

# Pet-Friendly™ Containment Training

This section provides general guidelines for training your dog to remain within the designated boundary of your property. Your DogWatch Dealer will customize the training for your dog and teach you the appropriate training approach.

Your DogWatch Dealer will install your DogWatch Hidden Fence System, set the system to the appropriate training levels for your dog's personality, and place boundary flags around the perimeter of your yard. After installing the system, your Dealer will prepare you and your dog for the training process.



## Your Dog's Response To Stimulation

Stimulation has been a safe and effective part of dog training for more than 30 years. All dogs respond differently when they feel a mild stimulation. Some dogs may demonstrate little, if any, reaction, while others may yelp or jump back. Some dogs "freeze". Do not try to comfort the dog if he receives correction or it will reinforce his anxiety.

## Dog Personalities and Traits

Keep in mind that a dog's personality and traits differ among breeds. Dogs may not exhibit the same personalities and traits within the same breed.

Your DogWatch dealer will ask you questions about your dog before training begins.

A shy or senior dog may require longer Phase 1 sessions, while a gregarious or easy to distract dog may require a short Phase 1, but longer Phase 2 or 3 sessions.

The better you know your dog, the easier the training will be for both of you!

## Creating The Right Environment

*Attitude and Consistency is Important!*

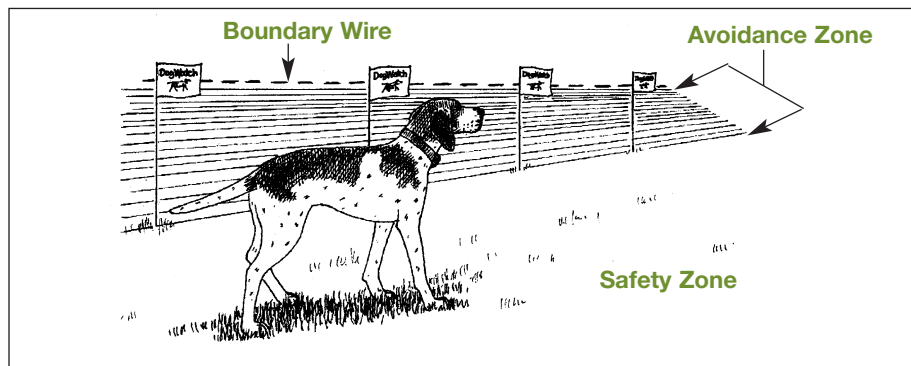
1. Keep the training "light". Use lots of praise. Keep the dog's spirits high.
2. Use high happy tones for praise. Use low tones for negative commands.
3. Move around the boundary in the same direction.
4. Reinforce the boundary with commands. Use the commands "Watch Out!" or "Careful" as you slap or shake the flags.
5. Limit the training session to no more than 20 minutes. Keep training consistent.
6. Keep your dog on the lead in the yard for five days.
7. If you are training more than one dog, train each dog separately.
8. Use naturally occurring distractions such as a neighbor or children.
9. Contact your DogWatch Dealer if you have any questions.

## Remember!

Proper training is essential for successful containment. If you have any questions about the training phases, especially during the first few weeks, or if you have questions about your dog's behavior during his training sessions, please contact your DogWatch dealer.

## Safety and Avoidance Zones

1. **SAFETY ZONE:** This is the area where the dog is free to play.
2. **AVOIDANCE ZONE:** The Avoidance Zone is the area **between** the flags and the boundary wire where there is a signal created by the wire. When your dog crosses into the signal field, the receiver collar emits an **audible warning (or a vibration warning if it is a vibration receiver.)** If your dog continues to move toward the boundary wire after hearing the warning beeps, he will receive a correction.



*Training teaches your dog to stay in the Safe Zone.*

## Adjusting the Receiver Collar

Your DogWatch Dealer has installed your DogWatch Hidden Fence System, set the transmitter and receiver to the training levels appropriate for your dog's personality and traits, and has placed boundary flags around the perimeter of your yard. Your Dealer has already begun your dog's first day of containment training. Now it is your turn to continue the training.

*Be sure to place the DogWatch receiver collar on your dog's neck before you go outside to begin training.*

1. The collar should be worn snugly on the dog's neck. **This is extremely important!**
2. Place no more than one thumb width between the contact post and dog's neck.
3. When checking snugness of collar, the dog's neck should be facing down (sniffing position) as this is where the dog's neck is the smallest.
4. If the collar is too tight, the receiver unit will stick out to the side when the dog shakes his head.
5. If the collar is too loose, the dog will not receive the intended correction when he or she wanders into the Avoidance Zone.
6. Remember to periodically check for irritation around the dog's neck.
7. DogWatch **strongly** recommends that the collar be removed daily and when the dog is inside the house.



