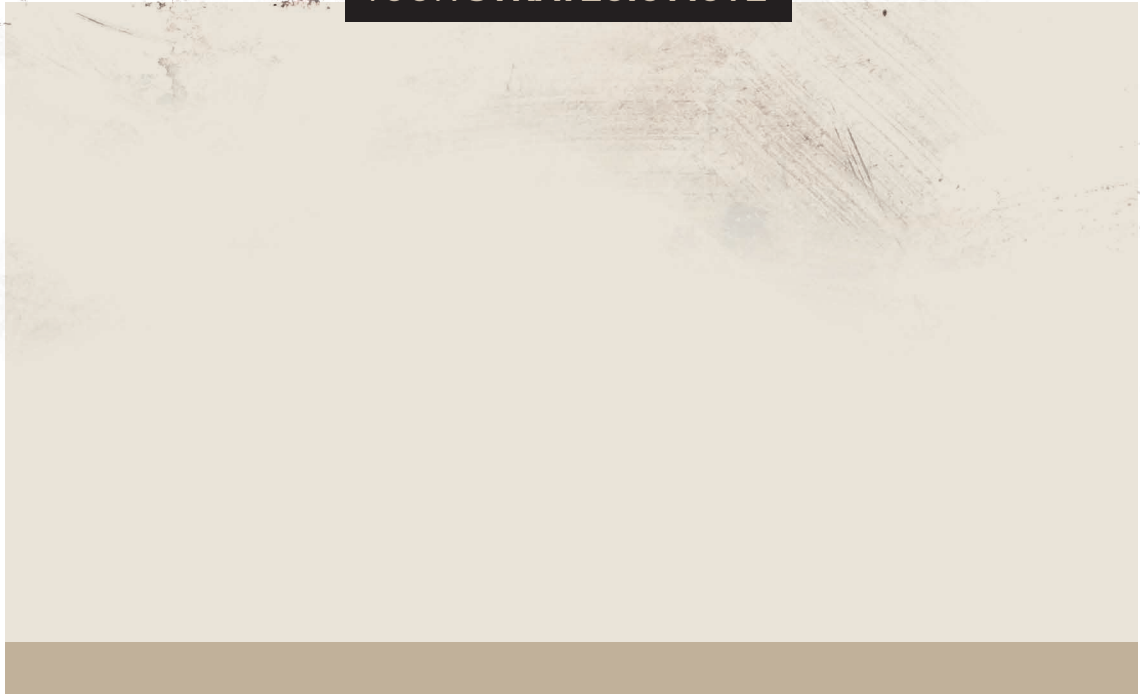
Luke 7:47 (ESV)

- Wise fathers also recognize their daily need for _____ as a parent. They've realized they can't do it alone.

