



©Canstock photo

# CALL OF THE LOON

## Spring 2018

Special Lake History Edition

Cold Stream Camp Owners' Association

Spring has sprung, ferns are unfolding, loons are nesting, and sunny days (mostly) call us back to the lake.

A severe storm in late October brought high winds and destruction to the area. We wish our neighbors hope and strength as they continue repairing the damage to their camps and homes.

Please call or email me with your ideas for Newsletter topics and articles or to submit photos and news. Laurie Fenwood 207-732-4320 or lfenwood@gmail.com

This special edition is extra-long to accommodate Benson Gray's extensive research into the first camps on Cold Stream Pond.

Please visit [coldstreampond.com](http://coldstreampond.com) to see past issues of the newsletter and find other important information about our beautiful lake. This issue will be available there later this summer.

### President's Message

**Tom Quirk**

As we prepare for a summer of recreation on Cold Stream Pond, I wanted you to know that I

am looking forward seeing you and your families enjoying the summer. Like many of you, my work is busy and challenging. Any time spent on

Cold Stream Pond with my wife Gayle and our family is so important to me. Our lake gives us so much more than great an opportunity for fun and relaxation. The beauty of the sunsets over these green hills surrounding our clear, cool water brings peace and solace to all of us.

I have been working for a long time, with many partners, to help protect this place that we all love. I know that you care, too! We see your caring in being CSCOA members, serving on the Board and CSCOA committees, participating in Lake Smart, doing the Loon Count, and making donations of goodies for the food sale and Annual Meeting. These actions and others all are needed to fulfill our mission: Protecting and improving the water quality of our lake for now and for future generations.

Let's all be safe on the lake and in recognition of Memorial Day let's all take a moment to thank those who serve our country.

And, as we shoo the spiders out of the camp, inspect the water pipes, and see what we need to fix up this year, let's remember to continue giving back to our lake.

## The Past Surrounds Us

### Benson Gray

"History never really says goodbye.' History says see you later"

—Eduardo Galeano

The early *History of Penobscot County* from 1882 mentions "Cold Stream Lake, called by the Indians Ammadamast. This is a beautiful lake of clear, cold water, stocked with salmon and trout." The oldest building beside the lake was probably the original fish hatchery at the dam. This is likely to have been built shortly after June 2nd, 1883 when the state first commissioned A. J. Darling of Enfield as a Fish and Game Warden.

The Lincoln and Enfield Register from 1905 reported that "The shores of the lake have become the scene of over a dozen summer cottages erected by residents of Old Town and Bangor generally, and the place is fast becoming one of the leading summer resorts of Northern Maine." My search of some old postcards and deed records has identified most of these cottages as shown in the table.

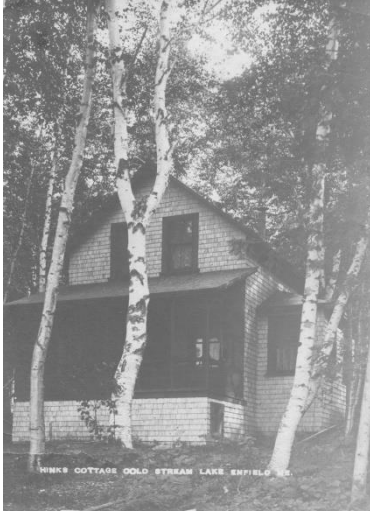


Be sure to check the Fall Newsletter for a story on the early Warden.



Ammadamast





Hainer



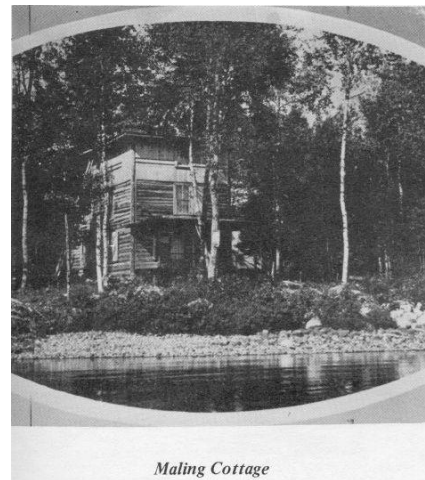
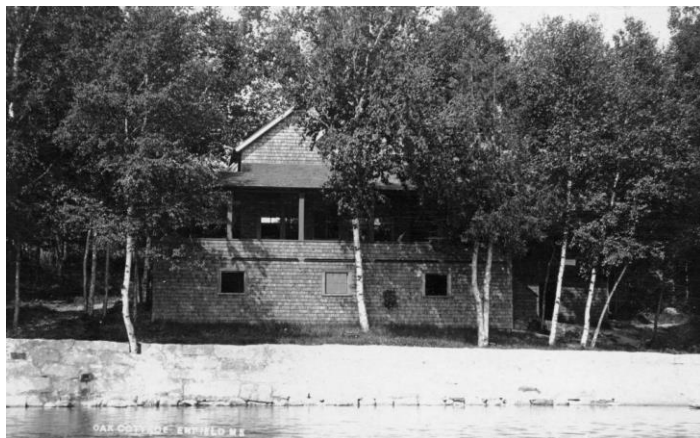




ENFIELD, MAINE.



