



**Uplift<sup>®</sup>**  
Safe Mobility Solutions

# Empowered for safe mobility

Supporting caregivers and  
patients with every move



# Make a move to protect both patients and caregivers with safe mobility

Until now, there's been no single program to address the integrated facets of safe patient handling and falls management to promote patient and caregiver safety through early mobility.

**Mobility-related injuries drive up costs on both ends of the spectrum.**

## Patients

**1M**

An estimated 700,000 to 1 million hospital patients fall each year.<sup>1</sup>

**\$57k**

The average cost of treating a patient with Ventilator Acquired Pneumonia.<sup>2</sup>

**\$40k**

Added cost for a pressure ulcer.<sup>3</sup>

**\$9,600**

Added cost for pneumonia patient readmission.<sup>4</sup>

## Caregivers

**#1 HIGHEST INJURY RATES**

Caregivers suffer the highest musculoskeletal injury rates, resulting in the most lost work days of any profession.<sup>5</sup>

**\$15,860**

The average workers compensation claim.<sup>6</sup>

**20%**

Nurses who leave direct patient care positions due to risks associated with work.<sup>7</sup>

# Uplift your team with safe mobility made simple

Introducing Uplift, the first integrated solution designed to keep caregivers and patients safe through every stage of progressive mobility in one easy-to-implement program.

## Make it easier for staff to do the right thing

We bring people, process and products together to positively impact outcomes.



## Best practice guidance

Customized recommendations based on insights and analysis to help reduce variation.



## Education and training

Resources that fit every learning style to help staff work more consistently and effectively.



## System of products

Products, paired with utilization recommendations, designed to support best practices.

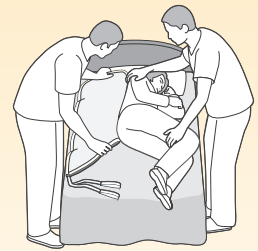
Safe  
patient  
handling

Falls  
management

Early  
mobility

Every aspect of safe mobility is interconnected, so we treat them as a single holistic solution.

Uplift covers all three stages of progressive mobility:



Boosting and repositioning



Sitting to standing



Walking

# Uplift in action

Let's take a look at how we create—and integrate—a culture of safe mobility in every setting.

## Intensive care unit

To help prevent patient complications, a progressive mobility protocol is necessary. But it's only possible with the right support for the caregiver.

### Progressive mobility protocol

- Boost and reposition patients every two hours
- Use the Comfort Glide sling and overhead lift for assistance

### Caregiver benefits

- Motorized lift and friction-reducing glide sheet make it easier to move patients without risk of injury

### Patient benefits to prevention protocols

- Reduced risk of hospital-acquired pressure injuries<sup>8</sup> and shorter ICU stay<sup>9</sup>



#### High falls risk kit

Easily identify high-risk falls patients

DYK100HFALL



#### Comfort Glide disposable sling

2-in-1 glide sheet and sling helps lift and reposition patients

MDSC40018



#### Luna overhead patient lift

Motorized overhead patient lift with capacity of 600 lbs. or 1,000 lbs.

ERGLUNA

## Step-down unit

At this stage, getting the patient moving often is key to their long-term mobility. To protect the patient from falling and the caregiver from injury, the right products and practices are critical.

### Progressive mobility protocol

- Transfer patient to the chair 3x per day using a total lift
- Perform active range of motion exercises



### Caregiver benefits

- Using a total lift with two caregivers safely transfers the patient while protecting the caregiver

### Patient benefits

- Out of bed a week earlier<sup>4</sup> with increased mobility

#### Disposable sling with head support

Disposable, single-use sling comfortably supports patients

MDS2PTDHBL



#### Powered base patient lift

Offers easy, powerful control with every lift

MDS450EL



#### Comfort Glide repositioning sheets

Low-friction sheet makes repositioning easier and more comfortable

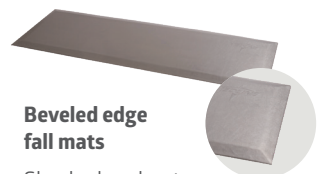
MSC50013



#### Beveled edge fall mats

Shock-absorbent, non-slip mats help reduce impact from falls

MDTFALLMATG



## Med/surg unit

To get the patient discharged home, they need to get on their feet and on the move. To do this safely, the caregiver needs the right tools.

