



Your 2019 monthly pension payment schedule

To help you plan for the coming year, we are providing the pension payment schedule for 2019. Please keep this information handy so you will know when your check is being mailed.

We ask that you provide us with your email address so we can notify you by email each month on the date your pension check is mailed to your home address. This will be the only way you will be notified of the date your pension check is mailed to you.

Providing us your email address is easy. Go to BenefitsConnection at verizon.com/benefitsconnection. From My Profile, select Update Email, then enter your current email address.

2019 pension check schedule: Keep this information handy

Month	Mail date
January	Friday, December 28
February	Tuesday, January 29
March	Tuesday, February 26
April	Thursday, March 28
May	Friday, April 26
June	Wednesday, May 29
July	Thursday, June 27
August	Monday, July 29
September	Thursday, August 29
October	Friday, September 27
November	Tuesday, October 29
December	Wednesday, November 27

Important: Pension mail dates will not be provided by the Verizon Benefits Center

We receive hundreds of inquiries each month about pension mail dates, which prevents retirees with more complex issues and other types of benefits questions from reaching a representative to receive the help they need. We appreciate your cooperation in referring to the schedule and not calling the Verizon Benefits Center to find out when your pension check is being mailed. If you do not receive your pension check within seven business days after the mail date, the Verizon Benefits Center can have your check reissued. Please do not call until the eighth business day following the mail date.

Remember—the fastest way to get your pension is to have it direct deposited into your bank or financial institution. Move to direct deposit and you'll never again have to wonder if your pension check is in the mail.

You can sign up for direct deposit today.

Go to BenefitsConnection > Pension > Pension Payment Summary > Update.

Or, complete the enclosed form and return it to the Verizon Benefits Center. If the Verizon Benefits Center receives your request by the 10th day of a month, your next monthly pension payment will be made by direct deposit into the account you designate.

If it's your first time accessing BenefitsConnection, you'll need to complete your one-time user registration. Just follow the simple, on-screen instructions.

Need more information? Review your current or historical pension payment information on the Benefit Payments Online website at wellsfargo.com.

Moving?

Don't forget to update your address online. Go to BenefitsConnection > My Profile > Update Address Information. You can also update your address by calling the Verizon Benefits Center at 855.4vz.bens (855.489.2367). Representatives are available Monday – Friday, 9 AM – 5 PM Eastern time.

Get your benefits information faster by email

Go to BenefitsConnection > My Profile > Update Email.

Verizon Benefit Payment Direct Deposit Authorization

Please complete the following information and return your signed form to the Verizon Benefits Center at the address below to have all of your benefit payments made directly to your designated account.

Financial Institution Information

Type of Account: Checking or Savings

Name of Bank or Financial Institution: _____

Verify the numbers provided below with your bank or financial institution to avoid errors that may delay your benefit payments. You may also attach a check to this form, as it will include your account number and bank routing number (make sure you write "VOID" across the check in large letters.)

Account Number: _____

FRB Routing Number (nine digits): _____

Establish or Change Direct Deposit Option

I authorize the Verizon benefits payer to deposit all of my benefit payment(s) directly into the account named above. This authorization will remain in effect until I change it by submitting a new Verizon Benefit Payment Direct Deposit Authorization, or until I have requested that this authorization be cancelled by calling the Verizon Benefits Center. I understand that I must give adequate notice and allow reasonable time for my instructions to be processed. If an incorrect amount should ever be paid into my account, I authorize the Verizon benefit payer to direct my bank or financial institution to make the appropriate credit or debit adjustment to correct the error.

First Name: _____ Middle Initial: _____ Last Name: _____

Signature: _____ Date: _____ Phone: _____

Last four digits of Social Security Number: XXX-XX-____ (Required)

For more information

If you need additional information, call the Verizon Benefits Center. Make sure you have the last four digits of your Social Security number, your date of birth, and Benefits Center password available. Then dial 855.4vz.bens (855.489.2367). Listen to the main menu to make your selection and then follow the prompts to reach a representative.

Return this completed form to:

**Verizon Benefits Center
P.O. Box 8998
Norfolk, VA 23501-8998**

If electronic funds transfer is not available from your bank, credit union, or financial institution, your benefit payments cannot be made by direct deposit and will continue to be paid by check and sent to your address as listed on the BenefitsConnection website.