DANFORTH COTTAGE



**Twenty oldest structures around Cold Stream Pond based on early pictures and deed records**

<b>Original Purchaser(s)</b>	<b>Deed Date</b>	<b>Known As</b>	<b>Current Owner(s)</b>
John Treat / A. J. Darling	6/2/1883	Fish House / Hatchery	State of Maine (Original building is gone)
Marianne Hersey	6/23/1894	Rustic Lodge / Hersey Camp	Calista Wiburg
Ida M. Gilman	9/24/1903	Gilman Cottage	Peter & Sandra Persson
Joseph F. Wight	9/24/1903	Wight Cottage / Camp Hazzard	Marie LaForge
Autense L. Hincks	12/26/1903	Hinks Cottage	S. S. R. LLC
Fred Chapman, Harry Chapman, Ralph Chapman, Joseph Fitzgerald, & Henry Fitzgerald	6/7/1904	Ammadamast Lodge	Glenn A. & Ann B. Deyo
Charles E. Oak	4/24/1905	Oak Cottage	Butterfield Family
Wilbur Gray	5/11/1905	Wanaka / Wilbur Gray Cottage	Peter Kann
Wilbur Gray	7/14/1905	George Gray Cottage	Gray Family
O. H. Danforth	9/27/1905	Danforth Cottage	Gray Family (Original cottage is gone)
Charles H. Saindon	11/4/1905	Sandon / Jellison Cottage	Kevin & Brenda Mulligan (Original cottage is gone)
Louise A. Prescott	2/7/1906	Hainer Cottage	Scott & Pamela Gillespie or Gail & Richard Seiler
Adele L. Bragg, Isabel Solomon, & Bessie Marsh	7/7/1906	Bragg & Marsh Cottages	Owen & June Smith
George Hamlin, Marion Simpson, Charles E. Oak	5/24/1907	Simpson Cottage	Ernest & Alice Eyles (Original cottage was replaced in 1933)
George F. Emerson & Frederick McNeill	7/13/1908	Chautauqua House	Grover Reed (Original cottage is gone)
Alvin M. Darling	8/19/1908	Darling Camp	Gaetani Family (Original cottage is gone)
Lillian Page	10/31/1908	Page Cottage	Joan C. Crocker and Marvin H. Crocker
Jerome S. Maling	11/5/1908	Maling Cottage	James Sargent
Abner Wendall Hayford	5/17/1909	Hayford Cottage	Derek & Nicole Madden
George B. Dolley	3/21/1916	Dolly's Grove	Jane Buchanan



Several of these properties have been used for a variety of other purposes. The Gilman Cottage became Albert J. Nicola's basket factory and was later converted to Dana's Lodge and eventually became the Cold Stream Inn. The Chautauqua House was a hotel, campground, and home to the Bangor Y. M. C. A.'s summer Camp Jordan in the early 1920s. Camp Darling became the Cold Stream Lodge which offered seasonal lodging in the early days along with the Cedar Rest Camps in later years. Morgan's beach even had a small amusement park with a multi-story slide into the water.

These old deeds often have interesting information about what was included or excluded from the sale of the land. Lizzie B. Saindon sold her property on April 8th, 1908 with "the household goods, furniture, fixtures beds, bedding, stoves, cooking utensils, fishing tackle, dishes and articles of personal property of every kind and description now in or about my said cottage, also one hurdygurdy piano." Marianne Hersey sold her property on October 24th, 1906 saying "I also sell and transfer to said grantees the personal property in the buildings on the land aforesaid, excepting from that in the house the dinging (sic) room table and chairs; two sofas; two other chairs to be designated by me; one set shovel and tongs and a rubber cushion; and from that in the stable the hay now therein and two boxes of clay pigeons and the trap for use therewith." Some old properties may have been missed so please let Benson Gray (benson@maine.rr.com) know if you have any additional information or pictures to add to this list.



## Thank You Theresa Thurlow!

Tom Quirk

As you many of you may know, at the end of June, 2018, Theresa Thurlow will retire as Enfield Town Manager. She has seen many changes around Cold Stream Pond and the Enfield community since she became Enfield Code Enforcement Officer in 1986. The camps on the lake have changed as some old camps gave way to new, and many people have changed with the times as well. But, she is proud that the water quality and quality of life on the lake have not diminished on her watch. Theresa had great influence on that due to her vigilance.

After many years as Code Enforcement Officer, Theresa became Town Manager in 2000. Being a people person, her work has been fulfilling as well as challenging. Her day to day interactions with folks included a wide range of people-- camp owners and full time home owners in Enfield, as well as politicians throughout the state of Maine. Her influence in the workings of government that affect our lake, such as water quality and new development, has been critical to protecting the lake.

Her decisions have helped shape many positive changes that have occurred since 1986. Improved code enforcement has reduced pollution from old or malfunctioning septic systems and shoreline zoning has been stressed. Theresa has always emphasized the importance of maintaining vegetation around the lake to filter runoff and protect the shoreline. "If you care about Cold Stream Pond, don't cut those trees!", is a classic example of her plain but meaningful advice.

The Cold Stream Camp Owners' Association has worked closely with Mrs. Thurlow throughout the years. Efforts to reduce sediment entering the lake from roads greatly increased during her tenure, because she understands the importance of erosion control. Reducing this runoff has helped our roads and helped to keep our lake healthy.

Her support of Cold Stream Pond and Enfield has improved our lives in so many ways. We, the Cold Stream Camp Owners' Association, are proud of her work and dedication to the lake and its people.

Thank you Theresa Thurlow, for your "Love of the Lake" and your love of our community. You deserve some retirement time, but we will miss you!