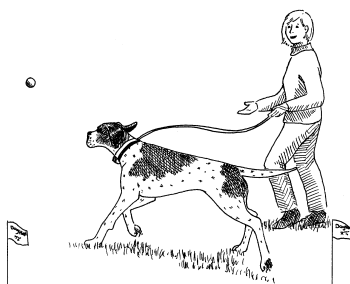
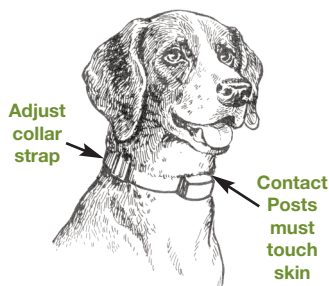
## Containment Training Reminders

*Purpose: To teach your dog where the boundary is and how to react to it.*

1. Only a portion of the yard, the Avoidance Zone, is to be avoided.
2. **Playtime is very important!** Remember to reinforce the Safety Zone and play with your dog before, during, and after each training session.
3. Never throw a ball or toy into the Avoidance Zone during training.
4. **Your DogWatch Dealer will determine the most appropriate training approach for your dog.** It is important to work with your Dealer to make sure you understand the training plan.

The remainder of this section describes *general training Phases*. **Your Dealer may modify the approach described in this manual** in order to meet the specific training needs of your dog. There are many successful training approaches that may be used.

If you have questions about containment training, please contact your DogWatch Dealer for assistance.



*Play time while training is important*

# 1

## PHASE 1 (1-2 DAYS)

### Audible “Beep” Training (or Vibration)

During this phase, the Training Level on the receiver is set to “Audible Only”. On this setting, your dog will hear only the audible “beep” tone (or feel the vibration) and will not receive a correction if he enters the Avoidance Zone.

1. Put the receiver collar on your dog 20 minutes before training. Your dog’s regular collar should be positioned below the DogWatch collar.
2. Clip the green DogWatch training lead on his regular collar.
3. Take your dog outside and play with him in the Safety Zone for a few minutes.
4. Walk your dog around the perimeter of your yard, keeping inside the Safety Zone and away (about 3 to 4 feet) from the training flags.
5. When you finish the walk, approach a training flag. Hold the dog by the leash in one hand and slap or shake a flag with the other, warning the dog firmly (in a low stern voice) “Watch out! or “Careful!” You can also use a friend or family member to sit in the Avoidance Zone to slap or wave the flag as you approach it.
6. Give a leash correction (a firm tug), and quickly retreat into the Safety Zone. This creates a sense of urgency to the retreat. It is not a casual turn. Remember to use a lot of “Good dog!” praise after you’ve retreated into the Safety Zone.
7. Now walk your dog around the property allowing him to enter the Avoidance Zone between the two flags.

8. When your dog enters the Avoidance Zone, he will receive an audible “beep” (or vibration) warning. Immediately yell, “Watch out!” and quickly tug on the leash and direct him back into the Safety Zone and praise.
9. Repeat several times in different locations (where flags are visible) and watch for hesitation as you approach the flags. Your dog may turn or shake his head when he hears the beep (or feels the vibration).

Remember: Playtime is very important!

Praise and play with your dog in the Safety Zone for a few minutes. Take your dog inside and remove the DogWatch receiver collar after about 20 minutes. Train your dog in this manner for a least two days before moving on to Phase 2.



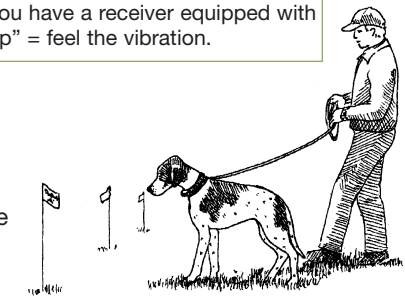
**Give a verbal warning at the flags  
Careful! Watch out!**

NOTE: In the remainder of the Training section, if you have a receiver equipped with the **VIBRATION** feature: hear the audible “beep” = feel the vibration.

## 2 PHASE 2 (2-5 DAYS)

### Introduction to Correction

1. Put the DogWatch receiver collar on your dog at least 20 minutes before going outside to train.
2. Clip on the green DogWatch training lead and take your dog outside and play a few minutes in the Safety Zone.
3. Walk around the complete perimeter, remaining inside the Safety Zone. Pause a few times along the way to slap a flag and yell, “Watch out!” or “Careful!”
4. Your dealer has set the receiver to the training level appropriate for your dog and has helped you introduce your dog to correction. Phase Two will help reinforce your dog’s new boundary and the consequences if he crosses the training flags. Select a new location to teach your dog today. Allow your dog to walk into the Avoidance Zone while saying the negative command. When your dog retreats out of the Avoidance Zone after he hears the warning “beep”, praise him for a few minutes in the Safety Zone. Select another location and repeat the exercise.



**Give a quick tug and a warning at the flags**

If your dog does not react to the correction, first check to be sure the contact posts are touching the dog’s skin. If your dog still does not respond to the correction, contact your dealer.

*Remember: Keep the training sessions to no longer than 20 minutes, once or twice a day.*

5. After training, praise your dog and play with him in the Safety Zone for a few minutes, bring your dog into the house and remove the DogWatch collar after about 20 minutes.

**Note:** It is important not to remove the receiver collar immediately following the training as you do not want your dog to associate the receiver collar with the correction.

