



# NAVIGATE YOUR FUTURE

WITH NXP® BENEFITS.

NXP is committed to helping you live a healthier lifestyle and provides a gym reimbursement of \$240 per year. Use the \$240 to cover the cost of fitness activities, exercise classes, a gym membership or an on-site Activity Center membership, if available.

## ANNUAL GYM REIMBURSEMENT

You are eligible to receive up to \$240 (less applicable taxes) per year for gym reimbursement toward achieving good health.

Examples include:

- ▶ Annual membership to a fitness center, on-site or off-site, such as 24 Hour Fitness, YMCA, Gold's Gym, etc.
- ▶ Participation in approved fitness, sports or health education related activities.

If you join a fitness center or participate in other eligible gym activities, you pay up front and then submit a reimbursement request to [hr.helpdesk.amr@npx.com](mailto:hr.helpdesk.amr@npx.com)

Some locations offer an on-site activity center. If you join an on-site activity center, your gym allocation has already been applied. There is no need to submit a reimbursement request.

## How do I submit a reimbursement request?

Submit your reimbursement request by completing the following steps:

- ▶ Download and fill out the [Gym Reimbursement Form](#)
- ▶ Scan in the completed form and email it as an attachment along with a copy of your claim to [hr.helpdesk.amr@npx.com](mailto:hr.helpdesk.amr@npx.com)
- ▶ Keep a copy of the receipt(s) for your records

The amount reimbursed is considered taxable income to you and is reported on your IRS Form W-2. You will receive reimbursement through Payroll within two pay cycles from the date the claim was approved. Your request for reimbursement must be made by March 31 of the following year.

## GET STARTED AT AN ACTIVITY CENTER

Some NXP locations have on-site activity centers. The following applies to on-site activity centers where available.

### Membership

Visit your local center to get started today! NXP employees are eligible to use their annual \$240 reimbursement toward a 1-year membership. Or, you can pay as you go:

- \$20/month per person (Employee and spouses only)
- \$25/month per person (Contractors)
- \$10/month per person (Retirees)

### Amenities\*

Members receive fresh towel and toiletries. Store your personal belongings in the locker rooms (day use only), or choose a convenient private storage locker for a fee of \$5/month.

### State-of-the-Art Equipment

Our facilities are fully equipped with a variety of training equipment including treadmills, bikes, stairmasters, elliptical trainers, rowers, strength machines, free weights, kettlebells and TRX.

\*Activities, programs and services vary depending on Activity Center location.



## Group Exercise Classes

The Activity Centers offer a variety of classes led by experienced, professional trainers up to date with the latest fitness research and trends. Group classes ranging from Cardio to Interval Strength Training, Cycling to Power Half Hour, will keep your heart pumping. Our activity centers offer a variety of classes and class times throughout the day and evening to make it easy to choose one that will fit your needs.

## Specialty Classes\*

Specialty classes are a series of fee-based classes that are offered throughout the year to members and non-members. Classes include: Pilates, TRX, HIIT, CORE, Zumba and much more.

## Personal Training

Our certified and professional on-site staff will challenge you, build your confidence, and change the way you look at working out. Whether you want to customize your goals with one-on-one training or workout with a friend or group, our training packages can take your training to the next level. This service is offered to members and non-members.

## Recreation and Outdoor Activities\*

Another great way to get moving and reenergize is to get outdoors! Take a short break and enjoy walking trails, join runners or cycling groups, or pick up a game of basketball or table tennis. Whichever activity you enjoy, there is a good chance you'll find it here.

\*Activities, programs and services vary depending on Activity Center location.

## INCENTIVE PROGRAM

### Active Rewards

In this membership-based incentive program, Activity Center members earn points for utilizing the on-site Activity Centers. Points are accumulated throughout the year and, based on the member's total, can result in the receipt of an incredible gift card.

## TOOLS

NXP offers a variety of tools to help you stay on track. Visit your Activity Centers or [NXP.com/Benefits](http://NXP.com/Benefits) to access or find out more.

## RALLY®

A digital health experience that helps make simple changes in your daily routine, set goals for yourself, and track your results on line. You'll get personalized recommendations to help you move more, eat better and improve your health—and have fun doing it.

## WELLNESS PROGRAMS

Members and non-members can access wellness programs offered by the Activity Center to help support your health and well-being.

## Weight Management

Whether you're looking to lose, maintain or gain, your Activity Center has special programs that run throughout the year.

## Seminars

NXP is committed to providing you information regarding your total well-being. Topics include nutrition, weight management, physical activity and much more.

## Healthy Vending Fridge\*

Sourced local with the most organic ingredients, the fridge includes a variety of fresh and nutrient-dense breakfast, lunch, snack, and dessert selections, guaranteed to keep you full and happy. Gluten free, paleo, vegan, dairy free, or just plain hungry – there's options for everyone!

## THERAPIES

Each of our Activity Centers have professional staff to provide you with the therapy you need: physical therapy, massage, or reflexology. Book your appointment today! Available services vary by site.

## EVENTS

Sign-up to volunteer, pick up your shirt or train for an event. Your Activity Center supports NXP's Community Relations efforts in a variety of ways. Get involved!

## ON-SITE ACTIVITY CENTER INFORMATION

### AUSTIN

Ed Bluestein  
512-933-6229

Monday–Thursday  
5 a.m.–7:30 p.m.

Friday  
5 a.m.–7 p.m.

Oak Hill  
512-895-3069

Monday–Thursday  
5 a.m.–8 p.m.

Friday  
5 a.m.–7 p.m.

Saturday  
10 a.m.–2 p.m.

### ARIZONA

Chandler  
480-814-3534

Monday–Friday  
5 a.m.–10 p.m.

Staffed daily from  
6 a.m.–7 p.m.

### SAN JOSÉ

Group exercise classes only. You must have a liability waiver on file in order to participate. Contact Norene Goldstone at [norene.goldstone@npx.com](mailto:norene.goldstone@npx.com) for more information.

**With all these amazing services available, what's stopping you?**

For more information visit [NXP.com/Benefits](http://NXP.com/Benefits) or call NXP Benefits Service Center at (888) 375-2367.



[www.nxp.com](http://www.nxp.com)