Theresa Thurlow



## Plant Profile

### Have a headache? Plant a Spirea!

Laurie Fenwood

Like willows, beans, jasmine, clovers, and certain other plants, Spirea produces salicylic acid. As recorded on papyrus (because storage in the "cloud" was not invented yet), ancient Egyptians and Sumerians used willow as a medicine. Hippocrates administered willow tea to relieve pain the pain of childbirth (there is no relief from the pain of child-rearing).

Willow was used in many cultures to reduce pain, inflammation and fevers. In 1828, Joseph Buchner, a pharmacy professor at Munich University, Germany succeeded in extracting the active ingredient. He named the bitter, yellow crystals salicin. It was first found in the meadowsweet plant (*Spiraea ulmaria*) in 1830 by Swiss pharmacist Johann Pagenstecher and later by German researcher Karl Jacob Löwig. Hermann Kolbe discovered synthetic salicylic acid in 1874, but when administered often in large doses, patients experienced nausea and vomiting, and some even went into a coma. A buffer was needed to ease the effects of this acid on the stomach.

In 1897, while working at pharmaceutical company Bayer's headquarters in Elberfeld, Germany, Felix Hoffmann synthesized acetylsalicylic acid. The addition of the acetic acid reduced (buffered) the irritant properties of salicylic acid.

The brand name 'Aspirin' was taken from the terms 'acetylsalicylic acid' and '*Spiraea ulmaria*'. Aspirin's name was coined from "A" for acetylsalicylic acid, "SPIR" for *Spiraea ulmaria* and "IN" was a common suffix used for drugs at the time of the first stable synthesis of acetylsalicylic acid. Bayer, of course, patented their product in 1899 and distributed the powder to physicians. They produced the first aspirin tablet and in 1915 Aspirin was sold as an over-the-counter medicine.



Aspirin is one of the most widely used medications in the world. Each year, 58 billion doses of aspirin are swallowed, sipped in fizzing concoctions or taken in

suppositories, according to the Bayer Company. Americans consume 80 million aspirin tablets daily -- 29 billion per year -- a figure that works out to 117 aspirin tablets annually for every man, woman and child in the country, according to Joe Graedon, author of "The Aspirin Handbook."

*Spiraea* is a genus of about 80-100 species of shrubs in the family Rosaceae. The genus name comes from the Greek word *speira* meaning wreath. Common names include Meadowsweet, Steeple Bush and Bridal Wreath. They are native to the temperate Northern Hemisphere, with the greatest diversity in eastern Asia. The leaves are simple and usually short stalked in an alternate (spiral) arrangement. In most species, the leaves are toothed, narrowly oval and about 1 to 4 inches long. Our native and garden variety *Spiraea* plants are hardy, deciduous-leaved or semi-evergreen shrubs. They are definitely **not** a headache to grow!

The many small flowers of *Spiraea* shrubs appear from June to September and are white, pink, or reddish, clustered together forming a showy umbrella-like or grape-like cluster. Mostly, they are a moderate size, growing 2-3 feet high and spreading to 2-4 feet in area. *Spiraea* tolerate a wide variety of soils, but prefer a well-drained, sunny area (some varieties do fine in light shade!) They are a great shoreline plant, holding the soil and producing lovely blossoms. *Spiraea* shrubs are low maintenance, won't crowd the view, and come in a bunch of different varieties, as well as Maine's native species. They can serve also as hedges, garden borders, and foundation plantings. Taller varieties can reach 6 feet in

height and have long arching branches covered in white blooms

Removing faded flower clusters, if practical (light shearing is an option), will encourage additional bloom. Spring flowering blooms grow on the previous year's wood, so prune after flowering. Summer blooming varieties bloom on new wood and can be pruned in late winter to early spring, if needed. **Author's Note**---I just clip off dead wood where needed and take off the heads of small-flowered varieties when they are brown. To feed the birds, leave large seed heads of native varieties. Also, Spirea do fine with no pruning at all. So there!

There are no serious insect or disease problems though they are somewhat susceptible to many of the diseases and insects that attack other rose family members. Spirea are cold hardy and fertilizers generally are not needed. Bark mulch helps hold moisture and an occasional dose of compost will help feed plants in the shade. While watering new plants is essential for success of any planting effort, once Spirea shrubs are established, very little care is required.

Spirea, especially the native varieties, attracts butterflies and other pollinators and birds feed on the seed in the fall. It is resistant to deer browsing.

**Maine Natives:** *S. alba*-White Meadowsweet (wet soils), *S. tomentosa*-Steeplebush or Rosy Meadowsweet (dry areas)

**Many cultivated varieties are available:**

'Anthony Waterer', (*Spiraea bumalda*) is a tough, reliably blooming 3-foot-tall plant with rose red blossoms that begin in late June or early July and will continue through late September the spent blossoms are pruned off.

'Dolchica' (*Spiraea x bumalda* 'Dolchica') has elongated crinkled leaves with frilly, deeply cut serrations. The foliage emerges bronze to purple-red, matures to green and turns bronze to red in fall. The small purplish pink, 5-petaled flowers are borne in flat-topped clusters that are 4 to 6 in. in.

diameter. 'Dolchica' forms dwarf mounds that are 2 to 3 ft. tall and 2 to 4 ft. wide.

Bridal Wreath Spirea from northern Europe, with a height of 3-6 feet with widely overhanging branches. Used as a hedge plant, it blooms with white flowers in early spring.

A summer blooming shrub is the *Spiraea billardii* 'Triumphans'. It has cone-shaped and dark pink blossoms and it can be up to 5 feet high. It is used as deck or grouping shrub.

