## NATORI

## SIZE GUIDE

See page 2 for sleep \& lounge, clothing \& shoe sizing and page 3 for legwear sizing

## BRAS \& LINGERIE

| DRESS | XXS (30 band) | XS ( 32 band) | S ( 34 band) | M ( 36 band) | L ( 38 band) | XL ( 40 band) |
| ---: | :---: | :---: | :---: | :---: | :---: | :---: |
| SIZE | $00-0$ | $0-2$ | $2-4$ | $6-8$ | $10-12$ | 14 |
| BUST | $28-29$ | $30-31$ | $32-33$ | $34-35$ | $36-38$ | $39-41$ |
| RIBCAGE | $23-25$ | $26-28$ | $29-31$ | $32-34$ | $35-37$ | $38-40$ |
| WASIT | $23-24$ | $25-26$ | $27-28$ | $29-30$ | $31-33$ | $34-36$ |
|  | $32-33$ | $34-35$ | $36-37$ | $38-39$ | $40-42$ | $43-45$ |

## HERE'S HOW YOU CAN MEASURE TO MAKE SURE YOU GET THE FIT AND COMFORT THAT'S RIGHT FOR YOU.

$80 \%$ of women are wearing the wrong bra size.
First, make sure you're wearing an unpadded bra to find accurate measurements.


## LET'S GET STARTED: BAND SIZE

To find your band size, measure snuggly around your ribcage, just beneath your bust line.
RIB CAGE
BAND SIZE

| $25 "-26^{\prime \prime}$ | $27^{\prime \prime}-28^{\prime \prime}$ | 29 "- 30 " | 31 " 32 " | $33^{\prime \prime}-35$ " | $36^{\prime \prime}-39 "$ | 40 " 42 " | $43^{\prime \prime}-44^{\prime \prime}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 |



## NEXT STEP: CUP SIZE

To find your cup size, loosely measure around the fullest part of your bust.
Keep the measuring tape parallel to the floor. Subtract this number from your band size.
Example: If your bust measures $37^{\prime \prime}$ and your band size measures $34^{\prime \prime}$, that is a $3^{\prime \prime}$ difference so you are a size C cup.

| DIFFERENCE | $1{ }^{\prime \prime}$ | 2" | $3{ }^{\prime \prime}$ | 4" | 5" | $6{ }^{6}$ | 7" | 8" |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| CUP SIZE | A | B | C | D | DD | DDD | G | H |

## HELPFUL TIPS

Every bra style fits a bit differently. You may have the correct size, but not every bra is the right style to suit your body. Here are some extra tips to make sure you're wearing the most flattering bra for you.

The center front of the bra should lie flat against your chest without a gap.
Try lifting your arms up and down. If your bra is the right fit, it should stay in place. Your band should be level all the way around your back. If it's riding up,
it is either too large or needs tightening.
Your underwire should lie flat against your ribcage. You shouldn't feel any digging or discomfort.
Your breasts should sit comfortably inside the cups. There shouldn't be any spilling out of the top, sides or bottom.
If the cups are wrinkling or puckering, try going down a cup size.

## NATORI

## SLEEP \& LOUNGE

BUST
WAIST
HIP

| XS | S | M | L | XL | XXL | 1 X | 2 X |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $2-4$ | $6-8$ | $10-12$ | $14-16$ | 18 | 20 | $18-20$ | $22-24$ |
| $32.5-33.5$ | $34.5-35.5$ | $36.5-37.5$ | $39-41$ | $42-44$ | $46-48$ | $44-46$ | $48-50$ |
| $24.5-25.5$ | $26.5-27.5$ | $28.5-29.5$ | $31-33$ | $34-36$ | $38-40$ | $37.5-39.5$ | $41.5-43.5$ |
| $35.5-36.5$ | $37.5-38.5$ | $39.5-40.5$ | $42-44$ | $45-47$ | $49-51$ | $46.5-48.5$ | $50.5-52.5$ |

## CLOTHING

| $X S$ | $S$ | $M$ | $L$ | $X L$ |
| :---: | :---: | :---: | :---: | :---: |
| 2 | $4-6$ | $8-10$ | $12-14$ | 16 |
| $32.5-33.5$ | $34.5-35.5$ | $36.5-37.5$ | $39-40.5$ | $42-43.5$ |
| $25-26$ | $27-28$ | $29-30$ | $31.5-33$ | $34.5-36$ |
| $35-36$ | $37-38$ | $39-40$ | $41.5-43$ | $44.5-46$ |

## SLIPPERS

| $S$ | $M$ | L |
| :---: | :---: | :---: |
| $5 / 6$ | $7 / 8$ | $9 / 10$ |

## SHOES

AVAILABLE SIZES: 6-10
*no half sizes - if in between sizes, size up to the next whole size

## LEGWEAR



If your height or weight are borderline you may wish to choose the larger size.