### Progressive mobility protocol

- Walk patient in the halls 3x daily, using a gait belt for stability

### Patient benefits to following mobility protocol

- More likely to be discharged home; decreased risk of falling<sup>10</sup>

### Caregiver benefits

- Better sense of confidence and control in walking the patient without risk of falling



#### Medium falls risk kit

ID band, magnet and label identifies falls risk patients

DYK100MFALL



#### Washable cotton material gait belts

Durable cotton belt helps caregivers safely lead patients as they walk

MDT821203



#### Quick alert universal nurse call alarm

Nurse call alarm alerts caregivers to patient needs in real time

MDT9100

# Ongoing education and clinical support

We make it easy do to the right thing with hands-on training that doesn't end when your program begins.



## Onboarding kit

Implementation is simple and seamless with this complete toolkit that includes:

- Policies and procedures
- Patient assessment tool for safe patient handling
- In-service tools
- Impact analysis guides
- Competency checklists
- Certificate of completion

## Internal communication tools

Your team will be fully informed every step of the way with key communication tools:

- Customized email campaign
- Posters to educate and inspire staff

## Interactive education

From online Medline University courses to web-based videos and onsite training, we support education from every angle to create a culture of constant learning.

- Best practice video series
- Assessment overview videos
- Medline products in-servicing video
- Medline University
  - Falls Management
  - Safe Patient Handling: Positioning
  - Safe Patient Handling: Lifting

## Onsite clinical training

We come to you to help you take your practices to the next level, guided by our expert clinical team.

- Onsite superuser training
- Facility-led training modules
- Onsite end user training

# Create a culture of safety with Uplift

## Why Uplift?

- Improves caregiver satisfaction and well-being
- Ensures patient comfort and safety
- Helps retain staff and promote clinician wellness

Learn more at [www.medline.com/go/uplift](http://www.medline.com/go/uplift).

Contact your Medline Representative  
to schedule a free discovery assessment.



**Medline Industries, Inc.**  
Three Lakes Drive, Northfield, IL 60093  
Medline United States | 1-800-MEDLINE (633-5463)  
[medline.com](http://medline.com) | [info@medline.com](mailto:info@medline.com)

**Medline Canada**  
1-800-268-2848 | [medline.ca](http://medline.ca) | [canada@medline.com](mailto:canada@medline.com)  
**Medline México**  
01-800-831-0898 | [medlinemexico.com](http://medlinemexico.com) | [mexico@medline.com](mailto:mexico@medline.com)

Follow us    

**Reference:** 1. Falls, Agency for Healthcare Research and Quality. January 2019: <https://psnet.ahrq.gov/primer/primer/40/Falls> 2. Cocanour, CS et al. Cost of a Ventilator-Associated Pneumonia in a Shock Trauma Intensive Care Unit: <https://www.ncbi.nlm.nih.gov/pubmed/15865552>. 3. Preventing Falls in Hospitals, Agency for Healthcare Research and Quality: <https://www.ahrq.gov/professionals/systems/hospital/pressureulcertoolkit/putool1.html>. 4. Six Stats on the Cost of Readmission for CMS-Tracked Conditions. Becker's Hospital Review: <https://www.beckershospitalreview.com/quality/6-stats-on-the-cost-of-readmission-for-cms-tracked-conditions.html>. 5. Safe Patient Handling—Preventing Musculoskeletal Disorders in Nursing Homes. 2012. OSHA(3108): [www.osha.gov/Publications/OSHA3708.pdf](http://www.osha.gov/Publications/OSHA3708.pdf). 6. Worker Safety In Your Hospital, Occupational Safety and Health Administration. Available at: [https://www.osha.gov/dsg/hospitals/documents/1.1\\_Data\\_highlights\\_508.pdf](https://www.osha.gov/dsg/hospitals/documents/1.1_Data_highlights_508.pdf). Accessed July 18, 2019. 7. Safe Patient Handling. U.S. Department of Labor, Occupational Safety and Health Administration: <https://www.osha.gov/SLTC/healthcarefacilities/safepatienthandling.html>. 8. Xakellis GC, Frantz RA, Lewis A, et al. Translating pressure ulcer guidelines into practice: it's harder than it sounds. Adv Skin Wound Care. 2001;14(5):249–56. 258. 9. Morris PE, Goad A, Thompson C, Taylor K, Harry B, Passmore L, Ross A, Anderson L, Baker S, Sanchez M, Penley L, Howard A, Dixon L, Leach S, Small R, Hite RD. Early intensive care unit mobility therapy in the treatment of acute respiratory failure. Haponik E Crit Care Med. 2008 Aug; 36(8):2238–43. 10. Degelau J, Belz M, Bungum L, Flavin PL, Harper C, Leys K, Lundquist L, Webb B. (2012) Institute for Clinical Systems Improvement. Prevention of Falls (Acute Care).