Japanese meadowsweet (*Spiraea japonica*) has dense and lushly flowering flat-topped flowers is a dwarf size summer blooming shrub.

The bushy *Spiraea densiflora*, which blooms in May and is remarkably robust and healthy, can be often seen in gardens and along pathways. Dense pink flowers and long lasting foliage characterize this shrub. Other spring flowering varieties: *Spiraea gemmate*, *Spiraea arcuate*, *Spiraea prunifolia*, *Spiraea media*, *Spiraea betulifolia*

Replacing your lawn with easy care perennials, shrubs, and trees will not only save you from its maintenance but will help protect the lake from the fertilizer and chemicals needed to keep it green. In the long run, it will save the lake and save you a lot of money. If you can't sacrifice your lawn, at least cut down its area— grow flowers and add shrubs around the outer edges. You can also grow herbs like rosemary (dies in winter), thyme, sage, parsley (self-seeds), and lavender.



Photo courtesy of Proven Winners - [www.provenwinners.com](http://www.provenwinners.com)

## Fisheries Report

### Nels Kramer

As we do every fall, we set and tended trapnets in October to keep track of age, growth and condition of landlocked salmon, lake trout and brook trout across the region, including Cold Stream Pond. Because of prior commitments to trap and take eggs from togue at Schoodic Lake in Brownville for the Governor Hill Hatchery, we set our nets later than usual at Cold Stream on October 23<sup>rd</sup>. We ended up pulling our nets at Cold Stream on October 31<sup>st</sup> after a very successful fall season trapnetting at Cold Stream and several other waters as well, including East Grand Lake in Weston, Pleasant Lake in Kossuth, Upper JoMary Lake in TA R10 WELS and Sourdnhunk Lake in T4R10 WELS.

We handled a total of 49 brook trout, 50 lake trout and 54 landlocked salmon at Cold Stream Pond during that last week in October. The mean length and weight of all lake trout was 19.7" and 2.4 pounds, respectively. The mean length and weight of all landlocked salmon handled was also 19.7" but weighed 2.9 pounds. The length and weight of our II+ salmon (stocked in 2016 @ 8") was 19.4" and 2.8 pounds. The largest salmon handled was 25.4" and 5.0 pounds.

This spring we stocked 1350 landlocked salmon (6"-8") and 1500 brook trout (10"-12"), in addition to the 1336 fall yearling brook trout (13"-15") that were stocked last fall in Cold Stream Pond. Cold Stream, the outlet of Cold Stream Pond, was also stocked with 200 10" to 12" brook trout this spring for young anglers less than 16 years of age.

The other local waters where we stock brook trout expressly for young anglers is the Edwards Family Fishing Pond on the Access Road in Lincoln and the Burlington Fire Pond in downtown Burlington. This spring Edwards Pond received 315 spring yearlings (10"-12") and 30 adult (14"-16") brook trout and Burlington Pond received 100 spring yearlings (10"-12") and 20 adult (14"-16") brook trout.

### Contact Information:

Nels Kramer,  
Fisheries Biologist, Penobscot Region  
Maine Dept. of Inland Fisheries & Wildlife  
16 Cobb Rd., Enfield, Maine 04493  
*Office-732-4131, e-mail-*  
gordon.kramer@maine.gov



**Take a kid fishing!**



Enfield Hatchery employees Zachery Glidden and Jake Richards load fish for stocking at area lakes.

## Items of Interest and Summer Events

### Food Sale

This year's sale will be held at the Enfield Senior Center on Saturday, June 30 from 8:00-11:00 am. Donations can be dropped off after 7:00 am. Items donated in the past have included pies, breads, cookies, homemade jams, sauces, and glassware. All are appreciated. Cold Stream Pond clothing and afghans will also be available for purchase. Come replenish your stock of Whoopee Pies, renew your membership, reconnect with friends, and round out your summer wardrobe!

### Bass Fishing Derby

Rain or shine, on June 30, same day as the food sale, the CSCOA will sponsor a bass fishing derby to reduce the population of introduced small mouth bass in Cold Stream Pond. The derby will be held at Gary Stover Beach. Check-in begins at 6:00 am. Weigh in ends at 2:00 pm. Entry fee is \$25 per boat. Registration information and derby rules are available at the CSCOA website. A registration form can be down-loaded from the site or can be completed the day of the derby.

Prizes: Boat with largest weight \$150, second largest weight \$100, third largest weight \$50.

### 4th Annual CSCOA Boat Parade and Ice Cream Social

Ho, Ho, Ho! The theme for this year's boat parade on Saturday, July 7, will be "Christmas in July." As in the past, the boats will gather in Webb Cove at 12:45. At 1:00 pm, the convoy will head along the shoreline, past the Enfield boat ramp, and end at Gray's Beach where the winners will be announced and ice cream will be served. The

parade will not be rescheduled if severe weather causes cancellation.

Registration information will be available at the annual food sale on June 30 and at [coldstreampond.com](http://coldstreampond.com). Or contact Anne Hall for details and registration at [amjeg@roadrunner.com](mailto:amjeg@roadrunner.com), 207-745-9317.

Breakout the tinsel and twinkling lights and join the fun!

