

Drug Abuse Screening Test (DAST)

Consisting of 20 questions, the Drug Abuse Screening Test (DAST) assessment tool assists providers with identifying patients who are abusing drugs. The assessment tool may be used by providers or self-administered by patients. This tool measures the patient's recognition of consequences related to drug use. Alcohol use is not included on the DAST screening tool. For the purposes of the DAST, the term "drug use" refers to using prescribed or over-the-counter drugs in excess of the directions and/or any nonmedical drug use.

1. Have you used drugs other than those required for medical reasons?
2. Have you abused prescription drugs?
3. Do you abuse more than one drug at a time?
4. Can you get through the week without using drugs?
5. Are you always able to stop using drugs when you want to?
6. Have you had "blackouts" or "flashbacks" as a result of drug use?
7. Do you ever feel bad or guilty about your drug use?
8. Does your spouse (or parents) ever complain about your involvement with drugs?
9. Has drug abuse created problems between you and your spouse or your parents?
10. Have you lost friends because of your use of drugs?
11. Have you neglected your family because of your use of drugs?
12. Have you been in trouble at work because of your use of drugs?
13. Have you lost a job because of drug abuse?
14. Have you gotten into fights when under the influence of drugs?
15. Have you engaged in illegal activities in order to obtain drugs?
16. Have you been arrested for possession of illegal drugs?
17. Have you ever experienced withdrawal symptoms (felt sick) when you stopped taking drugs?
18. Have you had medical problems as a result of your drug use
(e.g., memory loss, hepatitis, convulsions, bleeding, etc.)?
19. Have you gone to anyone for help for a drug problem?
20. Have you been involved in a treatment program especially related to drug use?

For more information, please see:

Skinner, H. A. (1982). The Drug Abuse Screening Test. *Addictive Behavior*, 7(4),363–371.

Yudko E, Lozhkina O, Fouts A (2007). A comprehensive review of the psychometric properties of the Drug Abuse Screening Test. *J Subst Abuse Treatment* 32:189-198.