DISCUSSION / REFLECTION QUESTIONS

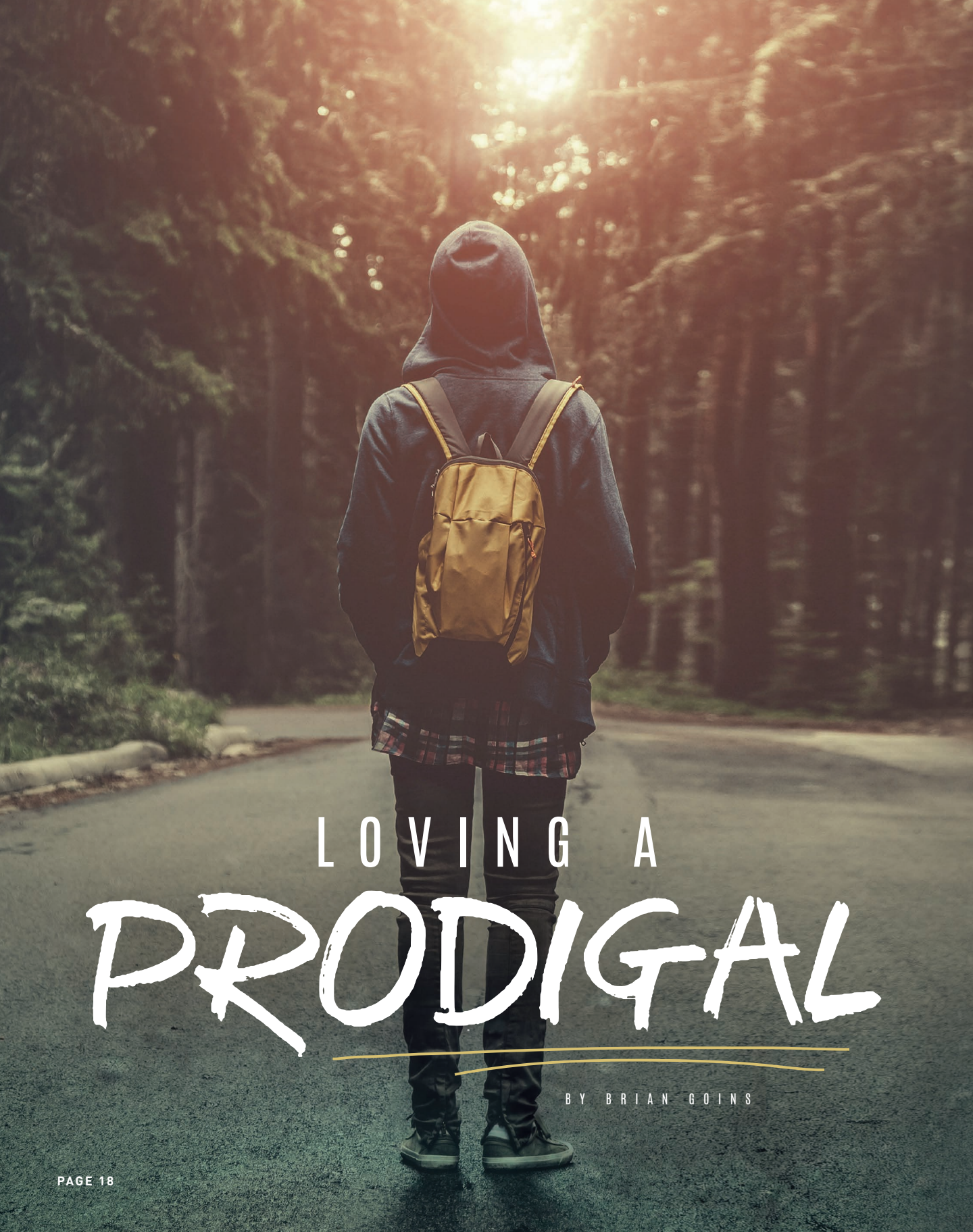
1. What would it look like in your fatherhood to apply our definition of Authentic Manhood?
2. Discuss the temptation to focus only on your kids' external behavior as opposed to focusing on the heart.
3. Discuss the importance of recognizing your own daily need for grace as a dad in light of offering that same grace to your kids.

AUTHENTIC
M A N H O O D
YOUR STRATEGIC MOVE



RESOURCES ON THE FOLLOWING PAGES:

- Loving a Prodigal (p. 18-21)
- Foundational Truths of Fatherhood (p. 22-23)
- Connecting to the Heart Resources (p. 24-25)
- **THE RED ZONE:** Fatherhood Statistics (p. 26-27)



LOVING A
PRODIGAL

BY BRIAN GOINS

*What are you
on today, Nic?*

David asks his son as he drives his son's old Volvo. Nic huddles up against the passenger door, as far away from dad as he can physically be. The car is strewn with remnants of Nic's last bender: dirty jeans, a half-empty bottle of Gatorade, his leather jacket, empty beer bottles, a stale sandwich, and an intricately carved bong made of a glass beaker and meerschaum stem.

Nic attempts an apology, "I know I ____ up. I learned my lesson."

Nic's dad doesn't answer. Too many hollow words. Too many vain justifications.

"What are you on today, Nic?"

AN ANGRY WHISPER COMES
FROM HIM,

"_____you."

David asked all the familiar questions:

DID I SPOIL HIM?

WAS I TOO LENIENT?

DID I GIVE HIM TOO LITTLE ATTENTION? TOO MUCH?

IF ONLY I HAD NEVER USED ALCOHOL OR DRUGS.

IF ONLY HIS MOTHER AND I HAD STAYED TOGETHER.

IF ONLY AND IF ONLY AND IF ONLY...

Dad, How do you love the familiar stranger?

David highlights the social ignominy that bubbles to the surface when your child turns his or her back on your values, your love, and your family.


Parents toss and turn when their kids stray. We pour over Jesus' words in Luke 15 looking for some hidden script on loving our wayward children in such a way that our story ends in a raucous barbecue. But Jesus never offered a three step plan when he taught in parables. Jesus told stories about stuff from down here (lost coin, lost sheep, lost son) to describe stuff up there (kingdom of heaven, judgment, character of God). Here, Jesus used a universal story to talk about his Father to two very different groups of people (Luke 15:1-2). One group had turned the ten commandments into suggestions. The others mistook good behavior for a godly heart. So Jesus is targeting practical atheists and religious hypocrites more than anxious parents. However, if you find yourself sitting by the window praying for a reunion, Jesus reminds us there is never a pigsty too far from God's grace and relationship is far more important than righteousness.