### Upcoming Road Meetings

Enfield Roads—August 9, 6:00 pm, Town Office  
Upper Webb Cove Road Association-- TBA  
Lower Webb Cove Road Association-- TBA  
Webb Cove Owners Association—August 4  
Millett-Mallett Road Association-- July7, 7:00pm

### CSCOA Annual Meeting

Saturday, July 28th is the date for this year's meeting at the Enfield Station School. The schedule will a bit different from previous years. A business and general meeting will occur first at 8:00. At 9:00, following the business meeting, we will have a potluck celebration for Theresa Thurlow who is retiring after 30+ years of service, first as Code Enforcement Officer and later as Town Manager as well. Members and non-members are invited to attend. Please bring a breakfast item to share. This is a great opportunity to visit with our Cold Stream neighbors, have discussions, hear about what the CSCOA volunteers are doing for our lake, and congratulate Theresa on her retirement.

### Website Upgrades

**It is now possible to join or renew online with PayPal or your credit card.** Just click the "Renew

Membership” button on the coldstreampond.com welcome page.

This feature and other upgrades were added recently by Alex Hughes, our new web designer. The upgrades make it easier to navigate the site and to post news items and photos. Send items that you would like to see added to the site to [inbox@coldstreampond.com](mailto:inbox@coldstreampond.com).

## LakeSmart

Volunteers will be available again this summer to visit lakefront properties and offer recommendations for ways that camp owners can help protect our lake. It’s free, voluntary, and takes about an hour. Contact Laurie Fenwood to schedule your LakeSmart visit: [lifenwood@gmail.com](mailto:lifenwood@gmail.com), 207-732-4320.

## By-law Changes

At the annual meeting last July, CSCOA members approved three changes to our by-laws. One redefined what constituted a quorum in order to address certain issues, and the other two dealt with proxy voting by members and directors, adding email and text messaging as acceptable means of granting proxies. See the website for the full bylaw text and to download a copy of a proxy form that you can send to the annual meeting if you are unable to attend.

## EPA 319 Watershed Protection Project

We are now in the second and final year of implementing Cold Stream Pond Watershed Protection Grant projects. You should soon be

seeing completed ditch and culvert improvements at sites around the lake. Some funding is still available for road association projects designed to improve or protect lake water quality but projects need to be submitted soon. Send a description of your proposed project to [inbox@coldstreampond.com](mailto:inbox@coldstreampond.com) or call Jim Fenwood at 20-732-4320 before July 1.

Working with LakeSmart volunteers, several landowners will be implementing projects to benefit the lake and improve their property this summer. Grant cost-share funding is still available for a few additional camp owners. To learn how to apply for funding, contact Laurie Fenwood at [lifenwood@gmail.com](mailto:lifenwood@gmail.com) or 207-732-4320.

## Ice-Out

According to Facebook posts by folks who were here to see it happen, the last of the ice went out this year on April 29. Ice-out dates back to 1950 are posted on the CSCOA website except for 2017. If anybody has the date of last year’s ice-out, please send it to [inbox@coldstreampond.com](mailto:inbox@coldstreampond.com).



Benson Gray photo



**Lake Smart and Tick Smart**—What can you do beside stay inside or make a toxic desert island of your yard?

**Laurie Fenwood**

Summer fun beckons, but how can we go outside? The scourge of Lyme Disease-bearing ticks, black flies, mosquitos, poison ivy, sun burn, heat exhaustion, wasp stings, and overheated picnic sandwiches pretty much makes the decision for us. Stay in! Never go out! Of course, 18,000 people die from accidents inside the home(CDC (Center for Disease Control )Statistics). Maybe just do not get out of bed, if your family will consent to feed you and accompany you on trips to the bathroom—a REALLY dangerous place in the home (bathtub, slippery floor, old medicines). But, then those pesky heart disease and obesity issues might eventually get you, due to the “lack of exercise” thing.

Some recommendations to reduce exposure to tick borne diseases could make sense around the lake, some will not. Landscaping that turns a shoreline property into an arid wasteland of gravel, low grass, and cleared areas slathered in pesticides may reduce the numbers of ticks in the immediate area. However, it is NOT shown to reduce the actual infection rates from tick borne diseases such as Lyme disease, which is increasing dramatically in Maine. Deer and mice are hosts for the species of ticks carrying diseases here (Brown Dog Tick, American Dog Tick, Black Legged Tick, and Lone Star Tick). We have no way to eliminate mice, birds, or deer, and we would not want to. If you wish to really delve into the details of these problems, yearn to memorize tick life cycles, attempt some self-diagnosis (doctors love that!), and enjoy some lovely graphics of engorged ticks please see:  
[www.cdc.gov/ticks/avoid/on\\_people.html](http://www.cdc.gov/ticks/avoid/on_people.html)

Mostly it is a matter of taking personal responsibility for yourself and your children. The photos of people totally encased in protective clothing, socks tucked in shoes, long sleeves are sad, but that can prevent ticks from getting a bite on you.

Ticks live in grassy, brushy, or wooded areas, or on animals; which is sort of the definition of the out-of-doors in non-coastal Maine. Spending time outside walking your dog, camping, gardening, hiking, or hunting could bring you in close contact with ticks. It also makes you close to nature which is shown to make you happier as well as physically and mentally healthier.

Personal Protection recommended by the CDC:

Treat clothing and gear with products containing 0.5% permethrin. Permethrin can be used to treat boots, clothing and camping gear and remain protective through several washings.

Use Environmental Protection Agency (EPA)-registered insect repellents containing DEET, picaridin, IR3535, Oil of Lemon Eucalyptus (OLE), para-menthane-diol (PMD), or 2-undecanone. EPA’s helpful search tool can help you find the product that best suits your needs. Always follow product instructions. Do not use insect repellent on babies younger than 2 months old. Do not use products containing OLE or PMD on children under 3 years old.

