



INCLUDED IN KIT

- Cleaning Spray
- Microfiber Cloth
- Super Lube grease
- Super Lube spray
- WD-40 spray

NEEDED FOR MONTHLY ADJUSTMENTS

- Pedal wrench
- Allen wrenches
- Adjustable wrench

HOW TO VIDEO:



To order additional kits: 866.693.4863 (option 2)





DAILY

- Wipe down bike after each use
- Adjust the levelers

WEEKLY

- Wipe down seat post and handlebar post
- Wipe down flywheel
- Wipe down frame and stabilizers



PRODUCT KEY

- Cleaning Spray
- Super Lube Grease

- Super Lube Spray
- WD-40
- Test or Adjust

BI-WEEKLY

- Lubricate sliders
 - Inside the groove
 - On slanted surface
 - Side flat surface
- Lubricate brake pad, if applicable
- Test emergency brake

MONTHLY

- Lubricate levers, if applicable
- Lubricate adjustment knobs, if applicable
- Lubricate pedal clips and pedal spindle
- Tighten bolts and pedals