FROM THE PIGS TO THE FATTED CALF

Sometimes the only thing a parent can do for a prodigal child is pray God brings them to a point where their stubborn heart seeks God. Even Solomon admitted that sin is fun...for a season. Until that season passes, whether that be months, years, or decades, Jesus reassures us that God values relationship more than righteousness.

THE OTHER PRODIGAL

Novelist Flannery O'Connor described a character who had, "A deep darkness in his heart because he saw that the best way to avoid Jesus is to avoid sin." In Luke 15, Jesus shows how it sometimes is easier to find God in the pigsty than the pew. The story speaks of two prodigals: one who abandoned his father out of selfishness and one out of self-righteousness. Both rebelled. One returned. As parents, we fear our kids running headlong into the more "public" pigsties than the private ones. Maybe because we can clearly see the baggage from a child who has a history



of promiscuity more than a history of pride. But in this story Jesus highlights the possibility of living sanitized from sin, but not sanctified. Many have lived a righteous life without the righteousness of Christ. They've duped themselves into believing good behavior reflects a godly heart. For those kids, they will come to the end of days and hear the words, "Depart from me for I never knew thee."

What's worse, a season of sin or a lifetime of legalism? Perhaps your prodigal child left you because it was the only path to God.

Jesus reminded the religious Pharisees and scribes in the crowd (Luke 15:2), relationship is far more important to God than right living. When our kids stiff-arm our values, our beliefs, or our affection, Jesus illustrated a dad who never lost affection for his son despite his hateful actions. After his son slammed the door, the father kept the gate open, light on, and a feast on the back burner.

A friend of mine caught his son with some pot. Years before his son had walked away from his childlike faith. Now, in addition to debunking God, he was dabbling in drugs.

For the past few years, the dad had sat in first row seats as his son

stumbled from one pigsty to the next.

But every Tuesday, they have lunch. As long as his son shows up, dad pays the tab. Dad doesn't enable. He puts up clear boundaries and holds his son's feet to the fire when he crosses them. He tries hard to not let his son's errant behavior or beliefs infringe on their relationship. Dad now cherishes those rare moments when his son lingers in the kitchen at night rather than secluding himself in his room.

Regardless of how well you parent, kids will choose their own path. If we judge God the Father by the performance of his kids, he'd never win parent of the year. For some, the only way to God's grace is through the doorway of depravity.

*As a Dad,
Loving the
"familiar stranger"
is messy.*

There are no magic formulas, no rules, and no perfect plan because only God can break or soften a stubborn heart (1 Cor. 2:14-16). Such love requires fruit that doesn't naturally grow on our tree: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. As parents of prodigals we live the gospel towards our kids and need the gospel to love our kids.



*Foundational
Truths of*

FATHER HOOD

01

02

03

04

05

FAMILY WAS GOD'S IDEA

"Behold, children are a heritage from the Lord, the fruit of the womb, a reward. Like arrows in the hand of a warrior are the children of one's youth. Blessed is the man who fills his quiver with them!" Psalm 127:3-5 (ESV)

FATHERHOOD IS A GOD-GIVEN COMMISSION

- Fathers are commanded to train up and discipline their children (cf. Proverbs 22:6; 29:17)
- Moses told parents to diligently teach the commands of the Lord to their sons and daughters (cf. Deuteronomy 6:4-9)

FATHERHOOD TAKES INTENTIONALITY

Authentic Men:

- Reject the cultural norm of the detached dad
- Accept the responsibility of this sacred commission
- Lead their families courageously regardless of setbacks or confusion

WISE FATHERS FOCUS ON THE HEART

- The heart is the wellspring of life (cf. Proverbs 4:23)
- "The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for out of the abundance of the heart the mouth speaks." Luke 6:45 (ESV)

WISE FATHERS ARE GRACE-DEPENDENT

Authentic Men recognize their own brokenness and need for forgiveness

- "All have sinned and fall short of the glory of God and are justified by his grace as a gift through the redemption that is in Christ Jesus." Romans 3:23 (ESV)
- Jesus says "He who is forgiven little, loves little." Luke 7:47 (ESV)



CONNECTING TO THE **HEART** RESOURCES

● EMOTIONALLY HEALTHY SPIRITUALITY

PETER SCAZZERO

In this book, Scazzero outlines his journey and the signs of emotionally unhealthy spirituality. Then he provides seven biblical, reality-tested ways to break through to the revolutionary life Christ meant for you.