Avoid wooded and brushy areas with high grass and leaf litter. **Sorry, I really like the woods!**

Walk in the center of trails. **Wow, trails would need to be pretty wide for me!**

After a romp in the great outdoors:

Check your clothing for ticks. Ticks may be carried into the house on clothing. Any ticks that are

found should be removed. Tumble dry clothes in a dryer on high heat for 10 minutes to kill ticks on dry clothing after you come indoors. If the clothes are damp, additional time may be needed. If the clothes require washing first, hot water is recommended. Cold and medium temperature water will not kill ticks.

Shower soon after being outdoors. Showering within two hours of coming indoors has been shown to reduce your risk of getting Lyme disease and may be effective in reducing the risk of other tick-borne diseases. Showering helps wash off unattached ticks and it is a good opportunity to do a tick check.

Check your body, or your child's body, for ticks after being outdoors. Conduct a full body check upon return from potentially tick-infested areas, including your own backyard. Use a hand-held or full-length mirror to view all parts of your body. Just in case you have forgotten what "all" means, use this helpful list provided by the CDC: under the arms, in and around the ears, inside belly button, back of the knees, in and around the hair, between the legs, around the waist. You can enlist a partner to make a tick check interesting and as a motivation to lose weight and get in shape.



Getting the tick off is the best way to prevent infection. Removal prior to 24 hours of

attachment gives the best chance to avoid Lyme Disease. Just pick it off with tweezers, positioned as close to the skin as possible. Please, no weirdness with nail polish, petroleum jelly, or matches!

So how about that Lake Smart yard? To reduce tick hiding areas, clearing leaf litter back from traveled areas and the area immediately surrounding the house is quite compatible. Define play areas and paths, keep them out of the woods, and shoreline buffer area (where layered vegetation is much needed). Mulch under and around play areas and paths—also very Lake Smart. Grass, if you have it, can be kept mowed—3 inches is ok for Lake Smart. That will foil ticks.

Also, the CDC recommends a 3 foot wide mulched area between the lawn and tall grasses or woods areas. This would only work on very large properties. Most of us are not working with that kind of space, nor can we fence out deer or other "unwanted animals". We can keep woodpiles neat and away from the house (reduces housing for mice or other rodents). Another publication recommends removing our charming stone walls or filling them in with concrete---I'm drawing the line here!

FYI, I have never gotten a tick here on Cold Stream Pond. I have picked them off me in the South, East, and West, and in Southern Maine, but not here. We have a full load of trees, shrubs, leaf litter, and tall vegetation that I tromp through every day around our camp.

I hope this information helps! Now, I'm going out to see if I can spritz our red squirrel and his chipmunk rival with some Oil of Lemon Eucalyptus while I swat black flies and scratch my 42 mosquito bites.