# 3 PHASE 3 (2-5 DAYS)

## Introduction to Distractions

1. Put the receiver collar on your dog at least 20 minutes before going outside.
2. Clip on the green DogWatch training lead and take your dog outside and play a few minutes in the Safety Zone.
3. Walk around the Safety Zone and have an assistant (friend or family member) appear outside the Safety Zone at least 10 to 15 feet back from the flags. Walk past your assistant without speaking, but remain in the Safety Zone.
4. If your dog approaches your assistant and enters the Avoidance Zone, allow your dog to receive a correction. Yell, "Watch out!" and tug him back into the Safety Zone.
5. Let your assistant leave, walk your dog around the perimeter again, and let your assistant appear again. Your assistant can call out the dog's name, but do not allow your assistant to ask the dog to "Come".
6. If your dog attempts to go over to your assistant, reinforce the flags and yell, "Watch out!" Repeat the exercise for no more than a total of 20 minutes.
7. If your dog makes no attempt to go over to your assistant, reinforce the flags, end the exercise and praise your dog in the Safety Zone.
8. Repeat the exercise for 2 to 5 days. Then move to Phase 4.

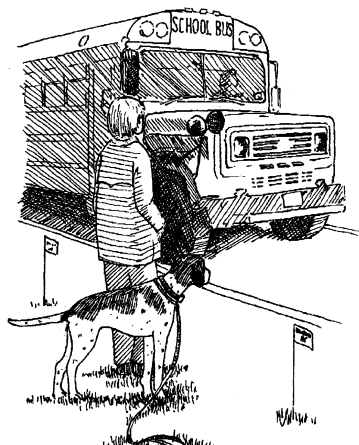


*Ask someone to be a distraction*

# 4 PHASE 4 (2-5 DAYS)

## Introduction to Increased Distractions

1. Put the DogWatch receiver collar on your dog at least 20 minutes before going outside to train.
2. Clip on the green DogWatch training lead to your dog's regular collar and take him outside. Play a few minutes in the Safety Zone.
3. Reinforce the flags.
4. Introduce "real life" distractions to your dog. Have a friend drop by or start training when the letter carrier or school bus is scheduled. Take extra care if you use a vehicle as a distraction.
5. Keep the dog on leash when you first introduce the distraction. If your dog attempts to run past the flags and receives a correction, he should retreat to the Safety Zone. Praise and play with your dog.



*Introduce 'real-life' distractions*

6. If your dog retreats to the Safety Zone, drop the leash (but keep it within reach) and reintroduce the distraction. Praise and play.
7. If your dog is afraid to move, tug him back into the Safety Zone. Continue to train with distractions for 2 to 5 days.

Remember: Play and praise at the end of each training session.

## **5** PHASE 5 (2-5 DAYS) **Letting Your Dog Off The Leash**

1. Put the DogWatch receiver collar on your dog at least 20 minutes before going outside to train.
2. Clip on the green DogWatch training lead to your dog's regular collar and take him outside and play a few minutes in the Safety Zone. Remove the training leash and let him run freely in the yard. Shake the flags to reinforce where his boundary is.
3. Important: Your dog will expand his comfort level over a period of time. Your dog should remain about 6 feet away from the flags when he is first let off the leash. Gradually your dog's safety zone will increase to his individual level of comfort. Remove the flags, every other one, every other day.

### **What To Expect Off Leash**

1. Your dog will run toward the flags, see them and stop.
  2. Your dog will run into the system, hear the "beep" warning and retreat.
  3. Your dog will run into the system, hear the "beep" warning, receive a correction, and retreat.
  4. In rare cases, your dog will run through the boundary.
    - Retrieve the dog. Take off the receiver collar and walk him back into the yard.
    - Bring the dog into the house and call your DogWatch Dealer. Additional flag training or an increase in correction level is necessary. Your DogWatch Dealer will instruct you over the phone or meet with you and your dog for additional training.
- Important: Do not punish the dog verbally for making errors. He's still learning!

## **6** PHASE 6 (2-5 DAYS) **Taking Your Dog Outside The Boundary**

Your dealer will recommend when it is time to take your dog across the boundary for a walk. It is important to be consistent when taking your dog for a walk. Be sure to use your dog's regular collar and leash and go to and from your walk using the same "exit" area. You can also pick up a small dog and carry him over the flagged boundary during the first weeks of training.

## Training Tips

1. Never call your dog to “come” or give a recall command when you are outside the flag line.
2. Never walk your dog through the flags during the training process.
3. Always reinforce the retreat concept by shaking the flag while saying “Watch out!” and commanding “back-back-back” when your dog receives an audible warning or a correction during the training process.
4. Adjust the receiver collar, test the battery regularly, keep the contact posts clean.
5. After the training period, your dog may wear the receiver collar during the day, but remove it at night. Check your dog’s neck area and make sure there is no irritation.
6. Keep the training consistent: 15 to 20 minutes once or twice a day.
7. NEVER throw a stick or toy into the Avoidance Zone.
8. ALWAYS maintain a positive attitude when training your dog.