



National Diabetes Prevention Program (NDPP)

NDPP Telehealth Guidance



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NDPP Telehealth Guidance

National Diabetes Prevention Program (NDPP) Community,

This guidance is effective for dates of service on or after March 1, 2020 and shall remain in effect for the remainder of the disaster emergency declared by Executive Order No. 202, or until the issuance of subsequent guidance by the NYSDOH prior to the expiration of such state disaster emergency declaration.

We understand the health and safety of your staff and program participants is paramount and realize that concerns about the Public Health Emergency (PHE) may have resulted in the suspension of some in-person NDPP class sessions. In response to the PHE, NYS Medicaid broadly expanded the ability of Medicaid providers to use a wide variety of communication methods to deliver services to members remotely via telehealth where face-to-face visits may not be recommended, and it is appropriate for the member.

As such, NYS Medicaid has implemented temporary flexibilities that prioritize availability and continuity of NDPP services for providers and Medicaid members during the PHE. NYS Medicaid will temporarily allow the use of telehealth, i.e., Distance Learning sessions, as an acceptable delivery modality for all NDPP sessions during the PHE, regardless of the organization's and individual practitioner's usual delivery mode. This includes the delivery of the first NDPP core session.

The Distance Learning sessions are still required to be delivered 100% by trained Lifestyle Coaches via telehealth where the Lifestyle Coach is present in one location, and members are calling in or videoconferencing from another location. Those organizations and individual practitioners who choose to deliver NDPP via a Distance Learning modality are still required to obtain and record the weight of the member

for each session delivered. This may be accomplished via digital technology, such as Bluetooth-enabled scales (Bluetooth-enabled scales refer to scales that transmit weights securely via wireless or cellular transmission.), or the Lifestyle Coach may also accept a self-report from a participant's own at-home digital scale.

For NDPP billing purposes, organizations and individual practitioners should notate the delivery modality (in-person/Distance Learning) in the session record for the member along with any other notations, and the member's weight that was recorded. The provider would submit their NDPP claims to Medicaid as previously instructed in the [Medicaid NDPP Policy and Billing Guidelines](#) utilizing the 0403T and G9880 procedure codes, and would append a GQ modifier to the 0403T session code to indicate that the service was delivered via Distance Learning to the member. No modifier on the service line indicates that the service was rendered in-person to the member.

This State of Emergency guidance does not change or waive any other Medicaid program requirements with respect to authorized services or provider enrollment, and does not expand authorization to bill Medicaid beyond service providers who are currently allowed to bill Medicaid Fee for Service (FFS) or contracted with a Medicaid Managed Care Plan. This also pertains to provider certifications as well. Only those organizations and practitioners who have first achieved recognition from the Centers for Disease Control and Prevention (CDC) based on its current National Diabetes Prevention Recognition Program (DPRP) Standards and Operating Procedures, and have enrolled in Medicaid as an NDPP service provider are eligible to render, and be paid for NDPP services to Medicaid members.

Additionally, please also see the [March 18, 2020](#) National DPP guidance released by the CDC, which, also addresses concerns about PHE, which may have resulted in the suspension of some in-person class sessions.

We acknowledge that this is a rapidly evolving situation. If you have any questions regarding the Medicaid NDPP, please send an email to: NDPP@health.ny.gov.

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