## Membership

Argast, Deborah & Anne	Dyer, George Robert & Joyce	King, Blaine & Kelly	Reinzo, John & Joan
Bourgoin, Keith & Shelly	Edgar, Belinda	King, Marilyn	Reymer, Catherine & Robert
Denniston, Scott & Cindy	Enochs, Elaine	Kolouch, Mary Jayne	Rossell, Theresa
Gray Cobb, Cynthia	Enochs, Bob & Beth	L'italien, Marco & Jean	Rullo, Jenny
Gray, Benson	Ewing, Norman & Gay	Lafayette, John & Carla	Russell, Joyce
Adams, Marvin & Glenna	Eyles, Steve & Alice	LaForge, Marie & Paul	Sanborn, Dennis & Marsha
Alberding, Nick & Jessie	Farrell, Gregg & Angela	Landry, Jackie	Sandbox Materials Inc
Applebee, Vinal & Marilyn	Fenwood, Jim & Laurie	Landucci, Stuart & Monique	Sargent, James
Arnold, James & Linda	Folster, Tim & Kathy	Leen, Richard & Joan	Sargent, Shane & Lee
Artes, Lorna & Bryan	Fortin, John & Margaret	Leighton, Robert & Colleen	Saucier, Tom & Joanne
Baynes & Deckler	Fox, Cory & Elliot	Lemay, Pete & Ederle	Savage, Dick & Sonya
Bergeron, George & Vicki	French, Malcolm & Barbara	Leonard, Ralph	Shafer, Sally
Bevis, Kathy	French, Rosabelle & Forrest	Lindsay, Richard & Patricia	Shedd, John & Pat
Bickford, Elizabeth	Furman, Rocky & Becky	Littlefield, Jeffrey	Smith, Ben & Peggy
Bishop, Norma	Gaetani & Hall	Lucas, Jody	Smith, Kevin & Patty
Bjork, John	Gaetani, Anthony & Patrick	Ludden, Doug	Smith, Milton & Andrea
Blanchard, Dick & Nancy	Gaetani, Jean	Mace, Ed & Daphene	Smith, Nicole
Borja, Ron & Paulette	Gallant, Gregory & Susan	MacKenzie, Sandy & Pat	Smith, David & Julianna
Boyce, Steven	Galm & Marcoulier	Madden, Derek & Nicole	Smith, Manley & Mary
Bradbury, Gordon & Betty	Gardiner, Kenneth & Carolyn	Madden, Randy & Julie	Souers, Brian
Brann, Joe & Jane	Garland, Scott & Tammy	Mailman, Paul & Rose	Soule & Trafton
Brochu, Christopher & Ashley	Giovino, Fred & Barbara	Mayer, Paul & Lynn	Spencer, Harland & Katherine
Brown, Bill & Sue	Giroux, Francis	McGillvray, Karl & Yoriko	Spooner, Peter & Lynne
Brown, Edward & Faye	Goode, Jane	McManus, Geri	Sprague, Bill & Jean
Carney, Pat & Jeanne	Goslin, David & Melinda	McPhail, Joan	Stanley & Hanson
Chapman, Kenneth	Gran, Bernard & Jacki	Mills, Jeffery & Tammy	Stevens, Rusty & Vicky
Chow & McBride	Gray, Ruth	Minihane, Justin & Stacy	Tanous, Wakine & Ann
Clark/Rutherford/Magee	Greenleaf, Steve & Lynn	Morin, Robert & Lois	Taylor, Franklin & Amy
Clarke Family Camp Trust	Gregoire, Jim & Darcy	Morrison, Marion	Thomas, Donna & George
Clukey, Wayne & Ethel	Hannigan, Calista & Earle	Mulligan, Kevin & Brenda	Thomas, Ted & Beth
Collins & Daffron	Haverlock, Mark & Bethany	Murray, Robert & Patricia	Thornton, Brenda
Cook, David & Laura	Haynes, Virginia	Nadeau, Julie J	Thurlow, Gerald & Jackie
Cowan, Phillip & Candace	Heal & Kolodgie	Nadeau, Randy & Leisha & Cece	Tozer, John & Laura
Cowing, Chris & Jen	Herdeg, Glenn & Patricia	Nesin, Noah & Tammy	Tozier, Mark & Michelle
Cummings, Patricia	Hodsdon, David	Oeth, Judy	West, Alison
Cyr, Michael	Hunter, Mark & Debbie	Oettinger, Fred & Lisa	West, John & Delma
Cyr, Joe & Suzanne	Jackson, Wayne & Brenda	Osborne, Laura & Robert	West, Tom & Barbara
Deland, Ernest & Diane	Jenkins, Charlie & Ida	Pelletier, Roger & Linda	Weymouth Pines Limited
Deshane- Martin, Linda	Johnson, Katie	Poulin, Jean Claude & Gisele	Weymouth, Ronald & Lori
Dolan, Marilyn	Johnston, David & Glenda	Powell, Mike & Gayle	Whitney, James & Carrie
Douglas, Geraldine & Richard	Jordan, Scott	Priest, Eileen	Wilcox, Vicki & Shawn
Dubay, Patrick & Deborah	Kann & House	Priest, Jeremy & Angela	Winter, Clifford
Dubay, Pete & Debbie	Kanwisher, Gary & Patricia	Quirk, Tom & Gayle	Wooley, Darold & Janice
Dube & Moody	Kelley, Paul & Tracy	Randall & Hubbard	Zych, James & Karen

**Membership Form (Renew before Sept. 15)**

**Cold Stream Camp Owners' Association, Inc. (CSCOA)**

Our Mission: *"Protecting and improving the water quality of Cold Stream Pond."*

Membership fees and additional contributions to The Cold Stream Camp Owners' Association, Inc. are tax deductible.

Name \_\_\_\_\_

Preferred Mailing Address \_\_\_\_\_

\_\_\_\_\_

Home Phone \_\_\_\_\_

Other Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Camp Number/Road \_\_\_\_\_

Circle One:      Enfield    Lincoln    Lowell

Circle One:      Seasonal              Year Round

To schedule a LakeSmart visit please check here \_\_\_\_\_

To renew or join, please complete this form and send along with your check payable to:

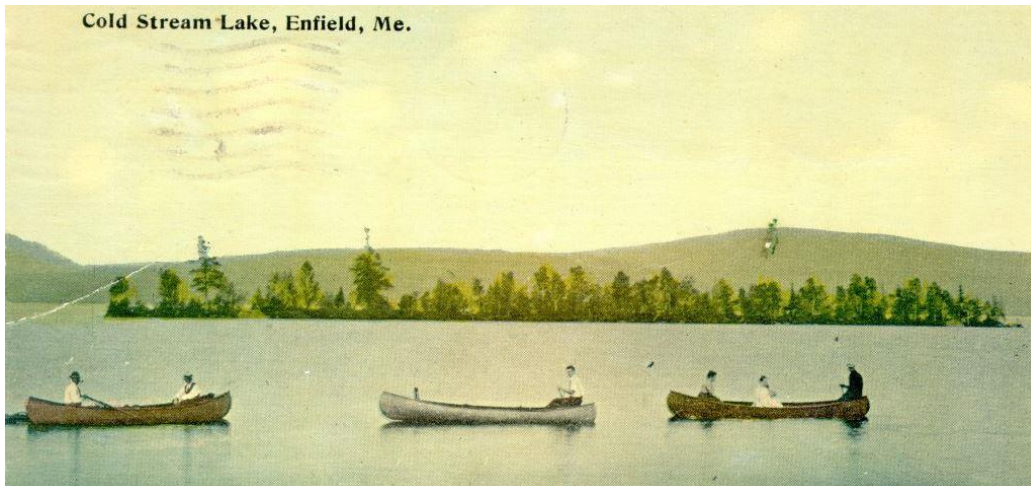
**Cold Stream Camp Owner's Association, Inc.**

**109 Abbott Drive**

**Enfield, ME 04493**

Membership Fee	\$30
Salmon Club (additional contribution)	\$50
Loon Club (additional contribution)	\$100
Total	