● THE VOICE OF THE HEART

CHIP DODD

The Voice of the Heart offers a deeper understanding of how to live an abundant life. Chip Dodd teaches us how to begin to know our hearts so that we better know ourselves and are better equipped to live in relationship with others and, ultimately, with God.

● SCARY CLOSE

DONALD MILLER

Scary Close is about the risk involved in choosing to impress fewer people and connect with more, about the freedom that comes when we stop acting and start loving. It is a story about knocking down old walls to create a healthy mind, a strong family, and a satisfying career.

● THE GIFT OF BEING YOURSELF

DAVID BENNER

The self is not God, but it is the place where you meet God. Genuine self-knowledge revitalizes your spiritual life and opens the door to becoming who God has created you to be. Rest assured, you need not try to be someone you are not.

● YOURUNIQUEDESIGN.COM

Just imagine how effective you would be if you could discover your unique, God-given design! Wouldn't it be awesome if every person could learn to maximize their special skills and abilities in service to him and to others? You will discover: How you have been wired by God, how you go about doing things, the lens through which you view life and what makes you come alive! A great tool for dads to better understand their kids' personalities (recommended for ages 13 and up).

FATHERHOOD STATISTICS

RESEARCH SHOWS WHEN
A CHILD GROWS UP IN A
FATHER-ABSENT HOME,
HE OR SHE IS...



TWO TIMES
MORE LIKELY TO
DROP OUT
OF HIGH SCHOOL

MORE LIKELY
TO GO TO
PRISON

**1 IN 5 PRISON INMATES HAD
A FATHER IN PRISON**



**the RED
ZONE**



4X
GREATER RISK
OF POVERTY

MORE LIKELY TO ABUSE DRUGS AND ALCOHOL

MORE LIKELY

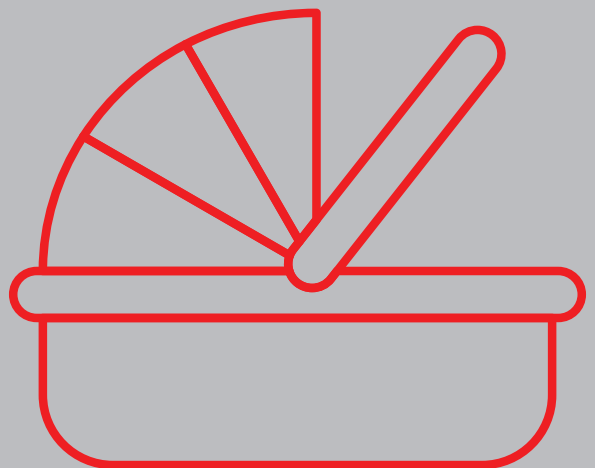


TO HAVE
BEHAVIORAL PROBLEMS



2X
MORE LIKELY
TO SUFFER FROM OBESITY

SEVEN TIMES
MORE LIKELY TO GET
PREGNANT AS A TEEN



MORE LIKELY TO FACE ABUSE AND NEGLECT

An Experience for Individuals or Groups

VOLUME

6

A MAN AND HIS FATHERHOOD

33

THE SERIES™

A JOURNEY TO AUTHENTIC MANHOOD AS MODELED BY JESUS IN HIS 33 YEARS ON EARTH.

Being a dad is one of the most important and influential roles a man could ever play in his life. But being a good dad doesn't always come naturally.

That's what this volume of 33 The Series is all about ... setting you up to win as a dad. All six sessions are designed to help dads think strategically about how they play out their important role. It equips you with insights that will help guide you through key decisions and the great challenges of being dad.

Featuring several noted experts and authors, this volume offers men a bigger vision of fatherhood than just providing and protecting their kids. In addition to key foundational truths, it gives dads an inspiring vision for grace-based fatherhood and helps them point their kids toward "true-greatness." It also equips dads with important distinctions in raising sons and daughters.

Full of practical insights, biblical wisdom and helpful resources, "A Man and His Fatherhood" prepares dads to launch healthy sons and daughters into the world.



"I'm excited about 33 The Series and the way that it deeply connects with today's man. It presents the timeless truths of Authentic Manhood in a powerfully new and engaging way. I encourage every man to check it out and join the movement."

Dr. Robert Lewis, creator of the original Men's Fraternity series



is a movement that leads men to live the life of truth, passion and purpose, that they were created to live.

authenticmanhood.com

SESSIONS:

- 1 Foundation
- 2 Grace Based
- 3 True Greatness
- 4 Sons
- 5 Daughters
- 6 Decisions



Teaching team: Bryan Carter, Tierce Green, John Bryson

LifeWay | Men