**Or, you can now renew online at  
[coldstreampond.com](http://coldstreampond.com)**



## Cold Stream Camp Owners' Association Board of Directors and Officers

Name	Title /Term	e-mail
Tom Quirk	President 08/31/18	tquirk@quirkauto.com
Darold Wooley	Vice President 08/31/18	dwooley@midmaine.com
Anne Hall	Secretary 08/31/18	amhjeg@roadrunner.com
Ben Smith	Treasurer 08/31/18	btt1947@gmail.com
James Fenwood	Director 08/31/19	jfenwood@gmail.com
Clifford Ski Winter	Director 08/31/19	cwinter888@yahoo.com
William TJ Rogers	Director 08/31/20	rogerst@husson.edu
Judith Oeth	Director 08/31/20	jjrerucha@aol.com
David Cook	Director 08/31/19	dcook.survey@gmail.com
Joseph Cyr	Director 08/31/19	bc2241@aol.com
Alison West	Director 08/31/19	alison@yogaunion.com

## Road Association Contacts

<b>Enfield Road Association</b>	Tom Quirk	947-8747	tquirk@quirkauto.com
<b>Webb Cove Owners' Road Association</b>	Dave Smith	356-9040	Smith650gs@gmail.com
<b>Lower Webb Cove Road Association</b>	Brian Libby	794-5685	
<b>Upper Webb Cove Road Association</b>	Frank Gasinowski	205-7304	
<b>Millett Mallet Road Association</b>	Joel Deckler	290-7138	Jldoc7@gmail.com
<b>Other Road Contacts</b>			
<b>Abbott Road</b>	David Cook	732-4650	DCook.survey@gmail.com
<b>Davis Road</b>	Scott Jordan	732-4548	Sj_thepond@yahoo.com
<b>Holiday Lane</b>	Marion Morrison	732-6075	
	Andrea Smith	732-4645	
<b>West and Paige Roads</b>	Jeff Neal	732-4643	jeff@nealassociates.com

## Town Office Numbers

Enfield	732-4270
Lincoln	794-3372
Lowell	732-5177

## Advertising/Sponsorship Rates

Reach all of the members of Cold Stream Camp Owners' Association for as little as \$25.

We will place your business-card sized ad in our publication(s) and provide a link from our website for a year.

Contact Person \_\_\_\_\_

Business Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Website \_\_\_\_\_

### Individual Prices

\_\_\_\_\_ Spring Newsletter \$25

\_\_\_\_\_ Autumn Newsletter \$25

\_\_\_\_\_ Annual Meeting mailing \$25

\_\_\_\_\_ Hyperlink on our website for one year \$25

### Discounted Price (All of the above bundled together) **\$75**

Includes: Spring and Autumn newsletters

Annual Meeting mailing (sent in June)

Hyperlink on our website for one year--- [www.ColdStreamPond.com](http://www.ColdStreamPond.com)

Attach your business card to this form along with your check payable to: **Cold Stream Camp Owners' Association**

**109 Abbott Drive**


**Enfield ME 04493**



**Cyr Bus Line**

A John T. Cyr & Sons Inc. Company

Toll Free (800) 244-2335



**Jeremy Priest** | Business  
MOTORBRAIN CONSULTING, INC | Manager

- PC SALES
- IT SUPPORT
- WIRELESS INTERNET
- NETWORK SECURITY
- CUSTOM SOFTWARE
- SERVER CONFIGURATION
- NETWORK MANAGEMENT

Direct 207.659.8778  
[www.motorbrain.com](http://www.motorbrain.com)  
[jpriest@motorbrain.com](mailto:jpriest@motorbrain.com)

"Supplying seasonal and year-round high speed internet to Cold Stream Pond."



*The Solution to Your Property Needs*

Gravel Loam Stone Mulch Bush Hogging Light Construction  
Rototilling Chipping Land Leveling Snow Plowing Excavation

Fully Insured Free Estimates Troy Garland 356-5331



1-855-594-5277  
377 HOGAN RD  
BANGOR, ME 04401.

Northern Wireless Communications  
64 West Broadway, Lincoln  
Beth Enochs, Owner  
207-403-1485

**verizon**

wireless  
**ZONE**® | Premium  
Wireless Retailer



**Wilson's**  
**RENTAL & LANDSCAPE SUPPLY**  
A Division of Wilson's Ground Maintenance, Inc.  
36 Fleming St. • Lincoln, ME 04457  
207-290-0032  
207-631-0053

**Cedar Rest Cabins**  
Cold Stream Pond, Enfield, Maine  
Cedarrestcabins.com  
David and Melinda Goslin  
619 West Old Main Road  
Lowell, Me 04493  
207-732-3318  
Cabins@midmaine.com

**TREY MILLER**  
**SEASONAL SERVICES**  
207-290-1947  
207-290-5551  
SPECIALITY TREE SERVICE • BRUSH TRIMMING • LIFT WORK  
TRACTOR / LIGHT BACKHOE • FIREWOOD • MOWING  
LANDSCAPING • HARD / SOFT SCAPE • PAVERS / BLOCK WORK  
MULCH • LOAM • CYCLE GROW • EROSION CONTROL • STONE  
*Complete Line of Services Professionally Provided*  
EXPERIENCED • FULLY INSURED • DEP CERTIFIED





Change Service Requested

Cold Stream Camp Owners' Association  
109 Abbott Drive  
Enfield, ME 04493

NONPROFIT ORG  
US POSTAGE PAID  
PERMIT 46  
BANGOR ME